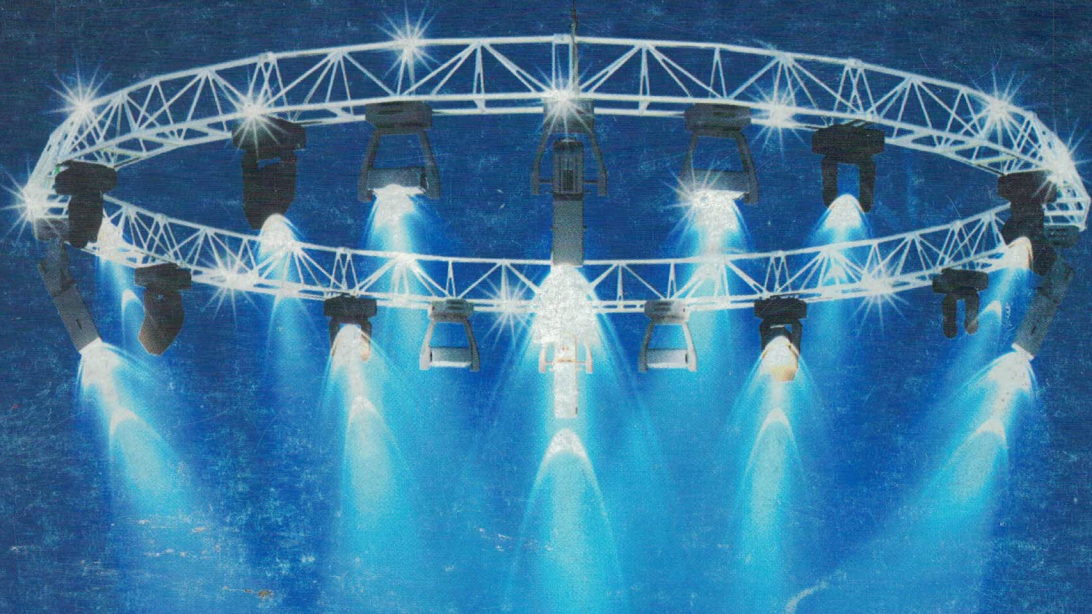




# TNOA NEWS

Official Newsletter of The Tamilnadu Orthopaedic Association  
2014-2015, Volume 1, Issue 1



Dr. Nalli R Uvaraj taking over as the President for 2014-15.



The new EC member team in action

*Our Focus .....*

*Membership drive*

*TNOA building*

*Basic research*

*Bone and joint day*



# TNOA EXECUTIVE COMMITTEE 2014-2015



**Dr. Nalli R Uvaraj**  
President



**Dr. S. Muthuraman**  
Secretary



**Dr. R. Selvaraj**  
Immed. Past President



**Dr. C. Raja Ravi Varma**  
President Elect



**Dr. R. Sivakumar**  
Vice President



**Dr. M. Antony Vimalraj**  
Joint Secretary



**Dr. J. Dheena Dhayalan**  
Editorial Secretary



**Dr. Premnath**  
Fellowship Secretary



**Dr. Annamalai Regupathy**  
Chennai



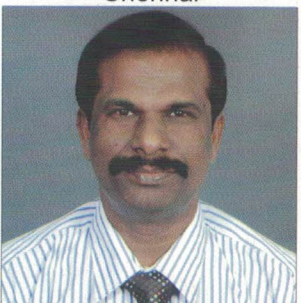
**Dr. Balakrishnan**  
Chennai



**Dr. P.V. Thirumalai Murugan**  
Madurai



**Dr. T. C. Premkumar**  
Madurai



**Dr. Major K. Kamalanathan**  
Coimbatore



**Dr. S. V. Justin Arockiaraj**  
North Zone



**Dr. A. Francis Roy**  
South Zone



**Dr. M. Ilanchezhian**  
South Zone



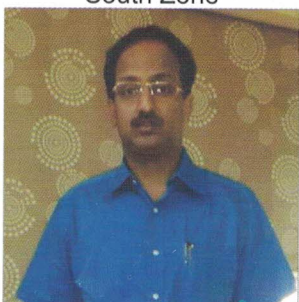
**Dr. R.T. Parthasarathy**  
West Zone



**Dr. C. Palanikumar**  
West Zone



**Dr. M.C. Chinnadurai**  
East Zone



**Dr. J. Christopher Babu**  
Central Zone



## From the Desk of the President

Greetings from Chennai,

I am humbled and proud to take over as the President of Tamil Nadu Orthopaedic Association. I take this opportunity to once again thank our members for giving me this honour.

After a very successful and interesting Annual Conference of TNOA at Chennai, it is time we get back to our routines.

Initiated by our Past President, the building project will have to be completed by us at the earliest. I request all the Honoured members of the Association to help me in finishing this project. I plan to meet you all in person regarding this seeking your help.

Though our Association's life membership is nearing 1500, the membership in IOA is yet to improve. I appeal to all the members to also enrol themselves as members of IOA so that we can be a force at the National Level.

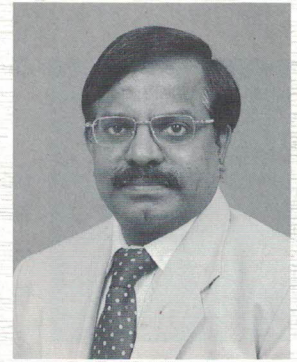
It is heartening to note that a number of scientific programmes are being organized by our honourable members throughout the state. Let me congratulate and request them to continue with their good work.

The TNOA- South Zone Meet at Thoothukudi is a novel effort which I am sure will promote comraderie between the members of the various clubs attached to the zone. I only wish that meetings of this type are organized at other zones also.

Seeking your full cooperation and wishing you all the very best.

With warm regards,

Dr. Nalli R Uvaraj





## From the desk of the Secretary



Dear Members

Greetings.

With the memories of the historical conference – TNOACON 2014 still remaining fresh, I am happy to communicate to you through this news letter with the latest updates. The new team of office bearers, a perfect mix of experience and young energetic minds, have taken charges during the conference. It is very happy to see all working together with great spirit for the progress of the association

### **“Goals are dreams with deadlines”**

The targets for this year besides routine activities are

1. Membership drive: Though the strength of the association has substantially increased over the years, we still have huge number of orthopaedic surgeons as nonmembers. We as a team should take necessary steps to bring them in to the state and national forums.

2. TNOA Building : We must feel proud to be a member of an association nearing almost fifty years of existence, nurtured with great care by the masters of Tamilnadu Orthopaedics .It is unfortunate that the association of such glory and recognition do not possess a building of its own. Thanks to the initiative and efforts taken by the immediate past president Dr. R. Selvaraj. The building for such association should not be just a store house of records but an epicenter of activity possessing a Hall of fame, skills lab, teaching facilities of modern standards. The magnitude of the building solely rests on the magnanimity of its members. For us , the orthopaedic surgeons, known for generosity and resourceful profession, contribution to any magnitude is not a problem, but it is a matter of decision. Please decide and donate and take part in designing the future.

3. Focus on Basic science and research : Though orthopaedic science today is progressing at unimaginable speed, there remains a lot yet unanswered. , The future of any science depends on the understanding and unveiling the basic concepts. Institutions and younger generations should focus in these directions. This association will remain supportive and encourage any activity taken in this direction.

4. Error free and effective communication : . The total enrolled members are 1456. Of these numbers we don't have address details of 130 members and about 150 letters return everytime when communication is sent to the available address. So a total of about 280 members, constituting about 1/5 of the total members remain uninformed about the activities of the associations. Various attempts have been taken by previous office bearers to get it rectified. But it remains unsettled. As a member of the association it is your right to receive communication. Make it possible by verifying your address, updating the changes if any and providing the email id.

**The targets may look unrealistic or too high for ordinary men, but not for us orthopaedic surgeons**

**“The great danger lies not in setting our aims too high and falling short  
But in aiming too low and achieving it”**

Hope to see you again with accomplished targets

Dr. S. Muthuraman  
Secretary, TNOA



## TAMIL NADU ORTHOPAEDIC ASSOCIATION, EXECUTIVE COMMITTEE MEMBERS 2014-15

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Secretary:

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Joint Secretary:

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Treasurer

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Assistant Professor- Spinal Disorders Surgery Unit

Department of Orthopaedics

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E-mail : svjustin.arockiaraj@gmail.com



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Email : partha9909@gmail.com

**Dr. C. Palanikumar**

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**Executive Committee Member - East Zone**

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**Executive Committée member Central Zone:**

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JCB hospitals, Palani road, Dindigul.  
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Email : jcbortho@yahoo.com

**Executive Committee Member South Zone:**

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Mobile : 9443124222

**Dr. M. Ilanchezhian,**

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Kamarajar nager colony  
Thammaththukonam  
Nagercoil-629004

**Senior Vice President – Orthopaedic Association of South Indian States (OASIS)**

**Prof. P.V.Vijayraghavan,**

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Email: aparnaraghavan@yahoo.com



## **TNOA – Annual report 2013 -2014**

### **Dr. V. Singaravadivelu, Secretary**

### **Venue : Chettinad Health City, Chennai.**

Respected Chiefguest of the day Thiru M.M. Rajendran the past governor of Odissa, President TNOA, distinguished guests, office bearers of TNOA, members and delegates I extend my warm wishes to everyone on behalf of TNOA. I am delighted to stand here as the secretary of this association and read the annual report in this historical occasion TNOACON -2014, the annual conference of the 45 year old association. This is of historical significance because the conference is organized by the association itself for the first time in these 45 years. The year began with the induction of new office bearers into the association during the TNOACON 2013 held at Thanjavur. The following members took over the charges. Dr. R. Selvaraj (President), Dr. Nalli R Uvaraj (President elect), Dr. C. Rajaravivarma (Vice President) Dr. Premnath (Fellowship secretary) Dr. Annamalai Regupathy (Treasurer), Executive committee members - Dr. Balakrishnan (Chennai), Dr. P.V. Thirumalaimurugan (Madurai).

#### **Obituary references**

We extend our condolences for the loss of two members of our association.

1. Dr. Ramasubramaniam, a senior member of our association, passed away after a prolonged illness. He is greatly respected among the members and known for his active participation in every activities of the association.
2. Dr. Rajesh Kumar from Coimbatore

#### **Membership**

I am happy to announce that the membership of our club has substantially increased during this year. 86 orthopaedic surgeons have applied for membership and if their applications are ratified the membership would increase from 1330 to 1416. The associate membership application is 96.

#### **Achievements**

The efforts of members and their achievements bring fame and honour to this association.

1. Prof. A. Devadoss - Madurai was honoured during the OASISCON 2013 held at Pondicherry
2. Dr. S. Kumaravel was awarded Ph D degree by SASTRA UNIVERSITY for his research on 'Monitoring and Analysis of fracture healing by electrical stimulation'. He also received IOA – Best published paper award for the year – 2012 for basic research category.
3. Dr. K.P. Srivatsava gold medal for best poster – IOACON -2012 was received by Dr. David Vimal
4. Prof. Dr. Pugalendhi received the certificate of excellence from the Dean, Madurai Medical college
5. Dr. P.T. Sarvananan received the following awards
  1. State President appreciation award for organizing protest for hospital protection
  2. State President appreciation award for face book communication
  3. Dr. D. Mohanraj award for Group V Branch secretary – Winner
  4. Dr. G. Jishnumohan was awarded certificate of appreciation by IMA Kancheepuram.

#### **CMEs and conferences**

1. Video Demonstration of upper limb surgeries – 23/6/2013 Stanley Medical College
2. Hand and wrist course – July 2013 - Ganga hospital, Coimbatore
3. Indo US shoulder course - 10, 11/08/2013 – Orthoone hospital coimbatore
4. Instructional course spine – ICS 2013 – 16th -18th August 2013 – Madurai spine club
5. Decision making in spine - 30/08/2013 Madras Medical College



6. Common problems of spine – an update – SPOT Hospital – 08/09/2013
7. Decision making in TKR -22/09/2013 – Mahindra health City
8. CME on world Arthritis Day – 12/10/2013 Madras Medical College
9. CME on world Osteoporosis Day – 20/10/2013 Madras Medical College
10. Instructional course on research Methodology – 27/10/2013 Madras Medical College
11. Postgraduates orientation Programme -30/11/2013 Madras Medical College
12. Thoracic spine fixation – 1/12/2013 – Mahindra Health city
13. Complex Hip Arthroplasty – 15/12/2013 Madras Medical College
14. CME on upper limb trauma \_ Kanyakumari Ortho club
15. CME on locking compression Plate – Nellai Ortho club
16. CME on CTEV – Dept of Orthopaedics , Tirunelveli Medical college
17. Symposium On LCP = London Ortho Speciality Hospital Bone and Joint day celebrations 4th August

### **Bone and Joint day**

The members of the association and the zonal clubs have taken special interest in Bone and joint Day celebrations and have conducted various programmes

1. Orthopaedic social awareness programme in association with Rotary club of Kancheepuram was conducted by Kanchi Ortho club. Nurses awareness programme, Lectures on Car seat belt and its importance, Osteoporosis were conducted by Kanchi Ortho Club. About five programmes were conducted by Kanchi Ortho club in association with IMA, Lions club and Rotary clubs.
2. A family gettogether was organized by Madurai orthopaedic society
3. CME and family get together was organized by Tirupur district ortho club
4. Dr. Raja Ravi Varma performed two knee replacements free of cost
5. Nellai Ortho club conducted family get together, and its members did free surgeries.
6. Midwest ortho society organized a rally on August 4th with High officials of Salem district as guests and also organized a free Orthopaedic Camp

Membership drive: Efforts were taken to increase the life membership. 86 new members have joined the association and the total membership is 1416.

**TNOA building fund:** The process of generating funds for the TNOA building is effectively undertaken. Numerous members have voluntarily donated for the building. The dream of having our own building will come true in short time.

The routine activities of the association like release of journals, circulation of news letters, conducting medyear CME, TNOA elections were done as scheduled.

**IOA activities :** The association took active part in the IOA activities. The official meetings of the IOA was attended by state representatives. The activities of the members were well represented to IOA.

### **Acknowledgements:**

In this two years, as the secretary of the association, I hope I have executed my responsibility to your expectations. I wish to thank all those who helped me in my endeavour. I thank Prof. S. Rajasekaran, Prof. R. Selvaraj , the presidents of TNOA under whom I have served as the secretary. Their guidance, encouragement and effective planning is worth mentioning. I thank all the office bearers for their cooperation. I thank all the members of the association for being with me in my efforts.



Coimbatore - Dr. Major. Kamalnathan  
Madurai - Dr. T.C. Premkumar

The elections were held for the post of Vice President, EC members – South and west zone Vice President ; Dr. R. Sivakumar – Madurai, Dr. Deen Muhammed Ismail – Chennai, Dr. Ramesh Babu – Chennai contested for the post. Dr. R. Sivakumar was elected as the Vice President.  
EC member South zone : There were three contestants , Dr. Francis Roy – Tirunelveli, Dr. Ilanchezhian – Nagercoil, Dr. Mohammed Zubair – Nagercoil. Dr. Francis roy and Dr. Ilanchezhian were elected.  
EC member West zone :Dr. Ramprasath - Salem, Dr. Parthasarathy - Salem and Dr. Palanikumar – Erode contested . Dr. Palanikumar and Dr. Parthasarathy were elected.

#### **IOA matters:**

- 1.The members of TNOA often compete for the post of President IOA. The members are requested to contest for other official posts of IOA like secretary, editorial secretary.
- 2.After completion of the tenure of the existing IOA executive committee members, The President and secretary of TNOA will automatically become the IOA executive committee.

**OASIS matters :** Dr.Muralidharan - Dindigul will be organizing the OASISCON – 2015 on behalf of TNOA.

#### **Any other matters**

- 1.The members of Madurai orthopaedic society requested to institute an award – TNOA – Prof. A. Devadoss meritorious award . They handed over a cheque of Rupees 5 Lakhs to institute the award in TNOA.
- 2.The members objected the repeated SMS sent by the contestants. It was decided to restrict the SMS to maximum of Five.
- 3.The members contesting for the posts in TNOA can participate in activities of their local zones
- 4.The contestants are requested to avoid photos in the outside cover of the request sent by the contestants.

#### **Vote of thanks**

The secretary Dr. V. Singaravadivelu thanked the members .



## **Minutes of I EC meeting Kailash Resorts, Chennai, 18/05/2014, Sunday**

The first EC meeting of TNOA was conducted at Kailash Resorts, Chennai on 18.05/2014. The meeting started at 10AM. The meeting was attended by 22 members.

The President welcomed the members.

### **Introduction of members**

The office bearers of TNOA introduced themselves to the gathering.

### **Obituary references :**

There are no obituaries

### **Secretary Report.**

#### **Achievements**

Land mark judgement in Supreme Court regarding road safety norms to be followed by central and state governments. (Details of judgment –Page). This was achieved due the efforts taken by our Past President IOA & TNOA – Dr. S. Rajasekaran.

Prof. Dr. Mayilvahanan Natarajan has done 2000 cases of custom megaprosthesis, the highest by a single surgeon across the world.

Dr. K. Sekar, Tirunelveli was elected as the Secretary of Minimally invasive Spine Society of India.

Dr. P.T. Saravanan, Kanchipuram was awarded Best citizen of India award by the International Publishing House.

### **Academic activities:**

1. Instructional course on restorative and reconstructive surgery with Ilizarov  
Madras Medical College - 23/02/2014
2. Salem Arthroplasty Course, London Ortho Speciality Hospital 30/03/2014
3. CME on dilemmas and decision making in spine surgery - Midwest Ortho society , Salem, 4/5/2014

### **Membership details:**

The total life membership of our association is 1416. The details of members as per zones is

Chennai - 336	Madurai -88	Coimbatore- 84
East zone -153	West zone -172	Central zone -117
North zone -91	South zone -110	Other states -58
No address - 141		

The total IOA members from Tamilnadu is only 796.

Various steps are taken to increase the members at state and national levels. The zonal executives are requested to identify the non members of their zone and encourage them to become the members. The list of TNOA members who are not IOA members is prepared and request to become members will be made by all means. The president requested to organize zonal meetings and invite all practicing orthopaedic surgeons of the respective zones to the meeting. The President and secretary volunteered to attend the zonal meeting at their own cost. The President and secretary attended the first meeting organized by the South zone on 26/05/2014.

### **TNOA web site.**

The official website of our association is fully operational now and various changes have been made in the website. The history of the association, the new office bearers, the members directory, photo gallery, zonal map are all incorporated into the website. An academic forum will be instituted in near future where the members will have an opportunity to discuss the problem case, interesting cases with other members and



will have an final opinion from the experts in the respective fields. I request the members to visit the website, analyse and extend your suggestion to improve further. (The details of the website is provided in separate section )

#### **Observations in TNOACON -2014**

1.The allocation of separate seats for the Past Presidents of TNOA was appreciated by most of the Past presidents. It was decided to continue the same in future conferences of the association. It was also decided to display the names of Past president and secretaries in every conferences in the main area of the venue.

2.Presence of EC members in Inaugural function, General body meeting and Valedictory function.

The EC members are requested to be present during the official proceedings of the association during the conference. A separate area to be allocated to the EC members during the inaugural function and during the general body meeting. The EC members should be present during these meetings.

3.Ratification of members. In every conference the list of members who apply for the life members is just displayed for a few seconds during the General body meeting and the list is ratified . The existing members do not have an opportunity to know about the details of the members. Hence it was suggested by the executive committee to request the secretary to forward the new member application to the zonal executive and get it verified. It was decided to display the list of new members with their communication details in the conference venue. The members are requested to inform the President/Secretary if there are any discrepancies.

#### **IOA – A.K.Gupta trophy for the best state chapter.;**

The executive committee members were informed about criteria for judging the best chapter. The members are requested to kindly report all necessary details to enable the association to win the trophy this year.

#### **Immediate past secretary report - Dr. V. Singaravadivelu**

The changes in the constitutional bye laws during the past two years during his secretaryship(Feb 2012 – Feb 2014)( The change in each clause is given in italics) was presented

A. 4.2.b The subscription for Associate Membership shall be Rs.500/-.

The Associate Members who wish to become Life Members may pay Rs.1,100/- after deducting the Associate membership of Rs.500/-. This will be with effect from 2011 onwards (AGB, Feb, 2011).

***Associate members also must also pay the same fee of Rs 7,100(2,100 +5,000) for becoming Life member(AGB Feb' 2013)***

B. 9.9.f The term of office for an Executive Committee Member shall be two (2) years and they shall be eligible for re-election for one more term.

***The same EC member if he has finished 2 terms shall not be eligible to apply for EC member (AGB, 2013)***

C. 23.13.b.ii The Dr. N.S. Narasimhan Orator should preferably be from South India on a rotation basis amongst the Southern States.

***The Orator can be selected from all over the country(AGB, 2013)***

***D. 16.2.h The selected fellows for the TNOA – Cholamandalam PG grant must present their work in the next TNOACON (AGB, 2013)***

***E. 17.10 A medal may be awarded for the best publication in the TNOA Journal (ECM 23rd Dec 2007, TNCA Club, Chennai )***

***3 persons from all over India to select the best publication. Preferably one from Tamilnadu, one from South India and the third from North India(AGB, 2013)***



**F. TNOA Prof Ramakrishnan PG Medal**

TNOA Prof Ramakrishnan PG medal separate bye law number to be given after the "Fellowships" bye law "19". The detailed protocol to be mentioned The venue for the exam will be the zone where the subsequent TNOACON is to be held ( AGB, 2013)

**G. 12.6 d Immediate Past Secretary is eligible to contest in the subsequent TNOA election (AGB, 2013)**

**H. 12.10 Editorial Secretary**

The name is changed to "Editor"(AGM, 2013)

The post is nominated and not elected post and will be selected as per IJO norms (AGM, 2013.

The name of the journal is changed to "Tamilnadu Orthopaedic Association Journal" ( AGM, 2014)

**I. 17.5 f The President's and Secretary's message will be removed from the journal which are not the usual content of the indexed journals ( AGM, 2014) 19.9**

**J . TNOA Prof A Subramaniam travelling fellowship AGM, 2013**

**19.9 a The age will be Consultants above 50 years. The rules for the selection will be the same as for the selection TNOA for foreign fellowship except the age**

**K. 23.1.a The Annual Conference of the Tamil Nadu Orthopaedic Association is held by a group of members on behalf of the association in venues all over Tamil Nadu in zonal rotation in the following order:**

- Chennai Zone
- West Zone
- Central Zone
- Coimbatore Zone
- South Zone
- Madurai Zone
- North Zone
- East Zone (ECM 6-9-2009, Courtallum)

**• Once in 8 years the TNOA office itself will conduct the TNOACON by the President and the Secretary at that time. The venue will be decided by them (AGM, 2013)**

**L. The contribution to TNOA from TNOACON shall be Rs 5 lakhs (AGM, 2013) 9.9.c**

**M. Each zone has Executive Committee Members as follows-**

- i.Chennai : 2 Members**
- ii.Madurai : 2 Members**
- iii.Coimbatore : 1 Member**
- iv.North Zone : 1 Member**
- v.South Zone : 2 Members(AGM, 2013)**
- vi.West Zone : 2 Members**
- vii.East Zone : 1 Member**
- viii.Central Zone: 1 Member**

**There will be no addition of EC members**

**TNOA – Building**

The initiative taken by the Immediate Past President – Dr. R. Selvaraj was well recognised by the TNOA members and it was reflected by spontaneous donation of funds. The President thanked the donors.

After analyzing various options available it was decided by the executive committee to choose the TNGDA housing project at Vadapalani, Chennai as the venue for TNOACON office. Dr. Balakrishnan,



Chennai executive committee member and one of the main persons in designing the housing project at Vadapalani, Chennai for the members of TAMILNADU GOVT DOCTOR'S ASSOCIATION (TNGDA) elaborated about the project and has promised to pass on maximum benefits for the sake of the association. The treasurer listed the donors details and the amount available. As per the records the association has about fifty lakhs. The members are requested to contribute generously towards the building fund. The President requested the executive committee members to organise zonal meetings. The President and secretary will attend the meetings and request the members personally.

**List of sponsors – TNOA building fund**

Fixed Deposit	26,00,000
Prof. Mayilvahanan Natarajan	1,00,000
Mid Year CME	2,62,431
Dr. Venkatesh Babu	50,001
Dr. Ramaguru	25,000
Dr. David Rajan	10,000
Dr. P.V Vijayaragavan	50,000
Dr. Suresh Kumar	25,000
Dr. S. Muthuraman	3,00,000
Dr. Ilayaraja	25,000
Dr. Ivan Samuel	25,000
Dr. Frances Ray	25,000
Dr. T. Chandran	25,000
Dr. Sundarapandian	25,000
Dr. J. Balakannan	25,000
Trichy Ortho Club	5,00,000
K. Pudur DD no.254845	5,00,000
Dr. R. Siva Kumar	1,00,001
<b>Total</b>	<b>46,72,433</b>

Donations can be made to the association by Cheque / DD payable to Tamilnadu Orthopaedic Association. Necessary steps are being taken to avail 80G benefits for the donation.

**Bone and Joint day 4th August 2014**

The President requested the EC members to organise awareness programmes, medical camps and involve the service organisations to celebrate the Indian Bone and Joint day. The programme should be devised to the benefit of the society. The President requested the institutions to conduct one academic programme during the Bone and joint day. Free surgeries should be done during that week and the members are requested to send detail reports to the secretary.



## EDITOR'S REPORT

I thank all the members for your cooperation in delivering my duty as the editor. I request all the members to send as many articles as possible. Only two articles were received by me so far. I have requested the organising committee TNOACON – 2014, Chennai to send the medal papers for publishing in TNOA journal. I request the institutions to kindly take special interest to send articles. The submission of articles should be as per the guidelines for the authors. The selection of article will be done by the editorial committee. The best article published will be selected by a panel of three judges and will be awarded during the annual conference of the association.



**Dr J Dheenadhayalan**

10/5, Gandhi Nagar

Behind Cheran Nagar

G N Mill post

Coimbatore 641029

E-mail [dheenu.dhayalan@gmail.com](mailto:dheenu.dhayalan@gmail.com)

Selection of articles will be done by the editorial committee members.

With regards

**Dr J Dheenadhayalan**

Editor, TNOA Journal



# Tamil Nadu Orthopaedic Journal

TNOA welcomes scientific material for publication in the  
**Tamil Nadu Orthopaedic Journal**

Two copies of the manuscript along with print version in MS word on a CD and neat and clear illustrations should be submitted. In case one wishes to send articles on-line, it should be sent in word document format for written materials. Pictures must be sent in a C.D. only by post/courier.

**Preparation of manuscript:** Type manuscript on white bond paper 22 x 28 cm with liberal margins of at least 2.5 cm. Use double spacing including title page, abstract, text acknowledgements, references, tables and legends of illustrations. Begin each of the following sections on separate pages. Number pages consecutive, in the upper right corner of each page.

**Title Page:** The title page should contain

1. The title of the article, which should be concise but informative,
2. A short running head or foot line of no more than 40 characters,
3. First name, Middle and last name with initial of each author.
4. Name of Co author(s)
5. Name of department(s) and institution(s) to which the work should be attributed,
6. Disclaimers, if any
7. Name and address of author including phone number/mobile number and e-mail if any, for any clarifications.
8. The source of support in the form of grants, equipment, drugs, none or all of these.

**Abstract:** An informative abstract of about 150 words must accompany each manuscript, it should be suitable for use by abstracting journals and include data on the problem method and materials, results and conclusion.

**Key (Indexing) terms:** Below the abstract, provide and identify as such, three to ten key words or short phrases that may be published with the abstract and that will assist indexers in cross-indexing your article. Use terms from the medical subject heading list from the Index Medicus whenever possible.

**Introduction:** Acquaint the readers with the problem and quote the most pertinent paper. Mention clearly the purpose of the work.

**Material and Methods:** Explain in detail, elaborately and clearly, your clinical, technical or experimental procedures. Previously published methods should be cited only in appropriate references. **Mention the number of patients or cases in words e.g five patients instead of 5 patients.**

**Results:** Describe your findings without comment. Include a concise textual description of the data presented in tables, charts and figures. **Please prepare tables/charts as a separate document in word and send as separate folder without mixing up in the word document.**

**Discussion:** Comment on your results and relate them to those of other authors, define their significance for experimental research of clinical practice. Arguments must be well founded.

**Tables:** Tables should be self-explanatory and should supplement, not duplicate the text. Type each table on a separate sheet with double space. Number tables consecutively with a brief title for each. Give each column a short abbreviated heading. Place explanatory matter in footnotes. If you use data from another published or unpublished source, obtain permission and acknowledge fully. **Please prepare tables as a separate document in word and send as separate folder without mixing up in the word document.**

**Illustrations:** Use only those illustrations that clarify and increase understanding of the text. All illustrations must be numbered and cited in the text. Two black and white glossy print photographs of each illustration should be submitted. The following information should be typed on a gummed label and affixed to the back of each illustration; figure number, title of manuscript, Name of senior author, and arrow indicating top. Please do not write in ink at the back of the photograph. All illustrations have to be sent, as separate JPEG image files in a C.D. Colour pictures are also welcome.

**A word on scanning or digital imaging:** It is preferable to scan pictures in 300 dpi. If pictures already taken have to be chosen please use Photoshop and save as jpeg in minimum 300 resolutions. Digital images may be made in 3.0 or more mega pixels. This will help in prevention of distortion of pictures when enlarged.

**Legends for illustrations:** Type legends/captions for illustrations double - spaced, starting on separate page with arabic numerals corresponding to the illustrations.

**References:**

In the text should include only those that are important and have been studied in fully by the authors. References are a must for any article and those without references would be rejected.

**Case Reports are welcome and such case reports** and other short submission should be sent in the format of a full paper including and abstract and captions.

**All submission should be addressed to:**

**Dr J Dheenadhayalan**, 313 Mettupalayam Road, Coimbatore 641043, INDIA Ph No.91-422-2485000, Fax No.91-422-2451444  
**Email: dheenu.dhayalan@gmail.com.** Online submission shall be made through the email ID : **tnoajournal@gmail.com.**

**Note:** Kindly visit the official website of the Tamil Nadu Orthopaedic Association (**www.tnortho.org**) for details of submission of scientific material for publication in the Journal. We encourage case studies more than single case reports since the TNOA is aiming at making the journal a listed journal.



## FELLOWSHIP SECRETARY'S REPORT

Respected members

Greetings.

The TNOA fellowships for the past year was successfully organised. I request the members to kindly apply for the following fellowships this year.

TNOA -Prof.A.j.Selvapandian travelling fellowship for MS(Ortho) -2

TNOA- Dr.Muralidharan,Dr.M.Vanasekar travelling fellowship (Dortho)\_ -2

TNOA – Prof.A.Subramanian foreign fellowship for senior(Above 50) - 1

The selection for the fellowship will be done by the fellowship committee of TNOA based on the selection criteria.

For submission of applications and further details

Dr. G. Premnath,

Fellowship secretary – TNOA,

Gurunathan clinic, 2nd main street, Milk market

Shevapet, Salem 636002

Email- drgpremnathortho@gmail.com



**Dr. Premnath**

Fellowship Secretary, TNOA.



## Treasurer report - Dr. Annamalai Regupathy



A/c :Tamil Nadu Orthopaedic Association 705855990(SB)  
(As on 15.05.2014) - Rs.23,61,806.72/-

Income from 07.02.2014 to 15.05.2014

Expenditure from 07.02.2014 to 15.05.2014

Bank interest	58,087	Bank Charges	446
Donation	1,88,800	For CME	5,000
Membership fee	70,000	Printing & Stationery	99,501
TNOA Building fund	15,75,001	TNOACON 2015	5,00,000
		ILIZAROVCON	5,000
Total	18,91,888	CHOLAMANDALAM PG	10,000
		TO IOA	35,000
		Membership fee	
		PG Fellowship	13,500
		Total	6,68,447

### A/c Tamilnadu Orthopaedic Association

#### Fixed Deposit

Account No	Amount (Rs.)
96163678 1	5,88,355.00
961639192	50,000.00
961640812	1,50,000.00
728582830	8,00,000.00
6085534043	5,00,000.00
Std	
(TNOA Building fund)	26,00,000.00
FD	7,50,000.00
Total	54,38,355.00

A/c: Tamil Nadu Orthopaedic Trust  
705855785(SB)

Date : Upto 15.05.2014

Amount : Rs.16540.00

### A/c: Tamil Nadu Orthopaedic Trust

#### Fixed Deposit

Account No	Amount
885592351	1,00,000
885592168	5,00,000
Total	6,00,000

### A/c: Tamil Nadu Orthopaedic Trust

Income	
Bank Interest	58087.00

#### Total Balance

Available Total Balance with TNOA  
Rs. 84,16,701.72



## **TNOACON -2014 report**

### **Organising secretary - Dr. Nalli R Uvaraj**

The 47th Annual Conference, TNOACON 2014 - the historical event was organised by the association itself for the first time. The conference was well attended.

The total number of registration including delegates, faculty, accompanying persons and trade delegates were 1020.

The CME was on Complex Trauma. The conference was inaugurated by the former governor of Odissa, Thiru. MM.Rajendran, with our Director of Medical Education, Thirumathi. Dr.Vijayalakshmi as the chief guest. The scientific programme had 39 Posters, 34 medal papers, 76 free papers, 9 symposiums, 60 faculty talks, 17 CME talks with 56 national faculty and 10 International Faculty. The scientific sessions were more of interactive patterns than routine didactic lectures. The video sessions, a new introduction in this conference was also a highlight. All aspects of the conference like OPL, banquets, food and accommodation, transport were well organised. I thank everyone for your participation.



## **Organising Secretary TNOACON – 2015 report**

### **Dr. Meenakshi Sundaram**

Greetings from SALEM & MIDWEST ORTHO SOCIETY

It is my pleasure to inform you that the preparations for the forthcoming TNOACON 2015 (48th Annual Conference) have already started and various committee members are doing their best with their area concerned. We have already convened meeting with all the core committee members four times and discussed about the crucial aspects of the conference arrangements. The conference will be held on 13, 14 & 15th February 2015 at Park Plaza, Salem.

#### **The Theme of CME -“Fracture-Dislocations”**

Registration

- a. Total no. of registrations: 105
  - b. Spouse registrations: 09
  - c. Early bird Registration amount – Rs. 3000/-
  - d. Present Registration amount – Rs. 3450/-
- (Including Incidental charges & Journal Fund)

Official E-mail : [tnoacon2015@gmail.com](mailto:tnoacon2015@gmail.com) Website : [www.tnoacon2015.com](http://www.tnoacon2015.com)

TNOA Support : We received the Seed money from TNOA (Rs. 5,00,000/-) in time, which we can use for the initial expenses.

We sincerely hope that the 48th Annual Conference of Tamil Nadu Orthopaedic Association will be organized with an enviable and proud manner which will make a prestigious history both for the TNOA and MIDWEST Ortho Society. We are happy and thankful to the TNOA for giving us the chance to organize this prestigious event in Salem in 2015.

Thank you,

Dr. K Meenakshi Sundaram  
Organizing Secretary – TNOACON 2015  
“Kandan Karunai”, 10/38 A, Kamakodi Street,  
Fairlands, Salem – 636 016  
Cell: +91 93621 28563, +91 94421 32248



## **Prof. T.K. Shanmughasundaram Mid year CME 2014**

### **Organising secretary - Dr. N. Manikandan**

The TNOA – Prof. T.K.Shanmughasundaram mid year CME – 2014 will be organised at courtallam by Nellai Ortho Club. Prof. Elangovan Chellappa will be the organising Chairman and Dr. N. Manikandan, the organising secretary. The CME will be held on 9th and 10th August 2014 at Bell Monkey Hotel, Courtallam. The CME will be on minimally invasive spine surgery and Pelvic and acetabular fractures. We request the members to attend in large numbers.

## **Orator for for Prof.M.S.Narasimhan –TNOACON 2015**

As decided in the Ec meeting

DR. K.H. SANCHETI, M.S. (Ortho).F.R.C.S.(Edinburgh) U.K. Ph. D (Ortho), F.I.C.S., F.A.C.S. (U.S.A) will deliver the Prof. M.S. Narasimhan Oration during TNOACON 2015

## **OASIS matters.**

The President briefed about the proceedings of the Executive committee meeting at Chennai on The President requested the members to participate in OASIS CON 2014 to be held at Palakkad on 15,16 & 17 August 2014.

Prof. P. Dhanarajan was unanimously suggested by the executive committee for the member to be honoured from Tamilnadu in OASISCON -2014.



## **IOA matters.**

The President Dr. Nalli R Uvaraj and Secretary Dr. S. Muthuraman attended the IOA CSR meeting at Delhi on 29/03/2014. The IOA executives from Tamilnadu Dr. M. Chidambaram, Dr. M.N. Karthi, Dr. P.V. Vijayaraghavan attended the IOA executive committee meeting on 30/03/2014 at Delhi.

The following issues were discussed during the meeting

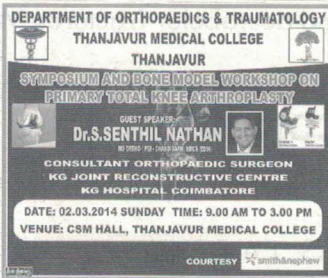
1. The President IOA – requested the office bearers to organise academic programmes on basic science and research.
2. President, Dr. Nalli R Uvaraj told about the telecasting of an educational program by IOA for PG's thru GYAN DHARSHAN-2 on 1st Monday of every month from 2:30 to 7 pm. and requested all members to inform our PG's to utilise this program. It is also decided to announce this in every newsletter.
3. Regarding physiotherapist issue the members are requested to send copy of evidences to secretary TNOA if they are found to use the prefix Dr and if they prescribe drugs.



## EAST ZONE

**Dr. Chinnadurai**

The regional clubs of this zone are Thanjai ortho club and Cholamandalam ortho club. Regular monthly meetings were held. A symposium and bone model workshop on Primary Total Knee arthroplasty was conducted by Thanjavur Medical college on 2/3/2014. Dr. S. Senthilnathan, KG Joint Reconstructive Centre , KG Hospitals, Coimbatore was the guest speaker.



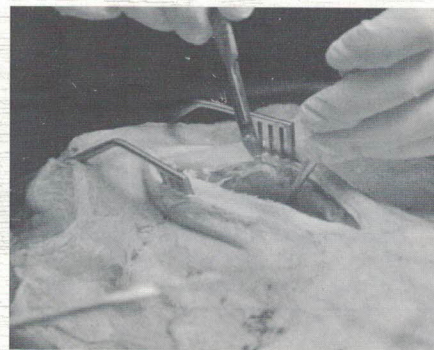
## WEST ZONE

**Dr. Parthasarathy, Dr. Palanikumar**

The regional clubs of this zone are Erode district Orthopaedic association and Midwest Orthopaedic society.

### Midwest Orthopaedic Society – Dr. Parthasarathy

The regular monthly meetings were conducted. Guest lecture, case presentations and journal review are conducted during the monthly meetings. Discussions on TNOACON -2015 and Preliminary arrangements like formation of committees are done. CME on Basic Knee arthroplasty was conducted by London Ortho Speciality Hospital, Salem on 30/03/2014. CME on Dilemmas and decision making in spine surgery was conducted by Midwest Orthosociety on 4/05/2014 at Hotel Cenneys gateway Salem. Prof. Dr. Nalli R Uvaraj, the President, TNOA participated as a Faculty. Workshop on Laminectomy and Pedicle screw fixation was conducted on Calf spine.





## Erode District Orthopaedic Association – Dr.Palanikumar

This association has 62 members from erode district. The monthly meetings were regularly conducted on the fourth Saturday of every month. Dr. K.Attiyannan is the President and Dr. M.A.N.Loganathan is the secretary. Guest lectures ,Journal reviews and case presentations were done during the meeting. Discussion on TNOA building fund are being done.

## CENTRAL ZONE

### Dr. Joseph Christopher Babu

The regional clubs of our zone are Tiruppur Ortho Club, Dindigul Ortho Club and Trichy Ortho Club.

Trichy Ortho Club- President – Dr. P. Madhivannan,  
Secretary – Dr. Mukesh Mohan.

The monthly meetings were conducted.



Dingul Ortho Club –President : Dr. Vanasekar

Secretary : Dr. Joseph Christopher Babu

Tiruppur Ortho Club- The Preliminary discussions are conducted regarding TNOACON 2016. A family gettogether was organised by Udumalpet Orthopaedic Society.



## NORTH ZONE

### Dr. Justin Arockiaraj

Dr. P.T. Saravannan received the Best citizen of India award from International Publishing house.

CME on skeletal dysplasia was conducted on CMCH Vellore on 12/02/2014.

Live surgery on Navigated Total Knee replacement was conducted on CMCH on 18/02/2014.

Workshop on decision making in upperlimb cerebral palsy was conducted at CMCH, Vellore on 19/04/2014.

Kanchi Ortho Club conducted world immunisation week and World Malaria Day with CME programme on 27/04/2014







Upcoming events- 2nd National hand surgery course is going to be held at CMCH, Vellore on September 2014.

## SOUTH ZONE

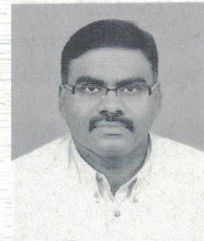
### Dr. Francis Roy, Dr. S.M. Ilanchezhian

The regional clubs of South zone are Nellai Ortho Club and Kanyakumari Orthopaedic society.

Nellai Ortho Club.: The new team of Office bearers took charge in the month of January 2014. A family get together was arranged.

Dr. N. Manikandan took over as the President, Dr. K. Sekar as the secretary and Dr. Ivan Samuel as the treasurer. Nellai ortho club received the best zonal club award for the non metros for the third time in TNOACON -2014. The office bearers thanked every member for this achievement. Dr. K.Sekar who was elected as the secretary of Minimally invasive spine society of India, Dr. S. Muthuraman, Secretary of TNOA, Dr. Francis Roy, executive committee member – South zone were felicitated during the meeting. Dr. K. Sekar participated as a faculty in 4th International workshop in transforaminal endoscopic spine surgery conducted at Miraj on 20,21,22, February 2014.

The regular monthly meetings were held on last Sunday of every month. The members participated in the meeting and discussion was done interesting and difficult cases. The first ever zonal meeting in the history of TNOA was organised at Sathya resorts, Tuticorin on 25/5/2014. The President Dr. Nalli R Uvaraj and the secretary Dr. S. Muthuraman attended the meeting. The orations were delivered by Prof. A. Devadoss( Yesterday, Today and Tomorrow in Orthopaedics) and Dr. K. Vijayakumar the past national President of IMA(Medicolegal aspects in Orthopaedics). The senior orthopaedic surgeons of South zone were felicitated during the meeting. Prof.T.K.S. Mid year CME will be organised by Nellai Ortho Club on 9th and 10th August 2014 at Courtallam. We invite the members to attend the CME in large numbers.



4th International Operative Workshop & Training Course  
On Transforaminal Endoscopic Spine Surgery, Disc-FX & Interventional Spinal Pain Management  
20th, 21st, 22nd & 23rd Feb 2014. MIRAJ INDIA.





### Kanyakumari Orthopaedic Society –Dr.S.M.Ilanchezian

This society has more than 50 members. Dr. M. Badhrinath is the President and Dr. Gopalakrishnan is the Secretary. The monthly meetings were held without fail on third Saturday of every month. Interesting cases, innovative procedures, video demonstrations were done during the meeting.

Dr. Issac Sundarse received the best RURAL MEDICAL SERVICE AWARD from His excellency Dr. Rosaiah, the Governor of Tamilnadu

Dr. K.C. Mohan received best doctor award from IMA Marthandam Dr. Josephsen was elected as the Vice President of TNGDA-Kanyakumari branch-2013-14.

Dr. Jaishith conducted a free camp for paraplegia patients on may 17, 2014

### CHENNAI ZONAL REPORT

**Dr. Balakrishnan**

**Dr. Annamalai Regupathy**

We received the prestigious Metro Best zonal club - TNOACON 2014.

Illizarov CME was conducted on 23/2/2014 at MMC organised by Prof. Pandiselvam and Dr. Kingsley.

MOS meet was held at Hyatt regency on 8/3/2014.

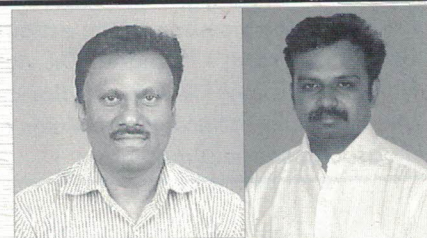
Zimmer (Arthroplasty CME) was held at MMC. A large number of young consultants and PG's participated.

MOS meet was held on 3/4/14 at MMC.

General body meeting was held and new office bearers of MOS were elected.

In this Dr. V. Singaravadivelu was selected as president elect, Dr. G. Mohan as vice-president, Dr. Gokul Raj as secretary and Dr. Ramprasath as joint secretary.

MOS meet was held on 1/5/14 at MMC.



### COIMBATORE ZONE

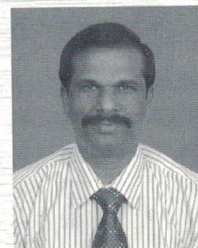
**Dr. Major K. Kamalanathan**

Regular monthly meetings are conducted on all third Saturdays between 7:30 pm to 10:30 pm with a PG teaching program – Lecture by a senior faculty in Orthopaedics

b. Interesting case presentations and discussions & c. Guest lecture

Prof. Dr. S. Rajasekaran gold medal for best thesis was conducted on 15/03/2014. Twelve postgraduates from government and private institutions presented their thesis and was judged by three senior faculties. The gold medal and a cash prize of rupees ten thousand was awarded to Dr. Vetri Selvan, DNB Postgraduate, Ganga Hospital for his thesis on Augmentation of plate osteosynthesis with exchange nailing for non union femur.

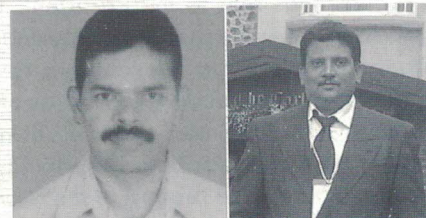
Coimbatore Paediatric Orthopaedic conference was conducted at KMCH by Dr. Lenein Babu and his team on 5th and 6th April 2014.



### MADURAI ZONE

**Dr. P.V. Thirumalai murugan, Dr. T.S. Premkumar**

The monthly meetings were conducted regularly on first Saturday of every month by Madurai Orthopaedic society. Dr. Pugalanthi Pandian is the President and Dr. Sathish Devadoss is the secretary of the Madurai Orthopaedic Society. Guest lectures, interesting case presentations were done during the meeting





## Any other matter

### Action Committee On Government Package Rates and Insurance Packages

During the 1st EC meeting the issue of Unreasonable package rates by Insurance companies was raised. The IMA and Government are in the process of creating a fixed rate for all surgeries in collaboration with WHO. As Orthopaedic cases are unique from patient to patient what Nicolle called a "Personality of Injury". We cannot have a fixed rate for one Surgery as such. We have to unify and condemn this act before it becomes a law. This issue should not be handled like the inclusion of Doctor in the Consumer Cases in the past. If the fixed rates becomes a law we will be exploited by the insurance companies and patients In future our treatment policies have to be according to insurance company's whims and fancies, if we do not respond. In this regard a committee has been constituted by our President. The member of the action committee are

Dr. Nalli R Uvaraj – President Dr. Muthuraman – Secretary

Dr. A. Francis Roy - Member action committee Dr. Annamalai - Member action committee

We would like to know your opinion and views about this matter. We are very short of time. Please mail your opinion to tnoasouthzoneec@gmail.com

### TNOA legal committee

In the present scenario of increase in consumer cases against practicing orthopaedic surgeons, the need for having a legal committee in TNOA to assist and guide the members in such circumstances was emphasised by the executive committee members. So It was decided in The EC meeting to form a TNOA legal committee comprising of President, Secretary, President elect, Vice president, Joint Secretary, one TNOA member and a legal person. This committee will analyse and device an modus operandi to help the members.

### Tailor made Group Mediclaim Policy Coverages for TNOA

Dr. R. Sivakumar, Vice –President explained about the discussions he had with the insurance company regarding the health insurance coverage for the TNOA members. The details of the Scheme are as follows. The members are requested to go through the details and extend your opinion, acceptance, queries and suggestions.

- All the Pre Existing Disease are Covered from the Day 1 of the Commencement of the Policy.
- No Limits and Co - Payments for any Surgery and procedures.
- No Room rent and others limits cum restrictions.
- No Waiting period for any Disease Exce
- Pre - Hospitalization( 30 Days Before Admission ) &  
Post - Hospitalization (60 Days After Discharge) also payable.
- Rs. 2,00,000/- per TNOA MEMBER + Dependent Parent floater Sum Insured
- Rs. 1Cr Buffer Sum Insured
- The Premium will be Rs. 10,000/- per family inclusive All tax

This Scheme is offered only for the Members of TNOA

Please feel free to call any quires regarding the TNOA GMC

R. Badri Narayanan 98946 - 75537 & Mr. Pabavinasam 94430 40737

### Letter from Tirunelveli Orthopaedic Association.

A request was sent to the President, TNOA requesting for recognizing the newly formed Tirunelveli Orthopaedic Association as a chapter of the Tamilnadu Orthopaedic Association. This matter was discussed in the EC. The EC went in into the details of the relevant Byle laws of the constitution which states that a new chapter may be formed with the approval of the executive committee of the TNOA when a new district is created in Tamilnadu. A new chapter may be formed when 10 or more members living/practising in the same geographical district shall petition and be granted a charter by the association. This should be ratified by the general body of the association. Accordingly the EC was unable to accept the request of the Tirunelveli Orthopaedic association.



## TNOA web site

The website of our association is fully operational and the members are requested to visit the website.-  
**www.tnortho.org**

The members can log in by typing their Life membership number (eg- LM/M/no) in the user name and the same for the password also. After logging in for the first time, the password can be changed. Even before logging the opening page will have details about the TNOA history, Office bearers name with address, zonal division and the zonal clubs and the respective presidents and secretary name with contact numbers and the photo gallery. After logging in, the members address details will be available in the pdf format which can be downloaded. The members details with photos is also available. (The members are requested to send your passport size photos with your LM number for adding to the members directory). The update of events, tnoa journal, calender of events are also available. The members can send to the secretary by email (secretarytnoa@gmail.com) for any information to be published in the website. The interactive academic forum with expert panel on various subspecialites (Trauma, Arthroplasty, Tumors, Arthroscopy, Spine, Hand surgery, Paediatric orthopaedics) will be instituted shortly. Each speciality will be discussed on separate day. The members can post the interesting cases, problem cases and subject it to discussion by the members and can have final opinion from the experts in the respective fields. The heads of the institutions, professors teachers and experts are requested to extend your willingness to be a part of the expert panel to the secretary TNOA. Valuable suggestions, constructive criticisms are welcome from the members.

## TNOA Arthroplasty Course -2014

Dear Friends

I am very happy to announce that the legacy of "TNOA Arthroplasty course" will continue.

This year to celebrate the 'Bone & Joint day' on August 4th it is planned to conduct the "TNOA Basic Hip arthroplasty course" in Chennai.

It is also planned to organise a week-long celebration for the "Bone & Joint day" at the Institute of Orthopaedics, Madras Medical College, Chennai by organising "Arthroplasty awareness week". We are planning to have an exhibition for the public focussing on arthroplasty and also having an interaction with the Expert every day.

We are also going to have another "TNOA CME" on 'Increasing the longevity of Arthroplasty' in the month of September.

I invite all the members and especially PGs and young arthroplasty surgeons to participate in the cme and get benefitted.

"Cemented hip arthroplasty courses are not being done widely as it used to be. Good cementation is the keystone for success of a cemented THR. The Exeter hip is a gold standard for cemented hip in all the registries. The Exeter Hip course is a very important course being organised once in a year in our country and it will be organised by MMC on July, 27th at Chennai".

I request the senior orthopaedic surgeons to conduct more TNOA CMEs and continue the tradition of our association, the training of young surgeons

Exeter Hip Course – 7th July 2014

Increasing the longevity of Arthroplasty – September

Long Live TNOA

With regards

**Dr V Singaravadivelu**

Immediate Past Secretary, TNOA

Professor of Orthopaedics,

Madras Medical College



## **TNOA MEDAL WINNERS**

Medal	Winner	Topic
TNOA - Prof. M. Ramanathan medal	Dr. S.R. Sundarrajan	Management of Charcot arthropathy in ankle and hind foot-Is it still a challenge ?
TNOA –Prof. M. Natarajan medal	Dr. Bupesh karthik	Arthroscopic ACL reconstruction with BTB graft by transtibial technique – IS it still a gold standard? A functional and 3D CT scan analysis
TNOA - Prof . Vyagasewaradu medal	Dr. N. Kanniyappan	Analysis of relationship of clinical disability and radiological studies in degenerative lumbar canal stenosis
TNOA - Prof. A. Subramaniam medal	Dr. Azad sait .,S	Burst fractures – Biomechanical study
Prof .TS. Xavier medal	Dr. S. Sundararajan	Cross finger flap in Orthopaedic Practice
TNOA -Prof. TK Shanmugasundaram medal	Dr. M. Navin Kumar	A short term comparative study between subvastus and medial parapatellar approach to total knee arthroplasty
TNOA – Prof. Dhanarajan Medal	Not awarded	
TNOA – Erode Ortho club Best poster award	Dr. RM. Kannan	Radiological and functional outcome of modified open Laterjet procedure for anterior instability shoulder
TNOA journal Best publication Award		
TNOA – KMC PG quiz = Winner	Dr. Pramod .K.S Dr. Raman .V	Madurai Medical College
TNOA – KMC PG quiz - Runner	Dr. Nibu Kurian Dr. Kiran chandran	Ganga medical centre
TNOA – Prof. R. Ramakrishnan medal for best post graduate	Dr. Nandha Kumar	Madras Medical college
TNOA – Dr. K.R. Venkateshwarar PG fellowship award	Dr. Soundararajan	Madurai Medical College
TNOA – Cholamandalam Ortho PG fund		
TNOA Best zonal Club - Metro	Madras Orthopaedic society	
TNOA Best Zonal Club – Non metro	Nellai Ortho club	



## CALENDAR OF EVENTS

Date	Month	Year	Event
18	May	2014	First EC meeting , Chennai
16	June	2014	Despatch of Newsletter
4	August	2014	Indian Bone and Joint Day TNOA Arthroplasty Course 2014, Chennai
9,10	August	2014	Prof. T.K.S. Memorial Mid year CME
15,16,17	August	2014	OASISCON 2014
7	September	2014	Second EC meeting
3	October	2014	Despatch of second news letter with announcements 1.TNOA election 2.Inland fellowship 3.TNOA journal article request 4.NOMINATION FOR BEST ZONAL CLUB 5.TNOA Cholamandalam ortho PG grant
24	October	2014	Last date for filing nomination for TNOA elections
31	October	2014	Last date for withdrawal of nominations
15	November	2014	Despatch of Ballot papers
19 -22	November	2014	IOACON -2014
7	December	2014	Last date of despatch of duplicate ballot papers and fresh ballot papers on personal request if not received
21	December	2014	3 <sup>rd</sup> EC meeting
31	December	2014	Last date for receipt of polled ballots
4	January	2015	Counting of votes
31	January	2015	Last date for receiving nominations for best zonal club award
13-15	February	2015	TNOACON 2015, Salem
14	February	2015	4 <sup>th</sup> EC meeting
14	February	2015	Annual General Body meeting
15	February	2015	Installation of new office bearers , Valedictory function TNOACON 2015



## APPLICATION FORM

No.

### MEMBERSHIP OF TAMILNADU ORTHOPAEDIC ASSOCIATION

Attach  
Passport Size  
Photograph  
Here

Name :

Address :

Residence

Clinic

Tel :	Tel :

Mobile :

E-mail :

Date of Birth :

Qualification :

Year of Passing MBBS :

University :

Post-Graduate Dip / Degree :

Year of Passing :

University :

Present Post :

Already a member of IOA

Yes No

If yes IOA Membership No.

#### Proposed by

Name :Dr.....

Life Membership No .....

Signature.....

#### Seconded by

Name :Dr.....

Life Membership No.....

Signature .....

I have enclosed a draft for

- ☐ Rs. 7100/- (TNOA Membership Rs.2100/- + IOA Membership Rs.5000/-)
- ☐ Rs. 2100/- (If already a member of IOA). Please attach a proof for the same.
- ☐ Rs.500/- (Associate Membership - Only for Post Graduates). Pl mention Year of course : .....

Please attach two photocopies of the Qualifying Degree / Diploma / Certificate from the HOD or the application proposed or seconded by HOD (for Associate Membership) and Registration Certificate of the PG Degree with the State Medical Council.

Demand Draft should be in favour of "TAMILNADU ORTHOPAEDIC ASSOCIATION" payable at Chennai

DD No.:

Dated:

Bank:

Note : The Registration fee of Rs.2100/- for Life membership includes Rs.100/- a contribution towards OASIS(Orthopaedic Association South Indian States)

Place:

Date:

Signature

#### Address for Communication

**Dr. MUTHURAMAN.S**

Secretary - Tamil Nadu Orthopaedic Association  
Vasu Illam, TRSM Gardens, No.1, Madurai Road,  
Opp to Macia Nagar, Tenkasi - 627 811.

For office use :

**"Combined membership for both TNOA and IOA has been made compulsory as per decision taken in the GB meeting held at TNOACON Vellore, 2012" .**



## IOA Membership Form

The Hon. Secretary, Indian Orthopaedic Association,  
IOA House, 69 Tughlakabad Inst. Area,  
Behind Batra Hospital, M.B.Road,  
New Delhi – 62  
Ph: +91-11-29961434, 9811967820  
Email : [ioahouse\\_org@yahoo.com](mailto:ioahouse_org@yahoo.com), [ioahouse@ioaindia.org](mailto:ioahouse@ioaindia.org)  
Website : <http://www.ioaindia.org>

Attach  
Passport Size  
Photograph  
Here

Dear Sir,

I wish to apply for the LIFE Membership of Indian Orthopaedic Association

Name (BLOCK LETTERS) .....

Postal Address .....

State ..... Pincode ..... Date of Birth .....

Email .....

Telephone ..... Mobile No. ....

PG Degree / Diploma ..... Year .....

Institution .....

I enclose the payment of Rs. By Cheque / DD No .....

Place & Date .....

*Signature*

Proposed By  
(NAME IN BLOCK LETTERS) .....

SIGNATURE ..... IOA MEMBERSHIP NO.....

Seconded By  
(NAME IN BLOCK LETTERS) .....

SIGNATURE ..... IOA MEMBERSHIP NO.....

The membership fee for Life Membership is **Rs. 5,000/-** and full membership is **Rs. 1000/-** (yearly) a decision has taken of IOA E.C meet and AGM in 2008 at Bangalore. Please make Daft in favour of "**Indian Orthopaedic Association**" payable at **New Delhi**

### PLEASE NOTE :

- ☐ Please send the membership application Form and Demand Draft at the above mentioned address only.
- ☐ Certified Photocopy of the PG Degree / Diploma to be sent along with Application Form.
- ☐ Certified Photocopy of Medical Council Registration to be sent along with the form.

**Membership is subject to ratification in the subsequent AGM of the IOA. Allotment of membership no will follow the ratification. Members will get proper information up to 1<sup>st</sup> week of March after ratification the membership no.**



## MEDAL WINNERS AT TNOACON 2014





# TNOACON 2014 EXTRAVAGANZA



Inauguration of TNOACON 2014



TNOA Journal Release



Prof. M.S. Narasimhan Oration



Prof. M. Natarajan Oration



TNOA Quiz - Finals



The spouse and children having their share of fun



OPL in action



OPL Winners