



**TNOA NEWS**

**2024 - 2025**

**Volume - 1 Issue - 1**



**Dr.N.Deen Muhammad Ismail taking over as 45th President at Erode**



**TNOA Executive Committee 2024 - 2025**

**TNOA President's Theme**

**"Enliven Multicentric Research**

**Enlighten and Empower Youngsters'**

**பன்முக ஆய்வுக்கு உயிர் கொடுப்போம்!**  
**இளையோர்க்கு அறிவொளியும் ஆற்றலும்!**

**IOA President's Theme**

**"Harmonising Hearts, Heads & Hands to Heal"**

### சங்க பண்

ஊனமில்லா உலகம்தான்

நாட்டம் எங்கள் நாட்டம் - அந்த  
ஞானமுள்ள மருத்துவர்கள்  
கூட்டம் எங்கள் கூட்டம்

முடம் நீக்கும் மருத்துவத்தை  
முன்னெடுக்கும் சங்கம்  
உள்ளபடி நாங்கள் உங்கள்  
உடம்பில் உள்ள அங்கம்

இயற்கை செய்த தவறுகளை  
ஈடு செய்ய வந்தோம்  
செயற்கை வழி இழப்புகளை  
சீர்திருத்த வந்தோம்

வையத்தின் பேரறிவை  
வாங்கி வைத்துக்கொள்வோம்  
வலியில்லா வாழ்வுக்கு  
வழியறிந்து சொல்வோம்

கைகால்கள் சிதைந்தாலும்  
கலங்காதீர் நீங்கள்  
முழுமையான வாழ்வுக்கு  
முதுகெலும்பு நாங்கள்

செல்வருக்கும் வறியவர்க்கும்  
சேவை செய்ய வந்தோம் - நன்றிக்  
கண்ணீரே யாம் வணங்கும்  
கடவுளென்று கண்டோம்.

- கவிப்பேரரசு வைரமுத்து



## President Message



Dear Colleagues,

Greetings from Chennai

Newsletters are one of the important communications between members in any association and I thank all the EC members highlighting their work in this newsletter. I also thank wholeheartedly our dynamic secretary for compiling this mammoth newsletter.

A lot of painstaking groundwork is being done by our IT wing secretary to project our academic work for the entire world to see and appreciate. Our President -Elect and Vice -President had initiated many multicentric research incorporating the clinical work of members. I'm sure, soon we will have many multicentric research papers published from our members.

Thanks to our fellowship-Secretary we had our first TNOA National Orthopaedic Quiz competition. It is indeed, another feather in our cap.

Our Annual Conference at Erode was fabulous and unforgettable for its excellent arrangements, scientific content and as usual ultimate hospitality. On behalf of our association, I thank the organizing team for its untiring work.

I had been visiting to all TNOA activities throughout the state along with our dynamic secretary Prof.V.Thirunarayanan in these past months. I enjoyed watching the untiring work of members of our vibrant association. I had been talking to many past presidents and secretaries regarding improving activities of TNOA and I thank them profusely for guiding me.

The holy town of Velankanni, is going to witness our very first TNOA Prof. TKS MIDYEARCON 2024. The Thiruvavur Ortho club is burning the midnight oil to organize this historic event. The first Tamil Amarvu and the first Ortho Lady doctors Academic meeting will be conducted in this conference.

We Will be having an annual official meeting of TNOA in this conference. The important decisions discussed in this meeting can be ratified by our annual General Body Meeting at the next TNOA conference. The phenomenal growth of our association with 3240 members (The Largest in India) necessitates more time in the General Body Meeting to take important decisions and in the future the General Body Meeting of the Midyear Conference will hopefully fulfil this desire.

This year, we will be giving the special appreciation awards for the Orthopaedic societies/Clubs of TNOA for the forthcoming Bone and Joint Week Programme and special award for the Bone and Joint Day Programme that is going to be on August 4. The IOA has given this year our former president, Prof. M Chidambaram's theme of Road Safety for this year's Bone and Joint Week activity, highlighting the importance of wearing a helmet, wearing a seatbelt and other safety measures.

We are all eagerly waiting for the next TNOACON 2025 organized by Cholamandalam Ortho club. The organizing committee is taking all the steps to give us an academic feast, and a great social event.

The TNOA is for its members and if any member of the District Chapter wants to conduct any Academic or Social event under the banner of TNOA, please contact us any time. We are here to help you to make that event successful.

This year's theme "Enliven multicentric Research" is the change we are looking forward to. By compounding our academic and research strength, we can take TNOA to its Zenith.

With warm regards,

Dr N Deen Muhammad Ismail,

President TNOA

## Secretary Message



TNOA has been witnessing a never-ending metamorphosis over a period of more than five decades. Our past presidents and past secretaries with their untiring efforts and unwavering commitment have elevated our association to its pinnacle of glory. A meticulously crafted constitution and strong roots of academic activities have created a strong platform and our association garnering the A.K.Guptha trophy for eight continuous years stands testimony to these facts.

In this juncture of academic Renaissance in the TNOA, I have been given the opportunity to serve our association as the Secretary for which I express my deep and sincere gratitude to each and every member of TNOA. The retrospection of our immense success has only added on to my responsibility to perform to that extent and to live up to the expectations that our association has created across the country. With the able guidance of our Respected President Prof. Deen Muhammad Ismail who is at the helm of affairs and our vibrant EC members I have the confidence to achieve the goals and standards set by my predecessors.

A deluge of activities has flooded our academic calendar and the entire year is abuzz with academic, social and various other programs. I sincerely thank and congratulate the organising team of each and every program, their contribution to our association will set an example to others to follow with more vigour. The events in each and every month were numerous that gave us the opportunity to release a monthly newsletter bringing out the glimpses of the activities of each month. We felt it is our innate responsibility to recognize the activities by publishing the details and pictures of the monthly activities and reach it across the state. In continuance to the first Tamil Karutharangam and as a mark of respect to our mother Tamil one monthly newsletter was released in Tamil. I sincerely thank Dr.C.Rajaravi Varma our Past President for penning a column about the history of TNOA in all the monthly newsletters , the sequel will continue in subsequent editions also.

TNOA continued with its ongoing programs of ROCC, BOSS and BRACE. In addition, All India TNOA online PG Quiz has been initiated with AI enabled technology the first of its kind in our association and have completed two sessions with excellent response. A basic spine course BSC course has been initiated this year by our President, similarly Basic Arthroscopy course, Orthobiologics course have all taken its origin from this year. Our Fellowship Secretary Dr.C.S.Vishnuprasath is managing a very tough job of coordinating all these events with institutions across the state. In accordance with the Presidents theme of “Enliven multicentric research, enlighten and empower youngsters” multicentric studies have been started under the leadership of our President Elect Prof.Manikandan and Vice President Dr.S.R.Sundarajan. All the previous year’s activities will continue to run with the same fervour and flavour.

For the first time in TNOA the membership details have been released according to the zone wise they actually belong to. As a growing democracy, in the event of a contest in Zonal EC members election we are ready with the zone wise voters list. The voters list also has been enumerated up to date and is under scrutiny and approval of the respective zonal EC members. With the efforts of our EC members new address of our eligible voters have been obtained and updated so as to enable them to participate in their democratic duty of voting in the elections. Our amended new Bylaws with changes as per our last AGBM is ready to be released with all the necessary changes and will be released on July 20<sup>th</sup> along with our first newsletter at the TNOA Prof.T.K.S. Midyear conference.



In accordance to the last AGBM resolutions the call for TNOA Fellowships have been included in this (first) Newsletter unlike the usual practice of call for in the second newsletter. This is to enable more time for scrutiny of applications, selection of fellowship institutions and for completion of fellowship. We are also happy to announce the addition of a new Fellowship from this year under the name of TNOA Prof.M.Chidambaram Prof.R.Sivakumar Trauma Fellowship which was approved at the last AGBM.

The website has been very efficiently revamped and made more user friendly with regular updates. Our TNOA PG teaching youtube channel has reached one lakh hits spreading our academic strength throughout the globe and has qualified for monetization which is another feather in our cap. IT wing has been strengthened by the immense knowledge of our IT wing Secretary Dr.Varaprasad who deserves special mention. For the first time our TNOA website will host all our conferences like TNOACON, TNOA Prof. T.K.S. Midyear conference and Tamil Conference as a sub domain under its main website [www.tnortho.org](http://www.tnortho.org) yet maintaining absolute confidentiality and independence to the organisers of the individual conferences.

Our official journal JOJS is an NMC recognized and DOAJ indexed journal, is a matter of pride for each one of us. Our Editorial team under Dr.A.Suresh Kumar and Dr.T.R.Ashok has left no stone unturned to improve the quality of our journal even further and efforts are underway to achieve the ultimate indexing of SCOPUS, PUBMED , Web of Science and SCI in the near future. I take this an opportunity to request all our members to contribute articles to JOJS where charges are absolutely free unlike other journals which charge around Rs.10000 to Rs.15000 per article. An overseas conclave which was initiated by our Past President Dr.M.Vanasekar has been revamped with more vigour primarily to invite articles from our friends living abroad which will help the cause of JOJS to reach higher indexing as articles of Geo diversity is a basic prerequisite for such premium indexing.

Our EC members have been our pillars of support and are contributing immensely for the upliftment of TNOA by organising activities and collecting and compiling the reports of activities. I express my sincere thanks to them without whom all the success of TNOA would not have been possible. All the activities of our association have been brought out in this newsletter for the benefit of our honourable members to see. Our District Club office bearers also need a special mention and thanks for being the torch bearers of our activities across our state.

Looking forward to meet you all in our upcoming TNOA Prof T.K.S. Midyear conference at Velankanni where elaborate arrangements are being made by the organising team.

If I were to metaphorically compare TNOA to a quote from literature then I would like to recall the words of great English poet Lord. Alfred Tennyson who wrote in his famous poem "The Brook"

"Men may come or Men may go

But TNOA will go on forever"

Long live TNOA

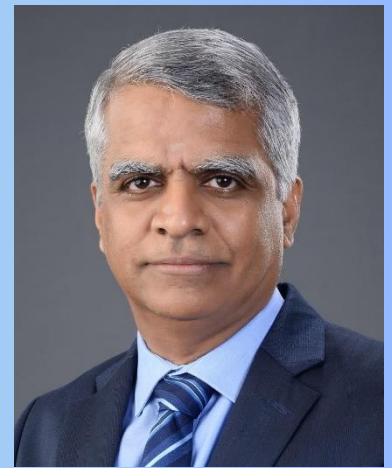
With regards

At the service of TNOA

Dr.V.Thirunarayanan

Secretary TNOA

## Immediate Past President Column



Dear friends

To reminisce about the breathtaking year, I spent as the President of our prestigious association during 2023 – 24 and pen down my thoughts about the events that took place, to record the efforts put in by so many members and the emotions involved during that process is almost impossible, but I will give it a try.

I took over the office, like being given the responsibility of a driver of one of the most efficient cars - which becomes better every day - handle it safely and hand it over to the next person to take it further. The journey is being constantly guided by the passionate seniors and the past office bearers.

In that journey the support system of team comprising present council members, zonal clubs and members of the various committees are so enthusiastic that any idea one has, can be translated into reality coupled with their committed efforts.

Fully realising this all I had to do was just to dream...

### 1. Tamil conference.

Though I am not a Tamil scholar I love Tamil and enjoy when people talk in chaste Tamil in person or in meetings. When seniors like Prof Devadoss mentions about having our official meetings other than academic interactions in Tamil, I was having a wild dream of organising an entire Orthopaedic conference proceedings in Tamil. This I also mentioned it in my 'Roadmap for the year' but I had my own anxiety and apprehensions and I thought it to be organised a closed-door meeting of a few Tamil enthusiasts and complete it. I had only Prof Gulam ayya in my mind to seek his guidance for doing this event and our ever traditional and energetic secretary Dr C J Ravi for inputs. After that, all Dr Ravi said was to give them the chance and they would do it in their place – Thanjavur – and the rest is *history*. One of the most memorable events in the calendar of TNOA and am very happy to note that the tradition is being continued.

### 2. Tamil Anthem

After the idea of Tamil conference was accepted, Dr CJ Ravi was breathing Tamil all the time and was brimming with ideas. He mooted the idea of an exclusive anthem for our association in Tamil to inspire all. The question then was who would be the right person to pen the anthem for our association having such a great legacy compose music for it. Who else can be better than *Kavippperarasu* Vairamuthu and our Past President Dr M. Vanasekar took up the responsibility for that whole process. The theme, content, music composition and the singers all needed were to be finalised and required a lot of coordination, leg work and devotion of time which our past President and the ever-young artist of our association Dr Raja Ravivarma agreed to put in. The final version when released and played out in the Tamil conference brought goose bumps to all those who stood up and fervent listening to the rendition.

### 3. TNOA Music band

I always felt that all our members are multi-faceted and our association must provide a platform for them to showcase their talents. I have listened to many of our members singing and there were others who were very good at playing instruments. But how to coordinate and bring them on stage. Again, our artist Dr Rajaravi Varma took up the responsibility and the stage was set and provided by Dr Manimaran during the Mid-year Prof TKS CME conducted at Yercaud. I am sure in future our Band will become professional and become a much sought-after troupe.



#### **4. Academic events**

TNOA has always been in the fore front of academic activities and this year too it was no exception. But to coordinate all activities a person was needed and our Fellowship secretary Dr Vishnuprasath provided the drive and he managed all the events seamlessly.

TNOA – BRACE course I initiated under the Presidentship of Dr M.Vanasekar was taken to all parts of our state and the same was continued this year also.

TNOA – BOSS workshop aimed at training the young students in trauma skills were started in many places and was a huge hit among the students

An international conference under the auspices of our association, SICOT Young surgeon's conference was organised in Chennai by Dr Aju Bosco

A National PG teaching program was organised in MMC that was well attended.

Our official journal JOJS has been indexed and this is a landmark day for our association as a result of the untiring efforts of Prof Sureshkumar and Dr Ashok.

Our new IT wing secretary took over and revamped the entire software eco system capable and ready for the future

There were so many other memorable events that took place down the wonderful journey and that culminated in our association bagging the coveted Dr AK Gupta trophy for the umpteenth time as best performing chapter of our country.

#### **Two significant conferences happened during the period**

Prof TKS mid-year CME which was transformed into a full-fledged conference at Yercaud organised by Dr Manimaran and the mid-West orthopaedic society team. They organised a family get together on the first day for the first time, honouring the spouses in the annals of TNOA

The annual conference marked the end of our epic journey and true to the occasion it was organised by the master organiser Dr Natesan and made it a memorable event

All this was possible because of the untiring efforts of our secretary Dr CJ Ravi, all the office bearers, EC Members, Zonal club team and each and every individual EC member.

I leave the office with gratitude and pride and I wish the present team all success.

Long live TNOA

**Dr V Singaravadivelu**

*Immediate Past President, TNOA*

*Director, IOT, Madras Medical College, Chennai*

**JEWELS IN THE CROWN OF TNOA  
OUR PAST PRESIDENTS**



**Dr. M. Natarajan**  
1970 - 1976



**Dr. T.K. Shanmugasundaram**  
1976 - 1979



**Dr. A.J. Selvapandian**  
1979 - 1981



**Dr. S. Basheer Ahamed**  
1981 - 1983



**Dr. S. Soundarapandian**  
1983 - 1985



**Dr. A. Subramaniam**  
1985 - 1986



**Dr. T.S. Xavier**  
1986 - 1987



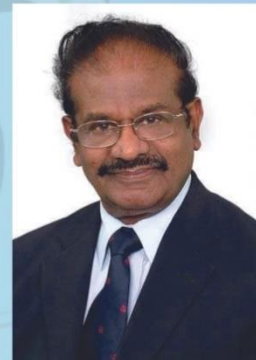
**Dr. P.V.A. Mohandoss**  
1987 - 1988



**Dr. R. Venkatakrishnan**  
1988 - 1989



**Dr. P. Soundararajan**  
1989 - 1990



**Dr. A. Devadoss**  
1990 - 1991



**Dr. K. Sriram**  
1991 - 1992



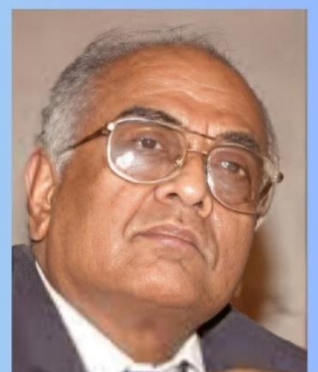
**Dr. (Major) D. Raja**  
1992 - 1993



**Dr. Mohamed Farook**  
1993 - 1994



**Dr. P. Dhanarajan**  
1994 - 1995



**Dr. S.S.K. Marthandam**  
1995 - 1996





**Dr. C.T. Alagappan**  
1996 - 1997



**Dr. G. Swaminathan**  
1997 - 1998



**Dr. I. Shanmuganathan**  
1998 - 1999



**Dr. N. Mayilvahanan**  
1999 - 2000



**Dr. K. Annamalai**  
2000 - 2001



**Dr. M. Rajagopal**  
2001 - 2002



**Dr. Aa. Rajamani**  
2002 - 2003



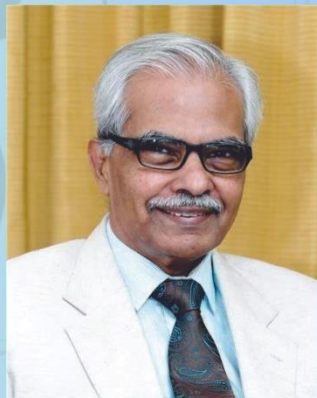
**Dr. T. Prabhakaran**  
2003 - 2004



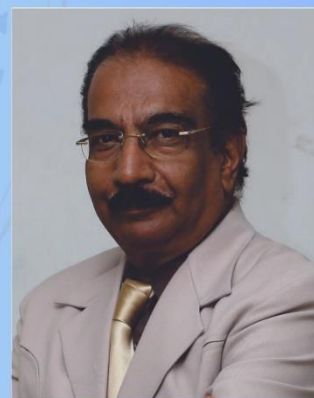
**Dr. R.H. Govardhan**  
2004 - 2005



**Dr. V. Shanmugam**  
2005 - 2006



**Dr. David.V. Rajan**  
2006 - 2007



**Dr. M. Chidambaram**  
2007 - 2008



**Dr. P.V. Vijayaraghavan**  
2008 - 2009



**Dr. S. Natesan**  
2009 - 2010



**Dr. P.V. Jayasankar**  
2010 - 2011



**Dr. P.V. Pugalendhi**  
2011 - 2012





**Dr. S.Rajasekaran**  
2012 - 2013



**Dr. R.Selvaraj**  
2013 - 2014



**Dr. Nalli R Yuvaraj**  
2014 - 2015



**Dr. C.Raja Ravi Varma**  
2015 - 2016



**Dr. R.Siva Kumar**  
2016 - 2017



**Dr. S.Ramesh Babu**  
2017 - 2018



**Dr. R.Muralidharan**  
2018 - 2019



**Dr. J.Dheenadayalan**  
2019 - 2020



**Dr. S.G.Thirumalaisamy**  
2020 - 2021



**Dr. M.Antony Vimal Raj**  
2021 - 2022



**Dr. M.Vanasekar**  
2022 - 2023



**Dr.V. Singaravadivelu**  
2023 - 2024



சங்க செயற்குழு உறுப்பினர்கள்- 2024 - 2025



மரு. N. தீன் முகம்மது இஸ்மாயில்  
தலைவர்



மரு. V. திருநாராயணன்  
செயலாளர்



மரு. A. சரவணன்  
பொருளாளர்



மரு. N. மணிகண்டன்  
தேர்வு தலைவர்



மரு. S. R. சுந்தரராஜன்  
துணை தலைவர்



மரு. V. சிங்காரவடிவேலு  
முன்னாள் தலைவர்



மரு. C. J. இரவி  
முன்னாள் செயலாளர்



மரு. S. மாரிமுத்து  
இணைச்செயலாளர்



மரு. G. மோகன்  
முன்னாள் பொருளாளர்



மரு. A. சுரேஷ் குமார்  
இதழ் ஆசிரியர்



மரு. T. R. அசோக்  
தொகுப்பாசிரியர்



மரு. கரு சண்முக கார்த்திகேயன்  
காணொளி இதழ் ஆசிரியர்



மரு. C. S. விசுணு பிரசாத்  
தோழமை செயலாளர்



மரு. S. வரபிரசாத்  
தகவல் தொழில்நுட்ப  
பிரிவுசெயலாளர்



மரு. A. நாவலடி சங்கர்  
சென்னை



மரு. T. அரவிந்த்  
சென்னை



மரு. T. சதிசு குமார்  
சென்னை



மரு. B. சரவணன்  
மதுரை



மரு. பிரகலாத் சிங்கி  
மதுரை



மரு. பாஸ்கரன்  
கோயம்புத்தூர்



மரு. J. தர்மராஜன்  
வடக்கு மண்டலம்



மரு. J. பாலக்கண்ணன்  
தெற்கு மண்டலம் - 1



மரு. C. முத்துராஜ்  
தெற்கு மண்டலம் - 2



மரு. M. பாலமுருகன்  
கிழக்கு மண்டலம்



மரு. B. பூபேசு கார்த்திக்  
மேற்கு மண்டலம் - 1



மரு. குமரவேல்  
மேற்கு மண்டலம் - 2



மரு. P. R. ராமசாமி  
மத்திய மண்டலம் - 1



மரு. A. அருள் பிரசன்னா  
மத்திய மண்டலம் - 2

## **Executive Committee of TNOA 2024-25**

### **President**

**Dr.N.Deen Muhammad Ismail - LM/D/13**

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[presidentoftnoa@gmail.com](mailto:presidentoftnoa@gmail.com)

### **Secretary**

**Dr.V.Thirunarayanan - LM/T/38**

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[secretarytnoa@gmail.com](mailto:secretarytnoa@gmail.com)

### **Treasurer**

**Dr. A.Saravanan - LM/S/181**

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Email: [saravananorthodr@gmail.com](mailto:saravananorthodr@gmail.com)

### **President Elect**

**Dr.N.Manikandan - LM/M/50**

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Mob: 9443164800  
Email: [nithishkowshik@gmail.com](mailto:nithishkowshik@gmail.com)

### **Vice President**

**Dr S R Sundararajan - LM/S/122**

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[sundarbone70@gmail.com](mailto:sundarbone70@gmail.com)

### **Immediate Past President**

**Dr. V. Singaravadivelu - LM/S/94**

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Chennai - 600034  
Mobile: 9840110869  
Email: [singortho@gmail.com](mailto:singortho@gmail.com)

### **Immediate Past Secretary**

**Dr. C J. Ravi - LM/R/117**

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Mobil: 9842964440 / 9442346220

### **Immd Past Treasurer**

**Dr. G.Mohan - LM/M/54**

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Prof.R.Neelakrishnan

Dr.S.Natarajan

Dr.A.Francis Roy

Dr.S.Muthuraman

Dr.Palanivel

Dr.S.Abdul Hameed Ansari

Dr. Mukesh Mohan

Dr.Terrence Jose Jerrome

- Organising Chairman TNOACON 2025
- Organising Secretary TNOACON 2025
- Organising Chairman TNOACON 2026
- Organising Secretary TNOACON 2026
- Organising Chairman TNOA Prof.TKS Mid-Year CON 2024
- Organising Secretary TNOA Prof.TKS Mid-Year CON 2024
- Organising Chairman TNOA Prof.TKS Mid-Year CON 2025
- Organising Secretary TNOA Prof.TKS Mid-Year CON 2025



Minutes of Fourth Executive Committee Meeting of TNOA 2023 - 2024 held on 04.12.2023  
at Cuddalore

Attended by

1. Dr.V.Singaravadivelu - President
2. Dr.C.J.Ravi - Secretary
3. Dr.V.Thirunarayanan - Joint secretary
4. Dr.Deen Muhammad Ismail – President Elect
5. Dr.N.Manikandan – Vice President
6. Dr.A.Suresh Kumar – Journal Editor
7. Dr.T.R.Ashok – Indexing Editor
8. Dr.C.S.Vishnu Prasath – Fellowship Secretary
9. Dr.S.Varaprasad – IT Wing secretary
10. Dr.P.Dhanasekararaja – EC Member, Coimbatore
11. Dr.N.Vijayaraghavan – EC Member, North Zone
12. Dr.M.Karthikeyan – EC Member, South Zone – 1
13. Dr.C.Rajkumar- EC Member, West Zone – 1
14. Dr.K.Balasubramanian - EC Member, Central Zone – 1
15. Dr.P.Prem Chand - EC Member, Central Zone – 2
16. Dr.S.Natarajan – Organaising Secretary TNOACON 2025
17. Dr.K.Attiyannan - Organaising Chairman TNOACON 2024

**Prayer** TNOA Anthem played for first time in EC meet

**Welcome address** Dr.V.Singaravadivelu, president

President welcomed everyone for the EC meeting. Expressed his happiness that the TNOA anthem was played for first time in EC meet. He praised the efforts of Secretary, immediate past president Dr.M.Vanasekar, Dr.C.Rajaravi Varma our past president for being instrumental in getting the TNOA anthem in full shape. President appreciated and mentioned a special thanks to Prof.Gulam Mohideen of Tanjore and the entire organising team of the Tamil Karutharangam for their untiring and selfless efforts to make it a huge success and that too in such a short time. The TNOACON 2024 is the next and main event of TNOA which under the organisation of our past President Dr.Natesan the president was sure will be a superb event. He invited the Secretary to take over for his report.

**Obituary references** – Nil

**Secretary report - Dr.C.J.Ravi**

**Membership:**

Membership Data	As on FEB 2023 (GBM)	As of Now Associate Members	Total
	LM – 146 AM to LM – 109 Tot = 255	(Up to) 29- 11-2023	
TNOA Life Members	2575	36	2611
IOA Life Members	1927	27	1954
TNOA Associate Members New		41	
IOA Associate Members New		41	

**Academic Activities:**

- 8-10-2023 TNOA Brace Knee – TKR Venue: Hotel Green Park, Chennai had more than 100 participants and CME was awarded 2 credit hours
- 22-10-2023 TNOA Tamil Conference Venue: Maharaja Mahal, Thanjavur

- 05.11.2023 Brace knee course - Coimbatore was conducted - 62 delegate registration and 20 faculty
- 19-11-2023 First Annual CME And the BRACE Hip Course at Trichy
- 19-11-2023 BRACE-Hip COURSE - 2023 at Salem
- 19-11-2023 TNOA BOSS – Workshop Coimbatore with 60 delegates and 15 Faculties with 4 tables of bone model Work shop with Hands on training on each topic following the Talks
- 23,24.09.2023 Salem Arthroplasty Course – 2023 Venue: Cenneys Gateway, Salem
- 24-09-2023 Glimpse of Foot and ankle CME Nellai Topics 14 speakers 126 Delegates PG Quiz
- 30.09.2023 CME on basics of Arthroplasty with saw bone work shop conducted at SRM Medical college
- 01.10.2023 CME on Conservative Management of Common Fractures & Dislocations  
Venue: Hotel Abu Palace, Chennai
- 01.10.2023 CME on Foot & Ankle Venue: Hotel Chandra Residency, Dharmapuri
- 15-10-2023 World Arthritis & Osteoporosis awareness day celebrations – Salem
- On the occasion of World Trauma Day, as a part of TNOA Bone Health awareness fortnight celebration we conducted BLS Program for AR Police Force in Tirunelveli on behalf of Nellai Ortho Club and Annai Velankanni Hospital. Dr Francis Roy, Past state Secretary TNOA & Director Annai Velankanni Hospital and Dr. Sundarapandian, Treasurer Nellai Ortho Club & from Department of Orthopedics, TVMCH trained 81 police personnel
- 17-10-2023 World Trauma Day celebrations - Tirunelveli
- 17-10-2023 World Trauma Day celebrations - Trichy
- 20-10-2023 World Osteoporosis Day celebrations - Coimbatore
- 31.10.2023 Conducted a CME at Govt Theni Medical College Hospital on behalf of Theni Ortho Club, Dept of Orthopaedics and Dept of Emergency Dept, Various lectures and awareness of safe travel and Emergency management training were given for Medical and Paramedical students
- A booklet on awareness on Trauma and Emergency management was released by our Respected Dean
- 08-11-2023 Master Class Webinar
- 12-11-2023 Inaugurating the 7th National conference of Shoulder Elbow Society India (SESION2023) At Hyderabad

#### **UPCOMING TNOA Academic Activities**

- 2-12-2023 De – Mystifying Myths in Foot Surgery at Sree Balaji Medical College and Hospital
- 08-12-2023 COCC 2023 at Chettinad Hospital, Chennai
- 09.12.2023 ISHS Teaching program
- 10-12-2023 MMC – TNOA BOSS
- 18.11.2023 POACON
- 24.05.2024 Madurai Shoulder Knee Con 2024

#### **Achievements**

- Dr T.Sathishkumar received Fellowship award@IAACON2023 Chandigarh
- Dr.Ram Chidambaram received award at SESICON 2023, Hyderabad
- Dr. Madhan Jayaraman delivered a podium Presentation at DOACON 2023, Delhi

#### **Other Discussions**

New computer with latest specifications installed in TNOA office

Website fully revamped and functional, certain corrections to be made and updates to be carried out

Associate Members applications to be submitted only online through the website only henceforth, necessary corrections to be made in website in this regard and payment gateway to be activated for online payment

Membership details update still pending, Office secretary to complete it as early as possible with details regarding Oration, honours and awards of members to be added.



Treasure report: Dr.G.Mohan

#### TNOA ASSOCIATION – ACCOUNT

❖	OPENING BALANCE AS ON 10/09/2023:	Rs. 25,30,755 /-
❖	CLOSING BALANCE AS ON 27/11/2023:	Rs. 12,75,022 /-
TOTAL CREDIT	=	Rs. 6,71,202/-
TOTAL DEBIT	=	Rs. 19,26,481 /-

#### TNOA TRUST – ACCOUNT

- OPENING BALANCE AS ON 10/09/2023: Rs. 7,532 /-
- CLOSING BALANCE AS ON 30/11/2023: Rs. 7584, /-
- **TOTAL FD AMOUNT IN ASSOCIATION ACCOUNT = RS.1,62,66,243/-**
- **As of Now Total FD Balance = RS.1,81,11,061/-**

IT returns filed for 2023-24

Registration in society not completed, urged to renew the registration

#### **Editor Report Dr.A.Suresh Kumar**

After all the valid effort DOAJ indexing one of the most premier indexing that is NMC approved has been done. EC fully congratulated the editorial team. Quality papers that too original research articles are the need of the hour to elevate the indexing to the level of Scopus and Pubmed.

It was already decided in the EC to confer medals in TNOACON henceforth only after publishing atleast an alternate paper in JOJS is to be placed before the **GBM for approval**.

Marks for best clubs should have a clause to give extra marks for articles published in JOJS, the quantum of marks to be decided by editor before placing the request in **GBM for approval**.

JOA President's Theme  
Strong Bone Stronger Nation

Happy to announce

DOAJ  
(Directory of Open Access Journals)  
Approved by NMC

JOJS is indexed with DOAJ

Last date for submission  
**30.11.2023**

Kindly submit Scientific Articles

For more details please contact

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Dr. T.R. Ashok  
Indexing editor  
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Dr. R. Karu Shanmuga Karthikeyan  
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<https://www.jojs.in/journal/JOJS>

#### **Indexing editor report Dr.T.R.Ashok**

Publisher recommendations for future higher indexing was discussed

A need for 20 to 30 original articles every year for submitting application to SCOPUS and EMBASE indexing. Cooperation of EC members and HODs and Professors requested to get past the numbers very vital. We are now an official NMC indexed journal

publishing articles free of cost and helping the cause of publishing in TNOA.

To discuss with the publishers to limit the number of printed journal copies to bare minimum as printed copies incur more expenditure and as per the recent guidelines of NMC printed version is not mandatory. A decision is to be arrived at before January in this regard.

President suggested that to maintain the momentum and for continuity of the journal activities it becomes imperative that the editorial team continues for a period of five years. It was accepted by the EC. Joint Secretary suggested that along with the Editor and Indexing Editor the selection of the next Editor and Indexing Editor can be done as per schedule and they may be made Joint Editors for next 2 years and travel with the previous editors. This will enable them to gain knowledge and experience to run the journal in a much better way when they assume office later as Editors. It was accepted by the EC and to be placed for **GBM approval**.

JOJS- indexing status till September 2023

**Indexed in -**

Google scholar, I2OR, DRJI, Crossref

**DOAJ index achieved- October 2023**

**Aim for Scopus / WOS web of science**

**2024 - Roadmap & Action plan**

1. More research / review paper submissions (minimum of 20-25 articles per issue)
2. Geodiversity of articles from different countries - international and Global reception of articles to be encouraged.
3. Plagiarism to be less than 20% (authors will be asked to resubmit in case of high plagiarism)
4. Manuscript writing and Statistical classes - to improve upon and conversion to original articles.

**Fellowship Secretary report Dr.C.S.Vishnuprasath**

36 fellowships have been awarded this year with 10 fellowships with grant.

International fellowship to be decided

Hence forth Cholamandalam grant if awarded the work to be published in JOJS only. A confirmation to be taken from the awardees before submitting application to be taken- **GBM approval**

A process to select guides who can offer fellowships is to be done by forming a committee. Requests by senior members who are credible enough to offer fellowships is to be taken as a mail request by the Secretary and forwarded to the committee for approval. This will pave a way to have more senior and qualified members list who can offer fellowships to people whom submit requests for fellowships under the TNOA. – **GBM approval**

**ROCC- Resident doctors' orthopaedic clinical classroom.**

- Every 1st Saturday of the month- 11am
- It has got 3 components
- 1. Basic orthopaedic surgery explained in a step wise manner for the post graduates (Live or recorded).
- 2. Case presentation by post graduates - short case/ long case.
- 3. Lecture by a faculty

**ROCC -2023 Courses completed**

- March- MMC
  - May- Tirunelveli medical college
  - June- Omandurar medical college
  - July- SRMC
  - August- GMKMC- Salem
  - September- Preethi hospitals, Madurai.
  - October- SKS hospitals, Salem
  - November – SRM medical college, Chennai
  - December - Vinayaka Mission medical college, Salem



### **ROCC -2023 Upcoming Courses**

- January- Devadoss hospitals, Madurai
- February- REX hospitals, Coimbatore.

### **TNOA BOSS Course (Basic orthopaedic surgical skill) TNOA basic trauma course**

- Planned to conduct 5 courses
- Delayed due to delay in admission of 1st year post graduates
- 1st TNOA BOSS Course SRM Medical college – Chennai Organised by Prof. Vijay Anand attended by 100 delegates
- 2nd BOSS course was conducted at PSG medical college on November 20th. 15 faculties, 60 delegates
- 3rd BOSS Course at Thiruvavur medical college 2nd December 43 post graduated participated

### **Upcoming TNOA BOSS Course**

- December 9th- Tirunelveli medical college
- January 7th – Vinayaka Missions medical college

### **2023 Brace courses**

- 1st BRACE Knee course- Chennai 8-10-2023 100 participants
- Coimbatore Brace Knee course 6-11-2023 20 faculties 62 delegates
- Salem Brace hip course 20-11-2023 15 faculties 60 registrations
- Trichy Brace Hip course 20-11-23

### **Upcoming 2023 Brace courses**

- Madurai- Knee Arthroplasty by Dr.Bharath
- Tirunelveli- Hip Arthroplasty at Thoothukudi medical college

### **IT Wing Secretary Dr.S.Varaprasad**

Masterclass program template fully active in website- president suggested few changes to be made

Online application for Associate members with payment integration to be made

You tube links for videos in TNOA video journal and TNOA teaching programs to be posted in whatsapp groups daily.

The videos will open through the website only so as to enable more access to our website and also to increase the hits in our youtube videos.

A web admin committee to be formed with our EC members to make the website more accessible to our members and also responsibility and work shared.

### **Tamil Karutharangam report Dr.C.J.Ravi org Secretary**

EC whole heartedly appreciated the efforts of the organizing team for making the program a huge success that too in a very short time.

In total 608 registrations stand testimony to the magnitude in which it was organized.

Selection of next venue and subsequent Tamil karutharangam is to be decided in GBM.

Fixed date about venue selection process- for **GBM approval**.

Dr.Balasubramanian Trichy EC member suggested that a session may be given in TNOACON in future to conduct Tamil Karutharangam along with TNOACON itself.

Another suggestion to combine with Midyear CME was made.

A decision to conduct Tamil Karutharangam separately was made by the EC. If a situation arises in future when no takers for Tamil Karutharangam then a decision can be made to combine it with TNOACON or Midyear CME can be made at that time.

### **ZONAL Reports**

Zonal Reports presented by respected EC Members

## TNOACON 2024 Report

தழுவும் அன்போடு  
தலைவாழை இலையோடு  
முக்கூடல் மகிழ்வோடு  
முகிழ்க்கும் அறிவோடு  
மஞ்சள் மணத்தோடு  
மறுபடியும் ஈரோடு  
மாநாடுகளின் தொட்டிலில்  
மீண்டும் ஓர் சங்கமம்  
அன்பு பருக  
வருக வருக அறிவு பெருக  
வருக வருக  
ஈரோடு வருக

அன்புடன் அழைக்கும்

Dr S. Natesan

### TNOA Activities

On 09.02.2024 Friday

1. 05:30pm Inaugural Ceremony

2. 07:00pm Inaugural Dinner

On 10.02.2024 Saturday

11:30 to 01:00pm TNOA Orations

Dr. N.S. Narasimhan oration

Dr. M.Natarajan oration.

04:30pm to 5:30 PG Quiz Program

05:30pm Annual General body meeting

07:00pm Conference Dinner

On 11.02.2024 Sunday

12:30pm to 1:30pm TNOA KMC. PG. Ortho QUIZ Finals

01:30pm to 02:30pm VALEDICTORY FUNCTION

- ▶ So far registrations – 293
- ▶ ALL MEDAL PAPERS - FULL PAPER SUBMISSION BEFORE 15<sup>th</sup> December, 2023.
- ▶ Free paper and E – poster presentations TILL DEC 31<sup>st</sup> 2023
- ▶ MEDAL PAPERS – 10
- ▶ Free papers – 1
- ▶ Finalized – 7 international speakers
- ▶ Local faculty – 110

President raised a request to allot time for the TNOA Music band to perform in the entertainment  
Organizing team to discuss and let the EC know about it.

### TNOACON 2025 report

Cholamandalam Ortho Society Welcomes you all

**President** - Dr Elangovan

**Secretary** - Dr Senthil

**Treasurer** - Dr Balamurugan

**EC member - East Zone – Dr.Abdul Hameed Ansari**

**TNOACON 2025 Organising Committee**

Organising Chairman - Dr R Neelakrishnan



Organising Secretary - Dr S Natarajan  
Treasurer - Dr Bharathiselvan  
Scientific Chairman - Dr Santhosh Kumar

#### **TNOA 2025 VENUE**

**Sangamithra Convention Center, Vanur Taluk, Tamil Nadu**

#### **MID YEAR CME 2024 report**

TNOA Prof.T.K.S Mid-Year CME 2024 at Velankanni Nagapattinam Dt. Venue: G.S.Resort

The image displays the Organising and Scientific Committees for TNOA 2025. The Organising Committee includes Dr. Palanivel as Organising Chairman, Dr. Abdulhameed Ansari as Organising Secretary, and Dr. Suresh as Organising Treasurer. The Scientific Committee includes Prof. Dr. K. Saravanan as Chairman, Prof. Dr. R. Vijayakumar, Dr. S. Basheer Ahamed (Co.Chairman), and Dr. Dhivakaran.

ORGANISING COMMITTEE		
 Organising Chairman <b>Dr. PALANIVEL</b>	 Organising Secretary <b>Dr. ABDULHAMEED ANSARI</b>	 Organising Treasurer <b>Dr. SURESH</b>

SCIENTIFIC COMMITTEE
 Prof. <b>Dr.K.Saravanan</b> Chairman Prof.Dr.R.Vijayakumar   Dr.S.Basheer Ahamed (Co.Chairman)   Dr.Dhivakaran

#### **TNOA ELECTIONS**

The EC has discussed a lot of issues regarding changes in by-laws to enable a smooth conduct of elections in the future Address change request can be verified by the Secretary and communicated to the Election Officer before October 1<sup>st</sup> henceforth to make more members as eligible voters

Tracking id of the posted ballots to be requested and sent to the members from next elections

Friends, colleagues or others should not canvas for any candidate. Only personal canvas is acceptable

only members with registration in the Tamilnadu Medical Council number will be eligible for voting in the TNOA elections

code of conduct comes into existence from the date election is called for

candidates who have submitted their application should not be invited by zonal clubs as speakers or as faculty in their club meetings or other programs. The onus rests both with the clubs and the candidates to not participate as faculty

appellate committee to be formed to look into breach of code of conduct and complaints in regards to elections

electronic media posts in whatsapp and social media cannot be restricted

#### **Any other Matters**

Attendance of EC members to be given importance and necessary action to be initiated on members absent more than the permissible limits.

**Vote of Thanks: Dr.V.Thirunarayanan – Joint Secretary**

Minutes of Fifth Executive Committee Meeting of TNOA 2023 - 2024 held on 09.02.2023  
At Erode.

Attended by

1. Dr.V.Singaravadivelu - President
2. Dr.C.J.Ravi - Secretary
3. Dr.G.Mohan – Treasurer
4. Dr.V.Thirunarayanan - Joint secretary
5. Dr.Deen Muhammad Ismail – President Elect
6. Dr.N.Manikandan – Vice President
7. Dr.A.Suresh Kumar – Journal Editor
8. Dr.T.R.Ashok – Indexing Editor
9. Dr.R.Karu Shanmuga Karthikeyan – Video Journal Editor
10. Dr.C.S.Vishnu Prasad – Fellowship Secretary
11. Dr.S.Varaprasad – IT Wing secretary
12. Dr.A.Navaladi Shankar - EC Member, Chennai
13. Dr.T.Aravinth - EC Member, Chennai
14. Dr.T.Sathish Kumar - EC Member, Chennai
15. Dr.Prahalad Kumar Singhi - EC Member, Madurai
16. Dr.K.N.Subramanian - EC Member, Madurai
17. Dr.P.Dhanasekararaja – EC Member, Coimbatore
18. Dr.M.Karthikeyan – EC Member, South Zone – 1
19. Dr.S.Abdul Hameed Ansari - EC Member, East Zone
20. Dr.C.Rajkumar- EC Member, West Zone – 1
21. Dr.R.Ganesan - EC Member, West Zone – 2
22. Dr.K.Balasubramanian - EC Member, Central Zone – 1
23. Dr.P.Prem Chand - EC Member, Central Zone – 2
24. Dr.S.Natarajan – Organaising Secretary TNOACON 2025
25. Dr.S.Natesan - Organaising Secretary TNOACON 2024

**Prayer** TNOA Anthem played

**Welcome address** Dr.V.Singaravadivelu, president

President welcomed all the EC members to the EC meeting which is a crucial one for important discussions on the resolutions to be ratified in the GBM. These deliberations and discussions are important as all the resolutions that are to be brought forth for discussion in the GBM are very vital and important ones.

Resolutions to be passed in Annual general body meeting TNOACON – 2024

1. TNOA Anthem should be played in all events of TNOA after Tamizhthai vazhthu and the anthem should be printed in every newsletter and byelaw book of TNOA.
2. To change the date of notification for fellowship in the month of July instead of October, this will give more time for assessment of the applications of the awardees and to decide the institution of fellowships. The announcement will be made in the first newsletter henceforth instead of the second newsletter.
3. TNOACON website will be sub hosted by the TNOA website. All scientific programs will be integrated in TNOA website
4. Web APP concept to replace the TNOA app as it is of zero cost.
5. By law no 23.15 GBM 2015 Park Plaza Salem (The medal papers will be published in TNOA journal). It has been decided in the EC to announce the medal winners in the same TNOACON but confer the medals only in the next TNOACON and only after publishing the paper as an article in JOJS or at least an alternate paper is published where the presenter is 1st or 2nd author in JOJS. As JOJS the official journal of TNOA is to be indexed in premium indexing agencies like Scopus and Pubmed more and more quality articles have become mandatory for us. This system will enable us to fulfill the criteria for premium indexing.



6. Marks for best Zonal clubs should have a clause to give extra 10 marks for articles published in JOJS, each article will be awarded 2 marks and maximum of 5 articles. Henceforth the total marks will be for 110 instead of 100 marks as of now.
7. By Law 23.7 (c) to be amended. The conference registration fee can be increased by 10% every year. New EC resolution is that the Conference registration fees can be hiked by 5 % every 2 years after approval of GB.
8. By law 12.10 to be amended. The period of the Editor and Indexing Editor to be extended to a Five-year Tenure. Corresponding Joint editors can be selected in the 3rd year and they will be working as a joint editor for 2 years and will become Editors later. Same to be followed for IT wing Secretary
9. IT wing Secretary (12.1.2) the post is a nominated one with period of 2 years. GBM resolution requested to increase the term to 5 years similar to the request for Editor and Indexing Editor and IT wing Secretary need not to be a past EC member.
10. 23.16 (i) 2010 Courtallam GBM discussion Chennai 2023 Medal papers by Life Member of TNOA from other state and abroad to be accepted.
11. Any EC member who has not attended in three out of five in a year or five out of ten in two years will be disqualified from EC member and will be not allowed to contest in any TNOA election in future. Mid-Year CME will be regular EC meeting and considered as 3rd EC meeting. In toto 5 EC meetings in a calendar year.
12. In case of elimination of EC Member Secretary will be gathering the zonal report through Joint secretary in the particular zone.
13. The president will be communicating with the zonal club members soon after assuming office to promote the TNOA activities, to insist on playing TNOA Anthem in all events of TNOA, to encourage the membership and to have a zonal club meeting in TNOA Prof.TKS mid-year CME.
14. To conduct Tamil Conference in the 3rd week of October every year.
15. To change the TKS Midyear CME as Mid-Year Conference from 2024 and will be a 2days program.
16. Election
  - i.Code of conduct comes to effect from the date of announcement.
  - ii.TNOA WhatsApp group is an official group. Only admin can post TNOA related news, members can communicate about scientific events and other information through secretary who will post it in the group.
  - iii.TNOA zonal Clubs should not officially announce or support any candidates in common forum.
  - iv.The contestant should not be a faculty, guest speaker in any CME or Ortho club meetings.
  - v.The contestant can participate as a delegate in any meetings.
  - vi.Any official communication from the club regarding any meeting in the ortho club should not contain name of the contestant or designation.
  - vii.Voting rights - Members who have registered under TNMC alone will be eligible to vote in the TNOA election.
  - viii. Others state members will be given a prefix of LMOS/
  - ix.Change of Address before election can be done upto 31st October. The Election officer will be given the discretion to send duplicate ballot to a new address if the request of change of address comes from the official mail id or mobile number of the life member.
  - x.Election officer Role
    - a. Decide the eligibility of contestant.
    - b. Enforcement of byelaws.

### **Any other Matters**

**Vote of Thanks: Dr.V.Thirunarayanan – Joint Secretary**

## AGBM Minutes at Erode

Welcome Address - Prof.V. Singaravadivelu, President called for the meeting to order after Secretary adorning the Presidential collar to him

The president welcomed all the members who have assembled for the AGBM. In his address he registered a special mention to the Secretary Dr.C.J.Ravi for being instrumental in lending his idea which ultimately was the first line of our TNOA Anthem penned by Dr.Vairamuthu. The first liner from Dr.C.J.Ravi was a cue to the poet to complete the poem in full.

He specially mentioned the active role of our Fellowship Secretary Dr.C.S.Vishnuprasath in co-ordinating a multitude of academic programs under the belt of TNOA. He said that it is a no easy job and heaped a praise on him for his sincere and hard work which raised the bar of TNOA across the nation in the academic front.

The role of IT wing Secretary was appreciated by the president. In creating a platform for the Masterclass program, revamping the website and being instrumental in the IT activities of our association.

### Secretary report

#### OBITUARY:

Prof.A.Subramaniam LM/S/4 Passed away on 29.04.2023

Prof.K.Sriram LM/S/6 Passed away on 19.06.2023

Dr.T.Ilango Passed away on 29.03.2023 - Kumaran Hospital Thiruthangal - Sivakasi

Prof.Dr.V.Pandiarajan LM/P/2 Passed away on 13.12.2023

Dr.K.C.MohanLM/M/153 Passed away on 03.02.2024

#### Obituary References:

Dr.Muthuraman from Tenkasi said that Dr.Pandiarajan was a very gentle person and gave respect to all people. He was very close to PG students and showed lot of interest in Spine cases.

Dr.Sekar from Tirunelveli said he was privileged to be amongst a winner of TNOA Prof.A.Subramaniam medal for Basic Research.

He in his reference to Dr.K.C.Mohan mentioned how they used to spend time in Kanyakumari Ortho Society meetings where Dr.K.C.Mohan used to arrive first and will leave last after giving send off to everyone who attended the meet. He said Dr.K.C.Mohan was a very soft spoken and gentle person.

Dr.Muthuraj of Nagercoil mentioned that Dr.K.C.Mohan was a very popular Orthopedic Surgeon in Kanyakumari district and Prof.Radhakrishnan of Tirunelveli Medical College would often enquire about K.C.Mohan and tell him about the popularity of Dr.K.C.Mohan.

Dr.Muthu from Mayavaram in his reference said in his days Prof.A.Subramaniam was the Vice Principal of Madurai Medical College and was a cool person with a command over English language.

In his talk he mentioned Prof.K.Sriram was his teacher and a father like person for him and all PGs. His hospital was named Ram clinic after his father Mr.Venkatram and Prof.K.Sriram. his humane approach towards patient, the concessions that he showed to patients were great virtues to be followed and clinical examination was his great strength as a clinician.

Dr.Ramesh Babu Past President TNOA recalled his sincere attachment towards Prof.K.Sriram. he said that Prof.K.Sriram was a thorough gentleman, god-fearing and a man of ethics. he guided all his students in the best possible ways in all aspects of life imparting virtues of great qualities. He was an excellent surgeon and his meticulous handling of soft tissues were a visual treat to watch.

Prof.A.Rajamani past president TNOA in his reference to Prof.A.Subramaniam said his association with him dates from 1978. He travelled under him as SR, Post Graduate, Asst Professor, and in various other capacities. He taught not only orthopedic subject but also discipline, punctuality and how to interact with patients. He made family tours of department compulsory for everyone in the department to instill a sense of good relationship in the department. He personally knew about every PG and Assistants and help them and advise them in terms of difficulty and need. Even if he wants to reprimand someone, he does it in private and gets them corrected. He was most interested in teaching and his great qualities were known to all who worked with him.

Prof.Chidambaram our Past President recalled that Dr.Pandiaraj was his classmate in M.B.B.S., D.Ortho, M.S.Ortho and worked together in Madurai Medical College. He personally knew his family very well and his son Dr.Raghav Kumar an Orthopedic surgeon working in Preethi Hospital Madurai as a consultant.



Dr.M.Vanasekar Past President of TNOA recalled that Prof.A.Subramaniam excelled not only in Orthopedics but also in various sports and was the Sports Advisor of Madurai Medical College under whose stewardship they won a lot of championships and medals.

A minute of silence was observed in the remembrance of the departed souls.

#### BUSINESS MEETINGS:

- Core Committee Meeting on **17.02.2023 Time: Feb 17, 2023 09:00 PM**
- Medical College HOD'S Meeting on **23.02.2023 Topic: TNOA Secretary inviting for Zoom meeting Time: Feb 23, 2023 09:00 PM**
- 1<sup>st</sup> EC Zoom Meeting on **01.03.2023 Topic: TNOA Secretary's Zoom Meeting Time: Mar 1, 2023 09:00 PM**
- 1<sup>st</sup> EC Meet (16<sup>th</sup> April 2023) Venue: The League Club, Chennai
- IOA CSRC meeting on 29<sup>th</sup> April 2023 at New Delhi
- MID Year CME Zonal Committee Meeting on 22.07.2023, at Board Room, Lions Conventions Centre, Yercaud
- MID Year CME EC Meeting of this year is scheduled on 22.07.2023, at Board Room, Lions Conventions Centre, Yercaud from
- **Second EC Meeting** of this year is scheduled on **17.09.2023, at D Wayfarer Resort, Erode**
- **Third EC Meeting** of this year is scheduled on **03.12.2023, at Magizhvanam Resort, Villupuram**

**TNOA Membership:** One entry system for Associate Members (Post Graduate): Rs 9,000 which Includes Associate Membership of IOA. they will become life member after submitting their orthopaedic degree certificate & there is no need to pay any additional fee for the same. Combined IOA & TNOA Life Membership fee is Rs10,000

Membership Data	As on Feb 2023 (GBM)	New Members (Up to 08.02.2024)	Total
TNOA Life Members	2571	200	2771
IOA Life Members	1681	176	1857
TNOA Associate Members		200	
IOA Associate Members		200	

#### BEST STATE CHAPTER AWARD 2023

Our hard work during this difficult COVID Pandemic Period has been recognized and rewarded. Tamilnadu Orthopaedic Association has WON the Best State Chapter Award of **IOA Dr. A.K. Gupta Trophy** for the year 2021. TNOA also created a history by winning the best state chapter award for the EIGHT TIME - 1993, 2008, 2016, 2017, 2018, 2019, 2020, 2021, 2022 & 2023. @ Top of the list: Dr. AK GUPTA Trophy since 1996, Tamilnadu - 8 times, Kerala - 5 times, Uttar Pradesh - 4 times, Maharashtra - 5 times, West Bengal - 3 times, Karnataka - 2 times, Gujarat – once, Bihar – once and Madhya Pradesh – once. We have won the BEST STATE CHAPTER AWARD first time in 1993 during the period of Dr. Mohamed Farook as President & Dr. David V Rajan as Secretary. Proud Moment for TNOA. Congratulations & thanks to all the members.

Tamilnadu Orthopaedic Association also received BEST STATE CHAPTER AWARD 2021 from Orthopaedic Association of South Indian States @ OASIS TNOACON 2023 Mangaluru.

#### TNOA PROF. T. K. SHANMUGASUNDARAM MID-YEAR CME, 2023 Yercaud.

13<sup>th</sup> TNOA Prof. T. K. Shanmugasundaram Midyear CME – 2023 was successfully conducted on JULY 21,22 &23<sup>RD</sup> at Yercaud organized by MID WEST Ortho Club.

Total No registrations -974

Consultants &Faculties-426

Post graduates-42

Spouse &kids-516

No of workshops:6

No of Delegates attended-184

## ACADEMIC ACTIVITIES:

- TNOA Tamil Conference on 22.10.2023 Venue: Maharaja Mahal - Thanjavur
- SICOT YSM (19, 20<sup>th</sup> August 2023) Venue: SRMC - Chennai.
- Prof T.K.S Mid-Year CME on 22, 23.07.2023 at Yercaud
- 3rd TNOA PG Crash Course MMC -2023 on 31-03-2023 To 02-04-2023
- TNOA Brace Knee – TKR held on 8-10-2023 Venue: Hotel Green Park, Chennai
- Brace knee course held on 05.11.2023 Venue - Coimbatore
- The BRACE Hip Course held on 19-11-2023 Place: Trichy
- BRACE-Hip COURSE held on 19-11-2023 Place - Salem
- 23-12-2023 TNOA BRACE Knee Course at Madurai
- TNOA's Basic Orthopaedic Surgical Skills (BOSS) – Chennai on 08.04.2023
- 19-11-2023 TNOA BOSS – Workshop Coimbatore
- TNOA BOSS workshop was conducted at Government Thiruvavur Medical College on 02-12 - 2023.
- OASIS KNEE CON (24<sup>th</sup>, 25<sup>th</sup> June 2023) Madurai.
- 02-06-2023 MOSCON-2023 Spine hands-on Cadaveric Workshop held at Govt.Kilpauk Medical College
- 9,10-09-2023 MMC – IOA PG Teaching Program 2023
- MOSCON (4<sup>th</sup> June 2023) Venue: Sri Balaji Medical College, Chennai
- 29.07.2023 NOC Annual Oration & Honouring Ceremony of TNOA Past Presidents at Tenkasi
- **Robotic Knee Surgery on 19 .02.2023**
- Salem Operative Spine Course - 2023 on 05 .03.2023
- Devadoss IORAS UPDATE 2023 on 12 .03.2023
- MID WEST Ortho Society CME / Workshop 18 .03.2023
- Orthopedic PG Clinical Exam Course 18,19 .03.2023
- Preethi Bone Saw 26.03.2023
- CME Research Methodology – Trichy (23<sup>rd</sup> April 2023)
- SPARC 2023 – SRM HOSPITAL (5<sup>th</sup>, 6<sup>th</sup> May 2023)
- Second Quarterly PG Clinical Session on Short Cases Presentation (7<sup>th</sup> May 2023) Venue: Govt.STANLEY MEDICAL COLLEGE, Chennai.
- **OASIS 2D CON 10 - 13.05.2023**
- CME MEDICOLEGAL ISSUES (13<sup>th</sup> May 2023) Venue: IMA Hall, Trichy
- CME on Robotic Joint Replacement (14<sup>th</sup> May 2023) Place: Trichy
- Midwest Ortho CME on Shoulder (20<sup>th</sup> May 2023) Venue: Sivaraj inn Hotel, Salem.
- ORTHO ONE ACADEMY (Presents) SERIES 1 SYMPOSIA – Coimbatore (27,28<sup>th</sup> May 2023)
- Spotlight – Proximal Femur & Distal Humerus Workshop (28<sup>th</sup> May 2023) Venue: D'WAYFARER INN Resort, Erode.
- Chennai Trauma Course 04.06.2023
- CME Program on "ALL ABOUT CLUB FOOT" (8<sup>th</sup> June 2023) Venue: VIMS Hospitals, Salem.
- Ganga Trauma Malunion – Nonunion Course – 2023 09,10,11.06.2023
- Namakkal Ortho Society - CME Programme (10<sup>th</sup> June 2023) Venue: Hotel Golden Place, Namakkal.
- June Month Midwest Ortho CME (17<sup>th</sup> June 2023) Venue: CJ Pallazio, Salem.
- Nuances of TKR and Saw Bone Workshop on 19<sup>th</sup> May 2023 at Chennai
- **Second Hands on Cadaveric Pelvi - Acetabular Workshop (25<sup>th</sup> June 2023)**
- CME on the Management of Pelvi - Acetabular Injury (24<sup>th</sup> June 2023) Venue: K.A.P.Viswanathan Government Medical College , Trichy
- CME on Paediatric Orthopedics (15<sup>th</sup> July 2023) Venue: Karpaga Vinayaga Institute of Medical Sciences - Chengalpet
- MOON CITY ORTHO CME (16<sup>th</sup> July 2023) Venue: Hotel Seasons, Thiruvannamalai .



- CME On Basics of KNEE ARTHROSCOPY (28th July 2023) Venue: SRM Hospital, Chennai
- Foot & Ankle CME – Trichy 29.07.2023
- 9th Ganga Operative Arthroplasty Course (4 – 6th August 2023) Venue: Ganga Hospital, Coimbatore
- Chennai Trauma Course (11th, 12th, 13th August 2023) Venue: Hilton Hotel Guindy, Chennai.
- 19.08.2023 COS - ELBOW 360 - Coimbatore
- 26,27.08.2023 4th Preethi Trauma Update - Madurai
- Salem Arthroplasty Course – 2023 Venue: Cenneys Gateway, Salem 23,24.09.2023
- 24-09-2023 Glimpse of Foot and ankle CME Nellai Topics 14 speakers 126 Delegates PG Quiz
- 30.09.2023 CME on basics of Arthroplasty with saw bone work shop conducted at SRM Medical college
- 01.10.2023 CME on Conservative Management of Common Fractures & Dislocations Venue: Hotel Abu Palace, Chennai
- 01.10.2023 CME on Foot & Ankle Venue: Hotel Chandra Residency, Dharmapuri
- 08-11-2023 Master Class Webinar
- TNOA BOSS at Tirunelveli 9-12-2023
- KallaKurichi Basic Surgical Knee Course - 2024
- NOC – New Office Bearers Installation Ceremony 03.02.2024

#### ACHIEVEMENTS OF INDIVIDUAL MEMBERS (National & International)

- Dr.Terrence participated in International Conference on the Hand and Microsurgery, Cairo, Egypt
- Dr.Govardhanan addressing Annual ASAMICON 2023 - held at Indore
- Dr.Subramanya Gandhi , from chennai was elected as Tamilnadu State representative for Asami India.
- Dr.Sathish Fellowship award@IAACON2023 Chandigarh
- Dr.Sathish Won the Medal Paper at POACON - Pondichery
- Dr.Sathish Receiving Gold medal From IFAS President Dr.T.V Raja and Scientific Chair Dr.Ajoy at Indo Asian foot and ankle Congress
- Dr.Sathish Receiving Gold medal at NAILSCON 2023, Bihar
- Dr.Ram Chidambaram participated as faculty at SESICON 2023 - HYDERABAD
- Dr. Madhan Jayaraman delivering Lecture in DOACON 2023 Delhi
- **Dr.Terrence Jose** received an appreciation award during the Golden Jubilee celebrations at the ISSHCON 2023 in Chandigarh. He is the first ISSH member to receive this award in this category
- **Dr.SR Sundarajan** won the Publication award the Annual meeting of Indian Arthroscopy Society Lucknow 2023
- **GANGA Hospital** won the prestigious ISSLS Basic Science Award – 2023 (5th time)
- **Dr.Ram Chidrambaram** participated as an invited faculty in ICSEs ( International congress of shoulder and elbow surgery) at Rome, Italy. Gave lectures on scapular fracture management and frozen shoulder
- **Dr. Sundarajan** Faculty ISAKOS BOSTON. Presented 2 papers and 3 e posters
- Dr. Madhan Jeyaraman
- Best Young Researcher Award 2023 and Best Editor Award 2023 19 March at NDMC Convention Centre – Chennai.
- ILLUMINATE 2023 - International Conference on Research Methodology, 9th and 10th August 2023
- Presented 3 papers & 2 posters Awarded ON/ICRS 2023 Educational Grant
- **Dr. Umashankar** getting Best Doctor Award from District Collector - villupuram
- **Dr.P.T.Saravanan** Received மருத்துவ நட்சத்திரம் விருது from Honorable Minister for Health and Family Welfare, Govt of Tamilnadu
- **Dr.P.T.Saravanan** Received Recognition award at IMA TN state Conference
- **Dr.Rishi Mugesh Kanna** received Professional excellence award from Hon`ble health Minister
- **Dr.Major K Kamalanathan received** Life time Achievement Award (9th July 2023) – By **IMA** - Coimbatore.
- **Dr.S.Rajasekaran** receiving 19th Annual Sir.J.C.Bose Memorial Award (12th July 2023)
- **Dr TV Raja** elected as president of Indian Foot & Ankle Society

## **BONE & JOINT DAY 2023:**

**Bone and Joint Day August 2023 from Aug 01 to 07.2023**

**Total BLS for Students & Publics – 61**

**Total BLS for Drivers – 4**

**Total BLS for Traffic Police – 1**

**Total BLS for Police – 3**

**Social Awareness activities – 25**

**Social Media coverage TV – 9 Radio – 2 News Papers – 15**

**Any Other Activities – BMD, Drawings, Yoga, Pamphlets Distribution, First Aid Kit Distribution**

### **TNOA Office building**

The TNOA office building can be used for rental to our members and their immediate family members at a minimal rent of Rs.1500 per day with a maximum of two days stay. Guidelines for stay to be formulated by the EC during the first EC meeting 2024. Complete abstinence of Alcohol and Smoking to be strictly implemented. In special circumstances like visit for conference or other official purposes which requires an extended stay it may be considered with prior permission. The Treasurer may maintain the accounts of the income and expenditure out of this facility. The practical difficulties were discussed and a clear consensus or decision to be taken.

### **TNOA Anthem**

- TNOA Anthem Penned by Kavi Perarasu . Vairamuthu

The budget was Rs.6 Lakhs to clarify with CJ Ravi

Contributions for the Tamil Anthem

Midwest Ortho Society Rs.1 Lakh

Chennai TNOACON Rs. 1 Lakh

Dr.Natesan Rs. 1 Lakh

Dr. C J Ravi Rs. 1 Lakh

SICOT Conference Chennai Rs.50,000

Madurai Knee Con Rs.50,000

Tiruppur ortho club Rs. 50,000

Brace Knee conference Chennai Rs.15,000

NOC Rs. 10,000

Mid-year con 2024 Rs. 50,000

The GBM sincerely extended its thanks to the contributors.

Special thanks and appreciations to our former President Dr.Raja Ravi Varma for his great efforts and being instrumental in the formation and functioning of the unique TNOA Music Band, also his first efforts of Short film has fetched him 100 awards including international awards was lauded.

The official journal of TNOA JOJS has been indexed in the premier indexing agency of DOAJ that is officially approved by NMC. This is a special and landmark achievement of the TNOA which stands as a pillar of support for academic excellence. The editorial team of Dr.Suresh and Dr.Ashok was a special mention and the GBM applauded their untiring efforts.

SICOT Young Surgeons forum was successfully conducted in Chennai at SRIHER. Congratulations to the entire team under Dr.Aju Bosco, Dr.Sudhir and Dr.Rajabaskar.

The grand success of TNOACON 23 was also appreciated.

8<sup>th</sup> consecutive time TNOA has won the IOA A.K.Guptha trophy. This has been a great landmark in the history of TNOA, a special mention was made to Dr.Antony Vimal Raj our Past President who in his term as Secretary formulated a template which has been vital in the tabulation of our events fetching the coveted prize. All the past Secretaries were also credited for their hardwork in getting the prize for TNOA.

TNOA PG CRASH COURSE, BRACE COURSE, BOSS COURSE, ROCC COURSE are all done directly under the TNOA



Dr.K.N.Subramanian from Madurai was appreciated for the successful conduct of OASIS KNEE CON. MOSCON cadaveric workshop, SICOT cadaveric workshop, BOSS cadaveric workshop were some of the important hands on training workshops conducted. IOA PG TEACHING PROGRAM was successfully conducted as a 3 days program at Chennai by our honble president Dr.V.Singaravadelu. IOA redeems a sum of Rs. 2 Lakhs for a three days program and Rs.1 Lakh, president requested that this program be conducted on a regular basis under TNOA. NOC was appreciated as it was the first zonal club to initiate an Oration. 18 past presidents of TNOA were honored at the same time during the oration.

**TNOA ROAD MAP:** PRESIDENT ELECT Dr.Deen Muhammad Ismail

**Theme:** Enliven multicentric research, enlighten and empower youngsters

All previous activities will be continued

Vice President who is in-charge of Research activities to form a core committee to improve and formulate research and academic activities. Passed by GBM

Multicentric research like complications of natively treated fractures is one such example.

TNOA Text Books with topics and titles to be selected by core committee to be published. This will be the sought-after books by PGs and consultants in future. Across Tamilnadu, seniors, juniors and all interested members may contribute to the books. GBM approves.

All efforts will be taken to revive sub-specialities like ortho-biologics, Ortho-Rheumatology, ortho pain management.

To conduct online quiz once a month for 11 months, one each for 11 zones of TNOA

To elevate JOJS Indexing to next level- Scopus and Embase as next target

To conduct TNOA PG Orientation class for POP application, ethics, communication skills etc.

TNOA International Conclave started by past President Dr.Vanasekar to be revived with full vigor

RATIFICATION OF NEW MEMBERS 200 members

Ratification accepted after display of all names

### **Ratification of EC Minutes in GBM**

- 1) TNOA Tamil Anthem will be henceforth played in every club meeting of zonal clubs and all TNOA related programs after the Tamil Thaaai Vaaazhthu. As a mark of respect all will arise during the playing of the anthem. Passed by GBM
- 2) Change in announcement of fellowship date to first newsletter to give sufficient time for application and scrutiny of the applications. Passed by GBM
- 3) TNOA Website integration and website of TNOACON will be hosted by the TNOA website in all future conferences. The organizing committee of the particular TNOACON will bear the expenses of sub hosting the domain at a cost of around Rs. 1,50,00 per conference, subject to change. Passed by GBM
- 4) TNOA Medals in TNOACON to be issued only in the next subsequent TNOACONs only in future. The medal winners will be announced but medals will be issued only in next TNOACON. The medals will be issued only if the paper that won the medal by a particular author is published as an article in JOJS the official journal of TNOA, or if that medal paper is not being published in JOJS at least an alternate article with the medal winner as 1<sup>st</sup> or 2<sup>nd</sup> author has to be published in JOJS. This is to improve the quality of papers getting published in JOJS and to also get more papers to apply for higher level indexing such as Scopus, Embase and Pubmed. As per rule of TNOA already it is a fact that all medal papers are agreed upon to be published in the journal of TNOA. As it has not been strictly followed and as we are in the right stage of pending application for higher indexing this clause becomes imperative. GBM passed.
- 5) Marks for best zonal clubs. 10 marks to be added in extra to present 100 marks. 2 marks each for each paper in JOJS a maximum of 5 papers and 10 marks. Total evaluation henceforth will be for 110 marks instead of the previous years of 100 marks. GBM passed
- 6) Conference Registration fees to be hiked by 5% every 2 years from the 2026 TNOACON. GBM passed.
- 7) To maintain the continuity and good work to also have a continuous dynamic monitoring of the functioning of the JOJS, to take into higher and higher levels of indexing the period of the Journal Editor and Indexing Editor and to be increased to 5 years. The third year a Joint Editor and Joint Indexing Editor can be nominated who will understand the functioning of the journal in association with the Editor and Indexing Editor. At the end of five-year tenure of the Editor and Indexing Editor the Joint Editors will be converted into Editor and Indexing Editor respectively. GBM passed

- 8) The same duration of five years to be applicable for the IT Wing Secretary also and Joint IT wing Secretary to be appointed at the third year and will get converted to the post of IT wing Secretary at the fifth year. GBM passed
- 9) Only TNOA life members residing in India to present papers in TNOA Medal sessions. GBM passed
- 10) Any EC member who has not attended in three out of five in a year or five out of ten in two years will be disqualified from EC member and will be not allowed to contest in any TNOA election in future. Mid-Year CME will be regular EC meeting and considered as 3rd EC meeting. In toto 5 EC meetings in a calendar year. – GBM passed
- 11) In case of elimination of EC Member Secretary will be gathering the zonal report through Joint secretary in the particular zone. GBM Passed
- 12) The Incoming president will be communicating with the zonal club members soon after assuming office to promote the TNOA activities, to insist on playing TNOA Anthem in all events of TNOA, to encourage the membership and to have a zonal club meeting in TNOA Prof.TKS mid-year CME.
- 13) Prof TKS midyear CME to be renamed as TNOA Prof TKS Midyear Conference to accommodate Post graduate papers which has become mandatory as per NMC guidelines, will be a two day event. Young surgeons forum to be given a separate session
- 14) Tamil Conference to be conducted during 3<sup>rd</sup> week of October. NOC has accepted to conduct it in year 2024.

#### Agendas regarding Elections of TNOA

- 1) Code of conduct to come into effect from the date of announcement of election that is the 2<sup>nd</sup> newsletter release.
- 2) Admin only to post messages in TNOA official WhatsApp group
- 3) TNOA zonal clubs should not support or propose and nominate candidates for Elections. This agenda was not accepted and decided that zonal clubs can propose and nominate candidates. This resolution to be withdrawn from agenda.
- 4) After the period of announcement of code of conduct the candidates should not participate in zonal club programs or other programs as a faculty. Election by laws may be circulated in the election notification and to candidates by the Election Officer with all the various dates to be clearly mentioned in the bylaws.
- 5) Contestants in election can however participate as delegates in programs, CMEs and conferences and not involve in any form of campaign in those programs.
- 6) Official communications regarding conferences and other events of Zonal Clubs should not carry the names of the candidates, except if they are already office bearers of that particular zonal clubs.
- 7) Voting of TNOA elections by members of TNOA only if they are registered in Tamilnadu Medical Council. Not passed by GBM stating Voting is right of every member.
- 8) Change of address for ballot paper request upto 31<sup>st</sup> October be accepted. GBM passed
- 9) Election officer may be given the discretion to accept change of address for duplicate ballot if the request for change of address comes from the official mail id or from the official phone number of the member.
- 10) Acknowledgement of receipt of ballot papers back to the election office to be done to the voting member. This enables the member to be assured that his vote has reached the election office.

#### TREASURER REPORT

- OPENING BALANCE AS ON 04/02/2023: Rs. 27,47,254 /-
- CLOSING BALANCE AS ON 30/01/2024: Rs. 16,35,633 /-

#### TNOA - CREDIT

Membership (IOA, TNOA, LM, AM)	= Rs. 15,82,000 /-
The Professional Indemnity Scheme Fund	= Rs. 9,75,870/-
Seed Money Return from TNOACON 2023	= Rs. 5,00,000/-
Journal Fund from TNOACON 2023	= Rs. 5,00,000/-



Contribution Fund from TNOACON 2023	= Rs. 9,15,136
Tax Return	= Rs. 1,00,240 /-
Total Interest	= Rs. 1,55,994/-
Brace Course Chennai Fund from Sponsors	= Rs. 2,00,000/-
Smith & Nephew for SICOT	= Rs.1,00,000
TNOA Election 2022 Nomination Fund	= Rs. 1,20,000 /-

**TOTAL CREDIT = Rs. 50,08,840/**

#### **TNOA- DEBIT**

To Premkumar Office Secretary Salary, Petrol Expenses Advance Salary, & TA, DA	= Rs.4,78,848/-
To TNOA Office Airtel Modem & Landline Bill	= Rs.23,683/-
To TNOA Office Plumbing work & Pooja Celebrations	= Rs.14,350/-
To TNOA Courier Expenses, Electronics Accessories & Stationeries	= Rs.32,856/-
TNOA Flat Maintenance, Project fund, & Gas	= Rs. 97,656/-
Zoom Application Annual Subscription	= Rs.21,068/-
To Head Post Office for TNOA Election 2023 Ballet Papers sending cost	= Rs.88,548/-
TNOA Office Renovation (New AC & Interior Works)	= Rs.2,27,914
Cleaning Accessories	= Rs.6,800
TNOA Fellowship 2023	= Rs.80,000
IOA Office Bearers for TA/DA of TNOACON 2023	= Rs.98,543
Vairamuthu Trust	= Rs.2,00,000
TDS	= Rs.40,428
New Computer for TNOA office	= Rs. 91,050
PC Software Installation & old system service	= Rs.18,500
TNMC User ID Renewal	= Rs.12,078
Muthusekar Sub Auditor IT Filling 2023 – 2024	= Rs.30,000
Venkatram & Co Auditing, IT fees	= Rs.32,450
New Laptop Purchase	= Rs.90,800
To Jaypee Brothers for TNOA JOJS	= Rs.5,72,051/-
To New India Assurance for The Professional Indemnity Scheme	= Rs.9,75,870/-
To Printer Subramanian for TNOA 1st News Letter	= Rs.60,000/-
To Printer Subramanian for TNOA 2nd News Letter	= Rs.50,000/-
To Printer Subramanian for TNOA Election 2023	= Rs.2,48,173/-
To Printer Subramanian for TNOACON 2024 Medals, Trophies, Certificates (Advance)	= Rs.75,000/-
To Printer Subramanian for TNOACON 2023 Trophies, Certificates	= Rs.90,000/-
To GRT Gold Medals for MID year CME @ Yercaud	= Rs.75000/-
To OASIS Contribution Amount	= Rs.52,400/-
To IOA for IOA LM & IOA AM	= Rs.8,33,000/-
To Brace Course Chennai	= Rs.1,88,760/-
Fixed Deposit	= Rs.10,00,000
Web Development	= Rs.2,95,200
TDS Charges for 4 years	= Rs.16,700/-
SICOT	= Rs.83,300

**Total Debit = Rs. 63,01,026 /-**

#### **TNOA TRUST – ACCOUNT**

**OPENING BALANCE AS ON 05/02/2023: Rs. 7,431 /-**

**CLOSING BALANCE AS ON 31/01/2024: Rs. 7,884/-**

**TOTAL FD AMOUNT IN ASSOCIATION ACCOUNT = RS.1,57,66,243/-**

**As of Now Total FD Balance = RS.1,63,70,170/-**

Dr.Sivakumar Past President TNOA raised objection stating that the printed Accounts Audit statement was not given to members which is mandatory as per our bylaws . Also, he pointed out that the Assets and liabilities of the Association has not been clearly defined in this presentation. He insisted that a proper accounts Audit statement and liabilities and assets of TNOA be informed to the members by the treasurer at the earliest.

Complete Audit and Accounts report signed and verified by the auditor to be submitted.  
A proper discussion to be done with the auditor and our finances to be optimized if possible.

### EDITOR REPORT

The editor in chief thanked all who made it possible for indexing of JOJS with DOAJ.

Steps will be taken for further and higher indexing with scopus and pubmed.

Requested TNOA members abroad to publish in JOJS so as to get international presence of JOJS. Request teaching institutions in Tamilnadu to come up with original research articles

### INDEXING EDITOR REPORT

Publisher recommendations for future higher indexing was discussed

A need for 20 to 30 original articles every year for submitting application to SCOPUS and EMBASE indexing. Cooperation of EC members and HODs and Professors requested to get past the numbers very vital. We are now an official NMC indexed journal publishing articles free of cost and helping the cause of publishing in TNOA.

To discuss with the publishers to limit the number of printed journal copies to bare minimum as printed copies incur more expenditure and as per the recent guidelines of NMC printed version is not mandatory. A decision is to be arrived at before January in this regard.

President suggested that to maintain the momentum and for continuity of the journal activities it becomes imperative that the editorial team continues for a period of five years. It was accepted by the EC. Joint Secretary suggested that along with the Editor and Indexing Editor the selection of the next Editor and Indexing Editor can be done as per schedule and they may be made Joint Editors for next 2 years and travel with the previous editors. This will enable them to gain knowledge and experience to run the journal in a much better way when they assume office later as Editors. It was accepted by the EC and to be placed for **GBM approval**.

JOJS- indexing status till September 2023

**Indexed in -**

Google scholar, I2OR , DRJI , Crossref

**DOAJ index achieved- October 2023**

**Aim for Scopus / WOS web of science**

**2024 - Roadmap & Action plan**

1. **More research / review paper submissions (minimum of 20-25 articles per issue)**
2. **Geodiversity of articles from different countries - international and Global reception of articles to be encouraged.**
3. **Plagiarism to be less than 20% (authors will be asked to resubmit in case of high plagiarism)**
4. **Manuscript writing and Statistical classes - to improve upon and conversion to original articles.**

Current indexing status...February 2024

DOAJ is just a milestone NOT the end.....

Journal of Orthopedics and Joint Surgery

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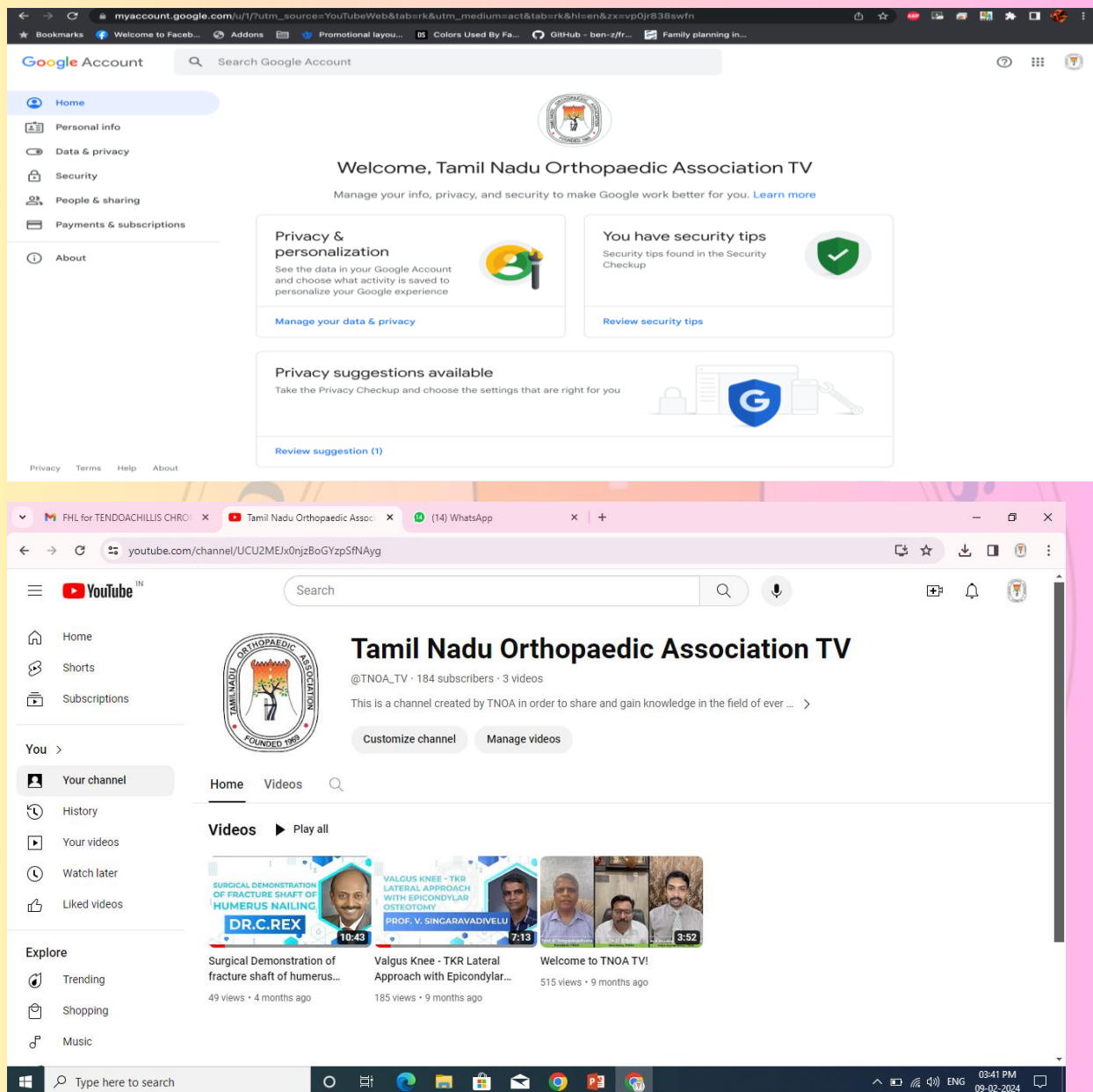
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## Video Journal Report

### TNOA TV

This is a channel created by TNOA in order to share and gain knowledge in the field of ever-expanding orthopaedics. This channel is open for all orthopods in order for them to gain knowledge as well as share their knowledge. Videos will be updated regularly in topics of approaches, surgical procedures, examinations, recent advances and classes for post graduates.



### Statistics

Total videos uploaded – 3

Subscribers – 184

Total Views - 749

Problems faced

Previous videos of TNOA - difficulty in getting the username and password. Will get it shortly

Channel needs more recognition and subscribers

## **Fellowship secretary report**

### **TNOA Inland travelling fellowships**

- **M.S.(Ortho).**, Prof. A. J. Selvapandian-2.
- **D.Ortho.**, Dr. Muralidharan & Dr.M.Vanasekar-2.
- TNOA travelling fellowship - 4.

### • **TNOA travelling fellowships**

#### • **43 Applications**

#### • **10 selected for - TNOA fellowships**

#### • **25- TNOA observership program**

Prof.A.J.Selvapandiyan TNOA Travelling fellowship

- 1.Dr Pramod Kumar Mohan, Arthroscopy fellowship- SIMS Hospital, Chennai
- 2.Dr. R.P. Packkya Rathinam, Fellowship in Arthroscopy, SIMS Vadapalani, Chennai
- Dr Muralidharan & Dr.Vanasekar TNOA travelling fellowship
- 1.Dr Muthu Kishore M Fellowship in Arthroscopy Medicine Velammal Medical College & Vale Ortho & Sports specialty Hospital, Madurai - Dr KN Subramanian
- 2.Dr. Tarun Kumar Badam - Spine Fellowship - Ganga Hospitals, Coimbatore

### **TNOA travelling fellowship**

- 1.Dr. Prem Kumar.K. Hand surgery fellowship under Dr. Terrance
- 2.Dr. Praveen Ravi, Fellowship in Hand and microsurgery, Olympia Hospital, Trichy.
- 3.Dr.R. Rajheiman Spine fellowship at Sakra world hospitals, Bangalore.
- 4.Dr. Vibin T - Arthroscopy and Sports medicine fellowship, Ortho one hospital, Coimbatore

### **TNOA observership program**

- 1.Dr.S. Paramaguru Rajesh - Spine fellowship - SKS hospitals
2. Dr S.Manoharan - Spine fellowship - SKS hospitals
- 3.Dr. Palanisami R S - Arthroplasty fellowship- KMCH Hospitals, Coimbatore
- 4..Dr. Manojkumar, fellowship in arthroplasty London Ortho speciality hospital,Salem
5. Dr. Arun Prasanth K Arthroscopy fellowship, at ortho one hospital, Coimbatore.
6. Dr. Suresh.J , Fellowship in Endoscopic spine surgery, Pritem endoscopic spine centre, Madurai
- 7.Dr. G.N.Sukumar, Fellowship in Endoscopic spine surgery, Pritem endoscopic spine centre, Madurai
8. Dr.Jeff Walter Rajadurai OR, Fellowship in Arthroscopy, SIMS, Chennai
9. Dr. K. Jesmick Ponniah, Fellowship In Traumatology, Rela Hospital , Chennai.
10. Dr.R.Nishaanth , Fellowship in Spine at Sakra world hospital Bangalore
11. Dr. Thiagaraj. C,Fellowship in Arthroscopy,Orthomed hospital,Chennai
- 12.Dr K.S.K Narendiran-Fellowship in Arthroplasty-London Ortho speciality hospital- Salem
- 13.Dr.JPV. Jebaraj , Arthroscopy and sports Medicine fellowship, SBS hospital, Hosur Under Dr.Boopesh Karthick.
- 14.Dr.C.MATHAN KUMAR, Arthroscopy and Sports Medicine fellowship, Preethi Hospitals,Madurai.Under Dr.Prahlad kumar Singhi.
- 15.Dr.N.Adhishwar Kumaran,Fellowship in Arthroplasty,Preethi hospitals,Madurai. Under Dr.Sivakumar
16. Dr.S.Ganesh Ram,Fellowship in Arthroscopy ,Ortho one-Dr.David Rajan
17. Dr.S.Jeeva ,Fellowship in Arthroplasty ,Devadoss hospital ,Madurai.
- 18 Dr. J selvanathan,Fellowship in Trauma & Arthroplasty,Rela Hospital,Chennai.
19. Dr.S.K. Parithooran,Fellowship in Arthroscopy and Sports Medicine,SBS hospitals, Hosur Under Dr.Boopesh Karthik.
- 20.Dr.K.Nagendran,Fellowship in Arthroplasty ,Devadoss hospital ,Madurai.
21. Dr. Ganesh Shankar. J,Fellowship in Arthroplasty ,Rex ortho hospital, Coimbatore
22. Dr Nissanth. C,Fellowship in arthroplasty,Rex ortho hospital,Coimbatore.
23. Dr Muthu Kishore M,Fellowship in Arthroscopy Medicine,Velammal Medical College & Vale Ortho & Sports specialty Hospital, Madurai - Dr KN Subramanian sir
- 24.Dr.T. Yaeshwanth Jain, Arthroplasty fellowship,SIMS hospitals
- 25.Dr Manikandan P -Arthroscopy Fellowship Ortho One hospital coimbatore



### **TNOA Inland travelling fellowship centres**

Ortho one hoaspitals, Coimbatore

Ganga hoaspitals, Coimbatore

Preethi hospitals, Madurai

Devadoss hospitals, Madurai

KMCH, Coimbatore

Olympia hospitals, Trichy

SIMS, Chennai

REX hospitals, Coimbatore

SBS hoaspitals, Hosur.

SKS hospitals, Salem

Dr.KNS hospital

SAKRA world hospital

Devadoss hospitals

Pritam hospitals

London ortho hospital

Orthomed hosapitals

### **TNOA Foreign travelling fellowship (1)**

- **Below the age of 50 years**

- Dr.Vishnu senthil - Chennai

- Fellowship grant - 50,000 Rs.

- **TNOA Foreign travelling fellowship (2022) Dr.Aju bosco completed 2 weeks of foreign fellowship**

- **@ Paediatric Spine deformity Fellowship, Spine Research Unit, University Malaya Medical Center, Kuala Lumpur Malaysia**

- Fellowship grant - 50,000 Rs.

- **TNOA - Dr.K.R.Venkateshwar**

**PG Travelling fellowship Dr.Dinesh - Alloted Preethi hospitals**

- **couldnt complete**

- Fellowship Grant Rs 10,000

### **TNOA-Prof.R.Ramakrishnan Gold Medal**

- Conducted by Cadallore - Cholamandalam ortho club on 28-1-2024

- 90 students appeared for prelimnary exam

- 6 selected for clinical exam

- Winner will be announced tomorrow.

- **TNOA – Cholamandalam Ortho PG Research Grant Received 4 proposals**

- **TNOA President, Secretary & Dr.Pandiyan- scrutinised the proposals.**

- **2 proposals were selected and results will be announced tomorrow.**

### **IT WING SECRETARY REPORT**

Major Milestones Completed

- Masterclass Webapp

- Online payment gateway for membership payment

- Total website revamp with admin, superadmin created

- TNOACON subdomain

- Members data migration

- Online membership for associate members

- Old youtube TNOA video journal videos migrated to latest website

- Bugfixes in masterclass

- New delegate/PG signup link created



### TNOA Masterclass Metrics

- Master Class Faculties onboarded - 22
- Total masterclass completed - 16
- New Delegate/PGs Onboarded - 75
- Membership data /profile completion
- Total Members - 2575 (as ratified on TNOACON Chennai 2023)
- Total members onboarded - 2575
- Members Profile completed - 60%
- Total Members + Delegates = 2634

### 2024 Action Plan

- 1)Need one dedicated web admin manager to take care of updation
- 2)Current web Maintenance charges of 60k per year
- 3)Basic AI integration into TNOA website to be considered
- 4)TNOACON / TNOAMidyearcon / TNOATamilcon Conference website integration into tnortho.org
- 5)Dedicated VPS Hosting - to be renewed
- 6)Email/whatsapp/sms messenger integration for seamless communications and alerts about important events
- 7)Monthly quiz in the website to increase website traffic

### 2024 Budget Non-Recurring expense

- 1)web admin manager - 12 months (1 year – Non recurring) – 1,80,000/-
- 1)Web maintenance – 60,000/-
- 2)Webhosting -60,000/-
- 2)SMS/Email - 36,000/-
- 4)TNOACON website – 1,50,000/
- Total - 3,06,000/-

### Justification

- Hosting renewal is due this year and it has to be renewed for smooth functioning of the website
- 1 Web admin manager will help with timely updation of web content,events,and communication with TNOA members especially with online membership
- TNOACON website integration into TNORTHO.Org not only reduces the cost but also helps in retaining scientific and academic content
- With AI evolving rapidly,its high time we maintain pace with AI developments by integrating basic AI into tnortho.org so that members can benefit

Request for 1 web admin manager with an annual expenditure of Rs. 1,80,000 to the association to handle all website related issues. Passed by GBM



MID YEAR CON 2025 Venue selection not done. To be decided in First EC

TNOACON 2026 NOC will conduct the conference. Org Chairman Dr.Muthuraman Org Sec Dr.Francis Roy Org Treasurer Dr. Sundarapandi. GBM passed

### **2023 Mid-Year CME secretary report**

- Total No registrations -974
- Consultants & Faculties-426
- Post graduates-42
- Spouse & kids-516
- No of workshops:6
- No of Delegates attended-184
- Industry Registrations-163

Dr.Natesan Oration-Dr .Samson Daniel-Trichy  
Family meet & Cultural events

ELECTION MATTERS: Joint Secretary post Dr.Marimuthu elected  
Vice President post Dr.S.R.Sundarajan elected  
Treasurer post Dr.A.Saravanan

Any other matters

Badminton tournament to be given the original name of Dr.Rajendran memorial shuttle tournament and conducted during the conference days – request by Prof.M.Chidambaram our Past President . GBM decided the schedule of games to be decided by the organizing committee without overlap of the conference timings.

Dr.Francis Roy brought an agenda, that the Office Bearers, Past Presidents and Past Secretaries of TNOA be given badges in separate TNOA stalls and has to be strictly implemented in future conferences.

To schedule the TNOA medal sessions in prime time Dr.Rajaravi Varma created a template, he requested that the template may be used in future conferences as a guide to accommodate sessions.

TNOA Music Band need basic expenses to be meted out for its proper functioning. A sum of RS. 10,00 to Rs.20,000 may be paid. GBM approved.

## Minutes of Zoom EC Meet

### Attended By

1. Dr.N.Deen Muhammad Ismail – President
2. Dr.V.Thirunarayanan – Secretary
3. Dr. A.Saravanan - Treasurer
4. Dr. G.Mohan - Immd Past Treasurer
5. Dr.N.Manikandan - President Elect
6. Dr. C J. Ravi - Immediate Past Secretary
7. Dr S R Sundararajan - Vice President
8. Dr S MARIMUTHU - Joint Secretary
9. Dr. A.Suresh Kumar - Journal Editor
10. Dr T.R. Ashok - Indexing Editor
11. Dr Karu Shanmuga Karthikeyan - Video Journal Editor
12. Dr C. S. Vishnu Prasath - Fellowship Secretary
13. Dr S. Varaprasad - IT Wing Secretary
14. Dr A. Navaladi Shankar - EC member, Chennai
15. Dr T. Aravinth - EC member, Chennai
16. Dr.T. Sathish Kumar - EC member, Chennai
17. Dr.B.Saravanan - EC Member, Madurai
18. Dr Prahalad Kumar Singhi - EC Member, Madurai
19. Dr K Baskaran - EC member, Coimbatore
20. Dr.Balakannan J - EC member, South Zone- I
21. Dr.C.Muthuraj - EC member, South Zone- II
22. Dr M. Balamurugan - EC member, East Zone
23. Dr.B.Bhupesh Karthik - EC member, West Zone- I
24. Dr.S.Kumaravel - EC member, West Zone- II
25. Dr. PR. Ramasamy - EC member, Central Zone- I
26. Dr A.Arul Prasanna - EC member Central Zone- II

Started with Welcome address by the Honorable President TNOA

It was agreed to make all the EC members as Admin of the four TNOA Whatsapp groups and henceforth only the admins will be able to post messages in the groups. This will enable the EC members to have complete information of all the activities in their respective zones. The deluge of messages can be avoided.

Voters list correction to be done at the earliest and release the voters list for the subsequent elections at appropriate time. The Zonal EC members will certify the voters list of their respective zones.

President informed the EC that all the Zonal club Office Bearers have been communicated about the first zonal Relationship Committee meeting on 21.04.24 at Chennai. The Tamil Anthem file has also been communicated to them. It has been decided by the committee to suggest to all Zonal clubs to have their change of Office Bearers at the same time preferably in January for the ease of communication and uniformity.

### EC MEETINGS Scheduled for 2024-25

- First EC Chennai - 21.04.24
- Second Cuddalore - 02.06.24
- Third Velankanni 20.07.24 Mid-year Con
- Fourth Nellai 19.10.24 Tamil Conference
- Fifth Cuddalore 07.02.25 TNOACON 25

### • Tentative calendar of events released

#### Indemnity Scheme – certain decisions to be taken

- They insist on one date for all insured – not possible to collect cheques from the insured
- Direct payment to the New India Insurance Co Ltd without incurring higher premium

#### Proposal for multi centric studies - Presidents Theme based activities

- Complications of native treatment – President Elect Dr.Manikandan to coordinate



- Vice President who is Incharge of Research activities of TNOA was requested
- to Bring in more proposals in this regard

#### **TNOA TEXT BOOKS – plan of action discussed**

- EC Member Chennai – Dr.Arvind to coordinate with ICH Chennai team for publishing
- Text book on CTEV, he also offered to coordinate to publish a book on Pediatric hip
- Disorders with Authors all around the state after selection of topics. Specific topics
- Will be allotted to specific institutions or a team of authors. Time line so far not fixed.
- EC Member Chennai Dr. Satishkumar along with IFAS has offered to bring out a textbook
- On Foot and Ankle.
- A module on Research methodology and publication to be formed with Dr.MuthuSatish from Karur
- And a CME exclusively for this to be conducted under the TNOA banner.

**TNOA BRACE, BOSS, ROCC Venues** to be selected by next EC meeting. Venues for TNOA PG Crash course also to be selected.

- The point structure for A.K.Guptha trophy and OASIS best chapter award was clearly explained to all the EC members by the Secretary. In the upcoming EC meetings all Zonal Club Reports will be presented in a template in PPT format based on the structure of A.K.Guptha trophy and OASIS Best Chapter trophy. Dr.Satish kumar EC Chennai will prepare the template in 2 weeks of time.
- A proper detail of Assets and Liabilities of TNOA to be presented by the Treasurer in the next EC meeting. Registration of society to be completed at the earliest and the Treasurer to supervise the registration process.
- Prof. Mathew Varghese as the orator for TNOA Prof.TKS Mid-year Con was proposed by our President as the theme of the Conference is Paediatric orthopedics. Was accepted by the EC and another option was also to be kept in the list.
- TNOA Prof.Sivakumar and Dr.Chidambaram Trauma fellowship and Trichy Orthopedic Society Best Publication Gold Medal has been approved by the GBM. With coordination of the respective EC members the amount to be paid to TNOA will be completed and from 2025 TNOACON plan to instil the new names.
- To frame proper guidelines for the 3 best zonal club awards, a committee comprising of Vice President Dr.S.R.Sundarajan , Past Secretaries Dr.Roy, Dr.P.T.Saravanan and Dr.CJ Ravi has been created. The Committee will formulate appropriate criterias to judge the three awards before the First EC.

**TNOA PG Crash course venue selection-** Our Immediate Past President offered to conduct it in MMC. It was also decided that more than one such program also can be conducted if there are takers.

- To formulate certain guidelines regarding stay in the TNOA Office the Treasurer will be requested to take in-charge in this regard. A trial can be done after the rules and regulations are formed.
- Joint Secretary who is in-charge of Medico Legal Committee expressed his plans to conduct the Medico legal CME on a grand manner with experts in the field. The venue has not been decided but Chennai may be a good option.
- The vote of thanks was proposed by the Joint Secretary.

1<sup>st</sup> EC Meeting Held at Hotel Radha Regent, Chennai on 21<sup>st</sup> April 2024

Attended By

1. Dr.N.Deen Muhammad Ismail – President
2. Dr.V.Thirunarayanan – Ssecretary
3. Dr. A.Saravanan - Treasurer
4. Dr. G.Mohan - Immd Past Treasurer
5. Dr.N.Manikandan - President Elect
6. Dr. C J. Ravi - Immediate Past Secretary
7. Dr S R Sundararajan - Vice President
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25. Dr.S.Kumaravel - EC member, West Zone- II
26. Dr. PR. Ramasamy - EC member, Central Zone- I
27. Dr A.Arul Prasanna - EC member Central Zone- II
28. Dr. S.Natesan – Organising Secretary TNOACON 2024
29. Dr. S.Natarajan – Organising Secretary TNOACON 2025
30. Dr. S.Abdul Hameed Ansari - Organizing Secretary TNOA Prof. T. K. Shanmugasundaram Mid-Year CON, 2024

Velankanni

1. Started with Tamil Thai Vazhthu followed by TNOA Anthem

2. **Welcome Address:** Dr.N.Deen Muhammad Ismail – President

President Insisted the need of TNOA activities exposure to common people and he advised that the EC Members, to take part in social activities Appreciated new dimension of our TNOA activities.

Change the Name from Prof.TKS.Mid- Year CME to TNOA Prof.TKS Mid- Year Conference.

President elect offered to incorporate a video format into TNOA Tamil Anthem that will be brought out in an audio-visual format.

This was a suggestion from the president which the president elect accepted.

President Insisted The district chapter's office bearer photos included in the present Zonal presentation?

President advised and requested that the EC members should be invited in their respective district club activities and meetings. Their names should be included in all the brochures of the clubs.

3. **Obituary references**

Dr.R.Gopalakrishnan – Kumbakonam to ask about from C.J.Ravi

4. **Secretary's report** - Dr.V.Thirunarayanan, Secretary

- Gist of Minutes of Previews Zoom EC Meet was read by the Secretary as follows
- Started with Welcome address by the Honorable President TNOA.



It was agreed to make all the EC members as Admin of the official TNOA WhatsApp groups and henceforth only the admins will be able to post messages in the groups. This will enable the EC members to have complete information of all the activities in their respective zones. The deluge of messages can be avoided.

Voters list correction to be done at the earliest and release the voters list for the subsequent elections at appropriate time. The Zonal EC members will certify the voters list of their respective zones.

President informed the EC that all the Zonal club Office Presidents have been communicated about the first Zonal Relationship Committee Meeting on 21.04.24 at Chennai. The TNOA Tamil Anthem file has also been communicated to them. It has been decided by the committee to suggest to all Zonal clubs to have their change of Office Bearers at the same time preferably in January for the ease of communication and uniformity.

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- Fourth EC Nellai 19.10.24 Tamil Conference
- Fifth EC Cuddalore 07.02.25 TNOACON 25

#### **• Tentative calendar of events released**

#### **• Proposal for multi centric studies – President's Theme based activities**

A Study on Complications of native treatment is being done under the President Elect Dr.N.Manikandan.

Dr.S.R.Sundararajan Vice President who is Incharge of Research activities of TNOA was requested to bring in more proposals in this regard

#### **• Indemnity Scheme – certain decisions to be taken**

As it is not possible from the TNOA Office to collect payment from our members and transfer it to the insurance office as they have taken indemnity, from now on the insurance company has been instructed to send timely alerts to the members who have taken indemnity and collect the payments directly.

#### **• TNOA Text Books – plan of action discussed**

EC Member Chennai – Dr.T.Aravind to coordinate with ICH Chennai team for publishing a text book on CTEV. he also offered to coordinate to publish a book on Pediatric hip Disorders with Authors all around the state after selection of topics. Specific topics Will be allotted to specific institutions or a team of authors. Time line so far not fixed. EC Member Chennai Dr. T.Satishkumar along with IFAS has offered to bring out a textbook on Foot and Ankle.

A module on Research methodology and publication to be formed by Dr.Muthu Satish, karur and a CME exclusively for this to be conducted under the TNOA banner.

Either we can print and sell the copies and take entire profit after fixing price of the book

Or handover copyright to the publisher and take only royalty which can be shared between TNOA and authors.

On discussion on sharing the royalty with TNOA suggested president suggested 70: 30 ratio for Authors:TNOA.

#### **• TNOA BRACE, BOSS, ROCC Venues to be selected by next EC meeting. Venues for TNOA PG Crash course also to be selected.**

- The point structure for A.K.Gupta trophy and OASIS best chapter award was clearly explained to all the EC members by the Secretary. In the upcoming EC meetings all Zonal Club Reports will be presented in a template in PPT format based on the structure of A.K.Gupta trophy and OASIS Best Chapter trophy. Dr.T.Satish kumar EC Chennai will prepare the template in 2 weeks of time.
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- Prof. Mathew Verghese as the orator for TNOA Prof. TKS Mid-year Con was proposed by our President as the theme of the Conference is Paediatric orthopedics. Was accepted by the EC and another option was also to be kept in the list.
- TNOA Prof.R.Sivakumar and Dr.M.Chidambaram Trauma fellowship and TNOA Trichy Orthopedic Society Best Publication Gold Medal has been approved by the GBM. With coordination of the respective EC members the amount to be paid to TNOA will be completed and from 2025 TNOACON plan to instil the new names.
- To frame proper guidelines for the 3 best zonal club awards, a committee comprising of Vice President Dr.S.R.Sundarajan , Past Secretaries Dr.A.Francis Roy, Dr.P.T.Saravanan and Dr.C.J.Ravi Ravi has been created. The Committee will formulate appropriate criteria to judge the three awards before the First EC. Dr.S.R.Sundarajan to present it the first EC.
- **TNOA PG Crash course venue selection-** Our Immediate Past President Prof.V.Singaravadelu offered to conduct it in MMC. It was also decided that more than one such program can be conducted if there are takers.
- To formulate certain guidelines regarding stay in the TNOA Office the Treasurer is requested to take in-charge in this regard. A trial can be done after the rules and regulations are formed by the Treasurer Dr.A.Saravanan

- Joint Secretary Dr.S.Marimuthu who is in-charge of Medico Legal Committee expressed his plans to conduct the Medico legal CME on a grand manner with experts in the field. The venue has not been decided but Chennai may be a good option.
- The vote of thanks was proposed by the Joint Secretary Dr.S.Marimuthu
- New Digital calendar of events released with QR Code to be framed
- Members Directory - Zone Wise List of Members are released with QR Code first time in TNOA History

- Total – 2771
- Chennai – 671
- Madurai – 147
- Coimbatore – 185
- North Zone – 198
- South Zone I – 161
- South Zone II – 66
- East Zone – 199
- West Zone I – 271
- West Zone II – 187
- Central Zone I – 141
- Central Zone II – 92
- Other State – 207
- Pondicherry – 90
- Gone Abroad – 15
- Expired – 57
- Without details – 78
- Double Entry – 7

#### • Membership Details

- Total Life Members till last GBM : 2571
- New Life Members Ratified in GBM : 200
- Total Life Members as on Date :  $2571 + 200 = 2771$
- Total IOA Members :  $1681 + 200 = 1881$
- Total Associate Members till 2023 : 230
- New Associate Members in 2024 : 205
- Total Associate Members :  $230 + 205 = 435$
- AM to LM Conversion after GBM 2024 : 95 to be ratified
- Associate Members as on Date :  $435 - 95 = 340$

#### • Voters List

- Total Members :  $2571 + 200$  New
- Address Not Traceable, Expired & Double Entry: 141
- Gone Abroad : 15
- Total Eligible Voters :  $2571 + 200 - 141 - 15 = 2615$

**Special Thanks to all EC members and Dr.S.Marimuthu for Tracing New address**

#### • Amended new by laws

Secretary has given out the rough copy amended new bylaws President pointed out that all EC Members should go through by law's amendment and if any corrections, inform TNOA office prior to 2nd EC meetings

#### • AK GUPTA & OASIS TROPHY

The compilation for A.K.Gupta and OASIS Trophy to date has been done by the Secretary and presented in the EC Meeting president pointed out that any missing details may be informed so that we can be updated President insisted to go through previous Bone and Joint activities by all EC Members so that will be easy to organise the present year BJD activity

#### • OASIS Best chapter award

OASIS Journal publications carries 20 points for OASIS Best Chapter award which is very difficult for any state inclusive of TNOA to submit 20 papers that too in a Non-Indexed journal. Discussed about the possibility to request all rejected manuscripts from JOJS may be sent for publication in OASIS Journal.

#### • New Fellowships added

TNOA Prof.M.Chidambaram & Prof R.Sivakumar inland trauma Fellowship To be initiated from 2024.



Best Publication Award by Trichy Orthopaedic Society

TNOA Spine fellowship under Dr.Ajay Prasad Shetty. Request from Coimbatore orthopaedic society received and EC accepted the request and forwarded to TNOA fellowship committee

• **Discussion regards increase of Fellowship amount**

Dr.C.J.Ravi Proposed TNOA fellowship is a honour and so no need to increase the amount;

Dr.Vishnu Prasad Previously it was only 1 to 2 Lakhs and now only it has been raised to 5 Lakhs Dr.A.Saravanan

Treasurer : Due to inflation the expenditure increases , So it can be raised more than 5 Lakhs

President concluded that, as present EC accepts 5 Lakhs and if needed, we will bring it GBM for further discussion

• **Regarding TNOA Medals**

Dr.C.J.Ravi proposed to include two medals for one sub speciality and President concluded to bring the matter for GBM discussion ;

• **Zonal Report Template**

President: Instructed to include photos of club President, Secretary and Treasure

Instructed EC Members to attend regional club meeting

Dr.C.J.Ravi : Whenever possible EC Members should be invited by club members of their zone and EC member should attend all the club meetings in turns to establish good relationship and regular contact.

President: EC Members names should be included in club meeting invitation

• **TNOA Text Books, Publishing & Cost Dynamics**

Dr.Ashok : Three types of packages available ; varies from publisher to publisher

At the time of publishing the books a proper discussion to be done by the authors, TNOA and publisher to arrive at the best possible work up of the available packages.

• **Discussion on GBM Resolution** President: All Erode TNOACON Resolution added to new bye laws Book

• A MOU with Tamilnadu Neurosurgeon Association was requested by the president of the Tamilnadu Neurosurgeon Association

President: If no loss to TNOA, and if it helps to TNOA, we can proceed;

Dr.Navaladi sankar : Already conflict of interest exist between Neuro surgeon and Ortho surgeon so we can have more clarity on the issue

Dr.Vishnu Prasath: If only presentation of articles and sharing of knowledge we can accept ; If any conflict of interest we should not accept.

Secretary: It's not an agreement, only sharing of experience and knowledge

• Since the MOU is only for exchange of academic knowledge the EC accepted the proposal for a MOU.

• Change of sub committees & New Sub Committees

**TNOA Building Committee**

Chairman - Dr.R.Muralidharan

**Committee Members**

- Dr.M.Vanasekar
- Prof.V.Singaravadivelu
- Prof.N.Manikandan
- Dr.P.T.Saravanan
- Dr.C.J.Ravi
- Dr.G.Mohan
- Dr.R.Prabhakar Singh

**Tamil committee**

Dr Gulam Mohideen - Chairman

Dr. C.J. Ravi, Dr K C Ramasamy, Dr.Muthuraman

Dr Tholgapian, Dr BRJ Sathish, Dr Loganathan

Dr Marimuthu, Dr PR Ramasamy Dr Arunkumar Dharmapuri

Dr.Aun Chengalpet, Dr Aravindan Kalamegam Pondy

**Medicolegal Committee**

Chairmen — Prof.Dr.M.Chidambaram

Prof. Dr.Gulam mohaideen

Dr.Marimuthu, Dr.Manimaran

Dr.Jaikish, Dr.Armstrong

**Technology Integration and Innovation Committee**

Chairmen — Dr.Vijay.C .Bose  
Dr.V.Thirunarayanan, Dr.Sathish Devadass, Dr.Sathish kumar  
Dr.Varaprasad, Dr.C.S.Vishnu Prasath  
Dr.Cheralathan, Dr.Raja Baskar, Dr.Ashok  
Dr.Bupesh Karthick

• **Additional GBM During Midyear Conference**

President: Longer waiting time to ratify few important non-controversial issues president requested additional GBM to be conducted during the Mid-year Conference.

Dr.N.Manikandan : Keep it in prime time 45 minutes to one hour may be allotted

Dr.N.Manikandan : Insisted that AGBM during at TNOACON should be started at least by 4 PM so as to enable more members to participate in the AGBM.

Dr.Natarajan organising secretary TNOACON 2025 Cuddalore : took note of Dr.Manikandan proposal and agreed to schedule the scientific program accordingly so that AGBM may be started by 4 PM

President: Concluded additional GBM time as 45 minutes

• **TNOA Overseas Conclave**

Decided to create whatsapp group with name of overseas members Even, Non TNOA members, NRI can be included. This initiative was taken up by our Past President Dr.M.Vanasekar. President Dr.N.Deen Muhammad Ismail reiterated the importance of the overseas conclave and wanted to restart and activate this group.

1. To get more articles for JOJS
2. Fellowships / Observership for TNOA Members
3. To form an overseas coordination committee
4. To update our knowledge and improve our relationship.

**5. Treasurer's Report - Dr. A.Saravanan, Treasurer**

TNOA ASSOCIATION – ACCOUNT;

Name: Tamilnadu Orthopaedic Association

A/c: 705855990

IFSC: IDIB000C017

Indian Bank chetpet branch

- OPENING BALANCE AS ON 01/03/2024: Rs. 29,28,556 /-
- CLOSING BALANCE AS ON 20/04/2024: Rs. 33,74,831 /-

TOTAL CREDIT	=	Rs. 8,28,236/-
TOTAL DEBIT	=	Rs. 3,63,926 /-

TNOA Trust – ACCOUNT

A/C:705855785

Tamilnadu Orthopaedic Association

IFSC IDIB000C017

Indian Bank chetpet branch

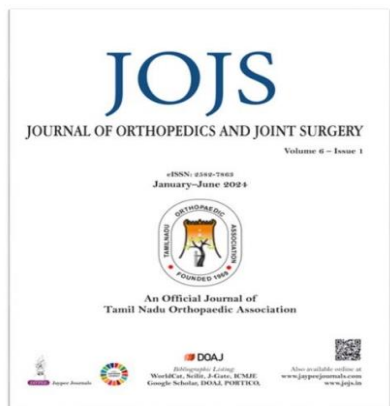
- OPENING BALANCE AS ON 01/03/2024: Rs. 7,532 /-
- CLOSING BALANCE AS ON 20/04/2024: Rs. 7,689/-
- TOTAL FD AMOUNT IN ASSOCIATION ACCOUNT = RS.1,62,66,243/-
- As of Now Total FD Balance RS.1,92,85,682/-
- Registration completed year of 2022 under the society act
- TNOACON 2023 cheque received rs.218114/-
- Other Safe Deposit bank FD or postal discussion of investment
- Permission of during FD – change of the duration 6.10% to 7.25%
- Rs 5 lakhs can be added for investment purpose
- Pointed out that TNOA Trust account is being dormant DR.S.Marimuthu : Deposit RS : 1000 for every three months to keep the account active
- Decided to change the fixed deposit period from 12 months to 15 months
- Other mode of deposit may be discussed with core committee members



- Registration for 2024, completed under society out
- Discussion regarding renting the TNOA Building At present multiple entry not possible Decided to continue the same status
- President suggested that the assets and liabilities certificate be obtained from our auditor which needs to be presented in the next GBM.

## 6. Editor's Report - Dr. A. Suresh Kumar

- 19 Articles published during last JOJS; Rejection rate is high (59.5%) Needs more original research article
- Lack of statistics analysis in future, JOJS needs more citations and impact factor
- Not to spend 1.3 L for research gate as anyway in includes our articles
- Refund Money from Ashok Shyam past editor
- Zoom meeting to get more articles including publish interest people from various institutions
- To form the Editorial board as per requisites of international standards








**JOJS**  
JOURNAL OF ORTHOPEDICS AND JOINT SURGERY  
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Tamil Nadu Orthopaedic Association

### About Journal

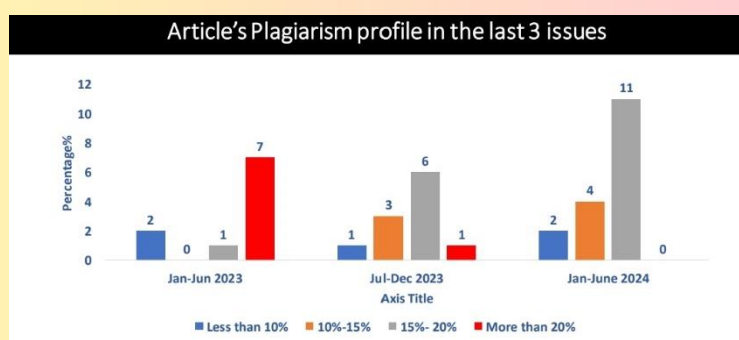
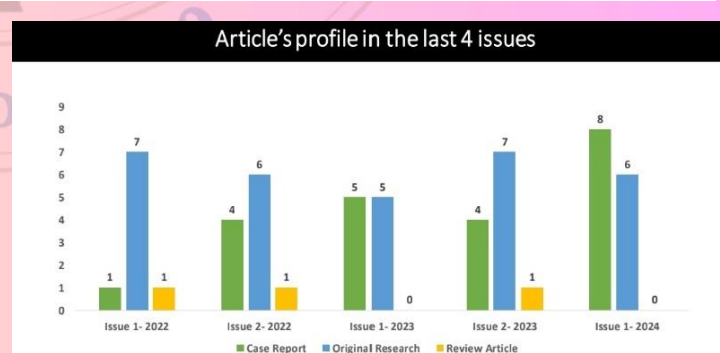
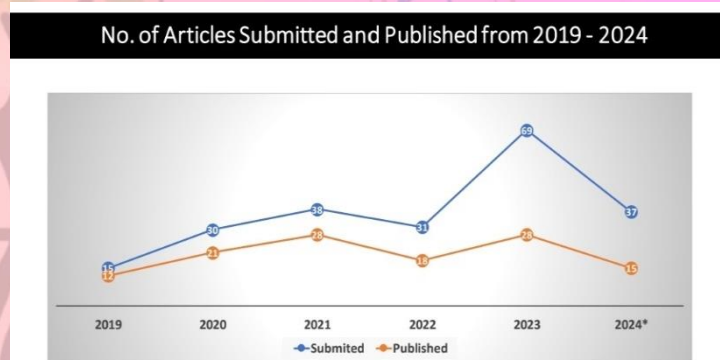
- Owned and managed under the auspices of the **TAMILNADU ORTHOPEDIC ASSOCIATION.**
- The Journal of Orthopedics and Joint Surgery (JOJS) publishes **bi-annually.**
- Open-access Journal which encourages research, education, and dissemination of knowledge in the fields of **orthopedics and joint surgery.**

The Journal is with the Jaypee brothers from 10<sup>th</sup> June 2019.

Currently Indexed and Abstracted with these Databases



Most no. of  
articles  
published by  
Authors



## Future

- International author/Original research article
- Scopus/Pubmed
- More citations
- Impact factor
- Wolter-Kluwers

## 7. Indexing Editor's Report - Dr. T.R.Ashok

Need exclusive statistician President:

1. Suggested to hire a statistician;
2. Author has to pay statistician and TN OA act as moderator
3. Requested all members to contribute to JOJS

## 2024 - Roadmap & Action plan

1. Upcoming JOJS issue vol-6 i-2 release by July 2024 at Velankanni Prof.TKS midyear CME event.
2. Working with current Jaypee publishers to improve visibility of JOJS and articles in all research platform to increase on citation and IF.
3. Taking steps to collaborate with other publishers at the best interest and the future of JOJS at all possible and upscaling measures towards higher indexing.
4. Reception of more number of original research and review type of manuscript will be encouraged.

## 8. Video Journal Editor's Report - Dr. R.Karu Shanmuga Karthikeyan

This is a channel created by TNOA in order to share and gain knowledge in the field of ever-expanding orthopaedics. This channel is open for all orthopods in order for them to gain knowledge as well as share their knowledge. Videos will be updated regularly in topics of approaches, surgical procedures, examinations, recent advances and classes for post graduates

Total videos uploaded – 5

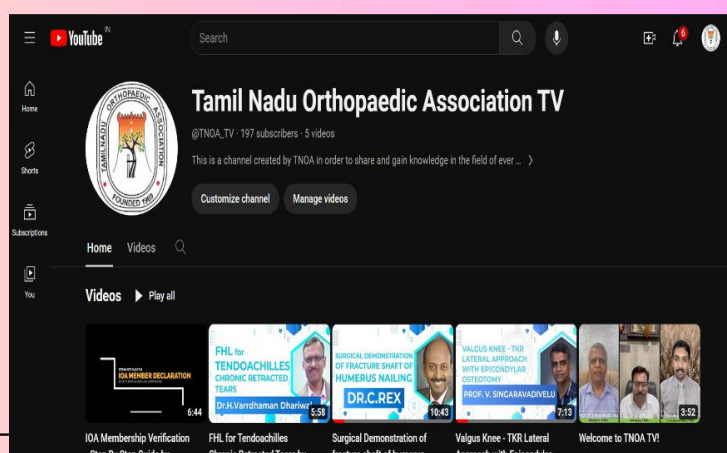
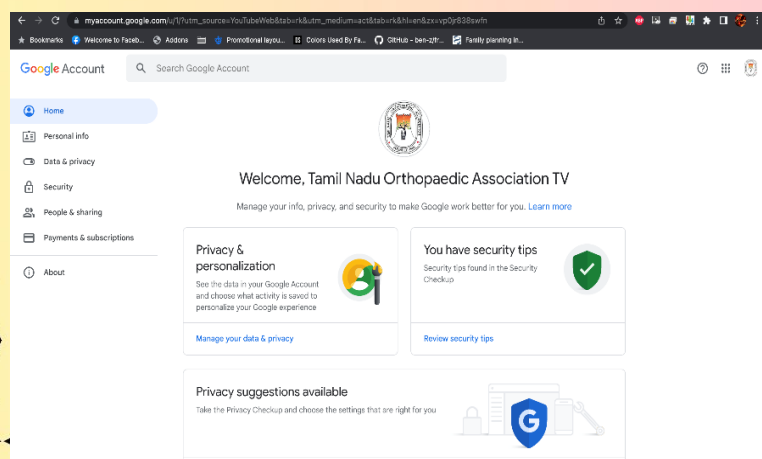
Subscribers – 197

Total Views – 1001

- All members requested and encouraged to become subscribers
- 200 Old Videos to be downloaded and re uploaded
- Password from previous VJ Secretary to be obtained
- Insisted to Post one video daily in website and post the link in all TNOA WhatsApp group

## TNOA TV

- This is a channel created by TNOA in order to share and gain knowledge in the field of ever-expanding orthopaedics. This channel is open for all orthopods in order for them to gain knowledge as well as share their knowledge. Videos will be updated regularly in topics of approaches, surgical procedures, examinations, recent advances and classes for post graduates.





### 9. Fellowship secretary's Report - Dr.C.S.Vishnu Prasad

TNOA Travelling Fellowships — 43 Applications 10 selected for TNOA Fellowship 23 selected for Observer ship programme

TNOA foreign travelling Fellowship

DR.Vishnu Senthil Chennai — selected

TNOA Prof.R.Rama Krishnan Gold Medal Conducted by Cuddalore Chola mandalam ortho club on

28/01/2024 90 students appeared for preliminary exam; 6 selected for clinical exam. DR.V.V.Gokul Dev, MMC selected ;

TNOA DR.K.R.Venkateshwar PG travelling Fellowship DR.Gokul Dev Madras Medical College selected

TNOA Chola mandalam ortho PG Research Grant DR.Jenson Moses — Coimbatore Medical College

DR.Silambarasi - Chettinad Hospital and Research Institute selected

TNOA Program — 2024

Spine Basics — SRM Medical College and Research Centre

Upcoming courses — I. Madurai Preethi Hospital

2. Tirunelveli Medical College

3. SKS Hospital

4. Ortho Re Hospital

5. Madras Medical College

TNOA Trauma Course — BOSS

Madras Medical College — 07/04/2024

Upcoming BOSS Courses

Trichy -TOC

Salem -GMKMCH

Chennai - SRMC

TNOA PG Quiz

Planned to conduct 6 PG Quiz

Secretary: Planned to conduct consultant Quiz / available for 24 hours / Self-Assessment

ROCC: Planned to organize 6 courses

### TNOA Inland travelling fellowships

- **M.S.(Ortho).**, Prof. A. J. Selvapandian-2.
- **D.Ortho.**, Dr. Muralidharan & Dr.M.Vanasekar-2.
- TNOA travelling fellowship - 4
- Fellowship Grant Rs 10,000 for 8 fellows

**TNOA travelling fellowships 43 Applications 8 selected for - TNOA fellowships**

### 25- TNOA observer ship program.

#### TNOA Foreign travelling fellowship (1)

- **Below the age of 50 years-** Dr.Vishnu senthil - Chennai Fellowship grant - 50,000 Rs.

#### TNOA-Prof.R.Ramakrishnan Gold Medal

- Conducted by Cuddalore - Chola mandalam ortho club on 28-1-2024
- 90 students appeared for preliminary exam
- 6 selected for clinical exam.

**TNOA - Dr.K.R.Venkateshwar PG Travelling fellowship - Dr.Gokuldev - Madras medical college**

#### TNOA – Chola mandalam Ortho PG Research Grant

- Received 4 proposals
- TNOA President, Secretary & Dr.Pandiyan- scrutinized the proposals.
- 1. Dr.Jenson mooses- Coimbatore medical College.
- 2. Dr.Silambarasi- Chettinad hospital and research institute.

### Professional Indemnity Insurance

They insist on one date for all insured – not possible to collect cheques from the insured

Direct payment to the New India Insurance Co Ltd without incurring higher premiums

President advised to discuss with Past President Dr.Thirumalai samy regards change over to new scheme  
Other possibilities and tie ups may be explored to get the best rates and services

#### 10. IT Wing Secretary's Report - Dr. S.Varaprasad

- Major Milestones of website Completed
- Conference websites created for TNOACON2025CUDDALORE, prof.TKS.Midyearcon2024, TamilCON 2024
- New office bearer data updation
- TNOACON subdomain Created and previous year TNOACON 2020,2023,2024
- Archive Websites like 2020,2023 & 2024 hosted on sub domains
- <https://tnoacon2020.tnortho.org>
- <https://tnoacon2023.tnortho.org/>
- <https://tnoacon2024.tnortho.org>
- Image gallery for the previous and current year TNOACON
- TNOA All India PG Quiz 2024 - launched - more than 600 postgraduates registered and 120 postgraduates participated in 1st quiz
- TNOA members quiz access from 22.4.2024
- Quiz Implementation on Tnortho and Masterclass websites
- IOA membership updation email sent to all TNOA members
- TNOA anthem updated in website with audio download option
- TNOA byelaws updated in website
- 2024-2025 Conference websites Subdomain concept implemented
- 1)tnoacon2025cuddalore.tnortho.org
- 2)TNOAprofTKSmidyearcon2024.tnortho.org
- 3)TNOATamilCON2024.tnortho.org
- Job functions for Web Admin Manager
- Web admin manager appointed from 25.2.2029 -Mr.Abhilash
- for timely update of web content,events and design of digital assets ,newsletter and calendar of events
- Communication with TNOA Members
- Coordination with Fellowship secretary regarding BOSS, ROCC, MASTERCLASS, BRACE
- Web Maintenance charges of 60k per year -Paid
- Dedicated VPS Hosting – renewed
- Email/whatsapp/sms messenger integration done for seamless communications and alerts about important events
- Monthly quiz in the website to increase website traffic-implemented
- Email Notifications has been implements. For Ex:
- IOA Notice Email sent to all TNOA Members
- Quiz Notification has been sent to all Post graduates.
- Terms, Privacy & Refund policy are updated with respective to Razorpay guidelines
- Server migration
- Third party Integrations
- SMS Gateway - Verification in progress
- Razorpay payment gateway - Verification in progress
- Email – Completed
- AI Search – In Analysis

#### In progress

- TNOA Membership: Functionality done (Waiting on Razor pay Activation)
- Sub Domain Created and added coming soon on – Waiting for Content to start creating website
- <https://tnoaproftksmidyearcon2024.tnortho.org>
- <https://tnoatamilcon2024.tnortho.org>
- Newsletter TNOA
- Cuddalore Website (In progress - Waiting for inner page content and images
- <https://tnoacon2025cuddalore.tnortho.org>
- AI Search – In Analysis
- TNOA Quiz Day Management



## 2024 In process

- TNOA members LM Certificates - digital download after login
- Content integrations and tie-ups to increase website traffic
- tnortho.org emails for Office bearers
- AI image search for TNOA Members
- Members LM Certificate digital download with QR Code
- Monthly newsletter to all members
- Quiz access to all members
- Smart Calendar of events with updation from members
- PPT access
- Razorpay payment gateway
- Interactive quiz for members\*

## 11. Best Zonal Club Award Criteria

Discussion regarding allotment of clubs to Metro / Non-Metro /District level happened;

+ Decided to place the matter for next GBM discussion

+ Criteria for best zonal club Awards selection described by DR.C.J.Ravi and EC accepted

## 12. Proposals for Multicentric Study

President requested the vice president who is in-charge of academic activities

to bring in proposals and ideas to improve multi centric studies in next EC President elect has started a multi centric study on complications arising out of native treatment of fractures which was appreciated by EC.

A Discussion with core committee in getting ethics committee approval needed to proceed with Multicentric Studies.

## 13. Zonal Reports

Presented by EC members

- Chennai - Dr.T.Aravinth
- Madurai – Dr.Prahalad Kumar Singhi
- Coimbatore – Dr.Baskaran
- North Zone – Dr.J.Dharmarajan
- South Zone – 1 – Dr.J.Balakannan
- South Zone – 2 – Dr.C.Muthuraj
- East Zone – Dr.M.Balamurugan
- West Zone – 1 – Dr.B.Bhupesh Karthik
- West Zone – 2 – Dr.S.Kumaravel
- Central Zone – 1 – Dr.P R.Ramasamy
- Central Zone – 2 – Dr.A.Arul Prasanna

## 14. Report of TNOACON 2023 Chennai final report

### REGISTRATION DETAILS –TNOACON2023

Total Registration	– 1739
Total No. of Delegates	– 1314
No of regular registrations	– 1271
No of complimentary registration	– 24
No of special invitees	– 13
No of senior citizens	– 6
Total No. of Faculties	– 320
Total No. of accompanying persons	– 105
Registrations eligible for journal index fund – 1591 (1271 + 320)	

### FUND TRANSFER TO TNOA

SEED MONEY RETURNED (DIRECTLY CREDITED TO TNOA ACCT.)	- 5,00,000
ADDITIONAL FUND FROM ORGANISING SECRETARY TNOACON 2023 (DIRECTLY CREDITED TO TNOA ACCOUNT)	- 5,00,000
JOURNAL INDEX FUND (750 x 1591)	- 11,93,250
TOTAL	- 21,93,250

## 15. Report of Organizing Secretary, TNOACON 2024 Erode - Dr. S. Natesan

### Registration Details Of TNOACON 2024

Members – 1295  
Senior Citizen – 71  
Spouse – 75  
Free Registration – 51  
IMA – 31  
Trade – 230  
Total – 1753

**Journal Fund Payable By The TNOACON 2024 To TNOA  $1366 \times 750 = \text{Rs.}1024500$**

### Contribution By TNOACON 2024

Organisers To TNOA RS. 600000 (Six Lakhs) (After Trichy TNOACON 5 Lakhs + 10% As Per TNOA BYLAWS)  
Total Amount Payable by The TNOACON Organisers  
Rs. 10,24,500 Journal Fund +  
Rs. 600000 Contribution by TNOACON = 16,24,500

### Highlights Of the Conference

Legends Talks - 8  
E - Posters - 309  
Free Papers - 306  
Invited Speakers - 287  
Panel Discussion - 18  
Medal Paper Presentation - 75  
Workshop - 4  
Total Academic Presentations - 1009  
Total Halls - 7

- **16. Report of TNOACON - 2025 – Feb 8,9 at Sangamithra Convention Center, Vanur Taluk** Instructed to consult with Expert to avoid Echo in Halls
- Hall arrangements, Number of halls, and seating arrangements were discussed
- Protocol for scientific program and TNOA mandatory program were also discussed and the EC requested to follow bylaws and TNOA protocols without any violation.
- Video teaser was released by the president
- Brochure and registration forms were released and displayed

## 17. Report of TNOA Prof.T.K.S Midyear CON 2024 – GS Resort, Velankanni. July 20,21

- REGISTRATIONS TO OPEN BY NEXT WEEK
- THEME- PEDIATRIC ORTHOPEDICS
- TNOA PRESENTS- FEMALE ORTHO ONLY SEESION
- தமிழ் அமர்வு
- Organising Committee Names announced
- Decided to conduct Additional GBM following
- Exclusive Female Orthopaedician session 2
- Scientific Committee taking full efforts

## 18. TNOA Orations

OASIS - Lift time achievement award selection 2024 President: Asked the EC members to suggest names and decision to be taken at the earliest.

Criteria: Senior most members name; Decided to discuss with core committee for selection

DR.S.R.Soundararajan suggested to Maintain the list of awardees so far.

Secretary replied that Collection of details of all awardees so far is going on



#### **19. TNOA Prof.T.K.S Midyear CON MIDYEAR CON 2025**

Trichy Ortho Club have given their willingness to conduct the event under the theme of all about Upperlimb. EC will take a decision and finalised by second EC Meeting. Madurai Ortho Club also expressed their willingness but opted out in Favor of Trichy Ortho Club.

#### **20. TNOA Election Matter**

Prof.N.Manikandan : Final Eligible voters list to be prepared Zone Wise. All election bylaws will be adhered to 3 Post of Chennai EC, 1 Post of Madurai EC, Fellowship Secretary and Vice President Posts to be filled in this year.

#### **21. Medico legal Activities**

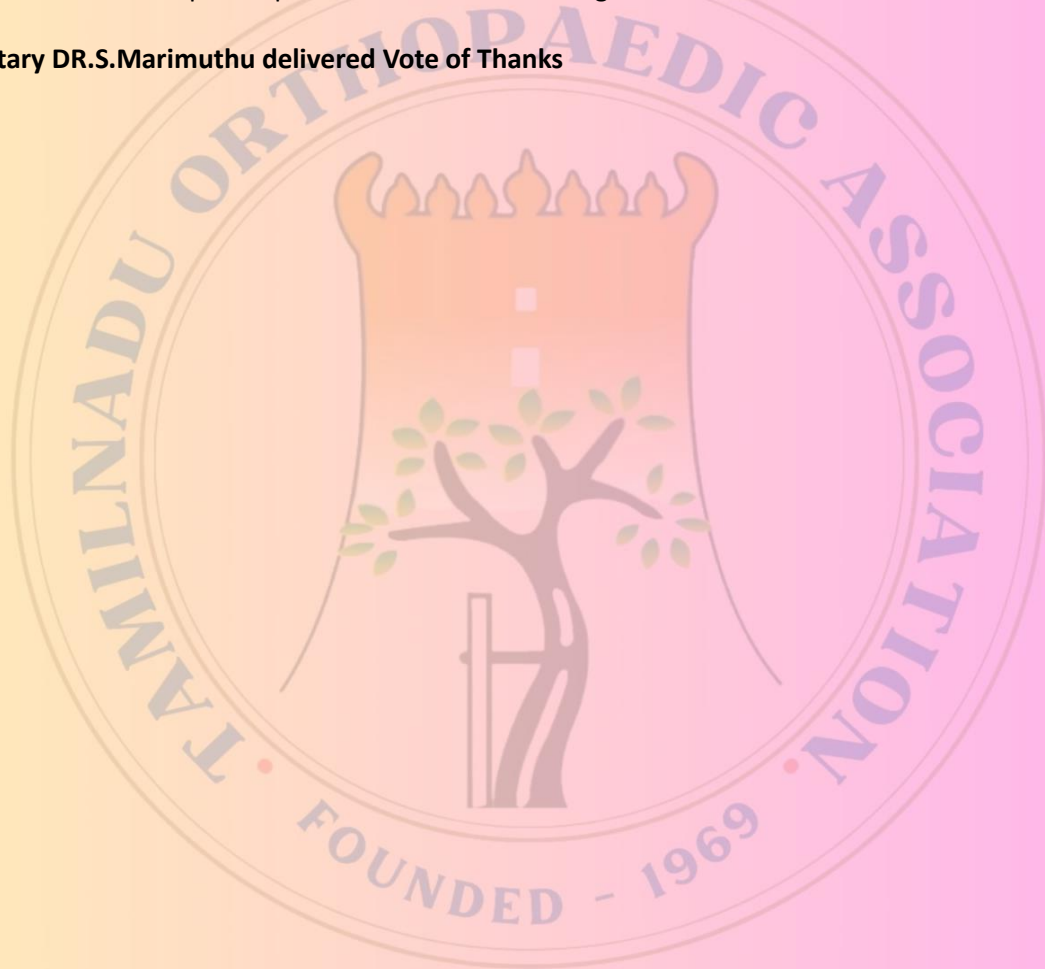
DRS.Marimuthu : live surgeries issue is only an advisory and not a court ruling hence it is being continued across all specialities if the need arises IMA or other Associations will take a legal route.

Practical Guide (or) Text book from TNOA will evaluate a uniform consent form for all orthopaedic procedure.

Medicolegal committee of TNOA to be restructured and formed before next EC.

Uniform consent form for orthopaedic procedures in Tamil and English to be framed and circulated.

#### **22.Joint Secretary DR.S.Marimuthu delivered Vote of Thanks**



## 2<sup>nd</sup> EC Meeting Held at Hotel Annamalai International, Pondichery on 02/06/2024

### Attended By

1. Dr.N.Deen Muhammad Ismail – President
2. Dr.V.Thirunarayanan – Secretary
3. Dr.N. Manikandan – President Elect
4. Dr.C.J.Ravi – Immediate Past Secretary
5. Dr.S.Marimuthu – Joint Secretary
6. Dr.A. Suresh Kumar – Journal Editor
7. Dr.T.R.Ashok – Indexing Editor
8. Dr.Karu Shanmuga Karthikeyan – Video Journal Editor
9. Dr.S.Varaprasad – IT Wing Secretary
10. Dr.A.Navaladi Shankar – EC Member , Chennai
11. Dr.T.Aravinth – EC Member, Chennai
12. Dr.Prahalad Kumar Singhi – EC Member, Madurai
13. Dr.K.Baskaran – EC Member, Coimbatore
14. Dr.Balakannan J – EC Member, South Zone – I
15. Dr.M.Balamurugan – EC Member, East Zone
16. Dr.B.Bhupesh Karthik – EC Member, West Zone – I
17. Dr.PR. Ramasamy – EC Member, Central Zone – I
18. Dr.S.Natarajan – Organizing Secretary TNOACON 2025
19. Dr.S.Abdul Hameed Ansari – Organizing Secretary TNOA Prof.T.K.Shanmugasundaram Mid-Year CON ,2024 Velankanni
20. Dr.S.Muthuraman – Organizing Secretary TNOACON 2026

### Welcome Address Prof.Dr.N.Deen Muhammad Ismail – President

President insisted that TNOA has to bag “IOA President & Secretary Appreciation Award” for Bone and Joint day activities this year and invited all the EC Members to Work more efficiently to achieve this.

President expressed the need of TNOA Indemnity scheme and insisted to include more TNOA Members. He pointed out the importance of Benevolence fund for bereaved family members and think about ideas to start such a program.

President Encouraged the EC Members to organize cadaveric course in their respective zones. President insisted to start separate TNOA Gold Medal for 1<sup>st</sup> Year post graduate students and he pointed out that it may increase the numbers of Associate members;

Further President expressed the need for separate TNOA UG Gold Medal exam as the way of spread of orthopaedic knowledge to undergraduate students; He also insisted to organize Essay writing, and to conduct practical courses like suture training and POP application program for UG students.

President requested all the EC members to organize their Zonal Club meeting with online link and to get TNMC accreditation points.

Prof.Dr.Singaravadivelu advised to organize cadaveric course for post graduate students in all Medical college under Dr.M.G.R Medical University and completion certificate made as mandatory for University exam . He also suggested to record cadaveric course and upload the video in TNOA video journal.

President instructed all the members to take this as a lead and TNOA video journal editor also accepted to upload cadaveric course video.

President released, New amended bylaws book and handed over to EC Members; He instructed to go through it and requested EC Members to inform him if any corrections to be made.

Final Bylaw Book will be released at Midyear CON – July 2024 President insisted that all TNOA members must take part in Bone and Joint activities as it reflects our social activities.

### Secretary Report

- Secretary released the minutes of previous EC Meeting held at Chennai on 21/04/2024
- He released QR Code of TNOA Calendar of Events



- President instructed EC Members to inform state office, to include their Zonal club important events into calendar of events
- President instructed to include photos of Zonal Club President, Secretary and Treasure in all report and instructed EC Members should be invited to all zonal club meeting; EC Members has to attend atleast 2 meeting per year; If No call from zonal club, EC Members may contact President for further action.

- **Secretary Released Membership Details**

Total Life Members till last GBM: 2571

New Life Members Ratified in GBM: 200

Total Life Members as on Date:  $2571 + 200 = 2771$

Total IOA Members:  $1881 + 6 = 1887$

Total Associate Members till 2023: 230

New Associate Members in 2024: 205

Total Associate Members as on Date:  $230 + 205 = 435$

AM to LM Conversion after GBM 2024 = 95 to be ratified

Associate Members as on Date:  $435 - 95 = 340$

- He released QR Code of Members Directory and Zone Wise of Members list, and book handed over to EC Members;
- President instructed to prepare Zone wise voters list which should be verified by EC Members before next EC Meeting
- President instructed that all TNOA Members name must be certified by their respective EC Members before next election; If any orthopaedicians found as Non-TNOA, Non-IOA members, EC members try to bring them into TNOA/ IOA.

- **Digital TNOA:** All TNOA members certificate has been uploaded

- **AK Gupta & OASIS Trophy:**

secretary pointed out that so far TNOA has achieved points in all category; President insisted to organize more Bone and Joint day activities in order to get Appreciation award; The theme for Bone and Joint Day Activities will be released during July month.

- For OASIS trophy, members instructed to publish more articles in JOASIS as it needs 20 articles /year/state to get maximum points for OASIS best chapter award
- It has been informed that password for JOASIS has not been handed over to chief OASIS Editor DR.Thanappan by DR.Suresh pillai so far ,President insisted to take necessary action by sending Email ;
- Discussion regarding list of members attended last OASISCON done and EC Concluded to get it from Dr.Aneen Kutty
- President advised to publish more articles and case reports in JOASIS

- **IOA Voter verification**

So far 650 members applied for verification and 600 voters verified; President appreciated the work of Secretary, video Journal Editor for their contribution in IOA Election matter

President insisted more TNOA members to be verified and included in IOA Voters list; President advised EC members to be vigilant and if any grace time given for IOA verification, they should inform all their zonal club members to undergo verification.

Past President Prof.DR.Singaravadivelu expressed an idea to display one KEY slide containing the essential activities ; during monthly Zonal club meeting.

- **Overseas Conclave:**

Secretary suggested to add one overseas member by Each TNOA members and upgrade their activities in all TNOA platform

He instructed all overseas members should be added in whatsapp group and make it more active

President advised to get articles from other countries and other states and overseas members to be invited for guest lectures

- **Indemnity Insurance**

Secretary pointed out only 80 persons of TNOA are utilizing indemnity scheme and TNOA office find's difficulty to collect cheque from the members on one date; The revised premium with effect from 01/07/2024 is very high (RS. 11,800 for

1 Crore)

Secretary explained about 2 new insurance company Cover new and Secure now, which provides more value-added services and out of court settlement upto 15 lakhs.

President appreciated the carryover facility by the newer insurance company;

EC members DR.Bupesh asked the details of compulsory excess amount (RS.12500 (or) 0.25% of claim amount and 1,00,000 (or) 5% of the claim amount whichever is less) and secretary responded that he will enquire about the issue

President advised to include legal committee members before choosing the insurance company;

DR.Bhaskar , EC Members pointed out to note the claim success rate of insurance company.

Joint Secretary DR.S. MARIMUTHU and Past Secretary DR.C.J. RAVI explained about IMA PPLLSS scheme benefits

- **TNOA Inter Zonal Cricket Tournament / Sports meet / Family Meet**

A new event of Cricket tournament / sports meet/ family meet was proposed by the Secretary. He suggested that Cricket alone may be given priority in this event as there are many TNOA members who play cricket and aspire such a tournament be conducted under TNOA banner. Also, in our annual conference Secretary explained that it's going to be non-academic meet and includes one or two sports events; He told Midwest Ortho Club is willing to host the event; Most of the EC Members accepted that the Badminton and Tennis should be conducted during TNOACON;

Prof DR.Singara Vadivelu pointed out that it should be organized as a separate event other than Saturday / Sunday ;

President advised to include family meet along with sport's meet;

DR.C.J.Ravi asked , whether to include cricket sports in upcoming TNOZCON 2025 and President replied it's upto to organizers choice to decide;

- **Midyear GBM**

President expressed the view of Past President DR.Natesan suggestion to have Midyear GBM in the pre-lunch session for 45 minutes;

DR.R.Muthuraman pointed out that there should not be no time restriction for GBM , but we can restrict the agenda.

Prof DR.Singaravadevelu pointed out it can be placed as final session and not in between lectures.

President instructed out that subcommittee members approval not needed.

President asked the organizing secretary about the time slot for GBM during Midyear CON and insisted to avoid placing controversial matter;

Prof.DR.Manikandan pointed out that we can place controversial matter in Annual GBM during TNOACON , and insisted to remove any other matters from agenda;

President replied that any other matter subject should be informed 2 weeks prior to GBM;

Secretary asked about the eligibility of ratified life members voting and DR.Singaravadevelu replied this year Midyear CON GBM needs approval by TNOACON 2005, AGBM; From Next year onwards the Midyear CON ratified life members will be eligible for vote.

Prof. DR.Manikandan insisted to get Aadhar Number for Associate Members and to get forward letter from Zonal Club President, Secretary during Associate Membership application

Secretary and DR.Singaravadevelu also accepted the view.

Treasurer DR.Saravanan pointed out , that according to society act only AGBM resolutions are legally valid.

- **Bones and Joint day activities**

DR.C.J.Ravi pointed out that last year Bone and Joint celebration certificates from IOA not received

Prof DR.Manikandan told , that EC Members to motivate Non-Involved club members , to actively participate in Bone and Joint day activities

President instructed the EC members to attend their Zonal club Bone and Joint day activities

Appreciation award for Bone and Joint day celebration will be given to Zonal club according to Numbers of event

## **Treasurer's Report**

- **TNOA ASSOCIATION – ACCOUNT**

OPENING BALANCE AS ON 20/04/2024: Rs. 33,74,831 /-

CLOSING BALANCE AS ON 31/05/2024: Rs. 23,42,998 /-

**TOTAL CREDIT**

**= Rs. 1,38,90,213/-**

**TOTAL DEBIT**

**= Rs. 1,49,32,975 /-**



- He Released the list of New FD with High Rate of Interest 7.25% for 400 days

- **TNOA TRUST – ACCOUNT**

OPENING BALANCE AS ON 20/04/2024: Rs. 7,689 /-

CLOSING BALANCE AS ON 31/05/2024: Rs. 7,689/-

He released New FD Account Details of TNOA TRUST

President appreciated the efforts taken by Treasure for FD Interest Rate escalation process

- **TNOA Office Renting issue:**

It was decided that at present, due to practical issues renting out of TNOA Building is not possible however if the EC Members likes to stay in the building, they have to send a Email to Secretary /Treasurer for accommodation, Joint Secretary DR.S.Marimuthu asked the opinion of the house regarding , deposit of funds in mutual fund & President replied not to invest in markets.

- **Best Zonal Club Award Criteria**

President advised to conduct zoom meeting with core members

- **Proposal For Multicentric Study**

President pointed out the proposal of Prof. DR.Manikandan regarding ‘complication of traditional Bone setting’ multicentric study,

Prof. DR.Singaravadelu advised to create a standard proforma for multicentric study and get Ethical committee approval and follow standard protocol;

President advised to get Ethical Committee approval from nearby medical colleges;

President told, Both Individual and institution can perform multicentric study;

Vice President explained about 2 multicentric studies involving arthroscopy field;

He identified Coimbatore, Chennai, Madurai, Hosur, and Salem to conduct the study;

- **TNOA Orations**

President proposed, DR.Ajoy prasad shetty from Ganga Hospital , Coimbatore name for TNOACON 2025 for DR.Narasimhan oration and EC accepted ;

President advised to invite / inform DR.Narasimman family members about the oration;

For TNOA Midyear CON, DR.Natesan oration , President proposed DR.Mathew Varghis from Delhi , name and EC accepted;

Dr.Muthuraman suggested to give opportunities for Rural TNOA Orthopaedic surgeon for Midyear CON oration and President advised to place the matter in AGBM, to include it in the Bylaws

- **OASIS – Honour of senior member award**

President proposed Prof.DR.K.Annamalai name and EC accepted ;

President advised to prepare a list for life time achievement;

Prof.DR.Singaravadelu suggested to prepare two list , one for life time achievement award and another for orations

- **Venue Selection of TKS Midyear CON 2015**

Secretary pointed out Trichy Ortho club has given consent to conduct the event and EC accepted

- **IOA PG Crash Course 2024**

Tirunelveli Medical College has been selected; It will be conducted on September 7<sup>th</sup> and 8<sup>th</sup> 2024

- **Editors Report**

Editors released the list of available statistician and discounted amount needed for them;

President advised to send an Email to Dr.Ashok Shyam until we get the Refund money if any from him;

Editor displaced ‘Clarivate analytics web of Science’ to get better impact factor and he requested to get more international authors and papers with geographic diversity;

President advised to involve overseas conclave members activity for JOAS;

Editors requested all EC Members to suggest atleast 2 international author name for JOAS articles;

- **Indexing Editors Report**

DR.Ashok told that , 20 articles have been received for volume 6 , 2024 journal ; It includes 5 to 6 original articles ;

DR.Aravindh pointed out the need for statistician for more original articles ;

President replied, TNOA will help in this matter and journal index fund amount RS.750/- may be used for statistician

fees amount;

DR.Ashok pointed out for 2025 volume , issue we need atleast 25 articles , which must have 12 to 15 original articles ;  
DR.Varapasath IT wing Secretary proposed to buy AI based software that can do the statistical data analysis and also very cheap and EC approved ; It will be useful for meta-analysis study

DR.Ashok suggested to include all EC members as reviewer but chief Editors DR.Suresh told, reviewer must have 10 years of Experience,

Prof.DR.Manikandan pointed out the identity of authors name should be masked while sending the articles for review and Secretary replied it is being a double blinded review only;

DR.Aravinth requested all the EC Members to nominate one international orthopaedic faculty to meet JOJS overseas requirement, EC Members from Chennai, Coimbatore, Hosur accepted the request;

#### • Video Journal Editors report

Reported that all 200 old videos have been uploaded in TNOA Youtube

President advised to contact DR.Meenakshi sundaram , Past video journal Editors to get passwords and old videos ;

Secretary pointed out none of the videos is being broadcasted in our Youtube channel, and advised to broadcast more videos;

President pointed out that from Feb 2024, the video journal Editors past will be taken over by IT Wing Secretary

#### • Fellowship Secretary Report

Since DR.Vishnu Prasath was not present , Report presented by DR.Vara prasath ;

Secretary questioned the EC, whether to display the marks obtained by candidates for fellowship programme and

President advised to display markers only to EC Members;

DR.Ajoy prasas shetty fellowship request has been received ;

DR.C.J.Ravi pointed out periodic increase of fellowship seed money to meet out inflation ;

President proposed to increase 1 lakh for every Five Years and the matter will be placed in AGBM for further discussion;

DR.Muthuraman pointed out , the names of fellowship should not be replaced ;

President pointed out to add more numbers of fellowship if needed;

President advised to place the seed money increase matter during AGBM and he suggested to raise it from 5 Lakhs to 7 Lakhs

#### • IT Wing Secretary

Reported that all 2024-2025 Conference websites sub domain concept implemented;

Reported website design completed for TNOACON 2025 cuddalore and TNOA Prof. DR.TKS Midyear CON

Reported TNOA Digital Life Members certificate download available in our website;

President advised to upload PowerPoint presented during our TNOA CME/ Conference after obtaining Email consent from concerned author;

He reported that so far 4 years of TNOACON data uploaded

President advised to recreate link for IOA;

Released top 10 ranks holder name list of TNOA PG Quiz 2024 (Arthroscopy and Sports medicine Quiz)

Upcoming Master class will be on June 4<sup>th</sup> – “Saving limbs with Ilizarov”

Reported the completed work and work in progress details and web admin task report;

President advised to release Quiz answer with explanation and invite all the associate members to participate in upcoming master class;

#### • தமிழ் கருத்தரங்கம்

விழாச்செயலாளர் மரு.சு.மாரிமுத்து விழா குறித்து காணொளியை வெளியிட்டார் ; சேர்க்கை படிவம் வெளியிடப்பட்டது .

தமிழ் கலைச்சொற்கள் அடங்கிய அகராதி வெளியீடு குறித்து தலைவர் அவர்கள் , தமிழ் வளர்ச்சித்துறை ஆலோசகர் திரு. செம்மல் மற்றும் மணவை முஸ்தபா போன்றோர்களிடம் ஆலோசனை பெறுமாறு அறிவுத்தினார்.

#### • Report of organizing secretary TNOACON 2025

Reported about the TNOACON 2025 event in details;

DR.Singaravadivelu advised to allot one hour for TNOA BAND and Secretary instructed to allot RS. 15,000/- as remuneration for TNOA BAND;

Secretary instructed to get consent from vice President and Joint Secretary for all Paper's including medal papers;

For Medal Paper's Jury will be selected by TNOA



Secretary instructed to release first printed brochure of TNOACON 2025 during August 2024 and entire scientific papers list should be prepared before Jan 15<sup>th</sup> 2025;

Secretary instructed the Organizing Secretary to include mandatory TNOA programmes in upcoming TNOACON 2025; Organizing Secretary released the organizing committees list of names;

He also released the registration tariff and Residential packages details;

Organizing secretary released the list of proposed faculties and Hall arrangements and time slot allotted for sub specialities;

He displayed the overall Top Angle view of TNOACON 2025 Venue Map;

He Released the teaser of TNOACON 2025

President instructed to invite IOA President and Secretary by Email and Pondicherry President and Secretary as Chief Guest;

Secretary pointed to verify Associate members status before placing their papers in TNOACON 2025;

- **Report of Organizing Secretary TNOACON 2026 – Nellai**

DR.S.Muthuraman Reported , that the Venue for TNOACON 2026 will be at courtallam and ensured excellent arrangement by Nellai Orthoclub

- **Report of Organizing Secretary TNOA Prof.T.K.S. Midyear CON 2024**

DR.S.Abdul Hameed Ansari Reported details about the Venue , Organizing Committee members , and the theme Paediatric orthopaedics , Scientific session details and PG Medal session in Paediatric Orthopaedics

- **Tamil Committee plan of action**

இணைச்செயலாளர் மரு.சு.மாரிமுத்து , தமிழ்க்குழு உறுப்பினர்களின் செயல்முறைகள் குறித்து ஆலோசிக்கப்படும் எனக்கூறினார் .

தலைவர் அவர்கள், காணொளி மூலம் ஆலோசனை மேற்கொள்ள அறிவுறுத்தினார்.

தமிழ் அமர்வு என்றும் பெயர் செயற்குழுவால் ஏற்றுக்கொள்ளப்பட்டது.

- **TNOA Election Matters**

OR Code copy and list of Zone vice members of TNOA handed over to Vice President;

- **Medical Legal Committee**

DR.S.Marimuthu pointed out to that single consent form for all procedure is not legally valid ;

President advised to prepare consent form in Tamil Language first and will discuss it during next meeting;

- **Zonal Reports**

Presented by EC members

- Chennai - Dr.T.Aravinth
- Madurai – Dr.Prahald Kumar Singhi
- Coimbatore – Dr.Baskaran
- North Zone – Dr.J.Dharmarajan
- South Zone – 1 – Dr.J.Balakannan
- South Zone – 2 – Dr.C.Muthuraj
- East Zone – Dr.M.Balamurugan
- West Zone – 1 – Dr.B.Bhupesh Karthik
- West Zone – 2 – Dr.S.Kumaravel
- Central Zone – 1 – Dr.P R.Ramasamy

Central Zone – 2 – Dr.A.Arul Prasanna

Vote of Thanks

Given by Joint Secretary DR.S. MARIMUTHU.



**FELLOWSHIP SECRETARY'S REPORT**  
**Dr. C.S.Vishnu Prasad**



Distinguished Members, Greetings

I am happy to invite applications from eligible members for the following TNOA Fellowships 2023-24.

For Life Members

**A. INLAND FELLOWSHIPS**

i. TNOA Prof. A. J. Selvapandian Travelling Fellowship (2 Candidates)

- For M.S. Ortho., / DNB.Ortho

ii. TNOA Dr. R. Muralidharan - Dr. M. Vanasekar Travelling Fellowship(2 Candidates)

- preferably D.Ortho.,

iii. TNOA Inland Fellowships(4 Candidates)

-M.S.Ortho / DNB.Ortho.,

iv.TNOA Prof.M.Chidambaram-Prof.R.Sivakumar Travelling fellowship in Trauma( 1 Candidate)

-M.S.Ortho / DNB.Ortho.,

iv. TNOA observership programme

**TNOA INLAND TRAVELING FELLOWSHIP CENTRES**

Ortho one hospitals, Coimbatore

Ganga hoapitals, Coimbatore

Preethi hospitals, Madurai

Devadoss hospitals, Madurai

KMCH, Coimbatore

Olympia hospitals, Trichy SIMS, Chennai

REX hospitals, Coimbatore

SBS hospitals, Hosur.

SKS hospitals, Salem

**B. FOREIGN FELLOWSHIPS**

iv. TNOA Prof.A.Subramanian Foreign travelling Fellowship

Age limit more than 50yrs

Conducted once in 2 years (available for this year)

The selected candidate would be sent after perusal of his application.

**C. INLAND FELLOWSHIP (1 no.)**

v. TNOA Dr. K. R. Venkateshwar Memorial PG Travelling Fellowship - 1 Fellow / year

• Exam would be conducted in month of February during Cuddalore conference.

• Fellowship Grant Rs.10,000/-

vi. TNOA-Prof.R.Ramakrishnan Gold Medal

• Exams will be conducted in the month of December / January every year by the organizers of next TNOACON.

Vii. TNOA - Cholamandalam Ortho PG Research Grant

● There shall be two beneficiaries / year.

• This CASH AWARD is to be offered to PG students of Orthopedics for performing research work.

For more details about these fellowships please visit our website <http://www.tnortho.org>

Download TNOA app (Android & iOS)

Thank you one and all. Long Live TNOA



## Selection Criteria for our Inland Fellowships

**TNOA Prof. A.J. Selvapandian Inland Travelling Fellowship (2) &  
TNOA Dr. R. Muralidharan-Dr. M. Vanasekar Inland Travelling Fellowship (2)  
TNOA Inland Travelling Fellowship (4)  
TNOA Prof.M.Chidambaram-Prof.R.Sivakumar Travelling fellowship in Trauma( 1 Candidate)**

**Basic Qualification** : M.S. Ortho / DNB Ortho for The Prof. A.J. Selvapandian TNOA Travelling Fellowship.  
D. Ortho for Dr. R. Muralidharan - Dr. M. Vanasekar TNOA Travelling Fellowship.  
If there are no applications from D.Ortho candidates, MS Ortho or  
DNB candidates with basic D.Ortho qualification can be allowed to apply.

**Age** : Upper age limit 45 years as on 30-11-2020.

Any member who had already undergone our inland fellowship cannot apply for a second time.  
Only life members of TNOA can apply.

The selection committee shall comprise of the President, Secretary and the Fellowship secretary of TNOA.  
Decision of the selection committee shall be final.

		Maximum
A.	<b>Years after Qualification</b>	<b>10 marks</b>
B.	<b>Publications</b>	<b>10 marks</b>
C.	<b>Presentations (Including Poster Presentation)</b>	<b>10 marks</b>
D.	<b>Special Criteria</b>	<b>5 marks</b>
A.	<b>1 mark per every completed year</b>	

M.S. Ortho / Dip NB Ortho for the Prof A.J. Selvapandian TNOA Travelling Fellowship D.Ortho for The  
Dr. R. Muralidharan - Dr. M. Vanasekar TNOA Travelling Fellowship

B.	<b>Publications</b>	
	State level publications	each 1 mark
	National level publications	each 2 marks
	International level publications	each 3 marks

C.	<b>Presentations</b>	
	State level presentations	each 1 mark
	National level presentations	each 2 marks
	International level presentations	each 3 marks

**(Poster presentation will be considered at par with paper presentation)**

D.	<b>Special criteria</b>	
	<b>Award winner, Medal winner (In Orthopaedics only)</b>	each 2 marks

**(In the event of a tie, age seniority will be considered)**



## TAMILNADU ORTHOPAEDIC ASSOCIATION TRAVELLING FELLOWSHIP

TNOA Prof. A.J. Selvapandian Inland Travelling Fellowship

☐

TNOA Dr. R. Muralidharan-Dr. M. Vanasekar Inland Travelling Fellowship

☐

TNOA Inland Travelling Fellowship

☐

TNOA Prof.M.Chidambaram-Prof.R.Sivakumar Travelling fellowship in Trauma

☐

1. Name :

2. Age & Date of Birth :

3. Designation/Office Address :

4. Address for Communication :

5. Post held in Govt. Service /  
Private Institution :

6. Qualifications (Please enclose necessary evidence)

Degree Date of obtaining

University

7. TNOA Life Membership Number :

8. Papers Presented :  
(Please enclose necessary evidence)

9. Papers Published :  
(Please enclose necessary evidence)

10. Medals / Awards received :  
Related to Orthopaedics only  
(Please enclose necessary evidence)

11. Field of interest :

12. Details of any previous Fellowship :

### Declaration

I hereby certify that the information given in this application is true and accurate to the best of my knowledge.

Date :

Signature

Note : If space provided is inadequate, please provide the information on a separate sheet. The application has to be sent in **triplicate** alongwith three sets of xerox copies of evidences / certificates.



## **Selection Criteria for TNOA Prof. A. Subramanian Foreign Travelling Fellowship**

- Only TNOA Life Members can apply.
- This fellowship is once in 2 years.
- Basic Qualification : MS. Ortho / DNB Ortho
- Age : Above 50 years as on 30.11.2020
- The Selection Committee comprises The President, TNOA, The Secretary, TNOA and The Fellowship Secretary, TNOA.
- Decision of the Selection Committee shall be final.
- The interest money of the foreign fellowships fund shall be handed over to the fellow after their completion of their fellowship.
- Anyone who has gone for a TNOA Foreign Fellowship cannot go for a second time.

### **SELECTION CRITERIA**

A. BASIC QUALIFICATION :	3 MARKS
B. PUBLICATIONS :	25 MARKS
C. PRESENTATIONS :	15 MARKS
D. SPECIAL CRITERIA :	2 MARKS
TOTAL : 45 MARKS	

A. BASIC QUALIFICATION :	3 MARKS
· MS. Ortho or DNB Ortho -	2 marks
· D. Ortho -	1 mark

B. PUBLICATIONS :	25 MARKS
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- Publications / Presentations on the same subject will be considered only once
- Publications / Presentations as Original Author only will be considered
- National Journals – 2 marks each for a maximum of 10 marks
- International Journals – 2.5 marks each for a maximum of 10 marks
- Published Original Orthopaedic Research work – 5 marks

C. PRESENTATIONS :	15 MARKS
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- National Meets – 1 mark each for a maximum of 10 marks
- International Meets – 2.5 marks each for a maximum of 5 marks

D. SPECIAL CRITERIA :	2 MARKS
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- Award winner
- Medal winner

In the event of a tie, age seniority will be considered.



## **TNOA - Cholamandalam Ortho PG Grant**

The TNOA - Cholamandalam Ortho P G Grant was created by the organizers of the TNOACON 2005 at Cuddalore to provide financial grant to two deserving post graduate students in the State of Tamil Nadu. The selection of recipients every year is based on their academic credentials and research work.

The Heads of the Orthopaedic Departments of Teaching institutions in Tamil Nadu are requested to forward the name of one candidate in their institution based on his research aptitude, work output and academic thrust shown by the candidate. The name along with a brief note on his work and the justification and recommendation of the Head of Department should reach the Secretary, Tamil Nadu Orthopaedic Association on or before 30th November 2022. The awardees shall be finalized by a TNOA committee constituted for the purpose.

**Dr.V.Thirunarayanan**  
TNOA- Secretary.

### **Tamil Nadu Orthopaedic Association Address Update Form**

L.M.No	Name & Address	New Address ( to be included in TNOA directory)
		Hospital / Clinic
		Residence
		Phone No:
		E – Mail :

**Please Send this form to**

**Dr.V.Thirunarayanan - LM/T/38**  
**New no: 27, First Street,**  
**Dandayudapani Nagar, Kotturpuram**  
**Chennai - 600 085, Tamil Nadu**  
**Mobile: 9940409861**  
**Email: thiruorthokmc@gmail.com**  
**secretarytnoa@gmail.com**



## Fellowship Secretary Report

### TNOA ACADEMIC PROGRAMMES 2024

Every year TNOA actively conducts educational programmes for its benefactors to propagate the culture of lifelong learning among orthopaedicians. This year four programmes are organised under the aegis of the TNOA president's programme.

1. TNOA BOSS course 2024
2. TNOA BSC 2024
3. TNOA ROCC PROGRAMME 2024
4. TNOA ONLINE ALL INDIA POSTGRADUATE QUIZ 2024

#### 1. TNOA BASIC ORTHOPAEDIC SURGICAL SKILLS COURSE – 2024

Tamilnadu orthopaedic association (TNOA) conducted the basic orthopaedic surgical skill course (BOSS) for the beginner surgeons. For learning basic skills such as:

Basic trauma skills course  
Basic principles in trauma with video demonstration  
Saw bone model workshop.  
Cadaver based learning of exposures

The 3<sup>rd</sup> BOSS course was conducted at Madras Medical college & RGGGH on 7<sup>th</sup> April 2024 with special focus on lower limb exposures.

BOSS workshop on "fractures around the hip" was conducted at the SRM university with both cadaver workshop and saw bone model for training young surgeons.

Two BOSS courses are being planned at Trichy and Salem.

Trichy Orthopaedic Society & Trichy  
SRM Medical College  
Combined initiative

# BOSS Course

Basic Orthopedic Surgical Skills  
training course on the following  
surgical fixations with a bone  
model, Hands-on-training

- Tension Band Wiring
- Locking Compression plate fixation
- Lag Screw Fixation
- PFN/Interlocking nails

**30 JUNE 2024**

Venue  
Dr.B.C Roy Hall, SRM Medical College,  
Irungalur, Trichy



## TNOA BASIC SPINE COURSE- 2024

To impart the basic skills required for a spine surgeon, the BSC course was organised, initially at SRMC. Renowned spine surgeons from all over Tamil Nadu attended and imparted wisdom. The workshop included:

- Patient positioning
- Haemostasis
- Spine instrumentation
- Dural repair
- High speed burr usage

After the enthusiastic response received for the course, three more are in the works, locations being Preethi hospitals Madurai, Tirunelveli medical college, SK hospital, Salem, Ortho one hospital Coimbatore and MMC.



## 3. TNOA Resident Orthopaedic Clinical Classroom PROGRAMME 2024



TNOA ROCC is a monthly endeavour conducted on the first Saturday of every month at 11 am. Every classroom has:

- Basic orthopaedic surgery explained step -wise for the postgraduate (live/recorded)
- Case presentation by the postgraduates- overseen by mentor
- Lecture by a faculty.

Postgraduates attend the session online, (hosted by CLIRNET) and can interact live with the faculty, making the experience fruitful.

### Upcoming ROCC programmes:


- Devadoss hospital, Madurai- April
- Rex hospital Coimbatore- May
- Omandhurar medical college –June
- SRMC- July
- SKS hospital, Salem – August
- Preethi hospital, Madurai- September


**TNOA-ROCC-**  
**Tamil Nadu Orthopedic**  
**Association**

TNOA is organising TNOA - ROCC,  
Resident Orthopaedic Online Clinical Classroom

Date: 5th May, 2023 Sunday | Time: 11:30 AM - 01:30 PM  
Organized By  
The Institute of Orthopaedic Research And Accident Surgery (IORAS)  
Devadoss Multispeciality Hospital, Madurai

**Speakers**

**Prof. A. Devadoss**  
M.B.B.S., M.Ch., Ortho (Liver pool), F.R.C.S. (Edin.),  
F.R.C.S. (Surg.), F.A.M.S.A., D.Sc., (Honorary Cause)

**Dr. Vibhukrishnan Viswanathan**  
M.B.B.S., M.S., DNB (Ortho), FNB Spine, MHAAS, M.Ch. Ortho  
(USA), Dip. SICOT (Prague), DTB (Sing), Pgdiplom

Topic	Speaker
Clinical Examination of Hip Joint	Prof. A. Devadoss M.B.B.S., M.Ch., Ortho (Liver pool), F.R.C.S. (Edin.), F.R.C.S. (Surg.), F.A.M.S.A., D.Sc., (Honorary Cause)
Case Discussion for Pg's Hip Case Infected Non Union	Prof. A. Devadoss M.B.B.S., M.Ch., Ortho (Liver pool), F.R.C.S. (Edin.), F.R.C.S. (Surg.), F.A.M.S.A., D.Sc., (Honorary Cause)
Clinically Examination of Spine	Dr. Vibhukrishnan Viswanathan M.B.B.S., M.S., DNB (Ortho), FNB Spine, MHAAS, M.Ch. Ortho (USA), Dip. SICOT (Prague), DTB (Sing), Pgdiplom

TNOA 45<sup>th</sup> PRESIDENT'S THEME (2024 - 2025):  
ENLIVEN MULTICENTRIC RESEARCH ENLIGHTEN AND EMPOWER YOUNGSTERS  
IOA PRESIDENT THEME (2024 - 2025):  
HARMONISING HEARTS, HEADS & HANDS TO HEAL

Digital Partner  
**CLIRNET**



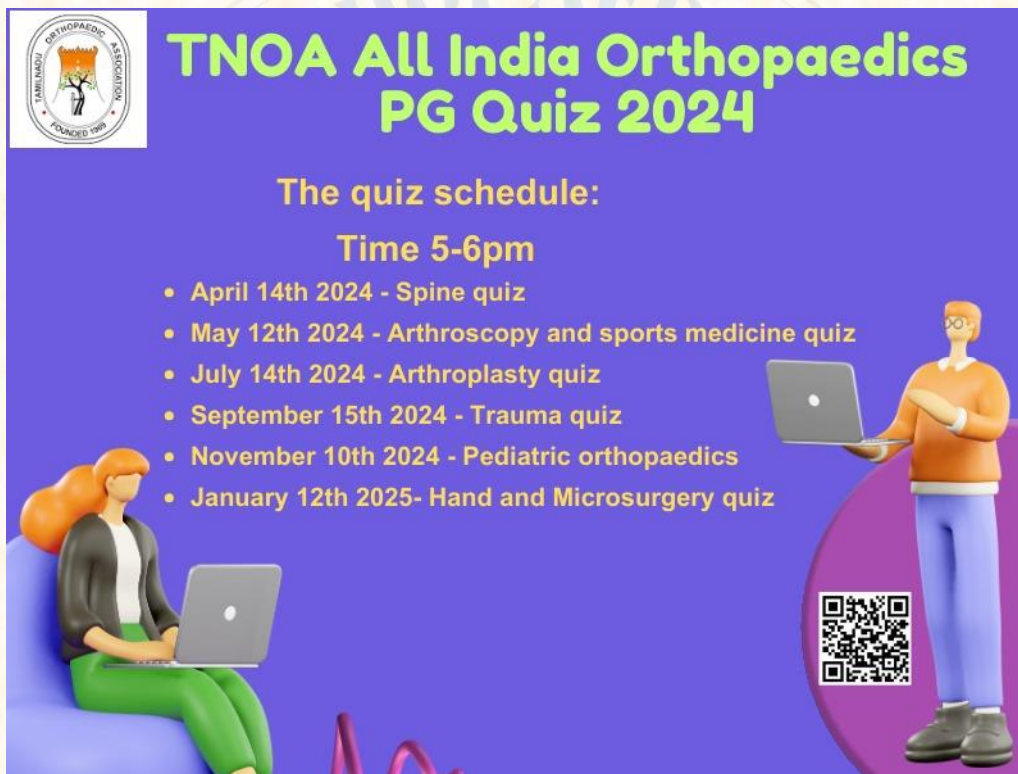
#### 4. TNOA ONLINE ALL INDIA POSTGRADUATE QUIZ PROGRAMME – 2024

An initiative to encourage Orthopaedic postgraduates from all over India to showcase their knowledge and to develop a healthy competition among peers by means of quiz programme, we began the online PG quiz in the month of April 2024.

The quiz was hosted online by an AI app – Acceltop. We had overwhelming response with the registrations. Quiz schedule:

- April 14<sup>th</sup> 2024 – Spine
- May 12<sup>th</sup> 2024 – Sports medicine and Arthroscopy
- July 14<sup>th</sup> 2024- Arthroplasty
- September 15<sup>th</sup> 2024 – Trauma
- November 10<sup>th</sup> 2024 – Paediatric orthopaedics
- January 12<sup>th</sup> 2025 -Hand and microsurgery.

Students answer 60 questions in 60 minutes. Online rank list is generated.



The poster for the TNOA All India Orthopaedics PG Quiz 2024 features a blue background. In the top left corner is the TNOA logo, which includes a tree and the text 'TAMIL NADU ORTHOPAEDIC ASSOCIATION' and 'FOUNDED 1991'. The main title 'TNOA All India Orthopaedics PG Quiz 2024' is written in large, bold, yellow-green letters. Below the title, the text 'The quiz schedule:' is followed by 'Time 5-6pm'. A list of quiz dates and topics is provided in yellow text: April 14th 2024 - Spine quiz, May 12th 2024 - Arthroscopy and sports medicine quiz, July 14th 2024 - Arthroplasty quiz, September 15th 2024 - Trauma quiz, November 10th 2024 - Pediatric orthopaedics, and January 12th 2025- Hand and Microsurgery quiz. On the left, a 3D illustration of a woman with orange hair sitting on a blue surface and using a laptop is shown. On the right, a 3D illustration of a man with orange hair and glasses standing and holding a laptop is shown. A QR code is located in the bottom right corner of the poster.

**TNOA All India Orthopaedics  
PG Quiz 2024**

**The quiz schedule:**  
**Time 5-6pm**

- April 14th 2024 - Spine quiz
- May 12th 2024 - Arthroscopy and sports medicine quiz
- July 14th 2024 - Arthroplasty quiz
- September 15th 2024 - Trauma quiz
- November 10th 2024 - Pediatric orthopaedics
- January 12th 2025- Hand and Microsurgery quiz



## TNOA MMC ROCC - June 2024

The recent conducted TNOA MMC ROCC session, which was in a hybrid manner, was a resounding success. The highlights of the event are as follows. 1. Held on June 22, 2024, Saturday, it combined in-person attendance with a live online stream to accommodate a larger audience. 2. The event was hosted by the Institute of Orthopaedics and Traumatology, Madras Medical college & Rajiv Gandhi Government General Hospital, Chennai. 3. Course Chairman Prof.V.Singaravadivelu conducted the program with active participation from all professors, assistant professors and postgraduate students of IOT. 4. Over 50 participants joined physically at the Ortho Seminar Hall at MMC, while an additional 1000 members with pan India presence, attended virtually. 5. This event was planned to be conducted along with a satellite centre each month and for this meeting, The faculty and students of Department of Orthopaedics, Government Tirunelveli Medical College participated as members of satellite centre. 6. As a first of its kind the event was held with help of a recently installed Smart board at Ortho Seminar Hall, MMC. 7. Prof. N.Deen Muhammad Ismail, President TNOA, Prof.V.Thirunarayanan, Secretary TNOA and Prof. Amarnath Sowlee, President MOS participated as special invitees for the event. 8. The academic agenda included long case presentation from a Postgraduate student of MMC with live interaction from faculty members of both MMC and GTVMC, Tirunelveli. 9. Likewise a postgraduate student from GTVMC presented a very interesting short case which involved in depth discussion between the students and faculty members of both institutes. 10. As an added agenda a hand case was discussed as spotter. 11. The panelists for the event were Prof.V. Singaravadivelu, Prof.T.Tholgappian and Prof.B.Pasupahty from Madras Medical College and Prof.N.Manikandan, Prof.Suresh Kumar and Dr.S.Dinesh from Government Tirunelveli Medical College. 12. The interactive format allowed both in-person and virtual attendees to engage in real-time Q&A sessions. Feedback from participants highlighted the session's educational value and the convenience of the hybrid model, suggesting strong interest in future similar events. 13. Prof.V.Singaravadivelu in his concluding words declared that this event would be a regular and recurring event every month, second Saturday, with different institutes as a satellite centre. Photos taken during the event are as follows.

**MMC - ROCC**

  
**IOT - MADRAS MEDICAL COLLEGE (MMC)**  
*In Association With*  
**TAMILNADU ORTHOPEDIC ASSOCIATION (TNOA)**  
*Proudly Presents*  
**MMC - ROCC**  
**Resident Orthopedic Clinical Classroom**

**JUN | 22 | 2024** **Saturday** **12 - 2 PM**

**VENUE**  
MMC Ortho Seminar Hall,  
Ground Floor, Tower 3


**TO JOIN**  
<https://www.mymtr.co.in/mymtr/>  
CLICK HERE

Dear Students

The much awaited MMC ROCC is back again with improved audio and video quality. It will be organised every month 2nd Saturday. There will be exhaustive clinical case discussions and all the doubts will be cleared by experienced Professors who are regular examiners

There will be an invited Institution every month with the faculty and the students who can interact. The other institutions can chat and get their doubts cleared. There will be interesting long case and short case discussion

Best Wishes and Happy Learning

**COURSE DIRECTOR**  
  
**Prof. V. Singaravadivelu**  
MBBS, MS(Ortho), Ph.D  
Director and Prof - Institute of Orthopedics-MMC

**Special Guest**

  
Prof. NDM Ismail  
President - TNOA

  
Prof. V. Thirunarayanan  
Secretary - TNOA

  
Prof. Amarnath Sowlee  
President - MOS

  
Dr. Ponraj  
Secretary - MOS

**Satellite Centre Faculty**

  
Prof. N. Manikandan  
President Elect TNOA  
Tirunelveli Medical College

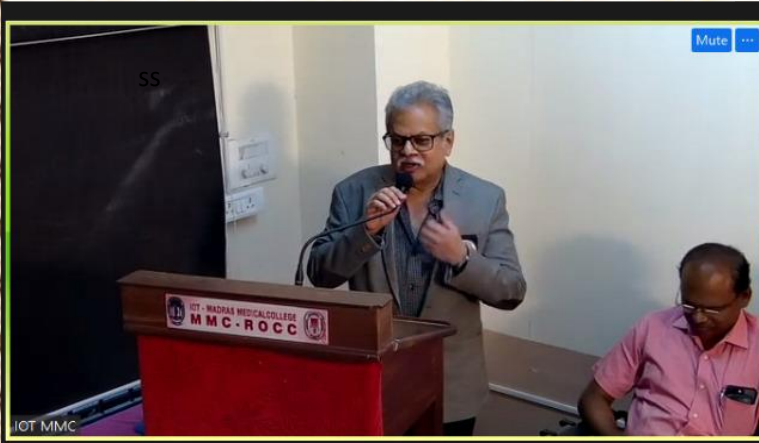
**AGENDA**

- Inauguration 11.30 AM - 12.00 PM
- Welcome address: Prof.V.Singaravadivelu
- President address: Prof.NDM Ismail
- Secretary address: Prof.Thirunarayanan
- MOS President address: Prof. Amarnath Sowlee
- Case Presentation : Long Case 1 & Short Case 1

  
**SCAN & SHARE SUGGESTIONS**

**For Registration Queries : Dr Udhayakumar +91 81485 21864**







## Treasurer Report



- ❖ We have reactivated the dormant TNOA Trust Account after 5 years. Transfer Rs. 500 / Month for making Trust account live and EC has accepted the proposal.
- ❖ We have converted the duration of Fixed Deposits maturity period from 12 months to 440 days for availing the increased interest rate from 5.5% to 7.2% / annum, to the benefit of our association.
- ❖ Tax Deduction at source of the interest from the fixed deposits Rs.1,08,571/- was deducted for the last financial year. Bank Manager Indian Bank have been sensitised regarding our tax exemption status and they have reversed as on date the tax deductions at source for all our fixed deposits and assured that further deductions will not be done.
- ❖ Societies act registration for the year 2022 have been completed. Registration for the year 2023 will be completed after the TNOA Prof.TKS.Mid-Year CON

### TNOA ASSOCIATION – ACCOUNT

**Name: Tamilnadu Orthopaedic Association**

**A/c: 705855990**

**IFSC: IDIB000C017**

**Indian Bank chetput branch**

### TNOA ASSOCIATION – ACCOUNT

- ❖ **OPENING BALANCE AS ON 20/04/2024: Rs. 33,74,831 /-**
- ❖ **CLOSING BALANCE AS ON 31/05/2024: Rs. 23,42,998 /-**

### TNOA – CREDIT

- **Membership**
  - TNOA & IOA LM 6 x 10000**
  - TNOA LM 3 x 5000**
  - TNOA AM 7 x 9000** = **Rs. 1,38,000 /-**
- **The Professional Indemnity Scheme Fund** = **Rs. 9,440/-**
- **From TNOACON 2024 ERODE final settlement** = **Rs. 1,25,000/-**
- **TDS Tax refund** = **Rs.1,10,450/-**
- **Old fd closed amount** = **Rs.1,35,07,323/-**
- TOTAL CREDIT** = **Rs. 1,38,90,213/-**



#### TNOA- DEBIT

• To Premkumar Office Secretary Salary,		
Cleaning & Petrol Expenses	=	Rs.29,780/-
• To Abilash web admin salary & Petrol	=	Rs.15,600/-
• To TDS Tax Amount	=	Rs.3,584/-
• Canva app yearly subscription	=	Rs. 4,000/-
• The Professional Indemnity Scheme Fund	=	Rs. 9,440/-
• Printing & Xerox Expenses	=	Rs.13,210/-
• Seed Money for TNOACON 2025 Cuddalore	=	Rs.5,00,000/-
• TNOA Prof R Sivakumar and Prof M Chidambaram Trauma Fellowship FD	=	Rs.5,00,000/-
• New FD with high rate of interest @ 7.25% for 400 days	=	RS.1,38,57,361
<b>TOTAL DEBIT</b>	<b>=</b>	<b>Rs. 1,49,32,975 /-</b>

#### **New Fixed Deposit Details**

- New FD with high rate of interest @ 7.25% for 440 days = RS.1,38,57,361

7777568912	Rs.613351
7777570578	Rs.614178
7777565354	Rs.1550000
7777563276	Rs.6500000
7777573342	Rs.579832
7777574914	Rs.4000000

#### TNOA trust – ACCOUNT

A/c: 705855785

Tamilnadu Orthopaedic Association

IFSC IDIB000C017

Indian Bank chetpet branch

- OPENING BALANCE AS ON 20/04/2024: Rs. 7,689 /-
- CLOSING BALANCE AS ON 31/05/2024: Rs. 7,689/-
- **TOTAL FD AMOUNT IN ASSOCIATION ACCOUNT = RS.2,05,34,202/-**

**Complete audited account statement will be submitted in the AGBM**





## Editorial Team Report



JOJS is an official journal of TNOA - Tamilnadu Orthopaedic association.

- Journal was started in 2019 with Jaypee Brothers as publishing company.
- Its a bi- annual journal with eISSN 2582-7863 only, released twice per year.
- JOJS consists of Editorial team and editors for various subspecialties like arthroscopy, arthroplasty, spine, Paediatric orthopaedics and orthobiologics.
- It has an advisory editorial team consisting of senior professors with expertise in the or- thopaedics for decades promoting research work at various levels.
- JOJS editorial team and TNOA office bearers and members of various period / tenure un- der guidance and mentorship of senior professors and advisory editorial team members through their consistent and continuous hard work and efforts got indexed in DOAJ - Di- rectory of open access journals by October 2023, as a part of NMC recommendations for journal indexing.
- As of 2024, 6 volume and 10 issues of JOJS released with global reception of scientific article, consisting of various type of manuscripts form case report to systematic review with increasing level of evidence, contributing to research community with synthesis of new ideas and innovations in the field of musculoskeletal disease and management.
- All scientific manuscripts will be submitted only through JOJS website, currently 107 manuscripts published.
- NO charges will be incurred from the author for submission or publication to JOJS.
- ORCID compliance is mandatory for all authorship status.
- JOJS provides a pivotal platform for the researchers of orthopaedic community independent of the geographic boundaries for publishing their scientific work for the future progress in the management of various musculoskeletal pathologies.
- Current issue of July 2024 contains 24 articles across India, Original Article -17, Case Report-4, Case series -3
- Requesting TNOA members abroad to subscribe to JOJS
- For submission of articles <https://www.jojs.in/journals/JOJS>

For More details, please contact

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## IT Wing Secretary Report



### TNOA Website

- TNOA Image & Content updates
- Mail Zoho Integration
- Server Migration
- Email Marketing Setup & Integration
- SMS Gateway Integration – Waiting for document
- Phone Pe Payment Gateway Integration – Waiting for document
- Blog Updates
- Quiz Campaigns & Result announcement
- SMTP Integration for emails
- AI Analysis on Search and Chat option – In Analysis

### TNOA Member Login

- TNOA Certificate Generation Module
- Email Delivery issue fixed by third party SMTP Integration
- TNOA Quiz
- TNOA Anthem Module
- Sitemap Reconstruction
- Design modification and options
- Email Queuing is Implemented
- Admin Side Option to manage LM No and PDF generation option provided

### TNOA Cuddalore

- Base Website Developed
- Complete Revamp of website from Cuddalore team with just flyers is developed.
- Next milestone Content updates and inner pages completed
- Again Revamp of website with colors and content like TNOA Erode.
- Early bird Register form Implemented. Later Switched to google form
- Registration form created with register, login, bank payment option is implemented. But was asked to remove
- Waiting for Inner page content like Abstract and other content of the website
- Waiting to enable payment gateway to implement data.
- Later was asked to implement Bangalore chapter login/register. But Still Not sure what to do with payment integration, so put on hold.

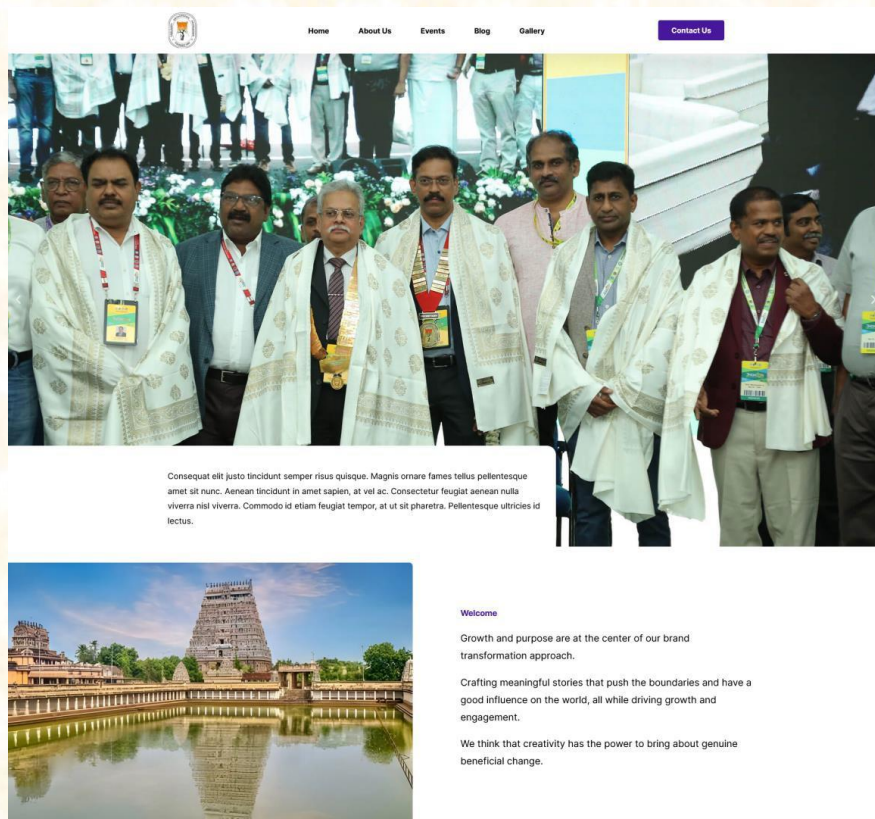
### TNOA Prof.TKS Midyearcon

- Base Website Developed
- Complete Revamp of website from team with just flyers is developed.
- Yet to receive, Exact content or any registration related informations



## TNOA Sub Association Website

- Sample Website Development in progress



### In Progress

- Each Zone Website development
- TNOACON 2025
- Mid-year CON Website development
- AI Prompt Based Knowledge base system on TNOA Membership



## TNOACON 2024 Report

### 2024 Org Secretary report

கடந்துபோன கனவின் நினைவுகள்

1)

தேவதைக் கதை  
கேட்ட போதெல்லாம்  
நிஜம் என்று  
நினைக்கவில்லை  
நேரில் உன்னையே  
பார்த்த பின்பு தான்  
நம்பிவிட்டேன்  
மறுக்கவில்லை

என்ற நா. முத்துக்குமாரின் வார்த்தைகள் நிழலாடிச் செல்கின்றன.

ஆம்!

ஒரு கேட்ட கதை நிஜமாகி நேரில் வந்தது போலத்தான் இருக்கிறது...அந்தச் சில நாட்கள்!

2

ஒரு பெரிய வாகன நிறுத்தம்.

ஏறக்குறைய மூன்று ஏக்கர் பரப்பளவில்.

வாழை மரங்கள் கட்டி பிரம்மாண்டமான ஒரு நுழைவாயில்.

TNOACON என்னும் பெயருடன் புகைப்படம் எடுக்க ஒரு பரந்த இடம். EDOS அமைப்பாளர்களின் ஒரு கார்ப்பரேட் அலுவலகப் பாணிப் புகைப்படம்.

அதை தாண்டி போனால் சிக்கல் இல்லாத பதிவுப் பந்தல்.

சிரித்த முகத்துடன் ஏராளமான பெண்கள்.

உள்ளே சென்றால் ஒரு பிரம்மாண்டமான அவை. குளிரூட்டப்பட்ட, எந்நேரமும் நல்ல தண்ணீர்

கிடைக்கும், தடையற்ற ஒளி, ஒளி அமைப்புகளுடன், தொழில் முறை அறிவிப்பாளர்களுடன், அர்ப்பணிப்புடன் கூடிய பல மேடை நிர்வாகிகளுடன் பெரிய அவை. கேட்கவும், வியக்கவும், சிந்திக்க வைக்கவுமான நகரவிடாத நல்ல உரைகள், விவாதங்கள், விளக்கங்கள் நிகழும் அவை.

சற்று இடப்புறம் நடந்து வெளியே வந்தால் விற்பனைக் கூடங்கள். பெரிய நடுத்தர மற்றும் சிறிய கடைகள். என்ன கேட்டாலும் எல்லாம் கிடைக்கக்கூடிய கம்பெனிகள். குழுக்கள்.

எந்நேரமும் காபி, டீ, பூஸ்ட், ஹார்லிக்ஸ் என்று இடைவிடாது கிடைக்கும் ஒரு சின்ன கேன்டீன். அல்வா

முதல் வடை வரை எல்லாம் கிடைக்கக்கூடிய வகையில் ஏற்பாடுகள். B, C, D, E, F என்று அடுத்தடுத்த

அவைகள். கரும்பு ஜூஸ் மழையாய்ப் பெய்தது. இளநீர் உடைத்து உடைத்துக் காவிரியாய்ப் பாய்ந்தது.

மாநாடு சிறப்பாக வர வேண்டும் என்ற கனவு கைகூடியது!

3

1995, 2007 என ஏற்கனவே இரண்டு முறை வெற்றிகரமாக கான். பரன்ஸ்களை நடத்தியவர்கள் தான் நாங்கள். சென்னை போன்ற நகரங்களிலிருந்து மாநாடுகளைச் சிறுநகரங்களுக்குக் கொண்டு செல்ல வேண்டும் என்று திட்டமிட்ட பொழுது 'இதனை நான் எடுத்துச் செய்கிறேன்' என்று நடேசன் சார் துணிந்ததால் வந்தது முதல் மாநாடு.

ஒரு அவையில் மாநாடு என்று இருந்த ஒரு காலம் மாறி அங்கே தான் இரண்டு அவைகளாக மாறியது. அறிவுத்தேடலுக்கு இணையாக உணவுக்கும் நண்பர்களின் கொண்டாட்ட மனநிலைக்கும் முக்கியத்துவம் அளிக்கப்பட்டதும் அப்போதுதான்.

பிறகு

2007 மாநாடு மீண்டும் ஈரோட்டுக்கு சுழற்சி முறையில் வந்தது. அப்போதுதான் விளையாட்டுக்கள்

மாநாடுகளில் இடம் பெற்றன. இன்று நிற்க இடம் இல்லாமல் அத்தனை ரெஜிஸ்ட்ரேஷன்கள்

விளையாட்டு துறையிலிருந்து வரக்கூடிய காரணம் அந்த மாநாடுதான்!

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ஈரோடு மாநாட்டுக்கு என்று எப்போதும் சில சிறப்புகள் உண்டு.

முறையான திட்டமிடல் இருக்கும் திட்டமிட்டதை அற்புதமாகச் செயல்படுத்தல் இருக்கும்

விருந்தோம்பல் இருக்கும்

புதிய யுக்திகள் இருக்கும்

அறுசுவை உணவு இருக்கும்

அதீத உற்சாகமிருக்கும்

நீங்கள் என்ன எதிர்பார்த்து வருகிறீர்களோ அந்த எதிர்பார்ப்பையும் மீறி அத்தனையும் இருக்கும்.



ஈரோட்டில் நடந்த மாநாடுகள் ஒவ்வொரு முறையும் அளவுகோலாக இருந்திருக்கின்றன

5

இந்த முறை சென்னை மாநாட்டின் பிரம்மாண்டத்தை, MGM கடற்கரையின் ஆரவாரத்தை, அதன் புவ்வெளியின் பரப்பளவை, அந்த உணவின் சுவையை, அந்த இன்னிசைக் கச்சேரியின் இனிமையைத் தாண்டி ஈரோடு மாநாடு நன்றாக வரவேண்டும் என்றால் அதற்கான கடும் உழைப்பு தேவைப்படும் என்று நாங்கள் அப்போதே உணர்ந்திருந்தோம். ஈரோடு மாநாட்டின் வேலைகள் சென்னை மாநாடு முடிந்த உடனே ஆரம்பித்து விட்டன.

ஒவ்வொரு மாதக் கூட்டங்களின் போதும் முன்னணியான பேசுபொருள் நம்முடைய ஈரோடு மாநாடு பற்றியே இருந்தது. ஒவ்வொரு துறைக்கும் குழுக்கள் அமைக்கப்பட்டன. ஒவ்வொரு குழுவுக்கும் ஒரு பொறுப்பாளர் நியமிக்கப்பட்டார். தினம் தினம் செய்யும் வேலைகள் மேற்பார்வையிடப்பட்டன. மாதம் ஒரு முறை நடந்த கூட்டங்கள் பின்பு வாரம் ஒருமுறையாகி கடைசியில் தினம் ஒரு முறை என்று ஆனது!

‘லேப்டாப்பை தூக்கி வீசப் போறேன்’

‘பேசாம ஹோட்டல் மேனேஜர் வேலைக்கு போயிருங்க’

‘உலகத்துல யாருமே கான்பரன்ஸ் நடத்தலையா’

‘இதுவரைக்கும் விளையாடினது பத்தாதுன்னு இப்ப புதுசா விளையாடப் போறீங்களா’

இந்த மாதிரி பல வசவுகளை எல்லாம் நண்பர்கள் வீட்டில் வாங்க வேண்டியது தான் வந்தது

6

உள்ளூர் வெளியூர் அறிவியல் அறிஞர் அனைவரிடமும் பேசி எவ்வளவு முடியுமோ அவ்வளவு அறிவியல் பேச்சாளர்களை அழைத்துவர நினைத்தோம். தவிர அந்த சமயம் திருமண நாளாக இருந்ததால் எந்த அறைகளும் கிடைக்காமல் போய் விடக்கூடாது என்பதற்காக ஈரோட்டு விடுதிகளின் அத்தனை அறைகளையும் ஏறக்குறைய ஆறு மாதம் முன்பு முன்பதிவு செய்து வைத்துக்கொண்டோம். பல முன்னணி நிறுவனங்களிடமிருந்து பேசி விற்பனையகங்கள் அமைத்தோம். வண்டி வாகன ஏற்பாடுகள் சிரமபடச் செய்தோம். விளையாட்டுப் பகுதிக்கென கடும் வேலைகள் இருந்தன. அரங்கம் வடிவமைப்பது, உணவுக்கான ப்ளானிங் என்று பல கரங்கள் ஒன்று கூடிச் செயல்பட்டன.

இந்தக் கடும் உழைப்பின் காரணமாகத்தான் அத்தனை

அத்தனை அரங்கங்களும் நிரம்பி வழிந்தன. வந்திருந்தவர்கள் அத்தனை இடங்களிலும் அமர்ந்து அவ்வளவு பேச்சுகளிலும் கலந்து கொண்டார்கள்; விவாதித்தார்கள். பலபேர் இது தேசிய மாநாடு அளவுக்கு இருக்கிறது என்று புகழ்ந்தார்கள்.

கடைசி நேரத்தில் எங்களால் தர முடியாத அளவுக்கு தங்குமிடத்துக்கு அவ்வளவு டிமாண்ட் ஆகி அத்தனை அறைகளும் நிரம்பி விட்டன.

விளையாட்டு நிகழ்ச்சிகளுக்கு நாங்கள் எதிர்பார்த்ததை விட நான்கு மடங்கு பேர் ரிஜிஸ்ட்ரேஷன் செய்திருந்தார்கள். கடைசி நேரத்தில் அவ்வளவு பேரைச் சமாளிப்பது மிகப்பெரிய பாடகிவிட்டது ஏனென்றால் இத்தனை பேர்இவ்வளவு ஆர்வமாக வருவார்கள் என்பது நாங்கள் எதிர்பாராதது.

7

அதுபோலவே பிசகு இல்லாத ஒலி ஒளி அமைப்பு. அருமையான அறிவிப்பாளர்கள். நேரம் தவறாத உரைகள். அர்ப்பணிப்பான கள மேற்பார்வையாளர்கள். ஒருங்கிணைப்பாளர்கள். மாநாட்டு அரங்காக உருமாறிய திருமண மண்டபம், உணவுக் கூடம் ஆகியவை நட்சத்திர விடுதிகளின் பாகங்கள் போல் தெரிந்தன. மூத்தோருக்குச் செய்யப்பட்ட மரியாதைகள் வேறு தரம். தமிழ் அமர்வு மாநில மாநாட்டில் தன் தன்னிகரற்ற இடத்தில் மிளிர்ந்தது!

Legend talks 8

E posters 309

Free papers 306

Invited speaker talks 287

Panel discussion 18

Medal paper presentation 75

4 workshops.

Total academic presentation 1009.

Special - physiotherapy, rehabilitation, medicolegal, insurance, microbiology, operating theatre sessions.

இவை இந்த மாநாட்டுப் புள்ளி விவரங்கள்!



சுவை மிகுந்த உணவு வகைகள். எல்லாருக்கும் எல்லாம் இருந்தது. கட்டக் கடைசியாய்ச் சாப்பிடப் போன போதும் ரசதோசை இருந்தது!

அந்த இரவு கொண்டாட்டங்களின் போது மிகப் பிரம்மாண்டமான மேடை அமைப்பு ராஜா ரஹ்மான் கச்சேரிகளில் காண்பது போல்

அற்புதமானதாக இருந்தது. மற்றும் பாடகர்கள்,தேர்ந்த ஒளி , ஒலி அமைப்புகள் அத்தனையும் சேர்ந்து மாநாட்டின் தரத்தை,உற்சாகத்தை வேறு உயரங்களுக்கு எடுத்துச் சென்றன.

இதில் முக்கியமான நிகழ்வு என்னவென்றால் நம்முடைய TNOA BAND நிகழ்த்திய அற்புதத்தைக் கேட்டு ரசிக்காத ஆட்களே கிடையாது. இதில் குறிப்பாக சொல்ல வேண்டும் என்றால் திரு. ராஜா ரவிவர்மா அவர்களுடைய குரலும் அங்கே பாடிய மற்ற பாடகர்களின் திறமையும் எந்த ஒரு பின்னணி பாடகர்களின் குரலுக்கும் ஈடு கொடுக்கும் என்பதை உறுதியாக சொல்ல முடியும்!

எங்கள் உறுப்பினர்கள் வெள்ளிக்கிழமை வேட்டி சட்டை விவசாயிகளாகவும் சனிக்கிழமை பார்க்கும் பொழுது சிலிக்கன் வேலி இன்ஜினியர்களாகவும் எந்த வேடத்துக்கும் பொருந்தும் கமல் ஹாசன்களாக இருந்தார்கள்.

பல நாட்கள் உழைப்பு,தொலைபேசி தொந்தரவுகள், அறுவை சிகிச்சை செய்யும் போதும் மனதில் ஒரு விண்டோ ஒபன் ஆகி கான்.பரன்ஸ் பற்றி நினைத்துக் கொண்டிருந்த கணங்கள் இவையெல்லாம் இன்று நினைத்துப் பார்க்கையில் கனவாகத் தான் தெரிகிறது

8

ஆனால் இது நிஜமான ஒருகனவு.

ஒரு சீரிய தலைமையும் அர்ப்பணிப்பு நிறைந்த நண்பர்களும் இருந்தால் எந்த விஷயத்தையும் நீங்கள் பலர் கொண்டாடப்பட கூடிய அளவில் செய்யலாம் என்பதற்கு இந்த மாநாடு எடுத்துக்காட்டு.

கான்.பரன்ஸ் முடிந்து அடுத்த வாரம் EDOS நண்பர்கள் இணைந்த ஒரு சிறிய கூட்டம் நடத்தினோம். அதில் எங்கள் தலைவர் நடேசன் அப்பா அவர்களுக்கு 'நற்றுணை வேந்தர் நடேசன் அப்பா' என்ற சிறப்புப் பெயர் துட்டிக் கொண்டாடினோம். அந்தக் கூட்டத்தில் சிங்காரவேலு சார் சொன்னதை அவர் சொன்னார்:

“எப்படி நடேசன் ஒவ்வொருத்தரும் அப்படியே சொன்ன வேலையை சொன்ன மாதிரி செய்கிறார்கள்?!

நடக்க வேண்டியது எல்லாம் பர்.பெக்ட்டா நடக்கிறது?!

எப்படி எப்படி உங்களால் முடிகிறது?!”

அத்தனை பேர் முன்னிலையில் அதை அவர் சொன்னபோது அவர் குரல் கம்மியது ; கண்களில் கண்ணீர் கசிந்தது;. எங்களுக்கும்தான்.

இந்த கணத்துக்காகத்தான் இத்தனை பேரும் காத்திருந்தோமோ என்னவோ!

9

இந்த வாய்ப்பை எங்களுக்கு அளித்த தமிழ்நாடு எலும்பியல் மருத்துவர் சங்கத்துக்கும் அதன் நிர்வாகிகள் அனைவருக்கும் மனமார்ந்த நன்றி !

உற்சாகப்படுத்திய திரு. சிங்காரவேலு, திரு. ரவி ஆகியோருக்கு அன்பான வந்தனங்கள்!

பாராட்டு மழையில் நனைத்த அத்தனை விருந்தினர்களுக்கும் சிரம் தாழ்த்திய வணக்கங்கள்!

அடுத்த ஈரோட்டு மாநாட்டுக்கும் அட்வான்ஸ் நன்றி!

10

கருமேகங்கள் கலைந்து விட்டன

வானம் வெளுத்து நிற்கிறது

மூன்று நாட்களில் பெய்த மழை

நெஞ்செல்லாம் நிரம்பி இருக்கிறது

இறகுகளில் வலி

இருந்தாலும்

வேடந்தாங்கல் வந்து விட்டு

சைபீரியா திரும்பிக்

கூடு அடையும் பறவையின் மனநிலையில் நாங்கள்

வாழ்க்கை என்பதே



நினைவுகள் என்னும்  
பல புள்ளிகள்  
சேர்ந்து வரையும்  
கோலம் அல்லவா

இந்தச் சில நாட்கள்  
அந்தக் கோலத்தின்  
நடுவில்  
வைக்கப்பட்ட  
வாடாமல்லிப் பூக்கள்

-ஈரோடு எலும்பியல் மருத்துவர்கள் சங்கம்  
-ERODE DISTRICT ORTHOPAEDIC SOCIETY

## 2024 TNOA Prof.T.K.Shanmugasundaram Mid-year Conference Secretary Report

Location

- From Trichy 140 kms
- From Thanjavur 85 kms
- Nagapattinam 7kms

Venue -GS resorts

Dates - July 20,21 /2024

- **Organising Chairman Dr.A.Palanivel - HOD, Nagapattinam Medical College**
- **Organising Secretary - Dr.S.Abdul Hameed Ansari - HOD,Thiruvarur Medical College**
- **Organising Treasurer - Dr.Suresh - Senior consultant ,Thiruthuraipoondi**

### Registration Tariff

Category	Early Bird Now	Upto 15-07-2024	Spot
Member	3500	4000	4500
Non-Member	4000	4500	4750
PG Student	2500	3000	3500
Accompanying person	3500	4000	4500

### Attractions of CME program

*Informative Scientific  
programme*

*PG free paper / poster  
presentation*

*Family meet planned on  
Saturday night*

*Tamil presentation session  
planned*

*Spouse tour program -  
Navagraha temples*

*Delicious Sea food attractions*





## From the Desk of Organising Secretary

Dear colleagues,

Vanakam,

We extend our heartfelt invitation to the 58<sup>th</sup> TNOA 2025 Annual State Orthopaedic Conference scheduled to take place on February 7th, 8th, and 9th, 2025, at Sangamithra Convention Centre in Villapuram, District, Cuddalore.

Join us for an exceptional opportunity to engage with renowned experts, exchange invaluable insights, and forge enduring connections within the Orthopaedic community from the stalwarts of Tamil Nadu and across the country. Together, let us embark on a journey of discovery, collaboration, and innovation.

The Scientific team promises a comprehensive agenda featuring keynote talks, interactive workshops, and ample networking opportunities designed to elevate your professional journey and inspire excellence in patient care.

Theme of the conference is **"Learn from yesterday...Do it right today... Excel Tomorrow"**.

Cuddalore offers more than just a conference venue; it boasts historic sites and centuries-old pilgrimage spots. The district is renowned for its ancient temples, mosques, and churches, nestled amidst the scenic beauty of the tranquil banks of the Thenpennai river, beautiful beaches and Pichavaram mangrove forest – the world's second largest mangrove forest.

Centrally located and well-connected by rail and road networks, this city serves as a gateway to explore Tamil Nadu and beyond, making it an ideal destination for our gathering.

We warmly welcome you and your family to join us for this academic feast and to experience the cultural and natural splendour of Cuddalore.

Save the dates and we look forward to welcoming you at TNOACON 2025!

With Warm Regards

*Yours Truly,*  
**Dr. S Natarajan**, Organising Secretary  
TNOACON 2025 – Cuddalore

## ORGANISING COMMITTEE – TNOACON 2025



**Dr. S Pandian**  
*Patron*



**Prof. Dr. R NeelaKrishnan**  
*Organising Chairman*  
*TNOACON 2025*



**Dr. C J Ravi**  
*Organising Co-Chairman*  
*TNOACON 2025*



**Dr. S Natarajan**  
*Organising Secretary*  
*TNOACON 2025*



**Dr. V Barathiselvan**  
*Treasurer*  
*TNOACON 2025*



**Dr. G Santhosh Kumar**  
*Scientific Chairman*  
*TNOACON 2025*



**Dr. S Elangovan**  
*President, COS*



**Dr. M Balamurugan**  
*Treasurer, COS*



**Dr. S Senthil**  
*Secretary, COS*



## **TNOACON 2026 - Courtallam**

We the members of Nellai Ortho club thank the distinguished members of TNOA for giving us the opportunity to host TNOA CON 2026 the 59 th annual conference of Tamilnadu Orthopaedic Association at Courtallam.

we have already started the preparation for the conference

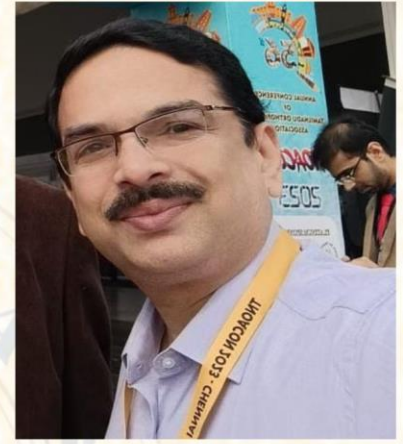
We are available 24/7; kindly feel free to contact the organising team anytime regarding your expectation and suggestions about the conference



**Dr. A. Francis Roy**  
Organising chairman  
9443124222



**Dr. S. Muthuraman**  
Organising secretary  
9842910971



**Dr. R. Sundara Pandian**  
Treasurer  
8940677197



**Dr. S. Muthuraman**  
Organising secretary TNOACON 2026  
Founder Secretary Nellai Ortho Club  
Past Editor NOC Journal  
Past Editor TNOA Journal  
Past Secretary TNOA



## Report of TNOA Prof.TKS Mid-Year CME 2023

MID-YEAR CME 2023 &TNOA FAMILY MEET ON JULY 21,22 &23RD

VENUE-LIONS CONVENTION CENTRE -YERCAUD

Organised by Midwest ortho Society Dr.J.Manimaran Organising Secretary

Dr.S.Natesan Oration By Dr.Samson Daniel

- Total No registrations -974
- Consultants &Faculties-426
- Post graduates-42
- Spouse &kids-516
- No of workshops:6
- No of Delegates attended-184
- Industry Registrations-163





## Report From PG Crash Course

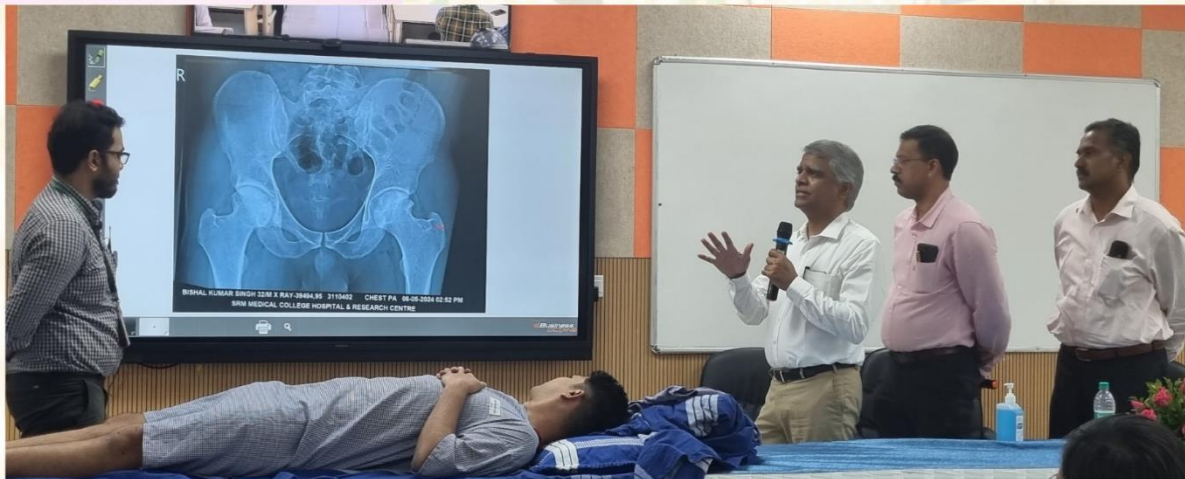
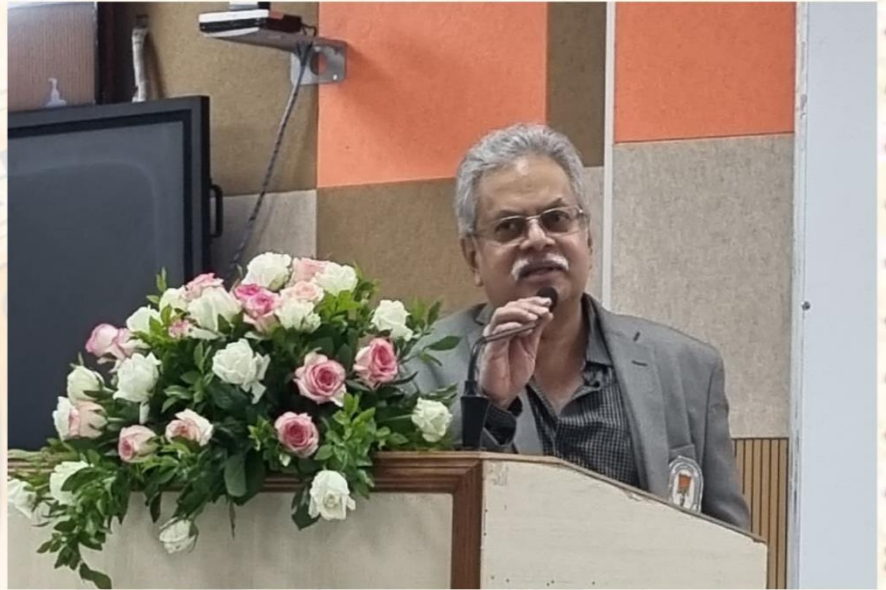
TNOA Ortho Postgraduate Crash course was conducted by Department of Orthopaedics SRM Medical College on May 10 and 11. Around 20 eminent faculties from different institutions moderated the sessions. Various Long cases and short cases were presented by postgraduates. OSCE, ward rounds, X-rays and implants were discussed among them, as per NMC guidelines. 104 postgraduates attended the revision course over these 2 days.



**DEPARTMENT OF ORTHOPAEDICS**  
**SRM MEDICAL COLLEGE HOSPITAL AND RESEARCH CENTRE**  
Invites you for  
**TNOA PG CRASH COURSE**  
**SPARC 2024**  
**SRM Ortho Post Graduate Academic Revision Course**  
Venue- SEMINAR HALL, SRM HOSPITAL (Ground Floor)  
Date : 10<sup>th</sup> & 11<sup>th</sup> of May 2024  
Organising chairman : Dr. Vijayanand,  
Co chairman : Dr. Devi Prasad,  
Dr. Rajavel,  
For Registration & Further Details  
Dr. Suriya prasanna (PG) Cell: 9789120895  
Contact : Dr. Abhinand (PG) Cell: 80158 44737









## தமிழ் கருத்தரங்கம் - 2023

தமிழ்நாடு முடநீக்கியல் சங்கத்தால் முன்னெடுக்கப்பட்ட முதல் தமிழ் கருத்தரங்கம் முதன் முழுமையான தமிழ் மாநாடு என்ற சிறப்பை பெற்றது. இதனை தஞ்சை எலும்பியல் மன்றம் மரு.சி.செ.இரவி அவர்களுடன் கை கோர்த்து தஞ்சையில் திருவள்ளுவராண்டு 2054 ஐப்பசி 5 ஞாயிற்று கிழமை அன்று ( 22.10.2023 ) மஹாராஜா மஹாலில் செங்கோட்டை போன்ற வாயிலும் வாயிற்காவலர்களும் அமைத்து எண்ணற்ற சிறப்பு அழைப்பாளர்களை அழைத்து கவிப்பேரரசு வைரமுத்துவின் பா வரிகளால் தமிழ்நாடு முடநீக்கியல் சங்கத்திற்கென அடையாளமாய் " ஊனமில்லா உலகம்தான் நாட்டம் " என்ற சங்க பண் அறிமுகம் செய்து அறிவியலும் வாழ்வியலும் நம் தாய் மொழியில் என்ற தலைப்பில் பங்கேற்றோர் அனைவரும் அறுசுவை உணவோடு தமிழ் உணர்வையும் சேர்த்தே உண்டனர்.

இம்மாநாட்டினை தமிழ்நாடு முடநீக்கியல் சங்கத்தின் முன்னாள் தலைவர் மரு.வை.சிங்காரவடிவேலு அவர்கள் நாட்டமும் விருப்பமும் தெரிவிக்க மரு.சி.செ.இரவி அவர்களும் மற்றும் மரு.குலாம் மொகிதீன் அவர்களும் ஒருங்கிணைப்பு செய்து சிறப்பாகவே நடத்தி முடித்தனர் .





## தமிழ் கருத்தரங்கம் - 2024

தமிழ்நாடு எலும்பு முறிவு சங்கத்தின் இரண்டாவது தமிழ் கருத்தரங்க மாநாடு தூத்துக்குடியில் வரும் 20.10.2024 ஞாயிற்றுக்கிழமை அன்று நடைபெற உள்ளது. இந்த மாநில தமிழ் கருத்தரங்க மாநாட்டினை நெல்லை முடநீக்கியல் மன்றம் ஏற்று நடத்துகிறது. இதில் இருபதுக்கும் மேற்பட்ட அறிவியல் சொற்பொழிவுகள் தமிழில் ஆற்ற பட உள்ளன. மேலும் முதன்முறையாக எலும்பியல் மருத்துவர்கள் பங்கேற்கும் பட்டிமன்றமும் நடைபெற உள்ளது. எலும்பியல் குறித்து கவியரங்கம் புதுமை முயற்ச்சியாக நடைபெற உள்ளது. இக்கருத்தரங்கத்தில் முதல் முயற்சியாக பட்ட மேற்படிப்பு மாணவர்களுக்கு வாய்ப்பு அளிக்கப்பட உள்ளது. மேலும் அன்றைய தினம் முடநீக்கியல் சம்பந்தப்பட்ட 500 க்கும் மேற்பட்ட கலைச்சொற்கள் கொண்ட தமிழ் அகராதி ஒன்றும் வெளியிடப்பட இருக்கின்றது. இந்நிகழ்வினை தமிழ்நாடு முடநீக்கியல் சங்கத்தின் தேர்வு தலைவர் மரு.ந.மணிகண்டன் அவர்கள் தலைவராகவும் தமிழ்நாடு முடநீக்கியல் சங்கத்தின் இணைச்செயலாளர் மரு.மாரிமுத்து அவர்கள் செயலராகவும் மரு.ஜேம்ஸ்சுந்தர்சிங் அவர்கள் பொருளாளராகவும் ஏற்று நடத்த உள்ளனர்.

<https://docs.google.com/forms/d/e/1FAIpQLSdKZGUR-4nVrt4oWKT4fd5I-UBQWWn3dbeGYVOHtNoHCpEAPw/viewform?vc=0&c=0&w=1&flr=0>

எங்கும் தமிழ் ! எதிலும் தமிழ்!

  **அன்புடன் அழைக்கின்றோம்**  

நல்லிணக்க இதயமும் தலைமையும்  
பன்முக ஆய்வுக்கு உடைய கண்டுபிடிப்பும்  
இணையோர்க்கு அறிவொளியும் ஆற்றலும்!

**தமிழ்நாடு முடநீக்கியல் சங்கம்**

**சுரம்**

**கருத்தரங்கம் 2024**

நிகழும் குரோதி வருடம்  
ஜப்பசி மாதம் 3ம் தேதி  
ஞாயிற்றுக்கிழமை  
(20.10.2024)  
காலை 9.00 முதல்  
மாலை 4.00 மணி வரை

 **SATHYA**  
PARK & RESORTS

இடம்  
சத்யா பூங்கா  
தூத்துக்குடி

**தமிழ்நாடு முடநீக்கியல் சங்கம்**

தலைவர்: பேராசிரியர் **நெ. தீன் முகம்மது இசுமாயில்**  
செயலாளர்: பேராசிரியர் **வா. திருநாராயணன்**

பொருளாளர்: பேராசிரியர் **அ. சரவணன்**

**விழாக்குழுவினர்**

தலைவர்: துணைத் தலைவர்  
பேராசிரியர் **ந.மணிகண்டன்**, திருநெல்வேலி **மரு.க.சேகர்**, திருநெல்வேலி  
செயலாளர்: இணைச் செயலாளர்  
**மரு.சு.மாரிமுத்து**, தூத்துக்குடி **மரு.ஜெ.பாலகண்ணன்**, தூத்துக்குடி

பொருளாளர்: **மரு.வே.ஜேம்ஸ் சுந்தர் சிங்**, தூத்துக்குடி

**மூத்த உறுப்பினர்கள்**

பேராசிரியர். பா.துரைராஜ்  
பேராசிரியர். இளங்கோவன் செல்லப்பா  
மரு.ஜெ.ஜெயராமன்  
மரு.பி.வேதமூர்த்தி

பேராசிரியர். இராமகுரு  
பேராசிரியர். லூ. பாவலன்  
மரு.தே.இரகுபதி இராசா  
மரு. பொ.சொக்கலிங்கம்

மற்றும்

**நெல்லை முடநீக்கியல் மன்ற உறுப்பினர்கள்**

**முட நீக்கியல் கருத்தரங்கம்** **மருத்துவ பட்டி மன்றம்**

**மருத்துவ கவியரங்கம்** **தமிழர் கலை நிகழ்வுகள்**

**அனைவரும் வருக!** **அறிவுமுகம் வருக!**



## Achievements of Individual Members



Dr.T.Sathish Kumar  
Fellowship award@IAACON2023 Chandigarh



Dr.T.Sathish Kumar  
Won the Medal Paper at POACON - Pondichery



Dr.T.Sathish Kumar  
Receiving Gold medal From IFAS President  
Dr.T.V Raja and Scientific Chair Dr.Ajoy at Indo  
Asian foot and ankle Congress



Dr.Sathish  
Receiving Gold medal at NAILSCON 2023,  
Bihar



Dr.Ram Chidambaram participated as  
faculty at SESICON 2023 - HYDERABAD

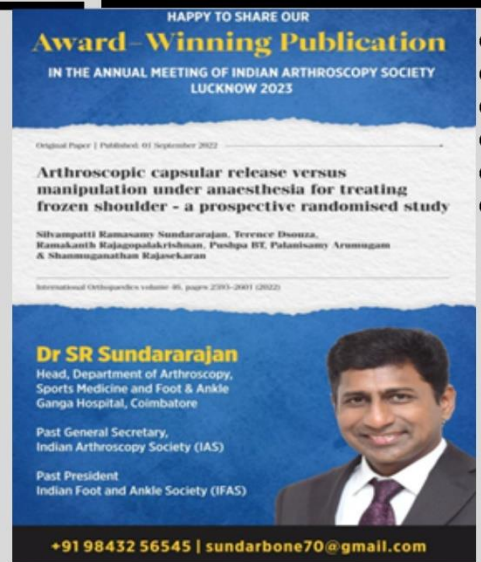


Dr. Madhan Jayaraman delivering  
Lecture in DOACON 2023 Delhi





Dr. Terrence Jose received an appreciation award during the Golden Jubilee celebrations at the ISSHCON 2023 in Chandigarh. He is the first ISSH member to receive this award in this category



Dr. SR Sundararajan won the Publication award the Annual meeting of Indian Arthroscopy Society Lucknow 2023



GANGA Hospital won the prestigious ISSLS Basic Science Award – 2023 (5th time)



Dr. S. Rajasekaran



Dr. Ram Chidambaram participated as an invited faculty in ICSEs (International congress of shoulder and elbow surgery) at Rome, Italy. Gave lectures on scapular fracture management and frozen shoulder



Dr. G. Sudhir As International Faculty from India to the North American Spine Society International Conference





Dr. Sundarajan Faculty ISAKOS BOSTON.  
Presented 2 papers and 3 e posters



ILLUMINATE 2023 - International Conference on  
Research Methodology, 9th and 10th August 2023



MSK USG training under Dr Manuel Perez-España,  
Hospital Universitario Infanta Leonor, Madrid, Spain



Presented 3 papers & 2 posters Awarded  
ON/ICRS 2023 Educational Grant



Dr. Umashankar getting Best Doctor Award from  
District Collector - villupuram



Dr.P.T.Saravanan Received மருத்துவ நட்சத்திரம்  
விருது from Honorable Minister for Health and  
Family Welfare, Govt of Tamilnadu





Dr.P.T.Saravanan Received Recognition award at IMA TN state Conference



Dr.Rishi Mugesh Kanna received Professional excellence award from Hon'ble health Minister



Dr.V.Subramanian received Doctors Day Award (1st July 2023) – IMA- TAMBARAM



Dr.Major K Kamalanathan received Life time Achievement Award (9th July 2023) – By IMA – Coimbatore.



Dr.S.Rajasekaran receiving 19th Annual Sir.J.C.Bose Memorial Award (12th July 2023) at Dr. Ambedkar Lae University, Taramani,



Dr.Balakrishnan elected as President of IMA





Highest performance in private hospitals/  
CMCHIS/ Dr muthu/ ram bone and joint hospital  
mayiladuthurai



Dr.Karu Shanmuga Karthikeyan received  
Best Doctor Award from Government of  
Tamilnadu



Dr TV Raja elected as president of Indian Foot  
& Ankle Society



Dr.Sri Balajai received Best Doctor Award



Dr.Madhan Jeyaraman  
Appointed as Adjunct International Professor,  
UniMAX University, Indaiatuba, Sao Paulo, Brazil



Dr.Madhan Jeyaraman  
Faculty Lecture in AIIMS - Patna on 2nd  
April 2024



## Publications

1. VI tibial plateau fractures by MIPPO effectively on fracture table', **International Journal of Life Sciences, Biotechnology and Pharma Research**, Dr. V. James Sundar Singh, Dr. Makesh Ram Sriraghavan, Dr. J. Vijaya Soruban, "Clinical and radiological outcome analysis of Schatzker type V and type rma Research, Vol. 12, No. 2, April- June 2023 ISSN: 2250-3137
2. Dr. Kandasamy Natesan, Dr. Makesh Ram Sriraghavan, Dr. Prabhu Aloy, Dr. Poornima Kumaraja , 'Effective rehabilitation for a successful outcome in post-traumatic and postsurgical knee stiffness due to quadriceps contracture' **International Journal of Life Sciences, Biotechnology and Pharma Research**, Vol. 12, No. 2, April-June 2023 ISSN: 2250-3137
3. R. Arokiya Amalan, S. Dinesh , A. Suresh Kumar , N. Manikandan, 'CLINICAL AND RADIOLOGICAL OUTCOME OF INTRAMEDULLARY CANNULATED HEADLESS COMPRESSION SCREW FIXATION OF METACARPAL AND PHALANGEAL FRACTURES', **International Journal of Academic Medicine and Pharmacy**, 2023; 5 (2); 552-556, ISSN (O): 2687-5365; ISSN (P): 2753-6556
4. S. Dinesh , R. Arokiya Amalan , N. Manikandan , A. Suresh Kumar , 'FUNCTIONAL AND RADIOLOGICAL OUTCOME OF PERCUTANEOUS SCREW FIXATION IN ACETABULAR FRACTURES', **International Journal of Academic Medicine and Pharmacy**, 2023; 5 (2); 1279-1285, ISSN (O): 2687-5365; ISSN (P): 2753-6556
5. Makesh Ram Sriraghavan , Poornima Kumararaja , Pavalan Louis, 'Neglected and Large Defect of Extensor Hallucis Longus Tendon Injuries Reconstructed by Double Looping with Extensor Digitorum Longus by an Improved Surgical Method', **Journal of Orthopedics and Joint Surgery**, Volume 5 Issue 2 (July–December 2023)
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## OASIS Matters

President: Dr. Nithyanadha Rao

Secretary General: Dr.Roshan Kumar

President Elect: Dr. N.Vasudevan

Vice President 2 (Tamilnadu) Dr.Nalli R Uvaraj

Office Address: Flat No: 9B, "D" Block, ASTA Apartment, AVM Studio Complex, 39, Arcot Road, Vadapalani, Chennai - 600026. Email: sec.gen.oasis@gmail.com, ankorthodoc@gmail.com Phone:

+91 44 4559 0476,9495188347 Website: <https://oasisortho.org>

Executive Committee Members of OASIS representing TNOA:

Dr N.Deen Muhammad Ismail - President

Dr V.Thirunarayanan - Secretary

Dr N.Manikandan - President Elect

Dr S.R.Sundararajan - Vice President

Dr.N.Thanappan. – Editor JOASIS

Registered central office of OASIS is functioning at our TNOA Building in Chennai.

OASIS Meeting with Presidents & Secretaries of Member States held on 05.01.2021

OASIS Executive Committee Meeting held on 30.05.2021

OASIS TRAUMACON 2021 is held on 05.06.2021 Theme: Shoulder & Elbow Injuries

OASIS ICL 2021 (Instructional Course Lectures) to be held in August 2021 @ Pondicherry.

OASIS Newsletter Vol 1 Issue 1 released in April 2021

Journal of Orthopaedic Association of South Indian States, an official publication of OASIS is available online at <http://www.joasis.org> Editor: Dr N.Thanappan, Published by Wolters Kluwer -Medknow

Next Conference OASISCON 2024 @ Palakkad organized by in Aug 30<sup>th</sup> and Sep 1<sup>st</sup> 2024:

OASIS 3<sup>rd</sup> EC meeting was conducted in Vijayawada on the 30<sup>th</sup> of June. As it was scheduled on a very short notice and as the President and Secretary were already scheduled to attend the NOC annual oration at Kovilpatti the non-availability on physical mode was communicated to the President and Secretary General OASIS who graciously accepted the request and made arrangements for an online platform for the Tamilnadu EC members to join the deliberations.

The issue that the OASIS journal which was supposed to be handed over to Dr.N.Thanappan by January has not been properly handed over by the previous Editor was raised by the President TNOA. A zoom meeting between the editors, Secretary General OASIS, President OASIS and President and Secretary TNOA was proposed in a short time and issue be sorted out.

Dr.Nalli R Uvaraj Vice President OASIS expressed his displeasure on the accounts being transferred to another account and the office files being vacated in haste from TNOA. As the OASIS is due for renewal of registration for nearly 7 years it may become difficult to renew the registration. It was decided that this in this issue of renewal of registration Dr.V.Thirunarayanan secretary TNOA be involved as he has previous experience and the work be completed as early as possible. As like previous years the Joint Secretary must also be included in the EC for him to understand the dynamics of OASIS better was made from Tamilnadu, to be placed in AGBM of OASIS for approval.

Dr.N.Vasudevan President Elect OASIS invited everybody for the OASISCON and requested good participation from member states.

Prof.K.Annamalai past president OASIS and past president TNOA was selected by TNOA to be honoured as senior member of Tamilnadu in the upcoming OASISCON 2024 at Palakkad.



List of faculties from Tamilnadu has been sent to the Scientific Committee Chairman of OASISCON well in advance. The Secretary TNOA requested that the selected faculty members list be given to the respective state secretaries for better coordination and better liaison can prevail. Yet to receive any such selected faculty list from the organising team.

All the reports for the OASIS best chapter award have been updated till this very day as per the norms given by OASIS. It will be placed before the EC during the 3<sup>rd</sup> EC meet on 20.07.24 and submission will be made on time. We sincerely hope and taken all efforts to receive the Best Chapter award yet again.

### IOA Matters

Office Address: Plot no: 69, Tughlagabad Institutional Area, Behind Batra Hospital, M.B. Road, New Delhi - 110062 Email: ioahousedelhi@gmail.com Phone: 9811967820 (Ramesh C. Pandey, CAO, IOA). Website:

<https://ioaindia.org/>

IOA Theme for the year 2024: **“Harmonising Hearts, Heads & Hands to Heal”**

EC Members of IOA (From TN): Dr.Prahalad Kumar Singhi & Dr. Zubair Khan.

Members of Central Working Committee of IOA from Tamilnadu for the year 2024:

Dr S.Rajasekaran - Presidential Advisory Committee

Dr N.Deen Muhammad Ismail - Member, Center State Relationship Committee Dr V.Thirunarayanan - Member,

TNOA received IOA AK Gupta Trophy (Best State Chapter Award) for four Consecutive Years 2016, 2017, 2018, 2019, 2020, 2021, 2022, & 2023 and IOA National Bone & Joint Day activities winner in 2018 and runner in 2019. As per the data of IOA CSRC, TNOA is the Largest State Chapter with 2571 life members.

The verification process to become an eligible voter in IOA elections was released by his Lordship Justice Middha. The dates were extended for completion of verification nearly three times. The process was a little complicated. A video was released from TNOA by our Video Journal Editor Dr.Karushanmuga Karthikeyan in a simple manner which helped many of our members to complete the process. Tim and again messages were posted in whatsapp groups and also individually reminding our members to attempt the verification process and complete it to be eligible voters of IOA. Nearly 700 of our members have attempted verification and around 610 members have completed the process. We are second highest to Gujarat as of now in the numbers fully verified.

The IOACON is scheduled to be held in the garden city of Bengaluru in December 2024.

The reports till date for the prestigious A.K.Guptha trophy has been tabulated as per norms and will be going all ends up to bag the coveted trophy yet again.

An action plan for the Bone and Joint week Celebrations from Aug 1<sup>st</sup> to 7<sup>th</sup> is being charted out with the involvement of Zonal EC members and all the District Club Office Bearers. Once we receive the themes and guidelines from IOA CSRC an array of events will be unfolded and the Bone and Joint week will be celebrated with great enthusiasm in Tamilnadu.



## City / District Chapter Office Bearers – 2024 – 2025

**Madras Orthopaedic Society (MOS)    Madurai Orthopaedic Society (MOS)    Coimbatore Orthopaedic Society (COS)**



**Dr. B. Pasupathy**  
President



**Dr. P. Ponraj**  
Secretary



**Dr. J. C. Ganesan**  
President



**Dr. Karthik Raja**  
Secretary



**Dr. Paari Selvaraj**  
President



**Dr. Karthik Selvaraj**  
Secretary

**Vellore Orthopaedic Society (VOS)**

**Tiruvannamalai Ortho Club (TOC)**

**Chengalpattu Orthopaedic Society (CHOS)**



**Dr. K. Manivannan**  
President



**Dr. S. V. Justin Arokiaraj**  
Secretary



**Dr. S. Senthil Nathan**  
President



**Dr. K. Senthil Kumar**  
Secretary



**Dr. S. Muthu Kumar**  
President



**Dr. E. Dilip Kumar**  
Secretary

**Midwest Ortho Society (MWOS)**

**Krishnagiri Orthopaedic Society (KOS)**

**Dharmapuri Ortho Club (DOC)**



**Dr. Mohana Sundaram**  
President



**Dr. Mayilvahanan**  
Secretary



**Dr. V. Srinivasa Gowda**  
President



**Dr. Senthil**  
Secretary



**Dr. J. Senthilnathan**  
President



**Dr. Ravi**  
Secretary

**Namakkal Ortho Club**

**Erode District Ortho Club (EDOC)**

**Tiruppur District Ortho Club (TDOC)**



**Dr. K. M. Ravichandran**  
President



**Dr. M. Sivakumar**  
Secretary



**Dr. P. T. Sakthivel**  
President



**Dr. T. Janarthanan**  
Secretary



**Dr. G. Balamurugan**  
President



**Dr. A. Gautham Vinayak**  
Secretary

**Karur Ortho Club (KOC)**

**Trichy Orthopaedic Society (TOS)**

**Pudugai Ortho Club (POC)**



**Dr. R. Karuppaiya**  
President



**Dr. M. Sathish**  
Secretary



**Dr. G. Mukesh Mohan**  
President



**Dr. Terrence Jose Jerrome**  
Secretary



**Dr. G. Edwin**  
President



**Dr. E. Rajaraman**  
Secretary



**Perambalur Ortho Club**



**Dr. M. Arjunan**  
President



**Dr. Arivazhagan Daiko**  
Secretary

**Dindigul Ortho Club (DDOC)**

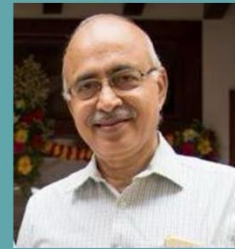


**Dr. V. Shanmugaraja**  
President



**Dr. Easwara Kumar**  
Secretary

**Theni Ortho Club (TOC)**



**Dr. M. Srinivasan**  
President



**Dr. R. Raja Manikandar**  
Secretary

**Nellai Ortho Club (NOC)**



**Dr. Ivan Samuel Devakumar**  
President



**Dr. S. Dhamodaran**  
Secretary

**Ramnad Ortho Club (ROC)**



**Dr. Sahaya Stephen Raj**  
President



**Dr. Syed Ibrahim**  
Secretary

**Virudhunagar Ortho Club (VOC)**



**Dr. Ambalatharasan**  
President



**Dr. Manikandan**  
Secretary

**Kanyakumari Orthopaedic Society (KKOS)**



**Dr. Alfred Sathiya Sekar**  
President



**Dr. K. Sastha**  
Secretary

**Thanjai Ortho Club (TOC)**



**Dr. S. Kumaravel**  
President



**Dr. Leo Joseph**  
Secretary

**Thiruvavur Ortho Club (TOC)**



**Dr. Palanivel**  
President



**Dr. S. Abdul Hameed Ansari**  
Secretary

**Cholamandalam Ortho Society (COS)**



**Dr. S. Elangovan**  
President



**Dr. S. Senthil**  
Secretary

**Villupuram Ortho Club (VOC)**



**Dr. K. Muthaiyan**  
President



**Dr. Anjan Ramachandranath**  
Secretary

**Kallai Ortho Club**



**Dr. M. Shanmuga Sundaram**  
President



**Dr. P. Kumaresan**  
Secretary

**Kanchi Ortho Club (KOC)**



**Dr. V. Vishnu Varadhan**  
President

**Dr. J. Thiyaageshwaran**  
Secretary



S. No	District Ortho Club	President	Secretary
<b>Metros</b>			
1	Madras Orthopaedic Society (MOS)	Dr. Pasupathy Mobile No: +91 98403 17758	Dr. P.Ponraj Mobile No: 9445002787 spcpnraj@yahoo.com
2	Madurai Orthopaedic Society (MOS)	Dr.J.C.Ganesan Mobile No: 9842103579 jcganesan@gmail.com	Dr.Karthik Raja Mobile No : 9962544755
3	Coimbatore Orthopaedic Society (COS)	Dr.Paari Selvaraj Mobile No :9789324445	Dr.Karthik Selvaraj Mobile No :8903455389 / 9790210633
<b>North Zone</b>			
4	Vellore Orthopaedic Society (VOS)	Dr.K. Manivannun Mobile No: 99422 30008 kmvannanortho@yahoo.co.in, maniorth@gmail.com	Dr. S.V.JustinArokiaraj Mobile No:9443114380 svjustin.arockiaraj@gmail.com
5	Tiruvannamalai Ortho Club (TOC)	Dr.S. Senthil Nathan Mobile No:9442638687 senradh88@gmail.com, rajamnursinghome@gmail.com	Dr.K. Senthil Kumar Mobile No:9840743063 senthilkdoc@gmail.com
6	Kanchi Ortho Club (KOC)	Dr.V. Vishnu Varadhan Mobile No: 97911 16523 vishnu2kvaradhan@yahoo.co.in	Dr.J. Thiyageshwaran Mobile No: 96000 55539 drthiyagesh@gmail.com
7.	Chengalpattu Orthopaedic Society (CHOS)	Dr.S.Muthu Kumar Mobile No: 9884233014	Dr.E.Dilip Kumar Mobile No: 9884460536
<b>West Zone – I</b>			
8	Midwest Ortho Society (MWOS)	Dr. Mohana Sundaram Mobile No: 9790008492 orthomohan@gmail.com	Dr. Mayilvahanan Mobile No: +919444292095 myil@doctor.com
9	Krishnagiri Orthopaedic Society (KOS)	Dr. V. Srinivasa Gowda Mobile No: 94433 41102 gowdadrrssh@gmail.com	Dr.Senthil
10	Dharmapuri Ortho Club (DOC)	Dr. J. Senthilnathan Mobile No: 94432 64104 jsnath.roc@gmail.com	Dr. Ravi Mobile No: 9786816000 Ravi.ortho@yahoo.co.in
11	Namakkal Ortho Club	Dr.K.M.Ravichandran Mobile No: 9865231065 rkhosp@gmail.com	Dr.M.Sivakumar Mobile No: 968859999 docsivakumar@yahoo.com
<b>West Zone – II</b>			
12	Erode District Ortho Club (EDOC)	Dr.P.T.Sakthivel Mobile No: +91 90950 75656	Dr.T.Janarthanan Mobile No: +91 99427 43403
13	Tiruppur District Ortho Club (TDOC)	<b>Dr.G.Balamurugan</b> Mobile No:9952651630	<b>Dr.A.Gautham Vinayakh</b> Mobile No: 9944139403
14	Karur Ortho Club (KOC)	Dr.R KARUPPAIYA KG hospital, 99, thiru vee ka road Karur 639001 drkaru@rediffmail.com	Dr.M.Sathish Mobile No:9600856806 DRSATHISHMUTHU@GMAIL.COM
<b>Central Zone –I</b>			
15	Trichy Orthopaedic Society (TOS)	Dr. G. Mukesh Mohan Mobile No :94435 32395 mukmmc@gmail.com	Dr.Terrence Jose Jerrome Mobile No :9965537211 terrencejose@gmail.com
16	Pudugai Ortho Club (POC)	Dr. G. Edwin Mobile No: 9843134840 drgedwin@gmail.com	Dr. E. Rajaraman Mobile No:9842421181 rajan88ortho@gmail.com
17	Perambalur Ortho Club	Dr.M.Arjunan Mobile No:9842162191 sanjuarjunan@yahoo.com	Dr.Arivazhagan Daiko Mobile No:+91 7010083556 ajai30_ortho@yahoo.com



Central Zone –II			
18	Dindigul Ortho Club (DDOC)	Dr. V. Shanmugaraja Mobile No:94433 40780 shanmugarajadr@gmail.com	Dr.Easwara Kumar Mobile No:98421 75108 dreswarortho76@gmail.com
19	Theni Ortho Club (TOC) & Sivaganagai	Dr. M. Srinivasan Mobile No:98946 20152 drsrini2171@gmail.com	Dr. R. Raja Manikandan Mobile No: 94433 81207 roc3ortho@gmail.com
South Zone – I			
20	Nellai Ortho Club (NOC)	Dr.Ivan Samuel Devakumar Mobile: 9677597318	Dr.S.Dhamodaran Mobile: 9578025552
21	Ramnad Ortho Club (ROC)	Dr.Sahaya Stephen Raj Mobile No: 94420 44462 ssrortho@hotmail.com	Dr. Syed Ibrahim Mobile No:9443132086 drsyedibrahim@gmail.com
22	Virudhunagar Ortho Club (VOC)	Dr.Ambalathar Mobile No: 94433 82215 rajeamsan@gmail.com	Dr. Manikandan Mobile No: 94435 45112 drmani_ortho@yahoo.co.in
South Zone – II			
23	Kanyakumari Orthopaedic Society (KKOS)	Dr. Alfred Mobile No: 94444 54844 79049 00717	Dr. K.K.Sastha Mobile No : 94888 66000
East Zone			
24	Thanjai Ortho Club (TOC)	Dr. S. Kumaravel Mobile No: 94431 48852 drskumaravel@gmail.com	Dr. Leo Joseph Mobile No: 94437 37139 / 94437 37139 <a href="mailto:leojoel@yahoo.co.in">leojoel@yahoo.co.in</a>
25	Thiruvarur Ortho Club (TOC)	Dr. Palanivel Mobile No:	Dr. S. Abdul Hameed Ansari Mobile No: 97502 45455 bansarinas@yahoo.com
26	Cholamandalam Ortho Society (COS)	Dr. S.Elangovan Mobile No: 9442262486	Dr. S. Senthil Mobile No: 9842350606
27	Villupuram Ortho Club (VOC)	Dr. K. Muthaiyan Mobile: 9842340382	Dr. Anjan Ramachandranath Mobile: 9443283853 orthoanjan@gmail.com
28	Kallai Ortho Club	Dr.M.Shanmuga Sundaram Mobile: 9443254327	Dr.P.Kumaresan Mobile: 9443960189



## CHENNAI ZONAL REPORT by Dr.T.Aravinth

### Details of the Zone

#### MADRAS ORTHOPAEDIC SOCIETY

Dr. prof amaranth r sowlee- President

Dr ponraj – Secretary

Executive Members of TNOA- Chennai


Dr.A. Navaladi Shankar

Dr.T.Sathish kumar

Dr.Aravinth thamizholi

### Academic Acitivities

Cadaveric workshops	2
Madras orthopaedic society meeting	2
CME	3
Webinar	1
Publications	20
Individual achievements	
Upcoming grand events	





## MMC-TNOA'S BOSS


(BASIC ORTHOPAEDICS SURGICAL SKILLS)

### CADAVERIC WORKSHOP

## LOWER LIMB EXPOSURES




by  
INSTITUTE OF ORTHOPAEDICS & TRAUMATOLOGY  
MMC & RGGGH, CHENNAI - 03.



 7th April 2024, Sunday  
8:00 am - 04:00 pm

**VENUE**  
Cadaveric Skills Lab, Redfort Building,  
MMC Campus.

**EVENT SPONSOR**









**SRI RAMACHANDRA**  
INSTITUTE OF HIGHER EDUCATION AND RESEARCH  
(Category - I Deemed to be University) Porur, Chennai



# SRIHER CADSPINE COURSE 2024

(SRIHER Cadaveric Spine Course)

Date : May 31, June 1 2024

Venue : Cadaver Lab, Ground Floor, College Building,  
SRIHER, Porur, Chennai, Tamil Nadu, India



Course Chairman  
**Dr. K. Karthik Kailash**



Course Secretary  
**Dr. G. Sudhir**

## Organising Committee

**Dr. Aditya Thakur, Dr. Dhinesh N.L., Dr. Vignesh.V**

## Module 1:

- Pedicle Screw fixation - Lumbar Spine
- Transforaminal Lumbar Interbody Fusion
- Iliac Screw fixation
- S2 Alar Iliac Screw fixation

## Module 2:

- Pedicle Screw fixation - Thoracic Spine
- Costotransversectomy
- All posterior cage fixation

## Module 3:

- Minimally Invasive Pedicle Screw fixation
- MIS TLIF using Tubular Retractor system

Registration Fee : INR 15,000/-

For Registrations Contact :  
**Dr. Aditya Thakur - 79997 97119**  
[spinesrmc@gmail.com](mailto:spinesrmc@gmail.com)



## MADRAS ORTHOPAEDIC SOCIETY

(Registered Under Section 10 of Tamil Nadu Societies Registration Act)



Prof. Amarnath R Sowlee  
President  
# 9840317758



Dr. P. Ponraj  
Secretary  
# 9445002787



President Elect  
Prof. B. Pasupathy

Vice-President  
Dr. R. Karu Shammuga Karthikeyan

Immediate Past President  
Dr. P. Balakrishnan

Joint Secretary/TNOA  
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Treasurer  
Prof. S. M. Murali

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Indexing Editor  
Prof. Vijay Narasimman Reddy

Quiz Master  
Dr. Tarun Prasanth

IT Wing Secretary  
Dr. P. Packya Rathnam

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KMC - Dr. Karthikeyan Subramanian  
Rajapattah - Dr. Vishnu Senthil  
Stanley - Dr. Guruprasanth  
SRIHER - Dr. Sriyash Saschaank  
Apollo/TNOA - Dr. Navaladi Shankar  
Govt. Omandurar MC - Dr. V. Rajkumar  
ESIC MC - Prof. N. S. Rajarajan  
Railways - Dr. V. Kannan  
Bone and Joint - Dr. P. Ramkumar  
SIMS - Dr. Velumurgu Srinivasan  
SMF - Dr. Vignesh Ramalingam  
SBMCH - Dr. Subramanya Gandhi  
TNOA - Dr. T. Sathish Kumar

## Madras Orthopaedic Society April Monthly Meeting

### Respected Members,

Warm greetings from MOS President and Secretary cordially invite you for the April Month MOS meeting for the year 2023 - 2024 will be held on 04/04/2024, Thursday at 02:00 PM.

Date: 04/04/2024  
Venue: Sundaram Medical Foundation  
Meyyapalayam, West Ambattur,  
Industrial Estate Chennai  
Lunch: 1.30 PM to 2.00 PM  
Academic Meeting: 2.00 pm - 5.00 PM

### AGENDA

#### 1. Consultants Scientific Session

1. Techniques to Reduce and Hold distal Radius Fractures for LCP Fixation - Prof. Dr. Ravikumar - Past President MOS
2. Proximal Humerus Fractures - Updates - Dr. E. R. Mithun, Senior Consultant, Paravathi Hospital, Chennai.
3. MIO in fracture management & reduction techniques - Prof. Dr. P. V. Jayasankar, Past President TNOA
4. Terrible Triad of elbow fracture fixation - Dr. Saravanan Soudrapandyan Bone & Joint Hospital Chennai.

#### 2. Post graduate Quiz - Prelims, Dr. Packyarthnam,

#### 3. Post Graduates Paper & Scientific Session.

1. Infected Bipolar Hemiarthroplasty with Grade 4 Bed sores treated by Staged procedures - Dr. M. Ramesh PG Free Bapat Medical college and Hospital, Chennai.
2. Functional outcome of closed decompression of osteofascial compartments of leg in patients with proximal tibia fractures with impending compartment syndrome an innovative novel method - Dr. G. Krishna - PG Kilpauk Medical College
3. Teresopivotal Giant cell tumours - A rare case report of diffuse type giant cell tumour of quadriceps muscle Dr. Kishore Raghavendra Rajesh - PG Sri Under Prof. Dr. J. K. Giring unit, Ramachandran Medical College and Hospital Chennai.
4. A case presentation of teresopivotal GCT of foot - Dr. W. Lockman PG Omandurar Medical College, Chennai.

#### 5. Post graduate Quiz Discussion.


PRESIDENT MOS  
Prof. Amarnath Sowlee  
9840317758

SECRETARY MOS  
Dr. P. Ponraj  
9445002787

Official mail id -  
[moschennai@gmail.com](mailto:moschennai@gmail.com)









## MADRAS ORTHOPAEDIC SOCIETY


(Registered Under Section 10 of Tamil Nadu Societies Registration Act)



**Prof. Amarnath R Sowle**  
President  
# 9840317758



**Dr. P. Ponraj**  
Secretary  
# 9445002787



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**President Elect**  
Prof. B. Pasupathy

**Vice-President**  
Dr. R. Karu Shanmuga Karthikeyan

**Immediate Past President**  
Dr. P. Balakrishnan

**Joint Secretary/TNOA**  
Dr. T. Aravindh

**Treasurer**  
Prof. S. M. Murali

**Editorial Secretary**  
Dr. G. Sudhir

**Indexing Editor**  
Prof. Vijay Narasimman Reddy

**Quiz Master**  
Dr. Tarun Prasanth

**IT Wing Secretary**  
Dr. R. P. Packiyarathnam

**RGGGH - Dr. Suresh Anand**  
**KMC - Dr. Hanuman Subramanian**  
**Royapettah - Dr. Vishnu Senthil**  
**Stanley - Dr. Guruswathi**  
**SRIHER - Dr. Srija Seshank**  
**Apollo/TNOA - Dr. Navaladi Shankar**  
**Govt. Omandur MC - Dr. V. Rajkumar**  
**ESIC MC - Prof. M. S. Rajarajan**  
**Railways - Dr. V. Karunan**  
**Bone and Joint - Dr. P. Ramkumar**  
**SIMS - Dr. Velumugan Srinivasan**  
**SMF - Dr. Vignesh Ramalingam**  
**SBMCH - Dr. Subramanya Gandhi**  
**TNOA - Dr. T. Satish Kumar**

**MADRAS Orthopaedic Society May Monthly Meeting**

**Respected Members,**

Warm greetings from MOS President and Secretary cordially invite you for the May Month MOS meeting for the year 2023 - 2024 will be held on 02/05/2024, Thursday at 02.00 PM.

**Date** 02/05/2024  
**Venue** Southern Railway Hospital, Old Radiology Building Auditorium, Perumbur, Chennai.  
**Lunch** 1.30 PM to 2.00 PM  
**Academic Meeting** 2.00 pm - 5.00 PM

**AGENDA**

1. Consultants Scientific Session
  1. Implant choices in THR - Dr. Vijay C. Bose- HOD Orthopaedic SIMS Hospital, Chennai.
  2. Bipolar hemiarthroplasty in fracture Neck of femur - Dr. Kannan Chief Staff Surgeon HOD Orthopaedic Department, Railway Hospital.
  3. Preoperative Assessment of component placement in total hip arthroplasty Prof. Dr. Vijayan Balakrishnan, Professor of Ortho. & Research Saveetha Medical College.
2. Post graduate Quiz - Prelims, Dr. R. P. Packiyarathnam,
3. Post Graduates Paper & Scientific Session.
4. Post graduate Quiz Discussion.

**PRESIDENT MOS**  
Prof. Amarnath Sowle  
9840317758

**SECRETARY MOS**  
Dr. P. Ponraj  
9445002787

Official mail id -  
[moschennai@gmail.com](mailto:moschennai@gmail.com)



**SRI MUTHUKUMARAN MEDICAL COLLEGE HOSPITAL & RESEARCH INSTITUTE**

**Department of Orthopaedics**

**Cordially invites you for the**

**CME ON**

**"Ortho Biologics"**

**April 25<sup>th</sup> 2024**  
**Thursday**  
**10 am to 1 pm**

**VENUE:**  
FOURTH FLOOR SEMINAR HALL HOSPITAL BUILDING SIMMCH & RI

TMC CME Credit points : 1

**OUR SPEAKERS**



Dr. P. V. Vijayaraman,  
D.Ortho., DNB (Ortho.), MCh Ortho., FRCSEd,  
Chief Administrative Officer (CAO),  
SIMMCH & RI.



Dr. T. B. Anand,  
M.B.B.S., M.S. Ortho.,  
Associate Professor,  
Department of Orthopaedics,  
Sri Ramachandra Medical College.



Dr. R. Karu Shanmuga Karthikeyan,  
M.B.B.S., M.S. Ortho., M.Ch. Ortho.,  
Senior Assistant Professor,  
Department of Orthopaedics,  
Govt. Kilgash Medical College.

**DISCUSSIONS AND INSIGHTS**

- 1) Basics & Biology of PRP (Platelet rich plasma)
- 2) Efficacy of autologous platelet rich plasma vs homologous platelet lysate in early OA knee
- 3) AVN - Treatment with three modalities Saving the head

**ORTHOPAEDICS TEAM**







## CHENNAI ORTHO SPINE SOCIETY

### MONTHLY MEETING

**April 25**

**25<sup>th</sup> April 2024,**  
**Thursday - Time : 07.30pm**

**Venue :**  
**Courtyard by Marriott**  
**Teynampet, Chennai.**  
**Hall Name : SUTLEJ Ground Floor**











## CHENNAI ORTHO SPINE SOCIETY

### MONTHLY MEETING

**MAY 30**

**30<sup>th</sup> May 2024,**  
**Thursday - Time : 07.30 p.m.**

**Venue :**  
**Courtyard by Marriott**  
**Teynampet, Chennai.**  
**Hall Name : SUTLEJ Ground Floor**











ONLINE ACADEMIC SESSION  
WEEKLY MEET



**TN PAIN WARRIORS**  
**KNEE SERIES - REGENERATIVE  
THERAPY FOR OA KNEE**

**PRESENTER - DR. Madhan Jeyaraman., MS (Orth)., FEIORA., FASM., FROSM., FIRO., PhD (Stem Cells & Regenerative Medicine).**  
ASSISTANT PROFESSOR OF ORTHOPAEDICS,  
ACS MEDICAL COLLEGE AND HOSPITAL,  
DR MGR EDUCATIONAL AND RESEARCH INSTITUTE, CHENNAI.

**MODERATOR - Prof DR.G.K.Kumar MD.,DA.,FIPP**  
HEAD OF THE DEPARTMENT  
DEPARTMENT OF ANAESTHESIOLOGY AND PAIN MEDICINE  
TN GOVT MULTI SUPER SPECIALITY HOSPITAL, CHENNAI.

Mar 29th, 2024

At 8.30 P.M.

**ZOOM**  
MEETING ID 259 491 1484  
PASSCODE 202131

EVERY FRIDAY

ISAKOS Residency/Fellowship Directory

**Knee and Shoulder Surgery Fellowship**

RATHIMED SPL HOSPITAL  
3RD AVENUE Anna Nagar  
CHENNAI  
TAMILNADU  
INDIA

Program Chair: Ragunathan N.  
0091 9841447007

**Description:** The fellowship offers a unique opportunity of learning newer concepts of Personalised Kinematic Knee Replacement, Knee Preservation techniques even in advanced arthritis in younger patients, Concepts, Preparation and application of Orthobiologicals apart from common Arthroscopy procedures of knee and shoulder. They will participate in OPD, planning, Operation Theatre.

**Number of fellows per year: 2**

**Training Session Length: 6 months**

**The Orthopaedic Speciality Clinic Fellowship Program**

IOA Exchange Fellowship

Award of IOA Turkey  
exchange fellowship for  
2023-24

Inbox



Sameer A... 2 days ago  
to me, Ramchadda...

To

Dr. Sathish Kumar Thangamani

1774, Hig, Tnhb, 4th Main  
Road,  
Velachery, Chennai

Dear  
Dr. Sathish Kumar Thangamani

It is our pleasure to inform  
that you have been awarded  
IOA Turkey Exchange  
Fellowship of Indian

3/28/24, 1:45 PM

Gmail - Award of IOA Malaysia Exchange Fellowship for 2023-24.



Jeyaraman Madhan <madhanjeyaraman@gmail.com>

**Award of IOA Malaysia Exchange Fellowship for 2023-24.**

2 messages

Sameer Aggarwal <drsamer35@yahoo.co.in>

Thu, Mar 28, 2024 at 1:04 PM

To: madhanjeyaraman@gmail.com

Cc: Ramchadda <spineram@yahoo.com>, "Retd. Judge Justice J. R. Midha" <ioaortho2023@gmail.com>, IoA House <ioahousedehi@gmail.com>, Chandra Shekar Yadav <csyadavortho@gmail.com>, C.J Ravi <orthocjr@gmail.com>, Uma <uma@moa-home.com>, moa@moa-home.com

To

Dr. Madhan Jeyaraman,  
87, Nehruji Street, Lakshmiapuram,  
Theni, Tamil Nadu - 625523

Dear Dr. Madhan Jeyaraman,

It is our pleasure to inform that you have been awarded IOA Malaysia Exchange Fellowship of Indian Orthopaedic Association for the year 2023-24.

Accordingly you are requested to start the correspondence with Prof. Tengku Muzaffar Tengku Mohamed Shihabudin, President, Malaysian Orthopaedic Association (MOA) for finalising your visit. He has been copied this mail.

You will attend the Annual Conference of the Malaysian Orthopaedic Association in 2024. MOA will provide complimentary registration, accommodation and local hospitality during the period of fellowship. IOA will reimburse economy airfare for your visit. All other charges i.e. visa, medical insurance will be borne by you.

**Please note:-** You are supposed to complete the fellowship prior to Annual Conference of Indian Orthopaedic Association i.e. IOACON Bengaluru, 2024. Your certificate and cheque for airfare would be given at IOACON, 2024.

We wish you a successful and pleasant stay during your fellowship.

You are requested to send your consent to accept the fellowship to IOA office along with copy to undersigned.

If, you need any help please let us know.

Prof. Sameer Aggarwal  
(Chairman)

International Fellowship Committee 2023-24 of Indian  
Orthopaedic Association  
Professor, Department of Orthopaedics, PGIMER,  
Chandigarh

<https://mail.google.com/mail/u/0/?ik=817c14de11&view=pt&search=all&permid=thread-f1794754634650226797&siml=msg-f1794754634650...> 1/2



## Upcoming Events



**6<sup>th</sup> ANNUAL CONFERENCE OF  
MADRAS ORTHOPAEDIC SOCIETY**

DATE  
16.06.2024, SUNDAY

VENUE  
GOVT. OMANDURAR MULTI-SPECIALITY HOSPITAL

PROF. AMARNATH R SOWLEE  
MOS - PRESIDENT  
ORGANIZING CHAIRMAN

DR. P. PONRAJ  
MOS - SECRETARY  
ORGANIZING SECRETARY



**REGISTRATION FEES**

Consultants : Rs.2000  
Post Graduates : Rs.1000

Last Date for Submission of Abstracts : 31.05.2024  
Registration details and Abstracts to be submitted to :  
moscon2024chennai@gmail.com  
LINK : [REGISTRATION DETAILS](#)

**ACCOUNT NAME**

MADRAS ORTHOPAEDIC SOCIETY  
Bank : INDIAN BANK  
Branch : KILPAUK  
IFSC CODE : IDIB000K037  
Account No : 6087107621

**For Further Enquiries :**

Mail id - moscon2024chennai@gmail.com

DR. ANAND SRINIVAS A. SOWLEE -  
+918056386990, +917904570950,  
+919994100690



**TAMILNADU  
ORTHOPAEDIC  
ASSOCIATION**

**OASIS ICL**

Webinar 2024

**ORTHOBIOLOGICS  
IN ORTHOPAEDICS**

Date : 4th June 2024 from 7.00pm onwards

[CLICK HERE TO REGISTER](#)



12:30 PM

Dr. DEEN MUHAMMED ISMAIL  
PRESIDENT

Dr. V. SINGARA VADIVELU  
IMMEDIATE PAST PRESIDENT

Dr. N. MANIKANDAN  
PRESIDENT ELECT

Dr. S. R. SUNDARARAJAN  
VICE PRESIDENT

Dr. V. THIRUNARAYANAN  
SECRETARY

Dr. C. J. RAVI  
IMMEDIATE PAST SECRETARY

Dr. S. MARIMUTHU  
JOINT SECRETARY

Dr. A. SARAVANAN  
TREASURER

**ORGANISING COMMITTEE**

Dr. A. NAVALADI SHANKAR  
ORGANISING CHAIRMAN

Dr. T. SATHISH KUMAR  
ORGANISING SECRETARY





**Chennai Ortho  
Spine Society**  
invites you to its  
3rd Annual Conference

**COSSCON  
2024**

29th June 2024, Saturday

**Venue :  
Radisson Blu, Egmore**

Current best practices in spine trauma management



Scan for Registration

Theme  
**Spine  
Trauma**



**Chennai Ortho Spine Society**  
invites you to its 3rd Annual Conference

**COSSCON 2024**

29th June 2024, Saturday

**Venue : Radisson Blu, Egmore**



**Gold Medal Paper Session**

- High Quality Original Research work- Basic/Translational/Clinical
- COSS Gold Medal for Best Paper
- 5+2 minutes podium presentation
- Post Grads and Fellows Only
- Abstract Deadline 15th June 2024
- Submit abstracts - chennaiorthospinesociety@gmail.com

For Registration:

Mobile : 8754426920 / 98401 59209 / 99622 77126

Email: chennaiorthospinesociety@gmail.com



Pre-registration is mandatory for the Hands-on workshop



Chennai Upper Limb Teaching Convention

**CULT 20  
24  
CONVENTION**

'Complex Trauma & Arthroplasty of the  
Shoulder, Elbow, Wrist & Hand'

27- 28 July 2024, Hotel Green Park Chennai

For Registrations



Call +91 03814 08710

Course chairman  
**Dr Ram Chidambaram**  
Shoulder & Upper Limb  
Specialist Surgeon



**Program Highlights**

Expert Faculty from Overseas, SESI & ISSH

'Upper Limb Trauma : shoulder to hand'

Shoulder & Elbow Arthroplasty updates

Scaphoid, TFCC Tear & Instability

Instructional lectures with discussion

Live/Relive surgery on trauma & plasty

Panel - Case discussion

Hands on workshop on Shoulder Trauma & Replacement



Sponsored by

Arthro Medical

Steps Walk  
India



**FOOT & ANKLE DEFORMITY  
CORRECTION COURSE**

9th Oct to 13th Oct, 2024

Limited  
**40  
SEATS  
ONLY!**

International Faculty



Dr Mark S Myerson  
USA



Dr DeWayne Neptune  
USA



Dr Sudheer C Reddy  
USA



Dr Arjun K Srinath  
USA



**Venue**

Sri Sathya Sai Medical College & Research Institute  
Sri Balaji Vidyapeeth  
Chennai, India

About Steps2Walk India



# MADURAI ZONAL REPORT by Dr. Prahald Kumar Singhi

## OFFICE BEARERS OF ZONE


President - Dr. JC. Ganesan

Secretary – Dr. R. Karthik Raja

Treasurer – Dr. Mano

Vice President – Dr. B. Sivakumar


Joint Secretary – Dr. Thanappan



**Zero tolerance towards  
Medical violence/Moral violation**

DATE: 4TH MAY 2024 TIME: 8.30 PM  
VENUE: IMA HALL MADURAI

<b>PRESIDENT</b> Dr. JC Ganesan	ROBOTIC ASSISTED TKR IN GENU RECURVATUM
<b>SECRETARY</b> Dr. R Karthik Raja	Dr. Ratheesh, Devadoss Hospital
<b>TREASURER</b> Dr. Mano	PERI IMPLANT FRACTURE FOLLOING PHILOS PLATING
<b>EX OFFICIO</b> Dr. Sathyanarayana Dr. Palani Vel Rajan	Prof. Shankarlal, SLIMS Puducherry DELAYED NEUROLOGICAL DEFICIT IN OSTEOPOROTIC COMPRESSION FRACTURE-MANAGEMENT
<b>VICE PRESIDENT</b> Dr. B. Sivakumar	Dr. Prashanth Palaniappan, PG Madurai Medical College
<b>JOINT SECRETARY</b> Dr. Thanappan	C2 DIRECT PEDICLE SCREW FIXATION FOR TYPE 2 HANGMAN FRACTURE - MOTION PRESERVING SURGERY
<b>TNOA EC MEMBERS</b> Dr. Prahald Singhi Dr. Saravanan	BHARATHIRAJA , Fellow in Spine PREETHI HOSPITALS, MADURAI



**IOA president Theme:  
"Harmonising Hearts, Heads & Hands to Heal"**

**TNOA president Theme:  
Enliven Multicentric Research  
Enlighten and Empower Youngsters**

**Madurai Orthopaedic Society Monthly Meet**

DATE: 1ST JUNE 2024 TIME: 8.30 PM  
VENUE: JC RESIDENCY

<b>PRESIDENT</b> Dr. JC Ganesan	CERVICO-THORACIC TUBERCULOSIS IN EXTREMES OF AGE
<b>SECRETARY</b> Dr. R Karthik Raja	Dr. Gopalakannan, Devadoss Hospital
<b>TREASURER</b> Dr. Mano	PERI IMPLANT FRACTURE FOLLOING PHILOS PLATING
<b>EX OFFICIO</b> Dr. Sathyanarayana Dr. Palani Vel Rajan	Prof. Shankarlal, SLIMS Puducherry LUMBOSACRAL TUBERCULOSIS - MANAGEMENT
<b>VICE PRESIDENT</b> Dr. B. Sivakumar	Dr. Malmurugan, Devadoss Hospital
<b>JOINT SECRETARY</b> Dr. Thanappan	MANAGEMENT OF NEGLECTED TA RUPTURE WITH TENDON GAP OF 4-8 CM
<b>TNOA EC MEMBERS</b> Dr. Prahald Singhi Dr. Saravanan	Dr. Gokul Vishnu, DNB resident, Preethi Hospital FRACTURE ODONTOID MANAGEMENT Dr. Kunal Dheep, Raksha Hospitals







## TNOA-ROCC- Tamil Nadu Orthopedic Association



TNOA is organising TNOA - ROCC,  
Resident Orthopaedic Online Clinical Classroom

Date: 5th May, 2023 Sunday | Time: 11:30 AM - 01:30 PM

Organized By

The Institute of Orthopaedic Research And Accident Surgery (IORAS)  
Devadoss Multispeciality Hospital, Madurai

### Speakers



**Prof. A. Devadoss**

M.B.B., M.Ch.Ortho (Liver pool), F.R.C.S. (Edin.),  
F.R.C.S. (Glasg), F.I.M.S.A., D.Sc. (Honouris Causa)



**Dr. Vibhukrishnan Viswanathan**

M.B.B.S., MS, DNB (Ortho), FNB Spine, MNAMS, M.Ch Ortho  
(USAIM), Dip SICOT (Prague), DTB (Sing), Pgdmhm

Topic	Speaker
Clinical Examination of Hip Joint	<b>Prof. A. Devadoss</b> M.B.B., M.Ch.Ortho (Liver pool), F.R.C.S. (Edin.), F.R.C.S. (Glasg), F.I.M.S.A., D.Sc. (Honouris Causa)
Case Discussion for Pg's Hip Case Infected Non Union	
Clinically Examination of Spine	<b>Dr. Vibhukrishnan Viswanathan</b> M.B.B.S., MS, DNB (Ortho), FNB Spine, MNAMS, M.Ch Ortho (USAIM), Dip SICOT (Prague), DTB (Sing), Pgdmhm

IOA President Theme :  
"Harmonising Hearts, Heads & Hands to Heal"

TNOA President Theme :  
"Enliven Multicentric Research  
Enlighten and Empower Youngsters"



## Dindigul Ortho Club Meeting

**28-04-2024 Sunday**  
**Evening 6.00 pm Onwards**  
**City Square, Dindigul.**

**PRAYER**  
**TAMIL THAI VAZHTHU**  
**WELCOME ADDRESS**

**Dr. JOSEPH CHRISTOPHER BABU, M.S.Ortho.,**  
JCB Hospital, Dindigul.

**Topic**  
Revision Hip Arthroplasty.

**Dr. S.ESWARAKUMAR, M.S.Ortho.,**  
SS Hospital, Dindigul.

**Topic**  
Proximal Humerus Fractures  
- Shoulder Hemiarthroplasty

**Dr. M.ANAND, M.S.Ortho.,**  
Vijaya Hospital, Dindigul.

**Topic**  
Conventional Total Knee  
Replacement For Valgus Deformity.

**FELICITATION TO Rtn. Dr. S.SUNDARARAJAN, M.S.Ortho.,**  
Rotary District Governor 2023 - 2024, Rotary International District - 3203.

### Guest Lecture

**Dr. SATHISH DEVAOSS, M.Ch.Ortho.,**

Vice Chairman, Devadoss Multi Speciality Hospitals, Madurai.

**Topic : My Journey From Conventional To Navigation To Robotic TKR**

**WORKSHOP : ACTIVE ROBOTIC  
KNEE REPLACEMENT**  
Saw Bone Demonstration  
Precession for Perfection in Arthroplasty

Sponsored BY



**Vote of Thanks - Banquet Dinner**

**Dr. V.SHANMUGARAJA** **Dr. S.ESWARAKUMAR** **Dr. R.SENTHILKUMARAN** **Dr. A.ARUL PRASANNA**  
President Secretary Treasurer EC Member

# MADURAI SHOULDER KNEE CON 2024

**MAY 24<sup>th</sup> & 25<sup>th</sup>  
@ MADURAI**



**3 TWIN FELLOWSHIPS**  
(Inland and overseas)

**16+ Live  
Surgeries**

**4 overseas  
Fellowships**

**24 & 25 May  
@ Madurai**

**MEET THE  
ARTHROSCOPY  
GURUS**

**Panel  
discussions**

**CADAVER COURSES  
LEARNING  
OPPORTUNITIES**

**Workshops**

**VANAKKAM & WELCOME**



**MSKC2024 REGISTRATION PAYMENT LINK**  
<https://www.onlinesbi.sbi/sbicollect/collecthome.htm?compID=5502208>





**MASTERING HIP ARTHROPLASTY**  
A COMPREHENSIVE CME EXPERIENCE

COMMEMORATING THE SUPERANNIATION OF OUR BELOVED PROFESSOR

**PROF. V.R. GANESAN**  
M.S., DNB (ORTHO), MNAMS, D.Ortho.

May 18th & 19th of 2024

TRAUMA CARE CENTRE, GOVERNMENT RAJAJI HOSPITAL, MADURAI MEDICAL COLLEGE

Save the date

3 THMC CREDIT HOURS

Updates on hip replacement surgery for budding



manipalhospitals  
LIFE'S ON

**BANGALORE SHOULDER SUMMIT 2024**

**Shoulder Trauma Masterclass**

4TH MAY 2024

Powered by

DePuy Synthes

BENTIRE SOLUTIONS



**TRY - ROBO**  
Advanced 2024

Mukesh Arthro Care HOSPITAL

**TRY - ROBO**  
Advanced 2024

ROBOTIC

Date: 11th & 12th May 2024





## Coimbatore Zone Report by Dr.Baskaran

President -Dr Paari S

Secretary - Dr Karthick S

Treasure- Dr Thennavan AS

### PRESENTATIONS

Dr Sundaraajan - Korean shoulder and elbow society



Calicut, Arthrocon 24- Moderator





## Dr.Dhanasekar-Ganga

1. Live surgery- Salem Revision TKR
2. Alignment in TKR- panel Discussion- 5th -7th April, ISHKS 2024, Kolkatta
3. Faculty at AO Recon Course- Revision and complex primary hip & knee replacement, 28th - 30 th March, 2024.
4. live surgery - Velys robotic TKR, Rajamundry, ROSA(Royalseema Orthopaedic Society) 17th March, 2024.
5. Asia Pacific Orthopaedic Association Annual congress, 2-4th Feb, 2024, Dubai
  - Unicompartement knee replacement
  - TKR in valgus knee
  - Panel discussion - Knee replacements
  - Difficult case presentations in TKR.



## Dr Rajkumar -Pune Arthroplasty course





Dr Yuvaraj, Ortho one

Journal of Clinical Orthopaedics  
and Trauma

Available online 24 April 2024, 102424

In Press, Journal Pre-proof What's this?

A DIRECT SAPHENOUS NERVE  
BLOCK IN TKA: A SURGEON  
FRIENDLY TECHNIQUE!  
CADAVERIC STUDYYUVARAJAN P.<sup>1</sup>, M.A.N.M.O.H.A.N. SHAKYA<sup>1</sup> ✉, ✉,S.U.R.Y.A. PRAKASH<sup>1</sup>, D.A.V.I.D.V. RAJAN<sup>1</sup>,S.E.L.V.A.P.R.I.Y.A. SIVARAMALINGAM<sup>2</sup>,D.E.E.P.A. BENTLY<sup>2</sup>

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<https://doi.org/10.1016/j.jcot.2024.102424> ✎

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Indian Journal of Orthopaedics  
<https://doi.org/10.1007/s43405-024-01154-y>

ORIGINAL ARTICLE

Coronal Plane Alignment Classification of Arthritic Knees  
in a South Indian Population and Functional Outcome Comparison  
Post-mechanical Alignment Total Knee ArthroplastyYuvarajan Palanisamy<sup>1</sup> ✉, Sugumar Natarajan<sup>1</sup> ✉, Arjun R. Prasad<sup>1</sup>, David V. Rajan<sup>1</sup>Received: 18 December 2023 / Accepted: 11 April 2024  
© Indian Orthopaedics Association 2024

## Abstract

**Study Background** Mechanical alignment has always been considered as the gold standard in total knee arthroplasty (TKA), but various other coronal alignment strategies have been proposed to enhance native knee kinematics and thus elevate patient satisfaction levels. Coronal plane alignment of the knee (CPAK) classification introduced by McDewis is a simple yet comprehensive system to classify knees based on their coronal plane alignment. It categorizes knees into nine phenotypes based on medial proximal tibial angle (MPTA) and lateral distal femoral angle (LDFA).

**Materials and Methods** This study investigates the distribution of primary arthritic knees (CPAK) types among arthritic knees in the South Indian population and compares the functional outcomes following total knee arthroplasty (TKA) using traditional mechanical alignment among various CPAK types. The research, spanning from September 2021 to August 2023, encompasses a comprehensive analysis of 324 patients with 352 knees in the first part and 48 patients with 72 knees in the second part of the study who underwent TKA, incorporating demographic data and radiological evaluations.

**Results** Results indicate a predominant distribution of CPAK type 1, followed by type 2 and type 4 among the South Indian population. In the functional outcomes analysis, regardless of CPAK type, patients exhibited significant improvements in Knee Injury and Osteoarthritis Outcome Score (KOOS), Oxford Knee Score (OKS), and visual analog scale (VAS) scores post-operatively.

**Conclusion** CPAK distribution among the South Indian population is comparable to other Asian study and studies with an Asian population, but varies with studies among the White population. Significant improvement of functional outcome among all CPAK types signifies the robust nature of conventional mechanical alignment strategy. Thus, our study serves as an initial exploration into the knee phenotype of the South Indian population and findings contribute to ongoing research on optimal alignment strategies in knee arthroplasty, paving the way for future, more extensive studies in this domain.

**Keywords** Total knee arthroplasty · Knee arthritis · South Indian population · Coronal plane alignment · CPAK · Knee Phenotype classification · Mechanical alignment TKA · Knee Injury and Osteoarthritis Outcome Score · Oxford Knee Score · Visual analog scale

## Introduction

Primary total knee arthroplasty (TKA) stands out as one of the most prevalent and successful surgical procedures, a trajectory expected to surge by a staggering 139% by 2040 and a remarkable 409% by 2060, as projected in recent studies [1]. Traditionally, mechanical alignment strategy has been followed as the gold standard in TKA. This methodology has garnered validation through an array of studies attesting to its role in promoting implant longevity [2, 3]. However, there was a paradigm shift in 2012 when Bellemans introduced the concept of constitutional varus.

✉ Springer

Dr Mukundan, GH

JOJS\_23\_106\_FinalFile

## CLINICAL TECHNIQUE

## A Simple Technique to Locate the Nail Tip in a Buried Interlocking Nail in Femur while Extraction

Mugundan Moongipatti Sengupta<sup>1</sup> ✉, Sugumar Natarajan<sup>2</sup>

Received: 07 December 2023 / Accepted: 01 January 2024 / Published online: 10 January 2024

**Abstract** Bone and background: At times, when interlocking nailing is done, the nail is buried into the medullary canal, and the nail tip is no longer visible. When the nail has to be removed for some reason, the greater traction with abductor attachment has led to embedded more than what is needed to extract the nail tip.

**Objective** The aim of this study is to describe a simple technique to locate the nail tip in a buried interlocking nail in femur while extraction. The aim of this study is to describe a simple technique to locate the nail tip in a buried interlocking nail in femur while extraction. The aim of this study is to describe a simple technique to locate the nail tip in a buried interlocking nail in femur while extraction.

**Keywords** Buried femoral nail tip · Extractors · Intraoperative technique · Intraoperative technique · Intraoperative technique

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**Keywords** Buried femoral nail tip · Extractors · Intraoperative technique · Intraoperative technique · Intraoperative technique

**Introduction** At times, when interlocking nailing is done, the nail is buried into the medullary canal, and the nail tip is no longer visible. When the nail has to be removed for some reason, the greater traction with abductor attachment has led to embedded more than what is needed to extract the nail tip.

**Objective** The aim of this study is to describe a simple technique to locate the nail tip in a buried interlocking nail in femur while extraction. The aim of this study is to describe a simple technique to locate the nail tip in a buried interlocking nail in femur while extraction. The aim of this study is to describe a simple technique to locate the nail tip in a buried interlocking nail in femur while extraction.

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JOJS\_23\_105\_FinalFile

## CLINICAL TECHNIQUE

## Separate Vertical Wiring for Comminuted Inferior Pole Fractures of Patella: An Effective Technique

Mugundan Moongipatti Sengupta<sup>1</sup> ✉, Sugumar Natarajan<sup>2</sup>

Received: 07 December 2023 / Accepted: 01 January 2024 / Published online: 10 January 2024

**Abstract** Inferior pole comminuted fractures of patella are a rare entity. The management of these fractures is challenging due to the comminuted nature of the fracture and the risk of nonunion. The aim of this study is to describe a simple technique to manage these fractures.

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Original Article  
Insertional Footprint of Achilles Tendon on Calcaneal Tuberosity  
in South Indian Population: A Cadaveric StudyMugundan Moongipatti Sengupta<sup>1</sup> ✉, Sugumar Natarajan<sup>2</sup>, Arjun R. Prasad<sup>1</sup>, David V. Rajan<sup>1</sup>

Received: 07 December 2023 / Accepted: 01 January 2024 / Published online: 10 January 2024

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## CONFERENCES

**ORTHO ONE**  
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RUGBY  
FOOTBALL

CONCEPTS  
TECHNIQUES  
EQUIPMENT  
NUTRITION  
REHAB

IOA PRESIDENT THEME: **STRONG BONE STRONGER NATION**  
TNOA PRESIDENT THEME: **IMBIBE TECHNOLOGY INSPIRE YOUNGSTERS**

# COS MONTHLY MEETING

18th MAY 2024

7 PM - 9 PM

Venue: **HOTEL ZONE BY THE PARK**  
COIMBATORE

**7:00 PM**  
**CASE PRESENTATION**

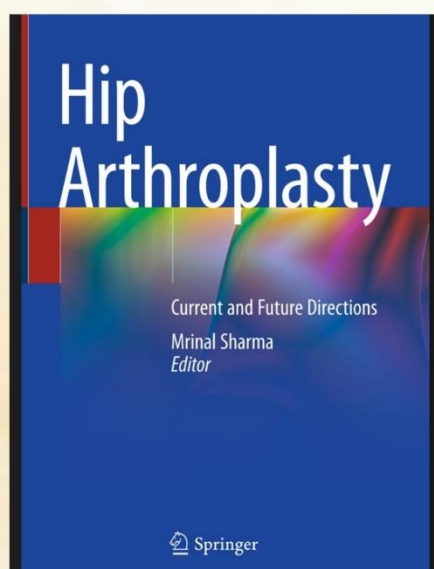
**7:45 PM**  
**"SPINE QUIZ"**  
Quiz Master :  
**DR. BALASUBRAMANIAN**  
Bragathi Hospital

**8:00 PM**  
**"SPINE SURGERY FOR THE**

**DR. VISHNU PRASATH**



## Books



### 56 Proximal Porous Coated Modular Metaphyseal Stems in Primary and Revision THA .....

Dhanasekararaja Palanisami, Soundar Dhanasekaran,  
Rajkumar Natesan, and Rajasekaran Shanmuganathan



## **Dr shanmugasundaram- Social**

**ORTHOPAEDIC Screening Camp conducted for MIGRANT LABOURS at MBS Hatcheries in Kanchampatti Village,Pollachi, Coimbatore.**

**Consultants :**

**Dr.K.Shanmugasundaram**

**Dr.S.Loganathan**

**Dr.Dilip Jaivanth**



**ROTARY CLUB Of Pollachi and ARATHANA HOSPITAL conducted an ORTHOPAEDIC Screening Camp for MIGRANT LABOURS at MBS Hatcheries in Kanchampatti Village,Pollachi, Coimbatore.**

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## NORTH ZONE Report By Dr.J. Dharmarajan

### CLUBS under the ZONE

S NO	CLUBS	OFFICE BEARERS	
		PRESIDENT	SECRETARY
1	CHENGALPATTU ORTHO SOCIETY	Dr. S. MUTHU KUMAR	Dr. DILLIP KUMAR
2	KANCHEEPURAM ORTHO CLUB	Dr. VISHNU VARADHAN	Dr. THIYAGESHWARAN
3	THIRUVANNAMALAI ORTHO CLUB	Dr. S. SENTHIL NATHAN	Dr. K. SENTHIL KUMAR
4	VELLORE ORTHO CLUB	Dr. K. MANIVANNAN	Dr. S. V. AROKIYA JUSTIN

### North Zone

Monthly Meet- 3

CME/ Instructional/ Hands on Course- 3

Guest Lectures/ Faculty (International)-nil

Faculty in State Conferences- 2

Awards-nil

Presentations in national conferences-nil

National/State Conferences-nil

Inventions/ Publications/ Books-nil

### CHENGALPATTU ORTHOPAEDIC SOCIETY

#### MONTHLY CLUB MEETING - CHOS

S.No	MONTH	GUEST SPEAKER	TOPIC	ORGANISER	DELEGATES
1	APRIL	DR. NALLI R GOPINATH	SELECTING CR OR PS IN TKR	CHENGALPATTU MEDICAL COLLEGE	62
		DR.CLEMENT JOSEPH	QUICK EXAMINATION OF SHOULDER, TIPS AND TRICKS & BASIC SHOULDER ARTHROSCOPY		
2	MAY	DR. NARAYANA MOORTY	COMPOUND FRACTURE PEARLS AND PITFALLS	PARVATHY HOSPITAL	50









Under aegis of  
**TAMILNADU ORTHOPAEDIC ASSOCIATION  
 CHENGALPATTU ORTHOPAEDIC SOCIETY**

**APRIL MONTH CHOS MEETING**

Date : 25/04/2024 ; Time : 1:00pm - 4:00pm(Lunch Followed By Meeting)  
 VENUE : Kalyan Grand Hotel, 247, Grand Southern Trunk Rd, Next To  
 Vandalur Zoo, Chennai, Tamilnadu 600048

**Program**

Topic : " SELECTING CR or PS in TKR - What to Know "   
 -DR. Nalli R Gopinath, Associate Professor,  
 Chengalpattu Medical College

Topic : " QUICK EXAMINATION OF SHOULDER, Tips and tricks  
 Basic Shoulder Arthroscopy "   
 -DR. Clement Joseph, Senior Consultant,  
 SIMS Hospital.

Presentation Of Interesting Cases By Various Institutions  
 Meeting Sponsored By Chengalpattu Medical College







Under aegis of  
**TAMILNADU ORTHOPAEDIC ASSOCIATION  
 CHENGALPATTU ORTHOPAEDIC SOCIETY**

**MAY MONTH CHOS MEETING**

Date : 23/05/2024 Time : 1:00pm - 4:00pm(Lunch Followed By Meeting)  
 VENUE : **HOTEL GRAND PALACE , NEAR MIT  
 BRIDGE ,CHROME PET**

**Program**

GUEST SPEAKER - PROF.S.NARAYANAMURTHY.,MS,MRCs,MCH  
 CONSULTANT AND HEAD PLASTIC,AESTHETIC,RECONSTRUCTION AND  
 CRANIOFACIAL SURGERY  
 PARVATHY HOSPITAL

**TOPIC-COMPOUND FRACTURES PEARLS AND PITFALLS**

Presentation Of Interesting Cases By Various Institutions  
 MEETING SPONSORED BY PARVATHY HOSPITAL



## State chapter TNOA CME/ Hands on workshop/ Instructional course lecture/ Hands on Workshop

S NO	TITLE	MODALITY	ORGANISER	DATE
1	BASIC ORTHOPAEDIC SURGICAL SKILLS (BOSS) WORKSHOP	HANDS ON WORKSHOP	SRM MEDICAL COLLEGE HOSPITAL AND RESEARCH CENTRE	13.04.2024
2	CME ON REGENERATIVE MEDINE AND STEM CELL THERAPY	INSTRUCTIONAL COURSE LECTURE	SHRI SATHYA SAI MEDICAL COLLEGE & RESEARCH INSTITUTE & ISCSG	30.04.2024
3	SPRAC 2024	INSTRUCTIONAL COURSE LECTURE	SRM MEDICAL COLLEGE HOSPITAL AND RESEARCH CENTRE	(10.05.2024 - 11.05.2024)



## SPARC 2024

**DEPARTMENT OF ORTHOPAEDICS**  
**SRM MEDICAL COLLEGE HOSPITAL AND RESEARCH CENTRE**  
 Invites you for  
**TNOA PG CRASH COURSE**  
**SPARC 2024**  
**SRM Ortho Post Graduate Academic Revision Course**  
 Venue- SEMINAR HALL, SRM HOSPITAL (Ground Floor)  
 Date : 10<sup>th</sup> & 11<sup>th</sup> of May 2024  
 Organising chairman : Dr.Vijayanand,  
 Co chairman : Dr.Devi Prasad,  
 Dr.Rajavel,  
 For Registration & Further Details  
 Contact : Dr.Surya prasanna (PG) Cell:9789120895  
 Dr.Abhinand (PG) Cell:80158 44737





**Tamilnadu Medical Council**  
 No. 559 & 969, Poonamallee High Road, Purasawakkam,  
 Chennai, Tamil Nadu, India - 600 084.  
<https://tamilnadumedicalcouncil.org>  
**Continuing Medical Education Certificate**  
**SPARC 2024**  
 From 10 May, 2024 to 11 May, 2024 (2 Days)  
 Conducted by  
**SRM Medical College Hospital & Research Centre, Kancheepuram**  
 Program venue  
 SRM Medical College, Kattankulathur, Kattankulathur, Chengalpatt, Tamil Nadu, India-603203  
 This institute activity has been reviewed, accredited, and it has been awarded  
  
 \* One additional credit hour will be awarded to the speakers per day  
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## TNOA'S BASIC ORTHOPAEDIC SURGICAL SKILLS [BOSS]- SRM



**TNOA 45TH PRESIDENT'S THEME (2024 - 2025) :**  
 ENLIVEN MULTICENTRIC RESEARCH ENLIGHTEN AND EMPOWER YOUNGSTERS  
 (வாழ்வை மல்திசெந்திர சர்வதேச அறிவுரைகள், இளம் மருத்துவர்களை ஊக்குவிக்கவும் உதவுக!)

**IOAPRESIDENT THEME (2024 - 2025):**  
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 Basic Orthopaedic Surgical Skills (BOSS)  
 Workshop  
 Fractures around Hip Joint  
 Organised by  
**DEPARTMENT OF ORTHOPAEDICS,**  
**SRM MEDICAL COLLEGE, KATTANKULATHUR**  
 (Date: April 11, 2024 | Venue: Medical College, New Lecture Hall 11 & Anatomy Education Hall)




## CME ON REGENERATIVE MEDINE AND STEM CELL THERAPY – SHRI SATHYA SAI INSTITUTE

**SRI BALAJI VIDYAPEETH**  
 Shri Sathya Sai Medical College & Research Institute  
 (A Unit Of Sri Balaji Vidyapeeth Deemed To Be University)  
**CME INVITATION**  
**DEPARTMENT OF ORTHOPAEDICS**  
 IN ASSOCIATION WITH  
**"INDIAN STEM CELL STUDY GROUP (ISCSG) ASSOCIATION"**  
 Cordially invites you for cme  
**REGENERATIVE MEDICINE & STEM CELL THERAPY**  
 ON  
**"30-04-2024"**  
 VENUE: 4<sup>TH</sup> FLOOR SEMINAR HALL, HOSPITAL BLOCK  
**PATRONS**  
**SHRI.M.K.RAJAGOPALAN**  
 FOUNDER CHANCELLOR,SRV  
**SMT.GOWRI RAJAGOPALAN**  
 CHAIRPERSON,SSSMCRI  
**PROF.DR.NIHAR RAJAN BISWAS**  
 VICE CHANCELLOR,SRV  
**PROF.DR.JOY DEB ROYCHOWDARY**  
 DEAN,SSSMCRI

**CME on Regenerative Medicine & Stem Cell Therapy**  
 ORGANISED BY  
**DEPARTMENT OF ORTHOPAEDICS**  
**Shri Sathya Sai Medical College And Research Institute**  
 IN ASSOCIATION WITH  
**INDIAN STEM CELL STUDY GROUP (ISCSG) ASSOCIATION**  
 OR  
**DATE: 30.04.2024**

Time	Topic	Speaker
9:30 AM	Tamil Thiruvanthu SRV Anthem	
9:30 AM - 09:50 AM	Inauguration Welcome Address And Introduction Of Faculties	Prof. Dr. T. Sundararajan (HOD Of Orthopaedics)
9:50 AM - 10:10 AM	Key Note Address And Felicitation Of Faculties	Prof. Dr. Jayalitha Raghavendran Dean -SSSMCRI
10:10 AM - 10:30 AM	Stem Cell Therapy In Orthopaedics	Dr. Madhan Jayaraman MS (Ortho), PhD(Ragun Maiti Additional Director ACS Advanced Medical Research Institute, Chennai)
10:30 AM - 10:45 AM	PRP & Stem Cells In Hair Regeneration	Dr. Jayalitha Raghavendran / Department of Dermatology SSSMCR
10:45 AM - 10:55 AM	PRP & Stem Cells In Non-healing Ulcers	Dr. G. Murugeshan MS HOD-General surgery,SSSMCRI
10:55 AM - 11:10 AM	Indian / FDA / CDRI Approved Stem Cell Therapy & 3D Printing Of Bone	Dr. Ravi VS MS (Ortho) Director-Mother Cell Regenerative Centre(MCRC),Tiruchy
11:10 AM - 11:30 AM	Pharmacodynamics Of PRP & Stem Cells In Erectile Dysfunction	Dr. M. Naveen Prasad MBBS, MD, FCSM(Sex Med), FRCRBM (Sex)
11:30 AM - 11:50 AM	Bone Marrow Stem Cell Therapy For Osteoporosis	Dr. Shrinubha Baskararajan MD Anaesthesia & Pain physician
11:50 AM - 12:00 PM		
	Vote Of Thanks	Prof. Dr. Abdul Kader MS Ortho



## NMC Accredited points with names of programs

S NO	TITLE	MODALITY	ORGANISER	DATE	Credit Hours
1	TNOA'S BASIC ORTHOPAEDIC SRUGICAL SKILLS [BOSS]	HANDS ON WORKSHOP	SRM MEDICAL COLLEGE	13.04.2024	2
2	SPARC 2024	INSTRUCTIONAL COURSE	SRM MEDICAL COLLEGE	(10.05.2024 & 11.05.2024)	4

## Academic Literature (Writing,editing , Translating) Books

18.05.2024 - Role of outpatient UKA in Salem knee Course by kurinji hospital Salem by Dr.Vetrikumar Parvathy hospital. 25.05.2024 – Basic TKR workshop in MG by M college, Pondicherry by Dr.Vetrikumar Parvathy hospital.

## Community and Social Responsibility activity

DATE	ORGANISER	TYPE	LOCATION	ATTENDEES
25.05.2024	SRM MEDICAL COLLEGE	FREE BMD CAMP	KANCHIPURAM	75
20.05.2024	PARVATHY HOSPITAL	FREE BMD CAMP	PARVATHY HOSPITAL ORAGADAM	20
15.05.2024	PARVATHY HOSPITAL	FREE BMD CAMP	RAMALINGA CONSTRUCTION /ORAGANAM	70
20.04.2024	PARVATHY HOSPITAL	FREE BMD CAMP	CRESCIA APARTMENT	56
03.04.2024	PARVATHY HOSPITAL	FREE BMD CAMP	MADRAS CHRISTIAN COLLEGE	70

## SRM & PARVATHY CSR ACTIVITIES





## KANCHI ORTHO CLUB

MONTH	GUEST SPEAKER	TOPIC	ORGANISER	DELEGATES
MAY 2024	DR. M.P.PARTHASARATHY	RECENT DEVELOPMENT ON NSAIDS INDUCED ULCER	KOC TEAM	22



### South Zone – 1 Report by Dr.J.Balakannan

#### TNOA AFFILIATED CLUBS

##### Nellai Ortho Club – Tirunelveli, Tenkasi & Thoothukudi Dist.

President : Dr.IVAN SAMUEL DEVAKUMAR  
 Secretary : Dr.S.DHAMODARAN  
 Treasurer : Dr.S.AZARIAH HERBERT

##### Ramnad Ortho Club- Ramanathapuram Dist

President: Dr. SAHAYA STEPHENRAJ  
 Secretary: Dr. GALEELUR RAHMAN

##### Virudhunagar Ortho Club – Virudhunagar, Sattur Rajapalayam

President: Dr. AMBALATHARASAN  
 Secretary: Dr.J. MANIKANDAN



## MEMBERSHIP DATA - SOUTH ZONE I

TNOA LIFE MEMBERS	
AREA	NUMBER OF ORTHOPAEDIC SURGEONS PRACTICING IN THE ZONE
Virudhunagar	21
<u>Ramanathapuram</u>	10
<u>Tirunelveli</u>	42
Tenkasi	12
Thoothukudi	22
<b>Total</b>	107
<b>New Members Enrolled</b>	25

## ACADEMIC ACTIVITIES

- Clinical meetings are conducted at Department of Orthopaedics, TVMCH & TKMCH Every Saturday from 12.00 – 2.00 p.m
- Various interesting cases, Post operative follow up and P.G Case presentation were done under the guidance of Professors Dr.Manikandan Dr.Suresh kumar,Dr.Arockiya amalan and Dr Pavalan, Dr.Mageswaran ,Dr.Makesh ram and Assistant Professors.



## NURSES' DAY AWARENESS SPEECH BY DR.JAMES SUNDAR SINGH MAY 6





## தென்காசியில் மாற்றுத் திறனாளிகளுக்கான சுயம்வர திருவிழா



swayamvara function was held on 13/05/2024 for the physically challenged. About 300 physically challenged persons across the state participated. out of which 30 couples have been finalized. . The marriage for 15 couples is being arranged on 29/08/2024 at courtallam. The whole express of the marriage will be done by our rotary club (rotary club of courtallam

**Nellai Ortho Club**

Cordially invite you for the  
May month's NOC Meet on  
**May 25<sup>th</sup> Saturday**  
(25.05.2024),  
around 8.30 pm at  
**Hotel Aryeas,**  
Tirunelveli Junction.

**GUEST LECTURE**

Treatment algorithm in spondylolisthesis **Dr. S. JAIKISH**  
Atlas Hospital, Trichy.

**Scientific Topics Presentation**

1. Froesche approach - upper tibia  
- a case report **Dr. Sivapranil,**  
Postgraduate,  
TKMCH, Thoothukudi.
2. Kyphoplasty for Chronic Pain following  
Osteoporotic spine fracture - case report **Dr. K. Sekar,**  
Kauvery Hospital, Tirunelveli.
3. Springel Shoulder series **Dr. C. Baskar,**  
Parvathy Hospital, Kalakkad.

**Dr. Ivan Samuel Devakumar** President  
**Dr. S. Dhamodaran** Secretary  
**Dr. S. Azariah Herbert** Treasurer



## Nellai Annual Oration



**Nellai Ortho Club**

**NOC ANNUAL ORATION**

**25<sup>th</sup> SATURDAY JUNE 2024**

**VENUE: Silver Stone Park Resort**

We the member of Nellai Ortho Club  
cordially invite you for the  
NOC's Second Annual Oration

**NOC's Second Oration by**  
**Prof. N. Deen Mohammed Ismail**  
TNOA President

**Guests of Honor**

<b>Prof. N. Manikandan</b> President Elect	<b>Dr. S.R. Sundarajan</b> Vice President	<b>Dr. V. Thirunarayanan</b> Secretary
<b>Dr. S. Marimuthu</b> Joint Secretary	<b>Dr. A. Saravanan</b> Treasurer	<b>Dr. J. Balakannan</b> E.C. Member
<b>Dr. Ivan Samuel Devakumar</b> President	<b>Dr. S. Dhamodaran</b> Secretary	<b>Dr. S. Azariah Herbert</b> Treasurer

Organized by  
**Nellai Ortho Club**

IOA PG teaching programme will be conducted in the Department of Orthopaedics, Tirunelveli Medical college on September 7 and 8.



## East Zone Report by Dr.M.Balamurugan

### CLUBS under the ZONE

#### 1.CHOLAMANDALAM ORTHO SOCIETY

PRESIDENT - Dr.S.ELANGO VAN  
SECRETARY - Dr.S.SENTHIL

#### 2.THANJAI ORTHO CLUB

PRESIDENT - Dr.Prof.KUMARAVEL  
SECRETARY - Dr. LEO JOSEPH

#### 3.THIRUVARUR ORTHO CLUB

PRESIDENT - Dr A. PALANIVEL  
SECRETARY - Dr ABDUL HAEMEED ANSARI

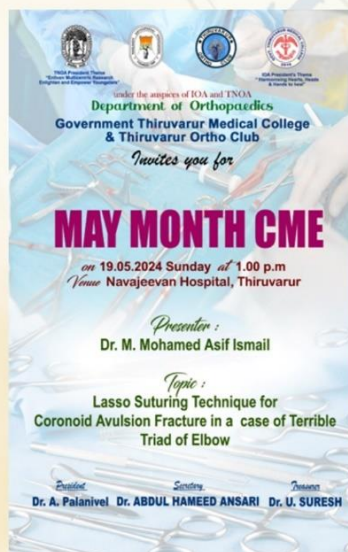
#### 4.VILLUPURAM ORTHO CLUB

PRESIDENT - Dr K.MUTHAIYAN  
SECRETARY - Dr V.ANJAN RAMACHANDRANATH

### OVERVIEW

- MONTHLY MEET -1 (THIRUVARUR ORTHO CLUB)
- TNOA CME/INSTRUCTIONAL COURSE/HANDS ON COURSE- 1 (THANJAI ORTHO CLUB)
- GUEST LECTURES/FACULTY-INTERNATIONAL/NATIONAL/STATE
- PRESENTATIONS IN NATIONAL/STATE CONFERENCES
- AWARDS
- INVENTIONS/PUBLICATIONS
- SOCIAL ACTIVITIES

### CME – THIRUVARUR ORTHO CLUB





## MONTHLY MEET-THANJAVUR ORTHO CLUB



### THANJAI ORTHO CLUB THANJAVUR

**You are cordially Invited for the Ortho Club Meet on 25-05-2024 Saturday at 8.00 pm**  
**Venue: Hotel Sangam, Thanjavur**

**Topics:-**

1. Ultrasound Guided Hydro dilatation for Adhesive Capsulitis Shoulder  
**Dr. Kishore Kumar, M.S.Orth, D.N.B.Orth [KEMH-MUMBAI],**  
Consultant Orthopaedic Surgeon,  
Sri Kamatchi Medical Centre, Thanjavur.
2. Interesting Case Presentation by Members

**President**  
**Dr. Kumaravel**

**Secretary**  
**Dr. Leo Joseph**

**Treasurer**  
**Dr. Dhanagopal**

CLUBS	NATIONAL FACULTIES	STATE FACULTIES
CHOLAMADALAM ORTHO SOCIETY	NIL	<ol style="list-style-type: none"> <li>1. PROF R.NEELAAKRISHNAN</li> <li>2. DR.S.NATARAJAN</li> <li>3. DR SENTHILNATHAN</li> <li>4. DR DHANPAL SINGH</li> <li>5. DR MANOHAR</li> <li>6. DR SANTHOSH KUMAR</li> </ol>
THIRUVARUR ORTHO CLUB	NIL	<ol style="list-style-type: none"> <li>1. PROF.DR.PALANIVEL</li> <li>2. DR ABDUL HAMEED ANSARI</li> </ol>
THANJAVUR ORTHO CLUB	DR LEO JOSEPH	<ol style="list-style-type: none"> <li>1. DR. venkatesan,</li> <li>2. DR. Barathy,</li> <li>3. DR. Thirumalai pandian.</li> </ol>
VILLUPURAM ORTHO CLUB	NIL	<ol style="list-style-type: none"> <li>1. PROF.DR ANJAN RAMCHANDRANATH</li> </ol>
ORATORS	DR S.PANDIAN	

## TNOA –MIDYEARCME



### TNOA PROF.T.K.S MIDYEARCON -2024

**Date : 20, 21 JULY 2024**  
**Venue : G.S. RESORTS, VELANKANNI**

**INSTRUCTION FOR ABSTRACT SUBMISSION**

1. Free Paper Presentation & Free Poster Presentation for Post Graduates planned timing will be 5-7 minutes (subject to change after the final programme schedule)
2. Presenting author should be associate member of TNOA and he should mention the membership number during abstract submission
3. The presenter should have registered in the MIDYEARCME
4. Only online submission of abstract is allowed
5. The abstract should be sent to e-mail ID : scientificcommitteemidyearcon@gmail.com
6. Last date of abstract submission is 31<sup>st</sup> May 2024
7. Posters are E posters. And should be submitted as 5 power point slides
8. The scientific committee reserves the right to accept or reject any paper or put into any of the categories without assigning any reason
9. The Abstract should be divided into the following headings  
A) Introduction B) Aim of the study C) Materials and methods D) Results E) Conclusions
10. A presenter may present only one paper. Additional posters can be presented
11. Members of the scientific committee will review all Abstract submissions.
12. Review Acceptance & Notification acknowledgement of receipt will be sent via e-mail. By June 15<sup>th</sup>
13. For any queries, regarding Poster (or) Paper Presentation

Kindly contact : 9788045956

## Invitation -TNOA2025



### 1 DAY LEFT

**For Early Bird Registration up to 31 May 2024**

**CHOLAMANDALAM ORTHO SOCIETY**  
TNOA CON-2025 - FEB-7,8,9  
Sangamithra Convention Centre,  
Vannur Taluk, Villupuram Dist.

**FOR REGISTRATION**

The Registration fee includes Conference, workshop, Journal Indexing fund, Incidentals Charges and inclusive GST

The Journal Indexing fund (INR.750) and Incidentals Charges (INR.250) are Applicable for all Delegates, PG's and Senior Citizens.  
(Not Applicable for Accompanying Person\*) (Not applicable for GST\*)

**FOR PAYMENT**






**IOA President's Theme**  
"Harmonising Hearts, Health, Heads & Hands to Heal"

**TNOA President's Theme**  
உயிர்கள், ஆரோக்கியம், உயிர், மனம், கைகள்  
Harmonising Hearts, Health, Heads & Hands to Heal  
Enriching Multicentric Research Enrichment and Empower Youngsters

Category	Early Bird Registration up to 31 May 2024	April 2024 to November 2024	January 2025	Post Registration February 2025
Member	Rs.11,000	Rs.12,000	Rs.13,000	Rs.15,000
Non-Member	Rs.12,000	Rs.13,000	Rs.14,000	Rs.16,000
PG Student	Rs.10,000	Rs.11,000	Rs.12,000	Rs.14,000
Senior Citizen Above 60 Years	Rs.8,000	Rs.9,000	Rs.10,000	Rs.12,000
Accompanying Person	Rs.10,000	Rs.11,000	Rs.12,000	Rs.14,000



## West Zone – 1 Report by Dr.B.Bhupesh Karthik

### CLUBS under the WEST ZONE - I

Midwest Ortho Society

Namakkal Ortho Society

Dharmapuri Orthopaedic Society

Krishnagiri Ortho Society

#### Midwest Ortho Society



Dr. K. Mohana Sundaram  
President



Dr. G. Mylvahanan  
Secretary



Dr. R.M. Vignesh Karthik  
Treasurer

#### Namakkal Ortho Society



Dr. K.M. Ravichandran  
President



Dr. M. SivaKumar  
Secretary



Dr. P.M. Suresh Kumar  
Treasurer

#### Dharmapuri Orthopaedic Society



Dr. J. Senthilnathan  
President



Dr. M. Ravi  
Secretary



Dr. N. Tamil Selvam  
Treasurer



Dr. K. Ramesh  
Vice President



Dr. N. Prasanna Venkatesh  
Treasurer

#### Krishnagiri Ortho Society



Dr. V. Ashok Kumar  
President



Dr. V. Sreenivasa Gowda  
Secretary



Dr. T. Santhosh  
Treasurer

## CME/ Hands on workshop/ Instructional course lecture under TNOA Agesis

Salem Operative Spine Course 24.04.2024 Dr.Vishnu Prasath





ICA President Thirum  
"Preserving Health,  
Hearts & Hands to Heal"



**KURINJI**

ICA President Thirum  
"Sister Believes, Research  
Enlightens and Empower Women"

**KURINJI**

**SKC**

Sister  
First  
Course

18<sup>th</sup> - 19<sup>th</sup> MAY 2024





**4 TNMC  
Credit Points  
Allotted**

**DAY-2**

**SUNDAY 19 MAY**

*SAVE the date*

**18<sup>th</sup> & 19<sup>th</sup> MAY-2024**

VENUE : KURINJI HALL 3  
HOTEL CENTRE'S GARDENS, SALEM

[Click Google Form](#)

**LIVE SURGERY - 1**

**Rhectic Complex Primary XKA**



Surgens

**Dr.N.V. Srinivas**

**LIVE SURGERY 2**

**Complex Primary-XKA**



Surgens

**Dr.Rajakumar Natesan**

**LIVE SURGERY 3**

**Rhectic UKA**



Surgens

**Dr.Mahesh Mohan**

**LIVE SURGERY 4**

**Revision Total Knee Arthroplasty**



Surgens

**Dr.Dharmarajan Raja**

**Registration Fee - Rs.2500/- Post graduate - Rs.1000/-**

**FOR REGISTRATION CONTACT:**

Dr. Shreeram Ve - 90353 59085

Dr. Siddharth Arthark - 88883 64466

Dr. Shreeram Ve Email: [shreeramve@kicai.org](mailto:shreeramve@kicai.org)

Name: \_\_\_\_\_

Age In: [REGISTRATION CARD](#)

Branch: Sister MSc

PGIC: [REGISTRATION CARD](#)

Dr. Shreeram Ve - 90353 59085

Dr. Siddharth Arthark - 88883 64466

Dr. Shreeram Ve Email: [shreeramve@kicai.org](mailto:shreeramve@kicai.org)

[illegible]

A group of men are seated in a room, listening to a presentation. They are arranged in rows, facing towards the left side of the frame. The men are dressed in casual to semi-formal attire, including shirts, trousers, and jackets. The room has a wooden wall in the background and a table with a water bottle in the foreground.



## Guest lecture

**Dr.Vishnu Prasath**

**Salem Operative Spine Course: Organiser**  
**Annapoorna Medical College**  
**Coimbatore Orthopaedic Society**

**Dr.B.BhupeshKarthik**

- Bangalore Shoulder Summit (May 5th): Lecture
- Kurinji Salem Knee Course (May 18th): Lecture + Live Surgery
- Madurai Shoulder & Knee Conference (May 24th-25th): 3 Lectures + Live surgery
- Dharmapuri Orthopaedic Society (April 24): Lecture

**Performed live knee arthroscopy surgery / delivered lectures at these events**

## Social activity

**Dr.P.Ramprasath Delivered lecture on எலும்பு பாதுகாப்பு at Rotary Club Salem Main**  
**10.05.2024**





## West Zone – 2 – Report by Dr.S.Kumaravel

### Erode District Ortho Society (EDOS)



**President :**  
**Dr.P.T.SAKTHIVEL**



**Secretary :**  
**Dr.T.JANARTHANAN**

### Tirupur District Ortho Club



**President :**  
**Dr.G.Balamurugan**



**Secretary :**  
**Dr.A.Gautham Vinayakh**

**Karur Ortho Club President : Dr.Sathish**

**Members approximately : 130**

**New Members Inducted : 3**

### Monthly Meetings

**Erode District Ortho Society 2 Monthly meet**

**Tirupur Ortho Club 1Monthly Meet**



## ERODE DISTRICT ORTHO SOCIETY ACTIVITY

APRIL MONTH MEET	1	May MONTH MEET	1
Date	-27.04.2024	Date	-25.05.2024
Venue	D WAY FARR INN ,ERODE	Venue	D WAY FARR INN ,ERODE
Recourse Person		Recourse Person	
Persons Trained	35	Persons Trained	36

**IOA President's Theme**  
Harmonising Hearts,  
Heads & Hands to heal

**TNOA President's Theme**  
Enliven Multicentric Research  
Enlighten & Empower Youngsters

### ERODE DISTRICT ORTHO SOCIETY

Dear Members,  
Greetings!

We are cordially inviting you to attend our monthly meet  
on 27.04.2024.

**Arthroscopic BBC procedure**  
**When and How I do it ?**  
**Speaker :**  
**Dr. Boopathi Krishnan**  
M.S.C Ortho, DMET Ortho, MRCO (London), FRCS (Trauma & Ortho)  
Consultant Trauma and Orthopaedics, KMC, Coimbatore

**President**  
**Dr. P.T. Sakthivel**  
M.S. ORTHO  
Reg No. 52345

**Treasurer**  
**Dr. Naresh Dhanakodi**  
D.N.B ORTHO, MNAMS, FIAS (Germany)  
Reg.No. 76092

**Secretary**  
**Dr. T.Janarthaanan**  
MBBS, D(Ortho), DNB  
Reg.No. 77228

**EC Member**  
**Dr. S.Kumaravel**  
MBBS, MS(Ortho)  
Reg.No. 75893

**Venue : D'WAYFARER INN, Erode**  
**Date : 27.4.2024 ( Saturday )**  
**Time : 7.00 p.m.**

**ipca**  
A Group of life





## TIRUPPUR ORTHO CLUB ACTIVITY



**TIRUPPUR DISTRICT ORTHO CLUB**

We cordially invite you to the May month TDOC meeting & Installation Ceremony of our new office bearers. Hoping for your presence on that day

Chief Guest for the function:



**DR. S. SUNDARARAJAN,**  
Patron of TDOC &  
District Governor-2023-2024, RID: 3203.

VENUE : HOTEL MKM RICH,  
RAYAPURAM, TIRUPPUR.

DATE : 17-05-2024.

TIME : 7.30PM.

The Following will assume office as

1. Dr.G.Balamurugan (BM ORTHO) as President of TDOC
2. DR. Dr.A.Gautham Vinayak as Secretary of TDOC.

With regards and anticipation to more fruitful meeting,

DR.S.SELVAKUMAR, PRESIDENT, TDOC. DR. VIJAYARAJ, SECRETARY, TDOC

DR.S.SUNDARARAJAN, PATRON OF TDOC. DR.R.GANESAN, EX. EC MEMBER WZ II

DR.S.KUMARAVEL, EC MEMBER WEST ZONE II

104 PRESIDENT THEME FOR 2024-2025-HARMONISING HEARTS, HEADS&HANDS TO HEAL

104A PRESIDENT'S THEME FOR 2024-2025:

ENLIVEN MULTICENTRIC RESEARCH: ENLIGHTEN & EMPOWER YOUNGSTERS



## Central Zone – 1 Report by Dr.P R.Ramasamy

### TIRUCHIRAPALLI ORTHOPAEDIC SOCIETY

- President : Dr G Mukesh Mohan
- Secretary : Dr J Terrance Jose Jerome
- Joint Secretary : Dr G Ramesh Prabhu
- Treasurer : Dr I Geethan
- EC Member :Dr S Sokkalingam
- ECMember : Dr R Devendran
- EC Member : N Ajit Kumar
- EC Member : L Rajesh Kumar

### Monthly meetings



**Tamilnadu Medical Council**  
No. 959 & 960, Poonamallee High Road, Poonamallee,  
Chennai, Tamil Nadu, India - 600 084.  
<https://tamilnadumedicalcouncil.org>

**Continuing Medical Education Certificate**

**TOS April Monthly meeting**  
on 27 Apr, 2024 (1 Day)  
Conducted by  
Tamilnadu Orthopaedic Association

Program venue  
Hotel Donna Lygon, Trichy, Trichy, Tamil Nadu, India-620017

This institute activity has been reviewed, accredited, and it has been awarded



\*One additional credit hour will be awarded to the speakers per day

Dr. V. Kamanga  
REGISTRAR

085407372

Please use this link to verify  
<https://www.tamilnadumedicalcouncil.org/verify/085407372>  
or Scan the QR Code

Accredited on  
24 Apr, 2024



**Tamilnadu Medical Council**  
No. 959 & 960, Poonamallee High Road, Poonamallee,  
Chennai, Tamil Nadu, India - 600 084.  
<https://tamilnadumedicalcouncil.org>

**Continuing Medical Education Certificate**

**TOS May month meeting**  
on 31 May, 2024 (1 Day)  
Conducted by  
Tamilnadu Orthopaedic Association

Program venue  
Hotel Donna Lygon, Trichy, Trichy, Tamil Nadu, India-620017

This institute activity has been reviewed, accredited, and it has been awarded



\*One additional credit hour will be awarded to the speakers per day

Dr. V. Kamanga  
REGISTRAR

077337434

Please use this link to verify  
<https://www.tamilnadumedicalcouncil.org/verify/077337434>  
or Scan the QR Code

Accredited on  
24 May, 2024



### Dr Jaikish-Salem, Dr Terrance-Japan and Dr Ramasamy-Kochi



TIME	TOPIC	SPEAKER	CHAIRPERSON
1:40 - 2:00 PM	<b>LUNCH</b>		
2:00 - 2:15 PM	<b>Registration</b>		
2:15 - 2:30 PM	1. Presentation Approach	J. BASTIAN (SWITZERLAND)	
2:30 - 2:45 PM	2. Strategic the education	J. BASTIAN (SWITZERLAND)	KIDORE PRINZA
2:45 - 3:00 PM	3. Approaches to success	JOHN SHIR	ALEX JACOB
3:00 - 3:15 PM	4. A keynote speech on Israel	CHAGAL KATZ	
3:15 - 3:30 PM	5. Finding the Professionalization Center/Member	MOSHE ADAMIA (UK)	
3:30 - 3:45 PM	<b>PANEL DISCUSSION</b>	KIDORE PRINZA	
3:45 - 4:00 PM	<b>KEYNOTE ADDRESS - "You and Youself in the present and future: accessible leadership"</b>	PROF STEPHANO MAGGIORANI (SWITZER)	JACQUES VARENE
4:00 - 4:15 PM			FADAL KAREEM
4:15 - 4:30 PM	1. Finding the focus	ORGANIZATIONS	
4:30 - 4:45 PM	2. Developing projects around politics, Middle Eastern Leadership	ORGANIZATIONS JAMBU	
4:45 - 5:00 PM	3. Developing the corporate business	FADAL KAREEM	JOHN MAGGIORANI
5:00 - 5:15 PM	4. Developing public with corporate world, Is the answer for Israel?	JOHN MAGGIORANI	STEFANUS KATZ
5:15 - 5:30 PM	5. SACI Inventions contributions, What is the greatest challenge?	SARIEL KATZ (ISRAEL)	
5:30 - 5:45 PM	<b>REGISTRATION OPENING DISCUSSION</b>	C / JAMBU (USA)	BARBARA TAYLOR
5:45 - 6:00 PM	<b>REGISTRATION</b>		
6:00 PM	<b>GENERAL BODY MEETING</b>		
6:30 PM	<b>WELCOME SPEECH</b>		
6:45 PM	<b>WELCOME SPEECH</b>		
7:00 PM	<b>WELCOME SPEECH</b>		

**CME/ Hands on workshop/ Instructional course lecture under TNOA Agesis**



**DHANALAKSHMI SRINIVASAN  
Medical College and Hospital**  
Srinivasar, Perambalur, Tamil Nadu - 621 011 Ph: 04268 - 24001  
Email: [admission@dhsmcollege.org](mailto:admission@dhsmcollege.org)

**TNOA President Theme**  
Enriches Multicentric Research  
Enlighten and Empower Youngsters

**IOA President Theme**  
"Enriching Hearts,  
Hands & Minds to Lead"






**DEPARTMENT OF  
ORTHOPEDICS**

PROGRAM WITH LIVE SURGERY ON

**CURRENT TRENDS AND  
RECENT ADVANCES IN ARTHROPLASTY  
FOR YOUNG SURGEONS**

**HIGHLIGHTS OF CME**  
2 LIVE SURGERIES IN HIP & KNEE  
RENOIWNED NATIONAL FACILITIES




Date : 28.02.2024, Wednesday  
Time : 8:15 a.m. to 2:00 p.m.  
Venue : First Floor Lecture Hall,  
Hospital Block, DSMCH.

**REGISTRATION FORM**



SCAN THE QR CODE FOR REGISTRATION

**REGISTRATION DETAILS**

Registration is mandatory

Registration Fee: Rs.200/-

## MUKESH ARTHRO CARE HOSPITAL

### TRICHY

# TRY - ROBO

## Advanced 2024

Theme


**ADVANCES IN - ROBOTIC JOINT SURGERY**

Save the Dates


**May 11th & 12th, 2024**

Organised by: **Dr. G. Mukesh Mohan** M.S., DNB Ortho,  
President, IOS

## Paper presentation and guest lecture in IOACON/OASISCON



**INDIAN MEDICAL ASSOCIATION**  
Madurai Meenakshi Branch



**MEENAKSHI MISSION**  
HOSPITAL & RESEARCH CENTRE  
Madurai - 625 002

Dear Doctor,

# We cordially invite you to a

# CME ACADEMIC MEETING

Date: **16.03.2024 (Saturday)** | Time: **02:00 p.m.** onwards

Venue: **6th Floor, Conference Hall,  
Meenakshi Academic Meeting, Madurai**

CHAIRPERSON	
<p><b>Dr. S. SELVAMANI, DNB, (Gen Med) DNB, (Cardiology)</b> Senior Consultant - Interventional Cardiology Dept. of Cardiology, MHRC, Madurai.</p>	
TOPIC	SPEAKER
<p><b>How to Write and Publish a Scientific Paper?</b></p>	<p><b>Dr. J. Terrence Jose Jerome, MBSB, DNB, (Ortho) FACS (01 NAB, (Neuro Surgery))</b> European Diploma in Hand Surgery, FRCR, RCGMSE, Consultant &amp; HOD - Ortho, Hand &amp; Reconstructive Microsurgery, Olympia Hospital and Research Centre, Trichy</p>

Please join us for **LUNCH @ 01.00 p.m.**

ANTICIPATING YOUR ESTEEMED PRESENCE

<b>IMA - Madurai Meenakshi Branch</b>	
<p><b>Dr. K.M.Sethi/Suman</b> President</p>	<p><b>Dr. R. Ganesh</b> Jt. Secretary</p>
<p><b>Dr. P. Ananda Selvakumar</b> Hony. Secretary</p>	<p><b>Dr. R. Ganesh</b> Jt. Secretary</p>



**TICKET 0.5  
CREDIT POINTS APPROVED**

**WELCOME TO ALL DOCTORS**

[illegible]



## Publishing Articles in Journals

### CASE REPORT

## A Case of Xanthoma of Bilateral Tendoachilles Reconstructed with Fascia Lata Graft X

S Jaikish<sup>1</sup>, Balaji Sambandam<sup>2</sup>

Received on: 23 July 2023; Accepted on: 20 August 2023; Published on: 12 January 2024

### ABSTRACT

**Aims and background:** Cerebrotendinous xanthoma is an autosomal recessive disorder characterized by a lack of production of primary bile acids and accumulation of cholesterol in various tissues like the brain, spinal cord, peripheral nerves, eyes, and tendon in the form of xanthomas. This is a case report of one such patient who had xanthoma of both tendoachilles.

**Case description:** A 30-year-old female patient had swelling in both legs. Gradually, it became painful while walking. On examination, she had a swelling of size 10 by 4 cm attached to tendoachilles. Magnetic resonance imaging (MRI) showed features of xanthoma. Staged surgery was done. The mass was fleshy and pale yellow and replaced the entire tendon. The entire mass was removed, creating a defect of about 20 cm. Fascia lata of size 20 by 6 cm was harvested and made into a fourstrand graft. Proximally, it was sutured with fiber wires to the distal part of the muscle. Distally, it was fixed to the calcaneum using a 5 mm suture anchor. Flexor hallucis longus (FHL) tendon was used to augment the reconstruction. At 1 year, she was asymptomatic and gained good strength and ROM in the ankle.

**Conclusion and clinical significance:** Cerebrotendinous xanthoma causes impairment in joint mobility and ambulation. Deposition of cholesterol in the neurons causes atrophy and secondary demyelination. Simple excision of tendoachilles xanthoma will do more harm to the patient who is more prone to neurological and mobility-related issues. Fascia lata graft has the advantage of limited donor site morbidity and adequate length.

**Keywords:** Case report, Cerebrotendinous xanthomatosis, Fascia lata, Tendoachilles, Xanthoma.

*Journal of Orthopedics and Joint Surgery* (2024): 10.5005/jojs-10079-1124

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## Central Zone – 2 Report by Dr.A.Arul Prasanna

### Dindigul Ortho Club

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### Theni Ortho Club

President Dr.M.Srinivasan

Secretary Dr.R.Raja Manikandan



## Theni Ortho club Meeting - 20-04-2024

**THENI ORTHOPAEDIC SOCIETY**

Dear Members,  
Greeting!

We Cordially invite you to attend our monthly meet,

**TOPICS:**

1. Recurrent dislocation of shoulder treated by Modified Bristow procedure-  
Dr. B. Bharath Raja, M.S.Ortho PG, GTMCH, Theni
2. Rotator Cuff (Local infiltrative Anesthesia) in Post op Pain Management in TOTAL KNEE REPLACEMENT  
(A complete pain relief)- Dr. Pradeep Rameshbabu, M.S.Ortho PG, GTMCH, Theni
3. Percutaneous trans epiphysodes for Knock knee-  
Dr. Arvind, M.S.Ortho PG, GTMCH, Theni

With regards

Dr.M.SREENIVASAN Dr.RAJAMANIKANDAN Dr.K.SHANMUGANATHAN  
PRESIDENT SECRETARY TREASURER

**Venue : HOTEL RAMYAS**  
**Date : 20<sup>th</sup> APRIL (SATURDAY)**  
**Time : 6.00 pm**





# Dindigul Ortho club Meeting - 28-04-2024 Workshop on Robotic TKR

IOA President Theme :  
"Harmonising Hearts, Heads & Hands to Heal"

TNDA President Theme :  
"Endless Multicentric Research  
Enlighten and Empower Youngsters"

## Dindigul Ortho Club Meeting

**28-04-2024 Sunday**  
**Evening 6.00 pm Onwards**  
**City Square, Dindigul.**

Dr. **JOSEPH CHRISTOPHER BABU**, M.S.Ortho.,  
JCB Hospital, Dindigul.

Dr. **S.SWARAKUMAR**, M.S.Ortho.,  
SS Hospital, Dindigul.

Dr. **M.ANAND**, M.S.Ortho.,  
Vijaya Hospital, Dindigul.

**PRAYER**  
**TAMIL THAI VAZHTHU**  
**WELCOME ADDRESS**

**Topic:**  
Revision Hip Arthroplasty

**Topic:**  
Proximal Humerus Fractures  
- Shoulder Hemiarthroplasty

**Topic:**  
Conventional Total Knee  
Replacement For Valgus Deformity

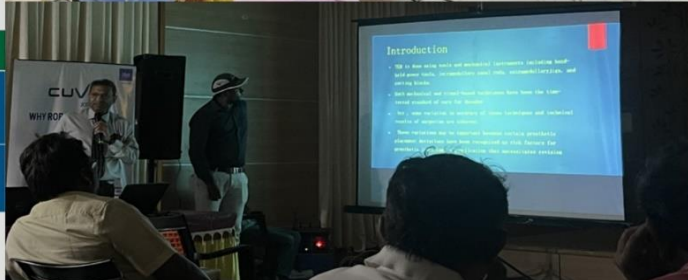
**FELICITATION TO** **Rtn. Dr. S.SUNDARARAJAN, M.S.Ortho.,**  
 History Distinct Governor 2002 - 2014, History International Distinct - 2019.

**Guest Lecture**  
**Dr. SATHISH DEVADOSS, M.Ch.Ortho.,**  
 Vice Chairman, Devadoss Multi Speciality Hospitals, Madurai.  
**Topic : My Journey From Conventional To Navigation To Robotic TKR**

**WORKSHOP : ACTIVE ROBOTIC KNEE REPLACEMENT**  
**Saw Bone Demonstration**  
 Precision for Perfection in Arthroplasty

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**Vote of Thanks - Banquet Dinner**  
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 Dr. **A.ARUL PRASANNA** EC Member





## TNOACON MEDAL WINNERS 2024

S.No	Medal Name	Topic	Winner
1.	TNOA Prof. M. Natarajan Medal for Trauma	OBJECTIVE FACTORS PREDICTING NON-UNION AND INFECTION IN SALVAGES TYPE 3A AND 3B OPEN TIBIA FRACTURES- A PROSPECTIVE OBSERVATIONAL STUDY OF 242 PATIENTS	Dr HEMRAJ Jothiraj Ganga Medical Center and Hospital
2.	TNOA Prof C. Vyageswaradu Medal for Orthopaedics	SURGICAL TREATMENT OF BONY ANKYLOSED ELBOW WITH RESECTION ARTHROPLASTY "	Dr Nishaanth Ragavan Rex ortho hospital Coimbatore
3.	TNOA Prof. T. K. Shanmugasundaram Medal for Rural Centers	MAGIC OF MIDFOOT OSTEOTOMY IN PAEDIATRIC FOOT DEFORMITIES	Dr Baskar Chockalingam Parvathy Nursing Home
4.	TNOA Prof. A. Subramaniam Medal for Basic Research in Orthopaedics	Comparative analyses of nickel-free high nitrogen austenitic stainless steels versus conventional 316L stainless steels as an internal fixation device, insights from an experimental study.	Dr Arulkumar Nallakumarasamy JIPMER
5.	TNOA Prof. P. Dhanarajan Medal for Innovative or Adaptive Trauma Work	Suturing the Coronoid- A Novel Technique	Dr Mohamed Sameer Sri Ramachandra institute of higher education and research
6.	TNOA Prof. Ramanathan Gold Medal for Consultants	Rediscovering a vibrant sexual life after posterior lumbar fusion surgery - A prospective single centre study	Dr Sudhir Ganesan Sri Ramachandra Institute of Higher Education and Research
7.	TNOA Prof. T. S. Xavier Medal for Hand Surgery	Scaphocapitate Syndrome: Approach and Management of a Rare Variant of Perilunate Injuries	Dr Vigneswaran Varadharajan Ganga Medical Center and Hospitals Pvt. Ltd.
8.	TNOA Erode Ortho Club Poster Medal	3D – printed patient specific spine models as surgical Simulators at A cost effective solution to improve accuracy of pedicle screw placement in complex spine Deformity Surgeries	Dr.Aju Bosco
9.	TNOA Dr.Vidyashankar Best Poster Medal (Arthroplasty)	Total Knee Arthroplasty with plate osteosynthesis provide a reliable solution for concurrent acute metaphyseal stress fractures and osteoarthritis – A case report	Dr.Imran Asif
10.	TNOA Prof. K. Sriram Gold medal for Paediatric Orthopaedics	THE FUNCTIONAL OUTCOME OF MEARS' PROCEDURE FOR SPRENGEL'S SHOULDER 16 CASE SERIES WITH 2-11 YEARS FOLLOWUP, An ICH EGMORE EXPERIENCE	Dr Arun Kumar Madras Medical College
11.	TNOA Prof. S. Rajasekaran Gold Medal for Spine	Outcome of interlaminar endoscopic discectomy compared with micro lumbar discectomy for lumbar disc herniations	Dr DERSHIC VALANTINE Apollo Hospital, Chennai
12.	TNOA Dr.David V. Rajan Gold Medal for Arthroscopy & Sports Medicine	LINGUISTIC VALIDATION AND CULTURAL ADAPTATION OF TAMIL VERSION OF OXFORD SHOULDER SCORE	Dr Girinivasan Chellamuthu MIOT Hospital
13.	TNOA Prof. Mayilvahanan Natarajan Gold Medal for Orthopaedic Oncology	Pelvis Ewing sarcoma: Patterns of local control, relapse and survival in South Indian patients	Dr Vishnu Ramanujan Apollo Hospitals
14.	TNOA Prof. B. Radhakrishnan Gold Medal for Foot & Ankle	LISFRANC INJURIES- TREATMENT WITH DORSAL LOW PROFILE PLATES VS TRANSFIXING INTRA-ARTICULAR SCREWS	Dr Arvind Natarajan.K Parvathy Hospital
15.	TNOA Dr.P. Suryanarayan Gold Medal for Arthroplasty	Assessment of average femoral component rotation required for balancing a functionally aligned Total Knee Replacement in varus deformity using image guided Robotic system	Dr Harish Kumar Rex Ortho Hospital
16.	TNOA Best Publication Gold Medal 2023 (Journal of Orthopaedics and Joint Surgery)		Dr. Vishnu Senthil Royapettah Medical College - Chennai
17.	TNOA Prof. Dr. R. Ramakrishnan Gold Medal for Best Postgraduate 2024		Dr.V.V.Gokul Dev Madras Medical College - Chennai
18.	TNOA Cholamandalam Ortho PG Research Grant		Dr.Jenson Moses Coimbatore Medical College Dr.N.Silambarasi Chettinad Hospital & Research Institute
19.	TNOA Best Zonal Club Award (Metro)		Coimbatore Orthopaedic Society
20.	TNOA Best Zonal Club Award (Non-Metro)		Mid West Ortho Society
21.	TNOA Best District Ortho Club Award		Dindigul District Ortho Club



## New Life members Ratified in GBM on 10.02.2024 at Erode

S.No	Name	LM Number	Place
1.	Dr.R.Anbalagan	LM/A/272	Karur
2.	Dr.Arjun R Prasad	LM/A/273	Trivandrum
3.	Dr.Abilash Simon Raj S.A	LM/A/274	Chennai
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9.	Dr.Adhith Sugavanam	LM/A/280	Salem
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13.	Dr.Anish.A	LM/A/284	Pondicherry
14.	Dr.Aakash Kannauh	LM/A/285	Chennai
15.	Dr.Arul Murugan.A	LM/A/286	Pondicherry
16.	Dr.Aravinth Vairavan.T	LM/A/287	Thanjavur
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34.	Dr.D.Dineshram	LM/D/102	Chennai
35.	Dr.Dinesh Karthick	LM/D/103	Cuddalore
36.	Dr.Fleming.C	LM/F/11	Tirunelveli
37.	Dr.Ganesh R Shetty	LM/G/91	Coimbatore
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40.	Dr.Gnanaprakash Gurusamy	LM/G/94	Namakkal
41.	Dr.M.Gokula Krishnan	LM/G/95	Tiruvallur
42.	Dr.Gowtham Krishnan.R	LM/G/96	Tiruppur
43.	Dr.Gowtham Krishna.Y	LM/G/97	Chennai
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47.	Dr.Gokulnathan.S	LM/G/101	Ranipet
48.	Dr.Gnanasekaran.S	LM/G/102	Erode
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51.	Dr.Harish Babu	LM/H/31	Chennai



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60.	Dr.Jesmick Ponnaiah	LM/J/100	Nagarcoil
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71.	Dr.Khailash.G	LM/K/202	KRISHNAGIRI
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75.	Dr.Karthick.R	LM/K/206	THANJAVUR
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80.	Dr.Mohanraj.R	LM/M/227	Thirukkoilur, Kallakurichi
81.	Dr.Muthukumaran.V	LM/M/228	Karur
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105.	Dr.Preetish Subramanian	LM/P/177	Pondicherry



106.	Dr.Praveen J	LM/P/178	Chennai
107.	Dr.Pratik Mahapatra	LM/P/179	JAIPUR, Orissa
108.	Dr.Parishekh Jawahar	LM/P/180	Chennai
109.	Dr.Prasanth.S	LM/P/181	Tiruvannamalai
110.	Dr.P.C.Prince	LM/P/182	Tirunelveli
111.	Dr.Prabhu.M	LM/P/183	Virudhunagar
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127.	Dr.Raja Vigneswar	LM/R/273	Puduchery
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158.	Dr.Sivabharathi.S	LM/S/568	Pudukkottai
159.	Dr.P.Sakthi	LM/S/569	Dharmapuri



160.	Dr.V.S.Sivasubramaniyan	LM/S/570	CHENNAI
161.	Dr.Samuel Anantharaj	LM/S/571	Coimbatore
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163.	Dr.A.Sivabalaganesh	LM/S/573	Chennai
164.	Dr.S.Senthil Raja	LM/S/574	Namakkal
165.	Dr.Siva Mahesh.S	LM/S/575	Hosur
166.	Dr.Shyam Anand Thirumani	LM/S/576	Thoothukudi
167.	Dr. Sanjoo Anto Prabhu.G	LM/S/577	Virudhunagar
168.	Dr.Santhosh Kumar.D	LM/S/578	Coimbatore
169.	Dr.Suriyan.J	LM/S/579	Tirunelveli
170.	Dr.B.Siddharth Karthic	LM/S/580	Salem
171.	Dr.Sivaselvasekaran	LM/S/581	UTHANGARAI, KRISHNAGIRI
172.	Dr.S.Shriram	LM/S/582	Madhanandapuram
173.	Dr.Sahal Abdulla.C.T	LM/S/583	Malappuram
174.	Dr.Syed Bakhar	LM/S/584	Trichy
175.	Dr.Saddam Hussain	LM/S/585	Dindigul
176.	Dr.Santhosh Kumar.S	LM/S/586	Pondicherry
177.	Dr.S.Thiyagaraj	LM/T/70	Krishnagiri
178.	Dr.P.Velmurugan	LM/V/184	Villupuram
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196.	Dr.Varun Roheet	LM/V/202	Chennai
197.	Dr.S.Vinith Nirmal Raj	LM/V/203	Madurai
198.	Dr.William Reang	LM/W/2	Kilpauk, Chennai
199.	Dr.Yehwanth Krishna	LM/Y/11	Vellore
200.	Dr.Yogadeepan	LM/Y/12	Erode



இணையவழி நாட்காட்டி

## சங்க நிகழ்வுகள் 2024 - 25



<https://www.tnortho.org/>  
[secretarytnoa@gmail.com](mailto:secretarytnoa@gmail.com)  
Contact: 044 - 45590476

[https://www.canva.com/design/DAGEnvhj4XE/OfiKs87pe4o4uKgdhAhFGQ/edit?utm\\_content=DAGEnvhj4XE&utm\\_campaign=designshare&utm\\_medium=link2&utm\\_source=sharebutton](https://www.canva.com/design/DAGEnvhj4XE/OfiKs87pe4o4uKgdhAhFGQ/edit?utm_content=DAGEnvhj4XE&utm_campaign=designshare&utm_medium=link2&utm_source=sharebutton)

இந்த இணைய வழி நாட்காட்டியில் நமது முட நீக்கியல் சங்கத்தின் அனைத்து நிகழ்வுகளும் பதிவேற்றம் செய்யப்பட்டுள்ளது உறுப்பினர்கள் அனைவரும் பதிவிறக்கம் செய்து கொள்ளலாம்.



## Obituaries



**Prof. Dr. V. Pandiarajan**  
**LM/P/2 Passed away on**  
**13.12.2023**



**Dr. K. C. Mohan**  
**LM/M/153 Passed away on**  
**03.02.2024**



**Dr. R. Gopalakrishnan**  
**Kumbakonam**





(Cheque should be drawn in the name of “**TAMILNADU ORTHOPAEDIC ASSOCIATION**” and Proposal form along with the Cheque should be sent to **TNOA Office, Door No: 9B, D-Block, Asta AVM Apartment, AVM Studio Complex, 38, Arcot Road, Vadapalani, Chennai - 600 026.**Contact: 044 45590476, 95004 00389)



#### Exclusions

The policy will not pay for claims arising out of contractual liability, Intentional non-compliance of statutory provision, loss of goodwill, slander, fines, penalties, libel, false arrest, defamation, mental injury etc.,

Cheque should be drawn in the name of "Tamilnadu Orthopaedic Association" and Proposal form along with the Cheque should be sent to TNOA Office, Chennai. The TNOA will send proposal form and TNOA association Cheque to the The New India Assurance Co.Ltd.



#### Contact Details:-

The New India Assurance Co. Ltd., 721601 Branch Office,  
687/3, Sri Sakthivel Towers, Trichy Road, Opp. Alvernia Convent,  
Ramanathapuram, Coimbatore - 641 045  
Phone: 0422 2320099 | Email:- nia.721601@newindia.co.in  
Mobile No: 94884 59234, 97894 94997

#### Contact Details:-

Tamil Nadu Orthopaedic Association  
Door No: D98, Asta AVM Apartment, AVM Studio Complex,  
Arcot Road, Cadapalani, Chennai - 600 026.  
OFFICE : 044 45590476, MOBILE : 9500 400 389



தி நியூ இந்தியா அஷ்யூரன்ஸ் கம்பெனி லிமிடெட்  
The New India Assurance Company Ltd  
India's Premier General Insurance Company

Regd. & Head Office: New India Assurance Bldg.,  
87, M.G. Road, Fort, Mumbai - 400 001.



Tamil Nadu Orthopaedic Association

"TNOA PROFESSIONAL INDEMNITY SCHEME"

Professional Indemnity Insurance for Orthopaedic Surgeons

#### DOCTOR'S INDEMNITY / PROFESSIONAL INDEMNITY

The policy indemnifies any act committed by the insured, who shall be Registered Medical Practitioner, giving rise to any legal liability to Third Parties. The Insured includes policy holder and the qualified assistants or employees named in the proposal.

The Act has to be committed during the period of insurance commencing from the retroactive date (first day and time on which insurance has commenced and continued thereafter without break)

#### Revised Premium w.e.f 12/04/2022

Premium to be charged on Any One Year - AOY				
Details of Insured	Sum Insured In Rs.	Ratio	Existing Premium (Incl GST)	Premium w.e.f 01/07/2023
Surgeons	1,00,00,000.00	1:1	7080	11800 9440 23600 18875 59000 47220
		1:2	5664	
	2,00,00,000.00	1:1	14159	
		1:2	11328	
	5,00,00,000.00	1:1	35399	
		1:2	28321	

#### Scope of the Policy

The policy covers all sums which the insured professional becomes legally liable to pay as damages to third party in respect of any error and/or omission on his/her part committed whilst rendering professional service.

Legal cost and expenses incurred in defence of the case, with the prior consent of the insurance company, are also payable, subject to the overall limit of indemnity selected.

Only civil liability claims are covered. Any liability arising out of any criminal act or act committed in violation of any law or ordinance is not covered.

#### Claim Procedure

1. Civil Liability claims will arise if there is prima facie evidence of negligence by the insured resulting in injury or death to any third party or resulting in damage to property belonging to a person other than insured.
2. In case of any claim Insurance Company has to be informed immediately.
3. In case of Legal Notice / Summons is received, it should be sent to Insurance company immediately. The Company has the option of arranging defence of the case.
4. Occurrence of the claim should be during the period of insurance or retroactive period.
5. The maximum amount payable including defence cost will be the AOA limit selected.
6. Any number of such claims made during the policy period will be covered subject to the total indemnity not exceeding the Any One year limit.





# TAMILNADU ORTHOPAEDIC ASSOCIATION

## LIFE MEMBERSHIP APPLICATION FORM

### The Hon. Secretary – TNOA

Door. No 9B 'D' Block ASTA AVM Apartments AVM Studio Complex,  
38, Arcot Road, Vadapalani, Chennai – 600 026  
Ph: 044 – 45590476 Mobile : 9360892724  
Mail: secretarytnoa@gmail.com, tnoaoffice2018@gmail.com

Place :

Date :

PHOTO

Dear sir,

I wish to apply for the Life membership of Tamilnadu Orthopaedic Association. Providing my particulars for the membership.

Name :

Address :

Residential :

Clinic :

Date of Birth :

Mobile No :

E-mail :

PROPOSED BY

Doctor Name :

Life Membership No :

Signature :

SECONDED BY

Doctor Name :

Life Membership No :

Signature :

### Qualification

1. Year of Passing MBBS :  
University :  
Medical council Reg. Number :
2. PG – Dip /Degree :  
Year of Passing / University :
3. Present Post :

### DD/ NEFT DEATILS

BANK :

BRANCH :

DD./ NEFT NO :

DATED :

AMOUNT :

If you are **ALREADY** a MEMBER of IOA, a DD for Rs.5,000 favouring "TAMILNADU ORTHOPAEDIC ASSOCIATION " Payable at CHENNAI for TNOA membership and Enclose the IOA membership certificate copy.

IOA MEMBERSHIP No. :

If you are not an IOA member, then along with IOA filled membership form, two DD's to be taken.

1. Rs.5000/- favouring "INDIAN ORTHOPAEDIC ASSOCIATION " payable at New Delhi.

2. Rs.5000/- favouring "TAMILNADU ORTHOPAEDIC ASSOCIATION" payable at Chennai.

\*Please attach 2 set photocopies of the documents \*

**For online payments**  
**TamilNadu Orthopaedic**  
**Association**  
**A/c No. : 705855990**  
**IFSC : IDIB000C017**  
**Indian Bank Chetpet Branch**  
**Mention your Name and**  
**Mobile No. in the**  
**remarks column**

Signature

"Combined membership for both TNOA and IOA been made compulsory as per decision taken in the GB meeting held at TNOACON – Madurai , 2019" .



Please submit the form to Hon. Secretary, State Chapter of your state

## Indian Orthopaedic Association Membership Form

The Hon. Secretary, IOA  
IOA House, 69, Tughlakabad Institutional Area  
Behind Batra Hospital, M.B. Road, New Delhi-110062  
Phone: +91 11 29961434, 9811967820  
Email: [hon.secretaryioa@gmail.com](mailto:hon.secretaryioa@gmail.com) / [ioahousedelhi@gmail.com](mailto:ioahousedelhi@gmail.com)  
Website : [www.ioaindia.org](http://www.ioaindia.org)



Please Attach  
Passport Size  
Photograph Here

Dear Sir,  
I wish to apply for the Life/Associate Membership of Indian Orthopaedic Association  
( please fill the whole form in **BLOCK/CAPITAL LETTERS** only )

Name:.....

PostalAddress:.....

State:.....Pincode:.....DateofBirth:.....

OtherAddress:.....

E-mailaddress:.....

Telephone: ..... Mobile No: .....

**PG Qualification: Details include Degree / Diploma / Pass out Year /College / Institution / Place / University etc.**

PGDegree/Diploma:.....

MCI Registration No: ..... Year : .....

**State / Other Association of IOA Membership: .....**  
**(No application will be entertained without state chapter membership).**

I enclose the payment of RS: ..... By Demand Draft No : .....

Place&Date:.....Signature:.....

Proposed by: .....

IOA Membership No: ..... Signature: .....

Second by : .....

IOA Membership No LM.....: ...Signature: .....

The membership fee for **Life Member** is **Rs. 5,000/-** and **Associate Member** have to pay **Rs. 2,000/-** in the first term during the ortho training (PG) and Rs. 3,000/- after **MS (Ortho)** etc. Qualification to become Life Member of IOA. Please make Daft in favour of "**Indian Orthopaedic Association**" payable at **New Delhi**.

**(Associate/Life Membership Fee for Overseas application which are eligible for only associate member is \$100 One Hundred US Dollar.)**

Please attach:

- . Certificate Photocopy of Life Membership Certificate of state chapter of Indian Orthopaedic Association.
- . Please Sent the membership application Form and Demand Draft at the above mentioned address only.
- .Certified Photocopy of the PG Degree/ Diploma to be sent along with Application Form.
- .Certificate Photocopy of Medical Council Registration of Orthopaedic PG Degree / Diploma to be sent along with the form.
- . Certificate copy from HOD is must. (This is for the Association member only)

**NOTE: Membership** is subject to ratification in the subsequent in the subsequent AGM of the IOA. Allotment of membership no will follow the ratification. / Associate members have the right of attending scientific meeting and social events and engaging in all scientific discussion **but they shall not attend business meeting and take part in elections.**

**Membership form will be sent only by respective State Hon. Secretary to IOA Office, New Delhi**



## A.K.Gupta Trophy 2022-23. 8th Consecutive Year TNOA receiving the trophy



## TNOA BAND



## TNOA 1st EC Meeting – 21.04.2024, Chennai





புத்தக படைப்பு  
மரு.சண்முக சுந்தரம் முத்துராமன்

மதுரை தோள்பட்டை மூட்டு மாநாடு 2024



புதிய ரோபோ அறிமுக விழா

ரோபோடிக் மூட்டு மாற்று சிகிச்சை



5th Ganga Arthroscopy Course 2024

Protocols for CTEV The ICH Guidelines by Dr.Arunmozhirajan  
Dr Suresh Babu and Dr.Charles Released by the President  
TNOA and the Director ICH

