



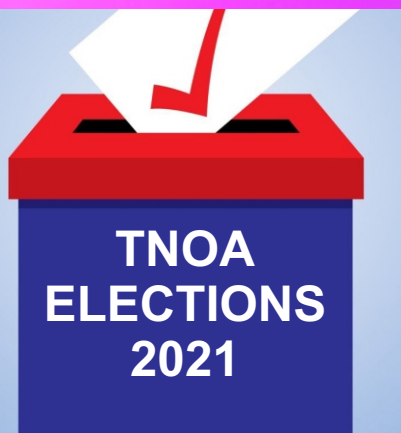
# TNOA NEWS

Issue 1 Vol. 2 2021-2022



**IOA President's Theme**

**Aatmanirbhar Orthopedics: Indian @ Heart, Global in Competence**



**TNOA President's Theme**

**"Focussed Clinical & Surgical Skills ;Continuous Update"**



# TNOA EXECUTIVE COMMITTEE 2021-2022



**Dr. M. Antony Vimalraj**  
President



**Dr. P.T. Saravanan**  
Secretary



**Dr. P. Ponraj**  
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**Dr. M. Vanasekar**  
President Elect



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**Dr. S.G. Thirumalaisamy**  
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**Dr. A. Francis Roy**  
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**Dr. C.J. Ravi**  
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North Zone



**Dr. K. Sekar**  
South Zone - 1



**Dr. A. Mohammed Zubair**  
South Zone - 2



**Dr. S. Natarajan**  
East Zone



**Dr. K. Mohana Sundaram**  
West Zone - 1



**Dr. T. Kannan**  
West Zone - 2



**Dr. G. Ramesh Prabu**  
Central Zone - 1



**Dr. M. Anand**  
Central Zone - 2



## *From the Desk of the President ....*

Dear Honourable Members,  
Greetings!

I feel extremely happy to communicate to you all through this newsletter.

At the outset, I would like to thank the organisers of OASISTNOACON 2021, Salem especially Organising Chairman Prof. R. Selvaraj, Organising Secretary Dr. J. Manimaran and members of Midwest Ortho Society for the successful conduct of OASISTNOACON 2021, Salem in Hybrid manner.



I thank all our members for winning the OASIS Best State Chapter Award for the year 2021.

Our Members actively participated in the National Bone and Joint day (Aug-4) and week (Aug 1-7).

We have also successfully conducted our Prof. TKS Midyear CME at courtallam.

I request all our member to actively participate in the forthcoming TNOA Bone Health Fortnight activities.

I request all to publish your works in the indexed TNOA journal “Journal of Orthopaedics and Joint Surgery”(JOJS). I also request all senior members to encourage juniors to become members of TNOA and IOA.

TNOA Elections are around the corner. I request all our members to actively participate in the TNOA elections 2021. As per our GB's decision, we are planning to move to “online only election” from next year (2022). We may conduct a trial online election soon. For this we need correct mobile number and Email Id of all our members. I request you to update your contact details with our Secretary.

I request all the senior and junior colleagues to participate in big numbers to present their work and participate in discussion to improve the quality of research deliberations in the forthcoming TNOACON 2022, Trichy.

I Sincerely thank all the members for their support and encouragement during various TNOA activities so far and so forth.

With warm Regards,

**Prof. M. Antony Vimal Raj**  
President, TNOA.



## *From the Desk of the Secretary....*

Distinguished Members,

Greetings from Kanchipuram.

I feel pleased to communicate with you all through this second Newsletter of TNOA. To start with, I proudly inform you that TNOA has won the “Best State Chapter Award” from OASIS for the third consecutive time. This awe credit goes to every one of you members who consistently performed well every year. Please accept my heartfelt congratulations.



Contrarily, the COVID pandemic was not a deterrent for us in our socio academic activities. We have successfully organized two important academic events of the association, i.e., 11th TNOA Prof TKS Midyear CME 2021 at Coutrallam on 01st August and 54th Annual Conference TNOACON 2021 at Salem between 23rd and 25th of September in a Hybrid Mode. Graciously, Dr. B Shivashankar, President of IOA, inaugurated both events. I sincerely thank your incredible support and active participation in these events.

We also observed the Bone & Joint Day 2021 with the dynamic and energetic participation of all our city /district chapters in the state. We trained BLS for more than 20,000 children through online teaching modules. In addition, we organized BMD Camps, Cycle Rallies, Human Chain, and various unique programs based on the BJD theme – “Save SELF Save ONE.” The TNOA Medico-Legal webinar and Research Methodology CME Programs were also the hallmark events of TNOA.

At this juncture, I kindly request you to contribute efficiently to the forthcoming TNOA Bone Health Awareness Fortnight 2021 and make this a great success.

Would you all please visit our Website, Mobile App, and Twitter Page for regular updates and communications?

Looking forward

Warm Regards,

**Dr PT Saravanan**

Secretary, TNOA.

9842355099

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**Co-opted Members**

Dr R Selvaraj, Organising Chairman, OASIS TNOACON 2021, Salem  
Dr J Manimaran, Organising Secretary, OASIS TNOACON 2021, Salem  
Dr P Madhivanan, Organising Chairman, TNOACON 2022, Trichy  
Dr G Mukesh Mohan, Organising Secretary, TNOACON 2022, Trichy  
Dr P V Vijayaraghavan, Organising Chairman, TNOACON 2023, Chennai  
Dr Tholgapian, Organising Secretary, TNOACON 2023, Chennai  
Dr N Manikandan, Organizing Chairman, TNOA Prof TKS Mid-Year CME 2021, Coutrallam  
Dr A Francis Roy, Organizing Secretary, TNOA Prof TKS Mid-Year CME 2021, Coutrallam  
Dr Joseph Christopher Babu, Organizing Chairman, TNOA Prof TKS Mid-Year CME 2022, Dindigul  
Dr M Anand, Organizing Secretary, TNOA Prof TKS Mid-Year CME 2022, Dindigul



# TAMILNADU ORTHOPAEDIC ASSOCIATION

## City / District Chapter Office Bearers – 2021

S. No	District Ortho Club	President	Secretary
<b>Metros</b>			
1	Madras Orthopaedic Society(MOS)	Dr A Navaladi Shankar Mobile No: 98400 89932	Dr. R. KaruShanmugaKarthikeyan Mobile No: 98948 49723
2	Madurai Orthopaedic Society	Dr. V. Sathya Narayana Mobile No:9443330310	Dr. P.Palanivelrajan Mobile No: 9842122033
3	Coimbatore Orthopaedic Society (COS)	Major Dr. Kamalanathan Mobile No: 98422 84897	Dr. B.R.J. Sathish Kumar Mobile No :94426 33111
<b>North Zone</b>			
4	Vellore Orthopaedic Society	Dr. K. Manivannun Mobile No: 99422 30008	Dr. Justin Arockiaraj Mobile No: 94431 14380
5	Thiruvannamalai Ortho Club	Dr. S. Senthil Nathan Mobile No:94426 38687	Dr. K. Senthil Kumar Mobile No:98407 43063
6	Kanchi Ortho Club	Dr. V. Vishnu Varadhan Mobile No: 97911 16523	Dr. J. Thiyageshwaran Mobile No: 96000 55539
7	Chengalpattu Orthopaedic Society (CHOS)	DrAnnamalaiRegupathy Mobile No: 98429 66224	Dr. K. V. Jayaprakash Mobile No: 94441 76688
<b>West Zone - I</b>			
8	Midwest Ortho Society	Dr. J. Manimaran Mobile No: 94432 44774	Dr. C.S. Vishnu Prasath Mobile No: 81224 20061
9	Krishnagiri Orthopaedic Society	Dr. G. Ashok Kumar Mobile No: 98432 50135	Dr. V. Srinivasa Gowda Mobile No: 94433 41102
10	Dharmapuri Ortho Club	Dr. J. Senthilnathan Mobile No: 94432 64104	Dr. S. Pushpasekar Mobile No: 984276194
<b>West Zone – II</b>			
11	Erode Ortho Club	Dr. Muthukumar Mobile No: 94430 45549	Dr. S. P. Thiyaagu Mobile No: 94861 13831
12	Tiruppur District Ortho Club	Dr. R. Brijesh Shetty Mobile No :94430 09934	Dr. V. Aruljothi Mobile: 85868 94306
13	Karur Ortho Club		Dr. J. Rajinikanth Mobile No: 98430 30103
<b>Central Zone -I</b>			
14	Trichy Orthopaedic Society	Dr. S. Jaikish Mobile No: 94433 49403	Dr. G. Mukesh Mohan Mobile No :94435 32395
15	Pudugai Ortho Club	Dr. G. Edwin Mobile No: 98431 34840	Dr. E. Rajaraman Mobile No:9842421181
<b>Central Zone -II</b>			
16	Dindigul Ortho Club	Dr. V. Shanmugaraja Mobile No:94433 40780	Dr. Easwara Kumar Mobile No:98421 75108
17	Theni Ortho Club	Dr. M. Srinivasan Mobile No :98946 20152	Dr. R. Raja Manikandan Mobile No: 94433 81207
<b>South Zone - I</b>			
18	Nellai Ortho Club	Dr. K. Sekar Mobile: 9443362276	Dr. T. Chandran Mobile: 9443388240
19	Ramnad Ortho Club	Dr. Sahaya Stephen Raj Mobile No: 94420 44462	Dr. Syed Ibrahim Mobile No:88701 17220
20	Virudhunagar Ortho Club	Dr. Ambalathar Mobile No: 94433 82215	Dr. Manikandan Mobile No: 94435 45112
<b>South Zone - II</b>			
21	Kanyakumari Orthopaedic Society	Dr. MuthuRamalingam Mobile No: 94433 72146	Dr. Mohan Kumar Mobile No :82201 26891
<b>East Zone</b>			
22	Thanjai Ortho Club	Dr. S. Kumaravel Mobile No: 94431 48852	Dr. Leo Joseph Mobile No: 94437 37139 / 94437 37139
23	Thiruvavarur Ortho Club	Dr. Muthu Kumar Mobile No: 9003125195	Dr. S. Abdul Hameed Ansari Mobile No: 97502 45455
24	Cholamandalam Ortho Society	Dr. R. Neelakrishnan Mobile No: 98424 27872	Dr. S. Natarajan Mobile No: 98401 78281
25	Villupuram Ortho Club	Dr. K. Muthaiyan Mobile: 9842340382	Dr. E. S. Arivazhagan Mobile: 97877 05754

## Minutes of Third Executive Committee Meeting of TNOA 2021-22 held on 31.07.2021 at Esakki Resorts, Coutrallam. (Hybrid Meeting)

### Attended by:

Dr. M. Antony Vimal Raj, President  
Dr. M. Vanasekar, President Elect  
Dr. V. Singaravadivelu, Vice President  
Dr. P. Ponraj, Treasurer  
Dr. C.J. Ravi, Joint Secretary  
Dr. S. G. Thirumalaisamy, IP President  
Dr. A. Francis Roy, IP Secretary & Org Sec, Prof TKS Midyear CME 2021  
Dr. T. M. Manohar, Video Journal Editor  
Dr. V. Barathiselvan, Fellowship Secretary  
Dr. Karu Shanmuga Karthikeyan, EC member, Chennai  
Dr. S. M. Murali, EC member, Chennai  
Dr. R. Ashok Kumar, EC Member, Madurai  
Dr. R.J Bharat Kumar, EC member, Madurai  
Dr. K. Sekar, EC member, South Zone- I  
Dr. M. Anand, EC member, Central Zone- II & Org Sec, Prof TKS Midyear CME 2022

### Attended Online:

Dr. P. T. Saravanan, Secretary  
Dr. S. Makesh Ram, Indexing Editor  
Dr. Terrence Jose Jerome, IT Wing Secretary  
Dr. C. Rex, EC member, Coimbatore  
Dr. M.P. Parthasarathy, EC member, North Zone  
Dr. A. Mohammed Zubair, EC member, South Zone- II  
Dr. S. Natarajan, EC member, East Zone  
Dr. K. Mohana sundaram, EC member, West Zone- I  
Dr. T. Kannan, EC member, West Zone- II  
Dr. G. Ramesh Prabu, EC member, Central Zone- I  
Dr. Franklyn Kiruba, Organizing Co-chairman, OASIS TNOA CON 2021  
Dr. J. Manimaran, Organizing Secretary, OASIS TNOA CON 2021  
Dr. S. Jaikish, Scientific Committee Chairman, TNOACON 2022

### WELCOME ADDRESS - Dr. M. Antony Vimal Raj, President.

President welcomed the President Elect, Vice President, Secretary, Joint Secretary, other office bearers and our special invitees to this hybrid EC Meeting. **PRESIDENT'S THEME 2021-22: "Focused Clinical & Surgical Skills; Continuous Update"**. President said TNOA planned to conduct cadaveric workshops and we have to restart the PG teaching Course. Academic Coordinator is Dr. V. Thirunarayanan. President wants more new membership applications to be mobilised by our EC Members. Appreciated the efforts of Dr. Makesh Ram, Dr. Karu Shanmuga Karthikeyan, Dr. Barathiselvan, Dr. T.M. Manohar for membership enrolment during this year, requests others to respond positively to motivate non-members to join TNOA. President requests the EC to update the life members Contact Details and Subdivision of membership list as per the zone and district, this will help us for smooth conduct of online elections from next year onwards. President said we have to conduct trial online election this year. He informed EC about TNOA will release our next issue of JOJS Journal at forthcoming TNOACON at Salem and then updated bylaws & newsletter



will released tomorrow in Mid-Year CME Inauguration. President requested Dr.S.M.Murali, EC Member from Chennai, to convert all previous issues of TNOA Journal from Hard copies to PDF File and update the status at the earliest.

#### OBITUARY REFERENCES

- Dr. M. Ramadoss, LM/R/11, Professor of Orthopaedics (Rtd), Coimbatore Medical College, COIMBATORE. Expired on 12.05.2021
- Dr. R. Rathinasabapathy, LM/R/31 Professor of Orthopaedics (Rtd), Former HOD, Thanjavur Medical College, THANJAVUR. Expired on 21.05.2021
- Dr. Capt. Manoharan, Professor of Orthopaedics (Rtd), Madurai Medical College, Madurai and Former DMS. Expired on 24.05.2021
- Dr. S. Kannan, LM/K/57 Consultant Orthopaedic Surgeon, Valli Vilas Nursing Home, CUDDALORE. Expired on 23.06.2021

Dr. Thirumalaisamy & Dr.Singaravadivelu remembered contribution of Prof. M.Ramadoss to orthopaedics in western part of Tamilnadu and his great teaching to younger generation. Dr. C.J.Ravi, Dr. Thirumalaisamy, Dr. T.M. Manohar & Dr. Barathiselvan remembered Dr. Rathinasabapathy as a great teacher and his active role in TNOACONs as an organizer and faculty. Dr. Franklyn Kiruba & Dr.Francis roy remembered their memories with Dr. S.Kannan of cuddalore. EC observed one minute silence and paid tribute to departed souls.

#### SECRETARY'S REPORT - Dr. P. T. Saravanan, Secretary Presented in person by Dr. C.J. Ravi, Joint Secretary

Installation of 42nd President of TNOA: Dr M Antony Vimalraj and new office bearers at Lions Convention Centre, Yercaud on 07th February, 2021. TNOA President's Theme for the Year 2021-22: "Focused Clinical & Surgical Skills; Continuous Update". TNOA Calendar of events for the year 2021-22 enclosed.

**Membership:** MEMBERSHIP FEE: TNOA Life Membership Rs5000, IOA Life Membership Rs5000, Combined IOA &TNOA Life Membership Rs 10,000. One entry system for Associate Members (Post Graduate): Rs 9,000 which Includes Associate Membership of IOA. they will become life member after submitting their orthopedic degree certificate & there is no need to pay any additional fee for the same.

Membership Data	From 01.11.2020 to GBM	As on Feb 2021 (GBM)	New Members (Up to 27.07.2021)	Total
TNOA Life Members	41	2069	49	2118
IOA Life Members	41	1451	49	1500
TNOA Associate Members	04		123	
IOA Associate Members	04		123	

Credit goes to;

Dr. M. Antony Vimalraj – 32 AM + 9 LM,  
Dr. Barathiselvan - 12 AM,  
Dr. T.M. Manohar -15 AM + 2 LM,  
Dr. S. Makeshram – 16 AM + 10 LM,  
Dr. R. Karu Shanmuga Karthikeyan -19 AM + 4 LM,  
Dr. Arivasan, Madurai -15 AM,  
Dr. J.K. Giriraj SRMC – 4 AM,

Dr. Manikandaraja – 2 LM,  
Dr. Rajaraman – 2 LM,  
Dr. Mohan – 2 LM,  
Saveetha Hospital – 3 & Others – 7 AM + 18 LM.  
Nellai ortho club submitted 15 life membership applications during this meeting

#### **BUSINESS MEETINGS:**

- Annual General Body Meeting held from Yercaud on 07th February, 2021 through Video Conference (ZOOM Cloud HD Video Meeting ID: 848 6565 2985)
- First Executive Committee Meeting of TNOA 2021-22 held on 14.02.2021, through Video Conference (ZOOM Cloud HD Video Meeting ID: 826 5909 4029)
- Second Executive Committee Meeting of TNOA 2021-22 held on 25.04.2021, through Video Conference (ZOOM Cloud HD Video Meeting ID: 421 186 6483)
- Zonal Committee Meeting of TNOA 2021-22 held on 11.07.2021, through Video Conference (ZOOM Cloud HD Video Meeting ID: 421 186 6483)

#### **ACADEMIC ACTIVITIES:**

- 2021.05.13 Monthly Meeting of Chengalpattu Orthopaedic Society – Rapid Recovery from Hip & Knee Arthroplasty Made Easy
- 2021.05.18 – 2021.07.20 Prof. A. Devadoss's Virtual Clinics 2.0 For Post Graduates On Every Tuesday & Saturday
- 2021.05.22 Monthly Clinical Meeting of Midwest Ortho Society on Trauma, Spine & Covid Care.
- 2021.05.29 Monthly Meeting of Coimbatore Orthopaedic Society – Online Symposium on Volkman Ischemic Contracture
- 2021.05.29 TNOA Masterclass on Proximal Humerus Fractures
- 2021.05.30 Online Spine Quiz for Orthopaedic Postgraduates organized by Midwest Ortho Society, Salem.
- 2021.06.10 Monthly Meeting of Chengalpattu Orthopaedic Society – Practical tips and tricks in the management of Proximal Femur Fractures
- 2021.06.19 Online Symposium Case Based Discussion on Non-Union organized by PIMS, Madurai
- 2021.06.19 Monthly Meeting of Coimbatore Orthopaedic Society – Current Concepts in Total Hip Replacement.
- 2021.06.19 Monthly Clinical Meeting of Midwest Ortho Society on Cervical Spine, Oncology and Poly Trauma
- 2021.06.20 Online Arthroplasty Quiz for Orthopedic Postgraduates by Salem Midwest Ortho Society
- 2021.06.29 Orthopaedic Knowledge Update Program @ Lakshmi Hospital, Kanchipuram by Kanchi Ortho Club
- 2021.06.30 Monthly Meeting of Trichy Ortho Society – Revision TKR
- 2021.07.11 Online Arthroscopy and Sports Medicine Quiz for Orthopedic Postgraduates by Salem Midwest Ortho Society
- 2021.07.17 Monthly Clinical Meeting of Midwest Ortho Society on Challenges faced by Young Orthopaedic Surgeons
- 2021.07.17 Monthly Meeting of Coimbatore Orthopaedic Society – Paediatric Ortho, Arthroscopy, Rheumatoid Arthritis
- 2021.07.24 KIMS ORTHO CME on Tendoachilles Pathologies: Current Concepts Organized by Karpaga Vinayaga Medical College and Chengalpattu Orthopaedic Society
- 2021.07.25 Online Trauma Quiz (Upper Limb Trauma) for Orthopedic Postgraduates by Midwest Ortho Society, Salem.



- 2021.07.28 Monthly Meeting of Trichy Ortho Society: Terrible Triad Injury of Elbow – Current Concepts & Simplified Surgical Plan

#### **ACHIEVEMENTS:**

- 2021.05.06 Dr S Rajasekaran & Team Ganga wins prestigious international award for 3rd consecutive time - North American Spine Society Outstanding Research Award
- 2021.06.03 Dr R Selvaraj – World Bicycle Day 100km Ride in about 5 hrs.
- 2021.07.01 Dr V Vishnu Varadhan received Covid Warrior Award from IMA, IRCS and District Administration, Kanchipuram.
- 2021.07.04 Dr S Rajasekaran & Team Ganga: Won Two Awards - ISSLS Basic Science Best Podium Paper 2021 & ISSLS Clinical Science Best Podium Paper 2021 @ ISSLS Virtual Annual Meeting
- 2021.07.20 Dr Rishi Kanna WRITE-UP titled The Fall From Heights in “The Hindu” Newspaper
- 2021.07.26 Dr. S. Vetrivel chezhian received Coimbatore District Collectors Appreciation for reviving the Light Weight Artificial Limb Center.
- 2021.07.29 Evidence Based Clinical Examination of the Hand - 1st Edition BOOK Edited by Dr J. Terrence Jose Jerome

TN CM Public relief Fund: Dr. S. Rajasekaran donated 50 Lakhs from Ganga Hospital, Coimbatore & Dr J Manimaran contributed 10 lakhs from Kurinji Hospital, Salem towards COVID Welfare Fund

**TNOA MEDICO LEGAL CELL:** Dr C J Ravi, Joint Secretary of TNOA is the Co-ordinator. Members are: Dr. Terrence Jose Jerome – Legal Consultant, Dr. Narashimha Rao – Legal Consultant, Dr. L. Shyam – Madurai, Dr. K. Mohanasundaram – Salem, Dr. Marimuthu – Thoothukudi. Dr. Francis Roy said we have to conduct Medico legal Meeting to be organized by TNOA medico legal cell on virtual platform.

**TNOA PROFESSIONAL INDEMNITY SCHEME:** Introduced by our IP President Dr SG Thirumalaisamy for the benefit of our members and the association with discounted premium for high sum assured. About 40 members enrolled. Dr V Barathiselvan is the coordinator. Dr. Brathiselvan raised his enquiries and member's questions about insurance scheme Dr. Thirumalaisamy explained about the benefits of TNOA Professional Indemnity scheme Dr. Singaravadivelu appreciates and gave his suggestions to improve that scheme. President requested EC members should explain the benefits of our TNOA Indemnity Insurance Scheme in all Local & Zonal meetings.

**TNOA NEWS Issue-1 Volume-1 2021-22:** To be released @ TNOA Prof. T. K. S Mid-year CME, 2021 Courtallam on tomorrow

#### **DISCUSSION ON BONE & JOINT DAY 2021**

Bone & Joint Day 2021 is to be observed from 1st to 7th August as weeklong activity. “Save SELF Save ONE is the theme for this year given by IOA President Dr B Shivashankar. TNOA has designed uniform banners and stickers for all our district / city chapters and sent to them.

#### **Plan of Action:**

- 1st August - Put posters & banners at clinics and hospitals
- 1st-7th August – Activities related to self and family - Musical Night - Talk on Work Life Balance - Talk on cardiac Health - Talk on Financial Health - Any other related activity
- 1st-7th August – Online teaching and training on first aid / basic life saving
- 3rd August - Press conference - Publicity on various social media
- 10th August - Press release on number of children trained & other activities
- 15th August - Send report of activities to CSRC at chairman.csrcioa@gmail.com

### **Mission One Lac Life Savors**

- Week from 1st August to 7th August, 21
- Online teaching and training on first aid /basic lifesaving to Children of class 9 and above
- Online teaching and training on first aid /basic lifesaving to general public and police can also be included
- Target for TNOA – 15,000 Students (Certified attendance copy from School / College)
- PPT already shared

Six State Level Online Programs for Our Honorable Members Planned with Technological support from MICRO LABS. Thanks to Dr P Dhanasekararaja, Secteray, Coimbatore Orthopaedic Society.

- TNOA Talk on Heart Health During COVID 19 By Prof Chokalingham, Dr R Anantharaman & Dr Priya Chokalingham, Chennai on 03.08.2021 Tuesday @ 08.30 PM Onwards
- TNOA Talk on Work Life Balance by Prof S Rajasekaran, Coimbatore on 04.08.2021 Wednesday @ 08.30 PM Onwards
- TNOA Talk on Life Beyond Professional Life by Dr Vijy C Bose, Chennai on 05.08.2021 Thursday @ 08.30 PM Onwards
- TNOA Talk on Professional Freedom & Peaceful Practice by Dr RVS Surendran Vice President, Tamilnadu Medical Council on 06.08.2021 Friday @ 08.30 PM Onwards
- TNOA Musical Night by The Members & Family of TNOA (Host: Dr C Raja Ravi Varma) on 07.08.2021 Saturday @ 08.30 PM Onwards
- TNOA Talk on Financial Health by Team Welthcon On 08.08.2021 Sunday @ 10.00 AM Onwards

### **Bone & Joint Day Activity Max Marks - (80)**

- a. Theme based activity -40
- i. Training of Children - 20
- ii. Musical Night - 5
- iii. Talk on Work Life Balance - 5
- iv. Talk on cardiac Health - 5
- v. Talk on Financial Health - 5
- b. Social activity/Public awareness activity -10
- c. Print/Electronic/Social Media coverage -20
- d. Any other unique Programme related to Theme -10

Dr. Francis Roy gave his ideas on how to achieve our target of Online BLS training for 15000 students during this week. President released BJD Special T Shirt designed by Nellai Ortho Club.

### **REPORT OF ORGANIZING SECRETARY, OASISTNOACON 2021 Salem - Dr. J. Manimaran**

Warm greeting from Midwest Ortho Society, Salem. Thank you TNOA for given us the opportunity to conduct TNOACON 2021 combined with OASISCON. Theme: Innovation - Integration. It gives Immense pleasure in Inviting you all to the upcoming OASIS-TNOA-CON 2021 (24th& 25thSeptember) at Hotel Radisson Salem. Venue changed to SALEM for better internet connectivity as our conference is mainly Virtual with limited number of physical participations. Organising Chairman – Dr R Selvaraj, Organising Co-chairman - Dr Franklyn Kiruba, Organising Secretary - Dr J Manimaran and Scientific Committee Chairman Dr TM Manohar. Our Organizing Team include experienced senior members and enthusiastic Juniors. Tentative Program schedule is approved by the office bearers of OASIS and TNOA, we have accommodated all the medals of TNOA. We will have Medal Sessions, Orations, Symposium, Workshops and Free papers. Inauguration & TNOA Orations on day One, Oasis Orations, GBM & Combined Valedictory on Day Two. Official Website: [www.oasistnoacon2021.com](http://www.oasistnoacon2021.com) e.mail id: [oasistnoa2021@gmail.com](mailto:oasistnoa2021@gmail.com) Come and Experience our

Traditional Hospitality & Cultural Diversity and an Excellent Academic Programs which will live up to your Expectations.

Dr. Singaravadivelu suggested PG quiz to be conducted physically at various selected teaching institutions in Tamilnadu. Dr. P.T. Saravanan suggested his idea about we can allot one EC member to supervise the examination hall where PG quiz is conducted. Clarifications raised by new members about the date of ratification of their life membership, president said it will be done at next GBM at Trichy in February 2022. Dr.T.M.Manohar raised his question on can we reduce the number of medal papers & time slot for each paper. Dr.Thirumalaisamy replied we don't have any authority to change the time & numbers unless its approved by GB. Dr.Manimaran asked a clarification about someone has been selected for presenting a medal paper and he is not willing to come in person, can we do virtually. EC decided all medal paper should be presented only in person.

#### **REPORT OF ORGANIZING SECRETARY TNOA Prof. T. K. Shanmugasundaram Mid-Year CME, 2021 Courtallam - Dr. A. Francis roy**

11th TNOA Prof. T. K. Shanmugasundaram Mid-Year CME to be conducted as a Virtual Event from Esakki Resorts, Courtallam on Tomorrow 01st August 2021. Theme: A-Z of Shoulder. Organising Chairman: Prof N Manikandan, Organising Secretary: Dr A Francis Roy. Dr. Francis Roy asked about the exact name for the oration at Midyear CME, Dr.Thirumalaisamy replied that GBM has decided to name it as TNOA Dr S Natesan Oration & Dr S Pandian of Cuddalore is our orator.

#### **IOA MATTERS**

IOA President: Dr. B. Shivasankar, IOA Secretary: Dr Navin Thakkar. **IOA Presidential THEME for the year 2021: ATMANIRBHAR ORTHOPEDICS: “Indian @ Heart, Global in Competence”.** Members of Central Working Committee of IOA from Tamilnadu for the year 2021: Dr S Rajasekaran – Presidential Advisory Committee, Dr M Antony Vimalraj - Center State Relationship committee, Dr P T Saravanan - Membership Drive Committee, Dr N Rajkuamr – Chair, Arthroplasty Sub Committee, Dr N Thanappan – Mem, Paediatric Ortho Sub Committee. As per the data of IOA CSRC, TNOA is the Largest State Chapter with 2069 life members.

IOA A. K. Gupta Trophy (Revised Criteria for the year 2021) Maximum Marks Total - 200

- A. Percentage Increase in total number of memberships of IOA by state chapter >8% 10 Points
- B. Percentage Increase in total number of memberships of state chapter >8% 10 Points
- C. Academic Activities (Name with number of delegates) 60 Points
  - 1. National Conference (IOACON or other) 6
  - 2. State Conference 10
  - 3. State Chapter Instructional Courses / CME / Hands on Workshop (Two point for each Activity) 10
  - 4. Instructional Courses / CME / Hands on Workshop under the aegis of State Chapter (One point for every 2 activity) 10
  - 5. Basic Science and research session in state conference 4
  - 6. PG quiz by state chapter 4
  - 7. PG Instructional course by State chapter 6
  - 8. Accreditation points awarded to state chapter (One point for every 2 accredited point) 10
- D. Achievement of Individual Members (National & International) 10 Points
  - 1 Paper presentation in IOACON 2
  - 2 Guest lecture in IOACON 2
  - 3 Guest lecture in International Conference 2
  - 4 Inventions (techniques, instruments, implants) 2



5 Academic Literature (writing, editing, translating) 2

E. Journal 10 Points

1 Regular Publication 6

2 Indexing 4

F. Fellowships awarded by State chapter (one point for each fellowship) 10 Points

G. Regular Election of Office Bearers (Reporting of Election results to IOA) 10 Points

H. Incorporation of Presidents theme in state chapter academic activities 10 Points

I. Invitation to office bearers of IOA in State chapter Conference 10 Points

J. Attendance of state chapter office bearers in CSRC meetings 20 Points

K. Bone and Joint Day Activities 40 Points

1. Theme based activity 20

2. Social activity/public service or awareness activity 5

3. Media coverage, Print/electronic/social 10

4. Any other unique program related to the theme 5

### **OASIS MATTERS**

OASIS President: Dr Raghav Dutt, OASIS Secretary General: Dr Aneen Kutty & the Executive Committee Members of OASIS representing TNOA: Dr M Antony Vimalraj – President, Dr PT Saravanan – Secretary, Dr M Vanasekar - President Elect, Dr V Singaravadivelu - Vice President, Dr CJ Ravi - Joint Secretary. OASIS already setup its office with cupboard, furniture and computer system @ TNOA Building, Chennai. Our TNOA office secretary Mr Prem kumar is serving as part time office secretary for OASIS. Last TNOA EC has selected Dr R Mohan doss, Nagercoil as senior member from our state to be honored at OASISCON 2021 to be held on 24th and 25th of September 2021 at Salem.

### **ANY OTHER MATTER WITH THE PERMISSION OF CHAIR**

We have received letter from Dr N Deen Muhammed Ismail LM/D/13, To Discuss About Increase in PACKAGE RATE for Ortho Procedure in CMCHIS. Dr. Vanasekar suggested to form a committee to decide about revised package rates for private hospitals and represent to the government. Dr.Thirumalaisamy said we have to discuss this issue with our senior members and submit a memorandum to the government through the TNOA. EC has decided the name of Dr. A. Francis roy as chairman of the committee and Dr Deen Muhammed Ismail as co-chairman.

President said we have received a request from East Zone to divide it as East 1 & 2 for better serving. Vice president and President Elect said after the pandemic we will discuss that in GB. Dr. S.M.Murali suggested to include authors designation in journal and paper presentations. Dr.T.M.Manohar asked for EC's suggestion to go for ISSN Number & indexing of our TNOA Video Journal, Dr. Vanasekar replied we have to get opinion from past editor of the journal Dr. Meenakshi Sundaram and then proceed further. President asked Dr. Terrence Jose about update of TNOA Mobile App and our Official Website. EC approved the GST registration for our association following a request from our treasurer.

Meeting concluded after the Treasurer Dr. P. Ponraj delivered vote of thanks.

## **Minutes of Fourth Executive Committee Meeting of TNOA 2021-22 held on 29.08.2021 through Video Conference (ZOOM Cloud HD Video Meeting ID:421 186 6483)**

### **Attended by:**

Dr. M. Antony Vimalraj, President  
Dr. P. T. Saravanan, Secretary  
Dr. P. Ponraj, Treasurer  
Dr. M. Vanasekar, President Elect  
Dr. C.J. Ravi, Joint Secretary  
Dr. S. Vetrivel chezian, Editor  
Dr. S. Makesh Ram, Indexing Editor  
Dr. T. M. Manohar, Video Journal Editor  
Dr. V. Barathiselvan, Fellowship Secretary  
Dr. Terrence Jose Jerome, IT Wing Secretary  
Dr. A. Pandiaselvan, EC member, Chennai  
Dr. KaruShanmuga Karthikeyan, EC member, Chennai  
Dr. S. M. Murali, EC member, Chennai  
Dr. R. Ashok Kumar, EC Member, Madurai  
Dr. R J Bharat Kumar, EC member, Madurai  
Dr. C. Rex, EC member, Coimbatore  
Dr. M.P. Parthasarathy, EC member, North Zone  
Dr. K. Sekar, EC member, South Zone-I  
Dr. A. Mohammed Zubair, EC member, South Zone- II  
Dr. S. Natarajan, EC member, East Zone  
Dr. K. Mohana sundaram, EC member, West Zone- I  
Dr. T. Kannan, EC member, West Zone- II  
Dr. M. Anand, EC member, Central Zone- II & Org Sec, Prof TKS Midyear CME 2022  
Dr. J. Manimaran, Organizing Secretary, OASIS TNOA CON 2021  
Dr. G. Mukesh Mohan, Organizing Secretary, TNOACON 2022  
Dr. S. Jaikish, Scientific Committee Chairman, TNOACON 2022

### **WELCOME ADDRESS - Dr. M. Antony Vimal Raj, President.**

President welcomed the office bearers of TNOA and special invitees to this Fourth EC Meeting conducted through Video Conference. PRESIDENT'S THEME 2021-22: "Focused Clinical & Surgical Skills; Continuous Update". President congratulated all the EC Members and Zonal Clubs for the excellent Bone & Joint Day Weeklong activities. Requested everyone to enroll more new members and update membership data.

### **OBITUARY REFERENCES – Nil**

### **SECRETARY'S REPORT - Dr. P. T. Saravanan, Secretary**

Installation of 42nd President of TNOA: Dr M Antony Vimalraj and new office bearers at Lions Convention Centre, Yercaud on 07th February, 2021. TNOA Calendar of events for the year 2021-22 enclosed.

## Membership:

Membership Data	From 01.11.2020 to GBM	As on Feb 2021 (GBM)	New Members (Up to 25.08.2021)	Total
TNOA Life Members	41	2069	77	2146
IOA Life Members	41	1451	77	1528
TNOA Associate Members	04		178	
IOA Associate Members	04		178	

## MEMBERSHIP FEE:

TNOA Life Membership Rs5000, IOA Life Membership Rs5000, Combined IOA &TNOA Life Membership Rs10,000. One entry system for Associate Members (Post Graduate): Rs 9,000 which Includes Associate Membership of IOA. they will become life member after submitting their orthopedic degree certificate & there is no need to pay any additional fee for the same.

## ACADEMIC ACTIVITIES:

- 2021.08.01 TNOA Prof TKS Mid-year CME on Shoulder A – Z @ Coutrallam Organized by Nellai Ortho Club
- 2021.08.07 TNOA CRRI Ortho Practical Course every Saturday @ IOT, Madras Medical College, Chennai
- 2021.08.14 TNOA CRRI Workshop on POP, External Fixator & Screw Fixation @ IOT, Madras Medical College, Chennai
- 2021.08.14 TNOAPG Workshop on Templating for THR @ IOT, Madras Medical College, Chennai
- 2021.08.15 Online Trauma Quiz (Lower Limb Trauma) for Orthopedic Postgraduates by Midwest Ortho Society, Salem.
- 2021.08.18 TNOA Masterclass on Patellofemoral Instability – the verdict from global master
- 2021.08.19 CME & Workshop on Primary TKR @ Melmaruvathur
- 2021.08.21 COS Knee 360 - Hybrid CME of Coimbatore Orthopaedic Society
- 2021.08.21 TNOA PG Workshop on Basic Principles in Plate Fixation @ IOT, Madras Medical College, Chennai
- 2021.08.21 TNOA CRRI Workshop on POP, External Fixator & Screw Fixation @ IOT, Madras Medical College, Chennai
- 2021.08.21-22 TNOA CME On Research Methodology: Fundamentals of Research Methods & Descriptive study designs
- 2021.08.22 Cholamandalam Ortho Society's August Academic Meet @ Puducherry.
- 2021.08.23 Seminar on Splinting, Decontamination & Edema Prevention to commemorate National Hand Surgery Day
- 2021.08.25 Monthly Clinical Meeting of Midwest Ortho Society – Case Presentations.
- 2021.08.28-29 TNOA CME On Research Methodology: Role of Statistics in clinical practice, how to write and appraise scientific paper & Scientific paper publication

## ACHIEVEMENTS:

1. 2021.07.31 Dr S Rajasekaran won Best Presentation Award: Infection @ 21st Congress of Asia Pacific Orthopaedic Association, Kuala Lumpur, Malaysia
2. 2021.07.31 Dr PT Saravanan received MaruthuvaNatchathiram Award from Honorable Health Minister of Tamilnadu
3. 2021.07.31 Dr Neelakrishnan received MaruthuvaNatchathiram Award from Honorable Health Minister of Tamilnadu



4. 2021.08.01 Dr Sankara Venkatesan received MaruthuvaNatchathiram Award from IMA President, Tamilnadu.
5. 2021.08.01 Dr M Vanasekar received IMA Leadership Award from IMA Tamilnadu on Doctors Day
6. 2021.08.15 Dr G Sugavanam received Appreciation Award from District Collector For Rotary Oxy Tank Donation to Government Hospital, Salem.
7. 2021.08.15 Dr S Natarajan received Appreciation Award from District Collector for his Exemplary Performance in AB PMJAY Scheme @ Cuddalore.
8. 2021.08.15 Dr Mohan Gandhi received Best Doctor Award from District Collector, Vellore on the occasion of Independence Day
9. 2021.08.15 Dr Rishi Kanna Write-Up titled A Difficult Loss in "The Hindu" Newspaper
10. 2021.08.29 Dr A Francis Roy finished the Dhanushkodi 600 one of the toughest races in India & achieved to be a Senior Randoneer.
11. 2021.08.10 Dr Jaikish donated Rs 1 lakh to Trichy district collector for COVID vaccination program - CSR fund
12. 2021.08.23 Dr Terence Jose Jerome – Awareness Message on National Hand Surgery Day @ News 18 Channel

### REPORT ON BONE & JOINT DAY 2021

TNOA organised weeklong activities from 1st to 7th August 2021 based on IOA Presidents Theme for Bone & Joint day: **"Save SELF Save ONE"**. In Presence of Dr B Shivashankar, IOA President, Dr Anup Agarwal, IOA CSRC Chairman virtually inaugurated TNOA BJD Weeklong Activities on 01st August 2021.

BLS Training of Children & Public: Total = 20,730 (Online & Offline)

Break up of Basic Life Support / CPR training of Children, Policemen, Firemen, Para medical staff, Teachers and General Public: Chennai MOS – 4069, Madurai MOS – 256, Coimbatore COS – 3184, Salem MWOS – 9483, Tirunelveli NOC – 1565, Vadalur (East) COS – 80, Kanchipuram KOC – 1653, Dindigul DOC – 200, Trichy TOC – 200, Vellore VOS – 40

### State Level Online Events:

- TNOA Talk on Cardiac Health during COVID 19 by Prof Chokalingham, Dr R Anantharaman & Dr Priya Chokalingham on 03.08.2021
- TNOA Talk on Work Life Balance by Prof S Rajasekaran on 04.08.2021
- TNOA Talk on Life Beyond Professional Life by Dr Vijay C Bose on 05.08.2021
- TNOA Talk on Professional Freedom & Peaceful Practice by Dr RVS Surendran, Vice President, TNMC on 06.08.2021
- TNOA Musical Night by The Members & Family of TNOA (Host: Dr C Raja Ravi Varma) on 07.08.2021
- TNOA Talk on Financial Health by Doctors Team from Wealthcon on 08.08.2021
- Madurai Orthopaedic Society, Kanchi Ortho Club & Dharmapuri Ortho Club also organized Physical Talks based on above theme / Topic

### Social Activity / Public Awareness Activity:

- Official Release of The Car Stickers for Bone and Joint Day Week During the Inauguration of The TNOA Prof. TKS Midyear CME, On 1st August 2021.
- Display Of Posters / Banners / Car Stickers by The Members and Hospitals Throughout the State.
- Distribution Of Pamphlets on Bone Health Awareness, Bone Health, Osteoporosis Awareness & BMD Camps / Free Ortho Camps Organized @ Kanchipuram, Madurai, Trichy, Vellore, Salem, Coimbatore, Tenkasi, Virudhunagar, Dharmapuri, Cuddalore, Theni, Dindigul, Erode.
- BJD Special Tree Plantation Drive Organized at Salem, Kanchipuram & Valliyur

### **Print/Electronic/Social Media Coverage:**

- BJD Official Press Release from TNOA Office on 30.07.2021
- Dr P T Saravanan, Secretary, TNOA has prepared a special Bone & Joint Day FACE BOOK PROFILE GUARD as per the instruction of IOA President, same was utilized by the members of IOA throughout the country.
- Public Awareness Messages and Videos Released @ social media like Face book, twitter, WhatsApp, YouTube by Dr S Ramesh babu, Dr Vishnu Prasath, Dr PS Shanmugam, Dr PT Saravanan, Dr Dhanasekara raja and others.
- RADIO PROGRAM: Interview on Bone Health on 04th August 2021 by Prof. A. Devadoss - Radio City 91.9 FM, Dr. M.P. Parthasarathy - Radio Mirchi 98.3 FM, Dr. Deepak - SuryanFM 93.5 FM
- Wide Print & Visual Media Coverage @ SALEM (4), Dindigul (4), Madurai (3), Trichy (2), Thanjavur (1), Coimbatore (13)

Unique Programs Related to Theme: (12 Programs)

- Bone and Joint Day Special T- SHIRT released by TNOA President Dr. M. Antony Vimalraj at Coutrallam.
- First Aid Awareness Cycle Rally @ Salem, Dharmapuri, Pattukottai, Vellore, Kanchipuram, Tirunelveli, Cuddalore
- Early Morning Walk / Trekking by TNOA office bearers & Nellai Ortho Club @ Courtallam
- Fire safety & Disaster Management Program @ Kanchipuram
- Save SELF Save ONE Program @ TMC, Thanjavur
- Helmet & Car Seat Belt Awareness @ Dindigul & Kanchipuram
- Seminar on First Aid in RTA @ PUDUKKOTTAI
- QUIZ for MBBS students regarding BONE HEALTH & CPR @ Salem
- First Aid Awareness, Road Safety & Bone Health Awareness @ Coimbatore
- BJD Drawing Competition for TNOA Members and Kids @ SALEM
- Safe IM Injection Practice for Nurses @ KANCHIPURAM
- Save SELF Save One Campaign Free Artificial Limbs, CTEV & Fracture Care @ COIMBATORE

### **TREASURER'S REPORT - Dr. P. Ponraj, Treasurer**

OPENING BALANCE AS ON 01/02/2021: Rs. 21, 02,557/-

CLOSING BALANCE AS ON 24/08/2021: Rs. 29, 81,582/-

### **TNOA – CREDIT = Rs. 16,94,476 /-**

- Membership (IOA, TNOA, LM, AM) (100 x 9000, 24 x 5000, 10 x 10000, 4500 x 1, 2100 x 2) = Rs. 11, 28,700 /-
- TNOA Covid – 19 Fund = Rs. 1,83,500 /- (collected so far: RS.353500/-)
- The Professional Indemnity Scheme Fund (1 x 5900, 5 x 7080, 2 x 11328, 5 x 5664,) = Rs. 92,276/-
- From Allembic For Journal Fund = Rs.2,45,000/-
- From USV Pharma Suiticals For PGCC = Rs.45,000/-

### **TNOA- DEBIT = Rs.9, 68,182/-**

- To The Professional Indemnity Scheme Fund: 7 Members New India Assurance & Co. Ltd = Rs. 87,792/-
- To IOA For TNOA LM and AM = Rs. 46,000/-
- To TNOA Zoom App Maintenance For 5 Months = Rs. 7,670/-
- To Jaypee Brothers for JOJS Vol – 2, Issue - 2 Printing = Rs. 2,50,000/-
- To The Head Post Master for Postal Cost = Rs. 2,175/-
- TNOA Office Flat Maintenance Cost (From Jul 2021 to Aug 2021) = Rs. 8847/-
- To CM for TNOA Covid – 19 Fund = Rs. 3,50,000/-
- TNOA Web Development for E – Quadriga = Rs. 11,200/-

- To TNOA Renewal Work = RS. 4,659/-
- To Vardhaman Gifts for TNOA TKS CME Trophy = Rs. 1,828/-
- To Printer Hariharan for Bylaws Printing = Rs. 8,730/-
- To Printer Hariharan for BJD Designing = Rs. 4,900/-
- To Dr Aravindh For PG Crash Course = Rs. 45,000/-
- To Printer Subramanian for Newsletter & TNOA TKS CME Scroll, Medal & Certificate = Rs. 66,968/-
- To Premkumar for TNAO Office Secretary Salary & Petrol Expenses (May to Aug) = Rs. 66,900/-
- To TNOA Office Stationeries, Printer Toner & Xerox = Rs. 3,155/-
- To TNOA Office Airtel Modem = Rs. 2,358/-

#### **TNOA TRUST – ACCOUNT**

Opening Balance as on 01/02/2021: Rs. 3,033/-

Closing Balance as on 23/04 /2021: Rs. 4,533/-

➤ TOTAL FD AMOUNT IN ASSOCIATION ACCOUNT = RS. 1,47,66,243/-

President suggested for long term Fixed Deposits, Secretary and Treasurer said will inform the EC after discussing with the auditor. Treasurer request for approval of EC to transfer the TNOA Bank account to a branch nearby TNOA office at Vadapalani, Chennai. President wants EC opinion to give petrol expenses to Office secretary Rs. 2,000 for next 2 months Aug and Sep as he has to travel a lot, Secretary said we have to give petty cash to office secretary for TNOA office work. EC Approved.

#### **EDITOR'S REPORT - Dr. S. Vetrivel chezhian**

I am delighted to inform that we are receiving manuscripts outside India for our Journal of Orthopaedics and Joint Surgery. Printed version of Jan-June 2021 issue is ready and will be released during the OASIS-TNOACON 2021. Regarding July-December 2021 issue, printing is going on and will be ready in the on-line mode within a month. Regarding Indexing, Google scholar indexing will be over within a month. Regarding Print ISSN, I have told the publisher to speed up the issue. About DOAJ, indexing I told the publisher to take necessary steps so that our ISSN number will be visible in the world ISSN Web page. Then only its possible to start indexing in DOAJ. Requested the EC to send articles to our journal. Suggested to encourage our reviewers by appreciation certificate from TNOA. President assured to honor the reviewers. Editor thanked our President TNOA, Secretary TNOA & EC for given the opportunity to work for our association.

#### **INDEXING EDITOR'S REPORT - Dr. S. Makeash ram**

Applied for renewal for Index Copernicus for the year 2020 in MAY 2021. Expected in Oct 2021. Applied for DOAJ in May 2nd week. Expected period Nov 2021. Dr.Vetrivel Chezhiyan informed the EC about our application for DOAJ is rejected as the eISSN number not reflected in worldwide website, so we have update and to reapply. Instructed our service provider Jaypee publishers to do so. We have paid Rs 2,50,000/ to the JAYPEE on 25/6/2021 for the JULY to DEC 2020 – Volume 2 Issue 2. Other activities: CME on Research Methodology in four modules with guidance of our President. Motivated orthopods to become Life members and associate members of TNOA. President instructed the indexing editor to get DOAJ for our journal at the earliest. Editor assured to do so before feb 2022. President asked for a clarification regarding the eISSN of our journal whether its from India or other country. Secretary, Editor & Indexing Editor confirmed its from India only and not yet reflected in World ISSN Website and the issue will be solved as early as possible.

#### **VIDEO JOURNAL EDITOR'S REPORT - Dr. T. M. Manohar**

Proposal Sent by Equadriga regarding our Video Journal: Word press for content management system Theme. The project will be executed and delivered 4 weeks' time frame from the start of the project. After deployment eQuadriga provide 3 Months free support, 20% AMC from

total cost of the project for content changes and image changes with sliders. In this proposal cost is not included for bunny.net eQuadriga will suggest with 25USD per month for bunny.net Total Cost: One time webpage developing = 60,000 + 18% GST =Rs.70,800 Recurring Expenses: AMC for maintaining the Webpage = Rs.14160 Bunny Net Yearly = Rs. 21600

**TNOA Members Verification:** KERELA: Total members: 37, Verified & Updated: 25, contact address, e-mail Id, Phone number found valid – 20, Mobile Number Updation – 04, Email id Updation – 01, ther members could not be contacted due to non-availability of phone number and e-mail id: 12, (Tried contacting them through social networking also, but no response from the members-04) NORTH INDIA: Total members: 34, Verified & Updated: 20, contact address, e-mail Id, Phone number found valid – 18, Email id updation – 02, Other members could not be contacted due to non-availability of phone number and e-mail id: 14, (Tried contacting them through social networking also, but no response from the members). Membership Drive: One Doctor has been enrolled as Life member of TNOA/IOA

President asked about hacking of TNOA website domain. Dr.Terrence explained about web hacking process and the solution to overcome the problem. Dr. T.M. Manohar request for initial fund of Rs.70,800 and Recurring expenditure of Rs.35,000 for our video journal. EC approved the same. Dr.Terrence & Dr.T.M.Manohar wants authorization of funds for taking decision regarding web process and video journal. President approved the limit of Rs.10,000 to TNOA Secretary, Treasurer, IT Wing secretary, and Video journal Editor for TNOA related works. Dr.T.M.Manohar informed the EC about his plan of 1st video journal release in December 2021.

#### **FELLOWSHIP SECRETARY'S REPORT - Dr. V. Barathiselvan**

We have invited applications from eligible members for the following TNOA Fellowships 2020-21. Announcement was made on 10th of August 2021 and Last date for submission on 24th August 2021. Applications have to send online to the email id: [tnoafellowshipsecretary@gmail.com](mailto:tnoafellowshipsecretary@gmail.com).

#### **For Life Members**

##### **A. INLAND FELLOWSHIPS (8 nos.)**

- i. TNOA Prof. A. J. Selvapandian Travelling Fellowship - 2 Fellows / year - For M.S. Ortho., / DNB.Ortho
- ii. TNOA Dr. R. Muralidharan – Dr. M. Vanasekar Travelling Fellowship - 2 Fellows / year - preferably D.Ortho.,
- iii. TNOA Inland Fellowships - 4 Fellows / year - M.S.Ortho / DNB.Ortho., Age limit less than 45yrs Fellowship period 2 to 3 weeks (should complete before 3rd week of September 2021) in a reputed centre under the guidance of TNOA. Fellowship grant Rs.10,000/- per fellow & Complimentary registration to TNOACON OASISCON 2021 Salem.

##### **B. FOREIGN FELLOWSHIPS**

- iv. TNOA Prof.A.Subramanian Foreign travelling Fellowship - 1 Fellow / 2 years Age limit more than 50yrs Fellowship period 3 to 4 weeks – Selected candidates must complete their fellowship before the call for the next foreign fellowship is advertised in next TNOA newsletter. Fellowship grant Rs.50,000/- per fellow & Complimentary registration to TNOACON after successful completion of the fellowship. Difficulty in finding a fellowship center for FOREIGN FELLOWSHIPS, Suggestion: TNOA itself can find a permanent FELLOWSHIP CENTER abroad with all sub-specialties under one roof.

#### **For Associate Members (Post-Graduates)**

- C. INLAND FELLOWSHIP (1 no.) v. TNOA Dr. K. R. Venkateshwar Memorial PG Travelling Fellowship - 1 Fellow / year - Fellowship period 2 to 3 weeks Fellowship grant Rs.10,000/- per fellow &



Complimentary registration to TNOACON OASISCON 2021, Salem. Exams will be conducted in online mode along with TNOA KMC PG Quiz Prelims on September 5th 2021 and the topper will be selected for this year. Last year selected candidate Dr Ranjitham not able to complete the fellowship due to personal issues.

D. TNOA-Prof.R.Ramakrishnan Gold Medal: Exams will be conducted in the month of December / January every year by the organizers of next TNOACON. President said complimentary registration is not offered to this candidate as it's not a fellowship.

E. TNOA – Cholamandalam Ortho PG Research Grant: There shall be two beneficiaries / year. This CASH AWARD is to be offered to PG students of Orthopaedics for performing research work. Applications will be called through Newsletter.

Dr. Barathiselvan asked for fellowship grant to the newly approved TNOA Inland travelling fellowships. President replied he will take care of the grant of Rs.40,000 for the 4 new fellowships and GB will decide about the grant for next year. We have received good response this year following Improve communication by sending emails and WhatsApp messages, Thanks to the secretary. Total applications received – 25, Rejected - 3 PGs applied - 2 late submission.

For Dr.Muralidharan&Dr.Vanasekar fellowship: 2 applications received, 1 candidate denied offer due to personal reasons, 1 D.Ortho., and 1 M.S.Ortho., candidate selected. For Dr. A.J.Selvapandian fellowship: 2 candidates selected, For Prof. A.Subramanian Foreign fellowship: 1 candidates selected (above 50)

Selected candidates:

Prof. A. J. Selvapandian fellowship: Dr.Narendiran Pushpaselvam & Dr.SiddarthRameshbabu.

Dr. Muralidharan & Dr. M.Vanasekar fellowship: Dr.M.Saravanakumar & Dr.Anandkumar,

For New Inland fellowship: Dr.RagavAnandam, Dr.Balagani Srinivasan, Dr.Gurumoorthy & Dr.ParthibanPaulraj.

For Prof.A.Subramanian Foreign fellowship (above 50): Dr.Jagadeesan Jayaraman

President advised the secretary to ask for sponsors in the forthcoming GBM to name our Best Publication Gold Medal and Best Zonal Club Awards.

#### **IT WING SECRETARY'S REPORT - Dr. J. Terrence Jose Jerome**

Upgraded TNOA Mobile app (IOS and play store), sent user friendly demo videos for members to login. Google search hacks in our website have been reported to Google. We have constantly been updating the events, CMEs, Conferences, Bone, and Joint day activities on our social platforms for our member's benefit. We can view all these events seamlessly through a mobile app at our convenience. Also, the push notifications and alerts remind us of the latest events. Twitter has given us international visibility and media to share our academic, social, and cultural events. Appeal: Start using TNOA mobile app, Share your comments/ critics, follow TNOA @ twitter and share the post with your colleagues and visit website frequently (tnortho.org). So let us make use of the e-technology delivered by the TNOA and march forward towards progress.

#### **ZONAL REPORTS BY EC MEMBERS: Enclosed**

#### **REPORT OF ORGANIZING SECRETARY, OASIS-TNOACON 2021 Salem - Dr. J. Manimaran**

Warm greeting from Midwest Ortho Society, Salem. Thank you TNOA for given us the opportunity to conduct TNOACON 2021 combined with OASISCON. Theme: Innovation - Integration.

It gives Immense pleasure in Inviting you all to the upcoming OASIS-TNOA-CON 2021 (23-25 September) at Radisson Salem. Organising Chairman – Dr R Selvaraj, Organising Co-chairman - Dr Franklyn Kiruba, Organising Secretary - Dr J Manimaran and Scientific Committee Chairman Dr TM Manohar. Our account in Axis Bank: TNOA-OASISCON 2021 A/C NO-921020004050113 & GSTIN-33AAEAM8463E1ZM. Official Website: [www.oasistnoacon2021.com](http://www.oasistnoacon2021.com). mail id: [oasistnoa2021@gmail.com](mailto:oasistnoa2021@gmail.com) Its going to be a hybrid Conference, delegates are attending virtual and Team TNOA, OASIS & Midwest, Orators, Few Invited Faculties and the Medal Paper Presenters are attending in person. So far, we have received 460 Registrations and about 700 scientific abstracts. We are planning for 6 Scientific Halls: 3 Physical halls and 3 Virtual halls & Limited Physical Registration of 250 Delegates. TNOA Medal Sessions are in the morning sessions of both the days and OASIS CME on Pediatric Trauma & TNOA Orations on Day One, OASIS Orations are planned on day Two. Inauguration of TNOACON & OASISCON are planned separately on 24.09.2021, IOA President Dr B Shivashankar is our Chief Guest. We have FOUR WORKSHOPS - Pre-conference Cadaveric Spine Workshop, Revision Hip Workshop, Arthroscopy Workshop and Trauma Hands on Workshop with limited number of participants. OASIS PG Quiz and Combined Valedictory Function on 25.09.2021

#### **REPORT OF ORGANISING SECRETARY, TNOACON 2022 TRICHY – Dr. G. Mukesh Mohan**

TNOACON @ Trichy 2022, 11th to 13th at Trichy. It's our 55th Annual Conference of TNOA Theme: Simplifying Complexities. The Team: Organizing Chairman – Dr. P. Madhivanan, Organizing Secretary – Dr. G. Mukesh Mohan, Scientific committee Chairman – Dr. S. Jaikish. Patrons: Dr Mohamed Farooq and Dr Samson Daniel.

We are planning to utilize TNOA Mobile App for Conference updates, Notifications & Hall / Programme alerts. DATES TO REMEMBER: Conference inauguration on 11th February 2022, PG Quiz Preliminary: 12th February 2022, PG quiz Final: 13th February 2022, Last date- Early bird registration 30th September 2021, Full paper submission/abstract: 30th November 2021, Registration with late fees closes by 16th January 2022, Shuttle Badminton / Tennis / Fast Chess tournament on 11th February 2022. Scientific Highlights: Industrial forums (Sponsors instruments and Hands on training models), Clinical consultation corners, Presidential address, Orations and keynote lectures, Gold medal presentations, E-posters/ best poster awards, Instructional Course lectures (ICL), Postgraduates/residents meet and greet/ review courses, Medico-legal/ethics debates, Symposia, Clinical paper presentations, Interactive case reviews. Trichy is centrally located and well connected with other parts of the state. Thanked TNOA Office bearers & Esteemed members for this golden opportunity to conduct conference in Trichy after 20 years.

Dr. M Vanasekar suggested Hotel Sangam as alternate venue for TNOACON 2022 at Trichy. Dr. Mukesh Mohan explained that Hotel Sangam is on renovation and won't be ready in Feb 2022 and Kalaiyaramam is not yet opened as its utilized as COVID CARE CENTRE by the district administration. Secretary gave his opinion about Kalaiyaramam is ideal for full fledged conference and if its hybrid we can think about Hotel Breeze. Dr. M Vanasekar asked the organisers to look for nearby educational institutions also as alternate venue and the EC has to inspect the venue and approve it before Salem conference. Team Trichy has to come to Salem conference with Preliminary brochure and early bird registration. President Elect suggested and EC approved venue inspection at Trichy on 19th September 2021.

#### **REPORT OF ORGANIZING SECRETARY, TNOACON 2023 CHENNAI – Dr. T. Tholgapayan**

Presented by Dr KaruShanmuga Karthikeyan. As per the GBM decision our conference TNOACON Chennai is postponed to 2023. Tentative Dates: Feb 10, 11 & 12 – 2023. Tentative Theme: Scientific & Cultural Extravanza in Orthopaedics - come, learn, share & enjoy the moments. Organizing Team: Organizing Chairman- Prof. P. V. Vijayaraghavan, Organizing Co - Chairman – Prof. V. Singaravadelu, Organizing Secretary - Prof. Dr. T. Tholgapayan, Organizing Joint Secretary – Prof.

Dr. Gokulraj, Treasurer – Prof. Dr. Veerakumar. Here I am sharing some of the decisions taken at our organizing committee meeting. Pre or Post Conference CADAVERIC WORK SHOP will be organized. Proposed Members of each committee. Scientific committee - Prof. B. Pasupathi and Prof. Balachandran, Hospitality - Prof. Ashokan, Advisory committee - Prof. Selvaraj, Prof. Nalli R. Yuvaraj, Dr. Ramesh babu. Patrons: Prof. Mayilvanganan, Prof. Paul iyakutty & Prof. R.H. Govardhan. We have visited various venues in and around Chennai and here I am showing the images and explaining the pros and cons. Short listed venues: MGM Resorts & Accord Metropolis (ECR). Venue will be confirmed in consultation with our TNOA Executive committee during next EC Meeting at Chennai.

#### **REPORT OF ORGANIZING SECRETARY TNOA Prof. T. K. Shanmugasundaram Mid-Year CME, 2021 Courtallam - Dr. A. Francis roy**

Presented by Dr K Sekar. TNOA Prof. T. K. Shanmugasundaram Midyear CME – 2021 was successfully conducted on 1st August 2021 at courtallam. This Midyear conference of TNOA was organized by Nellai Ortho Club as a online virtual conference. The Theme was “Shoulder A to Z” The Conference was inaugurated in virtual mode by Dr. B. Shivashankar IOA President. Eminent faculty members from south India presented Topics in Trauma, Arthroscopy and Arthroplasty. 167 Consultants and 96 PGs attended the conference in virtual zoom meeting. 50 Consultants and 20 PGs attended the meeting physically Topics Trauma – 4 Arthroscopy – 7 Arthroplasty - 7 Faculty members – 13 For the 18 sessions, 2 cash prizes per session were awarded to the answering PGs to make the session more interest and make it lively for them. The faculty members prepared the questions for the quiz from their respective talks. For the first time in TNOA, to honour the exemplary Arthroplasty surgeries of Dr. S. Natesan – Erode in rural areas, an oration in the name of “TNOA – Dr. S. Natesan oration” was initiated. Dr. Pandian Ms (Ortho) FAO(Swiss) past president of Oasis from Cuddalore delivered the first oration with the topic “Spinal Tuberculosis – My Experience” Dr. Anup Agarwal – Chairman of IOA – CSRC virtually inaugurated the Bone & Joint week Activities of TNOA. Earlier in the morning the office bearers, EC members and organizing Nellai Ortho club members participated in Bone & Joint activities and organised a Walkathon. Stickers for the cars, to commemorate Bone & Joint programme was also started by our president Dr. Antony Vimalraj, Nellai ortho club members distributed T-shirts and car stickers to all participants.

#### **REPORT OF ORGANIZING SECRETARY TNOA Prof. T. K. Shanmugasundaram Mid-Year CME, 2022 Dindigul – Dr. M. Anand**

12th TNOA Prof TKS Midyear CME is hosted by Dindigul Ortho Club on 16th & 17th Of July 2022 at P.V.K Mahal, Dindigul. It's a Airconditioned Hall with Adequate Space for Trade Banners, Easily Accessible by Road & Rail, Can Accommodate about 500 Delegates, Adjacent Hotel Is P.V.K Grand with 80 Rooms. Theme: Non-Unions. Organising Team: Patrons: Dr. Sankarnarayanan, Dr.K.G.Ramamoorthy, Dr.Muralidharan, Dr.Vanasekar and Dr.Vadivel, Organising Chairman: Dr. Joseph Christopher Babu, Organising Secretary: Dr.M.Anand, Treasurer: Dr. Easwara Kumar. Requesting you all to come and Enjoy the Hospitality of Dindigul Ortho Club. Secretary reminded the organizing secretary about the arrangements for the 3rd EC meeting of TNOA at the venue.

#### **SELECTION OF ORATOR FOR DR. S. NATESAN ORATION 2022**

Dr. Vanasekar proposed the name of Dr S Sundarajan of udumalpet as Orator for TNOA Dr Natesan oration at forthcoming TNOA Prof. T. K. Shanmugasundaram Mid-Year CME, 2022 Dindigul. EC unanimously approved the same.

#### **TNOA BONE HEALTH AWARENESS FORTNIGHT 2021**

To be observed from 10th to 23rd October 2021 to commemorate following International Orthopaedic Health Days with TNOA Presidents Theme for each day.

- 12th October: WORLD ARTHRITIS DAY - Prevention and Early Diagnosis
- 16th October: WORLD SPINE DAY - Preventing Back Injuries in the Workplace
- 17th October: WORLD TRAUMA DAY - Safe Transport and Prehospital Care of Spinal Cord Injured Patients
- 19th October: WORLD PAEDIATRIC BONE JOINT DAY - Spinal Deformities in Children – Early Diagnosis and Treatment
- 20th October: WORLD OSTEOPOROSIS DAY - Prevention of Osteoporosis

#### **REPORT ON TNOA ELECTION 2021 - Dr. M. Vanasekar, President Elect and Election Officer**

This year election will be conducted as usual by physical ballot. Nomination for the following posts will be called for in the second newsletter – Vice President, Joint Secretary, Treasurer & EC Members for all zones except Chennai – 3 and Madurai – 1. Announcement of Elections: 08th October 2021, Last date for filling Nominations: 24th October 2021. Last date for withdrawal: 31st October 2021. Despatch of ballot: 14th November 2021. Last date for duplicate Ballot: 05th December 2021. Last date for receipt of ballot: 31st December 2021. Counting of ballots: 09th January 2020 @ Palani. Declaration of results at AGBM, Trichy on 12th February, 2022. Non-Refundable Nomination Fee: Rs 10,000 for Vice President, Joint Secretary, Treasurer and Rs 5,000 for EC Member Posts. Online Payment Option is approved by the EC.

#### **IOA MATTERS**

IOA President: Dr. B. Shivasankar, IOA Secretary: Dr Navin Thakkar. IOA Presidential THEME for the year 2021: ATMANIRBHAR ORTHOPEDICS: “Indian @ Heart, Global in Competence”.

Members of Central Working Committee of IOA from Tamilnadu for the year 2021: Dr S Rajasekaran – Presidential Advisory Committee, Dr M Antony Vimalraj - Center State Relationship committee, Dr P T Saravanan - Membership Drive Committee, Dr N Rajkuamr – Chair, Arthroplasty Sub Committee, Dr N Thanappan – Mem, Paediatric Ortho Sub Committee.

- 23.05.2021 IOA EC Meeting attended by; Dr. M. Antony Vimalraj, President, Dr. P.T. Saravanan, Secretary & EC Members of IOA representing TNOA: Dr. N. Thanappan and Dr. N. Rajkumar.
- 23.05.2021 IOA CWC Meeting (Afternoon) Attended by; Dr. M. Antony Vimalraj, C S R C Member, Dr. P.T. Saravanan, Membership Development Committee, Dr. N. Thanappan, Paed Ortho Sub Speciality & Dr. N. Rajkumar, Chair, Arthroplasty Committee.
- 05.06.2021 IOA CSRC Meeting Attended by; Dr. M. Antony Vimalraj, President TNOA & Member CSRC, Dr. P.T. Saravanan, Secretary TNOA. TNOA Report was presented in MS PowerPoint by the Secretary.
- 15.08.2021 IOA EC Meeting for Change of Venue IOACON 2021 from Mumbai to GOA Attended by; Dr. M. Antony Vimalraj, President TNOA, Dr. P.T. Saravanan, Secretary TNOA & Dr. N. Thanappan, EC Member Tamilnadu
- IOA President: Dr. B. Shivasankar virtually inaugurated TNOA Prof TKS Mid-year CME Shoulder A – Z @ Courtallam & IOA CSRC Chairman: Dr Anup Agarwal virtually inaugurated TNOA Bone & Joint Day Weeklong Activities on 01.08.2021
- 2021.08.21 COS Knee 360 Hybrid CME of Coimbatore Orthopaedic Society also Inaugurated By Dr B Shivashankar, President IOA 2021.
- IOACON 2021 Goa: 66th (LXVI) Annual Conference of Indian Orthopaedic Association Dates: 21st to 25th December 2021 Venue: Dr. Shyama Prasad Mukherjee Indoor Stadium, Goa University, Taleigao, GOA. Organized by Maharashtra Orthopaedic Association and Bombay Orthopaedic Society. Theme for IOACON 2021 CME: Current Concepts in Orthopaedic Techniques and Technology. Organising Chairman: Dr. Ajit Shinde & Organising Secretary: Dr. Ram Chaddha.



## **OASIS MATTERS**

OASIS President: Dr Raghav Dutt, OASIS Secretary General: Dr Aneen Kutty & the Executive Committee Members of OASIS representing TNOA: Dr M Antony Vimalraj – President, Dr PT Saravanan – Secretary, Dr M Vanasekar - President Elect, Dr V Singaravadivelu - Vice President, Dr CJ Ravi - Joint Secretary. Last EC unanimously decided the name of Dr R Mohandhas of Nagarcovil as senior member from Tamilnadu to be Honoured in OASISCON 2021. OASIS membership fee Rs 200 per new member. TNOA has paid 50 X Rs 200 = Rs 10,000 for the New Members ratified in GBM Feb 2021. 1st OASIS Executive Committee Meeting held on May 30, 2021. 2nd OASIS Executive Committee Meeting virtually conducted on Aug 28, 2021. Attended by TNOA President, Secretary & EC Members.

➤ OASIS TRAUMACON 2021: hosted by Karnataka Orthopaedic Association: Theme:

Shoulder & Elbow Injuries. Date: 5th June 2021 Faculties from TNOA: Dr J Dheenadayalan - Terrible Triad of Elbow, Dr V Singaravadivelu – Complex Elbow Trauma, Dr KN Subramanian - Acromion Clavicular Joint Disruption Shoulder.

➤ OASIS ICL 2021 (Instructional Course Lectures) to be held in 01st August 2021 @ Pondicherry. Theme: Complications in Spine Surgery. Faculty from TNOA: Dr Aju Bosco – Spinal Instability.

➤ TNOA has been directed to organize OASIS Instructional Course Lectures on 2022 February 1 & 2022 August 2.

## **ANY OTHER MATTER WITH THE PERMISSION OF CHAIR**

Request for Cupboard in TNOA office received from Secretary of Madras Orthopaedic Society. EC Approved MOS to have a cupboard in TNOA Office. Regarding balance corpus for TNOA Prof K Sriram Medal for Paediatric Orthopaedics: Secretary received a Phone Call from Dr S Ramesh babu and he has Assured to pay the balance amount during next week.

New TNOA LM Applications (Missed) with Old Fee Structure received from Past President Dr R Muralidharan, Secretary asked for EC approval to accept these two missed new membership applications with old tariff collected during previous secretary's tenure. EC approved to proceed. Dr. Sekar raised a question about whether EC member should be present physically at OASIS TNOACON Salem. Secretary said the entire EC should attend the conference in person as IOA President is coming as chief guest and orator for our OASIS TNOACON 2021 at Radisson Salem. Dr.C.J.Ravi Suggested to have a fixed Center for TNOA Fellowships. President replied we will discuss this in GBM. Dr.C.J.Ravi also suggested to update the sub specialty medals criteria in our bylaw book. Dr.T.M.Manohar suggested changing criteria for Rural Medal Paper, President replied we will discuss this in GBM. Secretary suggested EC Members to give their opinion in official WhatsApp group, then we will consolidate and discuss in next EC Meeting.

Meeting concluded after the secretary delivered vote of thanks.

## Extraordinary Executive Committee Meeting of TNOA 2021-22 held on 05.09.2021 through Video Conference (ZOOM Cloud HD Video Meeting ID:421 186 6483)

AGENDA: Discussion on Chief Minister's Comprehensive Health Insurance Scheme

Special Invitee: Prof Deen Muhammed Ismail, Director, Institute of Orthopaedics and Traumatology, Madras Medical College, Chennai.

- The rates quoted by the present CMCHIS is not viable for private institutions. Many of the hospitals has reduced / stopped doing Orthopaedic Surgical cases in private setup.
- To collect the base rate fixed by the Star Health for “Kalaigiar KaapeeduThittam” of TN Government in 2006 & work out the present rate to be fixed based on this after calculating the rate of inflation.
- Dr A Francis Roy will be the coordinator and to come with a final draft to Core Committee Meeting on 19.09.2021. After approval, the Memorandum will be submitted to the government.



On 02.10.2021, We met our Honourable Health Minister of Tamilnadu Shri M. Subramaniam and represented our revised rate package rates for TN Chief Minister's Comprehensive Health Insurance Scheme. We have requested special rates for private hospital providers to be implemented for his considerations and deliberation before implementation. Dr M Antony Vimal Raj, President, Dr PT Saravanan, Secretary, Dr. A. Francis Roy, Chairman, & Dr. Deen Muhammed Ismail, Co-chairman, Insurance Committee represented TNOA in Person.



On 04.10.2021, Delegation from TNOA: Dr M Antony Vimal Raj, President, Dr P Ponraj, Treasurer and Dr. Deen Muhammed Ismail, Co-chairman, Insurance Committee met the Tamil Nadu Health systems Project Director Dr (Tmt) S. Uma, IAS in her good office at Chennai and submitted our memorandum requesting to increase the package rates for Orthopaedic procedures in TN Chief Minister's Comprehensive Health Insurance Scheme.

## TREASURER'S REPORT



- OPENING BALANCE AS ON 01/02/2021: Rs. 21, 02,557/-
- CLOSING BALANCE AS ON 24/08/2021: Rs. 29, 81,582/-

### TNOA - CREDIT

➤ Membership ( IOA, TNOA, LM, AM)		
(100 x 9000, 24 x 5000, 10 x 10000, 4500 x 1, 2100 x 2)	=	Rs. 11, 28,700 /-
➤ TNOA Covid – 19 Fund	=	Rs. 1,83,500 /-
➤ The Professional Indemnity Scheme Fund		
(1 x 5900, 5 x 7080, 2 x 11328, 5 x 5664,)	=	Rs. 92,276/-
➤ From Allembic For Journal Fund	=	Rs. 2,45,000/-
➤ From USV PharmaSuiticals For PGCC	=	Rs. 45,000/-
➤ TOTAL CREDIT	=	Rs. 16,94,476 /-

### TNOA COVID – 19 FUND

DR. M.VANASEKAR	RS.10000/-	0009211650543
DR. S.G.THIRUMALAISAMI	RS.10000/-	009212457883
DR. L.SHYAM	RS.10000/-	009213361505
DR.K.SEKAR	RS.10000/-	009214396856
DR.A.FRANCISROY	RS.10000/-	009215334260
DR.R.ASHOKKUMAR	RS.10000/-	009215017523
DR.J.DHEENADAYALAN	RS.10000/-	009221312993
DR.K.MOHANASUNDARAM	RS.10000/-	009309141138
DR.S.NATARAJAN	RS.10000/-	093201108534791
DR.T.KANNAN	RS.10000/-	009313223774
DR.C.REX	RS.10000/-	009314300190
DR.M.ANAND	RS.10000/-	009314110160
DR.R.PRABAKAR	RS.10000/-	320094114205
DR.RAMESH PRABU	RS.10000/-	320094133887
DR.C.J.RAVI	RS.10000/-	20094008332
DR.SUNDARARAJAN	RS.5000/-	20040233993250
DR.VIJAYARAGHAVAN	RS.10000/-	83133405
DR.M.ANTONY VIMALRAJ	RS.10000/-	113322302839
DR.V.SINGARAVADIVELU	RS.10000/-	000929444
DR.R.SELVARAJ	RS.10000/-	012261809
DR.VETRIVEL CHEZHIAN	RS.5000/-	012957384
DR.VIJAY NATARAJAN	RS.1500/-	113512396309
DR.PRAJWAL GANESH	RS.2000/-	113817607507
DR.S.SENTHILNATHAN	RS.5000/-	11381762440
DR.JAIKISH	RS.10000/-	211390009954
DR.T.M.MANO HAR	RS.10000/-	210520202513
DR.SURESHKUMAR	RS.50000/-	521141513947
	RS.5000/-	114414792958
DR.MOHAN	RS.5000/-	114808694870
DR.S.ELANGOVAN	RS.10000/-	591561
DR.MANIKANDAN	RS.25000/-	118519162151
DR.FRANCIS ROY	RS.25000/-	186211555589088
DR.CHANDRAN	RS.5000/-	186211555589088

TOTAL RS.353500/-

## TNOA- DEBIT

➤ To The Professional Indemnity Scheme Fund		
7 Members New India Assurance & Co. Ltd	=	Rs. 87,792/-
➤ To IOA For TNOA LM and AM	=	Rs. 46,000/-
➤ To TNOA Zoom App Maintenance For 5 Months	=	Rs. 7,670/-
➤ To Jaypee Brothers for JOJS Vol – 2, Iss - 2 Printing	=	Rs. 2,50,000/-
➤ To The Head Post Master for Postal Cost	=	Rs. 2,175/-
➤ TNOA Office Flat Maintenance Cost		
(From Jul 2021 to Aug 2021)	=	Rs. 8847/-
➤ To CM for TNOA Covid – 19 Fund	=	Rs. 3,50,000/-
➤ TNOA Web Development for E – Quadriga	=	Rs. 11,200/-
➤ To TNOA Renewal Work	=	RS. 4,659/-
➤ To Vardhaman Gifts for TNOA TKS CME Trophy	=	Rs. 1,828/-
➤ To Printer Hariharan for Bylaws Printing	=	Rs. 8,730/-
➤ To Printer Hariharan for BJD Designing	=	Rs. 4,900/-
➤ To DrAravindh For PG Crash Course	=	Rs. 45,000/-
➤ To Printer Subramanian for Newsletter Iss – 2 &		
TNOA TKS CME Scroll, Medal & Certificate	=	Rs. 66,968/-
➤ To Premkumar for TNAO Office Secretary Salary		
& Petrol Expenses (May to Aug)	=	Rs. 66,900/-
➤ To TNOA Office Stationaries, Printer Toner & Xerox	=	Rs. 3,155/-
➤ To TNOA Office Airtel Modem	=	Rs. 2,358/-
<b>Total Debit</b>	<b>=</b>	<b>Rs. 9,68,182/-</b>

## TNOA TRUST – ACCOUNT

- Opening Balance as on 01/02/2021: Rs. 3,033/-
- Closing Balance as on 23/04/2021: Rs. 4,533/-
- TOTAL FD AMOUNT IN ASSOCIATION ACCOUNT = RS. 1,47,66,243/-



## EDITORS' REPORT

### Editor's Report - Dr. S. Vetrivel chezhian

Dear Honorable members,

I am delighted to inform that we are receiving manuscripts outside India.

Printed version of Jan-June 2021 issue is ready and will be released during the OASIS-TNOACON 2021.

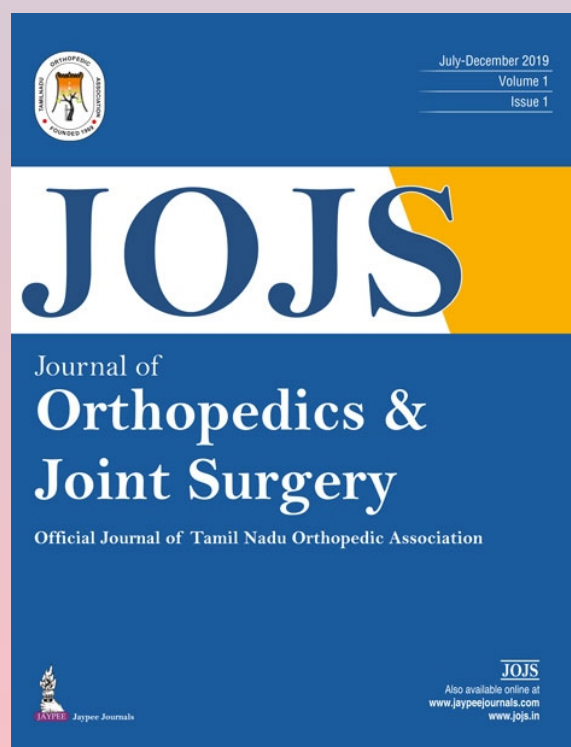
Regarding July-December 2021 issue, printing is going on and will be ready in the on-line mode within a month.

Regarding Indexing, Google scholar indexing will be over within a month.

Regarding Print ISSN, I told the publisher to speed up the issue. About DOAJ, indexing I told the publisher to take necessary steps so that our ISSN number will be visible in the world ISSN Web page. Then only it's possible to start indexing in DOAJ.

I wish to thank our President TNOA, Secretary TNOA for giving me the opportunity to work for our association.

**S.Vetrivel Chezian,**  
Chief Editor, JOJS



### Indexing Editor Report- Dr. S. Makesh Ram



1. Applied for Index Copernicus for the year 2020 in MAY 2021. Expected in Oct 2021.
2. Applied for DOAJ in May 2nd week. Application was rejected as issn number was not reflected in world website. It will be rectified soon.
3. Our JOJS - Volume 3, Issue 1 for the period JAN – JUNE 2021 published in July 2021.
4. Our JOJS - Volume 2 Issue 2 For JULY to DEC 2020 – amount of Rs 250000/ (Two lakh Fifty Thousand only) paid to Jaypee Publisher on 25.6.2021.

## VIDEO JOURNAL EDITORS' REPORT

### Report of Video Journal Editor

-Dr. T.M.Manohar



Proposal Sent by Equadriga on 19 August 2021 Regarding Video Journal

2.2. Technology / Environment

Wordpress for content management system

Theme 2.3. Content delivery platform

Website link

<https://bunny.net/>

<https://bunny.net/pricing>

#### 2.4 Timeline

The quality project delivery and schedule depend on the timely inputs from the clients and cooperation of the clients in providing clarifications as and when required.

The project will be executed and delivered 4 weeks' time frame from the start of the project.

#### 2.5 What Does & Does not Include:

Includes

eQuadriga will develop & deploy the software and not for source code of the software.

After deployment eQuadriga provide 1 Month free support.

Does not Include

New developments / change requests will be charged separately. Ex. New Reports & New Functionality changes. Development based on requirement gathered before preparing Proposal.

If any other external hardware (physical servers) or services (SMS Gateway, Domain Name, Cloud Hosting) required client must purchase and provide the details.

Transportation costs will be charged separately.

20% AMC from total cost of the project for content changes and image changes with sliders

10% AMC from total cost of the project for server maintenance and video upload maintenance.

#### 2.6 Bunny.net

Client need to give the details of video size based on the video size and number of videos.

eQuadriga will suggest the plan from bunny.net

In this proposal cost is not included for bunny.net

#### Price and Effort

S No	Tasks	Days
1	Word press upgrade with new version	2
2	Theme setup with pages creation	2
3	Content migration from old site to upgrade site	1
4	CDN to TNOA Site Integration	2
5	Login function with user migration	2
6	Setup the CDN in Wordpress	2
7	Video page creation with Bunny.net video setup	2
8	Testing	2
Total Days		15
Total Cost (Days * 5000)		Rs.75000
Total Cost for TNOA (Days * 4000) + GST 18%		Rs.60000

Proposal Sent by Equadriga on 27 August 2021

## 2.5 What Does & Does not Include:

### Includes

After deployment eQuadriga provide 3 Months free support (FROM JAN 2022 AMC FROM TOTAL PROJECT COST)

All content changes, Editor board image changes will support from eQuadriga

### Does not Include

20% AMC from total cost of the project for content changes and image changes with sliders

## 2.6 Bunny.net

In this proposal cost is not included for bunny.net

eQuadriga will suggest with 25USD per month for bunny.net

It's a monthly subscription like Netflix, Amazon prime, Google.

## PRICE AND EFFORT

S No	Tasks	Days
1	Wordpress upgrade with new version	2
2	Theme setup with pages creation	2
3	Content migration from old site to upgrade site	1
4	CDN to TNOA Site Integration	2
5	Login function with user migration	2
6	Setup the CDN in Wordpress	2
7	Video page creation with <a href="https://bunny.net">Bunny.net</a> video setup	2
8	Testing	2
	Total Days	15
	Total Cost (Days * 5000)	Rs.75000
T	Total Cost for TNOA (Days * 4000)	Rs.60000
	GST 18% from Total Cost	Rs.10800
	Total Cost including GST	Rs.70800

• One time webpage developing = 60,000 + 18% GST = Rs.70,800

### Recurring Expenses:

▪ AMC for maintaining the Webpage = Rs.14160

▪ Bunny Net Yearly = Rs. 21600

(Monthly subscription – 1800/ month)

### Membership Drive:

1 Doctor has been enrolled as Life member of TNOA/IOA

### TNOA Members Verification

#### KERELA

Total members: 37 Verified & Updated: 25

▪ contact address, e-mail Id, Phone number found valid – 20

▪ Mobile Number Updation – 04

▪ Email id Updation – 01

Other members could not be contacted due to non-availability of phone number and e-mail id: 12

(Tried contacting them through social networking also, but no response from the members-04)



## TNOA Members Verification

### NORTH INDIA

Total members: 34

Verified & Updated: 20

- contact address, e-mail Id, Phone number found valid – 18
- Email id updation – 02

Other members could not be contacted due to non-availability of phone number and e-mail id: 14  
(Tried contacting them through social networking also, but no response from the members)

## FELLOWSHIP SECRETARY'S REPORT

Distinguished Members,  
Greetings from Dr.V.Barathiselvan. I am happy to invite applications from eligible members for the following TNOA Fellowships 2021-22.



### For Life Members

#### A. INLAND FELLOWSHIPS (8 nos.)

i. TNOA Prof. A. J. Selvapandian Travelling Fellowship - 2 Fellows / year - For M.S. Ortho., / DNB.Ortho

ii. TNOA Dr. R. Muralidharan – Dr. M. Vanasekar Travelling Fellowship - 2 Fellows / year - preferably D.Ortho.,

iii. TNOA Inland Fellowships - 4 Fellows / year - M.S.Ortho / DNB.Ortho.

Age limit less than 45yrs Fellowship period 2 to 3 weeks (should complete before 4th week of January 2022) in a reputed centre under the guidance of TNOA. Fellowship grant Rs.10,000/- per fellow & Complimentary registration to TNOACON 2022 Trichy.

#### B. FOREIGN FELLOWSHIPS

iv. TNOA Foreign travelling Fellowship - 1 Fellow / 2 years

Age limit less than 50yrs Fellowship period 3 to 4 weeks – Selected candidates must complete their fellowship before the call for the next foreign fellowship is advertised in the next TNOA newsletter. Fellowship grant Rs.50,000/- per fellow & Complimentary registration to TNOACON after successful completion of the fellowship.

### For Associate Members (Post-Graduates)

#### C. INLAND FELLOWSHIP (1 no.)

v. TNOA Dr. K. R. Venkateshwar Memorial PG Travelling Fellowship - 1 Fellow / year

Examination would be conducted at the TNOA Conference venue. This year it will be held at TNOACON 2022 Trichy.. Fellowship period 2 to 3 weeks Fellowship grant Rs.10,000/- per fellow & Complimentary registration to TNOACON.

#### D. POST GRADUATE MEDAL (1 no.)

vi. TNOA Prof. R. Ramakrishnan Gold Medal for Best Post Graduate

Exams will be conducted in the month of December / January every year in association with Nellai Ortho Club. This year's exam will be conducted at Chennai during January 2022 by the organizing secretary of TNOACON 2023. To be announced separately.

For more details about these fellowships please visit our website <http://www.tnortho.org>  
Download TNOA app (Android & iOS)

Thank you one and all.

Long Live TNOA

**Dr. V. BARATHISELVAN**

Fellowship Secretary, TNOA

Kannaa Hospital 48, North Car Street,

Chidambaram – 608001, Mobile – 9894634355

[tnoafellowshipsecretary@gmail.com](mailto:tnoafellowshipsecretary@gmail.com)

**LAST DATE FOR APPLYING : 30.11.2021**

Applications has to sent online to the email id mentioned here:

[tnoafellowshipsecretary@gmail.com](mailto:tnoafellowshipsecretary@gmail.com)

## TAMIL NADU ORTHOPAEDIC ASSOCIATION TRAVELLING FELLOWSHIP

Please tick the box opposite the Fellowship Programme you wish to apply for :

**TNOA Prof. A.J. Selvapandian Inland Travelling Fellowship**

☐

**TNOA Dr. R. Muralidharan-Dr. M. Vanasekar Inland Travelling Fellowship**

☐

**TNOA Inland Travelling Fellowship**

☐

**TNOA Foreign Travelling Fellowship**

☐

1. Name :

2. Age & Date of Birth :

3. Designation/Office Address :

4. Address for Communication :

5. Post held in Govt. Service /  
Private Institution :

6. Qualifications (Please enclose necessary evidence)

Degree Date of obtaining

University

7. TNOA Life Membership Number :

8. Papers Presented :  
(Please enclose necessary evidence)

9. Papers Published :  
(Please enclose necessary evidence)

10. Medals / Awards received :  
Related to Orthopaedics only  
(Please enclose necessary evidence)

11. Field of interest :

12. Details of any previous Fellowship :

### Declaration

I hereby certify that the information given in this application is true and accurate to the best of my knowledge.

Date :

Signature

Note : If space provided is inadequate, please provide the information on a separate sheet. The application has to be sent in **triplicate** alongwith three sets of xerox copies of evidences / certificates.

### Selection Criteria for our Inland Fellowships

#### TNOA Prof. A.J. Selvapandian Inland Travelling Fellowship (2) & TNOA Dr. R. Muralidharan-Dr. M. Vanasekar Inland Travelling Fellowship (2) TNOA Inland Travelling Fellowship (4)

Basic Qualification	:	M.S. Ortho / DNB Ortho for The Prof. A.J. Selvapandian TNOA Travelling Fellowship. D. Ortho for Dr. R. Muralidharan – Dr. M. Vanasekar TNOA Travelling Fellowship. If there are no applications from D.Ortho candidates, MS Ortho or DNB candidates with basic D.Ortho qualification can be allowed to apply.
Age	:	Upper age limit 45 years as on 30-11-2021.

Any member who had already undergone our inland fellowship cannot apply for a second time. Only life members of TNOA can apply.

The selection committee shall comprise of the President, Secretary and the Fellowship secretary of TNOA. Decision of the selection committee shall be final.

	Maximum
A. Years after Qualification	10 marks
B. Publications	10 marks
C. Presentations (Including Poster Presentation)	10 marks
D. Special Criteria	5 marks
A. 1 mark per every completed year	
M.S. Ortho / Dip NB Ortho for the Prof A.J. Selvapandian TNOA Travelling Fellowship	
D.Ortho for The Dr. R. Muralidharan – Dr. M. Vanasekar TNOA Travelling Fellowship	
B. Publications	
State level publications	each 1 mark
National level publications	each 2 marks
International level publications	each 3 marks
C. Presentations	
State level presentations	each 1 mark
National level presentations	each 2 marks
International level presentations	each 3 marks
(Poster presentation will be considered at par with paper presentation)	
D. Special criteria	
Award winner, Medal winner (In Orthopaedics only)	each 2 marks
(In the event of a tie, age seniority will be considered)	



### Selection Criteria for TNOA Foreign Travelling Fellowship

- Only TNOA Life Members can apply.
- This fellowship is once in 2 years.
- Basic Qualification : MS. Ortho / DNB Ortho
- Age : Below 50 years as on 30.11.2021
- The Selection Committee comprises The President, TNOA, The Secretary, TNOA and The Fellowship Secretary, TNOA.
- Decision of the Selection Committee shall be final.
- The interest money of the foreign fellowships fund shall be handed over to the fellow after their completion of their fellowship.
- Anyone who has gone for a TNOA Foreign Fellowship cannot go for a second time.

#### SELECTION CRITERIA

A. BASIC QUALIFICATION :	3 MARKS
B. PUBLICATIONS :	25 MARKS
C. PRESENTATIONS :	15 MARKS
D. SPECIAL CRITERIA :	2 MARKS
TOTAL : 45 MARKS	

A. BASIC QUALIFICATION :	3 MARKS
• MS. Ortho or DNB Ortho -	2 marks
• D. Ortho -	1 mark

B. PUBLICATIONS :	25 MARKS
-------------------	----------

- Publications / Presentations on the same subject will be considered only once
- Publications / Presentations as Original Author only will be considered
- National Journals – 2 marks each for a maximum of 10 marks
- International Journals – 2.5 marks each for a maximum of 10 marks
- Published Original Orthopaedic Research work – 5 marks

C. PRESENTATIONS :	15 MARKS
--------------------	----------

- National Meets – 1 mark each for a maximum of 10 marks
- International Meets – 2.5 marks each for a maximum of 5 marks

D. SPECIAL CRITERIA :	2 MARKS
-----------------------	---------

- Award winner
- Medal winner

In the event of a tie, age seniority will be considered.

The Following candidates have been selected for the respective fellowships for the year 2020-21 & completed their fellowships in the venue mentioned here.

Name of the Fellowship	Candidate Selected	Fellowship Venue & Department
<b>TNOA Prof. A. J. Selvapandian Travelling Fellowship</b>	Dr P Narendiran Pushpasekaran LM/N/56, Namakkal	Arthroscopy Ganga Hospital Coimbatore.
	Dr Sidharth Ramesh Babu LM/S/345 Chennai	Arthroscopy SIMS Hospital, Chennai
<b>TNOA Dr. R. Muralidharan – Dr. M. Vanasekar Travelling Fellowship</b>	Dr K Saravana kumar LM/S/292 Chennai	Spine SRMC Chennai
	Dr R Anand kumar LM/A/214 Chidambaram	Arthroscopy Ganga Hospital Coimbatore
<b>TNOA Inland Travelling Fellowship</b>	Dr R Ragavanandam LM/R/193 Chennai.	Arthroscopy Ortho one Hospital, Coimbatore .
	Dr M Gurumoorthi. LM/G/73, Villupuram	Spine Ganga Hospital Coimbatore.
	Dr.P.Parthiban LM/P/135, Thoothukudi	Spine Ganga Hospital Coimbatore
	Dr.Srinivasa Balagani LM/S/432	Spine Bombay Hospital Mumbai
<b>TNOA Dr. K. R. Venkateshwar Memorial PG Travelling Fellowship</b>	Dr T Jawahar Salem	Preethi Hospital Madurai
<b>TNOA Prof. A. Subramanian Foreign travelling Fellowship</b>	Dr J Jagadeesan	He has to complete his Fellowship before October 2022

## IT wing Secretary Report

Dear Members,

It always gives me a joyous moment to connect through this newsletter. All I have is a humble request to use TNOA mobile app; follow us on Twitter and browse our TNOA official website ([www.tnortho.org](http://www.tnortho.org))

We have constantly been updating the events, CMEs, Conferences, Bone, and Joint day activities on our social platforms for our member's benefit.

We can view all these events seamlessly through a mobile app at our convenience. Also, the push notifications and alerts remind us of the latest events.

Twitter has given us international visibility and media to share our academic, social, and cultural events. So let us make use of the e-technology delivered by the TNOA and march forward towards progress.

Keep reading, sharing, subscribing, and tweeting

**Dr. J. Terrence Jose Jerome, FRCS**  
IT wing secretary, TNOA



# The Tamil Nadu Orthopaedic Association Elections Notice for the year 2021

Dear Honourable Members,

Greetings !!!

I am glad to announce the TNOA Election for the year 2021. Nominations are invited for the following posts of Tamil Nadu Orthopaedic Association for the year 2022-2023.

S.No	Post	Vacancy
1	Vice-President	One Post
2	Joint Secretary	One Post
3	Treasurer (Contestant from Chennai only)	One Post

• Executive Committee Member ( Metros ) :

S.No	Zone	Vacancy
1	Coimbatore	One Post
2	Madurai	One Post

• Executive Committee Member ( Non Metros ) :

S.No	Zone	Vacancy
1	North Zone	One Post
2	West Zone -I	One Post
3	West Zone -II	One Post
4	Central Zone -I	One Post
5	Central Zone -II	One Post
6	South Zone - I	One Post
7	South Zone - II	One Post
8	East Zone	One Post

This year also it will be an election by ballot paper. I request the interested candidates to send their nominations through the appropriate forms attached in the current newsletter. If you have any queries do not hesitate to contact me.

**Important Dates to Remember:**

Despatch of II Newsletter with announcement of TNOA Elections - 2021	-	08.10.2021
Last date for filing nominations	-	24.10.2021
Last date for withdrawal of nominations	-	31.10.2021
Despatch of ballots	-	14.11.2021
Last date for request of duplicate ballots for non-receipt/changed address	-	30.11.2021
Last date for despatch of duplicate ballots	-	05.12.2021
Last date for receipt of ballots	-	31.12.2021
Counting of Votes - Palani	-	09.01.2022
Declaration of results	-	12.02.2022

at AGBM, Trichy.

**As per rule 9.4 of TNOA Bylaws, to contest for the posts of Vice President, Joint Secretary and Treasurer occupation of any previous Executive Committee posts is a prerequisite. As per 2017 GB Resolutions, to contest for the post of Treasurer, the candidate should be a past EC Member of TNOA, based in Chennai.**

Appropriate evidence shall be attached along with the nomination form.

Nomination form shall be filled with all relevant details.

The Non- refundable nomination fee of Rs.10000/- for the post of Vice- President Joint Secretary & Treasurer and Rs.5000/- for Each EC Member posts should be attached through a DD drawn in favour of " Tamilnadu Orthopaedic Association" payable at chennai.

**For online payments : TamilNadu Orthopaedic Association, A/c No. : 705855990, IFSC : IDIB000C017 Indian Bank Chetpet Branch. Mention your Name and Mobile No. in the remarks column**

All nominees are requested to send a passport size photograph along with a short Bio-data of not more than half pages in A4 sheet for official communication by TNOA to the electorate members.

The filled up nomination form along with necessary attachments shall be sent to the following address on or before 24.10.2021

Kind regards,

Yours truly,

**Dr. M. Vanasekar**

President Elect

Tamilnadu Orthopaedic Association

Address for communication

**President Elect**

**Dr. M. Vanasekar**

**Priya Hospital, 2/2, Nethaji Nagar,**

**Palani, Pin : 624601**

**Phone : 9942209543**

**E-mail : vanasekar@yahoo.com**



# The Tamil Nadu Orthopaedic Association – Elections 2021

## Nomination Form

Name of the contestant : .....

Post for which contesting : .....

Life Membership Number : .....

Address : .....

Landline No:..... Mobile No.:.....

Email Id. : .....

Nomination fees details : DD No./ NEFT Ref No.:..... Dated ..... Amount.....

Bank : .....

**For online payments : TamilNadu Orthopaedic Association, A/c No. : 705855990, IFSC : IDIB000C017, Indian Bank Chetpet Branch. Mention your Name and Mobile No. in the remarks column**

Proposed by : Name : ..... LM No.:.....

Signature : .....

Seconded by : Name : ..... LM No.:.....

Signature : .....

For Contestants for the post of Vice-President, Joint Secretary & Treasurer

Year of serving as EC Member : .....

Post held : .....

Please provide documentary evidence for the same.

Nomination fees : For Vice-President, Jt. Secretary & Treasurer : Rs10000/-, For other posts: Rs.5000/- (Non Refundable)

Nomination fees to be sent along with the application in the form of Demand draft drawn in favour of "Tamil Nadu Orthopaedic Association" payable at Chennai.

### **Consent & Declaration by the Candidate:**

I, Dr..... hereby consent to contest for the post of ..... of Tamil Nadu Orthopaedic Association.

I, Dr..... do hereby declare that the facts and details provided by me in the Nomination form are true. I also understand that if any of the facts or details are found to be false, my nomination will be rejected.

I agree to abide by the Code of Conduct for the Elections of TNOA. I also agree to abide by the rules and regulations of the Tamilnadu Orthopaedic Association and work for the uplift of the Association and will attend the required meetings and abide by the decisions of the Executive Committee and General Body..

Signature of the Contestant: ..... Date:.....

### **Note:**

1. Completed nomination forms along with the necessary enclosures to be sent to :  
**Dr. M. Vanasekar, President Elect, TNOA, Priya Hospital, 2/2, Nethaji Nagar, Palani, Pin : 624601 Phone : 9942209543, Tamilnadu** so as to reach not later than **24.10.2021**.
2. Nominations should be proposed and seconded by Life members of TNOA & IOA.
3. Enclosures include Demand draft for nomination fees, brief bio-data and passport size photo.
4. In addition to the above enclosures, the contestants for the post of Vice President, Joint Secretary & Treasurer should produce evidence for having been an EC member of TNOA in the past.
5. Nominations should be sent by post or courier only.
6. Nominations received after the last date (24.10.2021) will not be accepted.
7. Incomplete nomination forms will be summarily rejected.

# TNOA Bone & Joint Day 2021 - Theme based activity



2021.07.25 Disaster Management



2021.08.01 MWOS Cycle Rally



2021.08.04 BLS KIOT Eng Salem



2021.08.03 KOC BLS Joyalukkas



2021.08.04 BLS Dharan Hosp Salem



2021.08.04 First Aid CPR Session for B.SC Accident and emergency students Dept Of Orthopaedics KAPVGM Trichy



2021.08.07 Madurai BJD Meet



2021.08.04 PIMS BLS  
BSc Allied Health sciences students



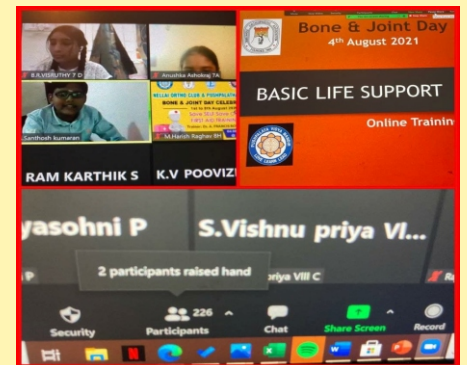
Vellore CPR BLS WORK SHOP



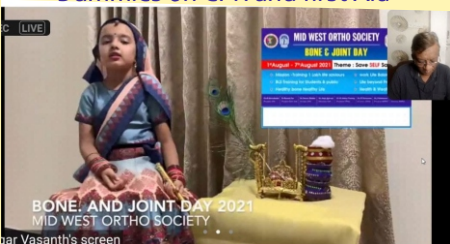
2021.08.07 Cycle Rally Demo with  
Dummies on CPR and first Aid



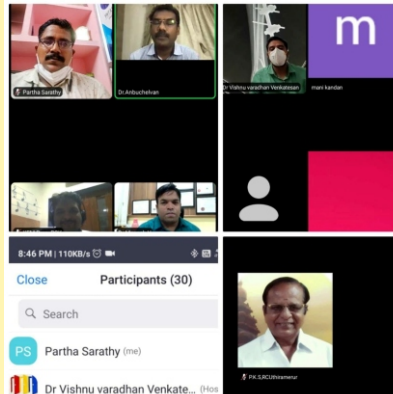
First-aid training was organised by  
DEVADOSS HOSPITAL



2021.08.04 Online Teaching NELLAI  
Second event Zoom training of 273 students



TNOA Talks



2021.08.06 Kanch ortho club with  
rotary club of kanchipuram  
conducted ONLINE AWARENESS  
PROGRAM ON CARDIAC HEALTH  
FOR PUBLIC.. 50 PARTICIPANTS  
ATTENDED



**INDIAN ORTHOPAEDIC ASSOCIATION  
TAMILNADU ORTHOPAEDIC ASSOCIATION**  
**BONE & JOINT DAY**  
4th August, 2021  
Theme : Save SELF Save ONE  
1st August - 7th August 2021

**TNOA Virtual Talk on  
PROFESSIONAL FREEDOM & PEACEFUL PRACTICE**

**Guest Speaker :**  
**Dr. RVS. SURENDRAN**  
Vice President  
Tamilnadu Medical Council

**Moderator :**  
**Dr. J. TERRENCE JOSE JEROME**  
Editor in Chief,  
Journal of Hand and Micro Surgery

on 06.08.2021, Friday at 8.30 p.m. onwards

Meeting ID: 9254695215  
Passcode: nurator

Also live on  
**YouTube**

Technological Support : MICRO LABS LIMITED

Dr. B. Shivashankar President, IOA	Dr. Ramesh Sen President Elect, IOA	Dr. Naveen Thakkar Secretary, IOA	Dr. Anup Agarwal CSRC Chairman, IOA
Dr. M. Antony Vimalraj President, TNOA	Dr. M. Vanasekar President Elect, TNOA	Dr. PT. Saravanan Secretary, TNOA	Dr. C.J. Ravi Joint Secretary, TNOA

**INDIAN ORTHOPAEDIC ASSOCIATION  
TAMILNADU ORTHOPAEDIC ASSOCIATION**  
**BONE & JOINT DAY**  
4th August, 2021  
Theme : Save SELF Save ONE  
1st August - 7th August 2021

**TNOA  
Musical Night**  
BY THE MEMBERS & FAMILY OF TNOA

**Host :**  
**Dr. C. RAJA RAVI VARMA**  
Past President, TNOA

on 07.08.2021, Saturday at 8.30 p.m. onwards

Meeting ID: 91859466784  
Passcode: nurator

Also live on  
**YouTube**

Technological Support : MICRO LABS LIMITED

Dr. B. Shivashankar President, IOA	Dr. Ramesh Sen President Elect, IOA	Dr. Naveen Thakkar Secretary, IOA	Dr. Anup Agarwal CSRC Chairman, IOA
Dr. M. Antony Vimalraj President, TNOA	Dr. M. Vanasekar President Elect, TNOA	Dr. PT. Saravanan Secretary, TNOA	Dr. C.J. Ravi Joint Secretary, TNOA

**INDIAN ORTHOPAEDIC ASSOCIATION  
TAMILNADU ORTHOPAEDIC ASSOCIATION**  
**BONE & JOINT DAY**  
4th August, 2021  
Theme : Save SELF Save ONE  
1st August - 7th August 2021

**TNOA Virtual Talk on  
WORK LIFE BALANCE**

**Invited Faculty :**  
**Prof. S. RAJASEKARAN, Ph.D.**  
Ganga Hospital, Coimbatore

**Moderators :**  
**Dr. DHANASEKARA RAJA**  
Consultant, Ganga Hospital, Coimbatore  
**Dr. C. RAJA RAVI VARMA**  
Past President, TNOA

on 04.08.2021, Wednesday at 8.30 p.m. onwards

Meeting ID: 96303277252  
Passcode: nurator

Also live on  
**YouTube**

Technological Support : MICRO LABS LIMITED

Dr. B. Shivashankar President, IOA	Dr. Ramesh Sen President Elect, IOA	Dr. Naveen Thakkar Secretary, IOA	Dr. Anup Agarwal CSRC Chairman, IOA
Dr. M. Antony Vimalraj President, TNOA	Dr. M. Vanasekar President Elect, TNOA	Dr. PT. Saravanan Secretary, TNOA	Dr. C.J. Ravi Joint Secretary, TNOA

**Rotary**  
**INDIAN ORTHOPAEDIC ASSOCIATION  
TAMILNADU ORTHOPAEDIC ASSOCIATION  
MADRAS ORTHOPAEDIC SOCIETY**  
In Association with  
**ROTARY CLUB OF CHENNAI GEMINI**  
CLUB ID : 57605 • RI District 3232

invite all the Rotarians for  
**Hands-on Workshop on  
BASIC LIFE SUPPORT**  
&  
**BASIC FIRST AID FOR INJURED**  
on the occasion of  
**NATIONAL BONE & JOINT DAY**

on Wednesday, the 4th August 2021  
from 11.00 am to 4.00 pm  
at **SPOT HOSPITAL**,  
36, Dr. Ambedkar Road, Kodambakkam, Chennai - 600 024.  
Workshop Instructor:  
**Mr. V. PARTHASARATHY**,  
M.Sc. - TCM, B.Sc. - ECTC PGDEMS  
Lecturer, Trauma Care Management, SRIHER, Porur, Chennai

Rtn. V.V. Raghu Chakravathy President, RCC Gemini	Rtn. Dr. R. Ezhil Arasan Secretary, RCC Gemini
Rtn. Dr. P.S. Shanmugam Director, Community Service Health, RCC Chennai General	Dr. S. Ramesh Babu IPP, Workshop Organizer, RCC Gemini

**PACHAIYAPPA'S COLLEGE FOR MEN  
KANCHIPURAM-631501**  
**DEPARTMENT OF ZOOLOGY**

Cordially invites you !  
to  
**BONE & JOINT DAY**  
Awareness programme

**CHIEF GUEST:**  
**Dr. M.P. PARTHASARATHY** M.B.B.S., M.S., ortho., F.I.A.  
Ram Clinic

Date: 1st August To 7th August 2021  
Venue: Google Meet  
Time 10.00am - 11.00 am

**ORGANIZING SECRETARY:**  
**Dr. J. SELVANATHAN**  
Head Department of Zoology

**PATRON:**  
**Dr. N. PALANI RAJ**  
PRINCIPAL, PACHAIYAPPA'S COLLEGE FOR MEN

**Organizing Committee**

<b>Dr. R. HARIKRISHNAN</b> Assistant Professor	<b>Dr. G. R. LEARNAL SUDHAKAR</b> Assistant Professor
<b>Dr. P. PRABU</b> Assistant Professor	<b>Mrs. G. J. Rebha</b> Assistant Professor
<b>A. Vignesh</b> Assistant Professor	<b>A. Vignesh</b> Assistant Professor

**ALL ARE CORDIALLY INVITED**

**INDIAN ORTHOPAEDIC ASSOCIATION  
TAMILNADU ORTHOPAEDIC ASSOCIATION**  
**BONE & JOINT DAY**  
4th August, 2021  
Theme : Save SELF Save ONE  
1st August - 7th August 2021

**TNOA Virtual Talk on  
FINANCIAL HEALTH**

**Invited Speakers : (Wealthcon Group)**  
**Dr. RAJENDRA BHATTIYA**  
**Dr. SUJAL MODI**  
**Dr. JYOTICA**  
**Dr. RAJARAM PRASAD**

**Moderators : (TNOA)**  
**Dr. G. MUKESH MOHAN**  
**Dr. I. GEETHAN**

on 08.08.2021, Sunday at 10.00 a.m. onwards

Meeting ID: 92278849701  
Passcode: nurator

Also live on  
**YouTube**

Technological Support : MICRO LABS LIMITED

Dr. B. Shivashankar President, IOA	Dr. Ramesh Sen President Elect, IOA	Dr. Naveen Thakkar Secretary, IOA	Dr. Anup Agarwal CSRC Chairman, IOA
Dr. M. Antony Vimalraj President, TNOA	Dr. M. Vanasekar President Elect, TNOA	Dr. PT. Saravanan Secretary, TNOA	Dr. C.J. Ravi Joint Secretary, TNOA

8:33 83%

Zoom Q&A Leave

**REC LIVE**

**INDIAN ORTHOPAEDIC ASSOCIATION  
TAMILNADU ORTHOPAEDIC ASSOCIATION  
MADRAS ORTHOPAEDIC SOCIETY**  
In Association with  
**ROTARY CLUB OF CHENNAI GEMINI**  
CLUB ID : 57605 • RI District 3232

invite all the Rotarians for  
**Hands-on Workshop on  
BASIC LIFE SUPPORT**  
&  
**BASIC FIRST AID FOR INJURED**  
on the occasion of  
**NATIONAL BONE & JOINT DAY**

on Wednesday, the 4th August 2021  
from 11.00 am to 4.00 pm  
at **SPOT HOSPITAL**,  
36, Dr. Ambedkar Road, Kodambakkam, Chennai - 600 024.  
Workshop Instructor:  
**Mr. V. PARTHASARATHY**,  
M.Sc. - TCM, B.Sc. - ECTC PGDEMS  
Lecturer, Trauma Care Management, SRIHER, Porur, Chennai

Rtn. V.V. Raghu Chakravathy President, RCC Gemini	Rtn. Dr. R. Ezhil Arasan Secretary, RCC Gemini
Rtn. Dr. P.S. Shanmugam Director, Community Service Health, RCC Chennai General	Dr. S. Ramesh Babu IPP, Workshop Organizer, RCC Gemini

Dr. Saravanan

Dr. Vishnuvasanth

Dr. Vijay C Bose

lyengar Vasanth

Unmute Stop Video Share Participants More

**DHARMAPURI ORTHO CLUB**  
**BONE & JOINT DAY**  
Theme : Save SELF Save ONE  
1st August - 7th August 2021

On Behalf of Dharmapuri Ortho Club  
You Are Warmly Invited To Attend Virtual Meeting on  
Topic  
**STRESS BUSTER - A PRACTICAL SESSION  
ON LAUGHTER YOGA & INNER CHI SMILE MEDITATION.**  
"Laugh Out - Love in... Smile in - Shine Out"

**Speaker : Dr. N. PRITHIVI RAJ, BNYS**  
Yoga & Naturopathy Medical Officer

**Dr. N. PRITHIVI RAJ, BNYS**  
Yoga & Naturopathy Medical Officer

**TUESDAY | AUGUST 3 | 2021**  
9:00 PM - 10:00 PM  
Via ZOOM  
Meeting ID : 874 5652 0655  
Passcode : CADCIUM

Supported by **CADILA**

Dr. K. Anandalingam President, TNOA	Dr. K. Venkatesh President Elect, TNOA	Dr. P. Saravanan Secretary, TNOA	Dr. C.J. Ravi Joint Secretary, TNOA	Dr. J. Jayaraman President, IOA	Dr. J. Jayaraman President Elect, IOA	Dr. J. Jayaraman Secretary, IOA	Dr. J. Jayaraman Joint Secretary, IOA
--	---	-------------------------------------	--	------------------------------------	--	------------------------------------	--

Chartered on 15-06-1979  
Club No. 15854  
**Rotary**  
RI District 3031

**Rotary Club of Kancheepuram  
and  
Kanchi Ortho Club**  
**BONE & JOINT DAY CELEBRATION**  
4th August 2021  
Theme : Save SELF Save ONE  
1st August - 7th August 2021

**Invites you to Virtual Talk on  
Cardiac Health**

**Guest Speaker :**  
**Rtn. Dr. V. Magesh, M.D., D.M., (Cardio)**  
Interventional Cardiologist  
Om Shanthi Heart Care Centre, Kpm.

**Moderator :**  
**Rtn. Dr. T. Anbuchelvan, M.B.B.S., M.D.**  
Diabetologist  
Life Care Hospital, Kanchipuram

Date : 08.08.2021, Friday Time : 8.30 pm  
Linked : <https://us2.zoom.us/j/89670516820>  
Meeting ID : 896 7051 6820 Passcode : 12345

Dr. P.T. Saravanan Secretary, TNOA	Rtn. Dr. V. Vishnu Varadhan President, KOC	Rtn. P.H. K.E. Munusami (a) Kem President, RCK
Dr. M.P. Parthasarathy North Zone - EC Member, TNOA	Dr. J. Thyageswaran Secretary, KOC	Rtn. A.K.G.S. Yuvaraj Secretary, RCK



## TNOA Bone & Joint Day 2021 - Social activity Public awareness activity



2021.08.02 BJD Awareness Abirami Hosp



2021.08.02 BJD Awareness  
SUBHA ANANDHAM



2021.08.02 KOC BJD Camp



2021.08.02 KOC Covid Awareness



2021.08.03 Covid Awareness  
CUDDALORE Dist Collector



2021.08.04 BJD Poster



2021.08.04 BJD Poster



2021.08.02 BMD Camp Madurai



2021.08.04 BJS Poster

2021.08.04 BJS Poster





2021.08.04 BJD Sticker



2021.08.04 KOC Tree Plantation



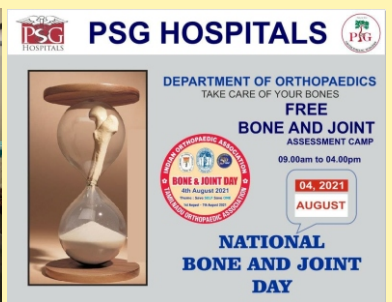
Dharmapuri banner



2021.08.05 BMD Dindigul

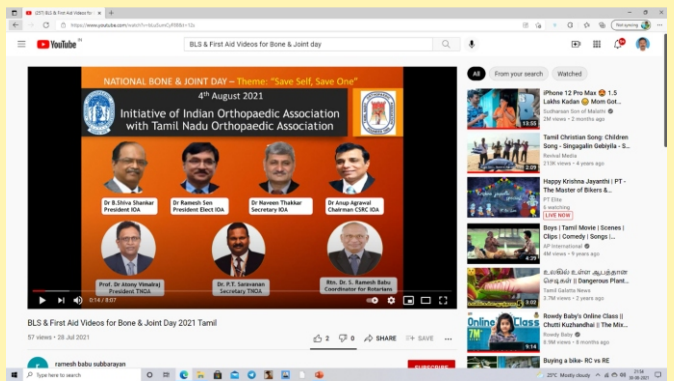
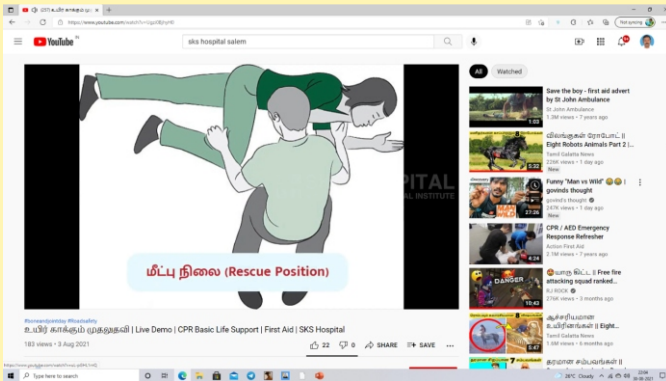
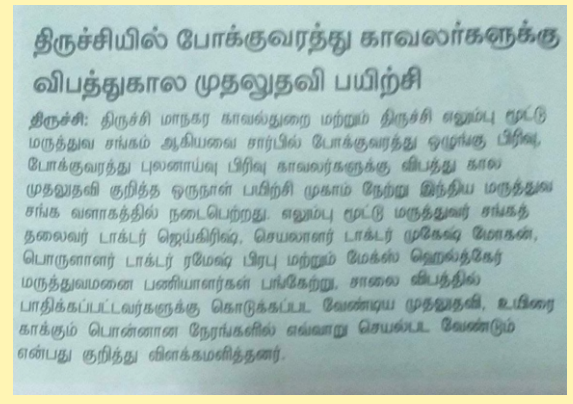


2021.08.04 Free Camp Sakthi Rehab Centre ERODE






# TNOA Bone & Joint Day 2021 - Print Electronic Social Media coverage



Shanmuganathan Soundrapandian updated his profile picture.

1d • 🌐



4th August, 2021 BONE & JOINT DAY

I AM PROUD TO BE MEMBER OF IOA

INDIAN ORTHOPAEDIC ASSOCIATION

👍❤️ 20

1 Comment

👍 Like    💬 Comment    ➦ Share

 **Saseendar Samu** updated his profile picture. ...

5h • 🌐




👍❤️ 76

3 Comments

 Like  Comment  Send

**Rajmohan Gurusamy** updated his profile picture.

15h



94

9 Comments

Like Comment Share

[illegible]



## TNOA Bone & Joint Day 2021 - Any other unique Programme related to Theme



2021.07.25 Disaster Management



VELLORE Cycle Rally



2021.08.01 NOC Trekking

**Midwest ortho society**  
**First aid awareness cycle rally**  
**First aid saves lives**  
**Bone & Joint day celebrations**

Date: 1/8/2021 / Sunday / 6AM. Starting point- IMA hall / 5roads

**Instructions:**  
1. Participants should bring their own cycle and helmet. Helmet is mandatory.  
2. Assemble by 6am sharp  
**Contact persons :**  
1. Dr.Sivaraj, Manipal hospitals- 9840856509  
2. Dr.Mohan, GMKMCH - 9600115103  
3. Dr.Sivakumar, Krishna hospitals- 9944117053

**Map:** IMA hall, 5 roads, Hasthampatty, Newbus stand, Yercaud foot hills, Gandhi stadium

In association with Salem Randonneurs & IMA Salem

2021.08.01 MWOS Cycle Rally



2021.08.07 Dharmapuri Cycle Rally



2021.08.07 Cycle Rally Demo with Dummies on CPR and first Aid 66



2021.08.03 KOC Road Safety Helmet Awareness



2021.08.07 Thanjai Cycle Rally Conduct cycle rally at pattukkottai presided by our MLA



**INDIAN ORTHOPAEDIC ASSOCIATION**  
in association with

**THANJAVUR MEDICAL COLLEGE HOSPITAL**  
BONE AND JOINT DAY CELEBRATION - 2021  
1st to 7th August - 2021

**SAVE SELF - SAVE ONE**



Training for Doctors and Paramedics of Thanjavur District  
**TAMILNADU ORTHOPAEDIC ASSOCIATION**

**TAEI**  
GOVERNMENT MEDICAL COLLEGE & HOSPITAL - PUDUKKOTTAI

**WORLD BONE AND JOINT DAY**  
04.08.2021

DATE : 04.08.2021 WEDNESDAY TIME : 10.00 AM To 11.00 AM  
VENUE : OP BLOCK CONFERENCE HALL

CHAIRPERSON :  
Prof. Dr. **M. POOVATHI**, M.D., (O.G.)  
Dean  
Government Medical College, Pudukkottai.

TOPIC : **FIRST AID IN ROAD TRAFFIC ACCIDENT**

SPEAKER :  
Dr. **D. THIRUMALAI PANDIAN**, M.S. ORTHO  
Associate Professor, Dept. of Ortho Paedics  
Govt. Medical College Hospital, Pudukkottai

All are Welcome  
Followed by Hi Tea

Dr. A. THENMOZHI M.D., Associate Professor, Department of Emergency Medicine  
Dr. M. RAJA, M.S., MCh, TAEI  
Dr. PL. SRINIVASAN M.S. Ortho, Associate Professor / HOD, Dept. of Orthopaedics



2021.08.08 Drawing  
Competition MID WEST

2021.08.08 Drawing  
Competition MID WEST



**NELLAI ORTHO CLUB & NELLAI BYCYCLE**  
BONE & JOINT DAY CELEBRATION 2021  
1st to 8th August 2021

**Save SELF Save ONE**  
FIRST AID TRAINING for CYCLISTS  
Trainer: Dr. A. FRANCIS ROY M.S. (Orth) MCh. (Orth)

06.08.2021 WEDNESDAY  
@ 7.00 pm. Via ZOOM

**ZOOM** ID: 861 2384 2596 Password: 243108

Demonstration with  
placard \_ banner for  
Road Safety,  
First Aid awareness  
and  
distribution of  
pamphlets for bone  
health awareness  
today at Saibaba  
Temple signal



Quiz for MBBS  
students regarding  
bone health \_ CPR  
Salem



Dr MP Partha Sarathi SAVE SELF SAVE ONE Talk @ Rotary  
05.08.21



## TNOA BONE HEALTH AWARENESS FORTNIGHT 2021

### Unique Programs on Bone Health



**2021.10.12 Long Distance Endurance Cyclist Mr Gogul 18,000 kms self-supported cycling from Kanyakumari to Kashmir – Nepal to Burma carrying out TNOA Message of Arthritic Prevention with Active life style.**



**2021.10.12 World Arthritis Day Walkathon, Awareness Message – Healthy Diet for Bone Health @ District Sports Stadium, Kanchipuram**



**2021.10.17 Champions League Cricket Match - Osteoporosis Sharks Vs Arthritis Tigers - to observe TNOA Bone Health Awareness Fortnight by Midwest Ortho Society, Salem.**



**2021.10.16 World Trauma Day – CPR Training Program for Public @ Thirumangalam Toll Plaza organized by Devadoss Hospital, Madurai.**



**2021.10.17 Champions League Cricket Match Salem**



**2021.10.17 Mobility is life - Mini Marathon Salem.**



**2021.10.17 Mobility is life - Mini Marathon Salem.**



**2021.10.17 World Trauma Day Pledge by the Orthopaedic \_ Trauma Team @ Thanjavur Medical College, Thanjavur.**



**2021.10.17 World Trauma Day – First Aid Awareness Program Organized by Department of Orthopaedics, Govt Mohan Kumaramangalam Medical College, Salem.**



**2021.10.17 World Trauma Day – Road Safety Awareness Rally Organized by Department of Orthopaedics, Govt Mohan Kumaramangalam Medical College, Salem.**



**2021.10.17 World Trauma Day Pledge by the Orthopaedic \_ Trauma Team @ RGGGH, Chennai**





2021.10.19 World Paediatric Bone Joint Day - Special Get-together of Club Foot Patients Treated by Prof A Devadoss at Madurai.



2021.10.20 Bone Health Road Safety Awareness Rally Organized by Kurinji Hospital, Salem.



2021.10.20 World Osteoporosis Day Special Wall Clock @ Sangeetha Ortho Centre, Kanchipuram



2021.10.25 World Trauma Day – CPR Training Program for Public @ Melur Toll Plaza organized by Devadoss Hospital, Madurai.



2021.10.20 Bone Health Road Safety Awareness Rally Organized by Kurinji Hospital, Salem.



2021.10.25 World Trauma Day – CPR Training Program for Public @ Melur Toll Plaza organized by Devadoss Hospital, Madurai.



Midwest Orthopaedic Society  
in Association with IMA Salem



IMA SALEM

## Arthritis & Osteoporosis Awareness Event

சிறப்புப் பட்டமன்றம்  
எலும்பு மூட்டை அதிகம் பாதுகாப்பது

ஆண்களே VS பெண்களே

Get ready to be enthralled on

October  
**Sunday 31** at 6.00 pm  
2021

Venue : Salem IMA Hall

**Judge**



Dr. Selvarangam

**Chief Guest**



Dr. K.Prakasam



Dr. C.Kavitha Ashok PhD

ஆண்களே



Dr. Thirunavukkarasu

VS



JC Mrs Lavanya Yugandhar

பெண்களே



Dr. Rajesh Sengodan

2021.10.31 பட்டமன்றம் on எலும்பு மூட்டை அதிகம் பாதுகாப்பது ஆண்களே Vs பெண்களே organized by Midwest Ortho Society, Salem.



## TNOA BONE HEALTH AWARENESS FORTNIGHT 2021 Radio, TV, Social Media Programmes & Coverage

**SKS Hospital**  
4d •

<https://youtu.be/vCGCOi6Jveg?list=PLi5JxuJSWw2hrUwiXYT4ryl1tC885dhU4>

Oct-12-2020

**WORLD ARTHRITIS**

ஆரம்பநிலை  
மூட்டுத்தேய்மானத்திற்கான  
உடற்பயிற்சிகள்

YOUTUBE.COM

**World Arthritis day - 2020 | மூட்டு வலி  
உடனடி தீர்வு இதோ | SKS Hospital Sal...**

6 2 Shares

Like Comment Share

**YouTube**

**Osteoarthritis / மூட்டுத்தேய்மானம் என்றால் என்ன ?**

Normal Osteoarthritis

Dr. Vishnu Prasath\_Consultant Spine Surge...  
3 / 7 SKS Hospital

**World Arthritis day - 2020 | மூட்டு  
வலி உடனடி தீர்வு இதோ | SKS  
Hospital Salem**

217 views · 1 year ago

4 0 Share Save Report

SKS Hospital  
504 subscribers

SUBSCRIBE

**Sri Naadi Hospital** is with சி. செ. இரவி and 6 others at Sri Naadi Hospital.  
Oct 11 • Pattukkottai •

உலக ஆர்த்ரிடிஸ் ( ARTHRITIS )  
தினத்தை முன்னிட்டு நமது  
மருத்துவமனையில் 12-10-2021அன்று  
இலவச மூட்டு வலி சிறப்பு முகாம்  
மதியம் 2.00மணி முதல் மாலை 5.00  
மணி வரை  
இரத்த பரிசோதனை மற்றும்  
எக்ஸ்ரே(X-RAY) கட்டணத்தில் 50%  
சதவீதம் மட்டும்  
மருத்துவ ஆலோசனை இலவசம்  
#srinaadihospital #pattukkottai #arthritis  
#arthritispain #arthroscopy  
#arthroscopysurgery #worldarthritisday  
#oct12

**TNOA BONE HEALTH  
AWARENESS FORTNIGHT  
2021**  
WORLD ARTHRITIS DAY  
12<sup>th</sup> OCTOBER  
இலவச மூட்டு  
வலி சிறப்பு முகாம்

**SKS Hospital • Follow**  
7h •

**WORLD SPINE DAY 2021 | Solution for neck  
pain | கழுத்துவலி சரியாக Simple Tips...**

7 3 Shares • 69 Views

Like Comment Share

**SKS Hospital • Follow**  
7h •

**WORLD SPINE DAY 2021 | Solution for neck  
pain | கழுத்துவலி சரியாக Simple Tips...**

7 3 Shares • 69 Views

Like Comment Share

**YouTube**

10-12 lbs 50 lbs 60 lbs

October 16 world spine day, how to take care of neck dr.c.s.vishnuprasath

289 views · Oct 16, 2021

34 0 SHARE SAVE

**VS Hospitals**  
Don't Delay, Take Action Now!

**Dr. PROF. S. SUNDAR**  
Dr. S. Sundar, M.D., F.R.C.S. (C), F.R.C.S. (G), F.R.C.S. (P), F.R.C.S. (S), F.R.C.S. (U), F.R.C.S. (V), F.R.C.S. (W), F.R.C.S. (X), F.R.C.S. (Y), F.R.C.S. (Z)

**RJ BHARATH**  
RJ BHARATH, M.D., F.R.C.S. (C), F.R.C.S. (G), F.R.C.S. (P), F.R.C.S. (S), F.R.C.S. (U), F.R.C.S. (V), F.R.C.S. (W), F.R.C.S. (X), F.R.C.S. (Y), F.R.C.S. (Z)



**WORLD ARTHRITIS DAY 12 OCTOBER**

**VS Hospitals**  
Care. Cure. Compassion.

**LISTEN TO**  
Radio City - 91.1FM

**PROF. DR. S. SUNDAR**  
M. S. Ortho, FIGOF (Germany)  
Sr. Consultant Joint Replacement & Tumour Surgeon and Medical Director  
VS Group of Hospitals

answering all  
**ARTHRITIS**  
related doubts!

**12th**  
October 2021

**Manimaran Jayaraman**  
4h • 🌐

World Arthritis Day October 12  
Obesity is the major cause for Arthritis  
Be Fit & Avoid Arthritis

**\*மூட்டு வலிக்கு உண்டு முற்படுங்கள்\***  
\*உடல் பருமனை மூட்டு வலிக்கு முந்த காரணம்\*

■ உடல் எடையை குறைப்பீர்!!  
■ மூட்டு வலியை தவிர்பீர்!!  
■ தினமும் 3 கி.மீ நடைபயிற்சி  
■ உடல் எடையை குறைக்க உதவும்  
■ உலக ஆர்த்திரைடிஸ் தினம்

**12<sup>th</sup> October, 2021**  
**KURINJI SUPER SPECIALITIES HOSPITAL**  
Dr.Tenjay Road, Five Roads,Salem - 636 016 | Phone : +91 9600830333

Terrence Jose Jerome and 10 others

Like Comment Send

**Dhanasekar Raja**  
18 hrs • 🌐

"World Arthritis Day" - Lets join together to fight arthritis.  
Millions of people with rheumatoid and musculoskeletal symptoms often go unintentionally undetected, misdiagnosed or wrongly treated. Successful therapies that have been made in recent decades; effective drugs, strategy includi... See more

**IT'S IN YOUR HANDS TAKE ACTION**

Are you worried about your arthritis symptoms?

**WORLD ARTHRITIS DAY**

Connect to an orthopaedic expert today!

**DON'T DELAY CONNECT TODAY**

Dr P Dhanasekar Raja, Consultant Orthopaedic Surgeon, Ganga Hospital

11

Like Comment

**Ramesh Prabu is with Terrence Jose Jerome.**  
6h • 🌐

12 October World Arthritis Day..

World Arthritis Day is referred as WAD.It is global awareness day held every year on 12th October.World Arthritis Day aims to help to raise the awareness to people across the world of existence ... See More

**மூட்டு அழற்சி தடுவாரணம் உங்கள் கைகளில்**

**WORLD ARTHRITIS DAY**

**Love Your Bones**  
Love Your joints  
Protect Your Future!  
Early Detection leads To Early Recovery!

**12 OCTOBER 2021**  
Trichy Ortho Club  
**Dr. G RAMESH PRABU**  
TMCH

12 2 Comments

Like Comment Send

**Sundar Subramanian**  
1d • 🌐

**WORLD ARTHRITIS DAY 2021**

**VS Hospitals**  
Care. Cure. Compassion.

**WORLD ARTHRITIS DAY 2021**

**IT'S IN YOUR HANDS TAKE ACTION**

**DON'T DELAY CONNECT TODAY**

Purushothaman Munuswamy and 10 others

Like Comment

**Sun TV**  
Oct 11 • 🌐

October 12 World Arthritis Day -வை (முடக்குவாதம்) முன்னிட்டு முடக்குவாதத்திற்கு தீர்வாகும் இயற்கை முறை உணவுகள் மற்றும் பலதரப்பட்ட மருத்துவ ரீதியான சந்தேகங்களுக்கு விளக்கமளிக்கிறார்கள்.. எலும்பியல் மற்றும் மூட்டு மாற்று அறுவை... See more

**40** 1 Comment • 3 Shares

**Ramesh Prabu is with PT Saravanan and Terrence Jose Jerome.**  
Yesterday at 10:45 AM • 🌐

October 16 "WORLD SPINE DAY"

The Spine is much more than just a bunch of bones,joints and discs.Your spine houses your spinal cord which impacts virtually every part of your body.

On this day,bringing awareness to the importance of its spinal health for everyone,as spinal pain directly impacts quality of life in all the way: work ,exercise ,daily activities ,mental health and general body health.

Encouraging people to be kind to the spines ..

**Dr Ramesh Prabu**  
#worldspineday

**WORLD SPINE DAY**

**16 OCT**

**WORLD SPINE DAY**

**8 Tips for a healthy spine**

**DR RAMESH PRABU**  
TMCH,TRICHY

**WORLD TRAUMA DAY 2021 - DECADES OF HOSPITALS**

**Expert for early diagnosis, treatment of clubfoot**

**Awareness held on effects of standing for long**

**Arthroplasty fellowship opportunities in India after Orthopedic post graduation...**

Spine Surgery Salem Dr.C.S.Vishnu Prasath - 494 views - 8 months ago

**Keep moving and keep arthritis away**  
80 views - 2 hours ago

**Spine Surgery Salem Dr. C.S. VISHNU PRASATH**  
302 subscribers

**Comments 4**

Super... 0.55 seconds,daughter family.

**Laud Clinic**  
Advanced Arthroscopic Fellowship Program  
This Last Clinic Fellowship program for Joint Replacement commenced over 20 years ago

**Arthroplasty fellowship opportunities in India after Orthopedic post graduation...**  
Spine Surgery Salem Dr.C.S.Vishnu Prasath - 494 views - 8 months ago

**World Osteoporosis Day**  
20<sup>th</sup> October 2021  
Prevention of Osteoporosis

**DR. C. REX**  
Director and Chief Consultant Trauma & Orthopaedic Surgeon, Coimbatore

Stay tuned to

**RED FM 93.5**  
"Beats the Beat"

Brought to you by **Emcure**

From the makers of **Osteri | Celox MAX**



## TNOA BONE HEALTH AWARENESS FORTNIGHT 2021 BMD & ORTHO CAMPS



2021.10.11 World Arthritis Day Special Camp for High Court Staff – Awareness Talk, CPR Demo \_ First Aid Training at Devadoss Hospital, Madurai.



2021.10.12 Free Orthopaedic Camp on World Arthritis Day organized by TNOA, MOS \_ Rotary @ SPOT Hospital, Chennai.



2021.10.16 Free Back Pain Camp on World Spine Day and TNOA Bone Health Awareness Fortnight at Preethi Hospital, Madurai.



2021.10.16 Trichy Orthopaedic Society organized Spinal Deformity Detection Camp on WORLD SPINE DAY



2021.10.17 Free BMD And Ortho Camp Conducted by Dr MP Parthasarathi @ AV Hospitals, Nemili, Ranipet District



2021.10.18 BMD Camp \_ Awareness on Osteoporosis by Priya Hospital, Palani.



2021.10.19 BMD Camp \_ Awareness on Osteoporosis organized by Devadoss Hospital, Madurai.



2021.10.20 BMD \_ Bone Health Awareness Camp @ Sri Ortho Clinic by Prof. Dr. Sridhar





2021.10.20 Free Orthopaedic  
Camp on World Osteoporosis  
Day at Gomangalam Village by  
PSG Medical College,  
Coimbatore.

2021.10.23 Free BMD And Ortho  
Camp Conducted by SPMM  
Hospitals, Salem on Bone Health  
Awareness Fortnight.

[illegible]



**TNOA BONE HEALTH AWARENESS FORTNIGHT 2021**  
**Awareness Talks \_ Posters**



**KURINJI**  
SUPER SPECIALITIES HOSPITAL

**"மூட்டு வலிக்கு உண்டு முற்றுப்புள்ளி"**

**"உடல் பருமனே மூட்டு வலிக்கு முதற் காரணம்"**

- ❑ உடல் எடையை குறைப்பீர்!!
- ❑ மூட்டு வலியை தவிர்பீர்!
- ❑ தினமும் 3 கி.மீ நடைபயிற்சி
- ❑ உடல் எடையை குறைக்க உதவும்






**உலக ஆர்த்தரைடிஸ் தினம்**

**12<sup>TH</sup> OCTOBER, 2021**

**KURINJI SUPER SPECIALITIES HOSPITAL**

DR.Teejay Road, Five Roads,Salem - 636 016 | Phone : +91 9600930333


12<sup>th</sup> October



**WORLD  
ARTHRITIS DAY**

**Stretching can Relieve Pain**  
Take a step to strengthen the joints

-Dr. C. Sugavanam & Team

**LONDON ORTHO**  
SPECIALITY HOSPITAL, SALEM



**Sri Naadi Hospital**

**"TNOA BONE HEALTH AWARENESS  
FORTNIGHT 2021"**

**FOODS THAT WILL KEEP YOUR  
BONES HEALTHY:**

- Milk and milk products
- Almonds
- Broccoli
- Soyab beans and soy products
- Mushrooms
- Eggs
- Cereals

Calcium and vitamin D rich foods are good for bones. Eat your way to healthy bones.



PHONE : 04373- 255 499    CELL : 98424 38300    <http://srinaadihospital.org>

[wa naadi\\_hospital](#)    [fb srinaadihs](#)    [ig srinaadi\\_hospital](#)





**Sri Naadi**  
Hospital



## TNOA BONE HEALTH AWARENESS FORTNIGHT 2021

IS OBSERVED FROM 10<sup>TH</sup> TO 23<sup>RD</sup> OCT, 2021 TO COMMEMORATE  
FOLLOWING INTERNATIONAL ORTHOPAEDIC HEALTH DAYS.



**12<sup>TH</sup> OCTOBER**  
WORLD ARTHRITIS DAY  
PREVENTION AND EARLY DIAGNOSIS



**16<sup>TH</sup> OCTOBER**  
WORLD SPINE DAY  
PREVENTING BACK INJURIES IN  
THE WORK PLACE



**17<sup>TH</sup> OCTOBER**  
WORLD TRAUMA DAY  
SAFE TRANSPORT AND PREHOSPITAL CARE  
OF SPINAL CORD INJURED PATIENTS



**19<sup>TH</sup> OCTOBER**  
WORLD PAEDIATRIC BONE JOINT DAY  
SPINAL DEFORMITIES IN CHILDREN - EARLY  
DIAGNOSIS AND TREATMENT



**20<sup>TH</sup> OCTOBER**  
WORLD OSTEOPOROSIS DAY  
PREVENTION OF OSTEOPOROSIS

PHONE : 04373- 255 499    CELL : 98424 38300    [www.srinaadihospital.org](http://www.srinaadihospital.org)

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  [srinaadi\\_hospital](https://www.instagram.com/srinaadi_hospital)



“It’s in your hands,  
take action”

**Colour**  
*your Actions*



-  Stay **A**ctive
-  L**O**se weight
-  Eat **B**alanced diet
-  Av**O**id Smoking
-  Maintain Post**U**re
-  Keep you**R** Joints moving



Coimbatore  
Orthopedic Society



A promotional poster for World Arthritis Day 2021. The top section has a red background with the text 'WORLD ARTHRITIS DAY' in white and red. Below this is a large image of a hand with a red, inflamed joint and white branching lines representing nerves or blood vessels. To the right of the hand are two circular logos: the Trichy Ortho Club logo (featuring a temple gopuram) and the Tamil Nadu Veterinary, Animal and Fisheries Sciences University logo (featuring a tree). Below the hand, the text 'Love Your Bones!', 'Love Your Joints!', and 'Protect Your Future!' is displayed in red, followed by 'Early Detection Leads To Early Recovery!' in black. The bottom section has a purple background with the date '12 OCTOBER 2021' and the text 'Trichy Ortho Club' in white.

# WORLD ARTHRITIS DAY

12th October - 2021

Ways to Reduce the Risk of

## ARTHRITIS

**CONTROL YOUR WEIGHT**

Just 5 Kg of extra weight can add 15 to 30 Kg of force stress on your knees. Manage your weight with plenty of healthy foods and exercise

**EAT SEAFOOD**


Fish such as salmon trout, and sardines are high in Omega-3 fatty acids, which can help to reduce inflammation throughout the body.


**AVOID INJURY**


With age, your joints start to lose strength. Be sure to learn proper exercise techniques and wear safety gear when playing sport to avoid injuring your joints


**EXERCISE**


Regular exercise can help strengthen the muscles around your joints, which helps reduce the stress of excess weight. Be sure to stretch before exercise











**BRAGATHI HOSPITAL**  
Orthopaedic Specialty Centre

336, Chinnasamy Road, Guindy,  
Chennai - 600 018, India.  
Call : 8750 000 034.

**மூட்டு அழற்சி நிவாரணம் உங்கள் கைகளில்**

**WORLD ARTHRITIS DAY**  
12 OCTOBER 2021

TRICHY ORTHO CLUB

**புறக்கணிக்காதீர்கள்**

**மூட்டு வீக்கம்** **மூட்டு இயக்கம்** **மூட்டு வலி**

இதன்போல் மூட்டு அழற்சியில் 108 வகையானவன். அதிகமாக உள்வன். எலும்புமூட்டு அழற்சி மற்றும் நாட்களுக்கான மூட்டுகேள்வியும் பொதுவான நடைபயிற்சி மூட்டு அழற்சி வகைகள் ஆகும். இந்தநாளை சிங்கைத் தலிசை, குறைந்தபட்ச மூட்டு இயக்கம் மற்றும் சிபான் சிபிசை இடையிலுமாய்ந்து.

TRICHY ORTHO CLUB

TRICHY ORTHO CLUB

TRICHY ORTHO CLUB







## FREE ORTHOPAEDIC CAMP

on the occasion of

# WORLD ARTHRITIS DAY

**Date:** Tuesday, the 12<sup>th</sup> October 2021 **Time:** 10.00 am to 2.00 pm **Venue:** SPOT Hospital, No: 36, Dr. Ambedkar Road, Kodambakkam, Chennai - 600 024.

**FACILITIES AT THE CAMP**

BP, CBG, Orthopaedic Consultation  
Physiotherapy Advice  
Relevant X-rays if required  
Few Medicines

**PARTICIPATING ORGANIZATIONS**

Tamilnadu Orthopaedic Association  
Madras Orthopaedic Society  
Rotary Club of Chennai Gemini  
Vasavi Club 2\* KCGF Elite Chennai  
Vasavi Club Vanitha Elite Chennai

<p><b>Prof. M. Antony Vimalraj</b> President, TNQA</p>	<p><b>Dr. P.T. Saravanan</b> Secretary, TNQA</p>	<p><b>Rtn. Rtn. Dr. S. Ramesh Babu</b> Past President, TNQA, MOS IPR, IC Chennai Gemini President, VC Elite Chennai</p>	<p><b>Rtn. V.V. Raghu Chakravarthy</b> President, RC Chennai Gemini Mrs. Jagadhini Babu M. President, VC Elite Chennai</p>
<p><b>Dr. A. Navalad Shankar</b> President, MOS</p>	<p><b>Dr. R.K.S. Karthikeyan</b> Secretary, MOS</p>	<p><b>Dr. V. Vanitha Elita Chennai</b> President, VC Vanitha Elite Chennai</p>	<p><b>Rtn. Dr. R. Ezhil Aresan</b> Secretary, RC Chennai Gemini <b>Ms. Balaji Srinivasan</b> Secretary, VC Elite Chennai <b>Vs. Priya Balaji</b> President, VC Vanitha Elite Chennai</p>
			<p><b>Rtn. Dr. P.S. Shanmugam</b> Director, Community Service Health Ys. K. Rami Prasad Treasurer, VC Elite Chennai <b>Vs. Haghana Ram Prasad</b> Treasurer, VC Vanitha Elite Chennai</p>

**Sponsored by : SUBBARAYAN PARIMALA EDUCATIONAL TRUST & SUN PHARMA**



Dr. Shanmugasri  
Kovilgattin Venkateswararao  
HOSPITALS  
The Complete Orthopaedic & Spine  
Care Center

**LOVE YOUR  
SPINE**

**BACK 20  
2  
BACK 21**  
WORLD SPINE DAY

**OCTOBER 16**

Get Your  
**Back on Track**

Call Us : +91 94426 48552 | +91 97518 89552

[kvpvenkateswarahosp@hotmail.com](mailto:kvpvenkateswarahosp@hotmail.com) [www.kovilgattinvenkateswararao.hospitals.com](http://www.kovilgattinvenkateswararao.hospitals.com)



**16 OCTOBER 2021**  
**WORLD SPINE DAY**

**8 Tips for a healthy spine**

- LIFT RIGHT
- REGULAR SPINAL CHECKUP
- WORK SMART
- STAY ACTIVE
- MAINTAIN A HEALTHY WEIGHT
- STRETCH OUT
- PAY ATTENTION TO ANY WARNING SIGNS
- STAY HYDRATED

**PIMS PREETHI HOSPITALS**  
Preethi Institute of Medical Sciences & Research  
Approved 2002 (2002) by the Government of Tamil Nadu  
Recognized for some specialties training under Tamil Nadu District Medical University  
Recognized for some specialties training under Tamil Nadu District Medical University

**DEPARTMENT OF SPINE SURGERY AND DEFORMITY CORRECTION**

**FREE BACK PAIN CAMP**

ON THE OCCASION OF  
**TNOA BONE HEALTH AWARENESS FORTNIGHT**

**WORLD SPINE DAY**

DATE : SATURDAY 16 OCTOBER 2021  
TIME : 10AM TO 5PM

**FACILITIES :**

- FREE CONSULTATION FOR BACK PAIN FROM EXPERIENCED SPINE SURGEONS
- FREE DIGITAL X-RAY
- FREE SPINE REHABILITATION ADVICE

**AVAIL THE OPPORTUNITY CARE YOUR BACK**

**Raja Pandian**  
4d • ✨

**WORLD SPINE DAY**

**WORLD SPINE DAY**  
ABOUT 80% OF THE POPULATION EXPERIENCES A BACK PROBLEM

**OCTOBER 16 2021**  
**World SPINE Day**

Srinivasa Bone and Joint Clinic  
opposite to union bank BODINAYAKANUR  
04546 284950

Pandian Kr and 55 others  
5 Comments

Like Comment

Salem Midwest Ortho Society Presents  
**World Arthritis Day Marathon**  
Run for your joints

**6K/11K**

Date: 17.10.21, Sunday : 6:00am  
Venue: Emerald Valley Public School Ground

**Mobility Is Life**

Registration Mandatory  
Contact :  
Dr. Sivaraj - 98406 56509  
Dr. Narendran - 99116 70457  
Dr. P. Muthu Kumar - 97904 62157

In association with

**TNOA - BONE HEALTH AWARENESS FORTNIGHT 2021**  
10 OBSERVED FROM 12<sup>TH</sup> TO 20<sup>TH</sup> OCTOBER 2021 TO COMMEMORATE FOLLOWING INTERNATIONAL ORTHOPAEDIC HEALTH DAYS

**12<sup>TH</sup> OCTOBER**  
WORLD ARTHRITIS DAY

**16<sup>TH</sup> OCTOBER**  
WORLD SPINE DAY

**17<sup>TH</sup> OCTOBER**  
WORLD TRAUMA DAY

**18<sup>TH</sup> OCTOBER**  
WORLD OSTEOPOROSIS DAY

**19<sup>TH</sup> OCTOBER**  
WORLD ORTHOPAEDIC DAY

**20<sup>TH</sup> OCTOBER**  
WORLD ORTHOPAEDIC DAY

**WORLD TRAUMA DAY 18<sup>TH</sup> OCTOBER**  
American Red Cross Safe Transport and to prevent Road Injury

**WORLD SPINE DAY 16<sup>TH</sup> OCTOBER**  
American Red Cross Safe Transport and to prevent Road Injury

**WORLD OSTEOPOROSIS DAY 18<sup>TH</sup> OCTOBER**  
Congenital Deafness Correction Camp  
1992 Year, Bone Investigation, Ortho Care Clinician, Physiotherapy Consultation, Ortho Consultation

For Appointment: 0427 2433300 - 02 Dr. Jagan Reddy, Fine Road, Salem - 636 016

**உயிர்களை காக்கும் பாதை... எது? உயிர் பிழை எப்படி?**

மனித உடலின் கட்டமைப்புக்கு மிகவும் அவசியமானவை எலும்புகள். ஆனால் வயது அதிகரிக்க அதிகரிக்க எலும்பின் அடர்த்தி குறையத் தொடங்கும். இந்தப் பிரச்சனை எலும்புப்புரை (Osteoporosis) என்று அழைக்கப்படுகிறது.

உயிர்கள் காக்கும் பாதைகளைப் பற்றாக்கவும், பலவீனமான எலும்புகள் எளிதில் உடைந்து விடும்.

Protect your dear ones, weak and fragile bones that breaks easily

**Srinivasa Bone and joint clinic**  
BODINAYAKANUR

**Dr.R.Rajapandian MS orth**  
Orthopaedic Surgeon, Fellow in Arthroscopy and sports injury

Contact us : 04546 284850



**Follow road safety rules**

- Pay attention to warning signs and traffic signals
- Always wear a helmet while riding two-wheeler
- Keep your children away from electric switches, wires and fire
- Avoid distractions like mobile phones and loud music on road

**OCTOBER 17 2021**  
**WORLD TRAUMA DAY**  
Dr.R.Rajapandian MS orth  
SRINIVASA BONE AND JOINT CLINIC  
BODINAYAKANUR

**WORLD TRAUMA DAY**  
**OCT -17**

**AVOID ACCIDENTS**  
**AVOID MOBILE PHONE WHILE DRIVING**

Dr.R.Rajapandian MS orth.,  
srinivasa Bone and joint clinic  
bodinayakanur 04546 284950



**INSTITUTE OF ORTHOPAEDICS AND TRAUMATOLOGY**  
GOVT. COMBATORE MEDICAL COLLEGE HOSPITAL  
COMBATORE

**Tips to protect the Bones & Joints**

- Feed your child with milk regularly
- Engage your child in outdoor games
- Healthy mother healthy child
- Practice your get child for walk
- High bone density reduces the chances of osteoporosis

based in public interest by :  
**INSTITUTE OF ORTHOPAEDICS AND TRAUMATOLOGY**  
GOVT. COMBATORE MEDICAL COLLEGE HOSPITAL

தற்போது உலகம் முழுவதும் நிகழும்  
இருட்டு நோய்க்கு எதிராக உயிர் காக்கும்  
கோவாக்கள்

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உயிர் காக்கும்

**Don't let Osteoporosis Fracture your Future!**

**LIVE SESSION**

PLEASE JOIN US FOR A FACEBOOK LIVE SESSION ON

**PROF. DR. S. SUNDAR**  
M.S (Ortho), FICOG (Munich),  
Sr. Consultant Joint Replacement & Tumour Surgeon  
and Medical Director & HoD, Department of Orthopaedics

28th October 2021 | 8.00pm - 8.30pm

**VS Hospitals**  
Care. Cure. Compassion.

**f LIVE**





# TNOA BONE HEALTH AWARENESS FORTNIGHT 2021

## Academic Activities

### WORLD SPINE DAY WEBINAR

#### TNOA Instructional Spine Lectures



**Date : 16.10.2021 | Time : 7.30 PM**  
**Virtual Meeting Via Zoom**  
**Meeting ID: 98227232883 | Password : 123456**  
**Theme : Degenerative Lumbar Spine Disorders**  
**Organised by: Trichy Orthopaedic Society Trichy Tamilnadu**

**Welcome address : Prof. Antony Vimal Raj (TNOA President)**  
**Inauguration Of CME: Dr.B.Shivashankar (IOA President)**

Topics	Speaker	Duration
Black disc with bacheche options of treatment	Dr.Phankiran	15 Mins
Management of Recurrent Disc prolapse Revision discectomy Vs fusion	Dr.Ram Chadda	20 Mins
Case presentation	Dr.K.Balasubramanian	10 Mins
Over the top decompression in lumbar canal stenosis	Dr.A.Rajamani	15 Mins
Lytic spondylolysis open Vs MISS TLIF	Dr.Ajay Shetty	15 Mins
Current Concepts in degenerative spondylolisthesis	Dr.Ugendra	15 Mins

#### MODERATORS

Dr.S.Jaikish | Dr.Balasubramanian | Dr.G.Mukesh Mohan

### WORLD TRAUMA DAY WEBINAR

#### TNOA Instructional Trauma Lectures



**Date : 17.10.2021 (Sunday) Time : 7.00PM - 9.30PM**  
**Virtual Meeting Via Zoom**  
**Meeting ID: 92998496223 | Password : 123456**  
**Theme : Acetabular Fractures**  
**Organised by: Trichy Orthopaedic Society Trichy Tamilnadu**

**Welcome address : Prof. Antony Vimal Raj (TNOA President)**  
**Inauguration Of CME: Dr.B.Shivashankar (IOA President)**

Topics	Speaker	Duration
Percutaneous Screw fixations in Acetabular fractures	Dr.P.R.Ramasamy	15 Mins
Modified stooops approach	Dr.Ashok Sunil Gevaskar	15 Mins
Case presentation	Dr.S.Jaikish	10 Mins
Posterior column & wall fixation	Dr.Lokesh	15 Mins
Both column Acetabular fracture management	Dr.R.H.Govardhan	20 Mins
Neglected acetabular fractures How to approach	Dr.C.P.Das	20 Mins
THR in acetabular fractures	Dr.Ramesh Sen	20 Mins

#### MODERATORS

Dr.S.Jaikish | Dr.P.R.Ramasamy | Dr.Arun Geethayan

### ARTHRITIS AWARENESS DAY



**TNOA Arthroplasty Webinar organised by TRICHY ORTHOPAEDIC SOCIETY**

**Inauguration By**

**Dr Antony Vimalraj TNOA President**

**Theme-Dilemmas in TKR**

- How to do TKR Economically in Schemes

**DR M SIVAKUMAR**

- Tubeless TKR

**DR SUGAVANAM**

- Why Mechanical alignment is not always right

**DR VIJAY C BOSE**

- Single stage or Stage bilaterals

**DR DHANASEKARA RAJA**

- Tourniquet or Non Tourniquet

**DR LEO JOSEPH**

- Arthroplasty Challenges

**DR SINGARAVADIVELU**

- Moderator's

**Date : 18th Oct'21**  
**Time : 7.45 PM**

**Zoom ID: 9827748428**

**Password : 123456**



**DR MUKESH MOHAN**  
**DR JAIKISH**

### TNOA WORLD PAEDIATRIC ORTHOPAEDIC DAY WEBINAR

**Organized by Trichy Orthopaedic Society**



**Date : 19.10.2021 (Tuesday)**  
**Time : 7.30 PM - 9.30 PM**  
**Virtual Meeting Via Zoom**  
**Meeting ID: 91851117855 | Password : 123456**

**Welcome address : Prof. Antony Vimal Raj (TNOA President)**  
**Inauguration Of CME: Dr.B.Shivashankar (IOA President)**

Topics	Speaker	Duration
Growth modulation in children	Dr. Venkatasass	20 Mins
Overview of DDH	Dr.Vijay Sriram	20 Mins
SCFE presentation & management in 10 year old	Dr.Prasad gourinell	20 Mins
Case presentation	Dr.S.Jaikish	10 Mins
Current concepts in management of perthes disease	Dr.Hithesh sha	20 Mins
Brachial plexus birth palsy in 2-5 year old child - management	Dr.Parveen Bharadwaj	20 Mins

#### MODERATORS

Dr.Rajkumar | Dr.Chokalingam

### SCOPE - CME

SRM Continuing Orthopaedics Post Graduate Education

Department of Orthopaedics, TSRMMCH&RC

Under the aegis of TNOA & TOC, is Organizing a CME on

"OSTEOARTHRITIS"

#### Programme Schedule

Welcome Address	Dr. P. Ramesh Vyrravan HOD, Department of Orthopaedics TSRMMCH&RC	02:00 PM
Special Address	Dr. S. Revathy Dean, TSRMMCH&RC	02:10 PM
	Dr. R. Vijayakumar Medical Superintendent Professor - Department of Orthopaedics TSRMMCH&RC	02:25 PM
Felicitation Ceremony by Administrators		02:40 PM
Guest Lecture	Dr. S. Jaikish Managing Director, Atlas Hospital, Trichy	02:45 PM
Vote of Thanks		03:50 PM



### CME on OSTEOPOROSIS

IN COMMEMORATION OF

### WORLD OSTEOPOROSIS DAY

Date: 20.10.2021 | Time: 10.00am to 12.00 Noon

Venue: Ortho Seminar Hall, 2nd Floor, IOT, RGGGH, Chennai-3.

**WORLD OSTEOPOROSIS DAY 20th OCT**

**Prof. M. ANTONY VIMAL RAJ**  
TNOA President, MMCH, RGGGH

**Dr. P. V. DHANAPAL**  
TNOA Secretary

**Dr. CHERATHAN**  
Organizing Secretary

**Prof. N. DEEN MUHAMMAD ISMAIL**  
Director, IOT, MMCH, RGGGH

### WORLD OSTEOPOROSIS DAY CELEBRATION

#### CME ON OSTEOPOROSIS

Department of Orthopaedics  
Govt. Mohan Kumaramangalam Medical College, Salem.

(Under the aegis of MMCH, TAMILNADU DR.M.G.R. UNIVERSITY MID WEST ORTHO SOCIETY TNOA & IOA)

**DATE : 21.10.2021 | TIME : 9.30AM - 1.00PM**

**VENUE : PMSSY SEMINAR HALL, GMKMC, SALEM**

**Welcome Address :** Prof. Dr. C. Kamalanathan HOD Orthopaedics  
**Lighting of Kuthuvilakku :** Prof. Dr. Valli Sathyanmoorthy HOD, Bone Diseases  
**Prof. Dr. P. V. Dhanapal** HOD, Mid West Ortho Society  
**Prof. Dr. R. Rangarajan** HOD, Vice President  
**Dr. Rani**, Resident Medical Officer  
**Dr. J. Manimaran**, President, Mid West Ortho Society  
**Dr. Vishnu Prasad**, Secretary, Mid West Ortho Society

**Inauguration Address :** Prof. Dr. P. V. Dhanapal HOD Medical Superintendent

**Prof. Dr. Valli Sathyanmoorthy** HOD, Dean GMKMC

**Felicitation of PDS for excellence in OASIS TNOA 2021**

**Vote of Thanks :** Dr. T. Karthikeyan HOD Orthopaedics

#### CME on Osteoporosis

1. Aetiology of Osteoporosis
2. Medical Management of Osteoporosis
3. Prevention of Osteoporosis
4. Management of Osteoporosis

**BMD Comp (for all hospital employees above 40 Years)**

**Prof. Dr. C. Kamalanathan** Organizing Chairman  
**Dr. T. Senthil Kumar** Organizing Joint Secretary  
**Prof. Dr. T. M. Manohar** Organizing Co-Chairman  
**Dr. S. Sowbar** Organizing Joint Secretary  
**Prof. Dr. R. Parthasarathy** Organizing Secretary  
**Dr. P. Chinnadurai** Organizing Treasurer

### TNOA WORLD OSTEOPOROSIS DAY WEBINAR



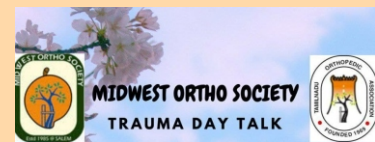
**Date : 20.10.2021 (WEDNESDAY)**  
**Time : 7.00PM - 9.30PM**  
**Virtual Meeting Via Zoom**  
**Meeting ID: 93855468648 | Password : 123456**  
**Organised by: Trichy Orthopaedic Society Trichy Tamilnadu**

**Welcome address : Prof. Antony Vimal Raj (TNOA President)**  
**Inauguration Of CME: Dr.B.Shivashankar (IOA President)**

Topics	Speaker	Duration
Osteoporosis diagnosis & medical management	Prof. Deen Mohamed Ismail	20 Mins
How to approach osteoporotic proximal humeral fractures	Dr. Devendra	20 Mins
Osteoporotic fractures around hip - management	Dr. Ramesh Babu	20 Mins
Surgical options in osteoporotic vertebral fractures	Prof. Sivakumar	20 Mins
Total joint arthroplasty is it different in osteoporotic patients	Dr. V. Srinivas	20 Mins

#### MODERATORS

Prof. Mathivanan | Prof. Kalyansundaram | Dr. Ramesh Prabhu



### MIDWEST ORTHO SOCIETY

### TRAUMA DAY TALK

**Prof. Dr. Devadoss**

"My fifty years experience in orthopedic surgery and lessons learnt"

OCT 23rd 2021, 07:00pm



Join Zoom meeting  
**Meeting ID: 260 865 8900**  
**Passcode: 985797**

## BEST ZONAL CLUB OF TAMIL NADU ORTHOPAEDIC ASSOCIATION

Period: Activities from 1st January till 31st December, 2021

Report to be submitted before 31st January each year. Award will be presented during the TNOACON each year.

Selection committee: The selection shall be done by a committee consisting of 1)The President, TNOA 2) Secretary, TNOA 3) President Elect , TNOA and 4) Vice President,TNOA., 5) Joint Secretary, TNOA. Criterias to be considered in awarding Best Zonal Club award:

1)	Increase in number of members in State Association: Percentage increase in membership of the zone. One mark for every 1% increase in membership.		Maximum of 10 points.
2)	Increase in number of members in IOA: Percentage increase in membership of the zone. One mark for every 1% increase in membership.		Maximum of 10 points.
3)	Academic activities: CME Programmes : Clinical meetings :	2 points, 1 point.	Maximum of 20 points.
4)	Achievement of individual members: Paper / poster presentations International : National : State : Publications International : National : State : Books :	2 points, 2 points 2 points  2 points 2 points 2 points 5 points	Maximum of 20 points.
5)	Awards and honours :	5 points for each achievement	Maximum of 10 points.
6)	Social activities	5 points for each activity.	Maximum of 10 points.
7)	Regular conduct of monthly meetings ( Minimum 10)		Maximum of 10 points.
8)	Submission of report in EC meetings of TNOA.		Maximum of 10 points.
			Total 100 points.

Applications are invited from the zonal clubs for the best zonal club award for metros/non metros

Applications should be accompanied by the reports on activities of the zonal club with necessary evidence from 1st January 2021 to 31st December 2021.

The application (hard and Soft Copies) should reach the Secretary TNOA before 31st January 2022.

Thank You .

**Dr. P.T. Saravanan**  
Secretary, TNOA.

**“TNOA Bone Health Awareness Fortnight 2021”** is observed from 10th to 23rd October 2021 to commemorate following International Orthopaedic Health Days based on TNOA Presidents Theme given for each day.

12th October: WORLD ARTHRITIS DAY - Prevention and Early Diagnosis

16th October: WORLD SPINE DAY - Preventing Back Injuries in the Workplace

17th October: WORLD TRAUMA DAY - Safe Transport and Prehospital Care of Spinal Cord Injured Patients

19th October: WORLD PAEDIATRIC BONE JOINT DAY - Spinal Deformities in Children – Early Diagnosis and Treatment

20th October: WORLD OSTEOPOROSIS DAY - Prevention of Osteoporosis

Distinguished members of TNOA & Our City / District Chapters organized following programs;

1. 2021.10.11 World Arthritis Day Special Camp for High Court Staff – **Awareness Talk, CPR Demo & First Aid Training** at Devadoss Hospital, Madurai.

2. 2021.10.12 **Free Orthopaedic Camp** on World Arthritis Day organized by TNOA, MOS & Rotary @ SPOT Hospital, Chennai.

3. 2021.10.12 Display of Poster / Banner on **“Foods that will keep your bones healthy”** by Sri Naadi Hospital, Pattukkottai.

4. 2021.10.12 **Free Orthopaedic Camp** on World Arthritis Day organized by Sri Naadi Hospital, Pattukkottai.

5. 2021.10.12 Awareness Poster on **World Arthritis Day** by Trichy Ortho Club

6. 2021.10.12 **TV Interview** by Dr S Arumugam about Arthritis & Low Back Pain in Vanakkam Thamizha Program of Sun TV

7. 2021.10.12 Display of Poster on **“Colour Your Actions”** - World Arthritis Day by Coimbatore Orthopaedic Society

8. 2021.10.12 Awareness Poster about **Stretching Can Relieve Pain** - World Arthritis Day by Dr C Sugavanam, Salem.

9. 2021.10.12 Awareness Poster about **Ways to reduce the risk** of Arthritis by Bragathi Hospital, Coimbatore.

10. 2021.10.12 Social Media Awareness on **World Arthritis Day** by Dr Ramesh Prabhu

11. 2021.10.12 Social Media Awareness on **World Arthritis Day** by Dr J Manimaran

12. 2021.10.12 Social Media Awareness on **World Arthritis Day** by Dr P Dhanasekara raja

13. 2021.10.12 Social Media Awareness on **World Arthritis Day** by Dr S Sundar

14. 2021.10.12 Long Distance Endurance Cyclist Mr Gogul 18,000 kms self-supported **cycling from Kanyakumari to Kashmir & Nepal to Burma** carrying out TNOA Message of Arthritic Prevention with Active life style.

15. 2021.10.12 Awareness Poster about **Protect the Joints** - World Arthritis Day by Dr Natarajan, Cuddalore.

16. 2021.10.12 World Arthritis Day Walkathon, **Awareness Message & Healthy Diet** for Bone Health @ District Sports Stadium, Kanchipuram

17. 2021.10.12 Radio Interview on **All About Arthritis** by Dr S Sundar at RADIO CITY 91.1 FM Chennai

18. 2021.10.12 Awareness Poster on **TNOA Bone Health Awareness Fortnight** by Sri Naadi Hospital, Pattukkottai.

19. 2021.10.12 Awareness Poster about **Full stop to Joint Pain** - World Arthritis Day by Kurinji Hospital, Salem.

20. 2021.10.12 Awareness Video on **All About Arthritis** by Dr CS Vishnu Prasath, SKS Hospital, Salem.

21. 2021.10.12 **World Arthritis Day** Special YouTube Live Interaction on Arthritis with Textile Shop and Corporate Employees by Dr. Sathish Devadoss, Madurai.

22. 2021.10.12 **World Arthritis Day** - Awareness Talk on Arthritis for General Public by Dr MP Parthasarathi @ CSI Hospital, Kanchipuram

23. 2021.10.13 **Bone Health Awareness Fortnight** Briefing and reported in Print Media by Dr Sathish Devadoss, Madurai



24. 2021.10.13 Interview on **Treatment of Various Bone & Joint Diseases** by Dr S Sundar at News Glitz YouTube Channel.
25. 2021.10.16 Public Awareness Video on **Solution for Neck pain: WORLD SPINE DAY** by Dr CS Vishnu Prasath, SKS Hospital, Salem.
26. 2021.10.16 Back 2 Back 2021 **World Spine Day** Poster by Dr Dhamodaran, Venkateswara Hospital, Kovilpatti.
27. 2021.10.16 Free Back Pain Camp on **World Spine Day** and TNOA Bone Health Awareness Fortnight at Preethi Hospital, Madurai.
28. 2021.10.16 Trichy Orthopaedic Society organized **Spinal Deformity Detection** Camp on WORLD SPINE DAY
29. 2021.10.16 Display of Poster on **8 Tips for a Healthy Spine** - WORLD SPINE DAY by Trichy Orthopaedic Society
30. 2021.10.16 Social Media Awareness on **World Spine Day** by Dr Ramesh Prabhu
31. 2021.10.16 Social Media Awareness on **World Spine Day** by Dr Rajapandian
32. 2021.10.16 **World Spine Day** Special YouTube Live Interaction on Back Ache with School Teachers and Corporate Employees by Dr. Sathish Devadoss, Madurai.
33. 2021.10.16 **World Trauma Day** – CPR Training Program for Public @ Thirumangalam Toll Plaza organized by Devadoss Hospital, Madurai.
34. 2021.10.17 **Mobility is life** - Mini Marathon to observe World Arthritis Day by Midwest Ortho Society, Salem.
35. 2021.10.17 **Champions League Cricket Match** - Osteoporosis Sharks Vs Arthritis Tigers - to observe TNOA Bone Health Awareness Fortnight by Midwest Ortho Society, Salem.
36. 2021.10.17 **World Trauma Day** Pledge by the Orthopaedic & Trauma Team @ RGGGH, Chennai
37. 2021.10.17 **World Trauma Day** Pledge by the Orthopaedic & Trauma Team @ Thanjavur Medical College, Thanjavur.
38. 2021.10.17 Display of Awareness Poster on **Road safety** - World Trauma Day by Dr Rajapandian, Bodinayakanur.
39. 2021.10.17 World Trauma Day – **First Aid Awareness** Program Organized by Department of Orthopaedics, Govt Mohan Kumaramangalam Medical College, Salem.
40. 2021.10.17 World Trauma Day – **Road Safety Awareness** Rally Organized by Department of Orthopaedics, Govt Mohan Kumaramangalam Medical College, Salem.
41. 2021.10.17 **World Trauma Day** - YouTube Live Round Table Discussion with Medical Professionals on Managing Accident Victims organized by Devadoss Hospital, Madurai.
42. 2021.10.17 **Free BMD And Ortho Camp** Conducted by Dr MP Parthasarathi @ AV Hospital, Nemili, Ranipet District
43. 2021.10.18 **BMD Camp& Awareness** on Osteoporosis organized by Priya Hospital, Palani.
44. 2021.10.19 **World Paediatric Bone & Joint Day** - Special Get-together of Club Foot Patients Treated by Prof A Devadoss at Madurai.
45. 2021.10.19 **Bone Health Awareness** Talk to the Patients & General Public at Kurinji Hospitals, Salem.
46. 2021.10.19 **BMD Camp& Awareness** on Osteoporosis organized by Devadoss Hospital, Madurai.
47. 2021.10.20 Social Media Awareness on **World Osteoporosis Day** by Dr Rajapandian
48. 2021.10.20 Radio Interview on **Prevention of Osteoporosis** by Dr C Rex at RED FM 93.5 Coimbatore
49. 2021.10.20 TV Interview on **Treatment of Osteoporosis** by Dr S Sundar at News 7 Tamil Live.
50. 2021.10.20 Display of Poster on Use IT or Lose IT - **WORLD OSTEOPOROSIS DAY** by Coimbatore Orthopaedic Society
51. 2021.10.20 World Osteoporosis Day **Special Wall Clock** @ Sangeetha Ortho Centre, Kanchipuram
52. 2021.10.20 Free BMD & Orthopaedic Camp on **World Osteoporosis Day** organized by TNOA, MOS & Rotary @ SPOT Hospital, Chennai.
53. 2021.10.20 **World Arthritis & Osteoporosis Day** - Patient Education and Pamphlet Distribution at Rosemary Mission Hospital, Tirunelveli.
54. 2021.10.20 Free Orthopaedic Camp on **World Osteoporosis Day** at Gomangalam Village by PSG Medical College, Coimbatore.
55. 2021.10.20 **World Osteoporosis Day** – Students /Staff Education Program @ PSG Medical College, Coimbatore.
56. 2021.10.20 World Arthritis Day - **Keep Moving and Keep Arthritis Away** – Video at YouTube channel by Midwest Ortho Society, Salem.
57. 2021.10.20 **BMD Camp&Prevention of Osteoporosis** organized by Sri Naadi Hospital, Pattukkottai.
58. 2021.10.20 Display of Awareness Poster on Osteoporosis - **World Osteoporosis Day** by Dr Rajapandian,

59. 2021.10.20 **BMD Camp & Osteoporosis Awareness** Campaign organized by Dr. Balamurugavel of Cholamandalam Ortho Society

60. 2021.10.20 **BMD Camp&Osteoporosis Awareness** Campaign organized by Thoothukudi Medical College, Tuticorin.

61. 2021.10.20 Free **BMD Camp** and Distribution of Osteoporosis Awareness Pamphlets organized by Trichy Ortho Society

62. 2021.10.20 Free **BMD Camp** and Distribution of Osteoporosis Awareness Pamphlets organized by Olympia Hospital, Trichy

63. 2021.10.20 Free BMD Camp conducted on **World Osteoporosis Day** at Preethi Hospitals, Madurai.

64. 2021.10.20 **BMD & Bone Health Awareness Camp @ Sri Ortho Clinic** Organized by Prof. Dr. Sridhar

65. 2021.10.20 **Bone Health & Road Safety Awareness** Rally Organized by Kurinji Hospital, Salem.

66. 2021.10.20 **World Osteoporosis Day** – BMD Detection Camp for General Public Organized by CSI Hospital, Kanchipuram.

67. 2021.10.22 Awareness Pamphlets on **Tips to Protect the Bones & Joints** by IOT, Coimbatore Medical College.

68. 2021.10.22 **BMD Camp for COVID Warriors** organized by Institute of Orthopaedics and Traumatology, Coimbatore Medical College.

69. 2021.10.23 Awareness Video on **All About Osteoporosis** in TAMIL by Dr PT Saravanan

70. 2021.10.23 Free **BMD And Ortho Camp** Conducted by SPMM Hospitals, Salem on Bone Health Awareness Fortnight.

71. 2021.10.25 **World Trauma Day** – CPR Training Program for Public @ Melur Toll Plaza organized by Devadoss Hospital, Madurai.

72. 2021.10.26 **BMD Camp for COVID Warriors** organized by IOT, Coimbatore Medical College reported in Media7News

73. 2021.10.28 Live Interactive Session on **Osteoporosis** by Dr S Sundar at Facebook.

74. 2021.10.28 **World Osteoporosis Day** – Public Awareness YouTube Video on Importance of Drinking Milk and Calcium Rich Foods to Prevent Osteoporosis by the Doctors and Staffs of SKS Hospitals, Salem.

75. 2021.10.30 **World Paediatric Bone & Joint Day** –Awareness video by Dr J Manimaran

76. 2021.10.31 **பட்டிமன்றம் on எலும்பு மூட்டை அதிகம் பாதுகாப்பது ஆண்களை Vs பெண்களை** organized by Midwest Ortho Society, Salem.

77. 2021.10.16 World Spine Day Webinar - **TNOA Instructional Spine Lectures:** Degenerative Lumbar Spine Disorders organized by Trichy Ortho Society.
78. 2021.10.17 World Trauma Day Webinar - **TNOA Instructional Trauma Lectures:** Acetabular Fractures organized by Trichy Ortho Society.
79. 2021.10.18 World Arthritis Day Special **TNOA Arthroplasty Webinar: Dilemmas In TKR** organized by Trichy Ortho Society.
80. 2021.10.19 World Paediatric Bone & Joint Day Special **TNOA Paediatric Orthopaedics Webinar:** organized by Trichy Ortho Society.
81. 2021.10.20 World Osteoporosis Day Special TNOA Webinar on Osteoporosis: organized by Trichy Ortho Society.
82. 2021.10.20 World Osteoporosis Day Special **TNOA CME on Osteoporosis** organized by Madras Medical College, Chennai.
83. 2021.10.20 World Osteoporosis Day **Special CME on Osteoporosis** organized by GMKM Medical College, Salem.
84. 2021.10.20 World Osteoporosis Day **Special SCOPE CME on Osteoporosis** organized by Trichy SRM Medical College
85. 2021.10.23 Trauma Day Talk by Prof A Devadoss on **“My Fifty Years’ Experience in Orthopaedic Surgery and Lesions Learnt”** Organized by Midwest Ortho Society

**President: Dr. R Selvaraj (Tamilnadu)**

**Secretary General: Dr. Aneen N Kutty (Kerala)**

Office Address : Flat No: 9B, "D" Block, ASTA Apartment, AVM Studio Complex, 39, Arcot Road, Vadapalani, Chennai – 600026. Email: sec.gen.oasis@gmail.com, ankorthodoc@gmail.com Phone: +91 44 4559 0476, 9495188347 Website: <https://oasisortho.org>

Executive Committee Members of OASIS representing TNOA:

- o Dr M Antony Vimalraj – President
- o Dr PT Saravanan – Secretary
- o Dr M Vanasekar - President Elect
- o Dr V Singaravadivelu - Vice President
- o Dr CJ Ravi - Joint Secretary.

Registered central office of OASIS is functioning at our TNOA Building in Chennai. Our TNOA office secretary Mr Prem Kumar (Phone: 9500400389) is also serving as part time office secretary for OASIS.

OASIS membership fee Rs 200 per new member. TNOA has paid 50 X Rs 200 = Rs 10,000 for the New Members ratified in GBM Feb 2021.

OASIS TRAUMACON 2021: hosted by Karnataka Orthopaedic Association: Theme: SHOULDER & ELBOW INJURIES. Date: 5th June 2021 Faculties from TNOA: Dr J Dheenadayalan - Terrible Triad of Elbow, Dr V Singaravadivelu – Complex Elbow Trauma, Dr KN Subramanian - Acromion Clavicular Joint Disruption Shoulder,

OASIS ICL 2021 (Instructional Course Lectures) to be held in 01st August 2021 @ Pondicherry. Theme: Complications in Spine Surgery. Faculty from TNOA: Dr Aju Bosco – Spinal Instability

Journal of Orthopaedic Association of South Indian States, an official publication of OASIS is available online at <http://www.joasis.org> Editor: Dr Suresh Pillai, Published by Wolters Kluwer – Medknow

OASIS TNOA CON 2021 @ Salem organized by TNOA & Midwest Ortho Society, Salem on 23-25, September 2021: It's a combined meeting of OASIS and TNOA. Organizing Co Chairman: Dr R Selvaraj, Organizing Co Chairman - Dr Franklyn Kiruba and Organizing Secretary - Dr J Manimaran. Theme: Innovation-Integration. Tamilnadu Orthopaedic Association won OASIS BEST STATE CHAPTER AWARD 2021 for the third consecutive time. Dr. R. Mohandhas, Senior busy practicing Orthopaedic surgeon from Nagercoil, Tamilnadu honoured for his yeomen services to the community during the inaugural function.

OASIS ICL Schedule 2022 @ Tamilnadu

- o 1st Feb 2022, Topic: Primary THR @ Chennai organized by Prof Dr V Singaravadivelu
- o 2nd Aug 2022, Topic: Fracture Neck of Femur @ Coimbatore organized by Prof Dr S Vetrivel Chezhian





OASIS PG Quiz Gold Medal (Winners):  
Dr T Jawahar & Dr S Arun Maheshwaran, Government Mohan Kumaramangalam  
Medical College, Salem.

**President - Dr. B. Shiva shankar**

**Secretary - Dr. Navin Thakkar**

Office Address : Plot no: 69, Tughlaqabad Institutional Area, Behind Batra Hospital, M.B. Road, New Delhi - 110062 Email: ioahousedelhi@gmail.com Phone: 98119 67820 (Ramesh C. Pandey, CAO, IOA). Website: <https://ioaindia.org/>

**Presidents Theme for the year 2021: “Aatmanirbhar Orthopedics. Indian @Heart, Global in Competence”.**

**EC Members of IOA (From TN): Dr. N. Thanappan & Dr. N. Rajkumar.**

**Members of Central Working Committee of IOA from Tamilnadu for the year 2021:**

- o Dr S Rajasekaran – Presidential Advisory Committee
- o Dr M Antony Vimalraj - Member, Center State Relationship committee
- o Dr PT Saravanan - Member, Membership Drive Committee
- o Dr N Rajkuamr – Chairman, Arthroplasty Sub Committee
- o Dr N Thanappan – Member, Paediatric Ortho Sub Committee.

TNOA won IOA AK Gupta Trophy (Best State Chapter Award) for four Consecutive Years 2016, 2017, 2018 & 2019 and IOA National Bone & Joint Day activities winner in 2018 and runner in 2019. As per the data of IOA CSRC, TNOA is the Largest State Chapter with 2069 life members.

Special IOA Executive Committee Meeting held on 15.08.2021 for discussion and approval for Change of Venue of IOACON 2021 to GOA. Attended by; Dr. M. Antony Vimalraj, President TNOA, Dr. P.T. Saravanan, Secretary TNOA & Dr. N. Thanappan, EC Member Tamilnadu

Special IOA Meeting held on 29.08.2021; to discuss about IOA Professional Indemnity Insurance Scheme with ICICI Lombard Insurance Company (COVERYOU) with discounted Premium

IOA Executive Committee Meeting held on 03.10.2021 attended by; Dr. M. Antony Vimalraj, President, Dr. P.T. Saravanan, Secretary, EC Members of IOA representing TNOA: Dr. N. Thanappan & Dr. N. Rajkumar. President Dr B Shivashankar appreciated TNOA for the excellent BONE & JOINT DAY activities with nice report and remembered his moments at OASIS TNOACON 2021 Salem. Thanked Dr PT Saravanan for creating Facebook Profile frame for IOA Bone and joint Day. Dr J Dheenadayalan going to deliver Conference Guest Lecture and Dr P Suryanarayan to give IOA Eponymous Dr M Natarajan Lecture at forthcoming IOACON 2021 ONE Goa.

IOA Center State Relationship Committee Meeting held on 03.10.2021, Secretary Dr PT Saravanan presented our TNOA report.

IOA TV - Official Channel for all IOA Education Video Material and All Material.

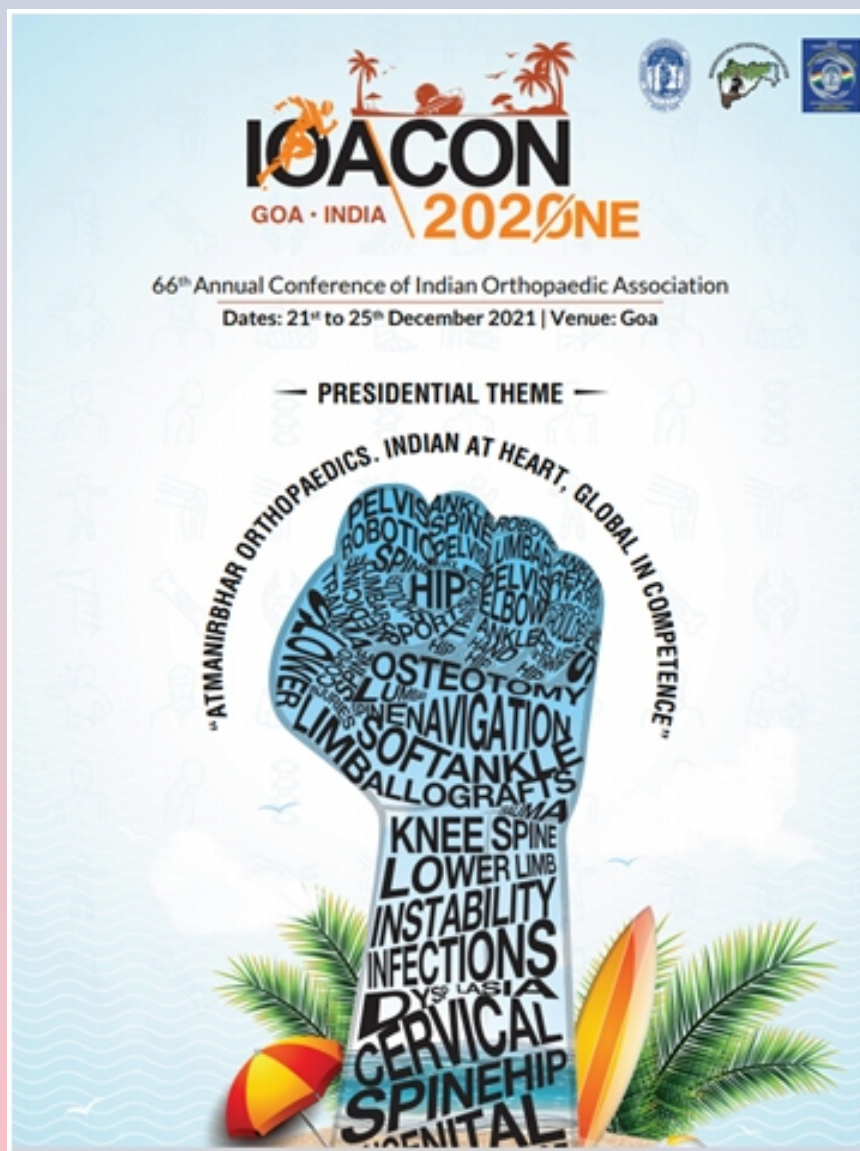
IOACON 2021 Goa: 66th (LXVI) Annual Conference of Indian Orthopaedic Association Dates: 21st to 25th December 2021 Venue: Dr. Shyama Prasad Mukherjee Indoor Stadium, Goa University, Taleigao, GOA. Organized by Maharashtra Orthopaedic Association and Bombay Orthopaedic Society. Theme for IOACON 2021 CME: Current Concepts in Orthopaedic Techniques and Technology. Organising Chairman: Dr. Ajit Shinde & Organising Secretary: Dr. Ram Chaddha

Indian Journal of Orthopaedics (IJO) (ISSN 0019- 5413) is the official publication of the Indian Orthopaedic Association (IOA) and is published on bi-monthly basis. The journal, was first published on June 1, 1967, and now reaches to over 11000 members of IOA, making it one of the most read Surgical Speciality journals in South-East Asia. Editor-in-Chief: Dr. Lalit Maini Website: Indian Journal of Orthopaedics | Home ([springer.com](http://springer.com)) [www.springer.com/journal/43465](http://www.springer.com/journal/43465)

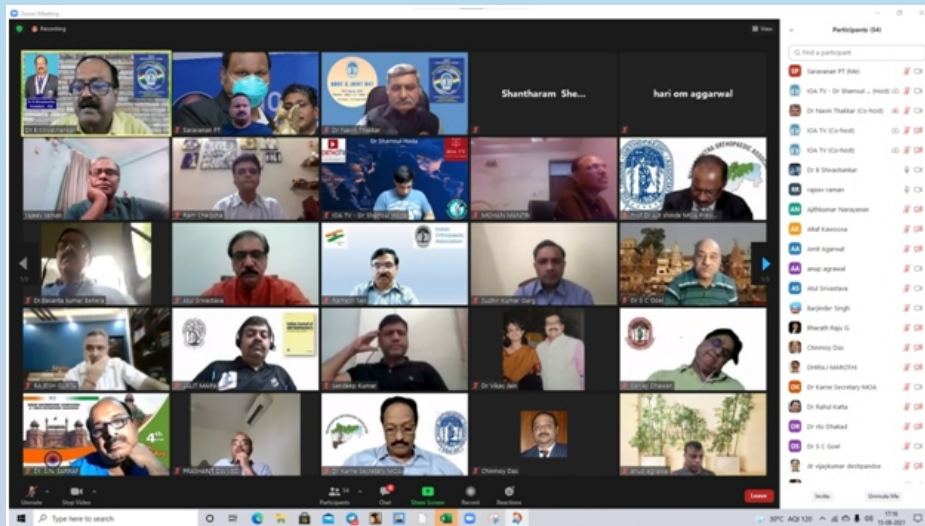


Bone and Joint Day is celebrated all over India by the Indian Orthopaedic Association (IOA) and all its state chapters on 4th of August every year since 2012. The primary aim is to create awareness among people about the bone health, various orthopaedic illnesses which can be prevented or treated and be useful to the society. It was on this day in 2012 the then President of IOA asked members to have at least one free surgery for poor patient and that activity is taken care of every year on that day. Bone & Joint Day 2021 observed as week-long activities from 1st to 7th August with the theme of Save SELF Save ONE. During this week, nationwide Online teaching and training on first aid /basic lifesaving to about FIFTEEN LAKH Children of class 9 and above. 1st August - Displayed posters & banners at clinics and hospitals 1st -7th August – Activities related to self and family - Musical Night - Talk on Work Life Balance - Talk on cardiac Health - Talk on Financial Health - Any other related activity 1st -7th August – Online teaching and training on first aid /basic lifesaving 3rd August - Press conference - Publicity on various social media 10th August -Press release on number of children trained & other activities.

IOA issued Advisory for Orthopaedic Practice during CoViD-19 pandemic:  
<https://ioaindia.org/IOAADV.pdf>







## Indian Orthopaedic Association IOA Presidential Theme and Logo for 2021.

### Aatmanirbhar Orthopedics: Indian @ Heart, Global in Competence

The first part, \*Atmanirbhar Orthopedics\* represents that we are self-sufficient as a whole regarding Orthopaedic care. let it be regarding training of the young doctors or patients care or even implants and instrumentation including rehabilitation products which are required in our field.

The second part \*Indian @ Heart, Global in Competence\* Indian @ Heart, represents that our heart beats for our patients and we take decision with empathy in the best interest of our patients, considering their social economic aspects also which is only peculiar in our country as they also play a major role while taking decisions.

Regarding Global in Competence, our skill as Orthopaedic Surgeons will be second to none, we shall imbibe and implement all newer technologies in our field and will always be ahead of time with the all aim that India should be the most preferred destination for Orthopaedic Medical Tourism.

Regarding the Logo, It has the logo of \*Indian Orthopaedic Association\* held by two caring hands above and below, in the backdrop of tricolour. It also has the presidential theme written below.

The hand on top of IOA Logo represents that we are one family under the banner of IOA, We shall work to protect the interest of our members first and We also care for IOA. We shall give healing touch with our hands.

The other hand below represents that we treat and serve our patients with proper care and empathy. It also represents that we support our parent body IOA.

The \*tricolour\* in the background represents Mera Bharat Mahan, we are proud to be members of IOA, we shall give due credits to our Indian studies done by our friends and colleagues and acknowledge them properly on a global platform. We want to promote more indigenisation in the field of orthopedics especially in the field of implants and instrumentation of course with international standards to cut cost of treatment. Be Indian, Buy Indian, Promote Indian.

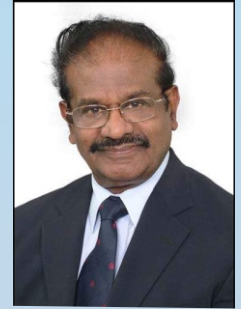
**Dr B Shivashankar**

President IOA 2021



## TNOA Prof. A.DEVADOSS MERITORIUS AWARD

The Tamil Nadu Orthopaedic Association has great pleasure in instituting the TNOA Prof. A. Devadoss Meritorious Award Sponsored by the Committee comprising of Prof. S. Shanmuganathan, Prof. M.Chidambaram, Prof.T. Chandraprakasam, Dr. Muthuvelrajan, Dr. Pugazhenth Pandian and Dr. Sathish Devadoss.



### Name of the Award: TNOA Prof. A. Devadoss Meritorius Award

Honour: The award recipient will be recognized for their outstanding contribution to orthopedic surgery in Tamilnadu during the Award Ceremony held at the Annual conference of TNOA during the Inaugural Function with a Plaque and medallion.

Timing of Award: During the inaugural Function of the TNOACON. (as resolved during the AGM of February 2014, Chennai)

### Award Criteria:

- The nominee should be aged above 60 years.
- Have been in practice for a minimum of 15 years
- Be a member of TNOA in good standing for at least 15 years.
- Demonstrate outstanding leadership in the areas of community service and/or education.
- Support excellence in orthopedic surgery, including community medical services and contribution beyond their medical practice to the community at large.

### Additional Criteria:

- Current members of the TNOA executive committee and the Committee Constituted by Sponsor are not eligible for nomination of this award.
- There should be no self nomination.

### Nomination Process

- Recipients are nominated by a fellow member(s) of the TNOA by proposing and seconding.
- The application package includes: a completed nomination form providing details on how the nominee meets the award criteria and an overview of the nominee's achievements.
- The TNOA Core Committee will review all nominations and a selection will be made and intimation will be sent to the Sponsor Committee.

Last Date for Nomination : 30th November 2021

Nominations to be sent to : **Dr. P.T. Saravanan,**  
Secretary - TNOA  
9B, D Block, AVM ASTA Apartments,  
Arcot Road, Vadapalani,  
Chennai - 600 024.  
Office Contact No. : 9500400389  
E-mail: secretarytnoa@gmail.com



## NOMINATION FORM FOR TNOA Prof. A. DEVADOSS MERITORIUS AWARD

WE WISH TO NOMINATE : Dr. ....

### Award Criteria

1. How does the nominee qualify for the award?

Name of Nominee :

TNOA Membership # (if known):

Home Address / City / Postal Code :

Office Address / City / Postal Code :

Qualification :

Current Post :

Phone: Office:

Home:

Mobile:

Email :

Proposed by :

LM Number(Mandatory):

Home Address / City / Postal Code :

Office Address / City / Postal Code :

Phone: Office:

Home:

Mobile:

Email :

Signature :

Seconded by :

LM Number(Mandatory):

Home Address / City / Postal Code :

Office Address / City / Postal Code :

Phone: Office:

Home:

Mobile:

Email :

Signature :

2. Please mention in detail how the nominee supports excellence in orthopaedic surgery, includes involvement in education and contribution beyond their medical practice .

3. Yes – We confirm that the Nominee that we are nominating has been a member of Tamilnadu Orthopaedic Association for a minimum of 15 years.

4. Yes - We confirm that the nominee is over 60 years of age.

5. Please attach Bio-data of Nominee including achievements

TNOA Prof. T. K. Shanmugasundaram Midyear CME – 2021 was successfully conducted on 1st August 2021 at courtallam. This Midyear conference of TNOA was organized by Nellai Ortho Club as a online virtual conference. The Theme was “Shoulder A to Z”

The Conference was inaugurated in virtual mode by Dr. B. Shivashankar IOA President. Eminent faculty members from south India presented Topics in Trauma, Arthroscopy and Arthroplasty.

167 Consultants and 96 PG's attended the conference in virtual zoom meeting. 50 Consultants and 20 PG's attended the meeting physically.

### Topics

- Trauma – 4
- Arthroscopy – 7
- Arthroplasty - 7
- Faculty members – 13

For the 18 sessions, 2 cash prizes per session were awarded to the answering PG's to make the session more interest and make it lively for them. The faculty members prepared the questions for the quiz from their respective talks.

For the first time in TNOA, To honour the exemplary Arthroplasty surgeries of Dr. S. Natesan – Erode in rural areas, an oration in the name of “TNOA – Dr. S. Natesan oration” was initiated.

Dr. Pandian Ms (Ortho) FAO(Swiss) past president of Oasis from Cuddalore delivered the first oration with the topic “Spinal Tuberculosis – My Experience”

Dr. Anup Agarwal – Chairman of IOA – CSRC virtually inaugurated the Bone & Joint week Activities of TNOA. Earlier in the morning the office bearers, EC members and organizing Nellai Ortho club members participated in Bone & Joint activities and organised a Walkathon. Stickers for the cars, to commemorate Bone & Joint programme was also started by our president Dr. Antony Vimalraj, Nellai ortho club members distributed T-shirts and car stickers to all participants

**Report of Organizing Secretary TNOA Prof. T. K. Shanmugasundaram  
Mid-Year CME, 2022  
at Dindigul - DR.M.ANAND**

**PROBABLE DATES**

- 16TH&17TH OF JULY 2022

**VENUE**

- P.V.K MAHAL
- AIRCONDITIONED
- ADEQUATE SPACE FOR TRADE BANNERS
- EASILY ACCESSIBLE BY ROAD & RAIL
- CAN ACCOMMODATE > 500 DELEGATES
- ADJACENT HOTEL IS P.V.K GRAND 80 ROOMS

**TOPIC**

- NON-UNIONS

**ORGANISING TEAM**

- PATRONS:
- DR.SANKARNARAYANAN
- DR.K.G.RAMAMOORTHY
- DR.MURALIDHARAN
- DR.VANASEKAR
- DR.VADIVEL

**ORGANISING TEAM**

- ORGANISING CHAIRMAN:  
DR.JOSEPH CHRISTOPHER BABU
- ORGANISING SECRETARY:  
DR.M.ANAND
- TREASURER:  
DR.EASWARA KUMAR

**ENJOY THE HOSPITALITY OF DINDIGUL ORTHO CLUB**





### Report of Organizing Secretary, OASIS-TNOACON 2021 Salem - Dr. J. Manimaran

Honourable Members of OASIS, &TNOA,

Greeting from Midwest ortho society -Salem

It is with immense pride we have successfully conducted Historic combined hybrid meeting of OASISCON 2021 and TNOACON 2021 in Salem from September 23-25th at Hotel Radisson This has been only the second combined meeting of its kind and the first one was way back in 2006 at Tirupathi.

**Theme of the conference is “Innovation-Integration”** we had 15 International & 72 National faculties who have exchanged & share their innovative breakthrough ideas thus igniting the young minds

Conference was Inaugurated by Dr.Shivashankar –President of IOA & also delivered an inspiring Inaugural address. Many senior Surgeons were conferred with Meritorious awards for their exemplary services in their respective fields.

Total no of Delegates registered were 1166, Out of which 433 delegates attended physically &remaining attended through Virtual Platform. We have received 706 Scientific papers for various Medals, free papers & E-posters category for both OASIS &TNOA conference.

We had conducted 4 Workshops for delegates;

- 1.Spine cadaveric workshop had 45 registrations
2. Arthroscopy workshops had 32 registrations
- 3.Trauma workshop had 46 registrations
4. Revision Arthroplasty workshop had recorded 38 attendees.

For the first time in OASIS & TNOA history we conducted SICOT-YOUNG surgeons guidance programme, which was well attended & appreciated by young surgeons who are looking for international fellowships & job Opportunities.

Both TNOA &OASIS PG quiz were conducted successfully & winners were awarded with Medals &Certificates. All Medal papers winners were awarded their gold medals & certificates at Valedictory function on 25th September.

This hybrid Conference has set a Benchmark in all aspects. This Conference has been accredited with 9 credit hours by Tamilnadu Medical council. Being the major physical conference after a long time, Organising team have put in every effort to provide the participants with a wonderful academic feast and the best of our Hospitality, hope you all enjoyed the Entertainment programme & our traditional Salem food, In case of any shortfalls kindly excuse us &pass on the feedback by mail to teejaymaniortho@gmail.com.

I once again thank OASIS &TNOA office-bearers for reposing the faith in me during this Pandemic uncertainty period to conduct this conference, I thank you all with my Folded hands for this great opportunity.

Expecting to meet you all in next TNOA &OASIS conference.

## TNOA Orations @ TNOACON 2021, Salem.

TNOA Dr NS Narasimhan Oration 2021: delivered by

**Dr B Shivashankar, IOA President 2021 -**

**"A DROP IN THE OCEAN.... My bit of contributions in Orthopaedic Surgery"**



TNOA Dr M Natarajan Oration 2021: delivered by

**Dr. J. Dheenadhayalan, TNOA President 2019**

**TRAUMA SURGERY.... The Journey**



## TNOA Awards @ TNOACON 2021, Salem.

**TNOA Prof A Devadoss Meritorious Award:** **Prof Dr R Dhanapal**,  
Former Head, Department of  
Orthopaedics, Madras Medical College, Chennai.



**TNOA Presidents Appreciation Award:** **Dr V Thirunarayanan** Indexing Editor, TNOA 2019-21



**TNOA Presidents Appreciation Award:** **Dr CS Vishnu Prasath**, Secretary, Midwest Ortho Society 2020-21





**TNOA Best Zonal Club Award (Metro): Coimbatore Orthopaedic Society (COS)**  
President: Dr. G.Balasubramanian & Secretary: Dr. P. Dhanasekara Raja



**TNOA Best Zonal Club Award (Non-Metro): Mid-West Ortho Society (MWOS)**  
President: Dr. J. Manimaran & Secretary: Dr. C.S. Vishnu Prasath



## TNOA Medal Winners @ TNOACON 2021, Salem.

### TNOA Prof. M. Natarajan Medal for Trauma:

**Dr. Mukil Chandran**, Preethi hospital, Madurai. "Type 5 and 6 Schatzker Proximal Tibial Fractures with Impending Compartment Syndrome, Managed by Primary Internal Fixation and Posteromedial Release Within 24 Hours, An Analytical Study Of 20 Cases with Functional and Radiological Outcome Scoring"

### TNOA Prof C. Vyageswaradu Medal for Orthopaedics:

**Dr. Guna Pratheep**, Ganga Hospital, Coimbatore. "To Analyze Radiological Phenotype, Patient and Surgery-Related Risk Factors Affecting Postoperative Clinical Outcome for Cervical Myelopathy Due to Ossification of Posterior Longitudinal Ligament Involving C2 After Posterior Instrumented Laminectomy and Fusion"

### TNOA Prof. T. K. Shanmugasundaram Medal for Rural Centers:

**Dr. Chinnadurai**, Elangovan Hospital, Pattukottai. "Minimally Invasive Plate Osteosynthesis (MIPO) In Distal Tibial Fractures"

### TNOA Prof. A. Subramaniam Medal for Basic Research in Orthopaedics:

**Dr. Thiagarajan**, Dr. Muthus Hospital, Coimbatore. "The Effects of Single and Serial Intraarticular Injections of Triamcinolone, Hyaluronic Acid, Platelet Rich Plasma and Lignocaine on Arthritic Guinea Pig Knees"

### TNOA Prof. P. Dhanarajan Medal for Innovative or Adaptive Trauma Work: NO ELIGIBLE PAPERS

### TNOA Prof. Ramanathan Gold Medal for Consultants:

**Dr. Devendra Agraharam**, Ganga Hospital, Coimbatore. "Reconstruction of Massive distal femur metaphyseal bone defects following open injuries using Intercalary Gamma-irradiated Structural Allografts combined with autologous cancellous grafts, a study of 20 patients"

### TNOA Prof. T. S. Xavier Medal for Hand Surgery:

**Dr Terrence Jose Jerome**, Olympia Hospital, Trichy. "Fingertip Assessment Score"

### TNOA Erode Ortho Club Poster Medal:

**Dr Deepak S Jain**, Ganga Hospital, Coimbatore. "Isolated Volar-Lunate Facet Injury of the distal radius – does it exist in children? Report of an unreported injury"

### TNOA Dr. Vidyashankar Best Poster Medal (Arthroplasty):

**Dr Vishnu Senthil**, Sunshine Hospital, Hyderabad. "Aneurysmal Bone Cyst of Tibia – A Novel Management with TKR"

### TNOA Prof. K. Sriram Gold Medal for Paediatric Orthopaedics:

**Dr. Venkatadoss**, Ganga Hospital, Coimbatore. "Does Controlled Repositioning and Primary Osteoplasty Have a Role in the Management of Unstable Slipped Capital Femoral Epiphysis?"

### TNOA Prof. S. Rajasekaran Gold Medal for Spine:

**Dr. Venkat Sujith**, SKS Hospital, Salem. "Outcome of Empirical Antimicrobial Therapy in Spinal Infections with Negative Microbiological Diagnosis"

**TNOA Dr. David V. Rajan Gold Medal for Arthroscopy & Sports Medicine:**

**Dr. Giri Chellamuthu**, Ortho One Hospital, Coimbatore. “Only 50% of Randomized Control Trials have high Level Of Confidence in Arthroscopy and Sports Medicine” – A spin-based assessment.

**TNOA Prof. Mayilvahanan Natarajan Gold Medal for Orthopaedic Oncology:**

**Dr. Kavin Kumar**, Ganga Hospital, Coimbatore. “Primary aggressive or recurrent GCT were treated with enbloc resection and reconstruction by centralization of the ulna with wrist arthrodesis.

**TNOA Prof. B. Radhakrishnan Gold Medal for Foot & Ankle:**

**Dr. Ramakanth Rajagopalakrishnan**, Ganga Hospital, Coimbatore.

“Insertional Versus Non-Insertional Tendo Achilles Tears: A Comparative Analysis of Various Predisposing Factors and Outcome Following a Repair”

**TNOA Dr. P. Suryanarayan Gold Medal for Arthroplasty:**

**Dr. Praveen**, Vasanthi Orthopaedic Hospital, Chennai. “Intentional Femoral Component Flexion – A Method to Balance the Flexion Extension Gap In Navigated Total Knee Replacement”

**TNOA KMC PG Quiz Gold Medal (Winners):**

**Dr T Jawahar & Dr S Arun Maheshwaran**, Government Mohan Kumaramangalam Medical College, Salem

**TNOA KMC PG Quiz Silver Medal (Runners):**

**Dr V Gunasekar & Dr KSK Narendran**, Government Kilpauk Medical College, Chennai

**TNOA Best Publication Gold Medal 2020: (Journal of Orthopaedics and Joint Surgery):**

**Dr Senthilvelan Rajagopalan**, Article Titled; “Results of Arthroscopic Transosseous Rotator Cuff Repair Using the ArthroCuff System: A Prospective Study”





Greetings from Trichy Orthopaedic Club and Members of Central Zone I. We hope and pray the safety of all our fraternity members and their families in this testing time to be in safety.

We congratulate our Dynamic Executive committee members for constantly updating our knowledge by means of various online CMEs, PG teaching programs even during lockdown times. We are all longing to meet one another in our Annual conference to be held in 2021 which was unfortunately postponed to February 2022. Our organizing team is eagerly expecting to conduct the prestigious event at our place. We are expecting the normalcy to return in the coming year 2022 and we will be hosting a physical conference as per Government regulations.

We thank our Executive Committee of TNOA who has consented to change the venue as the previous venue was made a Covid care centre. The prestigious EC has visited our New venue and approved it and they were immensely satisfied with the venue. We have started working on the arrangements of allocating the halls and spaces for Academics, Trade, Dining and Extra curricular activities.



As per Government Protocol, we request everybody to complete the two dose vaccination for COVID, as only persons with two dose vaccination certificate will be able to attend the conference physically. Please ensure you have the details of your two doses of vaccination ready while registering itself. We are planning for Short tours for our esteemed family members of TNOA delegates and faculties. Please ensure that the spouses are also fully vaccinated.

We, as well as all our members of TNOA are getting tired of online meets and we all want to meet and greet in person in our forthcoming conference. We will be delighted to welcome you all at Trichy and host you to have a memorable meet, especially after a long wait. It will be a really happy event to see the cultural events, stage shows and Gala dinners.

We shall give back the happiness of podium presentations, Debates, Verbal duels, Physical appreciations and honours to all our members by means of a Physical conference.

Looking forward to meet you all at Trichy on February 11, 12 and 13, 2022.

Long Live TNOA and IOA.

## TNOACON 2023 PREPAREDNESS

TNOACON2023 will be held under the ageis of the Madras Orthopaedic Society in Chennai with Prof. Dr. V.Singaravadivelu as Organising chairman, Prof. P.V. Vijayaraghavan as co-chairman, Prof. Dr. T.Tholgapiyan as organising secretary, Prof.Dr.Gokulraj as co- organising secretary and Prof. Dr. Veerakumar as treasurer.

Three venues namely CHENNAI TRADE CENTRE, MGM RESORTS and ACCORD RESORTS were shortlisted and were due for approval from TNOA EC meet on 5/12/21. Tentative dates for TNOACON2023 were finalised as per the rules and regulation of TNOA on FEB 10,11,12TH 2023.The organising committee of TNOACON2023 suggested to have pre conference cadaveric workshop under various orthopaedic subspeciality in many centres on a single day.

It is also proposed to include live surgery sessions and workshops under various subspeciality for TNOACON2023. Prof.Dr. Antony Vimalraj gave guidelines for conducting, Prof. Dr. Ramakrishnan medal exam for PG, accommodation for TNOA office bearers and international faculties, maintenance of separate bank account and pancard in name of TNOACON2023, etc. The core committee also decided to have the printed brochures of the conference, teaser video and special packages for early bird offers ready before TNOACON 2022 after due approval by TNOA EC on 5/12/21.



Prof. P.V. Vijayaraghavan  
Co - Organising Chairman



Prof. V. Singaravadivelu  
Organising Chairman



Prof. T. Tholgappiyan  
Organising Secretary



Prof. Veerakumar  
Treasurer



Prof. Gokulraj  
Co-Organising Secretary

## TNOA Medicolegal Webinar 2021

The maxim 'ignorantia juris non-excusat,' or 'ignorance of the law is no excuse,' implies that the Court presumes that every party is aware of the law and hence cannot claim ignorance of the law as a defense to escape liability.

Greater responsibility also lies in the Tamilnadu Orthopaedic Association to shoulder its member's awareness and knowledge about medico-legal issues on Orthopaedic Surgery. An awe initiative of TNOA organized "Medico-legal webinar 2021" on 12th September 2021 at 7:30 pm Indian time. We had the incredible privilege and honor to host the legends in the medico-legal aspects. Our chief guest was Dr. Navin Thakkar, Honorable secretary of the Indian Orthopaedic Association (IOA). His enlightening words of wisdom and the need for legal awareness marked the best start of the event. Then, Dr. PT Saravanan, Honorable Secretary of the TNOA, introduced the webinar and reiterated the pressing issues in the medico-legal problems in Orthopaedic surgery.

Dr. J Terrence Jose Jerome, the convener of the webinar, welcomed the gathering and introduced the eminent speakers to the forum. First, Dr. Narasimha Rao spoke on consent in polytrauma and discussed, in brief, the consensus of uniform informed consent. Next, Dr. NJ Karne, Chairman Legal Committee IOA, and the special invitee spoke on the nonunion / malunion - standard, substandard implants in orthopedic surgery and its legal aspects. Finally, Dr. Geetendra Sharma, senior medico-legal consultant and a gold medalist in the law, narrated and analyzed the vital elements of consent, current trends in lawsuits, and procedures to have a safe and healthy Orthopaedic surgical practice.

An excellent discussion followed the talk, which increased the dimension and understanding of consent, argued the controversies, and exchanged ignorance. Finally, the rich theme "Legal implications in Orthopaedic Surgery," the webinar ended with productive and clarity of thoughts.

Discussion eschewed the participants from erring situations, winnowed difference of opinion from medical negligence, and threw a ray of hope and positivity.

**Dr J Terrence Jose Jerome**  
Convenor, Medicolegal wing TNOA



## Report on TNOA CME on Research Methodology

Greetings,

- Based on our beloved TNOA President theme: “Focused Clinical & Surgical Skills: Continuous Update”, I was happy to organize a CME on Research Methodology in virtual platform (CISCO Webex).
- It was conducted in four modules of 90-120 minutes duration each on 21.08.2021, 22.08.2021, 28.08.2021 & 29.08.2021.
- Fundamentals of Research Methods, Descriptive study designs, Role of Statistics in clinical practice, how to write and appraise scientific paper & Scientific paper publication
- There were 134 delegates who registered and actively participated in the event. It was focused mainly on how to publish a paper and how to make a good dissertation and it was benefitted by M.S ortho postgraduates of various Medical Colleges in Tamilnadu and other Institutes.
- A live workshop module on various aspects was also demonstrated. All the sessions were very interesting.
- I thank the faculties Dr. Prakadeesh Bharathi and team, Mumbai.
- Also, I thank Prof. Dr. V. Singaravadivelu, Organising Chairman, Prof. Dr. Deen Muhammed Ismail, IOT and Director, RGGGH, Chennai and Dr. Cheralathan, Co-organizing secretary.

**Prof. Dr. S. Makesh Ram**  
Organising secretary

## Important Announcement Regarding Future Online TNOA Elections

Dear Member,

Greetings from TNOA.

The technology is growing and if we don't adapt to it, we will be left behind. TNOA has always been in the forefront for taking up any of the challenges and come out successfully.

In 2020 GBM, we have decided that 2023 TNOA election is going to be fully online paperless voting. In 2021 AGBM, we have decided to conduct a trial online election this year and if possible, to go for online only election from 2022. In this regard we are going to have a mock election during this time to test the system. We know and believe that this system is almost foolproof and not possible to tamper.

The trial link for voting will be sent to all the office bearers, EC members and Office bearers of all the zonal clubs of our state. Those tech savvy members who want to participate in the trial elections are most welcome to try and test it, for finding out any shortcomings. They have to send a request to TNOA President Dr Antony Vimal Raj, through email ([drmavimalraj@gmail.com](mailto:drmavimalraj@gmail.com)) or WhatsApp for getting the link to vote.

The eligible voters for TNOA Online election 2022 will be only those whose mobile numbers and email ids that have been verified and published in our TNOA website. We request all to update your mobile numbers and email ids with our secretary @ [secretarytnoa@gmail.com](mailto:secretarytnoa@gmail.com). Up to August 2022 the members can update their details and if there is any discrepancy, they can contact the EC member or principal office bearers.

Any clarifications regarding the online elections, the vendor, the process or apprehensions will be discussed in the 2022 annual GBM at Trichy.

We request all the members to participate in this process actively and make the online election a huge success.

Dr. M. Antony Vimal Raj,  
President, TNOA  
Dr. P. T. Saravanan,  
Secretary, TNOA  
Dr. M. Vanasekar,  
President-Elect, TNOA  
Dr. V. Singaravadivelu,  
Vice-President, TNOA  
Dr. C. J. Ravi  
Joint-Secretary, TNOA

## **BONE & JOINT DAY 2021**

TNOA organised weeklong activities from 1st to 7th August 2021 based on IOA Presidents Theme for Bone & Joint day: "Save SELF Save ONE". In Presence of Dr B Shivashankar, IOA President, Dr Anup Agarwal, IOA CSRC Chairman virtually inaugurated TNOA BJD Weeklong Activities on 01st August 2021.

### **BLS Training of Children & Public: Total = 20,730 (Online & Offline)**

Break up of Basic Life Support / CPR training of Children, Policemen, Firemen, Para medical staff, Teachers and General Public: Chennai MOS – 4069, Madurai MOS – 256, Coimbatore COS – 3184, Salem MWOS – 9483, Tirunelveli NOC – 1565, Vadalur (East) COS – 80, Kanchipuram KOC – 1653, Dindigul DOC – 200, Trichy TOC – 200, Vellore VOS – 40

### **State Level Online Events:**

- TNOA Talk on Cardiac Health during COVID 19 by Prof Chokalingham, Dr R Anantharaman & Dr Priya Chokalingham on 03.08.2021
- TNOA Talk on Work Life Balance by Prof S Rajasekaran on 04.08.2021
- TNOA Talk on Life Beyond Professional Life by Dr Vijay C Bose on 05.08.2021
- TNOA Talk on Professional Freedom & Peaceful Practice by Dr RVS Surendran, Vice President, TNMC on 06.08.2021
- TNOA Musical Night by The Members & Family of TNOA (Host: Dr C Raja Ravi Varma) on 07.08.2021
- TNOA Talk on Financial Health by Doctors Team from Wealthcon on 08.08.2021  
Madurai Orthopaedic Society, Kanchi Ortho Club & Dharmapuri Ortho Club also organized Physical Talks based on above theme / Topic

### **Social Activity/Public Awareness Activity:**

- Official Release of The Car Stickers for Bone and Joint Day Week During the Inauguration of The TNOA Prof. TKS Midyear CME, On 1st August 2021.
- Display Of Posters / Banners / Car Stickers by The Members and Hospitals Throughout the State.
- Distribution Of Pamphlets on Bone Health Awareness, Bone Health, Osteoporosis Awareness & BMD Camps / Free Ortho Camps Organized @ Kanchipuram, Madurai, Trichy, Vellore, Salem, Coimbatore, Tenkasi, Virudhunagar, Dharmapuri, Cuddalore, Theni, Dindigul, Erode.
- BJD Special Tree Plantation Drive Organized at Salem, Kanchipuram & Valliyur

### **Print/Electronic/Social Media Coverage:**

- BJD Official Press Release from TNOA Office on 30.07.2021
- Dr PT Saravanan, Secretary, TNOA has prepared a special Bone & Joint Day FACE BOOK PROFILE GUARD as per the instruction of IOA President, same was utilized by the members of IOA throughout the country.
- Public Awareness Messages and Videos Released @ social media like Face book, twitter, WhatsApp, YouTube by Dr S Ramesh babu, Dr Vishnu Prasath, Dr PS Shanmugam, Dr PT Saravanan, Dr Dhanasekara raja and others.
- RADIO PROGRAM: Interview on Bone Health on 04th August 2021 by Prof. A. Devadoss- Radio City 91.9 FM, Dr. M.P. Parthasarathy - Radio Mirchi 98.3 FM, Dr. Deepak - Suryan FM



93.5 FM

• Wide Print & Visual Media Coverage @ SALEM (4), Dindigul (4), Madurai (3), Trichy (2), Thanjavur (1), Coimbatore (13)

**Unique Programs Related to Theme: (12 Programs)**

- Bone and Joint Day Special T- SHIRT released by TNOA President Dr. M. Antony Vimalraj at Coutrallam.
- First Aid Awareness Cycle Rally @ Salem, Dharmapuri, Pattukottai, Vellore, Kanchipuram, Tirunelveli, Cuddalore
- Early Morning Walk / Trekking by TNOA office bearers & Nellai Ortho Club @ Courtallam
- Fire safety & Disaster Management Program @ Kanchipuram
- Save SELF Save ONE Program @ TMC, Thanjavur
- Helmet & Car Seat Belt Awareness @ Dindigul & Kanchipuram
- Seminar on First Aid in RTA @ PUDUKKOTTAI
- QUIZ for MBBS students regarding BONE HEALTH & CPR @ Salem
- First Aid Awareness, Road Safety & Bone Health Awareness @ Coimbatore
- BJD Drawing Competition for TNOA Members and Kids @ SALEM
- Safe IM Injection Practice for Nurses @ KANCHIPURAM
- Save SELF Save One Campaign Free Artificial Limbs, CTEV & Fracture Care @ COIMBATORE

## TNOA – Cholamandalam Ortho PG Grant

The TNOA – Cholamandalam Ortho P G Grant was created by the organizers of the TNOACON 2005 at Cuddalore to provide financial grant to two deserving post graduate students in the State of Tamil Nadu. The selection of recipients every year is based on their academic credentials and research work.

The Heads of the Orthopaedic Departments of Teaching institutions in Tamil Nadu are requested to forward the name of one candidate in their institution based on his research aptitude, work output and academic thrust shown by the candidate. The name along with a brief note on his work and the justification and recommendation of the Head of Department should reach the Secretary, Tamil Nadu Orthopaedic Association on or before 30th November 2021. The awardees shall be finalized by a TNOA committee constituted for the purpose.

**Dr. P.T. SARAVANAN**

TNOA – Secretary.

### Tamil Nadu Orthopaedic Association Address Update Form

LM No	Name& Address	New Address (to be included in TNOA directory)
		Hospital/Clinic
		Residence
		Phone No:
		Email Id:

Place:

Date:

Signature

Please send this form to:

**Dr. P.T. SARAVANAN,**

07 / 48, Vaigunda Perumal Koil Extension 2nd Street,

Behind Veterinary Hospital, Kancheepuram -631502

Mobile: 9842355099

Email: ptsaravanan@yahoo.com

secretarytnoa@gmail.com

## ZONAL REPORTS

### CHENNAI ZONE REPORT FROM 15 APRIL TO 15 AUGUST 2021

#### MEMBERSHIP

LIFETIME MEMBERSHIP-14

ASSOCIATE MEMBERSHIP-28

#### ACADEMIC ACTIVITIES

#### MADRAS ORTHOPAEDIC SOCIETY MONTHLY MEET 2021-2022

President - Dr. Navaladi Shankar

Secretary- Dr. Karu Shanmuga Karthikeyan

12th MOS Meeting- Virtual 25th April 2021.

First meet (Virtual) on 4th July 2021.

Second meet (Physical) at Apollo hospital, Greaves Road on 13th August 2021.

#### SEMINAR

1) JCO symposium - Shear fractures of distal radius- 28 April

2) Indian arthroscopic society - IAS

Academic corner - 12 June

3) IAS Accredited cadaver course conducted by 4 sessions

**IAS ACCREDITED CADAVER COURSE**

SRMC Arthroscopy Cadaver Course

#ISAKOS Approved Teaching Centre  
#100% Cadaver time #Hands-on arthroscopy

**We are back**

www.srmcbioskillslab.com

Basic knee	Aug 27   Aug 28
Advanced knee	Sep 24   Sep 25
Basic Shoulder	Oct 22   Oct 23
Advanced Shoulder	Nov 26   Nov 27

Dr. P. S. Chitra, President IAS  
Dr. S. R. Sundararajan, Secretary IAS  
Prof. Anumagan S. Coor Director

**SRI RAMACHANDRA**  
Institute of Advanced Medical Education

**CSS**  
Centre for Sports Science

FOR INFO: 044-45928650 | +91 6380607868

**Indian Arthroscopy Society**

IAS Academic Corner - Monthly Meet

Dr. IPS Oberoi, President  
Dr. S. R. Sundararajan, General Secretary

June 12th, 2021 (Saturday) 8.00pm to 9.00pm

**Expert Talk**

'BTB 2.0 - A versatile graft option for ACL reconstruction.' - 15 mins  
Dr. Arumugam

**Case Presentations**

Case Presentation : 1  
Aplasia of the ACL with an unusual Meniscal tear and deformities of lower limb : 10 mins  
Dr. Srinivas BS Kambhampati

Case presentation : 2  
Primary ACL Repair : 10 mins  
Dr. Ramakanth Rajagopalakrishnan

**Moderators :**

Co-ordinators :  
Dr. Sandeep Biraris,  
Dr. Ramakanth R,  
Dr. Terrence DS

Dr. P. Gopinathan, Co-ordinator  
Dr. Vikram Sharma, Co-ordinator

Come, let's participate, share our knowledge & grow together!

**Vidharbha Orthopaedic Society**  
Presents

**JCO Symposium**

**Shear Fractures of the Distal Radius Faculty**

Dr. R. M. Choudhary, Chairman  
Dr. A. Jayaraman, President, VOS

Dr. Ram Choudhary  
Dr. Sudhir Warrier  
Dr. Hemant Patankar  
Dr. Ashok Gayaskar  
Dr. P. P. Kotwal

Dr. Piyush Dhawale  
Dr. Nishesh Joshi  
Dr. Neha Godghatkar  
Dr. Manoj Pahurkar  
Dr. Harjit

VOS Secretary  
VOS Committee  
Team OrthoTV

Dr. Neeraj Bhatnagar  
Dr. Ashok Shyam

Register with [www.orthotvonline.com](http://www.orthotvonline.com)  
WhatsApp your questions to +91 9923239565 or +91 9815660340  
Event Starts on Wednesday, 28th April 2021 8:00 pm IST

#### WEBINAR

1) Comprehensive scientific template 2021 for health and Fitness by Dr Vijay C Bose - April 15

2) Indian arthroscopic society conducted webinar on Trochleoplasty by Dr. Chirag Thonse

3) Health and fitness 2 by Dr. Vijay C. Bose on 13 May

**Marvelous Medicine**  
Understanding exercises & optimizing it for maximum benefit

**HEALTH & FITNESS 2**

13 May 2021  
10:00 AM to 6:00 PM

Dr. Vijay C Bose

MODERATOR  
DR. ASHOK RAO

CO-MODERATOR  
DR. VIJAY MOHANDAS

MEETING ID : 872 3857 7734  
Passcode : 072616

**Indian Arthroscopy Society**  
Online Education Initiative

**IAS Video Technique Premier Series-39**

Date: 13th May 2021, Thursday  
Time: 07:00 PM IST onwards

Indian Arthroscopy Society YouTube Channel:  
Will be available for viewing permanently

**Dr Chirag Thonse Trochleoplasty**

President: Dr. P. S. Chitra  
Secretary: Dr. S. R. Sundararajan  
General Secretary: Dr. P. Gopinathan  
Treasurer: Dr. Vikram Sharma  
Executive Committee of IAS

**MARVELOUS MEDICINE**

**Comprehensive Scientific Template 2021 For health and Fitness**

DR. VIJAY C BOSE  
DR. SELVI RADHAKRISHNA

APRIL 15  
THURSDAY AT 8:00 PM (IST)

MEETING ID: 872 3857 7734  
PASSCODE: 072616



4) Deshpande foundation conducted webinar on "Common problems on surgery of upper limb: How do I do it" every Saturday on May.

5) Deshpande foundation conducted webinar on Management of complex elbow injuries on May 29, 2021

6) Webinar on Sleep breathing techniques and stress relaxation by Dr.Vijay C.Bose



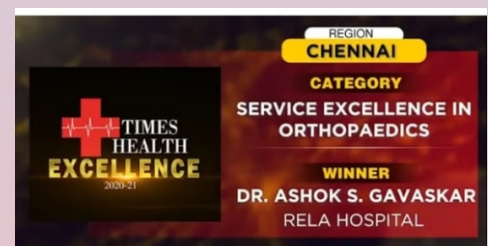
## WORKSHOPS

1) Institute of Orthopaedics and Traumatology, MMC conducted workshop on Basic principles of fracture fixation for Post graduates.



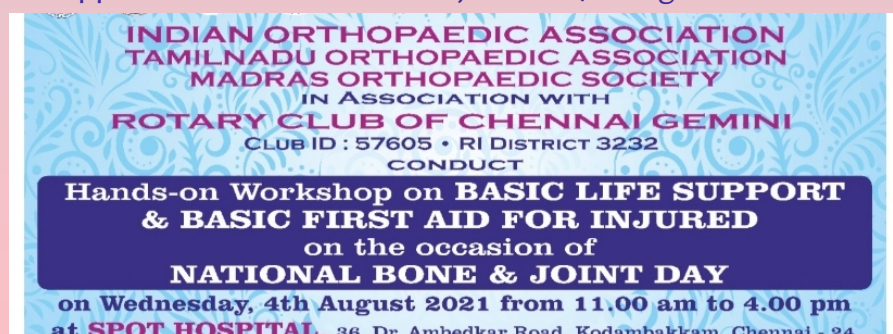
## ACHIEVEMENT AWARDS

1) Dr. Ashok S Gavaskar was awarded Service excellence in Orthopaedics by Times health excellence.



## BONE AND JOINT DAY

1) IOA, TNOA and MOS in association with Rotary club of Chennai, Gemini conducted a Hands-on workshop on Basic life support and Basic first aid for injured on 4th August.



2) Basic Life support for Vellammal Main and West School and Don Bosco By Dr. Karu Shanmuga Karthikeyan and Dr. Aravinth.

3) Institute of Orthopaedics and Traumatology, MMC conducted workshop on POP Application, External fixation and screw fixation for CRRI.


**INSTITUTE OF ORTHOPAEDICS & TRAUMATOLOGY**  
MADRAS MEDICAL COLLEGE, RAJIV GANDHI GOVT. GENERAL HOSPITAL, CHENNAI – 600 003.

**TNOA – CRRI WORKSHOP**


HANDS ON WORKSHOP IN POP APPLICATION, EXTERNAL FIXATOR APPLICATION & SCREW FIXATION

**TNOA President's Theme**  
"Focused Clinical and Surgical Skills-Continuous Update"

**IOA President's Theme**  
ATMANIRBHAR ORTHOPAEDICS  
"Indian at Heart, Global in Competence"



on 21.08.2021, Saturday, 2.00 pm at Ortho Skills lab,  
IOT, MMC Chennai.

  
Prof. M. ANTONY VIMAL RAJ  
TNOA President, MMC, RGGGH

  
Dr. P. T. SARAVANAN  
Secretary, TNOA

  
Organising Chairman  
Prof. N. DEEN MUHAMMAD ISMAIL  
Director, IOT, MMC, RGGGH


Organising Secretary : **Dr. CHERALATHAN.S**  
For Registration : **Dr. G. SAI KUMAR**  
Mobile : 89856 63180


**Bone and Joint Day**

4<sup>th</sup> August, 2021

"BASIC LIFE SUPPORT"  
Conducted for VELLAMAL MAIN AND WEST SCHOOL

Total no. of Students benefitted – **3449**

  
Dr. T. Aravinth, M.S. Ortho.,  
Asst Professor, Govt. SMC

  
Dr. R. Karu Shanmuga Karthikeyan  
Senior Asst Professor, Govt SMC  
TNOA – EC Member, MOS – Secretary

## TNOA Zonal Report(Madurai Zone)

TNOA EC meeting 2021 (29-08-2021)

EC Members – Dr. R. Ashok kumar  
Dr. R.J. Bharath kumar

Madurai orthopedic society  
President- Dr. V. Sathyanarayana  
Secretary- Dr. P.Palanivelrajan

New memberships- 1 life member and 20 associate members

Monthly MOS clinical meetings

On April and August physical meetings were conducted and the other months virtual meetings were organized. Every meeting had 3 presentations by the society members and one invited guest lecture. Around 40 members attended each meeting.

Programs conducted during IOA bone and joint week 1-08-21 to 07-08-21

- BLS Training
- Spreading awareness about bone health
- FM radio, Magazines, social media etc,
- BMD camps
- Talks to public and patients
- Talks on work life balance, life beyond profession, financial health
- Musical night

BLS training to 250 nursing students were organized by Preethi hospital and Devadoss Hospital  
CPR & First-aid training was organized by DEVADOSS HOSPITAL, Madurai for Tamilnadu Special Police Force - 6th Battalion on 4th of August at Police Academy, Madurai

FM Radio Talkshows

- Prof.Dr.A.Devadoss sir gave an interview about National Bone & Joint day on August 4th in Radio city 91.9 Fm
- Dr.Deepak gave an interview about Bone & Joint health on Suryan FM 93.5 Fm

Magazine and newspaper articles

Prof. P.S. Shanmugam wrote an awareness article in Dinamalar newspaper and a tamil magazine  
Dr. Pritem wrote an awareness article about backpain in a tamil magazine

Social media

Prof. P.S. Shanmugam uploaded 3 awareness videos on joint pain and degenerative diseases in YouTube

BMD Camps

Madurai medical college and GRH- 130 ladies screened  
Preethi hospital- 60 persons benefitted



Prof. P.S.Shanmugam- 30 persons screened

Two Public awareness talks on bone health were organized by Devadoss hospital

Bone and Joint day lectures

- Prof. A. Devadoss – Work life balance
- Dr. Pugalenthipandian- Life beyond profession
- Prof. R. Sivakumar- Financial health
- Prof. B. Sivakumar- Musical program

TNOA musical night

DR. J.C. Ganesan and Prof. B. Sivakumar captivated the audience by showcasing their singing skills

Publications

Dr. Pritem published his article on the role of PRP for rotator cuff tendinopathy in Malaysian ortho journal

Team PIMS- Prof. R.Sivakumar et al published an article on classification of floating knee injuries in Injury journal and a case report on thoracic fungal osteomyelitis with compressive myelopathy on JOJS

Academic activities

Around 20 renowned state and national level faculty took online clinical classes for postgraduates in Prof. A.D.'s virtual clinics 2.0

Dr. K.N.Subramanian participated in two TNOA master class programs, IAS video techniques and Foot and ankle symposia as Faculty

Prof .A. Rajamani participates as faculty in IOA Rheumatology webinar and endoscopic spine surgery webinars

Prof. R. Sivakumar conducted virtual symposia on fracture non-union and also gave a guest lecture in Tanjore ortho society meeting

Dr. Prahalad Singhi participated as faculty in 4 arthroscopy online teaching programs by IAS and TNAS













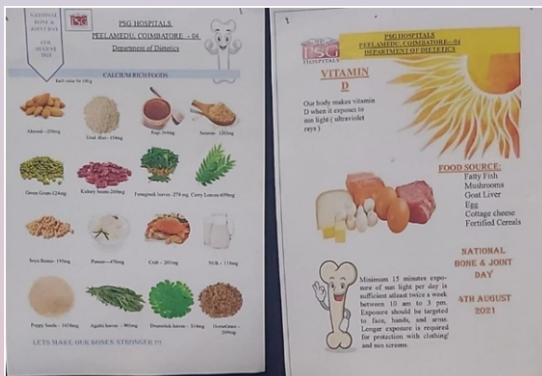
**Demonstration with Placard and banner for Road Safety, First aid awareness and distribution of pamphlets for bone health awareness**



**Online First Aid training demonstration for Gandhimanagar School students**



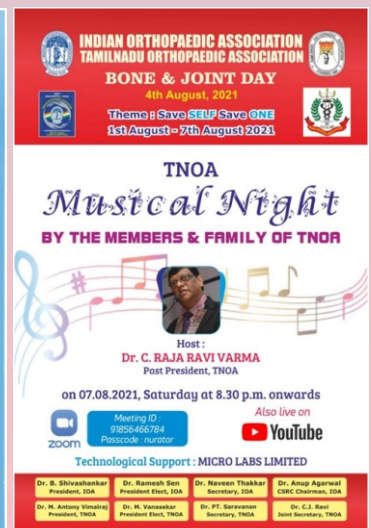
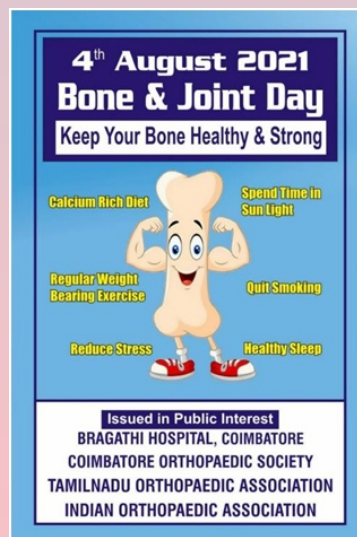
**PSG Institute of Medical Sciences and Research**



**Rex Ortho Hospital**



**KMCH**







## TNOA Zonal Report West Zone I

29 AUG 2021

Dr K Mohanasundaram



## Details of West zone I (Salem, Namakkal, Dharmapuri & Krishnagiri Dt)

	President	Secretary
MID WEST Ortho Society	Dr Manimaran	Dr Vishnu Prasath
Dharmapuri Ortho Club	Dr J Senthil nathan	Dr Pusphasekar
Krishnagiri Ortho society	Dr Ashok Kumar	Dr Srinivasa Gowda

## I. Membership Data

	Practicing Orthosurgeons	TNOA LM	IOA LM	TNOA New member	IOA New member
MID WEST Ortho Society	150	(92+50) +15	(50)	NIL	NIL
Dharmapuri Ortho Club	24	(24)	(15)	NIL	NIL
Krishnagiri Ortho society	34	(21)	(15)	NIL	NIL

## II. Academic Activities

Category	
1. Conferences	-
2. CME	-
3. Instructional course lectures	-
4. Hands on Workshop	-
5. Clinical meetings	4+2
6. PG Crash course	-
7. Quiz Program	6
8. Seminars	-
9. Ortho update program	-

## II.5 Academic Activities

April Month Midwest Ortho Meeting	May month Midwest ortho meeting
<b>VIRTUAL MEETING</b> Date: 11/04/2021   Time: 7:00pm to 8:00pm Meeting ID: 979 8255 8000   Password: 800000	<b>Virtual Meeting Via Zoom</b> Date: 12/05/2021   Time: 7:00pm to 8:00pm Meeting ID: 963 7066 5424   Password: 382251
<b>6:00 - 7:00pm</b> Post Graduate Quiz Programme Topic: Ankle sprain Organized by: Dr. Senthil Nathan	<b>7:00 - 7:15pm</b> Seminars Topic: Ankle sprain Organized by: Dr. Senthil Nathan
<b>7:00 - 7:15pm</b> Midwest Ortho Society Topic: Ankle sprain Organized by: Dr. Senthil Nathan	<b>7:15 - 7:30pm</b> Seminars Topic: Ankle sprain Organized by: Dr. Senthil Nathan
<b>7:30 - 7:45pm</b> Midwest Ortho Society Topic: Ankle sprain Organized by: Dr. Senthil Nathan	<b>7:30 - 7:45pm</b> Seminars Topic: Ankle sprain Organized by: Dr. Senthil Nathan
<b>7:45 - 8:00pm</b> Midwest Ortho Society Topic: Ankle sprain Organized by: Dr. Senthil Nathan	<b>7:45 - 8:00pm</b> Seminars Topic: Ankle sprain Organized by: Dr. Senthil Nathan
<b>8:00 - 8:30pm</b> Midwest Ortho Society Topic: Ankle sprain Organized by: Dr. Senthil Nathan	<b>8:00 - 8:30pm</b> Seminars Topic: Ankle sprain Organized by: Dr. Senthil Nathan

## II.5 Academic Activities

June month Midwest ortho meeting	July month Midwest Ortho Meeting
<b>Virtual Meeting Via Zoom</b> Date: 11/06/2021   Time: 7:00pm to 8:00pm Meeting ID: 963 7066 5424   Password: 382251	<b>Virtual Meeting Via Zoom</b> Date: 11/07/2021   Time: 7:00pm to 8:00pm Meeting ID: 963 7066 5424   Password: 382251
<b>7:00 - 7:15pm</b> Seminars Topic: Ankle sprain Organized by: Dr. Senthil Nathan	<b>7:00 - 7:15pm</b> Seminars Topic: Ankle sprain Organized by: Dr. Senthil Nathan
<b>7:15 - 7:30pm</b> Seminars Topic: Ankle sprain Organized by: Dr. Senthil Nathan	<b>7:15 - 7:30pm</b> Seminars Topic: Ankle sprain Organized by: Dr. Senthil Nathan
<b>7:30 - 7:45pm</b> Seminars Topic: Ankle sprain Organized by: Dr. Senthil Nathan	<b>7:30 - 7:45pm</b> Seminars Topic: Ankle sprain Organized by: Dr. Senthil Nathan
<b>7:45 - 8:00pm</b> Seminars Topic: Ankle sprain Organized by: Dr. Senthil Nathan	<b>7:45 - 8:00pm</b> Seminars Topic: Ankle sprain Organized by: Dr. Senthil Nathan
<b>8:00 - 8:30pm</b> Seminars Topic: Ankle sprain Organized by: Dr. Senthil Nathan	<b>8:00 - 8:30pm</b> Seminars Topic: Ankle sprain Organized by: Dr. Senthil Nathan

## II.7 Academic Activities TNOA PG Quiz

**Midwest Ortho Society**  
Postgraduate quiz on Musculoskeletal oncology  
VIRTUAL QUIZ  
Date: 11/06/2021 | Time: 7:00pm to 8:00pm  
Meeting ID: 979 8255 8000 | Password: 800000

**6:00 - 7:00pm**  
Post Graduate Quiz Programme  
Topic: Ankle sprain  
Organized by: Dr. Senthil Nathan

**TNOA President's Theme**  
Ankle sprain

**Spine Quiz Competition 2021**  
GO WINNERS IN GO WINNERS!  
Date: 11/06/2021 | Time: 7:00pm to 8:00pm  
Meeting ID: 979 8255 8000 | Password: 800000

**6:00 - 7:00pm**  
Post Graduate Quiz Programme  
Topic: Ankle sprain  
Organized by: Dr. Senthil Nathan

**WINNER**  
Dr. Senthil Nathan

**MAY 30, 2021 (7:00PM)**

## II.7 Academic Activities TNOA PG Quiz

**ARTHROPLASTY QUIZ COMPETITION**  
JUNE 20th 2021  
Date: 11/06/2021 | Time: 7:00pm to 8:00pm  
Meeting ID: 979 8255 8000 | Password: 800000

**6:00 - 7:00pm**  
Post Graduate Quiz Programme  
Topic: Ankle sprain  
Organized by: Dr. Senthil Nathan

**LAST DATE FOR REGISTRATION: 17th JUNE 2021**  
Registration fee: 100/-

**ARTHROSCOPY & SPORTS MEDICINE QUIZ**  
JULY 11th 2021  
Date: 11/07/2021 | Time: 7:00pm to 8:00pm  
Meeting ID: 963 7066 5424 | Password: 382251

**6:00 - 7:00pm**  
Post Graduate Quiz Programme  
Topic: Ankle sprain  
Organized by: Dr. Senthil Nathan

**SEND DETAILS BEFORE 04-07-2021**

## II.7 Academic Activities TNOA PG Quiz

**UPPER LIMB TRAUMA QUIZ**  
JULY 25th 2021  
Date: 11/07/2021 | Time: 7:00pm to 8:00pm  
Meeting ID: 963 7066 5424 | Password: 382251

**6:00 - 7:00pm**  
Post Graduate Quiz Programme  
Topic: Ankle sprain  
Organized by: Dr. Senthil Nathan

**SEND DETAILS BEFORE 23-07-2021**

**LOWER LIMB TRAUMA QUIZ**  
AUGUST 15th 2021  
Date: 11/08/2021 | Time: 7:00pm to 8:00pm  
Meeting ID: 963 7066 5424 | Password: 382251

**6:00 - 7:00pm**  
Post Graduate Quiz Programme  
Topic: Ankle sprain  
Organized by: Dr. Senthil Nathan

**SEND DETAILS BEFORE 12-08-2021**

## III. Individual Activities

**INTEGRACE ORTHOPEDICS**  
A scientific initiative brought to you by  
Date: 11/06/2021 | Time: 7:00pm to 8:00pm  
Meeting ID: 979 8255 8000 | Password: 800000

**6:00 - 7:00pm**  
Post Graduate Quiz Programme  
Topic: Ankle sprain  
Organized by: Dr. Senthil Nathan

**Unusual case of Cervical Spinal Dysplasia**  
1 Speaker  
Dr. C. S. Vishnu Prasath

**INTEGRACE ORTHOPEDICS**  
A scientific initiative brought to you by  
Date: 11/06/2021 | Time: 7:00pm to 8:00pm  
Meeting ID: 979 8255 8000 | Password: 800000

**6:00 - 7:00pm**  
Post Graduate Quiz Programme  
Topic: Ankle sprain  
Organized by: Dr. Senthil Nathan

**Unusual case of Cervical Spinal Dysplasia**  
1 Speaker  
Dr. C. S. Vishnu Prasath

## III. Individual Awards

**INDIAN MEDICAL ASSOCIATION**  
Salem Branch  
Date: 11/06/2021 | Time: 7:00pm to 8:00pm  
Meeting ID: 979 8255 8000 | Password: 800000

**6:00 - 7:00pm**  
Post Graduate Quiz Programme  
Topic: Ankle sprain  
Organized by: Dr. Senthil Nathan

**Unusual case of Cervical Spinal Dysplasia**  
1 Speaker  
Dr. C. S. Vishnu Prasath

**INDIAN MEDICAL ASSOCIATION**  
Salem Branch  
Date: 11/06/2021 | Time: 7:00pm to 8:00pm  
Meeting ID: 979 8255 8000 | Password: 800000

**6:00 - 7:00pm**  
Post Graduate Quiz Programme  
Topic: Ankle sprain  
Organized by: Dr. Senthil Nathan

**Unusual case of Cervical Spinal Dysplasia**  
1 Speaker  
Dr. C. S. Vishnu Prasath

## III. Individual Awards

**Rotary Club of Salem**  
Date: 11/06/2021 | Time: 7:00pm to 8:00pm  
Meeting ID: 979 8255 8000 | Password: 800000

**6:00 - 7:00pm**  
Post Graduate Quiz Programme  
Topic: Ankle sprain  
Organized by: Dr. Senthil Nathan

**Unusual case of Cervical Spinal Dysplasia**  
1 Speaker  
Dr. C. S. Vishnu Prasath

**Rotary Club of Salem**  
Date: 11/06/2021 | Time: 7:00pm to 8:00pm  
Meeting ID: 979 8255 8000 | Password: 800000

**6:00 - 7:00pm**  
Post Graduate Quiz Programme  
Topic: Ankle sprain  
Organized by: Dr. Senthil Nathan

**Unusual case of Cervical Spinal Dysplasia**  
1 Speaker  
Dr. C. S. Vishnu Prasath

## V. Other Activities

**Dr Sivara Tree plantation drive**  
Salem perumal maid AUG 6th

**Dr Sivara Duathlon**  
AUG 15th

**Dr Sivara Duathlon**  
AUG 15th

**Dr Sivara Duathlon**  
AUG 15th

## VII. Monthly meetings

MONTHS	APRIL 21	MAY 21	JUNE 21	JULY 21
MID WEST Ortho Society	17-04-2021	22-05-2021	20-06-2021	17-07-2021
Dharmapuri Ortho Club	28-04-2021	NIL	28-07-2021	28-07-2021
Krishnagiri Ortho society	NIL	NIL	NIL	NIL





## Bone and Joint Activities 2021



## Bone and Joint Activities 2021

### Cycle Rally -100 participants



## Bone and Joint Activities 2021



## Bone and Joint Activities 2021

### Hospital Banners



## Bone and Joint Activities 2021

### Hospital Banners



## Bone and Joint Activities 2021

### First Aid Training - physical

Place	Instructor	Attendance
Salem Cycle club members	Midwest team	100
Dharan hospital house keeping staffs	Dr.Nakheeran	41
KIOT engineering college staffs	Dr.Vishnu prasath	200

## Bone and Joint Activities 2021

### First Aid Training - physical



## Bone and Joint Activities 2021

### First Aid Virtual

Institution	Instructor	Date	Attendance	Institution	Instructor	Date	Attendance
Sarabhai college	Dr.Vishnu	10-8-2021	108	Emerald valley public school- Salem	Dr.Manjuman	6-8-2021	275
Fauwal Institutions	Dr.Vishnu	9-8-2021	173	Bharathi vidhya bhavan - Erode	Dr.Vishnu	7-8-2021	1373
Jai matriculation school	Dr.Vishnu	6-8-2021	89	Puducherry arts and science college-Dharmapuri	Dr.Vishnu	10-8-2021	721
Shukla kendra school, Vellore	Dr.Narendran	7-8-2021	120	Puducherry school- Dharmapuri	Dr.Narendran	11-8-2021	259
TIPS Salem	Dr.Vishnu	2-8-2021	44	Erode Hindu kalai niyayam	Dr.Vishnu	9-8-2021	268
TIPS Erode	Dr.Vishnu	6-8-2021	51	Royal park school	Dr.Vishnu	14-8-2021	182

Total persons given basic life saving skills training = 34630(Virtual)+ 341(Physical) = 4,004

## Bone and Joint Activities 2021

### BMD Camp VMC 12-08-21



## Bone and Joint Activities 2021

### Media coverage



## Bone and Joint Activities 2021

### Social media corona awareness



## Bone and Joint Activities 2021

### Life beyond Profession



## Bone and Joint Activities 2021

### DOC cycle Rally



## Bone and Joint Activities 2021

### DOC -Talks



## Bone and Joint Activities 2021

### DOC banners and awareness programmes



## EAST ZONE REPORT – Dr S Natarajan, EC Member, TNOA

COS DEEPLY MOURNED BY DEMISE OUR COS MEMBER DR.S. KANNAN– VALLI VILAS HOSPITAL



### BONE & JOINT DAY 2021 ACTIVITIES

ABIRAMI HOSPITAL – CUDDALORE - Awareness to Patients initiated through Folders by Dr.S.Pandian



Awareness to Patients initiated through Folders by Dr.S.NATARAJAN-SUBHAANANDHAM MEDICAL CENTRE



## SUBHAANANDHAM MEDICAL CENTRE- CUDDALORE



## BLS & FIRST AID VIDEO PRESENTATION



COVID 19- AWARENESS PROGRAMME  
ORGANIZED BY OUR COS PATRON  
DR.S.PANDIYAN,& COS SECRETARY  
DR.S.NATARAJAN.



PUDUKOTTAI MLA  
PRESIDED THE RALLY





AWARDED BY TNHSP – TAMIL NADU HEALTH  
SYSTEM PROJECT FOR ITS EXEMPLARY  
PERFORMANCE IN AB-PMJAY SCHEME-  
DISTRICT COLLECTOR MR.BALASUBRAMANIAN  
AWARDED THE CERTIFICATE TO  
DR.S.NATARAJAN



Dr.S.Natarajan , Director Subha  
Anandham Medical Centre - donated  
Rs.50,000 -/- through Cheque to Tamil  
Nadu govt through The District  
Collector, Cuddalore



## TNOA Zonal Report

### Central Zone -1

EC meeting  
29/8/2021



Presented by  
**Dr RAMESH PRABU**  
EC MEMBER-CENTRAL ZONE 1

## Details of the Zone



	NAME	PRESIDENT	SECRETARY
1	TRICHY ORTHO CLUB	DR JAIKISH	DR MUKESH MOHAN
2	PUDUKAI ORTHO CLUB	DR EDWIN	DR RAJARAM

## I. Membership Data

Number of Orthopaedic Surgeons Practicing in the zone	TNOA Life Members	IOA Life Members
110	115	72
New Members Enrolled	05	05

## Academic Activities

## MONTHLY MEETING-APRIL

- 50 Members attended

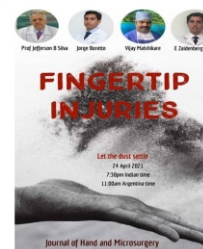
Theme : Paediatric Hip Disorders

Guest Speakers: Dr Prasad Gourineni  
Dr Pasupathy



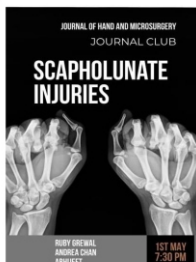
## Webinar

- Finger Tip Injuries  
On 24/4/2021



May

- Webinar
- Scapholunate injuries  
On 1/5/2021

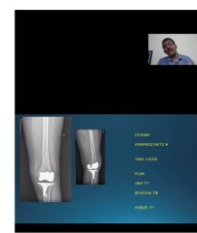


## MONTHLY MEETING-JUNE 30/6/2021

- 25 Members attended

Theme : Revision Total Knee  
Arthroplasty

Guest Speaker: Dr Anil Omen,  
CMC-Vellore  
Dr Arungeethayan



## MONTHLY MEETING-JULY 28/7/2021

- 30 Members attended

Theme : Terrible Triad Injury  
Elbow-current concepts

Guest Speaker: Dr John Mukhopadhyay



## Webinar ....on 3/7/2021



## BONE & JOINT DAY SOCIAL ACTIVITIES



## BONE & JOINT DAY



## Bone & joint day celebration@ Dept of Orthopaedics, KAPVMC, Trichy



- 

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**GOVERNMENT MEDICAL COLLEGE & HOSPITAL, PUDDUCHOTTI**

**WORLD BONE AND JOINT DAY**  
**04.08.2021**

DATE : 04.08.2021 WEDNESDAY TIME : 10.00 AM TO 11.00 AM  
VENUE : CP GLOBE CONFERENCE HALL

CHAIRPERSON  
Prof. Dr. **M. POOVATHI, M.D. (O.G.)**  
Government Medical College, Pudukkottai

**TOPIC : FIRST AID IN ROAD TRAFFIC ACCIDENT**

**SPEAKER**  
Dr. **D. THIRUNALLAI PANDIAN** M.S. (ORTH)  
Assistant Professor, Dept. of Ortho. Surg.  
Govt. Medical College Hospital, Pudukkottai  
Pudukkottai  
Department of Ortho. Surg.

Dr. **A. THEENDIKKI M.S.** Dr. **S. RAJA, M.S.** Dr. **P. SURESHKANDAS, M.S.**  
Department of Orthopaedic Surgery  
100

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## Central Zone 2 Report

- DR.M.ANAND, EC Member, TNOA

### DETAILS OF THE ZONE

∞ TNOA AFFILIATED CLUBS

DINDIGUL ORTHO CLUB

THENI ORTHO CLUB

TNOA AFFILIATED CLUBS

∞ DINDIGUL ORTHO CLUB

President: Dr. Shanmugaraja

Secretary: Dr. Eswarakumar

Treasurer: Dr. Senthilkumaran

∞ THENI ORTHO CLUB

President: Dr. M. Srinivasan

Secretary: Dr. R. Rajamanikandan

Treasurer: Dr. K. Shanmuganathan

### MEMBERSHIP DATA

Number Of Orthopaedic Surgeons Practicing in The Zone

TNOA & IOA = 56

NEW MEMBERS ENROLLED = 2

### II. ACHIEVEMENTS OF OUR CLUB MEMBERS

∞ Dr. Vanasekar (President Elect) Conferred 'The Doctors Day Award for The Year 2021' For Excellent Services Under the Category of IMA Leadership Award On 1.8.21

∞ Dr. Premchand Given 'Maruthuva Natchatram Award 2021' By Ima, Hindu Tamil Thisai & LIMRA On 1.8.21

∞ Donated Oxygen Generation Plant to Palani Government Hospital in Association with Rotary and Lions Club, Dr. M. Vanasekar (President Elect) Is the Project Co-Chairman



**Rotary**   
**ROTARY CLUB OF PALANI**  
R.I. Dist. 3000

In Association with  
**LIONS CLUB OF NEIKKARAPATTI**  
**ROTARY CLUB OF UDUMALPET**  
**ROTARY CLUB OF COIMBATORE EAST**

*Cordially invite you for the inauguration and dedication of*  
**OXYGEN GENERATION PLANT**  
**TO PALANI GOVERNMENT HOSPITAL**  
*on Monday 31.05.2021, at 9.30 a.m.*  
*in Govt. Hospital premises, Palani.*


*In the presence of*  
**Hon. I. Periyasamy**  
*Minister for Co-operative Societies, Statistics and ex-servicemen welfare*  
**Hon. R. Saktharapani**  
*Minister for food and Civil Supplies, Consumer Protection and Price control*  
**Thiru. I. P. Senthilkumar**  
*Member of Legislative Assembly, Palani Constituency*  
**Tmt. M. Vijayalakshmi IAS**  
*District Collector, Dindigul*

*With regards*

Project Chairman <b>Rtn. MD. Er. S. Soundararajan</b> Rotary Club of Palani	Project Co-Chairman <b>Rtn. Dr. M. Vanasekar</b> Rotary Club of Palani
Project Co-ordinators	
<b>Rtn. MPH Dr. K. Balasundaram</b> Rotary Club of Udumalpet	<b>Rtn. MD. R. Arun Karthik</b> Rotary Club of Udumalpet
<b>Rtn. MPH J. Sanjeev Kumar</b> Rotary Club of Coimbatore East	<b>Ln. K. Subburaj MJF</b> Lions Club of Neikkarapatti
<b>Rtn. V. Palaniappan</b> President	<b>Rtn. N. Aravind Patel</b> Secretary
<b>Rtn. N. K. Premnath</b> Treasurer	<b>Rtn. PhF. K. G. Sekarbabu</b> Advisor



## DINDIGUL ORTHO CLUB MEETING HELD ON 24.7.21



**DINDIGUL ORTHO CLUB MEETING**  
 DATE: 24.07.2021 TIME: 07.00PM  
 VENUE: DRAMURALIDHARAN FARM HOUSE  
 PRAYER  
 TAMIL THAI VAZHITHU

TOPICS	SPEAKERS
BOSWORTH FRACTURE	DR.FELIX D.ORTHO, DNB ORTHO,
DISLOCATION OF ANKLE	
ARARE ENTITY	DR.J.CHRISTOPHER BABU.MS.ORTHO.,
NAILING IN PROXIMAL	
3RD TIBIAL FRACTURES-TIPS & TRICKS	
DISCUSSION ON T.K.S. MID YEAR CME 2022	
FELICITATION TO OUTGOING OFFICE BEARERS OF D.O.C	
FELICITATION TO INCOMING OFFICE BEARERS OF D.O.C	

Vote Of Thanks  
 DR.MANAND.MS.(ORTHO),  
 NATIONAL ANTHEM  
 Banquet Dinner



## ☞ Felicitation to OUTGOING OFFICE BEARERS OF DOC



## BONE & JOINT WEEK ACTIVITIES ☞ DAILY THANTHI DINAMALAR





## B.M.D CAMP



## ONLINE FIRST AID AWARENESS PROGRAMME



## SEATBELT AWARENESS PROGRAMME



## HOSPITAL BANNERS





CAR STICKERS



1. Dr.PT Saravanan on 31.07.2021 receiving MEDICAL STAR AWARD FROM HON.HEALTH MINISTER IN CHENNAI BY IMA, LIMRA & HINDU TAMIL



**REC**

Sandeep Rajendran is presenting

Mechanical Alignment is rare

- Eckhoff JBJS 2005
- CT scanograms
- 180 NORMAL ASX lines
- 2% neutral mechanical axis
- 78% deviation > 3deg from neutral

Sandeep

You

M

g

Manoj

gowtham 13 others



5. Dr. M. P. Parthasarathy give a talk on LINEZOLID IN OSTEO MYELITIS  
IN WEBINAR by  
WEB ACADEMY & INTEGRACE



7. Dr.M.P.parthasarathy give a talk A HEALTH AWARENESS on POST COVID AVN IN RADIO MIRCHI 9803 FM.

8.Kanchi ortho club with IMA KPM DISTRIBUTED FOOD TO NEARLY 300 NEEDY PEOPLE IN COVID CRISIS TIME.

9.REGULARLY MONTHLY CLINICAL MEETINGS WERE CONDUCTED BY KANCHI ORTHO CLUB

10. WEEK LONG BONE & JOINT ACTIVITY WERE BY DONE Meenakshi medical college & research institute .4 DAYS CAMP.455 SCREENED. BONE HEALTH AWARENESS PROGRAMMES WERE CONDUCTED

11.POSTERS DISPLAY & PAMPHELTS DISTRIBUTION FOR ROAD SETY AWARENESS ON THE EVE OF BONE & JOINT DAY



13.DR. PARTHASARATHY PARTICIPATED AS CHIEF GUEST IN ROTARY CLUB OF KANCHIPURAM ON THE EVE OF BONE & JOINT DAY.



14.DR.PT.SARAVANAN DELIVERED A TALK ON DISASTER TRAINING PROGRAMME FOR TNPSC ASPIRANTS





15.DR.PT.SARAVANAN CONDUCTED BMD CAMP IN SANGEETHA ORTHO CENTRE .75 PTS WERE SCREENED.

16.DR.PT SARAVANAN CONDUCTED A TRAINING SESSION ON IM INJECTIONS FOR PARAMEDICS



17.KANCHI ORTHO CLUB HAD SPECIAL PROGRAM OF TREE PLANTATION PROGRAM IN KANCHIPURAM DISTRICT SPORTS STADIUM JOINTLY WITH SURA SWIMMING CLUB



18.DR.PT SARAVANAN &DR. PARTHASARATHY CONDUCTED a BLS WORKSHOP IN JOYALLUKAS JEWELLERY SHOP EMPLOYERS.



19.DR.PT SARAVANAN CONDUCTED a BLSWORKSHOP FOR PARAMEDICS IN CSI HOSPITAL.KANCHIPURAM.

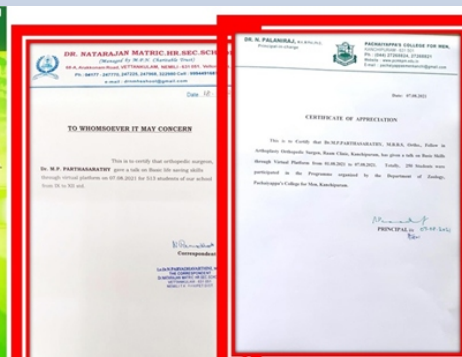
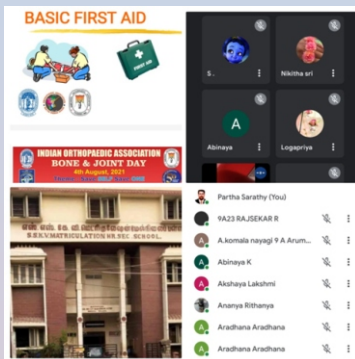


20.. KANCHI ORTHO CLUB HAD SPECIAL PROGRAM OF SLOW CYCLE RACE IN KANCHIPURAM DISTRICT SPORTS STADIUM JOINTLY WITH SURA SWIMMING CLUB

21.CORONA AWARENESS PROGRAMME & HUMAN CHAIN RALLY WERE CONDUCTED BY KOC MEMBERS IN CI HOSPITAL, KANCHIPURAM.



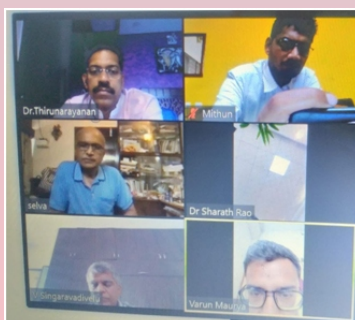
22.BLS ONLINE TRAINING FOR SCHOOL & COLLEGE STUDENTS BY KOC IS 1650 MEMBERS



## CHOS

1.REGULAR MONTHLY MEETINGS WERE CONDUCTED  
2.KIMS ORTHO –CME 2021.CURRENT CONCEPTS ON TENDO ACHILLES PATHOLOGIES WERE CONDUCTED .

3.CME TKR WITH WORKSHOP WERE CONDUCTED BY MELMARUVATHUR INST.OF MEDICAL SCIENCES saw Bone work shop for final year CHOS PGs on TKR .15 MEMEBERS ATTENDED.



4. PARVATHY GOLD MEDAL QUIZ FOR POST GRADUATES WERE HELD ONLINE BY PARVATHY HOSIPTAL.



1. UNDER THE LEADERSHIP OF HOD DR.MOHAN GANDHI ,VELLORE MEDICAL COLLEGE RECORDED ITS FIRST ARTIFICIAL LIMB PLACEMENT FOR 8 YR OLD GIRL.





## SOUTH ZONE 1 ZONAL REPORT

Nellai Ortho Club Activity report

- Dr K Sekar, South Zone 1 Executive Committee Member.

IOA president Theme:

“Aatmanirbhar Orthopaedics. Indian @Heart, Global in Competence”

TNOA President Theme:

“Focussed Clinical & Surgical Skills; Continuous Update”

1. Month of May 2021 monthly meeting was conducted 29th through ZOOM.

Guest lecture by Dr Pramod Lokhande on Percutaneous Endoscopic posterior interlaminar stenotic Surgery

2. Month of June 2021 monthly meeting was conducted on 26th through ZOOM.

Guest lecture by Dr Girish Datar on Percutaneous Transforaminal Endoscopic Advanced Surgery.

South Zone 1 Bone and Joint week Activity Report - August 2021

- Basic Life Support Training programme - Save Self Save One

3. Bone and Joint day and week activity of Nellai Ortho Club started with the release of Bone and Joint week T- SHIRT release by the Hon'ble President of Tamilnadu Orthopaedic Association President Prof. Antony Vimalraj on 31st July, during the Executive Committee meeting of TNOA at Courtallam, Tenkasi District, Tamilnadu.

4. On the 1st August early morning, health activities were initiated by Nellai Ortho Club.

5. The special T Shirts bearing the logos of Nellai Ortho Club and TNOA were distributed to the delegates participating in the TNOA PROF TKS MIDYEAR CME at 6.30 Am.

6. It was followed by distribution of Bone and Joint day Car stickers to the assembled delegates and invitees.

7. This was followed by walking / jogging by delegates for 4 kilometers in scenic surroundings at the foothills of the Western Ghats. These programmes were lead in front by the TNOA President Prof. Dr Antony Vimalraj and TNOA office bearers.

8. This event was followed by drinking of fresh and healthy palm juice extracts and palm fruits. All the events were held with safe operative procedures of mask wearing.

9. During the inauguration of the TNOA Prof. TKS Midyear CME official release of the Car Stickers for Bone and Joint day week was further done and stickers were distributed to all the delegates.

10. As part of the Bone and Joint week celebrations 12 Pgs were enrolled by Nellai Ortho Club from Tirunelveli medical College as Associate members of TNOA and IOA and 2 fresh Consultants were enrolled as TNOA and IOA members. The completed applications were handed over to the TNOA President and Secretary at the inaugural ceremony of the CME.

11. Further during the week pamphlet distribution about first aid procedures were done in many hospitals by the members of Nellai Ortho Club.

12. Nellai Ortho Club secretary Dr Chandran Conducted a bone density assessment camp at Annai Nursing Home in Tenksai on 5th August. About 30 patients benefitted from the programme.

13. On 6th August, Nellai Ortho Club president Dr K Sekar conducted online basic life support class to the students of St. Antony's Public School in Tirunelveli. About 200 students, 10 teachers and the principal of the School participated.

14. TNOA past Secretary Dr Francis Roy, conducted online Training programme to the school students of Pushpalatha CBSE School and Chinmaaya Vidyalaya Schools in Tirunelveli. About 300 students of the schools along with the teachers participated.

15. Online basic life support programme was conducted to members of Nellai Cyclers Club by Dr Francis Roy and Dr K Sekar on 6th August evening 7 PM. About 20 members participated and got benefitted.



16. On 7th August Dr Francis Roy conducted a Cycle Rally programme to create awareness among the general Public and cyclers, supported by the Nellai Smart City programme and flagged off by the City Asst Commissioner of Police. About 50 cyclers participated in the programme conducted from Tirunelveli medical College to the City Science Centre a distance of about 10 Kms. An onsite practical demonstration of basic life support was conducted with the help of a mannequin.
17. A bone and Joint day basic life support classes and demonstration was conducted by Dr Francis Roy to students of Annai Velankani nursing College. About 50 nursing students participated.
18. Nellai Ortho Club President Dr K. Sekar's wife Mrs. K. RukmonySekar participated in the TNOA Musical nite and performed an instrumental music remix of tamil song with key board.
19. Dr. SundaraPandiyan was honoured as Best Doctor, by the Tirunelveli medical College Hospital, Dean during the Independence Day celebrations on August 15, 2021

#### 1. TNOA MEMBERS LIST – SOUTH ZONE 1 – VERIFICATION COMPLETED

AREA	TOTAL NUMBER	CORRECT	CORRECTIONS NEEDED	NOT ABLE TO CONTACT	NO MOBILE / EMAIL
Virudhunagar	21	8	13	0	1
Ramanathapuram	10	3	4	3	3
Tirunelveli	40 (+2)	14	23 (+ 2)	3	Email 3
Tenkasi	12	4	8	0	0
Thoothukudi	22	11	9	2	2

#### RAMNAD:

- LM/K/90 Dr. KANNIAPPAN.N not able to contact -Mobile numbers wrong
- LM/P/119 DR.M.P. PREMNIVAS not able to contact - Mobile numbers wrong
- LM/R/30 Dr. RAVICHANDRAN.R not able to contact- Mobile numbers wrog
- LM/K/2 Dr. KALIAPPAN. E. K not able to contact
- LM/R/34 Dr. RAVEENDRAN.P not able to contact

#### TIRUNELVELI:

- LM/B/5 Dr. BALU.S in UK
- LM/S/159 Dr. SENTHIL KUMAR. G in UK
- LM/S/309 Dr. S Sriram in US

#### VIRUDHUNAGAR:

- LM/R/33 Dr. R. RAJA SABAI does not have email or Mobile as of now

## OBITUARY



### **Dr R Muthukumar**

Chairman & Consultant Orthopaedic Surgeon  
Muthu Hospital, MADURAI

Expired on 19.10.2021

TNOA Life Membership

No: LM/M/22

Address:

11, Krishna Rao Tank Street, Madurai - 625 001

Phone: 0452 2740800 Mobile: 9965534080



### **Dr M Karthikeyan**

Professor of Orthopaedics (Rtd), Former HOD,  
Stanley Medical College, CHENNAI.

Expired on 28.09.2021

TNOA Life Membership

No: LM/K/5

Address:

No.10, S.I.P. Colony III Street, Sarvamangala Nagar,  
Nanganallur Chennai- 600 061

Mobile: 9444422181

## CALENDAR OF EVENTS

TNOA Calendar of Events 2021-22			
DATE	MONTH	YEAR	EVENT
14 <sup>th</sup>	February	2021	First EC Meeting - Virtual
05 <sup>th</sup> – 07 <sup>th</sup>	March	2021	Mini IOACON 2020 - Jaipur
09 <sup>th</sup> – 11 <sup>th</sup>	April	2021	1 <sup>st</sup> TNOA PG Crash Course
25 <sup>th</sup>	April	2021	Second EC Meeting - Chennai TNOA Online Election: Demo & Discussion
23 <sup>rd</sup>	May	2021	Zonal Committee Meeting - Chennai
18 <sup>th</sup>	June	2021	Despatch Of TNOA NEWS - First Newsletter
20 <sup>th</sup>	June	2021	Medico Legal Seminar
17 <sup>th</sup> - 18 <sup>th</sup>	July	2021	TNOA Prof. T. K. Shanmuga sundaram Midyear CME 2021, Coutrallam
18 <sup>th</sup>	July	2021	Third EC Meeting- Coutrallam
04 <sup>th</sup>	August	2021	Bone & Joint Day
22 <sup>nd</sup>	August	2021	Fourth EC Meeting - Trichy
10 <sup>th</sup> – 12 <sup>th</sup>	September	2021	OASISCON & TNOACON 2021, Yercaud
03 <sup>rd</sup>	October	2021	Seminar & Workshop On Research Methodology
09 <sup>th</sup>	October	2021	Despatch Of TNOA NEWS - Second Newsletter Announcement Of TNOA Elections 2021
12 <sup>th</sup>	October	2021	World Arthritis Day
16 <sup>th</sup>	October	2021	World Spine Day
17 <sup>th</sup>	October	2021	World Trauma Day
19 <sup>th</sup>	October	2021	World Paediatric Bone and Joint Day
20 <sup>th</sup>	October	2021	World Osteoporosis Day
24 <sup>th</sup>	October	2021	Last Date For Filing Nominations
31 <sup>st</sup>	October	2021	Last Date For Withdrawal Of Nominations
14 <sup>th</sup>	November	2021	Despatch Of Ballots
30 <sup>th</sup>	November	2021	Last Date for Receiving Nominations for TNOA Prof. A. Devadoss Meritorious Award & Last Date For Receiving Fellowship Applications
05 <sup>th</sup>	December	2021	Fifth EC Meeting - Chennai.
06 <sup>th</sup>	December	2021	Last Date For Despatch Of Duplicate Ballots
	December	2021	IOACON 2021, Mumbai.
31 <sup>st</sup>	December	2021	Last Date For Receipt Of Ballots.
09 <sup>th</sup>	January	2022	Counting Of Votes – Palani.
22 <sup>nd</sup> - 23 <sup>rd</sup>	January	2022	TNOA Prof. R. Ramakrishnan Gold Medal For Best Postgraduate Examination, Chennai .
31 <sup>st</sup>	January	2022	Last Date For Receiving Nominations For Best Zonal Club Awards – Metro & Non Metro
11 <sup>th</sup> – 13 <sup>th</sup>	February	2022	55 <sup>th</sup> Annual Conference TNOACON 2022, Trichy.
11 <sup>th</sup>	February	2022	Sixth EC Meeting At TNOACON 2022, Trichy
12 <sup>th</sup>	February	2022	Annual General Body Meeting At TNOACON 2022, Trichy.
13 <sup>th</sup>	February	2022	Installation Of 43 <sup>rd</sup> President and New Office Bearers Of TNOA & Valedictory Function Of TNOACON 2022, Trichy.





# TAMILNADU ORTHOPAEDIC ASSOCIATION

## LIFE MEMBERSHIP APPLICATION FORM

### The Hon. Secretary – TNOA

Door. No 9B 'D' Block ASTA AVM Apartments AVM Studio Complex,  
38, Arcot Road, Vadapalani, Chennai – 600 026  
Ph: 044 – 45590476 Mobile : 9360892724  
Mail: secretarytnoa@gmail.com, tnoaoffice2018@gmail.com

Place :

Date :

PHOTO

Dear sir,

I wish to apply for the Life membership of Tamilnadu Orthopaedic Association. Providing my particulars for the membership.

Name :

Address :

Residential :

Clinic :

Date of Birth :

Mobile No :

E-mail :

#### PROPOSED BY

Doctor Name :

Life Membership No :

Signature :

#### SECONDED BY

Doctor Name :

Life Membership No :

Signature :

#### Qualification

1. Year of Passing MBBS :  
University :  
Medical council Reg. Number :
2. PG – Dip /Degree :  
Year of Passing / University :
3. Present Post :

#### DD/ NEFT DEATILS

- BANK :  
BRANCH :  
DD./ NEFT NO :  
DATED :  
AMOUNT :

If you are ALREADY a MEMBER of IOA, a DD for Rs.5,000 favouring “TAMILNADU ORTHOPAEDIC ASSOCIATION ” Payable at CHENNAI for TNOA membership and Enclose the IOA membership certificate copy.

IOA MEMBERSHIP No. :

If you are not an IOA member, then along with IOA filled membership form, two DD's to be taken.

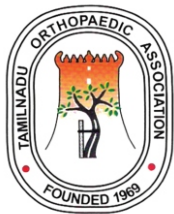
1. Rs.5000/- favouring “INDIAN ORTHOPAEDIC ASSOCIATION “ payable at New Delhi.
2. Rs.5000 /- favouring “TAMILNADU ORTHOPAEDIC ASSOCIATION” payable at Chennai.

\*Please attach 2 set photocopies of the documents \*

Signature

**For online payments**  
**TamilNadu Orthopaedic**  
**Association**  
**A/c No. : 705855990**  
**IFSC : IDIB000C017**  
**Indian Bank Chetpet Branch**  
**Mention your Name and**  
**Mobile No. in the**  
**remarks column**

**“Combined membership for both TNOA and IOA been made compulsory as per decision taken in the GB meeting held at TNOACON – Madurai , 2019” .**



## TAMILNADU ORTHOPAEDIC ASSOCIATION

### ASSOCIATE MEMBERSHIP FORM

#### The Hon. Secretary – TNOA

Door. No 9B 'D' Block ASTA AVM Apartments AVM Studio Complex,  
38, Arcot Road, Vadapalani, Chennai – 600 026  
Ph: 044 – 45590476 Mobile : 9360892724  
Mail: secretarytnoa@gmail.com, tnoaoffice2018@gmail.com

Place :  
Date :

PHOTO

Dear sir,  
I wish to apply for the SINGLE ENTRY MEMBERSHIP for  
TNOA & IOA. Providing my particulars for the membership.

Name :

Address ::

Residential :

Clinic :

Date of Birth :

Mobile No :

E-mail :

#### PROPOSED BY

Doctor Name :

Life Membership No :

Signature :

#### SECONDED BY

Doctor Name :

Life Membership No :

Signature :

#### Qualification

1. Year of Passing MBBS :  
University :  
Medical council Reg. Number :
2. PG – Dip /Degree :  
Expected month & year of Completion :  
Institution :  
University :
3. Bonafide letter from HOD :  
of Institution :

I have enclosed a Demand draft for **Rs.9,000** favouring “TAMILNADU ORTHOPAEDIC ASSOCIATION ” Payable at Chennai.

*\*Please attach 2 set photocopies of the documents \**

Signature

DD./NEFT NO :

BANK :

BRANCH:

DT :

AMOUNT:

For online payments  
TamilNadu Orthopaedic Association  
A/c No. : 705855990  
IFSC : IDIB000C017  
Indian Bank Chetpet Branch  
Mention your Name and Mobile No. in  
the remarks column

Single entry membership for associate member has been made compulsory as per decision taken in the GB meeting held at TNOACON –Madurai, 2019. You become an associate member of IOA & TNOA. On completion of your course and producing the degree certificate, additional qualification registration certificate, you automatically will become a life member of TNOA, IOA & OASIS.

Please submit the form to Hon. Secretary, State Chapter of your state

Indian Orthopaedic Association  
Membership Form

The Hon. Secretary, IOA  
IOA House, 69, Tughlakabad Institutional Area  
Behind Batra Hospital, M.B. Road, New Delhi-110062  
Phone: +91 11 29961434, 9811967820  
Email: [hon.secretaryioa@gmail.com](mailto:hon.secretaryioa@gmail.com) / [ioahousedelhi@gmail.com](mailto:ioahousedelhi@gmail.com)  
Website : [www.ioaindia.org](http://www.ioaindia.org)



Please Attach  
Passport Size  
Photograph Here

Dear Sir,  
I wish to apply for the Life/Associate Membership of Indian Orthopaedic Association  
( please fill the whole form in **BLOCK/CAPITAL LETTERS** only )

Name: .....

Postal Address: .....

State : ..... Pin code: ..... Date of Birth: .....

Other Address: .....

E-mail address: .....

Telephone: ..... Mobile No: .....

**PG Qualification: Details include Degree / Diploma / Pass out Year /College / Institution / Place / University etc.**

PG Degree / Diploma: .....

MCI Registration No: ..... Year : .....

**State / Other Association of IOA Membership:** .....  
(No application will be entertained without state chapter membership).

I enclose the payment of RS: ..... By Demand Draft No : .....

Place & Date: ..... Signature: .....

Proposed by: .....

IOA Membership No: ..... Signature: .....

Second by : .....

IOA Membership No LM ..... : ...Signature: .....

The membership fee for **Life Member** is Rs. 5,000/- and **Associate Member** have to pay Rs. 2,000/- in the first term during the ortho training (PG) and Rs. 3,000/- after **MS (Ortho)** etc. Qualification to become Life Member of IOA. Please make Daft in favour of "**Indian Orthopaedic Association**" payable at **New Delhi**.

(Associate/Life Membership Fee for Overseas application which are eligible for only associate member is \$100 One Hundred US Dollar.)

Please attach:

- . Certificate Photocopy of Life Membership Certificate of state chapter of Indian Orthopaedic Association.
- . Please Sent the membership application Form and Demand Draft at the above mentioned address only.
- . Certified Photocopy of the PG Degree/ Diploma to be sent along with Application Form.
- . Certificate Photocopy of Medical Council Registration of Orthopaedic PG Degree / Diploma to be sent along with the form.
- . Certificate copy from HOD is must. (This is for the Association member only)

**NOTE: Membership** is subject to ratification in the subsequent in the subsequent AGM of the IOA. Allotment of membership no will follow the ratification. / Associate members have the right of attending scientific meeting and social events and engaging in all scientific discussion **but they shall not attend business meeting and take part in elections.**

**Membership form will be sent only by respective State Hon. Secretary to IOA Office, New Delhi**



The collage consists of 18 photographs arranged in a 6x3 grid, capturing various moments from the OASISCON TNOACON 2021 event. The top row shows a group of men on stage, a man receiving an award, and a man speaking at a podium. The second row features a man receiving a certificate, a group of men on stage, and a man speaking at a podium. The third row shows a group of men on stage, a group of men on stage, and a group of men on stage. The fourth row depicts a group of men on stage, a group of men on stage, and a group of men on stage. The fifth row shows a group of men on stage, a group of men on stage, and a group of men on stage. The bottom row features a group of men on stage, a group of men on stage, and a group of men on stage. The event is organized by MNW Life Sciences and TNOACON. The collage is arranged in a 6x3 grid.



