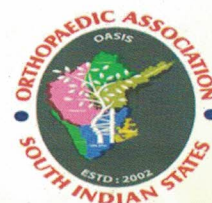


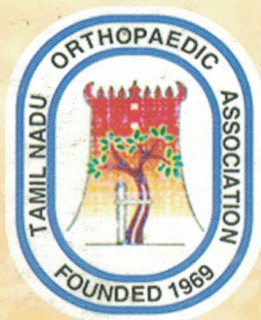


# TNOA NEWS



**IOA**  
PRESIDENT'S  
THEME

“**ROOTS OF  
RESPONSIBILITY  
WINGS OF  
PROFESSIONAL  
EXCELLENCE**”



**TNOA**  
PRESIDENT'S  
THEME

“**LEADERSHIP  
THROUGH  
KNOWLEDGE  
CREATION**”



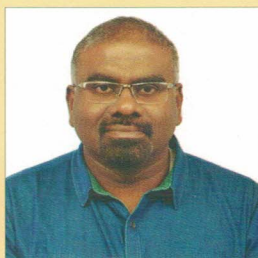
TAKING OVER AS NEW PRESIDENT  
**Dr. DHEENADHAYALAN**



# TNOA EXECUTIVE COMMITTEE 2019-2020



**Dr. J. Dheenadayalan**  
President



**Dr. A. Francis Roy**  
Secretary



**Dr. Prabhakar Singh**  
Treasurer



**Dr. S.G. Thirumalaisamy**  
President Elect



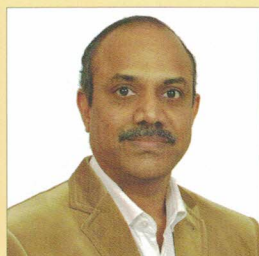
**Dr. M. Antony Vimalraj**  
Vice President



**Dr. R. Muralidharan**  
Immediate Past President



**Dr. P.T. Saravanan**  
Joint Secretary



**Dr. Nalli R Gopinath**  
Fellowship Secretary



**Dr. A. Saravanan**  
Journal Editor



**Dr. Thirunarayanan**  
Indexing Editor



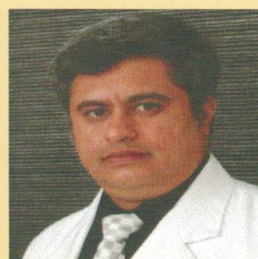
**Dr. Meenakshi Sundaram**  
Video Journal Editor



**Dr. S. Makesh Ram**  
Chennai



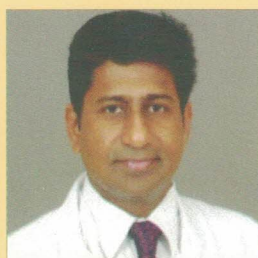
**Dr. R. Prabhakar**  
Chennai



**Dr. Shyam L**  
Madurai



**Dr. Gopi Manohar**  
Madurai



**Dr. S.R. Sundarrajan**  
Coimbatore



**Dr. Manimaran Jayaraman**  
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**Dr. S. Anandraj**  
West Zone - 2



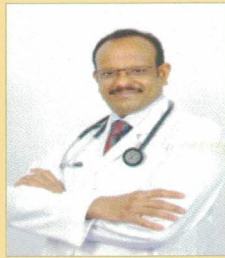
**Dr. V. Bharathiselvan**  
East Zone



**Dr. Terrence Jose Jerome**  
Central Zone - 1



**Dr. V. Jaiganesh**  
Central Zone - 2



**Dr. K. Manivannun**  
North Zone



**Dr. S. Marimuthu**  
South Zone - 1



**Dr. M. Srinivasan**  
South Zone - 2



## From the Desk of the President .....

Dear Fellow Members of TNOA,

Greetings from Kovai - The Manchester of South India.

It's a great honour to be the president of TNOA - The successful state of IOA. I am elated to be in this position and I am conscious about the BIG RESPONSIBILITY on my shoulders. I extend my sincere thanks to every member of Our Association, who have trusted me and entrusted me with this High position.

Our Immediate Past President - Dr. Muralidharan have done many fabulous contributions to us. It was also under the leadership of our Past Presidents- Dr. Ramesh Babu and Dr. Sivakumar have fetched us the prime A.K Gupta Trophy in a HAT-TRICK. I will strive the maximum to emulate their performances.

I enjoy every minute of my involvement in TNOA and acknowledge with gratitude the support, willingness, co-operation extended by our members.

I have earmarked the theme for this year as **"LEADERSHIP THROUGH KNOWLEDGE CREATION"**. I have initiated a two weeks NEW OBSERVERSHIP PROGRAMME for our members with a honourarium of Rs. 15,000 /- which will be held in prominent orthopaedic centres. We have 30 fellowships for this academic programme which will be completed within this October.

We will also have Research Oriented programmes to stimulate our members towards Academic Publications. We have started conducting TNOA-TRAUMA CMEs all over Tamilnadu to train young orthopaedicians with correct techniques in these courses. We have already conducted two programmes in Coimbatore & Cuddalore. Many more programmes like this will be conducted all over the state.

I request the assistance of our professors of PG Teaching Institutions, EC members, Zonal Committee Office Bearers to bring in more members into our Association.

I assure to encourage and support each one of you for the commitment you possess towards serving our association.

Kind Regards,

**Dr. J. Dheenadhayalan**

TNOA - President.





## From the desk of the Secretary



Dear and Honourable Members and Friends,

With great satisfaction, I thank you all as the Honorary Secretary of TNOA for achieving all the top awards of the country in 2018 for Tamilnadu.

- ❖ **HAT-TRICK -A.K.GUPTA AWARD - ALL INDIA BEST LARGE CHAPTER**
- ❖ **MAIDEN AWARD OF OASIS BEST CHAPTER**
- ❖ **MAIDEN ALL INDIA AWARD FOR BONE & JOINT DAY ACTIVITIES**

It was possible only because of the united efforts of each and every member, who sphere headed the achievements as their own. These awards are a testimony of our commitment to society and TNOA.

With our Immediate Past President - Dr. Muralidharan at helm and with our core team and support of our Past Presidents, Past Secretaries, we made a land mark by entering into our new office. I thank each one the patrons whose generous contributions made this possible.

We achieved A RECORD 148 New members for TNOA in 2018. We will strive for 350 new members in 2019 by bringing in more of PGs and Non members to our fold. The new single entry membership policy will certainly assist us in achieving the target of 350 very easily.

The New incoming team is headed by our President - Dr. J. Dheenadhayalan. His inspiring theme of "Leadership through Knowledge creation " aspires by giving importance on observership, research orientation, publications from new and young Orthopaedicians. To begin with, introducing the new TNOA - OBSERVERSHIP PROGRAMME for 2 weeks with a honorarium of Rs.15,000 /- in prominent orthopaedic centres in Tamilnadu. Already sponsors for 30 candidates have been finalised. And the programme will be completed within October 2019.

We have succeeded through our collective strength and action in the past. It's time for us to exhibit our unity once more to sustain and retain the awards and the name of our TNOA glorified in All India level.

We are here to ACHIEVE for the fourth A K GUPTA Award towards the 2nd HAT-TRICK.

Ever Yours

**Dr. A. Francis Roy**  
TNOA – Secretary.



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Dr. K. Manivannun, Org. Secretary – TNOACON 2020 - Vellore & EC Member – North Zone, Mobile : 96551 77000  
Dr. Barathi Selvan, Org. Secretary TKS –Mid Year CME , 2019 , Chidambaram, Mobile No : 98946 34355  
Dr. P. Madhivanan, Org. Chairman - TNOACON 2021 - Trichy, Mobile No : 97864 55117  
Dr. G. Mukesh Mohan, Org. Secretary - TNOACON 2021 - Trichy, Mobile No :94435 32395  
Dr. S. Jaikish Scientific committee Chairman – TNOACON 2021 - Trichy, Mobile No: 94433 49403  
Dr. Mari Muthu, Organising Secretary - TKS Mid Year CME - 2020, Thoothukudi, Mobile No :98944 47770  
Dr. Vanasekar, Central council member of IOA., Mobile No: 99422 09543  
Dr. Premnath, Central council member of IOA, Mobile No: 98947 31617

**Executive Committee Member Central Zone 2 :****Dr. V. Jaiganesh,**

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Chennai – 600003.  
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## **Tamil Nadu Orthopaedic Association**

### **District Ortho Clubs Office Bearers – 2019**

| S.No                    | District Ortho Club                | President   | Secretary  |
|-------------------------|------------------------------------|---|--|
| <b>METROS</b>           |                                    |   |  |
| 1                       | Madras Orthopaedic Society ( MOS ) | Dr. Gokul Raj<br>Mobile No : 9445350577               | Dr. Prabhakar Singh<br>Mobile No : 94444 476243                                      |
| 2                       | Madurai                            | Dr. V. R. Ganesan<br>Mobile No:9443772917             | Dr. K. N. Subramanian<br>Mobile No : 9894103259                                      |
| 3                       | Coimbatore Ortho Society (COS)     | Dr.Vinodh<br>Mobile No:9843022435                     | Dr. Rex<br>Mobile No :9894909101   |
| <b>North Zone</b>       |                                    |   |  |
| 4                       | Vellore Ortho Club                 | Dr. K. Manivannun<br>Mobile No : 9942230008           | Dr. Justin Arockiaraj<br>Mobile No : 9443114380                                      |
| 5                       | Thiruvannamalai Ortho Club         | Dr.S. Senthil Nathan<br>Mobile No :94426 38687        | Dr. K. Senthil Kumar<br>Mobile No:98407 43063  |
| 6                       | Kanchi Ortho Club                  | Dr. Jishnu Mohan<br>Mobile No : 94443 32661           | Dr. Rajesh Chakravarthy<br>Mobile No :98401 89558                                    |
| <b>WEST ZONE - I</b>    |                                    |   |  |
| 7                       | Mid- West Ortho Club - Salem       | Dr. K. Meenakshi Sundaram<br>Mobile No : 94432 66855. | Dr. A. K. Tharun<br>Mobile No :9952919999  |
| 8                       | Krishnagiri orthopaedic society    | Dr. G. Ashok Kumar<br>Mobile No : 98432 50135         | Dr. V. Srinivasa Gowda<br>Mobile No : 94433 41102                                    |
| 9                       | Dharmapuri Ortho club              | Dr. Venkatesan. B.<br>Mobile No :94432 61048          | Dr. J. Senthilnathan<br>Mobile No :94432 64104                                       |
| <b>WEST ZONE - II</b>   |                                    |   |  |
| 10                      | Erode Ortho Club                   | Dr. S. Ramasamy<br>Mobile No : 98427 50123            | Dr.Kannan<br>Mobile No: 98659 06600  |
| 11                      | Tiruppur District Ortho Club       | Dr. Gopinatha Samy<br>Mobile No :93446 47144          | Dr. Brijesh Shetty<br>Mobile No :94430 09934   |
| 12                      | Karur ortho club                   | Dr. Karuppiah<br>Mobile No : 98424 33599              | Dr. Sathiesh<br>Mobile No : 97905 55151 / 96777 23411                                |
| <b>CENTRAL ZONE - I</b> |                                    |   |  |
| 13                      | Trichy Ortho Club                  | Dr. S. Jaikish<br>Mobile No : 94433 49403             | Dr.Mukesh Mohan<br>Mobile No :94435 32395  |
| <b>CENTRAL ZONE -II</b> |                                    |   |  |
| 14                      | Dindigul Ortho Club                | Dr. Vadivel<br>Mobile No :9842166444                  | 1.Dr. Anand<br>Mobile No :9443388152<br>2.Dr. Eswara Kumar<br>Mobile No : 9842175108 |
| 15                      | Theni Ortho Club                   | Dr. Srinivasan<br>Mobile No :98946 20152              | Dr.Raja Manikandan<br>Mobile No : 94433 81207  |
| <b>SOUTH ZONE - I</b>   |                                    |   |  |
| 16                      | Nellai Ortho Club                  | Dr. N. Manikandan<br>Mobile No:94431 64800            | Dr. S. Muthuraman<br>Mobile No :98429 10971  |
| 17                      | Ramnad Ortho club                  | Dr. Sahaya Stephen Raj<br>Mobile No: 94420 44462      | Dr. Syed Ibrahim<br>Mobile No:88701 17220  |
| 18                      | Virudhunagar Ortho Club            | Dr. Ambalathar<br>Mobile No : 94433 82215             | Dr. Manikandan<br>Mobile No : 94435 45112  |
| <b>SOUTH ZONE - II</b>  |                                    |   |  |
| 19                      | Kanyakumari Orthopaedic society    | Dr. Muthu Ramalingam<br>Mobile No : 94433 72146       | Dr. Mohan Kumar<br>Mobile No :82201 26891  |
| <b>EAST ZONE</b>        |                                    |   |  |
| 20                      | Thanjavur Ortho club               | Dr. Bharathi<br>Mobile No :94426 47078                | Dr. Leo Joseph<br>Mobile No : 94437 37139 / 94437 37139                              |
| 21                      | Thiruvarur Ortho club              | Dr. Muthu Kumar<br>Mobile No: 9003125195              | Dr. Ansari<br>Mobile No : 97502 45455  |
| 22                      | Cholamandalam Ortho club           | Dr. R. Neelakrishnan<br>Mobile No : 98424 27872       | Dr. S. Natarajan<br>Mobile No : 98401 78281  |



## **Minutes of Annual General Body Meeting of TNOA at Courtyard Marriott, Madurai, on 9th February, 2019**

The Annual General Body Meeting of our Tamilnadu Orthopaedic Association was conducted on 09.02.2019 at the venue of TNOACON 2019 Madurai after adorning the Presidential collar by the secretary. The meeting was called to order by our president Dr. R. Muralidharan.

### **I. Welcome Address: Dr. R. Muralidharan - President**

He welcomed all the office bearers & distinguished Members of TNOA to this Annual General Body Meeting. Presidential Theme for the year 2018-19: "Set High Standards, Join Hands, Achieve and Flourish". He congratulated & thanked all our distinguished TNOA members, EC Members & TNOA affiliated Zonal Club Office bearers for the great achievement of retaining IOA AK Gupta Trophy for the third consecutive year {HAT TRICK}, IOA Bone & Joint Day Award and OASIS Best Chapter Award for 2018. He proudly informed TNOA Members did highest number of FREE SURGERIES during this year's national BONE & JOINT DAY, Successfully conducted programmes during TNOA Bone Health Awareness Fortnight. More than 1000 members who have from Tamilnadu have registered for IOACON 2018. Since the annual report was presented both in inaugural function and GBM (repetition), he proposed to read only salient features in inaugural function and full report in General Body meeting.

Past president - Dr. Raja Ravivarma suggested reporting of our member's achievements in detail at inaugural function as we have IOA / OASIS representatives and Special Guests during this event. President thanked everyone for successful conduction of IOACON 2018. It's a benchmark conference in all aspects. Past President Dr. Chidambaram raised his concerns about the secretary report in Tamil at the inaugural ceremony as foreign faculties and national delegates are present. President clarified it's a decision taken at last GBM to conduct proceedings in Tamil. He has ruled to conduct future GBM and Valedictory functions in Tamil and Inaugural Functions in English.

### **II. Obituary Reference:**

Dr. MURUGASARATHY, LM/M/52 from Chengalpattu, expired on :1st July 2018: remembered by Dr. Mohan Gandhi. He worked at Vellore Medical College. It's a great loss to orthopedics and his family.

Dr. CHANDRAPRAKASAM, LM/C/4 from Madurai, expired on: 24th August 2018: remembered by Dr Sivakumar. He is an ICON of hand Surgery, started Hand Specialty Centre two decades ago. He is also a stalwart in Plastic Surgery.

Practicing Orthopaedic Surgeons (non-members): Dr. A. DRAVIDAMANI from Alangulam expired on 13th October 2018 & Dr. GOKUL GOVINDAN from Krishnagiri expired on November 2018.

GB observed two minutes silence to condole the departed souls.

### **III. Secretary's Report: Dr. A. Francis Roy, Secretary**

Secretary in his address, brought in the memories of Dr.Muralidharan being adorned with the presidential post by the Immediate Past President Dr.S.Ramesh Babu during the TNOACON – 2018 at Nagercoil.

Secretary thanked all the members for getting many laurels and awards from OASIS and IOA. Unique Achievements: IOA A K Gupta Trophy for best chapter for the year 2018, Back to Back Winner 2016, 2017 & 2018 (Hat-trick); National BONE & JOINT DAY Celebration - All India First place President appreciation certificates. TNOA received the OASIS Best Chapter Award for the year 2018, during OASISCON- 2018 at Kumarakom – Kerala. TNOA Successfully conducted IOACON 2018, which is a benchmark conference in all aspects. He conveyed his gratitude and remembered the great work of Past presidents Dr. Raja Ravi Varma, Prof Dr R Sivakumar & Prof Dr S Ramesh Babu and Past Secretaries Dr.Singaravadiivel, Dr S Muthuraman and Prof Dr Antony Vimalraj.

### **EC MEETINGS:**

#### **TNOA**

- First EC Meeting conducted on 6.5.2018 at Dindigul.
- Second EC Meeting conducted on 22nd July,2018 at Pattukottai.
- Third EC Meeting conducted on 16.09.2018 at Madurai.
- Fourth EC Meeting conducted on 16.12.2018 at Vellore..

#### **ZONAL CLUBS**

- TNOA First Zonal club meeting conducted on 15.09.2018 at Dindigul

#### **OASIS**

- First EC meeting Conducted on 08.04.2018 at Chennai. Second EC meeting conducted on 07.07.2018 at Pondicherry.



## IOA

• First EC Meeting conducted on 01.04.2018 at New Delhi. Second EC Meeting conducted on 28.07.2018 at New Delhi.

Dr Raja Ravivarma congratulated the secretary Dr.A.Francis Roy for the amazing compilation of his report and especially the video presentation, advised to upload it in TNOA Mobile App. He has raised a doubt about the EC Meeting during Mid-Year CME is a special meeting or regular one. Secretary informed resolution had been passed in this regard and it's a regular 2nd EC meeting in calendar of events. President said Zonal club office bearers meeting is more important one to get them involved in TNOA activities especially during Bone & Joint Week.

**Sub Speciality Gold Medals:** We have three medals named as; TNOA Dr. K. Sriram Paediatric Orthopaedics Gold Medal, TNOA Dr. S. Rajasekaran Spine Gold Medal & TNOA Dr. David V. Rajan Arthroscopy Gold Medal. Three more medals pending for sponsors– Arthroplasty, Foot & Ankle and Oncology. Past President Dr.Sivakumar is the chairman for Sub speciality medal committee.

**TNOA Building:** Successfully registered our TNOA office premises On 14.09.2018 and occupied after GRAHAPRAVESAM at 'D' Block in ASTA AVM Apartments building at Vadapalani, Chennai on 01.02.2019. Initiated by the then TNOA President – Prof. Dr. Selvaraj & Dr.Muralidharan at the helm made this possible with great and continuous efforts.

Special appreciation to EC Member Dr.Thirunarayanan & Dr. Prabhakar Singh- Treasurer for the smooth registration of the property. We thank our Past Presidents Dr. Nalli Yuvraj, Dr. Raja Ravi Varma, Dr. R. Siva Kumar & Dr. S. Ramesh Babu. Also thank and grateful to Past Secretaries Dr. V. Singaravadivelu, Dr. S. Muthuraman & Dr. Antony Vimal Raj and honorable members of TNOA.

Following the request from Secretary General of OASIS, the Executive Committee of TNOA decided to provide Permanent address and Locker for OASIS in our TNOA building at Chennai as per the decision taken at 1st EC meeting held on 6th May, 2018 at Dindigul.

**TNOACON Future Conference Details:** TNOACON is to be conducted zone wise – 11 zones in rotation. North Zone – 2020, Central Zone 1 – 2021, Chennai – 2022, West Zone 2 – 2023, East Zone – 2024, South Zone 1 – 2025, West Zone 1 -2026, Central Zone 2 – 2027, Coimbatore – 2028, Madurai – 2029 & South Zone 2 – 2030.

**Medicolegal Cell:** Representatives from TNOA For Medico legal Cell Of IOA:

Dr. P.V. Vijayaraghavan, Dr. K. Prakasam, Dr. M. Gulam Mohideen, Dr. N. Manikandan & Dr. Kankanala Narasimha Rao. Coordinator: Dr PT Saravanan, joint secretary. We have organized TNOA IMA Medico Legal Seminar with Moot Court: ( Theme: Reality Check) on 15th July, 2018 at Trichy.

## IV. Ratification of new members

Membership Strength: TNOA – 1784 & IOA – 1172 (Feb 2018). Membership enrollment after TNOA GBM 2018: New Members TNOA – 148 (1931), New Members IOA – 128 (1300), New Associate Members TNOA – 138, New Associate Members IOA - 7.GB ratified all the 148new life members to TNOA.

## CME Accreditation by Medical Council for TNOA

TNOA got official accreditation for CME's by Tamil Nadu Medical Council. We need not pay the registration fee Rs.10,000 again for meetings conducted under the TNOA banner. All our zonal club monthly meetings will automatically have 0.5 Credit Points.

## Journals/Newsletters/Books/Posters/pamphlets:

TNOA Journal – Two issues per year, 1st Issue – Feb 2018 & 2nd Issue - July 2018. Articles reviewed by the Editorial Board. On the verge of getting indexed.The official website of our TNOA Journal was launched at TNOACON 2018 with the Domain name of [www.tnoonline.com](http://www.tnoonline.com).The website is fully active, Back issues are uploaded. Salient Features of the Website: Fully responsive mobile compatible website, Articles in both PDF and HTML formats, Manuscript submission software included, Submission – Review – Editing of the article- online, Website compatible with online indexes & Editorial Review support Regular Maintenance.

**TNOA Website:** [www.tnorth.org](http://www.tnorth.org) has been revamped & it's now Mobile friendly.



**TNOA News Letter:** The official proceedings of the association are communicated to the members through two Newsletters. 1st Newsletter - 2018 despatched on 16th June, 2018.  
2nd Newsletter - 2018 despatched on 8th October, 2018. Secretary said our TNOA News Letter was well appreciated by the executive committee of IOA & Thanked Dr Antony Vimal raj for his input on zonal format (Currently we have 11 zones).

**TNOA Legal Cell:** Organized a landmark Medico Legal Seminar along with IMA at Trichy on 15.07.2018.

### **Achievements by Members :**

Achievements of our members were appreciated and congratulated.

- Dr. Paul Iyya kutty - TNOA - Prof. A. Devadoss Meritorious Award for life time contribution to orthopaedics.
- Dr S Rajasekaran - IOA & TNOA past president had made a PIL on the union government urging for more road safety in India. On 30th, November, 2017 the Supreme Court has given a judgement in favour of the PIL and giving strict guidelines to union government to bring strict measures for road safety.
- Dr S Rajasekaran - Chair, AO Spine International Board
- Prof. Dr. A. Devadoss - received the Best teacher award from Indian Vice – President Venkaiah Naidu.
- Dr. Subramaniam received the OASISCON 2018 award for lifetime achievement in orthopedics at Kumarakom, Kerala.
- DR. S.R.Sundararajan - Elected as joint secretary for Indian Arthroscopy society. He will become secretary by 2020. Also won the bid to conduct the National Conference IASCON 2020 in Coimbatore.
- Dr. Sundararajan - President of IMA of Udumalpet branch for 2018-20.
- Dr. Raja Sekaran received ASSI PUBLICATION AWARD 2018 Second best paper award in the 19th Asia Pacific Arthroplasty Society Meeting held at Bangkok on 6-8th September
- Dr. Srinivasan - Attended the world endoscopic spine society conference at Bordeaux, France. Presented a paper on Endoscopic Disectomy.
- Dr. Ramesh Perumal - Association of Pelvi-acetabular surgeons (AOPAS) Award for innovative technique March 23-25 Bengaluru 2018.
- Dr P Dhanasekara Raja - 2nd best paper award APAS-Bangkok AUG2018 - Influence of metaphyseal tibia vara non alignment, component placement and function in TKR compared to isolated intraarticular varus".
- Dr. Natarajan - Received the Best Medal Paper in NAILSCON 2018 for Intertan fixation in unstable inter trochanteric fracture Short term analysis.
- Dr. S. R. Sundar rajan - Past president oration-Charcots arthropathy-Facts to know.
- Dr. Ramesh Babu has been appointed as the Chairman of the Central State Relationship Committee of IOA.
- Dr. Leo Joseph - Serves as secretary, Indian Society of Hip and knee surgeons.
- Dr. Achimuthu Rajamani and Dr. P. V. Vijayaraghavan- have been inducted in UG/PG Teaching committee of IOA.
- Prof. Dr. R. Sivakumar - has been inducted in Medico legal committee of IOA.
- Dr. R. Raja Ravi Varma - is the chairman of Membership Drive committee of IOA.
- Dr Ramesh Perumal - Received an Award for Innovative technique to avoid intra-articular - Screw placement in posterior wall fractures of the acetabulum during Association of Pelvi-acetabular surgeons (AOPAS) annual conference March 23-25, 2018, Bengaluru.
- Dr. Barathi Selvan - IFASCON – He got 2nd best paper award in Vadodara.
- Dr. B. Venkatesan – Dharmapuri installed as Vice President IMA Tamilnadu state at TIMACON on 08.12.2018 at Kumbakonam.

### **Awards**

Awards received by our members were appreciated and congratulated.

- Dr. S. Kumaravel received Maruthuva Tamil Arignar award (Medical Tamil Scholar) from the state IMA 21st January 2018.
- Dr. S. Kumaravel Felicitated by Tamil university for services to society on the Republic day 2018.
- Dr. S. Kumaravel received Tamil Science scholar Medicine.
- Dr. S. Kumaravel - Unanimously elected to the senate of Tamil Nadu Dr MGR medical university 2nd February 2018.
- Dr. K. Prakasam received the Best Doctor Award from Govt. of Tamil Nadu.
- Dr. Vetrivel chezhiyan - On being appointment as Director of Institute Of Orthopaedic and Trauma Coimbatore Medical College.
- Dr. Vetrivel Chezhiyan received Ram Janam Sulaksana Pandey Gold Medal at IFASCON 2018.
- Dr. Vetrivel Chezhiyan received the Best Doctor Award by Tamilnadu Government.
- Dr. Vetrivel Chezhiyan Academic Excellence Award by IMA & COS.
- Dr. Sathish Devadoss - Devadoss multi speciality Hospital – Madurai Received Doyens award Guardians of health care Tamilnadu.



- Dr.V.P. Mohan Gandhi received Best Doctor Award from Vellore collector.
- Dr. P. Senthil Kumar received Best Doctor award from Tamilnadu Chief Minister.
- Prof. Dr. R. Sivakumar received Best Doctor Award from Madurai Collector.
- Dr. Arun Prasath received Best Doctor Award from Salem Collector.
- Dr. Arun Sam received Best Doctor award From Cuddalore Collector.
- Dr.A.Francis Roy received an appreciation letter and Award from Tirunelveli Collector for Kerala Flood Relief materials Worth Rs.36 lakhs.
- Dr. Vijay Bose received an award during NEUROVASCON 2018 at Chennai.
- Dr. P.V Jaya sankar - Delivered the prestigious Prof. S.S. K. Marthandam Oration in OASISCON 2018.
- OASISCON BEST CHAPTER AWARD - TNOA received the OASIS Best Chapter Award for the year 2018 at OASISCON- 2018 at Kumarakom, Kerala.
- DHOLKIA medal received to Dr. Dhanasekar Raja at Coimbatore.
- Tejas war Rao Medal for Best PG Paper received to Dr.Shylendra Babu from REX Hospital, Coimbatore
- Bakhi Gold Medal received to Dr.Kathik Selvaraj, Coimbatore.
- Praveen Kanabr medal in Arthroscopy received by Dr.Joseph, Ganga Hospital, Coimbatore.
- Dr. Prof. Kumaravel got Tamilnadu scientist award by Tamilnadu council for science and technology given by Tamilnadu Government on 27th December 2018.
- Dr. Vetrivel Chezhiyan got Scientist award from Tamilnadu Government

### **CME & Conferences**

- National & International Conference-5
- State conference -1
- CME -7
- Instructional Course -10
- Hands on Workshop -10
- Clinical Meetings -200
- PG Crash Course -5
- Seminars -2
- Quiz programmes -4
- Orthopaedic update programmes-7

### **National Conference**

1. IFICS 2018 - International Fracture In Children Symposium held on 17th to 19th September 2018 at Ganga Hospital, Coimbatore.
2. Indo British Shoulder and wrist Trauma course conducted on 12th& 13th October, 2018 at MIOT International, Chennai.
3. National Cadaveric Workshop on knee arthroscopy conducted on 11th& 12th August 2018 at chennai.
4. Meet the Experts on Club-Foot –On Ponsetti technique & live surgical demonstration of CTEV conducted at chennai on 28th June 2018.
5. IOACON 2018 conducted from 27th November to 1st December at Coimbatore.

### **State Conference**

1. 52nd Annual conference of TNOA( TNOACON – 2019 )on February 8th,9th & 10th conducted at Madurai.

### **CME**

1. CME on Tamil Nadu Arthroscopic Anterior Cruciate conducted on 8th April,2018 by Dr. Sugavanam at London Ortho Speciality Hospital, Salem.
2. CME on TNOA –IMA Medico-legal cases, Conducted on 15th July, 2018 at Trichy
3. CME on Complex & Revision TKA, Conducted on 8th July 2018 at Coimbatore.
4. Ramnad ortho club – CME Program conducted on 26.08.2018 at Ramanathapuram.
5. CME Programme conducted at Vasanthi Orthopaedic Hospital, chennai on 26th August 2018.
6. CME on Challenges in Geriatric Orthopedics conducted on 30.09.2018 at chennai.
7. CME on Research Methodology conducted Kovai medical center and hospital, Coimbatore on 7th October 2018.

### **Instructional Course**

1. Salem Minimally invasive spine surgery Course conducted on 15th March 2018 at Salem.
2. Chennai advanced shoulder course conducted on 19th& 20th January 2018 at chennai.
3. Chennai Basic Arthroscopic Simulation Course conducted on 29th April 2018 at chennai.
4. Orthomed Knee & Shoulder Course conducted on 5th August 2018 at Orthomed Hospital, Chennai.



5. Instructional Course On Degenerative Diseases Of Cervical Spine organized by Institute of orthopedics and Traumatology, Madras Medical College, Chennai conducted on 24th July, 2018 at RGGH.
6. Chennai Shoulder Course conducted on 30th June 2018 at Chennai.
7. Ganga Operative Trauma Course 2018 held on June 22–June 24 2018.
8. Ganga Zimmer Biomet Oxford Uni Live Surgery course conducted in June 2018 at Ganga Hospital, Coimbatore attended by 150 delegates for 2 days. 2 live surgeries and Bone model workshops conducted.
9. Endoscopic spine surgery conducted on December 22nd 2018 at Gleneagles global health city, Chennai.
10. 3rd Annual Meet On “Current Trends In Hip Arthroplasty” Conducted On 27th January 2019 at REX ortho hospital, Coimbatore

#### **Hands on Workshop**

1. Mobility Conclave on 24th March 2018 at Chennai.
2. Fusion – Knee Arthroplasty and complex trauma conducted at Chennai on 17th April, 2018.
3. Asian Shoulder Trauma Master Class conducted at 30th June 2018 at Chennai.
4. SRMC/ Depuy Annual Spine Symposium & Workshop conducted on 21.07.2018 at Chennai.
5. Workshop on current trends in orthopedics conducted at Chennai on 18.08.2018.
6. Back to Basics – CADVER workshop conducted on 18.08.2018 by Gleneagles global SSSMC, Chennai.
7. Spine Workshop conducted on 01.08.2018 at Chennai.
8. Workshop on Acetabular Fracture Conducted On 21.09.2018 At Madurai.
9. Surgical Workshop – Midwest Kurinji Partial KNEE COURSE conducted on 30.09.2018 at Salem.
10. CME on “Contemporary Orthopaedic Surgeries – Special Emphasis On Percutaneous Orthopaedic Surgeries” conducted on 23rd September 2018 at Sushrushah Hospitals, Nagercoil.

#### **PG Crash Course**

1. IOA Presidents theme – “ TRAIN THE YOUNG ENRICH THE FUTURE ” based workshop on “ Current Trends on Plaster Splinting ” conducted by Dr.A.Francis Roy- TNOA Secretary on 23rd August 2018 at Tirunelveli.
2. REACT – 2018 – “ Resuscitation in Emergency and Acute care of Trauma ” conducted on 30.06.2018 at Chidambaram.
3. CME on Golden Hour trauma management organized by Department of Orthopedics conducted at TVMCH, Tirunelveli on 13.10.2018
4. 2nd Clinical Pediatric Orthopaedic Course conducted on 30.06.2018 at Chennai.
5. IV Fluids in Clinical Practice conducted at Chennai on 02.05.2018.

#### **Seminars**

1. Shoulder – Knee CON 2018 conducted on 30th June, 2018 at Madurai
2. Prof. PDR CME on Trauma - “ Articular fractures management – How to manage in difficult situations” conducted at Erode on 12.08.2018.

#### **Quiz programmes**

1. TNOA KMC PG Quiz for postgraduates was conducted on 8th Feb 2018 during the Annual conference of TNOA – TNOACON 2018 at Ganga Grandeur, Nagercoil.
2. Monthly Quiz conducted during Madras Orthopaedic Society Meetings every month – 12 programmes.
3. PG quiz was conducted as a part of Bone & Joint Day celebrations at Chennai 4th Aug 2018.
4. Safety Quiz program on traffic rules and signals conducted on 04.08.2018 at Tuticorin by Nellai Ortho club.

#### **Orthopaedic Update Programmes**

1. Ortho Trends on March 24th 2018 at Kanyakumari.
2. CME on Cervical Spine Injury Update CME conducted at 30.05.2018 at Madurai & Inaugurated by Dr. Muralidharan- TNOA President.
3. DMH-IORAS Update - Paediatric Orthopaedics conducted on 5th August 2018.
4. Preethi Trauma Update II 2018 conducted at 28th July & 29th July 2018, Madurai.
5. Recent Trends in Revision TKS – Kauvery Hospital, Chennai on 07.07.2018.
6. 2nd Chettinad Orthopaedic Convention 2018 conducted on 23rd February 2018 at Kanchipuram.
7. CME ON “Recent Advances In Orthopaedic Updates – IV On 14.12.2018 At Dharmapuri.

#### **Social Activities**

1. First Aid And Organ Donation awareness conducted at Kancheepuram on 14.02.2018.
2. Blood donation camp conducted at Vasanthi Hospital, Chennai in memory of Dr. A. P. J. Abdul Kalam.
3. Kerala Flood Relief :  
TNOA rose to the occasion with helping hand during the Kerala floods. All the zones of TNOA contributed generously by collecting and sending relief materials to the affected areas.



Relief materials worth more than 50 lakhs were distributed through the state authorities at various regions of the states. Medical camps were also conducted.

- Kerala Flood Relief camp – Nellai Ortho club Dr.A.Francis Roy - at Tirunelveli on 24.08.2018 and the relief material worth Rs.36 lakhs sent.
- Kerala Flood Relief - Mid west ortho society contributed Rs. one lakh towards flood relief.
- Kerala Flood Relief – Tuticorin – Nellai Ortho Club.
- Kerala Flood Relief - Dr.Terrence Jose Jerome – Trichy Ortho Club
- Kerala Flood Relief – Dindigul Ortho Club
- Kerala Flood Relief – Theni Ortho club
- Kerala flood relief medical camp conducted by Vellore ortho club on 26.08.2018 organized by Dr. Manivannun.
- Kerala Flood Relief medical camp conducted by Dr. Kamalanathan – Coimbatore on 15.08.2018.

#### 4. Gaja Cyclone

Members of TNOA contributed generously by the way of cash, materials. Also many medical camps were conducted in and around Nagapattinam district. Dr. C. J. Ravi EC member TNOA was the pioneer in conducting and organizing the relief operations from Pattukottai.

- Gaja cyclone – Coimbatore orthopedic society
- Gaja cyclone – Trichy ortho club – Dr.Terrence Jose Jerome
- Gaja cyclone – Mid west ortho society contributed Rs. one lakh towards Cyclone relief.
- Vellore orthopedic society conducted a medical camp on 22.11.2018 at Nagapattinam.
- Gaja cyclone – Vedaranyam.
- Gaja cyclone – Salem - Kurinchi Hospital conducted a medical camp.
- Cholanmandalam ortho club – Dr.Elangovan – cyclone materials given to affected people at Pallavarayanpatti and its worth Rs.75,000.

1. Dr. P.T. Saravanan- National Sports Day Special Inaugurated by Dr Subramanian, President, VPKE Residents Welfare Association jointly organized by Kanchi Ortho Club & Sura Swimming Club from 7th to 12th September 2018.

2. Dr. P. T. Saravanan – 72nd Independence day celebrations at CSI Primary school, Karai village, Kanchipuram

3. "NO FOOD WASTE " is a NGO that collects excess food from weddings and functions. This food is distributed to the poor and needy people immediately, there by avoiding food wastage. This NGO organization was started by two young college students of Coimbatore. It is operating in various cities of Tamilnadu like Coimbatore, Salem, Trichy, Tiruppur, Chennai, Erode. With lots of efforts and initiation by Dr. A. Francis Roy- TNOA State Secretary, this was started in Tirunelveli his home town. The start was powered with the help of "NELLAI RUNNERS TRUST " with the excess amount from the conduct of Nellai Marathon-2018.This programme was inaugurated by the district collector of Tirunelveli in August 2018. From then on distributed excess food to more than 700 needy people.

4. Kanchipuram - Sports meet was organized at Kancheepuram on 14.10.2018 as a part of Swach Bharat Yatra.

5. Dr. P.T.Saravanan Released T-Shirt & Cap for Kanchi Mini Cyclathon – Ride for nature on 19.08.2018

6. Kanchi Ortho club celebrated Gandhi Jeyanthi on 2nd October 2018 to stress "Clean India movement "

7. Kanchi ortho club - Observed Dr.ABJ Abdul Kalam's birth day on 15.10.2018.

8. Gandhi Jeyanthi was observed on 2nd October 2018 at Tirunelveli organized by Nellai Ortho club & IMA.

9. TNOA Secretary – Dr.A.Francis Roy & Members of the Nellai ortho club participated in the National SWASTH BHARAT YATRA cycle rally. It started from Kanyakumari to New Delhi to stress on "EAT RIGHT CAMPAIGN". The Tirunelveli cycle ride was flagged off by the District collector & Human Resource Minister. Dr. A. Francis Roy received the rally baton and handed over By-cycle with a team of 48 cyclist from Tirunelveli to Kovilpatti.

#### V. Ratification of EC Meeting Resolutions:

Ratifications of the resolutions of the previous 5 EC Meetings and 1 Extra-ordinary EC Meeting.

##### 1. Increase in membership fee:

Owing to the difficulty in persuading to take membership for TNOA & to take care of overall rising of expenditure of TNOA, Increase the fees for the direct members - for Consultants as given below.

|                            | <u>PRESENT</u> | <u>SUGGESTED</u> |
|----------------------------|----------------|------------------|
| TNOA Life Membership       | Rs 2100        | Rs 5000          |
| IOA Life Membership        | Rs 5000        | Rs 5000          |
| TNOA + IOA Life Membership | Rs 7100        | Rs10000          |



Make one entry system - for Associate Members (Post Graduate): Includes Associate Membership of IOA

|                      | <u>PRESENT</u> | <u>SUGGESTED</u> |
|----------------------|----------------|------------------|
| Associate Membership | Rs 500         | Rs 1000          |
| TNOA- Membership     | Rs 2100        | Rs 3000          |
| IOA – Membership     | Rs 5000        | Rs 5000          |
| Total                | Rs 7600        | Rs 9000          |

of which Rs.100/- will be paid to OASIS.

Dr Selvam asked for clarification about how associate membership upgraded to life membership. President clarified that they will become life member automatically after submitting their orthopedic degree certificate & there is no need to pay any additional fee for the same.

## **2. Go Green TNOA:**

TNOA –Mobile App is already operational. It has been tested after the IV EC Meeting for its stability and security. With the EC consent it has to be launched during the Inauguration of TNOACON-2019. The TNOA App can be utilised for

- a) Journals, Newsletters,
- b) Fellowships,
- c) Conferences, CMEs
- d) Zonal club matters.

As it is found effective, the EC concludes to have a Green Paperless TNOA in future.

Newsletter - II issue of 2019 will be E. Edition. Journals can be available in printed edition for 2 years. From 2021 it will be also in the form of E. Edition. For Indexed Journals a few printed copies to be made for medical Institutions and libraries. Membership Collection for the time being to be continued in the existing traditional method. Once TNOA office starts functioning effectively, online registration by Mobile App will be implemented. In future, TNOACON & CME registration can be done through Mobile App. By this GO GREEN initiative TNOA can SAVE Rs.6 LAKHS PER YEAR.

Past President Dr PV Vijayaraghavan, welcome of the any move towards e-facility and congratulated the team. He said as our TNOA is registered under societies act, we have to print minimum of 50 hard copies for record purposes and for renewal of registration. Also insisted to appoint an office secretary and willing to help the association in this regard. President clarified only the minutes of ECM & GBM need to be maintained in hard copies. Past President Dr R Selvaraj suggested to keep everything in our website and members can download whenever they want.

GB approved the decision to appoint Dr Terrence Jose Jerome as ADMIN for TNOA Mobile App for a period of first five years. The Go- Green TNOA was passed by the annual general body meeting.

## **3. Travelling allowance to EC Members:**

On an average 5 EC meetings are conducted during a year and 20 committee members are attending the meetings. Accordingly, a sum, not exceeding Rs.2000/- per person / per meeting to be allotted to take care of travelling (II AC Train fare) and stay. It will incur an additional expenditure of Rs.2,00,000/- (20 Persons X Rs.2000 X 5 Meetings). Dr Raja Ravivarma said its gesture from TNOA to give TA for attending EC Meetings to EC Members as it's an honorary post. Dr R Selvaraj remembered reimbursement of TA to EC Members only from the year 2008. Since most of our EC Members doesn't claim TA for the past few years and to save funds for the association, it has been decided to discontinue this practice.

## **4. Sub-Speciality Medals:**

Proposals are invited from members for nomination of the following medals.

- 1. TNOA - Arthroscopy Medal
- 2. TNOA - Foot & Ankle Medal
- 3. TNOA - Oncology Medal

Members are requested to nominate an outstanding Professor/ Senior / Veteran name who is doing a commendable work in the above categories by paying an amount Rs.5 Lakhs / medal for the conduction and expenditure of the medal paper and award.



## 5. Election Expenses:

For smooth conduction of elections every year TNOA spends on an average Rs.1,95,000/-. To moderate the high spiralling expenses it was decided to increase the election nomination fee as follows.

| <u>Name of the Post</u> | <u>Existing Fee</u> | <u>Proposed Fee</u> |
|-------------------------|---------------------|---------------------|
| • Vice President        |                     |                     |
| • Joint Secretary       |                     |                     |
| • Treasurer             | Rs 5,000            | Rs 10,000           |
| • Editors               |                     |                     |
| • Fellowship Secretary  |                     |                     |
| • EC Members            | Rs 3,000            | Rs 5,000            |

## 6. TNOA Building:

We have officially entered into the New premises of our TNOA building at ASTA – AVM, Vadapalani at Chennai on 1st Feb 2019. Furnishing of the flat is done. For the day to day functioning of our office, the following expenditure will be incurred.

|  |                       |             |
|--|-----------------------|-------------|
| Permanent office secretary salary        | Rs.20,000 X 12 Months | Rs2,40,000  |
| Monthly Maintenance charges for the flat | Rs.5000 x 12 Months   | Rs.60,000   |
| Monthly expenses for electricity / Net / |                       |             |
| Miscellaneous                            | Rs.5000 x 12 Months   | Rs.60,000   |
| Total                                    |                       | Rs.3,60,000 |

President said our Treasurer will look after the TNOA building. Dr Nalli Uvaraj suggested to change the official address to our new building address. Dr PV Vijayaragavan advised to change the address in societies act also, we have to give permanent address to OASIS in our TNOA Building and Chennai should be the Head Quarters for Orthopaedic Association of South Indian States. All these suggestions are passed.

## 7. Building Committee:

It is proposed to form a Building Committee to take care of our TNOA Office at Chennai.

- Chairman - Dr. Selvaraj .  
Committee - Dr. Nalli Yuvaraj, Dr. Raja Ravi Varma, Dr. Sivakumar, Dr. Ramesh Babu,  
Dr. Muralidharan  
Dr. Singaravadiivel, Dr. Muthuraman, Dr. Antony Vimal Raj, Dr. Thirunarayanan,  
Dr. Francis Roy  
The President /Secretary / Treasurer from the current office

The tenure of the members will be for 5 years.

Dr Nalli R Yuvaraj asked details about the role of the proposed committee. President clarified that committee will meet during the annual conference and any major issues / changes in the building to be approved by the committee. Dr Navaladi Shankar suggested to include a medico legal person (to be discussed later). Dr Venkatesh babu enquired in which name the building was registered. Dr Thirunarayanan answered, its only in the name of our association TNOA. Dr Muthuvelrajan suggested to install a CCTV camera in the premises. Dr PV Vijaraghavan asked for whether we can conduct our EC Meetings there. President said we have already made all arrangement for the same. All suggestion and the building committee was approved by the general body meeting.

## 8. Conduct of TNOACON

1. Proper Application with committees formed to be presented 2 years ahead. The Chairman, Organising Secretary, scientific Committee Chairman to be mentioned.
2. The team's bid should be sent through the EC member of the zone 15 days before.



3. If more than one team propose to conduct then it will be decided in the GBM.
  4. All members of the organising committee should be life members of TNOA / IOA.
  5. After completion of the TNOACON, the report of the meeting along with photographs of the Inauguration, events and Valedictory with the Audited statement should be submitted to the TNOA office before the 1 EC meeting.
- Dr PV Vijayaraghavan said it's difficult to comply the 4th point, President intervened and said its already in our bylaws. All five points on conduct of TNOACON passed by the general body meeting.

#### **9. TNOACON's Contribution:**

At present contribution to TNOA is Rs. 3.5 lakhs from TNOACON. From TNOACON-2021-(Trichy) onwards, contribution to TNOA can be increased to Rs 5 Lakhs. This amount will be increased by 10% every year. Dr PV Vijayaraghavan asked for a clarification regarding it's 10% of collection / Increase. Dr Sundar also raised doubts. It has been clarified that its 10% increase from the previous TNOACON's contribution (Rs 5,00,000 from Trichy). This was approved by the GB.

#### **10. TNOA Protocol for Treasurer:**

The Treasurer - Core Office Bearer.

1. He shall be given complimentary registration and accommodation for TNOACON.
2. He shall be given the chair in the Dais during Inauguration and valedictory function.

Dr Raja Ravi Varma suggested to include TREASURER as one of the PRINCIPAL OFFICE BEARERS of TNOA along with President, Secretary, President Elect, Vice President & Joint Secretary. Resolution was passed in this regard after Dr Francis Roy Proposed and Dr PT Saravanan seconded.

#### **11. Calendar of Events:**

In the calendar of events, the following events to be added.

Zonal meet – The date prior to the conduction of first EC meeting.

Registration of TNOA – Since the renewal of registration of TNOA is to be done every year.

Dr Natesan suggested to conduct EC Meeting & District / Zonal Clubs Officers Meeting on the same day. President accepted the same. Zonal club secretary should attend (Compulsory) the meeting without fail.

Zonal Club President & Treasurer should also represent their club. Dr. Bharathi Selvan wants everyone (President / Secretary / Treasurer) should come for this zonal meeting. Dr. Ramesh babu said zonal club office bearers should participate actively going for bone and joint day activities.

#### **12. Nominations for the post of Editor:**

Now we have only one editor, since it involves major work and time, it is decided to bifurcate the work and nominate 3 editors as given below.

- A. Regular Journals
- B. ISSD Number / Indexing Work
- C. Video / Online Journal

Dr. Antony Vimalraj object the decision to appoint three editors for TNOA as its not mentioned during the election process. Dr Natesan said the work of our editor is more than other EC Members. Dr Raja Ravi Varma welcomed the decision and suggested officially one editor and President in his capacity appoint other two. Dr Selvaraj said Dr Antony's raised a valid point and asked to call for fresh nomination for the proposed additional editor posts. Dr. Nalli Yuvaraj and Dr.Raja Ravi Varma also said call for fresh nominations and take decision. Dr. Navaladi Shankar asked for a clarification regarding the role of nominated Editor in the elected Executive committee and said TNOA definitely needs TWO EDITORS.

Dr Prabhakar and Dr Sundar said Two Editor Posts are permanent and third one is temporary post.

President Elect Dr. Dheenadhayalan intervened and said as we are moving towards digitalization of TNOA, 2nd editor for Video journal is must. Dr Thanappan suggested to form Editorial Board Past Editor, Editor & Joint Editor (Editor Elect). After this long discussion GBM passed a resolution of TWO Permanent Editors (Part of EC) and One Temporary Editor appointed by the president.

#### **13. TNOA Mobile App**

TNOA APP was officially launched at TNOACON 2019 Inaugural Function. President sponsored NEW MOBILE APP exclusively for our TNOA, which includes everything from Membership, TNOA Journal, TNOA Video Journal, TNOA Fellowships, Conference, CME Programs, Zonal Club Matters, etc was introduced. Dr Terrence, the coordinator explained all salient features and used friendliness of this new app which is available both in Google Play Store & Apple IOS Platform. President, President Elect, Secretary & Dr Terrence are going to be in charge for this TNOA APP for next 5 years. Not going to enroll new membership through this app for next two years. Admin: President /



**VI. TNOA Sub Speciality Gold Medals:** We have three medals named as; TNOA Dr. K. Sriram Paediatric Orthopaedics Gold Medal, TNOA Dr. S. Rajasekaran Spine Gold Medal & TNOA Dr. David V. Rajan Arthroscopy Gold Medal. Three more medals pending for sponsors— Arthroplasty, Foot & Ankle and Oncology. Past President Dr. Sivakumar is the chairman for Sub speciality medal committee.

**VII. TNOA BUILDING:** Successfully registered our TNOA office premises On 14.09.2018 and occupied after GRAHAPRAVESAM at 'D' Block in ASTA AVM Apartments building at Vadapalani, Chennai on 01.02.2019. Initiated by the then TNOA President – Prof. Dr. Selvaraj & Dr. Muralidharan at the helm made this possible with great and continuous efforts.

Special appreciation to EC Member Dr. Thirunarayanan & Dr. Prabhakar Singh- Treasurer for the smooth registration of the property. We thank our Past Presidents Dr. Nalli Yuvraj, Dr. Raja Ravi Varma, Dr. R. Siva Kumar & Dr. S. Ramesh Babu. Also thank and grateful to Past Secretaries Dr. V. Singaravadivelu, Dr. S. Muthuraman & Dr. Antony Vimal Raj and honorable members of TNOA.

Following the request from Secretary General of OASIS, the Executive Committee of TNOA decided to provide Permanent address and Locker for OASIS in our TNOA building at Chennai as per the decision taken at 1st EC meeting held on 6th May, 2018 at Dindigul.

#### **VIII. Editor's Report by Prof Dr. N. Thanappan**

On behalf of GB, Secretary Dr. Francis Roy thanked and congratulated Dr. Thanappan for his appreciable work as an Editor.

Release of First issue of TNOA Journal 2018-2019: The first issue of TNOA Journal 2018-2019 was released on 22nd of July 2018 at PROF TKS MID YEAR TNOA CME – PATTUKOTTAI. First copy of journal was handed over by the Chief Guest Prof A. DEVADOSS to Our Honorable TNOA President Dr Muralidharan. TNOA President Elect Dr Dheenadhayalan & TNOA Secretary Dr Francis Roy & Other Office Bearers have participated in the function.

The Second issue of TNOJ was released on FEB 8th at the inaugural ceremony of TNOACON 2019 in the same venue. Our honorable Past President & IOA CSRC Chairman Dr Ramesh Babu released the second issue. The first copy was given to the Chief Guest Dr Namperumal Samy. Our Honorable President Dr. Muralidharan, President elect Dr. Dheenadhayalan, Secretary Dr Francis Roy, Treasurer Dr Prabhakar Singh our Past Presidents DR. Nalli Yuvaraj & Dr Selvaraj graced the function.

#### **Indexing Work:**

Path crossed over the past 2 years: Indexing work was given to ORG group which is already handling the state Orthopaedic Journal of Karnataka, Maharashtra & UP. A separate website was launched for the journal the domain name [www.tnoonline.com](http://www.tnoonline.com). Back issues of the past 5 years were uploaded in the website

Targets yet to achieve: ISSN number to be obtained for TNOJ. The application is being rejected by National Science Library for various reasons. The NSC have accepted our recent application just a week back (It was rejected 5 times previously). Once ISSN is materialized Indexing our journal is just a step away & and all our back issues will be indexed retrospectively.

Requesting all the TNOA members & Associate Members to actively contribute articles to our TNOJ. The journal can grow further only if more & more members are actively contributing. Articles can be directly uploaded to our journal website [www.tnoonline.com](http://www.tnoonline.com)

He thanked all the Presidents and other office bearers of TNOA as well as all the Members of TNOA for giving him the opportunity to work for TNOA & wished the Incoming Editors all the very best.

Dr Dheenadhayalan said the editorial board members should reply to the email which they will receive within four days to get ISSN Number.

#### **IX. Fellowship Secretary's Report: Dr. K. Meenakshi Sundaram**

The selected candidates for TNOA Prof. A. J. Selvapandian Inland fellowship & TNOA Dr. Muralidharan & Dr. Vanasekar Inland fellowship;

1. Dr. S. Vishnu - Kilpauk Medical College,
2. Dr. T. Sathish Kumar - Stanley Medical College,
3. Dr. Sridhar krishnamoorthy – Govt Royapettah Hospital &
4. Dr. Manoharan Muthulingam – MGMCRI, Puducherry.

They completed the fellowship at Ganga Hospital, Coimbatore for two weeks 16th – 31st January 2019.



**X. TNOA Foreign Travelling Fellowship** (Below the Age of 50 years) for 2019 selected candidate is Dr. Bharathi selvan from Chidambaram. Dr. Franklyn Kiruba, the selected candidate for TNOA Prof. A. Subramanian Foreign Travelling Fellowship last year will be completing his fellowship in Germany.

TNOA Prof. R. Ramakrishnan Gold Medal Exam for conducted on 26th January 2019 at Vellore. The selected candidate is Dr. M. Sathish from Madras Medical College.

TNOA Prof.K.R.Venkateshwar PG Travelling fellowship: Exam conducted during the TNOA conference at Madurai 2019 in HALL D on 8-2-2019. The Selected Candidates are Dr.Vasantha Raj. V, GMKMC, Salem & Dr. Sayantan Saha, Rex Hospital, Coimbatore. Dr Selvaraj clarified its Dr KR Venkateshwar Memorial Fellowship. All our selected fellowship candidates are eligible for complimentary registration to TNOACON.

TNOA Inland Fellows presented their report to General body, President handed over their Fellowship certificates along with honorarium.

#### **XI. Treasurer report: Dr Prabhakar Singh – Treasurer - TNOA**

He thanked all the members in G.B / E.C for creating a post of treasurer and elevating it as a state level post. Detailed the transactions made in our TNOA & TNOA Trust Accounts and list of various fixed deposits. To overcome practical difficulty accounts maintained in INDIAN BANK Besant nagar branch transferred to Chetpet branch. Income tax return for the financial year 2017-18 filled and received audited statement. Already started the process of getting 80G exemption for donations to our TNOA Trust and TNOA Society Re-registration. Dr Venkatesh babu asked for a receipt for his donations towards building fund few years ago. Treasurer said he will check the details and do the needful at the earliest.

#### **XII. Report by Organising Secretary of TNOACON 2019: Prof. Dr. R. Sivakumar - Madurai**

52nd Annual Conference of TNOA on 08th, 09th & 10th February 2019 at Courtyard by Marriott, Madurai. Theme: Tradition & Innovation. Highest number of registrations in the history of TNOACON, crossed 1000 mark. Totally about 187 faculties including five foreign, twenty-five national and 157 state faculties. Record number of delegate presentations with never before sessions; Fast & Furious – 4+1 Minutes, Lightning Session - 2+1 Minutes. Unique for this conference is; (a) travel by doyens & (b) tradition and innovations session is almost like orations, (c) Moot Court (d) Forgotten Chapters in Orthopaedics (e) Certified AO Courses – AO Trauma and AO Spine – Symposia & Workshops (f) Six Unique Workshops. Organizing Secretary thanked remembered the great help rendered by TN Revenue Minister Thiru RB Udayakumar for smooth conduct of the conference. For the first time we have introduced FAST CHESS along with routine Tennis and Badminton during this year's TNOACON SPORTS MEET. Original Jalli Kattu bull was brought to the venue. Regarding Food; maintained the originality of Madurai special and traditional items also served. Trade & Exhibition: record number of stalls with more than 70 sponsors.

#### **XIII. Report by Organising secretary of TNOACON 2020 - Dr. Manivannun - Vellore:**

Delivered a short video presentation on TNOACON 2020 at Vellore. Conference dates are 7th, 8th & 9th February 2020. Introduced his organizing team. Conference Website: [www.tnoacon2020.com](http://www.tnoacon2020.com). Theme of Conference: "Basics and Beyond". Venue: KINGSTON ENGINEERING COLLEGE - Huge Auditorium, two big air conditioned halls, spacious dining hall, ready to use open space with greenery and a farm just opposite to the campus can be utilized for banquet. Distance from Chennai Airport – 140 km, Railway Station – 5 km & Bus Stand – 10 km. He thanked Team TNOA 2018-19 for visiting Vellore on 16.12.2018 and selected this venue. Expecting following International Faculty for the conference:

Mr. Richard Hartley, Consultant Shoulder Elbow Surgeon, Royal Bourne mouth Hospital, UK., Mr. Pinak Ray, Consultant Foot and Ankle Surgeon, Barnet Hospital, UK., Dr. Rajagopal, Consultant Paediatric Spine Surgeon, Circle Hospital Reading, Berkshire, Dr. Paras Kumar, Consultant Ankle Surgeon, Medway Hospital, Rochester (UK) along with eminent national faculties. Assured of Many firsts in the History of TNOACON. Enlightened about various attractions in and around Vellore.

It is mandatory by TNOA – Bylaws that the organizers of TNOACON, must be members of TNOA for more than 10 years. Since our present organising chairman Prof. Mohan Gandhi & Dr. Manivannun from Vellore Orthopedic society are members of TNOA for less than 10 years. It is decided to conduct the TNOACON – 2020 conference at Vellore jointly by TNOA and Vellore orthopedic society.

Accordingly TNOA President – Dr. J. Dheenadhayalan will be organising secretary. TNOA President Elect – Dr. S. G. Thirumalaisamy will be the organising chairman. Prof Mohan Gandhi from Vellore Ortho Club will be Organising chairman and Dr. Manivannun will be Organising Secretary.



#### **XIV. Report by Organizing Secretary of TNOA Prof. T. K. Shanmugasundaram Mid-Year CME 2018 – Dr CJ Ravi**

TNOA - Prof.TKS Mid-Year CME was conducted on 21st & 22nd July 2018 at Ayya Mahal, Pattukottai by Thanjai ortho club. Dr. Gulam Mohideen was the Organising Chairman and Dr. C. J. Ravi was the Organising Secretary. The Theme of the CME was "Foot & Ankle". About 211 delegates attended this CME of which 64 were PGs.

Day 1 - 21.07.2018: Workshops and Symposium: Hands on workshop on "Fixation of Pilon fractures". Live saw Bone workshop on Calcaneal fractures was conducted. Hands on workshop on Triple Arthrodesis. Organised a banquet dinner in Dr Newton's farm house.

Day 2: 22.07.2018: Lectures: TNOA-Prof.TKS CME was inaugurated by TNOA-President Dr. Muralidharan. Prof. Dr. Devadoss was our Chief Guest and he was honoured for his lifetime service to orthopaedics. 1st Edition of TNOA Journal 2018-19 was released by Prof. Devadoss. Senior Medical Practitioners of Pattukottai and Senior Orthopedicians of Thanjai Ortho club were honoured. 2 National Faculties and 19 Tamilnadu faculties adored the CME.

There is an exceeded cost of Rs 2,66,950 and the same was managed by the organizing team.

#### **XV. Report – Organising Secretary TNOA Prof. T. K. Shanmugasundaram Mid-Year CME, 2019– Dr Bharathi Selvan**

Organized by Cholamandalam Ortho Club and Department of Orthopaedic, RMMCH at HITECH HALL, Annamalai University, Chidambaram on 20th & 21st July 2019. Theme of CME: Complex Periarticular Fractures. Workshop on July 20th, 2-4 Pm; Topics: Intertan Nail & Supra Patellar Nail. Boat Ride at World Largest Mangrove Forest, Pitchavaram is Complimentary for Early Bird Registrations. Planning for Gala Dinner at Pitchavaram On 20th July 2019. CME On 21 July 2019 starts with breakfast, CME, Tea Break, Inauguration, Lunch, Post Lunch Session, Tea Break & Vote of thanks. Also hosting TNOA EC Meeting during the program. Prof Dr R Neelakrishnan is the organizing chairman. Two organizing secretaries – Dr V Bharathi Selvan & Dr S Natarajan.

#### **XVI. TNOACON 2021 – Trichy.**

As per the bylaw its going to be conducted in Central Zone I (by rotation). Received a valid bid / proposal from Trichy Ortho Society and Dr Mukesh Mohan delivered their presentation in video format. GB approved to conduct the conference TNOACON 2021 at Trichy. Organizing Chairman: Prof. Dr.P. Mathivanan, Organising Secretary: Dr. G. Mukesh Mohan, Scientific Chairman: Dr Jaikish & proposed venue: Kalaiarangam, Trichy.

#### **XVII. Venue for TNOA Prof. T. K. Shanmugasundaram Mid-Year CME, 2020.**

Nellai ortho club had requested for conduct of TNOA Prof. T. K. Shanmugasundaram Mid-Year CME - 2020 Mid year CME and was passed.

#### **XVIII. National Bone & Joint Day activities report- 2018.**

Tamilnadu Orthopaedic Association & its affiliated district / city ortho clubs organized following activities during this year's National BONE & JOINT DAY 2018. BJD Activities week from 1st to 7th August 2018.

|  |   |                                    |
|--|---|------------------------------------|
| A) Distribution Of Pamphlet                  | : | 15 Programs Conducted              |
| B) Road Safety Lectures                      | : | 21 lectures Organized              |
| C) Rallies                                   | : | 15 Rallies / Human Chain Organized |
| D) Basic Life Support Course                 | : | 14 BLS courses Conducted           |
| E) Golden Hour Trauma Management For Doctors | : | 2 programs done                    |
| F) Free Orthopaedic Camp                     | : | 28 camps done                      |
| G) Newspaper And TV                          | : | 12 press meets done                |
| H) Free Orthopaedic Surgery                  | : | 57 Surgeries done                  |
| I) Unique Program                            | : | 9 Unique Events Organized          |

#### **A) DISTRIBUTION OF PAMPHLETS**

- 02.08.2018 Madurai - Rajaji Medical College Madurai
- 07.08.2018 Kanchi Ortho Club – Road safety Awareness on Helmets & Display of banners & distribution of pamphlets @ IOC Petrol Pump.
- Sensitization & Banner release during Doctors Meet @ GRT Regency, Kancheepuram on 20.07.2018
- Kancheepuram: Display of Placard & Distribution of Pamphlets on Road Safety at our KOC Members Hospitals & Clinics from 27.07.2018
- 03.08.2018 Chennai Ortho Departments of Kilpauk & Rayapettah Medical College.



6. 04.08.2018 Madurai MaduraiOrthopeadic Club - Dr.Karthik Raja
7. 04.08.2018 Salem Mid-West Ortho Club
8. 04.08.2018 Vellore- by Shrishti School & Vellore Ortho Society
9. Dindigul Ortho Club
10. 04.08.2018 Salem - Govt Hospital & Mid-West Ortho Society
11. 05.08.2018 Tirunelveli Nellai Ortho Club & IMA
12. 05.08.2018 Cuddalore Cholamandalam Ortho Club & IMA - Dr.Barathi Selvan
13. 05.08.2018 - Erode Ortho Club
14. 05.08.2018 Karamadai / Coimbatore Ortho Club Rally & Distribution of pamphlets, display of Road Safety Placards
15. 07.08.2018 Pattukottai / Thanjai Ortho Club.

#### **B) ROAD SAFETY LECTURES**

1. 01.08.2018 Tuticorin - Sakthi Vinayakar CBSE School. (Nellai Ortho Club) Dr.Mari Muthu - EC Member on Road Safety Awareness & First Aid
2. 01.08.2018 Kanchipuram - Kanchi Ortho Club - Patient Awareness on Road safety & Native Bone Setting Practices - Dr.P.T.Saravanan
3. 02.08.2018 Madurai - Rajaji Medical College, Madurai - Dr.Karthik Raja -EC Member Road Safety Awareness Seminar& Discussion with Public
4. 02.08.2018 Thiruvannamalai - TVS School, Thiruvannamalai Ortho Club- Dr. Senthilnathan Traffic Quiz Competition
5. 03.08.2018 Chennai - Rajiv Gandhi Medical College Dept Of Orthopeadics - Road Safety Awareness Program
6. 04.08.2018 Kanchipuram / Kanchi Ortho Club Road Safety Education for Children @ Champion Sports Karate Academy. About 60 children attended.
7. 04.08.2018 Salem Govt MK Medical Hospital - Dr.Parthasarathy Road Safety Awareness Program
8. 04.08.2018 Tuticorin NOC - Dr.Marimuthu – organized Traffic Quiz competition
9. 04.08.2018 Salem - London Ortho Hospital Dr.Sugavanam Road Safety Programme
10. 05.08.2018 Kanchipuram Kanchi Ortho Club & IMA Kanchi Interactive Session With Children On Road Safety Dr.P.T.Saravanan
11. 06.08.2018 Coimbatore COS - Dr. Bala Subramanian &Dr. Siddha Naidu Road Safety For School Children
12. 06.08.2018 Chennai MMC & RGGMC Road Safety Awareness Campaigns
13. 07.08.2018 Chennai MOS - Annual Quiz For 2018 - On Road Safety For 15 PG Groups. Dr.Ramesh Babu, Member CSRC of IOA as a Guest Of Honour.
14. 07.08.2018 Chennai - MGR School, Kodambakkam Dr. Ramesh Babu - Spot Hospital Road Safety Awareness Programme
15. 04.08.2018 Chennai - Govt Rajaji Medical College MOS - Dr. Saravanan - EC Member Public Awareness On Road Safety
16. 04.08.2018 Salem Dr. Premnath Road Safety Awareness Program - Seshas Matric school-200 students participated
17. 04.08.2018 - Vellore - Shrishti School Vellore Ortho Society - Dr.Manivannun EC Member Road Safety Awareness Talk
18. 09.08.2018 Kanchipuram - Kanchi Ortho Club & Rotary Club - Road Safety & Fracture Care & Demonstration on CPR
19. 04.08.2018 Kanchipuram - Sri Sathya Sai Medical College - Drivers Awareness Programmes.
20. Harur – Road safety awareness programme conducted organised by Dr.Arun.
21. Perambalur – Road Safety Lectures and Release of Bone & Joint Day Car Stickers conducted at Railway Hospitals along with Madras Orthopaedic Society – Dr. Ramesh Babu – Chairman, CSRC. Released the sticker and was received by Prof. Panidaselvan – President of MOS

#### **C) RALLIES / HUMAN CHAIN**

1. 02.08.2018 Madurai - Rajaji Medical College Madurai - Human Chain & Display of Road Safety Placards
2. 03.08.2018 Chennai Ortho Departments of Kilpauk & Rayapettah Medical College - Human Chain
3. 04.08.2018 Madurai Madurai Orthopeadic Club - Dr. Karthik Raja - EC Member Cycle Rally
4. 04.08.2018 Salem Mid-West Ortho Club Rally on Road Safety Awareness
5. 04.08.2018 Vellore- Shrishti School Vellore Ortho Society - Dr. Manivannun, EC Member Walkathon On Road Safety.



6. Dindigul - Dindigul Ortho Club - Cycle Rally 30 – TNOA President Dr.Muralidharan Inaugurated.
7. 04.08.2018 Salem - Govt Hospital & Mid-West Ortho Society - Dr. Tharun & Dr. Meenakshi Sundaram - Fellowship Secretary organized RALLY on Road safety
8. 05.08.2018 Trichy - Trichy Ortho Club - Dr. Terrence: Boneathon Run - 5kms 2000 Runners
9. 05.08.2018 Tirunelveli - Nellai Ortho Club & IMA Cycle Rally 50 Dr.A.Francis Roy – Secretary Organized.
10. 05.08.2018 Cuddalore -Cholamandalam Ortho Club & IMA - Dr. Barathi Selvan Rally On Road Safety Awareness
11. 05.08.2018 Erode- Erode Ortho Club Cycle Rally on Road Safety
12. 05.08.2018 Karamadai - Coimbatore Ortho Club Rally & Road Safety Placards - Dr. Sundararajan – EC Member 500 Students Organized By Dr. Dheenadhayalan
13. 07.08.2018 Pattukottai - Thanjai Ortho Club - Dr. C.J .Ravi Motor Bike Rally
14. Human Chain Formation with display of Road Safety BANNERS & PLACARDS @ Vaigunda Perumal Koil Extension Municipal Park Area by Para Medical Students from Kumaran Institute & Gandhi College of Nursing, Kancheepuram on 02.08.2018
15. Harur – Road Safety Rally conducted in a very small rural hilly town in Salem organised by Dr. Arun.

#### **D) BASIC LIFE SUPPORT COURSES**

1. 02.08.2018 Kanchipuram Kanchi Ortho Club & IMA - BLS Training for Nurses & Lab Technicians. About 60 students attended. By Dr. P. T. Saravanan
2. 03.08.2018 Chennai - Kilpauk Medical College MOS BLS Course
3. 04.08.2018 Dindigul - Dindigul Ortho Club BLS For Nurses & Paramedical Staffs
4. 04.08.2018 Salem Mid-West Ortho Society BLS Course Dr. Meenakshi Sundaram
5. 04.08.2018 Vellore - Vellore Ortho Society BLS For Nurses
6. 05.08.2018 Nagercoil- Srinivasa Hospital & KK Ortho Society BLS Course for Paramedics
7. 06.08.2018 Kanchipuram Kanchi Ortho Club & IMA Kanchi Nurses Education On Safe Injection Practice & BLS - Dr.P.T.Saravanan
8. 07.08.2018 Pollachi - Sri Saraswathi College & Arathana Hospital BLS For College Students
9. 07.08.2018 Kanchipuram Kanchi Ortho Club - Mr. Anand Swimming Instructor First Aid / BLS For Drowning Dr.P.T.Saravanan
10. 09.08.2018 Salem - Kurinchi Hospital Mid-West Ortho Society BLS For School Students 100
11. Coimbatore - Vidhya Vikas School Ganga Hospital - Dr.Kannan & Dr. Bala Venkatesh BLS & FIRST AID For Students 400
12. BLS Training Program for Fire & Rescue Services Personnel - WATER RESCUE TECHNIQUES: Direct & Indirect Methods and First Aid and CPR Demo @ District Swimming Pool Complex, Kanchipuram on 10.08.2018
13. 05.08.2018 – Tirunelveli – Annai Velankanni Hospital – Nellai Ortho club & Annai Velankanni Hospitals conducted BLS course for Paramedics organised by Dr.A.Francis Roy.
14. Harur - BLS program conducted in a very small rural hilly town in Salem organised by Dr. Arun.

#### **E) GOLDEN HOUR TRAUMA MANAGEMENT FOR DOCTORS**

1. Golden Hour Trauma Care for Doctors @ MM Legacy, Kancheepuram organized by on 05.08.2018. It's a Socio Scientific get-together of Kanchi Ortho Club Members & their family.
2. Golden Hour Trauma Care for Doctors on the occasion of Bone & Joint day @ Salem on 04.08.2018.

#### **F) FREE ORTHOPAEDIC CAMPS**

1. BMD camp @ Rajas International School, Nagercoil by Dr. Srinivasan. About 100 teachers screened on 30.07.2018
2. BMD camp @ Sri Balaji Hospital, Valliyur by Dr. Sankara Venkatesan. About 50 patients screened on 07.08.2018
3. 02.08.2018 Thiruvavar - Navajeevan Hospital Thiruvavar & Thanjai Ortho Clubs BMD camp -Dr. Ansari
4. 03.08.2018 Kanchipuram - BMD camp @ Govt District Quarters Hospital, Kanchi Ortho Club & IMA - Dr.P.T.Saravanan 165 people screened.
5. 03.08.2018 Salem- Kurinchi Hospital BMD Camp conducted.
6. 03.08.2018 Salem - BMD Camp @ IMA Hall Mid-West Ortho Society
7. 03.08.2018 Coimbatore - BMD camp @ Rex Hospital by Dr.Rex
8. 04.08.2018 BMD camp @ Tirunelveli Medical College Nellai Ortho Club & Ortho Department
9. 05.08.2018 Chidambaram - BMD camp @ Rajah Muthiah Hospital, Cholamandalam Ortho Club & Dept Of Orthopaedics - Dr. Barathi Selvan. 75 patients screened.



10. 05.08.2018 Chidambaram - BMD camp @ Kanna Hospital Cholamandalam Ortho Club by Dr. Barathi Selvan. 51 patients screened.
11. 06.08.2018 Madurai- BMD camp @ Preethi Super specialty Hospital - Prof. Dr. Siva Kumar
12. 07.08.2018 Chennai - BMD camp @ Rajiv Gandhi Medical College Ortho Department - 150 patients screened.
13. 07.08.2018 Dindigul - BMD camp @ SS Hospital by Dr. Eswara Kumar
14. 07.08.2018 Madurai- BMD camp @ Preethi Super specialty Hospital by Prof. Dr. Siva Kumar
15. Chennai - Govt Rayapettah Hospital BMD camp @ Ortho Department
16. Chennai - BMD camp @ MMC Hospital Ortho Department - 200 patients screened.
17. BMD camp @ Ottanchathram Dindigul Ortho Club by Dr. Sundararajan
18. Salem - BMD camp @ Suraksha Hospital Mid-West Ortho Society by Dr. Tharun
19. 23.07.2018 Chennai - Free Orthopaedic Medical & Screening Camp @ SPOT Hospital by Dr. Ramesh Babu
20. 01.08.2018 Salem Free Orthopaedic Medical Camp @ Vinayaga Mission Medical College & Hospital Dr. Meenakshi Sundaram
21. 01.08.2018 Free Orthopaedic Medical Camp @ Sangeetha Ortho Centre, Kanchipuram by Kanchi Ortho Club
22. 03.08.2018 Free Orthopaedic Medical & Screening Camp @ Tiruvannamalai by Dr. Senthilnathan
23. 04.08.2018 Salem - Free Orthopaedic Medical & Screening Camp @ London Ortho Center by Dr. Sugavanam
24. 04.08.2018 Vellore Free Orthopaedic Medical & Screening Camp @ Mani Sundaram Hospital by Dr Manivannun, Vellore Ortho Club
25. 07.08.2018 Salem - Free Orthopaedic Medical & Screening Camp @ Ima Hall Mid-West Ortho Society by Dr. Premnath
26. 30.07.2018 – Tirunelveli – Ortho Plus – BMD camp conducted by Dr.A.Francis Roy.
27. 04.08.2018 – Tirunelveli – Annai Velankanni Hospital – Free orthopaedic screening camp conducted by Dr.A.Francis Roy.
28. 01.08.2018 – Tuticorin – Tuticorin Medical College & Hospital – BMD camp conducted by Dr. Marimuthu – EC Member.

#### G) **NEWSPAPER AND TV**

Following Press meets organized by TNOA & its affiliated zonal clubs to sensitize public through media about our BONA & JOINT DAY and Week-long activities including FREE SURGERIES and IOA PIL on Road Safety.

1. 22.07.2018 Pattukottai Mid Year CME - Dr. Muralidharan & Dr.A.Francis Roy
2. 08.07.2018 Chennai KMC - Dr. Prabhakar Singh & Dr.Antony Vimal Raj
3. 16.07.2018 Tirunelveli Nellai Press Club - Dr.A.Francis Roy
4. 16.07.2018 Nagercoil – Dr Srinivasan & Dr Zubair
5. 16.07.2018 Salem - Dr. Manimaran & Mid West Ortho Club
6. 18.07.2018 Coimbatore -Dr. Dheenadhayalan, Dr.Sundrarajan & COS
7. 18.07.2018 Dindigul -Dr.Muralidharan& Dindigul Ortho Club
8. 16.07.2019 Thiruvavur - Dr Ansari
9. 16.07.2018 Vellore - Dr. Manivannun & Dr. Mohan Gandhi & Vellore Ortho Club
10. 18.07.2018 Trichy - Dr. Terrence& Trichy Ortho Club
11. 28.07.2018 Chennai - Chennai Press Club - Dr.A.Francis Roy &Dr. Prabhakar Singh
12. 16.07.2018 Kanchipuram Kanchi Ortho Club - Dr.P.T.Saravanan.

There is a wide media coverage on our BJD activities throughout the state especially the UNIQUE PROGRAMS received much publicity of both print & visual media.



## A) FREE ORTHOPAEDIC SURGERIES

Members of TNOA conducted 57 FREE SURGERIES worth Rs 22,63,513/= (Cost Waived) during BONE & JOINT DAY Activities Week from 1st – 7th August 2018 (Details enclosed).

| S. No | TNOA Member / Surgeon                       | Pt Age / Sex | Diagnosis  | Surgical Procedure  | Cost Saved |
|-------|---|--------------|--|---|------------|
| 1     | Dr. R. Muralidharan -Dindigul               | 10/M         | osteogenesis imperfecta pathological fracture right humerus and left femur | Corrective Osteotomy (seekh kabab) for right humerus + tens nailing for femur | 75,000     |
| 2     | Dr. R. Muralidharan - Dindigul              | 5/M          | osteogenesis imperfecta right femur  | shish kabab osteotomy + ending nailing right femur                            | 45,000     |
| 3     | Dr. R. Muralidharan - Dindigul              | 63/M         | 3 Years old infected TKR   | Arthrotomy right knee   | 35,000     |
| 4     | Dr. V. Barathi Selvan -Chidambaram          | 31/M         | United fracture shaft of Femur Right - with Implant Insitu                 | Implant Exit  | 20,000     |
| 5     | Dr.R.Neelakrishnan -Myladuthurai            | 55/M         | Grade -2 Compound fracture Both Bone Leg Right Distal 1/3rd                | Close Reduction Internal Fixation With IMIL Nailing Done - Right side         | 60,000     |
| 6     | Dr. R. Sivakumar - Madurai                  | 41/M         | United # Both bones leg - Nail + TENS                                      | Implant Exit  | 15,000     |
| 7     | Dr. R. Sivakumar - Madurai                  | 48/M         | United # Distal End of Radius  | Implant Exit  | 15,000     |
| 8     | Dr. R. Sivakumar - Madurai                  | 35/M         | United # Shaft @ femur   | Implant Exit  | 40,000     |
| 9     | Dr. R. Sivakumar - Madurai                  | 35/M         | Distal femur # with Orthofix & Antibiotic beads                            | Implant exit & beads Removal  | 30,000     |
| 10    | Dr. R. Sivakumar - Madurai                  | 25/M         | F3 Fingertip injury  | Shortening Closure  | 20,000     |
| 11    | Dr. S. Natarajan - Cuddalore                | 07/M         | Type 2 Supracondylar fracture elbow  | Percutaneous pinning  | 24,000     |
| 12    | Dr.Velmurugesan Ganga Hospital - Coimbatore | 28/M         | Type 3B Open fracture TIBIA on LRS   | Corticotomy @ tibia   | 40,000     |
| 13    | Dr. S. Sundarajan -Udumalpet                | 5/M          | Non Union # Lat Condyle Humerus  | ORIF with K wires   | 40,000     |
| 14    | Dr.S.AbdulHameed Ansari -Thiruvavur         | 35/F         | Infected implant Lt Humerus / United Fracture Lt Humerus                   | Implant Exit  | 25,000     |
| 15    | Dr Raja BhaskaraKanakeshwar GANGA           | 65/F         | United # inter Trochanter - PFN Cut out                                    | Implant Exit  | 45,000     |
| 16    | Dr. Joseph Christopher Babu - Dindigul      | 44/M         | Comminuted fracture lateral end of clavicle Right                          | ORIF with LCP   | 60,000     |
| 17    | Dr.K.Vinodh - Coimbatore                    | 13/M         | Post Traumatic valgus (L) Knee   | Guided growth using 8 plate   | 30,000     |
| 18    | Dr. S. Eswarakumar - Dindigul               | 55/F         | Bimalleolar # Ankle @  | ORIF with cancellous Screws   | 30,000     |
| 19    | Dr. J. Manimaran - Salem                    | 14/F         | Fracture BB FA   | ORIF with Plating   | 25,000     |
| 20    | Dr. S. Ananda raj - Tirupur                 | 70/F         | Comminuted # Trochanter  | Open reduction & DHS Fixation   | 50,000     |
| 21    | Dr. S.P. Thiyaagu - Sathyamangalam          | 26/F         | Volar Barton #   | ORIF  | 30,000     |
| 22    | Dr. V. Jaiganesh - Theni                    | 32/M         | # BB @ Leg with ILN Tibia  | Dynamization  | 12,000     |
| 23    | Dr. V. Jaiganesh - Theni                    | 50/M         | Union # BB @ Leg - TENS  | Implant Exit  | 10,000     |
| 24    | Dr. G. Premnath - Salem                     | 34/M         | Open Comminuted # PPx Index with Flexor tendon Injury                      | Kwire fixation & Tendon repair @ Index  | 25,000     |
| 25    | Dr. M. Srinivasan - Nagercoil               | 49/F         | Adhesive capsulitis shoulder   | HSD & manipulation under GA   | 20,000     |
| 26    | Dr. Ramesh Perumal - Ganga Hospital         | 37/M         | United Fracture proximal tibia   | Implant Exit  | 30,000     |
| 27    | Dr. P.T. Saravanan - Kancheepuram           | 48/M         | Union # 1A distal Radius - Penig fixator & K wire                          | Implant Exit  | 6,500      |
| 28    | Dr. V. Muthu - Myladuthurai                 | 28/M         | Fracture PPx @ Index   | K Wire Fixation   | 12,000     |



|    |   |        |   |  |          |
|----|---|--------|---|--|----------|
| 29 | Dr. C. Raja ravivarma - Chennai                 | 65/F   | Malunion IT # with lag screw migration into hip joint   | Implant Exit   | 45,000   |
| 30 | Dr.Dhanpal Singh -Chidambaram                   | 29/M   | Inf Pole # Patella (L)  | TBW (L) Patella  | 40,000   |
| 31 | Dr.Dhanpal Singh -Chidambaram                   | 35/M   | Union # shaft (L) femur - ILN   | Implant Exit   | 25,000   |
| 32 | Dr. C. Sugavanam - Salem                        | 43/M   | Non union distal femur with LCP   | Implant Exit LCP followed by - ILN with Bone grafting  | 50,000   |
| 33 | Dr. M. Anand - Dindigul                         | 40/M   | Radial Head # with elbow dislocation  | Reduction, Radial head excision & K wire fixation  |          |
| 34 | Dr. Franklin Kiruba                             | 35/M   | PPx # Little finger   | K wire fixation  | 15,000   |
| 35 | Dr. S. Chockalingam - Trichy                    | 3/12/F | Congenital Dislocation left hip - DDH   | Adductor Tenotomy and Hip Spica Application  | 30,500   |
| 36 | Dr. Paul Gunachander -Trichy                    | 56/M   | Diabetic mellitus with supracondylar femur fracture/ acute Myocardial Infarction                        | ORIF/ Plating and Iliac Bone grafting + ICU care for MI  | 85,000   |
| 37 | Dr. S. Jaikish - Trichy                         | 31/M   | Fracture Both bone right side leg   | ORIF nailing   | 65,000   |
| 38 | Dr. J. Terrence Jose Jerome -Trichy             | 30/M   | Cut injury left index finger with FDS, FDP, Extensor expansion, Digital artery and nerve cut            | Wound debridement, Primary FDS, FDP, Extensor expansion repair. Microsurgical Artery anastomosis and nerve | 52,000   |
| 39 | Dr. Rex - Coimbatore                            | 8/M    | Pathological fracture femur TENS fixation   | TENS Fixation  | 30,000   |
| 40 | Dr.Bala - Coimbatore                            |        | Implant Removal   | Implant Removal  | 50,000   |
| 41 | Dr MuthuSaravana Kumar - Kovai                  | 65 / F | Right Neck of femur Fracture  | Bipolar Hemiarthroplasty   | 65,000   |
| 42 | Dr MuthuSaravana Kumar - Kovai                  | 09/M   | Right foot Degloving injury with distal tibia fibula fracture   | wound treatment with k-wire fixation   | 35,000   |
| 43 | Dr MuthuSaravana Kumar -Kovai                   | 65/F   | Right IT fracture DHS   | DHS Fixation   | 55,000   |
| 44 | Dr. Sundarrajan S R GANGA Hospital - Coimbatore | 57/M   | Multiple loose bodies right knee  | Arthroscopic loose body removal right knee   | 45,000   |
| 45 | Dr. J. Mohammed Zackariya Kovai                 | 52/ F  | Closed fracture proximal one third shaft of left femur  | Open reduction + intra medullary nailing left femur  | 1,00,000 |
| 46 | Dr.A.Devendra Ganga Hospital - Coimbatore       | 75 /M  | Non union left leg  | ORIF with interlocking nailing + plating + bone grafting left tibia  | 1,50,000 |
| 47 | Dr.Dheenadhayalan Ganga Hospital - Coimbatore   |        | Follow up case of major crush injury left leg with LRS in situ  | Bone grafting left tibia   | 75,000   |
| 48 | Dr.C.Arunkamal Ganga Hospital - Coimbatore      | 38 / M | United both bone fracture with intramedullary interlocking nail in situ with equinus deformity left leg | TA lengthening left leg  | 60,000   |
| 49 | Dr. A. Francis Roy - Tirunelveli                | 58 / F | Right Great Toe fracture  | K-wire Fixation  | 25,000   |
| 50 | Dr. A. Francis Roy - Tirunelveli                | 65 / M | Fracture Neck of femur  | Revision Bipolar   | 1,00,000 |
| 51 | Dr.Vjayabaskar West Zone                        |        |   |  | 42,000   |
| 52 | Dr Thulasiraman - Kancheepuram                  | 52/ F  | Inter trochanteric Fracture   | DHS Fixation   | 42,000   |
| 53 | Dr. RameshBabu - Chennai                        | 68/M   | Distal Radius Fracture - Wrist  | Closed Reduction & Percutaneous Pinning K-wires  | 30,000   |
| 54 | Dr. Manivannun - Vellore                        | 38 / M | Implant Exit  | Implant Exit   |          |
| 55 | Dr. Natesan - Erode                             | 60 / F | Displaced fracture medial condyle of femur left   | ORIF done with T-Butress plate and screws.   | 40,000   |
| 56 | Dr. V. Sachithanandam                           | 60/F   | Fracture femur of neck  | 6 holed Proximal humerus locking plates & screws   | 30,513   |
| 57 | Dr. V. Sachithanandam                           | 65/M   | Right Hand Infection  | I & D  | 12,000   |



## I) UNIQUE PROGRAMS

1. Chennai City's iconic RIPON BUILDING was illuminated with Purple color to mark our National Bone & Joint Day on 04.08.2018. Thanks to Parvathy Ortho hospital, Chennai.
2. Members of Nellai Ortho Club & TVMC Ortho Alumni Association donated 3,50,000/- worth Autoclavable Drills and Oscillating saw to Government Tirunelveli Medical College Hospital for the benefit of poor patients.
3. Distributed HELMETS Free of cost to create awareness on Road safety by Kanchi Ortho Club @ IOC Petrol Station, Railway road, Kancheepuram on 07.08.2018
4. First Aid / Rescue Techniques for DROWNING & WATER TRAUMA plus Aqua Yoga Demo for Swimmers & Firemen by Kanchi Ortho Club @ District Swimming Pool, Kancheepuram on 07th & 10th August 2018
5. STREET DRAMA on road safety @ Five places in Tirunelveli on 05.08.2018 by Nellai Ortho Club with the help of students from Manonmaniam Sundaranar University.
6. Honoring Senior Members of Orthopaedic fraternity on the occasion of Bone & Joint day @ Tuticorin on 04.08.2018
7. BONEATHON: Run for Road Safety & Bone Health – successful Mega Event with more than 2000 participants with many lower and upper limb amputee's victims of different Road traffic injuries participated in the event with huge interest to promote ROAD SAFETY - Mini Marathon for 5 km organized by Trichy Ortho Club @ Tiruchirapalli on 05.08.2018
8. Unique Safety Quiz program on traffic rules and signals conducted on 04.08.2018 at Tuticorin and appreciation certificated given to first three places.
9. Safety Rally and BLS program conducted in a very small rural town of Harur in the hilly region of Salem.

## XIX. TNOA Bone Health Awareness Fortnight: 07th – 21st October 2018

The GB congratulated all the members for the excellent conduct of the Bone & Joint day activities and various social activities during the Kerala flood and Gaja cyclone. The President appreciated the 21 zonal clubs were awarded appreciation shields.

Like previous years, this year also we have observed following Orthopaedic Health Days (Theme Based) in the month of October as "TNOA Orthopaedic Illness Prevention Fortnight"

- |  |   |                              |
|--|---|------------------------------|
| 12th October: World Arthritis Day              | - | Early Detection of OA        |
| 16th October: World Spine Day                  | - | Degenerative Spine Disorders |
| 17th October: World Trauma Day                 | - | Sports Injury Prevention     |
| 19th October: World Pediatric Bone & Joint Day | - | Congenital Anomalies         |
| 20th October: World Osteoporosis Day           | - | Post Menopausal Osteoporosis |
- World Arthritis Day Celebrations on 12th October At Tish Hospital, Chennai Inaugurated by Dr. C. Vijaya Baskar- Minister For Health & Family Welfare, Govt Of Tamilnadu.
  - World Arthritis Day & Osteoporosis Day: Mid-West Ortho Society Organized at VIMS Hospital. Special Lecture for Para Medical Students and Hospital Staffs. BMD Camp for Patients.
  - BMD Detection Camp & VPT Biothesiometry Camp @ Kancheepuram on 15.10.2018.
  - World Arthritis Day special Orthopaedic camp and Fight Against Arthritis Awareness Exhibition organised by Ortho-One Hospital, Coimbatore from 12 – 14 Oct 2018.
  - World Arthritis Day special Orthopaedic camp and BMD camp organised by Pragathi Hospital, Coimbatore from 15 – 17 Oct 2018.
  - Tiruppur Ortho Club conducted CME on Work Life Balance for Doctors & Genomics and Microbiomes in Bone and Joint Disease at Udumalpet on 20.10.2018
  - Wheel Chair was Presented to an Old Age Home on the occasion of World Arthritis Day by Mid West Ortho Society, Salem.
  - World Osteoporosis Day: BMD Camp conducted at Kanna Hospital, Chidambaram. 80 patients Screened.
  - Department of orthopedics conducted Free BMD camp & Health check-up at RMMCH, Chidambaram. Around 100 patients attended the camp.
  - BMD Camp & Free Orthopaedic Consultation – Tirunelveli on 21.10.2018
  - Free consultation & Free BMD camp conducted at C-DOT Hospital Chennai on 14.10.2018.
  - Public Awareness Campaign through Fortnightly Newspaper given free to 20,000 households in and around Kancheepuram.
  - BLS Workshop for Para Medics organized on 16.10.2018 at Kancheepuram.
  - Special Physical Workout Training given to the students on the occasion of "World Trauma Day" at District Swimming Pool Campus, Kancheepuram on 17.10.2018.
- From 12th to 14th October 2018, Devadoss Hospital, Madurai conducted First Aid training, medical awareness exhibition, bike rally with helmets and special humorous debate programmes observing World Orthopaedic Health days.



## **XX. OASIS Matters**

- Dr. A. A. John, Kerala installed as New president during OASISCON 2018 conducted at Kumarakom from 26th to 28th October 2018.
- TNOA received the OASIS Best Chapter Award for the year 2018.
- Prof Dr A Subramaniam from TNOA honored at the inaugural function with Lifetime Achievement award.
- Prof Dr PV Jayasankar delivered the Prof Dr SSK Marthandam oration.

OASIS Locker with Permanent address in TNOA building at Chennai was approved by the executive committee of TNOA in the 1st EC meeting held on 6th May, 2018 at Dindigul.

Dr. Krishnagopal delivered a video presentation on forthcoming OASISCON 2019 Pondicherry conducted by Pondicherry Orthopaedic Association on August 23rd 24th & 25th 2019 and invited TNOA members to attend in large numbers. Organizing Chairman – Dr S Pandian & Organising Secretary – Dr M Pragash. OASIS Secretary General Dr Nalli Yuvaraj thanked TNOA for promoting OASISCON. Dr Raja Ravivarma suggested in future we have to allow organizers to deliver 2 minute video presentation.

## **XXI. Maiden victory of TNOA as best chapter in OASIS and Hat-trick of AK Gupta Trophy of IOA.**

TNOA received the best chapter in OASIS and IOA Dr. A K Gupta Trophy for best chapter for the year 2018: TNOA is the winner for the year 2016, 2017 & 2018 (Hat-trick).

## **XXII. IOA Matters & IOACON 2018 Matters**

First EC Meeting & CSRC Meeting – IOA conducted at New Delhi on 01.04.2018 attended by Dr. Muralidharan – TNOA President, Dr. A. Francis Roy – TNOA Secretary & Dr. Natesan – IOACON Organising secretary: discussed the following; Roots of Responsibility, Wings of Professionalism, IOA TRAUMACON, Upgrade State activity, Disaster response Team, Club Foot Initiative, to include Congenital deformity & Geriatric and Fragility fractures.

IOA & CSRC 2nd EC MEETING - New Delhi on 28.07.2018; TNOA President and Secretary and IOACON Organising Secretary attended Second EC and CSRC meetings. Handed over a cheque for Rs.30 Lakhs as an advance towards conduction of IOACON 2018 – Coimbatore.

In IOA EC & Working Committee: Dr. S. Ramesh Babu – CSRC Member, Dr. Raja Ravi Varma – Membership Drive Committee, Dr. A. Rajamani and Dr. P. V. Vijayaragavan – UG/PG Training Committee, Dr. Dheen Mohamed Ismail and Dr. Jambu are EC members. Dr. Nazeer Ahmed is the Co-ordinator for centres of Excellence and mentorship.

IOA J & J Fellows hosted at Chennai by our Immediate Past President Dr S Ramesh Babu and immediate past secretary Dr Antony Vimalraj from 5th Jan, 2018 to 8th Jan, 2018.

IOA Dr. A K Gupta Trophy for best chapter for the year 2018: TNOA is the winner for the year 2016, 2017 & 2018 (Hat-trick). Bone & Joint Day 2018 - All India First place for TNOA.

IOACON 2018 : 27th November to 1st December conducted at CODISSIA Hall at Coimbatore.

|                        |   |                                      |
|------------------------|---|--------------------------------------|
| Organising Chairman    | - | Dr. S. Rajasekaran,                  |
| Organising Secretaries | - | Dr. S. Natesan & Dr. R. Muralidharan |
| Organising Treasurer   | - | Dr. Vanasekar.                       |

It was a benchmark conference in all aspects. It was jointly organised by Coimbatore Orthopaedic Society, Erode Ortho Club & Dindigul Ortho Club under the aegis of Tamil Nadu Orthopaedic Association.

Organising Team played a vital role in the success of the conference.

IOA office Congratulated the Team IOACON 2018 for organising a Model Conference.

Highlights:

1. Best PG Teaching Course with about 500 participants.
2. Nine Workshops with more than 1000 delegates, almost all halls were fully packed during CME and most scientific sessions.
3. Trade exhibition was beyond everyone's expectation. Appreciated the well organised non-academic sessions.
4. The entire campus of CODISSIA Trade Fair Complex was well utilized by the organizers.
5. IOACON 2019 contributed Rs 1.5 Crores to IOA from this conference. General Body Thanked IOACON 2018 Organising team for their magnanimous contribution of Rs One Crore to Tamilnadu Orthopaedic Association (TNOA) Only after 21 years, we will be eligible to organise another IOACON at Tamilnadu as our neighbouring states will get it during next two zonal rotations (Once / 7 years).



### **XXIII. TNOA Election & TNOA Route map 2019:** Dr. Dheenadhayalan, President-Elect and Election Officer

TNOA Election went through smooth process with guidance from president and past presidents. Total ballots sent: 1658 as on updated members directory, returned ballots: 141, Duplicate ballots sent: 76 & Returned duplicate ballots: 4. Total votes polled 905, Valid votes: 888 & Invalid: 17.

**Results:** Dr M ANTONY VIMAL RAJ is declared elected as VICE PRESIDENT, Dr NALLI R GOPINATH is declared elected as FELLOWSHIP SECRETARY, Dr S MAKESH RAM and Dr R PRABHAKAR are declared elected as EC MEMBERS OF CHENNAI, Dr GOPI MANOHAR is elected unopposed as EC MEMBER OF MADURAI.

For the post of EDITOR; we have received four valid nominations from Dr. K. Meenakshi Sundaram (Fellowship Secretary), Dr. A. Saravanan (EC member), Dr. V. Thirunarayanan (EC member) & Dr. A. Suresh Kumar (Past EC Member)

### **President Elect - Route Map – Dr. Dheenadhayalan:**

#### **Theme - “Leadership through knowledge creation”**

Dr. Dheenadhayalan adorned the GB that he was happy to stand here as President Elect of TNOA, the Most Glorious Professional Association. Remembered our knowledge providers & doyens of TNOA, Prof. M. Natarajan, Prof. TK. Shanmugasundaram, Prof. Soundarapandian, Prof K Sriram, Prof A Devadoss, Prof. Mayilvahanan & Dr. S. Rajasekaran. We have two class of members; Academicians & Nonacademic practicing Orthopaedic surgeons. Knowledge Creation is need of the hour. We have availability of large number of clinical materials on neglected trauma, Late presentations, Open fractures. Using this material we can make cost effective innovations. Disease pattern and practice preferences varies from country to country and can't be the same, so we need to be updated. He also insisted that members have “TO STAND OUT” as he learned it from his mentor Dr. S. Rajasekaran.

#### **ACTION PLANS:**

- Observership program (week)
- Research workshop
- Computer workshops
- Online Voting
- Video journal
- TNOA ICL
- Clinical practice guidelines
- TNOA web interaction
- TNOA APP utilization (Case of the week)
- Case discussion forum & TNOA Building - Set up office and to make it function.

### **XXIV. Any Other Matters**

Dr Makesh ram raised the issue of increasing the number of EC Member for Chennai as we have 487 members the highest among various zones of TNOA. President clarified recently we have created independent TREASURER post and eligibility for the same is past EC Member of Chennai.

Dr Anjan's question was not taken up as he is not present at the GB.

Dr Venkatesh Babu voluntarily came forward to organise CULTURAL MEET for our members and kids, President welcomed the proposal and asked him to come out with detailed plan along with sponsor to proceed further.

### **XXV. Vote of Thanks**

GB Meeting concluded after our Secretary Dr Francis Roy delivered Vote of Thanks.



## Annual Report of 2018 -2019

### Dr. A. Francis Roy, Secretary- TNOA

Dear Honourable members of TNOA,  
Greetings from the desk of Secretary TNOA.

With pleasure, I hereby submit the Annual report of Our association for the year 2018- 19.

1. TNOA received the prestigious Dr. A. K. Gupta Trophy for the 3rd consecutive year in 2018 after receiving it in 2016 & 2017. This is a overwhelming victory of TNOA to receive the award in a HAT-TRICK. The enthusiastic participation by every member through their various activities enabled us to bag this glorious trophy.

2. TNOA also received the OASIS BEST CHAPTER AWARD for 2018 for the First time as the award was instituted for the maiden time. Tamilnadu was selected as the best state amongst the 6 South Indian states of OASIS.

3. New Office bearers have joined our TNOA team in 2019 are

Dr. Antony Vimal Raj as Vice President, Dr. Gopi Manohar - EC Member of Madurai, Dr. Mahesh Ram & Dr. R. Prabhakar as EC Members in Chennai. Fellowship Secretary - Dr. Nalli R. Gopinath. For the first time as per our GB resolutions three new Editors have been nominated

- Dr. A. Saravanan - Journal Editor
- Dr. V. Thirunarayanan - Indexing Editor
- Dr. K. Meenakshi Sundaram - Video Journal Editor.

4. The Following EC Meetings were conducted.

- TNOACON EC meeting conducted at Nagercoil on 10.02.2018 during TNOACON - 2018.
- 1st EC meeting conducted at Dindigul on 06.05.2018
- 2nd Mid Year EC Meeting conducted on 22.07.2019 at Pattukottai,
- 3rd EC Meeting conducted on 16.09.2018 at Madurai
- 4th EC Meeting conducted on 16.12.2018 at Vellore.
- 5th EC Meeting conducted on 08.02.2019 at Madurai during TNOACON - 2019.

#### **Zonal club Meeting**

• First zonal club meeting conducted on 15.09.2018 at Dindigul. This zonal club meeting is the new initiation for the interaction with zonal ortho club Presidents / Secretaries / Treasurers which will be conducted every year during the First EC meeting of TNOA.

#### **5. Memberships :**

We had a record of 148 New Life Members for TNOA to make the Total - 1931

New Associate members for TNOA - 138

New Life members for IOA - 128 - Total 1300

New Associate Members for IOA - 7

#### **6. Achievements by members :**

Plenty of our distinguished members excelled with many achievements, through their Academic Activities, Received Awards, and took high position in various International, National And State organisations and Association.

All the Achievements and Awards received by our members were whole heartedly appreciated and congratulated by all members. Please find the details of the Achievements and Awards in the AGB minutes .(Refer page 8,9)

#### **7. Conference & CMEs**

|                                       |   |     |
|---------------------------------------|---|-----|
| • National & International Conference | - | 5   |
| • State conference                    | - | 2   |
| • CME                                 | - | 7   |
| • Instructional Course                | - | 10  |
| • Hands on Workshop                   | - | 10  |
| • Clinical Meetings                   | - | 200 |
| • PG Crash Course                     | - | 5   |



|                                 |   |   |
|---------------------------------|---|---|
| · Seminars                      | - | 2 |
| · Quiz programmes               | - | 4 |
| · Orthopaedic update programmes | - | 7 |

Details of all the above programmes in the AGB minutes.(Refer Page 9,10)

#### 8. New Ortho Clubs - Two New Ortho clubs were formed.

1. **Virudhunagar Ortho club** was inaugurated on 25th August, 2018 by President – Dr. Muralidharan & Secretary - Dr. A. Francis Roy. It was the 20th affiliated club of TNOA.

President - Dr. Ambalathar - Mobile No: 94433 82215

Secretary - Dr. Manikandan - Mobile No: 94435 45112

2. **Theni Ortho club** was inaugurated on 1st September, 2018 by President – Dr. Muralidharan and it was the 21st affiliated club of TNOA.

President - Dr. Srinivasan - Mobile No: 98946 20152

Secretary - Dr. Raja Manikandan - Mobile No: 94433 81207

#### 9. Social Activities

Numerous social activities were conducted by our members during this period.

TNOA Congratulates and appreciates the organisers and its participants for their activities to benefit the society as whole and brings name and fame to our association TNOA.

For detailed information of the programmes please refer AGB minutes.(Refer Page Numbers 10 & 11)

10. **National Bone & Joint Day** .Week long Activities conducted during 1st to 7th August 2018. The brief report of the activities are

Pamphlet distribution - 15 Programmes

Road safety lectures - 21 lectures

Rallies - 15 Rallies

Human chain - 1 Programme

BLS - 14 Programmes

Golden Hour

Management for doctors - 2 Programmes

Free Orthopaedic camp - 28 camps

Newspaper & TV - 12 Press meets

Free Orthopaedic surgeries - 57 Surgeries

Unique Programmes - 9 Unique events

Please find detailed report of the activities in AGB minutes. (Refer page 17-23))

#### 11. TNOA -Bone Health Awareness Fortnight

The Bone & Joint Health awareness fortnight was observed from 7th to 21st October 2018, with the theme of "TNOA - Orthopaedic Illness Prevention Fortnight" with emphasis on dates and topics.

12.10.2018 : World Arthritis Day - Early Detection of OA

16.10.2018 : World Spine Day - Degenerative spine disorders.

17.10.2018 : World Trauma Day - Sports injury prevention

19.10.2018 : World Paediatric Bone & Joint Day - Congenital Anomalies

20.10.2018 : World Osteoporosis Day - Post Menopausal Osteoporosis.

For detailed report of programmes - Kindly refer AGB minutes (Refer page 23 )

#### 12. TNOA Building

Our long years of dream became a reality on 14.09.2018 when we have registered our new office premises at Chennai. On 1st February 2019, We have officially entered the new premises after conducting Grahapravesam. Now it is fully furnished with a full time secretary at the office.

We are extremely thankful to the patrons, donors, Past Presidents, Past secretaries and all members who made this project realised.

#### 12. TNOA App

TNOA APP was officially launched at TNOACON 2019 Inaugural Function. President sponsored NEW MOBILE APP exclusively for our TNOA, which includes everything from Membership, TNOA Journal, TNOA Video Journal, TNOA



Fellowships, Conference, CME Programs, Zonal Club Matters, etc were introduced. Dr Terrence, the coordinator explained all salient features and user friendliness of this new app which is available both in Google Play Store & Apple IOS Platform. President, President Elect, Secretary will be the admins. Dr Terrence Jose Jerome is in-charge co-ordinator for this TNOA APP for the first 5 years.

### **13. TNOA MEDICO LEGAL CELL**

As per the guidelines given by IOA - a Medico legal cell was formed for TNOA. Dr. P.T. Saravanan - Joint Secretary of TNOA is the Co-ordinator. The members of this legal cell are Dr. P. V. Vijayaraghavan, Dr. K. Prakasam, Dr. M. Gulam Mohideen, Dr. N. Manikandan and Dr. Kankanala Narasimha Rao. TNOA along with IMA have organised a medico legal seminar with moot court with a theme of "Reality check" at Trichy on 15th July 2018.

### **14. IOACON - 2018**

The Grand conference of IOA was conducted at CODISSIA hall, Coimbatore from 27th November to 1st December 2018.

Coimbatore ortho society, Erode Ortho club and Dindigul ortho club under the aegis of TNOA successfully organised this IOACON. The Organising team under the leadership of Dr. Rajasekaran, Dr. Natesan, Dr. Muralidharan and Dr. Vanasekar excelled in all aspects which was appreciated by one and all. IOACON - 2018 organisers contributed magnanimously with an astounding sum of Rs.1.5 crores to IOA and Rs.1 crore to TNOA.

TNOA appreciates, congratulates and indebted to the organising team's great gesture and grand role model conference.

I thank our President, my fellow office bearers of the association and all honourable members for making these achievements possible.



## **Minutes of TNOA First Executive Committee Meeting of 2019-20 @ Hotel Jenney's Residency, Coimbatore on 5th May, 2019**

The following members attended the meeting:

Dr. J. Dheenadhayalan, President  
Dr. A. Francis Roy, Secretary  
Dr. R. Prabhakar Singh, Treasurer  
Dr. R. Muralidharan, Imm. Past President  
Dr. S. G. Thirumalaisamy, President Elect  
Dr. M. Antony Vimalraj, Vice President  
Dr. P. T. Saravanan, Joint Secretary  
Dr. A. Saravanan, Journal Editor  
Dr. V. Thirunarayanan, Indexing Editor  
Dr. K. Meenakshi Sundaram, Video Journal Editor  
Dr. Nalli. R. Gopinath, Fellowship Secretary  
Dr. S. Makesh Ram, EC member, Chennai  
Dr. R. Prabhakar, EC member, Chennai  
Dr. L. Shyam, EC Member, Madurai  
Dr. Gopi Manohar, EC Member, Madurai  
Dr. S. R. Sundarrajan, EC member, Coimbatore  
Dr. K. Manivannun, EC member, North Zone & organising Secretary, TNOACON 2020  
Dr. S. Mari Muthu, EC member, South Zone- I  
Dr. M. Srinivasan, EC member, South Zone- II  
Dr. V. Barathi Selvan, EC member, East Zone & Organising Secretary TNOA Prof. T. K. S Mid-Year CME 2019  
Dr. J. Manimaran, EC member, West Zone- I  
Dr. S. Anandaraj, EC member, West Zone- II  
Dr. Terrence Jose Jerome, EC member, Central Zone- I  
Dr. V. P. Mohan Gandhi, organising Chairman, TNOACON 2020  
Dr. G. Mukesh Mohan, Organising Secretary, TNOACON 2021  
Dr. G. Premnath, IOA EC Member  
Dr. M. Vanasekar, IOA EC Member

### **I. Welcome Address: Dr. J. Dheenadhayalan, President**

After adorning the presidential collar by the secretary, the meeting was called to order by our president Dr. J. Dheenadhayalan. He welcomed all the office bearers and coopted members to this first EC Meeting. Presidential Theme for the year 2019-20: "LEADERSHIP THROUGH KNOWLEDGE CREATION". Our goal is to continue the momentum initiated by Prof R Sivakumar, Prof S Ramesh Babu and Dr R Muralidharan to retain the prestigious A K Gupta Trophy. Introducing new OBSERVERSHIP PROGRAM for the members of TNOA. It's a two weeks academic program with honorarium of Rs.15,000 in prominent Orthopaedic centers within Tamilnadu state. Already arranged sponsors for 30 candidates to be completed before October 2019. MEMBERSHIP DRIVE; requested professors in post graduate teaching institutions to help TNOA in this regard. Asked our EC members to do their best for a greater number of FREE SURGERIES & Social Activities during this year's national BONE & JOINT DAY and for a successful TNOA Bone Health Awareness Fortnight. Planning to inaugurate two new district ortho clubs during this year and conduct model online election.

### **II. Obituary:**

Dr. Haroon Khizir Taqi Raza, Jabalpur (M.P.), Prof & Head of Dept. of Orthopaedics, NSCB Medical College, President, Asia Pacific Orthopaedic Association, Past President & Past Honorary Secretary, Indian Orthopaedic Association. Dr Dheenadhayalan remembered him as an ACHIEVER and said when he met him long back at Jabalpur during a conference, Dr HKZ Raza shared his dream of becoming the president of APOA. EC observed two minutes silence as a mark of respect to the departed soul and for his soul may rest in peace.

### **III. Introduction of New Office Bearers**

Secretary - Dr. A. Francis Roy introduced the New Office Bearers and EC Members to the committee members.



#### IV. Secretary's Report: Dr. A. Francis Roy, Secretary

The New office TNOA 2019-20; Dr. J. Dheenadhayalan took charge as President from Dr. R. Muralidharan on 10th February 2019 at the 52nd TNOACON 2019, Madurai. Remembered our Unique Achievements: IOA A K Gupta Trophy for best chapter for the year 2018, Back to Back Winner 2016, 2017 & 2018, National BONE & JOINT DAY Celebration - All India First place, TNOA received the OASIS Best Chapter Award for the year 2018 at OASISCON-2018 at Kumarakom, Kerala. In the recent EC Meeting of IOA, CSRC appreciated and advised other state chapters to follow our TNOA Model for academic and social activities. Secretary requested everyone to give their best to achieve again and retain the trophies of OASIS and IOA.

#### Achievements by Members:

1. Prof. Dr. A. Devadoss: received Best teacher award from Indian Vice – President Venkaiah Naidu.
2. Prof. Dr. S. Rajasekaran: Chair, AO Spine International Board.
3. Dr. Subramaniam: Received the OASIS 2018 award for lifetime Achievement in orthopaedics at OASISCON -2018 Kumarakom, Kerala.
4. Dr. Joseph: Received the Dr. Devadoss Meritorious award –TNOACON 2019 at Madurai.
5. Dr. Vetrivel Chezhiyan: Received Scientist award from Tamilnadu Government.
6. Dr. Kumaravel: Got Tamilnadu scientist award by Tamilnadu council for science and technology given by our Chief Minister on 27th December 2018.
7. Dr. Ram Chidambaram: President of Shoulder of Elbow Society of India (SESI) 2017-2019
8. Dr. S. R. Sundararajan: Elected as joint secretary for Indian Arthroscopy society, will become secretary by 2020. Also won the bid to conduct the National Conference IASCON 2020 in Coimbatore.
9. Four IOACON MEDALS to Coimbatore Orthopaedic Society: Dholakia Medal to Dr. P. Dhanasekar Raja, Tejaswar Rao medal for best PG paper to Dr. Shylendra Babu, REX Hospital, Bakshi Gold medal to Dr. Karthik Selvaraj & Praveen Kanabar Medal in Arthroscopy to Dr. Joseph - Ganga Hospital
10. Dr. Leo Joseph : Serves as secretary, Indian Society of Hip and knee surgeons.

#### Conferences & CMEs

- |  |   |  |
|--|---|--|
| ❖ National Conference  | - | 1 - IOACON-2018 - Coimbatore                   |
| ❖ State Conference   | - | 1 - TNOACON-2019- Madurai                      |
| ❖ CME  | - | 1  |
| ❖ Instructional Course   | - | 4  |
| ❖ Clinical Monthly Meetings  | - | 43 meetings (21 local clubs' monthly meetings) |
| ❖ PG Crash Course  | - | 1-PAEDIATRIC ORTHO COURSE-CMC Vellore          |
| ❖ CME on current approach to management of brachial plexus birth palsy | - | on 28th April 2019 at Chennai.                 |
| ❖ Workshop on fracture update  | - | on 28th April 2019 at Cuddalore.               |
| ❖ Upcoming Meetings  | - |  |
| ❖ CME and workshop on Research Methodology                             | - | on 12th May 2019 at Tanjore.                   |
| ❖ Inauguration of Dharmapuri club and CME                              | - | on 26th May, 2019, Dharmapuri.                 |

#### AK Gupta Trophy – Academic Activity to be conducted under these headings.

- CME
- Instructional Course
- Hands on Workshop
- Clinical Meetings
- PG Crash Course
- Seminars
- Quiz programmes
- Orthopaedic update programmes

#### Conduct of Meeting

- Request to conduct any academic programmes under the auspice of TNOA and should be routed through EC member.
- The Invitation must compulsorily have the logos of IOA / OASIA / TNOA. (New IOA Logo recently launched)
- National President and State Presidents name and theme of the year
- National and state Office bearers & EC Members should be invited for the programme.
- EC member name, Branch President / Secretary / Treasurer names should be in the banner and



all invitation of academic programmes.

- Programme banner to be printed in the prescribed format for regular meetings given by TNOA. Secretary released the TNAO calendar of events for the year 2019-20 and said TUTICORIN is willing to conduct Medico Legal Seminar 2019.
- Executive Committee Members Duties and Responsibilities: 10-point program
- Should attend all EC meetings without fail.
- Should visit and attend all local branches meeting under their zone.
- To co-ordinate with local branches in conducting CMEs.
- To identify non-members in their zones and make them enrolled in state and Indian Association.
- To help in conduction of local Office Bearers selection / election to have hassle free change of office bearers.
- To conduct the state level election process for ballot papers and intimate Non- receipt of Ballot papers by members.
- Should send materials to the TNOA Journal.
- To inform updated addresses / Mob. No / email-ids of local members.
- To have live contact with members and make them updated academically and practice wise also.
- Should send feedback reports on all activities to the state.

EC members not attending the EC meeting will be seriously viewed. Not attending 2 consecutive meetings will be given a warning. Not attending 3 meetings will attract disciplinary action of removal from EC. Instead another member will be co-opted.

For TNMC Credit Hours – TNOA Logo should be there in our academic meetings.

President Dr Dheenadhayalan asked everyone should download our TNOA Mobile App and members should be active in the discussion forum.

Total Membership as on TNOA GB 2019

❖ Life Members = TNOA: 1931, IOA: 1300

❖ Associate Members = TNOA: 138, IOA: 07

Membership drive; target for this year is 350 new members. To get maximum points for AK Gupta trophy, state chapter should increase their membership by 10% per year.

## **V. Discussion on GBM resolutions:**

### **1. Increase in membership fee:**

Increase the fees for the direct members - for Consultants; TNOA Life Membership Rs5000, IOA Life Membership Rs5000, Combined IOA & TNOA Life Membership Rs10000

One entry system - for Associate Members (Post Graduate): Rs 9,000 which Includes Associate Membership of IOA. they will automatically become life member of IOA and TNOA after submitting their orthopedic degree certificate & there is no need to pay any additional fee for the same.

### **2. Go Green TNOA:**

TNOA App can be utilised for Journals, Newsletters, Fellowships, Conferences, CMEs, Zonal club matters. As it is found effective, the GB decided to have a Green Paperless TNOA in future.

Newsletter - II issue of 2019 will be E. Edition. Journals can be available in printed edition for 2 years. From 2021 it will be also in the form of E. Edition. For Indexed Journals a few printed copies to be made for medical Institutions and libraries. Membership Collection for the time being to be continued in the existing traditional method. Once TNOA office starts functioning effectively, online registration by Mobile App will be implemented. In future, TNOACON & CME can be done through Mobile App. By this GO GREEN initiative TNOA can SAVE Rs.6 LAKHS PER YEAR.

### **3. Travelling allowance to EC Members:**

On an average 5 EC meetings are conducted during a year, and 20 committee members are attending the meetings. Accordingly, a sum, not exceeding Rs.2000/- per person / per meeting to be allotted to take care of travelling (II AC Train fare) and stay. It will incur an additional expenditure of Rs.2,00,000/- (20 Persons X Rs.2000 X 5 Meetings). Since most of our EC Members doesn't claim TA for the past few years and to save funds for the association, it has been decided to discontinue this practice. Dr Antony Vimalraj suggested our secretary should coordinate local



transportation and accommodation for EC Members 15 days ahead of Meeting. President accepted the same and to be followed in future meetings.

#### **4. Sub-Speciality Medals:**

We have received proposal from Dr. Jaikish, President, Trichy Ortho club for TNOA - Foot & Ankle Medal in the name of Prof. B. Radhakrishnan - Thanjavur an outstanding Senior Professor. Immediate past president Dr R Muralidharan proposed the name of Past President Dr S Natesan for TNOA - Arthroplasty Medal & the name of Past President Prof. M. Mayilvahanan for TNOA - Oncology Medal. Executive Committee forwarded the proposals to our Sub-Speciality Medals Committee.

#### **5. Election Expenses:**

For smooth conduction of elections every year TNOA spends on an average Rs.1,95,000/-. To moderate the high spiralling expenses, it was decided to increase the election application fee as follows; Rs 10,000 for the posts of Vice President, Joint Secretary & Treasurer, Rs 5,000 for other posts.

#### **6. TNOA Building:**

We have officially entered into the New premises of our TNOA building at ASTA – AVM, Vadapalani at Chennai on 1st Feb 2019. Furnishing of the flat is completed. Treasurer will look after the TNOA building. For the day to day functioning of our office, the following expenditure will be incurred. Permanent office secretary salary Rs.15,000 X 12 Months Rs.1,80,000 Monthly Maintenance charges for the flat Rs.5000 x 12 Months Rs.60,000 Monthly expenses for electricity / Net / Miscellaneous Rs.5000 x 12 Months Rs.60,000 Total Rs.3,00,000

Overall expenditure for a year is RS.3 LAKHS was approved

#### **7. Building Committee:**

GB accepted the proposal to form a Building Committee to take care of our TNOA Office at Chennai. Chairman – Dr. Selvaraj & Members - The President/Secretary / Treasurer from the current office and Dr. Nalli Yuvaraj, Dr. Raja Ravivarma, Dr. Siva Kumar, Dr. Ramesh Babu, Dr. Muralidharan, Dr. Thirunarayanan, Dr. Prabhakar Singh, Dr. Singaravadivel, Dr. Muthuraman, Dr. Antony Vimalraj & Dr. A. Francis Roy. Tenure of the members will be for 5 years.

#### **8. Conduct of TNOACON**

I. Proper Application with committees formed to be presented 2 years ahead. The Chairman, Organising Secretary, scientific Committee Chairman to be mentioned.

II. The team's bid should be sent through the EC member of the zone 15 days before.

III. If more than one team bidding to conduct then it will be decided in the GBM

IV. All members of the organising committee should be life members of TNOA / IOA.

V. After completion of the TNOACON, the report of the meeting along with photographs of the Inauguration, events and Valedictory with the Audited statement should be submitted to the TNOA office before the 1 EC meeting.

Dr Antony Vimalraj said GBM should decide who is Organising Chairman & Organising Secretary for the conference.

Dr Muralidharan said the COE committee of TNOA will scrutinise the proposal from the bidding team before GBM.

All the organising committee chairman and Secretary should be members of TNOA for more than 10 years.

#### **9. TNOACON's Contribution:**

At present, contribution to TNOA is Rs.3.5 lakhs from TNOACON. From TNOACON-2021 - (Trichy) onwards, contribution to TNOA can be increased to Rs 5 Lakhs. This amount will be increased by 10% every year.

#### **10. TNOA Protocol for Treasurer:**

The Treasurer is a Core Office Bearer. He shall be given complimentary registration and accommodation. He shall be given the chair in the Dais during Inauguration and valedictory function.

#### **11. Calendar of Events:**

In the calendar of events, the following events to be added.

ZONAL MEET; Along with the conduction of First EC meeting. REGISTRATION OF TNOA; The renewal of registration of TNOA is to be done every year.

#### **12. Nominations for the post of editor:**

Now we have only one editor, since it involves major work and time, it is decided to bifurcate the work and nominate 3 editors as given below.

Dr. A. Saravanan - Journal Editor

Dr. V. Thirunarayanan - Indexing Editor

Dr. K. Meenakshi Sundaram - Video Journal Editor

#### **President's Theme 2018 Implementation:**

TNOA Video Journalis in the process of full-fledged implementation following appointment of an editor exclusively for this work. Dr Thirumalaisamy & Dr Manivannun will coordinate for early release of TNOA Tamil Lexicon.

Formation of New Ortho Clubs



Dharmapuri Ortho club to be Inaugurated on 26.05.2019.

Dr PT Saravanan asked about starting a new club at Chengalpattu, President & secretary said as per our bylaw one district should have only one TNOA affiliated zonal club. Since KANCHI ORTHO CLUB is already there in Kancheepuram district, its not possible to start another club now. Dr Bharathi selvan said he will try to explore the possibility of starting a new club at Vilupuram.

#### **VI. Zonal reports by EC Members:**

EC members from zones presented their reports.

#### **VII. Editor's Report:**

##### **Dr. A. Saravanan, Journal Editor**

Request the EC members to insist the respective zonal members to contribute more articles for the second issue of TNOA journal 2019-20 to be released at mid-year CME. Last date for submission of articles is 15th June 2019. Forming peer review committee, improve the quality of publications, add question and answer section, meet the expenses through advertisement in the journal. To comply with indexing and upgrade; Peer review of all articles. Created new email id; editortnoa@gmail.com. To be indexed as early as possible. As of now we will have both print & e-version. Journal to be sent to our members through our TNOA Office instead of from printer.

Dr. V. Thirunarayanan, Indexing Editor

Explained the EC about HOW A JOURNAL WORKS; Article submission, Peer review, Corrections, Submission approval by chief editor, Payment if any, all articles compiled, Journal published & Link and certificate sent to author.

MCI approved Journals should have RNI number / eISSN number / pISSN number mandatory / Indexing in various agencies at least Index Copernicus. TNOAJ: Website, Editorial board (main strength of journal), Reviewer board & Website manager

#### **FURTHER COURSE OF ACTION**

- TNOAJ Website commencement
- Submission, review and editing
- Release E journal
- Apply eISSN
- Release print format
- Apply pISSN
- Release 2nd print journal
- Apply for Indexing

Options to run the journal; TNOA to completely run the show or Agreement with reputed publisher. Cost involved; Roping in sponsors. TNOAJ domain already blocked, Website under development & Tie up with JAYPEE or SAGE publishers yet to be finalised

Executive committee has given full freeness to the indexing editor to go ahead with this plan and also select an appropriate publisher.

#### **VIII. Dr. K. Meenakshi Sundaram, Editor Video Journal**

Officially launched the website of TNOA Video Journal [www.tnoavideojournal.in](http://www.tnoavideojournal.in) during this EC Meeting. Explained the details about the content, how to upload a video / view the content & explained about the safety features. He has asked for special points for submitting articles in TNOA Video Journal in BEST ZONAL CLUB AWARDS. Dr Thirumalaisamy raised a question of whether we have to get permission from the patient. President said IDENTITY of the PATIENT should not be disclosed and we are video graphing the procedures only for educational purpose. Asked the editor to include this note; should not reveal the identity of the patient under INSTRUCTIONS TO THE AUTHOR. Voice recording of the steps of the procedure is welcome. Dr Thirumalaisamy, Dr SR Sundarajan & Dr Vanasekar suggested to mute the noise recorded in the operation room and no to background music in the video.

#### **IX. Fellowship Secretary's Report: Dr. Nalli R Gopinath**

At present TNOA offers the following Fellowships to its members.

For Life Members

##### **A. Inland Fellowships**

- i. Prof. A. J. Selvapandian TNOA Travelling Fellowship - 2 Fellows / year
- ii. Dr. R. Muralidharan – Dr. M. Vanasekar TNOA Travelling Fellowship - 2 Fellows / year

##### **B. Foreign Fellowships**

- iii. TNOA Foreign Fellowship - 1 Fellow / 2 years
- iv. TNOA Prof. A. Subramaniam Travelling Fellowship - 1 Fellow / 2 years



For Associate Members (Post-Graduates)

### **C. Inland Fellowship**

v. TNOA Dr. K. R. Venkateshwar Memorial PG Travelling Fellowship - 1 Fellow / year

D. PG Medal

vi. TNOA Prof. R. Ramakrishnan PG Medal – 1 Medal / year

Applications for fellowships available for this year will be called for in the Second NEWSLETTER of TNOA.

### **X. Treasurer Report: Dr Prabhakar Singh**

• TNOA –ACCOUNT: Opening Balance as on 11/02/2019: Rs 32,16,275.62

Closing Balance as on 26/04/2019: Rs 54,37,872.62

• TNOA-TRUST Account: Opening Balance as on 11/02/2019: Rs 1,68,247

Closing Balance as on 26/04/2019: Rs 1,69,677

• Presented details of transactions & deposits to the EC.

• Started New Fixed Deposit on 26/04/2019 for Rs 50,00,000 = Interest Rate 6.75 %

TNOA Accounts: Dr. Muralidharan insisted no online transaction, can view the account details online. Transactions should always only through cheque.

### **XI. TNOA Building Matters**

❖ TNOA Office Secretary: Appointed a full-time secretary at Chennai (Term- 2 years); Mr. Premkumar B.A.(Eng), with computer knowledge.

Dr Francis Roy suggested he should come to SECRETARY'S OFFICE at Tirunelveli for a week or two to familiarise with day to day work of TNOA. Dr Muralidharan said office secretary should have the contact numbers of all our EC Members and Zonal Club office bearers and should attend the calls without fail during office hours 10am – 6pm. Dr Saravanan suggested to maintain VISITORS' BOOK in our building. Dr. Marimuthu enquired about possibility of members should stay in that premises. Dr Muralidharan said as of now it's not possible, we have only the office and room for president. Dr Manimaran suggested to conduct special EC meetings in our building at Chennai.

List of contributors in display board; Gold (>1,00,000) / Silver (>50,000) / Bronze (>25,000). List of contributors to be displayed in the office.

### **XII. Report - Organising Secretary TNOACON 2019 Madurai - Prof. R. Sivakumar**

TNOACON 2019 organised by Department of Orthopaedics and traumatology, Madurai Medical College and Madurai Orthopaedic Society on February 7th, 8th and 9th 2019 at Courtyard by Marriott, Madurai, was very much appreciated and has set several new benchmarks.

#### **Scientific Highlights**

• 4 Halls with packed academic sessions for two & half days with over 160 faculty, 5 international several national & state faculty shared their experiences of Orthopaedic trauma, spine, arthroplasty, arthroscopy, and several other subspecialties.

• Over 1110 +, 40 honorary registered delegates attended the conference, more than 450 Abstracts were submitted and maximum papers were allowed for podium presentation. For the first time Fast furious (4 minutes) & Lightening Session (2 minutes) were introduced.

• AO Trauma symposium and 5 other speciality symposiums with hands-on Workshops were done for the first time.

• Plenary sessions and Travel diaries by Stalwarts and senior most Faculties kept halls jam packed

• Medicolegal Session was another highlight with Moot court session

#### **Other Highlights**

• Spouse Program with local city to program done

• Local Ethnic food was served round the clock, Madurai's authentic Vadivasal Jallikattu was displayed with original live bulls. The entire Courtyard by Marriott was booked and conference was hassle free

• Complimentary breakfast for 3 days and complimentary dinner given for 1st day was given in the same venue

• It was the 1st time 1000 members attended the dinner on day 2 in Akash Resorts

• Even though the time was very short following the IOACON and mobilization of funds was the toughest task. Entire organising team strived for mobilizing the funds and made it a grand success. Thanks for the opportunity given to Madurai zone by TNOA this time and thanks to the office bearers for the excellent co-ordination.

• We are happy to inform you that we have returned back the seed money along with the contribution fund to the TNOA along with the journal fund and web maintenance fund.



### **XIII. Report - Organising Secretary TNOACON 2020 Vellore - Dr. Manivannun**

53rd Annual Conference of Tamilnadu Orthopaedic Association TNOACON 2020 is to be conducted on 7th, 8th & 9th February 2020 at Kingston Engineering College, Vellore. Theme: Basics & Beyond. Jointly organised by TNOA & Vellore District Orthopaedic Society. TNOA Organising Chairman: Dr. Thirumalaisamy, Vellore Ortho Club Organising Chairman - Dr. Mohan Gandhi. TNOA Organising Secretary: Dr. Dheenadhayalan & Vellore Ortho Club Organising Secretary - Dr. Manivannun.

Vellore District Orthopaedic Society; Vellore Ortho Club Registration done, Pan Card obtained, Bank Account opened. ■ Bank Account for TNOACON 2020 to be finalised. ■ Sponsor Appeal Brochures Finalized. ■ Stall Layout Finalized. ■ 50 % of the Stalls Conformed. Four Organising Committee Meetings Conducted in and around Vellore. Accommodation: approximately 600 + rooms available with all luxurious amenities.

**SALIENT POINTS ABOUT THE SCIENTIFIC COMMITTEE;** Four International & Forty National Faculties confirmed. Since it is 2020 - To go with the flow of IPL. ■ How I manage the googlies. ■ Leg spins -fail back syndrome. Medico legal aspect cases - 3rd Umpire. ■ Can unorthodox shots help in bailing out from Complications.

### **XIV. Report - Organising Secretary TNOACON 2021 Trichy - Dr. Mukesh Mohan**

54th Annual Conference of Tamilnadu Orthopaedic Association TNOACON 2021 organised by TRICHY ORTHO CLUB. Theme: Simplifying Complexities. Organizing Chairman – Dr. P. Madhivanan, Organizing Secretary – Dr. G. Mukesh Mohan, Scientific committee Chairman – Dr. S. Jaikish

Venue Option 1: KALAIYARANGAM; Hall A – 1000 capacity, Hall B and C – 200 capacity, Hall D – first floor Reception area, identified space for Car parking – Food court - Trade

Venue Option 2: HOTEL SANGAM, Trichy; Four halls - Vasantham, Nivandam, Nanjai, Kalanjiam with seating capacity of 700, 350, 100 & 50 persons, Huge parking lot, Well-furnished and equipped halls which has conducted South zone & National conferences.

Trichy Connectivity: International airport – direct flights to neighboring countries and linked flights to UK, Middle East, Australia. We can reach Trichy in 5 hours from every corner of Tamilnadu; Well connected by rail, road, air. Team TNOACON 2021 assures our TNOA Members a grand scientific feast and rich gastronomic feast.

### **XV. Report – TNOA Prof. T. K. Shanmugasundaram Mid-Year CME 2019 -Dr. Bharathi Selvan**

To be organized by Cholamandalam Ortho Club and Department of Orthopaedic, RMMCH at HITECH HALL, Annamalai University, Chidambaram on 20th & 21st July 2019. Theme of CME: "Complex Periarticular Fractures" Workshop on July 20th, 2-4 Pm; Topics: Intertan Nail & Supra Patellar Nail. Boat Ride at World Largest Mangrove Forest, Pitchavaram is Complimentary for Early Bird Registrations. Planning for Gala Dinner at Pitchavaram 20th July 2019. CME On 21 July 2019 starts with breakfast, CME, Tea Break, Inauguration, Lunch, Post Lunch Session, Tea Break & Vote of thanks. Also hosting TNOA EC Meeting during the program. Prof Dr R Neelakrishnan is the organizing chairman. Two organizing secretaries – Dr V Bharathi Selvan & Dr S Natarajan. President informed the EC about IOA Vice President Dr Shiv Sankar is coming for this program.

### **XVI. Report – TNOA Prof. T. K. Shanmugasundaram Mid-Year CME 2020 - Dr. Marimuthu**

Organised by NELLAI ORTHO CLUB, Theme: Shoulder Update, Organizing Chairman: Prof. Dr. N. Manikandan, Organizing Secretary: Dr. A. Francis Roy, Venue: CHOICE A: Tirunelveli Government Medical College (300 Pax A/C Hall with all facilities) CHOICE B: A/C Hall (Kalyana Mandapam) with 500 Pax.

**SCIENTIFIC SESSIONS:** Regional Conditions of Shoulder joint / Fractures around shoulder joint / Arthroscopy / Shoulder Replacement. **LIVE SURGERY:** Reverse Shoulder Surgery / Arthroscopic Procedure, **HANDS ON WORKSHOP:** Proximal humerus fixation technique.

### **XVII. Selection of orator for Dr. N. S. Narashiman Oration, TNOACON 2020**

President proposed the name of Dr Ajith Shetty from Mangalore as orator for forthcoming conference. He is doing work on stem cell therapy and cartilage replacement. EC unanimously accepted the proposal.

### **XVIII. TNOA Election: Dr. S. G. Thirumalaisamy, President Elect**

For this year election will be conducted as usual with ballot paper through post along with model online poll. He said Andhra Pradesh Orthopaedic Association has successfully conducted their election through online mode. 540 out of 600 members participated. We can save money as online election costs only 25 – 40 thousand only, compared to our regular election expenditure approximately Rs two lakhs.

Dr Antony Vimalraj said for online election our membership directory to be updated. Secretary informed the EC about he has updated more than 25 members after return of ballot during last election. President said the AP Chapter online election was conducted by using email ids of their members. Dr Muralidharan said in near future we



can conduct election through our TNOA Mobile App itself. Admin Dr Terrence informed the EC, till now about 470 members downloaded our TNOA Mobile App. If everyone downloaded this App, we can do it through this platform.

## **XIX. OASIS MATTERS**

First EC Meeting attended by President - Dr. Dheenadhayalan & Secretary - Dr. A. Francis Roy on 21st April 2019 at Cochin. Handed over a cheque for Rs.15,300 for 153 members – 2018 -19.

Future EC Meetings will be conducted in Chennai / Bangalore only.

The contribution to OASIS, new members fee has been increased to Rs.200

OASIS office bearers to be invited on stage during Annual Conferences.

Combined meeting of states to be formulated.

OASISCON 2019 on 23rd -25th August at Pondicherry.

Selection of orator for Prof Dr SSK Marthandam oration –Dr S Ramesh babu, TNOA Past President will be the orator for this year. Unanimously decided by our EC.

## **XX. IOA Matters**

• President - Dr. Rajesh Malhotra, theme "ROOTS OF RESPONSIBILITY WINGS OF PROFESSIONAL EXCELLENCE "

• National Disaster Committee.

• IOA - New Logo

• Membership Drive

• Bone & Joint Day theme "Healthy ageing with strong bones"

• Club foot and congenital disease initiative

• IOA- TRAUMACON to be conducted under the guidance of IOA in the states, will be conducted in Tamilnadu on 09th June 2019 at Erode.

• Fellowships.

• IOACON 2019 on 19TH – 24TH November at kolkatta

## **TNOA Members in IOA EC & Working Committee**

• Past President of TNOA – Dr. S. Ramesh Babu – CSRC Member

• Past President of TNOA - Dr. Raja Ravi Varma – Membership Drive Committee

• Dr. S. G. Thirumalaisamy & Dr. Bharathy – UG/PG Training Committee

• Dr. Premnath - Salem / Mobile No: 98947 31617

• Dr. Vanasekar - Palani / Mobile No : 9942209543 are EC Members.

• Dr. Singaravadivelu is the Co-ordinator for Centres of Excellence and Mentorship.

Representatives of TNOA For Medico legal Cell Of IOA

• Co-Ordinator – Dr P.T. Saravanan - Joint Secretary

• Dr. Terrence, Dr. Shyam, Dr. Marimuthu & Dr. Manimaran

## **MEMBERSHIP DRIVE PROJECT MEMBERSHIP DRIVE - 15,000 BY 2021 IOA Chairman & Nodal Officer: Dr. RAJA RAVI VARMA**

### **TNOA Co-Ordinator; Dr. Terrance Jose Jerome**

Target - 350 Members; Metro Zones; 25 X 3 = 75 Non-Metro; 15 X 18 = 270

## **National Disaster Management Committee – TAMILNADU**

### **Dr. Nalli Yuvraj –Co-ordinator**

Dr. A. Saravanan - Chennai 80562 00386

Dr. R. Karthik Raja - Madurai 99625 44755

Dr. S. R. Pari - Coimbatore 97893 24445

Dr. H. Justin Arockiyaraj - Vellore 94431 14380

Dr. Senthil Nathan - Thiruvannamalai 94426 38687

Dr. Rajesh Chakravarthy - Kancheepuram 98401 89558

Dr. A. K. Tharun - Salem 99529 19999

Dr. V. Srinivasa Gowda - Krishnagiri 94433 41102

Dr. S. Anandaraj - Tiruppur 94426 42800

Dr. Kannan - Erode 98659 06600

Dr. Sathish - Karur 97905 55151

Dr. Terrence Jose Jerome - Trichy 99655 37211



## IOA - EC & CSRC MEETING



**IOA FIRST EC MEETING CONDUCTED  
AT NEW DELHI ON 24-3- 2019**



**IOA FIRST EC MEETING CONDUCTED AT  
NEW DELHI ON 24-3-2019**

## IOACON 2018



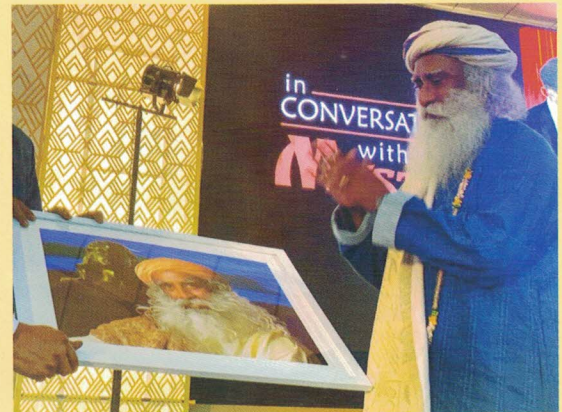
**AK GUPTA TROPHY RECEIVED DURING  
IOACON-2018**



**BONE & JOINT DAY - FIRST PLACE -ALL  
INDIA PRESIDENT APPRECIATION AWARD**



**IOA SECRETARY DR.ATUL SRIVASATAVA  
WITH CHETAN BHAGAT & NAREN  
KARTHIKEYAN AT IOACON 2019**



**CONVERSATIONS WITH SADHGURU'S AT  
IOACON-2018**



## OASIS - FIRST EC MEETING-2019

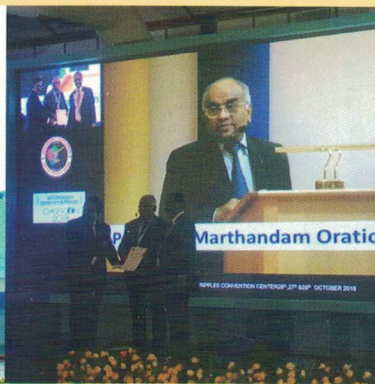


OASIS - FIRST EC MEETING AT COCHIN

## OASISCON 2018



OASISCON - 2018  
BEST CHAPTER AWARD FOR  
TNOA-FIRST TIME



OASISCON - 2018  
Dr.SUBRAMANIAM RECEIVED  
LIFETIME ACHIEVEMENT  
AWARD



OASISCON EC MEETING WITH  
NEW PRESIDENT Dr. A.A.JOHN,  
KERALA

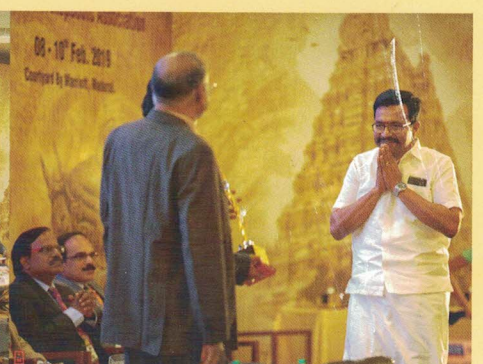
## TNOACON 2018



TNOACON -2019 inaugurated by  
Dr. Namperumalswamy -  
Chairman Aravind Eye Care



TNOACON - 2019  
Inauguration



Dr. C. J. Ravi - Past EC member  
Appreciated for his Contribution in  
Gaja Cyclone Relief  
during inauguration of TNOACON



## TNOA



**First EC Meeting at Coimbatore**



**First EC Meeting - TNOA conducted on 05.05.2019 at Coimbatore**



**Dharmapuri Ortho Club Inauguration on 26.05.2019**



**Zonal Club Meeting Conducted on 05.05.2019 at Coimbatore.**

## ACADEMIC ACTIVITIES OF TNOA



**1st INDO JAPAN Hand Meet- Trichy with T N Governor His Excellency Shri. BANWARILAL PUROHIT**



**First - TNOA trauma Update conducted at Coimbatore**



## ACADEMIC ACTIVITIES OF TNOA



**NATIONAL FOOT & ANKLE SUMMIT CONDUCTED AT CHENNAI**



**CME on Brachial Plexus injury, ICH - Chennai**

**Indian Biologicals meeting at Chennai**



**SPECIAL PRESENCE OF HON. SECRETARY DR. ATUL SRIVASTAVA. IOA TRAUMACON 2019 CONDUCTED AT ERODE ON 09.06.2019**



**Ganga Arthroplasty Course at Coimbatore**



**INAUGURATION OF 2ND - TNOA TRAUMA UPDATE - CUDDALORE**





|                                      |             |
|--------------------------------------|-------------|
| Dr. V. Bharathi Selvan - Chidambaram | 98946 34355 |
| Dr. C. J. Ravi - Pattukottai         | 94423 46220 |
| Dr. Ansari - Thiruvavur              | 97502 45455 |
| Dr. Sanjeev Kumar - Thanjavur        | 99448 17473 |
| Dr. Neelakrishnan - Nagapattinam     | 98424 27872 |
| Dr. V. Jaiganesh - Theni             | 94438 30531 |
| Dr. Anand - Dindigul                 | 94433 88152 |
| Dr. A. Francis Roy - Tirunelveli     | 94431 24222 |
| Dr. Balakannan - Tuticorin           | 98431 49893 |
| Dr. Syed Ibrahim - Ramnad            | 88701 17220 |
| Dr. Manikandan - Rajapalayam         | 94431 64800 |
| Dr. M. Srinivasan- Nagercoil         | 94422 22903 |

**XXI. Any Other Matters :** There was no subject for discussion under any other matters.

## **XXII. Vote of thanks**

Meeting concluded after our Secretary Dr Francis Roy delivered Vote of Thanks.



## Minutes of TNOA Zonal Club Meeting of 2019-20 @ Hotel Jenney's Residency, Coimbatore on 5th May, 2019

The following zonal club office bearers attended the meeting: Name of the zonal club

|                                | <b>President</b>           | <b>Secretary</b>     | <b>Treasurer</b> |
|--------------------------------|----------------------------|----------------------|------------------|
| Coimbatore Orthopaedic Society | Dr K Vinoth                | Dr C Rex             |                  |
| Nellai Ortho Club              | Dr N Manikandan            | Dr S Muthuraman      | Dr M Karthikeyan |
| Thanjai Ortho Club             | Dr A Bharathy              |                      | Dr CJ Ravi       |
| Karur Ortho Club               | Dr R Karuppaiah            | Dr G Sathish         |                  |
| Trichy Ortho Club              | Dr S Jaikish               | Dr G Mukesh Mohan    |                  |
| Madras Orthopaedic Society     | Dr D Gokulraj              | Dr R Prabhakar Singh |                  |
| Cholamandalam Ortho Club       | Dr R Neelakrishnan         |                      |                  |
| Dharmapuri Ortho Club          | Dr B Venkatesan            | Dr J Senthilnathan   |                  |
| Tiruppur District Ortho Club   |                            | Dr Brijesh R Shetty  | Dr S Sundarrajan |
| Madurai Orthopaedic Society    |                            | Dr KN Subramaniam    |                  |
| Erode Ortho Club               |                            | Dr Kannan            |                  |
| Dindigul Ortho Club            | Dr B Vadivel               |                      |                  |
| Vellore Orthopaedic Society    | Dr K Manivannun            |                      |                  |
| Midwest Ortho Club             | Dr K Meenakshi<br>Sundaram | Dr AK Tharun         |                  |

### I. Welcome Address: Dr. J. Dheenadhayalan, President

President welcomed all the office bearers of our TNOA affiliated zonal clubs for this special Meeting. Presidential Theme for the year 2019-20: "LEADERSHIP THROUGH KNOWLEDGE CREATION". Our goal is to continue the momentum initiated by Prof R Sivakumar, Prof S Ramesh Babu and Dr R Muralidharan to retain the prestigious A K Gupta Trophy. Introducing various programs including OBSERVERSHIP PROGRAM planned under presidents' theme. MEMBERSHIP DRIVE; requested professors in post graduate teaching institutions to help TNOA in this regard. Asked our Zonal club officers to do their best for a greater number of FREE SURGERIES & Social Activities during this year's national BONE & JOINT DAY and for a successful TNOA Bone Health Awareness Fortnight.

### II. Secretary's Request: Dr. A. Francis Roy, Secretary

The New office TNOA 2019-20; Dr. J. Dheenadhayalan took charge as President from Dr. R. Muralidharan on 10th February 2019 at the 52nd TNOACON 2019, Madurai. Remembered our Unique Achievements: IOA A K Gupta Trophy for best chapter for the year 2018, Back to Back Winner 2016, 2017 & 2018, National BONE & JOINT DAY Celebration - All India First Place, TNOA received the OASIS Best Chapter Award for the year 2018 at OASISCON- 2018 at Kumarakom, Kerala. In the recent EC Meeting of IOA, CSRC appreciated and advised other state chapters to follow our TNOA Model for academic and social activities. Secretary requested everyone to give their best to achieve again and retain the trophies of OASIS and IOA.

Zones of TNOA

|                   |   |
|-------------------|---|
| ■ CHENNAI         |   |
| ■ MADURAI         |   |
| ■ COIMBATORE      |   |
| ■ NORTH ZONE      | - Vellore, Thiruvannamalai, Kancheepuram. |
| ■ EAST ZONE       | - Thanjavur, Thiruvarur, Cholamandalam    |
| ■ WEST ZONE I     | - Salem, Krishnagiri                      |
| ■ WEST ZONE II    | - Erode, Tiruppur, Karur                  |
| ■ CENTRAL ZONE I  | - Trichy                                  |
| ■ CENTRAL ZONE II | - Dindigul, Theni                         |
| ■ SOUTH ZONE I    | - Tirunelveli, Ramnad & Virudhunagar      |
| ■ SOUTH ZONE II   | - Kanyakumari                             |



#### District (Zonal) clubs of TNOA

##### Metro:

- Madras Orthopaedic Society
- Madurai Orthopaedic Society
- Coimbatore Orthopaedic Society

##### Non-Metro:

- Kanchi Ortho Club
- Vellore Orthopaedic Society
- Tiruvannamalai Ortho Club
- Midwest Ortho Club
- Krishnagiri Orthopaedic Society
- Erode Ortho Club
- Tiruppur District Ortho Club
- Karur Ortho Club
- Trichy Ortho Club
- Dindigul Ortho Club
- Theni Ortho Club
- Nellai Ortho Club
- Ramnad Ortho Club
- Virudhunagar Ortho Club
- Kanniyakumari Orthopaedic Society
- Thanjai Ortho Club
- Thiruvarur Ortho Club
- Cholanmandalam Ortho Club

Dr. Bharathi selvan asked for bifurcation of East Zone as EC Member finds difficult to carryout his work. President & Secretary said reorganising existing zones to be discussed in annual GBM of TNOA.

### III. Zonal leaders - Duties and Responsibilities

- Should conduct MONTHLY meeting
- TO INCLUDE EC Member name in Local club Letter head.
- To co-ordinate and Invite EC member for Local activities
- To identify non-members in their zones and make them enrolled in state and Indian Association.
- To help in conduction of local Office Bearers selection / election to have hassle free change of office bearers.
- To conduct the state level election process for ballot papers and intimate Non- receipt of Ballot papers by members.
- Should send Articles to the TNOA Journal.
- To inform updated addresses / Mob. No / email-ids of local members.
- To have live contact with members and make them updated academically and practice wise also.
- Should send feedback reports on all activities to the EC member.

### IV. CME Accreditation by Medical Council for TNOA

TNOA is officially accreditation for CME's by Tamil Nadu Medical Council.

We need not pay the fee Rs.10,000 for meetings conducted under the TNOA banner.

All our monthly meeting is automatically having 0.5 Credit Points.

• FORMAT for CME points; DOWNLOAD FORM FROM TNMC WEBSITE, ATTACH OUR CERTIFICATE OF ACCREDITATION, DO NOT PAY Rs.10000, Sent with programme brochures and speaker's details.

#### Instructions For Credit Points

- The organisers of the programme, must prepare the attendance sheet consisting of name, address, MCI registration number, mail id, mobile number and signature of the participants in the register.
- The details of the delegates should be scanned & emailed to Tamilnadu Medical Council within 48 hours, after the completion of the programme, to receive the CME credit points.
- Report of the programme along with photos should be send to the EC Member and TNOA for updating the programme.



## **V. State Zonal Relationship Committee**

- Request to conduct any academic programmes under the auspice of TNOA. Should be routed through EC member.
- Office bearers & EC Members should be invited for the programme.
- The Invitation must compulsorily have the logos of IOA / OASIS / TNOA.
- National President and State Presidents name and theme of the year, logos of IOA / OASIS/ TNOA, EC member name, Branch President / Secretary / Treasurer names should be in the banner and in all invitation of academic programmes.
- Programme banner to be printed in the prescribed format given by TNOA.

## **VI. EC Members Interaction**

### **VII. New Membership Format**

Increase the fees for the direct members - for Consultants; TNOA Life Membership Rs 5000, IOA Life Membership Rs 5000, Combined IOA & TNOA Life Membership Rs 10000

One entry system - for Associate Members (Post Graduate): Rs 9,000 which Includes Associate Membership of IOA. They will automatically become life member of IOA and TNOA after submitting their orthopedic degree certificate & there is no need to pay any additional fee for the same.

New Membership Application forms given to all zonal clubs.

Dr Gokulraj asked for Membership certificate and ID Card for members. Dr Francis Roy said TNOA Office is issuing Membership certificate to all new members enrolled. Ready to issue certificate for those who are all requesting secretary's office. Dr PT Saravanan suggested to go for e. certificates / ID Cards through our website. Members can log in and download the same as practiced by national IMA.

### **VIII. Correction of Addresses**

Zonal Secretaries were quested to submit their zonal club members' details with addressess to help in cross checking the number of members & non members in their zones. This would also help in updating the correct addresses of the members.

## **IX. Calendar of Events 2019**

### **X. TNOA MOBILE APP**

- ❖ Exclusive for TNOA MEMBERS
- ❖ LOG IN - with the submitted e-mail id.
- ❖ PASSWORD - 12345
- ❖ Can Be Utilized for Journals, Video Journals, Fellowships, Conferences, CME's, Zonal Club Matters
- ❖ Available in Google Play Store and Apple iOS Platform.
- ❖ President and Secretary Will Be the Organizers.
- ❖ Dr. Terrence Jose Jerome – Trichy Will Be In-charge For the First 5 Years.

### **XI. TNOA Video Journal**

WEBSITE IS READY TO UPLOAD VIDEOS

VIDEO JOURNAL EDITOR: Dr. K. Meenakshi Sundaram

Co-ordinator Team: Dr. V. Thirunarayanan, Dr. B. Bhupesh Karthik, Dr. R. Raja Bhaskara Kanakeshwar, Dr. R. Karthik Raja & Dr. M. Navin Kumar

### **XII. National Bone & Joint Day 2019**

- BJD Activities week from 4th to 11th August 2019
- Bone & Joint Day theme 2019
- " Healthy ageing with strong bones "



**XIII. MEMBERSHIP DRIVE;** Target for this year is 350 new members. To get maximum points for AK Gupta trophy, state chapter should increase their membership by 10% per year.

- TNOA Co-ordinator- Dr. Terrance Jose Jerome  
Target - 350 Members; Metro Zones;  $25 \times 3 = 75$  Non-Metro;  $15 \times 18 = 270$

|   |   |
|---|---|
| Zone  |   |
| District Ortho club                                       |   |
| President   |   |
| Secretary   |   |
| Treasurer   |   |
| Total number of Members                                   |   |
| No. of members mobilized for TNOA membership              |   |
| No of members mobilized for IOA membership                |   |
| No of address identified for update/ correction/ deletion | Update:<br><br>Correction:<br><br>Deletion: |

#### **XIV. IOA Matters**

- President - Dr. Rajesh Malhotra, theme "ROOTS OF RESPONSIBILITY WINGS OF PROFESSIONAL EXCELLENCE"
- National Disaster Committee.
- IOA - New Logo
- Membership Drive
- Bone & Joint Day theme "Healthy ageing with strong bones"
- Club foot and congenital disease initiative
- IOA- TRAUMACON to be conducted under the guidance of IOA in the states, will be conducted in Tamilnadu on 09th June 2019 at Erode.
- Fellowships.
- IOACON 2019 on 19th – 24th November at kolkatta.

#### **TNOA Members in IOA EC & Working Committee**

- Past President of TNOA – Dr. S. Ramesh Babu – CSRC Member
- Past President of TNOA - Dr. Raja Ravi Varma – Membership Drive Committee
- President Elect - Dr. S. G. Thirumalaisamy & Dr. Bharathy – UG / PG Training Committee
- Dr. Premnath Salem / Mobile No: 98947 31617
- Dr. Vanasekar Palani / Mobile No : 9942209543 are EC Members.
- Dr. Singaravadivelu is the Co-ordinator for Centres of Excellence and Mentorship.



## Editors Report

### 1. JOURNAL REPORT

#### DR. A. SARAVANAN - JOURNAL EDITOR

The next TNOA - Journal will be released during TKS - Mid Year CME -2019 at Chidambaram. The last date of submission of articles will be 30.06.2019. To comply with the indexing of our journal, the website can be upgraded with a common e-mail which will be created to submit the articles. A Peer Review Committee to be formed which will independently assess the quality of the articles. After reviewing the article content by the peer committee, the article will be accepted for publication. This will help us in getting our journal indexed quickly.



### 2. INDEXING EDITOR REPORT:

#### DR. THIRUNARAYANAN - INDEXING EDITOR

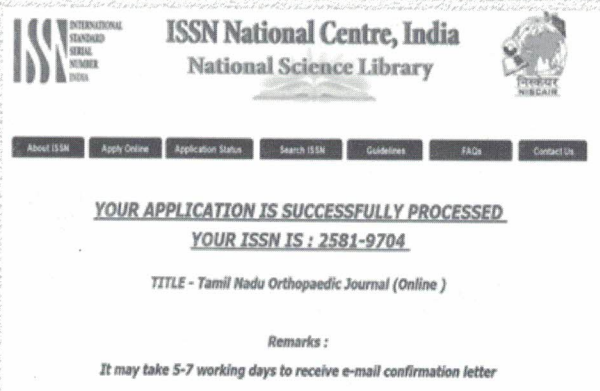
TNOA has taken a few important and vital steps in bringing out a Journal in a proper format of online submission of manuscript, double blinded peer review of manuscript and all necessary procedures have to be followed to get the eISSN no, pISSN no, with proper registration with the Registrars of Newspapers of India. These procedures are mandatory to get the Journal indexed in agencies as per MCI norms. With these things in mind TNOA EC has approved to start a new journal with all above mentioned prerequisites and it will be a matter of pride for the TNOA to run an Indexed journal. TNOA journal will be published by renowned publishers like Jaypee, so that the processing is easier, convenient for authors submitting manuscripts and articles. Once published the Article will get its due recognition and reach all around the Globe.



TNOA is in the process of inducting stalwarts, seniors, active consultants and academically interested orthopaedic surgeons of all sub-specialities across the nation and international faculty in our editorial, advisory and reviewer board which is the main core of any journal. A strong editorial board will definitely attract and encourage authors to submit article, that in turn will help us achieve the goal of Indexing.

With the efforts of the previous editorial teams, TNOA orthopaedic journal received the eISSN no from the National science library. Our ISSN number is 2581-9704.

Once the new journal is established, the members will be informed and requested to submit articles. On behalf of all members of our TNOA requests each and every member to support our cause and help TNOA to be the proud owner of an Indexed Journal.



### 3. VIDEO JOURNAL REPORT

#### DR. K. MEENKASHI SUNDARAM - VIDEO JOURNAL EDITOR

Launched the TNOA Video Journal [www.tnoavideojournal.in](http://www.tnoavideojournal.in)

TNOA video journal is an innovative project launched to fulfill the need of young orthopaedicians, for educating our members through an online platform. TNOA has vast number of expert consultants and energetic youngsters. We actually thought of creating a bridge to share their talents and tricks to other consultants. Hence this idea of video journal has become the best resultant to fill the gap between the consultants and also been the best communicative tool to teach and learn various procedures of orthopedics.

At the outset of this Video Journal project we thank all my friends who have been the energizing hearts for the successful launch of this project. Our hearty thanks to the beloved Past President Dr. J. Muralidharan who has dreamed big to make this video journal portal as a reality. I sincerely thank our President Dr. J. Deenadayalan, TNOA for his unconditional support provided. We are very much grateful to our honorary Secretary





Dr. Francis Roy, TNOA for his great support at all the instances & technical assistance to make this video journal portal as a completed crystal piece for virtual learning.

We thank all our Office Bearers of TNOA who has taken all the steps to make this portal like a friendly companion. It's a great honor for our fellowship members too who has helped me a lot to complete this project. TNOA Video Journal explains various critical surgery process, procedures and implant methods in a formulated way. This website is mainly launched to train young orthopaedicians virtually to mould them still better and to tackle various difficult situations at the time surgery process. This is an exclusive channel to learn tips & techniques through videos in the department of orthopedics.

We invite all the consultants from the department of orthopaedics to be a part of this web portal to view and share their video documentary journal. Our motto is to make this journal to teach the young consultants as well as to learn from the experts.

### **Accessing & Uploading Video Journal**

The fellowship members can sign up to our video journal web portal [www.tnoavideojournal.in](http://www.tnoavideojournal.in) with their basic details and can access this portal any time to view our updates. They can also upload videos from the web portal and also can send the videos to the video journal editor of this TNOA Video Journal, after the evaluation, those edited videos will be posted to this video journal portal with their professional details. So be ready to complete our pride and pledge to distribute ideas to young consultants and learn techniques from expert surgeons. We are about to travel with this integrated online platform to train our young consultants with still more ideas. I welcome those ideas from my fellowship members to execute it with mutual discussions. An irrepressible thing can't be made with irrepressible friends. A Huge thanks once again to my beloved members for the continued support to achieve this dream tasted with success.

### **Instructions to Send Video Journals**

- The fellowship members shall record their videos with a higher end video capturing device. (Surgery, Procedures, Lectures Etc.,)
- The hints or explanations can be typed in MS-Word or it can be written with free hand to send along with the video to the Video journal Editor.
- Ensure the recording video has a proper start and end which clearly gives an idea about your video journals.
- Then it should be sent through [wetransfer.com](http://wetransfer.com) to the recipient mail id [videojournal.tnoa@gmail.com](mailto:videojournal.tnoa@gmail.com) (or) it can be attached with Google drive with same mail ID (or) it can be couriered to the Residential Address of Video journal Editor Dr. K. Meenakshi Sundaram.



# Tamil Nadu Orthopaedic Journal

TNOA welcomes scientific material for publication in the  
**Tamil Nadu Orthopaedic Journal**

Two copies of the manuscript along with print version in MS word on a CD and neat and clear illustrations should be submitted. In case one wishes to send articles on-line, it should be sent in word document format for written materials. Pictures must be sent in a C.D. only by post/courier.

**Preparation of manuscript:** Type manuscript on white bond paper 22 x 28 cm with liberal margins of at least 2.5 cm. Use double spacing including title page, abstract, text acknowledgements, references, tables and legends of illustrations. Begin each of the following sections on separate pages. Number pages consecutive, in the upper right corner of each page.

**Title Page:** The title page should contain

1. The title of the article, which should be concise but informative,
2. A short running head of foot line of no more than 40 characters,
3. First name, Middle and last name with initial of each author.
4. Name of Co author(s)
5. Name of department(s) and institution(s) to which the work should be attributed,
6. Disclaimers, if any
7. Name and address of author including phone number/mobile number and e-mail if any, for any clarifications.
8. The source of support in the form of grants, equipment, drugs, none or all of these.

**Abstract:** An informative abstract of about 150 words must accompany each manuscript, it should be suitable for use by abstracting journals and include data on the problem method and materials, results and conclusion.

**Key (Indexing) terms:** Below the abstract, provide and identify as such, three to ten key words or short phrases that may be published with the abstract and that will assist indexers in cross-indexing your article. Use terms from the medical subject heading list from the Index Medicis whenever possible.

**Introduction:** Acquaint the readers with the problem and quote the most pertinent paper. Mention clearly the purpose of the work.

**Material and Methods:** Explain in detail, elaborately and clearly, your clinical, technical or experimental procedures. Previously published methods should be cited only in appropriate references. **Mention the number of patients or cases in words e.g five patients instead of 5 patients.**

**Results:** Describe your findings without comment. Include a concise textual description of the data presented in tables, charts and figures. **Please prepare tables/charts as a separate document in word and send as separate folder without mixing up in the word document.**

**Discussion:** Comment on your results and relate them to those of other authors, define their significance for experimental research of clinical practice. Arguments must be well founded.

**Tables:** Tables should be self-explanatory and should supplement, not duplicate the text. Type each table on a separate sheet with double space. Number tables consecutively with a brief title for each. Give each column a short abbreviated heading. Place explanatory matter in footnotes. If you use data from another published or unpublished source, obtain permission and acknowledge fully. **Please prepare tables as a separate document in word and send as separate folder without mixing up in the word document.**

**Illustrations:** Use only those illustrations that clarify and increase understanding of the text. All illustrations must be numbered and cited in the text. Two black and white glossy print photographs of each illustration should be submitted. The following information should be typed on a gummed label and affixed to the back of each illustration; figure number, title of manuscript, Name of senior author, and arrow indicating top. Please do not write in ink at the back of the photograph. All illustrations have to be sent, as separate JPEG image files in a C.D. Colour pictures are also welcome.

**A word on scanning or digital imaging:** It is preferable to scan pictures in 300 dpi. If pictures already taken have to be chosen please use Photoshop and save as jpeg in minimum 300 resolutions. Digital images may be made in 3.0 or more mega pixels. This will help in prevention of distortion of pictures when enlarged.

**Legends for illustrations:** Type legends/captions for illustrations double - spaced, starting on separate page with arabic numerals corresponding to the illustrations.

## References:

In the text should include only those that are important and have been studied in fully by the authors. References are a must for any article and those without references would be rejected.

**Case Reports are welcome and such case reports** and other short submission should be sent in the format of a full paper including and abstract and captions.

**All submission should be addressed to:**

**Dr. A. Saravanan**, Plot No.2229, AF Block, first street, Eleventh main road, Anna nagar, Chennai 600040.

Mobile : 9444100036 , 8056200386 E-Mail : saravananorthodr@gmail.com

**Note:** Kindly visit the official website of the Tamil Nadu Orthopaedic Association ([www.tnortho.org](http://www.tnortho.org)) for details of submission of scientific material for publication in the Journal. We encourage case studies more than single case reports since the TNOA is aiming at making the journal a listed journal.





## **Fellowship Secretary's Report: Dr. Nalli R Gopinath**

TNOA offers the following Fellowships to its members.  
For Life Members

### **A. Inland Fellowships**

- i. Prof. A. J. Selvapandian TNOA Travelling Fellowship - 2 Fellows / year
- ii. Dr. R. Muralidharan – Dr. M. Vanasekar TNOA Travelling Fellowship - 2 Fellows / year

### **B. Foreign Fellowships**

- iii. TNOA Foreign Fellowship - 1 Fellow / 2 years
  - iv. TNOA Prof. A. Subramaniam Travelling Fellowship - 1 Fellow / 2 years
- For Associate Members (Post-Graduates)

### **C. Inland Fellowship**

- v. TNOA Dr. K. R. Venkateshwar Memorial PG Travelling Fellowship - 1 Fellow / year

D. PG Medal

- vi. TNOA Prof. R. Ramakrishnan PG Medal – 1 Medal / year

Applications for fellowships available for this year will be called for in the Second newsletter of TNOA.

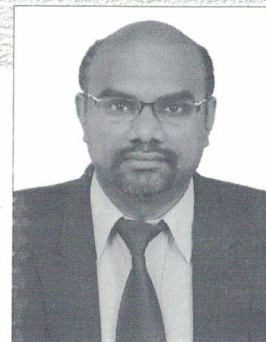
- vii. TNOA -President - Dr. J. Dheenadhayalan have introduced a new observership programme for 30 members. The programme will be conducted in prominent orthopaedic centres across the state and includes a interested can apply their zonal club secretaries or EC members before October 2019.

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## **Application for Membership Certificate:**

**If any of our honourable LIFE MEMEBR needs a Membership certificate, it can be obtained from TNOA office. Please enclose Your LM Number / Address / Mobile Number / Mail id with a DD / At par cheque for Rs.250/- favouring "TAMILNADU ORTHOPAEDIC ASSOCIATION " payable at Chennai.**





## **TREASURER REPORT**

### **TNOA –Account**

- Opening Balance as on 11/02/2019 RS.32,16,275.62
- Closing Balance as on 26/04/2019 RS.53,55,894.62

### **TNOA- RECEIPTS**

| <b>Cheque Details</b>   | <b>Amount</b> |
|---|---------------|
| Chq.No:112511 dtd 10/02/2019 From IOACON-2018, given in TNOACON, Madurai for TNOA.                                | Rs.35,00,000  |
| Chq.No:112512 dtd 01/03/2019 from IOACON-2018, given in TNOACON, Madurai for TNOA.                                | Rs.50,00,000  |
| Cheq.No:874914 dtd 10-02-2019 by Dr.SivaKumar Organizing Sec TNOACON-2019(return back of seed money).             | Rs.3,00,000   |
| Chq.No:007337 dtd 13/02/19 from Dr.Sugavanam- London Ortho Hospital, for Prof. DVR TNOA Arthroscopic Gold Medal.  | Rs.1,20,000   |
| Chq.No:875353 dtd 27/02/2019 from TNOACON 2019 by Dr.Sivakumar-Organizing Sec towards TNOA Journal Indexing Fund. | Rs.5,05,500   |
| Chq.No:875355 dtd 27/02/2019 from TNOACON 2019 by Dr.Sivakumar Organizing Sec towards Madurai conference Fund.    | Rs.3,50,000   |
| Chq.No:875354 dtd 27.02.2019 from TNOACON 2019 by Dr.Sivakumar-Organizing Sec towards TNOA for Web maintenance.   | Rs.13,000     |

### **TNOA-DEBIT**

| <b>CHEQUE DETAILS</b>  | <b>AMOUNT</b> |
|--|---------------|
| Chq.No:549428 dtd 04/02/19 to Print Shoppe-Mr.Subramaniam for Printing Certificates Towards TNOACON-2019.                                | Rs.75,000     |
| Chq.No:549432 dated 09/02/19 to Prof. Sridhar HOD Dharmapuri Medical College for conducting CME.   | Rs.5,000      |
| TNOA- Dr A.J SELVAPANDIAN Travelling Fellowship to 4 Doctors Dr.T.Manokaran, Dr.S.Vishnu, Dr.T.Sathish Kumar, Dr.Sridhar Krishnamoorthy. | Rs.40,000     |
| Returning Of Interest Free Loan to 15 EC members (1 lakh each).  | Rs.15,00,000  |
| Chq. No; 549855 towards Ravi Jewellery for TNOA-Gold Medal to Mr.Subramaniam.  | Rs.20,903     |
| Chq.No:549856 dtd 15/02/19 to Dr.Muralidharan return of interest free loan for TNOA Building fund.                                       | Rs.10,00,000  |
| Chq.No:549855 dtd 10/02/19 Cholamandalam PG fund to Dr.Sathish.  | Rs.5,000      |

Contd...



|  |              |
|--|--------------|
| Chq.No:549859 dtd 05/03/19 towards IOA lifetime Membership of 10 Doctors.  | Rs.50,000    |
| Chq.No:549862 for salary payment to part time Secretary for the months of March and April 2019 and maintenance of TNOA Flat. | Rs.15,000    |
| TNOA Building Infrastructure maintenance given by cash by Dr.PrabhakarSingh (000549861).                                     | Rs.10,201    |
| Chq.No:549863 dtd 07/03/19 for purchase of 2 ACs (MITSUBISHI 1.5 Ton) for TNOA FLAT to SAI AIRCON.                           | Rs.96307     |
| Chq.No:549865 dtd 19/03/19 being Contribution to OASIS for the new 153-TNOA members.   | Rs.15,300    |
| Chq.No:549868 to Sundry Computer Systems for purchase of H.P Computer to TNOA FLAT.  | Rs.31,400    |
| Conduction of TNOA –PG QUIZ to Dr.P. T.SARAVANANChq. No: 549860.   | Rs.1,068     |
| Chq. No: 549869 dtd 19/04/19 towardssundry computer for purchasing Printer to TNOA FLAT.                                     | Rs.6,200     |
| TDS for Amount Rs.5, 52,372 (2%) for PRINT SHOPPE.   | Rs.11,048    |
| Chq. No: 549872 dtd 26/04/19 Transfer yourself to Fixed Deposit from TNOA savings A/C by Dr.PrabhakarSingh.                  | Rs.50,00,000 |
| Chq. No; 549873 dtd 27/04/2019 given to @Home Nilkamal Ltdfor furnishing TNOA flat guest room.                               | Rs.81,978    |

#### **TNOA MEMBERSHIP**

| <b>MEMBER</b>                                 |                    |
|---|--------------------|
| Life Member TNOA (Rs.2100 x 19 & Rs.5,000 x1) | Rs.44,900          |
| Life Member IOA + TNOA (Rs.7200 x10 )         | Rs.72,000          |
| <b>TOTAL</b>                                  | <b>Rs.1,16,900</b> |



New Fixed Deposit for Rs.50,00,000 on 26/04/2019 TNOA account for one year  
6.75 % INTEREST /MATURITY DATE 26/04/2020/ INTEREST AMOUNT Rs.3,46,139.  
TNOA-TRUST

- Opening Balance as on 11/02/2019:168247
- Closing Balance as on 29/04/2019:169677

| ACCOUNT NO               | TYPE OF DEPOSIT /AMOUNT                          | BALANCE AS ON 15/12/2018 | DATED                   | MATURITY DATE            | INTEREST EARNED                                       |
|--------------------------|--|--------------------------|-------------------------|--------------------------|---|
| 728582639                | FIXED DEPOSIT- 1YR                               | 8,00,000                 | 24/04/2018              | 24/04/2019               | QtrlyInt.Rs -13000                                    |
| 961636781                | RIP- 1YR<br>9,49,801                             | 10,06,673                | 15/06/2018              | 15/06/2019               | Int.provisionRs -6673                                 |
| 961639192                | FIXED DEPOSIT 1YR                                | 50,000                   | 15/06/2018              | 15/06/2019               | QtrlyIntRs -813                                       |
| 961640812                | FIXED DEPOSIT 1 YR                               | 1,50,000                 | 15/06/2018              | 15/06/2019               | QtrlyIntRs -2475                                      |
| 6115732125               | FIXED DEPOSIT 3-5YR                              | 7,50,000                 |                         | 26/03/2018               | QtrlyInt.Rs -13,594                                   |
| 6680610097               | FIXED DEPOSIT                                    | 5,00,000                 | 29/09/2018              | 29/09/2019               | QtrlyInt.Rs<br>TO BE CREDITED ON<br>29/12/2018        |
| <b><u>6437371147</u></b> | <b><u>RIP,1 YR</u></b><br><b><u>4,80,779</u></b> | <b><u>509570</u></b>     | <b><u>3/06/2018</u></b> | <b><u>03/06/2019</u></b> | <b><u>Int.provisionRs -</u></b><br><b><u>9570</u></b> |

#### **Fixed Deposit –TNOA Trust**

| ACCOUNT NO | TYPE OF DEPOSIT | BALANCE AS ON 15/12/2018 | DATED      | MATURITY DATE | INTEREST EARNED     |
|------------|-----------------|--------------------------|------------|---------------|---------------------|
| 885592351  | Fixed Deposit   | 1,00,000                 | 27/04/18   | 27/04/2019    | QtrlyInt.Rs 1626    |
| 885592168  | Fixed Deposit   | 5,00,000                 | 27/04/2018 | 27/04/2019    | QtrlyInt.Rs<br>8125 |

Appropriate Interest credited on Quarterly basis on concerned accounts.

Tax deducted before crediting interest to the account.

All interest are credited to association account.

Form 16 A can be obtained from bank at end of financial year.



## TNOACON 2019 Madurai

TNOACON 2019 was organised Successfully by Department of Orthopaedics and Traumatology, Madurai Medical College and Madurai Orthopaedic Society on February 7th, 8th and 9th 2019 at Courtyard by Marriott, Madurai.

### Scientific Highlights

- Academic sessions for 2 1/2 days with 5 international and over 160 National & State Faculties shared their experiences of Orthopaedics and subspecialties.
- Over 1110 delegates and 40 Honorary delegates attended. 450 Abstracts were submitted. For the first time Fast Furious (4 minutes) & Lightning Session (2 minutes) were introduced.
- AO Trauma symposium and 5 other Speciality Symposiums with Hands-on Workshops were done for the first time.
- Medico legal Session was another highlight with Moot Court session

### Other Highlights

- Spouse Program with local city rounds, local Ethnic food, Madurai's authentic Vadivasal Jallikattu with live bulls were organised.
- Even though the time was very short following the IOACON, Entire organising team strived for mobilizing the funds and made it a grand success.
- We are happy to inform you that we have returned back the seed money along with the contribution fund to the TNOA along with the Journal fund and web maintenance fund.

ORGANISING TEAM TNOACON 2019

## TNOACON - 2020

53rd Annual Conference of Tamilnadu Orthopaedic Association TNOACON 2020 is to be conducted on 7th, 8th & 9th February 2020 at Kingston Engineering College, Vellore. Theme: Basics & Beyond. Jointly organised by TNOA & Vellore District Orthopaedic Society.

|   |   |                    |
|---|---|--------------------|
| TNOA Organising Chairman                | : | Dr Thirumalaisamy  |
| Vellore Ortho Club Organising Chairman  | : | Dr. Mohan Gandhi   |
| TNOA Organising Secretary               | : | Dr. Dheenadhayalan |
| Vellore Ortho Club Organising Secretary | : | Dr. Manivannun     |

Registration of Vellore orthopaedic society is completed. Opening up of Bank account, obtaining PAN card completed. Sponsor appeal brochures, stall layout and 50% of stalls registration completed. Accommodation with luxurious amenities for 600 plus delegates available. So far 4 organising committee teams meeting completed.

### Salient points of Scientific Committee:

4 International and 40 National faculties confirmed their participation.

Since the year is 2020 - The theme of 20 : 20 1 PL taken.

- Googlies - How I Manage.
- Leg spins - Fail back syndrome !!
- 3rd Umpire - Medico legal aspect cases !!
- Unorthodox shots - Can it help in complications!!



**TNOACON 2020**  
**VELLORE**

**BASICS AND BEYOND**  
53<sup>RD</sup> ANNUAL CONFERENCE

7TH - 9TH FEBRUARY 2020 - KINGSTON ENGINEERING COLLEGE, VELLORE  
ORGANIZED BY - VELLORE ORTHOPAEDIC SOCIETY



## TNOA PROF. T K Shanmugasundaram Mid Year CME 2019

Our Prof.TKS CME is the second prestigious Annual event conducted by our TNOA. This year it is organised by the Cholamandalam ortho club and Department of Orthopaedic - RMCH on 20th and 21st July, 2019 at Hitech Hall, Annamalai University, Chidambaram.

The theme of this conference is "COMPLEX PERIARTICULAR FRACTURES".


Saw bone workshop is to be conducted on 20th July between 2 to 4 pm and On 21st July there are lectures, discussion by eminent faculties from South India. This CME will update consultants and young surgeons on this complex periarticular fractures.

You will have exciting tour of visiting the largest mangrove forests of Pitchavaram.


The Organising team will be

- Prof. Neelakrishnan - Organising Chairman
- Dr. Barathi Selvan and Dr. Natarajan are Organising Secretaries.

We welcome you all for this educational feast which will be a blend of knowledge and festivity.




"Leadership through Knowledge creation"



**TNOA PROF.T.K.SHANMUGASUNDARAM  
MID YEAR CME**

"Roots of Responsibility and Wines of Professional Excellence"







*Organised By*  
**CHOLAMANDALAM ORTHOPAEDIC SOCIETY &  
DEPT.OF ORTHOPAEDICS RMCH, AU**



**TOPIC : COMPLEX PERIARTICULAR FRACTURES**

**DATE : JULY 20, 21 -2019**

**VENUE : HITECH HALL, INNOVATION CENTER  
KUMARARAJAH MUTHIAH CHETTIAR BUILDING  
ANNAMALAI UNIVERSITY, CHIDAMBARAM.**

| Organizing Chairmen   |   | Organizing Secretaries  |   | Organizing Treasurer's  |  |
|---|---|---|---|---|--|
|  |  |  |  |  |  |
| Dr. R. Neelakrishnan  | Dr. S. Sivasubramanian  | Dr. S. Natarajan  | Dr. V. Barathiselvan  | Dr. Dhanpal Singh   | Dr. S. Elangovan   |



## TNOA – Cholamandalam Ortho PG Fund

The TNOA – Cholamandalam Ortho P G Fund was created by the organizers of the TNOACON 2005 at Cuddalore to provide financial grant to two deserving post graduate students in the State of Tamil Nadu. The selection of recipients every year is based on their academic credentials and research work.

The Heads of the Orthopaedic Departments of Teaching institutions in Tamil Nadu are requested to forward the name of one candidate in their institution based on his research aptitude, work output and academic thrust shown by the candidate. The name along with a brief note on his work and the justification and recommendation of the Head of Department should reach the Secretary, Tamil Nadu Orthopaedic Association on or before 30th November 2019. The awardees shall be finalized by a TNOA committee constituted for the purpose.

**Dr. A. Francis Roy**

TNOA – Secretary.

### Tamil Nadu Orthopaedic Association Address Update Form

| LM No | Name & Address | New Address (to be included in TNOA directory) |
|-------|----------------|--|
|       |                | Hospital/Clinic                                |
|       |                | Residence                                      |
|       |                | Phone No:                                      |
|       |                | Email Id:                                      |

Place:

Date:

Signature

Please send this form to:

**Dr. A. Francis Roy,**

Annai Velankanni Nursing Home,

No. 1/111, Somasynayanar Street,

MuruganKurichi, Palayamkottai,

Tirunelveli. -627 002, Ph.No : 9443124222.

E-mail:tnoasecretary1820@gmail.com



## TNOA BUILDING

TNOA has its permanent building premises now. We have officially occupied the premises on 1st February 2019 after Grahapravesam. The flat is fully furnished. For the day to day functioning our office, we require Rs.3 lakhs per year. The same was approved by our AGB during TNOACON - 2019 at Madurai.

We have formed a building committee which is approved in the GB. The committee will be chaired by Dr. Selvaraj as Chairman and members are the current President, Secretary, Treasurer, Dr. Nalli Yuvraj, Dr. Raja Ravi Varma, Dr. Sivakumar, Dr. Ramesh Babu, Dr. Muralidharan, Dr. Thirunarayanan, Dr. Prabhakar Singh, Dr. Singaravadiivel, Dr. Muthuraman, Dr. Antony Vimalraj and Dr. Francis Roy. The committee will have tenure of 5 years.

Mr. Premkumar B.A (Eng) with adequate computer knowledge is appointed as full time secretary to look into the official work from 10 am to 6 pm.

His Mobile number is 95004 00389.

Kindly note the address & mail id for information.

### **TAMILNADU ORTHOPAEDIC ASSOCIATION ( TNOA )**

Flat No: D - 9B, Asta AVM Apartments,  
AVM Studio Complex, 39, Arcot Road,  
Vadapalani, Chennai - 600026.

( Land Mark : 50 meters from Vadapalani Bus stand )

Office Landline : 044-45590476

mail id : tnoaoffice2018@gmail.com



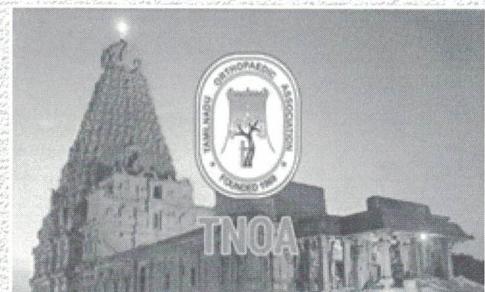
## **TNOA MOBILE APP**

The user friendly TNOA - Mobile App came into existence during TNOACON - 2019 Madurai, which is exclusively for the TNOA members. It can be utilised for journals, video journals, fellowships, conferences, CMEs and zonal club matters. It is available in **Google - Play store "TNOA" and Apple - IOS "TNOA Ortho" platforms.**

The TNOA members can get access to app, by entering E- mail -id given during TNOA membership. And Initial password will - 12345.

Please remember to change to your own password as soon as you log in for the first time

President - Dr. J. Dheenadhayalan, Secretary - Dr. A. Francis Roy & Dr. R. Muralidharan will be the organisers. Dr. Terrence Jose Jerome - Trichy is the coordinator of the Mobile App for the first 5 years. If you have any queries during login you can contact the coordinator.



About Us



Membership



Election



Conference & CME's



Fellowship & Activities



TNOA Video Jorنال



Contact us



Club Activities



TNOA Chat



Legal Cell Activities



## CME CREDIT POINTS

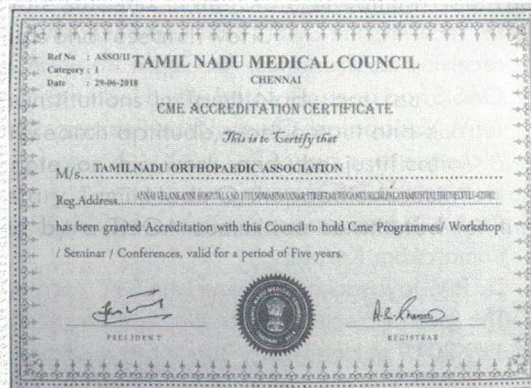
TNOA is officially accredited for CME points by Tamilnadu Medical Council (TNMC). We need not pay the requisite fee for Rs.10,000/- for getting credit points. All our monthly meetings automatically will fetch 0.5 credit points.

### Format for application of Credit Points:

1. Download form from TNMC Website.
2. Attach copy of TNOA -Accreditations certificate which can be received by a email request to TNOA-Office.
3. Attach programme brochure and faculty CV
4. Do not pay the requisite fee of Rs.10,000/-

### Format for obtaining Credit Points

1. Organisers of the programme prepare the attendance sheet consisting of name, address, MCI Registration number, mail id, mobile number and signature of every delegate.
2. The detailed attendance sheet should be mailed to TNMC within 48 hours after completion of programmes.
3. Reports of the same programme should be mailed to TNOA -EC member and TNOA for uploading in TNOA website.
4. If any of the delegate wants the certificate, then they have remit a sum of Rs.150 for getting it.( This is required for delegates attending from other states).



## STATE ZONAL RELATIONSHIP COMMITTEE

The Second Zonal Committee Meeting was conducted on 05.05.2019 at Coimbatore. During this meeting, State Zonal Relationship Committee (SZRC) was formed so as to clearly communicate the various agendas, programmes, fellowship and requisite of the IOA, OASIS, TNOA, to the District Clubs.

The following regulations are adopted

1. State Zonal Relationship Committee (SZRC) will consists of Office Bearers of TNOA, EC members, President, Secretary and Treasurer of that respective district club.
2. All district clubs are requested to conduct all academic programmes under the auspices of TNOA and request to be routed through the respective zonal EC member to the TNOA - Secretary.
3. Name of EC member of the respective zone to be included in the letterpad of the local district club.
4. Office Bearers and EC members should be invited by district club for all local programmes.
5. IOA -President and TNOA -President's theme for the year, logos of IOA / OASIS / TNOA, EC member name, branch name, district club's President / Secretary / Treasurer name should be there in INVITATIONS and BANNERS of all programmes.

### Zonal Committee leaders - Duties and Responsibilities.

- ❖ They should conduct meetings every month.
- ❖ To co-ordinate and Invite EC member for all Local activities
- ❖ To identify non-members in their zones and make them enrolled in TNOA and IOA.
- ❖ To help in conduction of local Office Bearers selection / Election, to have hassle free change of Office Bearers
- ❖ To conduct the state level election process for ballot papers and intimate Non- receipt of Ballot papers by members.
- ❖ Should send Articles to the TNOA Journal.
- ❖ To inform updated addresses / Mob. No / email-ids of local members.
- ❖ Have live contact with members and make them updated academically and practice wise also.
- ❖ Should send feedback reports on all activities to the state.

## TNOA-MEDICO LEGAL CELL

The Medico Legal Cell of TNOA was formed and functioning. During the First EC Meeting of TNOA at Coimbatore on 05/05/2019,

The Medico Legal Cell was revamped with New Committee Members.

Dr. P. T. Saravanan - Joint Secretary is the Co-ordinator.

Committee Members:

- Dr. Terrence Jose Jerome -Trichy,
- Dr. Shyam-Madurai, Dr. Marimuthu - Thoothukudi
- Dr. Manimaran-Salem.

The Next TNOA-Medico Legal Cell Seminar will be conducted at Thoothukudi on 28/07/2019.





## OASIS MATTERS

The First Executive committee meeting of OASIS was attended by President - Dr. J. Dheenadhayalan and Secretary Dr. A. Francis Roy at Cochin on 21st April, 2019.

The Office Bearers / Executive Committee of OASIS congratulated and appreciated the entire team of TNOA for receiving the OASIS BEST CHAPTER AWARD for 2018 for the first time and for achieving HAT TRICK in receiving the prestigious AK Gupta Trophy in 2016, 2017 and 2018.

OASIS had been allocated with a locker and permanent address at the new premises of TNOA office at Asta AVM, Vadapalani, Chennai from February 2019.

A cheque for a sum of Rs.15,300/- handed over to OASIS being Rs.100 as the membership fee for 153 New members of TNOA.

Prof. A. Subramaniam was honoured with lifetime achievement award during the OASISCON-2018 at Kumarakom, Kerala.

Dr. P. V. Jayasankar delivered the SSK Marthandam oration during OASISCON - 2018 at Kumarakom, Kerala.

The second Executive Committee meeting of OASIS will be conducted during OASIS - TRAUMACON 2019 on 7th July 2019 at Hotel Mary Begumpet, Hyderabad.

From 2019, The contribution from New members to OASIS has been increased from Rs.100 to Rs.200.

OASIS office bearers to be invited on stage during Annual conference of the states.

Combined meetings of states to be planned and formulated.

Future EC meetings of OASIS to be conducted in Chennai and Bangalore only.

As per the unanimous decision of TNOA -EC, Dr. Ramesh Babu - Past President of TNOA to be the orator of Prof. SSK. Marthandam for OASISCON - 2019.

OASISCON - 2019 will be conducted at Pondicherry from 23rd to 25th August 2019 with Dr. S. Pandian as Organising Chairman and Dr. M. Prakash as Organising Secretary

### Important dates to remember

- ◆ Last date for abstract submission (online)-June 30<sup>th</sup>, 2019
- ◆ Full text submission through mail - July 15<sup>th</sup>, 2019
- ◆ Conference- Aug 23<sup>rd</sup>, 24<sup>th</sup> and 25<sup>th</sup>, 2019

### Important Phone Numbers

|  |              |
|--|--------------|
| Dr. S. Pandian (Organising Chairman)                                 | : 9443233827 |
| Dr. M. Prakash (Organising Secretary)                                | : 9442044239 |
| Dr. Shishir S.M. (Registration committee chairperson)                | : 8870135734 |
| Dr. Rajagopalan (Scientific committee chairperson)                   | : 9886144233 |
| Dr. Naveen Thiyaagu (Trade committee chairperson)                    | : 9003548031 |
| Dr. Vijayangovan<br>(Accommodation and Travel committee chairperson) | : 9842642948 |

### Conference Secretariat

**Dr. M. Prakash**

Department of Orthopaedics

Sri Manakula Vinayagar Medical College and Hospital

Madagadipet, Puducherry 605 107.

Cell: 9442044239

# PUDUCHERRY OASISCON 2019

**AUGUST 23RD, 24TH & 25TH, 2019**

VENUE : JIPMER AUDITORIUM, PONDICHERRY  
ORGANIZED BY  
PONDICHERRY ORTHOPAEDIC ASSOCIATION

CME theme  
" PAEDIATRIC TRAUMA "





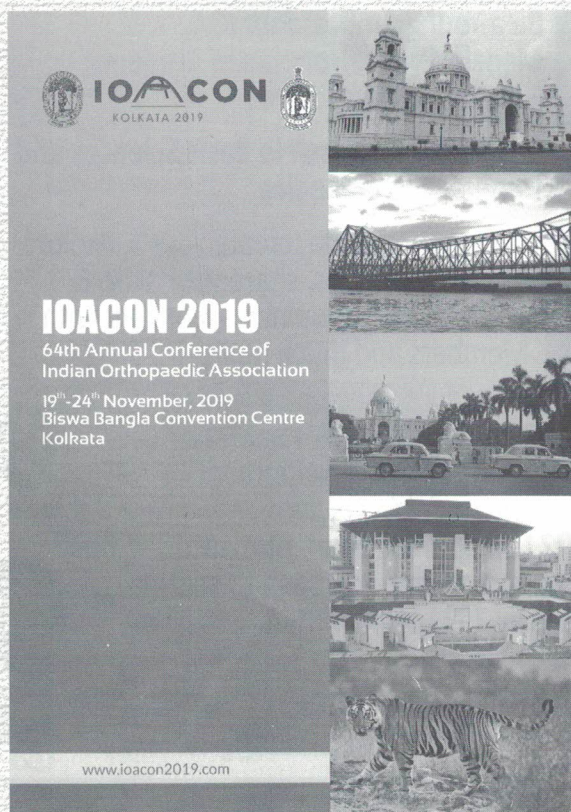
## IOA MATTERS

- Dr. Rajesh Malhotra took over as President of IOA during the valedictory function of IOACON-2018 at Coimbatore. IOA President announced the theme for the year "Roots of Responsibility. Wings of Professional excellence".
- A New Logo is created for IOA which will be used in all of our Future programmes
- A National Disaster Committee is formed as per the guidelines of IOA. In TAMILNADU
- it was formed with Dr. Nalli Yuvraj as Co-ordinator and the zonal wise members have been nominated (National Disaster Management Committee Members) - Refer page No.37



### TNOA-Members in IOA EC & Working Committee

- **Dr. S. Ramesh Babu** - Past President of TNOA — CSRC Member
- **Dr. Raja Ravi Varma** - Past President of TNOA - Membership Drive Committee
- **Dr. Prof. Rajagopal**— UG / PG Training Committee
- **Dr. Premnath** - Salem / Mobile No : 98947 31617 and **Dr. Vanasekar** - Palani / Mobile No : 99422 09543 are EC Members.
- IOA decided to conduct TRAUMACON in all states. Accordingly, TNOA-TRAUMACON 2019 was successfully conducted at Erode on 09/06/2019 with 240 delegates. Dr. Atul Srivastava - Hon.Secy-IOA adorned this programme with his presence.
- This year's theme for Bone & Joint day will be "Healthy ageing with Strong bones" will be observed for a week in August 2019.
- For the past 2 years correction of CLUB FOOT was in our programme. This year we will be initiating the treatment for congenital disease along with correction of clubfoot.
- Fellowships in various categories of IOA to be applied and utilised by more members of TNOA.





## MEMBERSHIP DRIVE

### PROJECT MEMBERSHIP DRIVE - 15,000 FOR IOA BY 2021

Membership Drive Committee will consist of Dr. Raja Ravi Varma as Chairman & Nodal Officer. For TNOA Co-ordinator is Dr. Terrance Jose Jerome.

Target for TNOA 350 Members for this year. 3 Metro Zones to ensure 25 New members each and 19 Non Metro zones to ensure 15 New members each by which we can reach our target with ease.



### INDIAN ORTHOPAEDIC ASSOCIATION

#### MEMBERSHIP DRIVE - 15K BY 2021

### WHAT DOES ONE GET AS IOA MEMBER?

ENROLL TODAY THROUGH STATE CHAPTER

IOA National Conferences,  
related academic activities, International  
Conferences, Mentorship Programmes,  
Hands on Workshops







News Letter & Journals  
Poster & Podium Presentation  
Guest Nation at International meets  
Host of National & Foreign Fellowships  
Be a Young Ambassador IOA  
Medals, Prizes, Honours in Academic  
Non Academic activities



### Grants for Research in Basic Sciences and General Orthopaedics



Access to website, create your's, explore  
lectures & videos, share your skills &  
Techniques, get opinions, connect with  
Members and much more!

Power to choose and also become a leader!  
Social activities through Bone & Joint Day  
Be part of Surveys, Implant development  
Sub Speciality Meets & Many More,...



**So why wait? Lets Join together, motivate  
others and be the change you wish to see!**  
**15K members by 2021 is our target**  
**Together we can achieve!**



**Jai Hind! long Live IOA!**



ioa15k2018@gmail.com



## Madras Orthopaedic Society - Dr. S. Makeash Ram & Dr. R. Prabhakar - EC members

President - Dr. Gokul Raj / 9445350577  
 Secretary - Dr. Prabhakar Singh / 94444 476243  
 Individual Achievement

- Dr. Aju Bosco - International award - Dr. Aju Bosco MS(Ortho), DNB, FNB (Spine Surgery), won the Best Oral Presentation Award at the annual meeting of the Cervical Spine Research Society - Asia Pacific, held at Yokohama in Japan in March 2019 for the research work on the "Anatomical feasibility and safety of occipital condyle screw placement for segmental occipitocervical fusion in Indians".
- Dr Parthasarathy - Stanley medical college won the best paper in Foot and Ankle in TNOACON at Madurai 2019.
- Dr Sathish - MMC received the Chozhamandalam research Grant for PG's
- Dr Sathish - MMC won the best PG in Prof. Ramakrishnan Gold Medal.
- Dr Vignesh - MMC received the Best Paper medal in Trauma at TNOACON - 2019.
- Dr Kavinkumar - MMC received the Best paper medal in Oncology in TNOACON - 2019.
- Govt Royapettah Hospital PG team won the PG quiz in TNOACON 2019..
- Dr. Javaghar Jill - MMC won the best paper award (Spine ).

## MOS Meeting conducted on 14th Feb-2019 at Stanley Medical College. Topics Presented

- C1,C2 Tuberculous sequelae and management - Dr. Kumaresan - MMC
- New marker to evaluate the result of ponsetti management in CTEV - Dr Satish -MMC.
- Intramedullary titanium elastic nailing for both bones forearm- Dr Ram kumar- SMC
- Antiglisse augmentation plate for vertical orientation # neck of femur- Dr Prabhakar - SMC
- Fat embolism syndrome in polytrauma - Dr Nalli Gopinath.

## MOS meeting conducted at Madras Medical College on 2nd April 2019. Topics presented

- Our early experience of endoscopic discectomy in 70 patients with "Lumbar disc prolapse" - Dr G Sudhir - SRMCH, Chennai.
- "Functional outcome of BAMC for Treatment of chondral injuries" Presented by Dr Bijay Kumar Sahu.
- "VTE prophylaxis in orthopaedic surgeries" - Dr Damodharan Apollo hospitals.
- Congenital kyphosis with neurological deficit of cervical spine in a child-management difficulties -Prof. Nalli Uvaraj -MMC.

## MOS meeting conducted at Hotel Radisson Blu on 9th April, 2019. Topics presented"

- Functional outcome of infected nonunion treated by antibiotic coated interlocking intramedullary nail - Dr. S. Karthikeyan- MMC, Chennai.
- Guest Lecture-"Indian perspectives in pelvi acetabular trauma care and management"- Prof. Ramesh Sen, Chandigarh
- "Advanced trends in Bio - Orthopedics, upcoming treatments in Enthesiopathies, Bio-trends in Orthopedics, Help yourself Heal- Upcoming trends"-Dr A Navaladi Shankar.
- Special Lecture : " Role of Denosumab in Osteoporosis"-Dr. Usha, MBBS, MD Pharmacology, Regional Medical Advisor, Hyderabad
- "Post traumatic claw toes deformity rare case presentation with correction"- Dr Jerry Sam & Dr. Dharmaraj - Parvathy Hospital, Chennai.

## Conferences & CME's

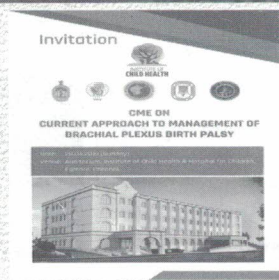
- National Foot and Ankle Summit by Parvathy Hospitals conducted at Hotel Ramada Plaza on 29th & 30th March 2019.

• 2nd annual conference of Indian Biologic Orthopaedic Society conducted on 29th & 30th March, 2019 at Sri Ramachandra Medical College

• CME on Unicondylar Knee- Meet the Masters on 10th April at Radisson Blu.

• CME on Total hip Arthroplasty at Hyatt, Chennai on 26th April Sunday.

• CME on brachial Plexus Injury conducted on 28th April, 2019.





## Madurai Orthopaedic Society

Dr.L.Shyam & Dr.Gopi Manohar - EC Members

President - Dr. V. R. Ganesan / 9443772917

Secretary - Dr. K. N. Subramanian / 9894103259

### Members List

Madurai Orthopaedic Society has 100 members and 23 Associate Members (PG)

Activities – Regular monthly meeting on every first Saturday.

Activities : Totally 22 Scientific papers presented in the last six months.  
Post graduates Interaction and PG Quiz was conducted.

**MADURAI ORTHOPAEDIC SOCIETY**  
You are invited to attend the monthly meeting of Madurai Orthopaedic Society on 10th December 2017

Date: 10th December 2017 Time: 9:00pm  
Venue: Star Residency, Madurai

**President** Dr. V.R. GANESAN  
**Secretary** Dr. SHYAM  
**Treasurer** Dr. GOPI MANOHAR  
**Joint Secretary** Dr. K.N. SUBRAMANIAN  
**Ex. Office** Dr. ALAMUTHUVEERAJAN  
Dr. M.N. KARTHI

**Topics**  
9:00pm - Quiz for PG's  
Specialized discussion of hip joint - Case report  
Revisiting the shoulder after a failed lateral procedure  
Total elbow arthroplasty using dual's design  
An interesting case of cervical cord compression in a young adult  
Application of Nitro-Glide Revers

**Ready to see on follow up and Joint**

**MADURAI ORTHOPAEDIC SOCIETY**  
You are invited to attend the monthly meeting of Madurai Orthopaedic Society on 26th January 2018

Date: 26th January 2018 Time: 9:00pm  
Venue: Fortune Pandyan Hotel, Madurai

**President** Dr. V.R. GANESAN  
**Secretary** Dr. SHYAM  
**Treasurer** Dr. GOPI MANOHAR  
**Joint Secretary** Dr. K.N. SUBRAMANIAN  
**Ex. Office** Dr. ALAMUTHUVEERAJAN  
Dr. M.N. KARTHI

**Topics**  
9:00pm - Quiz for PG's  
Vietnamese story bench disease - Case report on osteoid osteoma  
Case report of a humeral shaft fracture  
A case report of a humeral shaft fracture  
An interesting case report of a humeral shaft fracture  
An interesting case report of a humeral shaft fracture

**Ready to see on follow up and Joint**

**MADURAI ORTHOPAEDIC SOCIETY**  
You are invited to attend the monthly meeting of Madurai Orthopaedic Society on 2nd March 2018

Date: 2nd March 2018 Time: 9:00pm  
Venue: JC Residency, Madurai

**President** Dr. V.R. GANESAN  
**Secretary** Dr. SHYAM  
**Treasurer** Dr. GOPI MANOHAR  
**Joint Secretary** Dr. K.N. SUBRAMANIAN  
**Ex. Office** Dr. ALAMUTHUVEERAJAN  
Dr. M.N. KARTHI

**Topics**  
9:00pm - Quiz for PG's  
Tibia syndrome  
Golf's syndrome  
General body meeting

**Ready to see on follow up and Joint**

**MADURAI ORTHOPAEDIC SOCIETY**  
You are invited to attend the monthly meeting of Madurai Orthopaedic Society on 16th April 2018

Date: 16th April 2018 Time: 9:00pm  
Venue: Fortune Pandyan Hotel, Madurai

**President** Dr. V.R. GANESAN  
**Secretary** Dr. SHYAM  
**Treasurer** Dr. GOPI MANOHAR  
**Joint Secretary** Dr. K.N. SUBRAMANIAN  
**Ex. Office** Dr. ALAMUTHUVEERAJAN  
Dr. M.N. KARTHI

**Topics**  
9:00pm - Quiz for PG's  
An interesting case of a humeral shaft fracture  
An interesting case of a humeral shaft fracture  
An interesting case of a humeral shaft fracture  
An interesting case of a humeral shaft fracture

**Ready to see on follow up and Joint**

**MADURAI ORTHOPAEDIC SOCIETY**  
You are invited to attend the monthly meeting of Madurai Orthopaedic Society on 16th April 2018

Date: 16th April 2018 Time: 9:00pm  
Venue: Star Residency, Madurai

**President** Dr. V.R. GANESAN  
**Secretary** Dr. SHYAM  
**Treasurer** Dr. GOPI MANOHAR  
**Joint Secretary** Dr. K.N. SUBRAMANIAN  
**Ex. Office** Dr. ALAMUTHUVEERAJAN  
Dr. M.N. KARTHI

**Topics**  
9:00pm - Quiz for PG's  
An interesting case of a humeral shaft fracture  
An interesting case of a humeral shaft fracture  
An interesting case of a humeral shaft fracture  
An interesting case of a humeral shaft fracture

**Ready to see on follow up and Joint**

**THORACIC REPORT**  
The thoracic report was conducted by the Madurai Orthopaedic Society and Department of Orthopaedics, Madurai Medical College during 7th & 8th Dec 2017 at Courtyard by Marriott, Madurai. Though it had a limited scope due to the fact that the Madurai Orthopaedic Society is a small society, it was a great success. They attended more of our proper meetings and gave their valuable inputs. The conference was attended by members of the Madurai Orthopaedic Society and the Madurai Medical College. The conference was a great success. They attended more of our proper meetings and gave their valuable inputs. The conference was a great success. They attended more of our proper meetings and gave their valuable inputs.



**New app allows young docs to learn surgery virtually**  
A new app called 'Thorac' has been developed by the Madurai Orthopaedic Society. It allows young doctors to learn surgery virtually. The app is available on the Google Play Store and the Apple App Store. It contains a wealth of information on various orthopaedic conditions and their management. It is a great resource for young doctors who are looking to learn more about orthopaedics.



## Coimbatore Orthopaedic Society - Dr.S.R.Sundar Rajan - EC Member

President : Dr. Vinodh / 9843022435

Secretary : Dr. Rex / 9894909101

### Monthly Meeting

COS Meeting of March - Guest Speaker - Prof RH Govardhan - "Deformities around knee" conducted at Vasanthi Orthopaedic hospital. Case presentations by

• Malunited posterolateral tibial condyle fracture treated by arthroscopic assisted open wedge osteotomy - Dr Aby, Ortho one hospital

• A case of multiligament knee injury - Dr Ramakanth, Ganga hospital

• Revision TKR in periprosthetic fracture - Dr Vijayanand, Rex hospital

• Periprosthetic fracture femur & Hamrtoma thigh as cause for anterior knee pain. Rex Hospital.

COS monthly meeting conducted on 20.04.2019. Case Presentation by

• Dr Karthik Selvaraj on Failed reverse shoulder arthroplasty

• Talk by Dr Ram Chidambaram on Shoulder and elbow interesting cases

• Talk on modified Judets quadriceps plasty by Dr Ram Prasad.

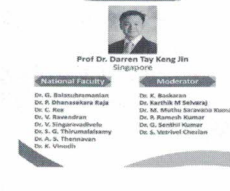
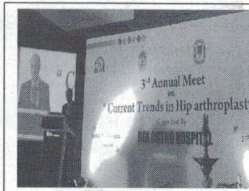
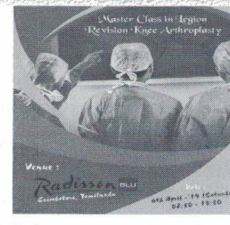
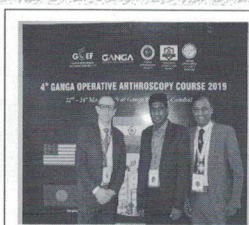
### CME & Conference:

• 3rd Annual meet on "Current trends in Hip Arthroplasty" conducted at REX Ortho Hospital on 27.01.2019 attended by 86 delegates.

• SESICON 2019 conducted in February, 200 registrations, Live surgeries and lectures.

• 4th Ganga Operative Arthroscopy course conducted on 22nd to 24th March, 2019 with

58 547 Registrations, 21 live surgeries, lectures and panel discussions.





## North Zone Report - Dr. Manivannun - EC Member

### Vellore Ortho Club

President - Dr. K. Manivannun / 9942230008  
Secretary - Dr. Justin Arockiaraj / 9443114380

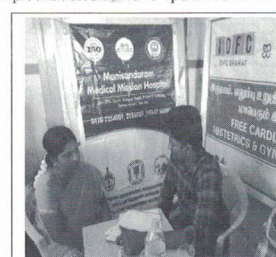
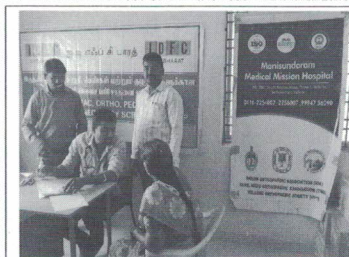
### Thiruvannamalai Ortho Club

President - Dr. S. Senthil Nathan / 94426 38687  
Secretary - Dr. K. Senthil Kumar / 98407 43063

### Kanchi Ortho Club

President - Dr. Jishnu Mohan / 94443 32661  
Secretary - Dr. Rajesh Chakravarthy / 98401 89558

- Arthritis Screening Camp conducted at Cheyyar on 22-2-2019
- Spine Camp conducted at Pernambut on 27-2-2019
- Free ortho camp conducted at Ariyur on 12-3-2019
- Sports Injury Camp conducted at Ranipet on 12-3-2019.
- Free Medical camp conducted at Kalavai on 17-3-2019.
- Free Medical camp conducted at Arni on 9-4-2019.
- Election Awareness Mini Marathon Camp conducted at Kanchipuram on 7-4-2019.



## WEST ZONE - 1

Dr. J. Manimaran - EC Member

### MIDWEST ORTHO SOCIETY - Salem

President : Dr. Meenakshi sundaram / Mobile No : 94432 66855.  
Secretary : Dr. Tharun / 9952919999  
Treasurer : Dr. Vishnuprasath  
life members - 110.

Non Metro best zone award on a Hat-trick achieved by Mid-West salem.

- March monthly Meeting attended by 40 members - Theme-bone tumors.
- April monthly Meeting - 22 members attended.

### 5 Guest Lecture

- Soft Tissue Reconstruction Procedures For PFI -MPFL Reconstruction-Dr. Bhupesh Karthik, Hosur.
- Decision making in complex fractures of proximal Humerus- Dr. J. Manimaran, Salem.
- Periprosthetic Hip Fractures- Dr. Sugavanam, Salem
- Column Specific Fixation of Proximal Tibia Fractures-Dr. Parthasarathy, Salem
- Management of Post Traumatic Bone Defects- Options in Our Hand- Dr. Meenakshi Sundaram, Salem.

### GMKMCH-Presentations-5 Medal papers

- Comparitive Study of Subtrochantric Fractures Treated With Proximal Femoral Nail And Proximal Femoral LCP- Dr. Raam Mohan. S, GMKMCH, Salem
- ARIF (Arthroscopy Assisted Reduction and Internal Fixation)- Tibial Plateau Fractures- Dr. Giri Nivasan Chellamuthu, GMKMCH, Salem.
- Algorithmic Approach in Management of infections following internal fixation-Dr. S. Kumar, GMKMCH, Salem
- Analysis of compartment pressure in proximal third fractures of leg and its significance related to internal fixation- Dr. Manivannan. GMKMCH, Salem.
- Analysis of functional outcome of Distal Tibia Fractures treated by plating versus IM Nailing- Dr. G. Gnanaprakasam, GMKMCH, Salem



- Functional and Radiological outcome of Floating Knee injuries treated by various methods of fixation- 20 cases study- Dr. Sampath Kumar.A.D, GMKMCH, Salem .

#### **GMKMCH-Presentations**

- Whether Early Fixation of Bimalleolar Fracture is Mandatory- Dr. Gokulprasath.S, GMKMCH, Salem
- Comparative Study of platelet rich plasma Vs Steroid Injection in lateral Epicondylitis- Dr. Gokulprasath.S, GMKMCH, Salem
- Functional Outcome of Acromioclavicular Joint Disruption Treated with Autologous Semitendinosus- Dr. Karthik.A, GMKMCH, Salem
- Functional outcome of fixation of Bi-Condylar Tibial Plateau Fracture With Single and Dual Plating- Dr. Alwin Surya, GMKMCH, Salem
- Functional Outcome of Recurrent Shoulder Dislocation By Latarjet Procedure- Dr. Aravindan . S, GMKMCH, Salem.
- Comparative Analysis of Intertrochanteric fractures managed by Trochanteric femoral nail, proximal femoral nail & Dynamic Hip Screw- Functional outcome of 30 patients study- Dr. Syed Naser.S, GMKMCH, Salem
- Comparative Study of platelet rich plasma Vs Steroid Injection in lateral Epicondylitis- Dr. Gokulprasath.S, GMKMCH, Salem
- Functional Outcome of Anteroposterior Compression Type of Pelvic injury treated with Anterior Plating and Posterior Percutaneous Ilio- Sacral Screw Fixation- A.Mohamed Azeem, GMKMCH, Salem
- Functional Outcome of Extra Articular Proximal Tibia Fractures with Metaphyseal comminution Managed with Proximal Tibia LCP Vs Hybrid External Fixator- Dr. Karthik. L, GMKMCH, Salem
- Functional Outcome of Acromioclavicular Joint Disruption Treated with Autologous Semitendinosus- Dr. Karthik. A, GMKMCH, Salem.

#### **MIDWEST MEMBERS –FREE PAPERS**

- Internal Fixation of fracture Neck of femur in adults 18 to 40 years of Age- Dr. Franklyn Kiruba, Kiruba Hospital, Salem
- Short Term Analysis of Unicondylar Knee Replacement-Dr. Manimaran Jayaraman, Kurinji Super Specialities Hospital, Salem
- Posterior Vertebral Column Resection for Correction of Rigid Spinal Deformity- Dr. Vishnu Prasath, SKS Hospitals, Salem
- Comparison Between cemented and un-cemented Hemiarthroplasty among the patients with fracture neck of femur- Dr. S. Ashwin, Vinayaka Mission's Kirupananda Variyar Medical College & Hospital, Salem
- Anterior Surgery in Spinal Infection Vs Posterior Surgery Spinal Infection- Dr. Vishnu, Salem
- Functional Outcome Analysis of a novel Arthroscopy Assisted Carpal Tunnel Syndrome- Dr. Santhosh Thangaraj, SBS Hospital Hosur.
- Flaps in Finger Tip Injuries-Dr. K. Mani, Aravind Hospital, Namakkal
- An Analysis of knee Arthrodesis in infected Total Knee Arthroplasty-Dr.K. Mani, Aravindh Hospital, Namakkal
- Outcome Evaluation of Subtrochanteric Femur Fractures Treated With Proximal Femoral Nails-Dr. Raja, Vinayaka Missions Kirupanandavariyar Medical college, Salem
- Effect of Fibula Fixation in Distal 1/3rd Tibia Fractures Treated with Intramedullary Nailing-Dr. Reguvaran.N.J, Kurinji Hospital, Salem
- Novel Surgical Techniques for AC Joint Injuries-Dr. Radhakrishnan, GKMMC, Salem
- A case of Odontoid Fractures Treated With Anterior Screw Fixation-Dr. Gokul Jagadesan, Salem Medical College, Salem.

#### **MIDWEST MEMBERS -ACCOMPLISHMENTS**

- Dr.Premnath – Salem was appointed as an EC member of IOA
- Dr. Bupesh – Hosur elected as an EC member of IAS
- Dr. Tharun, Dr. Meenakshi sundaram, Dr. Selvaraj, Dr. Parthasarathy won the sports medal in Tennis & Badminton.





## WEST ZONE - II Dr. S. Anandaraj - EC Member

### Erode Ortho club:

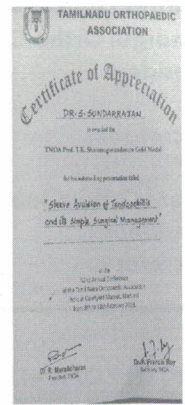
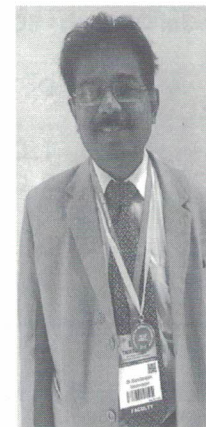
President - Dr. S. Ramasamy / 98427 50123  
 Secretary - Dr. Kannan / 98659 06600  
 Monthly Club Meetings - 3  
 Average attendance - 25

### Tiruppur Ortho club

President - Dr. Gopinatha Samy / 93446 47144  
 Secretary - Dr. Brijesh Shetty / 94430 09934

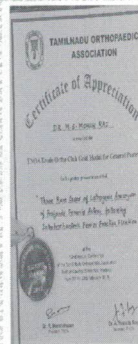
### Achievements :

Dr. S. Sundarajan received the Prof. TKS Gold Medal.  
 Dr. M. S. Mohanraj received the gold medal for General Poster.  
 In Udumalpet Government hospital, THR was done for the first time.



### Karur Ortho Club:

President  
 Dr. Karuppiyah / 98424 33599  
 Secretary  
 Dr. Sathiesh / 97905 55151 & 96777 23411  
 Number of New Members  
 Mobilized : TNOA - 1 & IOA - 1



## Central Zone - I - Dr. J. Terrence Jose Jerome - EC Member

### Trichy Ortho Club :

President - Dr. S. Jaikish / 94433 49403  
 Secretary - Dr. Mukesh Mohan / 94435 32395

### Monthly Meetings:

- Monthly meeting conducted on 07.03.2019 at Hotel Le Temp Forte.
- Dr. I. Geethan demonstrated with models for knot tying and practice and hand knots for open and arthroscopic procedures attended by 30 members and 2 PGs.
- Monthly meeting conducted on 04.04.2019 at Hotel Sangam, Trichy.
- Dr. Narasimha Rao spoke on consent attended by 24 members and 2 PGs.

### Achievement:

Dr. Terrence Jose Jerome received the Prof. T. Xavier medal for hand surgery at TNOACON-2019 at Madurai.

### Conference:

For the first time in South India, Indo Japan hand meet 2019 with the theme of "The A TO Z Hand surgery" was conducted on 6th & 7th April, 2019 at Hotel Sangam, Trichy. Two International faculties from Japan and many National & State faculties delivered the lectures. Tamilnadu Governor - Hon. Banwarilal Purohit inaugurated the conference. Life time achievement award given to Dr. John Karuppiyah, Dr. Mohammed Farook & Dr. Samson Daniel.





### Central Zone - II - Dr. Jai Ganesh - EC Member

#### Dindigul Ortho Club

President - Dr. Vadivel / Mobile No : 9842166444

Secretaries - 1. Dr. Anand / Mobile No : 9443388152  
2. Dr. Eswara Kumar / Mobile No : 9842175108

#### Theni Ortho Club

President - Dr. Srinivasan / Mobile No : 98946 20152

Secretary - Dr. Raja Manikandan / Mobile No : 94433 81207

### SOUTH ZONE - I REPORT Dr. Marimuthu - EC Member

#### Nellai Ortho Club

❖ President - Dr. N. Manikandan / 94431 64800

❖ Secretary - Dr. Muthuraman / 98429 10971

❖ Treasurer - Dr. Palanikumar / 99402 34444

Members: 55 Life Members + 30 Associate members

Monthly CME Activity on every last Saturday of every month.

January Meeting 2019 attended by 35 members.

• Unstable Pelvic Fracture Management

• Neuropathic ankle joint management

• Bilateral TKR

• Obstetric brachial plexus injury

February - 2019

• Infected non union both bones leg - series of 12 cases

• Acromio - Clavicular joints disruption management.

• Total elbow joint replacement - A case Report

March-2019

• Revision THR

• Pediatric neck of femur fracture management

• Flexor tendon injury hand - Zone II Management

• Poly Trauma management

April- 2019

• How many times I slip..?

• A case of slipped capital femoral epiphysis

• Supra condylar Humerus Fracture Treated by JESS.

• Cerebral palsy in Adult.

#### Virudhunagar Ortho Club

• President : Dr. Ambalatharasan / 94433 82215

• Secretary : Dr. J. Manikandan / 94435 45112

Social activities - BMD Camp conducted

17.01.2019, 23.03.2019, 05.04.2019

#### Ramnad Ortho Club

• President : Dr. Sahaya Stephen Raj / 94420 44462

• Secretary : Dr. Syed Ibrahim / 88701 17220

• Treasurer : Dr. Kalliloor Rahuman





## SOUTH ZONE-II

Dr.Srinivasan - EC Member

Kanyakumari Orthopaedic society

Period of activity of report : February 2019 - April 2019

### ORGANISATIONAL ACTIVITIES

President /Mob. No /Mail ID : Dr. V. S. Muthu Ramalingam / 94433 72146 / mrlortho@yahoo.in

Secretary /Mob no. /Email ID : Dr. Mohan Kumar / 82201 26891 / drmsmkortho@gmail.com

Total No. of members :

No. of Members mobilized for TNOA Membership: 5

No. of Members mobilized for IOA Membership: 5

### ACADEMIC ACTIVITIES

Three monthly meeting conducted in February, March & April.

Social Activities:

1. Road safety live demo programme conducted in February 2019.

2. Free BMD camp and awareness program conducted in March at Pioneer Kumarasamy college, Nagercoil.

## EAST ZONE - Dr.Barathi Selvan - EC Member.

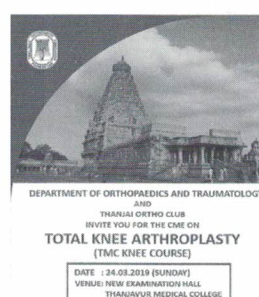
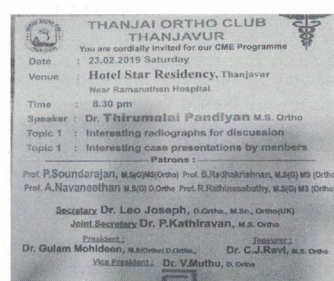
### Thanjavur Ortho club

President - Dr. Bharathi / 94426 47078

Secretary - Dr. Leo Joseph / 94437 37139 & 94437 37139

• Monthly CME programme conducted on 23.02.2019 with topics of radiography and case presentations by members.

CME on Total Knee Arthroplasty conducted on 24.03.2019 in Thanjavur Medical college



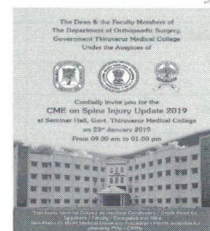
### Thiruvavur Ortho Club :

President - Dr. Muthu Kumar / 9003125195

Secretary - Dr. Ansari / 97502 45455

CME on Spine injury update 2019 conducted at Government Medical college, Thiruvavur on 23.01.2019.

Membership : Four new members



### Cholamandalam Ortho Club :

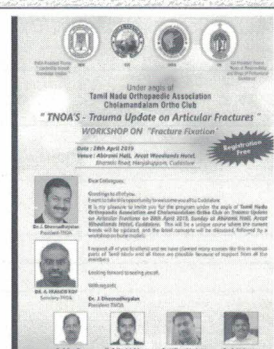
President - Dr. R. Neelakrishnan / 98424 27872

Secretary - Dr. S. Natarajan / 98401 78281

• Monthly meeting conducted in March 2019 at Hotel Devi, Cuddalore attended by 25 members and three guest speakers gave lectures.

• TNOA Trauma Update workshop on "Articular fracture" conducted on 28th April, 2019 at Cuddalore.

Social Activities - Family get together was arranged on 30.12.2018 for New Year celebrations.





## TNOA MEDAL WINNERS

| No  | Medal  | Winner   | Title   |
|-----|--|--|---|
| 1.  | <b>TNOA Prof. M. Natarajan</b><br>Medal for Trauma                           | Dr. Vignesh Sampath Kumar,<br>MMC, Chennai.  | Antiglide plate augmentation of cancellous screw fixation for vertically oriented neck of femur fractures - Functional outcome analysis   |
| 2.  | <b>TNOA Prof. Vyagareswaradu</b><br>Medal for Orthopaedics                   | Dr. Raja Bhaskar, Ganga<br>Hospital, Coimbatore.   | Is Foot Loading pattern and hind foot alignment restored in varus knees following Total Knee Arthroplasty - Pedobarographic analysis of 121 Knees   |
| 3.  | <b>TNOA Prof. T. K. Shanmugasundaram</b><br>Medal for Rural Centres          | Dr. Sundarajan,<br>Priya Orthopaedic Centre,<br>Udumalpet.                               | Sleeve Avulsion of tendoachillis and its simple surgical management   |
| 4.  | <b>TNOA Prof. A. Subramaniam</b><br>Medal for Basic Research in Orthopaedics | Dr. Sri Vijay Anand,<br>Ganga Hospital, Kovai  | The Proteogenic signatures of healthy, ageing and degenerative discs - The role of inflammaging in health and diseases  |
| 5.  | <b>TNOA Prof. T. Xavier</b><br>Medal for Hand Surgery                        | Dr. Terrence Jose Jerome,<br>Olympia Hospital and research<br>centre, Trichy             | Role of 3 dimensional high frequency power doppler in Post operative scaphoid Non union treated with 1,2 Intercompartmental supraretinacular artery vascularized distal radius graft (1,2, ICSRA )    |
| 6.  | <b>TNOA Prof. M. Ramanathan</b><br>Gold medal for Consultants                | Dr. Karthik. M. Selvaraj , Ortho<br>One Hospital, Kovai                                  | Perfecting the screw placement in latarjet procedure  |
| 7.  | <b>TNOA Prof. P. Dhanarajan</b><br>Medal for Innovative Techniques in Trauma | Dr. V. J. Senthil ,<br>Government Hospital, Trichy                                       | Hoffa fracture fixation   |
| 8.  | <b>TNOA Prof. K. Sriram Paediatric</b><br>Orthopaedic Gold Medal Papers      | Dr. Kailash , Kanchi Kamakoti<br>childs Trust Hospital, Chennai.                         | Occipito - Cervical fusion in Morquio disease ( MPS Type IV)  |
| 9.  | <b>TNOA Prof. S. Rajasekaran</b> Medal for<br>Spine surgery                  | Dr. Javaghar Jill - MMC ,<br>Chennai.  | Failed spine surgery and pedicle screw stacking   |
| 10. | <b>TNOA Dr. David Rajan Arthroscopy</b> Gold<br>Medal Papers                 | Dr. Blessin. S. Cherian, Ganga<br>Hospital, Kovai.                                       | Functional and Radiological outcome of arthroscopic single bundle Vs double bundle PCL Reconstruction using hamstring autograft in isolated grade 3 PCL Tear - A prospective randomised control Trail |
| 11. | <b>TNOACON 2019 Subspecialty medal -</b><br><b>Arthroplasty</b>              | Dr. Yuvarajan Palanisamy,<br>Ortho One Hospital, Cbe.                                    | A Reliable radiological and anatomical tool to restore the Joint line in Primary TKR for Indian Population  |
| 12. | <b>TNOACON 2019 Subspecialty Medal-</b><br><b>Foot &amp; Ankle</b>           | Dr. Parthasarathy Suyambu -<br>Govt Stanley Medical College -<br>Chennai.                | Equinus and associated foot deformities correction with illizarov ring fixator a case series  |
| 13. | <b>TNOACON 2019 Subspecialty Medal -</b><br><b>Oncology</b>                  | Dr. Kavinkumar Vembanan -<br>MMC - Chennai.  | Giant cell tumor treated by curettage and zoledronic acid with structural support by fibular cortical struts - A Short term outcome analysis  |
| 14. | <b>TNOA – Dr. Vidhyasagar</b><br>Best Arthroplasty Poster Medal              | Dr. V. R. Siva Kumar - PIMS,<br>Madurai  | Role and use of press fit condylar constrained knee in complex primary TKR  |
| 15. | <b>TNOA – Erode</b><br>Best Poster Medal - General                           | Dr. M. Mohan Raj, KMCH, Kovai  | Three rare cases of Iatrogenic aneurysm of Profunda femoris artery following intertrochanteric femur fracture fixation  |
| 16. | <b>TNOACON 2019 Sub-speciality</b><br>Orthopaedic Oncology                   | Dr. Kavinkumar Vembanan -<br>MMC - Chennai   | Giant cell tumor treated by curettage and zoledronic acid with structural support by fibular cortical struts - A Short term outcome analysis  |
| 17. | <b>TNOA Best Publication Award</b>   | Dr. Raja Bhaskar - Ganga Hospital, Coimbatore  |   |
| 18. | <b>TNOA Publication appreciation Certificate</b>                             | Dr. Rishi .M. Kanna , Ganga Hospital.  |   |
| 19. | <b>TNOA – Prof .R. Ramakrishnan</b> for Best<br>Post Graduate                | Dr. Sathish - MMC, Chennai   |   |
| 20. | <b>TNOA – Dr. K. R. Venkateswar</b><br>PG Fellowship                         | 1). Dr. Vasantha Raj. V, GMKMC, Salem.<br>2).Dr. Sayantan Saha, Rex Hospital, Coimbatore |   |
| 21. | <b>TNOA – KMC Ortho</b><br>PG Quiz Winners                                   | 1) Dr. Durai Raj<br>2) Dr. Vinothkumar -Govt. Royapettah Medical College, Chennai        |   |
| 22. | <b>TNOA – KMC Ortho</b><br>PG Quiz Runners                                   | 1) Dr. Arun<br>2) Dr. Sharan Achar - Coimbatore Medical College, Coimbatore.             |   |
| 23. | <b>TNOA Cholamandalam</b><br><b>Ortho PG GRANT</b>                           | Dr. Sathish - MMC, Chennai   |   |
| 24. | <b>Best Ortho Club – Metro</b>   | Coimbatore   |   |
| 25. | <b>Best Ortho Club – Non - Metro</b>   | Mid west ( Salem)  |   |



## **Prof. A. Devadas Meritorious Award**

The award is conferred every year to the senior and outstanding orthopaedicians, for their life time dedicated contributions to orthopaedics and association.

This award is instituted in the name of Dr. Prof. A. Devadoss - the renowned Pioneer of orthopaedicians not only in India but also in the international arena. He had received numerous awards and adorned many posts which cannot be counted in numbers. He was the Past President of IOA & TNOA. His achievements & laurels are still continuing, even this year Prof. Devadoss received the "BEST TEACHER AWARD " from Honourable Vice President of India C. Venkaiah Naidu.



**Prof. A. Devadoss**



**Prof. Dr. Joseph** - MS ortho from Thanjavur was honoured with Meritorious award for the year 2018 during the Inaugural ceremony of TNOACON - 2019 at Madurai.

Prof. S. Joseph completed his degree in Thanjavur Medical College and PG in Madurai Medical College. He had worked in various government hospitals in Tamilnadu and instrumental in establishing orthopaedic department in Kumbakonam, a renowned teacher of Thanjavur Medical College.

After his retirement from Government services, he is a senior orthopaedic surgeon in a private hospital and at his own ortho clinic in Thanjavur. He had done more than 50,000 major orthopaedic surgeries which includes 1500 free of cost corrective surgeries for the polio paralytic patients.

Prof. Joseph co-authored an international publication, received lifetime achievement award from Dr. MGR Medical University.

We salute Prof. Joseph for his contributions and wish him to receive more laurels for his contribution to orthopaedics and society.



## New Ratified members

| S.NO | LM No    | NAME                            | Place          |
|------|----------|---------------------------------|----------------|
| 1    | LM/A/171 | Dr. Anil Gowtham Manivannan     | Coimbatore     |
| 2    | LM/A/172 | Dr. M. Arun                     | Madurai        |
| 3    | LM/A/173 | Dr. R. Anand Kumar              | Theni          |
| 4    | LM/A/174 | Dr. M. Annamalai                | Chennai        |
| 5    | LM/A/175 | Dr. A. Arshad Arif              | Tirunelveli    |
| 6    | LM/A/176 | Dr. Antony Roy                  | Chandigarh     |
| 7    | LM/A/177 | Dr. P. Anush Rao                | Nagai          |
| 8    | LM/A/178 | Dr. Abey Thomas baby            | Kerala.        |
| 9    | LM/A/179 | Dr. S. Ashwin                   | Madurai        |
| 10   | LM/A/180 | Dr.D.Arunraj                    | Namakkal       |
| 11   | LM/A/181 | Dr.Alavenkata Hemanth Kumar     | Andhra Pradesh |
| 12   | LM/A/182 | Dr. P. Anbarasu                 | Namakkal       |
| 13   | LM/A/183 | Dr. V. Anand Kkumar             | Trichy         |
| 14   | LM/A/184 | Dr. Arun Rajamanickom           | Salem          |
| 15   | LM/A/187 | Dr. M. Atharsh Chander          | Virudhunagar   |
| 16   | LM/A/188 | Dr. Arun Viswanath.N            | Pondicherry    |
| 17   | LM/A/189 | Dr. Arul                        | Tirunelveli    |
| 18   | LM/A/190 | Dr. S. Azhagiri                 | Erode          |
| 19   | LM/A/191 | Dr. A. Arivazhagan              | Nagai          |
| 20   | LM/B/71  | Dr. Balaji                      | Madurai        |
| 21   | LM/B/72  | Dr. U. Balaji                   | Chennai        |
| 22   | LM/B/73  | Dr. N. Bharath Narayanaswamy    | Cuddalore      |
| 23   | LM/B/74  | Dr. Blessin S. cherian          | Kerala         |
| 24   | LM/B/75  | Dr. A. Balakrishnan             | Vellore        |
| 25   | LM/C/40  | Dr. Chandrasekaran murugesan    | Salem          |
| 26   | LM/D/58  | Dr. Deepak D Chitrakar          | Madurai        |
| 27   | LM/D/59  | Dr. R. Devendran                | Trichy         |
| 28   | LM/D/60  | Dr. Divya Bandari               | Hyderabad.     |
| 29   | LM/D/61  | Dr. J. David Vimal Kumar        | Krishnagiri    |
| 30   | LM/D/62  | Dr. C. Dhanesh Prasad           | Madurai        |
| 31   | LM/G/57  | Dr. Gupta Nishith Pravenchandra | Thane          |
| 32   | LM/G/58  | Dr. G. Gnanaprakasam            | Salem.         |
| 33   | LM/G/59  | Dr D. Gopinath                  | Chennai        |
| 34   | LM/G/60  | Dr. C. Giri Nivasan             | Palani.        |
| 35   | LM/G/61  | Dr. Gowthaman                   | Vellore        |
| 36   | LM/G/62  | Dr. Gopi. T                     | Chennai        |
| 37   | LM/G/63  | Dr. Gopinath. T                 | Vellore        |
| 38   | LM/G/64  | Dr. Gopinathan                  | Calkut         |
| 39   | LM/G/65  | Dr. Gururagavendra. P           | Namakkal       |
| 40   | LM/J/68  | Dr. R. Jayakumar Khatod         | Chennai        |
| 41   | LM/J/69  | Dr. D. Jagajeevanram            | Alakkurai      |
| 42   | LM/J/70  | Dr. Jerry Sam                   | Chennai        |
| 43   | LM/K/142 | Dr. M. Kumanan                  | Perundurai     |
| 44   | LM/K/143 | Dr. Karthik Rajendran           | Kancheepuram   |
| 45   | LM/K/144 | Dr. P.N. Khisan Kumar           | Kumbakonam     |
| 46   | LM/K/145 | Dr. N. Kandasamy                | Salem          |
| 47   | LM/K/146 | Dr. S. karthikeyan              | Dindugul       |
| 48   | LM/K/147 | Dr. K. kopikrishnan             | Kerala         |
| 49   | LM/K/148 | Dr.M.J.Krishna Kumar            | Madurai.       |
| 50   | LM/K/149 | Dr.R.Karthik                    | Salem.         |
| 51   | LM/K/150 | Dr.Kirubha Shankhar             | Salem          |
| 52   | LM/K/151 | Dr.Karunakaran.k                | Vellore        |
| 53   | LM/K/152 | Dr.S.Kumaresapathy              | Trichy         |
| 54   | LM/K/153 | Dr.K.Keerthi                    | Vellore        |
| 55   | LM/K/154 | Dr.P.Keerthivasan               | Mannargudi     |
| 56   | LM/K/155 | Dr.R.Kathiresan                 | Mettur         |
| 57   | LM/K/156 | Dr.I.Karthik                    | Chennai        |
| 58   | LM/L/15  | Dr. Lalith kumar                | Dindigul       |
| 59   | LM/L/16  | dr.s.n.lokesh kumar             | Chennai        |
| 60   | LM/M/163 | dr.m.s.mohan raj                | Tiruppur       |
| 61   | LM/M/164 | dr. p. mohamed ashraf ali       | Dindigul       |
| 62   | LM/M/165 | dr. a. manikandarajan           | Chidambaram    |
| 63   | LM/M/166 | dr. m. manimaran                | Cuddalore      |
| 64   | LM/M/167 | dr. m. mohamed ibrahim          | Tirunelveli    |
| 65   | LM/M/168 | dr.r.mahesh karthik             | Chennai        |
| 66   | LM/M/169 | dr.a.manivannan                 | Nagapattinam   |
| 67   | LM/M/171 | dr.manish dhawan                | New delhi      |
| 68   | LM/M/172 | dr.r.mugundan                   | Villupuram     |
| 69   | LM/M/173 | dr.v.mohana krishnan            | Vellore        |
| 70   | LM/M/174 | Dr. P. Magesh Babu              | Dharmapuri     |
| 71   | LM/N/66  | Dr. K. Nirmala Devi             | Dharapuram     |
| 72   | LM/N/67  | Dr. N. Nagarajan                | Ariyalur       |
| 73   | LM/N/68  | Dr. Naveen Nair                 | Pondicherry    |
| 74   | LM/N/69  | Dr. Nikes Kirit Kumar sham      | Vadodara,      |
| 75   | LM/N/70  | Dr. M. Nirmal                   | Trichy         |



|     |            |                                |                 |
|-----|------------|--------------------------------|-----------------|
| 76  | LM/N/71    | Dr. S. Nalla Kumar             | Thiruvannamalai |
| 78  | LM/P/106   | Dr. S. Prajwal Ganesh          | Tiruvannamalai  |
| 79  | LM/P/107   | Dr. O.N. Paramasivan           | Coimbatore      |
| 80  | LM/P/108   | Dr. R. Prakash Kumar           | Coodalore       |
| 81  | LM/P/109   | Dr.J.Praveen Paul Jesvanth     | Trivandrum      |
| 82  | LM/P/110   | Dr. R. Prabhakaran             | Salem           |
| 83  | LM/P/111   | Dr. K. R. Prathap Kumar        | Kochi           |
| 84  | LM/P/112   | Dr. Pritem Achimuthu Rajamani  | Madurai         |
| 85  | LM/P/113   | Dr. S. Prakash                 | Pollachi        |
| 86  | LM/P/114   | Dr. C. Parthiban, C            | Krishnagiri     |
| 87  | LM/P/115   | Dr. D. Palani Kumar            | Madurai         |
| 88  | LM/P/116   | Dr. M. Pavithra                | Kanyakumari     |
| 89  | LM/P/117   | Dr. Parthiban, K.M             | Coimbatore      |
| 90  | LM/P/118   | Dr. Padmasekar                 | Dindigul        |
| 91  | LM/P/119   | Dr. M.P.Premnivas              | Paramakudi      |
| 92  | LM/R/202   | Dr. N.J. Reguvaran             | Madurai         |
| 93  | LM/R/203   | Dr. T. Ramprasath              | Trichy,         |
| 94  | LM/R/204   | Dr. P. Rajeev Kumar            | Theni           |
| 95  | LM/R/205   | Dr. Raja Anurag Gautam         | Bihar           |
| 96  | LM/R/206   | Dr. X. Raja                    | Nagercoil       |
| 97  | LM/R/207   | Dr .E. Rajarajan               | Arani           |
| 98  | LM/R/208   | Dr. B. N. Ravindra             | Bangalore.      |
| 99  | LM/R/209   | Dr T. Rajashekhar              | Visakappatinam  |
| 100 | LM/R/210   | Dr. Rajeev Jahagirdar          | Coimbatore      |
| 101 | LM /R/ 211 | Dr. R Rajesh                   | Vellore         |
| 102 | LM /R/ 212 | Dr. S. Rohit                   | Chennai         |
| 103 | LM/R/213   | Dr. G.Raman Kumar              | Vellore         |
| 104 | LM/R/214   | Dr. S. Raam Mohan              | Chennai         |
| 105 | LM/R/215   | Dr .Rajesh Kannan              | Madurai         |
| 106 | LM/S/390   | Dr. Suranjana Ravi Subramaniam | Chennai,        |
| 107 | LM/S/391   | Dr. J. Sivakumar               | Dindigul        |
| 108 | LM/S/392   | Dr. J. Sivaram                 | Madurai         |
| 109 | LM/S/393   | Dr. A. Syed Abdhahir           | Cumbum          |
| 110 | LM/S/394   | Dr. P. Sathya Murthy           | Coimbatore      |
| 111 | LM/S/395   | Dr. Shreeraam Venkatachalam    | Salem           |
| 112 | LM/S/396   | Dr. Srikesh ravi               | Kerala          |
| 113 | LM/S/397   | Dr. G. Subramanya Gandhi       | Chennai         |
| 114 | LM/S/398   | Dr.Sunil Dhondiram Magadum     | Chennai.        |
| 115 | LM/S/399   | Dr.K.Sulthan Basha             | Trichy.         |
| 116 | LM/S/400   | Dr. M.V. G. Shyam Pandari      | Telanganana     |
| 117 | LM/S/401   | Dr. K. Sridhar                 | Tiruvannamalai  |
| 118 | LM/S/402   | Dr. Srujun Vadrnapu            | Dindigul        |
| 119 | LM/S/403   | Dr. Sajith Kurian              | Kerala          |
| 120 | LM/S/404   | Dr. G. Sivaraman               | Villupuram      |
| 121 | LM/S/405   | Dr. Saravanakumar. P           | Chennai         |
| 122 | LM/S/406   | Dr. K. Sasi Kumar              | Pondicherry     |
| 123 | LM/S/407   | Dr. B. Sriram                  | Vellore         |
| 124 | LM/S/408   | Dr. S. Srinivasan              | Chennai - 34    |
| 125 | LM/S/409   | Dr. Sridhar.GB                 | Mayiladurai     |
| 126 | LM/S/410   | Dr. P.Sharaj deen              | Chennai-24      |
| 127 | LM/S/411   | Dr. D.Santhana Kumaran         | Thiruvannamalai |
| 128 | LM/S/412   | Dr. G. Shanmuga Boopathy       | Thiruvanniyur   |
| 129 | LM/S/413   | Dr. B. Saravanan               | Madurai         |
| 130 | LM/S/414   | Dr. Senthil Kumar Durai        | Chennai         |
| 131 | LM/T/51    | Dr. Terrence derryll dsouza    | Mangalore       |
| 132 | LM/T/52    | Dr. L. Thamizharasan           | Pondicherry     |
| 133 | LM/T/53    | Dr. R. Tamilvanan              | Chennai         |
| 134 | LM/T/54    | Dr. R. thanikachalam           | Chennai         |
| 135 | LM/T/55    | Dr. R. Thangadurai             | Namakkal        |
| 136 | LM/V/126   | Dr. Vetri Chelvan. S           | Cuddalore       |
| 137 | LM/V/127   | Dr. M. Venkateswaran           | Vellore         |
| 138 | LM/V/128   | Dr. M. Vijayanand Thambiah     | Cuddalore.      |
| 139 | LM/V/129   | Dr. Vishal Mallinath Huggi     | Karnataka       |
| 140 | LM/V/130   | Dr. M. Viswanathan             | Karaikudi.      |
| 141 | LM/V/131   | Dr. J. Vijaya soruban          | Tuticorin       |
| 142 | LM/V/132   | Dr. M. K. Vetri Kumar          | Chennai         |
| 143 | LM/V/133   | Dr. Vinoth Kumar               | Madurai         |
| 144 | LM/V/134   | Dr. R.M.Vinoth Karthick        | Chennai         |
| 145 | LM /V/135  | Dr. Vignesh Kumar. V           | Theni           |
| 146 | LM/V/136   | Dr. Vijay Kumar                | Mettur Dam.     |
| 147 | LM/V/137   | Dr. Vasantha Raj               | Salem           |
| 148 | LM/V/138   | Dr. Venkat Ramanan             | Thanjavur       |



## OBITUARIES

### DR. HAROON KHIZIR TAQI RAZA

The Doyen of Orthopaedics from Jabalpur, Madhya Pradesh passed away on 15th March 2019.

He was the Prof & HOD of Orthopaedics, NSCB Medical College. President of Asia Pacific Orthopaedic Association.

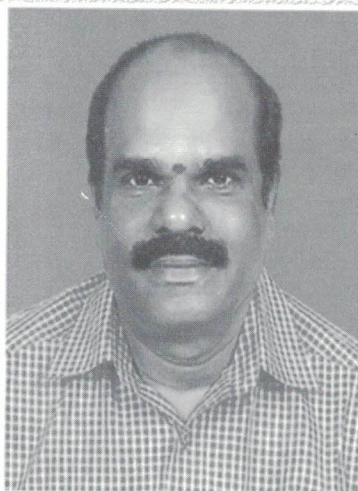
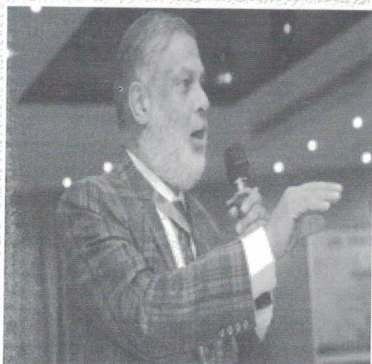
Past President of Indian Orthopaedic Association.

Former Honorary Secretary of Indian Orthopaedic Association (2000-05).

His massive contribution for the orthopaedics and our parent Association - IOA is revered and remembered by us all.

We, as the members of TNOA, dip our flag in sorrow of his demise and salute this great veteran.

We also condole his death, remembering him with our prayerful silence and share our grief with the bereaving family members.



**Dr. S.S. PUGALENDHI** MBBS., D(ortho), who was the President of Thiruvannamalai ortho club passed away on 17.05.2019, leaving behind a great void for our TNOA, medical fraternity and his family members.

The Entire orthopaedic family stands in sorrow in remembrance of the departed soul and extend the heartfelt condolences to bereaving family.

His great contributions to the orthopaedicians, our association, his patients, his family and to the society will ever be revered and remembered by all.



# CALENDAR OF EVENTS

| DATE                                | MONTH     | YEAR | EVENT  |   |
|-------------------------------------|-----------|------|--|---|
| 10 <sup>th</sup>                    | February  | 2019 | Informal EC Meeting of New Office Bearers at TNOACON 2019                        |   |
| 5 <sup>th</sup>                     | May       | 2019 | Zonal Committee Meeting – Coimbatore.  |   |
| 5 <sup>th</sup>                     | May       | 2019 | I EC Meeting – Coimbatore.   |   |
| 18 <sup>th</sup>                    | June      | 2019 | Despatch of First Newsletter   |   |
| 20 <sup>th</sup> & 21 <sup>st</sup> | July      | 2019 | TNOA - Prof. T.K Shanmuga Sundaram Midyear CME - 2019 , Chidambaram.             |   |
| 21 <sup>st</sup>                    | July      | 2019 | II Mid Year EC Meeting, Chidambaram.   |   |
| 28 <sup>th</sup>                    | July      | 2019 | Medico Legal Seminar - Nellai Ortho Club- Tuticorin                              |   |
| 4 <sup>th</sup>                     | August    | 2019 | Bone and Joint day   |   |
| 23 <sup>rd</sup> - 25 <sup>th</sup> | August    | 2019 | 18 <sup>th</sup> OASISCON 2019, Pondicherry                                      |   |
| 15 <sup>th</sup>                    | September | 2019 | III EC Meeting , Vellore.  |   |
| 8 <sup>th</sup>                     | October   | 2019 | Despatch of II Newsletter Announcement of TNOA Elections                         |   |
| 12 <sup>th</sup>                    | October   | 2019 | World Arthritis Day  | 6 <sup>th</sup> – 20 <sup>th</sup><br>TNOA Bone Health<br>Awareness Fortnight |
| 16 <sup>th</sup>                    | October   | 2019 | World Spine Day  |   |
| 17 <sup>th</sup>                    | October   | 2019 | World Trauma Day   |   |
| 19 <sup>th</sup>                    | October   | 2019 | World Paediatric Bone and Joint day  |   |
| 20 <sup>th</sup>                    | October   | 2019 | World Osteoporosis Day   |   |
| 24 <sup>th</sup>                    | October   | 2019 | Last date for filing nominations   |   |
| 31 <sup>st</sup>                    | October   | 2019 | Last date for withdrawal of nominations  |   |
| 14 <sup>th</sup>                    | November  | 2019 | Despatch of ballots  |   |
| 19 <sup>th</sup> – 24 <sup>th</sup> | November  | 2019 | IOACON 2019 , Kolkatta.  |   |
| 30 <sup>th</sup>                    | November  | 2019 | Last date for receiving nominations for TNOA Prof.A.Devadoss Meritorious Award   |   |
| 5 <sup>th</sup>                     | December  | 2019 | Last date for despatch of duplicate ballots                                      |   |
| 15 <sup>th</sup>                    | December  | 2019 | IV EC Meeting ,Trichy.   |   |
| 31 <sup>st</sup>                    | December  | 2019 | Last date for receipt of ballots.  |   |
| 5 <sup>th</sup>                     | January   | 2020 | Counting of votes – Coimbatore.  |   |
| 25 <sup>th</sup> & 26 <sup>th</sup> | January   | 2020 | TNOA – Prof. R. Ramakrishnan Gold Medal for Best Postgraduate Exam, Trichy.      |   |
| 31 <sup>st</sup>                    | January   | 2020 | Last Date for receiving nominations for best Zonal Club awards                   |   |
| 7 <sup>th</sup> – 9 <sup>th</sup>   | February  | 2020 | TNOACON 2020, Vellore.   |   |
| 7 <sup>th</sup>                     | February  | 2020 | V- EC Meeting at TNOACON 2020 , Vellore.   |   |
| 8 <sup>th</sup>                     | February  | 2020 | Annual General Body Meeting at TNOACON 2020, Vellore.                            |   |
| 9 <sup>th</sup>                     | February  | 2020 | Installation of New Office Bearers , valedictory function TNOACON 2020, Vellore. |   |





## TAMILNADU ORTHOPAEDIC ASSOCIATION

### MEMBERSHIP FORM FOR CONSULTANTS

#### DR. A. FRANCIS ROY

The Hon. Secretary – TNOA  
Annai Velankanni Hospitals,  
1/111, Somasinayanar street,  
Murugankurichi, Palyamkottai - 627002  
Tirunelveli District.

Place :

Date :

PHOTO

Dear sir,

I wish to apply for the Life membership of Tamilnadu Orthopaedic Association.  
Providing my particulars for the membership.

Name :

Address :

Residential :

Clinic :

Date of Birth :

#### PROPOSED BY

Doctor Name :

Life Membership No :

Signature :

#### SECONDED BY

Doctor Name :

Life Membership No :

Signature :

#### Qualification

1. Year of Passing MBBS :  
University :  
Medical council Reg. Number :
2. PG – Dip /Degree :  
Year of Passing / University :

#### DD DEATILS

BANK :  
BRANCH :  
DD.NO :  
DATED :  
AMOUNT :

If you are ALREADY a MEMBER of IOA, a DD for Rs.5,000 favouring "TAMILNADU ORTHOPAEDIC ASSOCIATION"  
Payable at CHENNAI for TNOA membership and Enclose the IOA membership certificate copy.

IOA MEMBERSHIP No. :

If you are not an IOA member, then along with IOA filled membership form, two DD's to be taken.

1. Rs.5000/- favouring "INDIAN ORTHOPAEDIC ASSOCIATION" payable at New Delhi.
2. Rs.5000/- favouring "TAMILNADU ORTHOPAEDIC ASSOCIATION" payable at Chennai.

\*Please attach 2 set photocopies of the documents \*

**"Combined membership for both TNOA and IOA been made compulsory as per decision taken in the GB meeting held at TNOACON – Madurai , 2019" .**





## TAMILNADU ORTHOPAEDIC ASSOCIATION

### MEMBERSHIP FORM FOR ASSOCIATES

#### DR. A. FRANCIS ROY

The Hon. Secretary – TNOA  
Annai Velankanni Hospitals,  
1/111, Somasinayanar street,  
Murugankurichi, Palyamkottai - 627002  
Tirunelveli District.  
Mob: 94431 24222 / E-mail: tnoasecretary1820@gmail.com

Place :

Date :

PHOTO

Dear sir,

I wish to apply for the SINGLE ENTRY MEMBERSHIP for TNOA & IOA.

Providing my particulars for the membership.

Name :

Address :

Residential :

Clinic :

Date of Birth :

#### PROPOSED BY

Doctor Name :

Life Membership No :

Signature :

#### SECONDED BY

Doctor Name :

Life Membership No :

Signature :

#### Qualification

1. Year of Passing MBBS :

University :

Medical council Reg. Number :

2. PG – Dip /Degree :

Year of Passing University :

3. Bonafide letter from HOD of Institution :

I have enclosed a Demand draft for **Rs.9,000** favouring  
“**TAMILNADU ORTHOPAEDIC ASSOCIATION**” Payable at  
Chennai.

*\*Please attach 2 set photocopies of the documents \**

#### DD DEATILS

BANK :

BRANCH :

DD.NO :

DATED :

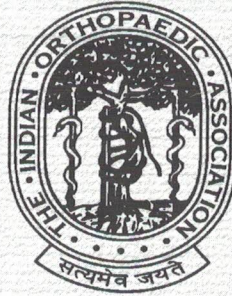
Single entry membership for associate member has been made compulsory as per decision taken in the GB meeting held at TNOACON –Madurai, 2019. You become an associate member of IOA & TNOA. On completion of your course and producing the degree certificate, additional qualification registration certificate, you automatically will become a life member of TNOA, IOA & OASIS.



Please submit the form to Hon. Secretary, State Chapter of your state

Indian Orthopaedic Association  
Membership Form

The Hon. Secretary, IOA  
IOA House, 69, Tughlakabad Institutional Area  
Behind Batra Hospital, M.B. Road, New Delhi-110062  
Phone: +91 11 29961434, 9811967820  
Email: [hon.secretaryioa@gmail.com](mailto:hon.secretaryioa@gmail.com) / [ioahousedelhi@gmail.com](mailto:ioahousedelhi@gmail.com)  
Website : [www.ioaindia.org](http://www.ioaindia.org)



Please Attach  
Passport Size  
Photograph Here

Dear Sir,  
I wish to apply for the Life/Associate Membership of Indian Orthopaedic Association  
( please fill the whole form in **BLOCK/CAPITAL LETTERS** only )

Name: .....

Postal Address: .....

State : ..... Pin code: ..... Date of Birth: .....

Other Address: .....

E-mail address: .....

Telephone: ..... Mobile No: .....

**PG Qualification:** Details include Degree / Diploma / Pass out Year / College / Institution / Place / University etc.

PG Degree / Diploma: .....

MCI Registration No: ..... Year : .....

**State / Other Association of IOA Membership:** .....  
(No application will be entertained without state chapter membership).

I enclose the payment of RS: ..... By Demand Draft No : .....

Place & Date: ..... Signature: .....

Proposed by: .....

IOA Membership No: ..... Signature: .....

Second by : .....

IOA Membership No. LM ..... : ...Signature: .....

The membership fee for **Life Member** is Rs. 5,000/- and **Associate Member** have to pay Rs. 2,000/- in the first term during the ortho training (PG) and Rs. 3,000/- after **MS (Ortho)** etc. Qualification to become Life Member of IOA. Please make Daft in favour of "**Indian Orthopaedic Association**" payable at **New Delhi**.

(Associate Membership Fee for Overseas application which are eligible for only associate member is \$100 One Hundred US Dollar.)

Please attach:

- Certificate Photocopy of Life Membership Certificate of state chapter of Indian Orthopaedic Association.
- Please Sent the membership application Form and Demand Draft at the above mentioned address only.
- Certified Photocopy of the PG Degree/ Diploma to be sent along with Application Form.
- Certificate Photocopy of Medical Council Registration of Orthopaedic PG Degree / Diploma to be sent along with the form.
- Certificate copy from HOD is must. (This is for the Association member only)

**NOTE: Membership** is subject to ratification in the subsequent in the subsequent AGM of the IOA. Allotment of membership no will follow the ratification. / Associate members have the right of attending scientific meeting and social events and engaging in all scientific discussion **but they shall not attend business meeting and take part in elections.**

**Membership form will be sent only by respective State Hon. Secretary to IOA Office, New Delhi**







