



# TNOA NEWS

2016-2017, Issue 1, Volume 2



**TNOA Prof. T.K. Shanmugasundaram Mid Year CME, Yercaud.**



**Dr. Mohamed Farook was honoured with 'Life Time Achievement Award' during the inaugural function of OASISCON 2016**



**Elections 2016**

## TNOA EXECUTIVE COMMITTEE 2016-2017



**Dr. R. Sivakumar**  
President



**Dr. M. Antony Vimalraj**  
Secretary



**Dr. C. Raja Ravi Varma**  
Immed. Past President



**Dr. S. Ramesh Babu**  
President Elect



**Dr. R. Muralidharan**  
Vice President



**Dr. S. Muthuraman**  
Immed. Past Secretary



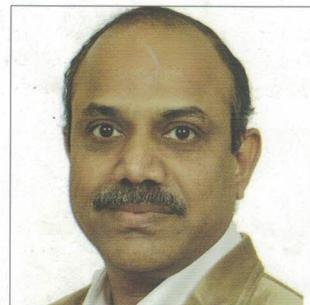
**Dr. A. Francis Roy**  
Joint Secretary



**Dr. C. Sugavanam**  
Editor



**Dr. P.T. Saravanan**  
Fellowship Secretary



**Dr. Nalli R Gopinath**  
Chennai



**Dr. R. Prabhakar Singh**  
Chennai



**Dr. Satish Devadoss**  
Madurai



**Dr. J. Maheswaran**  
Madurai



**Dr. Paari Selvaraj**  
Coimbatore



**Dr. V.P. Mohan Gandhi**  
North Zone



**Dr. A. Suresh Kumar**  
South Zone



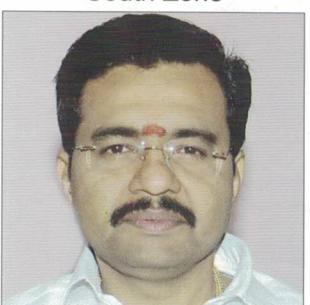
**Dr. J. Manikandan**  
South Zone



**Dr. M.A.N. Loganathan**  
West Zone



**Dr. Frankyln Kiruba**  
West Zone



**Dr. C.J. Ravi**  
East Zone



**Dr. B. Vadivel**  
Central Zone

## From the Desk of the President



Dear Honorable Members,

Greetings from TNOA...

TNOA has reached its new dimensions of conducting maximum number of surgeries for the Bone & Joint Day Celebration between 3rd to 5th August 2016. I congratulate each and every Member of TNOA who has taken pains in selecting the patient, Hospital, organizing funds for the treatment and whole hearted mindset of waiving of the fees. Nearly 250 surgeries were done and TNOA leads the rest of the States in this Mega Event.

TNOA has also brought newer concepts like "Academic Panel of TNOA" formed after the commitment of TNOA Members for the Association. TNOA Bone Health Awareness Fortnight (10th – 23rd October 2016) was conceptualized after including a cluster of Orthopaedically important dates for every practicing Surgeon in the month of October. It is the first of its kind to declare this Fortnight throughout India & World. Organizers of this Bone Health Awareness Fortnight need to be admired and encouraged since it was declared in last EC Meeting only.

Our applauds to the Organizing Committee of TNOA Prof. TKS CME, for organizing a good Academic feast at Yercaud with full hall audience of 200 delegates. Expectations are very much for the upcoming "TNOACON 2017" Coimbatore which is a landmark event "Golden Jubilee Conference of TNOA". CME's are ubiquitous throughout our State under the auspices of TNOA and we are really proud of all the TNOA Members who are fulfilling our Theme "FORESIGHT FOR BETTER TOMORROW – EMPOWER THE NEEDY".

Elections are around the corner for the next Vice President & Other Posts. Preparations for the same are in full swing by our President Elect Dr. Ramesh Babu. I sincerely appreciate the efforts, guidance and Team work of our EC Members for the smooth running of the Association.

Happy Diwali!

Always at your service

With regards,

**Prof. Dr. R. Sivakumar, M.S. Ortho., D. Ortho.,**  
President, TNOA

## **From the desk of the Secretary**

Respected teachers, senior members and friends,

Greetings from Tamil Nadu Orthopaedic Association!



Newsletter is the most important communication channel between Tamil Nadu Orthopaedic Association and its all members. This not only gives information but is a channel to make members well informed to get positive input during deliberations. We would like to maintain the outline as well as the complete plan of the newsletter as "TNOA NEWSLETTER" more informative. We have tried to incorporate news from IOA and its announcements.

I request all of you to take part in the IOA and TNOA election process and request everyone to cast their votes.

As informed in the first newsletter, for effective communications between TNOA and members we have started WhatsApp groups as "TNOA Activities Group". Already we have email communications. Those who are not receiving emails and messages are requested to send their details to me at [secretarytnoa@gmail.com](mailto:secretarytnoa@gmail.com) and 9566221195.

We have made a lot of changes in our web site and request all to visit our website, '[www.tnortho.org](http://www.tnortho.org)'.

I request all senior members to encourage juniors to become members of our association.

Our members actively took part and performed many free surgeries as part of IOA's National Bone and Joint Day - New World Record for 'The Highest Number of free Orthopaedic Surgeries, India, 3-5 August 2016'.

I also request you all to donate for our TNOA Building Fund. We have decided to meet you all in person for this.

On behalf of Tamil Nadu Orthopaedic Association I would like to welcome all of you to IOACON2016 in Cochin and TNOACON2017 in Coimbatore.

With warm regards & best wishes

**Dr. M. Antony Vimal Raj**

Secretary, TNOA

## **Dr. A. K. Gupta Trophy 2016**

**Together we can achieve**

**Dr. A.K.Gupta trophy for best state chapter is within our reach but we need to work a little extra**

**TNOA congratulates the members for performing free surgeries for Indian Bone and Joint day**

**Kindly report about your bone and joint day activities (free camps, Free surgeries, Awareness programmes etc) with photos before 25/10/2016**

**Report with necessary proof on your achievements, social activities, Presentations and Publications, Any high posts before 25/10/2016.**

**Introduce new members to IOA and TNOA**

## TAMIL NADU ORTHOPAEDIC ASSOCIATION, EXECUTIVE COMMITTEE MEMBERS 2016-17

### President:

**Dr. R. Sivakumar,**

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### President Elect:

**Dr. S. Ramesh Babu**

SPOT Hospital,  
No 26, Dr.Ambedkar road, Kodambakkam,  
Chennai -600024  
Ph: 9840125909,  
email – srborth@gmail.com

### Vice President:

**Dr. R. Muralidharan**

City Hospital  
Pavalam Trauma Centre  
4/361,Gandhi Nagar, Trichy Road  
Dindigul – 624 005

### Immediate Past President:

**Dr. C. Raja Ravi Varma,**

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### Secretary:

**Dr. M. Antony Vimalraj**

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### Joint Secretary:

**Dr. A. Francis Roy,**

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#### Treasurer

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**Executive Committee Member South Zone:****Dr. A. Sureshkumar**

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(OASIS)****Dr. R. Selvaraj,**

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Email: drselvaraj@gmail.com

## Important Announcements

### Post graduates

#### 1.TNOA – KMC Postgraduate quiz

#### 2.TNOA – Prof.R.Ramakrishnan gold medal exam for post graduates will be conducted at Nagercoil.

3.TNOA – Cholamandalam ortho PG fund ; This was instituted in TNOA by the organisers of the TNOACON -2005 Cuddalore to provide financial grant to two deserving postgraduates in the state of Tamilnadu.The selection of the recipients is based on the academic credentials and research work.The Head of Orthopaedic departments of teaching institutions in Tamilnadu are requested to forward the name of one candidate in their institution based on their apttitude for research.The name of the candidate and his biodata with the letter of recommendation from the head of the department should reach the Secretary –TNOA on or before 30th November 2016. The selected candidate should present his work in the next conference.

#### The TNOA - Prof.A.Devadoss meritorious award for senior surgeons above 60years

This award will be awarded to the senior TNOA members above 60years for the extraordinary service to the profession and community. Applications for the award should be through nomination. The nomination forms with necessary attachments should reach the secretary on or before 30th November 2016.

## Important Dates to Remember

TNOA Bone Health Awareness Fortnight : 10<sup>th</sup> to 23<sup>rd</sup> October, 2016

### TNOA Elections:

Last date for filing nominations : 24<sup>th</sup> October, 2016

Last date for withdrawal of nominations : 31<sup>st</sup> October, 2016

Last date for request of duplicate ballots : 30<sup>th</sup> November, 2016

Last date for receipt of ballots by Election officer : 31st December, 2016

### IOA Elections:

Start of Online elections : 20<sup>th</sup> October, 2016

Last date for request of duplicate ballots : 1<sup>st</sup> November, 2016

Last date for receipt of ballots by Election officer / End of Online voting : 25<sup>th</sup> November, 2016

Last date for nominating for TNOA Prof. A. Devadoss Meritorious Award : 30<sup>th</sup> November, 2016

Last date to apply for TNOA FELLOWSHIPS 2017 : 1<sup>st</sup> December, 2016

Last date to apply for Best Zonal Club Award : 31<sup>st</sup> January, 2017

IOACON 2016 Kochi : 12<sup>th</sup> to 17<sup>th</sup> December, 2016

TNOACON 2017, Coimbatore : 10<sup>th</sup> to 12<sup>th</sup> February, 2017

## **Minutes of the 2nd EC Meeting on 18.09.2016**

### **Hotel Le Meridian, Coimbatore**

This EC meeting was attended by:

Prof. Dr. R. Sivakumar, President,

Dr. M. Antony Vimal Raj, Secretary,

Dr. R. Ramesh Babu, President-Elect,

Dr. R. Muralidharan, Vice President,

Dr. A. Francis Roy, Joint Secretary,

Dr. Raja Ravi Varma, Immediate Past President,

Dr. C. Sugavanam, Editor,

Dr. P. T. Saravanan, Fellowship Secretary,

Dr. Nalli R Gopinath, Treasurer, and

zonal EC members

Dr. Satish Devadoss, Madurai

Dr. J. Maheswaran, Madurai,

Dr. A. Suresh Kumar, South Zone,

Dr. J. Manikandan, South Zone,

Dr. Franklyn Kiruba, West Zone,

Dr. M. A. N. Loganathan, West Zone,

Dr. Paari Selvaraj, Coimbatore,

Dr. C. J. Ravi, East Zone,

Dr. B. Vadivel, Central Zone

Dr. V. P. Mohan Gandhi, North Zone

Dr. R. Selvaraj, OASIS, Vice President,

Dr. S. G. Thirumalaisamy, Org. Chairman, TNOACON 2017, Coimbatore,

Dr. Vetrivel Chezhian, Org. Secretary, TNOACON 2017, Coimbatore,

Dr. Krishna Kumar, Org. Secretary, TNOACON 2018, Nagercoil,

Dr. S. R. Sunder Rajan, Coimbatore Ortho Society (COS), Special Invitee

Dr. G. Balasubramanian, Organising Committee Member, TNOACON 2017,

Dr. Lenin Babu, Organising Committee Member, TNOACON 2017

The meeting called to order by 9.30 am

Welcome Address - Dr. R. Siva Kumar, President

Prof. Dr. R. Siva Kumar, President welcomed all the members and in his presidential address he discussed on the following topics.

Presidential Theme "EXPLORE TAMILNADU" Public Awareness programmes and CME's to be conducted in suburban and rural areas within 5 months.

For Bone and Joint day programmes, Secretary was appreciated for organizing the programmes in an excellent manner and executing the programmes. He also thanked IOA president and National Co-ordinator of IOA Dr. Raja Ravi Varma for this extended co-operation.

President thanked Dr. Muralidharan for conducting the Extraordinary EC meeting held at Dindugal.

He thanked all the EC members for their support and asked them to follow up immediately in collection of documents, datas, reports, hard copies from the members who have performed surgeries. As per reports in Tamilnadu 230 surgeries performed and documents received for 94 surgeries in complete and 17 reports were incomplete due to first witness particulars not given.

President thanked all members for lending their support and co-operation for the conduction of free surgeries for the world record and said that copy of all the documents of the surgeries sent to IOA should be send to TNOA.

He especially congratulated and appreciated the South Zone for performing most number of surgeries. He informed CERTIFICATES will be given from TNOA for the participated orthopaedicians. He informed that Academic panel to be constituted and it should be continuous process.

Academic Panel

Stage 1

Selection of these Academicicians, are only arbitrary as of now in the 1st stage. The term "arbitrary" means he/she

can be chosen or suggested by any EC Members or his comrades from that district without any prejudice / without any selection criteria.

#### Stage 2

Those who are selected arbitrary will be put up in common pool, TNOA will ask their commitment for their academic deliberations, attendance in TNOA CME's & Conferences, obliging TNOA's request to go as a faculty within the state or outside the state.

#### Stage 3

Once the faculty gives their commitments to the TNOA by mail or letters they will be sorted out in the Academic Panel.

#### Academic Panel – FAQ

1. Who are the members to be selected? Is there is any age limit?

Members to be selected are Teaching Faculty, Technical Experts in any corporate and no age limit.

2. Will the teaching institution faculty alone be selected?

Teaching Institution Faculty may be selected. Apart from the teaching faculty any member faculty who is active, interested in teaching will be part of the panel who can be young or old, in metro or mofussil towns Hospitals.

3. Are retired people eligible?

Retired faculty Members who are also active in practice are eligible.

4. What is the advantage for TNOA?

TNOA will be armed with best committed Panel Members in the speciality to deliver the best of speciality guidelines & practice to the upcoming juniors. The presence of committed Panel Members empowers TNOA to conducts Academics without hassle. The list of committed Panel Members will be ready at any given part of time.

5. What advantage do the Members get?

Member will be a part of renowned panel & Prestigious Organization, it will nourish the Academic zeal & carrier growth of

The Member and they will get the certificate of accreditation from the Association.

6. Will this list be final?

The list can be altered from time to time with more of additions & less of deletions

7. Do we need any minimum years of experience after P.G to enable him to be included in panel?

5 years

8. Do we need to get individual surgeon's consent regarding where he wants to be enlisted (Spine, Trauma, Arthroplasty, Arthroscopy, Paediatrics)

You need not. TNOA will ask their interest of ORTHOPAEDICS & their commitment after you have suggested their names.

9. Can a surgeon be included in all sub specialities?

Depends on his caliber & commitment

10. Everybody does trauma surgeries, how to choose trauma panel?

Even in single panel how to fix the order of surgeons.

This will be finalized by the EC at the concluding stage.

Now only BOA is having a similar panel. He requested the

Co-operation of all members to make TNOA a role model to other states. He restricted that faculties must have commitments not only to their specialities but also towards TNOA.

#### OBITUARY

One minute silence was observed to condole the demise of:

**Prof. Dr. M. Duraisamy (LM/D/9)**

DOB: 23.03.1944

Expired on: 04.08.2016

Prof. M.Duraisamy –LM/D/9 was born in 1944 and expired on 04.08.2016. President elect Dr. Ramesh Babu in his remembrance talk told that he had served under him as PG Student and Asst.prof in Govt Royapettah Hospital. Dr. Duraisamy was very jovial in nature and helped his PG Students in an elaborate manner. After Retirement he established his service in Karur.

**Dr. K. Saravanan**

The house also mourned the Demise of Dr. K.Saravanan of Perambalur- Born on 28-04-1972, native of Esanai

village in Perambalur district, Joined MBBS in 1989 in Thanjavur Medical college; Subsequently did his D.Ortho from Madurai Medical College in 1996. He joined service in 1998 in Ariyalur and his last working place was in Perambalur GH. He did lot of work in Perambalur GH and owned a hospital in Perambalur – Annai Hospital.

Condolences letter to be send from TNOA to the bereaving family members.  
Cessation of records and communication to them in future from TNOA to be done.

#### **SECRETARY REPORT:-**

Dr. Antony Vimal Raj, Secretary presented his reports.

Total number of life members is 1546. 34 new life membership applications have been received and to be ratified in the forthcoming annual GBM and 3 new associate members.

Addresses to be updated and the application for new membership available in TNOA website and in News letter. He informed the achievements by our members.

1. Dr. Rajasekaran -SICOT President
2. Dr. Raja Ravi Varma - National committee co-ordinator of IOA Bone & Joint day.
3. Dr.S. R. Sundarraj, Coimbatore - President of foot and ankle society.
4. Dr. Prakasam - National vice president of IMA.
5. Dr. Palanikumar, Erode participated Kolkatta.
6. Dr. Ashok Sunil Gavaskar, Chennai - AAOS best video Award.

He listed the conferences and CMEs held after the last EC meeting.

Conference -1

Mid-Year CME -1

CMEs -10

#### **Conference: OASIS TRAUMACON 2016**

1st OASIS TRAUMACON 2016 was held on 9th & 10th July at Hotel Hyatt, Chennai

Dr. P.V.Jayasankar was the organising secretary.

Mid-Year CME: Prof. TKS Midyear CME at Yercaud on

#### **CMEs:**

1. Midwest Arthroplasty CME
2. TNOA Research Methodology Worshop -31/07/2016 at GRH.
3. Club Foot CME –MMC & RGGGH, Chennai 03/06/2016
4. CME On Revision Total Knee Replacement And Hands On Workshop on Primary Total Knee Replacement- Prof. K. Raju's Superannuation
5. CME on Periarticular fractures Sep-3rd Spot Hospital
6. Rex Ortho Hospital-Coimbatore - Current Trends in HIP & Knee Replacement - 9th July
7. Coimbatore Trauma Conclave- Lower Limb Trauma- 10th July
8. Coimbatore Arthroplasty Course- Superannuation of Prof. Elangovan - 27th August
9. Tuty Arthroplasty 2016 was conducted on 27th August, 2016 at Tuticorin
10. Paediatric Hip Update- Vasanthi Ortho Hospital - 14th August

#### **Forthcoming Events**

MOSCON 2016 - September 23rd and 24th

#### **National Bone and Joint Day**

President invited Dr. C.Raja Ravi Varma National Co-ordinator of Bone & Joint day of IOA to present his deliberations – Dr.Raja Ravi Varma

Appreciated the president and the secretary for their excellent efforts in the conduction of bone & joint day surgeries. He congratulated all the EC members and all the members for their co-operation. He informed that in India the surgeries were conducted in 22 states, and officially 649 members have done more than 1000 surgeries and 500 or more not being reported officially. He informed that TNOA stood first with 115 surgeries performed of which 17 were with incomplete documents. The incomplete documents are due to wrong addressee, patient name not written, doctors not signed the second page of the undertaking forms, First witness particulars not properly filled up

(he had made amendments by getting the signatures from the lawyer of IOA), image of surgeries, scanned copy of the News paper articles covering the entire page. He said that he had sent an e mail blast regarding this. He also informed that the Spirit is more important than the numbers.

He told all the documents should be routed through TNOA to IOA, but many of them have directly to IOA official mail id instead of sending to the mail created for this purpose ioabjd2016@gmail.com. He has requested the world record association to extend some more time to complete the procedure of compilation of reports. He requested the EC members to collect all completed forms and send it to TNOA within Wednesday. Only after that the final figures can be obtained. The surgeries done in private hospitals were taken into account and not the ones conducted in Government hospitals. Certificates will be given to the members who have done the surgeries appreciating their participation.

President thanked the national co-ordinator and told TNOA took a stand and contributed with whole heart and the secretary will help to send the list of doctors have submitted documents and if necessary will be send again if needed.

#### FREE PAPERS MEDAL to improve upon the academic side of TNOA

Prof. Dr. R. Sivakumar, President said that Arthroscopy/ Arthroplasty/ Foot and ankle/ Spine/ Paediatric ortho, Orthopaedic oncology free paper medals will be formed and requested TNOACON to formulate papers in the same category and to give medals and certificates in the above category also

Dr. Muralidharan told that in 2008, best papers in each session were given certificates.

Dr. Selvaraj opined that Certificates can be started.

Dr. Ramesh Babu recommended instead of free papers, best paper certificate plus medal can be given.

Dr. Raja Ravi Varma clarified that for Specialty Medal since No donor was available there were no medals given but certificates were given. Dr. Sundarraj insisted that Foot and ankle surgery to be included and told there are already 200 members in the Foot and Ankle society.

Dr. Sivakumar informed that suggestion was well taken by the EC.

Dr. Thirumalaichichamy informed Medals are given for meritorious papers.

Prof. Dr. R. Sivakumar, President stressed the need of Criteria in Brochure. Dr. Ramesh Babu told Best paper should be mentioned and informed.

Dr. Sugavanam recommended 1 Medal, 1 Candidate, 1 paper.

Dr. Raja Ravi Varma opined if we could get the donor members –medals on trial basis can be given by organizing committee.

#### Fellowship Secretary Report

TNOA - Inland Fellowship

4 fellowship

2 weeks

Venue Ganga hospital

M.S.(Ortho) -Prof. A. J. Selvapandian

D.Ortho -Dr. Muralidharan & Dr. Vanasekar

#### TNOA Foreign Fellowship (1) AVAILABLE

Below the age of 50 years

Is conducted once in 2 years.

The selected candidate would be sent after perusal of his application

Fellowship period : Three to Four weeks – Selected candidate must completed their Fellowship before the call for the next Foreign Fellowship is advertised in TNOA Newsletter.

Fellowship grant: Rs 50,000 / Fellow & Complimentary Registration to TNOACON

Venue: The choice of place of Fellowship shall be left to the Fellows. The TNOA shall help the Fellow in this regard.

Thanks to Dr R Mohandhas for fixing the venue.

#### TNOA Prof A Subramanian Travelling Fellowship for Consultants

Above the age of 50 years.

This foreign fellowship was started in the name of Prof. Dr. A. Subramanian for which application are called for once in 2 years.

#### TNOA- Dr. K. R. Venkateshwar Memorial PG Travelling Fellowship

The selection shall be in the form a written examination during our annual conference TNOACON 2017 @ Coimbatore.

Complimentary REGISTRATION to TNOACON 2018

TNOA – Prof. R. Ramakrishnan PG Gold Medal

The selection shall be in the form a written & clinical examination during the month of January 2017 at Nagercoil by Kanyakumari Orthopaedic Association.

Fellowship Secretary to be the coordinator (on behalf of TNOA).

### **Report of Organising Secretary, TNOACON-2017 – Dr. Vettrivel Chezhian**

Organising Committee meetings

First Meeting- Taj Vivanta 08.08.2015

Second Meeting on 03.10.2015 Rathna Residency

Venue selection

Bank account opening, PAN CARD

FORMATION OF CORE COMMITTEE

Dr.TMS

Dr.V.R

Dr.Bala

Dr.Ajay

Dr. Paari

Dr.Vetri

Third meeting 23.01.2016 Rathna Regent COS meeting discussion about venue selection

LeMeridien Vs Codissia.

Web design was discussed and approved- Assigned to Dr. R. Jeyakumar

Fourth meeting - 20.12.15 - EC MEETING-LeMeridien

VENUE Inspected by TNOA Office bearers and EC members

Fifth meeting 17.02.2016-Ganga Hospital

AGENDA

Scientific committee work was streamlined

Theme approved

Advance to Le Meridien paid.

Account opened

Pan card was also received

Agenda

Scientific committee work was streamlined

Once a month core committee meeting from March-August 2016

Cosmo club

Scientific update

Trade data collection

Trader Meeting on 19.09.16 Ganga Hospital

Commitment from the venue management

3 Halls of Kovai ball room-complimentary

Pearl hall complimentary

Path way west side complimentary

CRYSTAL RS. 50,000 / DAY

Exhibition area – if used 1 lac / day

Food will be served in the venue

No logistical support

Parking area will be provided.

**BUDGET – Total 2.4 cores**

Venue & Food -1.2 crores  
Stall arrangement-15 lacs  
Stationeries, Printing, Postal -5 lacs  
A-V For halls and other places -10 lacs  
Grand Gala Dinner 1000PAX -20Lacs  
Entertainment -5Lacs  
Liquor -7 lacs  
Electrical -2 lacs  
Web site Rs 15,000  
Auditor Charges  
Id card -1 lac  
Souvenir -2 lacs  
Sports -50 thousand  
Compliments – 5 lacs  
Spouse entertainment -2 lacs  
Transport -5 lacs  
Security -1 lacs  
Dress code -2 lacs  
Seed money to repay + TNOA payment -10 lacs  
Budget-2.4 crores  
30 lakhs-Registration  
30 lakhs –Room rent

Totally 1.8 crores to be collected as informed by Dr.Thirumalaisamy.

Zimmer-10 lakhs / S/N-10 lakhs / Dep-10 lakhs/B.su-10 lakhs/40 lakhs, 80 lakhs / from implant companies.

1.1 crores- 2 lakhs / per stall / Companies.

Budget review-2.4 crores / 2 lakhs confirmed / 80 lakhs.

Venue-written.

Agreement with Le-meridian

Associated with Top leaders of Hotel and with chairman

Chairman-Taking plan

Scientific Programme - TNOACON 2017

Advisor –Prof. Dr. S. Rajasekaran

Dr. Velasamy Raveendran

Dr. G. Balasubramanian

Dr. Ajoy Prasad Shetty

Dr. B. R. J. Sathish Kumar

Theme

Evolving Orthopaedic science over the golden years

Golden Jubilee TNOACON 2017

Faculties Overseas

-Prof. Ranawath CME-Future Challenges.

-Prof. Marc F. Swiontkowski USA, -Chief Editor JBJS

-Prof. John Timperley UK

- Prof Toby - Italy

- Dr. Bilal Farr

Golden Jubilee TNOACON 2017

“EVOLVING ORTHO SCIENCE OVER GOLDEN YEAR”

Discussion On TNOACON 2017

President, Dr.Sivakumar informed planning of TNOA- Conference no CME

No session on Sunday afternoon

Orations / Inauguration – Evenings

N.S.Narasimhan Orator- Dr. Mohandoss, Nagercoil

Prof. M. N. Oration - Dr.Raja Ravi Varma

Medals sessions on Friday and Saturday mornings.

Dr.Selvaraj said that 2.1 /2 days conference –medals can be completed by Friday / Saturday.

President, Dr. Sivakumar said medal session on Sunday morning make interesting

President, Dr. Sivakumar -G.B on Saturday – 4pm

-Valedictory function – 12 to 1pm.-Agreed

-EC meeting Saturday – 1 - 2pm

PG Quiz preliminaries – Saturday 3to4 pm

PG Travelling Fellowship Exam –Friday4 to 5 pm

Inspection of venue-approved

Budget approved-Dr TMS-Onus of -2.4 crores.

3 lakhs –contributory fund for TNOA-10 %increased approved.

Please inform promptly without delay

what's App- update PROMPT AND IMMEDIATE

Matter of office Bearers to contribute and do not mistake principle for EC.

Focal-Organising secretary and 1 organising chairman.

TMS -Co-ordinating well

-No communication Gap

-First member of committee of chairman of contacts.

-Joint secretary and vice president-next line of contacts.

-Dr. Sugavanam to be included in scientific committee.

-Dr. Muralidharan to be included in Food and logistics committee.

DVD / possible/ on request- Rs.100/- option

Dr. Selvaraj- photograph to speaker-Important link.

Secretary should be given full set of photos and videos.

TNOA office should be given.

-Placards for Funds may be displayed.

-“TARGET 10000” for building fund

- Honouring the Past Presidents

-First 2 rows of seats for past presidents and secretaries.

-Flex for past President / Secretary

-As a Token of Honour – Free Registration for TNOA past presidents and it should be communicated to them early.

### **ZONAL Reports:**

Zonal EC members presented their report.

### **Report of Organising Secretary, TNOACON-2018 – Dr. Krishna Kumar**

Chairman

Dr. R. Mohan Doss,

Office Secretary: Mr. J. Martin Sundar Singh

Contact: 971 522 2886

Three meetings conducted so far

10/03/2016 First meeting

03/04/2016 Second meeting

07/05/2016 Third meeting

The theme for the conference is “Articulate Orthopaedics”

Conference Committee Members

Patrons

Dr. K.C. Mohan

Dr. K. Kuthalingam

Scientific

Dr. C. Muthuraj

Dr. S. Krishna kumar

Dr. Mohamed Zubair

Dr. Johny Mandice

Dr. M. Srinivasan

Sports

Dr. R. Ramadhas



24.10.2016-Nomination  
31.10.2016-withdrawal  
14.11.2016-Ballot  
30.11.2016-Last date to request for duplicate ballot  
31.12.2016-last date to receive ballot by election officer  
8.01.2016-counting  
12.02.2016-New office bearers  
-Regular Ballot paper  
-Prepaid post-self stamped  
-Preferable by courier-suggested by SK & RRV  
-Trial E-voting - Request next president elect to try e voting

**OASIS matters** - Dr. Selvaraj- Vice president, OASIS

OASISCON on 9th to 11th September

Tamilnadu-152 registrations in OASISCON.

CME-Day -1 four Faculty from TNOA - 4 lectures

-Day-2- One Guest lecture

-Dr. Krishna Kumar was the Guest Speaker.

One more OASIS –EC member –Joint secretary of TNOA

Dr. Mohammed Farook received the Lifetime Achievement Award.

Dr. P. Gopinath Menon delivered the prestigious 'Prof. S. S. K. Marthandam Oration' during the OASISCON 2016.

Dr. P. V. Vijayaraghavan delivered the past president oration.

#### **IOA matters:**

IOACON-2016 is to be held in Kochi from 12th to 17th December.

Dr.C.J.Ravi-To motivate TNOA members to take membership in IOA.

Dr.Sivakumar suggested on IOA membership.

Since Dr. Vijayaraghavan, past president of TNOA is contesting for the post of Vice President of IOA, it is decided to support him officially.

#### **Grievances from Members**

Physiotherapists practicing as doctors - to get court judgement copies from Dr. Leonard Ponraj, Chennai.

Letter to Dr. Nagappan regarding litigation

Medico Legal Panel

- ECM resolves the two experts

1. Dr. Samson

2. Dr. Chidambaram, to revive the panel

-Not functioning

-Letter to Dr. Nagappan regarding litigation a reply letter to be send with Legal notice with expert's Medico Legal opinion.

-Request Dr.Chidambaram and Dr.Vijayaraghavan, Dr.Samson, Trichy to reply

#### **Any Other Matters:**

TNOA BONE HEALTH AWARNESS FORTNIGHT

President Dr. Sivakumar suggested to conduct TNOA Bone Health Awareness Fortnight from October 12th to 20th and was accepted EC.

State co-ordinators – Madurai EC member Dr. Maheswaran and Dr.Ramesh Babu.

Club Foot Foundation

-Dr. Krishna Kumar, Nagercoil, have done surgeries for 2 years for free of cost for club foot patients.

-KKOH - Ponseti Plastering – free training for Junior surgeons & PG's also given there.

**Insurance:** It is decided to submit report to Government.

**Vote of Thanks**–By Dr. Antony Vimal Raj, Secretary

Meeting Adjourned By 3.30 PM.

# **Minutes of the Extra-ordinary Executive Committee Meeting 21st August 2016 - Yercaud during Prof. T. K. S. Midyear CME**

Following members attended the meeting:

Dr. R. Sivakumar, President,  
Dr. M. Antony Vimal Raj, Secretary,  
Dr. R. Ramesh Babu, President-Elect,  
Dr. R. Muralidharan, Vice President,  
Dr. A. Francis Roy, Joint Secretary,  
Dr. C. Sugavanam, Editor,  
Dr. B. Vadivel, EC member, Central Zone  
Dr. Franklyn Kiruba, EC member, West Zone,

Following Co-opted Members also attended the meeting:

Dr. Mukesh Mohan, Org. Secretary, Prof. TKS Mid-Year CME, 2018, Trichy  
Dr. Mohana Sundaram Org. Secretary, Prof. TKS Mid-Year CME, 2017, Salem,  
Dr. Kamalanathan, Org. Chairman, Prof. TKS Mid-Year CME, 2017, Salem,

Prof. Dr. Siva Kumar, President, TNOA welcome the participants.

He suggested to name this EC meeting as Mid-Year EC meeting and this should be made compulsory for all EC members to attend and congratulated all the EC members for the Good job done.

**BONE & JOINT DayFree Surgeries - Exact records not established.**

Dr. Muralidharan told that EC members will be asked to inform the exact surgeries performed.

**Approximately 182 surgeries were done as follows in various places:**

Chennai – 50

Thiruvannamalai – 5

Erode – 3

Salem – 5

Central Zone – 25

PTS – Zone – (Kanchipuram) Dr. Mohan Gandhi to be contacted

East Zone - 20

Coimbatore - Ganga – 8, KMCH – 4

Madurai – 25

South Zone – 17 + 20

EC congratulates all the members for their Co-operation.

Prof. Dr. Siva Kumar, President, TNOA said that all official communications to TNOA members should be through TNOA only. Dr. Suguvanam suggested that Zonal EC members to co-ordinate and inform state office bearers. Check list prepared by Secretary was appreciated. Next week, a press meet will be organised in Chennai. It was decided to give an Appreciation certificate to the members by TNOA. It was decided to honour the Hospital and Anaesthetists by local clubs.

It is informed that 2 Consecutive meetings if not attended by EC members will be viewed seriously and action will be taken. Dr. Roy was requested to prepare and update addresses of members and prepare Do's DONT's of EC members.

Prof. Dr. Siva Kumar, President, TNOA said to prepare a faculty panel of TNOA. Dr. Muralidharan said that GB approval is needed for this.

#### Free Paper medals:

It was decided to give 5 medals for free papers in the following subspecialties - Arthroplasty / Spine / Arthroscopy / Orthopaedic Oncology / Paediatric orthopaedics in the forthcoming TNOACON2017, Coimbatore. There shall be separate sessions for these medals apart from TNOA Medal Sessions.

#### TNOA BUILDING:

Since there is no agreement till now it is decided to go for an agreement with the builder before giving the next payment. President & Secretary shall sign the agreement.

#### ELECTION:

Dr. R. Ramesh Babu, President-Elect will be the election officer.

He said that announcement will be made in the next newsletter.

This year election will be by ballot by postal.

He explained a Model Electronic System for voting like credit card payment using phone Number, no email id is needed. OTP Pin Message will be sent. Can be checked thoroughly. 100 Members only for sampling. Trial cost Rs. 30,000/- will be borne by Dr. Ramesh Babu. It was decided to discuss this in detail in the next EC meeting at Coimbatore.

#### Midyear CME:

Dr. Sugavanam suggested for 2 days CME.

Prof. Dr. Siva Kumar, President, TNOA suggested that it should be a Sub speciality CME with one common topic and also suggested to include a free paper Session. It was decided to get GB approval for these changes.

Meeting ended with vote of thanks by secretary.

## EDITOR'S REPORT

Dear TNOA Members ,

Greetings. It gives me immense pleasure to communicate through the TNOA NEWS LETTER as the Editor of the TNOA Journal. Our TNOA is growing in Strength and Spirits over the years.



This issue, which was released in Midyear CME, Aug 2016 at Yercaud, is being posted to all the members. Hope all of you would have got the Journal by Sep 30. Please inform your EC member, in case if you have not received the journal by SEP30.

Indexing our Journal is getting into the next stage. We have approached the Publishing companies for the purpose. The discussion and Budgeting for that has already started in the EC meetings . We will take it forward and get the journal indexed soon.

Please continue to contribute for the Journal as the need for documentation, presentation and publication continues to rise due to various reasons . Hospital Certification like NABH do require documentation of all the clinical activities particularly complications. Career Promotion in the Teaching Hospitals by various authorities do insist on the publications.

Any suggestions for improvisation of the Journal are welcome from any of the members.

With warm regards

**Dr. C. Sugavanam,**

London Ortho Speciality Hospital,

Opp to Anna Park, Omalur Main road, Salem- 636009

Ph: 9150589922

Email : [drsugavanam@gmail.com](mailto:drsugavanam@gmail.com)

# Tamil Nadu Orthopaedic Journal

TNOA welcomes scientific material for publication in the  
**Tamil Nadu Orthopaedic Journal**

Two copies of the manuscript along with print version in MS word on a CD and neat and clear illustrations should be submitted. In case one wishes to send articles on-line, it should be sent in word document format for written materials. Pictures must be sent in a C.D. only by post/courier.

**Preparation of manuscript:** Type manuscript on white bond paper 22 x 28 cm with liberal margins of at least 2.5 cm. Use double spacing including title page, abstract, text acknowledgements, references, tables and legends of illustrations. Begin each of the following sections on separate pages. Number pages consecutive, in the upper right corner of each page.

**Title Page:** The title page should contain

1. The title of the article, which should be concise but informative,
2. A short running head or foot line of no more than 40 characters,
3. First name, Middle and last name with initial of each author.
4. Name of Co author(s)
5. Name of department(s) and institution(s) to which the work should be attributed,
6. Disclaimers, if any
7. Name and address of author including phone number/mobile number and e-mail if any, for any clarifications.
8. The source of support in the form of grants, equipment, drugs, none or all of these.

**Abstract:** An informative abstract of about 150 words must accompany each manuscript, it should be suitable for use by abstracting journals and include data on the problem method and materials, results and conclusion.

**Key (Indexing) terms:** Below the abstract, provide and identify as such, three to ten key words or short phrases that may be published with the abstract and that will assist indexers in cross-indexing your article. Use terms from the medical subject heading list from the Index Medicus whenever possible.

**Introduction:** Acquaint the readers with the problem and quote the most pertinent paper. Mention clearly the purpose of the work.

**Material and Methods:** Explain in detail, elaborately and clearly, your clinical, technical or experimental procedures. Previously published methods should be cited only in appropriate references. Mention the number of patients or cases in words e.g five patients instead of 5 patients.

**Results:** Describe your findings without comment. Include a concise textual description of the data presented in tables, charts and figures. Please prepare tables/charts as a separate document in word and send as separate folder without mixing up in the word document.

**Discussion:** Comment on your results and relate them to those of other authors, define their significance for experimental research of clinical practice. Arguments must be well founded.

**Tables:** Tables should be self-explanatory and should supplement, not duplicate the text. Type each table on a separate sheet with double space. Number tables consecutively with a brief title for each. Give each column a short abbreviated heading. Place explanatory matter in footnotes. If you use data from another published or unpublished source, obtain permission and acknowledge fully. Please prepare tables as a separate document in word and send as separate folder without mixing up in the word document.

**Illustrations:** Use only those illustrations that clarify and increase understanding of the text. All illustrations must be numbered and cited in the text. Two black and white glossy print photographs of each illustration should be submitted. The following information should be typed on a gummed label and affixed to the back of each illustration; figure number, title of manuscript, Name of senior author, and arrow indicating top. Please do not write in ink at the back of the photograph. All illustrations have to be sent, as separate JPEG image files in a C.D. Colour pictures are also welcome.

**A word on scanning or digital imaging:** It is preferable to scan pictures in 300 dpi. If pictures already taken have to be chosen please use Photoshop and save as jpeg in minimum 300 resolutions. Digital images may be made in 3.0 or more mega pixels. This will help in prevention of distortion of pictures when enlarged.

**Legends for illustrations:** Type legends/captions for illustrations double - spaced, starting on separate page with arabic numerals corresponding to the illustrations.

**References:**

In the text should include only those that are important and have been studied in fully by the authors. References are a must for any article and those without references would be rejected.

**Case Reports are welcome and such case reports and other short submission should be sent in the format of a full paper including and abstract and captions.**

**All submission should be addressed to:**

**Dr. C. Sugavanam, London Ortho Specialty Hospital, Opp To Anna Park, Omalur Main Road, Salem- 636 009. INDIA**  
**Phone No: 0427-2353033 / 91505-89922, Mobile No: 98427-04849, drsugavanam@gmail.com**

**Note:** Kindly visit the official website of the Tamil Nadu Orthopaedic Association ([www.tnortho.org](http://www.tnortho.org)) for details of submission of scientific material for publication in the Journal. We encourage case studies more than single case reports since the TNOA is aiming at making the journal a listed journal.

## FELLOWSHIP SECRETARY'S REPORT

Distinguished Members,

Greetings. I am happy to invite applications from eligible members for the following TNOA FELLOWSHIPS 2017.



From Life Members of TNOA:

A. Inland Fellowships(Age: Less than 45 years)

i. Prof. A.J. Selvapandian TNOA Travelling Fellowship

2 Fellows [M.S.Orth., / D.N.B.Orth.,]

ii. Dr. R. Muralidharan – Dr. M. Vanasekar TNOA Travelling Fellowship- 2 Fellows [D.Orth]

Fellowship period: Two weeks – 3rd& 4th week of January 2017

Fellowship grant: Rs 10,000 / Fellow& Complimentary Registration to TNOACON

Venue for this year: GANGA HOSPITAL, COIMBATORE.

B. Foreign Fellowship

iii. TNOA Foreign Fellowship - 1 Fellow [M.S.Orth., / D.N.B.Orth.,]

(Age: Below 50 years)

Fellowship period: Three to Four weeks – Selected candidate must complete their Fellowship before the call for the next Foreign Fellowship is advertised in TNOA Newsletter.

Fellowship grant: Rs 50,000/-& Complimentary Registration to TNOACON

Venue: The choice of place of Fellowship shall be left to the Fellows. The TNOA shall help the Fellow in this regard. The TNOA with its good office can fix up a place for the Fellowship.

SELECTION CRITERIA and APPLICATIONS for the above INLAND & FOREIGN FELLOWSHIPS are enclosed. The LAST DATE for receipt of completed applications is on 01st December 2016.

I sincerely request all those members who are eligible, to apply for these fellowships, which will definitely enrich your knowledge and better your skills. I further request our teachers, senior members and colleagues, Orthopaedic HOD's of various medical colleges / PG Institutes of our state, TNOA EC Members and our Zonal Clubs Office Bearers to motivate and encourage more members to apply for these prestigious fellowships of our associations.

Warm regards,

**Dr. P.T. Saravanan**

Fellowship Secretary, Tamil Nadu Orthopaedic Association,

Sangeetha Ortho Center, 26/110-A, Kamarajar Street, Kancheepuram – 631501.

Phone: 98423 55099, 044 6727 0037

E-mail: ptsaravanan@yahoo.com, fellowshipsecretarytnoa@gmail.com

Note:

Ø TNOA Prof A Subramaniam Travelling Fellowship for Consultants will be called for once in two years alternatively, hence the TNOA Foreign Fellowship for above 50 years will be invited next year.

Ø TNOA Dr. K. R. Venkateshwar Memorial PG Travelling Fellowship for Associate Members (Post-Graduates): selection shall be in the form of written examination during our annual conference TNOACON 2017 @ Coimbatore.

## TAMIL NADU ORTHOPAEDIC ASSOCIATION TRAVELLING FELLOWSHIP

Please tick the box opposite the Fellowship Programme you wish to apply for :

**The Prof. A.J. Selvapandian TNOA Travelling Fellowship**

**The Dr. R. Muralidharan-Dr. M. Vanasekar TNOA Travelling Fellowship for D.Ortho Graduates**

**TNOA Foreign Fellowship (Age Below 50 Years)**

1. Name : \_\_\_\_\_

2. Age & Date of Birth : \_\_\_\_\_

3. Designation/Office Address : \_\_\_\_\_

4. Address for Communication : \_\_\_\_\_

5. Post held in Govt. Service /  
Private Institution : \_\_\_\_\_

6. Qualifications (Please enclose necessary evidence)  
Degree \_\_\_\_\_ Date of obtaining \_\_\_\_\_ University \_\_\_\_\_

7. TNOA Life Membership Number : \_\_\_\_\_

8. Papers Presented : \_\_\_\_\_  
(Please enclose necessary evidence)

9. Papers Published : \_\_\_\_\_  
(Please enclose necessary evidence)

10. Medals / Awards received : \_\_\_\_\_  
Related to Orthopaedics only  
(Please enclose necessary evidence)

11. Field of interest : \_\_\_\_\_

12. Details of any previous Fellowship : \_\_\_\_\_

### Declaration I

(For those applying for The Dr. R. Muralidharan - Dr. M. Vanasekar TNOA Travelling Fellowship for D.Ortho Graduates)

I state that I am not at present undergoing or have undergone M.S. Ortho / DNB Ortho Course.

Date : \_\_\_\_\_ Signature : \_\_\_\_\_

### Declaration II

I hereby certify that the information given in this application is true and accurate to the best of my knowledge.

Date : \_\_\_\_\_ Signature : \_\_\_\_\_

Note : If space provided is inadequate, please provide the information on a separate sheet. The application has to be sent in **triplicate** alongwith three sets of xerox copies of evidences / certificates.

### **Selection Criteria for our Inland Fellowships**

(The Prof. A.J. Selvapandian TNOA & The Dr. R. Muralidharan – Dr. M. Vanasekar TNOA Travelling Fellowships)

**Basic Qualification** : M.S. Ortho / DNB Ortho for The Prof. A.J. Selvapandian TNOA Travelling Fellowship.

D. Ortho for Dr. R. Muralidharan – Dr. M. Vanasekar TNOA Travelling Fellowship.

**Age** : Upper age limit 45 years as on 30-11-2016.

Any member who had already undergone our inland fellowship cannot apply for a second time. Only life members of TNOA can apply.

The selection committee shall comprise of the President, Secretary and the Fellowship secretary of TNOA.

Decision of the selection committee shall be final.

#### **Maximum**

A. Years after Qualification 10 marks

B. Publications 10 marks

C. Presentations (Including Poster Presentation) 10 marks

D. Special Criteria 5 marks

A. 1 mark per every completed year

M.S. Ortho / Dip NB Ortho for the Prof A.J. Selvapandian TNOA Travelling Fellowship

D.Ortho for The Dr. R. Muralidharan – Dr. M. Vanasekar TNOA Travelling Fellowship

B. Publications

State level publications each 1 mark

National level publications each 2 marks

International level publications each 3 marks

C. Presentations

State level presentations each 1 mark

National level presentations each 2 marks

International level presentations each 3 marks

(Poster presentation will be considered at par with paper presentation)

D. Special criteria

Award winner, Medal winner each 2 marks

(In Orthopaedics only)

(In the event of a tie, age seniority will be considered)

## **Selection Criteria for our Foreign Fellowships**

- Only TNOA Life Members can apply.
- This fellowship is once in 2 years.
- Basic Qualification : MS. Ortho / DNB Ortho
- Age : Below 50 years
- The Selection Committee comprises The President, TNOA, The Secretary, TNOA and The Fellowship Secretary, TNOA.
- Decision of the Selection Committee shall be final.
- The interest money of the foreign fellowships fund shall be handed over to the fellow after their completion of their fellowship.
- Anyone who has gone for a TNOA Foreign Fellowship cannot go for a second time.

### **SELECTION CRITERIA**

<b>A. BASIC QUALIFICATION :</b>	<b>3 MARKS</b>
<b>B. PUBLICATIONS :</b>	<b>25 MARKS</b>
<b>C. PRESENTATIONS :</b>	<b>15 MARKS</b>
<b>D. SPECIAL CRITERIA :</b>	<b>2 MARKS</b>
	<b>TOTAL : 45 MARKS</b>

<b>A. BASIC QUALIFICATION :</b>	<b>3 MARKS</b>
• MS. Ortho or DNB Ortho -	2 marks
• D. Ortho -	1 mark

<b>B. PUBLICATIONS :</b>	<b>25 MARKS</b>
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- Publications / Presentations on the same subject will be considered only once
- Publications / Presentations as Original Author only will be considered
- National Journals – 2 marks each for a maximum of 10 marks
- International Journals – 2.5 marks each for a maximum of 10 marks
- Published Original Orthopaedic Research work – 5 marks

<b>C. PRESENTATIONS :</b>	<b>15 MARKS</b>
---------------------------	-----------------

- National Meets – 1 mark each for a maximum of 10 marks
- International Meets – 2.5 marks each for a maximum of 5 marks

<b>D. SPECIAL CRITERIA :</b>	<b>2 MARKS</b>
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- Award winner
- Medal winner

In the event of a tie, age seniority will be considered.

## Treasurer report - Dr. Nalli R Gopinath



### Savings Bank A/C

TNOA	TNOA TRUST
<b>23,28,505.62</b>	<b>1,14,107</b>
<b>BF(Rs.11,005)</b>	
Balance	
<b>23,17,500.62</b>	

### BUILDING FUND

FIXED DEPOSITS	TNOA SB A/C (FROM 15-3-2015)
A/c No:6115735965	A/c No:705855990
Rs.36,94,629	Rs.11,005
<b>TOTAL : Rs.37,05,634</b>	

### FIXED DEPOSITS

**26,39,003**

### PRINTING & Misc.

Printing	1,98,053
JJ Softwares	40,000
Auditor dues	32,135

## TNOA – KMC Ortho PG Quiz

The TNOA – KMC ortho PG Quiz will be conducted during the annual conference of TNOA at Coimbatore.

The preliminary selection will be a written exam (MCQ type).

Six teams will be selected for the finals that will be held on the final day of the conference.

For registrations email to [drmavimalraj@gmail.com](mailto:drmavimalraj@gmail.com)

**Dr. Francis Roy**

Joint Secretary

Tamil Nadu Orthopaedic Association

## TNOA – Cholamandalam Ortho PG Fund

The TNOA – Cholamandalam Ortho P G Fund was created by the organizers of the TNOACON 2005 at Cuddalore to provide financial grant to two deserving post graduate students in the State of Tamil Nadu. The selection of recipients every year is based on their academic credentials and research work.

The Heads of the Orthopaedic Departments of Teaching institutions in Tamil Nadu are requested to forward the name of one candidate in their institution based on his research aptitude, work output and academic thrust shown by the candidate. The name along with a brief note on his work and the justification and recommendation of the Head of Department should reach the Secretary, Tamil Nadu Orthopaedic Association on or before 30th November 2016. The awardees shall be finalized by a TNOA committee constituted for the purpose.

## TNOA – District Ortho Clubs' Office Bearers

S.No	District Ortho Club	President	Secretary
1	Madras Orthopaedic Society (MOS)	Dr. G. Mohan Mobile No: 9841004050 Email ID: <a href="mailto:dr_gmohan@yahoo.com">dr_gmohan@yahoo.com</a>	Dr. D. R. Ramprasath Mobile no: 9443464476 Email ID: <a href="mailto:dhurvasramprasath@gmail.com">dhurvasramprasath@gmail.com</a>
2	Madurai	Dr. Muthuvel Rajan Mobile No: 9842140403	Dr. M. N. Karthi Mobile No: 9443712012
3	Coimbatore Ortho Society (COS)	Dr. Dheenadayalan Mobile No; 9843726156	Dr. Baskar Mobile No: 9443135854
4	Nellai Ortho Club (Tirunelveli & Thoothukudi Dist)	Dr. Tharmaraj Mobile No: 9443613059	Dr. S. Marimuthu Mobile No: 9894447770
5	Kanyakumari Ortho Club	Dr. M .Srinivasan Mobile No: 9442222903 Email ID: <a href="mailto:drsrinivasahospitals@gmail.com">drsrinivasahospitals@gmail.com</a>	Dr. Ganesh Mobile No: 7598325105
6	Ramnad Ortho club	Dr. Sahaya Stephen Raj Mobile No: 9442044462	Dr. Syed Ibrahim Mobile No: 8870117220
7	Thanjavur Ortho Club	Pro. Dr. Gulam Mohaideen Mobile No: 9443024556	Dr. Leo Joseph Mobile no: 9443737139
8	Mid-West Ortho Society	Dr. Kamalanathan Mobile No: 9442546947 Email ID: <a href="mailto:drckn67@gmail.com">drckn67@gmail.com</a>	Dr. Mohanasundaram Mobile No: 9790008492 Email ID: <a href="mailto:orthomohan@gmail.com">orthomohan@gmail.com</a>
9	Erode Ortho Club	Dr. S. Ramasamy Mobile No: 9842750123	Dr. T. J. M. Innocent Mobile No: 9842399798
10	Dindigul Ortho Club	Dr. Vanasekar Mobile No: 9942209543	Dr. Joseph Christopher Babu Mobile No: 9842133933
11	Trichy Ortho Club	Dr. Mathivanan Mobile No: 97864 55117	Dr. Mukesh Mohan Mobile No: 9443532395
12	Tiruppur District Ortho Club	Dr. R. Ganesan Mobile No: 9942404001	Dr. S Anandakumar Mobile No: 9786733555
13	Kanchi Ortho Club	Dr. Jishnu Mohan Mobile No: 94443 32661	Dr. Rajesh Chakravarthy Mobile No: 98401 89558
14	Vellore Ortho Club	Dr. Mohan Rai Mobile No: 9842338844	Dr. Venkatesh Mobile No: 8015313389
15	Thiruvannamalai Ortho Club	Dr. Pugalenthil Mobile No: 9443205063	Dr. Senthilnathan Mobile No: 9442638687

## **The Tamil Nadu Orthopaedic Association Elections Notice for the year 2016.**

Dear Honorable Member,  
Greetings!!!

I am happy to communicate to you as President Elect / Election officer 2016 -2017.  
As you all aware, the time has come to elect your representative for the following posts:

1. Vice-President - One post
2. Fellowship Secretary -One post
3. Executive Committee Member - Chennai - Two posts
4. Executive Committee Member - Madurai - One post

This year also it will be an election by ballot paper. We are making all efforts for electronic voting; hopefully at some time it will happen in future.

I request the interested candidates to send their nominations through the appropriate forms attached in the current newsletter. If you have any queries do not hesitate to contact me.

### **Important Dates to Remember:**

Last date for filing nominations	:	24th October, 2016
Last date for withdrawal of nominations :		31st October, 2016
Despatch of Ballots	:	14th November, 2016
Last date for request of duplicate ballots for non-receipt/changed address	:	30th November, 2016
Last date for despatch of duplicate ballots	:	5th December, 2016
Last date for receipt of ballots by Election officer	:	31st December, 2016
Counting of votes	:	8th January, 2017
Declaration of results	:	11th February, 2017
At AGBM, Coimbatore		

As per rule 9.4 of TNOA Bylaws, to contest for the posts of Vice President and Joint-Secretary, occupation of any previous Executive Committee posts is a prerequisite. Appropriate evidence shall be attached along with the Nomination form.

- ✓ Nomination form shall be duly filled with all relevant details addressed.
- ✓ The non-refundable Nomination fee of Rs.5000/- for the post of Vice President and Rs.3000/- for all other posts should be attached through a DD drawn in favour of 'Tamil Nadu Orthopaedic Association' payable at Chennai.

**Kind Regards**  
**Yours Truly**

**Dr. S. Ramesh Babu**  
**President Elect, TNOA**  
**SPOT Hospital**  
**No : 36, Dr. Ambedkar Road, Kodambakkam, Chennai.**  
**E-Mail Id : srborth@gmail.com**  
**Mobile : 9840125909**  
**Landline : 044 24833241**  
**044 28403377**

# The Tamil Nadu Orthopaedic Association – Elections 2016

## Nomination Form

Name of the contestant : .....

Post for which contesting : .....

Life Membership Number : .....

Address : .....

Landline No:..... Mobile No:.....

Email Id. :.....

Nomination fees details : DD No:..... Dated ..... Amount.....

Bank : .....

Proposed by : Name : ..... LM No.: .....

Signature : .....

Seconded by : Name : ..... LM No.: .....

Signature : .....

For Contestants for the post of Vice-President :

Year of serving as EC Member : .....

Post held : .....

Please provide documentary evidence for the same.

Nomination fees : For Vice-President : Rs5000/-, For other posts: Rs.3000/- (Non Refundable)

Nomination fees to be sent along with the application in the form of Demand draft drawn in favour of "Tamil Nadu Orthopaedic Association" payable at Chennai.

### Consent & Declaration by the Candidate:

I, Dr..... hereby consent to contest for the post of .....  
of Tamil Nadu Orthopaedic Association.

I, Dr..... do hereby declare that the facts and details provided by me in the  
Nomination form are true. I also understand that if any of the facts or details are found to be false, my  
nomination will be rejected.

I agree to abide by the Code of Conduct for the Elections of TNOA. I also agree to abide by the rules and  
regulations of the Tamilnadu Orthopaedic Association and work for the uplift of the Association and will attend  
the required meetings and abide by the decisions of the Executive Committee and General Body..

Signature of the Contestant: ..... Date:.....

### Note:

1. Completed nomination forms along with the necessary enclosures to be sent to :

**Dr. S. Ramesh Babu, President Elect, TNOA, SPOT Hospital, No : 36, Dr. Ambedkar Road,  
Kodambakkam, Chennai.** Tamilnadu so as to reach not later than 24.10.2016.

2. Nominations should be proposed and seconded by Life members of TNOA.

3. Enclosures include Demand draft for nomination fees, brief bio-data and passport size photo.

4. In addition to the above enclosures, the contestants for the post of Vice President should produce  
evidence for having been an EC member of TNOA in the past.

5. Nominations should be sent by post or courier only.

6. Nominations received after the last date (24.10.2016) will not be accepted.

## BEST ZONAL CLUB OF TAMIL NADU ORTHOPAEDIC ASSOCIATION

Period: Activities from 1st January till 31st December.

Report to be submitted before 31st January each year. Award will be presented during the TNOACON each year.

Selection committee: The selection shall be done by a committee consisting of 1)The President, TNOA

2) Secretary, TNOA 3) President Elect , TNOA and 4) Vice President,TNOA., 5) Joint Secretary, TNOA.

Criterias to be considered in awarding Best Zonal Club award:

1)	Increase in number of members in State Association: Percentage increase in membership of the zone. One mark for every 1% increase in membership.		Maximum of 10 points.
2)	Increase in number of members in IOA: Percentage increase in membership of the zone. One mark for every 1% increase in membership.		Maximum of 10 points.
3)	Academic activities: CME Programmes : Clinical meetings :	2 points, 1 point.	Maximum of 20 points.
4)	Achievement of individual members: Paper / poster presentations International : National : State : Publications International : National : State : Books :	2 points, 2 points 2 points 2 points 2 points 2 points 2 points 5 points	Maximum of 20 points.
5)	Awards and honours :	5 points for each achievement	Maximum of 10 points.
6)	Social activities	5 points for each activity.	Maximum of 10 points.
7)	Regular conduct of monthly meetings ( Minimum 10)		Maximum of 10 points.
8)	Submission of report in EC meetings of TNOA.		Maximum of 10 points.
			Total 100 points.

Applications are invited from the zonal clubs for the best zonal club award for metros/non metros

Applications should be accompanied by the reports on activities of the zonal club with necessary evidence from 1st Januray 2016 to 31st December 2016.

The application (hard and Soft Copies) should reach the Secretary TNOA before 31st January 2017.

Thank You .

Dr. M. Antony Vimalraj  
Secretary, TNOA.

## OASIS MATTERS

### OASICON 2016

OASICON 2016 was conducted on 9th – 11th September, 2016 at Haai Land Resorts, China Kakeni (NH 16 – between Guntur and Vijayawada), AP.

Dr. Mohamed Farook was honoured with 'Life Time Achievement Award' from our state during the inaugural function of OASICON 2016 on 9th September, 2016.

Dr. P. Gopinath Menon delivered the prestigious 'Prof. S. S. K. Marthandam Oration' during the OASICON 2016. Dr. P. V. Vijayaraghavan delivered the past president oration.

OASIS EC meeting was held on 9th August, 2016. TNOA report was submitted. Dr. Francis Roy was also included as EC member. Dr. Muralidharan submitted accounts of last OASICON.

OASIS GB meeting was held on 10th August, 2016.



## IOA Matters

### IOA Elections

Start of Online elections: 20th October, 2016

Last date for request of duplicate ballots: 1st November, 2016

Last date for receipt of ballots by Election officer / End of Online voting : 25th November, 2016

IOACON2016 is to be held in Cochin from 12th – 17th December, 2016.

IOA has introduced a mobile App.

How to activate the mobile app and register for online voting? (From IOA)

1. See these links and read at our New Website - All need to activate and get Fresh password to log in . Once you activate - You can visit Members only area - Dashboard etc and have all benefits as member including Online Voting once started - on both Platforms - Website and Mobile application

<https://goo.gl/2Axm6U> - help file - read carefully

<https://www.ioaindia.org/> - go to web site and fill LM number and Email u want to get registered

<https://goo.gl/xTn9R> - download mobile application

<https://www.ioaindia.org/member-list.php> - to search your LM number

2. Once you put LM number ( after using search option if u have forgotten it or if u know it - LM\*\*\*\*\* five digit member for example if LM1 then LM00001 - no space between LM and 5 digits ) Email ID in Box ( at IOA web Site or Mobile application Pop up Page ) and submit - One of two situation is possible

A. Situation -possibility 1 : your email ID and Lm number matches with IOA database perfectly - then u will receive activation link directly - check your mail inbox /spam/ junk and see for activation mail link from IOA -if link is there - click and complete procedure - choose your password - fill compulsory fields - Confirm and Log in and reach to Members only area -Dashboard -Build Your Own Customised Website and Contribute -Learn and Share

B. Situation-Possibility 2. If activation link not received in your inbox - means

a. your email id is not matching perfectly with existing IOA database due to even minor wrong entry -mistake in input by key board or not an active email id or your mailbox is bouncing / or u are not using this email id now and unable to open mails in this email ID -then u will please submit in BOX with Lm number as asked above- your active -in use email id which u want to register with IOA (Email ID in Box ( at IOA web Site or Mobile application Pop up Page ) and submit ) - opens a form to submit data - data will go to IOA office and will get verified within a week -check your mail in this week - u will get activation link - follow procedure and then set password and then log in and reach to Members only area -Dashboard - Build Your Own Customised Website and Contribute -Learn and Share

b. Your email Id is matching existing ID in existing database of IOA and link is generated by system and dispatched to matching email id - but this email id - you are unable to use as this email account is no more in use by you and unable to open - so cant click activation link - then put another active email ID - and follow the procedure- data will be sent to IOA office - Verified and will receive link to new active email id .

3. If any difficulty write to [feedback@ioaindia.org](mailto:feedback@ioaindia.org) to solve your problem - but please read first thoroughly step by step help file. It is very important to update our data to get all information and activities and orthopedic events

4. Please spread these links to all your friends on all possible platforms of twitter - face book - whatsapp -email -SMS /Mobile ring etc. to help them - Those who have activated -please help your friends and fellow member .

5. Once you activate your log in - Please do not change your email id and Mobile number as far as possible - if you want in future -please go to Update Profile in Dash Board after log in with password - whenever you change it in life - update your profile again - to remain connected with all Orthopedic activity and by your regular efforts IOA will be having Fresh Dynamic Contact details of all members on that particular day to inform you anything which is possibly helpful or important to you .

Let us Contribute -Share -Learn Together and Evolve Together ! We expect you all will explore all facets of facilities on Both platforms - Website and Mobile applications.

Activate your Profile - Log In and Share - Contribute !

All those email ids verified by IOA are sent activation links -but some members have incorrect or inactive/ old e mail id accounts ( dataone / icenet / vsnl / yahoo/rediff etc service providers ) which they are unable to open ( not using now routinely ) - these information will help them

IOA Web / IT committee Chair Member

**Dr.Navin Thakkar**

On Behalf of and at Service of IOA

## IOA Bone and Joint Day

'One Member, One Free Surgery' 3rd, 4th and 5th of August, 2016  
5000 Free Orthopedic Surgeries for Poor Patients – World Record Report

This year IOA Bone and Joint Day Theme was 'One Member, One Free Surgery' and it had been decided to conduct free surgeries on the 3rd, 4th and 5th of August, 2016, which would benefit thousands of patients who are more on the underprivileged and lower socio economic strata. IOA also propose to have it as a World Record for maximum no. of free orthopaedic surgery in a short period.

Tamil Nadu Orthopaedic Association (TNOA) as one among the 22 Indian State chapters affiliated to the Indian Orthopaedic Association, had assured to take this noble act of conducting free surgeries through each and every Life member of the Association.

We had a target of at least one free surgery by every member. The surgeries were completely free to the patients and an undertaking to this effect was taken from the doctor as well as the patient.

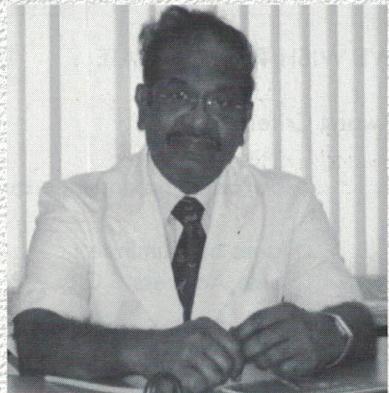
Our TNOA members had actively taken part in this program and performed free surgeries. We conducted a state pre-event press conference on 1st August, 2016 and post-event press conference on 26th August, 2016. Our members also conducted various event to create bone and joint health awareness among public.

### List of Surgeons who participated in this program.

Dr. AjithInigo	Dr. S.Amirthalingam	Dr. Annamalai	Dr. Arun Kamal
Dr. C. ArunKumar	Dr. N ArunPrathap	Dr. ArunMozhi Rajan	Dr. Ashok Sunil Gavaskar
Dr. M.BadriRamnath	Dr. G. Balasubramanian	Dr. Balakannan	Dr. K Baskaran
Dr. B. BupeshKarthic	Dr. M ChanderaSekaran	Dr. Chidambara Nathan	Dr. M Chidambaram
Dr. Chittaranjan	Dr. Danapal Singh	Dr. P Danasekara Raja	Dr. A. Devadoss
Dr. DevendraAgraharam	Dr. S Dhamodharan	Dr. Dhanapal Singh	Dr. Dharmaraj
Dr. J. DheenaDayalan	Dr. Dinakar Rai	Dr. R Dorai Kumar	Dr. A. Francis Roy
Dr. Franklin Castro	Dr. Ganesan G Ram	Dr. Ganesan Babu	Dr. Ganesan Raju
Dr. Ganesan V R	Dr. Ganesh M T	Dr. Giriraj	Dr. D. Gokul Raj
Dr. Gopalakrishnan	Dr. GopinathMenon	Dr. R H Govardhan	Dr. Jaganatha Venkataram
Dr. S Jaikish	Dr. Jambu N.J	Dr. Jayaprakash Kv	Dr. Jayaprakash Ms
Dr. PVJayasankar	Dr. Joseph Christopher Babu	Dr. A. Kalilur Rahman	Dr. M Karthikeyan
Dr. Karthi	Dr. C Kartikeyan	Dr. KeerthyChandraBassetty	Dr. Kirubakaran
Dr. K Krishna Kumar	Dr. Kunal Deep	Dr. Kunal Patel	Dr. Lenin Babu
Dr. Leo Joseph	Dr. Manikandan	Dr. Mari Muthu	Dr. S Mathan
Dr. M Mohan Kumar	Dr. Mayilvahanan Natarajan	Dr. Mohana Sundharam	Dr. R Mohandas
Dr. G. Mukesh Mohan	Dr. R Muralidharan	Dr. S Muthu Kumar	Dr. Muthu Kumar Balaji
Dr. MuthuVenkat Raman	Dr. K Narasimha Rao	Dr. S Natarajan	Dr. S Natesan
Dr. R Neelakrishnan	Dr. Navaladi	Dr. PaariSelvaraj	Dr. S.Pandian
Dr. ParthaSarathy	Dr. Pavalaan Louis	Dr. Pemnath	Dr. Prabakar Singh
Dr. Prahalad Kumar Singh	Dr. Praveen Dhas	Dr. Prakash Ayyadurai	Dr. P Tsaravanan
Dr. PuglanthuPandian	Dr. N Raj Kumar	Dr. C Raja Ravi Varma	Dr. Raja Sekaran G
Dr. PR Ramasamy	Dr. Rajasekaran R	Dr. Rajasekaran S	Dr. R Ramadas
Dr. P Ramesh	Dr. Ramesh Babu	Dr. Ramesh Perumal	Dr. R Rathinasabapathy
Dr. Ravi C J	Dr. V Sachithanandam	Dr. Satish Babu	Dr. Satish Devadoss
Dr. S Senthil Nathan	Dr. K.SenthilKumar	Dr. R Siva Kumar	Dr. T Somashekar
Dr. Srinivasan, Ngl	Dr. V J Senthil	Dr. Sudhan Christudas	Dr. C. Sugavanam
Dr. S SundarRajan	Dr. A. Suresh Kumar	Dr. S Suthar Sanjay	Dr. Terrance Jose Jerome
Dr. C.Tharmaraj	Dr. R Thanekachalam	Dr. Thennavan	Dr. R Thirumal
Dr. ThirumalaiPandian	Dr. S G Thirumalai Samy	Dr. S Thirumalaikumar	Dr. S P Thiyyagu
Dr. Vajram	Dr. M Vanasekar	Dr. H. Varrdhaman Dhariwal	Dr. K Venkata Das
Dr. P V Vijayaraghavan	Dr. T Vinoth	Dr. AbdullahShafir	

## **TNOA Prof. A.DEVADOSS MERITORIUS AWARD**

The Tamil Nadu Orthopaedic Association has great pleasure in instituting the TNOA Prof. A. Devadoss Meritorious Award Sponsored by the Committee comprising of Prof. S.Shanmuganathan, Prof. M.Chidambaram, Prof.T. Chandraprakasam, Dr. Muthuvelrajan, Dr. Pugazhenthi Pandian and Dr. Sathish Devadoss.



**Name of the Award:** TNOA Prof. A. Devadoss Meritorius Award

**Honour:** The award recipient will be recognized for their outstanding contribution to orthopedic surgery in Tamilnadu during the Award Ceremony held at the Annual conference of TNOA during the Inaugural Function with a Plaque and medallion.

**Timing of Award:** During the inaugural Function of the TNOACON. (as resolved during the AGM of February 2014, Chennai)

### **Award Criteria:**

- The nominee should be aged above 60 years.
- Have been in practice for a minimum of 15 years
- Be a member of TNOA in good standing for at least 15 years.
- Demonstrate outstanding leadership in the areas of community service and/or education.
- Support excellence in orthopedic surgery, including community medical services and contribution beyond their medical practice to the community at large.

### **Additional Criteria:**

- Current members of the TNOA executive committee and the Committee Constituted by Sponsor are not eligible for nomination of this award.
- There should be no self nomination.

### **Nomination Process**

- Recipients are nominated by a fellow member(s) of the TNOA by proposing and seconding.
- The application package includes: a completed nomination form providing details on how the nominee meets the award criteria and an overview of the nominee's achievements.
- The TNOA Core Committee will review all nominations and a selection will be made and intimation will be sent to the Sponsor Committee.

## **NOMINATION FORM FOR TNOA Prof. A. DEVADOSS MERITORIUS AWARD**

WE WISH TO NOMINATE : Dr. ....

### **Award Criteria**

1. How does the nominee qualify for the award ?

Name of Nominee :

Home Address / City / Postal Code :

TNOA Membership # (if known) :

Office Address / City / Postal Code :

Qualification :

Current Post :

Phone: Office:

Home:

Mobile:

Email :

Proposed by :

LM Number(Mandatory):

Home Address / City / Postal Code :

Office Address / City / Postal Code :

Phone: Office:

Home:

Mobile:

Email :

Signature :

Seconded by :

LM Number(Mandatory):

Home Address / City / Postal Code :

Office Address / City / Postal Code :

Phone: Office:

Home:

Mobile:

Email :

Signature :

2. Please mention in detail how the nominee supports excellence in orthopaedic surgery, includes involvement in education and contribution beyond their medical practice .

3. Yes – We confirm that the Nominee that we are nominating has been a member of Tamilnadu Orthopaedic Association for a minimum of 15 years.

4. Yes - We confirm that the nominee is over 60 years of age.

5. Please attach Bio-data of Nominee including achievements

**CHENNAI ZONE**

**Dr. Nalli R Gopinath**  
**Dr. R.Prabhakar Singh**

Zone : CHENNAI. District Ortho Club : MADRAS ORTHOPAEDICS SOCIETY.

Period of activity of report : JUNE 2016-SEPTEMBER 2016

**ORGANISATIONAL ACTIVITIES**

President : Dr.G.MOHAN,  
Mobile No: 9841004050.  
Email ID: dr\_gmohan@yahoo.com.

Secretary : Dr.D.R.RAMPRASATH,  
Mobile no:9443464476.  
Email ID: dhurvasramprasath@gmail.com.

Total No. of members:441

No. of addresses identified for update/correction/deletion:45.

**M.O.S ELECTION**

M.O.S office bearers election was conducted on 1st week of april 2016 & new office bearers took office.

**Special Achievement:**

Prof.Dr.S.RAMESH BABU, Vice president TNOA.

Reveived life time achievement award given by IMA kodambakkam on 27/03/2016.

**ACADEMIC ACTIVITES:**

TNOA RESEARCH METHODOLOGY WORSHOP CONDUCTED BY Dr.RAMESH BABU, PRESIDENT ELECT TNOA,ON 31/07/2016 IN RGGGH.

Every month 1st Thursday MOS clinical meeting is conducted,which is attended by around 100 orthopaedicians.

QUIZ for post graduates wasconducted and the winner was awarded.

QUIZ for post graduates wasconducted and the winner was awarded.

Among the papers presented best scientific paper was selected and it was awarded.

If a P.G wins 2nd best paper award in a year,he will receive sponsorship for TNOA 2017 registration.

Consultants present in the topic "HOW I DO".

No. of Monthly Club meetings conducted:4

Average Attendance during Club Monthly meetings:100

Special invitees invited from other States: GUEST LECTURE IN ROBOTIC SURGERIES.

News letters/House Journals of your Zone: Planned to launch M.O.S journal from may.

Website linked to parent website: YES.

**CLUB FOOT CME on 03/06/16**

**1st OASIS TRAUMA CON 2016, JULY 9TH & 10TH organised by Dr.JAYSHANKAR, Sundaram Medical foundation**

**Dr.K.Raju M.S.Ortho.,**

**Prof. of Orthopaedics Govt.KMCH retirement CME ON REVISION TOTAL KNEE REPLACEMENT AND HANDS ON WORKSHOP ON PRIMARY TOTAL KNEE REPLACEMENT**

**BONE AND JOINT DAY PRE PRESS CLUB**

**Bone and joint day celebration in Govt.Royapettah Hospital**

**SPOT HOSPITAL ANNIVERSARY CELEBRATION CME ON Periarticular fractures Sep-3rd**

**MOSCON 2016 on Sept. 23 & 24, 2016**

## **MADURAI ZONE**

**Dr.Sathish Devadoss, Dr.J. Maheswaran**

**Period of activity of report:June – Sep 2016**

**ORGANISATIONAL ACTIVITIES: Madurai Orthopedic Society**

**President : Dr.Muthuvelrajan , 9842140403**

**Secretary : Dr.M.N.Karthi , 9443712012, mn\_karthi@yahoo.com**

**Total No. of members: 122**

**ORGANISATIONAL ACTIVITIES: Madurai Orthopedic Surgery Academy**

**President : Prof.P.V.Pugalenth , 9443725840,  
drpugalortho@gmail.com**

**Secretary : Prof.R.Sivakumar, 9443733996,  
profsivakumarspine@gmail.com**

**Total No. of members: 62**

**No. of Members mobilised for TNOA Membership: 14**

**No. of Members mobilised for IOA Membership: 12**

### **ACADEMIC ACTIVITIES**

**BJD Celebrations – Madurai**

**3rd August 2016**

- Bone and Joint day celebrations**
- Public awareness and interaction camp**
- Osteoporosis detection and treatment camp**
- 73 patients were indentified and treated**

**Monthly meetings of the Madurai Orthopaedic Society was held during June, July, August and Septmeber.**

## **COIMBATORE**

**Dr. Paari Selvaraj**

**COS**

**Coimbatore Orthopaedic Society**

**Total Number of members - 128**

**Monthly CME Meeting - Third Week Saturday conducted from May - Aug**

**Dr. Karthik Murugappan Went to Antwerp as past ESSKA Travel Fellowship May 1 St .**

**Rex Ortho Hospital – Coimbatore, Current Trends in Hip & Knee Replacement**

**Prof. Major. K. Kamalanathan has taken over as H O D of Orthopaedics, Coimbatore Medical College & Hospital.**

**Manu Hospital – New Technique in Knee Replacement**

## **NORTH ZONE**

**Dr. V.P. Mohan Gandhi**

**Academic Programs:**

- CMEs /Conferences/Workshops/legal sessions Updates/ Interactive sessions/ Implant Training/ Hands on workshop-Live Cadaveric or Bone models, crash clinical courses, Quiz programmes, interesting case presentations and discussions, conducted during the period-(any/all months)
- Contribution of articles to TNOA Journal from your Zone: CTEV –300 corrected feet, Vellore Experience.
- Deformity Correction Camps/Clinics:  
DR. V.P. MOHAN GANDHI, Vellore, conducted a free medical camp at Vellore on the Eve of Bone and Joint Day, 7 August. M.L.A., of Anaicut Constituency inaugurated and around 600 benefited.  
DR.P.T. SARAVANAN, Kancheepuram conducted many CME Programs and Camps along with IMA Kancheepuram.
- Disability Alleviation in the form of surgeries or Aids
- Pre Hospital Care sensitization-handbills/posters/sessions

## **ZONAL BUSINESS ACTIVITES**

**No. of Monthly Club meetings conducted: 1**

**Average Attendance during Club Monthly meetings: 14**



## WEST ZONE

District Ortho Club : ERODE DISTRICT ORTHOPAEDIC ASSOCIATION

Period of activity of report : FEBRUARY, MARCH, APRIL

### ORGANISATIONAL ACTIVITIES

President : Dr.S.Ramasamy M.S.Ortho. 9842750123

Secretary : Dr.T.J.M.Innocent 9842399798

Total No. of members: 61

### ACADEMIC ACTIVITIES

EDOA MONTHLY MEET IS BEING HELD ON LAST SATURDAY OF EVERY MONTH

DR.RAJAVEL OF KMCH SULUR ,COIMBATORE taked in the month of June

DR.REX,REX ORTHO HOSPITAL,COIMBATORE GAVE A LECTURE in the month of July

DR.VELASAMY RAVINDRAN ,BONE AND JOINT HOSPITAL OF COIMBATORE GAVE A LECTURE in the month of August

OUR MEMBERS PARTICIPATED IN TRAUMACON ,MUMBAI.

OUR MEMBERS PARTICIPATED IN CADEVERIC WORKSHOP AT MS RAMAIAH MEDICAL COLLEGE ADVANCED LEARNING CENTRE.

OUR MEMBERS TOOK PART IN AO KNEE REPLACEMENT WORKSHOP AT SWISS.

OUR MEMBER DR.PALANIKUMAR PARTICIPATED AND GAVE A LECTURE ON ENDOSCOPIC DISCECTOMY IN INTERNATIONAL CONFERENCE AT KOLCUTTA (ICRA)

## SOUTH ZONE

**Dr. A.Suresh Kumar    Dr. J. Maikandan**

Nellai ortho club Dr.Dharmaraj ,President,9443613059,Dr.Marimuthu 9894447770

New members Enrolled in TNOA 5 members IOA 7 members

Nellai orthoclub meets last Sunday of every month,total members 50

About 24 free surgeries in nellai,.post WRA pressmeet arranged in Tirunelveli.,attended by Dr.Francis Roy, Dr.A.Sureshkumar, Dr.Manikandan. Popular tamil and English dailies carried the news. Dr.Sekar attended international pain conference as a faculty in Transforaminal endoscopic spine surgery @Kolkatta.,

Tuty Arthroplasty CME@ DSF Grand Plaza ,Thothukudi On 28/08/16,Organised by Prof.Pavalan,Dr.Marimuthu from Dept.of orthopaedics ,Thothukudi medical college,in association with Nellai ortho club.TNOA President inaugurated the CME about 100 delegates attended the CME.

Kanyakumari ortho club

President Dr.Srinivasan,9442222903,Secretary Dr.Ganesh kumar 7598325105.

KOC Meets every third Saturday, members strength about 50 members.

22 free surgeries.post WRA Press meet arranged in Nagerkovil,president secretary addressed the meeting>About to conduct TNOACON 2018 .

**Tamil Nadu Orthopaedic Association**  
**Address Update Form**

LM No	Name& Address	New Address (to be included in TNOA directory)
		Hospital/Clinic
		Residence
		Phone No:
		Email Id:

Place:

Date:

Signature

Please send this form to:

**Dr. M. Antony Vimal Raj**

Secretary, Tamil Nadu Orthopaedic Association  
 2A/45/12, Kubera Apartments,  
 Aravamuthan Garden Street,  
 Egmore, Chennai – 600 008  
 Ph – 9566221195, 044-42083661  
 Email: mavimalraj@yahoo.co.in, secretarytnoa@gmail.com

## TNOA HEALTH AWARENESS FORTNIGHT

Greetings to all our Honourable Members...

Awareness days are usually mooted to bring about certain awareness in the general public and in turn bring about change in the community. Health care professionals usually do diagnostic clinical practice to treat a particular illness and are doing fine. However their responsibility doesn't end here. if they inculcate the idea of imparting knowledge in the population regarding preventive aspects of the same illness then this leads to good health of the society.

Orthopaedic community and particularly TNOA in the past has undertaken several service projects which were very much successful and continue to do so.

Continuing the tradition, first time ever TNOA likes to conduct "**TNOA BONE HEALTH AWARENESS FORTNIGHT 2016**" between 10.10.16 to 23.10.16. The reason being many of the designated awareness days fall in these two weeks.

**12<sup>th</sup> October 2016** - World Arthritis Day – Future in your hands

**16<sup>th</sup> October 2016** - World Spine Day - Straighten Up and Move

**17<sup>th</sup> October 2016** - World Trauma Day - Life is precious

**19<sup>th</sup> October 2016** - World Pediatric Bone and Joint Day - It's In Your Hands, Take Action!

**20<sup>th</sup> October 2016** - World Osteoporosis Day – Love your bones & protect your future

**World Osteoporosis Day**  
Love your bones & protect your future

With these awareness programmes in line, it is a fortnight of possibilities where every Orthopaedic Surgeon can be involved in one form or the other. So I request all our honourable members to come up with their ideas and do community work. We all together can bring about change!

**Always at your service**

**With regards,**

**World Pediatric Bone and Joint Day**  
It's in your Hands, Take Action!

**Prof. Dr. R. Sivakumar MS. Ortho.,  
President, TNOA**

**Dr. M. Antony Vimalraj M.S. Ortho.,  
Secretary, TNOA**

## Appeal for Academic Panel

Dear Honourable Members,  
Greetings from TNOA...

TNOA being the second largest body of India, wish to bring newer insight into Academics.

This is regarding formation of Academic Panel of TNOA. The Panel will consist of Orthopaedic Teachers, Technical experts & stalwarts in Orthopaedic surgery in various specialities.

One will be wondering as why the need for forming this body and what is the necessity for this? TNOA will be armed with best committed Panel Members in the speciality to deliver the best of speciality guidelines & practice to the upcoming juniors. The presence of committed Panel Members empowers TNOA to conduct Academics without hassle. The list of committed Panel Members will be ready at any given time of the year. The selection process will be in the following stages.

### Stage 1

The selection of this Academicians are only arbitrary as of now in the 1st stage. They are being chosen or suggested by any EC Members or his comrades from that district without any prejudice / without any selection criteria.

### Stage 2

Those who are selected arbitrarily will be put up in common pool, TNOA will ask their commitment for their academic deliberations, attendance in TNOA CME's & Conferences, obliging TNOA's request to go as a faculty within the state or outside the state.

### Stage 3

Once the faculty gives their commitments to the TNOA by mail or letters they will be placed in respective Academic Panel.

### FAQs

1. Who are the Members to be selected? is there is any age limit?

Members to be selected are Teaching Faculty, Surgical Technical Experts and with no age limit.

2. Will the teaching institution faculty alone be selected?

Teaching Institution Faculty may be selected. Apart from the teaching Faculty any Member Faculty who is active, interested in teaching will be part of the panel at any age limit from urban & semi urban towns.

3. Are retired people eligible?

Retired faculty Members who are also active in practice are eligible.

4. What advantage do the Members get?

Member will be a part of renowned panel & Prestigious Organization, it will nourish the Academic zeal & carrier growth of the Member and they will get the certificate of accreditation from the Association.

5. Will this list be final?

The list can be altered from time to time with more of additions or deletions

6. Do we need any minimum years of experience after P.G. to enable him to be included in panel?

5 years

7. Do we need to get individual surgeon's consent regarding where he wants to be enlisted (Spine, Trauma, Arthroplasty, Arthroscopy, Paediatrics)

You need not. TNOA will enquire the Doctor his field of interest & commitment to the speciality.

8. Can a surgeon be included in all sub specialities?

Depends on his caliber & commitment

9. Everybody does trauma surgeries, how to choose trauma panel? even in single panel how to fix the order of surgeons.

This will be finalized by the EC at the concluding stage (may be after a year) following the commitment of the Members towards TNOA Academic Activities.

Kindly send your name & Life Membership Number along with field of interest to join the Academic Panel

Always at your service

With regards,

Prof. Dr. R. Sivakumar MS. Ortho.,  
President, TNOA

Dr. M. Antony Vimalraj M. S. Ortho.,  
Secretary, TNOA

## Conference & CMEs

1. 1st OASIS TRAUMACON2016 was organized by Dr. P. V. Jayashankar at Hotel Hyat, Chennai on 9th -10th July, 2016.
2. TNOA Prof.TKS Midyear CME was conducted at Yercaud on 21st August, 2016 by Midwest ortho society.
3. CLUB FOOT CME was conducted by MMC & RGGGH, Chennai on 03rd June, 2016.
4. CME on Revision Total Knee Replacement and Hands on Workshop on Primary Total Knee Replacement was organized on 26th June, 2016 at Kilpauk Medical College.
5. Current Trends in Hip & Knee Replacement CME was conducted on 9th July, 2016 by Rex Ortho Hospital – Coimbatore in Hotel Residency.  
80 Delegates attended the program and 2 CME points credited.
6. Coimbatore Trauma Conclave - Lower Limb Trauma was conducted on 10th July, 2016 in Coimbatore.
7. TNOA Clinical Documentation and Research Methodology Workshop was organized by Dr. Ramesh Babu on 31st July, 2016 at GRH, Chennai.  
About 42 postgraduates attended the CME.
8. Paediatric Hip Update was organized on 14th August, 2016 by Vasanthi Ortho Hospital, Chennai.
9. Midwest Arthroplasty CME was conducted on 20th August, 2016 at Salem by Midwest Ortho Society.
10. Coimbatore Arthroplasty Course was organized by Coimbatore Medical College on 27th August, 2016.
11. TUTY Arthroplasty2016 was conducted on 27th August, 2016 at Tuticorin.  
“TUTY ARTHROPLASTY 16” First state level CME successfully conducted by Department of Orthopaedics, Govt. Thoothukudi Medical College and Nellai Ortho Club on 27.08.2016, Saturday at Hotel DSF Grand Plaza, Thoothukudi.  
TNOA State President Prof. Dr. R. Sivakumar, MS.(ORTHO), D.(ORTHO) and TNOA Joint Secretary Dr. Francis Roy MS.(ORTHO) attended and felicitated the function.  
The one day CME started at 9.05AM and end by 5.00PM. Two sessions for Total Hip Replacement and two Sessions for Total Knee Replacement and one session for recent advances in Arthroplasty and one session for workshop were conducted.  
Fourteen faculties and 120 delegates attended the meeting. The CME concluded with vote of thanks.
12. CME on Periarticular fractures was organized on 3rd September, 2016 by Spot Hospital.  
About 110 delegates attended the programme. We did three live surgeries. The president of TNOA, Prof. R. Sivakumar presided over the inaugural function; the President OASIS, Prof. P.V. Vijayaraghavan inaugurated the CME. Prof. P.V. Jayasankar, Trustee, AO foundation of India was the chief guest and Dr. G. Mohan, President, Madras orthopaedic Society felicitated the gathering. Honorary secretary of TNOA Dr. Antony Vimalraj and Executive committee members Dr. Nalli. R. Gopinath and Dr. Prabhakar Singh also took part in the CME as faculty.
13. MOSCON2016 was organized on 23rd-24th September, 2016 at Hotel Green Park, Chennai.

## **TNOA Prof.TKS Midyear CME – Yercaud 21st August**

### **INAUGURAL FUNCTION FOR TNOA Prof.TKS Midyear CME – Yercaud 21st August**

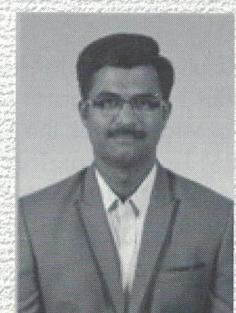


TNOA Prof.TKS Midyear CME was conducted on 21st August 2016 at Yercaud by Midwest Orthopaedics Society. It was well received and attended by 182 delegates. Prof..A.Devadoss - Chief Guest addressed and inaugurated the CME. The topic was Proximal Femur fractures and 17 lectures covering interesting topics from Fracture neck of Femur, Fracture Trochanter and Subtrochanteric Fracture including Basic Science, Mode of Fixation and Special Situation like Infection, Failed Implant and Pathological Fracture.

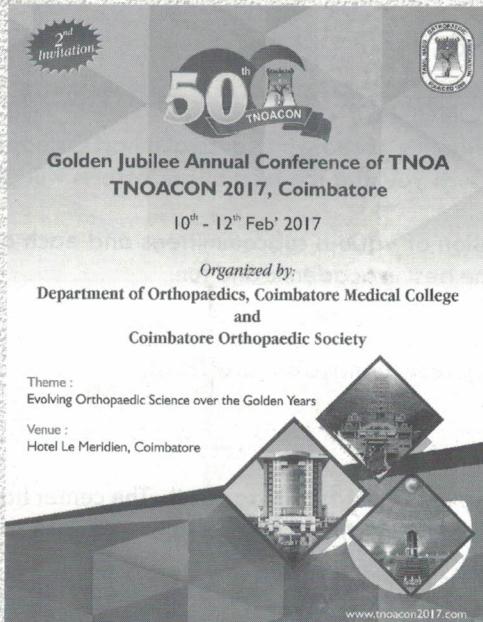
There was also a panel discussion of Failed Implant in Proximal Femur and "How I Do It" video session with eminent faculties from Tamil Nadu and other Southern states. Midwest also conducted Arthroplasty course & live surgical programme at Salem on the previous day.



**Dr. C.Kamalanathan**  
Organising Chairman  
President – MIDWEST Ortho



**Dr. K.Mohanasundaram**  
Organising Secretary  
Secretary – MIDWEST Ortho



Dear Colleagues and Friends

Welcome to the Golden jubilee annual state conference of our Tamilnadu Orthopaedic Association to be held in Hotel Le Meridien, Coimbatore!

We are delighted to conduct the Golden Jubilee conference of our prestigious association, which was founded, nurtured and carried over successfully in the past five decades by eminent Orthopaedic Surgeons of Tamilnadu!

The theme of this meeting is "Evolving Orthopaedic Science over the Golden Years". Techniques, Procedures and technologies have changed dramatically and they continue to change! The meeting will cover all the most debated and controversial issues in different fields of Orthopaedics and Trauma, letting the participants to gain knowledge what is best today! All the members of the scientific committee will be dedicated to putting together a very comprehensive and varied scientific program, which will make TNOACON 2017 a memorable one!

We have invited distinguished faculty and Chairpersons across the world who have generously agreed to share their wealth & knowledge and experience. The scientific programme will be enlightening with the participation of Dr. Chitranjan Ranawat, a World Renowned Orthopaedic Surgeon and Marc Swiontkowski, accomplished Orthopaedist and Editor of Journal of Bone and Joint surgery.

Social program will allow you to enjoy the Coimbatore City and the tourist attractions in and around the city! The entertainment committee is fully geared up to organize an extraordinary program with lot of amusement!

It is hoped that the support of industry will be more prominent than in previous years. Technically advanced workshops and exhibits will form an important segment of the meeting as a whole.

We look forward to seeing you all in Coimbatore!



**Prof. S.G. Thirumalaisamy**  
Organizing Chairman  
TNOACON 2017



**Prof. S. Vetrivel Chezian**  
Organizing Secretary  
TNOACON 2017

## TNOACON 2017

10-12, February 2017

Hotel Le Meridian, Coimbatore

### Organising Chairman & Organising Secretary's Message

## TNOACON 2018

Many Greetings from Nagercoil, from the venue of TNOACON 2018

At the outset let me thank the members of TNOA for the confidence posed with Kanayakumari Orthopaedic Association. You have entrusted a major responsibility to us. We assure you that the best of our efforts will go into organizing of TNOACON 2018.

We have already started the spade work, with the formation of various subcommittees and each one of them is working out the modalities. We assure that we will give you the best in academic and fun.

An account has been opened on 14/09/2016.

The details are

State bank of India, SME branch, 14-b Distillery road, Vadassery, Nagercoil, Kanayakumarei (Dist), Tamil nadu -629001 , Account number---36092815023, IFC code SBIN0000880 swift.

The venue is Ganga Grandeur, a modern convention center at the outskirts of Nagercoil. The center has four big halls accommodating about 750 to 1000 each. One of them could be partition if necessary. A board room to accommodate a temporary TNOA office also available.

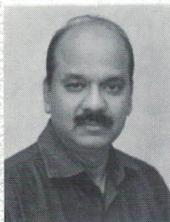
One of the grand dinner is proposed at Hotel Sparsa, a scenic resort facing the Indian Ocean at Kanayakumarei. Efforts are being taken to make this event fund filled. We are in touch at the national and international faculties to offer a variety academic feast. We have created a web site for the conference, The construction is on.

The registration, abstract submission and payments will all be through the web site.

We have proposed to make this conference paper free, with a view of preserving the nature at its best.

**Remember! The dates are 9, 10, 11 Feb 2018 when all roads will lead to Nagercoil.**

Best wishes!



**Dr. R. Mohandhas**  
Chairman



**Dr. S. Krishna Kumar**  
Secretary

## Prof. T.K. Shanmugasundaram Memorial CME – 2017

Respected Members,

It's an honour bestowed to us, the Trichy Ortho Club team to conduct the prestigious Prof. T.K. Shanmugasundaram Memorial CME in the year 2017. With the help of TNOA EC officials and the members of Trichy Ortho Club, we are planning to conduct the CME in Sangam Hotel, Trichy on August 19, and 20th dates. On 19th, we are planning to do a live demonstration of Spine interventions or a live spine surgery. On 20th, we have finalised the theme to be "Pediatric Trauma-Update". I welcome more suggestions from the esteemed members to make this meet a grand success.

With warm regards,

**Dr. G. Mukesh Mohan, MS, DNB Ortho.**  
Organising Secretary, Prof. TKS Memorial CME  
Secretary, Trichy Ortho Club  
Co-opted member, TNOA.



**KRISHNA KUMAR ORTHOPAEDIC HOSPITAL & INSTITUTE OF ORTHOPAEDICS PVT. LTD.,  
NAGERCOIL**

**Presents**

**PONSETI TECHNIQUE TRAINING**



On 07-01-2012 a 12 year old boy presented at KKOH with neglected bilateral Clubfoot. He had not gone to school. We treated him with Ilizarow technique. Got his foot corrected after a prolonged treatment. This boy was the inspiration behind the formation of **Clubfoot Foundation**. It was inaugurated on 16/11/2013. Under the foundation, children with clubfoot who reporting within a week after delivery are treated free of cost and followed for a period of two years. Up and down train or bus fair for one attender is also paid by the foundation for each visit to the hospital. Till date 76 foot has been treated under the scheme and all are under regular follow up.

KKOH imparts training on “Ponseti technique” to aspiring young orthopaedic surgeons.



**“The training is for one week”**

Free furnished accommodation will be provided.

Interested Orthopaedic surgeons can contact the address below.

**Dr. S. Krishna Kumar**

**Managing director**



**Krishna Kumar Orthopaedic Hospital and Institute of Orthopaedic Pvt.Ltd.**

15/82E, Kalliyancadu, near Overbridge, Parvathipuram, Nagercoil – 629 003

PH : 04652 – 231322, 231418, Fax : 04652 233090,

Email: [director@kkoh.in](mailto:director@kkoh.in), website: [www.kkoh.in](http://www.kkoh.in)

## CALENDAR OF EVENTS

Date	Month	Year	Event
8	May	2016	I EC Meeting, Madurai
16	June	2016	Despatch of First Newsletter
3-5	August	2016	Indian Bone and Joint Day – Free Surgeries for World Record
21	August	2016	TNOA - Prof. T. K. Shanmugasundaram Midyear CME-2016, Salem
9-11	September	2016	OASISCON 2016, Guntur, AP
11	September	2016	II EC Meeting, Coimbatore
12	October	2016	World Arthritis Day
14	October	2016	Despatch of II Newsletter Announcement of TNOA Elections
16	October	2016	World Spine Day
17	October	2016	World Trauma Day
19	October	2016	World Pediatric Bone and Joint Day
20	October	2016	World Osteoporosis Day
24	October	2016	Last date for filing nominations
31	October	2016	Last date for withdrawal of nominations
14	November	2016	Despatch of ballots
5	December	2016	Last date for despatch of duplicate ballots
12-17	December	2016	IOACON 2016
18	December	2016	III EC Meeting, Nagercoil
31	December	2016	Last date for receipt of ballots
8	January	2017	Counting of votes
31	January	2017	Last date for receiving nominations for best zonal club award
10-12	February	2017	TNOACON 2017, Coimbatore
11	February	2017	IV EC Meeting
11	February	2017	Annual General Body meeting
12	February	2017	Installation of new office bearers, Valedictory function TNOACON 2017



Please submit the form to Hon. Secretary, State Chapter of your state

## Indian Orthopaedic Association

### Correct Membership Form

The Hon. Secretary,  
Indian Orthopaedic Association,  
IOA House, 69 Tughlakabad Institutional Area,  
Behind Batra Hospital, M.B. Road, New Delhi 110062 India  
Phone: +91-11-29961434, 9811967820  
Email : hon.secretaryioa@gmail.com/ioahousedelhi@gmail.com  
Website : <http://www.ioaindia.org>



Please Attach  
Passport Size  
Photograph Here

Dear Sir,

I wish to apply for the **Life/Associate** Membership of Indian Orthopaedic Association.  
(please fill the whole form in **BLOCK / CAPITAL LETTERS** only)

Name: .....

Postal Address: .....

State: ..... Pin code: ..... Date of Birth: .....

Other Address: .....

E-mail: I) ..... II) .....

Telephone: ..... Mobile No.: I) ..... II) .....

PG Qualification: Details include Degree / Diploma / Pass out Year / College / Institution / Place / University etc.

PG Degree / Diploma: .....

MCI Registration No.: ..... Year: .....

State / Other Association of IOA Membership .....  
(No application will be entertained without state chapter membership)

I enclose the payment of Rs: ..... By Demand Draft No.: .....

Place & Date: ..... Signature: .....

Proposed by: .....

IOA Membership No.: ..... Signature: .....

Seconded by: .....

IOA Membership No.: ..... Signature: .....

The membership fee for **Life Member** is Rs. 5,000/- and **Associate member** have to pay Rs. 2,000/- in the first term during the Ortho training (PG) and Rs. 3,000/- after MS (Ortho) etc. qualification to become **Life member** of IOA. Please make Daft in favour of "Indian Orthopaedic Association" payable at **New Delhi**.

(Associate Membership Fee for Overseas applicant which are eligible for only associate member is \$100 One Hundred US Dollar.)

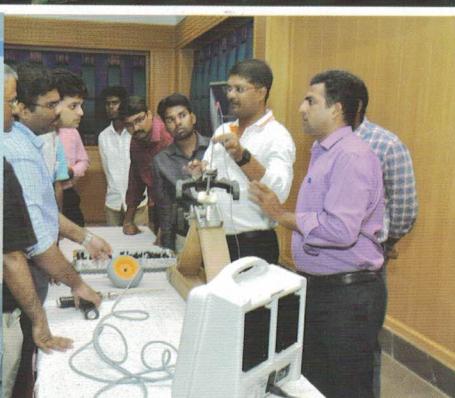
Please attach :

- ❖ Certified Photocopy of Life Membership Certificate of state chapter of Indian Orthopaedic Association.
- ❖ please send the membership application Form and Demand Draft at the above mentioned address only.
- ❖ Certified Photocopy of the PG Degree / Diploma to be sent along with Application Form.
- ❖ Certified Photocopy of Medical Council Registration of Orthopaedic PG Degree / Diploma to be sent along with the form.
- ❖ Certified copy from HOD is must. (This is for the ASSOCIATE member only)

**NOTE: Membership is subject to ratification in the subsequent AGM of the IOA. Allotment of membership no will follow the ratification. / Associate members have the right of attending scientific meeting and social events and engaging in all scientific discussion but they shall not attend business meetings and take part in elections.**

Membership form will be sent only by respective State Hon. Secretary to IOA Office, New Delhi

## CONFERENCES & CME'S



## BONE & JOINT DAY



## ACHIEVEMENTS GALORE !!



Dr. S. Rajasekharan, past president of TNOA and IOA has been elected as "President, SICOT" at Rome.



Dr. C. Raja Ravi Varma, Immediate Past President of TNOA, national co-ordinator successfully coordinated the program 'World Record for Presidential Theme for Bone and Joint Day'.



'Dr Velasamy Raveendran had been elected as Nails Association of Interlocking Surgeons of India.'



Dr. Palanikumar from Erode gave a Lecture On Endoscopic Discectomy In International Conference At Kolkata (ICRA).



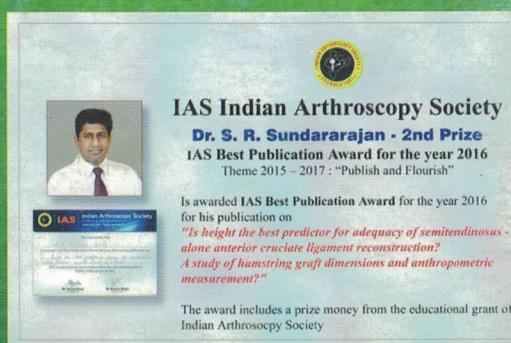
Dr. K. Prakasam from Salem has been elected unopposed as 'National Vice President of Indian Medical Association'.

Ashok S Gavaskar from Chennai has the following achievements:

- Asst. Editor of Indian Journal of Orthopedics
- His video presentation on 'Safe surgical dislocation for Pipkin fracture dislocations' has been selected for the Orthopedic video theatre at the AAOS annual meeting 2017 and also have won the AAOS best top 5 videos award.
- He won the AO trauma research grant for the year 2016. The value of the grant is 8000 Swiss francs.



Dr. S. R. Sunder Rajan from Coimbatore has been elected as 'President of Indian Foot and Ankle Society'.



### IAS Indian Arthroscopy Society

**Dr. S. R. Sundararajan - 2nd Prize**  
IAS Best Publication Award for the year 2016

Theme 2015 – 2017 : "Publish and Flourish"

Is awarded IAS Best Publication Award for the year 2016 for his publication on

"Is height the best predictor for adequacy of semitendinosus alone anterior cruciate ligament reconstruction? A study of hamstring graft dimensions and anthropometric measurement?"

The award includes a prize money from the educational grant of Indian Arthroscopy Society

**DR. S. R. Sunder Rajan from Coimbatore won second prize for best publication award in the Indian Arthroscopy society meeting.**