





TNOA NEWS

Issue 1, Volume 2, 2023-2024



TNOA Prof. T K SHANMUGASUNDARAM MID YEAR CME 2023 at YERCAUD



IOA President's Theme "Strong Bones - Stronger Nation"

TNOA EXECUTIVE COMMITTEE 2023-2024



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Coimbatore



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Dr. C. Kannan South Zone - 2



Dr. S. Abdul Hameed Ansari East Zone



Dr. C. Rajkumar West Zone - 1



Dr. R. Ganesan West Zone - 2



Dr. K. Balasubramanian Central Zone - 1



Dr. P. Premchand Central Zone - 2

From the Desk of the President

Dear member,

Greetings from TNOA

I am very happy to write this letter.

First I wish to congratulate and thank each and every individual member for having participated in the Bone and Joint week celebration and made it a grand success.

Our journal JOJS is now indexed in DOAJ which is recognised by NMC. My congratulations to the editorial team Dr SURESH, KUMAR and Dr Ashok For having successfully indexed our journal. It is a great moment and I am sure our journal will get more and more articles and the quality will also improve by leaps and bounds.

Our first Tamil conference is going to be held at Thanjavur. I thank the organisers of this event Dr Gulam and his entire team, especially our dynamic Secretary Dr C J Ravi for their extraordinary commitment to make this, a historic one. I take this opportunity to welcome you all for participating and witness the beginning of a new chapter in TNOA journey.

I also want to thank the organisers of the TNOA mid year CME - Midwest Orthopaedic society- in a grand way at Yercaud and made it a huge success. That was also the first time when family Meet of the members, was held inviting all the Past office bearers and the contribution by their spouse was acknowledged in the same conference.

The TNOA music band was also inaugurated and it was very interesting. I am sure in the coming years our members will showcase their talents and take it to greater heights.

TNOA is also in the process of launching the masterclass program in our website thanks to our IT wing secretary Dr Varaprasad Renowned surgeons who are not in the regular teaching institutions and take part in the teaching activity, are encouraged to announce their difficult and interesting cases in the website. They can then invite interested members by permitting them to witness their surgery and teaching them.

All the efforts taken by the association will be meaningful only if the members actively take part and utilise it. I am sure all will contribute and participate in this endeavour.

Long live IOA.

Long live TNOA.

Dr. V. Singaravadivelu

President - TNOA

From the Desk of the Secretary....



அன்பிற்கினிய TNOA அங்கத்தினருக்கு என் பணிவான வணக்கங்கள், உளமார்ந்த வாழ்த்துகள்.

இந்த இரண்டாம் செய்தி மடல் மூலம் உங்களை சந்திப்பதில் பெருமகிழ்வடைகிறேன். சூலைமாதம் 22,23தேதிகளில் ஏற்காட்டில் நடைபெற்ற TKS நடுவாண்டு தொடர் மருத்துவக்கல்வி (TKS MID year CME) ஒரு புதிய மைல்கல்லை எட்டியுள்ளது. இரண்டு நாள் நிகழ்வு, 974 பங்கேற்பாளர்கள், 426 முதுகலை மாணவர்களின் Poster Presentation, மறக்கமுடியாத விருந்தோம்பல் என்ற முத்திரையுடன் இனிதே நிறைவேறியது. இதை நடத்திகாட்டிய மரு.மணிமாறன், மற்றும் நடுமேற்கத்திய எலும்பு முறிவு சங்கத்தின் அனைத்து மருத்துவர்களுக்கும் என் மனமார்ந்த வாழ்த்துக்கள் மற்றும் பாராட்டுக்கள்.

ஆகஸ்ட் மாதம் நடைபெற்ற தேசிய எலும்பு மூட்டு வார விழா(Bone& Joint Day) 1 ம் தேதி முதல் 7 ம் தேதி வரை இடைவிடாத நிகழ்ச்சிகளோடு நடைபெற்று ஆசிய புத்தக சாதனை படைத்தது தமிழ்நாடெங்கிலும் பிரம்மிக்கத்தக்க வகையில் நடத்திக்காட்டிய பெருநகத மாவட்ட நிர்வாகிகள் மற்றும் அனைத்து உறுப்பினர்களுக்கும் நன்றி நன்றி, நன்றி.

நமது JOJS Indexing நிலையை எட்டியுள்ளது என்பதனையும் 2023 ஆம் ஆண்டிற்கான OASIS Best Chapter Award நான்காவது முறையாக நாம் வெற்றி பெற்றுள்ளோம் என்பதனையும் பெரும் மகிழச்சியுடன் தெரிவித்து கொள்கிறேன்

இந்த நான்கு மாத காலகட்டங்களில் Brace Course, Cadaveric Workshop, CME என்ற பல நிகழ்வுகள் நடந்தேறியுள்ளது

அக்டோபர் மாதம் 10 ம்தேதிமுதல் 23 ம்தேதிவரை "TNOA Bone Health Awareness Fortnight 2023" சிறப்பாக கடைப்பிடிக்கப்பட உள்ளது இதில் அனைவரும் ஊக்கமுடன் பங்கு கொண்டு செயலாற்ற வேண்டுகிறேன்.

இம்மாத இறுதி 22 ஆம் நாள் TNOA வரலாற்றில் முதன்முதலில் முழுவதும் தாய்மொழி தமிழில் கருத்தரங்கம் நடைபெற இருக்கிறது எப்பொழுதும் போல் ஊக்கம் வழங்கி அனைத்து உறுப்பினர்களும் தவறாமல் கலந்து கொள்ளுமாறு கேட்டுக்கொள்கிறேன்

மேலும் இந்த செய்தி மடல் 2023 - 2024ம் ஆண்டிற்கான தேர்தல் அறிவிப்பை சுமந்து வருகிறது வரும் தேர்தலில் அனைத்து உறுப்பினர்களும் தவறாமல் வாக்களித்து சனநாயகத்தை நிலைநிறுத்தும்படி கேட்டுக்கொள்கிறேன்.

வாழ்க TNOA!

வளர்க TNOA!

அன்புடன் சி செ இரவி.

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Dr. S. Abdul Hameed Ansari, Org.Sec T.K.S MID Year CME – 2024

TAMILNADU ORTHOPAEDIC ASSOCIATION

City / District Chapter Office Bearers – 2022 - 2023

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////	/// ///////////////////////////////////	North Zone		117
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7. \\\	Chengalpattu Orthopaedic Society	DrS.Muthu Kumar	Dr.E.Dilip Kumar	
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5	Trichy Orthopaedic Society (TOS)	Dr. G. Mukesh Mohan	Dr. Terrence Jose Jerrome	\top
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6	Pudugai Ortho Club (POC)	Dr. G. Edwin	Dr. E. Rajaraman	
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25	Thiruvarur Ortho Club (TOC)	Dr.Kannan Mobile No: 9884458848 drkannanortho@gmail.com	leojoel@yahoo.co.in Dr. S. Abdul Hameed Ansari Mobile No: 97502 45455 bansarinas@yahoo.com	
26	Cholamandalam Ortho Society	Dr.S.Elangovan	Dr. S. Senthil Mobile No: 9842350606	~
27	(COS) Villupuram Ortho Club(VOC)	Mobile No: 9442262486 Dr. K. Muthaiyan Mobile: 9842340382	Dr.AnjanRamachandranath Mobile: 9443283853	
♦ 28	Kallai Ortho Club	Dr.M.ShanmugaSundaram Mobile: 9443254327	orthoanjan@gmail.com Dr.P.Kumaresan	

EC Meeting Held at Lions Conventions Centre, Yercaud on 22.07.2023 during TKS MID Year CME

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Attended by:

- 1. Dr.V.Singaravadivelu President
- 2. Dr.M.Vanasekar Immediate Past President
- 3. Dr.C.J.Ravi Secretary
- 4. Dr.G.Mohan Treasurer
- 5. Dr.Deen Muhammed Ismail President Elect
- 6. Dr.N.Manikandan Vice President
- 7. Dr.V.Thirunarayanan Joint Secretary
- 8. Dr.A.Suresh Kumsar Journal Editor
- 9. Dr.T.R.Ashok Indexing Editor
- 10. Dr. R.Karu Shanmuga Karthikeyan Video Journal Editor
- 11. Dr.C.S.Vishnu Prasad Fellowship Secretary
- 12. Dr.S. Varaprasad IT Wing Secretary
- 13. Dr.A.Navaladi Shankar EC Member, Chennai
- 14. Dr. T.Aravinth- EC Member, Chennai
- 15. Dr.T.Sathish Kumar EC Member, Chennai
- 16. Dr. Prahalad Kumar Singhi EC Member, Madurai
- 17. Dr.K.N.Subramanian EC Member, Madurai
- 18. Dr.N.Vijayaraghavan EC Member, North Zone
- 19. Dr.M.Karthikeyan EC Member, South Zone -1
- 20. Dr.Dr.C.Kannan EC Member, South Zone -2
- 21. Dr.Dr.S.Abdul Hameed Ansari EC Member, East Zone
- 22. Dr.C.Rajkumar EC Member, West Zone 1
- 23. Dr.R.Ganesan EC Member, West Zone 2
- 24. Dr.J.Manimaran Prof.TKS CME Organasing Secretary
- 25. Dr.Dr.T.Tholgapiyan TNOACON 2023 Organising Secretary
- 26. Dr.P.Premchand EC Member Central Zone 2

Welcome: Dr. V. Singaravadivelu - President Welcomed the EC Members

Obituary references

- 1. Prof.A.Subramaniam passed awy on 29.04.2023
- 2. Prof. K.Sriram passed awy on 19.06.2023 chennai

SECRETARY'S REPORT - Dr. C.J.Ravi, Secretary

Presented in person by Dr.V.Thirunarayanan, Joint Secretary
Installation of 44th President of TNOA: Dr V.Singaravadivelu and new office bearers at MGM resort, Chennai on 12th February, 2023. TNOA President's Theme for the Year 2023-24: "Imbibe Technology – Inspire youngsters". TNOA Calendar of events for the year 2023-24 enclosed.

Membership: MEMBERSHIP FEE: TNOA Life Membership Rs. 5000, IOA Life Membership Rs. 5000, Combined IOA &TNOA Life Membership Rs 10,000. One entry system for Associate Members (Post Graduate): Rs 9,000 which Includes Associate Membership of IOA. They will become life member after submitting their orthopedic degree certificate & there is no need to pay any additional fee for the same.

Business Meetings

- 1st EC Meet (16th April 2023) at The League Club, Chennai
- IOA CSRC meeting on 29th April 2023 at New Delhi

IOA EC Meeting 30th April at New Delhi **ACADEMIC ACTIVITIES:** · CME Research Methodology - Trichy (23rd April 2023) at Trichirapalli · SICOT - IAAT - JAOT 25.04.2023 Live webinar · COACON - 26,27.04.2023 at Coimbatore medical College · TNOA - ROCC - 29.04.2023 at Thirunelveli Medical College · SPARC 2023 - SRM HOSPITAL (5, 6th May 2023) at Hospital Chennai · IMC Series Chapter - 1 - 07.05.2023 at ITC - Coimbatore · Second Quarterly PG Clinical Session on Short Cases Presentation (7th May 2023) at Govt.STANLEY MEDICAL COLLEGE, Chennai. ·OASIS 2D CON – 10,13.05.2023 at Kozhikode · CME MEDICOLEGAL ISSUES (13th May 2023) at IMA Hall , Trichy · CME on Robotic Joint Replacement (14th May 2023) at Trichy · Midwest Ortho CME on Shoulder (20th May 2023) at Sivaraj inn Hotel, Salem. · CME, Live Surgery & Hands on Workshop on "Pedicle Screw Fixation In Spine" (207h May 2023) at Chennai · ORTHO ONE ACADEMY (Presents) SERIES 1 SYMPOSIA - Coimbatore (27, 28th May · Spotlight – Proximal Femur & Distal Humerus Workshop (28th May 2023) at D'WAYFARER INN Resort, Erode. · Pre conference (MOSCON-2023) Spine hands-on Cadaveric Workshop held at Govt.KMC on 02.06.2023 · TNOA - ROCC - 03.06.2023 at Governmet Omandurar Hospital Chennai · MOSCON – 2023 04.06.2023 at sri balajij medical college, chennai · Chennai Trauma Course on 04.06.2023 at Chennai · CME Programme on "ALL ABOUT CLUB FOOT" (8th June 2023) VIMS Hospitals, Salem. · Ganga Trauma Malunion – Nonunion Course - 2023 on 9,11.06.2023 at Ganga Hospital, Coimbatore · Namakkal Ortho Society - CME Programme (10th June 2023) at Hotel Golden Place, Namakkal. · June Month Midwest Ortho CME (17th June 2023) CJ Pallazio, Salem. · Nuances of TKR and Saw Bone Workshop on 19th May 2023 at Chennai · OASIS KNEE CON (24th, 25th June 2023) at Madurai. · Second Hands on Cadaveric Pelvi - Acetabular Workshop (25th June 2023) · CME on the Management of Pelvi - Acetabular Injury (24th June 2023) K.A.P. Viswanathan Government Medical College, Trichy · BSK (8, 9th July 2023) at Rajaji Hospital, Madurai CME on Paediatric Orthopedics (15th July 2023) at Karpaga Vinayaga Institute of Medical Sciences - Chengalpet · MOON CITY ORTHO CME (16th July 2023) at Hotel Seasons, Thiruvannamalai. · MID-YEAR CME (21st to 23rd July 2023) at VUE Grand, Yercaud **Achievements** · Doctors Day Award (1st July 2023) - Dr.V.Subramanian INDIAN MEDICAL ASSOCIATION -· Life time Achivement Award (9th July 2023) – Dr. Major K Kamalanathan IMA Hall -Coimbatore · 19th Annual Sir.J.C.Bose Memorial Award Function (12th July 2023) - Dr. Ambedkar Lae University, Taramani, Chennai · Dr.Rajasekar won ISSLS Prize 2023: Basic Science Award · Dr.S.Sundararajan Faculty ISAKOS BOSTON. First to showcase foot and ankle relive surgery demo from India Guest lecture Session moderator Presented 2 papers and 3 e posters Finalist in the prestigious Achilles award and my associate Ramakant won. Proud of him and also so happy have great team Few youngsters got travelling fellowships and investigators award. Good representation from India and TNOA too

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TNOA MEDICO LEGAL CELL: Dr V.Thirunarayanan Joint Secretary of TNOA is the Coordinator. Members are: Dr. Terrence Jose Jerome – Legal Consultant. Dr. Narashimha Rao – Legal Consultant. Dr. L. Shyam – Madurai Dr. K. Mohanasundaram – Salem.Dr. Marimuthu – Thoothukudi

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TNOA PROFESSIONAL INDEMNITY SCHEME: Introduced by our Past President Dr SG Thirumalaisamy for the benefit of our members and the association with discounted premium for high sum assured. About 120 members enrolled. Fellowship secretary is the coordinator.

TNOA NEWS Issue-1 Volume-1 2023-24: To be released @ TNOA Prof. T. K. S Mid-year CME, 2023 at Yercaurd

DISCUSSION ON BONE & JOINT DAY 2023 Bone & Joint Day 2023 is to be observed from 1st to 7th August as weeklong activity. "Each One Train One Save ONE is the theme for this year given by IOA President Dr Atul Srivatsava. TNOA has designed uniform banners and stickers for all our district / city chapters and sent to them.

TNOA Music Band: The TNOA Music Band was started in the Mid Year CME. Special mention attributed to Dr. C. Raja Ravi Varma, Past President for his efforts and involvement in this.

TNOA Programmes-2023

1.ROCC program

2.TNOA trauma course-BOSS

3.Brace hip & knee course

ROCC-Resident doctors orthopaedic clinical classroom.

- ROCC program initiated in MMC
- Expanding to other institutes
- Live telecast / Recorded sessions CLIRnet
- Every 1st Saturday of the month-11am
- It has got 3 components
- Basic orthopaedic surgery explained in a step wise manner for the post graduates (Live or recorded).

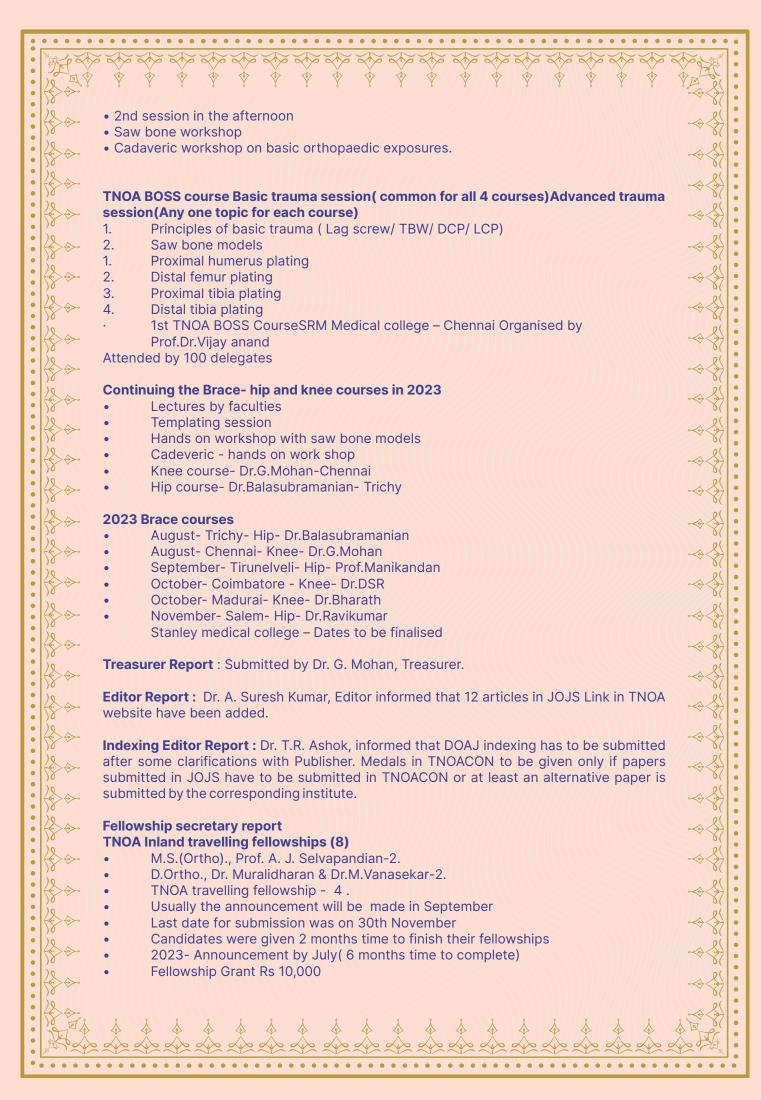
- Case presentation by post graduates short case/long case.
- Lecture by a faculty

ROCC-2023

- March- MMC
- May-Tirunelveli medical college
- June- Omandurar medical college
- July-SRMC
- August- GMKMC- Salem
- September- Preethi hospitals, Madurai.
- October- SKS hospitals, Salem
- November- Vinayaka missions medical college, Salem

TNOA BOSS Course (Basic orthopaedic surgical skill)

- 4 courses
- Divided in to 2 sessions
- 1st session in the morning -
- Basic principles in trauma
- Region specific advanced trauma session
- Video demonstration



TNOA Inland travelling fellowship centres Ortho one hospitals, Coimbatore Ganga hospitals, Coimbatore Preethi hospitals, Madurai KMCH, Coimbatore Olympia hospitals, Trichy SBS hospitals, Hosur. SKS hospitals, Salem TNOA Inland travelling fellowships 8 fellowships with grant of 10,000rs 10 fellowships without grant **TNOA Foreign travelling fellowship (1)** Below the age of 50 years Conducted once in 2 years (available for this year) The selected candidate would be sent after perusal of his application. Fellowship grant - 50,000 Rs. TNOA – Prof. A. Subramanian Foreign travelling fellowship (1) Above the age of 50 years Applications are called for once in 2 years. Dr.Palanikumar, Erode -selected last year Has got 1 year to complete his fellowship. Fellowship Grant Rs 50,000 TNOA - Dr.K.R. Venkateshwar PG Travelling fellowship Exam would be conducted in month of February during Erode conference. Fellowship Grant Rs 10,000 TNOA-Prof.R.Ramakrishnan Gold Medal Exams will be conducted in the month of December / January every year by the organizers of next TNOACON. TNOA - Cholamandalam Ortho PG Research Grant There shall be two beneficiaries / year. This CASH AWARD is to be offered to PG students of Orthopedics for performing research work. **Long term fellowships** At present TNOA fellowships - short term Long term fellowships -1. FNB-2 yrs 2. **ASSI fellowships-2 yrs** 3. Tamilnadu MGR medical university fellowships - 1 yr Mch courses - 3 yrs 5. Fellowship with hands on training. 6. Work force for the hospital. 7. Academic & research activity of the institute increases. 8. TNOA- Moderator between aspiring graduates & mentors. TNOA- entrance exams/ counselling/ exit exam MIDYEAR CME 2023 Report: Submitted by the Organiser MID YEAR CME Report 2024: Agenda to be added in GBM, to henceforth name it as MIDYEAR CONFERENCE.

♦ IT WING SECRETARY REPORT: Dr. S. Varaprasad presented the report. He informed that the website revamping has been completed. The profile updation has to be completed, the Master Class schedule to be added. The web app based format is suggested to reduce cost. TNOA 2023 Election: Report Submitted by Dr. Deen Muhammad Ismail, Vice-President. It is proposed to be conduct as Ballot Paper based Election. The total cost outlay is estimated to be around 3 Lakhs. OASIS Matters: EC authorised TNOA President to select the name of Senior Member to be honoured in OASISCON. Bone and Joint Day/week: Report Submitted outlining the events and list of activities conducted during the week. Any Other Matters: Indian Cartilage Society's National Conference to be conducted in Chennai on OCTOBER 20 & 21. Organisng Secretary Dr. Navaladi Shankar requested to be conducted under the auspices of TNOA for which EC agreed. Free registration will be provided to EC members and accommodation to be done. The shield given for Best Zonal Metro Club to be changed for which EC agreed. Ethical responsibilities of Younger Orthopaedic Surgeons while commenting about fellow colleague's work to be made more sensitive and they should realize the isues it can create. A committee is to be formed to look into this matter. **Vote of thanks** was given by Joint Secretary Dr. V. Thirunarayanan.

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Second EC Meet at D'Wayfarer INN Resort on 17/09/2023 – Erode

- 1. Dr.V.Singaravadivelu President
- 2. Dr.C.J.Ravi Secretary
- 3. Dr.Deen Muhammed Ismail President Elect
- 4. Dr.V.Thirunarayanan Joint Secretary
- 5. Dr.M. Vanasekar Immediate Past President
- 6. Dr.N.Manikandan Vice President
- 7. Dr.P.T.saravanan Immediate past Secretary
- 8. Dr.A.Suresh Kumar Journal Editor
- 9. Dr.T.R.Ashok Indexing Editor
- 10. Dr.R.Karu Shanmuga Karthikeyan Video Journal Editor
- 11. Dr.S. Varaprasad IT Wing Secretary
- 12. Dr.K.N.Subramanian EC Member, Madurai
- 13. Dr.R.Ganesan EC Member, West Zone 2
- 14. Dr.P.Premchand EC Member, Central Zone 1
- 15. Dr.P.Dhanasekararaja EC Member, Coimbatore
- 16. Dr.T.Aravinth EC Member, Chennai
- 17. Dr.M.Karthikeyan EC Member, South Zone -1
- 18. Dr.Dr.S.Abdul Hameed Ansari EC Member, East Zone
- 19. Dr.C.Rajkumar EC Member, West Zone 1
- 20. Dr.S.Natesan TNOACON 2024 Organising Secretary
- 21. Dr.Balasubramanian EC Member, Central Zone 1
- 22. Dr. Prahald Singhi EC Member, Madurai
- 23. Dr.J.Manimaran Prof.TKS CME Organasing Secretary

Obituary references - Nil

Membership: MEMBERSHIP FEE: TNOA Life Membership Rs5000, IOA Life Membership Rs5000, Combined IOA &TNOA Life Membership Rs 10,000. One entry system for Associate Members (Post Graduate): Rs 9,000 which Includes Associate Membership of IOA. they will become life member after submitting their orthopedic degree certificate & there is no need to pay any additional fee for the same.

Membership Data	As on FEB 2023 (GBM) LM - 146 AM to LM - 109 Tot = 255	As of Now Associate Members (Up to) 10-09-2023	Total
TNOA Life Members	2575	21	2596
IOA Life Members	1927	17	1944
TNOA Associate Members New	16		
IOA Associate Members New	16		

ACADEMIC ACTIVITIES:

· CME On Basics Of KNEE ARTHROSCOPY (28th July 2023) at SRM Hospital, Chennai

- · Foot and Ankle CME (29th July 2023) at Hotel Oxina Lygon , Trichy
- NOC Annual Oration & Honouring Ceremony of TNOAA Past Presidents at Tenkasi –
 29.07.2023
- · 9th Ganga Operative Arthroplasty Course (4 6th August 2023)at Ganga Hospital , Coimbatore
- · IFICS 2023 (18th to 20th August 2023) at Ganga Hospital, Coimbatore
- · Chennai Trauma Course (11th, 12th, 13th August 2023) at Hilton Hotel, Guindy, Chennai.
- · SICOT YSM (19, 20th August 2023) at Sri Ramachandra Institute Of Higher Education And Research Chennai
- · 19.08.2023 COS ELBOW 360 Coimbatore
- · 26,27.08.2023 4th Preethi Trauma Update Madurai
- · OASISCON 2023 1,2,3 Septem at Mangaluru
- · 9,10.09.2023 MMC IOA PG Teaching Program 2023 at Chennai

Achievements

- · Dr.Terrence Jose received an appreciation award during the Golden Jubilee celebrations at the ISSHCON 2023 in Chandigarh. I am the first ISSH member to receive this award in this category
- · Dr. Umashankar getting Best Doctor Award from District Collector
- · Dr.P.T.Saravanan Received மருத்துவ நட்சத்திரம் விருது from Honorable Minister for Health and Family Welfare, Govt of Tamilnadu
- · Dr.SR Sundarajan gets award winning Publication in the Annual meeting of Indian Arthroscopy Society Lucknow 2023
- · Dr. Jayakumar gets best doctor award
- · Dr.Rishi Mugesh Kanna received Professional excellence award
- · Bone and Joint day activity creates ASIA Book of Records
- · Dr TV Raja elected as president of Indian Foot ankle society
- · Dr.Madhan Jeyaraman MSK USG training under Dr Manuel Perez-España, Departamento de Cirugía Ortopédica y Traumatología, Hospital Universitario Infanta Leonor, Madrid, Spain
- · Dr.Madhan Jeyaraman ILLUMINATE 2023 International Conference on Research Methodology, 9th and 10th August 2023
- · Dr.Madhan Jeyaraman Presented 3 papers & 2 posters Awarded ON/ICRS 2023 Educational Grant
- · Dr.Ram Chidambaram Honoured and privileged to have participated as an invited faculty in ICSEs (International congress of shoulder and elbow surgery) at Rome, Italy. Gave lectures on scapular fracture management and frozen shoulder

REPORT ON BONE & JOINT DAY 2023

TNOA organised weeklong activities from 1st to 7th August 2023 based on IOA Presidents Theme for Bone & Joint day: "Each One Train One Save ONE"

- 1. Total BLS for Students & Publics 61
- 2. Total BLS for Drivers 4
- 3. Total BLS for Traffic Police 1
- 4. Total BLS for Police 3
- 5. Social Awareness activities 27
- 6. Social Media coverage TV 9 Radio 2 News Papers 11

Total BLS forStudents & Publics - 61

1. 01.08.2023 Trichy Orthopedic Society (TOS) has kicked started the week-long Bone and Joint Day activities by Training the Basic life support to Trichy Rotary club at the Hotel Breeze Dr.J.Terrence Jose Jerome, Secretary of TOS, was the chief guest and delivered the

*** * *** awe-gathering. It was an intriguing interactive session that benefitted them in changing the myth into reality through proper and timely life-saving measures 2. 01.08.2023 BLS Training for Publics at Pattukkottai 3. 02.08.2023 BLS Training for Publics at Salem 4. 02.08.2023 BLS Training for College Students at Kavery Hospital Thirunelyeli 5. 02.08.2023 BLS Training for Publics at Kurinji Hospital Salem 6. 02.8.2023 Bone and Joint Day activities at Govt Law College, Trichy 7. 02.08.2023 BLS Training BLS COURSE AT: GOVT ARTS COLLEGE SALEM 8. 03.08.2023 BLS awareness and training programme for paramedical students at Villupuram as part of BONE AND JOINT WEEK...They had Hands on workshop with mannequin...Dr. V. Anjan Ramachandranath, Secretary Villupuram Ortho Club. 9. 03.08.2023 Trichy Orthopedic Society's continuous Bone and Joint Day activities hit a remarkable third-day event of teaching and demonstrating essential life 04.08.2023 BLS Training at AT PACHAMUTHU COLLAGE OF WOMENS COLLEGE 11. 04.08.2023 BLS training for 250 Paramedical Thiruvarur Ortho Club 12. 04.08.2023 BLS Training for School Students at Chennai with more than 250 participants 13. 04.08.2023 BLS Training at PSGIMSR & Hospital Coimbatore 14. 04.08.2023 BLS Training at SAMPANDAM SPINNING MILLS 15. 04.08.2023 BLS and hands on demo for Hospital Staffs at RAKSHA HOSPITALS Madurai 16. 04.08.2023 BLS Training at SKS SCHOOL OF NURSING SALE 17. 04.08.2023 BLS Training for Medical Students at Dhanalakshmi Srinivasan College Siruvachur 18. 04.08.2023 BLS Hands on Training for Islamia Ladies and Gents College Students at Vaniyambadi by David Multy Specialty Hospital 19. 05.08.2023 BLS Training for Municipality Officers at Vaniyambadi by David Multy Specialty Hospital 20. 04.08.2023 BLS Training Medical College Students at Harur by Dharmapuri Ortho Club 21. 04.08.2023 BLS Training Medical College Students at Dharmapuri 22. 04.08.2023 BLS for Paramedical College Students at Rex Hospital Coimbatore 23. 04.08.2023 BLS for Paramedical College Students by Dr.Major Kamalanathan 24. 04.08.2023 BLS TRAINING CONDUCTED AT ACHYUTHA PUBLIC SCHOOL, DINDIGUL. **NEARLY 450 STUDENTS ATTENDED** 25. 04.08.2023 BLS at Govt Adiyaman school Harur 26. 04.08.2023 BLS Training conducted at our Dindigul Medical College, Paramedical students around 100 students benefitted 27. 04.08.2023 BLS Training conducted at SSM Arts and science college, Dindigul. 500 students benefitted 28. 04.08.2023 BLS Training given at MM Ortho Speciality Hospital Kumbakonam 29. 04.08.2023 BLS Hands on Training for College Students at GOVT ARTS COLLEGE **PENNAGRAM** 30. 04.08.2023 Madurai Orthopaedic Society 162 allied health sciences students given **BLS** training 31. 04.08.2023 BLS course to cycling and runners club Salem at IMA hall by Dr.Sivaraj- 52 persons attended 32. 04.08.2023 BLS Marathon in Stanley medical College 250 interns 250 students 60 post graduates students trained 33. 04.08.2023 BLS course to Students of shri shessa's school by Dr.Premnath and Dr. Rajkumar 108 students attended 34. 04.08.2023 BLS activity certificates and Free first aid kit boxes were distributed from Kauvery Hospital Tirunelveli and Nellai Ortho Club 35. 04.08.2023 BLS Bone & Joint Day celebration at Thoothukudi Programme TWO We have

continued our "Asia Book of Records" with BLS course for AVM College of nursing students.Dr Balakannan & Dr S Marimuthu delivered and demonstrated BLS technique.100 students participated. 36. 04.08.2023 BLS Training Programme conducted by NOC at Govt college of engineering, Tirunelveli, Around 325 participants (3rd year students& teaching staffs) were trained in three batches, me, Dr. Sundarapandian, Dr. Azariah Herbert did the event with support of Principal GCE 37. 04.08.2023 BLS Training for College Students Dr S Marimuthu delivered and demonstrated BLS technique 38. 04.08.2023 BLS over 8 sessions icing the cake was a novel idea to train road traffic accident victims relatives More than 70 attenders trained They not only understood the importance of first aid but also pleged to spread the knowledge and save one when 39. 04.08.2023 BLS training at MCC college Pattukottai.350 students participated 40. 04.08.2023 BLS training to TVS show room workers hasthampatti by Dr. Sivaraj- 42 persons attended. 41. 04.08.2023 BLS Training to Annapoorna engineering college by Dr.Meenakshisundaram - 94 staffs and students attended. 42. 04.08.2023 BLS course to paramedical staff in Dharan hospital Salem by Dr. M.C.R Nakkiran - 32 persons attended 43. 04.08.2023 Tirupur district Ortho club conducted BLS camp at Udamalpet 400 college students trained 44. 04.08.2023 BLS program at National college Trichy by Dr. Jaikish 45. 04.08.2023 BLS Thiruvarur Ortho Club Program2 -230 Arts and science students of Thiru Vika College, Thiruvarur have been given BLS training 46. 04.08.2023 BLS awareness and training for MBBS students at Villupuram as part of **BONE AND JOINT WEEK** 47. 04.08.2023 BLS training conducted at University College of Engineering, Villupuram. More than 180 students attended. Hands on demonstration done. Dr. V. Anjan Ramachandranath.Secretary Villupuram Ortho Club. 48. 04.08.2023 BLS Training for Medical Students at Thirunelveli with more than 150 49. 04.08.2023 BLS Training for School Students at Chennai with more than 250 participants 50. 04.08.2023 BLS Training workshop. At Kamala college of nursing salem 51. 04.08.2023 BLS Training workshop. At CROWN SCHOOL SALEM 52. 04.08.2023 BLS Training at CSI HIGHER SEC SCHOOL 53. 04.08.2023 BLS Training workshop. At GMKMCH SALEM 54. 04.08.2023 Basic Life Support, First aid and CPR techniques The students are tomorrow's leaders, doctors, nation-builders, law creators, Scientists, etc. Teaching them the right way of providing life support care will develop a great nation and a healthy country to prosper Special thanks to the principal and staff of KNMS for the incredible initiative and Dr Saravanavel for his tremendous help as my co-teacher 55. 04.08.2023 BLS Training SRK MATRIC HS SCHOOL SALEM 56. 05.08.2023 Basic Life Support at ROTARY CLUB SALEM 57. 04.08.2023 BLS Training workshop. 30 staffs and technicians were trained at Kallakurichi 58. 09.08.2023 Basic Life Support at Vidya Mandir school 59. 07.08.2023 Basic Life Support at SIVARAJ SIDDHA COLLAGE SALEM 60. 08.08.2023 Basic Life Support at Knowledge Institute of Technology - Salem Tamilnadu 61. 14.08.2023 Basic Life Support at Sri Sarada College For Women, Salem **Total BLS for Drivers - 4** 1. 04.08.2023 BLS course for AUTO DRIVERS AT SIMS CHELLUM HOSPITAL 2. 04.08.2023 BLS course for Drivers Bone & Joint Day celebration at Thoothukudi Nellai



Radio - 2 Bone and joint day awareness speech at Suriyan FM by MID WEST Ortho Salem 04.08.023 Dr.S.T.Arun Prakash Dharmapuri FM (102.5 MHZ) on 09.05. AM **News Papers - 15** 01.08.2023 Tamil Dailies - Pattukkottai 1. 02.08.2023 Tamil Dailies - Dindigul 2. 3. 02.08.2023 Tamil Dailies - Salem 03.08.2023 Tamil Dailies - Tirunelveli

- 5. 03.08.2023 Tamil Dailies - Salem
- 6. 04.08.2023 Tamil Dailies - Vaaniyambaadi
- 7. 04.08.2023 Tamil Dailies - Kumbakonam
- 8. 04.08.2023 English Dailies
- 04.08.2023 Tamil Dailies -Kumbakonam
- 04.08.2023 English Dailies Madurai
- 05.08.2023 Tamil Dailies Chidambaram 11.
- 12. 05.08.2023 Tamil Dailies - Madurai
- 05.08.2023 Tamil Dailies Madurai 13.
- 05.08.2023 Tamil Dailies Madurai 14.
- 15. 07.08.2023 Tamil Dailies - Trichy

Editor Report: Editor Dr. A. Suresh Kumar infomer that the DOAJ application has been submitted

Indexing Editor report: Dr. T.R. Ashok informed that on 21.08.23 DOAJ application was submitted and the result will be received within 3 months, further action and road map based on DOAJ indexing results will be planned.

Video editor report: Dr. Karu Shnamuga Karthikeyan informed that 3 videos so far have been uploaded.

Fellowship secretary report

Decision to be taken on the name request for fellowships at the earliest and 10 new observorships to be started and ratified in GBM

IT Wing Secretary: Dr. Varaprasad informed that the new website up gradation has been done and the Old data are getting uploaded in new website. Membership update template has been introduced. Masterclass program to be enabled in website

Tamil Karuthatarangam: The first of its kind conference in Tamil will held held on October 22, at Tanjore. The chief quest is yet to be finalised. Three Scientific Sessions will be conducted.

TNOA geetham is penned by famous Lyricist Dr. Vairamuthu. The budget for this is Rs.6 Lakhs and the money is contributed as follows:

Dr.S. Natesan Rs.1 Lakh Dr. C.J. Ravi Rs.1 Lakh Midwest Ortho Club Rs.1 Lakh TNOACON Chennai Rs.1 Lakh Trichy Ortho Society Rs.50,000 SICOT, Chennai Rs.50,000 OASISKNEECON, Madurai Rs.50,000 MID YEAR CME 2024 Rs.25,000 Balance amount will be contributed by TNOACON 2024 **Zonal reports** by the respective zones were presented.

TNOACON 2024 Report by Org secretary: Scientific committee is working with all resources for a fruitful educative sessions. The Orator for Dr. Narasimhan Oration has to be decided by the President TNOA. Nominee for Prof.A.Devadoss meritorious award to be selected

IOA Matters: It was decided that a Request from TNOA members to send mail to IOA to convene a special GBM to discuss about fraudulent practices in IOA election.

Vote of Thanks was rendered by Joint Secretary Dr. V. Tirunarayanan.

TNOA GEETHAM



Famous Celebrity Lyricist Shri Vairamuthu has penned the lyrics for the TNOA Geetham (Anthem of our Association).

TREASURER REPORT

Dr. G. Mohan



Rs. 2,757/-Rs. 11,796/-

Rs. 52,400/-

Rs. 2,97,051/-

Rs. 60,000/-

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❖ OPENING BALANCE AS ON 10/07/2023: Rs. 29,63,990 / ❖ CLOSING BALANCE AS ON 10/09/2023: Rs. 25,30,755 /-

TNOA-CREDIT

★ Membership (4x10000,5x5000)
 ★ The Professional Indemnity Scheme Fund
 ★ Total Interest
 Rs. 65,000 / Rs. 1,06,195/ Rs. 10,980/-

TOTAL CREDIT = Rs.1,82,175/-

TNOA-DEBIT

To Professional Indemnity Insurance Rs. 1,06,195/-

❖ To Premkumar Office Secretary Salary, Petrol Expenses TA,DA Rs. 66,157/-

To TNOA Office Airtel Modem, EB, Water & Landline Bill

To TNOA Flat Maintenance Charge

To OASIS for Contribution Amount

To Jaypee Brothers for JOJS

To Printer for 1st Newsletter

❖ TOTAL DEBIT = Rs. 5,96,356 /-

TNOATRUST-ACCOUNT

❖ OPENING BALANCE AS ON 10/07/2023: Rs. 7,532 / ❖ CLOSING BALANCE AS ON 10/09/2023: Rs. 7,832 /-

TOTAL FD AMOUNT IN ASSOCIATION ACCOUNT RS. 1,62,66,243/- As of Now Total FD Balance RS. 1,81,11,061/-

EDITOR REPORT - Dr. A. Suresh Kumar





List of Papers

- 3 D Printing in arthroplasty Dr. Vishnu senthil
- Correlation between EPB Entrapment test and ultrasound wrist findings in DeQuervains disease Dr. Vijayaraja Elangovan
- Neglected and large defect EHL Tendon injuries-Double looping EDL Dr. Mahesh Ram
- Incidence of sacroilitis in patients c Lowback pain Dr. Thomas J Kishen
- Dual plating for Distal Femur fracture, Prof.Singavadivelu
- Protrusio Acetabuli -THR Prof. Arokia Amalan
- Pathoanatomy and need for intervention –shoulder dislocation > 50 years of age Dr.Prahalad Singhi
- Treatment after failed intertrochantric fracture –Dr.Rex
- Distal humerus # 90/90 plating Prof. Thirunarayanan
- Intermediate pedicle screws in Thorocolumbar fracture Prof. Pavalan

University Grants Commission

- Spine fractures in ankylosing spondylitis –Dr. VishnuPrasad
- Calcific myonecrosis-Dr. Dhanasekaran Arunachalam
- Link: https://www.jojs.in/journal/JOJS



 The mission of DOAJ is to "increase the visibility, accessibility, reputation, usage and impact of quality, peer-reviewed, open access scholarly research journals globally, regardless of discipline, geography or language."



r. R. Karu Shanmuga Karthikeyen Video editor QBQA640722

INDEXING EDITOR REPORT - Dr.T.R.Ashok

JOJS - Vol 5 issue 2 released at TNOA-Midyear CME at Lions convention centre, Yercaud by July 2023.





JOJS- current indexing status to present date ...

Indexed in - Google scholar

J2OR - http://www.i2or.com/9.html

DRJI - http://olddrji.lbp.world/Search.aspx?J=Journal%20 of %20 Orthopedics %20and%20 Joint% 20Surgery &S=0 Crossref

Past indexing:

Index Copernicus - https://journals.indexcopernicus.com/search/details?id=67949

Digital archiving:

Portico -https://www.portico.org/publishers/jaypee/?keyword=Journal+of+ Orthopedics+and+Joint+Surgery&filter_by%5B%5D=e-journal

Bibliometric databases:

- Dimensions https://app.dimensions.ai/discover/publication?search_mode=content &search_text=Journal%20of%20Orthopedics%20and%20Joint%20Surgery&search_type=kws& Search_field=full_search&or_facet_source_title=jour.1385164
- Lens https://www.lens.org/lens/search/scholar/list?q=Journal%20of%20
 Orthopedics%20and%20Joint%20Surgery &p=0&n=10&s=_score&d=%2B&f=false
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 ntation=false&preview=true&stemmed=true&useAuthorId=false&sourceTitle.must=Journal%20
 of%20Orthopedics%20and%20Joint%20Surgery
- Scienceopen.com https://www.scienceopen.com/search# ('order'~0_'context'~('journal'~ ('id'~'Journal%2Bof%2B Orthopedics % 2 Band %2BJoint%2BSurgery'_'kind'~59) _'kind'~12)_'v'~4_'orderLowestFirst'~false_'kind'~77)



Awani Mishra RE: JOJS DOAJ preparation To: arunachalam sureshkumar,	Cc: jojstnoa.editor@gmail.com,	Geetika Sareen,	Tushar Nanda,		1 August 2023 at 12:44 PM Details	LAT.
Dear Sir,						
	l in DAOJ today (August 21 st		aluation time is	3 to 6 months (pleas	a refer the image atta	ached)
 Do not make any char Release the issues or 	low while the journal is under nges in the Editorial Board. n time. le should not exceed more tha					
We wish good luck and hop	e to receive a positive respon	nse from DOAJ.				
Thanks and regards Awani Mishra						



NMC approved indexing journals as of Feb 2022

- 1. Medline.
- 2. Pubmed Central.
- 3. Science Citation Index.
- 4. Science citation index expanded.
- 5. Embase
- 6. Scopus
- 7. Directory of Open access journals.

2024 - Roadmap & Action plan

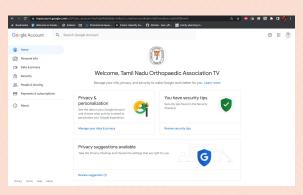
- More research paper submissions (minimum 15-20 articles per issue)
- Geo diversity of articles from different countries international and Global reception of articles to be encouraged.
- Plagiarism to be less than 20% (authors will be asked to resubmit in case of high plagiarism)
- Indexing DOAJ and UGC indexing submitted, results pending.
- Apply for higher indexing SCOPUS and WOS in the upcoming years.

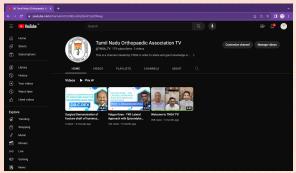
Report of Editor, TNOA Video Journal Dr. R. Karu Shanmuga Karthikeyan



TNOATV

• This is a channel created by TNOA in order to share and gain knowledge in the field of ever expanding orthopaedics. This channel is open for all orthopods in order for them to gain knowledge as well as share their knowledge. Videos will be updated regularly in topics of approaches, surgical procedures, examinations, recent advances and classes for post graduates.





STATISTICS

Total videos uploaded – 3 Subscribers – 179 Total Views - 663

PROBLEMS FACED

Previous videos of TNOA - difficulty in getting Inspite of contacting senior surgeons on regular basis Some are hesitant Channel needs more recognization and subscribers

YOUTUBE CHANNEL

- Pick the right channel name.
- Pick the right niche.
- Set a consistent posting schedule.
- Make small improvements in every video.
- Use relevant keywords in video titles.
- Use relevant keywords in video descriptions.
- Link to important info in video descriptions.
- Set your channel tags.
- Use playlists
- Try YouTube Shorts
- Become (or hire) a video editor
- Use chapters/timestamps
- Design eye-catching video thumbnails
- Review your analytics
- Caption your videos
- Be direct with your audience

YouTube Monetization Requirements

Before you can join the YPP, you need to accomplish a few milestones first. If you want to make money through fan funding, such as Super Chats, Super Thanks, channel memberships, and more, here are the minimum requirements to join the YPP:

- 500 subscribers
- Three public uploads in the last 90 days
- 3,000 public watch hours in the previous 12 months or 3 million public YouTube Shorts views in the last 90 days.

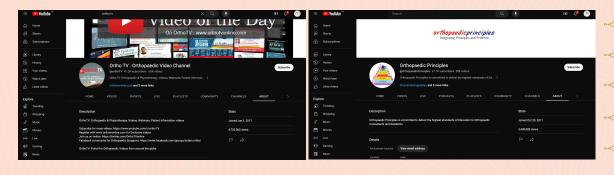
**Access exclusive benefits, **Oreceive support and ** earn money with Ads **YouTube Funds Merchandise Ticketing YouTube Super Supe

Estimated earning in india

View Count	Estimated Earnings in India
10,000 (10k)	INR 200-500
1,00,000 (100k)	INR 2000-5000
10,00,000 (1 million)	INR 7000-30,000
1500,00,000 (150 million)	INR 1,50,000-6,00,000

Other Ortho Channels

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FELLOWSHIP SECRETARY'S REPORT Dr. Vishnu Prasad



Distinguished Members, Greetings

I am happy to invite applications from eligible members for the following TNOA Fellowships 2023-24.

For Life Members

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A. INLAND FELLOWSHIPS (18 nos.)

- i. TNOA Prof. A. J. Selvapandian Travelling Fellowship
- For M.S. Ortho., / DNB.Ortho
- ii. TNOA Dr. R. Muralidharan Dr. M. Vanasekar Travelling Fellowship
- preferably D.Ortho.,
- iii. TNOA Inland Fellowships
- M.S.Ortho / DNB.Ortho.,
- iv. TNOA travelling fellowships without grant

- 2 Fellows / year
- 2 Fellows / year
- 4 Fellows / year
- 10 Fellows / year

- 1 Fellow/2 years

TNOA INLAND TRAVELING FELLOWSHIP CENTRES

Ortho one hoaspitals, Coimbatore

Ganga hoapitals, Coimbatore

Preethi hospitals, Madurai

Devadoss hospitals, Madurai

KMCH, Coimbatore

Olympia hospitals, Trichy

SIMS, Chennai

REX hospitals, Coimbatore

SBS hoapitals, Hosur.

SKS hospitals, Salem

B. FOREIGN FELLOWSHIPS

iv. TNOA Prof.A. Subramanian Foreign travelling Fellowship

Age limit more than 50yrs

Conducted once in 2 years (available for this year)

The selected candidate would be sent after perusal of his application.

C. INLAND FELLOWSHIP (1 no.)

v. TNOA Dr. K. R. Venkateshwar Memorial PG Travelling Fellowship - 1 Fellow / year

- Exam would be conducted in month of February during Erode conference.
- Fellowshp Grant Rs.10,000/-

vi. TNOA-Prof.R.Ramakrishnan Gold Medal

• Exams will be conducted in the month of December / January every year by the organizers of next TNOACON.

Vii. TNOA - Cholamandalam Ortho PG Research Grant

- There shall be two beneficiaries / year.
- This CASH AWARD is to be offered to PG students of Orthopedics for performing research work.

For more details about these fellowships please visit our website http://www.tnortho.org
Download TNOA app (Android & iOS)

Thank you one and all. Long Live TNOA

IT WING SECRETARY'S REPORT

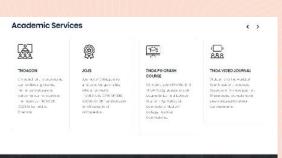
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Dr Varaprasad Narayanaswamy

Updated TNOA website



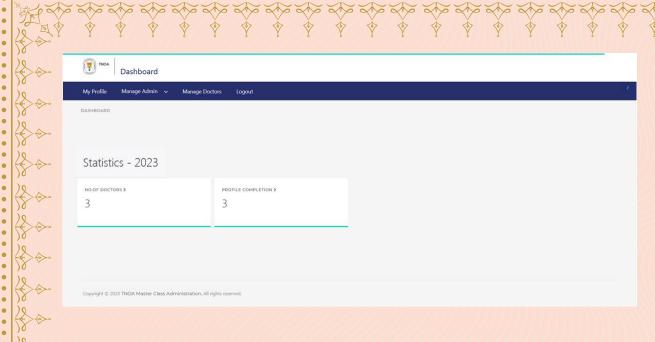


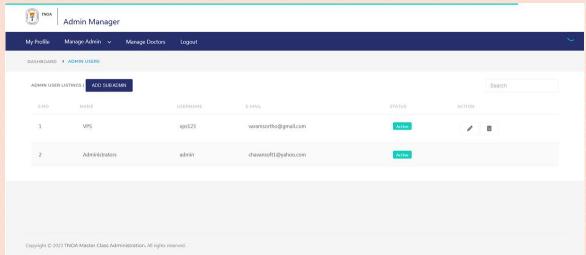




Welcome to TNOA MASTER CLASS







Master Class Doctor Screens are followed

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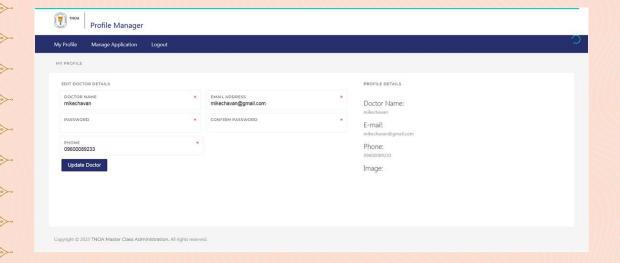
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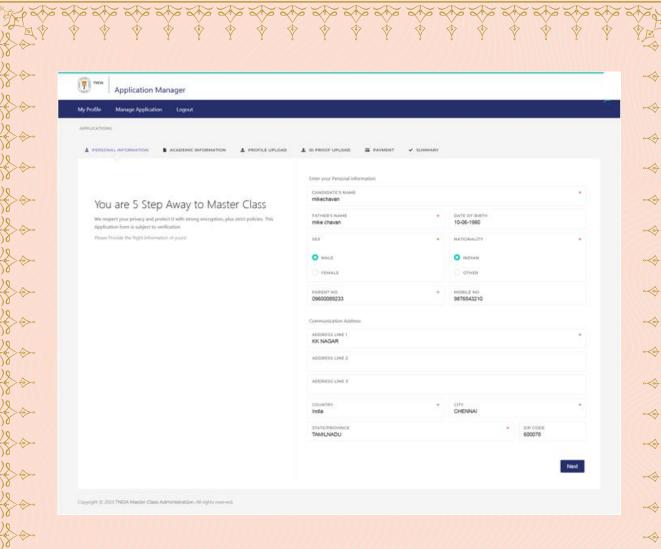
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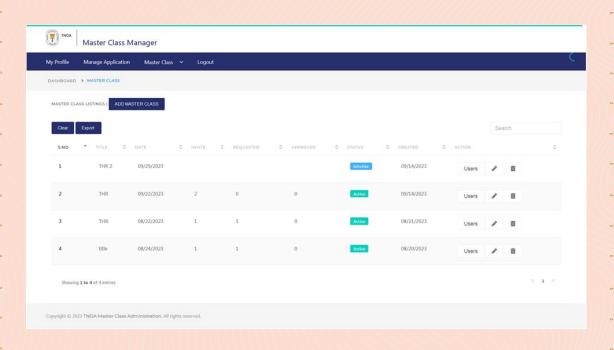
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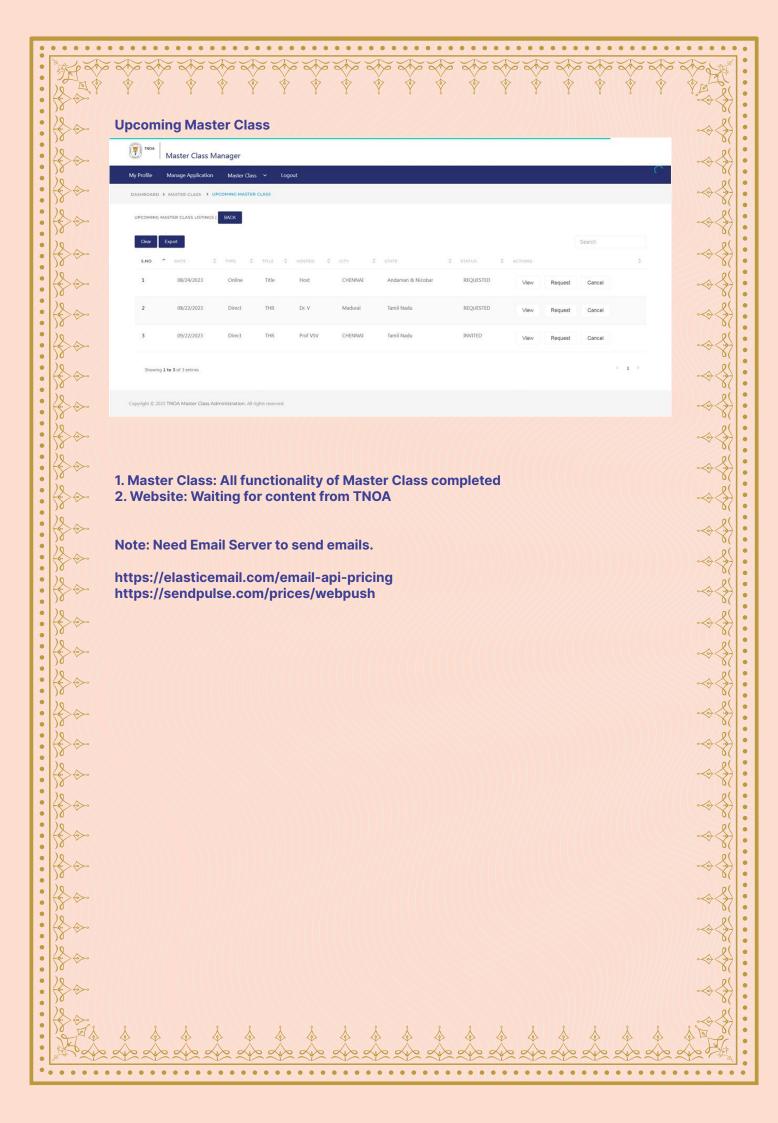
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The Tamil Nadu Orthopaedic Association Elections Notice for the year 2023

Respected Members,

Greetings

I am glad to announce the TNOA Election for the year 2023. As we have registered our association under the Tamil Nadu Societies Registration Act. 1975 we cannot conduct online elections at present.



Dr. N. Deen Muhammad Ismail
President Elect &
Election Officer

This year also it will be an election by postal ballot paper. I request the interested candidates to send their nominations through the appropriate forms attached in the current newsletter. Please take a print out of the forms and send it by post. If you have any queries do not hesitate to contact me.

Nominations are invited for the following posts of Tamil Nadu Orthopaedic Association for this year .

Core Committee Member:

S. No	Post	Vacancy
1	Vice-President	One Post
2	Joint Secretary	One Post
3	Treasurer (Contestant from Chennai only)	One Post

Executive Committee Member (Metros):

S.No	Zone	Vacancy
1	Coimbatore	One Post
2	Madurai	One Post

Executive Committee Member (Non Metros):

S.No	Zone	Vacancy
1	North Zone	One Post
2	West Zone – I	One Post
3	West Zone - II	One Post
4	Central Zone - I	One Post
5	Central Zone – II	One Post
6	South Zone – I	One Post
7	South Zone – II	One Post
8	East Zone	One Post

Important Dates to Remember:

Announcement of TNOA Elections- 2023	- 09.10.2023
Last date for filing nominations	- 24.10.2023
Last date for withdrawal of nominations	- 31.10.2023
Despatch of ballots	- 14.11.2023
Last date for request of duplicate ballots for non-receipt of ballot papers	- 30.11.2023
Last date for despatch of duplicate ballots	- 05.12.2023
Last date for receipt of ballots	- 31.12.2023
Counting of Votes – Chennai	- 07.01.2024
Declaration of results at GBM Erode	- 10.02.2024

As per article 9.4 & 9.4.(a) of TNOA By-laws, the contestant for the posts of Vice-President, Joint Secretary and Treasurer should have previously been a member of the Executive Committee of the Tamil Nadu Orthopedic Association. To contest for the post of Treasurer, the candidate should be based at Chennai.

Appropriate evidence should be attached along with the nomination form.

- Nomination form should be filled with all relevant details.
- The Non- refundable nomination fee of Rs.10,000/- for the post of Vice- President, Joint Secretary & Treasurer and Rs.5,000/- for EC Member should be attached through a DD drawn in favour of "Tamil Nadu Orthopaedic Association" payable at Chennai or through online payment.

For online payments:

Tamil Nadu Orthopaedic Association, A/C No. 705855990, IFSC. IDIB000C017, Indian bank Chetpet branch. Mention your Name and Mobile No. in the remarks column

- Please send a short bio data of not more than half page in A4 sheet for official communication to the members. Kindly note that if the word limit is exceeded the font size will be reduced to accommodate half page of A4 sheet. It should only be a bio data and should not include any Election Manifestos.
- For the post of Vice-President, Joint Secretary and Treasurer evidence for having served as an EC member of TNOA in the past should be attached.
- Nominations should be sent by post or courier only.
- Nominations received after the last date 24.10.2023 will not be accepted.
- Incomplete nomination forms will be summarily rejected.

The filled–up Nomination Form along with necessary attachments should be sent to the following address on or before 24.10.2023.

Kind regards
Yours Truly,

N. Deen Muhammad Ismail
President Elect & Election Officer
Tamil Nadu Orthopaedic Association

Address for communication

Dr. N. Deen Muhammad Ismail

DEEN ORTHO CENTER

Post box no : 15 No.1137, Poompuhar Nagar 2nd Main Road, Kolathur, Chennai – 600 099.

The Tamil Nadu Orthopaedic Association – Elections 2023

Nomination Form

Please Affix Your Passport Size Photograph

Name of the contestant	:	
Post for which contesting	:	
Life Membership Number	:	
Address		
WhatsApp No:	Email ld. :	
Nomination fees details : DD No.,	NEFT Ref No.:	Dated
Amount Bank	(:	
Proposed by : Name :		LM No.:
Seconded by : Name :		LM No.:
Signature :		
For Contestants for the post of	Vice-President, Joint Secretary &	Treasurer
		:
Please provide documentary evid	dence for the same.	
	Consent & Declaration by the	e Candidate
	hereby consent to conte amil Nadu Orthopaedic Associatior	st for the post of
		hat the facts and details provided by me in the or details are found to be false, my nomination
regulations of the Tamil Nadu Or		I also agree to abide by the rules and r the uplift of the Association and will attend the nmittee and General Body.
Signature of the Candidate : Note:		Date:

- 1. Completed nomination forms along with the necessary enclosures to be sent to :
 - Dr. N. Deen Muhammad Ismail, DEEN ORTHO CENTER, Post box No: 15, No.1137, Poompuhar Nagar 2nd Main Road, Kolathur, Chennai 600 099. so as to reach not later than 24.10.2023.
- 2. Nominations should be proposed and seconded by Life members of TNOA.
- 3. Enclosures include Demand draft for nomination fees, brief bio-data.
- 4. Passport size photograph to be affixed on the form and a digital copy of the same may be sent to the mail id: drndmi@gmail.com

BONE & JOINT DAY 2023

TNOA organised weeklong activities from 1st to 7th August 2023 based on IOA Presidents Theme for Bone & Joint day: "Each One Train One Save ONE"

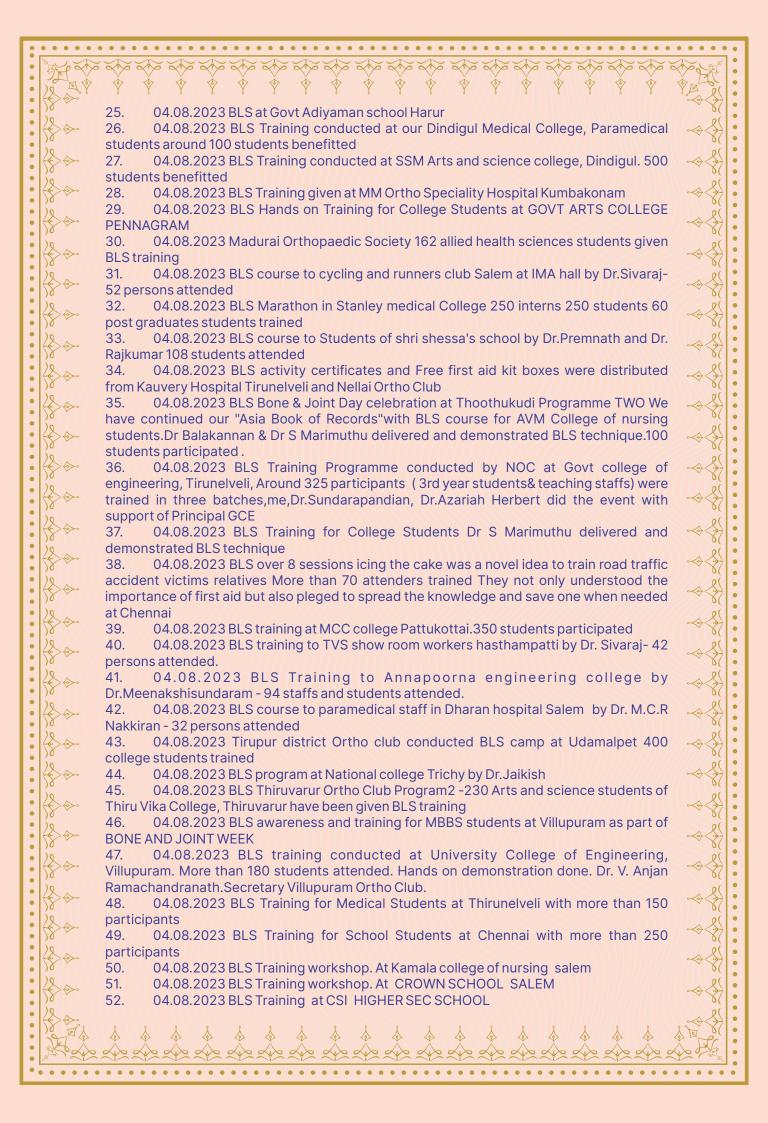
- 1. Total BLS for Students & Publics 61
- 2. Total BLS for Drivers 4
- 3. Total BLS for Traffic Police-1
- 4. Total BLS for Police 3
- 5. Social Awareness activities 27
- 6. Social Media coverage TV 9 Radio 2 News Papers 11
- 7. Any Other Activities 30
- 1.BMD.
- 2. Drawings,
- 3. Yoga,
- 4. Pamphlets Distribution

Total BLS for Students & Publics - 61

- 1. 01.08.2023 Trichy Orthopedic Society (TOS) has kicked started the week-long Bone and Joint Day activities by Training the Basic life support to Trichy Rotary club at the Hotel Breeze Dr.J.Terrence Jose Jerome, Secretary of TOS, was the chief guest and delivered the awegathering. It was an intriguing interactive session that benefitted them in changing the myth into reality through proper and timely life-saving measures
- 2. 01.08.2023 BLS Training for Publics at Pattukkottai
- 3. 02.08.2023 BLS Training for Publics at Salem
- 4. 02.08.2023 BLS Training for College Students at Kavery Hospital Thirunelveli
- 5. 02.08.2023 BLS Training for Publics at Kurinji Hospital Salem
- 6. 02.8.2023 Bone and Joint Day activities at Govt Law College, Trichy
- 7. 02.08.2023 BLS Training BLS COURSE AT: GOVT ARTS COLLEGE SALEM
- 8. 03.08.2023 BLS awareness and training programme for paramedical students at Villupuram as part of BONE AND JOINT WEEK...They had Hands on workshop with mannequin...Dr. V. Anjan Ramachandranath, Secretary Villupuram Ortho Club.
- 9. 03.08.2023 Trichy Orthopedic Society's continuous Bone and Joint Day activities hit a remarkable third-day event of teaching and demonstrating essential life
- 10. 04.08.2023 BLS Training at AT PACHAMUTHU COLLAGE OF WOMENS COLLEGE DHARMAPURI
- 11. 04.08.2023 BLS training for 250 Paramedical Thiruvarur Ortho Club
- 12. 04.08.2023 BLS Training for School Students at Chennai with more than 250 participants
- 13. 04.08.2023 BLS Training at PSGIMSR & Hospital Coimbatore
- 14. 04.08.2023 BLS Training at SAMPANDAM SPINNING MILLS
- 15. 04.08.2023 BLS and hands on demo for Hospital Staffs at RAKSHA HOSPITALS Madurai
- 16. 04.08.2023 BLS Training at SKS SCHOOL OF NURSING SALE
- 17. 04.08.2023 BLS Training for Medical Students at Dhanalakshmi Srinivasan College Siruvachur
- 18. 04.08.2023 BLS Hands on Training for Islamia Ladies and Gents College Students at Vaniyambadi by David Multy Specialty Hospital
- 19. 05.08.2023 BLS Training for Municipality Officers at Vaniyambadi by David Multy Specialty Hospital
- 20. 04.08.2023 BLS Training Medical College Students at Harur by Dharmapuri Ortho Club
- 21. 04.08.2023 BLS Training Medical College Students at Dharmapuri

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- 22. 04.08.2023 BLS for Paramedical College Students at Rex Hospital Coimbatore
- 23. 04.08.2023 BLS for Paramedical College Students by Dr.Major Kamalanathan
- 24. 04.08.2023 BLS TRAINING CONDUCTED AT ACHYUTHA PUBLIC SCHOOL, DINDIGUL. NEARLY 450 STUDENTS ATTENDED



***** 53. 04.08.2023 BLS Training workshop. At GMKMCH SALEM 04.08.2023 Basic Life Support, First aid and CPR techniques The students are tomorrow's leaders, doctors, nation-builders, law creators, Scientists, etc. Teaching them the right way of providing life support care will develop a great nation and a healthy country to prosper Special thanks to the principal and staff of KNMS for the incredible initiative and Dr Saravanavel for his tremendous help as my co-teacher 04.08.2023 BLS Training SRK MATRIC HS SCHOOL SALEM 05.08.2023 Basic Life Support at ROTARY CLUB SALEM 04.08.2023 BLS Training workshop. 30 staffs and technicians were trained at Kallakurichi 58. 09.08.2023 Basic Life Support at Vidya Mandir school 59. 07.08.2023 Basic Life Support at SIVARAJ SIDDHA COLLAGE SALEM 60. 08.08.2023 Basic Life Support at Knowledge Institute of Technology - Salem Tamilnadu 14.08.2023 Basic Life Support at Sri Sarada College For Women, Salem Total BLS for Drivers - 4 04.08.2023 BLS course for AUTO DRIVERS AT SIMS CHELLUM HOSPITAL 04.08.2023 BLS course for Drivers Bone & Joint Day celebration at Thoothukudi Nellai Ortho Club 04.08.2023 BLS course for AUTO DRIVERS AT KIRUBA HOSPITAL SALEM 04.08.2023 BLS course for Drivers at Preethi Hospital . Total BLS for Traffic Police - 1 04.08.2023 BLS Training to Traffic Police at IMA Hall Salem by Dr.K.Mohanasundaram - 57 Person attended Total BLS for Police - 3 04.08.2023 Dr. Prahald Singhi has given BLS for Police at Preethi Hospital 04.08.2023 BLS for Police for Dharmapuri Ortho Club 2. 04.08.2023 BLS training conducted at 14th battalion of Tamil Nadu state Police camp, Palani. Total 105 participates Social Awareness activities - 27 02.08.2023 Pamphlet Distribution at Salem 1. 1. 02.08.2023 First AID Kit & Pamphlet Distribution at Palani 02.08.2023 Pamphlet Distribution at Salem 2. 02.08.2023 Pamphlet Distribution at Dindigul 3. 4. 02.08.2023 Pamphlet Distribution at Dindigul 02.08.2023 Pamphlet Distribution at Salem 02.08.2023 BMD Camp at Olympia Hospital Tichy 6. 7. 02.08.2023 BMD Camp at Deen Ortho Care Chennai 03.08.2023 Drawing Competition at Pattukkottai 03.08.2023 BMD Camp at Palani 10. 03.08.2023 Nukat Natak at Pattukkottai 11. 04.08.2023 Nukat Natak by Nellai Ortho Club 04.08.2023 Road Awarness at Vaaniyambadi 12. 13. 04.08.2023 Pamplet Distribution at Palani 14. 04.08.2023 Awarness Rally at Villuppuram 15. 04.08.2023 BMD Camp at oimbatore 16. 04.08.2023 BMD Camp at Chennai 04.08.2023 BMD Camp at Preethi Hospital Madurai 17. 18. 04.08.2023 BMD Camp at Siruvachur 19. 04.08.2023 BMD Camp at Stanly Medical College Chennai

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)\$	20. 05.08.2023 BMD Camp at Pattukkottai 21. 06.08.2023 Cycle Rally at Pattukkottai	
)\$ \$	22. 06.08.2023 Walkathon rally at Salem 23. 06.08.2023 BMD Camp at Chennai	
•	♦ ♦	24. 08.08.2023 BMD Camp at Ganga Hospital Coimbatore	
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)\$ \$\&\&\	Social Media coverage TV – 9	
•)0	1. 01.08.2023 Press Meet at Pattukkottai 2. 01.08.2023 Press Meet at Salem	
)8 /)2	3. 02.08.2023 Press Meet at Tirunelveli4. 04.08.2023 Press Meet at Tirunelveli	
•)8)8)8	5. 04.08.2023 Press Meet at Chennai	
)8	6. 04.08.2023 on Local Media 7. 04.08.2023 Press Meet at Coimbatore	7
)0 }	8. 04.08.2023 Press Meet at Chennai 9. 04.08.2023 on National Media	
•		Radio – 2 1. Bone and joint day awareness speech at Suriyan FM by MID WEST Ortho Salem	7
•	\$\$\\$\	2. 04.08.023 Dr.S.T.Arun Prakash Dharmapuri FM (102.5 MHZ) on 09.05. AM	
	\$ \$ \	News Papers – 15 1. 01.08.2023 Tamil Dailies - Pattukkottai	7
	\$	 02.08.2023 Tamil Dailies - Dindigul 02.08.2023 Tamil Dailies - Salem 	7
	\$	4. 03.08.2023 Tamil Dailies - Tirunelveli5. 03.08.2023 Tamil Dailies - Salem	
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	\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	 9. 04.08.2023 Tamil Dailies – Kumbakonam 10. 04.08.2023 English Dailies – Madurai 	
		11. 05.08.2023 Tamil Dailies - Chidambaram 12. 05.08.2023 Tamil Dailies - Madurai	
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BONE & JOINT DAY

Basic Life Support Training



01.08.2023 Trichy Orthopedic Society (TOS) has kicked started the week-long Bone and Joint Day activities by Training the Basic life support to Trichy Rotary club at the Hotel Breeze Dr.J.Terrence Jose Jerome, Secretary of TOS, was the chief guest and delivered the awe-gathering. It was an intriguing interactive session that benefitted them in changing the myth into reality through proper and timely life-saving measures



01.08.2023 BLS Training for Publics at Pattukkottai



02.08.2023 BLS Training for Publics at Salem



02.08.2023 BLS Training for College Students at Kavery Hospital Thirunglye



33.08.2023 BLS awareness and training programme for paramedical students at Villupuram as part of BONE AND JOINT WEEK...They had Hands on workshop with mannequin...Dr. V. Anjan Ramachandranath, Secretary Villupuram Ortho Club. support to Mookam



04.08.2023 BLS Training at AT PACHAMUTHU
COLLEGE OF WOMENS COLLEGE
DHARMAPURI

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04.08.2023 BLS Training at PSGIMSR & Hospital Coimbatore



04.08.2023 BLS Training for School Students at Chennai with more than 250participants.



04.08.2023 BLS Training at SAMPANDAM SPINNING MILLS



04.08.2023 BLS and hands on demo for Hospital Staffs at RAKSHA HOSPITALS Madurai



04.08.2023 BLS Hands on Training for Islamia Ladies and Gents College Students at Vaniyambadi by David Multy Specialty Hospital



04.08.2023 BLS for Paramedical College Students at Rex Hospital Coimbatore



05.08.2023 Basic Life Support at ROTARY CLUB SALEM



05.08.2023 Basic Life Support at ROTARY CLUB SALEM



08.08.2023 Basic Life Support at Knowledge Institute of Technology – Salem



14.08.2023 Basic Life Support at Sri Sarada College For Women, Salem

Drivers, Police Personnel training Sessions



.04.08.2023 BLS course for AUTO DRIVERS AT SIMS CHELLUM HOSPITAL



04.08.2023 BLS course for AUTO DRIVERS AT KIRUBA HOSPITAL SALEM



04.08.2023 BLS Training to Traffic Police at IMA Hall Salem by Dr.K.Mohanasundaram – 57 Person attended



04.08.2023 BLS for Police for Dharmapuri Ortho Club

Social / Public Awareness



02.08.2023 Pamphlet Distribution at Salem



03.08.2023 Nukat Natak at Pattukkottai



04.08.2023 Nukat Natak by Nellai Ortho Club



04.08.2023 Road Awarness at Vaaniyambadi



04.08.2023 Pamphlet Distribution at Palani



02.08.2023 Pamphlet Distribution at Salem



02.08.2023 First AID Kit & Pamphlet Distribution at Palani



02.08.2023 Pamphlet Distribution at Dindigul



04.08.2023 Awarness Rally at Villuppuram



06.08.2023 Cycle Rally at Pattukkottai



03.08.2023 Drawing Competition at Pattukkottai



02.08.2023 Pamphlet Distribution at Dindigut



02.08.2023 Pamphlet Distribution at Salem



02.08.2023 BMD Camp at Olympia Hospital Tichy



03.08.2023 BMD Camp at Palani



04.08.2023 BMD Camp at oimbatore



06.08.2023 Walkathon rally at Salem



02.08.2023 BMD Camp at Deen Ortho Care Chennai





04.08.2023 BMD Camp at Preethi Hospital Madurai



04.08.2023 BMD Camp at Stanley Medical College Chennai



06.08.2023 BMD Camp at Chennai



05.08.2023 BMD Camp at Pattukkottai



08.08.2023 BMD Camp at Ganga Hospital Coimbatore

Media Coverage

எலும்பு மூட்டு வார விழா தொடக்கம்

பட்டுக்கோட்டை, ஆக.1:பட்டுக்கோட் டையில் உலக எலும்பு மூட்டு வார விழா செவ்வாய்க்கிழமை தொடங்கி யது.

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யது. தமிழக எலும்பு மூட்டு அறவைச் சிகிச்சை மருத்துவ சங்கத்தின் சார் பில் நடைபெற்ற நிகழ்ச்சியில் பொது மக்களுக்கு எலும்பு மூட்டின் பயன் கள் குறித்தும், எலும்புகளைப் பாது காக்கும் முறைகள் குறித்து விளக்கப்

பட்டது. இதுகுறித்து எலும்பு மூட்டு அறு வைச் சிகிச்சை மருத்துவர் மு. செல் லப்பன் கூறுகையில் ஆசு. 1 முதல் 6 ஆம் தேதி வரை நடைபெறும் வார விழாவில் பொதுமக்களுக்கு எலும்பு

மூட்டு பற்றி விழிப்புணர்வை ஏற்ப டுத்தஉள்ளோம்.

குறிப்பாக ஆக. 4ஆம் தேதி ஒரே நாளில் உயிரைக்காக்கும் அடிப்படை சிகிச்சை பயிற்சியை உலக சாதனை கங்கண் பயற்களை முயற்சியாக இந்தியா முழுவதும் நடத்த உள்ளோம்.மேலும் இதுகு றித்த விழிப்புணர்வை ஏற்படுத்தும் வகையில் மாணவர்களுக்கு பல்வேறு தலைப்புகளில் போட்டிகளையும் நடத்த உள்ளோம் என்றார் அவர். நடத்த உள்ளையும் என்றார் அவர் நிகழ்ச்சியில் தமிழக எலும்பு மூட்டு அறுவைச் சிகிச்சை மருத்துவர்கள் சுங்க மாநில செயலர் ரவி, மருத்துவர் சங்க பாறுக்க கள் நவீன், கலைச்செல்வம், அரவிந்த் உள்படபலர் கலந்து கொண்டனர்.



ளை)क्षेत्री நேர்த்திக்கடனாக ஆடுகளை செலுத்திய தொழின்னர்கள்

தேசிய எலும்பு மூட்டு தினம் 6ல் விழிப்புணர்வு ஊர்வலம்

ணர்வு ஊர்வலம் நடக்க உள்ளது.

இதுகுறித்து சேலம் மாவட்ட முகாம் நடக்கிறது. எலும்பு மூட்டு மருத்துவ சங்க விபத்தில் சிக்கியவர், உயி தலைவர் மோகளகத்தரம் கூறிய சுக்க போனம்டு

மணிக்கு அஸ்தம்பட்டி சந்திப்பில்

தொடங்கும் விழிப்புணர்வு ஊர்வலம், தேசிய எலும்பு மூட்டு தினத்தை சங்க களை வளகத்தில் நிறைவடைய 6ல் விழிப்பு உள்ளது. மேலும் இங்கு தினமும் க உள்ளது. காலை, 8:00 மணிக்கு விழிப்புணர்வு

எலும்பு முட்டு மருத்துவ சங்க விபத்தில் சிக்கியவர். உயி தலைவர் மோகனசுந்தரம் கூறிய சூக்கு போராடுவோரை காப்பாற்ற, ஆக., 4 தேசிய எலும்பு மூட்டு இன மாசு அஞாசிக்கப்படுகிறது. அத்துடன் பயிற்சி அளிக்கப்படும். மாவட் ஆக., 1 முதல், 6 வரை நடந்து வரும் டத்தில் உள்ள அனைத்து எலும்பு ஏலும்பு மூட்டு வாருத்தில் விழிப்பு முறிவு மருக்துவர்களும் பயிற்சி ணர்வு நிகழ்ச்சி நடத்தப்படுகிறது. அளிப்பர். தகவலுக்கு, 97900 – இதன் நிறைவரக, 6 காலை, 6:30 08492 என்ற எண்ணில் பேசலாம். மணிக்க அல்லப்பட்டு ககிதிப்ரில் வெளுரை அவர் கூசினார். இவ்வாறு அவர் கூறினார்.



எதுக்க மூட்டு வாழ்தை முன்னிட்டு

எம்.எம். ஆர்த்தோ மருத்துவமனையில் பயிற்சி முகாம்

வடைய. அறுகும் மடித் வெண்கம் படுத் இடிக்கோலர். அதுக்கு ஆண்டு உர்ந்தி எனுன்ற அடைடு இணைக்கும். அன்றிட்டுக் நேல் முதல் சிக் தேலி வரை எனுவிர ஒட்டு வார்வர்களும். கழுகாக்கம் நிறுது இரை முறிக்கார் இதிகை எனுவிருக்கு கழுகாக்கம் நிறுது இரை முறிக்கிய ஆன்ற இரை ஆன்றிக்கிய நிறுக்கு நடிக்கு அன்றிக்கிய ஆன்ற இரைவரும் அனிக்கும். ஒன்றிக்கு ஒன் காதின்ற காழக்கிய அளிக்கு ஒன்றிக்கு வேண்றிக்கு அகின்ற வாட்குற் என்றி அளிக்கும். ஒன்றிக்கு கைகில் சாரண விடித்துக்குள்ள சார்கள் நடிக்கு ஒன்றிக்கு கில் நடிக்கு சிலின்ன அளித்தில் மறுக்கு வகிறில் அகிக்கும். கோன்றில் ஒன்ற உரக்கு அதிக்கும் மறுக்கு அன்றைக்கு உத்துக்கும். கோன்றில் அதிக்கும் அதிக்கும் இன்றைக்கை அருக்கும். கானிக்கியர்கள் இனை விக்கார். இன்றிதுக்கும் முன்ற வின்றிக்கும். உள்ளிக்கியர்கள் அதிகுகிய மறிக்கும். உள்ளிக்கியர்கள் அதிக்கும்.

ரணமாக இருந்தார். இசன் ஏற்பட்டால் என்னி காங்கிரஸ் கிறுபானை. இது நெத்தில் நமது டட்டிலுந்தன், நான் அதை பிரிது மாநில் செய்யன் இது நேர்க்கும் நான் அதை பிரிது மாநில் செய்யன்

எலும்பு மூட்டு வாரத்தை முன்னிட்டு நாளை

பொதுமக்களுக்கு அவசரகால உயிர்காக்கும் முதலுதவி பயிற்சி



வாணியம்பாடியில் உயிர் காக்கும் கடவுள்கள் என்ற தலைப்பில் கல்லூரி மாணவ, மாணவிகளுக்கு சிறப்பு நிகழ்ச்சி



வாணில்லான, ஆக்கி இந்தியர் முற்றி நிறி கூறின். மா விய ப்பாடியில் உள்ளது. கைகூறி நேறி கூறின் கிறியர் உறி கூறின் கூறின் கூறின் கிறியர் கூறி கூறின் கூறின் கூறின் கூறின் கூறின் கூறின் கூறின் திறியர் கூறின் கூறின்

சேலத்தீல் எலும்பு மூட்டு தீனத்தையொட்டி விழிப்புணர்வு சிறப்பு முகாம்



BONE & JOINT DAY

the Disabilitu mmORTHO DR. JOSEPH'S ORTHO CLINIC DR. JOSEPH'S HEART CARE CLINIC DR. JOSEPH'S ALLERGY & ASTHMA CLINIC

Initiative to promote first aid training

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ரோந்து பணி போலீசாருக்கு முதலுதவி சிகீச்சை பயிற்சி

Press Meets, Coverage in Electronic & Social Media





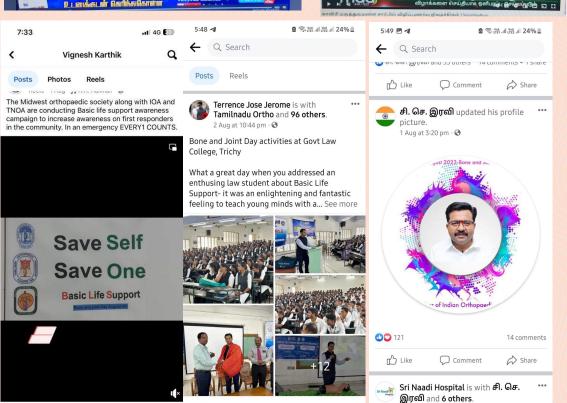






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BEST ZONAL CLUB OF TAMIL NADU ORTHOPAEDIC ASSOCIATION

Period: Activities from 1st January till 31st December, 2024 Report to be submitted before 31st January each year. Award will be presented during the TNOACON each year.

Selection committee: The selection shall be done by a committee consisting of 1)The President, 2) Secretary, 3) President Elect 4) Vice President and 5) Joint Secretary Criterias to be considered in awarding Best Zonal Club award:

(1)//	Increase in number of members in State Association:		Maximum of 10 points
(///,	Percentage increase in membership of the zone.		
	One mark for every 1% increase in membership.	<u> </u>	
2)//	Increase in number of members in IOA:		Maximum of 10 points.
	Percentage increase in membership of the zone.		
	One mark for every 1% increase in membership.	<i>// ////////</i>	
(3)	Academic activities:		Maximum of 20 points.
	CME Programmes :	2 points,	//////////////////////////////////////
	Clinical meetings :	1 point.	
4)	Achievement of individual members:		Maximum of 20 points.
	Paper / poster presentations		
	International:	2 points, //	
	National:	2 points	
	State:	2 points	
	Publications		
	International:	2 points	
	National:	2 points	
	State:	2 points	
	Books:	5 points	
5)	Awards and honours :	5 points	Maximum of 10 points
		// for each ///	
////		achievement	
(6)///	Social activities	5 points	
7//_		for each activity.	Maximum of 10 points.
7)	Regular conduct of monthly meetings (Minimum 10)	7/19///////////////////////////////////	Maximum of 10 points.
8)//	Submission of report in EC meetings of TNOA.		Maximum of 10 points.
			Total 100 paints
			Total 100 points.

Applications are invited from the zonal clubs for the best zonal club award for metros/non metros

Applications should be accompanied by the reports on activities of the zonal club with necessary evidence from 1st January 2022 to 31st December 2022.

The application (hard and Soft Copies) should reach the Secretary TNOA before 31st January 2023.

Thank You . **Dr. C.J. RAVI**Secretary, TNOA.

OASIS Matters

President: Dr. Nithyanand Rao N

Secretary General: Dr.Roshan Kumar B.N President Elect: Dr.P.N.Vasudevan

Office address: Door No; 9B "D" Block, ASTA Apartment AVM StudiomComplex,

39, Arcot Road, Vadapalani,

Chennai-600026

Phone; 04445590476, 9845334405 Website: https://oasisortho.org

Executive Committee Members of OASIS representing TNOA:

Dr.V.Singaravadiveu – President Dr.C.J.Ravi – Secretary Dr.Deen Muhammad Ismail – President Elect

- Dr. Nalli R Uvaraj elected Vice president of OASIS from TNOA
- DrK.C. Ramasamy from Coimbatore was honored at OASISCON From Tamilnadu
- TNOA won that OASIS Best Chapter award 5th time

The proposal of changing the name of SS Marthandam Oration was objected by our EC members and decided this SS Marthandam Oration to be continued forever. Like wise Dr Sudhakar Shetty Oration will be continued forever.







IOA Matters

President -Dr. Atul Srivastava Secretary - Dr. Naveen Thakkar

Office Address:

Plot No: 69, Tughlaqabad Institutional Area, Behind Batra Hospital, M.B.Road,

New Delhi, 110062

E.Mail: ioahousedelhi@gmail.com

Phone: 9811967820(Ramesh C Pandey, CAO, IOA)

website: https://ioaindia.org/

Presidents Theme for the year 2023: "Stronger Bones - Stronger Nation"

Next conference IOACON 2023 on 14th –17th December at Lucknow



TNOA organised weeklong Bone and Joint day activities from 1st to 7th August 2023 based on IOA Presidents Theme for Bone & Joint day: "Each One Train One Save ONE" We have won Asia book record for conducting Bone and joint day activities

- 1. Total BLS for Students & Publics 61
- 2. Total BLS for Drivers 4
- 3. Total BLS for Traffic Police 1
- 4. Total BLS for Police 3
- 5. Social Awareness activities 27
- 6. Social Media coverage TV 9 Radio 2 News Papers 11



TNOA Prof. A.DEVADOSS MERITORIUS AWARD

The Tamil Nadu Orthopaedic Association has great pleasure in instituting the TNOA Prof. A. Devadoss Meritorious Award Sponsored by the Committee comprising of Prof. S. Shanmuganathan, Prof. M.Chidambaram, Prof. T. Chandraprakasam, Dr. Muthuvelrajan, Dr. Pugazhenthi Pandian and Dr. Sathish Devadoss.



Name of the Award: TNOA Prof. A. Devadoss Meritorius Award

Honour: The award recipient will be recognized for their outstanding contribution to orthopedic surgery in Tamilnadu during the Award Ceremony held at the Annual conference of TNOA during the Inaugural Function with a Plaque and medallion.

Timing of Award: During the inaugural Function of the TNOACON. (as resolved during the AGM of February 2014, Chennai)

Award Criteria:

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- · The nominee should be aged above 60 years.
- · Have been in practice for a minimum of 15 years
- · Be a member of TNOA in good standing for at least 15 years.
- · Demonstrate outstanding leadership in the areas of community service and/or education.
- · Support excellence in orthopedic surgery, including community medical services and contribution beyond their medical practice to the community at large.

Additional Criteria:

- · Current members of the TNOA executive committee and the Committee Constituted by Sponsor are not eligible for nomination of this award.
- · There should be no self nomination.

Nomination Process

- · Recipients are nominated by a fellow member(s) of the TNOA by proposing and seconding.
- The application package includes: a completed nomination form providing details on how the nominee meets
- the award criteria and an overview of the nominee's achievements.
- The TNOA Core Committee will review all nominations and a selection will be made and intimation will be sent to the Sponsor Committee.

Last Date for Nomination: 30th November 2023

Nominations to be sent to : Dr. C.J. RAVI,

Secretary - TNOA

9B, D Block, AVM ASTA Apartments,

Arcot Road, Vadapalani, Chennai - 600 024.

Office Contact No.: 9500400389

NOMINATION FORM FOR TNOA Prof. A. DEVADOSS MERITORIUS AWARD

WEWI:	SH TO NOMINATE: Dr.					
Award	Criteria					
1.	How does the nominee qualify for the award?					
	Name of Nominee: Home Address / City / Posta	al Code:	TNOA Membership # (if known):			
	Office Address / City / Posta	al Code:				
	Qualification:		Current Post:			
	Phone: Office: Email:	Home:	Mobile:			
Propos	sed by:		LM Number(Mandatory):			
	Home Address / City / Posta	al Code:				
	Office Address / City / Posta	al Code:				
	Phone: Office: Email:	Home:	Mobile:			
			Signature:			
Secono	ded by : Home Address / City / Posta	al Code:	LM Number(Mandatory):			
	Office Address / City / Posta	al Code:				
	Phone: Office: Email:	Home:	Mobile:			
a Dia			Signature:	و الحدياء م		

- 2. Please mention in detail how the nominee supports excellence in orthopaedic surgery, includes involvement in education and contribution beyond their medical practice.
- 3. Yes We confirm that the Nominee that we are nominating has been a member of Tamilnadu Orthopaedic Association for a minimum of 15 years.
- 4. Yes We confirm that the nominee is over 60 years of age.
- 5. Please attach Bio-data of Nominee including achievements

REPORT ON TKS MID YEAR CME 2023

MID-YEAR CME 2023 &TNOA FAMILY MEET, JULY 21,22 &23RD VENUE-LIONS CONVENTION CENTRE -YERCAUD Organised by Midwest Ortho Society

Dr.J.Manimaran
Organising Secretary

- Total No registrations -974
- Consultants & Faculties 426
- Post graduates-42
- Spouse &kids-516
- No of workshops:6
- No of Delegates attended-184
- Industry Registrations-163



Thank You for making it a Grand Success!!





வணக்கம்,

தமிழில் நம் அறிவியல் கருத்தர ங்கை நடத்த எண்ணிய ஆந்த சிந்தனைக்கு சொ நம் சங்கத்தலைவர் பேர ரசிரியர் சிங்கார வடிவேலு ஐயா அவர்கள். அவர்களுடை ய சிந்த செயல்வடிவம் அளிக்க எணக்கும் எங்கள் தஞ்சாவூர் எலும்பு மருத்துவ மன்றத்தீற்கும் ஒடு கொடுத்த அவருக்கு என் உளமார்ந்த நன்றி.

தாய்மொழி வழி கல்வி தான் உலகத்திலேயே சிறந்தது என்று அனைத்து ஆய்வுகளு**ம்** பறைசாற்றுகின்றன.

உலகீன் பல நாடுகளில் பேசப் படும் ஒரே இந்திய மொழி தமிழ் தான். தமிழ் இந்திய சர்வதேச மொழி. இந்த பெருமை கொண்ட நாம், அனைத்து துறை கல்வியையும் தமிழ் வழி தமிழை வாழ வைப் போம். நெஞ்சம் நிமிர்வோம். ஆங்கீலப் புலமையில் நாம் என்றும் யாருக்குப் இளைத்தவர்கள் அல்ல என்பது உலகறிந்ததே.

இந்த கருத்து ங்கீல் அறிவியல் உரை கள் நிகழ்த்த ஒப் புக்கொண்ட வர்களுக்கும் அறிவியலை தமிழ் வழி கேட்க வந்த அணைவருக்கும் என் உளமார்ந்த நன்றி. இந்த விழாவி நிறைகள் அணைத்தும் இதற்காக பாடுபட்ட வர்களைச் சாரும்.

குறைகள் ஏதேனும் இருப் பின் அது என்னையே சாரும்.

வாழ்க தமிழ்

மு. குலாம் மொகிதீன்

ஒருங்கிணைப் பாளர்

CONVENER - ORTHO TAMIL CONFERENCE - 2023

"தமிழுக்கும் அ<mark>முதென்று</mark> 6பர் அந்த தமி<u>ழி</u>ன்பத் தமிழெங்கள் உயிருக்கு 6நர்"

கருத்தர ங்க அமைப் புக்கு



மரு.<mark>வை.சிங்கார வடிவேலு</mark> தலைவர்



மரு.**சி.செ.**ர **வ** செயலாளர்



மரு.**குலாம் மொகிதீன்** ஒருங்கிணைப் பாளர்



<u>மரு.தனகோபால்</u> பொருளாளர்



(பதிவு கட்டணம்)

கட்டண ம்	12/10/2023 ഖത്വ	13/10/2023 முதல்
மருத்துவ வல்லுநா்களுக்கு	ரு.2500/-	ரூ.3000/-
மாணவச் செல்வங்களுக்கு	ரூ.1500/-	ரூ.2000/-
உடன் வருபவர்	ரு.10	000/-

இணைய வழி கட்டணம் செலுத்த



UPI ID: thanjaiorthoclub@indianbk Account Name: THANJAI ORTHO CLUB

துணைய வழி பதிவிற்கு



https://forms.gle/zWGS5c1eHsCeu3he6

இணையவழி பதிவிற்கு (For Online Transaction) :

கணக்குப்பெயர் / Account Name : THANJAI ORTHO CLUB

கணக்கு எண் / Account Number : 7608349190 வங்கி பெயர் / Bank Name : INDIAN BANK வங்கி கிளை / Branch of the bank : RAHMAN NAGAR வங்கி எண் / IFSC Code : IDIB000R095

தொடர்பு கொள்க : `

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 : 身頂・山下山
 97895 47811

 野地域的 如門時時期
 : 日本的創・計画所
 93451 02233

 6 回動的 和別市時期
 : 口頂・山野山市 宇宙山市 当
 90806 32743

இணைய வழி பதிவு & கட்டணம் செலுத்த :

- 💠 கட்டணம் செலுத்த வங்கி QR Code –ஐ G Pay (அ) வேறு UPI செயலி மூலம் Scan செய்க.
- 💠 கட்டணம் செலுத்தியவுடன் அதன் Screenshot –ஐ திரு.பாபு Whatsapp எண் 97895 47811 க்கு அனுப்புக.
- 💠 பதிவிற்கு Google Form க்குள் செல்ல QR Code Link–ஐ Scan செய்க.
- 💠 மின்னஞ்சல் : orthotamil@gmail.com

கருத்தரங்க செயலகம் : `

ஸ்ரீ நாடி மருத்துவமனை, 121 & 122, மயில்பாளையம் சாலை, நாடியம்பாள்புரம், பட்டுக்கோட்டை - 614 602, தமிழ்நாடு.



The Organising Committee of TNOACON 2024, heartily welcomes members and their families for the Educational Extravaganza to be held in Erode from February 9 - 11, 2024.

Organising Chairmen - Dr. K. Attiyannan & Dr. S. Ramasamy

Organising Secretary - Dr. S. Natesan

Treasurer - Dr. MAN. Loganathan

Elegant Venue, Scientific Programmes, Delicious Food, Eloquent Banquet and cultural programmes are planned. Acoompanying spouse and guests will be taken care of while members indulge in the conference topics.

Dr. Vijay Bose has been selected to deliver Dr. M.S. Narasimhan Oration at the conference.

Come in Large numbers and "LEARN FROM THE LEGENDS"

We thank the Executive Committee of TNOA for their support in planning for the conference.

Looking forward to see you all at Erode!!

Team TNOACON 2024.





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Dr. K. அத்தியன்னன் TNOACON 2024 மாநாட்டு அமைப்பு



Dr. S. இராமசாயி TNOACON 2024 மாநாட்டு அமைப்பு தலைவர்



Dr. S. கிருஷ்ணசாயி EDOS தலைவர்



Dr. S. குமரவேல் EDOS செயலாளர்

ERODE DISTRICT ORTHO SOCIETY



Dr. S. நடேசன் TNOACON 2024 மாநாட்டு அமைப்பு செயலாளர்



Dr. MAN. லோகநாதன் TNOACON 2024 மாநாட்டு அமைப்பு பொருளாளா்



Dr.T. ஜனார்த்தனன் EDOS பொருளாளர்



Dr.பழனிகுமார் C மாநாட்டு அறிவியல் அமைப்பு தலைவர்



Please submit the duly filled form and payment details to

Dr. S. Natesan

Consultant Ortho Surgeon
L.K.M. Hospital.
61/1 Mosuvanna Street,
Erode-63 8001, Tamilnadu

□ 99434 66933 • +91 424 4030637 • tnoacon24@gmail.com

Bank Details for NEFT / RTGS

Bank Details

Bank : State Bank of India Account Name : TNOACON 2024 Account Number : 41Z11605459 Branch : GH Road Erode CIF No : 1148161258 IFSE : SBINOO11057



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REGISTRATION TARIFF

Category	Up to Sep 30	Up to Dec 25th	Up to Jan 31st	Spot	Journal Fund	Incidental Charges	Total
Member	8000+ 1440	9000+ 1620	10000+ 1800	11000+ 1980	750	250	
Non- Member	8500+ 1530	9500+ 1710	10500+ 1890	11500+ 2070	750	250	
PG Student	7000+ 1260	8000+ 1440	9000+ 1620	10000+ 1800	750	250	
Senior Citizen Above 65 Years	0	0	0	0	750	250	
Accompanying Person	8000+ 1440	9000+ 1620	10000+ 1800	11000+ 1980	0	0	

 The Journal Indexing Fund (INR.750*) and Incidental Charges (INR.250*) are applicable for All Delegates, PG's and Senior Citizens. (Not applicable for Accompanying Person).



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DATES TO REMEMBER		
Conference	9th,10th & 11th February 2024	
Inaugural function	9th February 2024	
General Body meeting	10th February 2024	
PG Quiz Preliminary	10th February 2024	
PG Quiz Final	11th February 2024	
Last date for submission of abstracts For paper presentation	15th December 2023	
Last date for full paper submission 31st December 2023		
TNOA Dr. Rajendran Memorial Shuttle Tournaments	09th February 2024	
Last date for Cancellation of Registration	15th January 2024	
Spot Registration	from 1st Feb 2024	



VENUE

SREE LAKSHMI DURAISAMY MAHAL

D'WAYFARER INN RESORT

ERODE





Thindal, Villarasampatti Rd, Villarasampatti, Erode Tamil Nadu 638004

Conference Secretariat



Dr. S. Natesan

Consultant Ortho Surgeon L.K.M. Hospital. 61/1 Mosuvanna Street, Erode-638001, Tamilnadu

- **1** 99434 66933
- +91 424 4030637

Scientific Chairman



Dr. Palanikumar. C

Shabari Speciality Hospital, 325-A, EVN Road, Erode-638009, Tamilnadu

- 33002 28172
- scientifictnoacon2024@gmail.com

Important Contact Numbers: Accommodation

Dr. MAN.Loganathan - 9842799864 Dr.T.Kannan - 9865906600

Transpor

Dr.P.Chandrasekaran - 9865956600 Dr.T.Vijayakumar - 9842729575

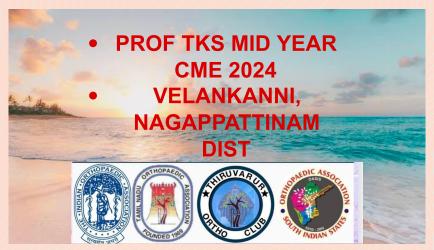
Sports

Dr.S.P.Thiyagu - 9486113831 Dr.A.Pasupathy Ganesh - 9443218796

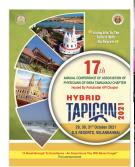
Post Graduates Please Note:

- Last date for full paper submission is 31st December 2023.
- Last date to become associate member/member 15th January 2024, to be considered for the paper presentation /poster





Probable Venue -GS resorts





Probable dates - July 21,22 /2024





Organising Chairman

· Dr.Suresh





Organising

- Organising Treaurer



The TNOA – Cholamandalam Ortho P G Grant was created by the organizers of the TNOACON 2005 at Cuddalore to provide financial grant to two deserving post graduate students in the State of Tamil Nadu. The selection of recipients every year is based on their academic credentials and research work.

The Heads of the Orthopaedic Departments of Teaching institutions in Tamil Nadu are requested to forward the name of one candidate in their institution based on his research aptitude, work output and academic thrust shown by the candidate. The name along with a brief note on his work and the justification and recommendation of the Head of Department should reach the Secretary, Tamil Nadu Orthopaedic Association on or before 30th November 2023. The awardees shall be finalized by a TNOA committee constituted for the purpose.

Dr. C.J. Ravi

TNOA-Secretary.

Tamil Nadu Orthopaedic Association Address Update Form

	LM No	Name& Address	New Address (to be included in T	NOA directory)
			Hospital/Clinic	~
•				*
•				
			Residence	
				<u> </u>
		7//////////////////////////////////////	Phone No:	•
۰			Email Id:	~

Place:

Date:

•

Signature

Please send this form to: **Dr. C.J. Ravi,**Sri Naadi hospital private limited 121,122 Mayilpalayam road Pattukottai – 614 602.
E-mail: orthocjr@gmail.com
Mobile: 9842964440 / 9442346220.

ZONAL REPORTS

MADRAS ORTHOPAEDIC SOCIETY

- Dr. Prof. Amaranth R Sowlee- President
- Dr Ponraj Secretary

Executive Members of TNOA- Chennai

- Dr.A. Navaladi Shankar
- Dr.T.Sathish kumar
- Dr.Aravinth Thamizholi
- // LM MEMBERS -7
- AM MEMBERS -10

Academic Activities

- Moscon2023 CHENNAI
- Bone and joint day activites
- INTERNATIONAL CONFERENCE -1
- NATIONAL CONFERENCE -1
- Three PG TEACHING PROGRAM
- TWO ROCC
- THREE MONTHLY MEET (MOS)
- Operative course, workshops
- CME
- WEBINAR









MADRAS ORTHOPAEDIC SOCIETY
AND

DEPARTMENT OF ORTHOPREDICS
GOVT. STANLEY MEDICAL COLLEGE

SECOND QUARTERLY PG CLINICAL SESSION ON SHORT CASES PRESENTATION

TNOA President
Prof. V. SINGARAVADIVELU

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MOS President
Dr. P.BALAKRISHNAN

Organising Chairman
Prof. T. THOLGAPIAN

TNOA Secretary
Dr. C.J.RAVI

MOS Secretary

Dr. R. KARU SHANMUGA KARTHIKEYAN







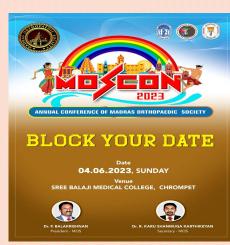
LAST DATE FOR REGISTRATION 05.05.2023

Regn. Fee : Rs. **500**

Contact Dr. T. ARAVINTH +91 8903623879















Dr. P. BALAKRISHNAN Chief Instructors
Prof. NALLI R UVARAJ
Prof. K.KARTHIK KAILASH Course Co ordinator
Dr. G.SUDHIR (9962277126)

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ALL POSTERIOR APPROACH IN THORACIC SPINE Dr. PHANIKIRAN
Dr. JVAGHAR JILL
Dr. AJU BOSCO
Dr. G. SUDHIR

Organising Chairman
Prof. S.VEERAKUMAR Organising Secretary

Dr. R.KARU SHANMUGA KARTHIKEYAN Organising Co-Secretary

Dr. R.AGNIRAJ

POSTEROLATERAL FUSION
TRANSFORAMINAL LUMBAR INTERBODY FUSION

CERVICAL DECOMPRESSION THORACIC DECOMPRESSION





Bone and joint day activites - MMC







BONE AND JOINT DAY ACTIVITES -SMC

- MOS BLS marathon in Stanley medical College 250 interns 250 students60 post graduates students trained over 8 sessions
- Icing the cake was a novel idea to train road traffic accident victims relatives .. More than 70 attenders trained
- They not only understood the importance of first aid but also pledged to spread the knowledge and save one when needed

















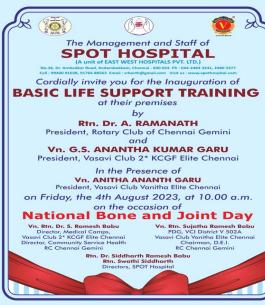
SRMC















Regular Conduct Of Monthly Meetings - 3 JUNE TO AUGUST

- First MOS meeting for the year 2022 to 23 on 16/06/2022
- RGGGH AND MMC

Guest Lecture "My Experiences in Orthopaedics" - Prof. Amarnath R Sowlee





SECOND MOS MEETING FOR THE ACADEMIC YEAR 2022-2023 - 14/07/2022 SOUNDARAPANDIAN BONE AND JOINT HOSPITAL, ANNA NAGAR

Consultants Scientific Session

Restrictive kinematic alignment knee replacement using patient specific jig- Our initial experience" Dr.Sivamurugan, Director, Soundarapandian Bone and Joint Hospital

Guest Speech

Prof. V. Thulasi Raman, Professor(Rtd.), MMC & RGGH

Post graduates Scientific Session

- 1. "A case of distal both bone fracture managed with LCP as External Fixator" by Dr.Arjun Hari, Prof. Capt. T. Sankaralal unit, SLIMS, Puducherry
- 2. "A series of Displaced Communited Scapula Fracture managed by Plate Osetosynthesis" -by Dr. Karthikeyan, Prof. V. Vijay Narasimman Reddy unit, Sree Balaji Medical College & Hospital

3. "Pantalar Dislocation-A rare Occurrence" - by Dr.Shri Vishnu Prof. Shanmugasundaram unit, Saveetha Medical College and Hospital











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EVENT SCHEDULE

9.00 AM - 10.00 AM	Session 1 - Peri-articular Fractures Around Shoulder
10.00 AM - 10.30 AM	Inauguration / Tea
10.30 AM - 11.30 AM	Session - 2: Peri-articular Fractures around Elbow
11.30 AM - 12.00 PM	Case Based Discussions
12.00 PM - 1.30 PM	Live Surgery - 1
2.30 PM - 3.30 PM	Session - 3: Fractures around Wrist and Hand
3.30 PM - 4.00 PM	Case Based Discussions
4.00 PM - 5.30 PM	Live Surgery - 2
5.30 PM - 6.30 PM	Saw Bone Workshop - Upper Limb
B.00 AM - 9.00 AM	CTC Medal Paper for Post Graduates
9.00 AM - 10.20 AM	Session - 4: Pelvi-Acetabular Fractures
10.20 AM - 10.30 AM	Tea
10.30 AM - 11.30 AM	Session - 5: Peri-articular Fractures of Femur
11.30 AM - 12.00 PM	Case Based Discussions
12.00 PM - 1.30 PM	
1.30 PM - 2.30 PM	Lunch
2.30 PM - 3.30 PM	Session -6: Peri-articular Fractues of Tibia / Foot and Ankle
3.30 PM - 4.00 PM	Case Based Discussions
4.00 PM - 5.30 PM	Live Surgery - 4
5 30 PM - 6 30 PM	Saw bone Workshop - Lower Limb

AUGUST 13 (SUNDAY) CADAVERIC WORKSHOP* (30 SLOTS)

1. Approaches for Proximal Humures. 1 2. Approaches for Distal Humures.
3. Approaches for Acetabulam. 1 4. Approaches for Proximal Table.
"Venue: Sathya Soi Medical College, Ammagpattal, Chennol

PARVATHY

Oragadam : 405/5A, Jamunapattu Village, Sriperumbudur Oragadam

Tamil Nadu 602 105

Tamil Nadu 602 105
Website: www.parvathyhospital.com

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TNOA-ROCC-Paediatric Ortho Tamil Nadu Orthopedic Association



Resident Ortho Clinical classroom

TNOA is organising TNOA - ROCC, Resident Orthopaedic Clinical Classroom first Saturday of every month. It will have a surgical video demonstration followed

by 3 short case discussions

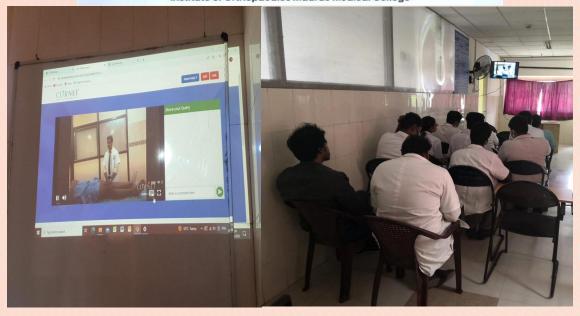
There will also be a topic presentation related to the clinical Case
I request all the post graduates to log in,
learn from the experts and get benefitted.

Date: 3rd June, 2023 Saturday | Time: 11:00am - 01:00 pm Venue: Orthopaedics demonstration room, Govt medical college & hospital, Omandurar govt. estate, Chennai-2

President | Course Director



Prof. V.Singaravadivelu Ph.d President, TNOA Prof & Head, Institute of Orthopaedics Madras Medical College





TNOA-ROCC-Tamil Nadu Orthopedic Association



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Resident Ortho Clinical classroom

TNOA is organising TNOA - ROCC, Resident Orthopaedic Clinical Classroom first Saturday of every month. It will have a surgical video demonstration followed by case discussions There will also be a topic presentation related to the clinical Case I request all the post graduates to log in, learn from the experts and get benefitted.

Date: 24th July, 2023 Monday | Time: 02:00pm - 04:00pm enue: Department of Orthopaedics and Divison of Spine Surgery Sri Ramachandra Institute of Higher Education and Research, Porur, Chennai

Time	Description	
02:00PM-02:30PM	Basics of Scoliosis Dr. G. Sudhir	
02:30PM-03:30PM	Spine Long Case Presentation Dr. M. Mohan Kumar, Dr. P. Gopinath Menon Dr. K. Karthik Kailash	
03:30PM-04:00PM	Video Demonstration Vertebroplasty: Dr. G. Sudhir Cervical pedicle screws: Dr. K. Karthik Kailash	



Click Here to Register

CHENNAI Operative Shoulder Course

Shoulder Surgery Safe & Simple

Live Arthroscopic surgeries Surgical techniques Less theory More Practical

June 11, Sunday

Hotel Green Park, Vadapalani



deformity corrective manoeuvres



*s*tryker

For regn: 7987417553



29 July 2023, Saturday 12pm onwards @ NOVOTEL Chamiers Road, Chennai.

Infections Of Spine

Inaugural Oration Case based Discussions Gold Medal for Best Paper

Kindly mail your abstracts to chennaiorthospinesociety@gmail.com

Ph: 99622 77126 87544 26920

















19th May Friday 9am -5 pm

INAUGURATION

- Welcome address Dr.A.Srinivasan
- Special address -Dr.I.Vijay Sathish Kumar,VP
- Inauguration and Presidential address Dr.M.S.Revathy, Dean
- Vote of Thanks Dr.PL.Srinivasan



Meril





Time	Agenda	Faculty
8.30 AM - 9.00 AM	Registration	
9.00 AM - 9.10 AM	Anatomy of the pedicle and biomechanics of pedicle screw fixation	Dr. Karthick Kailash Head of Clinical Services SRIHER, Chennal
9.10 AM - 9.20 AM	Lumbar pedicle screw fixation:	Dr. C S Dhillon





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MADRAS ORTHOPAEDIC SOCIETY

Dr. P. BALAKRISHNAN
President - MOS
Govt. Stanley Medical College and Hospital , Chennai
98410 40134

Dr. R. KARU SHAMMUGA KARTHIKEYAN Secretary - MOS Govt. Kilpauk Medical College and Hospital , Chennai # 98948 49723

ANNOUNCEMENT

MOS - ANNUAL GENERAL BODY MEETING
On 24 /06/2023 1.30 p.m to 4 p.m (Lunch: 1:30 to 2 pm)

@ Venue
rnment Rajiv qandhi hospital. 5 th floor auditorium

Executive Committee Members

Immediate Past President

Dr. A. NAVALADI SHANKAR Immediate Past Secretary Dr. Prabhakar Singh

Treasurer - Dr. T. ARAVINTH Joint Secretary - Dr. P. PONRAJ Editorial Secretary - Dr. G. SUDHIR

MMC - Dr. S. SENTHIL SAILESH Stanley - Dr. T. Sathishkumar KMC - Dr. R. Agniraj Royapettah - Dr. M. Karthikeyan Agolio - Dr. Narendar Dasaraju

SRIHER - Dr TARIUN PRASHANTH K R

SMF - Dr. VIGNESH RAMALINGAM

Bone and Joint - Or, AR. RAMASWAMY Railways - Or, KANNAN SBMCH - Prof. V. Vijay Narasimman reddy SIMS - Or, K. Appaji Krishran

Official Mail IO : moschennai@gmail.com

TNOA - Dr. S. M.MURALI

Tower block 1

Agenda

Welcome address- Dr .P.Ponraj, Secretary- MOS
 Presidential address - Dr.P.Balakrishnan, President – MOS

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4. Secretary report for 2021-2023 - Dr.R.Karu Shanmuga Karthikeyan, Immediate past secretary - MOS

5. Rarifaction of EC meetings Proceedings

6. Rarifaction of new members

7. Report of MOSCON 2023 - Dr.R.Karu Shanmuga Karthikeyan, Immediate past secretary - MOS

Treasurer's report – Dr.T.Aravinth, Treasurer MOS
 Journal report - Dr.G.Sudhir , Editor MOS

10.Quiz report - Dr.Tarun, EC member

11. Electing new office bearers for the vacant post of President, Vice

President, President Elect and Joint Secretary

12.President's farewell speech - Dr.P.Balakrishnan, President - MOS

13.Installation of new office bearers

14.Road Map - Dr .P.Ponraj, Secretary- MOS 15.Speech by new President, MOS

16.Any other matters

17. Vote of Thanks - Dr.T. Aravinth.





ZONAL REPORT - MADURAI ZONE

EC Members : Dr.K.N.Subramanian.
Dr. Prahalad Kumar Singhi

Dr.J.C. Ganesan - President Dr. R.Karthik Raja - Secretary

Obituary: Ortho Legend - Prof A. Subramanian passed away on 29thApril 2023

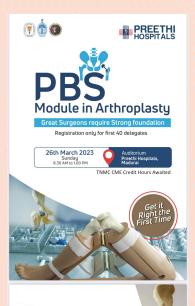
Academic Activities

Monthly Academic Meet - 1st Saturday of Every month.











Hip Symposium with Live Surgery Course Convenors

Dr K N Subramanian Dr Satish Devadoss

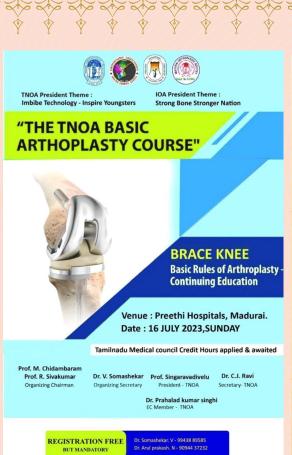






102 Authors Topics on Knee Arthroscopy and Arthroplasty Released by TNOA president and **OASIS** President



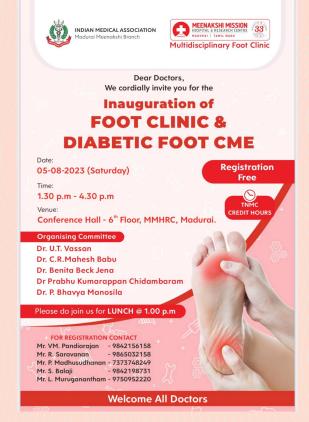


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Membership drive New members Joined MOS During June meeting

9 PGs and Fellows 10 Consultants

Dr Ganesh Kumar S spine fellow Preethi Hospital was awarded the best paper in spine @ TNOA PROF TKS MID YEAR CME 2023 held at yercaud. Topic: AO TYPE C CERVICAL SPINE INJURY - ANTERIOR ONLY FIXATION OUR INSTITUTIONAL ANALYSIS OF OUTCOME.

Bone and Joint Day activities











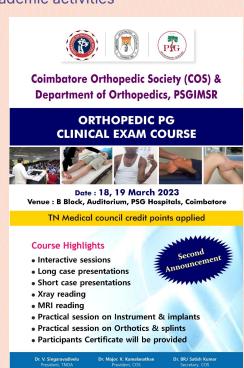




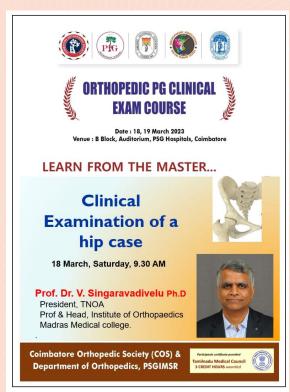
TNOA Zonal Report - Coimbatore Zone

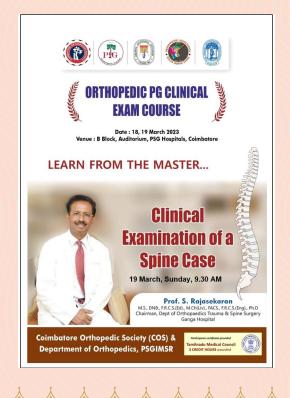
President: Prof Major Kamalanathan Secretary: Dr BRJ Sathish Kumar EC Member: Dr P Dhanasekararaja

Academic activities



Prof. N. Venkatesh Kumar









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800 registrations, 26 live surgeries



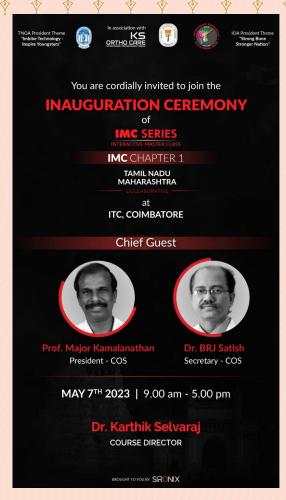


Coimbatore Medical College Hospital PG Teaching program with cadaver workshop, 28th April, 2023.













Bone & Joint Day Activities









Prof Maj. Kamalanathan, Department of Orthopaedic Surgery, PSG Hospital

- BLS and BONE HEALTH AWARENESS LECTURE
- FREE BMD CAMP AND DISPLAYED STANDEES
- Notice & pamphlets distributed
- Distribution of book on first aid





Manu Hospital, Coimbatore







NATIONAL BONE & JOINT AWARENESS DAY

with BMD Screening

S 9:00 AM - 1:00 PM

@1ST FLOOR, LIFT LOBBY, KUMARAN MEDICAL CENTER

Dr. S Sivaraj has expertise in Arthroscopies, Joint Replacement Surgeries, Spine Surgeries & Complex Trauma Surgery, He has MS Orthopedics from Madras Medical College, achieved innovations in Knee & Shoulder Arthroscopy, AVANAA at Arthrolab Surgical Skill Centre, Singapore.

BMD - A bone mineral density test is an assessment of your bone health. It measures the calcium and other minerals in your bones. How much calcium you have determines your risk of fracturing a hone or developing extenders



Dr. S Sivaraj., MS(Ortho)., Orthopedic Surgeon

www.kumaranmedical.com



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0422 - 2226222, +91 94872 2664

Rex Hospital-BLS program





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GANGA

Ganga Hospital wins the prestigious ISSLS Spine Reseach Award in Basic Science for the 5th time ...

ISSLS PRIZE 2023:

BASIC SCIENCE AWARD

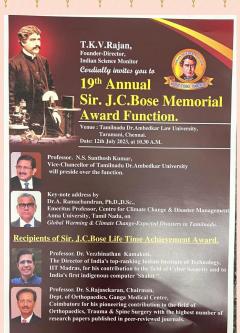
The Reseach Paper was for identifying molecular metabolic status of normal and diseased discs and to find the function of the molecular lactate in normal disc matabolism and carries an award of USD 20.000.

in Melbourne and has also been published as a lead article in









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\$ \$// Presentations – International Dr S Rajasekaran 1. Global Spine Congress, May 21 – 3 June, 2023, Prague Topic: Vacuum Assisted Closure - A Panacea in post operative spinal infections 2. Global Spine Congress, May 21 – 3 June, 2023, Prague Topic: Discover how to build and get the most out of your surgical team 3. Global Spine Congress, May 21 – 3 June, 2023, Prague Topic: Choices that led me to professional leadership 4. Global Spine Congress, May 21 – 3 June, 2023, Prague Topic: Molecular interactions between pattern recognition receptors and putative pathogenic effect or proteins in degenerative disc disease – A predictive insilico approach 5. Global Spine Congress, May 213 June, 2023, Prague Topic: Are end plates the gateway for establishment of intervertebral disc microbiome? A comparative metagenomic analysis 6. Global Spine Congress, May 21 – 3 June, 2023, Prague Topic: A Whole spine MRI based ambispective cohort study of the prevalence and clinico -radiological association of lumbosacral transitional vertebrae with degenerative disc disease 7. OTS 2023 Annual Conference, May 25 & Damp; 26, 2023, Edinburgh, UK Topic: (Keynote lecture) Challenges in Developing a Trauma & Camp; Limb Reconstruction Service in India 8. OTS 2023 Annual Conference, May 25 & Damp; 26, 2023, Edinburgh, UK Topic: Managing Bone Loss 9. 96th Annual Meeting of the Japanese Orthopaedic Association (JOA 2023), May 11, 2023, Yokohama, Kanagawa, Japan (Virtual talk) Topic: (Invited Lecture) Beyond Modic change – The 'Disc End Plate Bone Complex' Concept 10. SPINEWEEK 2023, May 1-5, 2023, Melbourne, Australia Topic: Open wedge osteotomy in congenital scoliosis 11. SPINEWEEK 2023, May 1-5, 2023, Melbourne, Australia Topic: ASSI Clinical Research Award 2023. The Disc-Endplate-Bone-Marrow Complex; Classification - A Paradigm Shift In Our Understanding Of The Modic Vertebral Endplate Changes 12. SPINEWEEK 2023, May 1-5, 2023, Melbourne, Australia Topic: APSS Congress Clinical Research Award 2023. The Disc-Endplate-Bone-Marrow Complex; Classification - A Paradigm Shift In Our Understanding Of The Modic Vertebral Endplate Changes 13. SPINEWEEK 2023, May 1-5, 2023, Melbourne, Australia Topic: Assessing Instability in Spinal Tuberculosis

***** $\langle \diamondsuit / / \diamondsuit |$ 14. SPINEWEEK 2023, May 1-5, 2023, Melbourne, Australia Topic: Untargeted metabolomics reveals the metabolic alterations and significance of fatty acid metabolism in intervertebral disc degeneration 15. SPINEWEEK 2023, May 1-5, 2023, Melbourne, Australia Topic: Comparative metagenomics of intervertebral disc nucleus pulposus and endplate provide insights into the genesis of the disc microbiome 16. SPINEWEEK 2023, May 1-5, 2023, Melbourne, Australia Topic: (Presidential Lecture) - Lessons Learnt from 25 years in spine surgery 17. SPINEWEEK 2023, May 1-5, 2023, Melbourne, Australia Topic: ISSLS Prize Paper Presentation -Lactate in lumbar discs - Metabolic waste or energy biofuel? Insights from in-vivo MRS and T2r analysis following exercise and nimodipine in healthy volunteers 18. 52nd Annual Meeting of the Japanese Society for Spine Surgery and Related Research (JSSR 2023), April 13-15, 2023, Sapporo, Japan Topic: Modic changes: Have we misunderstood them all along? Insights from multimodal imaging 19. 8th ASEAN MISST in conjunction with the PCI-IOSS Annual Meeting, 29 July, 2023, Grand Ballroom Hotel Indonesia Kempinski, Jakarta, Indonesia Topic: (Plenary lecture) Correction of severe post-tuberculous kyphotic deformities 20. AO College Program, 14 July, 2023, (onlne) Topic: Granulomatous Spondylodiscitis **Presentations - National**) Spine Society of West Bengal (SSWBCON 2023) Conference, Hotel ITC Sonar, Kolkatta, 17-18 June 2023 Topic: (Presidential Guest Oration) From Modic changes to 'Disc- End Plate- Bone Marrow'& Classification. 2) Ganga Trauma Malunion Nonunion Course 2023, Ganga Hospital, Coimbatore, 9-11 June 2023 Topic: latrogenic Nonunions 3) Orthopaedic PG Clinical Exam Course 2023 (organised by COS and Dept of Orthopaedics, PSGIMSR), PSG Hospitals, Coimbatore. Topic: (Learn from the Masters Session) Clinical Examination of a Spine Case 4) SPINE20 4 th Annual Summit, Delhi, 10-11 Aug 2023 Topic: The Carbon Footprint of Obesity and Its Impact on Spinal Mobility 5) SPINE20 4 th Annual Summit, Delhi, 10-11 Aug 2023 Topic: Keynote Lecture; Spine Care Model for developing countries – The Ganga Hospital Journey 6) 6 TH JKOACON SKIMS MC Benima, Srinagar, 14 July 2023 Topic: Live Telecast of ROBOTIC TKR (VELYS Robot) (online)

Publications

• S Rajasekaran, Gowdaman Vasudevan, Murugesh Easwaran, Narmatha Devi P, Sri Vijay Anand K S, Raveendran Muthurajan, Chitraa Tangavel, Chandhan Murugan, Pushpa B T, Ajoy Prasad Shetty, Rishi Mugesh Kanna. Are We Barking Up The Wrong Tree? Too Much Emphasis On C.Acnes and Ignoring Other Pathogens'- A Study Based on Next-Generation Sequencing of Normal and Diseased Discs. The Spine Journal 2023. Accepted for publication. https://doi.org/10.1016/j.spinee.2023.06.396.

- Rishi M Kanna, Ajoy P Shetty, S. Rajasekaran. Current Concepts in management of acute kyphosis in spinal tuberculosis A narrative review. Journal of Musculoskeletal Research, (2023) Accepted for publication. DOI: 10.1142/S0218957723400043
- S. Rajasekaran et al. Comparison of hindfoot charcot's (Brodsky 3a) vs combined hindfoot-midfoot charcot's (Brodsky 4) primarily operated with hindfoot nailing. Journal of Foot and Ankle Surgery (Asia Pacific), (2023) Accepted for publication.
- S. Rajasekaran et al. Vancomycin Flushing Syndrome following the use of vancomycin impregnated bone graft during spine surgery A case report. JBJS Case Connector (2023) Accepted for publication.
- Sachin P.Angadi, Karthik Ramachandran, Ajoy P.Shetty, Rishi M.Kanna, Rajasekaran Shanmuganathan. Preoperative pain sensitivity predicts postoperative pain severity and analgesics requirement in Lumbar Fusion Surgery –a prospective observational study. The Spine Journal (2023) 1 8. Accepted for publication. https://doi.org/10.1016/j.spinee.2023.05.010
- 6. Purnaganapathi Sundaram Velmurugesan, Vasudeva Nagashree, Agraharam Devendra, Jayaramaraju Dheenadhayalan, Shanmuganathan Rajasekaran. Should ulnar styloid be fixed following fixation of a distal radius fracture?. INJURY (2023) Volume 54, Issue 7, July 2023, 110768. https://doi.org/10.1016/j.injury.2023.04.055
- 7. Vibhu K.Viswanathan, Ajoy P. Shetty, Nimish Rai, Nancy Sindhiya, Surabhi Subramanian, Shanmuganathan Rajasekaran,. What is the role of CT-based Hounsfield unit assessment in the evaluation of bonemineraldensity in patients undergoing 1-or 2-level lumbar spinal fusion for degenerative spinal pathologies ?:a prospective study. The Spine Journal (2023) Accepted for publication. https://doi.org/10.1016/j.spinee.2023.05.015
- 8. Jose Canseco, Taylor Pazluk, Gregory Schroder, Marcel Dvorak, F C Oner, Lorin Benneker, Emiliano Vialle, Shanmuganathan Rajasekaran, Mohammad El-Sharkawi, Richard Bransford, Rishi Kanna, Martin Holas, SPJ Muijs, Eugen Popescu, Charlotte Dandurand, Jin Tee, Gaston Camino-Willhuber, Mohamed Aly, Andrei Joaquim, Ory Keynan, Harvinder Chhabra, Sebastian Frederick Bigdon, Ulrich Spiegi, Klaus Schnake, Alexander Vaccaro. Interobserver reliability in the classification of thoracolumbar fractures using the AOSpine TL Injury Classification system among 22 clinical experts in spine trauma. Accepted for publication. Global Spine Journal 2023. DOI: 10.1177/21925682231202371
- 9. Charlotte Dandurand, Nader Fallah, F C Oner, Richard Bransford, Klaus Schnake, Alexander Vaccaro, Lorin Benneker, Emiliano Vialle, Gregory Schroder, Shanmuganathan Rajasekaran, Mohammad El-Sharkawi, Rishi Kanna, Mohamed Aly, Martin Holas, Jose Canseco, Eugen Popescu, Jin Tee, Gaston Camino-Willhuber, Andrei Joaquim, Ory Keynan, Harvinder Chhabra, , Sebastian Frederick Bigdon, Ulrich Spiegi, Marcel Dvorak. Predictive Algorithm for surgery recommendation in thoracolumbar burst fractures without

Accepted for publication. Global Spine Journal 2023. DOI: neurological deficits. 10.1177/21925682231203491 10. Yogin Patel, Karthik Ramachandran, Ajoy Shetty, Sekar Chelliah, Balavenkat Subramanian, Rishi Knna, Shanmuganathan Rajasekaran. Comparison between Relative Efficacy of Erector Spinae Plane Block and Caudal Epidural Block for Postoperative Analgesia in Lumbar Fusion Surgery – A Prospective Randomised Controlled Study. Global Spine Journal 2023. Accepted for publication. DOI: 10.1177/21925682231203653 11. Preetish Subramanian, Karthik Ramachandran, Thirumurugan Arumugam, Ajoy Prasad Shetty, Rishi Mugesh Kanna, Rajasekaran Shanmuganathan. Evaluation of Disc and Endplate Degeneration in AO Type A Fractures Using Magnetic Resonance Imaging Analysis. World Neurosurg 2023 Aug 9;S1878-8750(23)01107-5. doi: 10.1016/i.wneu.2023.08.005. Online ahead of print. 12. Rajasekaran et al. The Disc-Endplate-Bone-Marrow Complex classification: Progress in our understanding of Modic vertebral endplate changes and their clinical relevance. Accepted for publication. The Spine Journal 2023. 13. Ajoy Prasad Shetty, Thirumurugan Arumugam, Karthik Ramachandran, K.S. Sri Vijay Anand, Jalaj Meena, Rishi Mugesh Kanna, Rajasekaran Shanmuganathan. Propensity matched outcome analysis following microdiscectomy versus interlaminar endoscopic discectomy for L5-S1 disc herniation. Journal of Orthopaedics 42(2023) 87-92. https://doi.org/10.1016/j.jor.2023.07.006. Accepted 11 July 2023 Dhanasekararaja Palanisami, Soundarrajan Dhanasekaran, Sandeep Kumar Kanuqula, Rajkumar Natesan, Rajasekaran Shanmuganathan. Outcomes of lateral femoral sliding osteotomy in primary total knee arthroplasty for type two fixed valgus deformity International Orthopaedics 2023, https://doi.org/10.1007/s00264-023-05950-3. Published online 30 August 2023 15. Mohamed Aly, Charlotte Dandurand, Marcel Dvorak, F C Oner, Klaus Schnake, SPJ Muijs, Benneker Lorin, Emiliano Vialle, Gregory Schroder, Shanmuganathan Rajasekaran, Mohammad El-Sharkawi, Rishi Kanna, Martin Holas, Jose Canseco, Eugen Popescu, Jin Tee, Gaston Camino-Willhuber, Andrei Joaquim, Ory Keynan, Harvinder Chhabra, Sebastian Frederick Bigdon, Alexander Vaccaro, Richard Bransford. The Influence of Comminution and Posterior Ligamentous Complex Integrity on treatment decision making in thoracolumbar burst fractures without neurological deficit?. Accepted for publication. Global Spine Journal 2023. DOI: 10.1172/21925682231196452 16. Barry Kweh, Jin Tee, Charlotte Dandurand, Alexander Vaccaro, Benneker Lorin, Klaus Schnake, Emiliano Vialle, Shanmuganathan Rajasekaran, Mohammad El-Sharkawi, Richard Bransford , Rishi Kanna, Mohamed Aly, Martin Holas, Jose Canseco, SPJ. Muijs, Eugen Popescu, Gaston Camino, Willh uber, Andrei Joaquim, Harvinder Chhabra, Sebastian Frederick Bigdon, Ulrich Spiegl, Marcel Dvorak, F.C. Oner, Gregory Schroeder. The AO Spine Thoracolumbar Injury Classification System and Treatment Algorithm in Decision Making for Thoracolumbar Burst Fractures without Neurologic Deficit. Accepted for publication. Global Spine Journal 2023. DOI: 10.1177/21925682231195764 17. Gaston Camino Willhuber, Sebastian Frederick Bigdon, Charlotte Dandurand, Marcel Dvorak, F.C. Oner, Klaus Schnake, SPJ. Muijs, Benneker Lorin, Emiliano Vialle, Jin Tee, Orey Keynan, Barry Kweh, Harvinder Chhabra, Andrel Joaquim, Eugen Popescu, Jose Canseco, Martin Holas, Rishi Kanna, Mohamed Aly, , Nader Fallah, , Gregory Schroeder, Ulrich Spiegl, Mohammad El-Sharkawi, Richard Bransford, Shanmuganathan Rajasekaran, Alexander Vaccaro. Expert Opinion, real world classification, and decision making in thoracolumbar burst fractures without neurological deficits?. Accepted for publication. Global Spine Journal

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International Orthopaedics https://doi.org/10.1007/s00264-022-05558-z

ORIGINAL PAPER



Arthroscopic capsular release versus manipulation under anaesthesia for treating frozen shoulder — a prospective randomised study

Silvampatti Ramasamy Sundararajan¹ • · Terence Dsouza¹ • · Ramakanth Rajagopalakrishnan¹ • · Pushpa BT² · Palanisamy Arumugam³ · Shanmuganathan Rajasekaran⁴

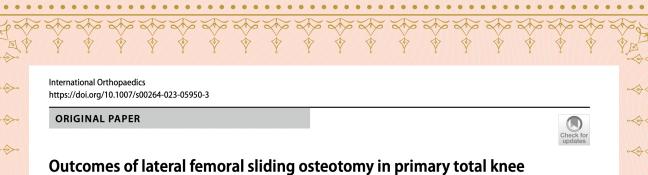
European Journal of Orthopaedic Surgery & Traumatology https://doi.org/10.1007/s00590-023-03693-w

ORIGINAL ARTICLE



Effect of ascending and descending medial open wedge high tibial osteotomy on patella height and functional outcomes—a retrospective study

K. Santosh Sahanand¹ · Prashanth Pandian^{2,3} · Girinivasan Chellamuthu^{4,5,6} · David V. Rajan¹



Outcomes of lateral femoral sliding osteotomy in primary total knee arthroplasty for type two fixed valgus deformity

 $\label{eq:continuous} Dhanasekaran^1 \cdot Sandeep \ Kumar \ Kanugula^1 \cdot Rajkumar \ Natesan^1 \cdot Rajasekaran \ Shanmugan \ Athan \ Athan \ Shanmugan \ Athan \ A$

Indian Journal of Orthopaedics https://doi.org/10.1007/s43465-023-00940-4



ORIGINAL ARTICLE

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Current Practice Trends in Knee Arthroplasty in India Among ISHKS Members: ISHKS Annual Meeting 2019

Arun Mullaji¹ · Dhanasekara Raja Palanisami² · Pachore Javahir Anant³

Dr P Dhanasekararaja

Master Course in UNI, Parvathy Hospital, 20th May, Radisson Blu, Chennai. Live surgery: Oxford unicompartment knee replacement

Ganga Operative Arthroplasty Course, Aug 4th - 6th, 2023. Live surgeries:

- Revision TKR with metaphysical sleeves and stem extension for aseptic loosening of knee
- Revision THR with jumbo cup and dual mobility & cement on cement revision for aspetic loosening of charley THR with acetabular bone defect
- THR in high riding hip in young patient with uncemented cup and modular stem with subtrochanteric shortening.
- THR in patient with perthes with uncemented cup and short neck coral system

PRESENTATIONS

16th Annual Conference of ISHKS, 14th-16th, April, Hyderabad,

Lateral approach to valgus knee- Video presentation.

Master course in Uni, 20th May, 2023, Radisson Blu, Chennai.

- Moderator- Session on basic in Uni
- Surgical steps & principles of mobile bearing Uni. Guest lecture
- Interesting case presentation- Unifor SONC- Presenter

Mid year CME, Yercard, July 22nd-23rd, 2023.

"Role of Robotic TKR in deformed knees"

Ganga Operative Arthroplasty Course, 4th - 6th August, 2023.

Moderator, Panel discussion on "Intraoperative Complications in TKR"

IOA President Theme: " Strong Bone Stronger Nation"







TNOA President Theme: " Imbibe Technology - Inspire Youngsters"

PROF.T.K.S MID-YEAR CME 2023



- Dr C Rex
- Dr G Balasubramanium











பிற்பகல்

ஆகஸ்ட் 4ம் தேதி எலும்பு மூட்டு தினம்:

கோவையில் 3 நாட்கள் இலவச மருத்துவ பரிசோதனை முகாம்

எலும்பியல் சங்கம் சார்பில் பள்ளி மாணவர்களுக்கும் பொது மக்களுக்கும் முதலுதவி குறித்தங்க வீழிப்புகளர்வு பயிற்சி முகாம் நடைபெற்றது.இதில் தமிழ்நாடு எலும்பியல் சங்க செயற்குழு ... உறுப்பினர் டாக்டர் பி.அன்கேர் உறுப்பினர் டாக்டர் பி.அன்.ஜெ.சதிஸ்குமார்,பொருளாளர் டாக்டர் மகேஸ்வரன் உட்பட

எலும்பு அடர்த்தி தொடர்பான இலவச மருத்துவ பரிசோதனை மூன்று நாட்கள் நடைபெறுகிறது

கோவை எலும்பியல் சங்கம் ஏற்பாடு

கோவை எலும்பியல் சங்கம் வருகிற ஆகஸ்டு மாதம் 4ம் தேதி "எலும்பு மற்றும் மூட்டு தினம் 2023" முன்னிட்டு மாணவர்கள் மற்றும் மக்களிடம் சாலை விபத்து நடந்த உடன் எவ்வாறு முதலுதவி அளித்து மருத்துவமனைக்கு அனுப்பவேண்டும் என்பது குறித்து விழிப்புணர்வு ஏற்படுத்த உள்ளனர்.

கோவை எலும்பியல் சங்கம்

வருகிற ஆகஸ்டு மாதம் 4ம் தேதி "எலும்பு மற்றும் மூட்டு தெனம் 2023" முன்னிட்டு மாணவர்கள் மற்றும் பொதுமக்களிடம் சாலை விபத்து நடந்த உடன் எவ்வாறு முதலுதவி அளித்து மருத்துவ மனைக்கு அனுப்ப வேண்டும் என்பது குறித்து விழிப்புணர்வுகள் மற்றும் ஆகஸ்ட் 1 முதல் 3 வரை கோவை கங்கா மருத்துவமனை மற்றும் கோவை பிஎஸ்ஜி

மருத்துமனைகளில் எலும்புகளின் அடர்த்தியின் அளவை கண்டுபிடிக்கும் இலவச மருத்துவ முகாம்கள் நடத்தப்படும்.

"தேசிய எலும்பு மற்றும் மூட்டு தினம்" 2012ம் ஆண்டு முதல் ஒவ்வொரு வருடமும் ஆகஸ்டு மாதம் 4ம் தேதி கொண்டாடப்பட்டு வருகிறது. இதற்கு 2012ம் ஆண்டில் தேசிய எலும்பியல் சங்கத்தின் அப்போதைய தலைவரான பேரா சிரியர் டாக்டர் எஸ்.ராஜசேகரன் அதிக முயற்சி எடுத்தார் என்பது குறிப்பிடத்தக்கது.



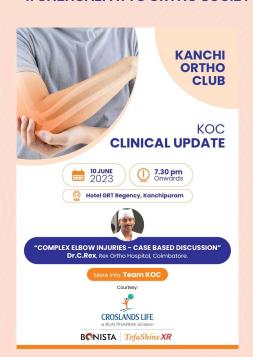
NORTH ZONE REPORT

Dr.N.VIJAYARAGHAVAN EC member

TNOA Affiliated Clubs

- 1. KANCHI ORTHO CLUB
- 2. VELLORE ORTHOPAEDIC SOCIETY
- 3. THIRUVANNAMALAI ORTHO CLUB
- 4. CHENGALPATTU ORTHO SOCIETY
- Dr. Visnhu Varadan
- Dr. Manivannan

- Dr. Senthilnathan
- Dr. R. Annamalai
- Dr. Thiyageswaran
- **Dr. Augustine**
- Dr. Senthilkumar
- Dr. Jayaprakash



- KOC meet to be held his week Saturday night
 27th APRIL 2023 7.30 pm at GRT Regency
- Guest speaker: Dr. Backiyaraj
- Talk on : endoscopic Spine procedures
- •12 members attended







- KOC meet to be held his week Saturday night 31.08.2023 7.30 pm at GRT Regency
- Guest speaker: Dr.SUNDARARAJAN
- Talk on :COMMON FOOT AND ANKLE PROBLEMS
 WAYS TO MANAGE
- COMPLEX REGIONAL PAIN SYNDROME by Dr. N. Vijayaraghavan
- 20 members attended

- Bone and joint day –week celebrations
- Serum Uric acid screening for 25 patients at Dr. N. Vijayaraghavan Clinic done
- •BMD screening done Sri Mamallan Hospital for 150 pts

Dr. P.T.Saravanan, has been elected as Vice president, TNSB, NORTH ZONE, IMA





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CME & WORKSHOP on **Management of Trauma in Emergency Room**

On 24.06.2023 (Saturday)

MEU Hall, First Floor, College Administrative Building, College Campus, CHMC, Chengalpattu.

Presided by

Prof. Dr. G.R. RAJASHREE, M.D. (Anaes), DEAN, Chengalpattu Medical College and Hospital.

Chief Guest

Prof. Dr. M. RAJADURAI, MBBS, M.D(Anaes),

FEM(RCGP-UK), FCCC, FLM, Sr Consultant & Head, Department of Emergency Medicine & Critical Care, Apollo KH Hospital, Melvisharam. National Secretary - Society of Emergency Medicine, India.

In the Presence of

Prof. Dr.P.K.BASKAR, M.D.,D.M.R.T.

Prof. Dr.A.ANITHA.M.D.D.C.H.

Organizing Team

Dr.V.DHARANI, M.D.,(Anaes)
Associate Professor
Associate Professor

Prof. Dr.D.R.RAMPRASATH, M.S.,(Ortho),D.Ortho.,

DEPARTMENT OF EMERGENCY MEDICINE, CHENGALPATTU MEDICAL COLLEGE AND HOSPITAL











CME ON PAEDIATRIC ORTHOPEDICS

Date : 15.07.2023 (SATURDAY)

Time: 9.00 am - 4.00 pm

Venue: Karpaga Vinayaga Institute of Medical Sciences

Under the Auspices of Tamilnadu Orthopaedic Association and Orthopaedic Association of South Indian States and chengalpet Orthopaedic Society

ORGANISING TEAM

Dr. Annamalai Regupathy Organising Chairman

Dr. Manoharan **Organising Secretary**







Apollo Vanagaram

ORTHOPAEDIC CONGRESS

AVOC-2023

Venue: Academic Auditorium Apollo St

Date: 17th&18th March, 2023











Tamil Nadu 600063.

Program

Program

Presentation of 6 interesting cases by various institutes

* Lunch will be provided between 1.00-2.00 PM











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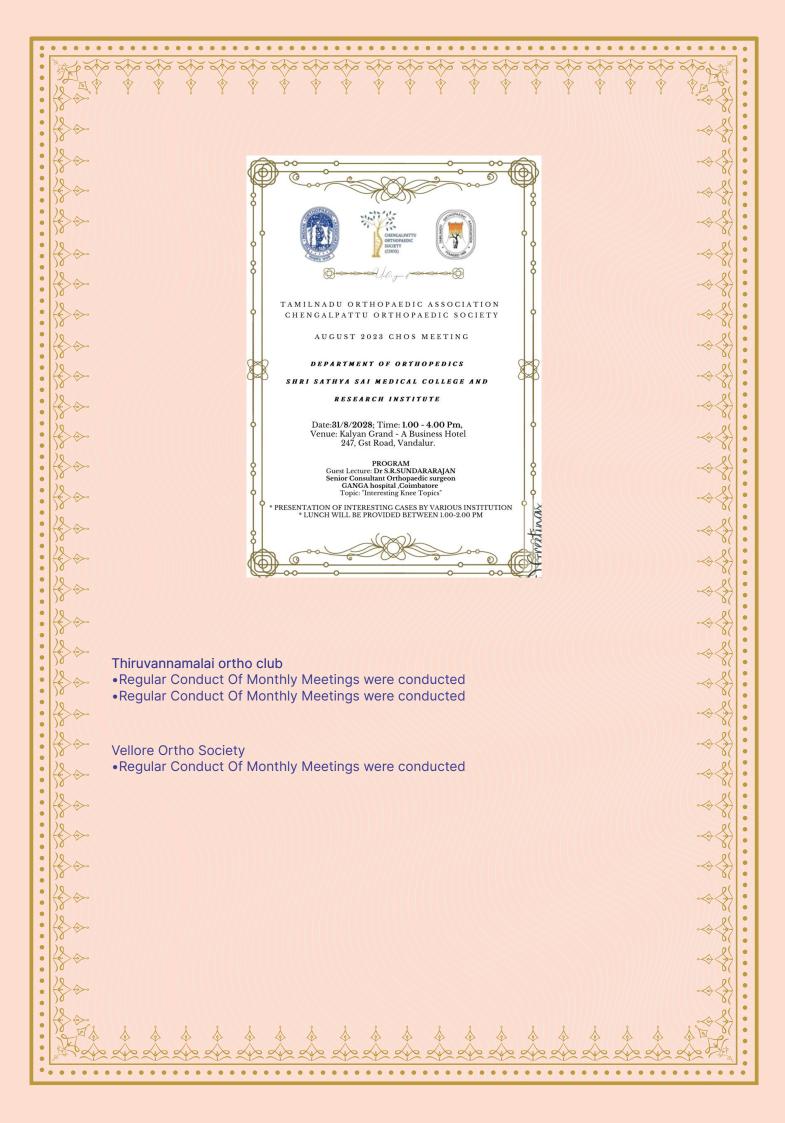
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TNOA ZONAL REPORT - SOUTH ZONE 1

TNOA Affiliated Clubs

Nellai Ortho Club - Tirunelveli, Tenkasi & Thoothukudi Dist.

President: Dr. S.MARIMUTHU Secretary: Dr. C.BASKAR

Treasurer: Dr. R.SUNDARAPANDIAN

Ramnad Ortho Club- Ramanathapuram Dist

President: Dr. SAHAYA STEPHENRAJ

Secretary: Dr. SYED IBRAHIM

Virudhunagar Ortho Club - Virudhunagar, Sattur Rajapalayam

President: Dr. AMBALATHARASAN Secretary: Dr. J. MANIKANDAN

TNOA LIFE MEMBERS

NUMBER OF ORTHOPAEDIC SURGEONS
PRACTICING IN THE ZONE
21
10
42
12
22
107
20
(Ratified in Chennai, TNOACON)

ACADEMIC ACTIVITIES

Nellai Ortho Club - Tirunelveli, Tenkasi & Thoothukudi Dist.

FOUNDERS: Dr.N.Manikandan, Dr.A.Francis Roy, Dr.S.Muthuraman & Dr.M.SenthilKumar President: Dr. S.MARIMUTHU Secretary: Dr.C.BASKAR

Treasurer: Dr. R.SUNDARAPANDIAN

- 1. Clinical meetings are conducted at Department of Orthopaedics, TVMCH & TKMCH Every Saturday from 12.00 2.00 p.m
- 2. Various interesting cases, Post operative follow up and P.G Case presentation were done under the guidance of Professors Dr. Manikandan Dr. Suresh Kumar, Dr.Arockiya amalan and Dr Pavalan, Dr. Prabhu, Dr. Marimuthu and Associate and Assistant Professors.





COMBINED MEETING - NOC &KOS on 17th JUNE2023

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TNOA vice president Prof Dr MANIKANDAN, was Felicitated by Kanyakumari orthopaedic Society (KOS)

Guest Speaker Dr.Marimuthu delivered a lecture on "Lytic Bone Lesions"



Honouring Ceremony of TNOA Past Presidents

Date & Time

29.07.2023 Saturday 7.00 pm onwards

IMA Hall, Ayikudi, Tenkasi

We the members of NELLAI ORTHO CLUB cordially invite you for the NOC's first Annual Oration and the Honouring Ceremony of TNOA Past Presidents

NOC's first Annual Oration by



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Prof. V. Singaravadivelu

Director i/c, Institute of Orthopedics & Traumatology, RGGGH & MMC, Chennai. President, TNOA

Role of Bone grafting - Looking beyond the books

Organised by

Dr. S. Marimuthu President

Dr. C. Baskar Secretary

Dr. R. Sundara Pandian Treasurer

and

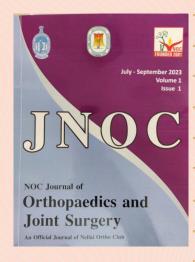
Members of NELLAI ORTHO CLUB

NOC ANNUAL ORATION & Honouring of Past Presidents Co-ordinated by Dr.S.Muthuraman **Past Secretary, TNOA &** Dr.N.Manikandan Vice-President, TNOA Venue: IMA Hall, Tenkasi











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BONE & JOINT DAY 2023











காவேரி மருத்துவமனை சார்பில்

எலும்பு மூட்டு மருத்துவர்கள் சங்க விழிப்புணர்வு நிகழ்ச்சிகள்!

எலும்பு மூட்டு வாரத்தை முன்னிட்டு!!



இந்திய எலும்பு மூட்டு மருந்தவர்கள் சங்கம் ஒவ் மொரு ஆக்கம் மாத்தின் முதல் வார்ந்தை அந்தித் மருந்தை அழ்தித் மருந்தை முற்ற மருகம்பு மருந்து ஓம் மாவட்ட எலும்பு மூட்டு மருத்துவர்கள் சங் க் கு குரும்பு மும் இணைந்த எலும்பு மும் மருட்டு வாரமாக அனுச கீகிறது.

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அடிப்படுகள் மற்றும் பண களை செய்வது வழக்கம். இந்த ஆண்டும் அது போல ஆகஸ்ட் ப்பீதேர் முதல் லி தேடு வரை பல சருந்தலப் பணிகள் செய் இட்டம்ட்டுள்ளனர். இந் முதல் வாரத்தில் விபத்து முதல் வாரத்தில் விபத்த கும் முத்துவது கிகிக்க முறைகளை போதுமக்கள் முறைகளை போதுமக்கள்

பிரபலப்படுத்துவதற்கும். உவி காக்கும் செய்புறை பயிற்சியிலை அவிப்பதற கும் முடிவெடுத்துள்ளது. தமது இந்திய நாட்டில் பெருவெரும் மக்கல் தொகை மற்றும் பெருவி கும் யாகன எண்ணிக்கைய் எனல் ஏற்படும் விபத்துக்கள் மற்றும். இயற்கை சிற்றங்களால் அப்படும் விபத்துக்கள், உவி இயற்கை

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கெடுப்பு படி கமார் 4,49,000 விடத்துக்கள்தடத் தன்னை. இதில் 1,22,113 பெற்பட்ட இறப்புகள் தடத்துள்ளது. மற்றும் இத்த விடத்துகளான் ஏற்பட்ட அல் இழுப்புகளத் தபடும் காயக்களும் பில அடுகம். இவல் சை தவிதம், 1 வருகல் 43 வயிற்கு உட்பட்டோர் விடத்துகணில் கிகி உள்ள மடத்துகணில் கிகி உள்ள

தடத்த இடத்திலேயே வுற்ப டுகிறது. இதனால் நாட்டிற்கும் மற்றும் வீட்டிற்கும் வுற்ப டும் பொருனாதா இழப்பு கள் மிக அதிகம். இது மட்டும் இல்லாமல் பெரு கிவரும் சிற்றங்களில் ஏற்படும் உளி சிற்றங்களில் ஏற்படும் உளி

ம் பெற்ற இரண்டு விற்ற வ

இந்தய எதும்பு மூட மருத்துவர்கள் சங்கம் இர ஆண்டு சரதாரண பொ மக்கள், ஆட்டோ முரைய கள், ஆட்டியன்ன முறைவர் கன், பண் முறைவர்கள், கண்டக்டர்கள் மற்றும் காவல் துறை அடுகாகேள், கன்றூர் மாணவர்கள் என அவைத்த தரப்பு போதுமக் களுக்கும் இந்த உலிர்காக் குழி முதுதைவி அடிப்படை நிலியை முறைகளை தெரி யப்படுத்தவும், உலிர்காக் கும் முதுதுகவி சியிச்சை முறைகளின் அடிப்படை பகிறிக்கவும் முறைகளின் அடிப்படை பகிறிக்கவும் முறைகளின் அடிப்படை பகிறிக்கவும் முரு

இத்த தல்ல நோக்கத்து டன் இருந்துக்கிவல், தூத் துக்குடி மற்றும் தெக்கிய மாவட்டங்களின் எலும்பு மூட்டு மருத்துவர்கள் சல் கத்துடன் இணைந்து காவேரி மருத்துவக் குழும் மும் இந்த ஆண்டு பறைய்பு புன் க கு க் கு

இடுக் கல்லூர் மாணவர் சாலை விடுக்கை முறை மாக கடைப்பிடிக்க பொது மாக கடைப்பிடிக்க பொது மக்களுக்கு ஆலோசனை வழங்கும் பல தல்ல நட் டங்களும் அடங்கும்.

தும் சங்கத்தில் துண்ணு தணைப் மற்றுவர் மணி கண்டக், மற்றும் நெல்லை குறுப்பு ஒட்டு மறுதுவர் கண் கங்கதில் தணைப் மறுத்துவர் மறுத்து நட நெல்லை சுரிவர் மறுத்து ந துவர்கள் கேர் மறுது துவர்கள் கேர் மறுது துவர்கள் கேர் மறுதுவ கரிவர் மறுத்துவர் கரிவர் மறுதுவ நிறுத்து மற்றும் பார்கில், முத்துவேல் அடுமான்



மாலைமுரசு 04.08.2023





INDIVIDUAL ACHIEVEMENT

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OTHER ACTIVITIES





TNOA ZONAL REPORT - SOUTH ZONE 2

Dr C.Kannan

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Executive Council –Member President

Dr. C.Muthuraj

Secretary

Dr. Alfred Sathiyasekar



Kanyakumari Orthopedic Society Case study by Dr Thiraviam







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KANYAKUMARI ORTHOPEDIC SOCIETY



Dear Members, Greetings! We are Cordially Inviting you to attend our monthly meet on 1706/2023. We request your presence without fail all of us will be happy to have members attending the meeting.

KINDLY BRING INTERESTINT X-RAY FOR DISCUSSION

AGENDA : Meeting Starts 8.30 pm

8.30-9.00pm : Interesting Case Presentation by KOA members

9.00-9.30pm : Guest Lecture by **Dr. Marimuthu**, President, Nellai Ortho Club
Topic: **Lytic Lesions of Bone**

9.30-10.00pm : Felicitations to Newly elect VP, TNOA,
Prof. Dr. Manikandan, H.O.D, Dept of Orthopedics,
Tirunelveli Medical College & Hospital, Tirunelveli

: Meeting adjourned to fellowship and Dinner

Date : 17.06.23 (Saturday) Venue : HOTEL AKSHAYA Dr.MUTHURAJ PRESIDENT Mob: 9994174527 Dr.KANNAN EC MEMBER

Dr.ALFRED SATIVA SEKAR
SECRETARY
Mob: 7904900717
Makers of
Makers of







KANYAKUMARI ORTHOPEDIC SOCIETY



8.30 pm

Dear visions—generally inviting you to attend our monthly meet on Weare Cordially Inviting you to attend our monthly meet on Weare Cordially Inviting your presence without fail all of us will be happy to have members attending the meeting.

KINDLY BRING INTERESTING X-RAY FOR DISCUSSION

AGENDA

8.30 pm : Meeting Starts

8.30-9.00pm : Interesting Case Presentation by KOA members

9.00 -10.00 pm : Guest Lecture by Dr. C.Rex, Coimbatore Topic: Current concept in Surgical Mana Tibial Plateau Fracture Topic II: Robotic Knee Replacement -is it the new gold standard

: Meeting adjourned to fellowship and Dinner 10.00pm

Venue : HOTEL AKSHAYA

Date : 15.07.23 (Saturday)

Time : 8.30 pm

Dr.ALFRED SATIYA SEKAR PRESIDENT Mob : 7904900717

Dr. SASTHA K SARAN SECRETARY Mob: 9488866000

Dr.KANNAN EC MEMBER Mob: 9443156992



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KANYAKUMARI ORTHOPEDIC SOCIETY



Dear Members, Greetings! We are Cordially Inviting you to attend our monthly meet on 1908-2021 We request your presence without fall We will be happy to have all members attending the meeting.

KINDLY BRING INTERESTINT X-RAY FOR DISCUSSION

AGENDA

8.30 pm : Meeting Starts

8.30-10.00pm: Interesting Case Presentation by KOA members

10.00pm : Meeting followed by fellowship and Dinner

Dr.ALFRED SATHIYA SEKAR PRESIDENT Mob : 7904900717

Venue : HOTEL AKSHAYA

Date : **19.08.23 (Saturday)**





Thanjai Ortho Club
Thiruvarur Ortho Club
Cholamandalam Ortho Society
Villupuram Ortho Club



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THANJAI ORTHO CLUB THANJAVUR





You are cordially Invited for the Ortho Club Meet on 29.04.2023 Saturday at 8.00 pm Venue: Hotel Sangam, Thanjavur

Topics:-

1. Evaluation of Spinal Deformities

Dr. Karthikeyan M, мs(orth), DNB(orth), MRCSEd.,

Fellowship in Spine Surgery
Senior Consultant Spine Surgery
Meenakshi Hospital – Thanjavur
2. Interesting Case Presentation by Members.

President Dr. Kumaravel Secretary Dr. Leo Joseph Treasurer Dr Dhanagonal





THANJAI ORTHO CLUB THANJAVUR





You are cordially Invited for the Ortho Club Meet on 27.05.2023 Saturday at 8.00 pm Venue: Hotel Sangam, Thanjavur

Topics:-

1. Patella Dislocation and instability - What next?

Dr. S R Sundararaian.

Head. Arthroscopy, Foot & Ankle Ganga Hospital – Coimbatore

2. Interesting Case Presentation by Members.

President
Dr. Kumaravel

Secretary
Dr. Leo Joseph

Dr. Dhanagopal





THANJAI ORTHO CLUB THANJAVUR





You are cordially Invited for the Ortho Club Meet on 24.06.2023
Saturday at 8.00 pm
Venue: Hotel Sangam, Thanjavur

Topics:-

- 1. PG's Presentation
- 2. Interesting Case Presentation by Members.

President

Dr. Leo Josepi

Dr. Dhanagopal





THANJAI ORTHO CLUB THANJAVUR





You are cordially Invited for the Ortho Club Meet on 29.07.2023 Saturday at 8.00 pm Venue: Hotel Sangam, Thanjavur

Topics:-

 "Save the Meniscus"- My Experiences with Meniscal Repair Dr. Karthikeyan Chinnaswami.,

MS.Orth,DNB.Orth,MRCS Ed., Fellowship in Arthroscopy., Dip.in Sports Medicine.

Consultant Arthroscopy & Sports Surgeon

Royal Care Hospital - Coimbatore

2. Interesting Case Presentation by Members.

President
Dr Kumaravel

Secretary Dr. Leo Joseph

Treasurer Dr. Dhanagopal





THANJAI ORTHO CLUB THANJAVUR





You are cordially Invited for the Ortho Club Meet on 26.08.2023 Saturday at 8.00 pm Venue: Hotel Sangam, Thanjavur

Topics:-

- 1. Management of Complex Odontoid Fractures
 Dr. V. Sarath Chander, M.S.Ortho, F.S.S(Spine).,
 Consultant Spine Surgeon,
 Sarath Ortho & Spine Center,
 Ananthagiri Hospital Trichy.
- 2. Interesting Case Presentation by Members.

President Dr. Kumaravel

Dr. Leo Joseph

Dr. Dhanagopal

Bone and Joint Day Activities

August.01 Press Meet







Aug.04 BLS Training for College students







Aug.04 Nukkad Natak







Aug.05 BMD Program







Aug.06 Awarness Cycle Rally



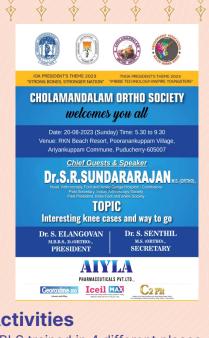




Aug.06 Press Release







Bone and Joint Day Activities

• Totally 148 participants were BLS trained in 4 different places



Followed by Lunch

and Malorientation in frontal plane ..

Dr.S.Basheer Ahmed MS Ortho

Followed by Lunch

2. Frontal plane mechanical and anatomical

axis planning.- Dr.Saddam Hussain



Totally 341 participants were BLS trained in 4 different places



Dr. C.RajkumarEC Member WEST ZONE - I
MIDWEST ORTHO SOCIETY, SALEM

MIDWEST ORTHO SOCIETY, SALEM COMPRISES OF

1. SALEM ORTHO CLUB Dr. Mohanasundaram, Dr. Myilvahanan

2. DHARMAPURI ORTHO CLUB Dr. Senthilnathan, Dr. Ravikumar

3. KRISHNAGIRI ORTHO CLUB..... Dr. Ashok Kumar, Dr. Srinivasa Gowda

4. NAMAKKAL ORTHO CLUB..... Dr. Ravichandran, Dr. Sivakumar







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Midwest Ortho CME on Shoulder

Date: 20/05/2023 Venue : sivaraj inn hotel Time : 6.30 - 8.30pm



IOA PRESIDENT THEME: STRONG BONE STRONGER NATION

TNOA PRESIDENT THEME: IMBIBE TECHNOLOGY INSPIRE YOUNGSTERS

ALL ABOUT SHOULDER - CME



Guest lecture





KIRUPANANDA VARIYAR MEDICAL COLLEGE & HOSPITALS

VIMS

Vinayaka Mission's Kirupananda Variyar Medical College Hospitals & VIMS Hospitals, Salem - 636308.





Department of Orthopaedics in association with Midwest Ortho Society

Cordially Invites you for the

"ALL ABOUT CLUB FOOT"

Dato' Seri. Dr. S. Sharavanan

Dr. C. Rajkumai TNOA EC Member

Chair Person

Dr. K. Meenakshi Sundaram,
Professor,
partment of Orthopaedics,VMKVMCF



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TNOA Mid year CME & TNOA family meet was successfully organised at Yercaud hills, Salem by Midwest members on 21 -23 July 2023



Family Meet



Sports event during the Mid year CME







Midwest members attended Annual CME with oration by TNOA President conducted by Nellai ortho club on 29 th July at Courtalam



Press meet was held for Bone and Joint Day Celebration to create awareness among public on 1 st August 2023 at IMA hall, Salem





BLS classes conducted at various centres and to different groups of people by Midwest, Namakkal, Dharmapuri and Krishnagiri ortho club members on 3rd August 2023







NOS Meet during June 2023. Dr. S.R. Sundara Rajan had given arthroscopic lecture and PGs and many consultants attended



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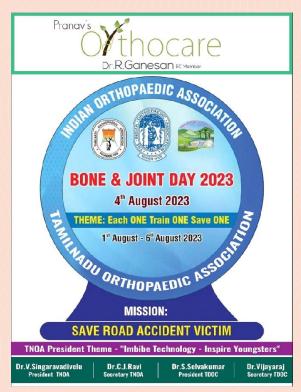
TNOA ZONAL REPORT - WEST ZONE 2

EC Member DR R Ganesan

• Erode Ortho Club

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- President Dr KrishnaSamy
- Secretary Dr Kumaravel
- •Tirupur District Ortho Club
- President Dr Selvakumar
- Secretary Dr Vijayaraj
- Karur Ortho Club







INDIAN ORTHOPAEDIC ASSOCIATION BONE & JOINT DAY 2023

4th August, 2023



Kamalam College of Arts & Science, Anthiyur, Udumalpet, Tamilnadu

THEME: Each One Train ONE Save ONE

1st August - 7th August 2023

MISSION: SAVE ROAD ACCIDENT VICTIM

• Basic life saving training to First Responder

(Driver, Traffic Police, Policemen, Students, Youngesters & Common Man)

Spreading Awareness about healthy bone

IOA President Theme - "Strong Bones Stronger Nation" TNOA President Theme - "Imbibe Technology - Inspire Youngsters"





Rtn.Dr.S.Sundarar R I District 3203 Go

Dr. Atul Shrivastava President IOA

Dr. Ram Chaddha President Elect IOA

Dr. Anup Agarwal Vice President IOA

Dr. Naveen Thakkar Secretry IOA Dr.S.Selvakumar President TDOC

Dr. Saket Jati Chairman CSRC



Dr.C.J.Ravi Secretary TNO Dr.M.Vanasekar Member CSRC IOA

Dr.R.Ganesan EC Member

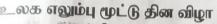






Bone and joint day Free Surgery







உலக எலும்பு மூட்டு தின விழாவில் பங்கேற்றோர்.

உடுமலை, ஆக. 4: உடுமலை சுமலம் கலை அறிவியல் கல்லூரியில் உலக எலும்பு மூட்டு தின விழா வெள்ளிக்கிழமை நடைபெற்றது. உலக எலும்பு மூட்டு தினம் ஆண்டுதோறும் ஆகஸ்ட் 4 ஆம் தேதி கடைப்பிடிக்கப்பட்டு வருகிறது. அதன்படி, உடுமலையை அடுத்த சுமலம் கலை அறிவியல் சுல்லூரியில் நடைபெற்ற ரோட்டரி சுந்க மாவட்ட துணை நிலை ஆளுநர் எஸ்.சுந்ததரரா உன் பேசியகாவகா.

ரோட்டரி சங்க மாவட்ட துணை நிலை ஆளுநர் எஸ்.சுந்ததரரா ஜன் பேசியதாவது: ரோட்டரி சங்கம் சார்பில் சாலை விபத்தில் காயம் அடைந்தவர் களுக்கு முதலுதவி அளிப்பதற்கான பயிற்சிகள், சாலை விபத்தில் பாதிக்கப்பட்டவர்களுக்கு நிவாரண உதவிகள், இலவச அறுவை சிகிச்சைகளுக்கும் ஏற்பாடு செய்யப்பட்டு வருகிறது என்றார். தொடர்ந்து, சாலை விபத்தில் பாதிக்கப்பட்டவர்களுக்கு முத லுதவி அளிப்பது, அடிப்படை உயிர் காக்கும் பயிற்சிகள் குறித்து செயல்விளக்கம் அளிக்கப்பட்டது. நிகழ்ச்சியில் இந்திய மருத்துவ சங்கத் தலைவர் மருத்துவர் கார்த்திகேயன், மருத்துவர்கள் ராஜபாலன், கணேஷ், உடுமலை ரோட்டரி சங்க இயக்குநர் சக்கரபானி, கல்லூரி பேராசிரியர்கள், மாணவர்கள் ஆகியோர் கலந்து கொண்டனர்.



World Plastic Surgery Day with Dr Prof Rajasabapathy







Dean Director Prof and HOD Bangalore Medical Collage Bangalore

Dr.S.SELVAKUMAR.PRESIDENT
Dr.R.VUAYARAI —SECRETARY
Dr.S.UNDARARAIAN-PATRON
Dr.R.GANESAN-EC MEMBER WEST ZONE II

TNOA PRESIDENT THEME 2023 IOA PRESIDENT THEME 2023

Dr.V.SINGARAVADIVELU-PRESIDENT DR.C.RAVI-SECRETARY









Erode Orthopaedic Society Bone And joint Day Celebration







for a scientific meet on 29.07.2023 (Saturday) Timing 7.30 PM

: D'WAYFARER INN

TOPIC

- 1. Primary Complex Total Knee Replacement (8.00PM)

 Dr S.Kumaravel
- 2. Interesting case presentation (8.30 PM)

 Dr Arul Daniel & Dr Palani kumar

PRESIDENT : DR.S.KRISHNASAMY, D.(ORTHO) SECRETARY : DR.S.KUMARAVEL, M.S (ORTHO) TREASURER : DR.T.JANARTHANAN, D(ORTHO), DNBA

EC MEMBER : DR.R.GANESHAN, M.S(ORTHO)













TNOA ZONAL REPORT CENTRAL ZONE II

TNOA AFFLIATED CLUBS

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1 DINDIGUL ORTHO CLUB

PRESIDENT: DR.SHANMUGARAJA SECRETARY: DR.ESWARAKUMAR TREASURER: DR.SENTHILKUMARAN

2 THENI ORTHO CLUB

PRESIDENT: DR.M.SRINIVASAN

SECRETARY: DR.R.RAJAMANIKANDAN TREASURER: DR.K.SHANMUGANATHAN











We Cordially invite you to attend our monthly meet, on 29th April 2023. We request your presence without fail. All of us will be excited to have more members attending the meeting.

Topics
...When to fuse in lumbar disc degenerati n to tuse in lümbar disc degeneration-r.R.Sivakumar, Senior Spine consultant. endoscopic Lumbar discectomy - single - single stitch Scarless surgery

> Venue: Hotel Western Gatz Date : 29th April 2023 (Saturday)

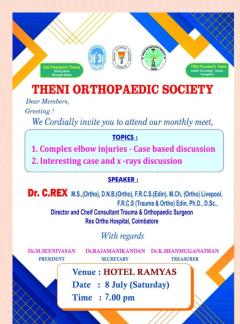
Time: 8.00pm

With regards

Dr.R.RAJAMANIKANDAN Dr.K.SHANMUGANATHAN TREASURER Dr.M.SEENIVASAN

Organised By MNW LIFE SCIENCES







BONE ANDJOINT DAY ACTIVITIES

- 1. BLS Training conducted at 14th Battallion of TNSPC, Palani- 120 trained
- 2. BLS Training conducted at Achyutha Public school- 450 trained
- 3. BLS Training conducted at Dindigul Medical college para-medical students- 100 trained

- 4. BLS Training conducted at SSM college of Art & Science Dindigul- 450 trained
- 5. Free booklet distribution at every ortho Hospital and clinic
- 6. BMD camp organized at 8 hospital in Dindigul District

BLS Traing conducted at 14th Battallion of TNSPC, Palani











BLS Training conducted at Achyutha Public School











Free Bone & joint day awareness booklet destibution at every ortho Hospital and clinic



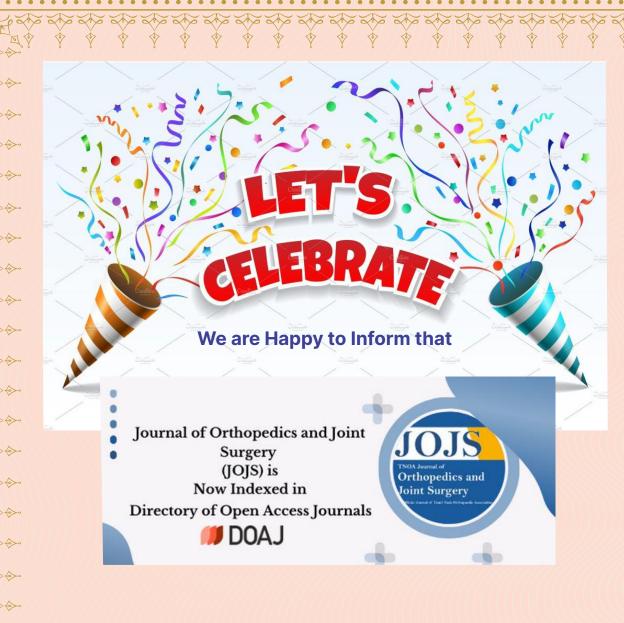






CALENDAD OF EVENTS

			CALENDAR OF EVENTS		
DATE	MONTH	VEAD	EVENT		
DATE 17th	MONTH	YEAR	EVENT		
	February	2023	TNOA 1st virtual CORE Committee meeting		
1st	March	2023	TNOA 1st virtual EC meeting		
4th 31st- 2 nd Apr	March March	2023	ROCC Programme 1 TNOA PG Crash Course- Chennai		
01st 2 7tp:	April	2023	ROCC Programme 2		
08th	April	2023	TNOA's Basic Orthopaedic Surgical Skills (BOSS)		
16th	April	2023	First EC Meeting - Chennai		
6th 10 th - 13	May May	2023	ROCC Programme 3 OASIS 2DCON - Kozhikode		
10 - 13	May	2023	Brace Knee Course - 1		
///////////////////////////////////////	May	2023	Brace Hip Course -1		
03rd	June	2023	ROCC Programme 4		
24 th 25th	June	2023	OASIS Advanced CME		
01st	June July	2023	TNOA's Basic Orthopaedic Surgical Skills (BOSS) ROCC Programme 5		
22nd- 23rd	July	2023	13th TNOA Prof. T. K. Shanmugasundaram Midyear CME 2023 -		
			Yercaud		
22nd	July	2023	Release Of TNOA First Newsletter – At Midyear CME - 2023		
22nd	July	2023	TNOA Zonal CLUB Meeting at Yercaud Midyear CME		
22rd 1st - 7th	July August	2023	MID Year EC Meeting – at Yercaud Midyear CME Bone & Joint week		
04 th	August	2023	Bone & Joint Day Celebration		
05th	August	2023	ROCC Programme 6		
19,20 th	August	2023	SICOT International Trainees And Young Surgeons Meeting		
31st	August	2023	2023 - Chennai Last date for correction of mobile number and communication		
31	August	2023	address by the members before election		
01 – 3rd	September	2023	OASISCON 2023 - Manglore		
02 nd	September	2023	ROCC Programme 7		
9 th – 10 th	September	2023	IOA PG Teaching Programme		
17th	September	2023	Second EC Meeting - Erode		
O7 th	October	2023	ROCC Programme 8		
08th	October	2023	Brace Knee Course - 3		
09 th	October	2023	Despatch Of TNOA NEWS - Second Newsletter Announcement		
	///////////////////////////////////////		Of TNOA Elections 2023		
12 th	October	2023///	World Arthritis Day 10 th – 24 th		
16 th	October	2023	World Spine Day World Trauma Day Awareness Fortnight		
17 th	October	2023	World Hadilla Day		
19 th	October	2023	World Paediatric Bone and Joint Day		
20 th	October	2023	World Osteoporosis Day		
22nd	October	2023	தமிழ் கருத்தரங்கம்		
24 th	October	2023	Last Date For Filing Nominations		
31 st	October	2023	Last Date For Withdrawal Of Nominations		
Odeb	October	2023	TNOA's Basic Orthopaedic Surgical Skills (BOSS)		
04th	November November	2023	ROCC Programme 9 Despatch Of Ballots		
30 th	November	2023	Last Date for Receiving Nominations for TNOA		
			Prof. A. Devadoss Meritorious Award &		
	News	0000	Last Date For Receiving Fellowship Applications		
OEth	November November	2023	Brace Hip Course – 4 Brace Knee Course – 4		
05 th	December	2023			
03rd	December	2023	ROCC Programme 10 Third EC Meeting - Cuddalore		
06 th	December	2023	Last Date For Request for Duplicate Ballots		
14 th – 16th	December	2023	IOACON 2023 - Lucknow		
31st	December	2023	Last Date For Receipt Of Ballots.		
	December	2023	TNOA's Basic Orthopaedic Surgical Skills (BOSS)		
06th	January	2023	ROCC Programme 11		
07 th	January	2024	Counting Of Votes - Chennai.		
20 th - 21 st	January	2024	TNOA Prof. R. Ramakrishnan Gold Medal For Best Postgraduate Examination - Cuddalore		
31 st	January	2024	Last Date For Receiving Nominations For Best Ortho Club		
			Awards - Metro & Non Metro		
09 th , 10 th ,11 th	February	2024	57th Annual Conference TNOACON 2024, Erode.		
10 th	February	2024	Fourth EC Meeting At TNOACON 2024, Erode		
10 th	February February	2024	Annual General Body Meeting At TNOACON 2024, Erode Installation Of 45th President and New Office Bearers Of TNOA &		
	1 Columny	1024	Valedictory Function Of TNOACON 2024, Erode		
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With the Stellar efforts for many years finally our Journal has been indexed marking the next step of quality academic excellence.

It is the efforts and perseverance of all the editors over the years this feat has been achieved.

We thank all the past presidents, members who have contributed to this mammoth effort and look forward for more academic brilliance in future!!

Dr. V. Singaravadivelu President TNOA Dr. C.J. RAVI Secretary, TNOA

EDITORIAL TEAM of TNOA



TAMILNADU ORTHOPAEDIC ASSOCIATION

LIFE MEMBERSHIP APPLICATION FORM

The Hon. Secretary – TNOA

Door. No 9B 'D' Block ASTA AVM Apartments AVM Studio Complex, 38, Arcot Road, Vadapalani, Chennai – 600 026 Ph: 044 – 45590476 Mobile : 9360892724

Mail: secretarytnoa@gmail.com, tnoaoffice2018@gmail.com

Place	
Date	:
	PHOTO
l	

Dear sir.

I wish to apply for the Life membership of Tamilnadu Orthopaedic Association. Providing my particulars for the membership.

Name : PROPOSED BY
Address : Doctor Name :

Residential : Life Membership No :

Clinic : Signature :

SECONDED BY
Doctor Name :

Date of Birth : Life Membership No :

Mobile No : Signature :

Mobile No : Signature :

Qualification

1. Year of Passing MBBS : DD/ NEFT DEATILS

University : BANK :

Medical council Reg. Number : BRANCH :

2. PG – Dip /Degree : DD./ NEFT NO :

Year of Passing / University : DATED :

3. Present Post : AMOUNT

If you are ALREADY a MEMBER of IOA, a DD for Rs.5,000 favouring "TAMILNADU ORTHOPAEDIC ASSOCIATION" Payable at CHENNAI for TNOA membership and Enclose the IOA membership certificate copy.

IOA MEMBERSHIP No. :	
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If you are not an IOA member, then along with IOA filled membership form, two DD's to be taken.

- 1. Rs.5000/- favouring "INDIAN ORTHOPAEDIC ASSOCIATION" payable at New Delhi.
- 2. Rs.5000 /- favouring "TAMILNADU ORTHOPAEDIC ASSOCIATION" payable at Chennai.

*Please attach 2 set photocopies of the documents *

For online payments TamilNadu Orthopaedic Association

A/c No.: 705855990
IFSC: IDIB000C017
Indian Bank Chetpet Branch
Mention your Name and
Mobile No. in the
remarks column

Signature

"Combined membership for both TNOA and IOA been made compulsory as per decision taken in the GB meeting held at TNOACON – Madurai, 2019".



TAMILNADU ORTHOPAEDIC ASSOCIATION ASSOCIATE MEMBERSHIP FORM

The Hon. Secretary – TNOA

Door. No 9B 'D' Block ASTA AVM Apartments AVM Studio Complex, 38, Arcot Road, Vadapalani, Chennai – 600 026 Ph: 044 – 45590476 Mobile: 9360892724

Mail: secretarytnoa@gmail.com, tnoaoffice2018@gmail.com

Date :
PHOTO

Place:

Dear sir,

I wish to apply for the SINGLE ENTRY MEMBERSHIP for TNOA & IOA. Providing my particulars for the membership.

Name : Address :

Residential :

Clinic :

Date of Birth :

Mobile No :

E-mail :

PROPOSED BY

Doctor Name :

Life Membership No:

Signature:

SECONDED BY Doctor Name :

Life Membership No:

Signature:

Qualification

Year of Passing MBBS

University :

Medical council Reg. Number :

2. PG – Dip /Degree :

Expected month & year of Completion :

Institution :

University :

3. Bonafide letter from HOD :

of Institution

I have enclosed a Demand draft for **Rs.9,000** favouring "TAMILNADU ORTHOPAEDIC ASSOCIATION" Payable at Chennai.

*Please attach 2 set photocopies of the documents *

Signature

DD./NEFT NO: BANK: BRANCH: DT: AMOUNT:

For online payments
TamilNadu Orthopaedic Association
A/c No.: 705855990
IFSC: IDIB000C017
Indian Bank Chetpet Branch
Mention your Name and Mobile No. in
the remarks column

Single entry membership for associate member has been made compulsory as per decision taken in the GB meeting held at TNOACON –Madurai, 2019. You become an associate member of IOA & TNOA. On completion of your course and producing the degree certificate, additional qualification registration certificate, you automatically will become a life member of TNOA, IOA & OASIS.

Please submit the form to Hon. Secretary, State Chapter of your state

Indian Orthopaedic Association Membership Form

The Hon. Secretary, IOA

IOA House, 69, Tughlakabad Institutional Area Behind Batra Hospital, M.B. Road, New Delhi-110062

Phone: +91 11 29961434, 9811967820

Email: hon.secretaryioa@gmail.com / ioahousedelhi@gmail.com

Website: www.ioaindia.org



Please Attach Passport Size Photograph Here

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I wish to apply for the Life/Associate Membership of Indian Orthopaedic Association (please fill the whole form in **BLOCK/CAPITAL LETTERS** only)

Name:		
Postal Address:		
State :Pi	n code:Date of Birth:	
Telephone:	Mobile No:	
PG Qualification: Details include Degre	e / Diploma / Pass out Year /College / Institution	ı / Place / University etc.
PG Degree / Diploma:		
	Year :	
State / Other Association of IOA Memi (No application will be entertained wit	•	
I enclose the payment of RS:	By Demand Draft No :	
Place & Date:	Signature:	
Proposed by:		
IOA Membership No:	Signature:	
Second by :		
IOA Membership No LM	:Signature:	

The membership fee for Life Member is Rs. 5,000/- and Associate Member have to pay Rs. 2,000/- in the first term during the ortho training (PG) and Rs. 3,000/- after MS (Ortho) etc. Qualification to become Life Member of IOA. Please make Daft in favour of "Indian Orthopaedic Association" payable at New Delhi.

(Associate/Life Membership Fee for Overseas application which are eligible for only associate member is \$100 One Hundred US Dollar.)
Please attach:

- $. \ Certificate \ Photocopy \ of \ Life \ Membership \ Certificate \ of \ state \ chapter \ of \ Indian \ Orthopaedic \ Association.$
- . Please Sent the membership application Form and Demand Draft at the above mentioned address only.
- .Certified Photocopy of the PG Degree/ Diploma to be sent along with Application Form.
- .Certificate Photocopy of Medical Council Registration of Orthopaedic PG Degree / Diploma to be sent along with the form.
- . Certificate copy from HOD is must. (This is for the Association member only)

NOTE: Membership is subject to ratification in the subsequent in the subsequent AGM of the IOA. Allotment of membership no will follow the ratification. / Associate members have the right of attending scientific meeting and social events and engaging in all scientific discussion **but they shall not attend business meeting and take part in elections.**

Membership form will be sent only by respective State Hon. Secretary to IOA Office, New Delhi



OASISCON 2023







TNOA won that OASIS Best Chapter award for the 5th time

TNOA Prof. TKS Mid Year CME 2023

A Landmark CME with 974 registrations with Family Meet























