



TNOA NEWS

Issue 2 Vol. 2 October 2015



IOA President's theme - "Continue Learning- to serve the Society Better"

TNOA President's theme "Pre Hospital Care"

TNOA EXECUTIVE COMMITTEE 2015-2016



Dr. C. Raja Ravi Varma
President



Dr. S. Muthuraman
Secretary



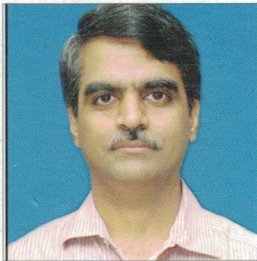
Dr. Nalli R Uvaraj
Immed. Past President



Dr. R. Sivakumar
President Elect



Dr. S. Ramesh Babu
Vice President



Dr. V. Singaravadivelu
Immed. Past Secretary



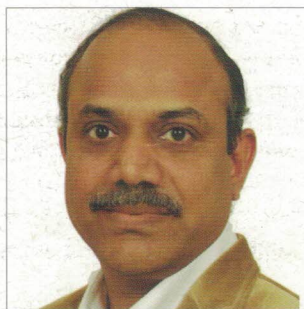
Dr. M. Antony Vimalraj
Joint Secretary



Dr. C. Sugavanam
Editor



Dr. P. T. Saravanan
Fellowship Secretary



Dr. Nalli R Gopinath
Chennai



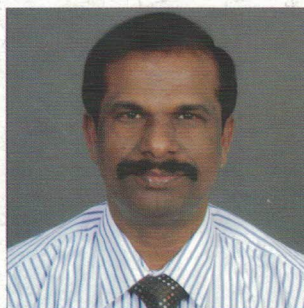
Dr. Prabhakar Singh
Chennai



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Madurai



Dr. T. C. Premkumar
Madurai



Dr. Major K. Kamalanathan
Coimbatore



Dr. S. V. Justin Arockiaraj
North Zone



Dr. A. Francis Roy
South Zone



Dr. M. Ilanchezian
South Zone



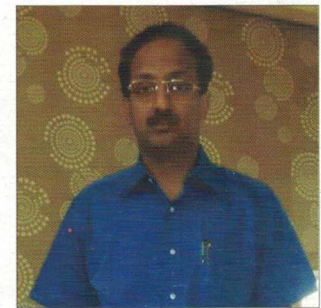
Dr. R.T. Parthasarathy
West Zone



Dr. C. Palanikumar
West Zone



Dr. M.C. Chinnadurai
East Zone



Dr. J. Christopher Babu
Central Zone

From the Desk of the President



Dear distinguished Member,

I am writing this with a new found energy and a feeling of accomplishment of something, which will go down in history as one of the most successful events of this celebrated Tamilnadu Orthopaedic Association thanks to the untiring effort of every distinguished member, EC Member and more significantly the local affiliated clubs through their office bearers and members in accomplishing the most vibrant, effective and fruitful social event - The National Bone and Joint day events. It was a month long celebration which made the General Public stand up watch us.

I was equally thrilled over the successful conduct of the OASISCON2015, again a moment of pride as we witnessed one of the largely attended Conference in a Hill Station Kodai with absolutely rich academics, delicious food, colourful entertainment and much more which only the likes of Dr. Vanasekar and Dr. Muralidharan can offer.

We are not however far from the Annual State Conference of our own prestigious Association TNOACON 2016 at Ooty, which will also be equally if not better than the Kodai retreat. I say this with confidence since the Organising Secretary Dr Sundararajan was the man behind the Scientific content which was for all praise. The recent EC Meeting at Tiruppur deliberated the conduct of the TNOACON 2016 and I am more than confident that the team led by Dr. Sekar and Dr. Sundararajan are going to prove that the Ooty experience will remain long in our hearts and minds. In view of the difficult arrangements at a Hill Station it is important that we give all the support and bear with insignificant inconvenience if any. Being a Hill Station it will be great outing for the family as well so please register and attend in large numbers to make this TNOACON 2016 a most memorable one.

The last few months also witnessed the graduation of two significant Orthopaedic Societies the Mid West Ortho Society and Madras Orthopaedic Society complete 30 yrs and 25 yrs respectively which indeed is a very great achievement.

The IOA OEP Programmes have been an instant hit at Coimbatore and Trichy and is expected to be the same at Madurai. The programmes and participation is being talked about. Not to forget the Research methodology and Documentation series started by Dr S. Ramesh Babu, Vice President which has already caught up with other States and gives me the feeling that the TNOA is in the best hands for a great future. The presence of the most experienced duo of Dr P.V. Vijayaraghavan and Dr. R. Selvaraj as president OASIS and Vice President OASIS will expectedly take OASIS to newer heights.

This year will also see a new beginning as far as the TNOA Elections are concerned. To increase the voter participation we have proposed to send pre-paid postage stamped ballots subject to ratification by the General Body

An ideal reward for having been a part of this wonderful Association apart from the love and affection showered by everyone concerned, would be the IOA Dr.A.K.Gupta Trophy for Tamilnadu. With a sense of content and pride I must admit that the year under my Presidency has witnessed tremendous activities for which my dynamic Secretary Dr. S. Muthuraman, my ever encouraging colleagues in Office Dr. Nalli R Uvaraj, D. R. Sivakumar, Dr. S. Ramesh Babu, my vibrant Executive Committee and each and everyone who had been responsible and this being my last letter to you I wish to close with a big THANKYOU!

Long Live TNOA

With grateful regards,

Dr. C. Raja Ravi Varma,
President TNOA

From the desk of the Secretary



Respected Members

Greetings

It gives me immense pleasure to update the activities of the association through the second news letter. The activities of the association throughout the state is encouraging .In particular the Indian Bone and Joint day celebrations by our members have surpassed most of the states across the nation. Newer concepts like workshop on Research methodology a continuous CME program is being introduced by our Vice President.

TNOA is going to witness election for various posts for next year. I request every member to actively participate in the electoral process.

The arrangements for TNOACON -2016 is being undertaken by the organising committee with utmost care and I promise you an event of high academic standards. I take this opportunity to invite every member of the association to attend the conference.

Looking forward to meet st TNOACON -2016 (Ooty)

Long Live TNOA

Dr. S. Muthuraman
Secretary, TNOA

Important dates to remember

TNOA elections

Last date for filing nominations –TNOA elections	–	24/10/2015
Last date for withdrawal of nominations	–	31/10/2015
Last date for receipt of polled ballots	–	31/12/2015
Last date for applying for best zonal club	–	31/01/2016
Last date for nominating for		
TNOA Prof. A.Devadoss Meritorious award	–	15/12/2015
IOACON -2015 Jaipur	–	9-14 December 2015
TNOACON -2016 – OOTY	–	12-14 February 2016

TAMIL NADU ORTHOPAEDIC ASSOCIATION, EXECUTIVE COMMITTEE MEMBERS 2015-16

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Vice President

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(OASIS)**

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Important Announcements

Post graduates

1.TNOA – KMC Postgraduate quiz

2.TNOA – Prof.R.Ramakrishnan gold medal exam for post graduates

3.TNOA – Cholamandalam ortho PG fund; This was instituted in TNOA by the organisers of the TNOACON -2005 Cuddalore to provide financial grant to two deserving postgraduates in the state of Tamilnadu.The selection of the recipients is based on the academic credentials and research work.The Head of Orthopaedic departments of teaching institutions in Tamilnadu are requested to forward the name of one candidate in their institution based on their aptitude for research.The name of the candidate and his biodata with the letter of recommendation from the head of the department should reach the Secretary –TNOA on or before 30th November 2015. The selected candidate should present his work in the next conference.

The TNOA – Prof.A.Devadoss meritorious award for senior surgeons above 60years

This prestigious award is instituted for the first time in TNOA. This award will be awarded to the senior TNOA members above 60years for the extraordinary service to the profession and community. Applications for the award should be through nomination. The nomination forms with necessary attachments should reach the secretary on or before 12th December 2015.

TNOA – KMC Ortho PG Quiz

The TNOA – KMC ortho PG Quiz will be conducted during the annual conference of TNOA at Ooty.

The preliminary selection will be a written exam (MCQ type).

Six teams will be selected for the finals that will be held on the final day of the conference.

For registrations email to drmavimalraj@gmail.com

Dr. M. Antony Vimal Raj,
Joint Secretary

Tamil Nadu Orthopaedic Association
Mobile no: 9566221195

Dr. A. K. Gupta Trophy 2015

Together we can achieve

Dr. A.K.Gupta trophy for best state chapter is within our reach but we need to work a little extra

TNOA congratulates the members for organising programmes for Indian Bone and Joint day

Kindly report about your bone and joint day activities (free camps, Free surgeries, Awareness programmes etc) with photos before 20/10/2015

Report with necessary proof on your achievements, social activities, Presentations and Publications, Any high posts before 20/10/2015.

Introduce new members to IOA and TNOA

Minutes of the Second Executive Meeting

Date : 06/09/2014, Sunday, Venue : Hotel MKM, Tiruppur.

The following executive committee members attended the meeting.

The second Executive committee at Tiruppur was attended by the following members

- 1.Dr.C.Raja Ravi Varma – President
- 2.Dr.R.Sivakumar- President elect
- 3.Dr.S.Ramesh Babu – Vice President
- 4.Dr.S.Muthuraman – Secretary
- 5.Dr.M.Antony VimalRaj- Joint Secretary
- 6.Dr.Nalli R Uvaraj – Immediate Past President
- 7.Dr.R.Selvaraj – Vice President OASIS
- 8.Dr.Nalli R Gopinath – Treasurer
- 9.Dr.C.Sugavanam – Editor
- 10.Dr.P.T.Saravannan – Fellowship secretary
- 11.Dr.Prabakhar singh – EC member Chennai
- 12.Dr.Major Kamalnathan – EC member – Coimbatore
- 13.Dr.t.C.Premkumar – EC member – Madurai
- 14.Dr.R.T.Parthasarathy – EC member – West zone
- 15.Dr.S.V.JustinArockiaraj – EC member – North zone
- 16.Dr.JosephChristopher Babu – EC member Central zone
- 17.Dr.Sundarajan – Organising Secretary – TNOACON 2016

I. Welcome address

The President, Dr. C. Raja Ravi Varma welcomed the executive committee members and thanked for putting in their best effort in highlighting the importance of road safety on the occasion of the National Bone and Joint Week.

II. Obituary references

Prof. G.D. Sundar Raj, Vellore expired on 4th July 2015 in Nepal. Dr. Justin Arockiaraj of Vellore spoke about him. After his retirement in 2011 from CMC Vellore, Prof. G.D. Sundar Raj went to Nepal and had worked voluntarily in a hospital in Nepal. He was buried in the hospital premises. The EC members observed a minute silence as a mark of respect to the departed soul.

III. Achievement by members

- 1.Dr. P. Bala Krishnan past Chennai EC member was elected as President of Tamil Nadu Medical Council.
2. Dr. P. V. Vijayaragavan has taken over as President OASIS
3. Dr. R. Selvaraj has taken over as Vice President of OASIS.
4. Professor Dr.S.Rajasakeran,Ganga Hospitals Coimbatore has been selected as the 2015 Walter P. Blount Humanitarian Award winner. This award honors those who act generously out of their sense of service to larger social and professional goals, and whose work in spinal deformity provides significant service to others, including international and charity care.
- 5.Dr. P.T.Saravannan received IMA TN State's BEST DOCTOR AWARD under the Category - IMA Leadership from His Excellency Dr. K. Rosaiah, Governor of Tamilnadu during Doctors Day Ceremony Erode on 24.07.2015.
6. Dr Rajkumar, Consultant Joint Replacement Surgeon from Ganga Hospital was awarded Best Research Paper Award by ISHKS 2015 (Indian Society Of Hip and Knee Surgeons) held at Mumbai for his work on Incidence of DVT in THR & TKR treated by only Aspirin and Mechanical devices - A Prospective study of 894 patients
- 7.Dr.AlphonseMariyadas, Dr.S.S.Senthilnathan, Dr.RajapandiyanDr.S.Rajasekaran, Dr.S.Dhandapani received Life time achievement award by IMA Coimbatore on the occasion of Doctors Day 2015.

IV. Secretary report

Dr. S. Muthuraman presented the Secretary report.

The Secretary welcomed Dr. R. Selvaraj- Vice President OASIS

a) Membership details; Eleven orthopaedic surgeons have applied for TNOA membership and twelve orthopaedic surgeons have applied for the IOA membership.

b) Academic achievements

1. CME on "Day to Day Paediatric Orthopaedics" for Practicing General Orthopaedic Surgeons and Post Graduate Students at Preethi Hospitals, Madurai on 31st May 2015

2. International Knee Arthroplasty Course was conducted at Sri Ramachandra Medical Center on the 25th July 2015

3. Spine clinical examination course 2015 was conducted by Madras medical college on 21.6.2015

4. CME on Complex Polytrauma management was conducted by Midwest Ortho Society on 29/06/2015 at Salem

5. CME ON POLYTRAUMA was conducted by Tuticorin Medical College on 15/07/2015

6. 5 week CME on Research Methodology was conducted at MMC Chennai by our President elect - Dr.S.Ramesh Babu from 5th July 2015

7. OASISCON -2015 was conducted at Kodikanal on 21-23 August 2015, by Dr.Muralidharan Dindigul. The conference was well attended.

8. IOA – OEP, Indian Orthopaedic Association- Orthopaedic Excellence Program, an academic initiative by Indian Orthopaedic Association was organised at Coimbatore and Trichy

9. A CME on Periarticular Fractures will be conducted on the occasion of the completion of 30 years of Mid West Orthopaedic Society on Aug 30th 2015

Forth coming events

1. CME program on " Orthopaedic Oncology – Current Trends" was conducted on 27th September 2015 at Hotel Brown Star, Kodambakkam Chennai by Dr. S.Ramesh Babu

2. A Research Methodology and Documentation course to be conducted by Dr. Sugavanam under the continuing series of Dr. S. Ramesh Babu, VP at Salem on the 19th and 20th of September 2015.

3. Silver jubilee of Madras Orthopaedic Society to be celebrated on 20/09/2015 with their first ever MOSCON 2015.

The President enquired whether the TNOA grants for the conduct of CME is properly disbursed. The Secretary informed that the organisers of the CMEs have not been sending the required reports after completion of the CME for receipt of the Grant. The President mentioned that the grants may not be a huge amount but it is a token of recognition by the Association. The President requested the organisers to collect the Grants which also endorses the purpose for which the Association has been started. They may also donate it back to our building fund, if they don't require the Grants.

V. Indian Bone and Joint day: President, Dr. C. Raja Ravi Varma spoke elaborately about our members contribution in Bone and Joint day and congratulated the EC members and all members of TNOA for their Bone and Joint day contributions. President also congratulated Dr. Nalli R. Gopinath for his suggestion to create an exclusive Whatsapp group for the Bone and Joint day activity

Vice-President, Dr. Ramesh Babu congratulated the President and Secretary for their intense efforts for the success of Bone and Joint day celebrations.

VI. TNOA building:

Treasurer briefed about the available building fund.

Dr. R. Selvaraj suggested that President can earmark the amount for each zones.

Vice-President, Dr. Ramesh Babu donated RS 21,000/- from the Research Methodology and Documentation CME fund. He also thanked Dr. Deen Mohamed Ismail, Director I/C, Institute of Orthopaedics, MMC for giving the venue free of cost and hence he could save RS 21000/-. This gesture was unanimously appreciated by all the EC Members present.

President-Elect, Dr. R. Sivakumar suggested that TNOA can take loan for TNOA building. He also said that building committee formed in last GB should work along with the members of TNOA trust to achieve this goal.

VII. Editor's report:

Editor Dr. C. Sugavanam presented his report.

He requested the members to send more papers. Since 15 to 20% journals sent were returned, he requested to update the address book at the conference. He requested Dr. Sundarrajan, Organising secretary of TNOACON 2016 to send the full papers sent for medal as early as possible.

VIII. Fellowship secretary's report

Fellowship secretary Dr. P. T. Saravanan informed that CMC Vellore has been chosen as the venue for Inland fellowships this year as per the rotation policy as per the Fellowship requirement.

TNOA Prof. R. Ramakrishnan Gold medal for PG s will be conducted by Coimbatore Ortho club in Jan 2016.

IX. Treasurer Report:

Dr.Nalli R. Gopinath presented his report.

X. Report – Organising Secretary TNOACON 2016

Dr. Sundar Rajan informed that TNOACON 2016 Trust has been formed at Udumalpet and he also included Ortho members from Ooty in the Organising committee. He briefed about various arrangements for the conference and also submitted the draft Second Announcement.

XI. Report – Organising Secretary TNOACON 2017

Prof. Dr. Vetrivel Chezhiyan, informed about the preliminary arrangements for the TNOACON -2017. He detailed the various activities and the introduced the members responsible for it. He also suggested they wanted to conduct this conference in a grand way.

XII. TNOA Prof T.K.Shanmugasundaram Mid Year CME

President presented the draft protocol to be followed as follows

1. The CME shall be conducted in rural areas and only in the absence of any bidder the turn shall go to any other bidder.
2. The venue shall be large enough to accommodate at-least 200 members
3. A flier shall be sent to all TNOA Members before the end of March 31st for planning.
4. The Flier shall contain the messages of the President, TNOA, Secretary, TNOA, Messages from the Organising Chairman and Secretary of the CME.
5. Faculty shall be chosen from among the various Zones of the Association in addition to local faculty and any other National/International faculty as per the choice of the Organising Committee.
6. Invites with the Logos of the TNOA and local Organisers shall be sent to all Members of TNOA well in advance.
7. Draft academic content and faculty shall be approved by the President and Secretary TNOA before printing.
8. The title of the CME shall be " TNOA Prof. T.K.Shanmugasundaram Mid Year CME in all communications, posters, banners and brochures
9. The organizing Team shall indicate " TNOA in association with (name of the local Organisers)"
10. A detailed report of the event with regards to the number of delegates, faculty, procedures, photographs and the copy of video of the entire CME shall be sent to TNOA within 4 weeks from the conduct of the CME.

In view of the poor patronage to conduct this prestigious CME and also considering the fact that at-least two Medical Colleges have conducted this programme, It was decided that except metros viz Chennai, Madurai and Coimbatore, all other centres should be considered to conduct this CME. It was decided to select two successive venues to conduct this CME. It was also suggested that the theme for the CME shall be approved by the President and Secretary. It was

decided to have Special EC meeting in this CME to discuss matters of importance arising at that point of time. President-Elect, Dr. R. Sivakumar suggested that it should be conducted in a fixed date and the EC decided to conduct this CME on 3rd Sunday of July every year. Dr. Nalli R. Uvaraj suggested that a grant may be given to conduct the CME and it was decided that a Grant of Rs.15000/- shall be given. All the above decisions would need the approval of the General Body.

XIII. TNOA ELECTIONS:

Election Officer, President-Elect, Dr. R. Sivakumar elaborated about the TNOA elections and he informed the EC that this year he has planned to send prepaid postage cover and requested EC's permission for the same. President told that tracking of the ballot is important and tracking is not possible in prepaid postage cover, but it is possible to track only if courier or speed post is used.

Vice-President, Dr. Ramesh Babu told that if we use prepaid postage cover many would vote.

Dr. R. Selva Raj suggested that "paid by Addressee" may be used this time as an experimental method.

President suggested that, to meet this extra expenditure the nomination fee may be increased.

It was resolved that "paid by Addressee" system will be followed on experimental basis for this year's election and the nomination fees is increased to RS 5000/- for principal Office Bearers (VP & Jt Sec) and Rs.3000/- for EC members. This needs ratification by the General Body.

Dr. P. T. Saravanan suggested that a photocopy of the ID card of the member may be sent along with the ballot and it was accepted by the EC. This needs approval by General Body.

There was a discussion on whether members residing outside of Tamil Nadu can vote in TNOA elections which will be deliberated at the general body.

XIV. Report by committees

Insurance committee – letter from Dr. Francis Roy was presented. But since the issue was still incomplete Dr.R.Selvaraj, Dr. Nalli R Uvaraj, Dr.C. Sugavanam and Dr.P.T Saravanan were requested to study and submit a report to the EC Members.

XV. OASIS matters:

OASISCON 2015 report was presented by Dr. Sundar Rajan.

President congratulated the organisers of OASISCON 2015 as the best attended and wonderful conference.

Our members Dr. P. V. Vijayaragavan has taken over as president and Dr. R. Selvaraj as vice president of OASIS and the EC congratulated them.

XVI. IOA matters:

a. **IOA – Orthopedic Excellence Program (IOA OEP) was conducted as follows.**

i. 14th June 2015 – Coimbatore

ii. 2nd August 2015 – Trichy

iii. Third IOA OEP proposed to be conducted on October 18th 2015

b. **IOA Dr. A.K. Gupta Trophy for Best State Chapter Award:**

Since Oct 30th is cut off, President requested members to send reports as early as possible. He also informed that, since we are lacking academic programs, he requested to conduct more PG teaching programs. He also insisted that in every CME, there should be one talk on legal aspects.

XVII. Zonal Reports:

The various Zonal EC Members present reported their Zonal activities.

XVIII. Any Other Matters - NIL

The meeting concluded with a vote of thanks by Secretary.

EDITOR'S REPORT

Dear Members,

Greetings

I thank all the members for enabling me to release the first issue of TNOA journal during the TNOA – Prof. T.K.Shanmughasundaram mid year CME. I request the members to send articles for the second issue. Kindly submit the articles as per the guidelines. Since it was decided to select articles from the papers submitted for presentation in TNOACON, the authors are requested to submit the papers as per the norms for publication.

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Tamil Nadu Orthopaedic Journal

TNOA welcomes scientific material for publication in the
Tamil Nadu Orthopaedic Journal

Two copies of the manuscript along with print version in MS word on a CD and neat and clear illustrations should be submitted. In case one wishes to send articles on-line, it should be sent in word document format for written materials. Pictures must be sent in a C.D. only by post/courier.

Preparation of manuscript: Type manuscript on white bond paper 22 x 28 cm with liberal margins of at least 2.5 cm. Use double spacing including title page, abstract, text acknowledgements, references, tables and legends of illustrations. Begin each of the following sections on separate pages. Number pages consecutive, in the upper right corner of each page.

Title Page: The title page should contain

1. The title of the article, which should be concise but informative,
2. A short running head or foot line of no more than 40 characters,
3. First name, Middle and last name with initial of each author.
4. Name of Co author(s)
5. Name of department(s) and institution(s) to which the work should be attributed,
6. Disclaimers, if any
7. Name and address of author including phone number/mobile number and e-mail if any, for any clarifications.
8. The source of support in the form of grants, equipment, drugs, none or all of these.

Abstract: An informative abstract of about 150 words must accompany each manuscript, it should be suitable for use by abstracting journals and include data on the problem method and materials, results and conclusion.

Key (Indexing) terms: Below the abstract, provide and identify as such, three to ten key words or short phrases that may be published with the abstract and that will assist indexers in cross-indexing your article. Use terms from the medical subject heading list from the Index Medicus whenever possible.

Introduction: Acquaint the readers with the problem and quote the most pertinent paper. Mention clearly the purpose of the work.

Material and Methods: Explain in detail, elaborately and clearly, your clinical, technical or experimental procedures. Previously published methods should be cited only in appropriate references. **Mention the number of patients or cases in words e.g five patients instead of 5 patients.**

Results: Describe your findings without comment. Include a concise textual description of the data presented in tables, charts and figures. **Please prepare tables/charts as a separate document in word and send as separate folder without mixing up in the word document.**

Discussion: Comment on your results and relate them to those of other authors, define their significance for experimental research of clinical practice. Arguments must be well founded.

Tables: Tables should be self-explanatory and should supplement, not duplicate the text. Type each table on a separate sheet with double space. Number tables consecutively with a brief title for each. Give each column a short abbreviated heading. Place explanatory matter in footnotes. If you use data from another published or unpublished source, obtain permission and acknowledge fully. **Please prepare tables as a separate document in word and send as separate folder without mixing up in the word document.**

Illustrations: Use only those illustrations that clarify and increase understanding of the text. All illustrations must be numbered and cited in the text. Two black and white glossy print photographs of each illustration should be submitted. The following information should be typed on a gummed label and affixed to the back of each illustration; figure number, title of manuscript, Name of senior author, and arrow indicating top. Please do not write in ink at the back of the photograph. All illustrations have to be sent, as separate JPEG image files in a C.D. Colour pictures are also welcome.

A word on scanning or digital imaging: It is preferable to scan pictures in 300 dpi. If pictures already taken have to be chosen please use Photoshop and save as jpeg in minimum 300 resolutions. Digital images may be made in 3.0 or more mega pixels. This will help in prevention of distortion of pictures when enlarged.

Legends for illustrations: Type legends/captions for illustrations double - spaced, starting on separate page with arabic numerals corresponding to the illustrations.

References:

In the text should include only those that are important and have been studied in fully by the authors. References are a must for any article and those without references would be rejected.

Case Reports are welcome and such case reports and other short submission should be sent in the format of a full paper including and abstract and captions.

All submission should be addressed to:

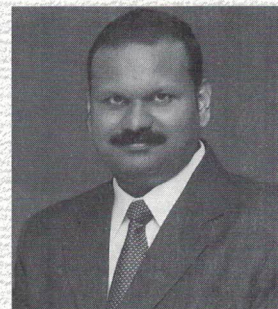
Dr. C. Sugavanam, London Ortho Specialty Hospital, Opp To Anna Park, Omalur Main Road, Salem- 636 009. INDIA
Phone No: 0427-2353033 / 91505-89922, Mobile No: 98427-04849, drsugavanam@gmail.com

Note: Kindly visit the official website of the Tamil Nadu Orthopaedic Association (www.tnortho.org) for details of submission of scientific material for publication in the Journal. We encourage case studies more than single case reports since the TNOA is aiming at making the journal a listed journal.

FELLOWSHIP SECRETARY'S REPORT

Distinguished Members,

Greetings from Kancheepuram. I invite applications from eligible members for the following TNOA FELLOWSHIPS 2015-16.



From Life Members of TNOA:

A. Inland Fellowships (Age: Less than 45 years)

- i. Prof. A. J. Selvapandian TNOA Travelling Fellowship - 2 Fellows
[M.S.Orth., / D.N.B.Orth.,]
- ii. Dr. R. Muralidharan – Dr. M. Vanasekar TNOA Travelling Fellowship - 2 Fellows [D.Orth]

Fellowship period: Two weeks – 3rd & 4th week of January 2016

Fellowship grant: Rs 10,000 / Fellow

Venue for this year: CHRISTIAN MEDICAL COLLEGE AND HOSPITAL, VELLORE (CMC Vellore)

It's a centenary old, top ranked medical institution having reputations nationally and internationally. About Department of Orthopaedics: at present there are three general Orthopaedic Units and two Sub specialty Units namely Spinal Disorders and Paediatric Orthopaedic Unit. Hand Surgery functions as a separate unit in close conjunction with orthopedics. The department is well staffed with 14 professors and 36 consultants and post graduates. Many consultants have had specialized surgical training abroad, in different fields of orthopedics.

B. Foreign Fellowship

- iii. TNOA Prof. A. Subramaniam Travelling Fellowship - 1 Fellow [M.S.Orth., / D.N.B.Orth.,]
(Age: Above 50 years)

Fellowship period: Three to Four weeks – Selected candidate must complete their Fellowship before the call for the next Foreign Fellowship is advertised in TNOA Newsletter.

Fellowship grant: Rs 50,000 / Fellow

Venue: The choice of place of Fellowship shall be left to the Fellows. The TNOA shall help the Fellow in this regard. The TNOA with its good office can fix up a place for the Fellowship.

For more details about these fellowships please go through the official website of TNOA <http://www.tnortho.org> SELECTION CRITERIA and APPLICATIONS for the above fellowships are available in this News Letter. The LAST DATE for receipt of completed applications is on **01st December 2015**.

I sincerely request all those members who are eligible, to apply for these fellowships, which will definitely enrich your knowledge and better your skills. I further request our teachers, senior members and colleagues, Orthopaedic HOD's of various medical colleges / PG Institutes of our state, TNOA EC Members and our Zonal Clubs Office Bearers to motivate and encourage more members to apply for these prestigious fellowships of our associations.

Warm regards,

Dr. P.T. Saravanan,

Fellowship Secretary, TNOA.

Sangeetha Ortho Center, 26/110-A, Kamarajar Street, Kancheepuram – 631501.

Phone: 98423 55099, 044 6727 0037

E-mail: ptsaravanan@yahoo.com, fellowshipsecretarytnoa@gmail.com

NB: The TNOA Foreign Fellowships will be called for once in two years alternatively, hence the TNOA Foreign Fellowship for under 45 years will be invited next year

The TNOA Prof. Ramakrishnan Gold Medal for Post Graduates will be conducted by the organisers of TNOACON 2017 at Coimbatore during the month of January 2016. Invites will be sent from them shortly.

TAMIL NADU ORTHOPAEDIC ASSOCIATION TRAVELLING FELLOWSHIP

Please tick the box opposite the Fellowship Programme you wish to apply for :

The Prof. A.J. Selvapandian TNOA Travelling Fellowship

☐

The Dr. R. Muralidharan-Dr. M. Vanasekar TNOA Travelling Fellowship for D.Ortho Graduates

☐

1. Name :

2. Age & Date of Birth :

3. Designation/Office Address :

4. Address for Communication :

5. Post held in Govt. Service /
Private Institution :

6. Qualifications (Please enclose necessary evidence)

Degree

Date of obtaining

University

7. TNOA Life Membership Number :

8. Papers Presented :

(Please enclose necessary evidence)

9. Papers Published :

(Please enclose necessary evidence)

10. Medals / Awards received :

Related to Orthopaedics only

(Please enclose necessary evidence)

11. Field of interest :

12. Details of any previous Fellowship :

Declaration I

(For those applying for The Dr. R. Muralidharan - Dr. M. Vanasekar TNOA Travelling Fellowship for D.Ortho Graduates)

I state that I am not at present undergoing or have undergone M.S. Ortho / DNB Ortho Course.

Date :

Signature

Declaration II

I hereby certify that the information given in this application is true and accurate to the best of my knowledge.

Date :

Signature

Note : If space provided is inadequate, please provide the information on a separate sheet. The application has to be sent in **triplicate** alongwith three sets of xerox copies of evidences / certificates.

Selection Criteria for our Inland Fellowships

(The Prof. A.J. Selvapandian TNOA & The Dr. R. Muralidharan – Dr. M. Vanasekar TNOA Travelling Fellowships)

Basic Qualification : M.S. Ortho / DNB Ortho for The Prof. A.J. Selvapandian TNOA Travelling Fellowship.
D. Ortho for Dr. R. Muralidharan – Dr. M. Vanasekar TNOA Travelling Fellowship.

Age : Upper age limit 45 years as on 30-10-2008.

Any member who had already undergone our inland fellowship cannot apply for a second time.
Only life members of TNOA can apply.

The selection committee shall comprise of the President, Secretary and the Fellowship secretary of TNOA.
Decision of the selection committee shall be final.

	Maximum
A. Years after Qualification	10 marks
B. Publications	10 marks
C. Presentations (Including Poster Presentation)	10 marks
D. Special Criteria	5 marks

A. 1 mark per every completed year

M.S. Ortho / Dip NB Ortho for the Prof A.J. Selvapandian TNOA Travelling Fellowship

D.Ortho for The Dr. R. Muralidharan – Dr. M. Vanasekar TNOA Travelling Fellowship

B. Publications

State level publications	each 1 mark
National level publications	each 2 marks
International level publications	each 3 marks

C. Presentations

State level presentations	each 1 mark
National level presentations	each 2 marks
International level presentations	each 3 marks

(Poster presentation will be considered at par with paper presentation)

D. Special criteria

Award winner, Medal winner (In Orthopaedics only)	each 2 marks
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(In the event of a tie, age seniority will be considered)

Selection Criteria for our Foreign Fellowships

- Only TNOA Life Members can apply.
- This fellowship is once in 2 years.
- Basic Qualification : MS. Ortho / DNB Ortho
- Age : 50 years and above
- The Selection Committee comprises The President, TNOA, The Secretary, TNOA and The Fellowship Secretary, TNOA.
- Decision of the Selection Committee shall be final.
- The interest money of the foreign fellowships fund shall be handed over to the fellow after their completion of their fellowship.
- Anyone who has gone for a TNOA Foreign Fellowship cannot go for a second time.

SELECTION CRITERIA

A. BASIC QUALIFICATION :	3 MARKS
B. PUBLICATIONS :	25 MARKS
C. PRESENTATIONS :	15 MARKS
D. SPECIAL CRITERIA :	2 MARKS
TOTAL : 45 MARKS	

A. BASIC QUALIFICATION :	3 MARKS
• MS. Ortho or DNB Ortho -	2 marks
• D. Ortho -	1 mark

B. PUBLICATIONS :	25 MARKS
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- Publications / Presentations on the same subject will be considered only once
- Publications / Presentations as Original Author only will be considered
- National Journals – 2 marks each for a maximum of 10 marks
- International Journals – 2.5 marks each for a maximum of 10 marks
- Published Original Orthopaedic Research work – 5 marks

C. PRESENTATIONS :	15 MARKS
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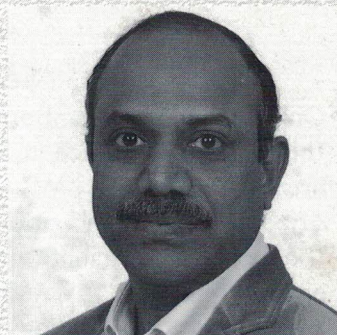
- National Meets – 1 mark each for a maximum of 10 marks
- International Meets – 2.5 marks each for a maximum of 5 marks

D. SPECIAL CRITERIA :	2 MARKS
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- Award winner
- Medal winner

In the event of a tie, age seniority will be considered.

Treasurer report - Dr. Nalli R Gopinath



As on -30/09/2015

I. Fixed Deposits-TAMILNADU ORTHOPAEDIC ASSOCIATION	
Total	23,38,355.00
II. Fixed Deposits-TN ORTHOPAEDIC TRUST Account	
Total	7,00,993.00
III . Fixed Deposits-TNOA Building fund:	
Total	26,00,000.00

ACCOUNTS - FROM 15/3/15 ONWARDS

Account no.705855990	
1)HDFC (seed money)	5,00,000.00
TNOACON2014-Salem:Seed Money	3,00,000.00
TNOACON 2013	5,00,000.00
Seed Money(Dr NRU)-Aug2015	

TOWARDS TNOA BUILDING FUND

In Account:	6,91,005.00
Total(with FD)	32,91,005.00

MISCELLANEOUS(MEMBERSHIP):

HDFC (TNOA& IOA)	7100.00 (5000/-IOA-Cheq234827)
Indian Bank DD(TNOA)	2100.00
Dr.Rufus Vasant Raj	2100.00
14-07-15 538488(KarurVysya)	2100.00
10912(HDFC)	2100.00
576505(HDFC)	7100.00(IOA-5000/-Cheq.234834)

EXPENSES

EC meeting (10-05-15)	27,960.00	Cheq 234826
Cheq234825 (25-2-15/27-05-15): Towards IOA	10,000.00	
Cheq 234827 (28-05-15): IOA- Through Secretary	5000.00	
Cheq 234828 Dr Antony Vimalraj (TNOACON-Quiz)	8710.00	
Cheq 234829 Dr Sugavanam(TA 2 EC Meets)	4000.00	
Cheq 234831 Towards printing (Adv-Newsletter,Journal)	70000.00	
Cheq 234832 Dr RRV-28-06-15 (Mid yr CME)	10000.00	
Cheq 234833 Secretary to IOA	5000.00	
Cheq 234834 Towards printing (Newsletter)	67168.00	
Cheq 234835 Towards printing (Bone & Joint Day printing)	17246.00	
EC Meeting (06-09-2015)-Tiruppur		
Total towards TA EC Members	19486.70	

Total Balance in Account as on 04-08-15	15,61,601.72
according to Passbook	
Last deposit 04-08-15	9,11,000.00
Final Balance(Includes Building Fund-6,91,005.00)	24,35,868.30

The Tamil Nadu Orthopaedic Association Elections Notice for the year 2015.

Dear all TNOA Members,

Greetings ...

We are glad to announce the TNOA Election for the year 2015.

We are calling for Posts of Officers :

1. Vice-President
2. Joint Secretary

Executive Committee Member of the following Zones:

1. Madurai - 1
2. Coimbatore - 1
3. North Zone - 1
4. South Zone - 2
5. West Zone - 2
6. East Zone - 1
7. Central Zone - 1

The Election is held in usual way but with a small change. The last date for filing nomination for the above post is 24th October 2015 & last date for withdrawal of nomination is 30th October 2015. The ballot papers will be dispatched through courier to the address of the TNOA Members. The change this time will be sending a pre return stamped envelope for the ballot papers of a registered post caliber.

Thanks for the EC Members for accepting the same which will ease out the slightest burden for the Members in casting the votes. Any Member who has not received the ballot, can email or SMS or Text me in the whatsapp if you are not able to reach me over phone.

The election result will be officially declared in the Annual General Body Meeting on 13th February 2016 and installation of new officer bearers with all enthusiasm will be done in the Valedictory function of TNOACON 2016.

I sincerely request all the members to take keen interest in casting their votes & not letting down their rights.

Important dates to remember:

24th Oct 2015	–	Last date for filing of Nominations
31st Oct 2015	–	Last date for withdrawal of Nominations
15th Nov 2015	–	Despatch of ballots
7th Dec 2015	–	Last date for duplicate/fresh ballots for non-receipt/changed address
31st Dec 2015	–	Last date for receipt of polled ballots
10th Jan 2016	–	Counting of Votes
13th Feb 2016	–	Declaration of results at AGM

As per rule 9.4, holding a post of EC Member is a pre-requisite and is mandatory for contesting to the post of Vice-President. Appropriate evidence shall be attached along with the Nomination form.

- ✓ Nomination form shall be duly filled with all relevant details addressed.
- ✓ The non-refundable Nomination fee of Rs.5000/- for the post of Vice President and Rs.3000/- for all other posts is applicable through a DD drawn in favour of Tamilnadu Orthopaedic Association payable at Chennai.
- ✓ All Nominees are requested to send a passport size photograph along with a short bio-data of not more than half page in a A4 sheet for official communication by TNOA to the electorate members.

The filled up Nomination form along with the evidence for having been an Executive member of the TNOA for those who wish to contest for the post of Vice-President, DD for the appropriate Nomination fee, passport size photograph and the short bio-data shall be sent to the following address on or before 24.10.2015.

Dr. R. Sivakumar
President Elect / Election Officer
Tamilnadu Orthopaedic Association
Mobile: 9443733996, 9842133996
Email id: profsivakumarspine@gmail.com

Address for communication:
Preethi Hospitals (P) Ltd,
27, Ganesh Nagar,
120 Feet Road, K. Pudur,
Madurai 625007, Tamilnadu

The Tamil Nadu Orthopaedic Association – Elections 2015

Nomination Form

Name of the contestant :

Post for which contesting :

Life Membership Number :

Address :

Landline No.:..... Mobile No.:.....

Email Id. :

Nomination fees details : DD No.:..... Dated Amount.....

Bank :

Proposed by : Name : LM No.:.....

Signature :

Seconded by : Name : LM No.:.....

Signature :

For Contestants for the post of Vice-President :

Year of serving as EC Member :

Post held :

Please provide documentary evidence for the same.

Nomination fees : For Vice-President : Rs5000/, For other posts: Rs.3000/.

Nomination fees to be sent along with the application in the form of Demand draft drawn in favour of "Tamil Nadu Orthopaedic Association" payable at Chennai.

Consent & Declaration by the Candidate:

I, Dr..... hereby consent to contest for the post of of Tamil Nadu Orthopaedic Association.

I, Dr..... do hereby declare that the facts and details provided by me in the Nomination form are true. I also understand that if any of the facts or details are found to be false, my nomination will be rejected.

I agree to abide by the Code of Conduct for the Elections of TNOA. I also agree to abide by the rules and regulations of the Tamilnadu Orthopaedic Association and work for the uplift of the Association and will attend the required meetings and abide by the decisions of the Executive Committee and General Body..

Signature of the Contestant: Date:.....

Note:

1. Completed nomination forms along with the necessary enclosures to be sent to : **Dr. R. Sivakumar**, Preethi Hospitals (P) Ltd, 27, Ganesh Nagar, 120 Feet Road, K. Pudur, Madurai 625007, Tamilnadu so as to reach not later than 24.10.2015.
2. Nominations should be proposed and seconded by Life members of TNOA.
3. Enclosures include Demand draft for nomination fees, brief bio-data and passport size photo.
4. In addition to the above enclosures, the contestants for the post of Vice President should produce evidence for having been an EC member of TNOA in the past.
5. Nominations should be sent by post or courier only.
6. Nominations received after the last date (24.10.2015) will not be accepted.
7. Incomplete nomination forms will be summarily rejected.

BEST ZONAL CLUB OF TAMIL NADU ORTHOPAEDIC ASSOCIATION

Period: Activities from 1st January till 31st December.

Report to be submitted before 31st January each year. Award will be presented during the TNOACON each year.

Selection committee: The selection shall be done by a committee consisting of 1) The President, TNOA 2) Secretary, TNOA 3) President Elect, TNOA and 4) Vice President, TNOA., 5) Joint Secretary, TNOA.

Criteria to be considered in awarding Best Zonal Club award:

1)	Increase in number of members in State Association: Percentage increase in membership of the zone. One mark for every 1% increase in membership.		Maximum of 10 points.
2)	Increase in number of members in IOA: Percentage increase in membership of the zone. One mark for every 1% increase in membership.		Maximum of 10 points.
3)	Academic activities: CME Programmes : Clinical meetings :	2 points, 1 point.	Maximum of 20 points.
4)	Achievement of individual members: Paper / poster presentations International : National : State : Publications International : National : State : Books :	2 points, 2 points 2 points 2 points 2 points 2 points 5 points	Maximum of 20 points.
5)	Awards and honours :	5 points for each achievement	Maximum of 10 points.
6)	Social activities	5 points for each activity.	Maximum of 10 points.
7)	Regular conduct of monthly meetings (Minimum 10)		Maximum of 10 points.
8)	Submission of report in EC meetings of TNOA.		Maximum of 10 points.
			Total 100 points.

Applications are invited from the zonal clubs for the best zonal club award for metros/non metros

Applications should be accompanied by the reports on activities of the zonal club with necessary evidence from February 2014 to 31st January 2015.

The selection will be done by the committee – President, Secretary, President elect, Vice President, and Joint Secretary.

The application should reach the Secretary TNOA before 31st January 2015

Awards will be considered separately for both Metros and Non-Metros

Thank You .

Dr.S. Muthuraman,
Secretary, TNOA.

OASIS MATTERS

Dr. P.V.Vijayaraghavan, our Past President, TNOA, Past Secretary General OASIS, Vice President IOA took over as the President of OASIS.



OASICON 2015

The OASICON 2015 was organized at Hotel Kodai International, Kodaikanal in August 2015.

The Conference was conducted on behalf of TNOA by the Dindigul Ortho Club. The organizing Chairman was Dr. P.V.Vijayaraghavan and Co-Chairmen were Dr. C. Raja Ravi Varma and Dr. M. Vanasekar. The Organising Secretary Dr. M. Muralidharan submits the following details of the concluded Conference.

Total no: of delegates – 711, Spouse - 168. Registered kids- 58

South Indian Faculties – 64, Foreign Faculties- 5

No: of guest lectures - 78(including CME)

Workshops: 5 techniques (30 tables for hands on training)

No: of attendees for workshop : 260

Total no: of free papers - 136

Medal paper for PG s- 12

Medal paper for consultants- 12

Total no: of free posters- 97

Total no: of medal posters -34 (Medal for Dr. Srivatsa, kochi)



IOA Matters

National Bone and Joint Day

The National Bone and Joint day was observed in a most exemplary and effective manner. Though the event was supposed to be a weekly affair, the TNOA observed it as a month long affair. For the first ever time, the entire general public stood up and appreciated the efforts of TNOA in it's role of creating awareness among General Public on the importance of Road Safety. For the first time all the affiliated Clubs and Societies of TNOA were directly involved in executing the programmes of TNOA. A massive programme of sensitizing 70,000 school children on First Aid, Emergency and CPR was embarked on and within a period of one week nearly 20,000 children were covered. For the first time, various Media houses and TV Channels aired and reported the sincere efforts of TNOA. For the first time whatever was confined to the four walls of the clinic percolated on to the roads.

The following programmes were conducted:

- **PRESS MEETS**
- **ROAD SHOWS**
- **DISPLAY OF ROAD SAFETY POSTER**
- **DISTRIBUTION OF HANDBILLS TO MOTORISTS**
- **BLOOD DONATION CAMPS**
- **AWARENESS LECTURES**
- **CELEBRITY MESSAGES**
- **SCHOOL SENSITISING PROGRAMMES**
- **PRE HOSPITAL CARE AWARENESS**
- **PUBLIC AWARENESS PROGRAMMES**
- **MEMORANDUM TO POLICE TO PREVENT MINORS FROM USING TWO WHEELERS**
- **RELEASE OF I CARD TO HELP UNCONSCIOUS OR UNAIDED VICTIMS TO PRESERVE THE SIGNIFICANCE OF GOLDEN HOUR**
- **BMD CAMPS**
- **RALLIES, WALKATHONS**

The President and Secretary particularly thank each and every distinguished member, EC Members, all Presidents and Secretaries of various Clubs. The unique Whatsapp group 'TN B&J Group' was instrumental in uniting all the people concerned and update the various programmes. President has placed a request to Organising Secretary, TNOACON 2016 to place a banner highlighting the various activities.

The success of the programme has shown that this Tamilnadu Orthopaedic Association is highly sensitive to the issues concerning the general public and particularly accident victims where a timely Pre - Hospital Care in the Golden Hour could save lakhs of patients injured in Road Traffics Accidents. The NCRB Statistics for 2014 has revealed that 16 deaths have occurred every hour due to RTAs in India. Our aim was to reduce or prevent this number.



TNOA Prof. A.DEVADOSS MERITORIUS AWARD

Name of the Award: TNOA Prof. A. Devadoss Meritorius Award

Honour: The award recipient will be recognized for their outstanding contribution to orthopedic surgery in Tamilnadu during the Award Ceremony held at the Annual conference of TNOA during the Inaugural Function with a Plaque and medallion.

Timing of Award: During the inaugural Function of the TNOACON. (as resolved during the AGM of February 2014, Chennai)

Award Criteria:

- The nominee should be aged above 60 years.
- Have been in practice for a minimum of 15 years
- Be a member of TNOA in good standing for at least 15 years.
- Demonstrate outstanding leadership in the areas of community service and/or education.
- Support excellence in orthopedic surgery, including community medical services and contribution beyond their medical practice to the community at large.

Additional Criteria:

- Current members of the TNOA executive committee and the Committee Constituted by Sponsor are not eligible for nomination of this award.
- There should be no self nomination.

Nomination Process

- Recipients are nominated by a fellow member(s) of the TNOA by proposing and seconding.
- The application package includes: a completed nomination form providing details on how the nominee meets the award criteria and an overview of the nominee's achievements.
- The TNOA Core Committee will review all nominations and a selection will be made and intimation will be sent to the Sponsor Committee.



APPLICATION FORM FOR TNOA Prof. A. DEVADOSS MERITORIUS AWARD

WE WISH TO NOMINATE : Dr.

Award Criteria

1. How does the nominee qualify for the award ?

Name of Nominee :

TNOA Membership # (if known) :

Home Address / City / Postal Code :

Office Address / City / Postal Code :

Qualification :

Current Post :

Phone: Office:

Home:

Mobile:

Email :

Proposed by :

LM Number(Mandatory):

Home Address / City / Postal Code :

Office Address / City / Postal Code :

Phone: Office:

Home:

Mobile:

Email :

Signature :

Seconded by :

LM Number(Mandatory):

Home Address / City / Postal Code :

Office Address / City / Postal Code :

Phone: Office:

Home:

Mobile:

Email :

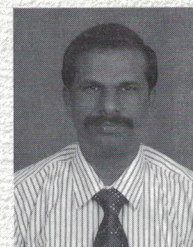
Signature :

2. Please mention in detail how the nominee supports excellence in orthopaedic surgery, includes involvement in education and contribution beyond their medical practice .

3. Yes – We confirm that the Nominee that we are nominating has been a member of Tamilnadu Orthopaedic Association for a minimum of 15 years.

4. Yes - We confirm that the nominee is over 60 years of age.

5. Please attach Bio-data of Nominee including achievements

COIMBATORE ZONE**Dr. Major K. Kamalanathan**

Regular monthly meetings are conducted on all third Saturdays between 7:30 pm to 10:30 pm with

- a. PG teaching program – Lecture by a senior faculty in Orthopaedics
- b. Interesting case presentations & discussions
- c. Guest lecture Followed by dinner

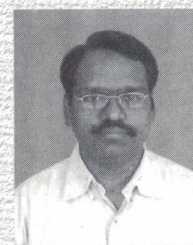
The achievements of our members

Dr.S.Rajasekaran, Dr.AlphonseMariyadas, Dr.S.S.Senthilnathan, Dr.Rajapandiyan, Dr.S.Dhandapani are reported in the minutes of the second EC meeting

IOA-OEP – Indian Orthopedic Association –Ortho Excellence Programmed was conducted successfully on 05/07/2015 at TajVivantaCoimbatore.The scientific program was conducted with eminent faculties and chairpersons on 10 common topics of orthopedics.Nearly 75 delegates attended this interactive session. Our Secretary Dr.S.Muthuraman inaugurated the IOA-OEP along with our President's AV speech.

For the month of May 2015 – COS meeting was conducted for Prof. Rajasekaran's gold medal for best thesis Dr. KamatchiPrabhu of Ganga hospital won the gold medal for his thesis on CT based prospective study of correlation of posterior tibial slope & PO knee flexion & relationship between tibial tray rotation and functional outcome in posterior stabilized TKR pts.

The Bone and Joint day activities were done by our members and was reported in leading newspapers
The monthly meetings were conducted regularly by all the zones

NORTH ZONE**Dr. Justin Arockiaraj**

1. Obituary – Prof. G.D. Sundararaj, Retired Professor from Christian Medical College Vellore, expired at Nepal on the 4th of July 2015.

2. Achievement – Dr. P.T. Saravanan received Best Doctor award from Dr. Rosiah, Governor of Tamilnadu at Erode on the 24th of July 2015.

Kanchi Ortho Club:

- 1: INAUGURAL Seminar - "Bone Health: Women's wealth" 15.07.2015
- 2: Awareness program for doctors - "Seat Belt: Safety Belt" 17.07.2015
- 3: Road Safety awareness program for children and special event - "Sports Karate: Strengthens your bones" - 19.07.2015
- 4: Road Safety awareness program for children and special event - "Swim your way to stronger bones" - 20.07.2015
- 5 : AWARENESS PROGRAM FOR PARAMEDICAL STAFF - 21.07.2015
- 6: An orthopedic seminar on "Stronger Bones Stronger India" in association with Rotary Club - 21.07.2015
- 7: Panel Discussion on "Pregnancy & Back Ache" @ CSI Hospital, Kancheepuram - 22.07.2015
- 8: Workshop on "Basic Life Support: CPR" @ CSI Hospital, Kancheepuram - 22.07.2015
- 9: Orthopedic seminar "Healthy Bones Mighty India" in association with Rotary Club of Kancheepuram on 23.07.2015
- 10: CME program - doctors on "Build Your (Home) Bone" - 26th July 2015
- 11: Road Safety Awareness Program for children "Students Strength: Nations Wealth" - 29.07.2015
- 12: Awareness Program for students "Road Safety: Brings Cheers" Girls Higher Secondary School - 29.07.2015
- 13: Awareness Program for Pregnant Women "Healthy Mother: Healthy Child: Healthy Nation" - 30.07.2015
- 14: Conducted Geriatric Medical (Ortho) Camp" in association with Kumaran Old Age Home - 30.07.2015

- 15: Awareness Program for Pregnant Women "Bone Health in Pregnancy" in GH, Kancheepuram - 31.07.2015
- 16: Osteoporosis Awareness Program for school Teachers "BMD Detection camp" ANM Govt Girls HSS 31.07.2015
- 17: "Submission of Memorandum"- Prevention of School Children from Using Two Wheelers - to DSP, Kancheepuram - 01.08.2015
- 18: Road Safety Awareness Program for General Public on "Helmet & Seat Belt Awareness" - 02.08.2015
- 19: Road Safety Awareness Program for school children "Safe Cycling: Smart Cycling" - 03.08.2015
- 20: Awareness Program for school children "Road Safety: Rules of the "Road"- SSKV Mat. HSS - 03.08.2015
- 21: Awareness Program for school children "FOLLOW TRAFFIC RULES: Save Lives" - 04.08.2015
- 22: Awareness Program for school children "Road Safety: It's a Way of Life" - Yaga Salai Muni. School - 04.08.2015
- 23: Program for General Public "Road Safety Awareness Walkathon" SCSVMV University, Kancheepuram on 05.08.2015
- 24: ROAD SAFETY awareness program for children and special event on "Yoga Makes Your Bones Happy" - Yogasana Association - 05.08.2015
- 25: Orthopedic seminar for public awareness on "Fracture Care: Do's and Don'ts" - Sangeetha Ortho Centre - 06.08.2015
- 26: Organized a Workshop on "Cardio Pulmonary Resuscitation" - School of Nursing, Govt Dist HQ Hospital, Kancheepuram - 06.08.2015.
- 27: Seminar on "Hand Hygiene & First Aid" -Industrial Institute - 07.08.2015
- 28: Awareness Program for Company Employees / Pregnant Women "Back Care & Baby Care" - 08.08.2015
- 29: An "Orthopedic Nurses Education Program" in association with Manogar General Hospital - 08.08.2015
- 30: Road Safety awareness program "Wear Helmet: Win over Yama Dharma" in association with Kanchi Neuro Centre - 08.08.2015

Community Services Program:

Women Doctors Wing organized "Adolescent Health Awareness Program" - Sri Sathya Sai Seva Organization - 12.07.2015
 Doctors Day Special BLOOD DONATION CAMP in association with Indian Red Cross Society - 10th July 2015

Doctors Day Triple Celebrations:

"MUPPERUM VIZHA" – Doctors Day Awards Ceremony, Educational Grant to Meritorious Students & Basic First Aid Training Program - 01st July 2015

Vellore Orthopaedic Society:

Approach to Polytrauma
 BLS training for nurses, doctors and school teachers
 Bone and Joint Day Awareness Posters issued at all Medical colleges and Clinics
 BJD memorandum submitted to Mrs. Senthil Kumari I.P.S. SP Vellore.
 Issued pamphlets to bike riders, schools, petrol pumps, patients
 Issued ID cards to patients
 CMC fracture course 2015
 In house training for staff
 - I.M. nailing for OR nurses
 - BLS training for ward nurses

Free Medical Camp – Scudder Memorial Hospital Ranipet. July 2015

WEST ZONE

Dr. Parthasarathy, Dr.Palanikumar

Midwest ortho society have conducted road safety awareness programme for school students from 29th July till Aug 4th 12000 school students were covered from 7 schools Painting and Essay writing competitions regarding Road Safety was conducted for school students and prizes worth Rs.25000/- were distributed by Midwest ortho society on Aug'4th during Bone & Joint day celebration.



To commemorate our 30th year anniversary Midwest ortho society conducted CME on periarticular fractures on Aug'30th'2015 CME was inaugurated by our TNOA-president Dr. Raja Raviverma on 29th August evening -8pm. Our president honoured the founder members of Midwest ortho society Late Dr. Rajendran, Dr.T. Jayaraman, Dr.Shanmugam, Dr. K.Prakasam, Dr. Rajamanickam , and Dr. AE. Manohar, Dr. Venkatesan, on Aug'30th CME was attended by 106 delegates we had 7 guest speakers and our TNOA secretary Dr. Muthuraman was one among them. Zimmer workshop on periarticular plates was conducted during lunch break and participated by 60 delegates.

Dr RT parthasarathy

Format for intimation of changes in address

Members are requested to furnish the change in address, additional qualifications or any other relevant information which would have arisen after your latest update of membership. Alternatively you may contact your zonal Executives / Comm. Members to intimate changes.

Format for Note / Correct / Change of address

Name (in BLOCK Letters) :

Age and Date of birth :

Old Address :

New Address :

Phone: e-mail: web site :

Qualification(s):

MOSCON 2015

The first madras orthopedic society conference (MOSCON 2015) was conducted to commemorate the silver jubilee celebration of MOS (MADRAS ORTHOPAEDIC SOCIETY) on 20 th September 2015 at Hotel Clarion, Chennai under the auspices of TNOA and Dr MGR Medical University.

Prof V Singaravadivelu was the organizing chairman and prof D Gokulraj was the organizing Secretary. The conference was inaugurated by Padma Laurette prof Mayilvahanan Natarajan, TNOA president Dr C Raja Ravi Varma delivered the presidential address and Prof PV Vijayaraghavan delivered the key note address.

We had the privilege of inviting our first MOS president Prof P.Dhanarajan to give the first MOS Oration. A total of 241 delegates(including faculty) attended the conference.

The conference started with free paper presentation followed by trauma, paediatric session. Post lunch was medal paper presentation followed by arthroplasty and spine session. It was followed by hands on workshop in total knee arthroplasty and locking plate.

In the evening all past President's and Secretaries of MOS were invited and many of them made their presence to grace the occasion and all of them were felicitated with memento and shawl.

The conference concluded with entertainment session(standup comedy by Sun TV fame Madurai Muthu) and light music with dinner.

The Conference was accredited with 10 CME credit points by the TN Dr MGR University.



CALENDAR OF EVENTS

DATE	MONTH	YEAR	EVENT
10	May	2015	First EC Meeting - Chennai
16	June	2015	Despatch of First new letter
28	June	2015	TNOA – Prof. T.K.Shanmughasundaram Mid year CME
4	August	2015	Indian Bone and Joint Day
21,22,23	August	2015	OASISCON 2015- Kodaikanal
6	September	2015	II EC Meeting - Ooty
13	October	2015	Despatch of second newsletter with following announcements 1.TNOA – Fellowship 2.TNOA – election 3.Request for articles for TNOA 4.Nomination- .Best zonal club 5.Reqeust for Nomination for TNOA – Prof A.Devadoss Meritorious Award 6.TNOA Chola mandalam ortho PG grant
24	October	2015	Last date for filing nomination for TNOA elections
31	October	2015	Last date for withdrawal of nominations
15	November	2015	Despatch of ballots
7	December	2015	Last date for despatch of duplicate ballots
11-14	December	2015	IOACON -2015 - Jaipur
20	December	2015	III EC meeting - Coimbatore
31	December	2015	Last date for receipt of ballots
10	January	2016	Counting of votes
31	January	2016	Last date for receiving nominations for best zonal club award
12,13,14	February	2016	TNOACON -2016, Ooty
13	February	2016	IV EC Meeting
13	February	2016	Annual general body meeting
14	February	2016	Installation of new office bearers, Valedictory function TNOACON -2016

APPLICATION FORM

No.

Attach
Passport Size
Photograph
Here

MEMBERSHIP OF TAMILNADU ORTHOPAEDIC ASSOCIATION

Name :
Address :

Residence

Clinic

Tel :	Tel :

Mobile :
Date of Birth :
Year of Passing MBBS :
Post-Graduate Dip / Degree :
University :

E-mail :
Qualification :
University :
Year of Passing :
Present Post :

Already a member of IOA

Yes No

If yes IOA Membership No.

Proposed by

Name :Dr.....
Life Membership No
Signature.....

Seconded by

Name :Dr.....
Life Membership No.....
Signature

I have enclosed a draft for

- ☐ Rs. 7100/- (TNOA Membership Rs.2100/- + IOA Membership Rs.5000/-)
☐ Rs. 2100/- (If already a member of IOA). Please attach a proof for the same.
☐ Rs.500/- (Associate Membership - Only for Post Graduates). Pl mention Year of course :

Please attach two photocopies of the Qualifying Degree / Diploma / Certificate from the HOD or the application proposed or seconded by HOD (for Associate Membership) and Registration Certificate of the PG Degree with the State Medical Council.

Demand Draft should be in favour of "TAMILNADU ORTHOPAEDIC ASSOCIATION" payable at Chennai

DD No.:

Dated:

Bank:

Note : The Registration fee of Rs.2100/- for Life membership includes Rs.100/- a contribution towards OASIS(Orthopaedic Association South Indian States)

Place:

Date:

Signature

Address for Communication

Dr. MUTHURAMAN.S

Secretary - Tamil Nadu Orthopaedic Association
Vasu Illam, TRSM Gardens, No.1, Madurai Road,
Opp to Macia Nagar, Tenkasi - 627 811.

For office use :

"Combined membership for both TNOA and IOA has been made compulsory as per decision taken in the GB meeting held at TNOACON Vellore, 2012" .

IOA Membership Form

The Hon. Secretary, Indian Orthopaedic Association,
IOA House, 69 Tughlakabad Inst. Area,
Behind Batra Hospital, M.B.Road,
New Delhi – 62
Ph: +91-11-29961434, 9811967820
Email : ioahouse_org@yahoo.com, ioahouse@ioaindia.org
Website : <http://www.ioaindia.org>

Attach
Passport Size
Photograph
Here

Dear Sir,

I wish to apply for the LIFE Membership of Indian Orthopaedic Association

Name (BLOCK LETTERS)

Postal Address

State Pincode Date of Birth

Email

Telephone Mobile No.

PG Degree / Diploma Year

Institution

I enclose the payment of Rs. By Cheque / DD No

Place & Date

Signature

Proposed By
(NAME IN BLOCK LETTERS)

SIGNATURE IOA MEMBERSHIP NO.

Seconded By
(NAME IN BLOCK LETTERS)

SIGNATURE IOA MEMBERSHIP NO.

The membership fee for Life Membership is **Rs. 5,000/-** and full membership is **Rs. 1000/-** (yearly) a decision has taken of IOA E.C meet and AGM in 2008 at Bangalore. Please make Daft in favour of **"Indian Orthopaedic Association"** payable at **New Delhi**

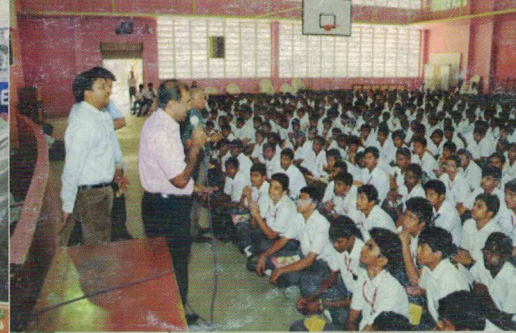
PLEASE NOTE :

- ☐ Please send the membership application Form and Demand Draft at the above mentioned address only.
- ☐ Certified Photocopy of the PG Degree / Diploma to be sent along with Application Form.
- ☐ Certified Photocopy of Medical Council Registration to be sent along with the form.

Membership is subject to ratification in the subsequent AGM of the IOA. Allotment of membership no will follow the ratification. Members will get proper information up to 1st week of March after ratification the membership no.



BONE & JOINT DAY CELEBRATIONS



BONE & JOINT DAY CELEBRATIONS AUGUST 4, 2015

