



OFFICIAL NEWS LETTER
OF THE
TAMILNADU
ORTHOPAEDIC
ASSOCIATION

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TNOA NEWS



Greetings to all. It's been three months down the line after taking up this prestigious post. My soul is burning with a lot of issues. Whether the President, a member or just a number, I would always be at the service of this Association.

The world this day is not as before. Advancements and technologies are growing in a lightening pace, and to keep up with it is an uphill task. It needs a collective effort from the senior most to the junior most members to build up this Association, and for this I would like to mention three points.

1. Let the 'E' fly and the 'GO' go – [No EGO]
2. Break the 'shell' and eat the 'fish' – [No Selfishness]
3. Arise the 'Inferior' and change the 'complex' to simple – [No Inferiority Complex]

If these are taken up then the world we live will become heaven and our Orthopaedic life will be a pleasure.

Be as a river and not as a lake. Flow in knowledge, Wisdom, Politeness, Patience and Humanity. If so, then thy shall be River Brooklyn [go on forever]. Together we can make wonders. So join hands to be a part of a new era, where the TNOA reaches glorious new heights. Humbly thriving on your support and suggestions. Innovations were discussed in the Executive meeting and the Secretary will enlighten that.



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Secretary's Message



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This news letter will bring you the affairs of TNOA for the past six months. The news letter has once again gone through some face-lift. This time the editorial secretary, Raja Ravi Varma has played a major role in the changes and he will continue to be the editor of the news letter too.

I wish the news letter will focus on the events of various regions of the state. I am sure the regional executive committee members of TNOA, can make it more interesting by writing about the events in their regions. TNOA members can also express their views through letters to the editor column.

It was a great relief to see a good show of TNOACON 2005 at Cuddalore, after all the hurdles we faced.

The TNOA membership directory is being updated. Those who need change of address can write to me. The new directory will be ready by March 2006.

Although every year the organisers excel in conducting the conference, there is a feeling amongst members that the content of the conference has become monotonous.

With this in mind the pattern of TNOA annual conference will undergo some changes to make it more interesting. I look forward for the TNOACON 2006, at Chennai with lots of academic thrust. The members can write their suggestions in this regard.

Message from President Elect - Dr. David V. Rajan

Dear Colleagues,

As you all aware that Tamilnadu Orthopaedic Association is only a part of Indian Orthopaedic Association which is a national body. I was alarmed that only part of TNOA members are Indian Orthopaedic Association members. It is still perplexing that some members of Indian Orthopaedic Association of our state are not members of our state organization!

Therefore, I appeal to members of Tamilnadu Orthopaedic Association who are not yet members of Indian Orthopaedic Association to endorse themselves to become Indian Orthopaedic Association members. Only then we will have proper representation and thereby recognition.

Academic Thrust pg 4	Awards corner, Brainy hits Pg 5	The new members Pg 6	Achievements galore Pg 8	Administrative Business Pg 10	Meet the personality Pg 18	Sports round -up Pg 20
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Editorial....

Greetings to you at the outset!

It was more than a pleasure when I received a letter from our Secretary requesting to edit and release this year's News Letter for which I profusely thank the Secretary, Dr. P. V. Jayashankar. The hitherto responsibility, an onerous one at that, had been to release the annual TNOA Journal during the prestigious Annual State conference of the Tamilnadu Orthopaedic Association. Having been closely associated with two Editorial Secretaries Dr. P.V. Jayashankar and Dr. Nalli R Uvaraj at various point of time, my yearn for taking the job of Editorial Secretary and my subsequent un-opposed election was only a gift on a platter. Now it seems that the facets of Editorial Secretary permeates beyond the fixed pattern and has offered an unique opportunity to exhibit some creativity and innovations that indeed may add new life to our regular news features.

I have made suggestions to the Secretary that I wish to include new aspects like "Meet the Personality" etc which he readily agreed and reiterated his confidence in me goading me to go further and decorate the News Letter. Thus I have made a sincere effort to produce a different news letter which I am sure will be liked by one and all. I also wish to encourage letters to the editor on various issues and articles, be it positive or negative.

I also request members to keep the Editor informed about the various academic or non-academic information of interest in the regions including achievement of any magnitude to have a larger reading and awareness potential.

The recent successful completion of TNOACON 2005 and OASISCON 2005 has only opened the gates for advanced updating of knowledge. But more participation, presentations and involvement from post-graduates are the expectations and need to fulfill the dreams of achieving the aims of the "Bone and joint decade" and to further the cause of innovative Orthopaedics. With the TNOA itself jumping into the fray with its pioneer effort to conduct Arthroplasty and other courses in future, the learning community is bound to benefit immensely. I should also mention the sincere efforts taken by Dr. P. V. Jayashankar as the Secretary of the TNOA in the successful conduct of the TNOA Arthroplasty course, the first of its kind which also included Foreign faculty.

With my fervent appeal to all concerned to continue to patronise the TNOA Journal as you have been doing all these years, I do place the request to please get your articles ready and send it across to the editor as early as possible to avoid last minute hitch.



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The Tamilnadu Orthopaedic Association as always had been on the prowl in furthering the cause of academic thrust not only through its Annual Conference but through various academic programmes and CMEs through out the State. The intellectual content of the programmes have indeed been of significant value.

One would be able to judge the amount of thrust applied from the various CMEs conducted by various local chapters under the auspices of the TNOA as listed below.

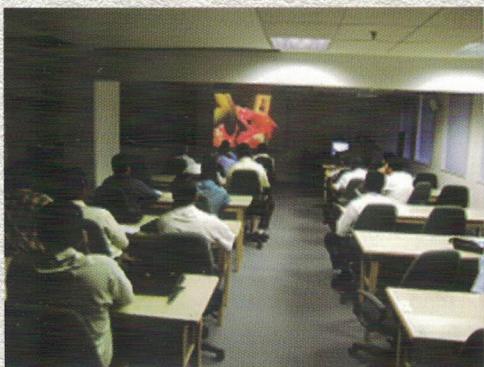
1. Hand Surgery update 2004 at Madurai
2. Changing trends in Fracture management Oct' 2004, Madurai
3. Workshop on K. Fixator March 2004 at Pondicherry
4. Overview of Ultrasound Application in Musculoskeletal Radiology at Coimbatore
5. Hip Resurfacing Arthroplasty On 24th July 2005 at Coimbatore
6. OASICON 2005, Chennai
7. CME on Hip Trauma at Thanjavur.
8. First ever TNOA Knee Arthroplasty course at Chennai August-September 2005
9. CME on Hip Resurfacing Arthroplasty at Govt. KMCH, Chennai on 1st October 2005

Forth-coming events:

- CME on Hand Surgery conducted by the Dept. of Orthopaedic Surgery and Traumatology, Madurai Medical College under the auspices of TNOA on 15th October 2005
- Hand Injury course on 3rd December 2005 at CMC, Vellore
- IOACON 2005 at Mumbai during Dec 2005
- TNOA CON 2006 in Chennai during March 2006

TNOA Knee Arthroplasty Course:

The Tamilnadu Orthopaedic Association created a record of sorts when it launched the first ever academic course including a workshop with national and International Faculty conducted by the association directly. It indeed was the brainchild of the



Secretary, Dr. P. V. Jayashankar who with the guiding support of the President Dr. V. Shanmugam and the TNOA council members, nurtured and effected the First TNOA Knee Arthroplasty course at Chennai between the 29th of August and 2nd of September 2005. Though the various incarnations of the Association have been conducting various CMEs and Academic programmes of all hue under the auspices of the parent Association, TNOA, it was a great pleasure to present one by the parent Associations itself. The added feature was Dr. Jean Louis Briard from France being the Course Director.

TNOA President Dr. V. Shanmugam gave welcome address. Prof. P. Dhanarajan, Past President, TNOA inaugurated the course in the presence of Course Chairman Dr. Jean Louis Briard and Dr. Ray Randle.

The course was studded with elaborate and informative lectures covering the entire range of related information from planning to execution by National and International faculty which included Dr. Jean Louis Briard from France, Dr. Ray Randle from Australia, Prof. P.V.A. Mohandas, Prof. Mayilvahanan Natarajan, Prof. R.H. Govardhan, Prof. Vernon Lee, Prof. Samuel Chitanjan, Dr. Dr. P.V. Jayasankar, Dr. P. Suryanarayanan, Dr. Sudhakar Williams, Dr. Dr. Nalli Uvaraj, Dr. Rajasekhara Reddy, Dr. Madan Mohan Reddy, Dr. N. Shankar, Dr. Barry. D. Rosario, and Dr. C. Lenin.



Of course, the TNOA was firm in its belief to expose delegates to the nuances of the art of Knee replacement by providing live surgeries of difficult cases from the different hospitals in the city by the most experienced Dr. Jean Louis Briard and Dr. Ray Randle. The surgeries were beamed live at the Ethicon Institute of Surgical Excellence where the delegates had a live interaction with surgeons and a try on hands on workshop.



Govt. General Hospital, Sundaram Medical Foundation, Vijaya Institute of Trauma and Orthopaedics, Apollo Hospitals and MIOT Hospitals were the leading hospitals in the city to participate. Depuy division of Johnson and Johnson were the principle sponsors.

The tremendous success of the course has now infused a confidence to progress further in the direction of conducting more such courses annually with the support of all the TNOA members.

There was a galore of awards for the asking for both the upcoming young orthopaedic surgeons as well as established Orthopaedic surgeons during the TNOA Conference, Cuddalore. The interest on Innovative Orthopaedics was picking up momentum with the attendance being a full house during the Innovative paper presentation for Prof. P. Dhanarajan Medal. The various awards won during the TNOA Conference at Cuddalore in February 2005 are as follows:

Prof. M. NATARAJAN MEDAL

Dr. K. Karthik Narayanan, DNB (Ortho), Railway Hospital for "functional outcome of fracture neck of femur treated with Total hip replacement Vs Bipolar Arthroplasty"

Prof. A. SUBRAMANIAN MEDAL

Dr. V.S.Kumar from Sri Ramachandra Medical College and Research Institute, Chennai for "Anatomical variation of Posterior Interosseous Nerve-a cadaveric study"

Prof. T.K. SHANMUGASUNDARAM MEDAL

Dr. S. Muthuraman, Tenkasi, for "Anterior transposition of Ulnar Nerve in distal Humerus fracture"

Prof. P. DHANARAJAN MEDAL

Dr. R. Mohandhas, Nagercoil, for "Closed Interlocking nailing with Blocked Medullary cavity"

Prof. C. VYAGESWARUDU MEDAL

Dr. Srinivasan Peruvi, IORAS, Madurai, for " Longterm follow-up of L'episcopo procedure in erb's palsy"

TNOACON 2005 A BRIEF REPORT

The 38th Annual Conference of the TNOA was held between Feb 11-13, 2005 at Cuddalore. The Pre Conference CME was held on Feb 11th 2005 on "Neglect in Orthopaedics" The CME was inaugurated by Superintendent of Police Mr. Panneerselvam. Live surgery on ASR was done at Krishna Hospital, Cuddalore. The conference was inaugurated by the Collector of Cuddalore Dist. Mr. Gagandeep Singh Bedi, IAS. Various scientific papers and lectures were presented by eminent Indian and foreign delegates. About 500 delegates attended the TNOA conference.

- Dr. Pandian, Organising Secretary

TNOACON 2006

Dear friends,

I'm very happy to inform you that the Kilpauk Medical College Hospital is conducting the TamilNadu Orthopaedic Association conference in March 2006 (TNOACON-2006). The conference is planned in every manner to be different from the previous other routine conferences and more thought provoking and attractive. The venue itself is not within the busy city limits. It's a calm location in the outskirts called the Green Coconut Resorts where the activities of the conference have been scheduled on the 3rd, 4th & 5th of March 2006.

The conference venue is close to many other game resorts and amusement parks in Chennai outskirts. A drive to the city can be accomplished in minutes. The conference scheduled on the 4th and 5th of March 2006 will definitely be an educative, creative and thought provoking one. The pre-conference workshop is scheduled to be held on the 3rd of March 2006(Friday). The highlight of the pre-conference workshop is two workshops on a single registration. The first workshop is on a new



concept – 'High flexion knee'. The designer of the concept has himself agreed to speak on the occasion so that we can understand the philosophy rather than just the science. The presentations of the foreign delegates will definitely enlighten our knowledge of 'High flexion knee'. The second workshop is on Revision Total Hip Replacement. The participation of foreign delegates is in the process of confirmation. The variety of south Indian dishes to tickle your taste buds will definitely satisfy not only your appetite but also your taste buds.

We have not left out the spouses and kids who may be bored with the routine city conferences. The proximity of a number of theme parks and game resorts and shopping complexes will keep them busy in their own way.

Dear friends , kindly make a note of the dates in your diary and make yourself free to attend the conference on the 3rd, 4th & 5th of March 2006. Looking forward to enchant you with the variety of creative learning sessions, healthy discussions and a gamut of other attractions of the TNOACON –2006.



- Prof.K.J.Mathiazhagan - Organising Secretary

President.....Dr. V. Shanmugam

Born in Keelakuppam Village (Panruti Taluk), he did his schooling at Government High School – Marungoor. He did his undergraduate and D.Ortho in Govt. Stanley Medical College, Chennai. He furthered his specialization by doing his M.S Ortho in Govt. Kilpauk Medical College-(Govt. Royapettah Hospital). Interestingly he retired from the same college from where he did his Degree after serving for 34 yrs long years. He has worked at all levels of Public service from PHC to Medical College.

He has a long list of Honoured Posts viz,



- President Of MOS , Vice President of TNOA
- Convenor for giving recognition of Post-graduate courses by Dr.M.G.R. Medical University, Tamilnadu for MPT courses in
 1. UAC college for Physiotherapy
 2. PSG Medical College, Coimbatore
 3. Govt. Stanley Medical College, Chennai
 4. Christian Medical College, Vellore
- By Medical Council of India, New Delhi for giving recognition for Post-Graduate courses in Annamalai University
- Inspector for accreditation of Orthopaedic departments in various states by National Board of Examinations (Ministry of Health & Family Welfare, Govt. of India)

Vice - President.....Dr. M. Chidambaram

- Currently the Addl. Professor of Orthopaedics at Madurai Medical College, he was a keen academician securing a Gold Medal in D.Ortho way back in 1977.
- His field of interest includes Trauma, preventive Orthopaedics and Medico-legal aspects.
- He was the President of the Indian Medical Association, Madurai Branch between 2004 and 2005 during which he secured the runner-up award for the Best Branch and also increased the membership to 1008 from 840. In fact it was a record of sorts as Madurai is the first branch all over India to reach 1000 membership.
- He wishes to contribute to the TNOA and its cause so that it will reach its heights.

Editorial Secretary.....Dr. C. Raja Ravi Varma

- Born on 7-10-1960 in Calcutta, he had completed his Under graduation in Kilpauk Medical College in 1982 and D.Ortho from Govt. Kilpauk Medical college between 1988 & 1990. He had Joined Chennai Port Trust Hospital, a 200 bedded multispeciality Hospital, in 1985 and now heads the Department of Orthopaedics
- He had completed his DNB in 2003 from Madras Medical College. He has keen interest in Trauma & Replacement Surgeries. He is better known for his entertaining presence
- He plays a key role in Entertainment Programmes of our Academic Conferences.
- He happens to be the Editor of "Chennai Portmed", a Medical Journal of the Chennai Port Trust Hospital which is the first of its kind in India
- He has authored and co-authored publications in TNOA Journal

Fellowship Secretary....Dr. Sundar Subramanian



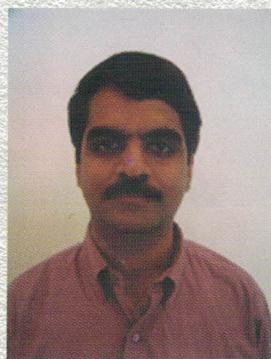
- Graduated from Sri Ramachandra Medical College and Research Institute in 1991, he feels privileged to have been initiated into Orthopaedics in the Mecca of Orthopaedics Madras Medical College in 1992 under Prof. C.T Alagappan and Prof. K. Sriram. Later he completed M.S Ortho at SRMCH & RI under the present Vice Chancellor Prof. S.S.K.Marthandam.
- He has been working as an Assistant Professor in the Department of Orthopaedics, SRMCH & RI for the past five years. He is currently Registrar of the Department.
- He has undergone an Arthroplasty Fellowship at the University Hospital, Munich, Germany
- His areas of interest are Joint Replacement and Pelvi-acetabular surgery.

Executive Committee Member, Chennai.....Dr. B. Pasupathy



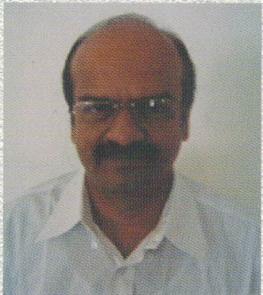
- Born on 31.7.1967 he had his graduation in the year 1989 at Thanjavur. He completed his D. Ortho between 94-95 and joined as Asst. Professor at Govt.Kipauk Medical college. Later he did his M.S Ortho from Madras Medical College in the year 1999-02.
- He subsequently qualified in the DNB exam and is presently working as an Asst. Professor at Madras Medical College.
- His areas of interest include Trauma, Spine surgeries particularly scoliosis correction and Arthroscopy.

Executive Committee Member, Chennai.....Dr. V. Singaravelu



- Born on 16-04-1965, he completed MBBS during 1982 – 1988 from Coimbatore medical college. Later he did his D.Ortho between 1991 &1993 at Government Stanley medical college and MS Ortho (1997-2000) from Kilpauk medical college.
- He is presently Assistant professor in the Department of Orthopaedics, Kilpauk medical college hospital.
- He has quite a few International publications viz. Fracture posterior process of talus- a case report - American journal of foot and ankle Surgery & Interlocking nailing for segmental femoral fractures - IGOF Journal of Orthopaedics and trauma, June 2002.
- He has also co-authored various articles in TNOA journal
- His special Interests include Hip and Knee replacement surgeries & Pelvi-acetabular fracture fixation
- Current pursuit: He has registered for PhD under the guidance of Professor Mayilvahanan Natarajan in “Hydrogen Peroxide in the management of Giant Cell Tumor”

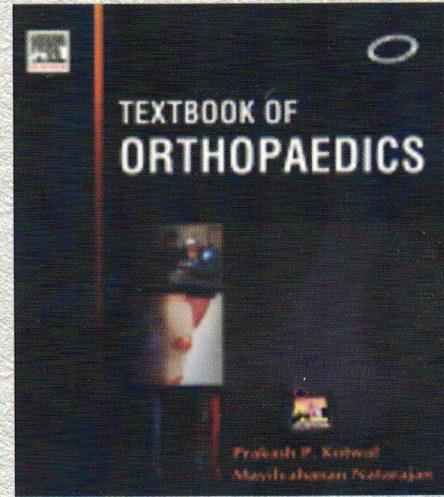
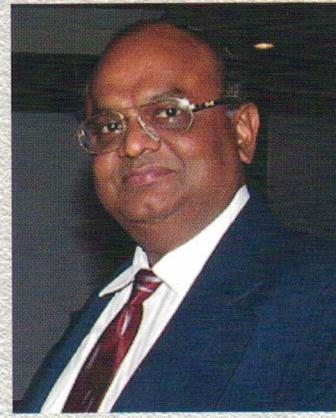
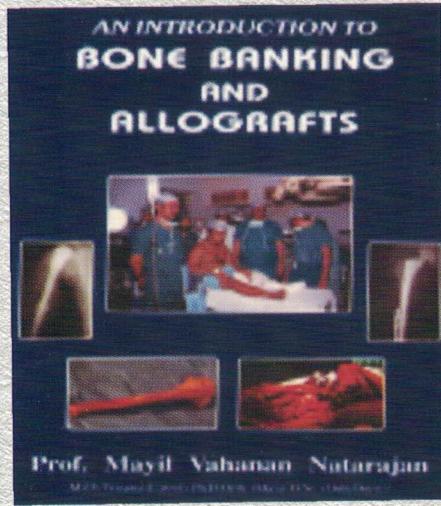
Executive Committee Member, Madurai.....Dr. M. Alagappan



- Hailing from Madurai, he is a keen academician and Skilled surgeon.

Prof. Mayilvahanan Natarajan, former president of TNOA & President Elect, IOA has been awarded the L-Ramp Innovators Award 2005 in recognition of his efforts in innovating the **Custom megaProsthesis** with the aim to contribute towards the betterment of the society by the Lemelson Recognition and Mentoring Programme, a joint initiative of Indian Institute of Information Technology, Madras & Rural Innovations Network and supported by The Lemelson Foundation, USA.

The TNOA also recognises and applauds the achievement of Prof. Mayilvahanan Natarajan who published two books viz. on **An Introduction to BONE BANKING AND ALLOGRAFTS** and **Text book of Orthopaedics** (along with Prakash P. Kotwal of AIIMS, New Delhi)



Dr S Rajasekaran, Director, Ganga Hospital and former executive committee member of TNOA from Coimbatore received the prestigious **HARI-OM ASHRAM ALEMIC RESEARCH AWARD** for his research work on "Diffusion in Human lumbar discs and its relevance to spinal disorders" at Rashtrapathy Bhawan, New Delhi on the 1st of July 2005.

Dr. S Rajasekaran had also received the **Macnab La Rocca Award for the year 2005** from the International Society for the Study of Lumbar Spine, Canada (ISSLS) for the research on 'A Finite Element Model analysis of the alterations in load pathways following destructive lesions of the growing spine'.

He has also got one more research project from the prestigious '**Institut De France-Foundation yves Cotrel**' of Paris in the field of spinal deformity for the first time in Asia, to support the one year project entitled, "A study of Nutrition of Discs in spinal deformity"



Dr. Nalli R Uvaraj, M.B.,B.S, D. Ortho, M.S Ortho, DNB Ortho, Asst Professor of Orthopaedics, Madras Medical College and Govt. General Hospital, Chennai has been abroad for the IOA J&J Fellowship and another at Japan as follows:

1. Under the Depuy Johnson and Johnson Indian Orthopaedic Association Foreign Fellowship for the year 2003. He underwent training in Joint Replacement Surgery at Clinique du Cedre, Bois Guillame, France under Dr.Jean Louis Briard, Joint Replacement Surgeon.
2. He was awarded the Asia Pacific Orthopaedic Association Japan Visiting Fellowship for the year 2004 and underwent training in Joint Replacement and Spinal Surgery at the Keio University, Tokyo.

The Association salutes and recognizes their efforts to keep the pride of our Association flying high. Whatever step taken in the direction of furthering the cause of orthopaedics either in an academic quest or service borne out of your education is always welcome and shall be appreciated. Members are requested to inform the editor of any achievement to be published in the News Letter.



Considering the fact that we are propagating the Bone and Joint Decade an awareness programme was organized by the IORAS & Madurai Orthopaedic Association on the 28th of November 2004 at Hatsun Hall of the Madurai chamber of Commerce Building, Madurai.

About 300 men and women attended the programme and asked about 120 questions on various aspects of osteoporosis, low back ache and drugs in rheumatoid arthritis.

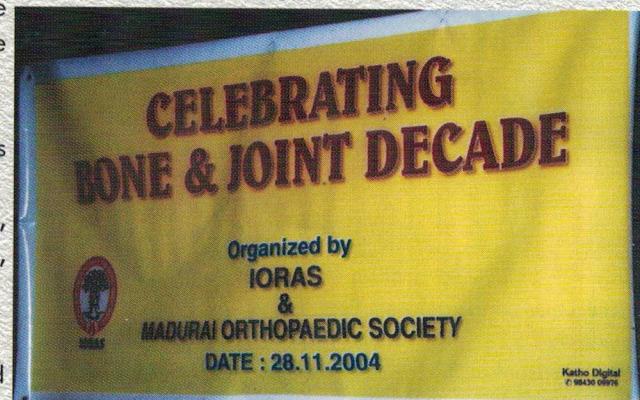
Prof.T.K.Shanmuga Sundaram, the ambassador for the Bone and Joint Decade to the WHO was the Chief Guest.

The following Doctors participated in the discussion and gave lectures to the public in Tamil.

Dr. Booma Srinivasan, Prof. A.Subramaniam, Prof.A.Devadoss, Dr.S.S.Annamalaisamy, Dr.N.Kasirajan, Dr.Pugalenth Pandian, Dr.M.Muthuvel Rajan, Prof.T.Prabhakaran and Dr.Pandiyarajan.

All the Question and Answer sessions were also held in Tamil.

Dr.VR.Ganesan, Secretary, Madurai Orthopaedic Society proposed vote of thanks.



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Four meetings were held between Dec 2004 and May 2005

1. Minutes of the EXECUTIVE COMMITTEE Meeting
26-12-04, Cuddalore.
2. TNOA EXECUTIVE COMMITTEE MEETING
12-02-2005, Cuddalore
3. TNOA, General Body Meeting
12-02-2005, Cuddalore
4. TNOA, EXECUTIVE COMMITTEE MEETING
15-05-2005, Chennai

Minutes of the EXECUTIVE COMMITTEE Meeting on 26-12-04 at Krishna Hospital, Cuddalore.

President Prof.R.H.Govardhan called the meeting to order and welcomed the members.

The Executive congratulated Prof. Mayil Vahanan Natarajan on his selection as President of Indian Orthopaedic Association.

Dr. P.V. Jayasankar, Secretary, TNOA, read out the Secretary's report.

TNOA Trust:

Prof.P.V.Vijayaraghavan, Immediate Past Secretary, informed about the current status of TNOA trust:

- PAN Number has been obtained.
- Returns for the previous financial years have been filed.
- IT Department to be informed of the 80-G exemption.

Prof. Vijayaraghavan handed over all the documents pertaining to the TNOA trust along with the account Pass books.

Travelling Fellowships & Fellowship Secretary's report:

Dr.S.Kumaravel read the Fellowship Secretary's report. Dr. Vijayaraghavan informed that the amount for "Pondicherry S.Annamalai Reddiar TNOA fellowship" has not been

received from the trust. Dr. Kumaravel submitted the list of provisionally selected candidates for TNOA Fellowship. The executive discussed regarding reconsidering the criteria for the fellowship. It was decided to request Dr.A.Vaithilingam to hand over the fellowship corpus amount of Pondicherry Dr.S.Annamalai Reddiar TNOA fellowship to the Association. If the decision to do so is not complied with, the fellowship will not be continued beyond Feb 2005. If Dr. Vaithilingam withdraws his fellowships then TNOA on its own can start a fellowship for consideration from non-teaching rural centers.

Fellowship secretary read out the proposed criteria for TNOA foreign fellowship. It was decided to have a meeting of TNOA president, Secretary and Fellowship Secretary to decide on the criteria for the Foreign Fellowship which will be presented in the General Body meeting during TNOACON 2005 at Cuddalore.

The following candidates were selected for the respective Fellowships:

Dr.A.J.Selvapandian, TNOA Traveling fellows for 2005.

1. Dr.S.Muthuraman.

2. Dr.S.Natarajan

Since the applicants for D. Ortho Fellowships did not have any credentials like publications or presentation It was decided to request Dr.A.Vaithilingam to permit the reserve candidates in A.J.Selvapandian - TNOA fellowship list, who have academic credentials to take up fellowship this year.

TNOA Journal & Editorial Secretary report :

Editorial Secretary, Dr.Nalli R.Uvaraj, felt that the response for the journal was poor and hence the last date has been extended till 31St December 2004. He requested more contribution for the TNOA Journal.

Prof.Narasimhan Oration :

Prof.C.Dharma Rao, Vizag, Andhra Pradesh had agreed initially. He is at present out of station. His travel expenses are to be borne by TNOA.

Elections:

There will be elections for the two Executives' posts from Chennai. The post of Vice-President, Fellowship Secretary, Editorial Secretary and the Executive member post from Madurai have been filled up unopposed.

TNOA
EXECUTIVE COMMITTEE MEETING
12-02-2005, Cuddalore

The meeting was called to order by President TNOA.
The agenda for the General Body Meeting was discussed.

TNOA Trust:

Immediate Past Secretary Prof.P.V.Vijayaraghavan briefed on the status of TNOA Trust

TNOA Foreign Fellowships:

Dr.Kumaravel, Fellowship Secretary briefed on the criteria for the TNOA foreign fellowships.

TNOA Dates:

Alternative dates for TNOA conference were discussed. It was provisionally decided as first week of March, subject to approval by the General Body.

Pondicherry Dr.S.Annamalai Reddiar TNOA fellowship:

The sponsors of Pondicherry S.Annamalai Reddiar have not handed over the corpus fund to the Association. If the sponsors refuse to transfer the amount the fellowship can be discontinued and in such an eventuality, TNOA will initiate its own Fellowship programme.

KOA:

Dr.B.R.Ramasubramaniam, had attended the Kerala Orthopedic Association Annual Conference and had felicitated the office bearers on behalf of TNOA.

OASICON:

Organising Secretary of OASICON promised to make a significant contribution to the parent body (TNOA) from the proceedings of the conference.

Zonal rotation & pattern for TNOA conference:

The issue of confirmation of zonal rotation system for TNOA conference was discussed.

It was decided to identify places in each zone with the basic facilities for conducting the conference and accept only such places as venue for the future conferences.

The issue of a change in the pattern of conference was discussed. It was decided to have strict selection criteria for the papers for medal session and to include symposia and seminars in the conference.

"White paper":

Prof.G.A.Anderson wanted to have white papers on common Orthopaedic problems, which will act as guidelines for management.

TNOA
General Body Meeting
12-02-2005, Cuddalore

Prof. R.H.Govardhan, President TNOA called the meeting to order.

Obituary reference :

Respects were paid to Late Dr.Viswanathan of Madurai, Dr.Manicka Sundaram of Erode and Late Dr.Kumarasamy of Coimbatore.

Secretary's report:

Dr.P.V.Jayasankar, Secretary, TNOA submitted his report.

Award winners:

The following award winners from TNOA were praised on their respective achievements.

Prof. Mayil Vahanan Natarajan of Chennai

DR.S.Rajasekaran of Coimbatore

Prof.G.A.Anderson of Vellore

Dr.B.R.Ramasubramaniam of Salem

ASSOCIATION ACTIVITIES:

Academics & membership

Seven CME programs were conducted last year and 4 executive committee meetings during the year.

Membership at present is 870 with 40 life and 33 associate members joining this year.

Website updation will be completed in a few months.

Two Newsletters had been circulated.

TNOA & TNOA Trust:

TNOA accounts were submitted. Immediate Past Secretary Prof. P.V.Vijayaraghavan explained about TNOA Trust matters.

Editorial Secretary report:

Dr.Nalli R.Uvaraj Editorial Secretary submitted his report.

Fellowship Secretary's report:

Dr.S.Kumaravel, Fellowship Secretary submitted his report. This year four Fellows were sent to Chandigarh – PGI

Dr.A.J.S.TNOA Fellowship:

Dr.S.Muthuraman, Thenkasi

Dr.S.Natarajan, Cuddalore

Pondicherry- S.Annamalai TNOA fellowship:

Dr.G.Mohan, Chennai

Dr.N.D.M.Ismail, Coimbatore

Dr.N.Dean Md.Ismail read out the report on behalf of the TNOA Travelling Fellows.

President Prof. R.H.Govardhan distributed the Fellowship certificates.

Dr.S.Kumaravel read out the criteria for selection of candidates for the proposed TNOA Foreign Fellowship programmes.

Dr.Selvam opined that teaching experience should not be criteria for Foreign Fellowship selection

Pondicherry S.Annamalai Reddiar - TNOA Travelling Fellowship.

Money towards this Fellowship has not yet been deposited in the name of TNOA.

The sponsor will be requested to deposit the amount in the name of TNOA.

If the sponsor is not willing for that then the Association shall conduct its own fellowship programmes.

Ratification of new members:

New Life members and associate members were ratified.

Change of dates of TNOA:

It was proposed to conduct TNOA in the 1st week of March.

Dr. Raja Ravi Varma felt that it might prevent the children from attending the conferences while Dr.Ramesh Babu felt that the dates need not be changed to suit the university schedule

Prof.K.J.Mathialagan pointed out that exams were scheduled to be held before the 15th of February. Dr.Sivamurugan felt that it should be held in the month of January but it was told that it would clash with dates of KAO (Kerala)

Secretary Dr.P.V.Jayasankar opined that it can be held in the 1st week of January.

It was finally decided to conduct TNOACON 2006 alone during March 1st Week while the dates of subsequent conferences may be decided later.

Prof.R.Dhanapal's letter:

In the discussion on Prof.R.Dhanapal's letter regarding the incident that had occurred in chennai, the surgical company had expressed regret and hence Prof.R.Dhanapal requested to drop the matters.

Representations in TNOA & IOA Meetings:

Dr.B.R.Ramasubramaniam told that the executive committee members from TNOA are not attending the executive committee meetings of IOA.

Dr.Sundar felt that executive committee members who do not attend two consecutive executive committee meetings should be disqualified.

OASISCON 2005

Organising Secretary of OASISCON 2005 promised to make a substantial contribution towards TNOA out of the proceedings of the conference.

TNOA Venues:

In a discussion as to whether TNOACON can be hosted in smaller centers It was proposed to identify centers in various zones which have the basic infrastructure in future.

It was decided by the GB to continue the Zonal system.

TNOACON 2006:

Prof.K.J.Mathialagan, Organising Secretary TNOACON 2006 presented his report on the arrangements for TNOACON 2006.

TNOACON 2007:

Venue for TNOACON2007 by rotation to be held in West Zone. Erode shall be the venue and Dr.Natesan will be the organising secretary.

Pattern of conference:

It was decided to limit the number of papers for the medal session to strict selection criteria. Other papers can be accepted as posters.

Dr.T.Rajendran memorial tournament:

The winners of Dr.T.Rajendran memorial tournament were awarded the prizes.

TNOA election 2005:

TNOA election 2005 results were announced.

Prof.Chidambaram - Vice-President

Dr.Raja Ravi Varma - Editorial Secretary

Dr.Sundar - Fellowship

Dr.Alagappan - Executive Committee Member-Madurai

Dr.B.Pasupathy - Executive Committee Member-Chennai

Dr.Singaravadivelu - Executive Committee Member-Chennai

TNOA
EXECUTIVE COMMITTEE MEETING
May 15th 2005 Chennai

President Dr.V.Shanmugam called the meeting to order and welcomed the members

Felicitations:

The committee placed on record its felicitation to Prof.S.S.K.Marthandam for having been appointed as Vice Chancellor of SRMC & RI (DU)

Secretary's report:

Dr.P.V.Jayasankar read out his report. He informed that the Membership directory update is in progress, discrepancies are being rectified and soon the updated directory will be ready. He also stressed TNOA projects have to be given a new twist. Secretary further suggested changes in the format and content of the Annual TNOA Conference. He felt Medal papers should be limited to a particular number (to be decided) so that more time can be allotted to Innovative programmes. He viewed with concern that In conferences certain protocols had been violated and he said that this should not be repeated in future. Only one inaugural function should be conducted in conference since conducting two-inaugural sessions takes away a lot of precious time. He further stated that Membership should be increased.

**OASISCON 2005:**

OASIS contribution can be paid to the Organizing body of the Association.

TNOA Website:

Dr.Selvaraj, Jt.Secretary detailed on the status of the website and told about the problems faced in maintaining the website. Discussions were made on the possibility of creating a post of web master for the TNOA websites. It was decided to make the website operational before next executive committee meeting.

Editorial Secretary's report:

Dr.Raja Ravi Varma, Editorial Secretary read out his report. He suggested introducing new ideas in the TNOA Journal like color plates, Interesting case discussion and guidelines to PG's in the journal, chapter on book reviews etc.

He said Abstracts of teaching programmes can be included in the journal.

Regarding taking over News Letter publication and changes in News Letter he said New Members details shall be included in the journal. Letters to the Editorial Secretary may be included and exclusive sections "Meet the personality" and "achievements galore" to be included in the newsletters. As usual enrolments forms for TNOA & IOA membership will be included in the newsletters.

Fellowship Secretary's report:

Dr.Sundar, fellowship secretary read out his report. He said that he is yet to receive the files from the previous Secretary. TNOA Foreign Fellowship guidelines could be followed as per IOA Foreign Fellowship norms with a few modifications. The sponsors of Pondicherry S.Annamalai Reddier will be requested to transfer the amount to TNOA further. If they fail to do so, the fellowship should be discontinued. TNOA will conduct its own Fellowship programme.



Dr.Dhanapal's letter on Pondicherry S.Annamalai Reddier Fellowship was discussed and it was decided to act as per the previous resolutions on the fellowship. In-land fellowship amount may be enhanced to Rs. 7,500.

Membership directory:

Executive members of various zones of TNOA were requested to help in the updating of membership directory.

N.S.Narasimhan oration:

Prof. K.Sriram had contributed an amount of Rs.17,000 towards N.S.Narasimhan oration which was appreciated.

Suggestion for speakers for N.S.Narasimhan Oration were discussed, The following names were suggested.

Prof.S.S.K. Marthandam, Chennai

Prof.A.Devadass, Madurai

Prof.K.Sriram, Chennai

OASISCON-2005:

Dr.P.V.Vijayaraghavan briefed on the details and preparation for OASISCON-2005. Five workshops have been organized with good academic sessions. Registration has already started and most of the faculties for the conference have confirmed their participations. Numbers of papers for medal papers in the conference are to be restricted. Time allotted to orations may be reduced. More interactive programmes are to be included in the conference.

Prevention of RTA and Osteoporosis:

Dr.Chidambaram, Vice-President suggested to take up projects on prevention of RTA and Osteoporosis in his letter to secretary.

Academic activities:

All activities of the zonal Orthopedic clubs shall be done under the banner of TNOA.

During last week of August and first week of September, utilizing the session of Jean Louis Briard of France, TNOA Knee Arthroplasty course are to be conducted at various centers in TamilNadu.

Dr.Deen Mohammed Ismail's letter was discussed and since there was no reply from Prof. Mayilvahanan and Prof.R.H.Govardhan no definite decision could be taken on the letters.

"Prof.G.A.Anderson, Prof. of Orthopaedics CMC Vellore was invited to Norway for the 2004 Advanced Hand and Upper Extremity course to deliver invited Guest Lectures from 27th to 29th October 2004 at OSLO University (RIKSHOSPITALET), Norway. The lectures were as follows :

1. Child's Hand in the Developing world
2. Volkmann's Ischaemic Contracture in the Hand: Current concepts
3. Residual Birth Palsy : OBPP
4. Neuritis in Leprosy : Primary and Secondary Impairments
5. Hand Gestures in Indian Culture.

(B) Prof. G.A.Anderson also delivered special Guest lecture at WIROC 2004, (Western India Regional Orthopaedic Conference) Mumbai 27th & 28th November 2004 on "Brachial Plexus Injuries"

Prof.G.A.Anderson

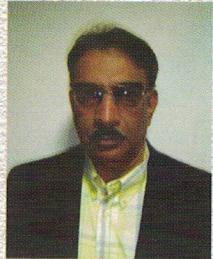
Prof. of Orthopaedics & Head of Hand Research Unit, CMC Vellore

Prof. A. Chandrasekaran,

MS (Ortho) Ph. D

Additional professor of Orthopaedics, SRMCH & RI went for a fellowship on Deformity Correction with Prof Dr. Nuno Craveiro Lopes, at Garcia de Orta Hospital, 2806 Almada, PORTGAL. Dr. Nuno mainly concentrates in Perthes disease and Limb length equalisation. He had spent 4 weeks in June in that Hospital and also attended EFORT 2005 CONGRESS in LISBON.

Later he visited Queens University, Belfast, Musgrave Park Hospital, Queen Victoria Hospital Ilizarov unit and Deformity correction unit by Taylor Spatial frame under Prof David Marsh for a period of 2 weeks .



Prof. M. Chidambaram, Vice President TNOA and Additional Professor of Orthopaedics Madurai Medical College, has been elected as Senate Member of Dr. MGR Medical University from Madurai Medical College and is expected to serve for a period of three years.



Dr. S. Rajasekaran, former Executive Committee Member was installed as president World Orthopaedic Concern on the 7th September 2005.

Dr. Ramasubramaniam, Ex. Committee member from Salem was awarded IMA Award and Fellow of the Royal College of General Practitioners (FCGP) for presenting more than 50 Scientific Papers in the IMA Meetings

Please send the report of all activities carried out to enable me to print the same in the IOA Newsletters. Please also Xerox this letter and circulate to all city clubs.

The proformas for submission of reports are attached. Reports can be sent directly to me and to Dr.P.K.Kanabar, Chairman, "RPP-Free India Campaign" Chari, Centre State Relations Committee by city clubs with copy to you for co-ordination and monitoring.

Looking forward to your keen participation in making these activities a success.

Pre Hospital Care of the Injured - Golden Jubilee year Programme of IOA

Date : 4th May, 2005

Sir,

As you are aware, IOA has decided to take up "pre-hospital care of the injured" as a major activity during the Golden Jubilee year. It will be greatly appreciated if you can organize BLS (Basic Life support) and BTLS (Basic Trauma Life Support) courses in your chapter this year itself. I will be happy to mobilize help from IIEMS (Indian Institute of Emergency Medical Service) and American School of Emergency physicians. The terms & conditions and the requests for organizing BTLS course is attached. It is an internationally certified course and the successful candidates will be awarded a certificate and BTLS card. Please contact me for any further help. The state chapter conducting maximum number of courses will be acknowledged during the Golden Jubilee conference.

With warm regards,

Prof. P S John
Chairman, Trauma Committee IOA

Ref. HEMS/ADMN-BTLS/05-06/

7th April, 2005

Dr.P.S.John
Medical College
Kottayam

Dear Sir :

Sub : Proposal for conducting BTLS in your hospital-reg

With regard to my earlier conversation with Dr.Thanaigavasan, we are putting forward a written proposal on conducting the Advanced level of Basic Trauma Life Support (BTLS) course at your establishment.

The Indian Institute of Emergency Medical Service (IIEMS) is a non-profit public charitable trust working towards spreading Emergency Medical Services (EMS) in India. As part of this vision we have already conducted Advanced Cardiac Life support (ACLS), Basic Trauma Life Support (BTLS), and Basic Life Suppor (BLS) courses at various locations such as Apollo Hospital-Chennai, Apollo Hospital-Delhi, SN Hospital-Kollam, KIMS-Trivandrum, MIMS-Calicut, Apollo-Goa, SAB Organization-Delhi, PSG Hospital, Sri Ramakrishna Hospital in Coimbatore and also various locations in Ernakulam and Trivandrum. There was a tremendous response at all locations and this has prompted us to offer such programmes at various Health Care providing organizations across India.

In the above context, we would like to invite your esteemed hospital, which has been delivering excellent services in the pre and post hospital emergency case. This is a 3 day course, with Basic Life Support (BLS) for American Heart Association (AHA) on the first day and Basic Trauma Life Support (from BTLS Inc, IL) on the second & third day.

If interested in conducting the above courses you need to provide the following requirements :

1. A large room with seating capacity of 100 with table and chairs in class room fashion and provision for 5-6 practical stations.
2. LCD projector, cordless & collar mike and screen
3. Provide the things which is mentioned as attachment in "List of Things for BTLS" for the second day of the course.
4. Refreshment to be provided.
5. We will provide master copy of BTLS provider manual. However further copies for candidates would be at your cost.
6. Provide accommodation for faculty members ie., instructors and IIEMS organizers (5-6 nos)
7. 2 return flight tickets if the course is conducted outside Kerala.

IIEMS will provide:

1. Training in BTLS and BLS with American Heart Association (AHA) certified instructors
2. We will bring all the necessary training equipments including intubation manikins, BLS manikins, baby and adult manikins, monitors, AEDs, gas masks etc.
3. Audio visual training aids would be brought
4. All successful candidates would be certified BLS cards from the American Heart Association (AHA) and BTLS card from

BTLS International Inc, IL, USA.

For the above we will charge Rs.3,000/- per candidate with a minimum of 30 candidates

Terms and Conditions :

1. There should be a minimum of 30 candidates in a training batch, but the maximum number cannot exceed 40.
2. 50% of the fees should be paid in advance at the time of signing the contract (Rs.45,000/- if there are only 30 candidates).
3. Equipments send as cargo from TRV to the course venue will be borne by us, but the cost of sending back the cargo from course venue to TRV should be at your cost.

Expecting a favourable reply from your side at the earlies.

Thanking you,

For Indian Institute of Emergency Medical Services

Lekha M R

Course Co-ordinator

LIST OF THINGS FOR BASIC TRAUMA LIFE SUPPORT (BTLS)

1.	Laryngoscope	-	2 nos (1 with curved blades and 1 with straight blades)
2.	Goat or Pig rib slab	-	1 nos (for demo of needle chest aspiration)
3.	Stethoscopes	-	2 nos
4.	Blood Pressure Apparatus (Manual)	-	2 nos
5.	Gloves	-	depend on no of candidates who are attending the course
6.	Syringes	-	15 nos (2-3 ml), 15 nos (5 ml)
7.	Needle	-	
7.	Bags	-	4 nos (Leather or Synthetic bags that can be used as trauma bags)
8.	Chicken Legs (with flesh)-	10 pairs	
9.	Cotton	-	1 roll
10.	Car Tube	-	2 no
11.	Tube Pump	-	1 no
12.	Helmets	-	2 nos
13.	IV Cannulae 16 G	-	6 nos
14.	Thomas Splint	-	1 no
15.	Bandage	-	2 rolls (10 cm)
16.	Dressing pads	-	4 nos
17.	Beteden	-	100 ml
18.	Disposable glass	-	2 nos
19.	Rubber sheet	-	1 no

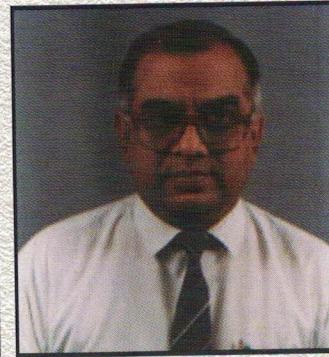
Meet the personality.....

Interviewed by Dr. C. Raja Ravi Varma, Editorial Secretary, TNOA

A new section featuring persons who have made a mark in their respective fields of medicine both as academicians as well as administrators has been included in the present news letter. Hope this makes interesting reading and makes us know more about them!

It was decided in the 1st executive meeting held at chennai that a person of our own orthopedic fraternity and former president of TNOA may be interviewed as a first attempt. Well I was more than overwhelmed when my request to Prof. SSK Marthandam was immediately received passionately, which again was not surprising, knowing his modesty and simplicity.

Here are some of the excerpts of the interview with Prof SSK Marthandam, Vice Chancellor, Sri Ramachandra Medical University and Research Institute at his residence on the 18th of July 2005. We, on behalf of the members of TNOA and our regional brethren through the OASIS extend our hearty congratulations to Prof. SSK Marthandam on his elevation as the Vice Chancellor of the Sri Ramachandra Medical University.



• 1 % inspiration and 99 % perspiration...what a recipe for a successful and budding Orthopedic surgeon! His views on SSKM, the orthopedic surgeon

"I think whatever I have been able to do, it has been due to my teachers, I was fortunate to have good teachers and also in the training ground as you know, in those days Government Institutes had plenty of clinical material and my teachers allowed me free access. I started my career as a D Ortho PG in Madurai where Prof. Devadoss taught me a lot about Internal fixation as it existed at that time and more importantly allowed me to operate and instilled in me the courage to fix fractures properly. Subsequently I came under the influence of Prof. Natarajan, I actually belong to the last batch of Prof Natarajan, from him I learnt the ability to think, to assess a case properly, clinical acumen, and I also used to appreciate and admire his academic and administrative prowess. He was a very good administrator also. Late I came into contact with Prof. P.V.A.Mohandas who had the maximum impact on me because that was the time when Orthopaedics was modernized. He put me in contact with modern ideas and helped me to go to Germany in 1980, in fact I was the first Indian to come into contact with the AO. So I think I have been fortunate to have good teachers and anybody who wants to come up has to put in hard work as they say it is 1 % inspiration and 99 % perspiration."

• Vice Chancellor of a deemed University like Sri Ramachandra Medical College and Research Institute...was it a dream nurtured for long?

"No! I have never had any such dreams; moreover my ambition was to become a good orthopaedic surgeon and I hope I have done it, the other things came on its own; because I feel a good orthopaedic surgeon has to be a good team leader. If you see many important posts are filled by orthopaedic surgeons. Prior to me Major Raja was Vice Chancellor and also in other universities, you'll see orthopaedic surgeon occupying important posts. Because the field itself is such that it is not a one man show. Unless you are a team leader you cannot really give a good success rate and also you cannot really give the best to your patients. I have always believed that a good orthopaedic surgeon has to be a good team leader. As such, I have never sought after administrative posts and I have never been keen. It came on its own"

• His views on SSKM, the Vice Chancellor....

"Well, Vice Chancellor post as you know is a sensitive post in any university. Our's is a university, which consists of 9 constituent colleges, 4000 employees and 3700 students. It is a huge affair even though it is not known so outside. People from outside known it more as a Medical college, which is only a part of the Ramachandra Medical University. I think as VC, most important thing is decision making. It is not so much the mundane administration, for which there are officials. One should have the ability to take correct decisions when facts are presented to you. This requires some amount of training and some amount of your own hard work as an administrator."

• Contribution towards orthopaedics in general and orthopaedic education in particular with reference to higher specialisations like M.Ch Trauma which would be useful to the Orthopaedic fraternity

"I have already started MD in Accident and Emergency Medicine in Sri Ramachandra Medical College and Research Institute and in fact the first batch of students have passed out and they have been employed by SRMCH itself, that is one course I had started; then I have also started B.Sc in ETCT i.e Emergency and Trauma Care Technology for plus two boys and girls something like paramedical courses in the which these are the things if you say, courses, I have personally involved in creating. In the Government sector I have been involved in rethinking and streamlining the treatment of fracture of the pelvis and subsequently of the acetabulum. In SRMCH again in association with Dr. Arumugam I have been involved in creating a separate Department for Arthroscopy and Sports Medicine. As far as training is concerned I have been training a number of postgraduates from 1977 and some of them, in fact many of them, who have passed out have done extremely well in

on. Of course in KMC the postgraduates used to feel we were too strict but when they went abroad and returned back they said the training had helped them."

· His views on the teaching pattern for postgraduates, and his balancing act as an Administrator and Teacher....

"Teaching I feel should be more interactive. The best teacher is one who is willing to listen to the students. Also I am against imparting amongst the students, the teacher's pet theories & pet beliefs. One has to be broad-minded, should stimulate the student and must have the ability to get the best out of the student.

Balancing...what I do is up to 2.00 pm I sit as an Orthopaedic Surgeon and after 2.00 pm I become the Vice Chancellor and that may be up to 7.00 p.m or even up to 10.00 p.m because I have stopped evening practice ...that is how I balance."

· Novel ideas for the teaching and student community...

"One thing I did immediately after I took over as the Vice Chancellor, of course with the enormous support of the management, is I completely digitalized all the teaching in the MBBS classes i.e we have done away with reading from notes of professors or preparing slides. We fixed multimedia projectors and laptops in all the seven main lecture halls meant for MBBS students, we have provided Desktops with CD Writer to all Heads of Departments and ensured free supply of blank CDs. I called them for a meeting in May itself for July classes and ensured that from day one teaching shall be digital. Because I firmly believe that if doctors have to keep pace with modern technology they must be computer literate. Not only that, they must know how to browse the Internet and that means they must know the correct places where they will find good information about Orthopaedics"

· Medical education is becoming a "sales and service" business...an evil which is inevitable, avoidable or cannot be helped becoming one...his views on that!

"I have my own views on this. There are good and bad things in commercialization, whether it is health care or education or whatever it is. I have been equally involved in government and private sectors and it is very difficult to say one is bad and other is good. I see good points and weak points in both of them. Having said that the good point in commercialization is you can update and modernize very fast. Naturally both patients as well as students are benefited when the infrastructure improves.

In Government sector also we can improve provided we subcontract many of these things. There is very good talent in government sector; since flow of cases is enormous and the ability to improve the skill is enormous they do have very highly skilled people, etc., that is the main reason why private sector comes to the Government sector to get doctors. But in Government sector the patients are not benefited to that extent because the concept of creation of infrastructure and maintaining the infrastructure should be modernized."

· The family...

"I have two daughters. One is a Gynaecologist working in MIOT; her husband is an Orthopaedic surgeon working in Sri Ramachandra. The other daughter is a Dental Surgeon; her husband is a Computer Engineer and both of them are in Singapore. I have two grandchildren – a boy and a girl."

· Message to the youngsters ...

Two things for success – The first thing is 1 % inspiration and 99 % perspiration & the other thing is constant updating of both our skills as well as knowledge. Thankyou!

We are extremely thankful to Prof. SSK Marthandam for having spared his valuable time and provided loads of viable and useful inputs.

I hope, reading this interview would have convinced many that hardwork, commitment, updation of knowledge, honing of skills and leading from the front with the ability to take correct decisions is the ideal recipe to succeed in life.

- Editor

Chennai:

On July 1st the new and Asia's largest Hospital was inaugurated by the Hon'ble Chief Minister of Tamilnadu, Dr. J. Jayalalithaa at the campus of the Madras Medical College. Popularly known as the Twin Block, the new Hospital has facilities for exclusive Ortho wards including pay wards, an Intensive Trauma Ward and an exclusive Ortho Trauma Ward. A state-of-the-art Operation Theatre with 6 tables replacing the earlier facility of 4 tables, including 2 Emergency tables have been provided.

A Bone Bank, the first of its kind in a Government set-up was also inaugurated on the same day. It has been equipped with two deep freezers with facilities to store allografts. Hitherto only cancellous allografts were being stored but now the process of harvesting cortical graft has also been started. Many patients are being benefited out of this facility.

The OASISCON 2005 was held between the 3rd and 7th of August at Sri Ramachandra Medical College, Chennai under the Chairmanship of Prof. Annamalai, Prof. S.S.K. Marthandam and Prof. P.V. Vijayaraghavan, the Organizing Secretary.

Prof. P. Dhanarajan, Organising Chairman and Prof. K. J. Mathiazagan, the Organising Secretary of the ensuing TNOA 2006 are also up-beat over the forthcoming TNOACON 2006. The Organising Secretary has taken care to address us through a separate letter inviting us to the conference.

Madurai: On 17.07.05 a Quiz competition was conducted by the Dept. of Orthopaedics, Medical College, Calicut during the Third Clinical Training and Instructional Courses at Calicut organized by the Kerala Orthopaedic Association and Indian Medical Council, during which the following three M.S. Ortho postgraduates from Madurai Medical College have won all the three prizes at stake.

Dr. U. Hitesh Gopalan

Dr. B. Mahesh Babu

Dr. S. Marimuthu

(All the post graduates are Associate Members of TNOA)

Madurai Orthopaedic Society (MOS) under the "Disability Detection-Treatment rehabilitation programme" of IOA called for applications from the disabled persons for free treatment by each member adopting a patient. 65 applications were received and in association with IMA, Madurai Branch, a screening camp was conducted. About 35 persons appeared and 20 persons were selected for adoption programme. 10 patients were admitted in various private hospitals in Madurai and successfully operated by MOS members free of cost including medicines. The rehabilitation process is going on.

The following Post Graduates won the following awards/medals in the OASIS CON 2005

1. Post graduate Gold medal for Best Paper: Dr. U. HITHESH GOPALAN
2. Best paper in a session: M. CHANDRASEKARAN
3. Post Graduate Orthopaedic Quiz competition:
 - 1st prize: Dr. S. MARIMUTHU
 - 2nd Prize: Dr. U. HITHESH GOPALAN & Dr. ASHOK SUNIL GAVASKAR

All the above are MS (Ortho) Post graduate Students from Madurai Medical College.

Salem:

The Mid-West Ortho Club has been very active in conducting regular orthopaedic meetings. The Executive Committee member from Salem Dr. Ramasubramaniam was awarded IMA award for his work of excellence.

We shall be happy to receive more news about activities going around the various zones through our Executive Committee members. It is the only way the members can be made more aware of the happenings around and stimulate others to follow suit.

This year also there was excellent response to the Dr. T. R. Rajandran Memorial Badminton Tournament during the TNOA CON 2005 at Cuddalore. There were 44 registrations, which included veteran matches for men aged above 50 years.

Dr. Pandian, Organising Secretary had taken lot of pains towards the arrangement of the matches held at the Cuddalore Stadium Indore Grounds. The importance of this tournament is to develop good comradeship and real understanding between the TNOA members.

Results:

- Men Singles:

Winner

Dr. Ramadass

Runner-up

Dr. R. T. Parthasarathy

- Men Doubles:

Winners –

Dr. Ramadass and

Dr. Vanasekar

Runners-up

Dr. Ram Prasath and

Dr. R. T. Parthasarathy

- Veterans Doubles:

Winners –

Dr. M. Chidambaram and

Dr. Muthuvelrajan

Runners-up –

Dr. David V. Rajan and

Dr. Sridharan

Mr K. Gnanasekaran was the Chief Referee of the match.

The following is the list of members whose communications have returned back to us. Those who are aware of the details of these members may please write to the Secretary TNOA. This is very important since the TNOA membership directory is being updated. Members known to the following members or the executive committee members of the respective regions are requested to get in touch with them and reply to us positively.

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opinion poll!
opinion poll!
opinion poll!
opinion poll!

Friends here is your chance to cast your opinion on the on-coming polls!

Sorry! This has nothing to do with the political elections to come. We are keen to move over in our quest to know from the members about their views on the following issues. We request you to kindly vent your feeling to the Editor on or before the 30th of November 2005 (refer address under editorial) through e-mail or letter.

1. Pattern and content of the TNOA Conferences: this includes your views on the timing and frequency of Orations, Guest lectures, quality and quantity of medal papers, fair play for free papers, special features like debates/symposia, video presentations, duration of conference etc. or any other new features you may feel important to make the future TNOA conferences useful.

2. Blueprint for Road Safety and Trauma Awareness: This includes your views on and your plan vis-à-vis the type of awareness directed at the menace arising out of the increasing number of vehicular accidents, increasing number of registrations per day at the RTOs vis-à-vis the lack of roads of appropriate size and safety, safety regulations for vehicles including speed arrestors in the vehicles, suggestions aimed at gaining the attention of law makers etc.

Change of Address: members are requested to furnish the change in address, additional qualifications or any other relevant information which would have arisen after your latest update of membership.

----- **Cut here** -----

Format for Note / Correct / Change of address

Name (in BLOCK Letters) :

Age and Date of birth :

Old Adress :

New Address :

Phone: e-mail:

web site:

Date of Birth : Place of Birth :

Qualification(s):

Special mention if any:

Signature

INDIAN ORTHOPAEDIC ASSOCIATION

To Celebrate World Trauma Day on 17 th October 2005

NATION WIDE RALLY IN ALL MAJOR CITIES OF INDIA

Time of FLAG Off : 9.00 a.m. Sharp ; SUNDAY, 16th October 2005

THEME: " NATIONAL INITIATIVE FOR TRAUMA AWARENESS"

AIM: To Motivate Lay Public for Pre-hospital care of the Injured by learning Basic Skills of First aid, Resuscitation, and Carriage of Casualties.

HOW TO ORGANISE THE RALLY IN EACH CITY

Five Pronged Approach

- (a) Getting people / organizations involved.
- (b) Publicity through print and electronic media.
- (c) Public lectures / demonstrations on first aid / resuscitation / carriage of casualties for lay public during August and September.
- (d) Planning of the rally and co-ordination during the rally.
- (e) Followup activities.

Involvement of People / Organisations: The Orthopaedic club of the city to take a lead. The office bearers of the club, President or Secretary can take the lead, or designate some other active member good in public relations for this job.

The club members may be assigned various responsibilities like

Public relations

Fund Raising

Printing of banners, Handbills, Posters, and Placards etc.

Interaction with media.

Contact and interaction with authorities.

Write up on various basic Trauma related issues in local press /local TV interviews.

Maintenance of record of activities for reporting to I.O.A.

Organization of the main Rally.

Public lectures & demonstrations in School / Colleges.

Note: IT is wise to get all the active members involved in some aspect of the total organization. Roles can, of course, be interchanged e.g. A fund raiser can also be asked to provide a write up or give a lecture.

All the members of the city club should involve the following for the rally.

- (a) The Chief Minister (if it is the state capital): This is essential for maximum impact. In other cities / towns the senior most Minister / Mayor of the city should be invited to flag of the rally.
- (b) All Ministers, M.P.s and M.L.As of the city.
- (c) Members from other political parties not in power.
- (d) District Administration like Collector, S.P. etc.
- (e) Army
- (f) N.C.C.
- (g) Scouts and Guides
- (h) School & College students through their principals
- (i) Lions, Rotary and Giants club.
- (j) Heads of religious communities / organizations
- (k) Office bearers of organizations of various communities, doing good public service in the area
- (l) Lay public not having allegiance to any group.
- (m) The local Indian Medical Association and through it all Medical Practitioners (very important We are trying to get the National Headquarters, I.O.A. involved)
- (n) Police Department including Traffic Police
- (o) Miscellaneous Organizations.

PUBLICITY THROUGH PRINT & ELECTRONIC MEDIA

Arrange Press Conference : You may invite influential members of the public / dignitaries to also address the press conference. Focus however has to be that this is a public awareness campaign by the I.O.A. in its Golden Jubilee Year. Dignitaries may be briefed regarding the aim of the rally to give correct sound bytes.

Write up in News papers throughout August and September in a planned manner on various trauma related issues like:

Prevention of accidents, avoid speeding on roads, ill effect of driving under effect of alcohol, use of helmets, etc, Also of responsibility of citizens towards fellow citizens who are injured. Instances of good deeds done by citizens towards injured may be highlighted. Articles on various issues related to first aid like control of bleeding, splintage and use of available material, simple bandaging techniques, do's and don'ts for transport of casualties, etc. Epidemiology of accidents in your area can also be published if available. Interviews or talk shows on local T.V. may be arranged at regular intervals in August & September.

Public Lectures / Demonstrations: The CD on Trauma awareness developed by the I.O.A. can be obtained from the Hon. Secretary I.O.A. by request through e-mail sending your complete address & phone number for quick dispatch. The C.D. can be distributed and can also be used for demonstration and lectures in Schools/Colleges /Lions/Rotary/GiantsClubs/Meetings of public groups.

PLANNING OF THE RALLY AND CO-ORDINATION:-

The following will have to be meticulously planned well in advance:

The Chief Guest for the Rally (to flag it off)

Date & time is fixed: Sunday 16th October 2005 at 9.00 a.m. Sharp.

Venue for start of the rally

Route to be by the rally. This should be realistically decided after consultation with Authorities.

Banners for the Rally. Please see the matter for main banner, other banners & placards hand bills to be distributed on our website www.ioaindia.org. (The funds will have to be locally raised from philanthropic organizations). This should not be a problem if you explain that this is going to be one of the biggest co-ordinated activities for public awareness in the country.

The Venue for end of the rally. A public address has to be incorporated at the end of the rally. So the venue should be selected accordingly.

Public address: The speakers should be selected with care to motivate public for caring for injured, donating blood, donation to Trauma centers and wards etc.

Refreshments and drinking water for participants. This should be arranged with help of philanthropic organizations / persons.

There should be no chaos in the rally and position of participating organizations should be predecided. The lead is to be taken by Orthopaedic surgeons / Other Medical Practitioners. This is a sensitive issue and has to be very well handled to avoid heart burn.

Small badges for the rally can also be printed and distributed to all participants to increase their sense of involvement. If funds permit or a philanthropist organization can provide for it : - Caps may also be printed and distributed with the slogan " National Initiative for Trauma Awareness 16th October 2005" printed over it.

Public address System & seating arrangement will be required at the venue where the rally will end.

A rally co-ordination committee with representatives of all participating organizations should be made with the District Collector ideally heading it.

Proper Police bandbast will be required for the rally.

H.K.T. Raza

Hon. Secretary, I.O.A.

TNOA welcomes scientific material for publication in the
Journal of Tamil Nadu Orthopaedic Association, 2006

Guidelines to Authors

Two copies of the manuscript along with print version in MS word on a CD and neat and clear illustrations should be submitted.

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References : In the text should include only those that are important and have been studied in fully by the authors.

Case reports and other short submission should be sent in the format of a full paper including abstract and captions.

All submission should be addressed to :

Dr. Raja Ravi Varma, W-12/750/2, Fourth Avenue, Annanagar Western Extension, Chennai 600 101
Ph: 044-26153532, 98411 31107, e-mail- divyavarma31@sify.com

Note : All articles should reach the Editor on or before 15th of January 2006 to avoid last minute confusions.

Kindly visit the official website of the Tamil Nadu Orthopaedic Association (www.tnortho.org) for online submission of scientific material for publication in the Journal of Tamil Nadu Orthopaedic Association 2005.

We encourage case studies more than single case reports since the TNOA is aiming at making the journal a well listed journal.

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