



# TNOA NEWS

2017-2018, Issue 1, Volume 1



**Dr. S. Ramesh Babu taking over as the President TNOA for the year 2017-2018.**

**IOA President's Theme : "Integration for enrichment"**

**TNOA President's Theme : "To promote golden hour trauma care"**





## TNOA EXECUTIVE COMMITTEE 2017-2018



**Dr. S. Ramesh Babu**  
President Elect



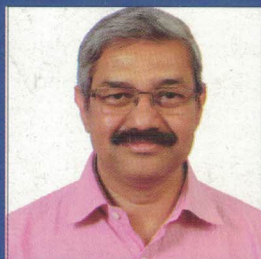
**Dr. M. Antony Vimalraj**  
Secretary



**Dr. R. Sivakumar**  
Immed. Past President



**Dr. R. Muralidharan**  
Vice President



**Dr. J. Dheenadayalan**  
Vice President



**Dr. S. Muthuraman**  
Immed. Past Secretary



**Dr. A. Francis Roy**  
Joint Secretary



**Dr. Thanappan**  
Editor



**Dr. Meenakshi Sundaram**  
Fellowship Secretary



**Dr. V. Thirunarayanan**  
Chennai



**Dr. A. Saravanan**  
Chennai



**Dr. Karthick Raja**  
Madurai



**Dr. J. Maheswaran**  
Madurai



**Dr. Paari Selvaraj**  
Coimbatore



**Dr. V.P. Mohan Gandhi**  
North Zone



**Dr. A. Suresh Kumar**  
South Zone



**Dr. J. Manikandan**  
South Zone



**Dr. M.A.N. Loganathan**  
West Zone



**Dr. Franklyn Kiruba**  
West Zone



**Dr. C.J. Ravi**  
East Zone



**Dr. B. Vadivel**  
Central Zone



## From the Desk of the President .....

Dear Honorable members,

Greetings!

I feel extremely happy to communicate to you all through this newsletter.

At the outset, I would like to thank everyone of you for bestowing your confidence upon me and making me the President of this prestigious Association for the year 2017 – 18. As mentioned in my route map during the TNOACON 2017 at Coimbatore, I have been trying to follow the good work of my predecessors in taking TNOA forward in all aspects.



It has been a wonderful quarter where I had an opportunity to visit and do various TNOA activities with the help of the Zonal Representatives and members at Coimbatore Zone, East Zone, South Zone, West Zone, Central Zone and Chennai Zone.

My theme for this year is "To promote Golden Hour Trauma Care". One of our senior members, Dr. N.O. Samson has been made as a coordinator for this program. In this regard, we also met Dr. Edwin Joe, the Director of Medical Education and gave a representation that TNOA will be promoting Golden Hour Trauma Care at various Medical College Hospitals in collaboration with the Department of Orthopaedics of various Medical Colleges. I am grateful to Prof. N. Manikandan, Professor & HOD, Dept. of Orthopaedics, Tirunelveli Medical College and Prof. A. Suresh Kumar (EC member, South Zone) who organized the first program at Tirunelveli Medical College on 13th May 2017 and also released the booklet on Golden Hour Trauma Care. Our TNOA members, Dr. K. Balasubramanian (Course Director), Dr. S. Chockalingam and Dr. A.P. Kumaraguru promised to conduct similar programs at other Medical Colleges as well. Basic life support courses for paramedical staff are also being conducted.

As you all know we are celebrating the Bone and Joint Decade (2010 -2020) where the musculo-skeletal health is being promoted by WHO. Arthritis, Osteoporosis, backache and Road Traffic Accidents are given prime importance. In this regard, TNOA is conducting Road Safety Rallies and Osteoporosis Detection camps at various places. Already a CME & Clinical Demonstration on Arthritis – An Update was conducted at Soundarapandian Bone & Joint Hospital in Chennai on 21st May 2017.

It was my pleasure & privilege to attend the EC meeting of OASIS at Chennai, CSRC meeting and EC meeting of IOA at New Delhi which was a great learning experience. It was a moment of pride to represent TNOA and present state chapter activities at CSRC meeting. The first EC meeting of TNOA was held at Chennai where various proposals for the forthcoming year were discussed and approved.

As far as the TNOA building, Dr. R. Muralidharan (President Elect) and I visited the site and met the builders' representative. The construction is in full swing and he promised that the building will be handed over by the end of 2018. I request those members who have already promised to contribute towards the building fund to fulfil their commitment as soon as possible. I also request the other members to come forward to contribute.

I request all our members to actively participate in the IOA's Bone and Joint Day activities and TNOA's bone health fortnight activities. This year also IOA has proposed to do free surgeries as a part of Bone and Joint Day activities. Our Past President, Dr. C. Raja Ravi Varma has agreed to coordinate this program. Dr. P. T. Saravanan of Kancheepuram will be coordinating TNOA's Bone Health fortnight activities. I am thankful to them. I also request everyone of you to involve yourself in the membership drive of TNOA and IOA.

I sincerely thank all the members especially the EC members for their support and encouragement during the various TNOA activities so far and so forth.

Thanking you,  
Truly in TNOA Service,

**Dr. S. Ramesh Babu**



## From the desk of the Secretary



Respected teachers, senior members and friends,

Greetings from Tamil Nadu Orthopaedic Association!

First I congratulate each and every member of our association for winning the IOA AK Gupta trophy for the best state chapter of IOA and also for topping the list of free surgeries for World Record with regards to complete documentation as per IOA protocols.

Newsletter is the most important communication channel between Tamil Nadu Orthopaedic Association and its all members. This not only gives information but is a channel to make members well informed to get positive input during deliberations.

We would like to maintain the outline as well as the complete plan of the newsletter as "TNOA NEWSLETTER" more informative. We have tried to incorporate news from IOA and its announcements. I request all of you to take part in the IOA election process and request our junior members to apply for the IOA fellowships and senior members for Orations.

We have to use WhatsApp for better way of Communication. Hence for effective communications between TNOA and members we have started WhatsApp groups as "TNOA Activities Group". Already we have email communications. Those who are not receiving emails and messages are requested to send their details to me at [secretarytnoa@gmail.com](mailto:secretarytnoa@gmail.com) and 9566221195.

We have made a lot of changes in our web site.

I request all senior members to encourage juniors to become members of our association.

I also request you all to donate for our TNOA Building Fund.

On behalf of Tamil Nadu Orthopaedic Association I would like to welcome all of you to the official CME of TNOA "TNOA Prof. T.K.Shanmugasundaram Mid year CME 2017" to be held in Trichy on 19th & 20th August, 2017, since we don't have a CME during our annual conference.

With warm regards & best wishes

**Dr. M. Antony Vimal Raj**

Secretary, TNOA



## TAMIL NADU ORTHOPAEDIC ASSOCIATION, EXECUTIVE COMMITTEE MEMBERS 2017-18

President:

**Dr. S. Ramesh Babu**

SPOT Hospital,  
No 26, Dr.Ambedkar road, Kodambakkam,  
Chennai -600024  
Ph; 9840125909,  
email – srbirth@gmail.com

President Elect:

**Dr. R. Muralidharan**

City Hospital  
Pavalam Trauma Centre  
4/361, Gandhi Nagar, Trichy Road  
Dindigul – 624 005

Vice President:

**Dr. Dheenadhayalan. J**

10/5, Gandhi Nagar  
Behind CheranNagar , GN Mill post  
Coimbatore 641029  
Email: dheenu.dhayalan@gmail.com  
Mobile: 9843726156

Immediate Past President:

**Dr. R. Sivakumar,**

Preethi Institute of Orthopaedics and Research,  
Preethi Hospitals (P) Ltd,  
27, Ganesh Nagar, 120 Feet Road, K.Pudhur,  
Madurai 625 007, Tamilnadu, India  
Mobile: +91 9443733996  
Phone: 0452 4219995  
Email: profsivakumarspine@gmail.com

Secretary:

**Dr. M. Antony Vimalraj**

2-A/45/12, Kubera Apartments,  
Aravamudhan Garden Street,  
Egmore, Chennai - 600 008.  
Mobile: 9566221195,  
E-mail: mavimalraj@yahoo.co.in  
secretarytnoa@gmail.com

Joint Secretary:

**Dr. A. Francis Roy,**

"VIDIYAL" A 16 4th Main Road,  
Maharaja Nagar, Tirunelveli - 627011  
Mobile : 9360224222  
E-mail : afroni@yahoo.com

Immediate Past Secretary :

**Dr. S. Muthuraman**

Vasu Illam, TRSM Gardens,  
No.1, Madurai Road, Opp to Macia Nagar,  
Tenkasi – 627 811. Mobile:9842910971  
Email: orthomuthuram@yahoo.co.in

Editor :

**Dr. Thanappan**

21/4, Vellankannilnd Street  
Balaji Nagar, Tirupparankundram,  
Madurai-625005.  
Email: thanapps@dr.com  
Mobile: 9442160708

Fellowship Secretary:

**Dr. Meenakshi Sundaram. K**

10/38-A,  
Kamakodi Street, Fairlands, Salem - 636016  
Email: meenakshiortho@gmail.com  
Mobile: 9443266855

**Executive Committee Member Chennai**

Treasurer

**Dr. Thirunarayanan. V,**

New no: 27, First Street, Dandayudapani Nagar,  
Kotturpuram, Chennai – 600 085  
Email: thiruorthokmc@gmail.com  
Mobile: 9940409861

**Dr. Saravanan. A,**

PlotNo:2229, AF Block, 1st St.,  
11th Main Road, Anna Nagar,  
Chennai-40.  
Email: saravananorthodr@gmail.com  
Mobile: 9444100036

**Executive Committee Member Madurai:**

**Dr. R. Karthik Raja,**

8-17/8 VOC Street, Viswanathapuram,  
Madurai - 625014  
Ph; 9962544755  
email- therkr80@gmail.com

**Dr. J. Maheswaran,**

972/2, Saravanan Lane, Maruthupandiyar Street,  
Tahsildhar Nagar, Madurai - 625020,  
Mobile : 9944301919  
jmaheshortho@gmail.com



**Executive Committee Member -Coimbatore****Dr. Paari Selvaraj**

1,Paari Nagar, Manu Hospital,  
Sungam By Pass Road  
Coimbatore 641045  
Mobile : 9789324445  
Email :drpaariortho@gmail.com

**Executive Committee Member- West Zone:****Dr. M. A. N. Loganathan**

Dr Loganathan Orthopedic Hospital,  
606 /A, Metter Road,  
Bhavani, Erode Dt  
Mobile: 9842799864  
Email :manloganathan@gmail.com

**Dr. Franklyn Kiruba**

Kiruba Hospital,  
Rajaji Road,  
Salem - 636 007  
Mobile : 9843022961  
Email : fkiruba@gmail.com

**Executive Committee Member - East Zone****Dr. CJ RAVI**

62, Pillaiyar kovil street,  
Pattukkottai.  
Email : orthocjr@gmail.com  
Mobile : 9842964440

**Executive Committée member Central Zone:****Dr. B. Vadivel,**

Guhan Hospital  
80 Feet Main Road, R M Colony  
Dindigul - 5  
Mobile : 9842166444  
Email : drvadivelb@gmail.com

**Executive Committee Member North Zone:****Dr. V.P. Mohan Gandhi,**

Varshini Hospital, No.78, Arni Road,  
Velapadi, Vellore-1  
Mobile : 9443968100  
E-mail : varshinihospital@gmail.com

**Executive Committee Member South Zone:****Dr. A. Sureshkumar**

Primeline Hospital, 6/2799, Tirunelveli Main Road,  
Opp to Park, Kovilpatty - 628502,  
Thoothukudi District  
Mobile : 9442249184  
Email : orthosuresh4@gmail.com

**Dr. J. Manikandan,**

SRUTHI HOSPITAL  
111/E, Gandhi Road, Near Bus Stand,  
Sivakasi – 626123  
Mobile : 9443545112  
Email : drmani\_ortho@yahoo.co.in

**Vice - President****Orthopaedic Association of South Indian States (OASIS)****Dr. R. Selvaraj,**

S-9, Dev Apartments, 14, Jayaram Street,  
Thiruvannamiyur, Chennai 600041.  
Mobile 9444025654  
Email: drrselvaraj@gmail.com

**o-opted Members**

Dr. S. G. Thirumalaisamy, Org. Chairman, TNOACON 2017, Coimbatore,  
Dr. Vetrivel Chezian, Org. Secretary, TNOACON 2017, Coimbatore,  
Dr. Mohan Dhas, Org. Chairman, TNOACON 2018, Nagercoil,  
Dr. Krishna Kumar, Org. Secretary, TNOACON 2018, Nagercoil,  
Dr. Sathyanarayana, Org. Chairman, TNOACON 2019, Madurai,  
Prof. R. Sivakumar, Org. Secretary, TNOACON 2019, Madurai,  
Dr. Mukesh Mohan, Org. Secretary, Prof. TKS Mid-Year CME, 2017, Trichy,  
Dr. C. J. Ravi, Org. Secretary, Prof. TKS Mid-Year CME, 2018, Pattukottai.



# Minutes of Annual General Body Meeting of TNOA

11th February, 2017 Hotel Le Meridien, Coimbatore, TNOACON-2017.

The Annual General Body Meeting of TNOA was held on 11th February 2017 at the conference venue at Hotel Le Meridien, Coimbatore from 4.15 pm to 8.00 pm.

124 members attended the meeting.

Secretary adorned the President Jewel to the President and the meeting is called to order by 04.15 pm.

## I. Welcome Address:

President, Prof. Dr. R. Siva Kumar welcomed and thanked all the members. He elaborated on his theme "Foresight for Better Tomorrow and Empower the needy". He informed about the HATTRICK achievements of

1. WORLD RECORD ACADEMY – IOA – 1st in complete submission of free cases done
2. Winning AK GUPTA TROPHY for IOA's Best State Chapter
3. Winning the bid for conduction of IOACON-2018 at Coimbatore.

He said that initiation of the celebration of TNOA Bone Health Fortnight was one of the reasons for the AK Gupta trophy and lot of various Academic Activity had also been another reason.

Academics along with Honours and Social Activity was done by all the local clubs

TNOACON gold Medal for Sub Speciality Gold started.

Election towards process is marching towards Electronic voting.

He also thanked the organisers of TNOACON-2017 conference for the excellent conference.

## II. Obituary:

One minute silence was observed to condole the demise of

Prof. Dr. M. Duraisamy –LM/D/9 born in 1944 and expired on 04.08.2016. President elect Dr. Ramesh Babu in his remembrance talk told that he had served under him as PG Student and Asst. prof in Govt Royapettah Hospital. Dr. Duraisamy was a very jovial in nature and helped his PG Students in an elaborate manner. After retirement he established his service in Karur.

## III. Secretary's Report:

Secretary, Dr. Antony Vimal Raj thanked the president and the organizers of the TNOACON and submitted his report:

1. New office Bearers took over on 14th February, 2016 at Ooty during TNOACON2016.
2. EC Meetings – 4 regular and 2 extraordinary EC Meetings were conducted on the following days:
  - i. 1st EC Meeting - 8th May at Hotel Poppy's, Madurai
  - ii. EOEC Meeting - 17th July 2016, at Dindigul
  - iii. Mid-Year EC Meeting - 21st Aug 2016 at Yercaud during Prof. T. K. S. Midyear CME
  - iv. 2nd EC Meeting - 18th Sep 2016 at Hotel Le Meridien, Coimbatore
  - v. 3rd EC Meeting - 18th Dec 2016 at Hotel Pioneer Paradise, Nagercoil
  - vi. 4th EC Meeting – 10th Feb 2017 at Hotel Le Meridien, Coimbatore at TNOACON venue.

## 3. Membership:

New Life Members added to TNOA this year is 105.

New Life Members added to IOA this year is 103.

New Associate Members added to TNOA is 107.

Total TNOA Members – 1642

Total IOA Members – 1039

This was also one of the reasons for the AK Gupta trophy.

## 4. Achievements by members:

- i. Dr. Rajasekaran was elected as SICOT President in Rome
- ii. Dr. P. V. Jayashankar made AO Trustee for India
- iii. Dr. Raja Ravi Varma - National committee co-ordinator of IOA Bone & Joint day successfully got the World Record. He also received IOA President's Appreciation Award.
- iv. Dr. Sundarajan, Coimbatore was elected as President of foot and ankle society.
- v. Dr. Prakasam, Salem was elected unopposed as National vice president of IMA.
- vi. Dr. Ashok S Gavaskar's - video presentation on 'Safe surgical dislocation for Pipkin fracture dislocations' has been selected for the Orthopaedic video theatre at the AAOS annual meeting 2017 and he also won the AAOS best top 5 videos award



- vii. Dr. Ashok S Gavaskar's research proposal 'Does a second Calvary screw add a biomechanical advantage in proximal humerus fractures. A biomechanical analysis on a Varus 2 part fracture model' has won the AO trauma research grant for the year 2016. The value of the grant is 8000 Swiss francs
- viii. Dr. K. Sekar, Tirunelveli has been accepted as a Member of Prestigious IITSS, USA – International Intradiscal treatment and Transformational Spine Surgery Society
- ix. Dr. V.P. Paramasivan has been elected as MLA from Vedasandur Constituency.
- x. Dr. S. Kumaravel, Thanjavur released a Book "OSCE in Orthopaedics"
- xi. Dr. R. Ganesan from Tiruppur presented a paper on supracondylar fractures in children at world orthopaedic conference WOCDRT 2016 Xian, China.
- xii. Dr. Palanikumar from Erode participated and gave A Lecture on Endoscopic Discectomy in International Conference at Kolkatta (ICRA)
- xiii. Dr. Leonard Ponraj started the first Department of Arthroscopy & Sports Medicine in a Government hospital at Omanturar Multispecialty Hospital, Chennai.
- xiv. Prof. R. H. Govardhan received D.Sc from TN Dr. MGR Medical University.
- xv. Dr. S. R. Sunder Rajan from Coimbatore won second prize with Rs.75000/- cash award for best publication award in the Indian Arthroscopy society meeting in Kolkatta.
- xvi. Dr. P. T. Saravanan, Kanchipuram received 'IMA President Appreciation Award' for Best Adjudged President of a Local Branch 2016 at IMA National HQ for the second time.
- xvii. Dr. Mohamed Farook was honoured with 'Life Time Achievement Award' from our state during the inaugural function of OASISCON 2016 on 9th September, 2016.
- xviii. Dr. P. Gopinath Menon delivered the prestigious 'Prof. S. S. K. Marthandam Oration' during the OASISCON 2016.
- xix. Dr. Binu Pratap Thomas and Dr. Sivashanmugam won the Indian Journal of Orthopaedics: Best Published Paper Awards – 2015 and received during IOACON 2016 in Kochi.

## 5. Conferences & CMEs

International – 1

Regional Conference – 1

Midyear official conference of TNOA – 1

Other Conference (MOSCON) – 1

CMEs – 8

Instructional Course – 4

Hands on Workshop – 4

PG Instructional Course – 4

Seminars – 2

Orthopaedic Update Programmes - 4

### Conferences & CMEs:

- i. 8th Annual Parekh Indo-US Foot & Ankle Conference at Hotel Savera, Chennai on 6th - 8th Jan, 2017 conducted by Soundarapandian Bone & Joint Hospital, Chennai. Org. Secretary was Dr. J. Parthiban.
- ii. 1st OASIS TRAUMACON 2016 was held in Hotel Hyatt, Chennai on 9th - 10th July, 2016. Org. Secretary was Dr. P. V. Jayasankar
- iii. TNOA Prof. TKS Midyear CME (Midyear official conference of TNOA) was held on 21st August 2016 at Yercaud by Midwest Orthopaedics Society. 182 delegates attended the CME. Dr. Mohana Sundaran was the organising secretary.
- iv. MOSCON 2016 was held on 24, 25 September 2016, at Hotel Green Park, Chennai. 48 faculties shared their knowledge with the delegates and 2 workshops on latest techniques were demonstrated. Speakers from all over India as well as from United Kingdom contributed to the conference by sharing their rich experience.
- v. CME on 'Everything about Shoulder' was conducted by KMCH, Coimbatore on 3rd April, 2016
- vi. CME on Spinal Disorders was held at Chennai medical college, Trichy on 23rd April, 2016.
- vii. CLUB FOOT CME was held in MMC & RGGGH, Chennai on 03rd June, 2016.
- viii. Current Trends in Hip & Knee Replacement CME was conducted by Rex Ortho Hospital on 9th July, 2016, in Coimbatore.
- ix. Midwest Arthroplasty CME on 20th August, 2016 at Salem



- x. Tuty Arthroplasty-2016 was conducted by Tuticorin Medical College and Nellai ortho club at Tuticorin on 27.08.2016.
- xi. CME on Knee Injuries was conducted by Madurai Medical College on 15th Oct 2016.
- xii. CME on Primary Complex TKR & Prof. A. Devadoss Oration were held at Velammal Medical College, Madurai on 4th Nov 2016.

#### **Instructional Courses:**

- xiii. Biennial Cadaveric Course Shoulder and Elbow 2016 was organised on 12, 13th March, 2016 by KMCH, Coimbatore.
- xiv. Coimbatore Arthroplasty Course was organised by Coimbatore Medical College on 27th August, 2016.
- xv. Chennai Trauma Course was organised by Parvathy Ortho Hospital, Chennai on 21st – 22nd Oct 2016.
- xvi. Chennai Osteotomy Course 2016 was conducted in Global Hospitals, Chennai on 12th Nov 2016.

#### **Workshops:**

- xvii. CME on Revision Total Knee Replacement and Hands on Workshop on Primary Total Knee Replacement was held on 26th June, 2016 at Kilpauk Medical College.
- xviii. TNOA Research Methodology Workshop was organised by Dr. Ramesh Babu on 31st July, 2016 at GRH, Chennai.
- xix. CME & Workshop on Hip and Knee Arthroplasty was conducted in Stanley Medical College on 29th Nov 2016.

#### **PG Instructional Courses:**

- xx. PG Instructional Course 2016 was conducted in Madurai Medical College on 27, 28th Feb, 2016.
- xxi. MMC PG Crash Course 2016 was conducted in Madras Medical College on 12, 13th March, 2016.
- xxii. Examination course in Paediatric Orthopaedics was conducted by CMC, Vellore on 19th March 2016.
- xxiii. "Sri Ramachandra Continuing Orthopaedic Revision Education" (SCORE – 2017) was conducted on 19-21st Jan 2017 at SRMC, Porur, Chennai.

#### **Seminars/Symposium:**

- xxiv. Master Shoulder Symposium was conducted in Chennai by Apollo Hospitals on 23rd Feb 2016.
- xxv. Conclave on Lower Limb Trauma was organised on 10th July, 2016 by Coimbatore B&J Society.
- xxvi. CONTAS (Conclave on Trauma, Arthroplasty & Spine) was conducted in Chennai on 27th Nov 2016.

#### **Orthopaedic update programmes:**

- xxvii. Nellai Arthroscopic Update 1.0 was held on 1st May, 2016 at Annai Velankanni Hospitals, Tirunelveli.
- xxviii. CME on Periarticular fractures – An Update was organised on 3rd September, 2016 by Dr. S. Ramesh Babu at Spot Hospital, Chennai.
- xxix. Paediatric Hip Update was organised by Prof. R. H. Govardhan at Vasanthi Ortho Hospital, Chennai on 14th August, 2016.
- xxx. CME on Recent Advances in Orthopaedic Update – III 2016 was organised by Prof. R. Sridhar at Govt. Dharmapuri Medical College on 7th Oct 2016.

6. He also informed that two issues of TNOA Journal were published and two Newsletters of TNOA were also published.

#### **7. Ortho Clubs:**

- i. New Ortho club - Ramnad Ortho Club was inaugurated on 5th, March 2016 by President and is the 15th club affiliated to the TNOA.
- ii. Two Affiliated Clubs Complete 31 yrs and 26 yrs.  
Midwest Ortho Society completed 31 Yrs and Madras Orthopaedic Society 26 Years.

#### **8. Social activities involving members**

Dr P T Saravanan, Kanchipuram

- i. Awareness Program on osteoporosis And BMD Detection Camp on 19.09.2016 at Kancheepuram
- ii. Orthopaedic outreach program on osteoporosis and BMD detection camp on 08.06.2016 Wednesday Time: 10.00 am – 03.30 pm.
- iii. Basic First Aid Class during NSS Camp of ANM Govt Girls Hr Sec School, Kancheepuram on 26.09.2016
- iv. BONE & JOINT DAY 2016: Seminar on Ergonomics  
Kanchi Ortho Club organized a Seminar on Ergonomics for Factory Employees to observe BONE & JOINT DAY 2016



under the auspices of IMA Kancheepuram, IOA & TNOA on 05th August, 2016 Friday at Factories @ Cheyyar Special Economic Zone

v. Seminar on "Protect your back" for Bank Employees on 29.01.2016 Friday at State Bank of India, Kancheepuram.

vi. Kanchi Ortho Club organized a special "Orthopaedic Outreach Program" during annual NSS Camp of Pallavan College of Engineering, Kanchipuram on 27.03.2016

vii. TNOA Bone Health Awareness Fortnight

#### WORLD ARTHRITIS DAY

Kanchi Ortho Club organized WORLD ARTHRITIS DAY WALKATHON to commemorate TNOA Bone Health Awareness Fortnight on 13.10.2016

Dr.Sivakumar – President TNOA Preethi Hospitals

i. Cerebral Palsy Deformity Corrective Surgery Camp at Preethi Hospitals, Madurai on 18th & 19th November 2016.

ii. TNOA Bone Health Awareness Fortnight (10th Oct 2016 – 23rd Oct 2016)

a. BJD Celebrations – Madurai 3rd August 2016 - Public awareness and interaction camp

b. BJD Celebrations – Madurai 4th August 2016 - Osteoporosis detection and treatment camp - 73 patients were identified and treated.

c. BJD Celebrations – Madurai 6th August 2016 - Walkathon

Honbl.Ministers for Revenue & Textiles and District Collector participated

About 800 members (Doctors, Postgraduates, Medical Students, Paramedics and allied medical workers) participated.

Many members actively took part in the TNOA Bone Health Awareness Fortnight (10th Oct 2016 – 23rd Oct 2016) by doing various social welfare programs for the public.

#### IOA - AK Gupta Trophy

Secretary announce that TNOA has been awarded the IOA Dr. A K Gupta Trophy for best chapter for the year 2016 after a gap of 8 years.

Serial No.	Year	Name of Chapter of IOA	Venue of Conference	At IOACON Function
1	1992	Madhya Pradesh Chapter	Lucknow	IOACON-1992
2	1993	Madhya Pradesh Chapter	Bhopal	IOACON-1993
3	1994	Tamil Nadu Chapter	Bangalore	IOACON-1994
4	1995	West Bengal Chapter	Pune	IOACON-1995
5	1996	West Bengal Chapter	Kolkata	IOACON-1996
6	1997	Uttar Pradesh Chapter	Cochin	IOACON-1997
7	1998	Gujarat Chapter	Jabalpur	IOACON-1998
8	1999	West Bengal Chapter	Hyderabad	IOACON-1999
9	2000	KOA Kerala Chapter	Jaipur	IOACON-2000
10	2001	KOA Kerala Chapter	Ahmedabad	IOACON-2001
11	2002	KOA Kerala Chapter	Patna	IOACON-2002
12	2003	KOA Kerala Chapter	Chennai	IOACON-2003
13	2004	BOA Bihar Chapter	Agra	IOACON-2004
14	2005	Madhya Pradesh Chapter	Mumbai	IOACON-2005
15	2006	MOA Maharashtra Chapter	Delhi	IOACON-2006
16	2007	WBOA West Bengal	Kolkata	IOACON-2007
17	2008	TNOA Tamil Nadu Chapter	Bangalore	IOACON-2008
18	2009	MOA Maharashtra Chapter	Odisha	IOACON-2009
19	2010	KOA Kerala Chapter	Jaipur	IOACON-2010
20	2011	KOA Karnataka Chapter	Noida	IOACON-2011
21	2012	KOA Karnataka Chapter	Chennai	IOACON-2012
22	2013	Uttar Pradesh Orthopaedic Association	Agra	IOACON-2013
23	2014	Uttar Pradesh Orthopaedic Association	Hyderabad	IOACON-2014
24	2015	Uttar Pradesh Orthopaedic Association	Jaipur	IOACON-2015

2. Tamil Nadu ranks No 1 in submission of free surgeries for World Record with regards to complete documentation as per IOA protocols.

#### 3. IOACON 2018

Tamil Nadu successfully bid for IOACON 2018 to be conducted at Coimbatore.

#### 4. Activity based on IOA President's Theme

IOA Bone and Joint Day- celebration

'One Member, One Free Surgery' 3rd, 4th and 5th of August, 2016

5000 Free Orthopedic Surgeries for Poor Patients – World Record



Tamil Nadu Orthopaedic Association (TNOA) as one among the 22 Indian State chapters affiliated to the Indian Orthopaedic Association, had assured to take this noble act of conducting free surgeries through each and every Life member of the Association.

TNOA conducted an Extraordinary Executive Committee Meeting on 17th July, 2016 at Dindigul to discuss about the course of action.

We printed all WRA forms in colour in our newsletter and sent to all our members.

State Pre-event Press Conference was conducted on 1st August, 2016

Activity based on IOA President's Theme published -In our website

We circulated all emails from IOA to our members.

We motivated all our members through phone calls and WhatsApps groups.

Simplified steps circulated among our members.

State Post-event Press Conference was conducted on 26th August, 2016

Our TNOA members had actively taken part in this program and performed free surgeries. Our members also conducted various event to create bone and joint health awareness among public

Our final tally:

No of surgeons – 139

No of surgeries performed – 212

The secretary thanked the office and all members for making this achievement possible.

#### **V. Ratification of new life members:**

GB ratified 105 new life members (details in annexure)

#### **VI. Ratification of the Resolutions of the previous 4 EC meetings and 2 Extra ordinary EC meetings:**

1. There is no change in the age limit of TNOA Prof. A. Subramaniam Travelling Fellowship (Foreign fellowship).

2. Sub speciality medals

Proposed amount 10 Lakhs per medal.

Since there are no takers, EC proposed to reduce the amount to 7.5 Lakhs with the approval of the GB.

This year, TNOACON organisers have sponsored the sub speciality medals.

Members discussed on the naming of the medal on various sub specialities.

Dr. Rajasekaran suggested fixing criteria for the medals.

Dr. Jayashanker suggested forming norms for the allocation of medals.

Dr. Siva Kumar-President requested to fix the norms in this GB itself.

Dr. VijayaRaghavan suggested to assign the medals on the type of work for 2 medals per year and can reorganise or existing medals.

Dr. Siva Kumar- insisted the amount is big and hence reducing the amount.

Dr. Rajasekaran suggested that the associations can choose the person and propose the same to the family or Alumni to make arrangements for the contribution.

Dr. VijayaRaghavan suggested that 3 or 4 can combine and propose names.

Ascertaining this, Dr. Prakasam suggested that the names can be chosen by TNOA by the individual's contribution.

Dr. Siva Kumar- If family not able to contribute or local clubs can take initiative.

Dr. Natesan informed that money is not the criteria but respect and honour to the member is more important.

Dr. Govardhan ascertained Dr. Rajasekaran's views. Have a list of contributed doctors and go ahead from the list.

Dr. Sivakumar asked the GB to commit.

Dr. VijayaRaghavansuggested forming a committee and the committee can decide.

Dr. Rajasekaran and Dr. Venkateshsuggested nominating by members.

Dr. Karthick suggested on contribution from zones.

Dr. Ramesh Babu proposed the name of Prof. K. Sriram for Paediatric medal.

Dr. Rajasekar suggested the process through committee.

Dr. Raja Ravi Varma- Money is also a criteria.

Dr. Natesan suggested if the person feels appropriate then money is not a problem.

GB finally resolved the sub speciality medals will be instituted and recommended the following:

i. To form a committee with senior members under the chairmanship of President, Prof. Dr. R. Siva Kumar within 3 months to name the medals.

ii. Rs. 5 Lakhs accepted as a contribution to association.

#### **3. Sports Meet during TNOACON**

Dr. Rajendran memorial shuttle meetexisting corpus fund of 25,000 which is not sufficient for conduct of event.



In EC meetings Mid West ortho society was requested to enhance corpus fund.

Dr.Prakasam suggested that the meet should be conducted and sponsored by the organisers of that particular conference.

Dr.Selva Raj informed at time of initiation of award Rs.25,000/- was enough but now it should be atleast Rs.50,000/-

Dr.Prakasam stressed the responsibility of conduction rest with TNOACON.

Dr. Kirshna Kumar suggested creating another corpus fund.

Dr. David V Rajan insisted that it is necessary to encourage fitness among members.

Dr.Jeyaraman suggested that Dr. David Rajan to start a fund. All sports loving members to contribute.

Dr. David Rajan volunteered to contribute Rs.25, 000/- and Participants can also contribute.

Dr.Pugalenthi suggested that contributors to pay for the sports meet.

GB finally resolved that the organising committee of the respective TNOACON to make necessary extra contribution. To conduct the sports meet.

#### **4. Reorganising the Zones**

To be classified as discussed in GB meeting

West Zone I – Salem (Mid West), Namakkal, Dharmapuri, Krishnagiri

West Zone II – Erode, Tiruppur, Karur

Central Zone I- Trichy, Perambalur, Ariyalur, Pudukkottai

Central Zone II - Dindigul, Theni and Rest of Central Zone

South Zone I – Tirunelveli with rest of South zone

South Zone II - Kanyakumari

Dr. Sivakumar advocated on reorganization of the zones co-ordination to make more local clubs.

Dr. Muralidharan and Dr. Natesan- Erode were requested along with an EC member of their choice to form a committee and present the finalized zones in the next EC meeting.

Request for one new EC member post for Trichy zone was ratified by the GB.

#### **5. Academic Experts Panel**

Members of panel are specialists in Sub-Speciality of orthopaedics. The list will help to choose specialists for being Judges or faculty to CME.

Guidelines for Academic for Academic panel prepared by

Dr. Ramesh Babu which was ratified by GB.

Dr. VijayaRaghavan suggested if any eligible member is left out of academic panel it is for EC to find if anyone is left out.

These experts should be TNOA members and Authorities in their sub specialities. These experts will form a pool for selection of judges and faculty for conferences and CME

Up to 100 individuals are to be selected in the first phase and will continue.

#### **6. Creation of New Posts - Post of Honorary Treasurer**

It was suggested for Honorary Treasurer as a separate post discussed in the last Two EC meetings.

Dr.Govardhan suggested for nomination of the member.

Dr.Prakasam informed as per procedure to register any society finance secretary is needed. TNOA is a registered society. Hence separate post of treasurer is to be incorporated.

GB unanimously passed the proposal of creating new post of Hon. Treasurer of TNOA.

The candidate should be past EC member of TNOA, based in Chennai, since TNOA headquarters and building are to be in Chennai.

The elected Honorary Treasurer will hold office for 2 years.

#### **7. Journal Indexing Fund:**

For Indexing TNOA Journal –

Indexing amount depends on Publisher.

10 Lakhs/year for First 3 years.

7 Lakhs/year for next 3 years.

Discussion on increasing the journal fund - Rs.500 would be collected from TNOACON-2018 for the next 5 years. It would be called 'Journal & Indexing fund'. Passed by GB.



## 8. Editorial Board

Each board member can be allotted a zone or a Subspecialty, to get more publications.

## 9. Conference Template:

I day – Prof Ramanathan medal and Dr. Xavier medal

II day – Prof MN, Prof. Vyageswaradu, Prof TKS and Prof A.S medals

III day- Prof PDR medal

Passed by the GB.

10. For the senior member to be honoured in the OASISCON2017, Dr. Chidamabaram's (Madurai) name proposed by EC was unanimously accepted by the GB.

## 11. Honouring The Past Presidents and Past Secretaries

It was decided to honour the Past Presidents and Past Secretaries during the Golden Jubilee TNOACON-2017 for their commendable work and as mark of respect for their previous contributions to the Association and taking TNOA to the present level of bagging the coveted Dr.A.K.Gupta Trophy for the Best State Chapter of IOA. Passed by GB.

## VI. EDITORS REPORT

Dr.Sugavanam, Editor thanked all the contributors & Printer.

Indexing Fund as approved by GB.

He requested for seed money of 3 lakhs for indexing, which was approved by GB.

He also suggested that past editor to be inducted into the committee of the editorial board also. This proposal was approved By GB.

President, Thanked the editor Dr. Sugavanam for the initiation and efforts towards indexing TNOA journal.

## VII. Fellowship Secretary's Report – Dr. P.T. Saravanan

1. TNOA Foreign travelling fellowship – below age of 50 Selected Candidate for 2017- Dr SUDHIR G LM/S/293

2. TNOA Foreign travelling fellowship report 2015-16

### TNOA Foreign Fellowship Report – 2015/16

**Dr. Navin Balasubramanian**

MBBS, MS(orth), DNB(orth), MCh(orth), MRCS(Edin)

Associate Professor of Orthopaedics

Saveetha Medical College

Chennai

I was selected for the prestigious TNOA Foreign Fellowship after formal application in the annual TNOACON 2015 held at Salem. I subsequently took up my MRCS Exams to be eligible for the General Medical Council registration to enable me to work hands-on during my fellowship. I chose to visit **Hairmyers General Hospital, NHS Lanarkshire, Scotland** for my fellowship. I started my communications with Dr. Kumar Periyasamy, Consultant Orthopaedic Surgeon (recruitment head) at the centre and after obtaining approval for my visit, I visited the centre between July 17<sup>th</sup> to July 30<sup>th</sup>. The Clinical Lead of the centre, Dr. Alberto Gregori and his team were very warm and accepted my short visit to their department.

Each day, the schedule starts with a clinical meeting in which all cases posted for the day would be discussed. It was a good pre-op planning session and I

## 3. TNOA INLAND FELLOWSHIPS 2017

Dr AJ Selvapandian Fellowship:

Dr Mugundhan M S & Dr Rajesh G

Dr Murali & Dr Vanasekar Fellowship:

Dr Muthukumar Balaji S & Dr Jayakumar S

Dr Mugundhan presented the report.

Completed the fellowship in January 2017 – 3rd and 4th week in Ganga hospital, Coimbatore.



4. TNOA-Dr.K.R.Venkateshwar PG Travelling fellowship 2017  
Exam was conducted on 10.02.2017 Exam - 35 candidates wrote the exam.

TNOA Dr K R Venkateswar Memorial PG Travelling Fellowship 2016  
Fellow 2016  
Dr George M Srampickal AM/1/2015-2016  
Completed his Fellowship @ Ganga Hospital, Coimbatore in November 2016.

#### **VIII. Treasurer Report: Dr. Nalli R Gopinath**

##### **1.Savings Bank A/C**

TNOA	Rs.5,25,944.62.
Total:	Rs.5,25,944.62.
TNOA TRUST	Rs.1,36,103.00
Rs.11,29,670 (To get from FD of Bld.Fund)	
Total:Rs.12,65,773.00	

##### **Future Spending from TNOA Trust A/c**

TOTAL	
TNOA	Rs. 5,25,944.62
TNOA TRUST	Rs.12,65,773.00
TOTAL :	Rs.17,91,717.62

##### **2.FIXED DEPOSITS - TNOA**

Rs. 26,39,003.

To create New FD/RIP Rs. 5,00,000 for Dr. Vidhyashankar Arthroplasty - E-Poster (Bldng.Fund FD)

##### **3.TNOA - BUILDING FUND**

COST :	Rs.98,20,000
COLLECTED so far:	Rs.61,61,136
ADVANCE PAID	Rs.23,00,000

II INSTALLMENT-27-12-2017-Rs.17,40,675

TOTAL PAID : Rs.40,40,675.

BALANCE in FD : Rs.21,20,461 .

##### **4.TNOA - BUILDING FUND**

###### **FIXED DEPOSITS:**

FD a/c:6115735965 =Rs.33,00,131  
FD a/c:6437371147 =Rs. 4,50,000  
TNOA SB A/C (FROM 15-3-2015)  
A/c No:705855990  
Rs.1,11,005  
TOTAL : Rs.38,61,136 – Rs.17,40,675=Rs.21,20,461

##### **5.TNOA - BUILDING FUND**

COST :	Rs.98,20,000
COLLECTED so far:	Rs.61,61,136
BALANCE NEEDED :	Rs.36,58,864 .

##### **6.MAJOR EXPENSES**

PRINTING & Medals etc.	Rs. 3,68,053.00
Auditor Pending(3 years)	Rs. 32,135.00
TNOA Website	Rs. 40,000.00
CMEs	Rs. 25,000.00
Bone&Joint Day	Rs. 19,230.00
EC Meet	Rs. 15,000.00
TA-EC meet	Rs. 46,097.00
Elections	Rs. 59,329.00



## 7.FELLOWSHIPS & PRIZE EXAMS

TNOA Trust Prof. Ramakrishnan PG Gold Medal Exams	Rs.20,000
Prof A.J.Selvapandian	
TNOA Travelling Fellowship	Rs.10,000 x 2 =20000
Dr.R.Muralidharan-Dr.Vanasekar TNOA	
Travelling Fellowship	Rs.10,000 x 2=20000
TNOA Dr KR Venkateshwar	
Memorial PG Travelling Fellowship	Rs. 7,500 x 1=7500

TOTAL = Rs. 67,500

## IX. Report by Organising Secretary TNOACON 2017

Dr.VetrivelChezhian presented his report. Thanked by President for the excellent arrangements. Academics along with Honours and Social Activity was amalgamated very well.

## X. Report by Organising Secretary TNOACON 2018

Dr.Krishna Kumar presented his report. Venue is Ganga Grandeur, Therakalputhoo, Nagercoil. The theme for the conference is "Articulate Orthopaedics". Website is <http://tnoacon2018.com/index.php>. President appreciated his early planning and for the efforts.

## XI. Report by Organising Secretary TNOA Prof. T. K. Shanmugasundaram Mid-Year CME, 2016

Dr.Mohana Sundaram presented his report. It was on 22nd August, 2016 at Yercaud. Theme was proximal femoral fractures. Total Participants were 192. Delegates – 165 and Faculty – 27. Post Graduates – 40. Thanked by President for the excellent arrangements and getting good number of delegates by making the academics very interesting.

## XII. Report by Organising Secretary TNOA Prof. T. K. Shanmugasundaram Mid-Year CME, 2017

Dr. Mukesh Mohan presented his report. Dates will be August 19 Saturday afternoon to August 20th evening. Venue will be Hotel Breeze Residency, Trichy. Theme is Day to Day problems in Pediatric Orthopaedics.

## XIII. Selection of Venue for TNOACON 2019

GB approved the proposal for conducting TNOACON 2019

Madurai with Prof. Dr. R. Sivakumar as organising secretary and Dr. Sathyanarayana as organising chairman.

## XIV. Selection of Venue for TNOA Prof. T. K. Shanmugasundaram Mid-Year CME, 2018

GB approved the proposal of the venue Pattukottai and organising secretary Dr. C. J. Ravi.

## XV. IOA Matters & TNOA Won the Dr. A. K. Gupta Trophy for the best state chapter of IOA

President and secretary Attended 2 EC meetings and 1 CSRC meeting.

IOA J & J and Road Travelling Fellows visited Chennai 18.12.2016 to 21.12.2016. They visited MMC, SMF and SRMC.

Following items were discussed:

1. AK Gupta Trophy Won by us and all members' contributions were thanked.

In Criteria Active -Legal cell is needed as separate marks for this is given.

It was resolved to

To Discuss-with -Dr.Rajasekar-PPLS IMA and Dr.Narasimha Rao, Trichy in formation of a new legal cell.

2. Bone & Joint day Celebration

Tamil Nadu ranks No 1 in submission of free surgeries for World Record with regards to complete documentation as per IOA protocols.

3. GB congratulated for winning the bid for IOACON-2018 @ Coimbatore.

4. Dr. P. V. VijayaRaghavan's request for supporting his candidature for vice president for IOA.

Appeal was passed by the GB.



#### **XVI. National Bone and Joint Day - New World Record for 'The Highest Number of free Orthopaedic Surgeries, India, 3-5 August 2016' – Report**

Our TNOA members had actively taken part in this program and performed free surgeries. Our members also conducted various event to create bone and joint health awareness among public

Our final tally was

No of surgeons – 139

No of surgeries performed – 212

#### **XVII. TNOA Bone Health Awareness Fortnight**

Our presidents Initiation of the celebration of TNOA Bone Health Fortnight was one of the reasons for the AK Gupta trophy. GB congratulated our president for initiating this event.

#### **XVIII. OASIS MATTER:**

1. During the OASIS EC Meeting on 24.4.2016, Cheque for Rs.5,400/-for 54 new members and Address directory were handed-over.

2. For the senior member to be honoured in the OASISCON2017, Dr. Chidamabaram's (Madurai) name proposed by EC was unanimously accepted by the GB.

3. For the post of secretary general of OASIS from Tamil Nadu, Dr. NalliYuvraj's name was proposed by Dr. Raja Ravi Varma and seconded by Dr. Saravanan and GB unanimously accepted this.

#### **XIX. TNOA Elections 2016 & Route Map - Dr. S. Ramesh Babu, President-Elect**

1. Election was called for the following posts:

Vice-President

Fellowship Secretary

EC Member Chennai – 2 Post

EC Member Madurai – 1 Post

Counting was done on 8th January, 2017.

i. Dr. Karthick Raja was elected unanimously as EC Member Madurai.

ii. EC Member Chennai - 2 Posts

Dr. D. Gokulraj, Dr. A. Saravanan and Dr. V. Thirunarayanan contested for 2 posts.

Dr. A. Saravanan Elected as EC Member – Chennai -1 post in the regular election. Since Dr. D. Gokulraj and Dr. V. Thirunarayanan secured equal votes, Re-Election was called for EC Member 2nd Post. Dr. V. Thirunarayanan was elected as EC member, Chennai in the re-election.

iii. Post: Fellowship Secretary

Dr. Meenakshi Sundaram, Dr. Manivannan and Dr. Mohammed Zubair contested. Dr. Meenakshisundaram was elected as Fellowship Secretary.

iv. Post: Vice- President

Dr. Deen Muhammed Ismail, Dr. Deenadayalan and Dr. Sugavanam contested. Dr. Deenadayalan was elected as Vice-President.

v. Editor Post For TNOA

The Editor post is nominated by the principle office bearers.

Editor: Dr. Thanappan and Associate Editor : Dr. Rex

#### **President Elect (Route map) - Dr. S. Ramesh Babu**

President's Theme 2017-2018 is 'Promote Golden Hour Trauma Care'.

My Mission

- Promote orthopaedic research & education
- Encourage scientific presentations & publications
- Popularize TNOA among general public by organizing public awareness programs on road safety, bone health and disability correction camps for physically challenged
- Achieving the Building Fund commitment
- Increasing the TNOA & IOA Membership
- To start Ortho club in every district to promote comradeship
- Update the members addresses, phone numbers & email ids to facilitate e-communication
- Encourage the members to actively participate in the bone & joint day activities and TNOA fortnight events.



#### Action Plan

- Visit each zone at least once during my tenure.
  - Plan to spend at least one weekend in a month at every zone for TNOA activities.
  - Saturday
    - o Forenoon                      Afternoon                      Evening
    - o BMD Camp                      CME                      Family Get-together
    - o Disability Camp & Workshop on
    - o Road Safety                      Clinical documentation
    - o awareness rally   Research
    - o Legal issues.
  - Sunday
    - o Forenoon                      Afternoon
    - o CME on Current                      Workshop on
    - o Trends in Orthopaedics                      Golden Hour Trauma Care.
- Together we can retain A.K. Gupta Trophy.

#### XX. Any Other Matters:

1. To conduct 1 proceedings in Tamil was proposed by Prof. Gulam Mohideen, Tanjavur. President told step by step to be conducted in Tamil. Dr. Raja Ravi Varma suggested that for some more time can be conducted in English. Dr. Pugalendhi insisted that it to be conduct in Tamil. Otherwise it's an insult People in Tamil. GB resolved that it can be conducted both in English & Tamil.
2. Dr. L. Prakash's induction into TNOA-GB decided that IOA stand to be followed by TNOA.
3. Quack-Advertisement-By bone setters and with Governor- GB resolved that clarification to be sought from Governor's office.
4. Dr.Nagappan's letter regarding false litigation against him would be looked into by the legal panel which is to be formed and approved by GB.

Secretary, Dr.Antony Vimal Raj-Secretary delivered the vote of thanks.



## Annual Report 2016-2017

Dr. M. Antony Vimal Raj, Secretary, TNOA

Respected members of TNOA,

I hereby submit the annual report of our association.

1. TNOA has been awarded the IOA Dr. A K Gupta Trophy for best chapter for the year 2016 after a gap of 8 years. Congratulations to all the members.

2. New office Bearers took over on 14th February, 2016 at Ooty during TNOACON2016 under the presidentship of Prof. Dr. R. Sivakumar.

3. EC Meetings – 4 regular and 2 extraordinary EC Meetings were conducted on the following days:

- i. 1st EC Meeting - 8th May at Hotel Poppy's, Madurai
- ii. EOEC Meeting - 17th July 2016, at Dindigul
- iii. Mid-Year EC Meeting - 21st Aug 2016 at Yercaud during Prof. T. K. S. Midyear CME
- iv. 2nd EC Meeting - 18th Sep 2016 at Hotel Le Meridian, Coimbatore
- v. 3rd EC Meeting - 18th Dec 2016 at Hotel Pioneer Paradise, Nagercoil
- vi. 4th EC Meeting – 10th Feb 2017 at Hotel Le Meridian, Coimbatore at TNOACON venue.

#### 4. Membership:

105 New Life Members were added to TNOA and 103 New Life Members were added to IOA this year. Also 107 New Associate Members were added to TNOA. Now, total TNOA Members are 1642 and total IOA Members are 1039. This was very well appreciated by IOA president and secretary. This is the first time more than 100 new members have been added to our association.

#### 5. Achievements by members:

Many of our members achieved many laurels during this year.

- i. Dr. Rajasekaran was elected as SICOT President in Rome
- ii. Dr. P. V. Jayashankar made AO Trustee for India
- iii. Dr. Raja Ravi Varma-National committee co-ordinator of IOA Bone & Joint day successfully got the World Record. He also received IOA President's Appreciation Award.
- iv. Dr. Sundarrajan, Coimbatore was elected as President of foot and ankle society.
- v. Dr. Prakasam, Salem was elected unopposed as National vice president of IMA.
- vi. Dr. Ashok S Gavaskar's - video presentation on 'Safe surgical dislocation for Pipkin fracture dislocations' has been selected for the Orthopaedic video theatre at the AAOS annual meeting 2017 and he also won the AAOS best top 5 videos award
- vii. Dr. Ashok S Gavaskar's research proposal 'Does a second Calvary screw add a biomechanical advantage in proximal humerus fractures. A biomechanical analysis on a Varus 2 part fracture model' has won the AO trauma research grant for the year 2016. The value of the grant is 8000 Swiss francs
- viii. Dr. K. Sekar, Tirunelveli has been accepted as a Member of Prestigious IITSS, USA – International Intradiscal treatment and Transformational Spine Surgery Society
- ix. Dr. V.P. Paramasivan has been elected as MLA from Vendasandur Constituency.
- x. Dr. S. Kumaravel, Thanjavur released a Book "OSCE in Orthopaedics"
- xi. Dr. R. Ganesan from Tiruppur presented a paper on supracondylar fractures in children at world orthopaedic conference WOCDRT 2016 Xian, China.
- xii. Dr. Palanikumar from Erode participated and gave A Lecture on Endoscopic Discectomy in International Conference at Kolkatta (ICRA)
- xiii. Dr. Leonard Ponraj started the first Department of Arthroscopy & Sports Medicine in a Government hospital at Omanturar Multispecialty Hospital, Chennai.
- xiv. Prof. R. H. Govardhan received D.Sc from TN Dr. MGR Medical University.
- xv. Dr. S. R. Sunder Rajan from Coimbatore won second prize with Rs.75000/- cash award for best publication award in the Indian Arthroscopy society meeting in Kolkatta.
- xvi. Dr. P. T. Saravanan, Kanchipuram received 'IMA President Appreciation Award' for Best Adjudged President of a Local Branch 2016 at IMA National HQ for the second time.
- xvii. Dr. Mohamed Farook was honoured with 'Life Time Achievement Award' from our state during the inaugural function of OASISCON 2016 on 9th September, 2016.
- xviii. Dr. P. Gopinath Menon delivered the prestigious 'Prof. S. S. K. Marthandam Oration' during the OASISCON 2016.



xix. Dr. BinuPratap Thomas and

xx. Dr.Sivashanmugam won the Indian Journal of Orthopaedics: Best Published Paper Awards – 2015 and received during IOACON2016 in Kochi.

## **6. Conferences & CMEs**

Many conferences and CMEs were conducted by our members.

International – 1

Regional Conference – 1

Midyear official conference of TNOA – 1

Other Conference (MOSCON) – 1

CMEs – 8

Instructional Course – 4

Hands on Workshop – 4

PG Instructional Course – 4

Seminars – 2

Orthopaedic Update Programmes - 4

### **Conferences & CMEs:**

i. 8th Annual Parekh Indo-US Foot & Ankle Conference at Hotel Savera, Chennai on 6th -8th Jan, 2017 conducted by Soundarapandian Bone & Joint Hospital, Chennai. Org. Secretary was Dr. J. Parthiban.

ii. 1st OASIS TRAUMACON2016 was held in Hotel Hyat, Chennai on 9th -10th July, 2016. Org. Secretary was Dr. P. V. Jayashankar

iii. TNOA Prof. TKS Midyear CME (Midyear official conference of TNOA) was held on 21st August 2016 at Yercaudby Midwest Orthopaedics Society. 182 delegates attended the CME. Dr. MohanaSundaran was the organising secretary.

iv. MOSCON 2016 was held on 24, 25 September 2016, at Hotel Green Park, Chennai. 48 faculties shared their knowledge with the delegates and 2 workshops on latest techniques were demonstrated. Speakers from all over India as well as from United Kingdom contributed to the conference by sharing their rich experience.

v. CME on 'Everything about Shoulder' was conducted by KMCH, Coimbatore on 3rd April, 2016

vi. CME on Spinal Disorders was held at Chennai medical college, Trichy on 23rd April, 2016.

vii. CLUB FOOT CME was held in MMC & RGGGH, Chennai on 03rd June, 2016.

viii. Current Trends in Hip & Knee Replacement CME was conducted by Rex Ortho Hospital on 9th July, 2016, in Coimbatore.

ix. Midwest Arthroplasty CME on 20th August, 2016 at Salem

x. Tuty Arthroplasty-2016 was conducted by Tuticorin Medical College and Nellai ortho club at Tuticorin on 27.08.2016.

xi. CME on Knee Injuries was conducted by Madurai Medical College on 15th Oct 2016.

xii. CME on Primary Complex TKR & Prof. A. Devadoss Oration were held at Velammal Medical College, Madurai on 4th Nov 2016.

### **Instructional Courses:**

xiii. Biennial Cadaveric Course Shoulder and Elbow 2016 was organised on 12, 13th March, 2016 by KMCH, Coimbatore.

xiv. Coimbatore Arthroplasty Course was organised by Coimbatore Medical College on 27th August, 2016.

xv. Chennai Trauma Course was organised by Parvathy Ortho Hospital, Chennai on 21st – 22nd Oct 2016.

xvi. Chennai Osteotomy Course 2016 was conducted in Global Hospitals, Chennai on 12th Nov 2016.

### **Workshops:**

xvii. CME on Revision Total Knee Replacement and Hands on Workshop on Primary Total Knee Replacement was held on 26th June, 2016 at Kilpauk Medical College.

xviii. TNOA Research Methodology Workshop was organised by Dr. Ramesh Babu on 31st July, 2016 at GRH, Chennai.

xix. CME & Workshop on Hip and Knee Arthroplasty was conducted in Stanley Medical College on 29th Nov 2016.

### **PG Instructional Courses:**

xx. PG Instructional Course 2016 was conducted in Madurai Medical College on 27, 28th Feb, 2016.

xxi. MMC PG Crash Course 2016 was conducted in Madras Medical College on 12, 13th March, 2016.

xxii. Examination course in Paediatric Orthopaedics was conducted by CMC, Vellore on 19th March 2016.

xxiii. "Sri Ramachandra Continuing Orthopaedic Revision Education" (SCORE – 2017) was conducted on 19-21st Jan 2017 at SRMC, Porur, Chennai.



### **Seminars/Symposium:**

- xxiv. Master Shoulder Symposium was conducted in Chennai by Apollo Hospitals on 23rd Feb 2016.
- xxv. Conclave on Lower Limb Trauma was organised on 10th July, 2016 by Coimbatore B&J Society.
- xxvi. CONTAS (Conclave on Trauma, Arthroplasty & Spine) was conducted in Chennai on 27th Nov 2016.

### **Orthopaedic update programmes:**

- xxvii. Nellai Arthroscopic Update 1.0 was held on 1st May, 2016 at Anna Velankanni Hospitals, Tirunelveli.
- xxviii. CME on Periarticular fractures – An Update was organised on 3rd September, 2016 by Dr. S. Ramesh Babu at Spot Hospital, Chennai.
- xxix. Paediatric Hip Update was organised by Prof. R. H. Govardhan at Vasanthi Ortho Hospital, Chennai on 14th August, 2016.
- xxx. CME on Recent Advances in Orthopaedic Update – III 2016 was organised by Prof. R. Sridhar at Govt. Dharmapuri Medical College on 7th Oct 2016.

7. Two issues of TNOA Journal were published and two Newsletters of TNOA were also published.

### **8. Ortho Clubs:**

- i. New Ortho club - Ramnad Ortho Club was inaugurated on 5th, March 2016 by President and is the 15th club affiliated to the TNOA.
- ii. Two Affiliated Clubs Complete 31 yrs and 26 yrs.  
Midwest Ortho Society completed 31 Yrs and Madras Orthopaedic Society 26 Years.

### **9. Social activities involving members:**

Many of our members involved in many social activities.

Dr P T Saravanan, Kanchipuram conducted the following:

- i. Awareness Program on osteoporosis And BMD Detection Camp on 19.09.2016 at Kancheepuram
- ii. Orthopaedic outreach program on osteoporosis and BMD detection camp on 08.06.2016 Wednesday Time: 10.00 am – 03.30 pm.
- iii. Basic First Aid Class during NSS Camp of ANM Govt Girls Hr Sec School, Kancheepuram on 26.09.2016
- iv. BONE & JOINT DAY 2016: Seminar on Ergonomics  
Kanchi Ortho Club organized a Seminar on Ergonomics for Factory Employees to observe BONE & JOINT DAY 2016 under the auspices of IMA Kancheepuram, IOA & TNOA on 05th August, 2016 Friday at Factories @ Cheyyar Special Economic Zone
- v. Seminar on "Protect your back" for Bank Employees on 29.01.2016 Friday at State Bank of India, Kancheepuram.
- vi. Kanchi Ortho Club organized a special "Orthopaedic Outreach Program" during annual NSS Camp of Pallavan College of Engineering, Kanchipuram on 27.03.2016
- vii. TNOA Bone Health Awareness Fortnight

### **WORLD ARTHRITIS DAY**

Kanchi Ortho Club organized WORLD ARTHRITIS DAY WALKATHON to commemorate TNOA Bone Health Awareness Fortnight on 13.10.2016

Dr. Sivakumar – President TNOA, Preethi Hospitals conducted the following:

- i. Cerebral Palsy Deformity Corrective Surgery Camp at Preethi Hospitals, Madurai on 18th & 19th November 2016.
  - ii. TNOA Bone Health Awareness Fortnight (10th Oct 2016 – 23rd Oct 2016)
    - a. BJD Celebrations – Madurai 3rd August 2016 - Public awareness and interaction camp
    - b. BJD Celebrations – Madurai 4th August 2016 - Osteoporosis detection and treatment camp - 73 patients were identified and treated.
    - c. BJD Celebrations – Madurai 6th August 2016 - Walkathon
- Hon. Ministers for Revenue & Textiles and District Collector participated  
About 800 members (Doctors, Postgraduates, Medical Students, Paramedics and allied medical workers) participated.

10. Many members actively took part in the TNOA Bone Health Awareness Fortnight (10th Oct 2016 – 23rd Oct 2016) by doing various social welfare programs for the public.

11. Tamil Nadu ranks No 1 in submission of free surgeries for World Record with regards to complete documentation as per IOA protocols.



## **12.IOACON 2018**

Tamil Nadu successfully bid for IOACON 2018 to be conducted at Coimbatore.

13.Activity based on IOA President's Theme

'One Member, One Free Surgery' 3rd, 4th and 5th of August, 2016

5000 Free Orthopedic Surgeries for Poor Patients – World Record

Tamil Nadu Orthopaedic Association (TNOA) as one among the 22 Indian State chapters affiliated to the Indian Orthopaedic Association, had assured to take this noble act of conducting free surgeries through each and every Life member of the Association.

TNOA conducted an Extraordinary Executive Committee Meeting on 17th July, 2016 at Dindigul to discuss about the course of action.

We printed all WRA forms in colour in our newsletter and sent to all our members.

State Pre-event Press Conference was conducted on 1st August, 2016

Activity based on IOA President's Theme published -In our website

We circulated all emails from IOA to our members.

We motivated all our members through phone calls and WhatsApps groups.

Simplified steps circulated among our members.

State Post-event Press Conference was conducted on 26th August, 2016

Our TNOA members had actively taken part in this program and performed free surgeries. Our members also conducted various event to create bone and joint health awareness among public

Our final tally:

No of surgeons – 139

No of surgeries performed – 212

14. This year 6 sub-specialty medals have been introduced in TNOACON2017, Coimbatore.

15. TNOA website has been revamped this year.

I thank our president, Prof. R. Sivakumar, other office bearers of the association and all members for making these achievements possible.



## MINUTES OF THE FIRST EC MEETING, 2017-2018

### 7th May, 2017 at Andhra Club, Chennai

Following members attended the meeting:

Dr. R. Ramesh Babu, President,  
Dr. M. Antony Vimal Raj, Secretary,  
Dr. R. Muralidharan, President-Elect,  
Dr. J. Denadayalan, Vice President,  
Dr. A. Francis Roy, Joint Secretary,  
Dr. R. Sivakumar, Immediate Past President & Org. Secretary, TNOACON 2019, Madurai,  
Dr. N. Thanappan, Editor,  
Dr. K. Meenakshi Sundaram, Fellowship Secretary,  
Dr. V. Thirunarayanan, Treasurer, and zonal EC members  
Dr. J. Maheswaran, Madurai,  
Dr. R. Karthick Raja, Madurai,  
Dr. A. Suresh Kumar, South Zone,  
Dr. V. P. Mohan Gandhi, North Zone,  
Dr. Franklyn Kiruba, West Zone,  
Dr. C. J. Ravi, East Zone & Org. Secretary, Prof. TKS Mid-Year CME, 2018, Pattukottai,  
Dr. B. Vadivel, Central Zone

Following Special invitees also attended the meeting:

Dr. R. Selvaraj, OASIS, Vice President,  
Dr. Krishna Kumar, Org. Secretary, TNOACON 2018, Nagercoil.

The Meeting was called to order at 10am. by President, Dr. R. Ramesh Babu. He welcomed the office bearers, EC members, & Special invitees. He congratulated the team for winning the A.K.Gupta trophy and requested to help him to retain the A.K.Gupta trophy for this year also. He honoured the Past President Dr. Siva kumar with a shawl and Secretary Dr. Antony Vimal Raj was honoured by Dr. Muralidharan President elect. He enlisted the activities done in the last 2 months in the presidential news letter. He thanked and appreciated

Dr. C. J. Ravi, Central zone EC Member, Thanjai ortho club and Thanjavur Medical College for the First Presidential Programme in Thanjavur and Pattukottai. He also wished them success in Mid-Year CME, 2018.

He thanked Dr. Suresh Kumar, South Zone EC Member for participating in Presidential Programme in Nagercoil during his visit to Nagercoil. He honoured both EC Members. He also honoured Dr. Krishna Kumar, organising secretary TNOACON-2018 for the conduct of TNOA's Osteoporosis detection camp with 50% discounted Dexa scan and appreciated the Kanyakumari ortho society for its efforts.

#### II. OBITUARIES:

1. Dr. C. Goutham Buddha (LM/G/49) expired on 17th Feb-2017. He was remembered by Dr. Selva Raj. He did his under Graduation from Trichy Medical College and did MS Ortho in MMC 2010-13 and he was a pleasant and helping person. He lost his life in a RTA and it's a great loss to the MMC Alumni & TNOA.

2. Dr. S. Muthiah (LM/M/16) from Karaikudi died on 27.2.2017. President, Dr. Ramesh Babu remembered him as his colleague and had done PG along with him at Kilpauk Medical College. He was very active. He attended his funeral and conveyed the condolences of TNOA to his family members. He passed away due to self managed fever. The President stressed the need of staying healthy and having regular health checkups.

The EC Members observed a minute silence for the departed souls.

#### III. INTRODUCTION OF NEW MEMBERS:

President welcomed the new members. He informed that Dr. Thanappan will put all his efforts for indexing the journal in his tenure. Dr. Thirunarayanan, Treasurer and EC Member-Chennai assured Building fund will be completed during his tenure. All new members were honoured.

#### IV. PRESIDENT'S PROPOSALS FOR EC APPROVAL:

President proposed new responsibilities to office bearers in addition to their existing responsibilities and requested EC members to approve:

1. President - Overall in charge of various activities of TNOA
2. Hon. Secretary - Day to day functioning of the Association
3. President Elect - Social activities of TNOA



4. Vice President - Research activities of TNOA
5. Immediate Past President - To guide the EC in various activities of the Association
6. Immediate. Past Secretary - To guide the EC in various activities of the Association
7. Joint Secretary - Coordinator for legal cell of TNOA and taking minutes during EC & GB meetings of TNOA
8. Treasurer (Senior of the two EC members of Chennai) –To maintain the accounts of the association
9. He also proposed the name of Dr. P.T. Saravanan of Kancheepuram as Co-opted member for the IOA's Bone & Joint Day activities and TNOA's Fortnight Bone Health Activities

10. Medico-legal Cell: President proposed the names of following members to the Medico-legal Cell:

- i. Dr. P. V. VijayaRaghavan, Chennai -North
- ii. Dr.GulamMohideen, Thanjavur- East
- iii. Dr. N. Manikandan, Tirunelveli-South
- iv. Dr.Narasima Rao, Trichy - Central
- v. Dr. K. Prakasam, Salem -West.

President's Theme for the year-**"To Promote Golden Hour Trauma Care"**. One of our senior members, Dr. N. O. Samson will be the coordinator.

The above proposals were approved by EC.

Discussion by EC members on the above points:

Dr. R. Sivakumar suggested that activities to be done on specific days in a focused way and not year along as it will dilute the importance of the Programme. He also suggested Bone & Joint day activities of TNOA should be conducted on the same day in Tamilnadu. He appreciated the President for the formation of the legal cell and emphasised the need for the proper function of the cell to make it a success.

Dr. Dheenadayalan promised to conduct at least 5 research activities programmes this year.

President, Dr.Ramesh Babu emphasised on the Bone & Joint day activities to be done on the same day all over Tamilnadu uniformly and requested EC members to co-ordinate with their zone members. All activities to be informed to President TNOA and Secretary TNOA by e-mail, so that it can be forwarded to IOA.

Dr. Muralidharan suggested minimum 3 years tenure for the legal cell zonal representative members. Dr.Siva Kumar suggested it to be for 2 years and to include few members like Dr. Thangamuthu who is a legal expert as permanent advisors, since members without knowledge about legal aspects may not serve the purpose.

#### **Functions of the Legal Cell:**

1. Conduction of medico legal awareness programme during CME's.
2. Legal cases against members to be co-ordinated in handling the cases like the crisis committee of IMA.

#### **V. SECRETARY'S REPORT:**

President Theme for 2017-18 is **"To Promote Golden Hour Trauma Care"**.

Presently TNOA has 1647 life members and total IOA Members are 1039. After GB 14 New Members have been applied for new life membership. Secretary requested all the EC members to encourage all non-TNOA members from their zones to become life members of TNOA and IOA.

Achievements, Awards & Honours:

Following members were congratulated for their achievements:

- i. Dr. S. Rajasekaran, Coimbatore has been elected as the President of Cervical Spine Research Society-AP at the Annual Meeting at Kobe, Japan. He is the first Indian to assume this prestigious position.
- ii. He also received Medical Council of India's Hari Om Ashram Alembic Gold Medal from President of India on 28th March, 2017 at Rashtrabathi Bhavan in New Delhi.
- iii. Dr. Raja Bhaskara Kanakeshwar, Coimbatore got Dr. AA Mehta Gold Medal in IOACON2016, Kochi.
- iv. Dr. Venkatadass, Coimbatore got Dr. S. S. Yadav Gold Medal in IOACON2016, Kochi.

Social Activities by our members:

- i. Dr. P T Saravanan, Kanchipuram conducted BMD DETECTION CAMP for Municipal Employees of Kanchipuram on 17.03.2017 Friday at Anna Arangam, Kancheepuram.
- ii. BLS for Paramedics & Camp for Disabled Persons was conducted at Pattukottai on 1st April, 2017 by Dr. C. J. Ravi.
- iii. Road Safety Rally was conducted at Government Hospital, Pattukottai on 2nd APRIL 2017 by Dr. C. J. Ravi.
- iv. Free TNOA osteoporosis detection camp was conducted by Dr. Krishnakumar, Nagercoil on 10th April, 2017.
- v. Our president, Dr. S. Ramesh Babu gave a memorandum to SP, Kanyakumari District regarding Road safety on 10th April, 2017.
- vi. Free TNOA osteoporosis detection camp was conducted by Dr. Srinivasan at Nagercoil on 10th April, 2017.
- vii. Dr. G. Mukesh Mohan, Trichy organized a free orthopaedic camp on 23rd April, 2017 at Trichy.



- viii. Free TNOA osteoporosis detection camp was conducted by Dr. Jagaram, Trichy on 23rd April, 2017.
- ix. Free TNOA osteoporosis detection camp was conducted by Dr. B. BhupeshKarthik, Hosur on 29th April 2017. Dr. B. BhupeshKarthik, Hosur also conducted a Road safety rally at Hosur on 29th April 2017.
- x. BLS for Paramedics was conducted by Dr. B. BhupeshKarthik, Hosur on 29th April 2017.

#### **Conferences & CMEs:**

- i. MMC Ortho PG Crash Clinical Course was conducted in Madras Medical College on 18th – 19th Feb, 2017.
- ii. CME on Endoscopic and Interventional Pain Management in Spine was organized in Thanjavur on 4th March, 2017.
- iii. Ortho PG Clinical Course – 2017 was conducted in Coimbatore Medical College Hospital on 12th March 2017.
- iv. CME on Revision Arthroplasty was organized in Chennai on 23rd, March, 2017 by GRH.
- v. Spine Course – 2017 was conducted in Coimbatore Medical College Hospital on 25th March, 2017.
- vi. Ganga Operative Arthroscopy Course 2017 was held in Coimbatore on 24th – 26th March 2017.
- vii. First Clinical Paediatric Orthopaedic Course for Postgraduates was organized in Institute of Child Health Hospital, Egmore, Chennai on 1st April, 2017.
- viii. Ipsilateral LL Trauma & Workshop on PFNA was held at Thanjavur Medical College on 2nd April, 2017.
- ix. Traumacon2017 was organized by Apollo Hospitals, Trichy on 23rd April, 2017.
- x. TNOA Shoulder CME and Workshop: ACL Reconstruction and Shoulder Knot tying was conducted at SBS Hospital, Hosur on 29th April, 2017.

He insisted to print the logos of IOA & TNOA in brochures of CMEs.

President, Dr. Ramesh Babu stressed the need for EC Members to note down the date wise programme list for notifying the members not to conduct any other programme during these dates.

#### **VI.DISCUSSION ON GB MATTERS**

##### **1. Sub-Speciality Medals:**

i. GB instructed to form a committee with senior members under the chairmanship of then President, Prof. Dr. R. Siva Kumar + EC within 3 months to name the medals.

ii. Rs. 5 Lakhs accepted as a contribution to association.

As per GB's decision, Sub speciality medals Committee was formed with following members:

i. Prof. Dr. R. Sivakumar – Chairman – Immediate Past President, TNOA

ii. Dr. S. Ramesh Babu – President, TNOA

iii. Dr. M. Antony Vimal Raj – Secretary, TNOA

iv. Prof. A. Devadoss, Madurai

v. Dr. Paul Iyyakutty, Chennai

vi. Dr. Natesan, Erode

Dr. Ramesh Babu on behalf of students of Prof. K.Sriram and Royapettah Medical College Alumni, proposed the name of Prof. K. Sriram for Paediatric orthopaedic medal. In this regard he had send a letter to the chairman.

Dr.Natesan suggested that this to be published in News letter once or twice and approval to be obtained. If any other member wish to apply for the medal, they can apply to the chairman so as to know about the merits and demerits of the proposed member.

Prof. Dr. R. Siva Kumar chairman of sub speciality medal committee replied that he received two proposals.

1. Paediatric Orthopaedic medal in the name of Dr.Sriram by Dr.Ramesh Babu.

2. Spine sub speciality medal in the name of Dr. S. Rajasekar proposed by Dr.Ajay Shetty of Ganga hospitals.

The chairman stressed the need for more proposals for the sub speciality medals and final approval for the above 2 medals through News letter before 3rd EC. The EC Members are requested to pass on this message to the members in their zone for the other sub speciality medals.

The chairman and President concluded that the proposals shall be published in one news letter and member need any clarification can communicate through WhatsApp and e-mail to the committee. The Proposal will be finalised by the committee.

President, Dr.Ramesh Babu also mentioned that the senior members of the committee would like to give enough time for approval and objection by members. He also mentioned that the name need not be printed but can be announced in the conference if approved.

Dr.Muralidharan said that the names for the medals can be fixed only after scrutiny and after ratification by the next GB.

EC concluded that after approval from the committee the names of sub speciality medals will be informed in the GB. President stressed the need for printing in the next newsletter and in smooth selection of Awarders.



## **2. Sports Meet Sponsorship:**

Sports meet to be organised by respective TNOACON organisers and any additional expenses incurred to be borne by the organisers. The same was agreed by the organisers of TNOACON 2018 at Nagercoil.

## **3. Reorganisation of Zones:**

GB requested the zones to be finalised in the first EC meeting.

Dr. Muralidharan informed the finalised zones as follows:

- i. Chennai – 2 EC members
  - ii. Madurai - 2 EC members
  - iii. Coimbatore - 1 EC member
  - iv. North zone – Kanchipuram, Thiruvallur, Vellore and Thiruvannamalai districts - 1 EC member
  - v. West Zone I – Salem (Mid West), Namakkal, Krishnagiri and Dharmapuri Districts - 1 EC member
  - vi. West Zone II – Erode, Tiruppur and Karur Districts - 1 EC member
  - vii. Central Zone I - Trichy, Perambalur, Ariyalur and Pudukkottai Districts - 1 new EC member created in last GBM
  - viii. Central Zone II - Dindigul, Theni and Sivaganga Districts- 1 EC member
  - ix. South Zone I – Tirunelveli, Tuticorin, Virudhunagar and Ramanathapuram Districts - 1 EC member
  - x. South Zone II – Kanyakumari District - 1 EC member
  - xi. East Zone – Thanjavur, Thiruvarur, Nagapattinam, Cuddalore and Villupuram Districts - 1 EC member
- EC unanimously accepted this.

President, Dr.Ramesh Babu informed that Krishnagiri ortho club is functioning and would be inaugurated soon.This is important for A.K.Gupta Trophy.

## **4. Academic Expert Panel:**

President, Dr.Ramesh Babu appreciated the immediate Past President Dr.Siva Kumar's role which was useful for choosing the faculty and chair persons for TNOACON, OASISCON and IOACON. In this regard, President has sent e-mail to all EC members & they are requested to send names immediately as OASISCON is nearing.List of orthopaedic surgeons who will be willing to actively participate as faculty & chair persons only should be recommended.Dr. SivaKumar sent few names & EC Members are requested to suggest names at the earliest. Dr. SivaKumar said that these experts will also hold good for all legal issues like second opinions & affidavits.

## **5. New Posts:**

This year election for post of treasurer will be called for as also for EC Member, Trichy.

## **6. Journal Indexing Fund:**

Rs.500/- should be collected and this was communicated to Dr.Krishna Kumar, organising secretary, TNOACON2018.

7. Conference templates to be followed as accepted by GB for Medal session was also communicated to Dr.Krishna Kumar, organising secretary, TNOACON2018.

## **VII. ZONAL REPORTS BY EC MEMBERS:**

EC members presented their reports in the standard format. (Reports later)

## **VIII. EDITOR'S REPORT - DR. N. THANAPPAN**

He proposed to constitute "Editorial Board" with Editor: Dr. N. Thanappan Immediate Past Editor: Dr. Sugavanam Associate Editors: 1. Dr. Rex, Coimbatore 2. Dr. R. Prabhakar Singh, Chennai

Editorial Board Members: EC Representatives from all Zones – 12 Members EC approved the same.

He assured that Indexing work will be fastened up and requested all EC members to contribute articles for TNOA Journal.

## **IX. FELLOWSHIP SECRETARY'S REPORT – DR. K. MEENAKSHI SUNDARAM**

He elaborated about all TNOA fellowships.

## **X. TREASURER'S REPORT - DR. V. THIRUNARAYANAN**

He informed that the accounts is to be handed over to him only after auditing is over.



### **Building Fund:**

President read the list of members who have promised money for building fund in previous years. Within next EC Meeting the status of building & when it will be handed over will be made clear. President & President-elect in person would look into the status of the building. Dr. Siva Kumar informed that during his tenure it had been difficult to trace the auditor and all relevant information could not be collected. President Dr. Ramesh Babu informed that he would look into the matter & contact the auditor Mr. MuthuSekar & rectify it. Dr. Siva Kumar insisted that complete set of records of accounting & other papers should be in custody of TNOA office.

It was decided to conduct a meeting with the auditor & builders before next EC Meeting.

### **XI. REPORT – ORGANISING SECRETARY TNOACON 2017 – Dr. VETRIVEL CHEZHIAN**

Since Dr. VetrivelChezhian was not able to attend the EC meeting due to personal reasons, he already had sent the report & cheques to TNOA as detailed below:

- i. Seed money – Rs. 5 lakhs
- ii. Proceedings from conference to TNOA - Rs.3 lakhs
- iii. Journal fund – Rs. 1,64,800/-
- iv. Website maintenance - Rs. 40,000/-

Dr. Siva Kumar, immediate past president thanked the Coimbatore Ortho Society & Coimbatore Medical College for the excellent conduct of the conference. He also appreciated the prompt handing over of cheques to TNOA.

### **XII. REPORT - ORGANISING SECRETARY TNOACON-2018 - Dr. S. KRISHNA KUMAR**

He briefed about the already made arrangements & meetings conducted. Venue is Ganga grandeur Nagercoil.

He informed that Auditor has been fixed and corpus fund of RS.5,00,000/- collected from members of Kanyakumari Ortho club and so seed money may not be needed from the association.

He informed that they formed Kanyakumari orthopaedics association instead of Kanyakumari orthopaedic Society, as registration is difficult and also to change the Pan card & Account name which are in the name of Kanyakumari orthopaedics association.

President, Dr. Ramesh Babu stressed that a new pan card be applied with name changed. Dr. Francis Roy highlighted that in 2016 GB itself it was passed that only TNOA can use the word association & affiliated branches can have the name as ortho clubs or society. Dr. Meenakshi Sundaram, fellowship secretary pointed out that during conduction of Salem TNOACON a separate account & Pan card was obtained for TNOACON. This separate Pan card is better as local club would attract lot of taxation.

The EC and President stressed that once the GB has approved the name of branches as clubs or society, the EC has no powers to overlook it. So that this has to be set aside and new pan card as KK Ortho club or society should be applied for.

Dr. Muralidharan suggested that a pan card as TNOACON 2018 could be applied for under KK orthopaedic society by passing a resolution in the local club, to rename it as club or society. Dr. Siva Kumar suggested that to call a meeting of the club members & pass resolution for change of name from association to club & register. Then change the present pan card with conference logo.

President concluded that it should be registered as Kanyakumari ortho club or society and should not be printed as association in future communications.

Dr. Krishna Kumar presented the brochure and wanted to conduct the conference as paper less conference with one announcement in printed and rest electronic announcements.

Secretary insisted that all brochures should be sent to president & secretary before printing for approval.

Discussion on paperless conference: It was decided that regular printed format especially the second announcement to be sent by post.

Dr. Krishna Kumar also informed that website for the conference is updated with payment portal on website made available.

It was unanimously decided that the contribution to TNOA would be Rs.3,50,000/- from this conference (TNOACON2018, Nagercoil).

### **XIII. REPORT – ORGANISING SECRETARY TNOACON 2019 – PROF. DR. R. SIVAKUMAR**

Dr. Siva Kumar informed that the provisional venue is Hotel Sangam, Madurai and dates are 8, 9, 10th February, 2019. He also informed that website & various committees have been formed and Corpus fund has been developed.

### **XIV. REPORT – ORGANISING SECRETARY TNOA PROF. T. K. SHANMUGASUNDARAM MID-YEAR CME, 2017 – DR. G. MUKESH MOHAN**

Since Dr. G. Mukesh Mohan was not able to attend the EC meeting due to personal reasons, his report was read by



secretary. The dates are 19. 20th August, 2017. Venue is Hotel Breeze Residency, Trichy. Theme is "Day to day problems in paediatric Orthopaedics". CME Registration fee is Rs.750/- for PGs & Rs.1,000/- for Consultants.

#### **XV. REPORT – ORGANISING SECRETARY TNOA PROF. T. K. SHANMUGASUNDARAM MID-YEAR CME, 2018 – DR. C. J. RAVI**

It will be conducted in Pattukottai. It would be of one day official CME & ½ Day PG teaching programme. It would be in July 2nd or 3rd week, 2018.

#### **XVI. SELECTION OF ORATOR FOR DR. N. S. NARASHIMAN ORATION, TNOACON 2018**

President proposed the names of Dr. Surya Narayananas first choice and Dr. Risha Mathuri, CMC Vellore as second choice. EC approved the proposal.

#### **XVII. TNOA ELECTION MATTERS:**

Announcement will be in the next newsletter which will be sent early. It would be a ballot election. No electronic voting. It would include announcement of election for new posts created.

#### **XVIII. OASIS MATTERS:**

Dr. R. Selva Raj, vice president OASIS was honoured by President. 1st EC meeting of OASIS was conducted on 9th April in Chennai.

The List of New Life Members of TNOA (105) along with the contribution towards OASIS (Rs.10500/-) handed over to the Secretary General of OASIS.

OASIS TRAUMACON is to be conducted on 5th August, 2017 at Taj Krishna Hotel, Hyderabad.

OASIS Journal handed over to Wolters Kluwer for indexing.

Each state has 5th EC member in the EC of OASIS. The vice president & Joint Secretary would be also included in the EC member of OASIS as per president's suggestion.

OASISCON 2018 will be held in September- 1st to 3rd at Manipal. Organising Secretary is Dr. Sharath Rao.

Dr. M. Chidambaram from Madurai, Past President of TNOA will be honoured this time in OASISCON as decided by GB and OASIS secretary general from Tamil Nadu is Dr. Nalli Yuvraj as decided in GB. Prof. R. H. Govardhan (Past President of TNOA & Past secretary of IOA) will be delivering the SSK Marthandam oration in OASISCON.

OASIS PG Quiz - Team from Tamil Nadu to be nominated for OASIS PG Quiz: In few States, only second year PGs are allowed to participate in the State Level PG Quiz so that the same winning team will participate in the OASIS as well as IOA level quiz programs also. It was proposed that in TNOA quiz, the participants should be I year and II year PGs so that they will be available for OASIS and IOA quiz competitions and it was approved by EC.

It is decided to invite IOA & OASIS office bearers to the state conference, TNOACON as mandatory.

Dr. Nalli Yuvaraj has requested that Dr. Nalli Gopinath, past Treasurer of TNOA to be the next treasurer of OASIS which is ratified by the EC.

#### **XIX. IOA MATTERS:**

President, Dr. Ramesh Babu attended the EC Meeting & CSRC meeting in Delhi along with Dr. Rajamani, Dr. Raja Ravi Varma & Dr. Deen Mohammed Ismail.

The Annual Conference of IOA will be held at Indore from 26th December to 31st December 2017. Guest Nation for IOACON Indore is Malaysia. Abstract submission extended to 31st May. Rolling trophy for best city club is also proposed. President theme is "Integration for Enrichment". Various Programmes discussed: increasing membership, Mobile app, Yura Mentor ship Programme already sent information to 50 members and among them 25 Doctors accepted.

Dr. N. Nazeer Ahmed has been made Co-ordinator for Centers of Excellence & Yuva Mentorship in Tamil Nadu.

This year too Bone & Joint Day free surgery programme to be conducted. Dr. Raja Ravi Varma will be the Co-ordinator for the Programme.

#### **XX. ANY OTHER MATTERS:**

##### **1. Medico Legal Matters:**

Dr. Narshima Rao, Trichy presented his presentation and briefed on various aspects of Medico legal & litigation guidelines. President stressed the importance of consent and need to get a proper consent. The consent letter form is to be dealt by Doctors, not nurses.

2. Letter from Dr. S. Elangovan from Salem who feels neglected as he has been promised to be honoured in the seniors above 70 years in Coimbatore during TNOACON 2017. He will be honoured by our President during his visit to



Salem. It was resolved that honouring the seniors during the TNOACON is the responsibility of the TNOACON organisers. It is the responsibility of the TNOACON organisers to apologise & not TNOA. So letter has to be sent by the organisers of TNOACON 2017 through TNOA.

3. Conduction of banquet during TNOACON-Dr.Selvam's letter: President, Dr.Ramesh Babu suggested that the name "Alcohol" should not be mentioned in the banquet or any print. Dr.Krishna Kumar, organising Secretary TNOACON 2018 suggested that no more "Alcohol" will be served during the conferences and "Alcohol" will be served only in banquets that are conducted outside conference venue. It was decided that the banquet would be conducted in a separate venue and cocktail served in discrete manner. Also the dinner can be named in the name of a sponsor than in the name of TNOA.

4. Letter from Dr. Vinodh Raj Kumar, Chennai regarding medical representatives and implant suppliers allowed inside banquet venue. It was resolved that only doctor delegates and their family members should be permitted in banquet and dinners and not trade delegates.

5. Letter from Dr. Melvin T George regarding kits and certificates during TNOACON 2017. It was decided that the organising committee should have enough kits to give to registered delegates except for spot registrations.

#### **XXI. VOTE OF THANKS:**

Dr. Antony Vimal Raj, Secretary thanked all members.

Meeting ended at 2.20 pm.



# TNOA PRESIDENT'S ACTIVITIES...

## TNOA'S GOLDEN HOUR TRAUMA CARE MANAGEMENT AND BASIC LIFE SUPPORT COURSE, EAST ZONE, Pattukottai – 1st April 2017



Basic Life support demonstration to General Public by Mr. V. Parthasarathy, Lecturer in Emergency Trauma Care Technology, Sri Ramachandra University, Porur, Chennai in the presence of Dr. S. Ramesh Babu, Dr. C.J. Ravi, Dr. Senthil Kumar & Dr. K. Balakrishnan, IMA,

### WEST ZONE, Hosur– 29th April 2017



Basic Life Support Course for Paramedical Staff at SBS Hospital, Hosur



### SOUTH ZONE, Palayamkottai – 13th May 2017



Candidate receiving the certificate for the BLS Course held at Annai Velankanni Hospital, Palayamkottai

### TNOA's CME on Golden Hour Trauma Management at Tirunelveli Medical College, Tirunelveli (South Zone) on 13th May 2017



Faculty – Dr. K. Balasubramanian (Course Director), Dr. S. Chockalingam, Dr. A.P. Kumaraguru, Dr. S. Ramesh Babu and Dr. V. Krithika







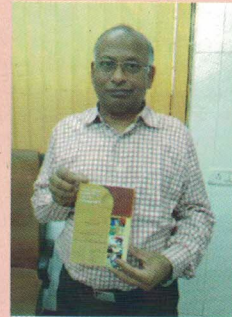
Prof. N. Manikandan greeting the Dean,  
Tirunelveli Medical College



Dr. S. Ramesh Babu felicitating Dr. Francis Roy,  
Joint Secretary, TNOA



Dr. S. Ramesh Babu felicitating Prof. A. Suresh Kumar,  
EC member, South Zone



Release of the Booklet during the occasion

### **TNOA'S CMEs, WORKSHOPS & PG TEACHING PROGRAMMES COIMBATORE – 12TH MARCH 2017**



Inauguration of PG Teaching Programme at  
Coimbatore Medical College,  
Coimbatore in the presence of Dr. Edwin Joe, Dean,  
CMC & Prof. Major Kamalanathan



Clinical Examination in Progress

### **EAST ZONE, Thanjavur– 2nd April 2017**



Inauguration of TNOA's CME on Ipsilateral Lower  
Limb Fractures at  
Thanjavur Medical College, Thanjavur (East Zone)



Delegates at the CME



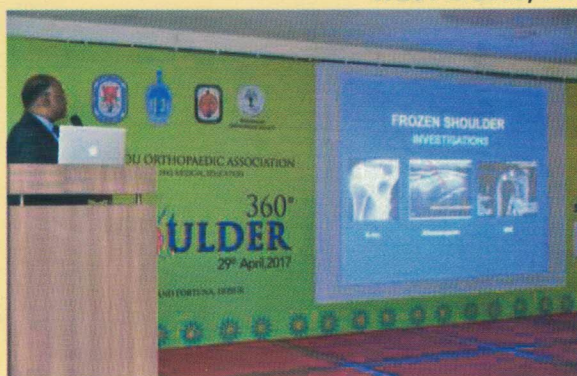


Dr. K. Thangamuthu, Legal Chairman, IMA, Pollachi addressing the Interactive session on Medico-legal litigation in Orthopaedic Surgery at TMC, Thanjavur on 2nd April 2017

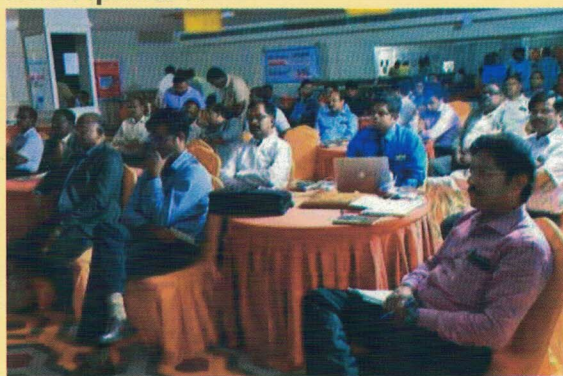


Workshop on PFNA2 at Thanjavur Medical College, Thanjavur (East Zone) on 2nd April 2017

### WEST ZONE, Hosur – 29th April 2017



TNOA's CME on Shoulder 360° at Hosur (West Zone) organized by Krishnagiri Orthopaedic Society



Delegates at the CME



Dr. B. Boopesh Karthik, Organizer of the CME & Workshop being felicitated by TNOA President



Workshop on Arthroscopic ACL reconstruction and Shoulder knot tying

### CHENNAI – 21st May 2017



TNOA President inaugurating the TNOA's CME & Clinical Demonstration on Arthritis – An Update on 21st May 2017 at Soundarapandian Bone & Joint Hospital, Annanagar, Chennai





**TNOA'S OSTEOPOROSIS & ORTHOPEDIC DISABILITY DETECTION CAMPS  
COIMBATORE – 12th March 2017**



Inauguration of TNOA's Disability Detection Camp at One Care Medical Center, Coimbatore



TNOA President examining a differently abled child at the camp

**EAST ZONE, Pattukottai – 1st April 2017**



Inauguration of TNOA's Orthopaedic Disability & Osteoporosis Screening and Gout Detection Camp at Govt. General Hospital, Pattukottai (East Zone)



**SOUTH ZONE, Nagercoil – 10th April 2017**



Osteoporosis Detection Camp at Krishnakumar Orthopaedic Hospital, Nagercoil



Inauguration of TNOA's Free Osteoporosis Detection Camp at Srinivasa Hospital, Nagercoil

**CENTRAL ZONE, Trichy – 23rd April 2017**



Osteoporosis Detection Camp at Jagadha Hospital, Thillai Nagar, Trichy



Free Orthopaedci Camp at Max Care Hospital, Annamalai Nagar, Trichy



## WEST ZONE, Hosur – 29th April 2017



Orthopaedic & Osteoporosis Detection Camp at SBS Hospital, Hosur



Beneficiaries at the Camp

## SOUTH ZONE, Tirunelveli – 13th May 2017



Osteoporosis Detection Camp for Doctors at Tirunelveli

## CENTRAL ZONE, Kodaikanal – 25th May 2017



Osteoporosis & Disability Detection Camp at Kodaikanal

## CHENNAI – 5th June 2017



TNOA's Free Osteoporosis Detection Camp using DEXA at SPOT Hospital, Chennai. Prof. R. Venkatakrishnan visited the camp



## ROAD SAFETY RALLIES



Road Safety Rally flagged off by Mr. Aravind Menon,  
Deputy Superintendent of Police, Pattukottai - 1 April 2017



Road Safety Rally at Hosur  
29th April 2017



Road Safety Rally at Kodaikanal  
25th May 2017

## BONE & JOINT DAY - IOA (4th August 2017)

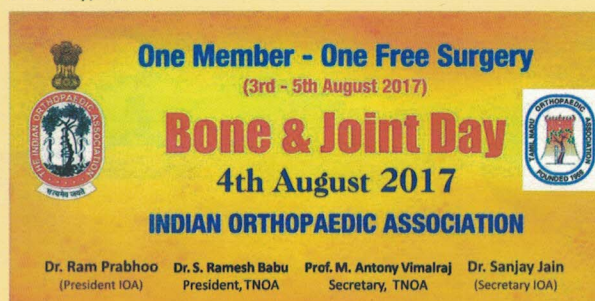
Dear Colleagues,

The Bone and Joint Day of Indian Orthopaedic Association (4th August 2017) is fast approaching. As in the past, TNOA should stand apart in the Bone and Joint Day, One member one Free Surgery Initiative as well as in various social activities such as Free Orthopaedic Camps, Disability Detection Camps, Osteoporosis Detection Camps, Road Safety Rallies etc., I request all the members to actively participate in various activities for the Bone and Joint Day Celebration. I request you to maintain a record and send the details in the concerned forms (which will be sent to you in due course) to Prof. M. Antony Vimalraj, Secretary, TNOA (email id secretarytnoa@gmail.com), Dr. C. Raja Ravi Varma (rrvortho@gmail.com), TNOA's Coordinator for Free Surgery Initiative of IOA's Bone & Joint Day. Please involve the EC members of respective zones in your activities. You can also have media coverage during these programs. The model banner and pamphlets issued by IOA is attached. I request you to identify the beneficiaries for the free surgery and do the surgeries between 30th July and 6th August 2017. This time the paperwork for this will be simple. Together we can make the Bone and Joint Day event a grand success. If you have any queries, feel free to ask us.

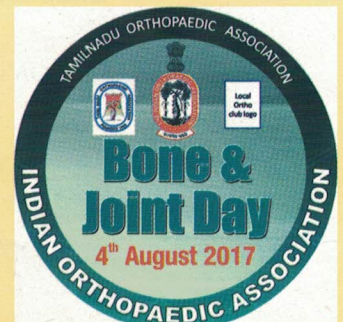
Thanking you all in advance,  
Regards,  
Truly in TNOA & IOA Service,

Dr. S. Ramesh Babu  
President, TNOA

Prof. M. Antony Vimalraj  
Secretary, TNOA



Dr. Ram Prabhoo (President IOA) Dr. S. Ramesh Babu President, TNOA Prof. M. Antony Vimalraj Secretary, TNOA Dr. Sanjay Jain (Secretary IOA)

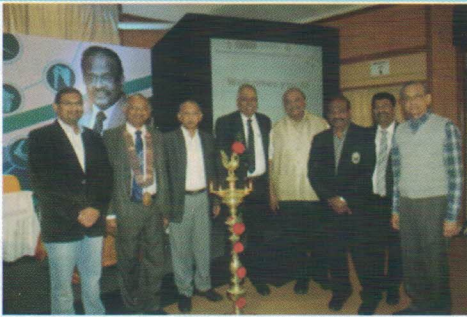




## 80TH BIRTHDAY CELEBRATION OF OUR GREAT GRAND TEACHER, PROF. A. DEVADOSS, MADURAI

The Legendary Great Grand Teacher, Prof. A. Devadoss of Madurai celebrated his 80th Birthday at Hotel Kodai International, Kodaikanal on 27th May 2017 by organizing a CME program – Devadoss Orthopaedic Masterclass – 2017.

Eminent Orthopaedic Surgeons from all over India and Tamilnadu took part in the event which was very well organized by Dr. Sathish Devadoss. It was a CME with a difference as there were only Panel Discussions in Trauma, Paediatric Orthopaedics, Arthroplasty, Arthroscopy and Spine. In the evening there was a social gathering and birthday celebration. On the previous day, there was IORAS Alumni meet, during which our President, Dr. S. Ramesh Babu gave a lecture on Research Methodology for Practising Orthopaedic Surgeons.



At the Inauguration of IORAS Alumni Meet



Acceptance speech by Prof. A. Devadoss



Felicitation to Prof. A. Devadoss



Prof. A. Devadoss being honored with Lifetime Achievement Award by Dr. S. Ramesh Babu, President, TNOA along with Dr. R. Muralidharan, President Elect and Dr. R.H. Govardhan, Past President of TNOA on 27th May 2017 at Kodaikanal on the occasion of his 80th Birthday.



## Editors Report

Greetings to all.

The TNOA journal Editorial Board is being constituted

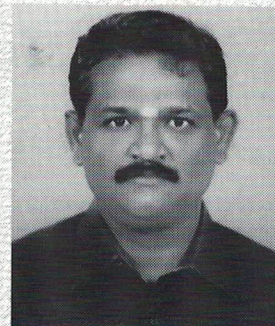
Editor : Prof N. Thanappan

Immediate Past Editor : Dr Sugavanam

Associate Editors : Dr Rex

Dr Prabakhar Singh

Editorial Board : EC members from 12 respective zones



The first issue of TNOA 2017-18 journal is scheduled for MID YEAR TNOA CME at Trichy

This issue will have Medal Paper articles from TNOA Coimbatore, TNOA President article about his Theme and Guest articles from Senior Eminent TNOA members.

Indexing being a long awaited process, efforts are being made to reach the suitable publishers to take it into one step further

I request all the TNOA members to contribute articles to TNOA journal so as to make the journal as competitive & attractive as to IOA journal

The official mail id to send article is "editortnoa@gmail.com"

With Warm Regards

**Dr N.Thanappan**

thanapps@dr.com

Contact Number : 9442160708

**Editor**



# Tamil Nadu Orthopaedic Journal

TNOA welcomes scientific material for publication in the  
**Tamil Nadu Orthopaedic Journal**

Two copies of the manuscript along with print version in MS word on a CD and neat and clear illustrations should be submitted. In case one wishes to send articles on-line, it should be sent in word document format for written materials. Pictures must be sent in a C.D. only by post/courier.

**Preparation of manuscript:** Type manuscript on white bond paper 22 x 28 cm with liberal margins of at least 2.5 cm. Use double spacing including title page, abstract, text acknowledgements, references, tables and legends of illustrations. Begin each of the following sections on separate pages. Number pages consecutive, in the upper right corner of each page.

**Title Page:** The title page should contain

1. The title of the article, which should be concise but informative,
2. A short running head or foot line of no more than 40 characters,
3. First name, Middle and last name with initial of each author.
4. Name of Co author(s)
5. Name of department(s) and institution(s) to which the work should be attributed,
6. Disclaimers, if any
7. Name and address of author including phone number/mobile number and e-mail if any, for any clarifications.
8. The source of support in the form of grants, equipment, drugs, none or all of these.

**Abstract:** An informative abstract of about 150 words must accompany each manuscript, it should be suitable for use by abstracting journals and include data on the problem method and materials, results and conclusion.

**Key (Indexing) terms:** Below the abstract, provide and identify as such, three to ten key words or short phrases that may be published with the abstract and that will assist indexers in cross-indexing your article. Use terms from the medical subject heading list from the Index Medicus whenever possible.

**Introduction:** Acquaint the readers with the problem and quote the most pertinent paper. Mention clearly the purpose of the work.

**Material and Methods:** Explain in detail, elaborately and clearly, your clinical, technical or experimental procedures. Previously published methods should be cited only in appropriate references. **Mention the number of patients or cases in words e.g five patients instead of 5 patients.**

**Results:** Describe your findings without comment. Include a concise textual description of the data presented in tables, charts and figures. **Please prepare tables/charts as a separate document in word and send as separate folder without mixing up in the word document.**

**Discussion:** Comment on your results and relate them to those of other authors, define their significance for experimental research of clinical practice. Arguments must be well founded.

**Tables:** Tables should be self-explanatory and should supplement, not duplicate the text. Type each table on a separate sheet with double space. Number tables consecutively with a brief title for each. Give each column a short abbreviated heading. Place explanatory matter in footnotes. If you use data from another published or unpublished source, obtain permission and acknowledge fully. **Please prepare tables as a separate document in word and send as separate folder without mixing up in the word document.**

**Illustrations:** Use only those illustrations that clarify and increase understanding of the text. All illustrations must be numbered and cited in the text. Two black and white glossy print photographs of each illustration should be submitted. The following information should be typed on a gummed label and affixed to the back of each illustration; figure number, title of manuscript, Name of senior author, and arrow indicating top. Please do not write in ink at the back of the photograph. All illustrations have to be sent, as separate JPEG image files in a C.D. Colour pictures are also welcome.

**A word on scanning or digital imaging:** It is preferable to scan pictures in 300 dpi. If pictures already taken have to be chosen please use Photoshop and save as jpeg in minimum 300 resolutions. Digital images may be made in 3.0 or more mega pixels. This will help in prevention of distortion of pictures when enlarged.

**Legends for illustrations:** Type legends/captions for illustrations double - spaced, starting on separate page with arabic numerals corresponding to the illustrations.

**References:**

In the text should include only those that are important and have been studied in fully by the authors. References are a must for any article and those without references would be rejected.

**Case Reports are welcome and such case reports** and other short submission should be sent in the format of a full paper including and abstract and captions.

**All submission should be addressed to:**

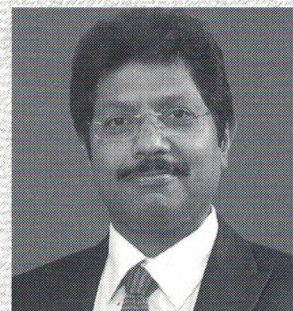
**Dr. Thanappan, 21/4,VellankannillndStreet Balaji Nagar, Tirupparankundram, Madurai-625005.**

**Email: thanapps@dr.com Mobile: 9442160708**

**Note:** Kindly visit the official website of the Tamil Nadu Orthopaedic Association ([www.tnortho.org](http://www.tnortho.org)) for details of submission of scientific material for publication in the Journal. We encourage case studies more than single case reports since the TNOA is aiming at making the journal a listed journal.



## From the Desk of Fellowship Secretary



**Distinguished Members,**

**My Sincere and Heartiest Greetings from SALEM.**

At present TNOA offers the following Fellowships to its members.

For Life members

### **A. Inland Fellowship**

- i. Prof.A.J.Selvapandiyar TNOA Travelling Fellowship-2 Fellows / year.  
(MS.Ortho,D.N.B.Ortho/ Age less than 45 years)
- ii. Dr.R.Muralidharan-Dr.M.Vanasekar D.Ortho/D.N.B.Ortho(PG) TNOA Travelling Fellowship -2 Fellows/year

### **B. Foreign Fellowships**

- iii. TNOA Foreign Fellowship-2018 (Age below 50 years) -1 Fellow/ 2 years.
- iv. TNOA Prof.A.Subramaniam Travelling Fellowship-2017 (Age above 50 years)-1 Fellow / 2 years.

### **C. Inland Fellowship Post Graduates**

- v. TNOA Dr. K. R. Venkateshwar Memorial PG Travelling Fellowship - I Fellow / year

### **D. PG Medal**

- vi. TNOA Prof. R. Ramakrishnan PG Medal – 1 Medal / year

### **E. PG Research Grant**

- vii. TNOA – Cholomondolom Ortho PG Research Grant - 2 beneficiaries / year

For more details about these fellowships please go through our website <http://www.tnoortho.org>  
Applications for fellowships available for this year will be called for in the next NEWSLETTER of TNOA.

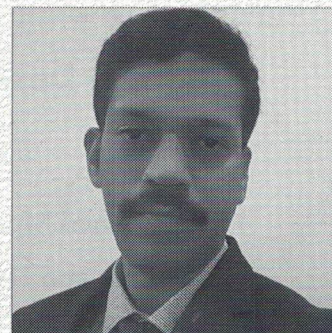
Warm regards,

**Dr.K.Meenakshi Sundaram**, D.Ortho, DNB, MNAMS, MCh, (UK)  
Fellowship Secretary Tamil Nadu Orthopaedic Association,  
Medical Director / Head FAHS  
VIMS Hospitals,Sankari Main Road(NH-47),Veerapandi(P.O),Salem-636308.  
Phone: 9362128563, 04273982000 E-mail: meenakshiortho@yahoo.com



## Treasurer's Report

Dr. V. Thirunarayanan



### Savings Bank A/C

TNOA	TNOA TRUST
<b>Rs.15,76,007.62</b>	<b>Rs. . 94,542.00</b>
Total: 15,76,007.62	Total:Rs. <b>94,542.00</b>

Future Spending from TNOA Trust A/c

### TOTAL

- TNOA Rs. **Rs.15,76,007.62**
  - TNOA TRUST Rs. **94,542.00**
- TOTAL : Rs.16,70,549.62**

### FIXED DEPOSITS - TNOA

Rs. 26,39,003

To create New FD/RIP Rs. 5,00,000  
for Dr Vidhyashankar  
Arthroplasty –E-Poster  
(Bldg.Fund FD)

### TNOA - BUILDING FUND

COST : Rs.98,20,000

COLLECTED so far:Rs.61,61,136

ADVANCE PAID	II INSTALLMENT- 27-12-2017
Rs.23,00,000	Rs.17,40,675

TOTAL PAID : Rs.40,40,675

BALANCE in FD : Rs.21,20,461

### TNOA - BUILDING FUND

FIXED DEPOSITS	TNOA SB A/C (FROM 15-3-2015)
FD a/c:6115735965	A/c No:705855990
Rs.33,00,131	Rs.1,11,005
FD a/c:6437371147	
Rs. 4,50,000	

**TOTAL : Rs.38,61,136 – Rs.17,40,675  
=Rs.21,20,461**

### TNOA - BUILDING FUND

COST : Rs.98,20,000

COLLECTED so far:Rs.61,61,136

BALANCE NEEDED : Rs.36,58,864



## TNOACON 2018

The organizing committee is taking every effort to make the conference a memorable occasion. The various committees are formed and the chairperson of each committee is already on the job.

Ten members have contributed to the seed money

The venue is Ganga Grandeur, an ultra-modern convention centre with all facilities. A token advance is given and the days booked. The ground floor conference hall (AC) will be used as dining area. The ground floor dining (AC) will be used for platinum stalls. The large hall in the first floor will be hall A. There are two other small halls in the first floor which can be used as hall B and C. The three halls have to be made sound proof. The car parking area will accommodate about 300 cars. We are looking for additional area for car parking.

Our president Prof. S. Ramesh Babu has given the template for scientific session which will be followed. The faculty is being finalized. We will have at least five faculty from abroad. A few have given the consent. All faculty lectures will be on basics in orthopedics sub specialties.

Brochure is ready. Will be dispatched by the middle of June. The website is ready with whatever possible input. The conference will be a no paper conference. We successfully conducted Prof. Ramakrishnan medal exam. On line registration & on line generation of hall ticket was successfully done. Thanks to the examiners, Prof Sivakumar, Prof Suresh Kumar and Prof Thirumalai Murugan for supporting us in making this Herculean effort a reality. I was also an examiner. KKOH is proud to have hosted the Medal examination.

We will send one communication by post. No other communication will be sent by post. The members can log on to the web site. All information is available in the web site. All transactions will be on line. We are trying to get online payment gate way so that all payments will be on line. Paper submission will be online only. QR code is fixed to the delegate badge so that the three days programme can be down loaded in to the smart phone. No separate pamphlet will be available. The attendance certificate will be issued on the last day of the conference, will be printed hot. The delegate/faculty badge is necessary for the issuing the certificate. The name will be printed by the bar code technology. There will be no food coupons. All entry to food court including the traders, will be only on the presentation of the badge. We propose that the entry/exit of the halls is monitored and is considered for the issue of the attendance certificate.

We have proposed to include one lecture in non orthopaedic topic, on public speaking.

Looking forward for a fun filled learning session.

Welcome to Nagercoil !!

**Dr. S. Krishna Kumar**  
Organizing secretary



## An Appeal

### TNOA's subspecialty Gold Medal in TNOACON

Dear Colleagues,

Greetings from TNOA!

In the TNOACON at Coimbatore (2017), it has been decided in the General Body that Gold medal for best scientific presentations in various sub specialties can be instituted in the names of most respectable teacher / surgeon in the concerned specialty. For this purpose a corpus sum of Rs. 5.00.000/- (Rupees five lakhs only) needs to be given to TNOA. Following are the various sub specialties:

1. Arthroplasty
2. Arthroscopy
3. Spine
4. Pediatric Orthopaedics
5. Orthopaedic Oncology
6. Foot and ankle

For this purpose, a committee has been formed with the following members:

- |   |  |
|---|--|
| 1. President of TNOA - Dr. S. Ramesh Babu         | Email id: tnoapresident1718@gmail.com  |
| 2. Secretary TNOA - Prof. M. Antony Vimalraj      | Email id: secretarytnoa@gmail.com      |
| 3. Immediate Past President - Prof. R. Siva Kumar | Email id: profsivakumarspine@gmail.com |
| 4. Prof. A. Devadoss                              | email id: profdevadoss@gmail.com       |
| 5. Dr. Paul Iyakutty                              | email id: dr.p.iyyakutty@gmail.com     |
| 6. Dr. S. Natesan                                 | email id: drnatesan@rediffmail.com     |

Prof. R. Siva Kumar is the Coordinator.

Those of the members who are interested in instituting the various subspecialty gold medals can write to the committee at the earliest so that early decision can be taken. We look forward to your cooperation.

Kind regards,  
Truly in service of TNOA,

**Dr. S. Ramesh Babu**, President

**Prof. M. Antony Vimalraj**, Honorary Secretary

## TNOA Prof. T. K. Shanmugasundaram Mid-Year CME 2017

**Date: 19th and 20th August 2017**

**Venue: Breeze Residency, Trichy**

**Theme: Pediatric Orthopaedics**

Distinguished members,

It's been a proud moment for me to invite you all for the upcoming CME in the month of August to commemorate our beloved Prof. T.K. Shanmugasundaram's service to our people. We have chosen the Theme as Pediatric Orthopaedics as the riddles of day to day management has to be solved with the help of masters.

A team of National and Regional faculties are ready with us to make our TamilnaduOrthopods best in Pediatric Orthopaedics. The sessions are arranged in a way to be useful to both Post graduates and Practicing Consultants. Interesting workshops are also arranged.

We, the Trichy Ortho Club invite you all for the academic feast and the Hospitality of Rockfort city.

**Dr. G. Mukesh Mohan**, MS,DNB Ortho.

Organising Secretary



## TNOA – Chola mandalam Ortho PG Fund

The TNOA – Chola mandalam Ortho P G Fund was created by the organizers of the TNOACON 2005 at Cuddalore to provide financial grant to two deserving post graduate students in the State of Tamil Nadu. The selection of recipients every year is based on their academic credentials and research work.

The Heads of the Orthopaedic Departments of Teaching institutions in Tamil Nadu are requested to forward the name of one candidate in their institution based on his research aptitude, work output and academic thrust shown by the candidate. The name along with a brief note on his work and the justification and recommendation of the Head of Department should reach the Secretary, Tamil Nadu Orthopaedic Association on or before 30th November 2017. The awardees shall be finalized by a TNOA committee constituted for the purpose.

### Tamil Nadu Orthopaedic Association Address Update Form

LM No	Name & Address	New Address (to be included in TNOA directory)
		Hospital/Clinic
		Residence
		Phone No:
		Email Id:

Place:

Date:

Signature

Please send this form to:

**Dr. M. Antony Vimal Raj**

Secretary, Tamil Nadu Orthopaedic Association

2A/45/12, Kubera Apartments,

Aravamuthan Garden Street,

Egmore, Chennai – 600 008

Ph – 9566221195, 044-42083661

Email: mavimalraj@yahoo.co.in, secretarytnoa@gmail.com





Canara Orthopaedic Society  
Karnataka Orthopaedic Association &  
Manipal University

*Invite you to the XVI Annual Conference of  
Orthopaedic Association of South Indian States*

# **OASISCON 2017**

## **Manipal**



*Overcoming Challenges*



September 1, 2 & 3, 2017  
Kasturba Medical College,  
Manipal, Karnataka  
[www.oasiscon2017.com](http://www.oasiscon2017.com)



## OASIS NEWS

1. First EC Meeting of OASIS was held on 9th of April, 2017 at Haddows club, Chennai. TNOA President, Dr.S.Ramesh Babu and Vice President of OASIS (TN), Dr.R.Selvaraj attended the meeting.

2. The List of New Life Members of TNOA (105) along with the contribution towards OASIS (Rs.10500/-) handed over to the Secretary General of OASIS.

3. OASIS Traumacon

Date – 5th, August, 2017

Venue: Hotel Taj Krishna, Hyderabad

Organising Secretary – Dr.K.J.Reddy

Organised by TOSA (Telengana Orthopedic Surgeons Association)

4. OASIS Journal is in the process of getting indexed.

Two journals will be released, one during OASISCON and the second during OASIS-Traumacon

5. OASIS EC Members

Each constituent State has 5 EC posts

TN EC Members are the President, President Elect and Secretary.

Two more members to be inducted

TNOA President has included Vice President of TNOA and Joint Secretary of TNOA as the EC Members of OASIS

6. OASISCON-2017

17th OASISCON-2017 to be held in Manipal

Dates : Sep 1-3

Organising Chairman : Dr.Sharat Rao

7. Honoring of Senior Member

For 2017 – Senior member to be honoured from TN during OASIS -Dr.M.Chidambaram (Madurai)

Past President of TNOA (2007-08)

8. OASIS Secretary General

The turn to nominate Secretary General of OASIS is for Tamil Nadu. Dr.Nalli. R. Uvaraj, as decided by the GBM at Coimbatore was nominated to be the next Secretary General of OASIS

9. OASIS-Prof.S.S.K.Marthandam Oration

Prof.R.H.Govardhan, Past President of TNOA and Past Secretary of IOA will be the OASIS-Prof.SSKM Orator as proposed by TNOA President Dr. S. Ramesh Babu.

10. OASIS PG Quiz

Team from Tamil Nadu to be nominated for OASIS PG Quiz

In a few States, only second year PGs are allowed to participate in the State Level PG Quiz so that the same winning team will participate in the OASIS as well as IOA level quiz programs also.

11. OASIS office bearers have to be invited to the State conferences.

Thank You

**Dr. R.Selvaraj,**

Vice President, OASIS(TN)



## IOA News

- Summer EC committee meeting of IOA was held on on Sunday the 16th April 2017 at Main Auditorium, ISIC, VasantKunj, New Delhi.
- IOA President's Theme is "Integration for Enrichment"
- The Annual Conference of IOA will be held at Indore from 26th December to 31st December 2017.
- Rolling Trophy for Best City clubs of IOA will be instituted
- Proposed to form Ladies wing of IOA
- Proposed to form Pan India Orthopaedic Medico legal cell
- Activities based on IOA President's Theme for the year 2017

1. Yuva mentor program: For this, we have to identify atleast 10 centers and 20 to 30 mentors who will be mentoring the young orthopaedic surgeons in various fields of their interest. The mentor is responsible not only to improve the skill & knowledge of the young surgeons but also has to inculcate professional ethics and betterment of doctor patient relationship.

2. Bone & Joint Day - 4th August 2017 celebrations: This year also we have to encourage our members to perform free surgeries. It is enough if the orthopaedic surgeon's services alone can be free. The free surgeries can be performed from May till August 4th 2017. The details to be forwarded to IOA through Secretary TNOA.

3. Medico Legal cell: The Medico Legal cell will have 24/7 helpline. TNOA can have its own medico legal cell and can identify interested persons who can take active role in medico legal cell of IOA

4. Four conferences in 4 zones of IOA on TB, Osteoporosis, Rheumatoid Arthritis and Bone & Joint infection

5. Membership Drive

6. IOA App

• Guest Nation for IOACON Indore is Malaysia.

• I.O.A. Election Schedule- 2017

Date for sending nomination form with Newsletter by Secretary, IOA April – July, 2017

Last date for receipt of Nomination form by Election Officer 8th August, 2017

Last date for informing the list of contestants 18th August, 2017

Last date for withdrawal of nominations 28th August, 2017

Last date for sending sample of ballot paper to all contestants 6th September, 2017

Last date for receipt of approved ballot paper 16th September, 2017

Last date for dispatch of ballot papers 5th October, 2017

Start of online election 20th October, 2017

Last date for request of duplicate ballot papers 1st November, 2017

Last date for receipt of ballot papers by election officer / End of online voting 24th November, 2017

Counting and Final Tally Venue: IOA House, New Delhi 26th November, 2017

(For further details please see latest IOA Newsletter)

• Guidelines for appointment of Editorial Board, IJO

(For further details please see latest IOA Newsletter)

• Many Foreign and Inland fellowships are available for IOA members.

(For further details please visit IOA website)







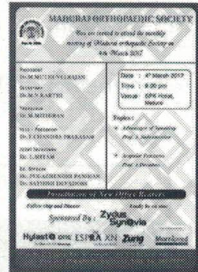
## Madurai zone

Dr. T. Chandraprakasam, Dr. L. Shyam

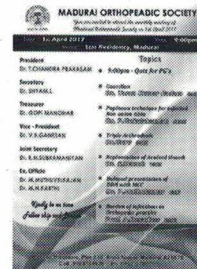
Total Number of Members : 122

First EC meeting, Madurai, Dated: 7-5-2017

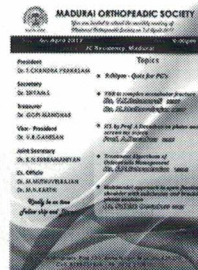
### ACADEMIC ACTIVITIES March 2017



### ACADEMIC ACTIVITIES April 2017



### ACADEMIC ACTIVITIES May 2017



## South zone

Dr. A. Suresh Kumar Dr. J. Maikandan

Nellai ortho club:

**President : Dr. Balakannan, Secretary: Dr. Ajith inigo**

Conducted regular monthly meetings on last Sunday of every month. On World health day, 07/ April Dr. Francis Roy Jr. secretary TNOA conducted a blood donation camp. April meeting Prof. K. P. Saravananakumar talked about ACL Reconstruction.

on May 13, NOC plans to conduct "Golden hour trauma management course" for CRRI/P.G./G.P. and Basic life support course for para medical workers. TNOA President inaugurates the CME.

**Kanyakumari ortho club**

**President : Dr. Raju, Secretary: Dr. Raship Khan**

Conducts regular monthly meeting. TNOA President Prof. Ramesh Babu inaugurated the free osteoporosis detection camp @ Dr. Krishnakumar orthopaedic hospital, Srinivasa hospital, Nagerkovil. About 70 people were screened and free treatment were provided. TNOA President along with E.C. Member Dr. Suresh Kumar, local members Dr. Srinivasan, Dr. Alfred met Superintendent of Police Mr. Dharmarajan I.P.S. and handed over the memorandum regarding Road safety awareness. TNOACON 2018 team Dr. Mohandass, Dr. Krishnakumar are making their best efforts to make TNOACON 2018 a great success.



## COIMBATORE

### Dr. Paari Selvaraj

Prof Ramesh Babu president TNOA

Inaugurated Deformity Detection camp in One care hospital Coimbatore

Prof Ramesh Babu participated in Spine Cme organised on superannuation of Prof Major Kamalanathan

Ganga Hospital conducted 3 day Arthroscopy

Live surgery workshop

April 2017

Ortho one conducted One day Master class in shoulder surgery

April month Cos was attended by 52 members on 15.4.2017

Guest speaker Dr Bhuvneshwaran vascular surgeon on what a orthopaedic surgeon should know in vascular surgery.

## NORTH ZONE

### Dr. V.P. Mohan Gandhi

■ A CME on Back Pain and Spinal Disorders was organized in Vellore Orthopedic Society at Vellore in the month of April 2017.

■ Another CME and X-Ray Discussion was organized in the month of March 2017 by Vellore Orthopedic Society.

■ We are planning for the family get-together, rally and CME in the month of June with TNOA President and Secretary as Chief Guests.



## EAST ZONE

Zone : East Zone

District Ortho Club : Thanjavur

Period of activity of report : Jan-2017 to Apr-2017

### ORGANISATIONAL ACTIVITIES

Pro.Dr.Gulam mohaideen, President / Mobile No. 9443024556

Dr.Leo Joseph, Secretary / Mobile no.9443737139

Total No. of members: 60

### ZONAL BUSINESS ACTIVITIES

1.March 04 2017:

Minimally invasive on spine surgery on eve of Prof. Dr. GULAM MOIDEEN Retirement function

Participants :

PROF. RAJAMANI, DR. SEKAR , DR. SIVAKUMAR(TNOA PRESIDENT), DR. MUKESH MOHAN

2.APR 2 2017:

CME (IPSI LATERAL LOWER LIMB FRACTURES & WORKSHOP ON PFNA2 )

AT THANJAVUR MEDICAL COLLEGE, THANJAVUR.



SESSION:1	SPEAKER	TOPIC
	1.Dr. Leo Joseph	- Principles of Management Ipsilateral lower limb fractures.
	2.Dr. P. Ramesh	- Ipsilateral Ace tabular And shaft femur fractures approaches and management.
	3.Dr. Prakash Selvam	- Ipsilateral fractures Neck of femur and shaft of femur Topic.
SESSION :2	SPEAKER	TOPIC
	1.Dr. Prakash Selvam	- Unstable intertrochanteric fractures and its management
	2.Dr. R. Neelakrishnan	- Ideal management of Subtrochanteric fractures and its management
	3.Dr. P. Ramesh	- Ipsilateral hip and knee dislocation
	4. Dr. S. Ramesh Babu	- Floating knee injuries
SESSION :3	SPEAKER	TOPIC
	1.Dr. Prakash Selvam	- Three column fixation for complex tibial plateau fractures
	2.Dr. Amarnath Sowlee	- Open fractures of both bones leg
	3.Prof. A. Barathy	- Pilon Fractures

### SOCIAL ACTIVITIES

Feb 28, 2017 Prof. Dr. Gulam Mohideen Retirement Function at Thanjavur Medical College, Thanjavur.

April 2017 - Road Safety Rally at Government Hospital, Pattukottai.





## WEST ZONE MID WEST ORTHO SOCIETY NEWS

Zone: WEST ZONE

District Ortho Club : Mid West Ortho society

Period of activity of report : 10-02-2017 to 07-05-2017

## ORGANISATIONAL ACTIVITIES

Mid West:

President /Mobile No. /Email ID: Dr. K. Prakasam

Secretary/Mobile no./Email ID: Dr. Mohanasundaram

Total No. of members: 82 Members

Salem – 57

Namakkal – 14

Dharmapuri- 11

Krishnagiri - 20

No. of Members mobilized for TNOA Membership: 5

No. of Members mobilized for IOA Membership: 5

## ACADEMIC ACTIVITIES

• **Special Achievements/Awards/Fellowships:**

- Dr. D. Sridhar, was invited faculty at 1st JIPMER ILIZAROV CADAVERIC COURSE at JIPMER Pondicherry.
- Dr. C. Sugavanam
  - was invited faculty at TNOACON 2017
  - was invited faculty at International Knee and Shoulder Symposium conducted by Indo Korean Orthopaedic Foundation at Kozhikode on 22 and 23/04/2017
  - was invited faculty at TNOA Shoulder 360 at Hosur on 29/04/2017
  - was invited faculty at TNOA Shoulder 360 at Krishnagiri on 29/04/2017
- Dr. T. Jayaraman was awarded the The TNOA – Prof A. Devadoss Meritorious award at TNOA 2017
- Dr. Meenakshi Sundaram was invited faculty at TNOACON 2017.
- Dr. P. Sridhar was invited faculty at TNOACON 2017
- Dr. Vishnu Prasath won the Best Paper award at TNOACON 2017 for his paper on Spine Infection
- Dr. J. Manimaran was invited faculty at TNOACON 2017.

## ZONAL ACTIVITIES

No. of Monthly Club meetings conducted: 2 - March and April 2017

Average Attendance during Club Monthly meetings: 50

Krishnagiri Ortho Club Conducted a TNOA CME Shoulder 360 on 29/04/2017

TNOA Workshop on Basic life Support 29/04/2017

## SOCIAL ACTIVITIES

Dr. Vishnu Prasath Conducted a Scoliosis Awareness campaign during Salem Marathon

Dr. Sugavanam conducted a Programme on Trans Gender Rights and welfare Programmes





## WEST ZONE

District Ortho Club : ERODE DISTRICT ORTHOPAEDIC ASSOCIATION  
Period of activity of report : FEBRUARY, MARCH, APRIL 2017

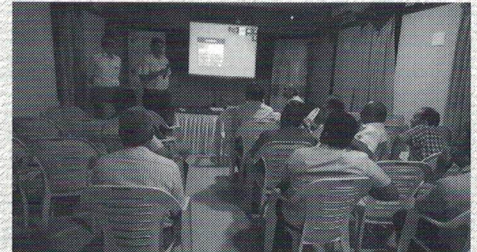
### ORGANISATIONAL ACTIVITIES

President : Dr.S.Ramasamy M.S.Ortho.  
Secretary : Dr.T.J.M.Innocent

### ACADEMIC ACTIVITIES

#### FEBRUARY 2017

- ☐ EDOA MONTHLY MEET IS BEING HELD ON LAST SATURDAY OF EVERY MONTH
- ☐ EDOA MEET WAS CONDUCTED ON 25TH FEBRUARY
- ☐ VARIOUS ISSUES RELATED TO THE ORGANISING NEXT IOACON TO BE HELD IN COIMBATORE WERE DISCUSSED.
- ☐ INTERESTING CASES WERE PRESENTED BY OUR MEMBERS AND THEY WERE DISCUSSED.
- ☐ DR.SRIDAR PRESENTED HIS SERIES OF TIBIAL NON UNION TREATED WITH ILLIZAROV METHOD.



#### MARCH 2017

- ☐ DR.VIJAY ANAND OF RAMAKRISHNA HOSPITAL, COIMBATORE GAVE A TALK ON PAIN MANAGEMENT.
- ☐ VARIOUS MODALITIES OF PAIN MANAGEMENT AVAILABLE FOR VARIOUS DISEASES WERE WIDELY DISCUSSED.

#### APRIL 2017

- ☐ DR.BASKER FROM KMCH ,COIMBATORE GAVE A LECTURE ON ROTATOR CUFF TEARS AND THEIR MANAGEMENT BY ARTHROSCOPIC TECHNIQUES.
- ☐ POST OP PROTOCOL AND THE STUDIES RELATED TO THE ROTATOR CUFF TEARS WERE DISCUSSED.

- ☐ ON APRIL 2,AS SPECIAL MEET WAS ARRANGED TO DISCUSS THE FORMATION OF COMMITTEES FOR THE IOACON 2018.



#### MEMBERS ACADEMIC ACTIVITY

- ☐ DR.PALANIKUMAR PARTICIPATED IN A ENDOSCOPIC SPINE SURGERY CONFERENCE AT DEHRADUN, TSSULA,AS A FACULTY.
- ☐ HE PRESENTED A VIDEO DEMONSTRATION AT TNOACON ON ENDOSCOPIC DISCECTOMY.
- ☐ HE WAS A FACULTY IN GUJARAT SPINE SOCIETY MEET AT AHMADABAD.



## CENTRAL ZONE

### Report of activities of Central Zone of TNOA

- Monthly meet along with Trichy Orthopaedic update on 7th & 8th Jan 2017
- Theme "The Knee"
- Well attended meet, with detailed lectures, case discussions, arthroscopy skills lab and anatomy demonstration.
- Distinguished national faculty graced the meet and shared their knowledge
- Monthly meet held on 2nd February 2017
- Nineteen members attended the meet
- Members presented cases
- A case of posterior shoulder dislocation.
- A case of complex knee injury
- IM Nail fixation of tibia in extension, a surgical demonstration.
- A case of segmental tibia fracture, management issues.
- Monthly meet on 2nd March 2017
- Twenty seven members attended the meet.
- CME on Upper Limb Trauma
- Management options in distal humerus fractures - Dr. Jaikish.
- Management of scapular fractures - Dr. Mukesh Mohan.
- Member Case Presentations
- An unusual management of spine TB
- A case of perilunate fracture dislocations.
- Monthly meet on 6th April 2017
- Twenty eight Members attended the meet
- Members case presentation
- A case of non union of proximal third tibia fracture
- Treatment options in radial head fractures
- A case of patellar tendon reconstruction
- A case of cervical spine injury, C4-C5 anterolysis with dens fracture.
- Decision making in spine surgery, role of different radiological investigations.
- Academic and Social Events
- Inauguration of Joint Injuries clinic in Apollo Hospital and Trauma conference on 23rd March 2017
- Free joint and spine surgery camps organised by MaxCare Hospital, inaugurated by Dr. Ramesh Babu MS Orth, D Orth, Hon President of TNOA on 23rd March 2017
- Free orthopaedic camp organised by Dr Jegaram Ortho Hospital and inaugurated by Dr. Ramesh Babu MS Orth, D Orth, Hon President of TNOA on 23rd March 2017
- Free orthopaedic surgery camp organised by Atlas Hospitals on 16th March 2017



## TNOA MEDAL WINNERS 2017

No	Medal	Winner	Title
1.	TNOA Prof M. Natarajan Medal for Trauma	Dr G T SaiPrasanth, Ganga hospital, Coimbatore	Use Of Ganga Hospital Open Injury Severity Scoring For Determination Of Salvage Versus Amputation In Open Type IIIB Injuries Of Lower Limbs In Children - An Analysis Of 52 Type IIIB Open Fractures
2.	TNOA Prof Vyagareswaradu Medal for Orthopaedics	Dr. Siddharth N Aiyer, Ganga Hospital, Coimbatore	A Novel Classification For Kyphotic Spinal Deformities Based On Column Flexibility And Deficiency
3.	TNOA Prof T. K. Shanmugasundaram Medal for Rural centres	Dr. S Sundararajan, Udumalpet	Bicondylar fracture of tibia-an enigma in management
4	TNOA Prof M. Ramanathan Medal for Consultants	Dr. M. Subbiah, Velammal Medical College Hospital And Research Institute, Madurai	A Novel Modified Transforaminal Lumbar Interbody Fusion Technique To Decrease The Incidence Of Severe Intractable Post-Operative Radiculopathy: A Prospective Analysis Of 216 Patients
5	TNOA Prof A. Subramaniam Medal for Basic Research in Orthopaedics	Dr Rishi Kanna, Ganga Hospital, Coimbatore	Proteomic Analysis To Probe The Controversy Of Infection As An Etiology To Disc Disease
6.	TNOA Prof P. Dhanarajan Medal for Innovative Techniques in Trauma	Dr J Dheenadhayalan, Ganga Hospital, Coimbatore	An Innovation For Perfect Reduction In Hyperextension Injury of Isolated AnteromedialTibial Plateau Fracture
7.	TNOA Prof T. S. Xavier Medal for Hand Surgery	Dr. P. Velmurugesan Ganga Hospital, Coimbatore	Retrospective Analysis Of 16 Patients With Radiocarpal Dislocations
8	TNOACON2017 Subspeciality Medals - Arthroscopy	Dr. S. R. Venkateswaran, Stanley medical college, Chennai	Bone Tunnel Widening Following Arthroscopic Reconstruction Of Acl Using Hamstring Tendon Autograft And Its Clinical Implications
9	TNOACON2017 Subspecialty Medals - Arthroplasty	Dr. George M Srampickal, CMC,Vellore	How Effective Is Periarticular Drug Infiltration In Providing Pain Relief Following Total Hip arthroplasty
10	TNOACON2017 Subspeciality Medals - Spine	Dr.C.S.VishnuPrasath, SKS Hospitals, Salem	Infective Spondylodiscitis: How Empirical Are We In Choosing An Empirical Antibiotic Regime?
11	TNOACON2017 Subspeciality Medals - Paediatrics	Dr. B. Sajjad Ali	Management Of Popliteal Pterygium By Ilizarov Method : Series Of 7 Cases
12	TNOACON2017 Subspeciality Medals - Foot & Ankle	Dr.GuruRagavendra, DevadossMultispecialityHospital, Madurai	Study On Functional Outcome Of Triple Arthrodesis Of Foot Without Internal Fixation
13	TNOACON2017 Subspeciality Medals - Oncology	Dr. Anurag H Daxini,Madras Medical College, Chennai	Decision Making In The Management Of Aneurysmal Bone Cyst Of Spine- Case Reports
14	TNOA- Erode Best Poster Medal	Dr. Arjun Rajan, Government Royapettah Hospital, Chennai	Percutaneous Screw Fixation For Sacral &Sacro Iliac Joint Injuries- A Case Series
15	TNOA Dr. Vidya Shankar Best Arthroplasty Poster Medal	Dr. P. Vanaj Kumar, Preethi Hospitals Pvt. Ltd., Madurai	Uncemented Total Hip Arthroplasty In 2 Cases Of Fracture Dislocation Hip
16	TNOA Best Publication Award	Dr. MuthukumarBalaji, Dr. DevadossMultispeciality Hospital, Madurai	Functional outcome of calcaneal fracture by various surgical methods
17	TNOA - Prof. R. Ramakrishnan Medal for Best Post Graduate	Dr G T SaiPrasanth, Ganga Hospital,Coimbatore	
18	TNOA-Dr. K. R. Venkateswar PG Fellowship	Dr M Avinash, Ganga Hospital, Coimbatore	
19	TNOA - KMC Ortho PG Quiz - Winners	Dr. P. Manikantan Dr. S. Ashok	Thanjavur Medical College
20	TNOA - KMC Ortho PG Quiz - Runners	Dr. Avinash Dr. Arul Raj	Ganga Hospital, Coimbatore
21	Best Ortho Club - Metro	Madras Orthopaedic Society	
22	Best Ortho Club - Non-metro	Midwest Ortho Society	
23	TNOA CHOLAMANDALAM Ortho PG GRANT	Dr. S. R. Venkateswaran, Stanley Medical College Dr. G. Prashanth, Madurai Medical College	



## New Members ratified in AGBM 11-02-2017

S. No	LM NO	Name	Place
1	LM/A/137	Dr. C. Arvinth	Salem
2	LM/A/138	Dr. R. ArokiaAmalan	Tirunelveli
3	LM/A/139	Dr. Abraham James Jesudas	Tirunelveli
4	LM/A/140	Dr. R. Agniraj	Chennai
5	LM/A/141	Dr. R. Anand Kumar	Puducherry
6	LM/A/142	Dr. Arun Kumar V	Vellore
7	LM/A/143	Dr. Abdul Azeem	Kottupakkam, Villupuram
8	LM/A/144	Dr. Amit Kumar Jha	Singhwar, Darbhanga, Bihar
9	LM/A/145	Dr. S. Arunraj	Kumbakonam
10	LM/A/146	Dr. S. D. Arun Prakash	Tirunelveli
11	LM/A/147	Dr. Anupam Gupta	Chennai
12	LM/B/61	Dr. S. BalaChandar	Chennai
13	LM/B/62	Dr. G. Balasubramanian	Tirunelveli
14	LM/B/63	Dr. Babu Aloy	Tirunelveli
15	LM/B/64	Dr. B. Balaji	Chennai
16	LM/B/65	Dr. BineeshChandran	Chalaky, Kerala
17	LM/B/66	Dr. S. Balaji	Vadural
18	LM/D/49	Dr. S. Deepak	Coimbatore
19	LM/D/50	Dr. A. Dorairajan	Chennai
20	LM/D/51	Dr. Dilip Chand Raja S	Chennai
21	LM/E/18	Dr. R. EzhilMaran	Arni
22	LM/F/7	Dr. S. Feroz Khan	Ramanathapuram
23	LM/F/8	Dr. S. Faraz Ahmed	Chennai
24	LM/F/9	Dr. J. Faisal	Chennai
25	LM/G/52	Dr. M. Gajendiran	Gudiyatham
26	LM/J/58	Dr. S. Jayaprasad	Erode
27	LM/J/59	Dr. K. Jothi Ganesh	Karaiudi
28	LM/J/60	Dr. Jeremy Bliss	Vellore
29	LM/J/61	Dr. P S T JambuKeswaran	Bhavani
30	LM/K/126	Dr. P. KarthikAnand	Chennai
31	LM/K/127	Dr. N. Kirubakaran	Salem
32	LM/K/128	Dr. S. Kailash	Chennai
33	LM/K/129	Dr. V. Karthikeyan	Dharmapuri
34	LM/K/130	Dr. J. Karthik	Thanjavur
35	LM/K/131	Dr. S. R. Karthick	Namakkal
36	LM/K/132	Dr. C. Karthikeyan	Chennai
37	LM/K/133	Dr. G. Karthikeyan	Tirunelveli
38	LM/L/14	Dr. M. Leelatharan	Namakkal
39	LM/M/144	Dr. R. Moses Paul	Kovilpatti
40	LM/M/145	Dr. M. MithunManohar	Gummidipundi
41	LM/M/146	Dr. P. Manikandan	Tirunelveli
42	LM/M/147	Dr. ManindraBhushan	Deoghar, Jharkhand
43	LM/M/148	Dr. P. Mathan Kumar	Namakkal
44	LM/M/149	Dr. P. MaharaJothi	Chennai
45	LM/M/150	Dr. S. Mohan Kumar	Nagercoil
46	LM/M/151	Dr. Melvin T George	Kochi, Kerala
47	LM/M/152	Dr. V Manooj Kumar	Trichy
48	LM/N/54	Dr. NarendarDasraju	Chennai
49	LM/N/55	Dr. B. Nellaiyappan	Chennai
50	LM/P/96	Dr. M. Palani Kumar	Tirunelveli
51	LM/P/97	Dr. C. Palani Kumar	Chennai
52	LM/P/98	Dr. K. Prem Kumar	Chennai
53	LM/P/99	Dr. C. Premanand	Vadavalli
54	LM/P/100	Dr. M Pranesh Kumar	Coimbatore



55	LM/P/101	Dr. D. Praveen Kumar	Ariyalur
56	LM/R/174	Dr. K. S. Raja	Dharmapuri
57	LM/R/175	Dr. S. Rajkanna	Chennai
58	LM/R/176	Dr. V. P. Raghava Kumar	Madurai
59	LM/R/177	Dr. R. Ragupathy	Erode
60	LM/R/178	Dr. S. Ravin Kumar	Tiruchengode
61	LM/R/179	Dr. S. Raj Kumar	Musiri
62	LM/R/180	Dr. A. S. Ragavendhrar	Vellore
63	LM/R/181	Dr. AR. Ramaswamy	Chennai
64	LM/R/182	Dr. B. Raghavendran	Chennai
65	LM/R/183	Dr. S. Ramamoorthy	Coimbatore
66	LM/R/184	Dr. Ram Kumar Ponraj	Theni
67	LM/R/185	Dr. S D I Ranjit	Bangalore, Karnataka
68	LM/R/186	Dr. N. S. Ramanan	Coimbatore
69	LM/R/187	Dr. Raship Khan	Nagercoil
70	LM/R/188	Dr. V. Raman	Karur
71	LM/S/337	Dr. S. Sunder	Chennai
72	LM/S/338	Dr. A. T. Senthil Kumar	Ginge, Villupuram
73	LM/S/339	Dr. S. SundaraVadivel	Karur
74	LM/S/340	Dr. S. Saravanaramu	Coimbatore
75	LM/S/341	Dr. S. Sivaraj	Salem
76	LM/S/342	Dr. P. Siva Kumar	Namakkal
77	LM/S/343	Dr. S. Saravanan	Tiruchengade
78	LM/S/344	Dr. J. Siva Prasath	Salem
79	LM/S/345	Dr. Siddharth Ramesh Babu	Chennai
80	LM/S/346	Dr. K. Satish Kumar	Salem
81	LM/S/347	Dr. S. K. Shriram	Chennai
82	LM/S/348	Dr. R. Subramani	Chennai
83	LM/S/349	Dr. Santosh Sekar	Namakkal
84	LM/S/350	Dr. M. SreeCharan	Tiruttani
85	LM/S/351	Dr. Suraj J Babar	Chennai
86	LM/S/352	Dr. Srikanth Reddy Dumpa	Guntur, Andhra Pradesh
87	LM/S/353	Dr. T. Sathish Kumar	Chennai
88	LM/S/354	Dr. S. Sriram	Chennai
89	LM/S/355	Dr. Santhosh Kumar	Neyveli
90	LM/S/356	Dr. Senthil Kumar Ganesan	Kodaikanal
91	LM/S/357	Dr. Siva Kumar V	Devakottai
92	LM/S/358	Dr. R. Senthil Nathan	Krishnagiri
93	LM/S/359	Dr. V. Selvaraj	Namakkal
94	LM/S/360	Dr. M. Seran	Chennai
95	LM/S/361	Dr. L Y Sathyanarayana	Chennai
96	LM/S/362	Dr. Shashta K Sharan	Nagercoil
97	LM/T/49	Dr. M. R. Thirunthaiyan	Chennai
98	LM/V/111	Dr. J. Vimalathithan	Coimbatore
99	LM/V/112	Dr. R. Vivekanandan	Coimbatore
100	LM/V/113	Dr. Vignesh R	Trichy
101	LM/V/114	Dr. J. Vasudeva Karim Nagar	Telangana
102	LM/V/115	Dr. K. H. Vimal Kumar	Bangalore, Karnataka
103	LM/V/116	Dr. V. Vigneswaran	Chennai
104	LM/V/117	Dr. A. Vivekanandan	Coimbatore
105	LM/V/118	Dr. C. Vasanth Kumar	Chennai



# CALENDAR OF EVENTS

Date	Month	Year	Event
12	February	2017	Informal EC Meeting of New Office Bearers at TNOACON 2017
7	May	2017	I EC Meeting, Chennai
16	June	2017	Despatch of First Newsletter
19-20	August	2017	TNOA - Prof. T. K. Shanmughasundaram Midyear CME-2017, Trichy
4	August	2017	Indian Bone and Joint Day
1-3	September	2017	17 <sup>th</sup> OASISCON 2017, Manipal, Karnataka
10	September	2017	II EC Meeting, Nagercoil
14	October	2017	Despatch of II Newsletter Announcement of TNOA Elections
12	October	2017	World Arthritis Day
16	October	2017	World Spine Day
17	October	2017	World Trauma Day
19	October	2017	World Paediatric Bone and Joint Day
20	October	2017	World Osteoporosis Day
24	October	2017	Last date for filing nominations
31	October	2017	Last date for withdrawal of nominations
14	November	2017	Despatch of ballots
30	November	2017	Last date for receiving nominations for TNOA prof. A. Devadoss Meritorious Award
5	December	2017	Last date for despatch of duplicate ballots
10	December	2017	III EC Meeting, Madurai
26-31	December	2017	IOACON 2017, Indore, MP
31	December	2017	Last date for receipt of ballots
7	January	2018	Counting of votes
27-28	January	2018	TNOA – Prof R. Ramakrishnan Gold medal for Best Postgraduate Exam, Madurai
31	January	2018	Last date for receiving nominations for best zonal club awards
9-11	February	2018	TNOACON 2018, Nagercoil
9	February	2018	IV EC Meeting at TNOACON 2018, Nagercoil
10	February	2018	Annual General Body meeting at TNOACON 2018, Nagercoil
11	February	2018	Installation of new office bearers, Valedictory function TNOACON 2018



## APPLICATION FORM

No.

Attach  
Passport Size  
Photograph  
Here

### MEMBERSHIP OF TAMILNADU ORTHOPAEDIC ASSOCIATION

Name :  
Address :

Residence

Clinic

Tel :	Tel :

Mobile :  
Date of Birth :  
Year of Passing MBBS :  
Post-Graduate Dip / Degree :  
University :

E-mail :  
Qualification :  
University :  
Year of Passing :  
Present Post :

Already a member of IOA

Yes No

If yes IOA Membership No.

#### Proposed by

Name :Dr.....  
Life Membership No .....  
Signature.....

#### Seconded by

Name :Dr.....  
Life Membership No.....  
Signature .....

I have enclosed a draft for

- ☐ Rs. 7100/- (TNOA Membership Rs.2100/- + IOA Membership Rs.5000/-)  
☐ Rs. 2100/- (If already a member of IOA). Please attach a proof for the same.  
☐ Rs.500/- (Associate Membership - Only for Post Graduates). Pl mention Year of course : .....

Please attach two photocopies of the Qualifying Degree / Diploma / Certificate from the HOD or the application proposed or seconded by HOD (for Associate Membership) and Registration Certificate of the PG Degree with the State Medical Council.

Demand Draft should be in favour of "TAMILNADU ORTHOPAEDIC ASSOCIATION" payable at Chennai

DD No.:

Dated :

Bank :

Note : The Registration fee of Rs.2100/- for Life membership includes Rs.100/- a contribution towards OASIS(Orthopaedic Association South Indian States)

Place :

Date :

Signature

#### Address for Communication

**Dr. M. ANTONY VIMALRAJ**

Secretary - Tamil Nadu Orthopaedic Association

2-A/45/12, Kubera Apartments,

Aravamudhan Garden Street, Egmore, Chennai - 600 008.

Mobile : 9566221195 E-mail: mavimalraj@yahoo.co.in

For office use :

**"Combined membership for both TNOA and IOA has been made compulsory as per decision taken in the GB meeting held at TNOACON Vellore, 2012" .**



Please submit the form to Hon. Secretary, State Chapter of your state

## Indian Orthopaedic Association

### Correct Membership Form

The Hon. Secretary,  
Indian Orthopaedic Association,  
IOA House, 69 Tughlakabad Institutional Area,  
Behind Batra Hospital, M.B. Road, New Delhi 110062 India  
Phone: +91-11-29961434, 9811967820  
Email: hon.secretaryioa@gmail.com/ioahousedelhi@gmail.com  
Website: http://www.ioaindia.org



Please Attach  
Passport Size  
Photograph Here

Dear Sir,

I wish to apply for the **Life/Associate** Membership of Indian Orthopaedic Association.  
(please fill the whole form in **BLOCK / CAPITAL LETTERS** only)

Name: .....

Postal Address: .....

State: ..... Pin code: ..... Date of Birth: .....

Other Address: .....

E-mail: I) ..... II) .....

Telephone: ..... Mobile No.: I) ..... II) .....

PG Qualification: Details include Degree / Diploma / Pass out Year / College / Institution / Place / University etc.

PG Degree / Diploma: .....

MCI Registration No.: ..... Year: .....

State / Other Association of IOA Membership .....  
(No application will be entertained without state chapter membership)

I enclose the payment of Rs: ..... By Demand Draft No.: .....

Place & Date: ..... Signature: .....

Proposed by: .....

IOA Membership No.: ..... Signature: .....

Seconded by: .....

IOA Membership No.: ..... Signature: .....

The membership fee for Life Member is Rs. 5,000/- and Associate member have to pay Rs. 2,000/- in the first term during the Ortho training (PG) and Rs. 3,000/- after MS (Ortho) etc. qualification to become Life member of IOA. Please make Daft in favour of "Indian Orthopaedic Association" payable at New Delhi.  
(Associate Membership Fee for Overseas applicant which are eligible for only associate member is \$100 One Hundred US Dollar.)

**Please attach :**

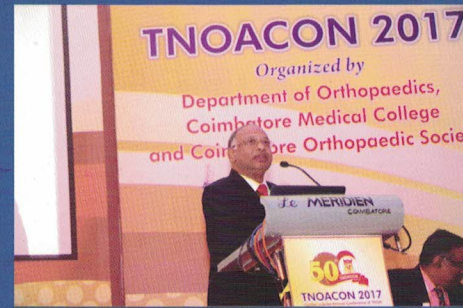
- ❖ Certified Photocopy of Life Membership Certificate of state chapter of Indian Orthopaedic Association.
- ❖ please send the membership application Form and Demand Draft at the above mentioned address only.
- ❖ Certified Photocopy of the PG Degree / Diploma to be sent along with Application Form.
- ❖ Certified Photocopy of Medical Council Registration of Orthopaedic PG Degree / Diploma to be sent along with the form.
- ❖ Certified copy from HOD is must. (This is for the ASSOCIATE member only)

**NOTE: Membership is subject to ratification in the subsequent AGM of the IOA. Allotment of membership no will follow the ratification. / Associate members have the right of attending scientific meeting and social events and engaging in all scientific discussion but they shall not attend business meetings and take part in elections.**

Membership form will be sent only by respective State Hon. Secretary to IOA Office, New Delhi



# TNOACON 2017





## Glimpses of the Spectacular TNOACON 2017

