

Issue - 1
Volume - 2
2025 - 2026



TNOA NEWS

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TNOA Elections 2025



IOA President's Theme

OLD is GOLD

360° care for Elderly

Ensuring Mobility Dignity and Longevity

TNOA President's Theme

Educate the Society
Enlighten the Fraternity



TNOA Anthem

ஊனமில்லா உலகம்தான்
நாட்டம் எங்கள் நாட்டம் - அந்த
ஞானமுள்ள மருத்துவர்கள்
கூட்டம் எங்கள் கூட்டம்
முடம் நீக்கும் மருத்துவத்தை
முன்னெடுக்கும் சங்கம்
உள்ளபடி நாங்கள் உங்கள்
உடம்பில் உள்ள அங்கம்
இயற்கை செய்த தவறுகளை
ஈடு செய்ய வந்தோம்
செயற்கை வழி இழப்புகளை
சீர்திருத்த வந்தோம்
வையத்தின் பேரறிவை
வாங்கி வைத்துக்கொள்வோம்
வலியில்லா வாழ்வுக்கு
வழியறிந்து சொல்வோம்
கைகால்கள் சிதைந்தாலும்
கலங்காதீர் நீங்கள்
முழுமையான வாழ்வுக்கு
முதுகெலும்பு நாங்கள்
செல்வருக்கும் வறியவர்க்கும்
சேவை செய்ய வந்தோம் - நன்றிக்
கண்ணீரே யாம் வணங்கும்
கடவுளென்று கண்டோம்.

-கவிப்பேரரசு வைரமுத்து

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President Message



Warm Greetings to TNOA Members,

It gives me immense pleasure and privilege to reach you through this newsletter, which carries all the vibrant activities of TNOA.

Since the day of my Presidential takeover, I have been travelling across the State visiting all district clubs and have been a part of the deluge of conferences, CMEs, workshops, Instructional Courses etc. No other state in the country I am sure can match such a level of activities that TNOA conducts. I could feel and visualise the competitive spirit of each club competing with other clubs to prove its academic excellence. I thank the almighty for blessing me to be the President of such a well organised association which has been shaped and carved by my Predecessors and enjoy the hospitality that has been showered upon me.

I thank all the regional clubs for your efforts invested towards my Presidential theme - "Educate the society Enlighten the fraternity".



The scoliosis surgeries and DDH identification camps are getting organised. A Live surgery CME for Scoliosis correction was organised at Tirunelveli Medical College and Two difficult cases were demonstrated under the guidance of Dr Ajoy Prasad Shetty. I sincerely thank him and all other faculty for enlightening the delegates with their profound knowledge. Two more such events are coming up, one at Pattukottai will be in the month of November and another at Salem. I request all the TNOA members to actively participate in all the future TNOA programs planned this year and help us to retain the A.K.Gupta trophy.

The preparations for the most awaited TNOACON 2026 are being done with utmost attentions to every finer details. Organising Secretary, Dr.S.Muthuraman and his team, are working hard to prove their theme, "Never Before & Never Again". Personally, am delighted that, TNOACON conducted in my Presidential tenure, is being held at my native place and Organised by my parent club. This conference has been planned as a family meet, I whole heartily invite you all to Coutrallam with your family members to enjoy the Nellai Hospitality.

I take this opportunity to congratulate the Trichy team which has done an excellent work in making our TNOA Prof. T. K. S. Mid-year Con 2025 such a mega event. The magnitude to which it was organised was definitely historic and my heartfelt appreciation for the entire team led by Dr.K.Balasubramanian and Dr.J.Terrance Jose Jerome.

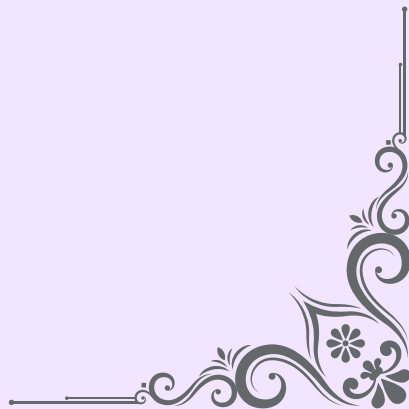
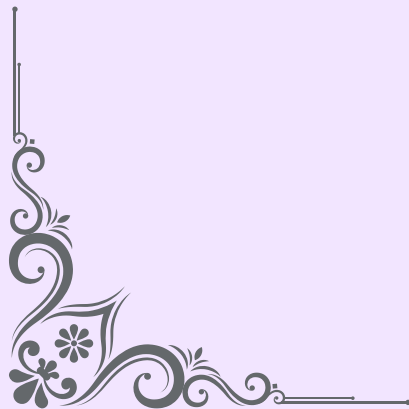
The Tamil Conference arrangements are in full swing and no doubt this unique conference will be a stupendous hit. I thank the CHOS team for their untiring effort in organising this mega event.

The Bone and Joint activities were carried on with total involvement across the state. In every aspect specified by IOA our association excelled and carried the message to the public with unprecedented intensity. It is my duty to thank the entire EC and all the esteemed members of TNOA for their active participation.



All the reports have been compiled by our Secretary and TNOA office for which I sincerely appreciate them. The flag of TNOA is flying high and we are reaching great heights by our activities. All this has been possible by our members and I once again submit my sincere gratitude for making my tenure a memorable one. We have huge potential and in years to come I am sure we keep climbing to pinnacles of glory. I thank our Past Presidents for the strong foundation they have laid on which we were to build more and contribute to the improvement of our association in every facet of activities. Looking forward to meet you all in the Tamil Conference and TNOACON.

**With warm regards,
Prof.N.Manikandan
President, TNOA**



Secretary Message



It has been a singular privilege to serve this association, which under the leadership of legendary personalities has established itself as a model state body in academics, social activities, and professional excellence. Our past Presidents and Secretaries have not only built a strong foundation but also remained guiding beacons in the growth and development of this esteemed association.

The past two years of my journey in this association have been nothing short of a pilgrimage, rich with experiences that refined my abilities and shaped me into a better individual. This tenure has given me countless moments to cherish, lifelong friendships to treasure, and a sense of camaraderie that helped me understand the true dynamics of teamwork. To serve in a leadership role in such a prestigious association has been both humbling and transformative, inspiring me to adapt to challenges and strive toward bringing out the best in myself.

I am deeply indebted to our President, Prof. N. Manikandan, whose strong leadership, clarity in decision-making, and unwavering affection made my tenure under him exceptionally memorable. I sincerely thank the Executive Committee for their constant support and guidance, which elevated TNOA to one of the most outstanding state chapters under the umbrella of IOA. Above all, I thank our esteemed members, the true strength of our association, whose contributions have taken TNOA to towering heights.

Highlights of the Year

The past few months have been particularly vibrant for TNOA, with a series of remarkable academic and social activities:

- **Bone and Joint Week:** Celebrated with great enthusiasm across every corner of the state, this event was meticulously executed by our District Club Secretaries in coordination with Zonal EC members. I am especially grateful to our Past Secretary, Dr. P.T. Saravanan, whose insightful guidance and ideas made this a grand success. The scale of these activities was so impressive that compiling the report for IOA CSRC extended to 250 pages, leaving the IOA Executive Committee both inspired and astonished.
- **Prof. T.K.S. Mid-Year Conference, Trichy:** Organised under the leadership of Dr. Balasubramaniam and Dr. Terrence Jose Jerome, this conference set new benchmarks in academics, attendance, innovation, and social engagement. Its flawless execution is a testament to the team's hard work and vision, sparking healthy competition among zones to replicate its success.
- **special mention to the following programs under the aegis of TNOA.** IOA PG Teaching program at Madurai organised by Dr Thirumalaimurugan with faculty from across India and 150 PGs benefitted out of this 2 days program. this year only 6 IOA PG teaching Program was approved by IOA one being at Madurai. TNOA PG teaching Program another flagship program of TNOA under the Chairmanship of Prof. Senthilnathan was conducted with academic excellence at Govt Cuddalaore Medical College Chidambaram. Nearly 125 Pgs attended the teaching program and benefitted out of the rich knowledge shared by the faculty. I nterzonal meet an unique event was organised by Dr Ganesan and Dr Sundarajan at Udumalapet. this event was organised with such commitment and was attended by our members from Three zones definitely deserves huge kudos to the organising team.

- **National Recognition:** TNOA's efforts were rewarded with the Best Chapter Award at OASISCON 2025, Pondicherry. This honor reflects the dedication of our members and the strength of our structured calendar of events.
- **Academic Excellence:** Our members have collectively published close to 1,000 articles in national and international journals, a remarkable achievement that places TNOA at the forefront of academic activity in India. Additionally, our official journal, JOJS, continues to grow, now recognized by the DOAJ and the National Medical Commission. This year, we published a record 67 articles in two issues, and efforts are underway to secure indexing in Web of Science and Scopus.
- **Digital Innovation:** Our IT Wing has modernized our website and social media platforms, making them more engaging and user-friendly. An AI-powered, voice-command chatbot—launched in trial phase during the Mid-Year Conference—will soon be available for member use.
- **Administrative Advances:** Member details are now available in zonal and club-wise formats, both online and via QR codes. A comprehensive membership directory is also being prepared for release in digital and print editions.

Upcoming Events

- **TNOA Tamil Conference:** Scheduled on October 11th and 12th, 2025, this unique event—now in its third edition—celebrates our mother tongue, Tamil. No other state in the country has organized a professional conference in its regional language, and this remains our distinct pride. The Chengalpattu Ortho Society is working tirelessly to ensure its grand success.
- **TNOACON 2026, Courtallam:** To be held from February 13th to 15th, this promises to be one of the most memorable TNOACONs ever organized, with an expected participation of nearly 2,000 delegates. My heartfelt best wishes to Organising Secretary Dr. S. Muthuraman and the Nellai Ortho Club for their dedication and hard work.

Elections and IOA Voter Verification

This newsletter also carries the official election notification, with detailed timelines and by-laws outlined for better clarity. I request every member to actively participate in this democratic process and exercise your franchise.

Additionally, though we are one of the strongest state chapters in IOA with nearly 2,000 members, only 700 verified their votes last year. This year, let us aim for 100% verification. A simplified process is now in place, and I urge all members to complete it and reinforce TNOA's strong voice within IOA.

Closing Note

As I reflect on my tenure, I am deeply grateful to the EC and all members of TNOA for giving me this invaluable opportunity to serve. I have strived to carry forward the legacy of my predecessors with sincerity, and I humbly seek pardon for any shortcomings during my tenure.

I look forward to meeting you all at TNOACON 2026 at Courtallam for what promises to be an event to remember.

**With warm regards,
Prof.Dr.V.Thirunarayanan
Honorary Secretary, TNOA**

**JEWELS IN THE CROWN OF TNOA
OUR PAST PRESIDENTS**



Dr. M.Natarajan
1970 - 1976



Dr. T.K.Shanmugasundaram
1976 - 1979



Dr. A.J.Selvapandian
1979 - 1981



Dr. S.Basheer Ahamed
1981 - 1983



Dr. S.Soundarapandian
1983 - 1985



Dr. A.Subramaniam
1985 - 1986



Dr. T.S.Xavier
1986 - 1987



Dr. P.V.A.Mohandoss
1987 - 1988



Dr. R.Venkatakrishnan
1988 - 1989



Dr. P.Soundararajan
1989 - 1990



Dr. A.Devadoss
1990 - 1991



Dr. K.Sriram
1991 - 1992



Dr. (Major) D.Raja
1992 - 1993



Dr. Mohamed Farook
1993 - 1994



Dr. P.Dhanarajan
1994 - 1995



Dr. S.S.K.Marthandam
1995 - 1996



Dr. C.T. Alagappan
1996 - 1997



Dr. G. Swaminathan
1997 - 1998



Dr. I. Shanmuganathan
1998 - 1999



Dr. N. Mayilvahanan
1999 - 2000



Dr. K. Annamalai
2000 - 2001



Dr. M. Rajagopal
2001 - 2002



Dr. Aa. Rajamani
2002 - 2003



Dr. T. Prabhakaran
2003 - 2004



Dr. R.H. Govardhan
2004 - 2005



Dr. V. Shanmugam
2005 - 2006



Dr. David. V. Rajan
2006 - 2007



Dr. M. Chidambaram
2007 - 2008



Dr. P.V. Vijayaraghavan
2008 - 2009



Dr. S. Natesan
2009 - 2010



Dr. P.V. Jayasankar
2010 - 2011



Dr. P.V. Pugalendhi
2011 - 2012



Dr. S.Rajasekaran
2012 - 2013



Dr. R.Selvaraj
2013 - 2014



Dr. Nalli R Yuvaraj
2014 - 2015



Dr. C.Raja Ravi Varma
2015 - 2016



Dr. R.Siva Kumar
2016 - 2017



Dr. S.Ramesh Babu
2017 - 2018



Dr. R.Muralidharan
2018 - 2019



Dr. J.Dheenadayalan
2019 - 2020



Dr. S.G.Thirumalaisamy
2020 - 2021



Dr. M.Antony Vimal Raj
2021 - 2022



Dr. M.Vanasekar
2022 - 2023



Dr. V. Singaravadivelu
2023 - 2024



Dr. N. Deen Muhammed Ismail
2024 - 2025

Executive Committee of TNOA - 2025 - 2026



Dr. N. Manikandan
President



Dr. V. Thirunarayanan
Secretary



Dr. A. Saravanan
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Dr. S R Sundararajan
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Dr. M. Balamurugan
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Dr.S.Muthuraman	-	Organising Secretary TNOACON 2026
Dr. K. Meenakshi Sundaram	-	Organising Chairman TNOACON 2027
Dr.G.Premnath	-	Organising Secretary TNOACON 2027
Dr.K.Balasubramanian	-	Organising Chairman TNOA Prof.TKS Mid Year CON 2025
Dr.J.Terrence Jose Jerome	-	Organising Secretary TNOA Prof.TKS Mid Year CON 2025
Dr.K.Muthukumar	-	Organising Chairman TNOA Tamil Conference 2025
Dr. Vijay Anand	-	Organising Secretary TNOA Tamil Conference 2025

City / District Chapter Office Bearers - 2025 - 2026

Madras Orthopaedic Society (MOS)



Dr. R. Karu Shanmuga Karthikeyan President
Dr. T. Aravindh Secretary

Madurai Orthopaedic Society (MOS)



Dr. B. Sivakumar President
Dr. N. Thanappana Secretary

Coimbatore Orthopaedic Society (COS)



Dr. Jayakumar President
Dr. Thennavan AS Secretary

Vellore Orthopaedic Society (VOS)



Dr. Mohan Gandhi President
Dr. K. Venkatesh Secretary

Tiruvannamalai Ortho Club (TOC)



Dr. S. Senthil Nathan President
Dr. K. Senthil Kumar Secretary

Chengalpattu Orthopaedic Society (CHOS)



Dr. S. Muthu Kumar President
Dr. E. Dilip Kumar Secretary

Midwest Ortho Society (MWOS)



Dr. C. Rajkumar President
Dr. S Sivaraj Secretary

Krishnagiri Orthopaedic Society (KOS)



Dr. V. Srinivasa Gowda President
Dr. Senthil Secretary

Dharmapuri Ortho Club (DOC)



Dr. K. Ramesh President
Dr. Prassana Venkatesan Secretary

Namakkal Ortho Club



Dr. K. M. Ravichandran President
Dr. M. Sivakumar Secretary

Erode District Ortho Club (EDOC)



Dr. RAVI CHANDRA PRABHU President
Dr. T. Janarthanan Secretary

Tiruppur District Ortho Club (TDOC)



Dr. G. Balamurugan President
Dr. A. Gautham Vinayakh Secretary

Karur Ortho Club (KOC)



Dr. R. KARUPPAIYA President
Dr. M. Sathish Secretary

Trichy Orthopaedic Society (TOS)



Dr. K. Balasubramanian President
Dr. Terrence Jose Jerrome Secretary

Pudugai Ortho Club (POC)



Dr. G. Edwin President
Dr. E. Rajaraman Secretary

Perambalur Ortho Club



Dr. M. Arjunan President
Dr. Arivazhagan Daiko Secretary

Dindigul Ortho Club (DDOC)



Dr. J. Arul Durai Arasu President
Dr. Easwara Kumar Secretary

Theni Ortho Club (TOC)



Dr. M. Srinivasan President
Dr. R. Raja Manikandan Secretary

Nellai Ortho Club (NOC)



Dr. Ivan Samuel Devakumar President
Dr. S. Dhamodaran Secretary

Ramnad Ortho Club (ROC)



Dr. Sahaya Stephen Raj President
Dr. GALEELUR RAHMAN Secretary

Virudhunagar Ortho Club (VOC)



Dr. Ambalatharasan President
Dr. Manikandan Secretary

Kanyakumari Orthopaedic Society (KKOS)



Dr. Alfred Sathiya Sekar President
Dr. K. Sastha Secretary

Thanjai Ortho Club (TOC)



Dr. S. Kumaravel President
Dr. Leo Joseph Secretary

Thiruvavur Ortho Club (TOC)



Dr. Palanivel President
Dr. S. Abdul Hameed Ansari Secretary

Cholamandalam Ortho Society (COS)



G.M. MURALIDHARAN President
Dr. P. ARUNKUMAR PANDIAN Secretary

Villupuram Ortho Club (VOC)



Dr. K. Muthaiyan President
Dr. Anjan Ramachandranath Secretary

Kallai Ortho Club



Dr. M. Shanmuga Sundaram President
Dr. P. Kumaresan Secretary

Kanchi Ortho Club (KOC)



Dr. V. Vishnu Varadhan President

Dr. J. Thiyageshwaran Secretary

TAMILNADU ORTHOPAEDIC ASSOCIATION
City / District Chapter Office Bearers – 2026 - 2027

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Metros			
1	Madras Orthopaedic Society (MOS)	Dr. Karu Shanmuga Karthikeyan Mobile No: +919894849723	Dr. T.Aravinth Mobile No: 8903623879
2	Madurai Orthopaedic Society (MOS)	Dr.B.Sivakumar Mobile No: 9842103579	Dr.N.Thanappan Mobile No : 9442160708
3	Coimbatore Orthopaedic Society (COS)	Dr.Jayakumar Mobile No : +91 98433 21621	Dr.Thennavan AS Mobile No :+91 99433 50396
North Zone			
4	Vellore Orthopaedic Society (VOS)	Dr.Mohan Gandhi Mobile No: 8825530530	Dr. K.Venkatesh Mobile No: 8015313389.
5	Tiruvannamalai Ortho Club (TOC)	Dr.S. Senthil Nathan Mobile No:9442638687 senradh88@gmail.com , rajamnursinghome@gmail.com	Dr.K. Senthil Kumar Mobile No:9840743063 senthilkdoc@gmail.com
6	Kanchi Ortho Club (KOC)	Dr.V. Vishnu Varadhan Mobile No: 97911 16523 wishnu2kvaradhan@yahoo.co.in	Dr.J. Thiyageshwaran Mobile No: 96000 55539 drthiyagesh@gmail.com
7	Chengalpattu Orthopaedic Society (CHOS)	Dr.S.Muthu Kumar Mobile No: 9884233014	Dr.E.Dilip Kumar Mobile No: 9884460536
West Zone – I			
8	Midwest Ortho Society (MWOS)	Dr. C. Rajkumar, Mobile No: 9894921706	Dr. S Sivaraj Mobile No: 9840856509
9	Krishnagiri Orthopaedic Society (KOS)	Dr. V. Sreenivasa Gowda Mobile No: 94433 41102 gowdadrssh@gmail.com	Dr. S. Senthil Mobile No: +91 87782 45776
10	Dharmapuri Ortho Club (DOC)	Dr. K. Ramesh Mobile No:9444674455	Dr. Prassana Venkatesan Mobile No: 95006 56070
11	Namakkal Ortho Club	Dr. K.M.Ravichandran Mobile No: 9865231065	Dr. M. SivaKumar Mobile No: 96885 99999

S.No	District Ortho Club	President	Secretary
West Zone – II			
12	Erode District Ortho Club (EDOC)	Dr.RAVI CHANDRA PRABU Mobile No: +91 98659 10665	Dr.T.Janarthanan Mobile No: 99427 43403
13	Tiruppur District Ortho Club (TDOC)	Dr.G.Balamurugan Mobile No: 9489224313	Dr.A.Gautham Vinayakh Mobile No: 9842106540
14	Karur Ortho Club (KOC)	Dr.R KARUPPAIYA KG hospital ,Karur drkaru@rediffmail.com	Dr.M.Sathish Mobile No:9600856806 DRSATHISHMUTHU@GMAIL.COM
Central Zone –I			
15	Trichy Orthopaedic Society (TOS)	Dr. K. Balasubramanian Phone: 9442397198 Email: kbpriya@hotmail.com	Dr.Terrence Jose Jerrome Mobile No :9965537211 terrencejose@gmail.com
16	Pudugai Ortho Club (POC)	Dr. Mobile No:	Incharge Dr. E. Rajaraman Mobile No:9842421181 rajan88ortho@gmail.com
17	Perambalur Ortho Club	Dr. Mobile No:	Incharge Dr.Arivazhagan Daiko Mobile No:+91 7010083556 ajai30_ortho@yahoo.com
Central Zone –II			
18	Dindigul Ortho Club (DDOC)	Dr.J.Arul Durai Arasu Mobile : 9600821464	Dr.R.Senthil Kumaran Mobile : 98427 99359
19	Theni Ortho Club (TOC) & Sivaganagai	Dr. M. Srinivasan Mobile No:98946 20152 drsrini2171@gmail.com	Dr. R. Raja Manikandan Mobile No: 94433 81207 roc3ortho@gmail.com
South Zone – I			
20	Nellai Ortho Club (NOC)	Dr.A.Suresh Kumar Mobile: 9442249184	Dr.Dinesh Mobile: 9443350723 8667048548
21	Ramnad Ortho Club (ROC)	Dr.Sahaya Stephen Raj Mobile No: 94420 44462 ssrortho@hotmail.com	Dr. GALEELUR RAHMAN Mobile No:
22	Virudhunagar Ortho Club (VOC)	Dr.Ambalathar Mobile No: 94433 82215 rajeamsan@gmail.com	Dr. Manikandan Mobile No: 94435 45112 drmani_ortho@yahoo.co.in

S.No	District Ortho Club	President	Secretary
South Zone – II			
23	Kanyakumari Orthopaedic Society (KKOS)	Dr. Alfred Mobile No: 94444 54844 79049 00717	Dr. K.K.Sastha Mobile No : 94888 66000
East Zone			
24	Thanjai Ortho Club (TOC)	Dr. S. Kumaravel Mobile No: 94431 48852 drskumaravel@gmail.com	Dr. Leo Joseph Mobile No: 94437 37139 / 94437 37139 leojoel@yahoo.co.in
25	Thiruvarur Ortho Club (TOC)	Dr A. PALANIVEL Mobile No: +91 94436 78807	Dr. S. Abdul Hameed Ansari Mobile No: 97502 45455 bansarinas@yahoo.com
26	Cholamandalam Ortho Society (COS)	G.M.MURALIDHARAN Mobile No: +916381953154	Dr.P.PARUNKUMAR PANDIAN Mobile No: +91 96987 99987
27	Villupuram Ortho Club (VOC)	Dr. K. Muthaiyan Mobile: 9842340382	Dr. Anjan Ramachandranath Mobile: 9443283853 orthoanjan@gmail.com
28	Kallai Ortho Club	Dr.M.Shanmuga Sundaram Mobile: 9443254327	Dr.P.Kumaresan Mobile: 9443960189

TAMILNADU ORTHOPAEDIC ASSOCIATION
City / District Chapter Office Bearers – 2025 - 2026

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17	Perambalur Ortho Club	Dr. Mobile No:	Incharge Dr.Arivazhagan Daiko Mobile No:+91 7010083556 ajai30_ortho@yahoo.com
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21	Ramnad Ortho Club (ROC)	Dr.Sahaya Stephen Raj Mobile No: 94420 44462 ssrortho@hotmail.com	Dr. GALEELUR RAHMAN Mobile No:
22	Virudhunagar Ortho Club (VOC)	Dr.Ambalathar Mobile No: 94433 82215 rajeamsan@gmail.com	Dr. Manikandan Mobile No: 94435 45112 drmani_ortho@yahoo.co.in

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28	Kallai Ortho Club	Dr.M.Shanmuga Sundaram Mobile: 9443254327	Dr.P.Kumaresan Mobile: 9443960189

Calander of Events

MARCH

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

2025

APRIL

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

- 13th April First EC Meeting - Tirunelveli
- 12th April First State Zonal Relationship Committee Meeting - Tirunelveli

2025

MAY

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

2025

JUNE

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

2025

JULY

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

- 19th & 20th TNOA Prof. T. K. Shanmugasundaram Midyear-Conference 2025 - Trichy
- 19th July Release Of TNOA First Newsletter - Trichy
- 19th July State Zonal Relationship Committee Meeting - Trichy
- 20th July 2ndEC Meeting - Trichy

2025

AUGUST

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

- 1st - 7th Aug Bone & Joint week
- 04th Aug Bone & Joint Day Celebration
- 29,30 & 31 OASISCON 2025

2025

SEPTEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2		4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

- 5th September - last date for Receipt of fellowship Applications

2025

OCTOBER

SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

- 3rd October - Despatch Of TNOA NEWS - Second Newsletter Announcement Of TNOA Elections 2025
- 10th - 24th October - TNOA Bone Health Awareness Fortnight
- 12th October World Arthritis Day
- 15th October World Spine Day
- 17th October World Trauma Day
- 19th October World Paediatric Bone and Joint Day
- தமிழ் கருத்தரங்கம் 11 & 12
- 20th October World Osteoporosis Day
- 24th October Last Date for Filing Nominations
- 26th October 3rd EC Meeting - Tirunelveli
- 31st October Last Date for Withdrawal of Nominations
- 31st October Last date for correction of mobile number and communication address by the members before election

2025

NOVEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

- 14th November - Dispatch Of Ballots
- 30th November - Last Date for Receiving Nominations for TNOA Prof. A. Devadoss Meritorious Award - Last Date For Receiving Applications

2025

DECEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

- IOACON 2025
- 06th December - Last Date for Request for Duplicate Ballots
- 31st December - Last Date for Receipt Of Ballots
- 7th December 4th EC Meeting - Salem

2025

JANUARY

S	M	T	W	T	F	S
				1	2	3
4	5	6		8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

- 04th January - Counting Of Votes - Coimbatore
- 31st January - Last Date For Receiving Nominations For Best Ortho Club Awards - Metro, Non Metro & District Clubs
- January TNOA Prof. R. Ramakrishnan Gold Medal For Best Postgraduate Examination - Salem

2026

FEBRUARY

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

- 13th - 15th February - 59th Annual Conference TNOACON 2026, TIRUNELVELI
- 13th February - (5th EC Meeting At TNOACON 2026, TIRUNELVELI)
- 14th February - Annual General Body Meeting At TNOACON 2026, Tirunelveli
- 15th February - Installation Of 46th President and New Office Bearers Of TNOA & Valedictory Function Of TNOACON 2026, Tirunelveli

2026

TNOA CALENDAR OF EVENTS 2025-26



Click here to update
your Events



<http://surl.li/tlwie>



<https://www.tnortho.org/>
secretarytnoa@gmail.com
 Contact: 044 - 45590476

Membership Directory

Members Directory / Zone Wise

S.No	Zone Name	Members List
1	Chennai	720
2	Madurai	153
3	Coimbatore	195
4	North Zone	194
5	South Zone - 1	185
6	South Zone - 2	71
7	East Zone & Pondicherry	334
8	West Zone - 1	300
9	West Zone - 2	199
10	Central Zone -1	149
11	Central Zone -2	99
12	Other States	231
13	Without Details	163
	Total	2990

Members Directory Club Wise

S.No	Zone Name	Members List
1	Chennai	720
2	Madurai	153
3	Coimbatore	195
4	North Zone	194
	Vellore - Large	118
	Kanchi - Small	23
	Thiruvannamalai - Small	16
	Chengalpet - Small	18
5	South Zone - 1	185
	Nellai - Large	116
	Ramnad - Small	22
	Virudhunagar - Medium	31
6	South Zone - 2 - Medium	71
7	East Zone & Pondicherry	334
	Thanjai - Large	86
	Tiruvarur - Small	14
	Cholamandalam Ortho - Large	100
	Villuppuram - Large	34
	Kallai - Small	14

S.No	Zone Name	Members List
8	West Zone - 1	300
	Salem - Large	147
	Krishnagiri - Medium	45
	Dharmapuri - Medium	45
	Namakkal - Medium	73
9	West Zone - 2	199
	Erode - Large	120
	Tiruppur – Medium	47
	Karur - Small	24
10	Central Zone -1	149
	Trichy - Large	110
	Pudugai – Small	19
	Perambalur - Small	11
11	Central Zone -2	99
	Dindigul - Medium	62
	Theni - Medium	43
12	Other States	231
13	Without Details	163

Scan the QR Code for complete zone wise Members Directory



(For any corrections regarding member details - please contact TNOA office.)

**TNOA II Executive Committee Meeting PROF.T.K.S Midyear CME
Breeze Hotel , Trichy**

THE FOLLOWING MEMBERS ATTENDED THE EC MEETING

1. Prof.Dr.N.Manikandan - President
2. Prof.Dr.V.Thirunarayanan - Honorable Secretary
3. Prof.Dr.A.Saravanan - Treasurer
4. Dr.S.Marimuthu - Joint Secretary
5. Dr.S.R.Sundararajan - President Elect
6. Dr.C.Rex - Vice President
7. Dr.C.J.Ravi - Immediate Past Secretary
8. Dr.Aju Bosco - Fellowship Secretary
9. Dr.A.Suresh Kumar - Journal Editor
10. Dr.T.R.Ashok Kumar - Indexing Editor
11. Dr.S.Varaprasad - IT Wing Secretary
12. Dr.A.Srinivasan - EC Member - Chennai
13. Dr.Vishnu Senthil - EC Member - Chennai
14. Dr.T.Navin Kumar.M - EC Member - Chennai
15. Dr.B.Saravanan - EC Member - Madurai
16. Dr.K.Baskaran - EC Member - Coimbatore
17. Dr.J.Dharmarajan - EC Member - North Zone
18. Dr.J.Balakannan - EC Member - South Zone - 1
19. Dr.M.Balamurugan – EC Member – East Zone
20. Dr.B.Bhupesh Karthik – EC Member – West Zone 1
21. Dr.S.Kumaravel – EC Member – West Zone 2
22. Dr.PR.Ramasamy - EC Member - Central Zone - 1
23. Dr.A.Arul Prasanna – EC Member – Central Zone 2
24. Dr.A.Francis Roy – Org-Chairman TNOACON 2026
25. Dr.Muthuraman – Org-Secretary TNOACON 2026
26. Dr.G.Premnath - Org.Secretary TNOACON 2027

II Executive Committee Meeting PROF.T.K.S Midyear CME Breeze Hotel , Trichy

I . WELCOME ADDRESS :

TNOA President Prof.Dr.N.Manikandan delivered the address ; He welcomed new ideas from EC Members ;

II . OBITUARY REFERENCES :

1. Prof . Dr.S.Soundarapandiyar our TNOA 5TH President ; EC members remembered , his clinical skills and surgical skills ;
2. Dr.M.Parthasarathy , remembered by EC members , for his contribution to the society , his vivacious personality.

III . SECRETARY REPORT :

1. Secretary Displayed , upcoming calendar of events.
2. Secretary informed the change of venue of T.K.S Midyear – 2026 from Karur to Hosur as Karur team expressed their inability to conduct the conference this year ; Krishnagiri Orthopaedics society Requested to give an opportunity to organize the Midyearcon 2026 ; EC accepted the Request
3. Displayed the City/District chapters of TNOA ; As of now we have 28 TNOA Affiliated City/ District chapters of TNOA .
4. Secretary Released Members Directory and Zone wise Members Name list
5. Secretary requested the EC Members to get TNOA Members photo from their respective zones .
6. Secretary explained the Amended New By Laws .
7. Bone & Joint Day Activities ; Secretary Presented detailed Power Point Presentation regarding upcoming Bone & Joint Day Celebration events ; Secretary advised to start Elderly Care Clinic by all of our TNOA Members ; He informed that, there will be exclusive Zoom Meeting for Bone and Joint day Activities soon ; Secretary Insisted , that all EC Members to take active participation during Bone & Joint Week Celebration ;
8. Criteria for Prof . A . Deva Doss meritorious award President advised to formulate specific criteria before next EC Meeting
9. TNOA Prof . T.K.S. Midyearcon and TNOA Tamil Conference – Formulation of By Laws ; President instructed to adhere Regular exiting TNOA Bye Laws for these two Conferences also ; If any addition of new Bye Laws , EC ,decided to place it during AGM.
10. Medals of TNOACON 2025 – Whether Article Published in JOJS
Editorial Secretary informed that , intimation given to all the selected Medalist ; But only 3 Articles received so far Indexing Editors Dr.Ashok suggested to give deadline period of 3 months and either same (or) equal papers can be accepted for publication; He also informed that JOJS needs more original articles and case series ; Secretary informed the EC , if the articles not submitted at appropriate time , selected medals will not be given ; President suggested to get a content from the authors that this articles is not being published anywhere ; Vice President Dr.Sundararajan also insisted to get a Disclosure from the authors ; President suggested to place the issue , during AGBM ; He also advised to send the Medal Papers to Editors of JOJS for plagiarism before shortlisting .
11. TNOA MUSIC BAND – BY LAWS
Secretary bring it to EC , whether Remuneration of RS : 20,000/- can be given for logistics to TNOA MUSIC Band Team ; Past Secretary Dr.S.Muthuraman pointed out that it is the Music Band Team self Interest travel and no need to pay ; Vice President Dr.Sundararajan suggested , to present the matter to TNOACON Organizing Committee EC Decided to allot 45 minutes to TNOA Music Band on Day 1 of Conference ; Conference organising team can pay the remuneration of Rs.20,000 to TNOA band.

12. TNMC CREDIT POINT ISSUES :

Secretary informed that nearly 32 CME'S Credit point approval is pending with state office as the amount was not paid by the organising Secretaries of programs to MCI , and he completed all the issues and obtained approval ; Joint Secretary Dr.Marimuthu suggested to collect credit points fees during conference registration itself ; President suggested to fix conference organizing Secretary as a responsible person ;

13. TNOA ORATIONS – SELECTION :

President suggested Prof.Dr.S.Shuamuganathan , Madurai name; Dr.Anil Omen Thomas from Vellore CME Name also discussed ; EC Decided to take further time to decide ;

14. THEME RELATED ACTIVITIES AND STRATEGIES :

- a) President informed that 1st CME will be organized at Thirunelveli during 23/08/2025 ; Further CME will be organized at , Salem , Madurai , Thanjavur , Chennai and Coimbatore ;
- b) For DDH , CME will be organized at ICH , Chennai during September Month ; Followed by various places like , Madurai Vellore , Coimbatore and Trichy .

V . TNOA TREASURER REPORT 2025

1. TNOA Association Account

Opening Balance(10/04/2025) – RS: 37,34,798/-

Closing Balance (30/06/2025) – RS: 47,39,703/-

He Explained the Credit Statement , Expenditure Statement

2. TNOA Trust Account

Opening Balance(10/04/2025) – RS: 7,850/-

Closing Balance (30/06/2025) – RS: 1,22,519/-

3. Discussion Regarding New Fellowship Donations

The Exceeds amount received from Prof.Nalli. R.Yuvaaj will be , refunded to TNOA ;

The Due Amount for Prof.V.Singaravadelu fellowship has to be given before September 2025 ;

VI . EDITOR REPORT

Chief Editor Prof.Dr.A.Sureshkumar Announced JOJS PRINT ISSN Number (3049 – 3420)

VII . INDEXING EDITORS REPORT

Dr.Ashok Explained about Road maps and upcoming of JOJS

VII . FELLOWSHIP SECRETARY REPORT

1. New Fellowship – TNOA Nellai Ortho Club Fellowship for winner and Runner of Prof.Ramakrishnan – RS: 5 Lakhs Cheque given to Treasurer ;

2. For TNOA Dr.T.Jayaraman Young Surgeon Research award

1. EC Decided to fix the age limit as less than 45 ;

2. Committee Consists of Prof.Dr.Selvaraj , Prof.Dr.RRV and Dr.Manimaran and Dr.Premnath will from the selection criteria

3. TNOA Medal for Best Video

Committee consists of Vice President Dr. Sundararajan , Dr.Aju Bosco ,
Dr.Varaprasad will form Criteria

4. For Long time Fellowship

Committee Consists of Dr.Sundararajan , Dr.Aju Bosco and Dr.Varaprasad will form Criteria .

IX. IT WING SECRETARY – DR.VARAPRASAD

- A.I Integration in app with voice control to respond
- Information of Updates to be posted in all TNOA official Whatsapp Groups

X.TAMIL AMARVU CONFERENCE – DR.DHARMARAJ

- Date : 11.12.2025
- Venue- Harsha Gardens
- GST SCSC code to be obtained – suggestion by TNOA President
- Seed money – 5 Lakhs approved

XI.TNOACON 2026- DR.MUTHURAMAN

- Family Conference
- 200 Delegates already registered

XKII.TNOA PROF.TKS CME 2026- DR.BHUPESH KARTICK

- Venue – Hosur
- Krishnagiri Orthopaedic Society

XIII. TNOACON 2027 -

- Dates- 12/02/2027 – 14/02/2027
- Venue – Lions Convention Centre Yercaud

XIV. OTHER MATTERS

- 3RD EC Meeting @ Courtallam 26/10/2025
- 4TH EC Meeting @ Salem 07/12/2025
- IOA Voter Verification August 2ND Onwards
- TNOA Young Acheivers Award – Criteria given by Donor DR.MANIMARAN Salem
- TNOA Election matters DR.SUNDERARAJAN VP announced the Vacant Positions



Treasurer Report



- * Society Act Registration for the Year 2023 - 2024 have been completed.
- * 80G and 12A, Tax exemption renewal has been Completed - 2025 - 2030
- * Cut Off Date for Eligible Membership Proposal with payment to be received TNOA Office to be passed in annual GBM is 31.01.2026

TNOA Association Account

Name: Tamilnadu Orthopaedic Association

A/C : 705855990

IFSC : IDIB000C017

Indian Bank, Chetput Branch

• Opening Balance	(30/06/2025)	Rs.47,39,763/-
• Closing Balance	(29/09/2025)	Rs.49,87,994/-

Credit Statement

• TNOA Nellai Ortho Club Fellowship for TNOA PG' s Gold medal Winners		Rs. 5,00,000/-
• Royalty from Jaypee Publishers		Rs. 18,586/-
• New Life Membership Registration Rs. 10,000/- (TNOA + IOA) x 8		Rs. 80,000/-
• New Life Membership Registration Rs. 5,000/- (TNOA Only) x 4		Rs. 20,000/-
• New Associate Membership Registration Rs. 9000/- x 6		Rs. 54,000/-
• Deposit from Corpus Non-Cumulative		Rs. 16,607/-
Total Credits :		Rs.7,05,800/-

Expenditure Statement

• TNOA Office Maintenance Cleaning	Rs. 15,000/-
• Airtel Modem	Rs. 3,183/-
• Stationaries, Accessories & Couriers	Rs. 6,305/-
• EB Bill	Rs. 1,591/-
• TNOA Office Flat Maintenance	Rs. 11,796/-
• Zoom Application Renewal	Rs. 14,613/-
• TNOA Laptop & Printer Upgrade and Service	Rs. 13,000/-
• TNOA Office Fridge Service	Rs. 3,500/-
• Envelope Covers Making & Printing Cost	Rs. 5,385/-

• TNOA Mid Year Con Expenditure (Shawl, Scroll, Certificate, Medal)	Rs. 14,150/-
• TNMC Credit Points Approval Expenses	Rs. 23,377/-
• OASIS Fund Contribution	Rs. 40,500/-
• Printing Expenses (TNOA 1 st Newsletter, Bylaw, Voters list, Membership Directory)	Rs. 61,931/-
• Alignments, DTP Work, Photoshop Designing For Newsletter & Membership Directory	Rs. 30,000/-
• Bone & Joint Week Celebration Expenditure	Rs. 4,734/-
• IOA Life Membership Payment 13 x 5000	Rs. 65,000/-
• TNOA Office Secretary, Petrol Expenses, Miscellaneous Expenditure	Rs. 1,31,874/-

Total Debits : Rs. 3,67,439/-

Fixed Deposit Details

Corpus Fixed Deposits	=	Rs.1,45,81,516/-
Fellowship Fixed Deposits	=	Rs.92,95,841/-
Total Fixed Deposits in Association Account	=	Rs.2,38,77,358/-

TNOA Trust Account

Name: TamilnaduOrthopaedicAssociation
A/C : 705855785
IFSC : IDIB000C017
Indian Bank, Chetput Branch

• Opening Balance(30/06/2025):	Rs. 1,22,519/-
• Closing Balance (29/10/2025):	Rs. 1,22,519/-

Complete audited account statement will be submitted in the Annual General Body Meeting

With Warm Regards
Dr.A.Saravanan
State Treasurer
Tamilnadu Orthopaedic Association & Trust

TNOA FELLOWSHIPS 2025-2026



Dear Esteemed Members of the TNOA,

Greetings from the desk of the Fellowship Secretary TNOA.

I take this opportunity to sincerely appreciate the trust you had in me and place my heartfelt thanks to each one of the distinguished members of TNOA for bestowing upon me the honor of representing you as the Fellowship Secretary of our esteemed Association.

As the Fellowship Secretary, I am excited to bring great news and more Fellowship opportunities for the young orthopedic surgeons of TNOA.

TNOA Fellowship Academy:

An online portal within the TNOA website dedicated exclusively to TNOA Fellowship Programs is being developed. It will contain comprehensive information regarding the Fellowships offered by TNOA, information about the Fellowship centers of TNOA, the profile of mentors and the spectrum and volume of clinical work being done in these centers. It will also contain information about the criteria for Fellowship application and facility to submit the application online. Once it becomes functional, applicants can access all the information regarding TNOA Fellowships under one roof.

TNOA Fellowship Centers Empanelment:

Empanelment of Institutions and Individual Members to offer TNOA Fellowship/Observership Programs under TNOA – Application Criteria:

At the AGBM of TNOACON 2025 it was decided to invite applications from Institutions or Individual Mentor Surgeons who are willing to become host centers to offer TNOA Fellowship programs. A few basic criteria were formulated:

1. The mentor surgeon should be a Life Member of TNOA.
2. The mentor should have completed a minimum of 10 years of clinical experience post MS(Ortho) / DNB(Ortho) qualification
3. The hospital/surgeon should be able to perform atleast 15 surgeries in the subspecialty of the Fellowship that is being offered, during the period of 2 weeks of Fellowship.

Interested Institutions and Surgeons who are interested may send in their applications to the Fellowship Secretary by email (tnoa.fellowshipsec@gmail.com).

Results of TNOA Fellowships 2025/2026:

TNOA Inland Fellowships:

The application for TNOA Inland Fellowships/Observerships for the current year were released in August 2025. We received 27 applications for the same. The applications were scrutinized and eligible candidates were chosen based on their scores. The final list of candidates is attached. The candidates have to complete their fellowships before January 31st 2025.

Name of the candidate	Fellowship Awarded	Institution
Dr. Vignesh Gajendran	TNOA Prof.A.J. Selvapandian Travelling Fellowship	SIMS Hospital, Chennai (Arthroscopy)
Dr. Praveen Malayandi	TNOA Dr. Ajoy Prasad Shetty Travelling Fellowship in Spine Surgery	Ganga Hospital, Coimbatore (Spine Surgery)
Dr. Subburam A	TNOA Prof. A.J. Selvapandian Travelling Fellowship	Ganga Hospital, Coimbatore (Arthroplasty)
Dr. Syed Shehabaz Z	TNOA Dr. R. Muralidharan – Dr. M. Vanasekar Travelling Fellowship	Ganga Hospital, Coimbatore (Arthroscopy)
Dr. Parasaram G	TNOA Dr. R. Muralidharan – Dr. M. Vanasekar Travelling Fellowship	SIMS Hospital, Chennai (Arthroscopy)
Dr. Abhinav Annamalai	TNOA Prof. V. Singaravadivelu Travelling Fellowship in Arthroplasty	SIMS Hospital, Chennai (Arthroplasty)
Dr. Aravind Manoj	TNOA Inland Travelling Fellowship	Ortho One Hospital, Coimbatore
Dr. Anish S	TNOA Inland Travelling Fellowship	Ganga Hospital, Coimbatore (Arthroplasty)
Dr. Krishnamoorthy S	TNOA Prof. R. Sivakumar/ Prof. M. Chidambaram Travelling Fellowship	Preethi Hospital, Madurai
Dr. Aravind S	TNOA Inland Travelling Fellowship	Ganga Hospital, Coimbatore (Arthroplasty)
Dr. Prem Kumar P	TNOA Inland Travelling Fellowship	VALE Hospital, Madurai (Arthroscopy)

TNOA Foreign Fellowship:

Wereceived seven applications for the TNOA Foreign Fellowship for the current year. After evaluation of the applications as per the criteria, **Dr. ArulKumar N (LM/A/233)** is awarded the TNOA Foreign Fellowship. He must complete his fellowship before the next call for applications for this fellowship.

CALL FOR APPLICATIONS FOR TNOA FELLOWSHIPS/OBSERVERSHIPS 2025-2026

Dear Distinguished Members of the TNOA,

Iam happy to invite applications from eligible members of TNOA for the following Fellowships/Observerships currently available for the year 2025/2026:

FOR ASSOCIATE MEMBERS OF TNOA:

(i) TNOA Dr. K.R. Venkateshwar Memorial PG Travelling Fellowship (one fellow):

Exam will beconducted duringthe AnnualConferenceofTNOACON2026atCourtrallam.AFellowship grant of Rs. 10000 will be awarded to the winner.

(ii) TNOA Short-term Observerships:

TNOAwilloffertwo-weeksobserverships in orthopaedic subspecialties to enable its members to enhance their clinical knowledge and hone their surgical skills in centers of excellence within Tamil Nadu. Applications

are now open. Any life member of TNOA can send their applications to the email of the Fellowship Secretary of TNOA with their CV attached (tnoa.fellowshipsec@gmail.com).

(iii) TNOA Nellai Ortho Club Travelling Fellowship (two fellows):

This Fellowship is awarded to the winner and runner-up of the TNOA Prof. R. Ramakrishnan PG Medal Exam.

This year the exam will be conducted at Salem in the month of December 2025/January 2026. Information regarding the same will be made available in the TNOA website and in the official whats app groups of TNOA.

PREREQUISITES FOR TNOA OBSERVERSHIPS:

- (i) *Candidates can send in their applications by post for the above observerships along with their supporting documents and proof of age.*
- (ii) *The candidate must strictly adhere to the rules and regulations of the hospital in which they are undergoing the fellowships.*
- (iii) *Certificate of completion will be given only after they produce a letter of satisfactory completion from the Fellowship Director of the hospital.*

Applications can be sent by email to the Fellowship Secretary TNOA (tnoa.fellowshipsec@gmail.com), with a PDF of documents of Proof of age, Degree certificate, and you current updated CV. Applications for TNOA Observerships will be open throughout the year. Observerships will be provided to applicants depending on the availability of slots in the Institutions.

I take this opportunity to invite the young orthopods of TNOA, to apply in great numbers for these fellowships and avail this valuable opportunity to sharpen their clinical acumen and hone their surgical skills under the tutelage of master orthopedic surgeons and great mentors of TNOA.

The moment is now! Seize the moment!

**“எய்தற் கரியது இயைந்தக்கால் அந்நிலையே
செய்தற் கரிய செயல்”**

Dr. Aju Bosco
Fellowship Secretary TNOA
Tel: 9840101382; Email: tnoa.fellowshipsec@gmail.com

Editorial Team Report

From the Editor's Desk

Dear Readers,

As we step into 2025, JOJS continues its journey of advancing orthopaedic knowledge, promoting quality research, and encouraging young surgeons to contribute academically. This year, we reaffirm our commitment to publishing original research, case series, and reviews that impact clinical practice.

Highlights of 2024

- Indexed Growth: Steady progress towards EMBASE and science citation indexing application.
- Author Engagement: Increased submission rate by 30% with contributions from across India and reception of articles from overseas.
- Print ISSN: 3049-3420 received along with eISSN:2582-7863
- Peer Review Strengthening: Average review turnaround reduced to 6 weeks.
- We invite original research articles, review articles, case reports, and technical notes in all domains of orthopaedics. Special encouragement for young researchers and residents to submit.

Looking Ahead

Our vision for 2025–26 is to achieve Scopus indexing, expand international readership, and set higher benchmarks in academic publishing. Together, let's make JOJS a leading voice for orthopaedic research with global recognition.

For More details Please Contact



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Editor in Chief
editortnoa2324@gmail.com
9442249184



Dr.T.R.Ashok
Indexing Editor
jojstnoa.editor@gmail.com
9940525045



The Tamil Nadu Orthopaedic Association Elections Notice for the year 2025



Dr. S. R. Sundararajan
President Elect & Election Officer

Respected Members,

Greetings

I am glad to announce the TNOA Election for the year 2025.

I request the interested candidates to send their nominations through the appropriate forms attached in the current newsletter. Please take a print out of the forms and send it by post. If you have any queries do not hesitate to contact me.

Nominations are invited for the following posts of Tamil Nadu Orthopaedic Association for this year .

Core Committee Member:

Fees Rs.10000/-

S.No	Post	Vacancy
1	Vice - President (Previous EC Member of TNOA)	One Post
2	Joint Secretary (Previous EC Member)	One Post
3	Treasurer (Previous EC Member residing in Chennai)	One Post

Executive Committee Member : (Minimum 4 Years of Life Membership)

Fees Rs.5000/-

Metros:

S.No	Post	Vacancy
1	Madurai	One Post
2	Coimbatore	One Post

Non Metros:

S.No	Post	Vacancy
1	North Zone	One Post
2	West Zone - 1	One Post
3	West Zone - 2	One Post
4	Central Zone - 1	One Post
5	Central Zone - 2	One Post
6	South Zone - 1	One Post
7	South Zone - 2	One Post
8	East Zone	One Post

Selection Post - Fees Rs.5000/-

S.No	Post	Vacancy
1	Joint Journal Editor	One Post
2	Joint Indexing Editor	One Post
3	Joint IT Wing Secretary	One Post

Along with Applications for Selection Post a detailed CV should be submitted for the perusal of the Selection Committee

Important Dates to Remember:

Announcement of TNOA Elections - 2025	- 03.10.2025
Last date for filing nominations	- 24.10.2025
Last date for withdrawal of nominations	- 31.10.2025
Despatch of ballots	- 14.11. 2025
Last date for request of duplicate ballots for non-receipt of ballot papers	- 30.11.2025
Last date for despatch of duplicate ballots	- 05.12.2025
Last date for receipt of ballots	- 31.12. 2025
Counting of Votes – Coimbatore	- 04.01.2026
Declaration of results at GBM Curtallam	- 14.02.2026

As per article 9.4 & 9.4.(a) of TNOA By-laws, the contestant for the posts of Vice-President, Joint Secretary and Treasurer should have previously been a member of the Executive Committee of the Tamil Nadu Orthopedic Association. To contest for the post of Treasurer, the candidate should be based at Chennai and should have been a previous EC Member.

Appropriate evidence should be attached along with the nomination form

- Nomination form should be filled with all relevant details.
- The Non- refundable nomination fee of Rs.10,000/- for the post of Vice- President, Joint Secretary, Treasurer and Rs.5,000/- for EC Member should be attached through a DD drawn in favour of "Tamil Nadu Orthopaedic Association" payable at Chennai or through online payment.

For online payments:

**Tamil Nadu Orthopaedic Association,
A/C No.705855990,
IFSC. IDIB000CO17,
Indian bank Chetput branch.**

Mention your Name and Mobile No. in the remarks column

- Please send a short bio data of not more than half page in A4 sheet for official communication to the members. Kindly note that if the word limit is exceeded the font size will be reduced to accommodate half page of A4 sheet. It should only be a bio data and should not include any Election Manifestos.
- For the post of Vice-President evidence for having served as an EC member of TNOA in the past should be attached.
- Nominations should be sent by post or courier only.
- Nominations received after the last date 24.10.2025 will not be accepted.
- Incomplete nomination forms will be summarily rejected.

The filled-up Nomination Form along with necessary attachments should be sent to the following address on or before 24.10.2025.

Kind regards Yours Truly,

Dr. S. R. Sundararajan
President Elect & Election Officer
Tamil Nadu Orthopaedic Association

Address for communication:

Dr. S. R. Sundararajan
No 5 Brindavan, Sringer nagar extn
Bharathi colony II east, Peelamedu
Coimbatore - 641004
Mob: 9843256545
sundarbone70@hotmail.com
sundarbone70@gmail.com

The Tamil Nadu Orthopaedic Association - Elections 2025

Nomination Form

Please Affix
Your Passport
Size
Photograph

Name of the contestant :
Post for which contesting :
Life Membership Number :
Address :

Landline No: Mobile No.:

WhatsApp No: Email Id. :

Nomination fees details : DD No./ NEFT Ref No.:..... Dated

Amount..... Bank :

Proposed by: Name:.....LM No.:.....

Signature :

Seconded by: Name:.....LM No.:.....

Signature :

For Contestants for the Post of Vice-President, Joint Secretary & Treasurer

Year of Serving as EC Member : Post held :

Consent & Declaration by the Candidate

I, Dr..... hereby consent to contest for the post of
.....of Tamilnadu Orthopaedic Association.

I, Dr..... do hereby Declare that the facts and details provide by me in the
Nomination Form are true. I also understand that if any of the facts or details are found to be false, my nomination
will be rejected.

I agree to abide by the Code of Conduct for the Elections of TNOA. I also agree to abide by the rules and regulations
of the Tamil Nadu Orthopaedic Association and work for the uplift of the Association and will attend the required
meetings and abide by the decisions of the Executive Committee and General Body.

Signature of the Candidate : Date:.....

Note:

1. Completed nomination forms along with the necessary enclosures to be sent to :
Dr S R Sundararajan No 5 Brindavan, Sringar nagar extn, Bharathi colony II east, Peelamedu , Coimbatore 641004 so
as to reach not later than **24.10.2025**.
2. Nominations should be proposed and seconded by Life members of TNOA .
3. Enclosures include Demand draft for nomination fees, brief bio-data.
4. Passport size photograph to be affixed on the form and a digital copy of the same may be sent to the mail id :
sundarbone70@hotmail.com, sundarbone70@gmail.com

TNOA Elections - Code of Conduct

10.6. (a) The Notice for Election shall be given by the President-Elect, TNOA who is the Election Officer. (AGB, Feb 2012, Vellore)

10.6. (b) The Notice for Election shall be printed in the 2nd Newsletter and sent to Life members.

o All nominations must be received by the election officer within 21 days of the dispatch of the Notice convening the Elections.

o If there is more than one nomination for any vacancy, election shall be on the basis of a majority vote.

o Any candidate may withdraw his name atleast 2 weeks before posting of ballot papers.

o The manners of election shall be secret ballot only.

10.6.(c) The following changes in schedule for dispatching and receiving nominations / ballots were adopted at AGBM, 12th Feb 2011, Aakash Family Club, Madurai:

i. The period for sending ballots to members may be extended by one more week i.e three instead of the present two.

ii. The period for requesting duplicate ballots by members may be increased by one more week i.e three instead of the present two weeks.

iii. The period for receiving polled ballots may be increased by two more weeks i.e six weeks from the present four weeks. (AGB, Feb 2012, Madurai)

iv. Counting of votes may be done by a core committee decided by the EC during the first week of January following.

v. Following are the dates for the Election process

October 3rd - Announcement of TNOA Elections in second news letter

October 24th - Last date for filing of nominations

October 31st - Last date for withdrawal of nominations

November 14th or the next working days if it is a holiday - Despatch of Ballots

December 6th or the next working days if it is a holiday - Last date for Request of Duplicate Ballots

December 31st - Last date for receipt of ballots

January 1st Sunday Counting of Ballots

vi. Annual General Body Meeting Announcement of Election Results

vii. Election results will be declared on the date of counting But it is valid only after the ratification in GBM (AGBM Cuddalore 2025)

The election process will be conducted by the President elect. All the above procedures will be done by the President Elect.

(AGBM, 10th & 11th February 2012, CMC, Vellore).

10.7 Code of Conduct- commences from the day of election announcement -3rd october

10.6. (a) Association will send a printed brief bio-data of each candidate to all the members eligible to vote.

10.7. (b) The candidates can send personal appeal letters to the members. (AGB, Feb2011, Madurai)

10.7. (c) The candidates can contact the members over phone or electronic media like E-mail including SMS. (AGB, Feb 2011, Madurai).

10.7. (d) Meeting the members personally to canvass votes is to be avoided.

10.7. (d). {i} Meeting the member personally to canvas for votes is to be avoided and if personal canvas done the candidate shall be disqualified. (AGB, Feb 2024, Erode)

10.7. (d). {ii} Clubs affiliated to TNOA should not invite candidates contesting for elections to TNOA for delivering lectures/or as faculty during the election process. (AGB, Feb 2011, Madurai)

10.7. (e) If Candidate Deploy colleagues/subordinates/pharmaceutical or surgical company people to canvass votes then the candidate shall be disqualified. (AGB, Feb 2024, Erode)

10.7. (f) Any other activity by the candidate amounting to malpractice in the election process as decided by General Body will amount to disqualification. (AGB, Feb 2024, Erode)

10.7.(g) If there is no nomination for any post, the Returning Officer shall take nominations at the Annual General Body Meeting and fill-up the post.

10.7.(h) The Executive Committee as constituted in Accordance with these Rules shall continue in office not withstanding their period of service which has expired until their successors have been duly elected.

10.8 TNOA Online Elections:

GB approved for Trial On-line elections from 2011 onwards. (AGB, Feb 2011, Madurai)

10.8.(a) To continue TNOA Elections by physical ballot. As of now online election is not approved by the registrar of societies. (AGBM, 19th March 2022, Trichy)

Election process for the year 2020 was conducted on paper ballots only. Then it can be conducted both in ballots and online basis. Online voting can be done by members who has registered emails with TNOA. From 2023 the elections will be conducted only by online process.

(GBM – 2020- Vellore)

To Go Ahead with Online Election from next year (2022). Online Trial and Physical ballot in 2021.

(AGBM – 2021 – Yercaud)

Online elections as per the rules of registration of societies is not permitted. Hence online elections cannot be conducted for TNOA as we are a registered society under the Registrar of Societies act.

10.8 Reforms in Hardware

10.10. (a) Rolling Number over Cover A

10.10. (b) Same Rolling Number over ID Slip

10.10. (c) Ballot including cover B shall not bear any number

10.10. (d) Ballot cover A shall be BROWN COVER (opaque)

10.10. (e) All Duplicate Ballots shall receive the same number allotted to original

10.10. (f) Ballot must be printed on a hard sheet

10.10. (g) Brown Cover A shall bear the address of sender as mandatory

10.11 TNOA Electoral List (AGBM, 19th March 2022, Trichy)

10.11 (a) Executive Committee Member is responsible for Verification and update of TNOA Membership Data

10.11 (b) EC Member shall certify the final electoral list of each zone before 31st August.

10.11 (c) No correction in the electoral list should be allowed after 31st August.

10.11 (d) Secretary is responsible to hand over the verified data to Election Officer.

1) Code of conduct to come into effect from the date of announcement of election that is the 2nd newsletter release. (AGM Erode 2024)

2) After the period of announcement of code of conduct the candidates should not participate in zonal club programs or other programs as a faculty. Election by laws may be circulated in the election notification and to candidates by the Election Officer with all the various dates to be clearly mentioned in the by-laws.

(AGM Erode 2024)

3) Contestants in election can however participate as delegates in programs, CMEs and conferences.

(AGM Erode 2024)

4) Official communications regarding Conferences and other events of Zonal Clubs should not carry the names of the candidates, except if they are already office bearers of that particular zonal clubs.

(AGM Erode 2024)

5) Change of address for ballot paper request upto 31st October be accepted. (AGM Erode 2024)

6) Election officer may be given the discretion to accept change of address for duplicate ballot if the request for change of address comes from the official mail id or from the official phone number of the member.

(AGM Erode 2024)

7) Acknowledgement of receipt of ballot papers back to the election office to be done to the voting member. This enables the member to be assured that his vote has reached the election office.

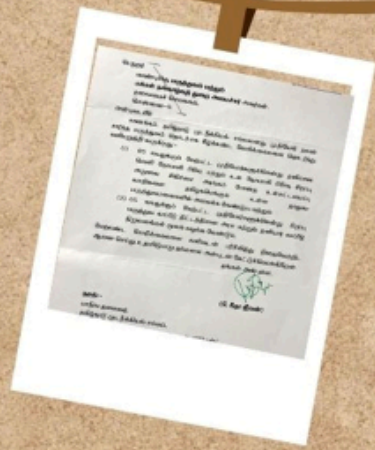
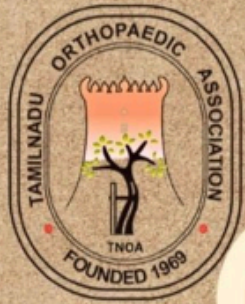
(AGM Erode 2024)

8) List of people who have voted can be provided to the candidates if requested after December 15th

(AGBM Cuddalore 2025)

Refer to TNOA bylaws for complete details

TNOA BONE AND JOINT DAY REPORT - 2025



1	Theme Based Activity		Max. Marks- 25	State Marks	Done by TNOA
1. A	IOA Elderly Clinic in OPD	1 Mark per Clinic		25	105
2	Extra Marks for Theme Based Activity		Max. Marks - 5	5	
2.A	For Old Age Home Visits	0.5 Marks /Visit	2	2	13
2.B	Geriatric Fractures CME	0.5 Marks /CME	2	2	14
2.C	Camps	0.25 Marks /Camp	1	1	38
3	Each Social / Public Awareness Activity apart from Elderly Care	0.5 Marks for each activity	Max. Marks - 5	5	
3.A	Lecture on Fall Prevention	0.5 Mark / Lecture		5	38
3.B	Online Training Only (with more than 50 participants in session)	0.5 Mark / Session			
4	Media coverage		Max. Marks - 10	10	
4.A	Print Media	2 Marks		2	3
4.B	Print Media (Local Language)	1Mark		1	20
4.B	Electronic Media				
	National Channel	2 Marks		2	7
	Local Channel	2 Marks		2	3
4.C	Social Media				
	Facebook	1 Mark		1	10
	WhatsApp	1 Mark		1	15
	Instagram	1 Mark		1	15
5	Any other unique activity related to theme	0.5 Marks for each unique activity	Max. Marks - 5	5	58
	TOTAL MARKS		50	50	

TNOA Bone Health Awareness Fortnight 2025

“TNOA Bone Health Awareness Fortnight 2025” is observed from 10th to 23rd October 2025 to commemorate following International Orthopaedic Health Days

12th October	: WORLD ARTHRITIS DAY	- Prevention and Early Diagnosis
16th October Workplace	: WORLD SPINE DAY	- Preventing Back Injuries in the
17th October	: WORLD TRAUMA DAY	- Safe Transport and Prehospital Care of Spinal Cord Injured Patients
19th October	: WORLD PAEDIATRIC BONE JOINT DAY	- Spinal Deformities in Children – Early Diagnosis and Treatment
20th October	: WORLD OSTEOPOROSIS DAY	- Prevention of Osteoporosis

Distinguished members of TNOA & Our City / District Chapters are requested to organize programs based on theme given for each day. Please send your report & photos to secretarytnoa@gmail.com

Yours in TNOA Service,

President : Prof. Dr. N. Manikandan

Honorary Secretary : Prof. Dr. V. Thirunarayanan



BEST ZONAL CLUB OF TAMIL NADU ORTHOPAEDIC ASSOCIATION

Period: Activities from 1st January till 31st December, 2025 Report to be submitted before 31st January each year.

Award will be presented during the TNOACON each year.

Selection committee: The selection shall be done by a committee consisting of 1)The President, 2) Secretary, 3) President Elect 4) Vice President and 5) Joint Secretary Criteria to be considered in awarding Best Zonal Club award:

1	Increase in number of members in State Association: Percentage increase in membership of the zone. One mark for every 1% increase in membership.		Maximum of 10 points
2	Increase in number of members in IOA: Percentage increase in membership of the zone. One mark for every 1% increase in membership.		Maximum of 10 points
3	Academic activities: CME Programmes : Clinical meetings :	2 Points 1 Points	Maximum of 20 points
4	Achievement of individual members: Paper / poster presentations International : National : State : Publications International : National : State : Books :	2 Points 2 Points 2 Points 2 Points 2 Points 2 Points 5 Points	Maximum of 20 points
5	Awards and honours:	5 Points for each Achievements	Maximum of 10 points
6	Social activities	5 Points for each Achievements	Maximum of 10 points
7	Regular conduct of monthly meetings (Minimum 10)		Maximum of 10 points
8	Submission of report in EC meetings of TNOA.		Maximum of 10 points
9	Publishing Articles in JOJS	2 Points for each Paper	Maximum of 10 points
			Total 110 Points

Applications are invited from the zonal clubs for the best zonal club award for metros/non metros and District Applications should be accompanied by the reports on activities of the zonal club with necessary evidence from 1st January 2025 to 31st December 2025.

The application (hard and Soft Copies) should reach the Secretary TNOA before 31st January 2026.

Thank You .
Prof. Dr. V. Thirunarayanan
Honorary Secretary, TNOA.

28 Ortho Clubs

METRO - 3

Chennai
Madurai
Coimbatore

Non - Metro

Vellore
Salem
Erode
Trichy
Namakkal
Tirunelveli
Kanyakumari
Thanjavur

Rural

Tiruvannamalai
Kanchipuram
Chengalpattu
Krishnagiri
Dharmapuri
Tiruppur
Karur
Pudugai
Perambalur
Dindigul
Theni
Ramnad
Viruthunagar
Thiruvarur
Cuddalore
Villupuram
Kallakurichi

TNOA Prof. A.DEVADOSS MERITORIUS AWARD



The Tamil Nadu Orthopaedic Association has great pleasure in instituting the TNOA Prof. A. Devadoss Meritorious Award Sponsored by the Committee comprising of Prof. S. Shanmuganathan, Prof. M.Chidambaram, Prof.T. Chandraprakasam, Dr. Muthuvelrajan, Dr. Pugazhenthii Pandian and Dr. Sathish Devadoss.

Name of the Award: TNOA Prof. A. Devadoss Meritorius Award

Honour: The award recipient will be recognized for their outstanding contribution to orthopedic surgery in Tamilnadu during the Award Ceremony held at the Annual conference of TNOA during the Inaugural Function with a Plaque and medallion.

Timing of Award: During the inaugural Function of the TNOACON. (as resolved during the AGM of February 2014, Chennai)

Award Criteria:

- The nominee should be aged above 60 years. · Have been in practice for a minimum of 15 years · Be a member of TNOA in good standing for at least 15 years. · Demonstrate outstanding leadership in the areas of community service and/or education.
- Support excellence in orthopedic surgery, including community medical services and contribution beyond their medical practice to the community at large.

Additional Criteria:

- Current members of the TNOA executive committee and the Committee Constituted by Sponsor are not eligible for nomination of this award.
- There should be no self nomination.

Nomination Process

- Recipients are nominated by a fellow member(s) of the TNOA by proposing and seconding. · The application package includes: a completed nomination form providing details on how the nominee meets the award criteria and an overview of the nominee's achievements.
- The TNOA Core Committee will review all nominations and a selection will be made and intimation will be sent to the Sponsor Committee.

Last Date for Nomination : 30th November 2025

Nominations to be sent to:

Prof.Dr.V.Thirunarayanan

Honorary Secretary - TNOA
9B, D Block, AVM ASTA Apartments,
Arcot Road, Vadapalani,
Chennai - 600 026.
Office Contact No. : 9500400389
E-Mail: secretarytnoa@gmail.com

NOMINATION FORM FOR TNOA Prof. A. DEVADOSS MERITORIUS AWARD

WE WISH TO NOMINATE : Dr.

Award Criteria

1. How does the nominee qualify for the award ?

Name of Nominee:

TNOA Membership # (if known) :

Home Address / City/PostalCode:

Office Address / City / Postal Code :

Qualification :

Current Post :

Phone: Office:

Home:

Mobile:

Email :

Proposed by:

LM Number(Mandatory):

Home Address / City / Postal Code :

Office Address / City / Postal Code :

Phone: Office:

Home:

Mobile:

Email :

Seconded by:

Signature :

HomeAddress/City/PostalCode:

LM Number(Mandatory):

Office Address / City / Postal Code :

Phone: Office:

Home:

Mobile:

Email :

Signature :

2. Please mention in detail how the nominee supports excellence in orthopaedic surgery, includes involvement in education and contribution beyond their medical practice .

3. Yes – We confirm that the Nominee that we are nominating has been a member of Tamilnadu Orthopaedic Association for a minimum of 15 years.

4. Yes - We confirm that the nominee is over 60 years of age.

5. Please attach Bio-data of Nominee including achievements

TNOACON 2026 Report - Courtallam

Place: Tirunelveli

Date : 2026 February 13th to 15th

IOA PRESIDENT THEME
OLD IS GOLD
360° care for Elderly
Research Innovation Prevention Treatment

TNOA PRESIDENT THEME
Educate the Society
enlighten the Fraternity

FIRST
ISO
9001 : 2015
CERTIFIED
CONFERENCE

TNOA CON 2026
59th ANNUAL CONFERENCE OF TNOA
NEVER BEFORE AGAIN

25 YEARS
FOUNDED 2001

59th Annual Conference of
Tamil Nadu Orthopaedic Association
13,14, 15 - February 2026
Green Royal Resorts, Courtallam

Respected members

We the members of Nellai ortho club are eagerly waiting for the days of the conference to celebrate your presence with family.

We are Exploring all possible ways to make this conference a memorable event.

As mentioned earlier the highlights are.

- 1.First ISO certified conference
- 2.First plastic free conference
- 3.First exhibition on history of orthopaedics
- 4.First family conference
- 5.Firzt conference with environmental and social concern And lot more

We expect.

Suggestions and guidance from the esteemed members to make it even more unique.

The success of the conference is based mainly on your presence with family

Mark the dates

Make your presence

We are eagerly waiting

Nellai ortho club



Welcome to Courtallam!
*Walk in the green
Enjoy with the nature*

TNOACON 2026

Save the Date

IOA President's Theme
OLD IS GOLD
360° Care for the Elderly
Ensuring Mobility, Dignity and Lovability

FIRST ISO 9001:2015 CERTIFIED CONFERENCE

TNOA CON 2026
59th ANNUAL CONFERENCE OF TNOA

NEVER STOP LEARNING

25th ANNIVERSARY TNOA FOUNDED 2001

TNOA President's Theme
Educate the Society
nighten the Fraternity

TNOACON 2026

59th Annual Conference of Tamil Nadu Orthopaedic Association

13, 14 & 15
FEBRUARY 2026

Green Royal Resort
OLD COURTALLAM, TENKASI.

TNOACON 2027 Report - Yercaud

Join Us for the Diamond Jubilee – TNOACON 2027 at Yercaud!

Dear Esteemed Colleagues,

Greetings from the Midwest Ortho Society!

We are honored and thrilled to invite you to the 60th Diamond Jubilee Conference of TNOACON 2027, to be held from February 12th to 14th, 2027, at the beautiful Lions Convention Centre, Yercaud.

Join us in the serene and picturesque hill station of Yercaud for an unforgettable academic and cultural experience. TNOACON 2027 promises a rich academic feast featuring eminent regional, national, and international faculty, along with specialized workshops in Arthroplasty, Arthroscopy, Spine, and Trauma.

We've also curated a vibrant social experience – from multi-cuisine delights to cultural performances, including the beloved TNOA music band, ensuring every moment is memorable.

Meet the Organizing Team:

Patrons:

Dr. K. Prakasam, Dr. C. Sugavanam,

Dr. A.E. Manoharan, Dr. C. Kamalnathan,

Dr. K. Selvaraj, Dr. Manohar

Organizing Chairman: Dr. K. Meenakshi Sundaram

Co-Organizing Chairman: Dr. K. Mohanasundaram

Organizing Secretary: Dr. G. Premnath

Treasurer: Dr. Franklyn kiruba

Scientific Committee:

Dr. R.T. Parthasarathy, Dr. C. Rajkumar, Dr. Hari Sivanandam

Trade & Exhibition:

Dr. J. Manimaran

Registration Committee:

Dr. Karikalan, Dr. Naren, Dr. Satish, Dr. Sriram

Accommodation Committee:

Dr. S. Sivakumar, Dr. Aravind, Dr. K. Ravinchandran

Food & Entertainment:

Dr. G. Mayilvahanan, Dr. Suresh Kumar

Sports Committee:

Dr. K. Sivaraj

Explore Yercaud – Where Nature Meets Tranquility

Yercaud, nestled in the Shevaroy hills of Tamil Nadu, is known for its calm climate, scenic landscapes, and welcoming charm. It offers the perfect balance of peace and recreation, making it an ideal retreat during the conference.

Make the most of your visit! Yercaud offers delightful sightseeing spots such as:

- Yercaud Lake
- Peeku Park—Petting Farm
- Poppy Hills – Outdoor Adventure Park
- Plazo Gaming Center & Paintball Arena and much more.

Whether you're coming with colleagues or your family, Yercaud has something to offer everyone.

We warmly welcome you to experience TNOACON 2027 – where knowledge meets nature, and learning blends with leisure. Come, join us with your families and let's make this milestone celebration truly unforgettable!

Looking forward to hosting you in Yercaud!

Warm regards,
Team TNOACON 2027
Midwest Ortho Society







TNOA PROF TKS MID-YEAR CON 2025

19th - 20th July 2025

THEME: UPPER LIMB Learning Intricacies Mastering Basics

Venue: Hotel Breeze Residency, Trichy

IOA President's Theme
**OLD is GOLD 360° care for
Elderly Research Innovation
Prevention Treatment**

**REGISTER NOW
SCAN HERE**



TNOA President's Theme
**Educate the Society
Enlighten the Fraternity**

www.trichyos.com/web/

A Golden Chapter in TNOA History!

When dedication meets teamwork, history is created—not just for a moment, but for generations to remember.

The TNOA Prof. TKS Mid-Year CON 2025 has now become a landmark event, breaking records and setting benchmarks for future conferences. This was not just an academic gathering, but a movement of excellence—a celebration of unity, learning, and sharing.

Unforgettable Highlights:

- ✦ 511 Registrations – A Mid-Year CON Record
- ✦ 175 Paper Presentations – Nurturing Young Minds
- ✦ 50+ Surgical Technique Demonstrations – First of Its Kind
- ✦ 50+ Non-Academic Contributions – Celebrating Talents Beyond the OT
- ✦ First-Ever Cadaveric Workshop in TNOA Mid-Year History
- ✦ Free ECHO & Blood Test for Delegates – Because Health Comes First
- ✦ On-Time Program Starts, Full House Participation, and 4 TNMC Credit Points

A Heartfelt Salute to the Pillars of Success

This victory belongs to every mentor, faculty, colleague, and friend who contributed.

Special thanks to:

- The Scientific, Finance & Logistics, Hospitality, and Registration Teams for their passion and precision.
- Our Senior Professors, Eminent Surgeons, and Young Contributors who enriched the event.
- The TOS families for their unwavering support.

I am deeply grateful to TOS for entrusting me with this responsibility. I was fortunate to have the steadfast leadership of Dr. K. Balasubramanian (Organising Chairman), the scientific brilliance of Dr. Ramesh Prabu, and the tireless efforts of Dr. Praveen Dhas in treasury, travel, and logistics.

Together, we delivered a conference that sets a new gold standard—not only for today, but as a blueprint for all future TNOA Mid-Year conferences.

Together, We Did It!

This is more than breaking records—it is creating a golden imprint in the history of TNOA, one that will be remembered for years to come.

Dr J Terrence Jose Jerome
Organising Secretary
TNOA Prof TKS midyear CON 2025



தமிழ் கருத்தரங்கம் 2025



தேசியத்தலைவரின்
கருப்பொருள்
(வாள்ளாள முதுமைக்கு கண்ணியமான
கவனிப்பு காலமெல்லாம்!)



மாநில தலைவரின்
கருப்பொருள்
(கல்வி ஒளி சமூகத்திற்கு!
அறிவொளி தோழமைக்கு !!)



செங்கை மாவட்ட
கருத்தரங்கம் கருப்பொருள்
(என்ரியல், தமிழியல், வாழ்வியல்)

செங்கை எலும்பு மருத்துவ சங்கம்

தமிழ்நாடு எலும்பு மருத்துவ சங்கத்தின் மூன்றாம்
அறிவியல் தமிழ் கருத்தரங்கு

நிகழ்ச்சி நிரல்

11/10/2025 மாலை 5 மணி முதல் 7 மணி வரை கலை காவேரி நிகழ்ச்சி

கலக்கப்போகும் கலை காவேரி மற்றும் TNOA BAND



இரவு 7 மணி முதல் TNOA BAND இன்னிசையுடன்

சிறப்பு விருந்து

அக்டோபர் 11 & 12, 2025 ஓ ஹர்ஷா கார்டன்
கரசங்கால், வண்டலூர் - ஓரகடம் - வாலாஜாபாத் சாலை, படப்பை, தமிழ்நாடு 605 001





TNOA Prof TKS Mid-Year Con-2026

Theme: KNEE MULTIVERSE

SAVE THE DATE
**JULY - 18TH & 19TH
2026**

VENUE
**HOTEL HILLS - HOSUR
(INDUSTRIAL HUB
OF TAMILNADU)**



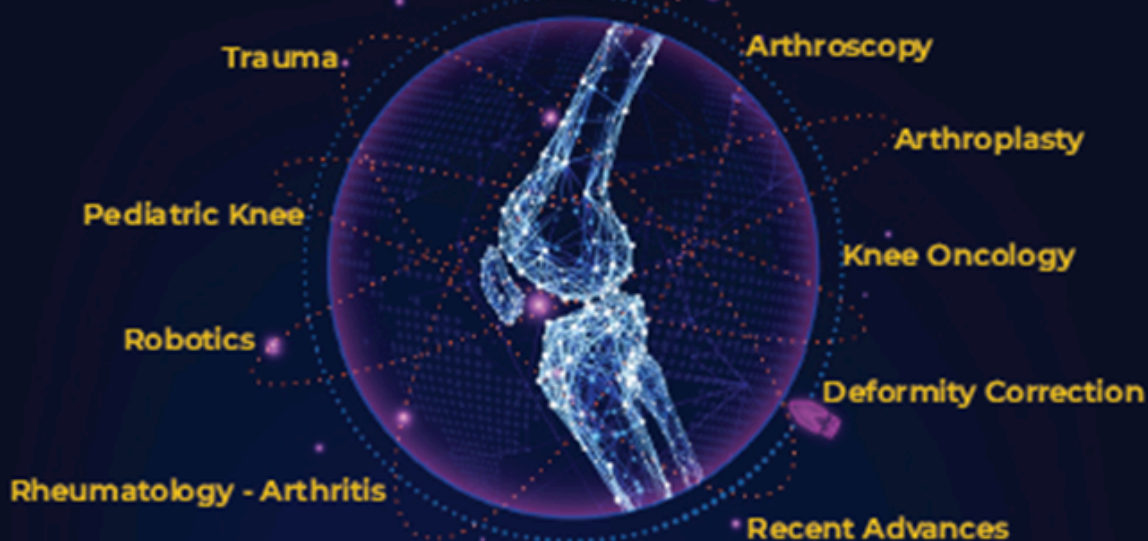
IOA President's Theme
**OLD IS GOLD 360° care for
Elderly Research Innovation
Prevention Treatment**

TNOA President's Theme
**Educate the Society
Enlighten the Fraternity**

Organised By: Krishnagiri Orthopaedic Society



Multiverse



Tamilnadu Orthopaedic Association 2025 - 2026

Prof. N.Manikandan
President

Dr. S.R.Sundararajan
President Elect

Prof. V.Thirunarayanan
Secretary

Dr. A.Saravanan
Treasurer

Krishnagiri Orthopaedic Society Office Bearers

Dr. V.Sreenivasa Gowda
President

Dr. G.Ashok Kumar
Past President

Dr. S.Senthil
Secretary

Dr. Prasad Soraganvi
Treasurer

TNOA Mid Year Con - 2026 Team

Organising Chairman

Dr. S.Boopathy

Dr. S.S.Ravi Kumar

Organising Secretary

Dr. R.Dhanasekaran
+91 94443 38553

Dr. B.C.Chandra Sekar
+91 98942 32424

Scientific Committee Chairman

Dr. B.Bhupesh Karthik

Treasurer

Dr. R.Senthilnathan
+91 98430 48486

Dr. R.Moulidharan
+91 97896 63273

OASIS Matters

President: Dr. Krishnagopal
Secretary General: Dr.Roshan Kumar
President Elect: Dr.Vijayachander Reddy
Vice President 1 (Tamilnadu) Dr.R.Sivakumar

Office Address: Flat No: 9B, "D" Block,
ASTA Apartment, AVM Studio Complex,
39, Arcot Road, Vadapalani, Chennai - 600026.
Email: sec.gen.oasis@gmail.com, ankorthodoc@gmail.com
Phone: +91 44 4559 0476, 9495188347
Website: <https://oasisortho.org>

Executive Committee Members of OASIS representing TNOA:

Dr N.Manikandan - President
Dr V.Thirunarayanan - Secretary
Dr S.R.Sundararajan - President Elect
Dr S Marimuthu - Joint Secretary
Dr.N.Thanappan. – Editor JOASIS

Registered central office of OASIS is functioning at our TNOA Building in Chennai.
OASISCON 2024 was held at Palakkad and DR.P.N.Vasudevan took over as the President OASIS.

As per the turns of OASIS the 2027 OASISCON is scheduled to be conducted by TNOA. The selection of venue will be done as per protocol.

The 2025 OASISCON was held at Pondicherry from August 29th to 31st . Around 200 members from TNOA registered for OASISCON 2025 Puducherry the highest representation amongst all states. Dr.Gopinath Menon Professor of Orthopedics SRIHER Chennai.delivered the prestigious OASIS Prof.SSK Marthandam oration 2025 .

OASIS honour for senior member from Tamilnadu was awarded to Dr.Gulam Mohideen former HOD and Professor of Orthopedics Govt Tanjore Medical College during the inaugural ceremony. Prof.N.Thanappan is the Editor in Chief of JOASIS the official journal of OASIS.

A proud moment for TNOA this year we won the BEST CHAPTER AWARD of OASIS States. this was a great achievement for TNOA which was possible with the continuous activities of all the members of TNOA. The TNOA EC sincerely thank all those who contributed in this success.

**Minutes of the 3rd & final EC meeting conducted on 29/08/2025 in OASISCON 25 at
MGMC&RI Pondicherry**

Opening address was given by President Dr Vasudevan

Obituaries were announced and silent prayer was observed

Presidential address was given by Dr.Vasudevan

Secretary read out the minutes of last EC meeting

Secretary read out the activity report of OASIS for the year till date

Treasurer gave his report where he mentioned all states except Andhra pradesh, Telangana and Pondicherry have paid their new members subscription fees to OASIS. The secretary was appraised to contact the unpaid states and get the dues cleared ASAP.

As It was suggested by the president previously, an OASIS SESSION shall be incorporated in all the state conferences so that the visibility of Oasis shall improve among the younger generation and PGS, it was appreciated that Karnataka & Tamil nadu states had already implemented this in their State annual conference this year. Other state's presidents & secretaries were also requested to implement this in due course. This suggestion was proposed by the EC to get it ratified in forthcoming AGM

Immediate Past President Dr.Nityananda REao Suggested that the Secretary general shall send Mails to all the State secretaries requesting them to discuss this above matter in their state AGM.

EC proposed to request all states to call one state chapter as a guest in their State annual Conference & also provide hospitality.

President had received a mail from Dr.Govardhan from Tamilnadu who is contesting to IOA President elections, This matter was discussed and the EC decided that if more than one candidate is contesting for IOA then they have to come to a common consensus and any one candidate if they approach OASIS,the association will support that one candidate.

A vote of thanks was given by the secretary and the meeting ended.

Minutes of the AGM conducted on 30/08/2025 in OASISCON 25 at MGMC&RI Pondicherry

President waited for Quorum and called the meeting to order

Opening address was given by President Dr Krishna Gopal,

Obituaries were announced by the Secretary general: -

From Kerala We lost Dr.Ummar Parayil, Dr.Sunil kumar, Dr.Ranganath.KA, Dr.K.S.Pillai, Dr.Thomas Idiculla, Dr.Jayakrishnan Nambiyar and from TN we lost Dr.ElangovanChellappa,

Dr.Rajendran,Dr.Mutthuvelrajan, Dr.Nalli Yuvaraj, Dr.Sounderpandiyan,Dr.T.Jayaraman, Dr.Parthasaraty, Dr.Kutthalingam, Dr.Sounderrajan, And From Karnataka we lost Dr.Thomas Chandy, Dr.Vasudev Kamath
Silent prayer was observed.

Presidential address was given by Dr Krishna Gopal

Secretary read out the minutes of last EC meeting

Secretary read out the activity report of OASIS for the year till date

Treasurer gave his report where he mentioned all states except Andhra Pradesh, and Pondicherry have paid their new members subscription fees to OASIS. (Telangana still has old dues pending - Telangana Has paid current years 2024-25 dues in Final EC meeting yesterday) The secretary was asked to contact the unpaid states and get the dues cleared ASAP.

The EC proposal of replacing an EC member who is irregular for EC meetings or Physical meetings of OASIS(at least they should attend one EC and one physical meeting of OAASIS during their term) The EC passed this proposal

As It was suggested by the president previously, an OASIS SESSION shall be incorporated in all the state conferences so that the visibility of Oasis shall improve among the younger generation and PGS, it was appreciated that Karnataka & Tamil nadu states had already implemented this in their State annual conference this year. Other state's presidents & secretaries were also requested to implement this in due course. This suggestion was proposed by the EC to AGM, and the AGM passed this proposal Proposed by Dr.Mallikarjun Swamy seconded by Dr.Tajan.

The Journal dues are unpaid for the last few years, which needs to be cleared, The AGM advised the secretary to Clear the Pending dues after scrutinizing.

All state Secretaries presented their state Activities for this year.

In Any Other Matters section , The President and secretary of TNOA, raised severe objections and expressed that they had written a whatsapp message to the secretary general to include the matter of reducing the term of secretary general from 3 to 2 years in the AGM, and that the secretary had not replied nor attended their phone call. - The secretary general further examined the authenticity of the above claim and found that a whatsapp message was sent to the secretary's phone a few hours before the AGM, and a missed call was in his phone on the previous oration day while secretary was seated on the dias during oration and the call went unanswered.

Further deliberating on this issue, President elect Dr.Vijayachander Reddy spoke and made a clear point that whatever Dr.Manikandan & Dr.Thirunarayan have raised is a matter pertaining to change of Constitution and is a serious matter, and the same cannot be brought up in any other matter section of AGM, instead it has to be sent in an official representation to the secretary at least 3 weeks in advance and the matter to be discussed in an Special EGM called for a specific purpose, and subsequently brought to the AGM. Hence the matter can not be taken up in this AGM.

Organizing Chairman Of OASISCON 2025 at Pondicherry gave the brief report of OASISCON 2025 and said there were 571 registrations out of which 324 were Postgraduates and remaining were consultants as follows: from AP - 22, Karnataka-15, Kerala -26, Pondicherry -60, Tamil nadu 102, Telangana - 19, UP -03, Uttarakhand - 01, New Delhi - 03, Maharashtra - 03, West Bengal - 01

EC proposed to request all states to call one state chapter as a guest in their State annual Conference & also provide hospitality.

A vote of thanks was given by the secretary and the meeting ended.

Meeting Concluded with National Anthem

Moment Of Pride - OASIS Best Chapter award



Received OASIS Best Chapter Award 6th Time at OASISCON 2025 Pondicherry



OASIS Prof SSK Marthandan Oration by Dr.P.Gopinath Menon

Senior Member Honoured in OASISCON 2025 - Dr. M.Gulam Mohideen



IOA Matters

Office Address:

Plot no: 69, Tughlagabad Institutional Area,
Behind Batra Hospital, M.B. Road,
New Delhi - 110062

Email: ioahousedelhi@gmail.com

Phone: 9811967820 (Ramesh C. Pandey, CAO, IOA).

Website: <https://ioaindia.org/>

IOA Theme for the year 2025: “OLD is GOLD 360° care for Elderly Research
Ensuring Mobility Dignity and Longevity”



EC Members of IOA (From TN):

Prof.N.Manikandan - President TNOA

Prof.V.Thirunarayanan - Honorary Secretary, TNOA

Dr.Prahalad Kumar Singhi & Dr. Zubair Khan.

Members of Central Working Committee of IOA from Tamilnadu for the year 2025

TNOA received IOA AK Gupta Trophy (Best State Chapter Award) for four Consecutive Years 2016, 2017, 2018, 2019, 2020, 2021, 2022, & 2023 and IOA National Bone & Joint Day activities winner in 2018 and runner in 2019. As per the data of IOA CSRC, TNOA is the Largest State Chapter with 2061 life members.

After a period of dormancy due to court cases the IOA was restored by amicable settlement between the aggrieved parties and was declared that IOA will operate with Two Presidents Dr Anup Agarwal and Dr Ajith Shinde. The complete activities resumed from the month of June this year. The Bone and Joint activities were celebrated with massive response across the country and TNOA in particular showed its mettle when it comes to taking the message to the public in a massive scale. Even the IOA EC was completely overwhelmed to see the 250 pages report from TNOA.

IOA voter verification is underway and will be on till 15.10.2025. All the members who have not verified are hereby kindly requested to get themselves verified to carry out our democratic duties and also to show our strength at IOA. Dr RH Govardhan our TNOA Past President will be contesting for the post of Vice President IOA and we have to muster all our efforts to support his candidature and ensure he wins the election by a substantial margin. It is a matter of pride for TNOA if one of our own members sit at the helm of affairs at IOA.

Around 269 members of TNOA were not ratified at the last year IOACON 2024 at Bengaluru inspite of communicating with IOA office at appropriate time lines. The matter was discussed at IOA EC meeting but still they were not allowed. After a herculean effort bringing forth all evidences of proper communication and documentation an extraordinary zoom EC meet was conducted and the entire EC unanimously accepted to ratify the pending 269 members and LM numbers were allotted within 2 days. They will also be allowed to verify their names in Voter verification process and will be allowed to vote in the elections as per their respective years of submission of application. We will have 130 members voting for 2024 elections and 269 voting for 2025 elections.

The IOACON 25 is scheduled to be conducted between 15th to 20th December 2025 at Guwahati, the details and brochure is herewith attached and we must represent our state in good numbers in the conference and win laurels. In this regard I request all of you to register for the conference, submit papers for medals and participate actively in the scientific deliberations.

Dr Prahlad Singhi has been appointed as YUWA committee secretary of IOA, our president Prof.N.Manikandan has been appointed IOA Trauma Committee Chairman, Dr.V.Thirunarayanan Secretary TNOA has been appointed as IOA Arthroplasty committee chairman and also as Quiz Master for IOA PG Quiz which are matters of pride for TNOA.

IOA Voters Verification

As already known to our members it is mandatory to verify their name to become an eligible voter for IOA elections the previous election this procedure was followed across the nation. From TNOA out of the nearly 2000 members 700 of our members completed the verification process which was little technically challenging. this year the verification process may begin shortly and the list of non verified members as per zone wise has been identified and for the perusal of our members has been published in this newsletter. I kindly request all our members who have to verify their names to consider this as priority and complete the verification process as soon as the process starts. TNOA office and all our EC members will be fully at the service of our members to help them complete the process smoothly.

https://docs.google.com/spreadsheets/d/1iFsWV3t9zAeB9Wwixco93c_Vdh_bHULE/edit?usp=drive_link&oid=108292961019895008751&rtpof=true&sd=true



Kindly open the link or Scan the QR Code for IOA Members - Verified Voters List

https://docs.google.com/spreadsheets/d/1iFsWV3t9zAeB9Wwixco93c_Vdh_bHULE/edit?usp=drive_link&oid=108292961019895008751&rtpof=true&sd=true



Kindly open the link or Scan the QR Code for IOA Non Verified Voters List

Step by Step Aadhar Verification of IOA members

By

**Dr R H Govardhan
Your own candidate for IOA Elections
for VP post for the Year 2024**

3 documents to be kept ready before you login

- 1. Unmasked E Aadhar PDF Downloaded**
- 2. Ortho degree certificate MS/ D Orth/DNB/Etc - PDF**
- 3. MCI registration certificate - PDF**

**Laptop / desktop should have facility to
take a photo**

How to download E aadhar?

Click Link

<https://myaadhaar.uidai.gov.in/genricDownloadAadhaar/en>

- A. Enter 12 Digit Aadhar Number , Captcha
- B. Enter OTP received in Aadhar Registered Mobile
- C Download unmasked E Aadhar File PDF – Save on Desktop in one folder less than 2MB
- File Name will start from“EAadhaar_*****_16092025122352 (DateMonth Year Hr Minute Seconds)”–
- Open it with Password and check it (Details next pages)

Click link. <https://ioa.cvlindia.com> Following page will open

Welcome to the IOA e-Verification Portal

Deadline for KYC Submission 15th October 2025 5:00PM

KYC Update for IOA Members
To ensure transparency and maintain an accurate membership database, the Indian Orthopaedic Association (IOA) requests all life members to complete their Know Your Member (KYM/KYC) process.

Why KYC?
Updating your KYC details helps the IOA verify member credentials, streamline communication, and ensure eligibility for voting and academic participation.

About us
The IOA is one of the largest professional organizations which has more than 10000 active life members. It is a vibrant organization which focuses on academics, research and social networking. From the time of its formation in 1955, in these 60 years this organization has evolved into a strong professional body with many sub-committees and regional committees.
It is a constantly growing organization not only in terms of increasing memberships but also in all other fronts like fellowships, CMEs, orations and sub-specialty meetings. The annual conference of the organization IOACON, is one of the well organized and most sought after meetings conducted in India. The history, birth and development of the Indian Orthopaedic Association is very similar to that of the British Orthopaedic Association, probably due to our past association with the United Kingdom.

Please keep all required documents ready before proceeding ahead.
For assistance, contact the IOA office via portal.
You can download the user manual from here : [IOA Verification User Manual](#)
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Enter your LM Number here (eg : LMXXXXX)

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Let's stay connected — update your details and strengthen our professional community.

Search

Enter LM (Capital) and 5 Digits without space- I have Mailed You Your LM*****

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possibilities – if you are verified member you will receive this

ScreenPage2- Possibility1 You are verified last year

Information

Your Verification Process is already Completed. Do you wish to modify your details?

Name : DR. R.H. GOVARDHAN
Mobile : XXXXXX0545
Emailid : DR*****RH@GMAIL.COM

Yes No

- 1. Check Your Mobile number exactly is same as Aadhar
- **Reason: OTP during voting will come to this number only**
- 2. Check Your email is working and same – If no change
- click on “NO”- Your Process ends here with same data – Eligible to vote
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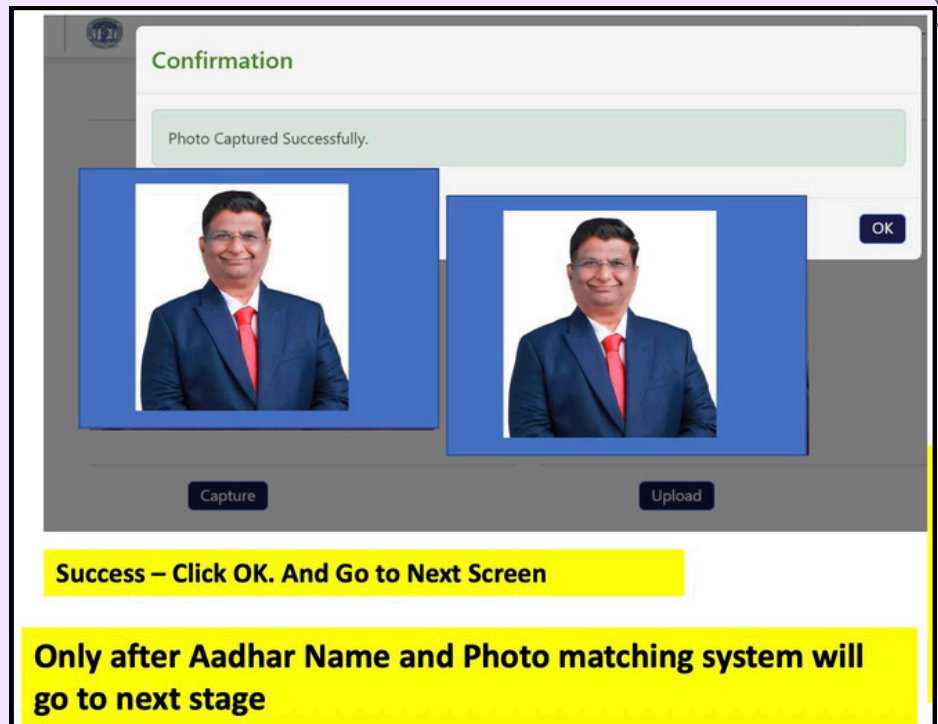
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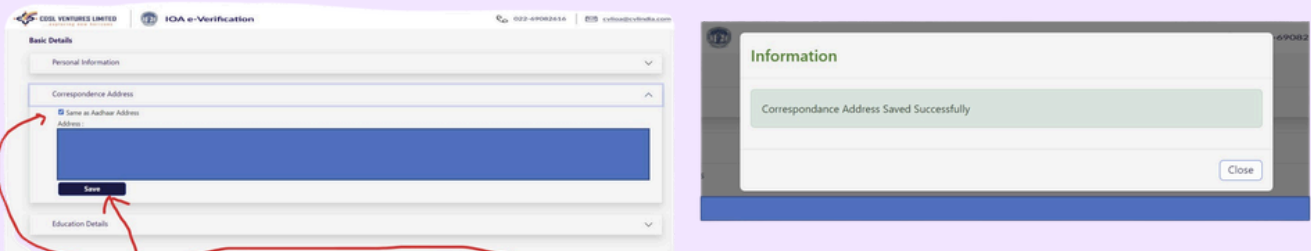
Click To Capture and Upload Live Photo to allow system to match with Aadhar Photo

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Personal information, Correspondence address, Education details

Education Details – Keep Ready details of all fields and PDF of degree and MCI certificate To Browse (from your folder and then click button of upload with upward arrow for both PDF and then click save , then and then it is registered after you see message of success on screen after clicking button save – do not forget to click button of save then click Preview Data to go to next screen

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Screen Page 7- Confirm and Save Email ID -Preview Data and Generate PDF and Get Mail

Click save

Click Generate PDF and get instant confirmation email as per next screen –open your Inbox or spam

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Check Your Mail and Download PDF

From: "IOA Elections"
S
To: D
Subject: LM Verification Successful – IOA Election

**THANK
YOU!**



**I Bow Down to Your Love
and Support**

**I Seek Your Support with Folded Hands
I have served as Hon Sec of IOA for 3 Years and Chair of Inquiry
Committee. This is my Last Chance with Transparent process to
Serve You and IOA humbly as President**



9841070545

IOA PG Teaching Programme September 6th and 7th, 2025 Madurai Medical College Madurai

The IOA PG Teaching Programme, an academic initiative of the Indian Orthopaedic Association, was successfully conducted at *Madurai Medical College, Madurai* on the 6th and 7th of September 2025. The programme was specifically designed for postgraduate orthopaedic residents preparing for their examinations, and it witnessed enthusiastic participation from 120 delegates representing various medical colleges across South India.

The academic sessions were rich and diverse, reflecting the IOA's commitment to strengthening postgraduate education. A total of 14 clinical cases were presented by the postgraduates, each session being thoughtfully moderated by eminent faculty members, ensuring in-depth discussion and valuable learning points. In addition, 9 plenary talks covering high-yield examination topics were delivered by distinguished speakers, providing structured insights into both theoretical and practical aspects of orthopaedics.

A major highlight of the programme was the comprehensive OSCE (Objective Structured Clinical Examination) session, which was conducted in an interactive format. This session enabled the residents to gain first-hand experience of the exam environment, with direct guidance from senior academicians. The active involvement of the students, coupled with constructive feedback from the faculty, made the OSCE exercise highly impactful.

The event was graced by the presence of Dr. Rajeev Raman, Secretary, IOA and Dr. Sandeep Kumar, Chairman, IOA PG Committee, whose encouragement and guidance greatly motivated the participants. Their presence underscored the IOA's continued dedication to supporting postgraduate training across the country.

Overall, the programme was marked by active participation, healthy academic discussions, and an atmosphere of collaborative learning. The success of the event highlights the importance of such structured teaching programmes in empowering the next generation of orthopaedic surgeons.



















TNOA PG Teaching Programme

The Department of Orthopaedics, Government Cuddalore Medical College Hospital, Chidambaram (formerly Rajah Muthiah Medical College Hospital), in proud collaboration with the Tamil Nadu Orthopaedic Association (TNOA) and the Cholamandalam Orthopaedic Society, successfully conducted the Thillai Orthopaedic Revision Course on the 9th and 10th of August 2025. This comprehensive academic initiative was conceptualized as a focused Crash Course for exam-going postgraduate students in orthopaedics, aimed at providing conceptual clarity, clinical correlation, and last-minute revision strategies before examinations.

The event witnessed an enthusiastic and overwhelming response, with a total of 135 postgraduate delegates from across the state and neighbouring regions participating in the course. The two-day intensive academic schedule was meticulously curated and delivered by a distinguished panel of 31 eminent faculty members, comprising senior professors, practicing orthopaedic surgeons, academic mentors, and subject experts from various premier institutions.

The programme featured:

Structured revision lectures covering all major orthopaedic topics including trauma, basic sciences, paediatrics, arthroplasty, oncology, spine, sports injuries, and rehabilitation.

Case-based discussions and viva practice sessions, tailored to reflect the real-time examination setting.

Interactive panel discussions highlighting clinical pearls, exam-writing strategies, and commonly encountered pitfalls.

High-yield radiology, orthopaedic pathology, and implant interpretation modules designed for rapid recall and applied learning.

A plethora of rare and challenging case presentations, which provided valuable insights into diagnostic dilemmas, surgical planning, and post-operative management strategies.

Each session was carefully timed and delivered in an interactive format, encouraging participation, doubt clarification, and dialogue between delegates and faculty. The academic rigour was balanced with an atmosphere of collegiality, mentorship, and shared pursuit of excellence.

The delegates expressed immense satisfaction with the quality and relevance of the sessions. Many appreciated the depth and breadth of content, the clarity of concepts imparted, and the examination-oriented orientation of the lectures. Feedback highlighted that the course served as a major confidence booster in the final leg of exam preparation.

The Department of Orthopaedics, Government Cuddalore Medical College Hospital, remains deeply grateful to the Tamil Nadu Orthopaedic Association and the Cholamandalam Ortho Society for their steadfast support and academic encouragement. The resounding success of the Thillai Orthopaedic Revision Course reflects the collaborative spirit, academic excellence, and commitment to postgraduate education that define the orthopaedic fraternity in Tamil Nadu.

Plans are already underway to make this an annual fixture in the academic calendar, with a broader participation base and additional academic modules.









TNOA Inter Zone Meet



TIRUPUR DISTRICT ORTHO CLUB

Invites you For the
Inter Zone Meet and CME

on
20-Sep-2025 at 05:00pm

CHIEF GUESTS

Prof. Dr. N. Manikandan

President TNOA

Prof. Dr. V. Thirunarayanan

Hon. Secretary TNOA

GUEST SPEAKER

Dr. Raja Baskara Rajasekaran

ORTHOPAEDIC ONCOLOGY

WHERE ARE WE TODAY

Ganga Hospital CBE

Dr. Raja Shanmuga Krishnan

BEYOND OPEN FRACTURES

Ganga Hospital CBE

SPECIAL GUESTS

DR. S. NATESAN

Past President TNOA

DR. R. MURALIDHARAN

Past President TNOA

DR. M. VANASEKAR

Past President TNOA

DR. C. J. RAVI

Past Secretary TNOA

ERODE DISTRICT ORTHO CLUB

Dr. R. Ravichandraprabhu - President

Dr. T. Janarthaanan - Secretary

DINDIGUL DISTRICT ORTHO CLUB

Dr. Arul Durai Arasu - President

Dr. Senthil Kumar - Secretary

TIRUPUR DISTRICT ORTHO CLUB

Dr. Bala Murugan - President

Dr. A. Gauthama Vinayakh - Secretary

E.C MEMBERS

Dr. S. Kumaravel - West Zone II

Dr. S. Arul Prasanna - Central Zone II

VENUE

MEENAKSHI FARM HOUSE - UDUMALPET

EXTENDED INVITEE POLLACHI ORTHO CLUB



Zonal Reports

Chennai

Madras Orthopaedic Society (MOS)

President : Dr. Karu Shanmuga Karthikeyan

Secretary : Dr. T.Aravinth

Faculty - Talks

Dr R Karu Shanmuga Karthikeyan

- Saveetha Medical College – Chief Guest – Spine CME
- Chair – Coimbatore Arthroplasty Programme



Dr Satish T

- SICOT Congress – Madrid Presentation



DR Aravinth T

- TNOA Mid Yr Con
- OASIS CON Faculty and Chairperson



Dr Subramanya Gandhi

SBMCH

- ASAMI Mid Yr CON



Dr Praveen RG

SICOT Madrid



Dr L Karthik
 SICOT Madrid Presentation



Dr Nalli Sanjeev Kumar
 SICOT 2025 Madrid



Dr Sassender Shanmugasundaram

- Faculty – SICOT Madrid
- Chair – Education Committee



Dr.RH GOVARDHAN

- Faculty in PCOACON – TRAUMA session – Lonavala
- Dr CD Nalluwar oration - Kolhapur



Dr Anand Sreenivas Sowlee

- Preethi Trauma Update



Dr R Manoj Kumar

Madha Medical College



Dr Aju Bosco
 SICOT Pioneer Webinar



Best Paper in Oasiscon - 25

Dr Gopinath Menon
 •Oasiscon 2025 Orator



MOS – Mid Year Con



IOA PRESIDENT THEME
Old is Gold, 360° Care for Elderly
Ensuring Mobility, Dignity, Longevity

TNOA PRESIDENT THEME
Educate the Society,
Establish the Fraternity

MOS PRESIDENT THEME
Precision in Practice,
Passion in Progress

**MADRAS ORTHOPAEDIC SOCIETY &
DEPT. OF PAEDIATRIC ORTHOPAEDICS, ICH**

MOS MIDYEARCON & ICH PAEDIATRIC ORTHO GOLD MEDAL EXAM

2025

13th & 14th SEPTEMBER,
ICH & IOG Auditorium,
Egmore, Chennai

THEME : PAEDIATRIC ORTHOPAEDICS

ORGANIZING CHAIRMEN
Prof. M. Arun Mozhirajan
Dr. M. Suresh Babu

ORGANIZING CO-CHAIRMAN
Dr. R. Karu Shanmuga Karthikeyan (President MOS)

ORGANIZING SECRETARIES
Dr. M. Charles Sekar
Dr. T. Aravindh (Secretary MOS)
Dr. Vishnu Senthil (Joint Secretary MOS)

IORA Chennai - 25



INDIAN ORTHOPAEDIC RHEUMATOLOGY ASSOCIATION

IORA ARTHROPLASTY SUMMIT 2025

Organized by
CHENNAI ARTHROPLASTY CLUB
UNDER THE AGEIS OF TNOA, MOS & CAC


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PROF. V. THIRUNAVAYANAN
TNOA Secretary


DR. R. KARU SHANMUGA
KARTHIKEYAN
MOS President


DR. ARAVINDH
MOS Secretary


DR. R. H. GOVARDHAN
Organising Chairman


DR. R. G. PHAVEEN
Organising Secretaries


DR. VISHNU SENTHIL
Organising Secretaries

5th & 6th JULY 2025

HOTEL ACCORD METROPOLITAN
35, C.N. Chetty Street
T. Nagar, Chennai
+91 44 43911000

CME on Change Trends i Orthopaedics

SPOT Hospital, Kodambakkam, Chennai - 600 024.

CME on CHANGING TRENDS IN ORTHOPAEDICS

Sunday the 21st September 2025
Venue : Hotel Benz Park,
62, Thirumalai Pillai Road, T. Nagar, Chennai - 600 017.

PROGRAMME

08.30 am : Registration

Session 1 : 9.00 a.m. to 10.00 a.m. - Joint Preservation in Knee Arthritis
Chairpersons : Prof. S.S. SUKUMARAN & Prof. K. THANIGAIMANI

9.00 am to 9.15 am - Stem Cell Therapies : Dr. A. Navaladi Shankar
9.15 am to 9.30 am - Platelet Derived Therapies : Dr. Sathish Kumar Thangamani
9.30 am to 9.45 am - Repair of Articular Cartilage : Dr. A. Navaladi Shankar
9.45 am to 10.00 am - Joint Preservation Surgeries - High Tibial Osteotomy and Proximal Fibular Osteotomy : Dr. Prajwal Ganesh

10.00 am to 10.15 am - TEA

Session 2 : 10.15 am to 11.15 am : Joint Replacement in End Stage Arthritis
Chairpersons : Prof. K. MOHAN KUMAR & Prof. S. NATARAJAN

10.15 am to 10.30 am - CPAK Classification Made Easy And Literature Evidence
Dr. Mithun Manohar
10.30 am to 10.45 am - Pre-Operative Planning and Intra-Operative Consideration to Follow Kinematic Alignment Philosophy : Prof. G. Mohan
10.45 am to 11.00 am - Robotic Total Knee Replacement is Superior
Dr. S. Arumugam
11.00 am to 11.15 am - CAS is more than enough : Dr. R.H. Govardhan

Session 3 : 11.15 a.m. to 12.00 noon : 7th Late Dr. D. Subbarayan Oration
Chairpersons : Dr. S. RAMESH BABU, Dr. R. KRISHNAMOORTHY & Dr. MANIKANDAN VELDSWAMY

11.15 am to 12.00 pm - Unlearn to Relearn - Changing Trends in Orthopaedics
Dr. Vijay C Bose

Session 4 : 12.00 noon to 12.30 pm : INAUGURATION
12.30 pm to 1.30 pm : Lunch

Session 5 : 1.30 pm to 2.30 pm : MIROS
Chairpersons : Dr. AJITH YADAV & Dr. ANANDSRINIVAS A. SOWLEE

1.30 pm to 1.40 pm : WHAT IS MIROS? : Dr. Siddharth Ramesh Babu
1.40 pm to 1.50 pm : MIROS IN PROXIMAL HUMERUS # - Dr. Sathish Kumar Thangamani
1.50 pm to 2.00 pm : MIROS IN SUPRACONDYLAR # HUMERUS # - Dr. Ganes Ankam
2.00 pm to 2.10 pm : MIROS IN DISTAL RADIUS # - Dr. Sathish Thangamani
2.10 pm to 2.30 pm : MIROS AROUND ANKLE # INCLUDING # CALCANEUM - Dr. Ganes Ankam

Session 6 : 2.30 pm to 4.00 pm : MIROS WORKSHOP
CO-ORDINATORS : Dr. Sathish Thangamani, Dr. Ganes Ankam
MIROS IN PROXIMAL HUMERUS #s
MIROS IN DISTAL RADIUS #s

No Registration fees; REGISTRATION IS MUST
For Registration please contact Mrs. Noori Asma +91 91 76681 413

Google Form link : <https://forms.gle/gwoLhF6eBMRSAr87>

Chennai Instructional Knee Arthroplasty Course



CHENNAI INSTRUCTIONAL
KNEE ARTHROPLASTY COURSE

13th & 14th September, 2025 | Chennai

Your guide to a perfect primary TKR: 360° Knee Workshop

14th September, 2025

MMC Cadaver Course
45 Candidates

HURRY UP! LAST FEW SEATS!!

CLICK HERE TO REGISTER NOW

For whom:
Surgeons who have started doing TKRs

Course objective:
To help you to get to a perfect primary TKR

Organizing Team:
Dr. Suryanarayan | Dr. Vjay C Bose | Prof. T. Tholgapayan | Dr. Arumugam S
Dr. Thirunarayan | Dr. Bharath L | Dr. Arun Kannan

Madras Orthopaedic Society - Monthly Meetings

JULY 2025

PRESIDENT THEME
 "Precision in Practice, Passion in Progress"
MADRAS ORTHOPAEDIC SOCIETY
 Registered under Section 10 of Tamil Nadu Societies Registration Act
Dr. R. Karu Shanmuga Karthikeyan (PRESIDENT)
Dr. T. Aravindh (SECRETARY)

M.O.S. - JUNE MONTHLY MEETING
 Respected Members,
 Warm Greetings from Team MOS. We Cordially Invite You to The July 2025 MOS Meeting.
Date: 03/07/2025 (Thursday)
Venue: Marian Mahal, Chepet ECO Park
Conducted By: Dept. Of Orthopaedics, Govt. Kilpaik Medical College And Hospital
Lunch: 1 p.m. To 2 p.m. **Academic Session:** 2 p.m. To 5 p.m.

- Welcome Address
- CONSULTANTS TALKS
 1. Anterior Intra-pelvic Approach To The Acetabulum Underminor Columns
 Prof. Dr. S. Veera Kumar
 Govt Kilpaik Medical College and Hospital
 2. Shoulder Reverse Replacement in Difficult Scenarios - Planning and Technique
 Dr. Senthilvelan R
 Director - Shoulder Elbow Wrist Dept. MIOT International
- POSTGRADUATE PAPER PRESENTATION (9 papers)
 1. Functional & Radiological Outcome Of Forearm Both Bone Fracture with Traumatic Elastic Nail System In Adults
 Dr. Eshikan V. - Govt Kilpaik Medical College
 2. An Interesting Case of Kerber's Disease
 Dr. K. Prashanth Government Kilpaik Medical College
 3. Juxta Quadricepsopathy - How Much Rem Gained, How Much is Retained?
 L. Murali Krishna - Stavit Medical College and Hospital.



AUGUST 2025

PRESIDENT THEME
 "Precision in Practice, Passion in Progress"
MADRAS ORTHOPAEDIC SOCIETY
 Registered under Section 10 of Tamil Nadu Societies Registration Act
Dr. R. Karu Shanmuga Karthikeyan (PRESIDENT)
Dr. T. Aravindh (SECRETARY)

Madras Orthopaedic Society August Monthly Meeting
 Respected Members,
 Warm greetings from MOS President and Secretary cordially invite you for the August month MOS meeting for the year 2025 will be held on 06.08.2025, Wednesday at 10:00 PM.

Date	06.08.2025
Host	APOLLO HOSPITALS, CHENNAI
Venue	MADRAS CRICKET CLUB, CHEPALK
Academic Session	7 PM - 9 PM
Dinner	From 9 PM (DIAL DINNER)

NOTE:
 DRESS CODE Compulsory - Colored shirts with shoes
Academic Session:
 Consultants Papers - 3
 PG Papers - 8-12 mins
 PG Papers - 7-12 min
Kind Attention:
 Interested Postgraduates kindly send your abstract and full paper along with your Guide name and institute name to the Secretary. WhatsApp no: 8903623879 and also mail to: mochenai@gmail.com

Dr. R. Karu Shanmuga Karthikeyan (President, MOS)
Dr. T. Aravindh (Secretary, MOS)
 Official e-mail ID - mochenai@gmail.com



SEPTEMBER 2025



SREE BALAJI MEDICAL COLLEGE & HOSPITAL
 NO. 7, WORKS ROAD, CHROMPET, CHENNAI - 600044
DEPARTMENT OF ORTHOPAEDICS AND MEDICAL EDUCATION UNIT
 CORDIALLY INVITE YOU FOR THE
MADRAS ORTHOPAEDIC SOCIETY AND CHENGALPATTU ORTHOPAEDIC SOCIETY COMBINED INTER SOCIETY MEETING (MOS-SEPTEMBER 2025)
 MOS - 1 CONSULTANT PAPER - 5 PG PAPERS
 CHENGALPATTU - 1 CONSULTANT PAPER - 5 PG PAPERS

Post Graduate Teaching Programmes



MMC - TNOA PG TEACHING PROGRAM - 2025
"Enhance Your Orthopaedic Skills"



Organised by
 Institute of Orthopaedics and Traumatology,
 MMC & RGGGH
 In association with
 IOA, MOS & TNOA

COURSE HIGHLIGHTS

- Clinical case discussions
- Mini lectures
- Ortho spine examination
- Ortho radiology
- Knee and shoulder instability
- Rehabilitation and orthotics
- Foot and ankle case discussions
- Instruments, implants
- Interactive ward rounds

5 TNMC CME Credit hours

Dates : 22nd To 24th August, 2025
Venue: Tower 3, 8th Floor Auditorium, MMC & RGGGH

Prof. T. Tholapayan
Organising Chairman

Prof. B. Pasupathy
Organising Secretary

Prof. K.P. Manimaran
Co-Organising Secretary



Publications

J Am Acad Orthop Surg 2025;00:1-13

DOI: 10.5435/JAAOS-D-25-00050

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JAAOS® | Month 2025, Vol 00, No 00

Review Article

Hoffa Fractures: Current Understanding Surgical Treatment Strategies

Ashok S. Gavaskar, MS Orth,
FRCS 

Vaibhav Bagaria, MS Orth,
FCPS

Abhay Elhence, MS Orth, MCh
Vivek Trikha, MS Orth FRCS

ABSTRACT

Coronal fractures of the distal femur, although represent a distinct fracture pattern different fracture subtypes. Popularly known as the H

Chirurgia Narządów Ruchu i Ortopedia Polska – Polish Orthopaedics
ISSN 0009-479X, e-ISSN 2956-4719

www.polishorthopaedics.pl

Acral tendon sheath giant cell tumors. Case series with a brief review

Prabu Manoharan, Rajkumar Vijaykumar, Kannan Kanapathy Rajamanickam, Varaprasad Narayanaswamy,
Srinivasan Anbu, Perumal Selvam, Ram Sudhan

Department of Orthopaedics, Omandurar Government Medical College, Chennai, Tamil Nadu, India

ARTICLE OF THE DAY

Case Report

Journal of Orthopaedic Case Reports 2025 July;15(7):Page 107-110

A Rare Association of Osteosclerotic and Osteolytic Lesions in an Adult Male

Sanjana Pamidimukkala¹, Mary Lilly S¹, Suresh Natarajan¹, Sai Sudha M¹,
V Vijay Narasimman Reddy²

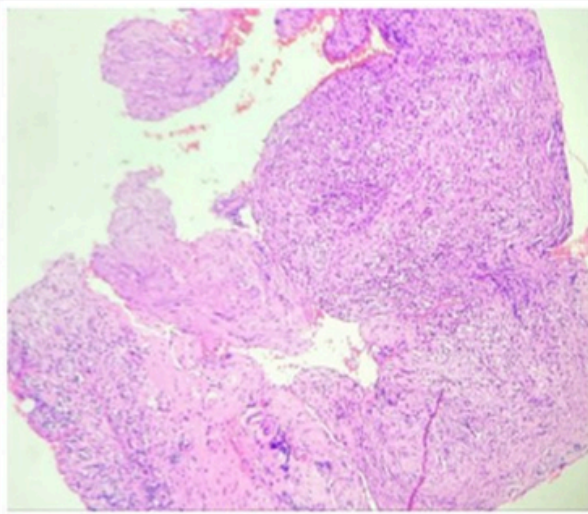


Figure 3: Photomicrograph showing dense fibrocollagenous tissue and chronic inflammatory infiltrate, x10 view.

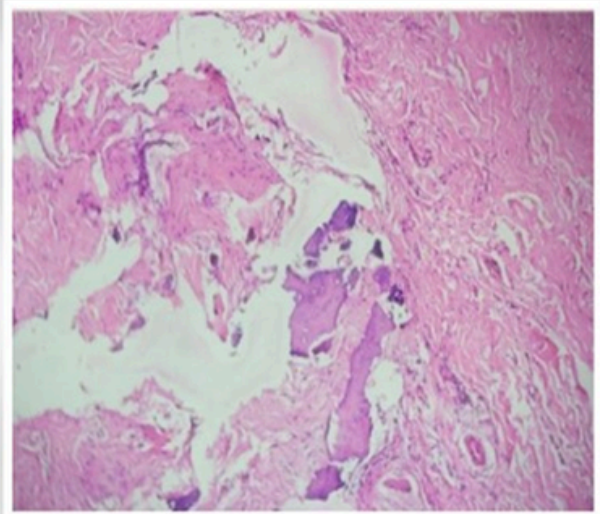


Figure 4: Photomicrograph showing necrotic bone, X10x view.

Author's Photo Gallery



Dr. Sanjana
Pamidimukkala



Dr. Mary Lilly S



Dr. Suresh Natarajan



Dr. Sai Sudha M



Dr. V Vijay Narasimman
Reddy

SUBMIT TO JOCR
INDEXED WITH PUBMED



ARTICLE OF THE DAY

Case Report

Journal of Orthopaedic Case Reports 2025 August; 15(8):Page 96-101

**A Modified Deformity Correction Method for Congenital
Brachymetatarsia of Bilateral Fourth Toe Using an External Fixator**

Prithivi Selvan K¹, Vijay Narasimman Reddy¹, Subramanya Gandhi¹, Ashin Khan¹

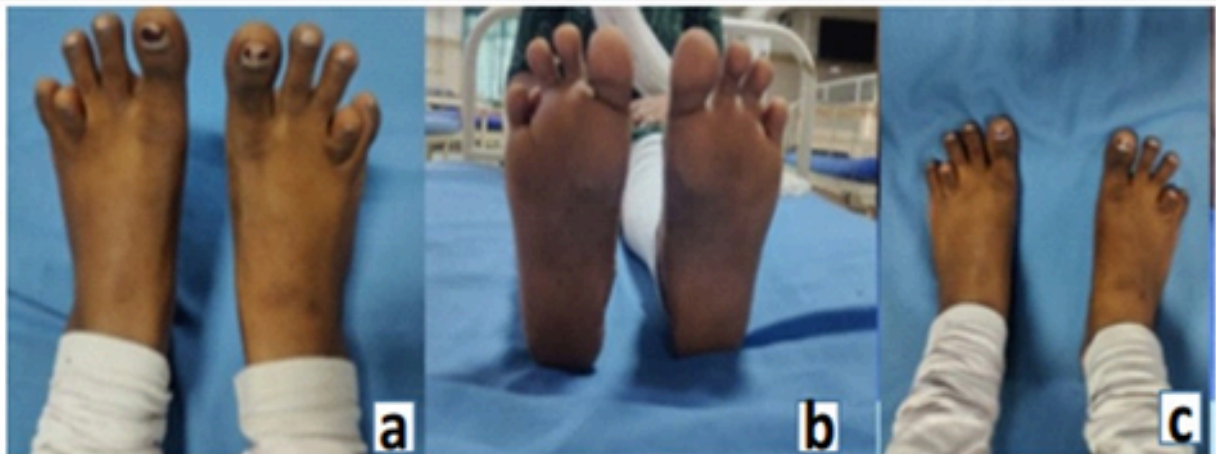


Figure 1: Clinical image taken before surgery. (a-c) Shortening of bilateral fourth metatarsal and fourth proximal phalanx with cock-up deformity.

Author's Photo Gallery



Dr. Prithivi Selvan K



Dr. Vijay Narasimman
Reddy



Dr. Subramanya Gandhi



Dr. Ashin Khan

**SUBMIT TO JOCR
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Dr Arunkumar Krishnasamy
Senior Consultant Cardiothoracic Surgery

Dr. Arunkumar Krishnasamy, Senior Consultant in Cardiothoracic Surgery, brings immense experience with over 5000 open-heart surgeries. He excels in coronary bypass(CABG), valve surgeries, adult and pediatric cardiac procedures, and thoracic procedures. Renowned for his minimally invasive techniques and skills in managing complex aortic and ICU scenarios, he is also active in TAVR/EVAR support. Awarded the FRCS (Edinburgh) and several national honors, Dr. Arunkumar Krishnasamy combines precision, innovation, and dedication in every case.



Dr R Vijay Kumar
Senior Consultant & Head (Urology)
Kauvery Hospital, Vadapalani

Dr R Vijay Kumar, has over 30 years of Clinical Expertise in treating Kidney Stones, Prostate enlargement, and Urinary Tract Disorders. He is a Pioneer and has popularized in Minimally Invasive Techniques such as Ureteroscopy, Percutaneous Nephrolithotomy, Retrograde Intrarenal Surgery, Lithotripsy and Holmium Laser Enucleation of the Prostate, ensuring faster recovery and reduced complications. His proficiency in Laparoscopic Urology and Laser-based procedures provides patients with advanced, precise, and effective treatment options tailored to individual needs.



Dr S Krishnamoorthy
Senior Consultant - General Medicine
Kauvery Hospital, Vadapalani

Dr S Krishnamoorthy, with 35 years of clinical expertise, excels in diagnosing complex, multi-systemic conditions and managing chronic diseases. He is a strong believer of clinical diagnosis with a holistic approach in difficult cases. Dr S Krishnamoorthy is a passionate educator and researcher, contributing to National and International publications, including the Solidarity trial. His friendly approach to patients is the backbone which make him a trusted figure in Internal medicine and public health.



Dr. Gautham Krishnamurthy
Clinical Lead - Department of GI & HPB Surgery

An accomplished surgical gastroenterologist with international training, Dr. Gautham Krishnamurthy is acclaimed for his expertise in advanced laparoscopic, hepatobiliary, and GI cancer surgeries. With a track record of precision-driven outcomes and minimally invasive innovations, he brings global standards of surgical excellence to complex gastrointestinal care, redefining patient recovery and quality of life.



Dr Shyam Sundar K
Senior Consultant - Neurosurgery

Dr. Shyam Sundar Krishnan is a distinguished Neurosurgeon specializing in minimally invasive brain and spine surgeries, including endoscopic spine procedures, brain tumor resections, cerebrovascular surgeries, and skull base interventions in both adults and children. He also has expertise in epilepsy and functional neurosurgery. Known for his precision and compassionate care, he ensures optimal outcomes through advanced techniques and comprehensive rehabilitation. Actively involved in academics, Dr. Shyam has numerous national and international publications, reflecting his commitment to surgical and scientific excellence.



Dr. V Singaravadevelu
Senior Consultant & Academic
Lead - Orthopaedic Surgery

The Eminence of Orthopaedics, Dr. Singaravadevelu is renowned for his expertise in complex trauma care, pelvi-acetabular fixation, and joint replacement procedures. His expertise in Total Knee and Hip Arthroplasty is complemented by a strong focus on deformity correction and geriatric orthopaedics. With decades of surgical excellence and academic leadership, he is deeply respected for his precision, empathy, and mentorship—shaping the next generation of surgeons through his commitment to evidence-based orthopaedic practice.



Dr. Manikandan Veluswami
Senior Consultant - Orthopaedic Surgeon

A distinguished orthopaedic surgeon with over 24 years of experience, Dr. Manikandan Veluswami is recognized for expertise in complex fracture management, hip and knee joint replacements, and geriatric trauma care. Trained and acclaimed nationally, he is known for combining advanced minimally invasive surgical techniques for early mobilisation, precision-driven treatment and a patient-centric approach, bringing world-class orthopaedic solutions to restore mobility and improve quality of life.



Dr. Bharani Kumar D
AFRCSE, FRCS (T) & Orth.D Orth Eng (UK)

Consultant Arthroplasty and Arthroscopic Surgeon
Apollo Hospitals, Chennai
chennaiorthopaedics.com

Orthopedic – Paediatrics

- Dr. Vijay Sriram – Chennai
- Dr. D. Shankar – Chennai
- Dr. Thomas Palocaren – Vellore
- Dr. Vrisha Madhuri -Vellore
- Dr. Ashok Kumar – Madurai
- Dr. Vighneshwaran – Chennai

Orthopedic – Spine

- Dr. Phanikiran – Chennai
- Dr. Vijayaraghavan – Chennai

Dr. Subbiah – Madurai

- Dr Rohit Amritanand – Vellore
- Dr. (Prof.) S. Rajasekaran – Coimbatore

Orthopedic – Joints

- Prof. Dr. S. Sundar – Chennai
- Dr Clement Joseph – Chennai
- Dr. S. Dilip Chand Raja- Chennai
- Dr V Singaravadevelu – Chennai
- Dr K. C. Mohan – Chennai
- Dr L. Bharath – Chennai
- Dr Manikandan Veluswami – Chennai

Dr Prithvi Mohandas – Chennai

- Dr. A. B. Govindaraj - Chennai
- Dr. Ajoy Prasad Shetty – Coimbatore
- Dr. M. Mithran – Madurai
- Dr. C. Sugavanam – Salem

Pathology – General

- Dr Mukul Vij – Chennai
- Dr S Krishnakumar – Chennai
- Dr Mallikarjuna V S – Chennai
- Dr S K Mouleswaran – Chennai
- Dr. Susy Kurian – Vellore

Paediatrics – General

- Dr Ebor Jacob James – Vellore
 - Dr. Janani Shankar – Chennai
 - Dr. Jayanti Viswanathan – Chennai
 - Dr Thangavelu – Chennai
 - Dr. Ashwath D. – Coimbatore
 - Dr. Kala Ranjini Sundaravalli – Vellore
 - Dr. Siva Bharathi – Coimbatore
- Paediatric – Neonatology**
- Dr. Chandra Kumar – Chennai
 - Dr. Binu Ninan – Chennai

Achievements

•Dr Vijay Bose



Madurai Orthopaedic Society(MOS)

President : Dr.B.Sivakumar
Secretary : Dr.N.Thanappan

OASISCON 2027 - MADURAI

PREPARATORY MEETING FOR OASISCON 2027 AND CORE COMMITTEE FORMATION
WAS HELD ON 21-08-2025 AT HOTEL POPPYS MADURAI



IOA PG TEACHING COURSE

CONDUCTED BY DEPT OF ORTHOPAEDICS, MADURAI MEDICAL COLLEGE ON 6 TH
AND 7TH SEPTEMBER

IOA President's Theme 25-26
S.D.C. GOLD 2025 Open Air
Ensuring Mobility, Dignity
Inclusivity

IOA PG Teaching Programme
under the auspices of
Indian Orthopaedic Association, Tamil Nadu Orthopaedic Association,
The Tamil Nadu Dr.M.G.R. Medical University, Madurai Ortho Club.

Case Presentation & Exam Preparation
6th & 7th SEPTEMBER 2025
Saturday & Sunday

Organized by
Department of Orthopaedics
Madurai Medical College

VENUE
MPPS HALL - 4TH FLOOR, ACADEMIC BLOCK
MADURAI MEDICAL COLLEGE

For
M.S Ortho | DNB, Ortho | D.Ortho | Post Graduates
Tamil Nadu Medical Council credit points awaited



Dear Post Graduates

Warm greetings from Temple city and Madurai Orthopaedic Society. We are glad to invite you to the IOA pg teaching program to be held at Madurai Medical College on September 6th and 7th 2025. This two days course aim to train the PGs to develop the skill of clinical examination and focus mainly on case presentation and exam oriented modules. Eminent speakers and teachers from National and State level are invited as faculty. Please utilise this opportunity for your exam preparation. Eagerly awaiting to meet you all

Organizing Chairman
Prof N.Thanappan

Organizing Secretary
Prof P.V.Thirumaliniarasu

Organizing Co-Chairman
Prof Dr.S. Ramasathan

Organizing Co-Chairman
Prof Dr.R.P. Saravama Kumar

Organizing Co-Chairman
Prof Dr.S. Fathi Arasa Kumar



MOS CLUB MEET – 6TH SEPT 2025

- GRACED BY OUR PRESIDENT PROF N MANIKANDAN
- PRESIDENT ELLECT DR SUNDARARAJAN
- IOA PG TEACHING CHAIRMAN PROF SANDEEP

IOA President's Theme
Old is Gold
360 Care for Elderly
Ensuring Mobility, Dignity, Longevity

TNOA President's Theme
Educate the society
Enlighten the Fraternity

MADURAI ORTHOPEDIC SOCIETY MONTHLY MEET

Date: September 6, 2025 Time : 8.00 pm
Venue: Hotel Ramrallana, Madurai

President
Dr. B. Sivakumar
Vice President
Dr. L. Shyam
Secretary
Dr. N. Thanappan
Joint Secretary
Dr. Kunal Dheep
Treasurer
Dr. Avinash
Ex. officio Present
Dr. J. C. Ganesan
Ex. Officio Secretary
Dr. R. Karthik Raja
TNOA EC Members
Dr. Saravanan
Dr. T. Vinoth

Welcome Address
Dr. B. Sivakumar
President MOS

Scientific Programme
Guest Lecture
Dr Sandeep
Orthopaedic Specialist, Madurai
IOA PG Teaching Program
Versatility of JESS in orthopaedic injuries
Coraco-Scapular Arch line - A simple novel tool to assess glenoid bone loss
Dr. Krishna Kumar, M.J
Consultant Orthopaedic Surgeon
and Joint Replacement Surgeon
Bharathi Institute, Madurai

Vote of Thanks
Dr. Thanappan N
Secretary, MOS

Banquet & Dinner

Sponsored by: **LARSUN LABS PRIVATE LIMITED**



MOS MONTHLY CLUB MEET 02-08-2025

IOA President's Theme
Old is Gold
360 Care for Elderly
Ensuring Mobility, Dignity, Longevity

TNOA President's Theme
Educate the society
Enlighten the Fraternity

MADURAI ORTHOPEDIC SOCIETY MONTHLY MEET

Date: August 2, 2025 Time: 8:00 PM
Venue: Marriott Hotel, Madurai

President
Dr. B. Sivakumar
Vice President
Dr. L. Shyam
Secretary
Dr. N. Thanappan
Joint Secretary
Dr. Kunal Dheep
Treasurer
Dr. Avinash
Ex. Officio Present
Dr. J. C. Ganesan
Ex. Officio Secretary
Dr. R. Karthik Raja
TNOA EC Members
Dr. Saravanan
Dr. T. Vinoth

Welcome Address
Dr. B. Sivakumar
President

Scientific Programme
Guest Lecture
Plenary talk - Orthopaedics not Taught in Journals and Books
by
Prof. Dr. D D Tanna

Vote of Thanks
Dr. Thanappan N
Secretary

Banquet & Dinner

Sponsored by: **PREETHI HOSPITAL, MADURAI**



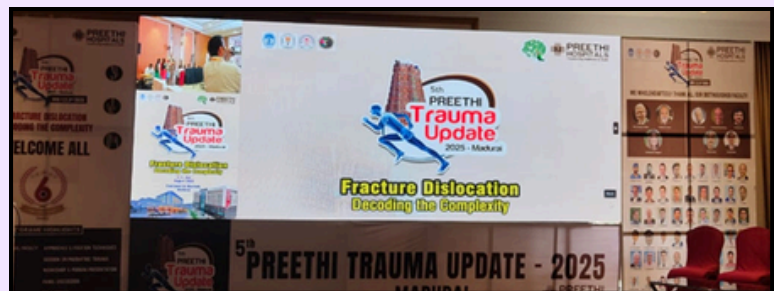
DR R SIVAKUMAR CHIEF CONSULTANT PREETHI HOSPITALS WAS INVITED AS THE FACULTY LEAD AT SMITH AND NEPHEW CADAVERIC LAB TRAINING IN SINGAPORE – 10 TH AND 11TH SEPT 2025



3RD PREETHI TRAUMA UPDATE ORGANISED BY DEPT OF ORTHOPAEDICS
PREETHI HOSPITAL MADURAI

VENUE : COURTYARD BY MARRIOTT

DATE: AUGUST 1,2,3 - 2025



MISTLIF CADAVER COURSE

- AT DEPT OF ANATOMY – VELAMMAL MEDICAL COLLEGE
- AROUND 25 ORTHO AND NEURO SURGEONS BENEFITTED

COURSE FACULTY

- DR RISHI M KANNA COIMBATORE
- DR SUDHIR CHENNAI
- DR VINOTH T MADURAI



82ND ISSH BASIC COURSE IN HAND SURGERY ORGANISED BY
DEVADOSS HOSPITAL MADURAI
DATE : 26,27 JULY 2025

**82nd ISSH Basic Course
in Hand Surgery**

Indian Society for Surgery of the Hand
26th and 27th July 2025, Madurai

We are cordially invite you to a
DINNER

Saturday 26th July 2025
7.30 pm Onwards
Venue: Fortune Pandiyan

Coimbatore Orthopaedic Society (COS)

President : Dr.Jayakumar

Secretary : Dr.Thennavan AS



COS Monthly meet- July

COIMBATORE ORTHOPAEDIC SOCIETY
UNDER AEGIS OF
TAMILNADU ORTHOPAEDIC ASSOCIATION
IOA PRESIDENT THEME : **STRONG BONE STRONGER NATION**
TNOA PRESIDENT THEME : **IMBIBE TECHNOLOGY INSPIRE YOUNGSTERS**

"FRONTIERS IN ORTHOPEDICS"
A Symposium by COS

Date : 12th Jul 2025 Time : 6.30 pm
Venue : **Taj Vivanta**, Race Course Road, Coimbatore.

Topics

FRONTIERS IN SPINE ENDOSCOPY
Dr. Palanikumar, Erode

FRONTIERS IN BIOLOGICS AND CARTILAGE
Dr. Santhosh Sahanand, Coimbatore

SALVAGING A CHARCOT FOOT
Dr. Ramakanth, Coimbatore

CUTTING EDGE IN SHOULDER SURGERY
Dr. Karthik Selvaraj, Coimbatore

We can update ourselves in these exciting fronts which are really cutting edge.
Keep July 12 free.
This is a "Do Not Miss" event.

Dr. Paari Selvaraj | Dr. M. Karthik Selvaraj | Dr. Thennavan | Dr. Baskaran
President | Secretary | Treasurer | EC Member

COS Monthly meet- Aug

COIMBATORE ORTHOPEDIC SOCIETY
UNDER AEGIS OF
TAMILNADU ORTHOPEDIC ASSOCIATION
IOA PRESIDENT THEME : **STRONG BONE STRONGER NATION**
TNOA PRESIDENT THEME : **IMBIBE TECHNOLOGY INSPIRE YOUNGSTERS**

COS MONTHLY MEETING
16 th AUG 2025 7 PM - 9 PM

Venue : **HOTEL GRAND REGENT**
Avinashi Road, Coimbatore

7:00 PM
CASE PRESENTATION

7.45 PM
GUEST LECTURE
TOPIC
OPEN TIBIAL FRACTURES
CASE BASED DISCUSSION

Dr. Sivakumar
Preethi Hospital,
Madurai.

Dr. Paari Selvaraj President
Dr. M. Karthik Selvaraj Secretary
Dr. Thennavan Treasurer
Dr. Baskaran EC Member

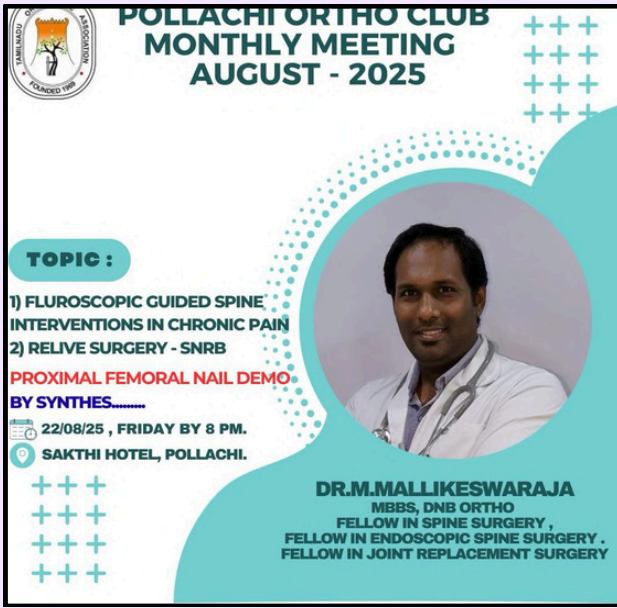
Pollachi Ortho Club

President- Dr K.Shanmugasundaram

Secretary - Dr S Prakash

Treasurer- Dr M Mallikeswaraja

Pollachi Ortho Club - Aug 25



**POLLACHI ORTHO CLUB
MONTHLY MEETING
AUGUST - 2025**

TOPIC :

- 1) FLUROSCOPIC GUIDED SPINE INTERVENTIONS IN CHRONIC PAIN
- 2) RELIVE SURGERY - SNRB

**PROXIMAL FEMORAL NAIL DEMO
BY SYNTHES.....**

📅 22/08/25 , FRIDAY BY 8 PM.
📍 SAKTHI HOTEL, POLLACHI.

DR.M.MALLIKESWARAJA
MBBS, DNB ORTHO
FELLOW IN SPINE SURGERY ,
FELLOW IN ENDOSCOPIC SPINE SURGERY .
FELLOW IN JOINT REPLACEMENT SURGERY



COS Conference Aug-25



**COIMBATORE
ARTHROPLASTY
COURSE
2025**

Register Soon... 72001 - 28333
ONLY WHATSAPP

Advanced topics in Hip & Knee Arthroplasty
Eminent national faculty
Case-based learning & interactive panels
Latest innovations and practical surgical tips

Organising Committee

Dr Paari selvaraj Organising Chairman
Dr Karthik Selvaraj Organising Secretary
Dr Thennavan Treasurer

31 AUGUST 2025 | 9 AM - 5 PM

BRAND NEW LUXURY VENUE
HOTEL MERLIS, COIMBATORE



**COIMBATORE
ARTHROPLASTY
COURSE
2025**

Advanced topics in Hip & Knee Arthroplasty
Eminent national faculty
Case-based learning & interactive panels
Latest innovations and practical surgical tips

Dr Paari selvaraj Organising Chairman
Dr Karthik Selvaraj M Organising Secretary
Dr Thennavan AS Treasurer

REGISTRATION COMPULSORY
72001 - 28333
ONLY WHATSAPP

**31 AUGUST 2025
9 AM - 5 PM**

BRAND NEW LUXURY VENUE
HOTEL MERLIS, COIMBATORE



Ganga Arthroplasty course

GANGA **10th Ganga Operative Arthroplasty Course 2025**
GOEF
 August 14th to 16th at Ganga Hospital, Coimbatore
 Experience the Expertise

 ... Programme
<https://goeftrust.org/goac2025/>

Organizing Team

 Prof S Rajasekaran Organizing Chairman	 Dr P Dhanasekara Raja Organizing Secretary	 Dr Rajamar Natesan Organizing Secretary
 Dr Raja Bhaskara Kanakeswar Organizing Committee	 Dr D Soumar Rajan Organizing Committee	 Dr Ritika Singh Organizing Committee

Day - 1 : Thursday - 14.08.2025

Time	Topic	Speakers
08:30-09:00 AM	Opening ceremony	
09:00- 09:45 AM Plenary Lectures (12+3 mins) Chair Persons : Dr S Rajasekaran, Dr Sharan Patil		
09:00-09:15 AM	New Technologies & Concepts - Optimising our practices & approaches in Patient Care	Dr Suryanarayanan
09:15-09:30 AM	Recent advances in TKR- are we truly advancing the science?	Dr Ashok Rajagopal
09:30-09:45 AM	Rationale for partial knee replacement in 2025	Dr Ugo Ihekweazu

Day - 1 : Thursday - 14.08.2025

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09:30-09:45 AM	Rationale for partial knee replacement in 2025	Dr Ugo Ihekweazu

09:45 AM - 4:45 PM Live Surgeries

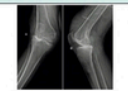
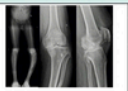




		
		





		
		

Chairpersons: Dr Suryanarayanan, Dr Richard Carey Smith

09:45-10:00 AM	Managing type 3 acetabular bone loss- Reconstruction principles	Dr Rajesh Malhotra
10:00-10:15 AM	Spino-pelvic alignment in THA	Dr S Rajasekaran
10:15-10:30 AM	Role of Onco-Arthroplasty in delivering Solutions	Dr Lee Marcus Jey

10:30 AM - 5:00 PM Live Surgeries

05:00-06:00 PM Symposium- Complex primary hip replacement		
Panelists:	Dr Richard Carey Dr Sunil Reddy	Moderator Dr N Rajkumar







Day 3 : Saturday - 16.08.2025

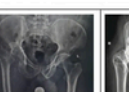



Time	Topic	Speakers
08:00-08:45 AM	Previous day surgeries review	

Day 3 : Saturday - 16.08.2025

Time	Topic	Speakers
08:00-08:45 AM	Previous day surgeries review	
08:45 - 09:00 AM Plenary Lectures (12+3 mins) Chairpersons: Dr Sunil Reddy, Dr P.Dhanasekara Raja		
08:45-09:00 AM	Extensor mechanism reconstruction- Current concepts	Dr. Richard Carey Smith
09:00-10:00 AM	Symposium - Prosthetic Joint Infection	Moderators Prof. S Rajasekaran Dr. D Soumar rajan
Panelists:	Dr Sunil Reddy Dr Kalavanan	Dr Richard Carey Dr Debabrata Padhy

10:00 AM - 3:00 PM Live Surgeries

			
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Course end....

Dr Dhanasekar Raja talk

Topic :

Ceramic on XLPE-
Why is it the new gold standard



Dr.Ramakanth
Ganga Hospital.



Dr S.R.Sundararajan - GangaHospital

- Tips and tricks of augmentation of rotator cuff tears - GOC shoulder course Aug. 2. 3. 2025
- Live surgery. Lower Trapezuis transfer for irreparable cuff tears- GOC 2025
- Live surgery - massive cuff tear -shoulder master course. Coimbatore Aug 8 th
- Current updates on superior capsular reconstruction-shoulder master course. Coimbatore aug 8. 2025
- Manage you irreparable cuff tears-APSSH hand international conference 2025Mumbai. September 9 to 13 th 2025



Publications

Dr Rishi Kanna - Ganga Hospital

Osteoporosis - A silent killer, Article Published in Hindu

Osteoporosis can result in chronic pain, disability and mortality, and it creeps up silently: here's how to prevent it

THE HINDU

Our first population in 2025. This means that osteoporosis is a prevalent or diagnosed early, a significant chunk of our population is likely to suffer from these fractures in the next future.

Risk factors and prevention: Osteoporosis is a consequence of old age. Post-menopausal women, due to decreasing oestrogen levels, are more susceptible than men. Obesity, sedentary lifestyle, smoking, alcoholism, regular steroid usage and poor dietary habits are important modifiable risk factors. With regular physical activity, as simple as regular walking, aerobic training, low weight training and resistance, the bone mass can be kept optimal. Similar to retirement financial investments, it is essential that such activities be started in young adulthood rather than being delayed to later in life.

Apert from this, sufficient calcium intake (dairy products, green leafy vegetables) is critical for all people of all ages. It is more prudent to ensure that the amount is 1,000 mg. Vitamin D should be obtained in high altitudes. Most of us are deficient. Calcium should be provided near dark, water-soluble, and it is well absorbed when the stomach is empty. Bone and cartilage should not be too high and nighttime should be loose and above the ankles.

Osteoporosis fractures commonly occur in the spine, wrist, shoulder and hip. While many of these fractures heal well, most are painful, the occurrence of one fracture prohibits the future possibility of further fractures. These fractures affect the independence of the individual in chronic pain, disability and mortality. Longevity is also significantly reduced with the occurrence of osteoporosis fractures. The mortality rate within the first year following an osteoporosis fracture is estimated to be 20%, and the mortality increases to 3 to 4 times over five years following these fractures. Some of these fractures require surgical intervention, which is a major undertaking in elderly patients.

Prevention: It is recommended that women after menopause and men above 70 years of age undergo bone density assessment. This assessment is performed through CT-BMD scans, DEXA scans and foot attenuations, which are available in many government and private hospitals. These tests have thereby become a key part of health-care medications (anti-osteoporosis) therapy along with calcium and Vitamin D to maintain their bone strength. Regular 15 to 20-minute strength and steady walking of anti-osteoporosis treatment have been shown to reduce the incidence of fractures and to be cost-effective therapy.

Conclusion: Osteoporosis has been highlighted in the World Health Organization factors as a 'global health problem' and the silent epidemic of the 21st century. As the world's population grows, India is not an exception. It is essential that the elderly and joint care every year, and differential operations across the common public. Simply put, if there are three elderly people around you, one is likely to be osteoporosis and require care to help prevent it from becoming into a major problem.

(On behalf of the Tamil Nadu Orthopaedic Association)

Dr. Rishi Kanna is a consultant orthopaedic surgeon at Ganga Hospital, Coimbatore. rishi@rishiortho.com

Publications

Prof Major Kamalanathan

A case report of Pigmented Villonodular Synovitis



Book Release

Prof Vetrivel Chezhan text book for Basic sciences in Orthopaedics book is released in OASISCON, Pondicherry.



Awards

Prof S.Rajasekaran being honoured by Governor of Tamilnadu



Best Doctor Award

Dr.Maheshwaran prof & HOD ortho ESI
Medical College and President IMA
Coimbatore Received Best Doctor Award
from the Cbe Dt Collector .



Medical Excellence Award

Prof S Rajasekaran awarded Tamilnadu
Medical council Award 2025 for Medical
Excellence-24/07/25



Honours

Dr J Alphonse Mariadoss , Royal College of
Glasgow-International advisor



Honours

Prof S Vetrivel Chezhan -Royal
College of Glasgow, International
advisor



Obituary-23/07/25

Prof . V. Daivangaperumal,MS Ortho (1962
batch) Chief of Orthopedic Surgery at
Government Hospital, Coimbatore has passed
away today at his son's residence in Louisville.



Obituary-21/08/25

- Prof M V Daniel, Prof and HOD of Orthopaedics at CMC Hospital Vellore.
- Academic head at Ganga hospital
- Founder President of Coimbatore Orthopaedic association

Family name

- Alintethekethil Mavelikara S/o oDr A D Varghese
- Wife Mary Daniel of Puliveliparambil Kottayam
- Son's Ashok, Coimbatore,
- Dr Suresh USA
- Daughter's in law
- Anna Daniel
- Sunitha Mammen
- Grandchildren
- Riya, Roshni, Rachel, Noah, Jonathan



NORTH ZONE

VELLORE ORTHO CLUB ACTIVITY

President : Dr. Mohan Gandhi

Secretary : Dr.K. Venkatesh

MONTHLY CLUB MEETING PLANNED ON – 27.09.2025

Agenda

- 7.00 pm** Welcome address by VOS secretary
TNOA anthem
- 7.10 pm** Facet joint infection - a rare presentation and review
of literature
Dr Dhanesh Prasad
- 7.25 pm** Felicitation of VOS president.
Presidential address by Prof. Mohan Gandhi.
- 7.40 pm** Management of Periprosthetic infections
Prof. Thomas Mathai
- 7.55 pm** Management of post operative infections in
uninstrumented spine surgeries
Dr Arun
- 8.10 pm** Interesting case presentations
1. Dr. Gunaselan, GVMC
 2. Dr Harish, MMM Hospital
 3. Dr. Anand SMH Ranipet
- 8.30 pm** Any other matters
Vote of thanks

THIRUVANNAMALAI ORTHO CLUB

President : Dr. Senthilnathan

Secretary : Dr.Senthilkumar

KANCHI ORTHO CLUB

President : Dr. Vishnuvardhan

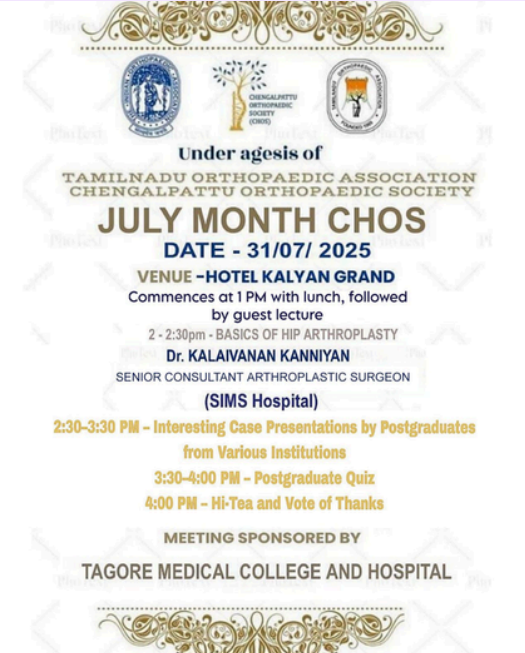
Secretary : Dr.Thiyageshwaran

CHENGALPATTU DISTRICT ORHTO SOCIETY (CHOS)

President : Dr.S.MUTHUKUMAR

Secretary : Dr. DILIP KUMAR

JULY MONTH MEET	1
Date	31.07.2025
Venue	HOTEL KALYAN GRAND, VANDALUR
Delegates Participated	50



Under aegis of
TAMILNADU ORTHOPAEDIC ASSOCIATION
CHENGALPATTU ORTHOPAEDIC SOCIETY

JULY MONTH CHOS

DATE - 31/07/ 2025

VENUE -HOTEL KALYAN GRAND
Commences at 1 PM with lunch, followed
by guest lecture
2 - 2:30pm - BASICS OF HIP ARTHROPLASTY
Dr. KALAIVANAN KANNIYAN
SENIOR CONSULTANT ARTHROPLASTIC SURGEON
(SIMS Hospital)

2:30-3:30 PM - Interesting Case Presentations by Postgraduates
from Various Institutions
3:30-4:00 PM - Postgraduate Quiz
4:00 PM - Hi-Tea and Vote of Thanks

MEETING SPONSORED BY
TAGORE MEDICAL COLLEGE AND HOSPITAL



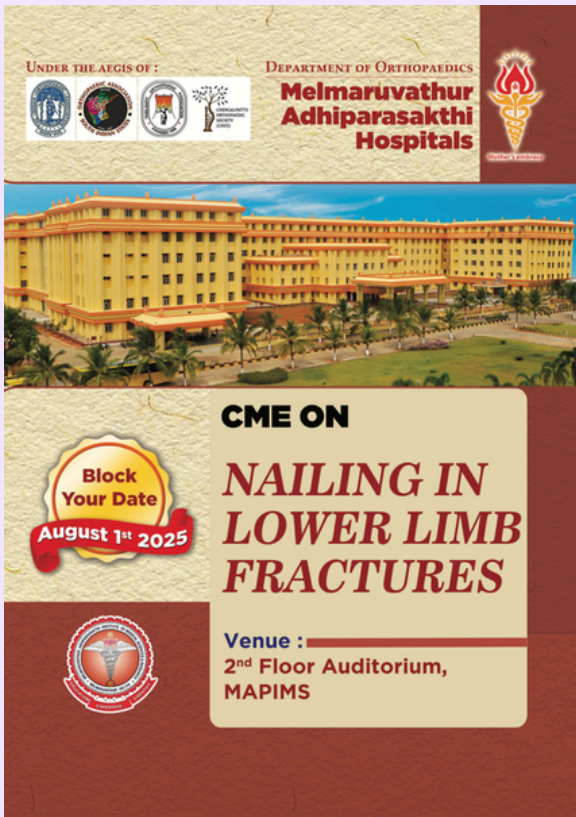
JULY MONTH CME	1
Date	11.07.2025 TO 12.07.2025
Venue	SRM MEDICAL COLLEGE AND RESEARCH CENTRE
Delegates Participated	120

SRM MEDICAL COLLEGE HOSPITAL AND RESEARCH CENTRE
 SRM Nagar, Potheri, Kattankulathur – 603203
DEPARTMENT OF ORTHOPAEDICS
 Cordially invite you to the
TNOA PG TEACHING COURSE
SPARC 2025
SRM Ortho Post Graduate Academic Revision Course
 DATE-11th July 2025 to 12th July 2025 | Time: 8.30AM to 4.00PM | Venue : SEMINAR HALL, SRM HOSPITAL (Grand Floor)



AUGUST MONTH CME- CHOS	SPONSOR – PARVATHY HOSPITAL
Date	21.08.2025
Venue	Radisson Blu
Delegates Participated	70





AUGUST MONTH CME	1
Date	01.08.2025
Venue	Melmaruvathur
PATIENTS ATTENDED	50



AUGUST MONTH MEET	1
Date	21.08.2025
Venue	Hotel Raddison Blu GRT, GST road
Delegates Participated	50

IOA PRESIDENT THEME
OLD IS GOLD, NEW CARE FOR ELDERLY
ENSURING MOBILITY, DIGNITY, LONGEVITY

TNOA PRESIDENT THEME
EDUCATE THE SOCIETY
ENLIGHTEN THE FRATERNITY

**TAMILNADU ORTHOPAEDIC ASSOCIATION
CHENGALPATTU ORTHOPAEDIC SOCIETY**

AUGUST MONTH CHOS

DATE - 21/08/2025

**VENUE - HOTEL RADDISON BLU GRT
GST ROAD (NEAR AIRPORT)**

Commences at 1 PM with lunch, followed
by guest lecture **2:00PM - 2:30PM**
OSTEOTOMIES AROUND THE HIP
BY
Prof. R.H. GOVARDHAN
EMERITUS PROFESSOR OF ORTHOPAEDICS TN Dr. MGR, MU
FOUNDER DIRECTOR VASANTHI ORTHOPAEDIC HOSPITAL
FORMER DIRECTOR, IOT, MMC, RGGGH
PAST SECRETARY IOA, PAST PRESIDENT TNOA, PAST SECRETARY TNOA

Followed by
**2:30-3:30 PM - Interesting Case Presentations by
Postgraduates From Various Institutions**
3:30-4:00 PM - Postgraduate Quiz
4:00 PM - Hi-Tea

Dr DILEEP KUMAR
SECRETARY CHOS

Dr S. MUTHUKUMAR
PRESIDENT CHOS

MEETING SPONSORED BY
Parvathy
Hospitals



SEPTEMBER MONTH CME- MOS & CHOS	SPONSOR-Balaji Hospital,
Date	09.09.2025
Venue	Balaji Hospital, Chrompet
Delegates Participated	150

IOA PRESIDENT THEME
Old is Gold, 360° Care for Elderly
Ensuring Mobility, Dignity, Longevity

TNOA PRESIDENT THEME
Educate the Society,
Enlighten the Fraternity

MOS PRESIDENT THEME
Precision in Practice,
Passion in Progress

For the first time ever
COMBINED
MADRAS ORTHOPAEDIC SOCIETY &
CHENGALPATTU ORTHOPAEDIC SOCIETY
MONTHLY MEETING

TUE SEP 09TH 2025

LUNCH : 1.00 PM TO 2.00 PM
ACADEMIC SESSION : 2.00 PM TO 5.00 PM
RAMAN HALL
Sree Balaji Medical College and Hospital
Chrompet, Chennai

MOS - 1 Consultant Paper + 5 PG Papers
CHOS - 1 Consultant Paper + 5 PG Papers

MOS PRESIDENT
Dr. R. Karu Shanmuga Karthikeyan

CHOS PRESIDENT
Dr. S. Muthukumar

MOS SECRETARY
Dr. T Aravinth

CHOS SECRETARY
Dr. E. Dilip Kumar

CSR ACTIVITY CHOS HEALTHY WOMEN EMPOWERED FAMILIES	PM-SWASTH NARI SASHAKT PARIVAR ABHIYAAN
Date	23rd,24TH &26th September 2025
Beneficiaries	280



WEST ZONE - I

CLUBS under the WEST ZONE - I

- Midwest Ortho Society
- Krishnagiri Ortho Society
- Dharmapuri Orthopaedic Society
- Namakkal Ortho Society

Midwest Ortho Society.

President: Dr. C Raj Kumar

Secretary: Dr. S Sivaraaj

Treasurer: Dr. Franklyn Kiruba

CME/ Hands on workshop/ Instructional course lecture under TNOA Aegis

Mid West Ortho Society Monthly meeting 26.07.2025



The poster features a yellow and blue geometric design on the left side with the text "MIDWEST ORTHO SOCIETY". At the top right, there are four circular logos. Below the logos, the names and titles of the society's officers are listed: President (Dr. C. Rajkumar), Secretary (Dr. S. Sivaraaj), Treasurer (Dr. Franklyn Kiruba), Vice President (Dr. A.K. Tharun), Joint Secretary (Dr. A. Aravind Kumar), and TNOA EC Member (Dr. B. Bhupeshkarthik). The IOA President Theme is "Old is Gold 360° care for Elderly Research Innovation Prevention Treatment" and the TNOA President Theme is "Educate the Society Enlighten the Fraternity". The meeting details are: Date: 26th July 2025 - Saturday, Time: 8.00pm to 9.30pm, Venue: Chenny's Gateway, Salem. A message from the society invites orthopedists to the July month meeting under the aegis of the Tamilnadu Orthopaedic Association. A guest speaker, Dr. R. Karu Shanmuga Karthikeyan, is mentioned with his title and affiliation. The topic of the meeting is "Saving the Head in AVN Hip - 'Bahubali Triple Arrow Technique'". A list of interesting case presentations follows, including percutaneous sclerotherapy, management of medial meniscus root tears, and the role of Vitamin D3 in fracture healing. The meeting is sponsored by Sanofi Consumer Healthcare Ltd.

MIDWEST ORTHO SOCIETY

President: **Dr. C. Rajkumar**
Secretary: **Dr. S. Sivaraaj**
Treasurer: **Dr. Franklyn Kiruba**
Vice President: **Dr. A.K. Tharun**
Joint Secretary: **Dr. A. Aravind Kumar**
TNOA EC Member: **Dr. B. Bhupeshkarthik**

IOA President Theme :
"Old is Gold 360° care for Elderly Research Innovation Prevention Treatment"

TNOA President Theme :
"Educate the Society Enlighten the Fraternity"

Date: 26th July 2025 - Saturday Time: 8.00pm to 9.30pm
Venue: Chenny's Gateway, Salem.

Dear Orthopods,
We cordially invite you all for July month Midwest Ortho Meeting (Under the aegis of Tamilnadu Orthopaedic Association)

Guest Speaker:- **Dr. R. Karu Shanmuga Karthikeyan,**
Senior Assistant Professor, Dept. of Orthopaedics,
Govt. Kilpauk Medical College and Hospital,
Chennai President - Madras Orthopaedic Society

Ortho Anthem

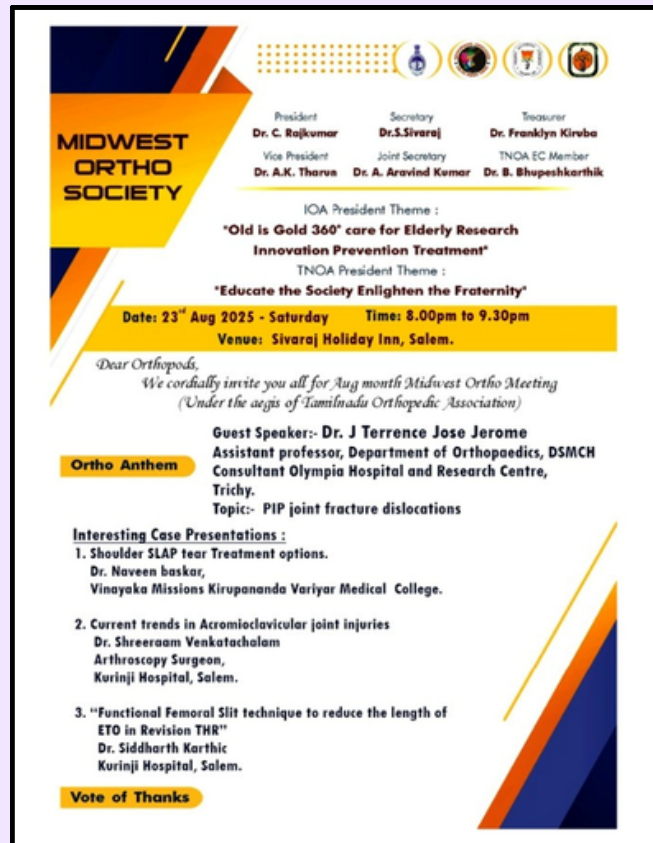
Topic:- **Saving the Head in AVN Hip - "Bahubali Triple Arrow Technique"**

Interesting Case Presentations :

1. **Percutaneous Sclerotherapy to ABC of distal end fibula**
Mentor - **Dr. T. Natanasabapathy, MBBS, MS Ortho, FDFM, IOC DSM,**
Presenter - **Dr. Aakash. E, MBBS, MS Ortho, FUR, FDFM**
2. **Management Spectrum of Medial Meniscus Root Tears**
Dr. Manivannan, MS, MRCS,
Fellowship in Arthroscopy and Shoulder Surgery (ISAKOS)
Consultant Orthopaedic and Arthroscopy Surgeon,
Kauvery Hospital, Salem.
3. **Vitamin D3 and its Role in Fracture Healing**
Dr. C. Rajkumar, Consultant Orthopedic Surgeon,
RR Ortho Center, Salem.
4. **Discussion Regarding - Bone and Joint week celebration**
Sponsored by Sanofi Consumer Healthcare Ltd.

Vote of Thanks

Mid West Ortho Society Monthly meeting 23.08.2025



MIDWEST ORTHO SOCIETY

President: Dr. C. Rajkumar
Secretary: Dr. S. Sivaraj
Treasurer: Dr. Franklyn Kiruba
Vice President: Dr. A.K. Tharun
Joint Secretary: Dr. A. Aravind Kumar
TNOA EC Member: Dr. B. Bhupeshkarthik

IOA President Theme :
"Old is Gold 360" care for Elderly Research Innovation Prevention Treatment"
TNOA President Theme :
"Educate the Society Enlighten the Fraternity"

Date: 23rd Aug 2025 - Saturday Time: 8.00pm to 9.30pm
Venue: Sivaraj Holiday Inn, Salem.

Dear Orthopods,
We cordially invite you all for Aug month Midwest Ortho Meeting
(Under the aegis of Tamilnadu Orthopedic Association)

Ortho Anthem
Guest Speaker:- **Dr. J Terrence Jose Jerome**
Assistant professor, Department of Orthopaedics, DSMCH
Consultant Olympia Hospital and Research Centre,
Trichy.
Topic:- PIP joint fracture dislocations

Interesting Case Presentations :

- Shoulder SLAP tear Treatment options.
Dr. Naveen baskar,
Vinayaka Missions Kirupananda Variyar Medical College.
- Current trends in Acromioclavicular joint injuries
Dr. Shreeraam Venkatachalam
Arthroscopy Surgeon,
Kurinji Hospital, Salem.
- "Functional Femoral Slit technique to reduce the length of
ETO in Revision THR"
Dr. Siddharth Karthic
Kurinji Hospital, Salem.

Vote of Thanks

Mid West Ortho Society Monthly meeting 20.09.2025



MIDWEST ORTHO SOCIETY

President: Dr. C. Rajkumar
Secretary: Dr. S. Sivaraj
Treasurer: Dr. Franklyn Kiruba
Vice President: Dr. A.K. Tharun
Joint Secretary: Dr. A. Aravind Kumar
TNOA EC Member: Dr. B. Bhupeshkarthik

IOA President Theme :
"Old is Gold 360" care for Elderly Research Innovation Prevention Treatment"
TNOA President Theme :
"Educate the Society Enlighten the Fraternity"

Date: 20th Sep 2025 - Saturday Time: 8.00pm to 9.30pm
Venue: IMA Hall, 5-Roads, Salem.

Dear Orthopods,
We cordially invite you all for Sep month Midwest Ortho Meeting
(Under the aegis of Tamilnadu Orthopedic Association)

Interesting Case Presentations :
Interesting case presentations

- Subtrochanteric femur fracture with pre-existing ipsilateral Psoriatic hip arthritis treated with long stem total hip arthroplasty.
Dr Praveen 2nd yr PG VMKVMC,
- Malunited proximal tibia with severe osteoarthritis treated with tkr and plate augmentation and bone grafting.
Dr. Vinith 1st yr PG VMKVMC.
- Ankle arthroscopy-
Dr Adhith Sugavanam. London Ortho Hospital, Salem.
- Prevalence of NSA - neck shaft angle - in Salem. Study of 5,000 adults hip X-rays
Dr. Rahul Raj, London Ortho Hospital, Salem.
- Our initial experience with VELYS robotic assisted TKR
Dr. Siddharth Karthic, Kurinji hospital, Salem.
- Revision ACL reconstruction : decision making and management
Dr Satish kumar, SKS Hospital, Salem.

Vote of Thanks

Midwest Ortho CME, THR in young primary Hip was conducted on 30.08.2025

IOA President Theme: "Strong Bone Stronger Nation" TNCA President Theme: "Imbibe Technology - Inspire Youngsters"

MIDWEST ORTHO SOCIETY CME

THR in young primary hip

VENUE: HOTEL RADISSON, SALEM

Aug 30 2025
7.30 to 9.30 pm

GUEST International Speaker

Dr. Martin Zimmermann Ph.D.

TOPIC

- ▶ Role of Ceramics in THA - Is it True that Material Matters
- ▶ Fretting Corrosion & Handling of BILOX Hip Components

Programme

Welcome Address	Dr. C. Rajkumar, President, MWOS
Bearing options & Current Concepts	Dr. Harish Sivanantham
Guest Lecture - Dr. Martin Zimmermann Ph.D.,	
Panel Discussion on Young THR's	Prof. Martin Zimmermann
Interesting Case Discussion	Dr. C. Sugavanam
Moderator Dr. J. Manimaran	Dr. K. Mohanasundaram
	Dr. P. Ravikumar
Vote of Thanks	Dr. Sivaraj, Secretary, MWOS
Dinner (9.30pm Onwards)	

SPONSORS

CeramTec THE CERAMIC EXPERTS DePuy Synthes THE ORTHOPAEDIC COMPANY OF Johnson & Johnson

- Indian Arthroscopy Society IAS One, Basic Knee Arthroscopy Course was conducted on 24.08.2025
- Salem Trauma Symposium was conducted on 3.09.2025

Member Achievements

Dr. Shreeram Venkatachalam:

Selected for Indian American Shoulder and Elbow Surgeons Travelling fellowship from 19.09.2025 to 18.10.2025.

Krishnagiri Ortho Society


President : Dr. V. Sreenivasa Gowda

Secretary : Dr. S. Senthil

Treasurer : Dr. Prasad Soraganvi

CME/ Hands on workshop/ Instructional course lecture under TNOA Aegis

Krishnagiri Ortho Society Monthly meeting 10.07.2025



IOA President Theme :
**"Old is Gold 360° Care for Elderly Research
Innovation Prevention Treatment"**

TNOA President Theme :
"Educate the Society Enlighten the Fraternity"

We cordially invite you
KRISHNAGIRI ORTHO SOCIETY

**Monthly Meet
CME
July 2025**

VISTHARA HOTEL | July 10th | 7.00 p.m.
Shoolagiri. | 2025

Dr. V.Sreenivasa Gowda | **Dr. S.Senthil**
President KOS | Secretary KOS

Dr. Prasad Soraganvi
Treasurer

Dr. G.Ashok Kumar | **Dr. B.Bhupesh Karthik**
Past President | TNOA EC Member West Zone - 1


TOPICS

Pediatric Orthopaedics
Tiny Bones not so Tiny Problem

Dr. ABILASH SRIVATSAV,
D.Ortho., DNB Ortho (Gold Medalist),
Fellowship in Pediatric Orthopaedics (RGUHS)

Dr. CYRIL JONNES, MS (Ortho),
Periprosthetic Hip Fractures,
PSV Hospital.

Dr. SRIDHAR GOPAL,
MS (Ortho),
Arthroplasty / Arthroscopy Cases
Om Sakthi Hospital , Krishnagiri.



**OM SAKTHI
MULTISPECIALITY HOSPITAL**
Dr. SRIDHAR GOPAL
KRISHNAGIRI.

NEON
STELLAR DIVISION

Krishnagiri Ortho Society Monthly meeting 22.08.2025

Krishnagiri Ortho Society Monthly meeting 19.09.2025



IOA President Theme :
"Old is Gold 360" Care for Elderly Research
Innovation Prevention Treatment

TNOA President Theme :
"Educate the Society Enlighten the Fraternity"

We cordially invite you
KRISHNAGIRI ORTHO SOCIETY

Monthly Meet
CME
SEPTEMBER 2025

IMA Hall Hosur | 19th Sept. 2025 | 7.00 p.m.

Dr. V. Sreenivasa Gowda
President KOS

Dr. S.Senthil
Secretary KOS

Dr. Prasad Soraganvi
Treasurer

Dr. G. Ashok Kumar
Past President

Dr. B. Bhupesh Karthik
TNOA EC Member West Zone - 1



"Gait correction and gait improvement surgeries and their implications in children with cerebral palsy"

Dr. Manjush Halbhavi,
Consultant - Paediatric Orthopedic Surgeon
MBBS, MS Ortho, FIPO
Fellowship in Paediatric orthopaedics & Deformity Correction at B J Wadia Hospital for children, Mumbai

"Challenging Knee Deformities in Pediatrics: Lessons from a Case of Renal Rickets"

Dr. Vinod C,
MS Ortho., DNB Ortho., Dip SICOT
Fellowship in Paediatric orthopaedics CMC Vellore.

"CTEV Correction by ILIZAROV"

Dr. Pradeep D
Postgraduate
SPMCH & RI

St. PETER'S
MEDICAL COLLEGE HOSPITAL
AND RESEARCH INSTITUTE
COMPASSION | CARE | CURE

Dharmapuri Orthopaedic Society

President : Dr. K. Ramesh

Secretary : Dr. Prassana Venkatesan

Treasurer :Dr. A. Anand Kumar

Dharmapuri Ortho Society Monthly meeting 23.07.2025



DHARMAPURI ORTHOPAEDIC SOCIETY

Cordially invites you for presentation on scapula fracture and quadriceps rupture
IOA President Theme: "Old is Gold 360" Care for Elderly Research
Innovation/Prevention/Treatment" TNOA President Theme

"Educate the Society Enlighten the Fraternity"

TOPICS THAT WILL BE DISCUSSED

XRAY VIEWS OF KNEE JOINT - DR.MOHAN SAKTHI PG

XRAY VIEWS OF SHOULDER JOINT - DR.MANKAM PG

SPEAKERS :

Dr. PRASANNA VENKATESAN
M.S. ORTHO
QUADRICEPS RUPTURE

Dr. SIVAKUMAR M. S. (Ortho)
SCAPULA FRACTURE

23 JULY 2025

IMA HALL
DHARMAPURI
AT 8.30PM -10.00PM

DR. S.SENTHIL NATHAN
PVP PAST PRESIDENT

PRESIDENT
DR. K. RAMESH

SECRETARY
DR. N. PRASANNA VENKATESHAN

TREASURER
DR. A. ANAND KUMAR

TNOA EC MEMBER
DR. BHUPESH KARTHIK

FOLLOWED BY DINNER

Dharmapuri Ortho Society
Monthly meeting 26.08.2025

Dharmapuri Ortho Society
Monthly meeting 24.09.2025

Namakkal Ortho Society

President : Dr. K.M.Ravichandran
Secretary : Dr. M. SivaKumar
Treasurer : Dr. P.M. Suresh Kumar

Namakkal Ortho Society Monthly meeting 12.04.2025

West Zone II

EC Member: DR.S.KUMARAVEL

Members approximately : 201

New Members Inducted : 3

Erode District Ortho Society (EDOS)

President : Dr.RAVI CHANDRA PRABU

Secretary : Dr.T.JANARTHANAN

JULY MONTH	1
Date	26.07.2025
Venue	D WAY FARR INN , ERODE
Recourse Person	DR.K.RAJA ,DNB ,Mch DR.S.VISHNUPRIYA A MD, DM,
Persons Trained	44

IGA PRESIDENT THEME
OLD IS GOLD
360° care for Elderly
 Research Innovation Prevention Treatment

TMDA PRESIDENT THEME
Educate the Society
 Highlights the Fraternity

ERODE DISTRICT ORTHO SOCIETY

Dear Members,
Greetings!

We are cordially inviting you to attend our monthly meet
on **26.07.2025**.

Topic :
LIMB SALVAGE IN TRAUMA VASCULAR INJURY
Speaker :
Dr. K. RAJA
DNB (General Surgery), MCh (Vascular Surgery)
Consultant Vascular, Endovascular and Renal Transplant Surgeon

Topic :
APPROACH TO POLYARTHRITIS-INTRIGUING CASE BASED SCENARIOS
Speaker :
Dr. S. VISHNUPRIYA
MD, DM (Rheumatology & Clinical Immunology)
Consultant Rheumatologist & Clinical Immunologist

President
Dr. R.Ravichandraprabhu
D.Ortho
Reg.No. 48081

Treasurer
Dr. Naresh Dhanakodi
D.N.B ORTHO, MNAMS, FIAS (Germany)
Reg.No. 76092

Secretary
Dr. T.Janarthanan
MBBS., D(Ortho), DNB
Reg.No. 77228

EC Member
Dr. S.Kumaravel
MBBS., MS(Ortho)
Reg.No.75893

Venue : D'WAYFARER INN, Erode

Date : 26.07.2025 (Saturday)

Time : 7.30 p.m.

FILLIS
Pharmaceuticals
Ultrafill, Ultrafill - H



AUG MONTH MEET	1
Date	-30.8.2025
Venue	D WAY FARR INN , ERODE
Recourse Persons	DR.KISHORE MS ORTHO MCH HAND SURGERY ERODE.
Persons Trained	36



ERODE DISTRICT ORTHO SOCIETY

PRESIDENT
Dr. R.RAVICHANDRAPRABHU
D.Ortho
Reg No. 48081
Email : rrcprabhu@gmail.com.
Mob : 98659 10665

SECRETARY
Dr.T.JANARTHAANAN
D.Ortho, DNB
Reg.No. 77228
Email : jsorthoworld@gmail.com
Mob : 99427 43403

TREASURER
Dr. NARESH DHANAKODI
D.N.B Ortho,MNAMS,FIAS (Germany)
Reg No. 76092
Email : dnaadoc@gmail.com
Mob : 99443 07074

EC MEMBER
Dr. S.KUMARAVEL
MBBS, MS(Ortho)
Reg No. 75893
Email : drsams81@yahoo.com
Mob : 94432 49070

Dear Members,

We are delighted to invite you to the EDOS May Meet, scheduled for **Aug 30th** 2025, at D Way Farrer Inn resorts, Erode.

Please find the agenda for the evening below: Be punctual, the meeting starts at **7.30 PM**

Topic :
"Fingertip 2.0 - Rebuilt with Flap & Graft "

Speaker :
Dr. Kishore MS Ortho
Mch Hand Surgery
Erode

We look forward to a productive and insightful evening filled with valuable discussions. Your active participation is highly Encouraged. Looking forward to seeing you there!

Regards
Secretary
Dr. T.Janarthaanan D.Ortho, DNB

SDA PRESIDENT THEME
OLD IS GOLD
36K+ care for Elderly
Research Innovation Provenance Treatment

TNOA PRESIDENT THEME
Associate the Society
Highlights the Fraternity

SECRETARY
Dr. T.JANARTHAANAN
D.Ortho, DNB
Reg No. 77228
Erode.



Tirupur District Ortho Club

President : Dr.G.Balamurugan
Secretary : Dr.A.Gautham Vinayakh



TIRUPUR DISTRICT ORTHO CLUB & POLLACHI ORTHO CLUB MEETING August 2025

We cordially invite you to the august month meeting. This is a wonderful opportunity to discuss novel techniques and gain accessory knowledge regarding the topics of discussion besides getting your queries clarified. Hoping for your presence on that day.



DR. SATHISH DEVADOSS M.S ORTHO M.CH (UK) FASIF (Aus)

SENIOR CONSULTANT, Devadoss hospital Madurai

TOPICS: conversion THR

VENUE: FORTUNE PARK TIRUPUR

DATE: 20-08-2025 TIME: 7PM onwards

COMPANY SPEAKER: Dr. Jervin Mano Senior Manager ABBOTT HEALTH CARE

A Comprehensive update on tofacitinib in RA and PSA

DR. G. BALA MURUGAN PRESIDENT TDOC

DR.K. SHANMUGASUNDARAM PRESIDENT POC

DR.A. GAUTHAMA VINAYAK SECRETARY TDOC

DR. PRAKASH SECRETARY POC

DR.S. SUNDARARAJAN, PATRON OF TDOC

DR.R. GANESEN, EX.EC MEMBER WZ-II

DR. KUMARAVEL, EC MEMBER WEST ZONE- II





Karur Ortho Club

President : Dr.M.R.Karuppaiya

Secretary : Dr. Sathis Muthu

Central Zone - I

Trichy Orthopaedic Society (TOS)

President : Dr. K. Balasubramanian

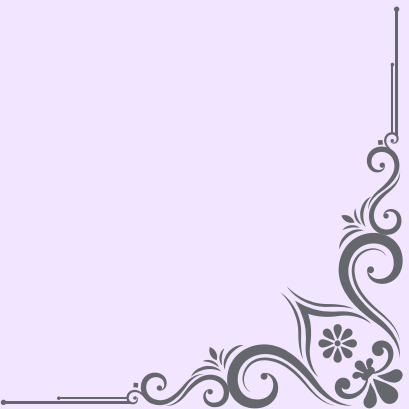
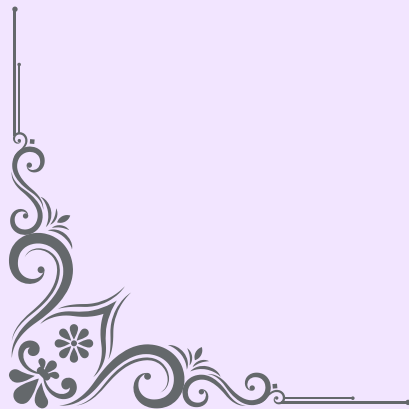
Secretary: Dr.Terrence Jose Jerrome

Pudugai Ortho Club (POC)

Incharge Dr. E. Rajaraman

Perambalur Ortho Club

Incharge Dr.Arivazhagan Daiko



TNOA MID YEARR CON 2025 - Trichy





Cadaver course



Central Zone II

EC Member : Dr Arul Prasanna

Dindigul Ortho Club

President : Dr.J.Arul Durai Arasu

Secretary : Dr.R.Senthil Kumaran

Treasurer : Dr.Sathish Babu

Theni Ortho Club

President : Dr.M.Srinivasan

Secretary : Dr.R.Raja Manikandan

Theni Ortho club Meeting 06-09-2025





SOUTH ZONE 1 REPORT

Nellai Ortho Club – Tirunelveli, Tenkasi & Thoothukudi Dist.

President : Dr.IVAN SAMUEL DEVAKUMAR

Secretary : Dr.S.DHAMODARAN

Treasurer : Dr.S.AZARIAH HERBERT

TNOA LIFE MEMBERS	
AREA	NUMBER OF ORTHOPAEDIC SURGEONS PRACTICING IN THE ZONE
Virudhunagar	21
Ramanathapuram	10
Tirunelveli	59
Tenkasi	15
Thoothukudi	22
Total	127

- Clinical meetings are conducted at Department of Orthopaedics, TVMCH & TKMCH Every Saturday from 12.00 – 2.00 p.m
- Various interesting cases, Post operative follow up and P.G Case presentation were done under the guidance of Professors Dr.Manikandan Dr.Suresh kumar,Dr.Arockiya amalan and Dr Pavalan, Dr.Mageswaran ,Dr.Makesh ram and Assistant Professors.

Nellai Ortho Club
Cordially invite you for the July 2025 month's NOC Meet on July 26th Saturday (26.07.2025), around 8.30 pm at Banyan Hall, Hotel Aryaas, Tirunelveli.

Scientific Topics Presentation

- Neglected tendo-Achilles rupture reconstruction using flexor hallucis longus tendon transfer
- Management of PCL avulsion # Fixation using Mini open technique
- Functional outcomes of using Anterior approach in the management of Spondylodiscitis in Dorsolumbar spine
- A Rare and Intriguing case of Forearm Injury

Dr. S. Mathanagopal Post Graduate - TVMCH.
Dr. Suganthan Post Graduate - TVMCH.
Dr. Maduvandhan Post Graduate - TVMCH.
Dr. John Fernando G Rhock Hospital - Tirunelveli.

Dr. Ivan Samuel President - Nellai Ortho Club
Dr. S. Dhamodharan Secretary - Nellai Ortho Club
Dr. S. Azariah Herbert Treasurer - Nellai Ortho Club

Torrent PHARMAS | **SHELLCAL TOTAL** & **SHELLCAL Pro Gummies**

Nellai Ortho Club
Cordially invite you for the August 2025 month's NOC Meet on August 23rd Saturday (23.08.2025), around 8.00 pm at Banyan Hall, Hotel Aryaas, Tirunelveli.

Guest Lecture

Spinal Tuberculosis - from conventional to contemporary | **Dr. Ajoy Prasad Shetty**
Dr. Ajoy Prasad Shetty, Ganga Hospital, Coimbatore.

Scientific Topics Presentation

Interesting case of Bilateral neglected Patellar dislocation | **Dr. C. Basker**, Parvathy Hospital, Kalakkad.

Dr. Ivan Samuel President - Nellai Ortho Club
Dr. S. Dhamodharan Secretary
Dr. S. Azariah Herbert Treasurer

ACTIS C2 FORTE | **ImproSyn**

TNOA's CME on Scoliosis
Under the auspices of
Tamil Nadu Orthopaedic Association
&
The Tamil Nadu Dr MGR Medical University

DATE:
Saturday, 23 August 2025

VENUE:
Seminar Hall
Department of Orthopaedics,
Tiruchchennai Medical College Hospital.

FREE REGISTRATION
Registration fee: Rs. 0/-

Tamil Nadu Medical Council Credit Points awarded
The Tamil Nadu Dr MGR Medical University Credit Points awarded

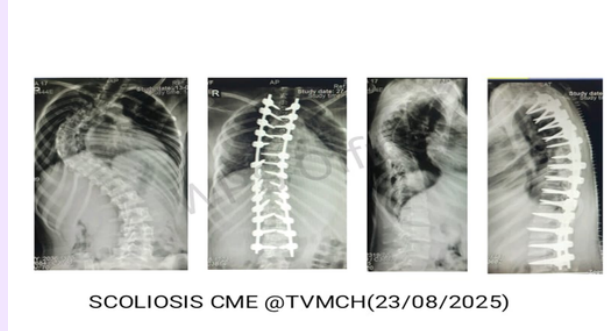
Department of Orthopaedics
Tiruchchennai Medical College
&
Nellai Ortho Club

TNOA's CME on SCOLIOSIS
PROGRAMME SCHEDULE

TIME	SESSION I	SESSION II	SESSION III
08.30 am - 09.30 am	Registration for CME, Lunch, Programme		
09.30 am - 10.30 am	SCOLIOSIS - I Scoliosis: Aetiology, Pathogenesis, Epidemiology, Diagnosis, Treatment		
10.30 am - 11.30 am	SCOLIOSIS - II Scoliosis: Aetiology, Pathogenesis, Epidemiology, Diagnosis, Treatment		
11.30 am - 12.30 pm	SCOLIOSIS - III Scoliosis: Aetiology, Pathogenesis, Epidemiology, Diagnosis, Treatment		

FACULTY

3 of 4



ORGANISED BY

SCAN ME

REGISTRATION IS MANDATORY

GET READY!

2 KM | 5 KM

JOSE FIT FEST MARATHON 2025

STRIDE TOGETHER, THRIVE FOREVER

Medals For Winners | Complimentary Kit
E-Photos | Healthy Snacks

August 24, 2025 | 5.30 am | Jose School Campus

FOR CONTACT -
9489341788, 9159901788 | jose627007@gmail.com

-Under the Aegis of-

Indian Medical Association Tiruchchennai | Tamil Nadu Orthopaedic Association | Nellai Ortho Club

-Medical Partner- | -Fitness Partner- | -Hospitality Partner-

nellai runners



VIRUDHUNAGAR ORTHO CLUB (VOC) MEETING JUNE 2025

We cordially invite you to the June month VOC meeting. This is a wonderful opportunity to discuss proximal femur fracture management and gain knowledge.

1. Guest lecture by
Dr. SATHISH DEVADOSS,
Devados Multipspecialty Hospital, Madurai
TOPIC: Proximal Femur Fracture Management

2. Case Presentations
VENUE: HOTEL SPARKLE INN, SIVAKASI, near Bus stand.
DATE: 28-06-2025
TIME: 6:30PM onwards, Dinner followed by Fellowship

Organised By,
Dr. Jawaharlal, President
Dr. Anandkrishnan, Secretary
Dr. Ambalatharasan, Past President
Dr. Manikandan, Past Secretary

Sponsored By,
Sompraz-IT | SOLIKES | Sompraz-D

VIRUDHUNAGAR ORTHO CLUB (VOC) MEETING AUGUST 2025

We cordially invite you to the August Month VOC Meeting

TOPICS:

1. Where we Stand in INTERTROCHANTERIC FRACTURE MANAGEMENT - A literature based review on Current Concepts
DR. MANIKANDAN, M.S. ORTHO., D. ORTHO.,
CONSULTANT TRAUMA & REPLACEMENT SURGEON,
SRUTHI HOSPITAL,
SIVAKASI.

2. Interesting Case Presentations

VENUE: HOTEL SPARKLE INN, SIVAKASI, near Bus stand.
DATE: 31-08-2025 (Sunday)
TIME: 6:30PM onwards, Fellowship followed by Dinner

Organised By,
Dr. Jawaharlal, President
Dr. Anandkrishnan, Secretary

Sponsored By,
PHARMED & CARTIGEN PRO



East zone

Dr.M.BALAMURUGAN

CLUBS UNDER EAST ZONE

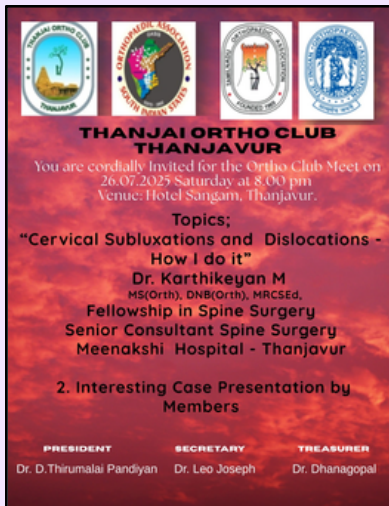
- THANJAI ORTHO CLUB
- THIRUVARUR ORTHO CLUB
- CHOLAMANDALAM ORTHO SOCIETY
- VILLUPURAM ORTHO CLUB
- KALLAI ORTHO CLUB

THANJAI ORTHO CLUB

President : Dr.Prof.Kumaravel

Secretary : Dr. Leo Joseph

Treasurer : Dr. Dhanagopal



THIRUVARUR ORTHO CLUB

President : Dr.A.Palanivel

Secretary : Dr.Abdul Hameed Ansari

Treasurer : Dr.U.Suresh



CHOLAMANDALAM ORTHO SOCIETY

President : Dr.G.M.Muralidharan

Secretary : Dr. P.Arunkumar Pandian

Treasurer : Dr.Gopalamenon

CME

- KALLAKURICHI ORTHO CLUB- 0
- THIRUVARUR ORTHO CLUB -1
- CHOLAMANDALAM ORTHO SOCIETY – 3
- THANJAVUR ORTHO CLUB -3
- VILLUPURAM ORTHO CLUB- 0
- State chapter -TNOA CME/ Hands on workshop/ Instructional course lecture CHOLAMANDALAM ORTHO SOCIETY --2
- Paper presentation and guest lecture in IOACON/OASISCON
- NMC Accredited points with names of programs

Meeting



Kauvery Hospital, Vadapalani
in association with
Cholamandalam Ortho Society
Cordially invite you to the CME Program

Speaker

Recent Advances in Orthopedic Surgeries in Kauvery Hospital

Dr Ravi Sankar Kirubanandan
Senior Consultant - Orthopaedics
Kauvery Hospital, Vadapalani

Recent Advances in Neurosurgery & its impact on the quality of life in Critically ill Patients

Dr R Saravana Santhosh Kumar
Associate Consultant - Neurosurgery
Kauvery Hospital, Vadapalani

Dr M Balamurugan
Cholamandalam Ortho Society
EC Member

Dr G Muralidharan
Cholamandalam Ortho Society
President

Dr P Arunkumar
Cholamandalam Ortho Society
Secretary

Dr A Gopalamenon
Cholamandalam Ortho Society
Treasurer

03 Aug 2025
Sunday
Time: 6:00 PM onwards

RKN beach Resort, Puducherry



CHOLAMANDALAM ORTHO SOCIETY
Welcomes You All
IOA PRESIDENT'S THEME 2025 - 2026
"OLD IS GOLD 360, CARE FOR ELDERLY RESEARCH INNOVATION PREVENTION TREATMENT"
TNOA PRESIDENT'S THEME 2025-26" EDUCATE THE SOCIETY ENLIGHTEN THE FRATERNITY"

Dr.M.BALAMURUGAN EC Member
Dr.G.MURALIDHARAN President
Dr.P.ARUNKUMAR Secretary
Dr.A.GOPALAMENON Treasurer

AGENDA
Scaphoid fracture dislocations - How to manage?
Dr.S.NATARAJAN, M.S., Ortho
Interesting Case Report
Dr.K.MEENAKSHI SUNDARAM,
Medical Director & Chief orthopedic Surgeon
VIMS Hospital, Salem

Venue : **HOTEL ACCORD, Pondicherry.**
Date : **September 21" 2025**
Time : **6.00 PM Onwards**
Scientific Session Initiated by :

ImproSyn
PREMIER **ACTIS C2 FORT**



Thillai Ortho PG Course– Aug 25

TAMILNADU ORTHOPAEDIC ASSOCIATION, CHOLAMANDALAM ORTHO SOCIETY & DEPARTMENT OF ORTHOPAEDICS
GOVERNMENT MEDICAL COLLEGE & HOSPITAL, CUDDALORE DISTRICT
 Cordially invite you all for the Inaugural Function of
THILLAI TNOA ORTHOPAEDICS REVISION COURSE (TORC 2025)
TNOA CRASH COURSE FOR EXAM GOING PGS
 Venue : GOVERNMENT MEDICAL COLLEGE, CUDDALORE DISTRICT AT NEW ICU AUDITORIUM
On 9th Aug , 2025 Saturday 8:30 AM

Presided by :
 Prof. Dr. M. Manikandan
 TNOA President

Chief Guest :
 Prof. Dr. G. Thiagaraj M.D., DCH,
 Special Officer cum Dean, GMCHCDO

Guest of Honour:
 Prof. Dr. V. Thirunavayyan
 TNOA Secretary

Felicitation :
 Prof. Dr. N. Jeyaraj Bandresh M.D., FRCS, FRD
 Medical Superintendent, GMCHCDO
 Prof. Dr. S. Sankar M.D., FRD
 Vice Principal, GMCHCDO

COO PRESIDENT
 Dr. D. Muralidharan

COO SECRETARY
 Dr. P. Arun Kumar

ORGANISING TEAM
 Dr. B. Prabhakar
 Co-Organising Secretary
 Prof. Dr. Dhyanpal Singh M.S.,
 Organising Secretary
 Prof. Dr. A. Senthilnarayan M.S., DNB,
 Head, Dept. of Orthopaedics,
 Organising Chairman
**Dr. A. Manikandan, Dr. X. Parasuraman, Dr. M. Gurusamy,
 Dr. R. Anand Kumar, Dr. S. Padmarajan & Dr. Hubert Praveen Abner.R**



Cuddalore Medical College - OCT 5

DEVADOSS HOSPITAL

Cuddalore Basic Arthroscopy Cadaver Workshop
5th October 2025 - 9.00 am to 5.00 pm
 Venue: Govt Medical College, Cuddalore District Chidambaram (erstwhile Rajah Muthiah Medical College)

Organizing Patron

 Prof. Dr. C. Thiagaraj M.D., DCH
 Special Officer Cum Dean
 Government Cuddalore medical college, Chidambaram

Course Chairmen

 Dr. B. Sankha Kumar M.D., FRCS, HOD of Anatomy, Government Cuddalore medical college, Chidambaram	 Dr. S. Natheem M.S. (Ortho), D.Ortho (Trauma), Surgeon, Sri Lanka Army Medical Centre, Colombo	 Prof. A. Senthilnarayan M.S. (Ortho), DNB (Ortho) HOD of Orthopaedics, Government Cuddalore medical college, Chidambaram
--	--	---

Course Convener

 Dr. Sathish Desai
 M.B.B.S., M.S. (Ortho), MCh,
 Ortho Unit, Devadoss Hospital,
 President, 2024-2025

Course Coordinator

 Dr. B. Pradeep
 M.S. (Ortho), DNB (Ortho),
 FRCS (Ortho), FRCS (Trauma),
 Devadoss Hospital, Cuddalore

Organizing Secretaries

 Prof. Dr. Ramnarayan

 Dr. S. Pradeep

VILLUPURAM ORTHO CLUB

President : Dr.Muthaiyan
 Secretary : Dr. Anjan Ramachandranath
 Treasurer : Dr.R.Uma Shankar

KALLAKURICHI ORTHO CLUB

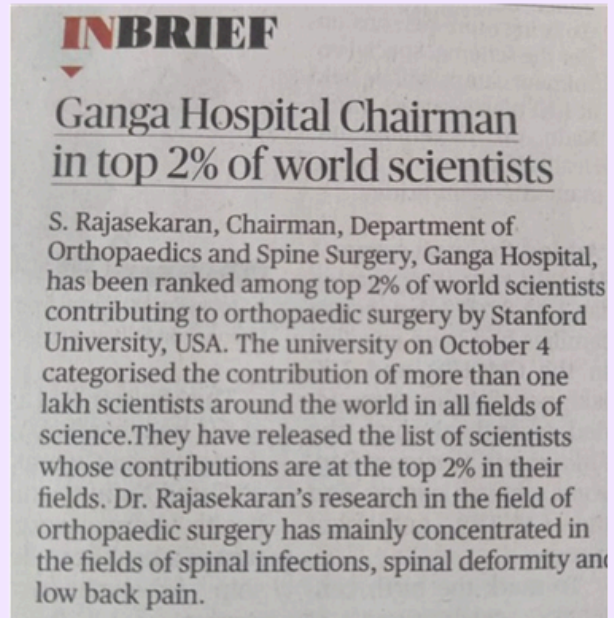
- President : Dr Shanmugasundaram
- Secretary – Dr Kumaresan

Achievements of Individual Members

Top 2% Global Researchers list based based on Scopus Database & Citation Metrics (2024-2025) published 19, September 2025



Dr.S.Rajasekaran



Dr.N.MadhanJeyaraman





Dr.M.Sathis



Dr.Rishi Mugesh Kanna

Dr J Terrence Jose Jerome



- Editor in Chief (17 years & current)- Journal of Hand and Microsurgery
- Consultant and Head Department of Orthopedics, Hand & Reconstructive Microsurgery. Olympia Hospital and Research Centre
- 201 peer-reviewed publications
- Editor in chief- 3 books (Thieme, Taylor Francis)
- More than 200 paper presentations and 60 Guest lectures on various National & International platforms
- TNOA mobile app, Website admin/ Immd. Executive Committee- Tamilnadu Orthopaedic Association
- Executive committee- ISSH
- Scientific committee convener- WSRM, Mexico,
- PG teaching committee- TNOA/IOA
- Keynote speaker-International Microsurgery meeting, Turkey
- Guest speaker-Egypt Hand Society Meetings, Cairo
- Guest speaker- Hand meeting, Val de Isre France
- First Indian- Guest lecture at the American Society for Peripheral Nerve Surgery
- First indian to become an International mentor for American Society for Peripheral Nerve Surgery
- Teacher and Guest lecture at Federation of European Society for the Surger of Hand (FESSH 2025)
- Section editor
- –Indian Journal of Orthopedics,
- World Journal of Pediatric Surgery

Prof S.Rajasekaran being honoured by Governor of Tamilnadu



Dr.Maheshwaran prof & HOD ortho ESI Medical College and President IMA Coimbatore Received Best Doctor Award from the Cbe Dt Collector .



Prof S Rajasekaran awarded Tamilnadu Medical council Award 2025 for Medical Excellence-
24/07/25



Dr J Alphonse Mariadoss , Royal College of Glasgow-International advisor



ROYAL COLLEGE OF
PHYSICIANS AND
SURGEONS OF GLASGOW

Dear Dr Joseph,

I am writing in response to your submitted application for the International Advisor post in India.

I wish to extend my sincerest thanks for your willingness and commitment to the College's goal of developing this important international network in India. Please accept my apologies for the length of time it has taken to respond to your application - the level of interest in this post was extremely high.

I am delighted to advise that your application for the post has been successful, and we wish to extend a warm welcome to you as our new International Advisor. We would be grateful if you could confirm your acceptance of your appointment by responding to this email.

Appointments are made for a three-year term. A review will be conducted after the first year to ensure that the role continues to meet the expectations and satisfaction of all parties involved. You may have the option to continue for an additional term after your first is complete.

We aim to run three to four virtual meetings per year with the India advisory group. We will be in touch to provide further details about our next meeting in due course.

Yours Sincerely,

Mr John Scott

Mr John Scott FRCS(Glasg)
International Director & Vice President Surgical
Royal College of Physicians and Surgeons of Glasgow

Prof S Vetrivel Chezhian -Royal College of Glasgow, International advisor



Dr.T.Sathis Won the best paper presentation in consultant category at the 2nd International Regen conference



Uk NHS fellowship Robotic hip@Walsallnear Birmingham



Faculty at RHOCKCON 2025 @Tirunelveli



3rd place at TNOA Prof.TKS Mid year con in Trichy



Faculty at National Preethi trauma update in Madurai



Suriyan FM talk along with RJ Bhavi



Paper and poster presentation at 45th SICOT WORLD CONGRESS at Madrid Spain





Director of Coimbatore Ganga Hospital.

Supreme Court gives a decisive verdict in a public interest litigation filed by Dr. S. Rajasekaran... Central and state governments ordered to immediately provide the necessary facilities to the public in road safety.

SIMPLICITY

SC Issues Sweeping Directions on Pedestrian & Road Safety after PIL by Dr S Rajasekaran of Coimbatore's Ganga Hospital

Coimbatore Edition | 07/10/2025 | 7 PM | Follow SimpliCity Coimbatore on Facebook, Instagram, Threads, Twitter, and YouTube for instant updates

Coimbatore: In a landmark judgment aimed at transforming road safety across India, the Supreme Court on October 7, 2025, issued sweeping directions to all State Governments, Union Territories, and the National Highways Authority of India (NHAI) to implement strict pedestrian safety measures, enforce helmet laws, and curb violations such as wrong-lane driving and unauthorized LED light use.

The verdict, delivered by Justices J.B. Pardiwala and K.V. Viswanathan in the long-standing public interest litigation filed by Dr. S. Rajaseekaran, follows years of concern over the alarming rise in road accidents nationwide. The Court took note of the Ministry of Road Transport and Highways' 2023 data showing over 1.72 lakh deaths, including 35,221

pedestrian fatalities, marking a 7.3% rise from 2022.

Recognizing road accidents as a "national crisis," the Court emphasized that pedestrian safety, infrastructure design, and enforcement failures contribute significantly to preventable deaths. It directed authorities in 50 major cities and NHAI to immediately audit existing footpaths, prioritize accident-prone stretches, and bring pedestrian infrastructure into compliance with Indian Roads Congress (IRC) Guidelines 103-2022.

The order mandates:

- Construction and repair of footpaths with proper width, tactile pavers, bollards, and accessibility features.
- Strict enforcement of helmet rules through e-surveillance and license suspension for violators.

- Regulation of lane discipline and prevention of wrong-lane driving using cameras, rumble strips, and real-time dashboards.

- Ban on dazzling LED headlights, unauthorized red-blue strobe lights, and hooters that imitate emergency sirens.
- Establishment of online grievance redressal systems for reporting damaged or encroached footpaths.

The Court further instructed all States and Union Territories to frame rules under Sections 138(1A) and 210-D of the Motor Vehicles Act within six months to govern pedestrian access and road design standards.

Terming the right to a safe and encroachment-free footpath as "judicially recognized," the Bench reiterated that pedestrian movement and



safety are integral to the right to life under Article 21 of the Constitution. The judgment also directed that District Road Safety Committees must discuss pedestrian safety in their monthly meetings, while compliance reports from all States will be reviewed by the Supreme Court in seven months.

The Court lauded amicus curiae Gaurav Agrawal for his decade-long assistance in the case, calling the judgment a "roadmap for a safer India."

Our Legend and Pioneer receiving one of the highest honours
A great moment of pride and privilege for TNOA



Dr. Vishnu Senthil selected as an Editorial Board Member of Indian Journal of Orthopaedics



Book Release

Prof Vetrivel Chezhan text book for Basic sciences in Orthopaedics book is released in OASISCON, Pondicherry.



Obituary



Dr.A.Francis Roy - LM/F/3
Passed Away - 02/10/2025
TNOA Past secretary - 2018 - 2020

President

Dr.N.Manikandan

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Rahmath Nagar, Tirunelveli-11

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nithishkowschik@gmail.com



**TAMILNADU ORTHOPAEDIC
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2025 - 2026

TNOA President's Theme 2025

"Educate the Society Enlighten the Fraternity"



Secretary

Dr.V.Thirunarayanan

New no: 27, First Street,
Dandayudapani Nagar, Kotturpuram,
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Mobile : 9940409861

Email : thiruorthokmc@gmail.com
secretarytnoa@gmail.com

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Email : saravananorthodr@gmail.com

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[Dr.Aju Bosco](#)

IT Wing Secretary

[Dr S. Varaprasad](#)

EC member, Chennai

[Dr A. Srinivasan](#)

[Dr Vishnu Senthil](#)

[Dr. Navin Kumar M](#)

EC Member, Madurai

[Dr.B.Saravanan](#)

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EC member, Coimbatore

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EC member, North Zone

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EC member, South Zone- I

[Dr.Balakannan J](#)

EC member, South Zone- II

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EC member, East Zone

[Dr M. Balamurugan](#)

EC member, West Zone- I

[Dr.B.Bhupesh Karthik](#)

EC member, West Zone- II

[Dr.S.Kumaravel](#)

EC member, Central Zone- I

[Dr. PR. Ramasamy](#)

EC member Central Zone- II

[Dr A Arul Prasanna](#)

Heartfelt Tribute to a Great Leader



DR.A.FRANCIS ROY - LM/F/3

DATE OF BIRTH - 17/05/1971

PASSED AWAY - 02/10/2025

TNOA PAST SECRETARY - 2018 - 2020

Dr. A. Francis Roy MS (Ortho) M Ch (Ortho) UK

Chief Orthopaedic Surgeon and Director of Annai
Velankanni Multispecialty Hospital – Palayamkottai,
Tamil Nadu, India.

Past Secretary TNOA

Today TNOA is grief-stricken as the life of one of the connoisseurs of Orthopedic excellence has been curtailed at a young age. His achievements have been so wide spread in various walks of life, his presence and signature has been carved numerous domains, he has left an indelible mark in every passion that he pursued in every commitment he has honored and has touched millions of life, influenced them, inspired them and mentored them. His humble honesty, humane service has created a better society. His untimely demise is a huge loss not only for TNOA but the society has lost a crusader of love, affection and empathy. His journey in this mother earth has been one of giving it back to every flora and fauna around him. He had many a dream to be fulfilled but the almighty had different thoughts and role for him. TNOA herewith submits a brief summary of a few of his achievements and activities he was involved.

Educational Qualification:

M. B. B. S Annamalai University, Tamilnadu, India. 1989 –1995

M.S (Ortho) Master In Orthopaedic Surgery. Mangalore University, Karnataka, India 1995 – 1998.

M.Ch (Ortho) University Of Dundee, Scotland, Uk. 2001 - 2002

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Phone : 044 - 45590476 | Email : tnoaoffice2018@gmail.com

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EC Member, Madurai

Dr.B.Saravanan

Dr.T.Vinoth

EC member, Coimbatore

Dr K Baskaran

EC member, North Zone

Dr.J.Dharmarajan

EC member, South Zone- I

Dr.Balakannan J

EC member, South Zone- II

Dr.C.Muthuraj

EC member, East Zone

Dr M. Balamurugan

EC member, West Zone- I

Dr.B.Bhupesh Karthik

EC member, West Zone- II

Dr.S.Kumaravel

EC member, Central Zone- I

Dr. PR. Ramasamy

EC member Central Zone- II

Dr A Arul Prasanna

Academic Excellence:

BEST OUTGOING STUDENT for MBBS at
Annamalai University.

**BEST OUTGOING STUDENT OF THE
STATE OF TAMILNADU** for the year 1995
among 12 medical colleges.

• won 7 gold medals at Annamalai University

• The Dr. Andrede Memorial award and gold medal for BEST OUTGOING
POSTGRADUATE for the year 1998. The award being for the best postgraduate
among all branches of postgraduates trained during the entire course.

• His research won a gold medal and Dr.Sanjeeva Rai award for best
research work for the year 1998.



Nellai Ortho Club / Indian Medical Association - Tirunelveli

- Founder member of Nellai Ortho Club.
- Decorated the chairs of President and Secretary of
Nellai

Ortho Club for 4 terms.

- Treasurer of IMA-Tirunelveli branch for 3 terms
- President of IMA- Tirunelveli – 2020-2021.
- Won the Best President Award for a medium sized
branch in All India level for the year 2021.



Tamil Nadu Orthopaedic Association

- EC member of TNOA – South Zone – 2014 - 2015
- Joint Secretary of TNOA – (2016 – 2017)
- State Secretary of TNOA –(2018 – 2020)
- Under his leadership as Secretary Tamil Nadu won the
OASIS Best Chapter Award twice
- All India AK Gupta Trophy twice

TNOA also won the 1st Place in National Bone & Joint Day
activities for the entire country



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secretarytnoa@gmail.com

Communal Activities

He is known for his humanitarian gestures, versatile knowledge, leadership qualities, keen interest and dedication towards creating Health Awareness, Preventing Disability, nurturing Nature, love and care of Animals / Birds.

i. Light Weight Caliper Project

- Coordinated Southern states for DR. A.P.J. ABDUL KALAM's Light Weight Caliper Project and Screened 6500 POLIO affected children.
- Distributed FREE CALIPERS for 4500 Children all over South India with Sponsorship.
- Appreciated, Awarded and Honoured by our Former President DR.A.P.J. ABDUL KALAM for the above project at Rastrapathi Bhavan in 2008.

ii. Health Awareness Projects

- Conducting Various Activities related to Orthopaedics in and around Tirunelveli like Bone & Joint day/ World Trauma Day/ World Osteoporosis day/ World Arthritis Day
- Organised Public Awareness Programmes for Road Safety / Drug abuse Awareness / Hand Washing / Noise Pollution / Cancer Awareness.
- Involved in Project Mahatma and helped in Hepatitis Vaccination of more than 30,000 School and College Students.
- Involved in National Polio Surveillance Project of WHO in Global Polio Eradication since 2004.

iii. Nellai Nature Club

His interests in Nature, Birds and Animals have made him start Nellai Nature Club.

- Founder Trustee – Nellai Nature Club / Which is Involved in various activities of promoting environment conservation activities in and around Tirunelveli.
- Co-ordinated with A-Tree in various environmental activities
- Coordinated the Tamirabarani Wetland Bird census for last 10 years and involved in arranging the Wetland Bird week celebration.
- Conducted numerous tree planting programs
- Documentation of ancient heritage trees
- Received Rotary Community Preservation Award 2020 – 2021
- Received Rotary Vocational Service Award for promoting conservation and actively encouraging youths to love nature in and around Tirunelveli.



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EC member, Central Zone- I

Dr. PR. Ramasamy

EC member Central Zone- II

Dr A Arul Prasanna

iv. Society for Prevention of Cruelty to Animals (SPCA)- Tirunelveli

- Founder Vice president of SPCA Tirunelveli from year 2001 to date and involved in the running of the SPCA – Tirunelveli till date
- Made Honorary Animal welfare Officer by Animal welfare board of India in 2002
- Conducted various medical camps for animal welfare in and around Tirunelveli
- Organized animal birth control programs in districts of Tirunelveli and Tuticorin in doing ABC programs for more than 6400 stray dogs
- Conducted various animals rescue operations for saving animals involved in accidents and persecuted by owners
- Helped in raids on animals transported in inhumane way for slaughter
- These animals were rescued and distributed for care under 33 Goshalas established in district of Tirunelveli
- Involved in medical resuscitation of the rescued animals during these raids before hand over to the goshalas.
- Supported in organizing three dog shows during Coutrallam Saral festival from 2012 to 2014.



v. Nellai Weekend Clickers

- Award winning Photographer.
- Co-Founder of Nellai Weekend Clickers.
- This group mentors and nurture young Photography talents in Colleges and Schools.
- More than 450 young Photographers have developed their career in various fields.



vi. NO FOOD WASTE

- Started the Tirunelveli Chapter of No Food Waste in 2017.
- NO FOOD WASTE Collects excess food from functions and large gatherings and distribute this to the poor and needy.
- No Food Waste was funded by the NELLAI RUNNERS TRUST with a van and vessels to distribute the collected food.
- An average of 1500 to be wasted food reaches needed people in Nellai city every month.



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Immediate Past President

Dr.N.Deen Muhammad Ismail

Immediate Past Secretary

Dr. C J. Ravi

Vice President

Dr.C.Rex

Joint Secretary

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Journal Editor

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EC member, Chennai

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EC member, West Zone- I

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EC member, West Zone- II

Dr.S.Kumaravel

EC member, Central Zone- I

Dr. PR. Ramasamy

EC member Central Zone- II

Dr A Arul Prasanna

vii. Disaster Management – South Rescue Team

- Rendered collection of Humanitarian needs and involved in conduct of medical camps during Thane Cyclone and Floods 2015 in Cuddalore District.
- Did unstinted activities during the Okhi 2017 Cyclone in distributing House hold needed items and conducted medical camps in Kanyakumari district.
- Collected aids and distributed for the cyclone affected people in Pattukottai and Nagapattinam district to a tune of Rs. 22 Lakhs.
- Aided in Collection of relief materials and medicines worth to a value of Rs. 16 Lakhs which were sent to Kerala to assist victims of the Kerala Floods – 2018.
- 17 Fisherman from Kerala stranded with their boats due to Okhi Cyclone in Kanyakumari were assisted to get back to their native towns in Kerala.
- 13 Fisherman from Nagapattinam marooned with their boats due to Gaja Cyclone in Tuticorin were assisted to get back to their native towns in Pattukottai.
- Received Life time Orthopaedic Services Award – 2016 from TNOA for medical services rendered during Thane Floods.
- Appreciation Award for Selfless service during flood affected in the coastal regions of Tamil Nadu - 2017
- Appreciation award from Tirunelveli District Collect and Red Cross for services rendered during Kerala floods.



Fitness and Wellness Cycling

- Founder Member of Nelloi By cycle started in 2017 with 14 members. The club aims to promote fitness and healthy life style among the next generation.
- Now Nelloi By Cycle has grown to have more than 440 members and conducts regular rides and monthly programmes on promoting commuting by bicycle, environmental awareness by use of green means of transport and promoting fitness and healthy lifestyle.
- Nelloi By Cycle is also involved in various awareness rallies for social causes



REGISTERED OFFICE

TAMILNADU ORTHOPAEDIC ASSOCIATION Flat No. D-9B, AVM
ASTA APARTMENTS, AVM Studio Complex,
39, Arcot Road, Vadapalani, Chennai - 600026, Tamilnadu, India.
Phone : 044 - 45590476 | Email : tnoaoffice2018@gmail.com

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TAMILNADU ORTHOPAEDIC ASSOCIATION

2025 - 2026

TNOA President's Theme 2025

"Educate the Society Enlighten the Fraternity"



Secretary

Dr.V.Thirunarayanan

New no: 27, First Street,
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Chennai - 600 085,

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Email : thiruorthokmc@gmail.com
secretarytnoa@gmail.com

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like De-addiction, Accident prevention, Vaccination, Clean Rivers etc.

• Nellai Randonneurs was started in Nellai in 2019 and was one of the first few members to start long distance cycling in South India.

• Nellai Randonneurs is now one of the top Randonneuring club under Audax India which is the national body with its Headquarters in Paris - Audax Parisien

• Went on to complete 200, 300, 400, 600 and 800 Kms long distance Cycling to become a Super Randonneur in 2020 – 21 and 2021 – 2022.

• Represented Tamil Nadu at the National Indian Medical Association (IMA) Olympiad at Nazik for 50 Kms Cyclathon racing. Won the 3rd place in above 50-year category at National level among Doctors of IMA.

• Was selected and to represent India in the International Arena from Tamil Nadu and participated in the London – Edinburgh – London (LEL) in 2022.



Running

• Was Instrumental in the formation of Nellai Runners Trust which promotes fitness and Wellness.

• This Trust by its activities promotes awareness on running and conduct of running events like marathons and duathlons.

• The first Nellai Marathon was conducted by the Trust in 2015 which was a grant success with more than 2200 participants of all age groups.

• The 2017 Marathon was a phenomenal success with more than 5600 participants from all over India.

• Regular Marathons was conducted on virtual formats during the COVID period also.

• A Regular participant of the Master's Championship from Nellai representing 200 metres and 400 metres track running.

• Went onto win the regional medals and represent Tamil Nadu in the same events in the National Master Championship in 2022.



His life is one of Resilience , humility , compassion and empowerment. He was a beacon of hope and guiding light for the downtrodden. He will be in the ever lasting memory of every who knows him.

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TNOA salutes its martyr the flag bearer of humanity for all his noble deeds. We humbly submit our heartfelt condolences to his family, friends and every single life he has touched.

In eternal peace let our dear brother rest

May his soul rest in peace.

With Regards

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Prof. Dr. N Manikandan
President – TNOA

Prof. Dr. V Thirunarayanan
Honorary Secretary - TNOA

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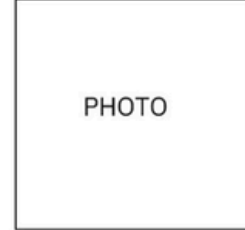
TAMILNADU ORTHOPAEDIC ASSOCIATION

LIFE MEMBERSHIP APPLICATION FORM

The Hon. Secretary – TNOA

Door. No 9B 'D' Block ASTA AVM Apartments AVM Studio Complex,
38, Arcot Road, Vadapalani, Chennai – 600 026
Ph: 044 – 45590476 Mobile : 9360892724
Mail: secretarytnoa@gmail.com, tnoaoffice2018@gmail.com

Place :
Date :



Dear sir,
I wish to apply for the Life membership of Tamilnadu Orthopaedic Association. Providing my particulars for the membership.

Name :
Address :
Residential :

Clinic :

Date of Birth :
Mobile No :
E-mail :

PROPOSED BY
Doctor Name :
Life Membership No :
Signature :

SECONDED BY
Doctor Name :
Life Membership No :
Signature :

Qualification

1. Year of Passing MBBS :
University :
Medical council Reg. Number :
2. PG – Dip /Degree :
Year of Passing / University :
3. Present Post :

DD/ NEFT DEATILS

BANK :
BRANCH :
DD./ NEFT NO :
DATED :
AMOUNT :

If you are **ALREADY** a MEMBER of IOA, a DD for Rs.5,000 favouring "TAMILNADU ORTHOPAEDIC ASSOCIATION " Payable at CHENNAI for TNOA membership and Enclose the IOA membership certificate copy.

IOA MEMBERSHIP No. :

If you are not an IOA member, then along with IOA filled membership form, two DD's to be taken.

1. Rs.5000/- favouring "INDIAN ORTHOPAEDIC ASSOCIATION " payable at New Delhi.
 2. Rs.5000 /- favouring "TAMILNADU ORTHOPAEDIC ASSOCIATION" payable at Chennai.
- *Please attach 2 set photocopies of the documents *

For online payments
TamilNadu Orthopaedic
Association
A/c No. : 705855990
IFSC : IDIB000C017
Indian Bank Chetpet Branch
Mention your Name and
Mobile No. in the
remarks column

Signature

Cut Off Date for Eligible Membership Proposal with payment to be received TNOA Office to be passed in annual GBM in 31.01.2026

Please submit the form to Hon. Secretary, State Chapter of your state

Indian Orthopaedic Association
Membership Form

The Hon. Secretary, IOA
IOA House, 69, Tughlakabad Institutional Area
Behind Batra Hospital, M.B. Road, New Delhi-110062
Phone: +91 11 29961434, 9811967820
Email: hon.secretaryioa@gmail.com / ioahousedelhi@gmail.com
Website : www.ioaindia.org



Please Attach
Passport Size
Photograph Here

Dear Sir,
I wish to apply for the Life/Associate Membership of Indian Orthopaedic Association
(please fill the whole form in **BLOCK/CAPITAL LETTERS** only)

Name:.....

PostalAddress:.....

State:.....Pincode:.....DateofBirth:.....

OtherAddress:.....

E-mailaddress:.....

Telephone: Mobile No:

PG Qualification: Details include Degree / Diploma / Pass out Year /College / Institution / Place / University etc.

PGDegree/Diploma:.....

MCI Registration No: Year :

State / Other Association of IOA Membership:
(No application will be entertained without state chapter membership).

I enclose the payment of RS: By Demand Draft No :

Place&Date:.....Signature:.....

Proposed by:

IOA Membership No: Signature:

Second by :

IOA Membership No LM _____: ...Signature:

The membership fee for **Life Member** is Rs. 5,000/- and **Associate Member** have to pay Rs. 2,000/- in the first term during the ortho training (PG) and Rs. 3,000/- after **MS (Ortho)** etc. Qualification to become Life Member of IOA. Please make Daft in favour of "**Indian Orthopaedic Association**" payable at **New Delhi**.

(Associate/Life Membership Fee for Overseas application which are eligible for only associate member is \$100 One Hundred US Dollar.)

Please attach:

- . Certificate Photocopy of Life Membership Certificate of state chapter of Indian Orthopaedic Association.
- . Please Sent the membership application Form and Demand Draft at the above mentioned address only.
- .Certified Photocopy of the PG Degree/ Diploma to be sent along with Application Form.
- .Certificate Photocopy of Medical Council Registration of Orthopaedic PG Degree / Diploma to be sent along with the form.
- . Certificate copy from HOD is must. (This is for the Association member only)

NOTE: Membership is subject to ratification in the subsequent in the subsequent AGM of the IOA. Allotment of membership no will follow the ratification. / Associate members have the right of attending scientific meeting and social events and engaging in all scientific discussion **but they shall not attend business meeting and take part in elections.**

Membership form will be sent only by respective State Hon. Secretary to IOA Office, New Delhi



